

During the holiday season, our thoughts turn gratefully to those who have made our success possible. It is in this spirit that we say **THANK YOU & BEST WISHES** for the holidays and Health and Happiness in the New Year!



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Stonewall Teulon Tribune

THURSDAY,
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Bear'y excited

TRIBUNE PHOTO BY LANA MEIER

Stonewall Blues Atom girls Blake Darragh, left, and Abi Minnie were helping pick up the teddy bears off of the ice at the Stonewall Jets Teddy Bear Toss last Friday. There were 98 bears tossed onto the ice that will be donated to the Stonewall & District Cheer Board.

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Hunters have their game scored in Gunton

Staff

Weather conditions rarely deter avid hunters during hunting season, so it was no surprise that the snow, sleet and rain on Dec. 7 didn't stop the large number of enthusiastic hunters from bringing their deer heads to be scored at the 67th annual Deer Head Competition.

The competition that has been held at the Gunton Greenwood Memorial Hall since 1953, is now co-sponsored by the Teulon Game and Fish Association.

Hunters from the Interlake brought in a record setting 105 antler sets to be officially scored by members of the Manitoba Big Game Trophy Association.

The 2019 Gunton Deer Head Competition winners are as follows:

- Open category, adult typical —

Randy Procter of Stonewall (160 7/8).

- Adult non-typical — Devun Groot of Gimli (185 2/8).

- The most uniform category — James Rogowsky of East St. Paul (141 less than 2" variation).

In the youth category, typical was won by Colby Lazorak of Poplarfield (157 2/8) while Emily Kilpatrick of Komarno (54 7/8) won the non-typical.

The Teulon Game and Fish Association membership only competition results for 2019 are as follows:

- Adult typical — Tommy Tyluk, Brian Korotash and John Richter all of Teulon.

- Adult non-typical — Rod Campbell of Teulon.

- Youth typical category — Alex Evans of Balmoral, runner-up Logan Mott of Gunton.

There were no youth non-typical



TRIBUNE PHOTOS BY TONY BALIANT

Chris Beckman, left, presents Randy Procter with a plaque for winning highest scoring Adult typical deer at the Gunton Deer Head competition held on Dec. 7.

winners.

The social part of the evening in-

cluded a late lunch with pulled pork provided by Danny's Whole Hog.



Photos from left, left to right: Murray Ellison presents Devun Groot with the prize for adult non-typical deer; Beckman presents James Rogowsky with the most uniform deer prize; Colby Lazorak receives his prize for the youth typical deer from Beckman; Ellison presents Emily Kilpatrick with her non-typical deer award.

Rockwood approves Origin Handcrafted Goods request to build a workshop

By Jennifer McFee

Paul Newsome of the Vintage Locomotive Society spoke to Rockwood council at the Dec. 11 meeting about the proposed construction of a wash-room and kitchen facility associated with the existing museum at the Grosse Isle Heritage site.

The organization would need to obtain variance approval to allow for the "intensification of a non-conforming use" at the property. A South Interlake Planning District report indicates that the Grosse Isle Heritage site is best classified as a museum, which is not a permitted use in the agricultural general zone. To allow for the new wash-

room and kitchen facility, a variance is required.

SIPD also determined that the proposed property for the project is owned by the RM of Rockwood rather than by the Vintage Locomotive Society.

After a public hearing and some discussion, council tabled the issue for later consideration.

In other council news:

- Council hosted a public hearing regarding a conditional use request from Patrick Liss and Kayla Penelton to allow them to build a workshop for their family-run business, Origin Handcrafted Goods, in Balmoral. Their

business focuses on producing jewelry, culinary knives and other kitchen accessories. Council approved the request with conditions.

- Council passed second



TRIBUNE PHOTO BY JENNIFER MCFEE

Paul Newsome of the Vintage Locomotive Society spoke to Rockwood council on Dec. 11.

and third reading of bylaws to increase the reserve funds for major repairs and maintenance of all transportation equipment and machinery replacement; repairs and maintenance of the administration building, office furniture and equipment; firefighting equipment, building, renovation and replacement; recreational infrastructure; road construction of municipal highways and maintenance, construction and re-construction of the municipal drainage system; the new mu-

nicipal shop; and the general reserve fund.

- Council passed second and third readings of a bylaw that prescribes fees, fines and charges for municipal services.

- Dale Lyle provided information about the Grosse Isle Rate Study.

- The RM of Rockwood office and the transportation department will be closed on Dec. 25, 26, 27 and Jan. 1. They will also be closed at noon on Dec. 24 and 31.



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Come-and-go tea for Jean Oatway to celebrate 100 years

By Jennifer McFee

This celebration has been a century in the making.

Jean Oatway celebrates her 100th birthday on Friday, Dec. 20 and all are welcome to mark the occasion with her. A come-and-go tea will take place at the Red Barn on Saturday, Dec. 21 from 1 to 5 p.m.

Jean Winnifred Craig was the youngest daughter and second youngest child in a family with 11 children. She had six older brothers and three older sisters, followed by a younger brother born a few years after her.

Although she was born on Dec. 20, 1919, her father waited a few days to walk down to the post office to register her birth so he made a small error and wrote down her birthdate as Dec. 22. Later, they discovered that Jean's mother had recorded the birthdate in her Bible as Dec. 20.

"Jean said that she had a great time growing up as the youngest sister in a room that she shared with her three older sisters. She grew up on a farm near Murray Park on Sturgeon Road, near Saskatchewan Avenue in Winnipeg," said her daughter-in-law Luciel Oatway.

"At a young age, she helped weed

the large family garden. She received a small allowance for her work. This in turn taught her how, in later years, to tend to her own beautiful vegetable garden and flowerbeds."

Until Grade 9, Jean attended Sturgeon Creek School, walking two miles each way every day.

"There was once a city-wide poster contest that was held for different grades. Jean was in a lower grade, but her poster won," Oatway said.

"She recalls swimming in the Sturgeon Creek in summer and skating on the creek during the winter. She enjoyed sports but she didn't participate because it was too far to walk."

She finished Grade 10 at Linwood Collegiate. After that, she underwent thyroid surgery at age 18, which prevented her from joining the army. (Other than that, she has remained quite healthy. She broke one hip at age 80 and the other at age 90 and recovered quickly both times.)

In her 20s, Jean worked at a sewing factory doing piecework.

"Her last employer was Sures Brothers Sewing Factory. She enjoyed working there," Oatway said.

"At around the age of 28 or 29, she quit her job and moved home to nurse

her mother, whom the doctors said was very ill at the time. However, her mother lived to be 98 years old. The rest of the family then subsidized Jean since she no longer had an income."

In 1949, Jean attended a community dance with her older brothers at Little Mountain School, where she met the love of her life and future husband Jack Oatway, a third-generation farmer in Lilyfield.

After dating for a year, Jean and Jack got engaged at Christmas in 1950. They married on Nov. 3, 1951, at Sturgeon Creek United Church in Winnipeg and went on to have three sons and a daughter. The couple enjoyed travelling, starting with a month-long road trip honeymoon. Over the years, they visited England, Scotland, Hawaii, Cuba and Alaska. They also



TRIBUNE PHOTO SUBMITTED
Jean Oatway celebrates 100 years.

Continued on page 10

2019 CHRISTMAS HOLIDAY HOURS

The Town of Stonewall Office will be observing the following hours over the Christmas & New Year Holidays:

Tuesday, December 24th, 2019 – CLOSED at NOON

December 25th, 26th & 27th, 2019 – CLOSED

Tuesday, December 31st, 2019 – CLOSED at NOON

Wednesday, January 1st, 2020 – CLOSED

*In case of Sewer or Water Emergency, please call our Works & Operations Department at 204-467-7990 (on call staff will be available)

2019 CHRISTMAS GARBAGE DAYS

Due to Christmas Day & New Years Day falling on Wednesday, garbage pickup for the **ENTIRE** Town of Stonewall will be on

**Tuesday, December 24th, 2019 and
Tuesday, December 31st, 2019**

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Town of Teulon mayor and council: 'Back to business'

By Evan Matthews

If there are already consistent themes within the Town of Teulon's newly elected council, they are unity and cohesiveness, two words used by each council member during their post-election remarks.

Anna Pazdzierski won the mayor's seat with 226 votes, beating out incumbent Debbie Kozyra, who recorded 187 votes. Ted Hodgkinson placed third, tallying 167.

"The people of Teulon are looking forward, and I'm really pleased with the results. We've got an ideal opportunity to (get things) back on track in our beautiful, small town," said Mayor Pazdzierski.

"Teulon really is a great place to come home to."

The councillor seats have been filled by Todd Campbell (404 votes), Angela Green (351 votes), Cherise Griffin (326 votes) and Robin Nishibata (303 votes).

Griffin is the only sitting member of council with previous experience — three elected terms totalling 12 years — though, according to the new council, fresh eyes are never a bad thing.

"We want to see our town progress," said Griffin.

"I know we'll do great things for our kids and our seniors. ... We're excited to work together at this."

The new council cannot afford to waste any time, as the previous council was dissolved in September and has not been able to execute town business. The work begins immediately.

Council is on the same page with its first order of business, as every member echoed how to kick things off.

"We have to restore the authority of the mayoral position and fill the town office's administrative positions," said Campbell, adding council would be meeting the day after Wednesday's byelection.

"We need to move forward as a group of people who are willing to hold open and honest discussions, while making responsible decisions."

The women outnumber the men four to one on the newly formed council, which puts an end to any allegations of "the old boys club," according to the new council members.

However, the most important thing is that the town has spoken and the new council members said it's their belief that voters put the most qualified candidates in the available jobs.



TRIBUNE PHOTO BY EVAN MATTHEWS

Town of Teulon's byelection winners, left to right: Coun. Robin Nishibata, Mayor Anna Pazdzierski, Coun. Cherise Griffin and Coun. Angela Green. Missing from the photo is Coun. Todd Campbell.

"I'm excited, and I'd be lying if I said I wasn't a bit nervous," said Green, chuckling.

"I know I have a lot to learn, but I'm looking forward to moving forward and working together with this great group of people."

Nishibata reiterated Green's comments by adding there will be a learning curve, no doubt, but it's more ex-

citing than daunting. Everyone is up to the task, she said.

June Makowski narrowly missed a seat (293 votes) behind the elected councillors before a significant fall-off in votes for the remaining candidates including Barb Mankewich (167), Matt Ewankiw (145), Sean Fisher (121), Kirt Ansell (114) and Matthew Bergmann (91).

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Manitoba realtors make donation



TRIBUNE PHOTO BY JO-ANNE PROCTER

Community Living Interlake received a generous donation of \$1,400 to help pay to re-shingle one of their homes in Stonewall. The donation is a grant from the Manitoba Real Estate Association Shelter Foundation Inc. that was created to support Manitoba charities that are devoted to shelter-related causes. Last Thursday Jimm Simon and Tracy Fidler with Community Living Interlake accepted the cheque. Pictured left to right: Simon, Shona Scappaticci, Tony Rinella, Alicia Faucher and Fidler.

Choose your ride wisely this holiday season

Submitted

Stonewall and area emergency services along with MacKenzie Funeral home would like to wish you and your families a Merry Christmas and prosperous New Year! Although, if you make the decision to drive impaired this festive season, they would also like you to know that your ride will be waiting for you. No one needs to be arrested for driving impaired, be injured in an accident that could have been prevented or have that final ride.

Make the right choice this year. If you have been drinking and need to get home, don't drive. Call a friend, set up a ride service or make plans to stay the night.

We all deserve to be home safe this holiday season.



TRIBUNE PHOTO SUBMITTED

Const. Paul Human of Stonewall and Area RCMP, Keith Roy and Fabio Nizzola of Stonewall and area Ambulance and Eirick Bardal of MacKenzie Funeral Home.

Sunova's Bill greets shoppers



TRIBUNE PHOTO BY JO-ANNE PROCTER

Sunova Credit Union's D.O.G. (Director of Greetings), Bill, a 17-month-old St. Bernard and Rae-Anne Lychak handed out \$50 Home Hardware gift cards to lucky shoppers on Dec. 12 in Stonewall. The promotion "Bill's bills" is to help out during the Christmas season. This couple from Starbuck brought their grandson to Stonewall for his driver's license and were pleased to receive one of the gift cards.

Stonewall Teulon
Tribune

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PG

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FRI-SAT-SUN-MON DEC 27-28-29-30
(CLOSED TUES AND WED DEC 31 & JAN 2)
OPEN THURS JAN 2



AT 8:00 pm
EACH NIGHT

Dwayne Johnson
Kevin Hart
Jack Black
Karen Gillan

Coarse
Language;
Violence

PG



AT 8:00 pm
EACH NIGHT

Rebel Wilson
James Corden
Judy Dench
Taylor Swift

Musical

Subject to
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FRI-SAT-SUN-MON JAN 3-4-5-6
(CLOSED TUES) AND WED-THURS JAN 8-9

FRI-SAT-SUN-MON JAN 10-11-12-13
(CLOSED TUES) AND WED-THURS JAN 15-16



AT 7:30 pm
EACH NIGHT

Animated



AT 8:00 pm
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Coarse
Language

PG

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Don't drink and drive, RCMP checkstop program in full-swing for the holidays

By Evan Matthews

It's something we've discussed before, but in case anybody needs another reason to avoid drinking and driving over the holidays, the RCMP checkstop program is fully underway.

Between Dec. 1-8, RCMP set up 99 different checkstops around the province. Those checkstops resulted in 26 impaired driving charges, with the highest BAC (blood/alcohol) reading reported at 0.23.

This holiday program is nothing new, but unfortunately, neither is the reality around drinking and driving.

For whatever reason, people continue to do it.

Between Jan. 1-Dec. 12, 2019, 87 people lost their lives in 78 vehicle collisions in Manitoba, according to RCMP, with alcohol being a factor in 27 of those collisions.

Point blank, that is way too many lives lost in senseless tragedy.

We say "thoughts and prayers" to the families, or we all give our condolences.

Yet we'll still hear people say, "I

know my limits," or, "I'd never get behind the wheel if I was too drunk."

But it's our duty of care as citizens, maybe even more so as family and friends, to do all we can to make sure these instances don't arise.

We can proactively avoid these situations by offering rides, cabs, or even offering for people to stay the night if an extra bed is available.

"The RCMP remains committed to removing impaired drivers off our roads through the annual checkstop program," said Inspector Chris Moore, Officer in Charge of Traffic Services for the Manitoba RCMP.

"We know it works; over the last six checkstop campaigns in Manitoba RCMP jurisdiction, 637 people have been charged with Impaired Driving and 300 alcohol-related suspensions have been issued," he said.

Six-hundred-and-thirty-six people charged over six years, over 100 annually on average, just in December alone.

If the potential of hurting yourself or somebody else isn't enough to scare

some people, maybe the law is.

RCMP are out there, and they're actively looking for impaired drivers.

While sounding preachy doesn't usually go over well with most people, this is more of an appeal.

We have an opportunity to get ahead of tragedy—whether it be legal tragedy, or worse—so it feels like common sense to take advantage of that opportunity. One other point of note, is immediate roadside prohibition was introduced and put into effect on Dec. 16, 2019, meaning police across Manitoba now have a "new and powerful tool" against impaired driving.

It allows police to implement immediate roadside prohibition, taking alleged impaired drivers off the road instantaneously, and getting officers back out on patrol more quickly.

The checkstop program runs until Jan. 1, 2020. If not for the safety of yourself and others—maybe just to save your license and avoid a criminal record—plan proactively, and avoid drinking and driving this holiday season. Merry Christmas!

Tough new sanctions to deter impaired driving came into effect on Dec. 16

Submitted

Manitoba's stronger and more timely sanctions for impaired drivers came into effect on Dec. 16, Justice Minister Cliff Cullen announced last week, reminding all motorists to make safe, responsible decisions to prevent collisions, injuries and other serious consequences.

"Immediate roadside prohibition means we will be able to take more impaired drivers off the road sooner," said Cullen. "The strong sanctions in place are yet another good reason to make the right choice and never drive while impaired. Manitoba continues to be a leader in dealing with impaired drivers, and together we are

saving lives."

The Manitoba government highlighted additional details about immediate roadside prohibition earlier this fall in partnership with law enforcement agencies from across the province.

This approach increases sanctions for drivers who register a "warn" level on an approved screening device and provides an alternative to the more time consuming criminal court process for those who "fail" or refuse a test. The testing device used for immediate roadside prohibitions provides a faster alternative to the breathalyzer, as testing a suspected impaired driver can take as little as six minutes.

The new sanctions include monetary penalties and expanded use of vehicle impoundments and mandatory ignition interlocks. Adding up all the administrative sanctions and monetary penalties, the minimum cost for a "warn" will range from \$700 for a first violation to \$3,420 for a third or subsequent violation.

The minimum cost for a "fail" will be \$3,520, while the minimum cost for refusal of the approved screening device will be \$3,970. The minister noted law enforcement will continue to have the option to proceed with criminal charges rather than the immediate roadside prohibition approach when they feel it is warranted.

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Norina and Frederic Magnin enjoy a stroll down Stonewall's Main Street with their dog Ozone on a snowing Friday morning. The Magnins have recently moved to Canada from France and are looking forward to a white Christmas.

Protect your vehicle keys! Nearly 90 per cent of all thefts involve the use of keys

Submitted by MPI

The majority of auto thefts in Manitoba are preventable.

Nearly 90 per cent of stolen vehicles in the province involved the use of keys, according to Manitoba Public Insurance.

With the holiday season and colder temperatures now upon us, many vehicle owners may be tempted to leave their vehicles unattended while warming up or while running in and out of stores while shopping.

"Stolen vehicles are typically driven erratically and dangerously, putting innocent people at risk," said Satvir Jatana, vice-president of employee and community engagement for MPI.

"The data clearly shows that the majority of auto thefts could be pre-

vented if owners protected their keys. Auto theft is a crime of opportunity. Leaving keys in the ignition is no longer an acceptable practice. A running, unattended vehicle is an open invitation to an auto thief. Take away the opportunity and we can all do our part in reducing crime."

On average, auto theft costs MPI and its ratepayers about \$10 million yearly.

MPI data reported the following between the years 2016 to 2019:

- 70 per cent of stolen vehicles were taken in Winnipeg
- 40 per cent of stolen vehicles had keys in the vehicle (either in the ignition or within the passenger compartment)
- 12 per cent of thefts were attributed to lost or missing keys

- 21 per cent of thefts were attributed to stolen keys stolen (from a residence/jacket/purse)

Treat your car keys the same way you treat your cell phone or wallet:

- Never leave your vehicle unlocked, unattended or running (even if it's just for five minutes)
- Don't leave your keys in your vehicle
- Always remember to lock your vehicle
- Park your vehicle in a well-lit area
- Avoid hanging your keys by the door — put them in a safe, out-of-sight place

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Bilbo was drifting. Blowing smoke rings was the high point in his day. He needed a mission. A vision. A reason to get up in the morning. He needed someone to invite him, ignite him and guide him. That person was Gandalf. We find the story of Bilbo in a book called *The Hobbit*.

Fast forward to *Lord of the Rings*. Bilbo has a nephew, Frodo. In the same way, Frodo needs a mission. An adventure to bring out his inner hero. Millions of lives are at stake. In comes Gandalf to help Frodo frame his mission and embrace his calling. Then Frodo, like Gandalf, invites three companions into the adventure of a lifetime. A clear purpose is a gift that keeps on giving.

Proverbs 29:18 says that "without a vision, people perish." What's your vision for your life? Your family? How different would your life be if you had a mission?

I asked my daughter what her purpose was. She said, "to KNOW JESUS and MAKE HIM KNOWN." That informs how she spends her time and how she lives her life. This week she helped homeless people, impressed the cashier at the Lego store with her honesty, and took cookies to local businesses with her friends and family. She's nine years old and impacting so many lives, including mine.

Our children need us to BE GANDALF. They want to be invited, ignited, and guided on their heroic mission. So does everyone around us.

This holiday season, Jesus wants to give the gift of adventure to everyone you love. He wants 2020 to be a year of purpose, calling, and rescue. Billions of lives hang in the balance. Are you ready? Email callpaul@gmail.com to get your FREE BOOK. Our gift to you!

Paul Emmer

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> Fish tales?

Call Arnie Weidl at 204-641-2210
sanarn@mymts.net



Punch out your holes before walking out

Welcome, fellow fishers.

It's amazing to me how tenacious anglers can be. Driving along the river roads beside the Red River from Lockport to the blue bridge downstream of Selkirk last week, I could see anglers fishing on every little flat piece of ice available. A bit north of Sugar Island, I came upon an aspiring fisher parked on the side of the road taking his fishing gear out of his car. I pulled over behind him and, getting out of my truck, called out, "Do you know how thick the ice is here?"

"It's over a foot and a half," he said, pointing down the long snow-covered grassy riverbank slope to his ice shack that sat close to others on the ice a couple of car lengths off the bank.

"Because of the weak ice in so many places this winter, there is a lot of talk about the danger of dropping through," I said as I approached, handing him my card.

"Yeah, I have a bar with a narrow chisel-shaped cutting end and I punch ice holes every 20 steps," he said.

"Are you from around here?" I asked.

"No, I'm from Lockport. I'm Thomas Juba," he offered. "I'm fishing here today, but the fishing has been pretty good in the slough off the Red just past Selkirk."

As we stood on the side of the road, our backs to the bitter wind, I listened to Thomas as he spoke of current fishing concerns in a forceful distinct manner, his head nodding forward as he emphasized the points he was trying to make.

"Those guys at Balsam Bay a while back should have known better than to take a big trailer out onto the ice so soon. Sure, winter hit early this year and lots of guys went fishing in the 'Bay,' but they were using sleighs or sleds," he said, looking at me with intensity.

"Yeah, with prevailing fall northwest winds in Manitoba, the ice on the south end of Lake Winnipeg can get pretty fractured and piled up," I said.

While ice fishing on the Red was spotty with few anglers about, the opposite was true as I drove up to the shoreline at the Gimli bay. There was an atmosphere of light-hearted hustle and bustle with dozens of portable hard-wall and old trailer ice shacks scattered all over the ice while more were being towed on continuously. The day was sun-bathed, clear and cold as I urged Old Red onto the ice just north of the Lakeview Hotel. I noticed a trio of anglers tailgating maybe a half "click" out and made my way to them.

"How's the fishing?" I inquired as I pulled up to them opening my truck door.

Clad in snowmobile suits, they were kneeling over their ice holes jigging short fishing rods. Frosty icicles showed on the older chap's moustache.

"We've been here since early morning and were catching two at a time on pickerel rigs but now we haven't had a bite for hours," said the elder, who I guessed to be the father of the family.

"You guys out of Winnipeg?" I asked.

"Yes, we fish on the ice here in the winter and off the pier in summer. It's our favourite place," the mother pointed out.

"I'm Noli Porce and this is my wife Flora and my son Denny," the man added.

We chatted for a bit. Then I left them and walked over to a hard-wall shack where a very tall, muscular young chap had just set his wet auger on the tailgate of his truck after having made some holes in his shack. He stood out on the ice with me and I asked if he had an interesting fishing story for us. He smiled as if to say, "Yes, I do."

"I'm Daniel Stevens and my grandfather Cliff Stevens and great-grandfather were ship captains on



TRIBUNE PHOTO BY ARNIE WEIDL

Thomas Juba with a very nice catch out of the slough by Selkirk.

Lake Winnipeg freighters from the time of steam ships to diesel-driven craft. I was a young guy when my grandfather was retired and, like most of us here, we loved to fish every chance we got. At that time, he was a very big man but that didn't stop him from being creative when he took me ice fishing onto first ice," he said.

"Grampa would give me a needle bar and send me ahead of him. He would tell me to chip out a hole, and if the ice was three or four inches thick, he would tell me to walk out another 50 steps and punch out another hole. When we got out to just a little north of where we are now, we would make bigger ice fishing holes, take our stuff out of our pails, turn the pails upside down to sit on and fish side by side all day.

"My gramps was a big man and a kind man. To this day, I can remember like it was yesterday, sitting beside Grampa ice fishing in the open. It was the best time of my life."

Have a safe and wonderful holiday, my fishing friends!

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THE MARVELS
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H'orderves served.
Tickets at the door

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lasting memories*

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Activities for Seniors in Your Area



January 2020 Calendar of Events!

Activity Centre • 374 – 1st Street West
For newsletters, visit www.si55plus.org

Clip & Save

January 2020

Jan 2 Centre Re-opens
Jan 3 Intro to Pilates @ 9:00 am
Jan 3 Texas Hold'em @ 1:30 pm
Jan 6 Afternoon Cribbage Tournament @ 1 pm
Jan 7 Book Club @ 9:30 am
Jan 9 Bingo @ 1:30 pm
Jan 9 Shopping Trip to Kildonan Place @ 9:30 am
Jan 9 Ukulele Jam @ Something Beautiful @ 7 pm
Jan 10 Quilter's Corner @ 10:30 am
Jan 13 Active Wellness Club Classes Begin!
Jan 14 Tai Chi Class Begins @ 1:30 pm

Jan 15 Luncheon @ Noon
Jan 23 iPad Class Begins! @ 1:30 pm
Jan 23 Ukulele Jam @ Something Beautiful @ 7 pm
Jan 24 Bus Trip to Winnipeg Police Museum 9:30 am
February 2020
Feb 4 Book Club @ 9:30 am
Feb 6 Ukulele Jam @ Something Beautiful @ 7 pm
Feb 12 Luncheon @ Noon
Feb 13 Shopping Trip to Garden City @ 9:30 am
Feb 20 Ukulele Jam @ Something Beautiful @ 7 pm
Feb 28 Presentation:
Organizing & Downsizing by 906 & Me

January Hot Luncheon

Wednesday, January 15 @ Noon

55 Plus Centre

(Odd Fellows Hall)

Menu: Hot Pork Roast Dinner - \$10 @ Door
EVERYONE WELCOME!

Membership Renewal
11:30 am – 1:30 pm

Active Wellness Club

Winter Session Begins January 13th
Intro to Pilates – Jan 3rd @ 9:00 am
Watch for Class Schedule on the
55 Plus Website: www.si55plus.org
& Facebook Page: SI55Plus



TAI CHI CLASS - BEGINNER LEVEL

Instructor: Antonia Cesari

Starts Tuesday, January 14

10 Week Session

Call 55 Plus to Register!



Intro to iPads

Thursdays @ 1:30 pm

January 23 – February 13

(1 hour class for 4 weeks)

iPads will be available to use

in class or Bring your own!

Register at 55 Plus or call 204-467-2582

Class fee includes a Manual



BUS TRIPS

Jan 9 – Shopping @ Kildonan Place

Jan 24 – Winnipeg Police Museum

Mar 4 – MTC: The New Canadian Curling Club

(Early Deadline – January 10)

Registration Required! Call 55 Plus!

Next Travel Club Meeting:

Fri, Jan 10 @ 10:30am - New Members Welcome!



MONTHLY BINGO

Thursday, January 9 • 1:30 PM

Additional Seasonal Prizes!

Everyone Welcome!



Do You Have STUFF??!

Come & Get Tips & Tricks to Manage the Change!!

Presentation: Organizing & Downsizing, By 906 & Me

February 28 @ 1:30 pm

EVERYONE WELCOME!



For more information call 204-467-2582

South Interlake Seniors Resource-Stonewall 144-622 Centre Avenue-Lions Manor, Entrance 4.

SUPPORT SERVICES FOR SENIORS

- Driver/Escort Program • Equipment Lending Service • Meals on Wheels
- Lifeline • ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy) • Home Hair Care Service
- Resource information/Form Assistance

www.sisrc.ca

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

Eating Alone? Join us for a once-a-month

“POTLUCK PLEASURE AND FELLOWSHIP” Tuesday, January 21st @ 5:00

Church of the Ascension Parish Hall 435 – 1st Ave. N.

For transportation, please call 204-467-2234 or 204-467-2207

The South Interlake Seniors Resource Office
will be closed from December 24th, re-opening January 2nd.

It's the New Year and the perfect time to think about being a healthier you!!!

The two best things that you can do for your body and mind are exercise and nutrition. Exercise doesn't have to involve running a marathon! Walking is one of the best forms of exercise that you can do. It's a gentle, low-impact form of exercise that's easy, free and suitable for people of all ages and most abilities. Here's why it's so good for you.....

- It strengthens your heart
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- It keeps weight in check
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- It boosts your vitamin D levels
- It gives you energy and so very important.....
- It makes you happy!!!!



For more information call 204-467-2719

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St,
Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • FRIENDLY VISITOR
- DRIVER ESCORT • INFORMATION/FORM ASSISTANCE • ADOPT A GRANDPARENT
- DROP IN CENTRE AREA
- COMMUNITY VOLUNTEER INCOME TAX PROGRAM
- MEDICAL EQUIPMENT LOANS

REGULAR OFFICE HOURS: 8:30AM-4:30PM

St. Laurent Seniors Resource Council Inc.

“A HELPING HAND WHEN YOU NEED IT”

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

St. Laurent Community Health Centre

51 Parish Lane, 204-646-2504 ext.4

Seniors Resource Coordinator, Darlene McKay

Footcare clinic, Community Volunteer Income Tax Program, Exercise Program, Monthly Seniors Birthday Club, Mobility Aids, (E.R.I.K.) Emergency Response Information Kit, Victoria Lifeline, Volunteers for different services such as Friendly Visits and Telecheck, resource Information, housekeeping, transportation, mobility aid equipment for loan. Fundraising activities throughout the year.

Monthly Birthday Bingo Club and whist tournament
last Thursday of each month.

“Celebrating Seniors in Action”

Enter now for Jets Town Takeover

Staff

Calling all Winnipeg Jets fans! You now have the opportunity to enter a contest for a chance to have the Winnipeg Jets take over your community on Tuesday, March 24 as part of the second annual Jets Town Takeover event.

The initiative allows Winnipeg Jets hockey and programming to be accessible for a community that's past the perimeter. The winning community can come together to celebrate the great game of hockey. Last year, Morris won the honour of enjoying the Town Takeover.

To enter, you will need to submit a video explaining why your town deserves to be selected as a Jets Town

Takeover finalist. The submission deadline is Sunday, Jan. 5 at midnight and videos must not be longer than 90 seconds. Videos should be recorded in landscape format (horizontally) and



submitted in MP4 or MOV format.

After that, the Top 3 videos will compete in a public vote from Jan. 10 to 21 to determine the winner.

The winning community can look forward to a pizza lunch at a local el-

ementary school and Winnipeg Jets alumni on-ice participation with a local hockey team on March 24. There will also be Project 11 mental wellness programming for local students. That evening, the entire community can join together for a viewing party of the Winnipeg Jets at Nashville Predators game, complete with in-person hosts, an appearance by Mick E. Moose and prize giveaways. The approximate value of the grand prize is \$15,000.

For more information or to submit a video, visit WinnipegJets.com/Jet-sTownTakeover.

Correction

Staff

In an article published in the Dec. 12, 2019, edition of the *Stonewall Teulon Tribune* titled "Teulon woman warns public of uneven sidewalks" it states that Blue Skies Bakery had changed ownership.

However, Janet Dyrda opened Blue Skies Bakery 14 years ago and remains the owner today.

The *Tribune* apologizes for any confusion this may have caused.

> 100 YEARS, FROM PG. 3

enjoyed several cruises and travelled across Canada, including Churchill.

Hillside Beach also holds a special place in her heart, since she spent time there with her older sister prior to marriage. In 1985, she and Jack purchased a cabin at Hillside Beach, which is one of Jean's favourite spots.

Jack and Jean had joined the Independent Order of Forester in the 1960s and were active members. They were married for more than 66 years until Jack died in January 2017.

"Jean kept the house, made field lunches and did laundry for the hired hand(s). She made her own preserves from her garden. She also helped to deliver eggs in to Winnipeg," Oatway said.

"In the 1950s, Jean joined the Lilyfield United Church Women's Group; one of their activities was making handmade quilts that were raffled off for fundraising for the church group. She is now considered a lifetime member of the Lilyfield UCW. She

also joined the Women's Institute of Canada and was an active member until the Lilyfield W.I. branch was dissolved a few years ago."

In addition, Jean sewed handmade quilts for each of her children and grandchildren.

"She stopped quilting after her 95th birthday," Oatway said. "Prior to that, she worked quite arduously to complete the unfinished quilts before her birthday."

Jean's secret to a long life is simple yet succinct: "Good genes, good food, no smoking, no drinking"—although

she was known to indulge in one glass of wine with her meal when dining out.

Today, Jean continues to lead an active life, maintaining her home and hosting family gatherings in Lilyfield. She still does her own laundry in the basement every Monday.

Two months before her 100th birthday, Jean made sure she got out to vote in the October election.

"Mom has a great sense of humour and loves playing card games, especially Skip-Bo. She enjoys doing daily crossword puzzles and cryptoquotes from the paper.

She keeps up with the news, reads magazines on a regular basis," Oatway said.

"The 'boys' (her sons and grandsons) can still rely on mom/grandma to feed them lunch when they drop in unexpectedly at noon hour."

Jean's family looks forward to celebrating her 100th birthday with her, and they invite the community to come and join them in the festivities.

HOLIDAY CLOSURE RAPID ACCESS TO ADDICTIONS MEDICINE (RAAM) CLINIC

Community Health Office
237 Manitoba Avenue, Selkirk

**Closed Tuesday,
Dec. 24 & 31, 2019**

Service resumes:
Tuesday, Jan. 7
12:30 – 3:30 p.m.

- Walk-in
- First come first served
- No appointment needed

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(de 8 h 30 à 16 h 30, sur semaine)**



**IS THE
PERSPECTIVE
BIASED?**

www.SPOTfakenews.ca

SCI students build warming huts for homeless

By Jennifer McFee

Local students built some support through a construction project to provide shelter to those in need.

At Stonewall Collegiate Institute, the new Launch program has taken off with a focus on helping homeless people this term.

The 15-student program provides an opportunity for students to pursue learning through hands-on projects.

"The goal is that each kid is going to choose something that they're interested in and passionate about learning. We have kids who are interested in everything from carpentry to flight to virology," he said.

"They're going to pick a project that they want to work on, and the teacher's job is to mentor them and build in their ELA and math credits."

To start, the Launch teachers focused on the issue of homelessness and the students came up with ideas of how to help. One group of students put together care packages to hand out, while another group embarked on an initiative to construct warming huts in co-ordination with a group called the Urban Knights and Ladies Peace Patrol.

"We have some kids who are interested in construction and carpentry. Through the Urban Knights, they said that they were in need of getting some shelter so our kids wanted to build it for them," Loochuk said.

"The Knights provided us with the blueprint for the plan for what they were looking for. Then the kids went out, with help from their teachers, and made requests for donations for materials."

Star Building Materials donated a \$200 gift card and gave them a good price on supplies.

"They also looked at the blueprints and materials and made some adjustments to what they thought would work well," Loochuk said, adding that the school also contributed towards the project.

"So this was all driven by the kids going out there. Many places either donated cash or they did in-kind contributions. That's how they got all of the materials."

The students then built two warming huts inside the school division's transportation maintenance facility.

"Our maintenance supervisor volunteered some space because we didn't have anywhere big enough to build inside and it's starting to get cold," Loochuk said.

"It's a fenced compound so when they were done at night, we weren't worried about anybody getting in or vandalizing them."

When the warming huts were ready, representatives from the Urban Knights picked them up and dropped them off at a location in the city. However, Loochuk noted that the City of Winnipeg has removed the huts due to bylaw issues.

"We weren't part of any of that. We built them and provided them for the Urban Knights. Whatever they chose to do with them was up to them," he said.

"But the feedback at the time from the gentleman who runs the Urban Knights said that a lot of the people who were in the homeless camp were appreciative of having a warming hut. It's very much like an ice fishing shack. It was basically a place to get out of the wind and the cold."

For everyone involved, the project produced a ripple effect of positive outcomes. Some of the students were so involved in their work that they forgot that it was for school.

"The best part of the whole thing was that our kids really took off with aspect of giving back and helping other people. They're doing it be-

cause they're interested, not because they have to," Loochuk said.

"I'm just so proud of them because they went above and beyond my expectations. They were really concerned about helping out people. It's something that we're hoping will maybe pop up in some of their individual projects too or maybe it will be something that they want to continue as a side project all year."

In addition to working on projects to help the homeless population, the Launch students also engaged in a week of internships in locations that ranged from physiotherapy settings to Oak Hammock Marsh.

Looking ahead, students will embark on an individual project that will culminate with a public display of their efforts.



TRIBUNE PHOTO BY BLAIR MOONEY

SCI Grade 10 Launch program students Aiden Buors and Damian Harrison helped build shelters for Winnipeg's homeless community.

Engage **MB**

MOVING MANITOBA FORWARD

Help plan the next provincial budget

Manitoba's Finance Minister, the Honourable Scott Fielding, is hosting a series of meetings across the province to hear what Manitobans have to say about the next provincial budget.

You are invited

Thursday, January 9, 2020

3 to 5 p.m.

New Iceland Heritage Museum

108-94 1st Ave., Gimli, MB

Request accommodations for accessibility by emailing budget2020@gov.mb.ca

Other ways to participate

If you are unable to attend the in-person public meeting, we welcome your feedback by:

- taking the online survey or creating your own budget at EngageMB.ca
- emailing us your ideas and insights to budget2020@gov.mb.ca
- writing the Minister of Finance, Room 103-450 Broadway, Winnipeg, R3C 0V8

Manitoba 

Winter

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OR CONTACT

JOCELYN DERKSEN, PROGRAM COORDINATOR
coned@isd21.mb.ca 204-467-2956 fax 204-467-8334

Helping the hungry



TRIBUNE PHOTO BY DARRYL BAWDON

A group of Teulon Collegiate Helping Hands members went to Siloam Mission Sunday, Dec. 8, to help prepare lunch for Monday and serve supper Sunday night. From left to right: Parent volunteer Dr. Mike Loudon, TCI Helping Hands members Chloe D., Mme. Philippot, Amanda G., Kaleigh W., Madi C., Megan L., Mrs. Bawdon. Missing from photo: volunteer Darryl Bawdon.

Showing appreciation



TRIBUNE PHOTO BY STEPHANIE OLAND DUNCAN

Centennial School's vice-principal Jeff Levesque, left, principal Ed Harvie, right, presented an appreciation plaque to Coop Stonewall store manager Jessica Lowther. The Ecole Stonewall Centennial School students and staff are grateful for the store's support for the Discount Punch Card for 2018-2019 and 2019-2020 school year.

WIN OVER \$2,000 IN PRIZES

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Elf will move throughout the
business community each week

How to play:

USING CLUES BELOW WITH THE ADVERTISERS ON THIS PAGE,
FIGURE OUT WHAT BUSINESS(ES) ELF IS HIDING IN,
TAKE A PHOTO OF ELF AT THE LOCAL BUSINESS(ES) AND
EMAIL YOUR ENTRY TO elfontheshelf@stonewallteulontribune.ca
(one entry per business)
Deadline Wednesday at midnight.



USE THE CLUES BELOW AND THE ADVERTISERS ON THIS PAGE TO FIND WHERE HE IS HIDING

Thursday
Friday

Find Elf watching over the dinner table before taking a nap in
We have been accused of being quick-change artists but POP in
and bring your spare change to see for yourselves!

Saturday
Monday

Find Elf rockin' in the back with the birds.
Elf is playing with some of his favorite toys while
waiting for his prescription to be filled



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Blood donors needed

Staff

It's the season of giving, and one simple way that you can make a difference is by donating blood.

New blood donors are needed every day to save lives, and there's no time like the present to get started.

Canadian Blood Services will be hosting a blood donor clinic on Tuesday, Dec. 24 from 10 a.m. to 3 p.m. at

the Stonewall Legion Hall, located at 459 Main St.

While you're there, be sure to check out the festive artwork created and contributed by Grade 2 students from Ecole RW Bobby Bend School.

To book an appointment or for more information, visit www.blood.ca or call 1-888-2-DONATE.

Locally filmed Christmas movies

Staff

To get in a festive mood, there's nothing like watching a Christmas movie — especially one where you recognize the set.

Stonewall is a common backdrop for holiday flicks, so keep your eyes peeled for titles such as *Always and Forever Christmas*, a 2019 release directed by Siobhan Devine. In this film, a marketing executive travels home to support an inherited store for its final Christmas season before she sells it. However, two people make her understand why her grandpa's shop is so special.

Other Christmas movies with local scenes include *Lucky Christmas*, *Christmas in Tennessee*, *Radio Christmas* and *Two Turtle Doves*.

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Grief & Loss Support Group

This six week program provides support, education, and healing for those who have experienced the death of a loved one.

Facilitated by Stephanie Gillis Bodnar, RSW

Starting the week of January 26th through until the week of March 2nd, 2020

Location in Stonewall: To Be Determined

Registration Deadline: January 20, 2020

To register, please contact:

- Karen Sorenson at 204-461-2835
 - Jennifer Beirnes
- s.w.d.p.c@hotmail.com



Please note our office will be closed for the holidays

December 23 - January 3.

We will reopen on

Monday, January 6.

Happy Holidays!

Stonewall Teulon
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 WEEKLY NEWS

INTERLAKE SCHOOL DIVISION 2020-2021 BUDGET PLANNING

As we prepare for the development of the budget for the next school year, we look to our students, parents/guardians, staff, and community members, to lend their voice to the planning process. Please take some time to review the information provided and complete our online survey.

We appreciate your voice in our planning process.

Please share your voice by completing our online budget planning survey. Visit our website at www.interlakesd.ca or pick up a paper copy of our survey at the Division Office or any School.



ISD ANNUAL BUDGET DATA

2019-2020 Budget	\$38,552,000
2019-2020 Enrolment	2814 fte
ISD Expenditure/Student	\$13,316
Manitoba Expenditure/Student	\$13,374
Transported Students	1487
Total School Bus Kilometers	946,641 km
Total Staff	475 fte
ISD Student/Teacher Ratio	16.1
Manitoba Student/Teacher Ratio	16.8
Division Admin Spending	3.26%
Division Admin Cap	3.26%
School Square Footage Area	412,769 sq. ft.
ISD Sq. Ft./Student Ratio	163 sq. ft.
Manitoba Sq. Ft./Student Ratio	164 sq. ft.

Instructional Resources

Regular Instruction	\$21,851,500	57.9%
All subject areas, language programs, classroom technology, noon hour supervision, school administration		
Student Support Services	\$6,606,000	17.5%
Resource, counselling & clinical services, special programming, educational assistants/treatment workers		
Community Education & Services	\$300,000	0.8%
Community/continuing education, junior kindergarten		
Instructional & Other Support	\$1,088,000	2.9%
Curriculum support, professional development, library services, continuous improvement plan		

Support Resources

Administration	\$1,294,000	3.4%
Board & central administration, business administration, human resources, data processing		
Student Transportation	\$2,300,000	6.1%
School bus routing, bus maintenance, field trips		
Operations & Maintenance	\$3,649,000	9.7%
Operating and maintaining facilities		
Fiscal & Capital	\$684,000	1.8%
Bank charges, payroll tax, capital transfers		

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Klimpke wins 2020 Viterra Championship berth

By Ty Dilello

It turns out that the kids are alright.

Stonewall's Emerson Klimpke has continued his breakthrough curling season by punching his ticket to the 2020 Viterra Championship in Winnipeg. Klimpke went undefeated by beating Arborg's Kyle Foster twice and Gimli's Steen Sigurdson once to win the berth.

Klimpke and Reece Hamm from his junior rink, joined forces with two members of fellow junior team Josh Friesen to play together in the men's regionals and try to make a run at it.

They started off with a 7-5 win over Sigurdson. Up 3-2 at the fifth end break, Klimpke took a big 3 in the sixth end to pull away. After defeating Sigurdson, they played Foster in the A-side final. After giving up a steal of two in the first end, they settled down and picked up a deuce right back. They went on to steal their way to a win which finished 9-3.

"With the win over Foster, it gave us two shots at winning the berth. We just had to wait the winner of Sigurdson/Foster," said Klimpke.

"Ultimately Foster won, lining up a rematch. Foster scored one in the first, then we responded with a deuce in the second. Foster got one in the third and stole one in the fourth making the score 3-2 Foster. Scoring a deuce in the fifth and stealing one in the sixth put us out front 5-3. We traded ones throughout the rest of the game and played a really good 7, 8, and 9th ends to win and solidify our berth to the 2020 Viterra Championship.



TRIBUNE PHOTO SUBMITTED

Team Josh Friesen won a berth to the 2020 Viterra Championships over the weekend by winning the men's Interlake regionals. Pictured left to right: Emerson Klimpke (fourth), Josh Friesen (skip), Troy Kemball (second), and Reece Hamm (lead).

"I am really excited to be able to participate in my first men's provincials, especially when my dad is the one who speaks at the banquet and hands out the trophy at the end. Wouldn't that be the Cinderella story, to receive the Viterra Championship from my own Dad."

Klimpke will now take a few weekends off and will

be back on the ice at the TELUS U21 Junior Provincial Championships in Dauphin (Dec. 31-Jan. 5) as he will be looking to end off his junior career on a high note by winning a junior provincial championships and representing Manitoba in a national championship.

Bantam, U17 Prep Lightning lose games

Staff

The Interlake Lightning Bantam boys' hockey team lost a pair of road games last weekend.

On Sunday afternoon, Interlake was defeated 5-2 by the Yellowhead Chiefs in Shoal Lake.

Brandon Burak scored a first-period power-play goal for the Lightning and then Hayden Wheddon sniped a shorthanded marker in the second. Burak finished the game with two points.

Foxx McColl, Jory Kulbacki, Reegan Kominko, Aiden Sotas and Rylan Gage scored for the Chiefs.

Lightning netminder Dawson Cowan stopped 46 Yellowhead shots.

On Saturday, Interlake was beaten 7-1 by the Southwest Cougars in Souris.

Brayden Bear gave the Lightning a 1-0 lead just 2:41 into the game.

Josh Fluker, Darren Hunt, Luke Mackenzie, Nate Robson, Kyle O'Connor, Nicholas Cullen and Ash-

ton Cuvelier scored for Southwest.

Interlake goalie Dylan LeClair made 32 saves.

The Lightning will play three more games before the holiday break, beginning Thursday (7:30 p.m.) when they play the Central Plains Capitals in Portage la Prairie.

Interlake will take on the Winnipeg Sharks on Saturday (7:30 p.m.) at the East End Arena and the Wheat Kings in Brandon Sunday (2 p.m.)

The U17 Prep Lightning, meanwhile, were beaten 8-2 by the Wheat Kings on Saturday in Brandon.

Alexander Kaczorowski scored a second-period goal for the Interlake and then Kai Tymchak tallied in the third.

Brandon goals were scored by Braden Clarke (two), Reid Wells, Darian Perrault, Kyle Fenwick, Jackson

Jacques, Evan Elbrechtsen and Cole Rogers.

Last Thursday, Interlake lost 7-1 to the Winnipeg Wild.

Stefan Schaible-Schur scored a second-period goal for the Lightning, assisted by Kaczorowski and Evan Calder.

Winnipeg, which held period leads of 3-0 and 6-1, received goals from Noah Houle (two), Guy Rozin (two), Elliott Lewis, Quinn Lyon and Logan Belton.

Interlake goaltender Zack Meadows made 42 saves.

The Lightning will play the Winnipeg Wild on Wednesday (6:30 p.m.) at the Bell MTS Iceplex. Interlake will continue on the road with games against the Eastman Selects on Saturday (1 p.m.) and the Brandon Wheat Kings Sunday (1:45 p.m.).

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www.SPOTfakenews.ca

Lightning zap Kenora Thistles twice last weekend

By Brian Bowman

The Interlake Lightning U18 hockey team had a lot of fun in Kenora last weekend.

Winning will do that to a team.

Interlake swept the Kenora Thistles — winning 9-1 on Saturday and 6-3 Sunday — in Manitoba U18 AAA Hockey League action.

In Sunday's win, Cameron Jones, Carl Ingalls, Lyle Murdock, Ashton Charison, Cole Emberly and Aidan Bruce scored for the Lightning. Ashton Fisher and Murdock each had two points in the game.

Ben Hackl (two) and Evan Armit netted Kenora's goals.

Dominic Jacobson made 27 saves for the win.

On Saturday, Interlake took over the game in the second period with five goals to build a 7-0 lead.

Karson King had two goals and two assists while Jones scored once and had three helpers.

Liam Foley, Austin Adair, Fisher, Lyle Murdock, Griffin Haight and Ayden Manningway scored for the Lightning.

Fisher and Murdock each had

three points.

Kenora's Cael Anderson ruined Chris Fines' shutout bid with 7:22 remaining in the game.

On Dec. 11, the Lightning lost 7-2 to the Winnipeg Wild at the Bell MTS Iceplex.

It was the Michael Cicek show in the first period as the Wild forward scored a natural hat trick.

Tyson Smith made it 4-0 midway in the second before Interlake got on the board with a goal from Kaydyn McMahon at 17:31 of the middle frame.

Matthew Vandel scored to pull Interlake to within 4-2 midway in the third period but Winnipeg responded with goals from Ryland Hueging, Matthew Wisener and Jackson Klewchuk (shorthanded).

Jacobson made 39 saves in the losing cause.

Interlake (12-15-0-1-0) will play the Eastman Selects (14-10-0-1-1) this Friday at 8 p.m. in Beausejour and then will host the Pembina Valley Hawks (18-4-0-4-0) on Saturday (7:30 p.m.) in Teulon.

Martin obtains Level 5 official status

Staff

Hockey Manitoba announced Monday that Amy Martin (Interlake) recently obtained her Level 5 official status while Ben Croker (Brandon) recently obtained his Level 6 official status.

Martin currently officiates Canada U Sports, M-AAA and the Manitoba Women's Junior Hockey League. She officiated at the National Women's Under-18 Championship in Morden and Winkler back in early November, including being given the honour of refereeing in the gold-medal game between Team Ontario Red and Team Saskatchewan.

Level 5 is the highest level of certification for female referees in the Hockey Canada Officiating Program. Female officials that obtain Level 5 certification also become eligible to receive international assignments with the International Ice Hockey Federation.

Croker, meanwhile, has been officiating for 14 years and currently works in the Western Hockey League, Manitoba Junior Hockey League and Canada U Sports.

In the past five seasons, Croker has



Amy Martin

worked the Anavet Cup and Turnbull Cup. Level 6 is the highest level for male referees in the Hockey Canada Officiating Program. Male officials that obtain Level 6 certification become eligible to receive assignments at designated IIHF competition (i.e. Memorial Cup, RBC Cup, Allan Cup, Hardy Cup, University Cup, CCAA finals, world championships, the Olympics and FISU Games).

Silver medalists



TRIBUNE PHOTO BY KERRIE HOLM

The Stonewall Blues' Bantam A2 girls' hockey team won silver at their own tournament last weekend after losing 5-1 to the Eagles in the gold-medal game. After losing 2-1 to the Rockets and 3-1 to the Eagles, the Blues defeated the Chill 5-1 and the Polar Bears 4-1. Pictured back row, left to right: assistant coach Calvin Friesen, Ella Holm, Maddie Fidler, Ali Charison, Keira Willey, Rowyn Cool, Kaitlyn Hawryluk, Melody Debreuil, Emily Friesen and coach Darren Thiessen. Front row, left to right: Kailey Thiessen, Ella Voth, Rayna Mackenzie, Rylee Cool, Reghan Kirk and Autumn Palson. Missing from the photo is Danielle Munroe.

Stonewall clips Kelvin in hockey

Staff

The Stonewall Collegiate Rams snapped a three-game league losing streak with a great effort against the Kelvin Clippers on Dec. 11.

Stonewall scored four unanswered third-period goals for a 5-1 road win in Winnipeg High School Hockey League action.

Kelvin's Aeden Loschiavo and Stonewall's Rhett Woods traded first-period goals.

After a scoreless second period, the Rams' Lucas Singh, Hunter Olson and Cody McMillan, with a pair, tallied in the third.

McMillan had three points in the fi-

nal frame while Singh and Carter Bassett also finished the game with three points apiece.

Singh leads the Rams in points during the regular season. He has nine goals and 12 assists for 21 points in 16 games while McMillan is second with 18 points (12 goals, six assists) in 15 games.

Jackson Kummen posted the win in goal.

Stonewall, now 5-10 in the WSHL standings, will wrap up play before the holiday break with a game Wednesday against the West Kildonan Wolverines at the Seven Oaks Sportsplex. Puck drop is 4:15 p.m.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Warren Mercs keep on winning SEMHL games

By Brian Bowman

The Warren Mercs scored four goals in a 10:53 span of the first period on their way to a 6-4 South Eastern Manitoba Hockey League victory over the Royals in Winkler on Sunday.

Reid McLeod scored twice for the Mercs while Wes Pawluk and Chase Faulkner each had a goal and an assist. Kyle Luschinski and Brock Genyk scored Warren's other goals.

Brenden Luschinski finished the game with three assists.

Michael St. Croix (two) and Austin Wiebe scored for Winkler.

Haydon Dola made 28 saves for the win.

Last Friday, the Mercs pounded the Altona Maroons 11-3 in Warren.

Warren, which held period leads of 2-1 and 5-2, blew the game wide open with six goals to start the third.

Mercs' forward Taylor Dickin had seven points with a goal and six assists while Faulkner netted a hat trick to go along with an assist.

Braden Groot, Chad Deprez, McLeod, Johnny Lazo, Braydon MacDonald, Brock Genyk and Travis Bobbee also scored for Warren.

Skylar Klassen, Michael Sofillas, and Nolan Martens replied for Altona.

Dola made 28 saves for the victory.

Warren (7-1-1-0), currently in second place with 15 points, will visit the Portage Islanders (4-5-1-0) this Saturday at 7:30 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Mercs' Chase Faulkner battles for his second goal of the game in Warren's 11-3 home victory over the Altona Maroons last Friday.

Lundar Falcons lose to Fishermen in CRJHL action

Staff

The Lundar Falcons fired 40 shots on goal against the Selkirk Fishermen on Saturday evening.

But, unfortunately, they only scored once.

Selkirk cruised to a 6-1 road win in Capital Region Junior Hockey League action.

Nico Morrow-Litke and Jordan Donald scored first-period goals for Selkirk and then the Fishermen went ahead 5-0 with tallies from Reece Tessier, Donald and Josh Poponick.

Donald had a great game, finishing with four points.

Josh Wilkinson scored Lundar's lone

goal late in the second period. Selkirk's Braeden Hummel rounded out the scoring in the third.

Two of the Fishermen's goals came on the power play while another pair were scored while Selkirk was short-handed.

Stony Mountain's Riley Bannerman stopped 39 Lundar shots for the win.

Last Friday, Lundar was defeated 5-1 by the Warriors in St. Malo.

Shayne Desjarlais gave Lundar a 1-0 lead midway in the first period but St. Malo responded with a shorthanded tally from Alex Murray and a power-play marker by Maxime Collette.

After a scoreless second period,

Evan Anstett put St. Malo up 3-1 with a power-play goal and then Evan Wuerch tallied at even strength.

Hayden Hildebrand closed out the scoring with a penalty-shot goal late in the third.

Chris Lesage stopped 26 St. Malo shots in the losing cause.

Lundar will play three road games this week, beginning Tuesday (8 p.m.) when they play the North Winnipeg Satellites. The Falcons will visit the Arborg Ice Dawgs on Friday (7:30 p.m.) and St. Malo Saturday (7 p.m.).

Arborg, meanwhile, lost 6-2 to St. Malo on Saturday.

Logan Clarke scored a first-period

goal for Arborg (assisted by Josh Roche and Jayden Roche) and then Blaze Bezecki added a power-play tally in the second. Clarke assisted on Bezecki's goal.

Christian Hince (three), Collette (two) and Brayden Jonasson scored for St. Malo. Collette had five points in the game while Hince collected four points.

Tre Strachan made 32 saves in the losing cause.

The Ice Dawgs will host the Satellites this Sunday at 2:30 p.m.

Hofer, Addison continue with Canada's national junior hockey team

Staff

Goaltender Joel Hofer (Winnipeg) and defenceman Calen Addison (Brandon) have been selected to continue with Canada's national junior team on the road to the 2020 World Junior Hockey Championship in Ostrava and Trinec, Czech Republic.

Hofer, 19, currently plays for the

Portland Winterhawks in the Western Hockey League and is a draft pick of the St. Louis Blues (fourth round, 107th overall). This season, Hofer has a 20-4-2 record with a 1.81 goals-against average and .937 save percentage in 27 games with the Winterhawks. He was recently named WHL Goaltender of the Month for November.

Addison, 19, plays for the WHL's Lethbridge Hurricanes and is a draft pick of the Pittsburgh Penguins (second round, 53rd overall). He also played for Hockey Manitoba's U-16 team back in 2017. Addison has seven goals and 22 assists in 31 games for the Hurricanes this season.

Hockey Canada's final 22-player ros-

ter doesn't need to be officially submitted to the International Ice Hockey Federation until Dec. 25.

Team Canada's first preliminary-round game takes place on Boxing Day when they face the United States at noon (central time), followed by games against Russia, Germany and the Czech Republic.

Jets top Twins with road comeback

By Brian Bowman

The Stonewall Jets erased a 2-1 second-period deficit with three unanswered goals in a 4-2 road win over the Ft. Garry/Ft. Rouge Twins in Manitoba Major Junior Hockey League action on Sunday evening.

The comeback win was a nice early Christmas gift for Jets' head coach Brock Couch.

"We thought we were the better team the whole game," Couch said. "Some sloppy play led to the other team getting the lead. We crawled back a bit and dominated the play for most of the game. They outshot us but (Curtis) Beck swallows all those shots pretty good."

The Twins' Evan Grierson and the Jets' Ryan McMahon traded first-period goals before Ft. Garry/Ft. Rouge's Jared Bucci scored on a penalty shot late in the opening frame.

Brendan Labossiere tied the score at 2-2 at 17:54 of the second period and then Keevan Daniels-Webb (on the power play) and James Maxwell tallied in the third.

The Jets' Marcus Dewey had two assists in the game.

Beck made 36 saves for the win.

Last Friday, the Jets were doubled 4-2 by the first-place Pembina Valley Twisters in Stonewall.

"We weren't getting the bounces early on and hit a few posts," Couch said. "We definitely skated with them but they just had a little more puck pursuit early on and we struggled to find the net. It was a good effort, especially in the third, against that team. The more we play them. ... We're starting to figure them out. Obviously, they're the top dogs at (20-1-2) but it's nice to know that we can play with them. It was a loss but we're right

there with them."

The Twisters' Wyatt Sabourin scored the first two goals of the game, the second while Pembina Valley was shorthanded.

Travis Penner made it 3-0 late in the second and then Elijah Carels put the visitors up four goals.

Stonewall answered with a power-play goal from McMahon and an even-strength marker from Carson Ouellette.

Beck made 44 saves in the losing cause.

The Jets are now 13-11 and in fourth place in the 10-team league with 26 points. Stonewall is just two points behind the third-place Canucks although St. James has played one fewer game.

The Jets will host the St. Vital Victorias on Friday (7:30 p.m.) and then will battle the St. James Canucks Sunday (2:45 p.m.) at the St. James Civic Centre.

"I'm hoping to close 2019 out by running the table this weekend," Couch said. "I really want to beat both of those teams and the team does, too. We're in the top half (of the standings) — I'm OK with that but do I feel that we should have grabbed a few more points? Yeah, definitely. We didn't play our best in certain games but that's the way things go."

Meanwhile, the Jets hosted a Teddy Bear Toss last Friday. Ninety-eight teddy bears were collected and will go to the Stonewall Christmas Cheer Board.

"It was a great turnout," Couch said. "It was the second annual one and it was nice that all of the kids could be a part of that and give back. It was good."



TRIBUNE PHOTOS BY LANA MEIER

The Jets' Brendan Labossiere flies past a Pembina Valley player in Stonewall.



The Stonewall Blues Atom and Novice girls hockey teams helped pick up 98 teddy bears between the second and third period last Friday.



**Stonewall
Jets Player
Profile**

#16

Carson Ouellette

Forward, Shoots Right, 6' 175 lbs, Born 1999



*Come out to
support the Jets*

Upcoming Games

St. Vital Victorias at Stonewall Jets
Friday, Dec. 20 7:30 p.m. VMSC

Stonewall Jets at St. James Canucks
Sunday, Dec. 22
2:45 p.m. St. James Civic Centre

Stonewall Jets at Transcona Railer Express
Friday, Jan. 3 8:00 p.m. East End Arena

River East Royal Knights at Stonewall Jets
Sunday, Jan. 5 7:30 p.m. VMSC

Wildcats win Steinbach Christian tournament

By Brian Bowman

The Warren Collegiate Wildcats had a great start to their varsity girls' basketball season.

Warren defeated the Steinbach Christian School Flames 37-25 in the championship game of Steinbach's eight-team home tournament last Saturday.

Warren struggled to score until about five minutes remaining in the game when the Wildcats exploded for 17 points.

"(We played) fairly well for our first tournament," said Wildcats' coach Kevin Braun. "The whole weekend we had some really solid defence. We played super solid all around. We only had a few practices so we were focusing on defence and the offence hasn't really (come around) yet."

Warren started the tournament with an exciting 29-28 victory over the Calvin Christian Eagles. The Wildcats led 9-0 after the first quarter.

"I thought, wow, we're playing fantastic," Braun said. "The other team had good looks but they weren't making (their shots). One of their players

was returning from last year and she gave us problems last year with her scoring. We knew they were bound to catch up and bound to get a lot of shots. In the second quarter, they caught back up and then, at one point, they had the lead but then we shut her down and she had to either create really hard shots or find her other teammates, which was our game plan."

The Wildcats then defeated the Souris Sabres 31-24 in a semifinal game.

Warren was very, very good on the defensive end throughout the tournament.

"It was another very strong defensive effort," Braun said. "I think both teams didn't know what was going on offensively. It was a bit sloppy at (times) but the defence that we worked on in practice, I was very, very impressed with how well it transitioned into the game."

The Wildcats don't have a lot of height this season but they do have a lot of depth. That strong depth will give many teams problems.

"The 10 girls that I have, I would be



TRIBUNE PHOTO BY DEBBIE GOODMAN

The Wildcats varsity girls' basketball team won the Steinbach Christian tournament last weekend. Pictured back row, left to right: Kevin Braun (coach), Hannah Friesen, Lexi Carriere, Emma Goodman, Bobbie Fairlie, Paige Wright and Kirby Hearn (coach); front row, Abby Procter, Emily Fehr, Hailey Friesen, Lexi Cowan and Joy McCutcheon.

comfortable putting any one of them out at any point of time," Braun said. "We don't have one player that is way

better (than everyone else)."

Warren's next action will be at the Souris Sabres Shootout on Jan. 10-11.

Thunder announce 2019 individual award winners



Interlake Thunder award winners, back row, left to right: Josh Charison, Karson Karish, Jesse Petreau, Bryant Case, Alex Luke; front row, Brady deLaroque, Karson Karish and Chase Riddle.

Staff

The Interlake Thunder recently held their annual awards banquet.

Here are the winners for the Midget team: Most Valuable Player - Josh

Charison, Most Outstanding Offensive Player - Brady deLaroque, Most Outstanding Defensive Player - Tyson Wryha, Most Outstanding Lineman - Jesse Preteau, Most Outstanding Spe-

cial Teams Player - Bryant Case, Most Outstanding Rookie - Alex Luke, Thunder Impact Player of the Year - Chase Riddle, and Charlie Cooke Leadership Award - Karsen Karish.

The Atom team award winners included Most Outstanding Offensive Player - Trey Naherney, Most Outstanding Defensive Player - Josiah Gouverneau, Most Outstanding Lineman - Bernie Garson, and Thunder Impact Player of the Year - Jakob Samborski.

The Thunder junior girls' award winners were Most Outstanding Offensive Player - Brielle Flett, Most Outstanding Defensive Player - Kira Hooper, Most Outstanding Lineman - Sophie Zielinski, and Thunder Impact Player - Aurora Remillard.

IS THE
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TIMELY?

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Former Lightning player scores his first AHL goal

By Evan Matthews

Arborg native Jermaine Loewen did something few hockey players can say they've accomplished by scoring his first career American Hockey League goal against the team he grew up watching.

On Saturday evening, Loewen tipped in a shot at 18:52 of the first period to lift his Chicago Wolves to a 4-2 victory over the Manitoba Moose at Bell MTS Place.

Down 1-0 midway through the first period, the Wolves right winger Loewen — who measures in at 6'4" and 216 pounds — fought off a Moose defenceman and redirected the puck over goalie Griffen Outhouse's left shoulder for his first career AHL goal.

Loewen was later named the game's first star.

A group of approximately 100 screaming fans from Arborg celebrated wildly in the stands, while Loewen and his linemates celebrated on the ice as though they had brought home the AHL's Calder Cup Championship.

"I was absolutely elated. ... It's really special, I'll never forget it," said Loewen.

"We have a really good group of guys here in Chicago, and they were all really happy for me, to see me score in front of my family and friends like that. I always try to reciprocate that for them, too.

"There has been a lot of growth and learning for me this year," he said, adding he's been sent up and down from the AHL's Chicago Wolves and the East Coast Hockey League's (ECHL) Fort Wayne Komets.

Being a fourth line player, Loewen said sometimes it can be difficult to get ice time and crack the score sheet with a goal, as it is often other aspects to the game that get him on the score sheet. He's recorded one goal and one assist, to date.

Third- and fourth-line players are often the team's tough guys, reflected in Loewen's 27 penalty minutes in his 19 AHL games this season.

"Our line played a really good game on Friday, and then on Saturday we gave up that first goal against, which was tough," said Loewen.



TRIBUNE PHOTO SUBMITTED

On Dec. 7, Loewen tipped in a shot at 18:52 of the first period to lift his Chicago Wolves to a 4-2 victory over the Manitoba Moose at Bell MTS Place

"But (my) goal managed to give us a bit of boost, a bit of energy, and we played a really strong game after that. It felt really good to get the split in Winnipeg," he said, referring to the Wolves losing the first but winning the second game.

It was a fitting place to score his first AHL goal, as Loewen said he remembers coming in to Winnipeg to watch James Reimer — a Morweena native — when he was playing for the AHL's Toronto Marlies.

Loewen also recalled watching the Manitoba Moose the year they went to the Calder Cup Finals, where they lost in six games to the Hershey Bears.

"At that time, I never envisioned playing in the AHL," said Loewen. "But here I am today."

Drafted in the seventh round of the NHL Entry Draft (199th overall), Loewen spent his time in junior hockey playing for the WHL's Kamloops Blazers. Over his five WHL seasons, Loewen recorded 50 goals and 46 assists in 236 regular season games.

Things started to develop for Loewen from there, he said, after he attended his first NHL training camp with the Dallas Stars.

"(The Stars) didn't sign me, so I did some work with my agent, and we found a place in Chicago," said Loewen. "They had a bit of room for me on the roster, and they signed me to an AHL deal."

In describing the way he plays the game, Loewen said he's a player who takes pride in working hard every single day, being a good teammate and a better person, and is always focused on personal development and improvement.

"When adversity comes, it's about having the mental fortitude to overcome whatever is thrown at me," said Loewen.

"For me, coming from an orphanage, working my way through all of that, as tough it all was, it's a big part of who I am. It comes out in my hockey and in my life in general.

"It's so important to remember where you came from, and how you got to where you are."

A unique road to professional hockey

It's not just the fact that Loewen is from Arborg that makes his story unique, as he was originally from Mandeville, Jamaica.

In fact, Loewen is the first-ever Jamaican-born player chosen in the NHL Entry Draft, according to Color of Hockey's website. There has only been one Jamaican-born player, Graeme Townshend, to play in the NHL.

"We went down to Jamaica on a humanitarian trip, to work at a children's home. That's where we met Jermaine," said his father, Stan Loewen, who is

one of the owners of Arborg's Home Hardware.

"He was three years old. We didn't go there to adopt, but shortly after we met him we started the adoption process. ... For us, it was a God thing. We didn't plan it. It just happened," he said, adding the family has since adopted another young boy from Jamaica, and a girl from Ethiopia.

It was two years later that Jermaine came home to Arborg. Jermaine hadn't even seen snow at that point, according to his dad.

"Like most any Canadian boy, we got him a pair of skates for his first Christmas," said Stan. "He learned pond hockey near Morweena and played pick-up (hockey) all the time.

"It was pretty obvious, and very early on, that this kid could play. He had skill. What a thrill to see him score that first goal here in Manitoba," he said.

Stan said his son has never lacked work ethic or resilience, but whether or not Jermaine makes the NHL doesn't matter.

"If he does, good for him," said Stan. "But it's not my dream; it's his dream. We'll support him no matter what he does, and when he's done, we'll support him with that too."

Jermaine grew up skating on the river and at local rinks, but it was one of Loewen's childhood friends at school who asked him to consider joining organized hockey at the age of 10.

"I was down to give it a try. ... My parents said we'd try it out for a year and just see how it went," said Jermaine.

"I got hooked. I was addicted to the game. Wasn't any turning back after that."

Though his story may be unique to some, Jermaine said he's lived it and he's thankful.

If it weren't for his parents and for Arborg, Jermaine said he wouldn't be where he is today.

"I can't imagine it without them and their support, their time and energy, the way they've supported my dreams," said Jermaine. "They've been with me through everything."

Basketball teams busy on the court

Staff

The Stonewall Collegiate Rams varsity girls' basketball team lost 43-24 to the St. James Jimmies in WWAC Tier 2 action on Dec. 11.

Stonewall will play at John Taylor Collegiate on Wednesday at 6:15 p.m.

The Rams varsity boys were also in action on Dec. 11, losing 82-28 to the St. James Jimmies.

On Dec. 10, the Rams defeated the Tec Voc Hornets 39-29 in junior varsity girls' action.

Stonewall will visit the Grant Park

Pirates on Thursday at 6:15 p.m.

The Rams' junior varsity boys' team lost 87-46 to the Tec Voc Hornets on Dec. 10 in Stonewall.

Stonewall will play at Grant Park this Thursday. Tip-off is 4:30 p.m.

Meanwhile, the Teulon Collegiate

Saints finished with a 1-3 record at a Pembina Trails Bison Classic tournament, which wrapped up Saturday.

Teulon was defeated by the Dakota Lancers (70-4), Fort Richmond Centurions (66-23) and the Crocus Plains Plainsmen (56-36).

But the Saints rebounded nicely to defeat the Selkirk Royals 35-32 in their final game of the tournament.

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The photo is available for purchase at the
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**Deadline to ENTER TO WIN for this week is Tuesday, December 24
by midnight. This prize will be drawn on Monday, Jan. 6, 2020**

**Grand Prize Draw of \$500 Stonewall Chamber
Christmas Bucks will be drawn Monday, January 6, 2020.
Be sure to support our local business community
and have some holiday fun at the same time!**

**Any questions
contact Stephanie
at 204-467-5836**

Stonewall Teulon
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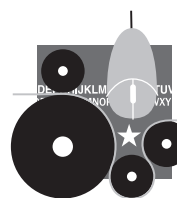
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MISCELLANEOUS

The new year is coming! We are now booking ads for January 2020. The classifieds reach over 400,000 Manitoba readers weekly. Get results in 2020! For as little as \$189 + GST, you could book your ad across the province now! Don't miss out! People rely on these classifieds to find what they need in your area and across Manitoba. Catch them looking at your material in our 48 weekly community newspapers. Call 204-467-5836 to book now or email classified@mcna.com for details.

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Arnold Abrahams, late of the Town of Stonewall, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 22nd day of January, 2020. DATED at Stonewall, Manitoba this 11th day of December, 2019. GRANTHAM LAW OFFICES Solicitor for the Executrix

ANNOUNCEMENT

BIRTHDAY

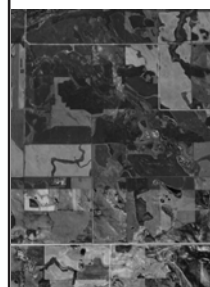


100th Birthday Celebration for Jean Oatway
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THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

TO ALL COMMUNITY GROUPS AND ORGANIZATIONS

This is a friendly reminder that the deadline for all 2020 budget and grant requests are due January 31st, 2020 as per the Recreation Policy. Please visit www.rockwood.ca for the grant applications. For organizations needing a hand with the applications or to attend the grant writing workshop, held January 8th, 2020 (RSVP mandatory as there is limited seating), please contact Laine Wilson at laine.wilson@rockwood.ca or by phone at 204-461-3163.

THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

The Rural Municipality of Rockwood hereby gives notice of the following **HOLIDAY HOURS:**

December 24, 2019 – Closed at Noon
December 25th, 26th and 27th – Closed
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Council, Rural Municipality of Rockwood

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Announcements

ANNOUNCEMENT

IN MEMORIAM



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September 10, 1957 - December 19, 2011

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And whisper in your ear;
How much we love and miss you,
And wish that you were here.
Forever in our hearts.

-Daphne, Char and Mariah,
Jeff and Andrea, Lisa and Jason
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ANNOUNCEMENT

IN MEMORIAM



Shannon Barnes-Figur

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OBITUARY

Winnifred Myrtle Stuart
(nee Procter)



It is with deep sadness we announce the passing of our beloved Mom, Grandma and Great Grandma. She died peacefully in her sleep in the early morning hours of December 10, 2019.

Left to cherish her memory are her daughters Tammy (Ray) and Crystal; her grandkids, Michael (Lacey), Shawn (Lauren), and Derek (Jessica); along with her great-grandkids Liam, Emberleigh, Teylie and Sophie. She is also survived by her brother Fred and sisters-in-law Barb and Irene and numerous nieces and nephews.

She was predeceased by her husband of 54 years Jim; parents Jim and Marj; sister Edith; sisters-in-law Astrid, May, Edna and Muriel along with brothers-in-law Don, Bob, Armann and Lloyd.

Winnifred was born and raised on the family farm in Woodlands, attended school there and later got a job in Winnipeg where she shared a small apartment with her best friends Astrid and Shirley.

In June 1957 Mom married Dad and they started their life together in Vancouver, B.C. After a year long bout of home sickness she convinced him to move back to the prairies where they eventually settled in Argyle. Every year after school was done and summer holidays commenced Mom would pack up the trailer and us girls and off we'd go with Dad to which ever construction site he was working that summer. It was a wonderful way to spend our summer holidays. In later years they took up the game of golf and spent many weekends and holidays traveling from course to course together and with friends. When they weren't golfing they could be found working in the yard. As an avid gardener mom took great pride in her flower gardens that overflowed with flowers grown from seed. She also loved curling and was a lifetime member of the Argyle Ladies Curling Club. When she was no longer able to curl herself, she would watch every game she could find on TV. Mom was always good at crafts and artistic from sewing the best Halloween costumes when we were kids, to making ceramics and then Christmas decorating for her table in the annual craft sale in town. She even decorated Tammy's wedding cake which turned out to be the first of many. Mom was also a familiar figure at the local coffee shop and post office having worked there part-time for many years until Dad became ill and she stayed home to care for him.

We will miss you Mom but know you are once again with Dad where you were always happiest to be.

Funeral Service was held at the Argyle Community Hall on Monday, December 16, 2019 at 2:00 p.m. Interment followed at St. Oswald Cemetery.

kl
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OBITUARY

William James "Jim" Robertson
July 07, 1973 - December 10, 2019



It is with heavy hearts that we announce the peaceful passing of Jim with family by his side. Jim will be sadly missed by his wife of 20 years, Lena; his loving daughter Alivia; mother Vicky; sister Kelly; Uncle Earl and numerous friends.

Jim was born in Winnipeg, grew up in Gunton, Manitoba and attended school in Teulon. He was a dedicated family man and worked hard all his life in various jobs, most recently for Len at the bison farm. He was not afraid of getting dirty. Jim enjoyed the outdoors, whether it was a bonfire, trail ride on the quad with his daughter or assisting friends fixing farm equipment or baling hay. Jim was always there to lend a hand. He spent countless hours tinkering in his man shed. If it was broken he found a way to fix it.

A celebration of life took place on Tuesday, December 17, 2019 at 1:00 p.m. in the Gunton Community Hall.

The family would like to thank Dr. Loudon and the Teulon Medical Clinic, Selkirk General Hospital and the Victoria Cancer Care for their compassionate and professional care.

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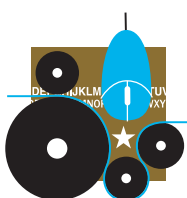
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Town of Teulon

1919

Celebrating 100 Years

2019

We want to thank those who helped with the supply and location of the stone monument commemorating the centennial.

*Kurt Drohomereski,
Doug Zeller,
Ken Loehmer,
Ed Wakshinsky,
Standard Limestone/
Mariash Quarry.*



In commemoration of the
Centennial Anniversary
of the incorporation of the
Town of Teulon
1919-2019
June 29th, 2019

Thank You

As we come to the end of Teulon's 100th birthday celebrations, we would like to thank the Centennial Committee Members, Staff at the Town of Teulon and the Teulon Rockwood Recreation Commission, all the sub-committees and all volunteers who helped along the way at the various locations such as the Library, Hall, Park, Art Centre, Museum, churches and schools etc. Special thanks to June Makowski for handling the social media advertising and to Darci Loehmer and her committee for the Centennial Cookbook project. Of course we want to thank all those who attended the special weekend and made it such a wonderful success.

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Christmas joy

TRIBUNE PHOTO BY MONICA BALDWIN

Left to right, Ridge, Pierce and Paisley Wilson, along with their baby cousin Dax Johnson, sat on Santa's lap at the Grosse Isle Breakfast with Santa on Dec. 7.



Local children spreading Christmas cheer to patients

By Jennifer McFee

'Tis the season to spread a little cheer.

That's exactly what a group of local kids are doing through holiday visits at Stonewall hospital.

Cristy Wallace, a nurse at the hospital, started bringing her sons Jackson and Maxwell to visit with patients at the hospital about a year and a half ago. Now her Stonewall-based nieces Jorja and Bailey have jumped on board, and all four cousins have been creating Christmas crafts to hand out to patients.

The four cousins also remember to include the doctors and nurses as recipients of their handcrafted creations.

"They try to do something every once in a while to give back to the community. They're sweet kids, and it's a good sign that we can teach them empathy at this young age," said Wallace, a Balmoral resident.



Five-year old Jorja shows off one of her snowman decorations.

"They like to visit and form connections with the patients — and I know the patients just love it too. They're always looking for visitors there."

At Thanksgiving time, the cousins made their rounds and handed out a Halloween pumpkin card.



TRIBUNE PHOTOS SUBMITTED

Cristy Wallace and Stacey Gurvin, along with their children, were handing out decorations and cards to patients at the Stonewall Hospital last Tuesday.

For Christmas, they worked hard to make a snowman decoration to distribute.

"It's not just about the cards but it's the visiting too. I just let them roll with it and the conversations are quite interesting. It's quite cute," Wallace said.

"I feel like it's so important to develop that empathy and understanding for other people so you can get out-

side your own world. There are other people that need help and a little bit of support. A bit of love goes a long way."

Nine-year-old Jackson said the snowmen might be something the patients could hang up on a bulletin board.

Continued on page 3



Pictured left to right: Denise McGregor, Dr. Colina Wong, Janique Philippe, Josh Schellenberg (Elf), Dr. Ryan Dumont, Julia Somerville, Robert Price-Lewis
Missing: Marnie Resch

Merry Christmas and Happy New Year From Stonewall Chiropractic Centre!!

2019 was another great year thanks to you! We continue to grow and thrive as a result of your trust in us and faith in our providers! As a result we were able to expand our services to include Athletic Therapy! We will also continue to offer Chiropractic and Massage therapy to keep you moving in 2020. Thank you so much, and we look forward to helping you in the new year!

Thanks from the team:

Chiropractors - Dr. Ryan Dumont, Dr. Colina Wong,
Registered Massage Therapists - Robert Price-Lewis, Julia Somerville, Josh Schellenberg
Athletic Therapist - Janique Philippe
Staff/Office Superheroes - Denise McGregor and Marnie Resch



stonewall
chiropractic
centre

425 Main Street, Stonewall
204 - 467-5523
www.stonewallchiropracticcentre.com

Thank you for making our year so
JOYFUL

WISHING YOU ALL THE BEST IN 2020.

where relationships
matter most.



sunova
CREDIT UNION



> CHRISTMAS CHEER, FROM PG. 2

"My mom thought it was a nice idea and we thought it was a good idea, so we started doing it," said Jackson, a Grade 4 student at Balmoral School.

"The patients were very happy that we came and visited with them at Halloween. We visited for about five minutes each. It's a very nice thing to do."

Meanwhile, seven-year-old Maxwell was looking forward to handing out the snowmen to the patients.

"I like doing the craft and handing them out," said Maxwell, a Grade 2 student at Balmoral School.

"I'm excited. I cannot imagine how happy they'll be to get them."

The boys' cousins are equally enthusiastic about the experience.

"The best part is when you actually do it and you give it to the people," said five-year-old Jorja, a kindergarten student at Ecole RW Bobby Bend School.

Her 10-year-old sister Bailey agrees.

"We're making snowmen but we're giving them personalities like skiers or hockey players, stuff like that. We're going to go to each room and give them a different snowman," said Bailey, a Grade 5 student at Ecole Stonewall Centennial School.

"On Halloween, we made pumpkins and did the same thing. They really liked it. It made me feel generous and helpful. When we go in there, it makes all the people smile, and that makes



Cristy Wallace with Maxwell, Jorja, Bailey and Jackson

me feel happy."

Patient Carole Gillespie was certainly all smiles when she received a Thanksgiving visit from the kids.

"They drew pictures and they put their heart and soul into it. It was so moving because it really gave you a feeling of what Thanksgiving was all about," she said.

"There were three people in the ward that I was in and they each handed them a sheet that they drew a picture on. I just thought it was so beautiful. It was a beautiful gesture."

Gillespie also extends her gratitude to Wallace and her sister Stacey Gurvin for putting in the effort with their children.



Christmas songs filled the halls at the Stonewall Hospital while Keystone Colony ladies spread holiday cheer to patients, families and staff.

"I really admire the mothers. One of them was on duty as a nurse for some of the time that I was in there. This is something they have taken the time with the kids to do," she said.

"I just thought it was so moving. For young kids, this is what they're needing right now with all the things that are going on in the world. And you have to admire the mothers that they

have taken the time with the kids to do this too. My family happened to be in visiting at the time, so they were really quite taken with it also."

Volunteer visitors are always in demand at the hospital. For more information about getting involved, contact clinical team manager Patrice Lee at plee@ierha.ca.

With Bright Wishes for the Holidays



Dr. Dennis Carrington, Dr. Matthew Rykiss and staff would like to wish everyone a very Merry Christmas and a Happy New Year filled with lots of bright smiles and laughter.

We look forward to seeing you in 2020 and always welcome new patients and emergencies to our center.

CARRINGTON
DENTAL Center

204-467-2746

Email: info@carringtondentalcenter.ca
www.carringtondentalcenter.ca

THANKS

for putting the happy
in our holiday!



As we get ready to
wrap up another year,
we give thanks for all of the
wonderful folks who have made
2019 so much fun for us.

Holiday Hours

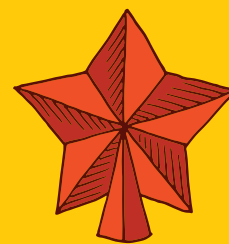
Dec 24: 8:00am ~ 4:00pm

Dec 25 & 26, Jan 1 - Closed

* Every Sunday - 9am - 1:00pm
(Breakfast only)

Sig's Grill

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Bright Tidings

We're sending our best and brightest
wishes to you this Christmas!
Thanks for lighting up our
year with your visits.

RITZ
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286 Main St.
Stonewall
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*Season's
Greetings!*

Deck the halls...
Trim it with cheer...
We're celebrating another year...
Another season, a new
chance to say,

"Have a happy holiday!"



Council & Staff
RM of Rosser

**Warmest wishes to our
many best friends at this
joyous time of year!**

Quarry PETS
Supplies & More

317 Main St., Stonewall 204-467-5924



Another successful We-Care Walk for the homeless

Happy Holidays

Hope this Christmas treats you right!
The sweetest thing we know is the friendship of good folks like you, and we thank you for your kind support.



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Stony Mountain
204-344-5467

Merry Christmas From our Home To Yours

We feel fortunate to have neighbors like you, and are thankful for your continued patronage.

Management & Staff at
Stonewall



486 Main St.
Stonewall

Submitted by Ross Thompson

Once again, Stonewall Anglican Church of the Ascension, with partner CJNU 93.7, outdid themselves with the seventh annual We-Care Walk for the homeless.

Thanks to donations of cash, items and time, this year's effort produced 100 bags to hand out on Main Street in Winnipeg, near the Thunderbird House. Mitts, gloves, scarves, toques, juice, hygiene items, energy bars, candy, blankets and more filled the bags.

It has been estimated that the retail value of each bag's contents exceeded \$40.

It was most inspiring and fulfilling to witness the many donations in time and items from the church, Stonewall community volunteers, CJNU, Stonewall Bargain Store, Stonewall Pharmacy, the Association of Manitoba Municipalities, Avenue Dental in Winnipeg and Stonewall Youth for Christ volunteers.

"Too bad we were done in an hour again this year, so much need out there," said Ross Thompson, one of the organizers.

"The community really rallied around this important outreach. We constantly had items dropped off on our doorstep and at Something Beautiful."

Ross and Tom Dercola, president of CJNU, started being "mobbed" at the



TRIBUNE PHOTOS SUBMITTED

Volunteers of the We-Care Walk handed out 100 bags to Winnipeg's homeless last week.

vehicle at 9:45a.m., even though it was supposed to commence at 10 a.m.

"Tom and I were so busy that we delegated the Stonewall Youth for Christ manager Paul Emmer and family plus another pastor to drive towards the Siloam Mission with care bags," added Thompson.

"They enhanced our outreach in a different way by taking it to more

streets."

Quotes from recipients said what it is all about:

"Are You a Christian from a church? Yes? Would you ask them to pray for me?"

"You are special people doing awesome things for good people!"

"Mitts, there are MITTS? I NEED mitts."

YOU

Make Christmas Bright

The holidays are so much happier with folks like you!
Thanks for bringing so much joy to our year with your visits.
We greatly appreciate your business and your friendship.

Merry Christmas!

.....

EPR Stonewall

2-278 Main Street | Stonewall | 204-467-5566



Rejoice...

It's Christmas!

Cheers to you, our friends and neighbors, and best wishes for a season that's as wonderful as you are!



**Council & Staff
RM of Woodlands**



Stony Mountain students travel to the North Pole



TRIBUNE PHOTOS BY SANDI SWANSON

Stony Mountain Elementary students, from Kindergarten to Grade 8, entertained family and friends with this year's North Pole Exposure musical. Grade 5 students acted out the play while the Grade 5-8 band provided the music.





Oracheski Financial
Linda Oracheski
204-467-8490

ring in
THE JOY!



It's been a joy for us to serve people like you.
Happy Holidays!



Christmas Greetings 2019



Students pass on cheer

Decorating the Geometree



TRIBUNE PHOTO BY JO-ANNE PROCTER

Another successful 'Passing on the Cheer' volleyball tournament took place last Friday at Stonewall Collegiate. Players and fans of 27 teams registered raised \$2,300 enabling the leadership group to purchase gifts to be donated to the Stonewall & District Cheer Board. As well, several boxes of non-perishable food items were donated at the tournament. Pictured left to right, Liam Proven, Aidan Mulvihill and Hunter Olson delivered the goods last Monday.



TRIBUNE PHOTO BY CHRIS GAMBLE

Warren Elementary Kindergarten to Grade 8 students incorporated numeracy into their Christmas decorating. Students were encouraged to make and hang ornaments on their 'geometree' tree with a mathematical theme which ties into the school's plan to focus for the year throughout December.

A Christmas Wish For You

*We're hoping that your season brings
 Lots of glad tidings and beautiful things;
 The warmth of family,
 The blessing of friends.
 Plus peace and joy
 That never ends.
 May all your hopes and dreams come true,
 That's our Christmas wish for you!*

Reeve, Councillors and Staff
R.M. of Rockwood

Here Comes Santa Claus!



Another Christmas is rolling in, and we hope it delivers everything on your wish list!

Thanks for being an important part of our year. Your friendship and support have made 2019 a great ride for us, and we wish you all the best this holiday season and in the coming year.

Merry Christmas to You and Yours!



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 Stonewall



PEACE. JOY. THANKS!

YOUR FRIENDSHIP AND SUPPORT MAKE IT ALL WORTHWHILE!
 BEST WISHES FOR A VERY MERRY SEASON FROM ALL OF US.

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 Bill, Norma, Tracy and Bailly
 General Insurance • Autopac
 Grosse Isle 467-2672



Teulon's Community Christmas card supports local food bank

By Evan Matthews

A Teulon tradition can be found standing on 3rd Ave SE, next to the Canada Post building, but its rippling effect throughout the community is far less visible.

Amy Dellebuur, a Teulon and District Food Bank and Services board member, said the town's "larger than life" community Christmas card has been a fundraising effort for a variety of organizations for the last 49 years.

"It started in Teulon with the Kinettes in 1970... We had taken a trip to Steinbach and saw they had a community Christmas card," said Dellebuur.

"We phoned about it, and they told us all about it and what it was. The Kinettes ran the annual fundraiser for about 15 years before the club folded, and then the hospital auxiliary took it over," she said.

The food bank has been running the fundraiser now since 2011, according to Dellebuur.

"People don't have to send Christmas cards if they don't want to," said Dellebuur.

"They can donate, put their name on the Christmas card, and it's shared with the entire community," she said.

The food bank puts out donation boxes (and envelopes) at the beginning of November. Donations are accepted at TGP Bigway Foods, Sunova Credit Union and the post office, as envelopes are located on-site and town residents can put as much or as little monetary donation as they'd like.

Typically, the food bank raises roughly \$1,000 every holiday season.

"We buy food for the food bank with the money we raise," she said.

Cash donations over \$20 are eligible for a tax receipt, according to Dellebuur, and the community Christmas card fundraiser runs to Dec. 23.

Every two weeks, the Teulon and District Food Bank serves upwards of 25 families, according to Dellebuur, which is quite a lot in the context of 1,095 people living in town.

The food bank is open on the second and fourth Thursdays of each month, minus December. The Teulon and District Christmas Cheer Board — which is a separate entity — hosts a food bank of its own in December, and allows the non-profit food bank to take a breather for December.

The food bank gets back to business as usual in the New Year.

"It's not just families, though. There are older people who don't have any-



TRIBUNE PHOTO BY EVAN MATTHEWS

Teulon and District Food Bank's Amy Dellebuur stands proudly beside the Teulon community Christmas Card, an initiative she's helped execute since 1970.

thing or anyone, and it helps," said Dellebuur.

"It's single mothers, single fathers, the food bank helps people out," she said.

The Teulon and District Food Bank is

located in the back of the Seniors' Resource Centre, at 54 Main Street.

Greetings of the Season

...And many thanks to our customers for your generous support all year long.

From Michael, Julie, James, & Staff

INTERLAKE STONEWALL 467-9344

INTERLAKE SALVAGE & RECYCLING INC.

We will be closed Dec. 24th at noon & re-open Jan. 2nd, 2020

WISHING YOU A WHITE CHRISTMAS

With wishes warm and bright to all of our friends this holiday season. We appreciate your trust in us and look forward to seeing you again, soon.

Quarry Stonewall Dental Centre
Dr. Stacey Benzick
Dr. Carolyn Robertson
Dr. Simi Singh

Delivering Our Best

At this special time of year, we'd like to express our gratitude to our many good neighbours, along with our sincere best wishes for a very merry and bright holiday season to all.

George, Barb, Tim & Christie Warren-Stonewall Freight

Merry Christmas

Wishing our valued customers a very Merry Christmas, good health and much happiness in 2020!

We will close Dec 24 at 1:00 p.m. and re-open Jan 2nd, 2020.

We look forward to seeing you in the New Year for your automotive repair and maintenance needs.

Shawn, Martha & Erin Corbin

SOUTHSIDE SERVICE
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Sharing the Christmas spirit



TRIBUNE PHOTO BY BRENDA BAWDON

TCI's Helping Hands Committee went Christmas carolling to Goodwin Lodge Personal Care Home, Cedar Lodge, Gateway Manor, and to the Hunter Memorial Hospital on Dec. 9. They sang a selection of Christmas carols with a lot of the residents joining along in song.

Merry Christmas

Our best wishes for a Merry Christmas. Thank you for being such an important part of our year.

Ryan Ritchie & Trevor Perron

Ritchie & Perron
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HEATING LTD.

MERRY CHRISTMAS
and
HAPPY NEW YEAR

May your holiday season
be filled with every little thing
that brings you joy.

Thank you for coming
around this year.

We look forward to continuing
to serve you in 2019.

**Something
Beautiful**

Support for Life
in the Community

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Santa Claus visits Grosse Isle



TRIBUNE PHOTOS BY MONICA BALDWIN

Santa Claus had his hands full when he was in Grosse Isle for the annual Breakfast with Santa hosted by the Grosse Isle Woman's Institute on Dec. 7. The community hall was filled with excited children while the WI ladies served up 180 breakfasts, which was the most ever. Pictured clockwise from top left: Ava Peniuk-Tesarski goes over her list with Santa; Avery Winkler enjoys her visit with Santa while her sister Baylee tries to escape; Brooks Harris explains to Santa what he would like for Christmas; Grosse Isle WI ladies served breakfast, Marg Knutson, Sonia Chaves, Kayla Mason, Norma Ridgeway, Dorothy Braun, Donna Ridgeway and Gisele Nolting and Lincoln and Mac Beachell really aren't sure about the man in red.

Presenting Our Best Wishes at Christmastime



As we celebrate this holiday season, we also celebrate the friends, neighbors and customers who have shown us so much kindness and support all year. We feel very fortunate to be a part of this vibrant and caring community, and we have folks like you to thank for making us feel at home here.

May the holiday and coming year deliver as much joy to you and yours as we have received from all of you. We hope the season finds you surrounded by the gifts of love, friendship, peace, contentment, laughter, good fortune and goodwill.

**Thanks & Best Wishes from your
Warren, Woodlands, Grosse Isle & Marquette merchants.**



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Christmas Greetings 2019

Cantata shares Christmas message, A Baby Changes Everything



This year's annual Christmas musical, entitled 'A Baby Changes Everything', offered a festive start to the holidays with a nice mix of contemporary pieces with a few familiar carols. The actors, choir and band members spent many hours in song or perfecting lines, arranging costumes, building sets and practising the music. 'A Baby Changes Everything' is the tale of people who live in Bethlehem and are surprised at having a baby. Some of them are expecting the baby while some don't believe. The story was set in first-century Bethlehem, and showed the possibility that there are numerous parallels between that small, sleepy village on the first Christmas Eve and our world today. And how the birth of a child can change people. The choir and cast performed three shows this past weekend at the Stonewall United Church.

TRIBUNE PHOTOS SUBMITTED BY MARILYN DEBREUIL




Our WARMEST wishes for a holiday that's filled with peace, joy, friendship and goodwill.

Thank you for your support in 2019.

COMMERCIAL COMFORT INC.
Residential & Commercial
461-HEAT (4328)
Jeff, Scott & Bob



Here We Grow Again: Merry Christmas!

We hope it's filled with love, laughter, faith, friendship, health and happiness. We'd like to thank the Town of Stonewall and surrounding areas for welcoming us into the community and we are very much looking forward for 2020.

BIG BLOCK AUTO & FARM SUPPLY LTD.

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Stonewall
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JOY to the WORLD

May the spirit of the season fill your heart with enough joy to carry you through the year. From our family to yours, we wish you a very merry Christmas and a blessed New Year.



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Santa Claus stops in at Warren for breakfast



TRIBUNE PHOTOS BY TORIN HOFFMAN

The festive spirit came alive in Warren Dec. 7 when Santa Claus stopped by for breakfast and an anonymous donor purchased all the childrens' meals. Santa's elves helped serve pancakes and sausages and make Christmas keepsake crafts at the annual event put on by the West Interlake Trading Co. Left photo, volunteer elves serve breakfast to their guests. Middle photo, six-year-old Jase Sawatzky takes a little tug on Santa's beard and elf Haylee Kimball has a chuckle. Right photo, Maisie Westwater and her little brother Wil have their photo taken with Santa and his elf Haylee Kimball.

Cheer Board collection

TRIBUNE PHOTO SUBMITTED

Last Saturday Brayden Holod, left, and Lachlan McLean collected donations at all of the drop off locations in Stonewall for the Stonewall & District Christmas Cheer Board.



**JOY, PEACE,
LOVE, HOPE,
HARMONY**

With a round of best wishes to you and yours this holiday season. We appreciate your loyal patronage.

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CANADIAN
LEGION**
Branch # 52
Stonewall, MB

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**Celebrating
25 Years
of Holidays
in the
Interlake**

As we wrap up another year, we think about how lucky we are to know good folks like you. Thanks for making us feel so at home here. We sincerely appreciate your patronage and support.

Merry Christmas and Happy New Year from our entire team!

**QUARRY
PHYSIOTHERAPY**
AN *inMotion* CLINIC

Stonewall • 204-467-9101

happy new year

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**JOY
PEACE
LOVE
HOPE
HARMONY**
With a round of best wishes to you and yours this holiday season. We appreciate your loyal patronage.

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VIC'S AUTO LOAN
From the Management & Staff Teulon, Manitoba



MERRY CHRISTMAS! AND A HAPPY NEW YEAR

We thank you for shopping locally and supporting our businesses.

From the Teulon & Inwood Area Merchants.



Wishing you and your family an old-fashioned Christmas filled with lots of friends, festivity and fun.

The Council & Staff of


Town of Teulon
a great place to come home to
www.teulon.ca



HELLO & HAPPY HOLIDAYS

We're grateful to be home for the holidays with good friends and customers like you! Thanks for making our year so special.

We hope your Christmas is the cat's meow!

 **INTEGRITY AUTO INC.**
Our Name Says it All!
"Fix it right, the first time, and on time!"
Teulon, MB 886-2365 

WISHES MERRY & BRIGHT

Glad tidings to you and your kin this holiday season with gratitude from all of us.



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**Christmas is a time to celebrate
 the people we most appreciate,
 including our friends and customers.**

**Thank you for brightening
 our days with your visits.**

**We hope the season and
 the coming year deliver
 all of the wonderful things
 you deserve and more.**




**Hats
 Off
 to You!**
 We appreciate
 your business
 at the holidays
 and all year.
**Merry
 Christmas!**


**24 HOUR
 SERVICE**
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From Our Home to Yours,
**Merry
 Christmas!**
*Wishing you a season filled
 with every little happiness.
 Thank you for being such
 great customers and friends!*



RONA
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 Teulon 204.886.3111
 Gimli 204.642.9688


Celebrating the Reason for the Season
 As we celebrate the miracle of
 His birth, May you experience joy,
 peace, and hope this
 Christmas season.
 Thank you for your hard work
 and support. We are filled with
 gratitude for communities like you.

*"Wishing you peace and joy.
 Merry Christmas from Vidir Solutions"*

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 204.364.2442 storevertical.com



Interlake students collecting for local families for Christmas



TRIBUNE PHOTO BY MARK LAWSON

Rosser students collected non-perishable food items for the Stonewall & District Cheer Board last week. They were proud to make their donation to the worthy cause.



TRIBUNE PHOTO BY CHRIS GAMBLE

Warren Elementary students collected 1090 non-perishable food items that will be donated to the Stonewall & District Cheer Board. Mr. McMurtry's Grade 6 class collected 291 items which earned them a pizza party. Ms. Lowry's Grade 4 class was also awarded a pizza party for collecting 273 items.



WCI student making a difference

TRIBUNE PHOTO BY JO-ANNE PROCTER

This past summer WCI student Lane Bond started a collection he dubbed 'Back Pack Give Back'. Bond delivered 153 back packs and purses filled with useful items to Siloam Mission in Winnipeg on Dec. 17. The back packs were filled with generous donations that were dropped off at Family Foods in Stonewall, Warren Tire and Rubber Ducky Resort and Campground. Warren Elementary helped with donations of toiletries and Woodlands Elementary donated bags to pack items in.

Ho-Ho-Hope It's Happy!

There's no better time than Christmas to tell you just how much your business means to us throughout the whole year.
Thank you for your support.

All the best wishes for a Happy Holiday Season.

Riley Patterson
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*Calm. Bright.
Peaceful. Beautiful.*

May your holiday season be all this and more.

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WELCOME THE SEASON!

THERE'S NO TIME LIKE CHRISTMAS TO LET YOU KNOW HOW MUCH WE VALUE YOUR BUSINESS AND SUPPORT.

HAPPY HOLIDAYS!

Brake Family
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The Wonderful World of Rudolpha

The North Pole Christmas Extravaganza

Written by Johannie Dufour and Sarah Beauregard
Translated by Cyan Caruso-Comas

There's excitement in the air at the North Pole Auditorium tonight. The annual Christmas Extravaganza is about to start. Sitting in the front row, Santa and Mrs. Claus are excited to watch the show. The lights in the theatre start to flash, indicating that the audience should take their seats. Wearing an emerald green tuxedo, Taiga the elf takes the stage as tonight's host.

"Ladies and gentlemen, welcome to the 675th North Pole Christmas Extravaganza! Are you ready to be entertained?" The audience cheers and claps.

For nearly two hours, the master of ceremonies presents music, dance, comedy and circus acts. And while each is wonderful in its own right, the last three are truly special.

First, Rudolph and his sister Rudolpha the reindeer, teacher at the North Pole Animal Daycare, captivate the audience with a performance of a beautiful song they wrote about Christmases from times past. Their lovely harmonies are paired with touching lyrics that

bring tears to the eyes of everyone in the audience.

Next, the Star Fairy, an electric guitar virtuoso, plays an instrumental piece backed by the children from the daycare. While the fairy plays, the kids accompany her with maracas, bells, triangles and drums. Everyone in the room dances to their music, and the Star Fairy's final solo stuns them all.

For the final act, Jack the elf-of-all-trades and his partner Nougat the chef perform an amazing dance number. Mixing ballet, jazz, salsa, hip hop and tango, the dancers perform a number they'd practised in their living room for months. The audience shows their appreciation with a loud and long standing ovation.

As is tradition, at the end of the show, Santa and Mrs. Claus take the stage to congratulate the performers and to say a few words to the audience.

"Ho, ho, ho! Once again, you've amazed and entertained us," starts Santa, "and my lovely wife has an announcement she'd like to make."

Mrs. Claus smiles as the audience claps for her. "The North Pole is so full of talented individuals that

we've decided it's time to open a performing arts school. It'll open in the spring."

Hundreds of elves and animals clap and cheer. What a perfect way to end an amazing show.





Best wishes for a safe, wonderful
Holiday Season and a New Year
filled with peace and happiness!

THE MAYOR, COUNCIL & STAFF OF THE TOWN OF STONEWALL

*Best wishes for the holidays,
and for health and happiness
throughout the coming year*

From the Interlake School Division




JAMES BEZAN MP

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Teulon Elementary students spreading goodwill



TRIBUNE PHOTOS BY SARAH HADFIELD

Teulon Elementary students were in the festive mood this month collecting items for those in need, singing carols at local senior's residences and spreading good deeds as part of their 12 Days of Christmas. Left photo, Cooper Stefanuk-Cameron and Kingston Lowe collected pet supplies and food for a Winnipeg Pet Rescue Shelter and the school community overflowed a shopping cart with donations for the Teulon Cheer Board.

GREETINGS



of the Season

With a song in our hearts, we thank you for a wonderful year and wish you a blessed holiday. May the season deliver all the joys, large and small, that make life so special.

Customers like you bring us joy all year, and we truly appreciate your friendship and support. Merry Christmas and best wishes from our entire team!

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We're just peeking in to say,
Hope you have a great holiday.
May it be happy, healthy and bright,
Making each day a sheer delight.
We're sharing words of gratitude too,
For we wouldn't be here without all of you!

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HAPPY

**Customers like you give us
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Thanks so much for dropping in on us this year. With gratitude in our hearts, we wish you and yours a wonderful holiday season.

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HOLIDAYS

The Wonderful World of Rudolpha

The nutcracker clash

Written by Johannie Dufour and Sarah Beauregard
Translated by Cyan Caruso-Comas

The students at the North Pole Animal Daycare are bouncing off the walls this morning. Bianca the rabbit jumps on Snowflake the polar bear. Frost the snowy owl draws on the wall. And Mistral the penguin and Storm the fox are fighting over a new elf doll, each one holding an arm and pulling it until it looks like it's going to rip in half.

Their teacher, Rudolpha the reindeer, sees the kids fighting and frowns. She tries to think of a way to calm everyone down and restore peace to the daycare. She has an idea.

"When I was a calf," she says, raising her voice so it can be heard above the din, "I got into a fight with my brother Rudolph over a toy. Do you want to hear the story?"

Like magic, the room becomes quiet, and the teacher starts her story.

"One day when Rudolph and I were young and hadn't yet grown our antlers, Mrs. Claus came over to our house carrying a big bag of hazelnuts.

"I'm making hazelnut-chocolate spread for the elves," she told us, "and I'm looking for volunteers to crack these nuts. Would you two like to help?"

"Yes! You can count on us, Mrs. Claus." We

were thrilled that Mrs. Claus had asked us instead of the other calves. She thanked us and went outside, leaving behind the hazelnuts and something else. Something special.

"You see, we reindeer traditionally open nuts with our hooves, but that day, Mrs. Claus had brought us a surprise. It was a nutcracker shaped like a soldier. I thought it was the most beautiful thing I'd ever seen.

"Rudolph, you can use your hooves. I'll use the nutcracker to make Mrs. Claus happy," I said, trying to look innocent.

"No way!" he replied. "I'm going to use the nutcracker. It's a tool, and tools are for boys."

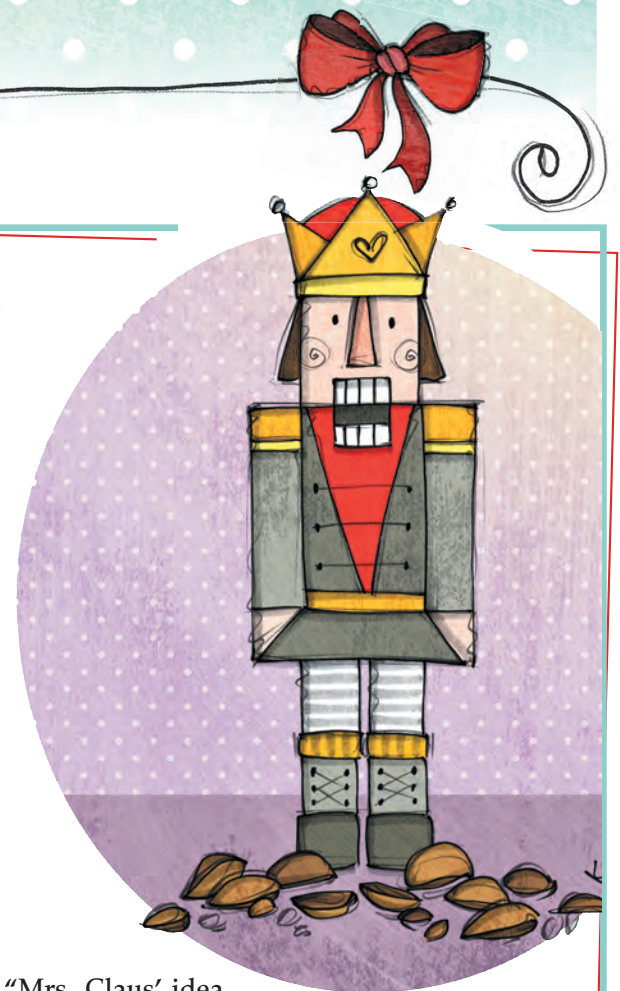
"That's not true! Besides, I should get to use it because I'm the oldest."

"No you're not! Besides, I'm bigger than you."

"Just as things were about to come to blows, there was a knock on our door. It was Mrs. Claus. She'd heard us arguing through the window. Smiling, she pulled a coin and an hourglass from her apron pocket.

"I have an idea, children. You can take turns using the nutcracker. This hourglass will keep track of who should use it and for how long. We can toss this coin to decide who goes first. Does that sound fair?"

"Yes, Mrs. Claus!"



"Mrs. Claus' idea worked, and we cracked all the hazelnuts without fighting. And to reward us for our hard work, we got our own jar of hazelnut-chocolate spread."

As her story concludes, Rudolpha gathers a coin, an hourglass and the elf doll Storm and Mistral had been fighting over. Thanks to her childhood memory, the children stopped fighting and both get a turn with the toy.

*A Holly,
Jolly
Holiday
Hello*

From our family to yours, best wishes for a merry Christmas and a happy New Year!

*Many thanks for
your patronage.*

Laura Woodman
Investment Advisor
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laura.woodman@iagto.ca
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*Warmest Best Wishes
of the season and peace, good
health and happiness
throughout the New Year.*



Ralph & Gail Eichler

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Stonewall, MB, R0C 2Z0
Ph. 204-467-9482

*There's No Place
Like Home for
the Holidays*

Thank you for making us feel so welcome here. We can't think of anywhere else we'd rather be at Christmastime and all year.

*Merry Christmas,
Everyone!*

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Teulon Elementary Kindergarten - Ms. Powroznik's class

Dear Santa,
How are you today? My name is Katy and I am 5 years old. My favourite game is Minecraft. My favourite cookie is chocolate chip. My best friend's name is Skylar. I love winter because it snows. Can you please bring me Minecraft toys? See you soon, Santa!

Love: Katy B.

Dear Santa,
How are you today? My name is Hunter and I am 5 years old. My favourite game is Halo. My favourite cookie is chocolate. My best friend's name is Ethan. I love winter because Santa comes. Can you please bring me a Nerf gun? See you soon, Santa!

Love: Hunter B.

Dear Santa,
How are you today? My name is Lukas and I am 5 years old. My favourite game is Magic Rock. My favourite cookie is chocolate. My best friend's name is Parker. I love winter because it snows. Can you please bring me a monster truck? See you soon, Santa!

Love: Lukas B.

Dear Santa,
How are you today? My name is Jocelyn and I am 5 years old. My favourite game is Magic Rock. My favourite cookie is chocolate chip. My best friend's name is T-yana. I love winter because it snows. Can you please bring me a Cry Baby? See you soon,

Santa!

Love: Jocelyn C.

Dear Santa,
How are you today? My name is Hannah and I am 4 years old. My favourite game is The Fishing Game. My favourite cookie is Christmas cookies. My best friend's name is Claire. I love winter because of snow angels. Can you please bring me a Princess Cinderella doll? See you soon, Santa!

Love: Hannah D.

Dear Santa,
How are you today? My name is Bailey and I am 5 years old. My favourite game is Minecraft. My favourite cookie is gingerbread. My best friend's name is Lily. I love winter because of snowmen. Can you please bring me a teddy bear? See you soon, Santa!

Love: Bailey E.

Dear Santa,
How are you today? My name is T-yana and I am 5 years old. My favourite game is Hide and Seek. My favourite cookie is gingerbread. My best friend's name is Fenton. I love winter because of snowmen. Can you please bring me Anna and Elsa stuffies? See you soon, Santa!

Love: T-yana F.

Dear Santa,
How are you today? My name is Billy and I am 5 years old. My favourite game is Bombs Away. My favourite cookie is M and M. My best friend's name is Jayce. I love winter because it snows. Can you please bring me fake TNT? See you soon, Santa!

Love: Billy H.

Dear Santa,

How are you today? My name is Harlan and I am 5

years old. My favourite game is Hungry Hippos. My favourite cookie is gingerbread. My best friend's name is Parker. I love winter because of sledding. Can you please bring me an RC car? See you soon, Santa!

Love: Harlan H.

Dear Santa,
How are you today? My name is Jackson and I am 5 years old. My favourite game is Hide and Seek. My favourite cookie is gingerbread. My best friend's name is Lukas. I love winter because of snowmen. Can you please bring me an RC car? See you soon, Santa!

Love: Jackson H.

Dear Santa,
How are you today? My name is Jonah and I am 5 years old. My favourite game is Lego. My favourite cookie is gingerbread. My best friend's name is Jaxson. I love winter because of snowmobiles. Can you please bring me a remote-control car? See you soon, Santa!

Love: Jonah J.

Dear Santa,
How are you today? My name is Lily and I am 5 years old. My favourite game is The Fishing Game. My favourite cookie is chocolate chip. My best friend's name is Shyla. I love winter because of my birthday. Can you please bring me a unicorn toy? See you soon, Santa!

Love: Lily M.

Dear Santa,
How are you today? My name is Shyla and I am 5 years old. My favourite game is Minecraft. My favourite cookie is gingerbread. My best friend's name is Lily. I love winter because it snows. Can you please bring me a unicorn stuffy? See you soon, Santa!

Love: Shyla S.C.

Dear Santa,

How are you today? My name is Parker and I am 4 years old. My favourite game is Tag. My favourite cookie is chocolate. My best friend's name is Miles. I love winter because of snow. Can you please bring me a toy Power Ranger? See you soon, Santa!

Love: Parker T.

Dear Santa,

How are you today? My name is Jaxson and I am 5 years old. My favourite game is Tag. My favourite cookie is sugar cookies. My best friend's name is Bentley. I love winter because of snowballs. Can you please bring me a Nerf gun? See you soon, Santa!

Love: Jaxson T.

Teulon Elementary - Kindergarten - Mrs. Skinner's class

Dear Santa,

How are you today? My name is Aidan and I am 5 years old. My favourite game is on the Smart Board in our classroom. My favourite cookie is chocolate. My best friend's name is Clayton. I love winter because I like to play outside with our toys. See you soon Santa!

Dear Santa,

How are you today? My name is Austin and I am 5 years old. My favourite game is playing Choo-Choo trains at home. My favourite cookies are the purple and blue icing kind. My best friend's name is Liam. I love winter because I like to play outside. See you soon Santa!

Dear Santa,

How are you today? My name is Malkin and I am 5 years old. My favourite game is Spiderman. My favourite cookie is chocolate chip. My best friend's name is Clayton. I love winter because I like to go down Perogie Hill. See you soon Santa!

Dear Santa,

How are you today? My name is Annabella and I am 5 years old. My favourite game is marbles. My favourite cookie is chocolate chip. My best friends are Lexi and Sadie. I love winter because you can throw snowballs. See you soon Santa!

Christmas Greetings 2019

Dear Santa,
How are you today? My name is Carson and I am 5 years old. My favourite game is Lego. My favourite cookie is chocolate chip. My best friend's name is Morley. I love winter because its fun. See you soon Santa!

Dear Santa,
How are you today? My name is Callia and I am 5 years old. My favourite game is Monopoly. My favourite cookie is chocolate chip. My best friend's name is Addy. I love winter because you get to play outside. See you soon Santa!

Dear Santa,
How are you today? My name is Sadie and I am 5 years old. My favourite game is Snakes and Ladders. My favourite cookie is chocolate. My best friends are Jeremy and Peyton. I love winter because I can make snowmen and snow angels. See you soon Santa!

Dear Santa,
How are you today? My name is Lexi and I am 5 years old. My favourite game is Candy Land. My favourite cookie is chocolate chip. My best friends are Sadie and Bella. I love winter because I can make snowmen. See you soon Santa!

Dear Santa,
How are you today? My name is Kade and I am 5 years old. My favourite game is hockey. My favourite cookie is chocolate chip. My best friend's name is Carson. I love winter because I can make a snowman and a snow hill. See you soon Santa!

Dear Santa,
How are you today? My name is Kwintyn and I am 4 years old. My favourite game is Lego. My favourite cookie is chocolate chip. My best friend's name is Carson. I love winter because I like to play in the snow. See

you soon Santa!

Dear Santa,
How are you today? My name is Adalyn and I am 5 years old. My favourite game is tag. My favourite cookie is chocolate. My best friend's name is Bella. I love winter because it's so beautiful and there are snowflakes. See you soon Santa!

Dear Santa,
How are you today? My name is Ryder and I am 5 years old. My favourite game is Lego. My favourite cookie is chocolate. My best friend's name is Calli. I love winter because I go sliding and sometimes I fall. See you soon Santa!

Dear Santa,
How are you today? My name is Ethan and I am 5 years old. My favourite game is Mario. My favourite cookie is chocolate chip. My best friend's



name is Everett. I love winter because I like to make snowmen. See you soon Santa!

Dear Santa,
How are you today? My name is Matheson and I am 5 years old. My favourite game is a video game. My favourite cookie is chocolate chip. My best friend's name is Riley. I love winter because I like to play with ice outside. See you soon Santa!

Sunova donates to Cheer Board



TRIBUNE PHOTO BY JO-ANNE PROCTER

Sunova's Leonard McKnight presented a cheque for \$1,000 to Nancy Hoff with the Stonewall & District Cheer Board. The cash donation was taken from the Stonewall branch's QuickChange machine fees. Non-perishable food items and toys were donations dropped off by the community.

Sing Out in Rejoicing

"The friendship of those we serve is the basis of our success"

Thank you for your patronage during 2019. We wish all the best to you and your families during this holiday season and in the new year.



Merry Christmas from
Management & Staff at

**STONEWALL
PHARMACY
Westside Plaza**

**HALLMARK
CARD SHOP
Westside Plaza**



Spreading love and joy to local seniors



TRIBUNE PHOTOS SUBMITTED

Santa's local elf, Donna Grieve takes great pride in delivering gifts to seniors and is rewarded with hugs and smiles. Gifts were collected, organized and delivered to approximately 240 seniors in the Stonewall, Balmoral and Teulon area by Grieve and her army of volunteers. Left photo, Grieve presents a gift to a senior in Teulon. Middle photo, Lisa Carter, Grieve and Charlotte Rosen delivered gifts to Gateway Manor, Goodwin Lodge and Teulon Hospital last Monday. Right photo, Seniors at Sprucewood Place in Balmoral were very excited to receive gifts on Dec. 3.



**Wishing you a
wonderful
holiday season.**

*From your friends at
Equi-Tech Veterinary*



Thanks
for your
support
in 2019!

Wishing you all
that is precious

Hope this season finds you surrounded
by family, friends, health & happiness.

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Tyerman**

*Happy Holidays
and a Wonderful
New Year!*

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Ed Teplyski

*Would like to wish
all of his customers
& friends the very
best of the season.
See you in 2020!*

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From our family to yours,
best wishes for a Merry Christmas
& A Happy New Year!

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Woodlands students were 'Home for the Holidays'



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Christmas came early to Woodlands on Dec. 11 as students held their annual festive concert. Older students shared traditions from other countries while younger students, sang, danced and played instruments in their "Home for the Holidays" themed performance. Clockwise from top left, Natalia Sagad singing 'Wonderful Christmas'. Left to right, Kindergarten students Myers Heuging, Caleb Koss, Elie Tully and Travis Boehm perform a ribbon dance from the Nutcracker. Grade 5 and 6 students sing 'That's Christmas to Me'. Grade 4 students Ayson Therrien, Madison Chambers, Sedra Gratton, Mya Good, Olivia Polakoff and Sonny Poitras play the bells. Grade 5 students Clayton Langrell and Lexi Poitras dance to 'Sleigh Ride'. Grade 2 students Alysse Prystupa and Alexis Medeiros play the xylophone. Kindergarten students Julia Hooper, Emmett Norberg, Kailyn Baldwin-Ducharme and Owen Chambers sing 'He'll be coming around the Chimney'.

**Let It Snow
Let It Snow
Let It Snow**

From the twinkling lights and drifts of snow to the warmth and goodwill that surround us, there's so much we love about Christmastime and customers like you. Thank you for making our season and our year so enjoyable with your visits. We can't think of a more wonderful place to call home, and we look forward to serving you again soon.

Merry Christmas and best wishes to you and yours!

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MERRY CHRISTMAS

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Would like to thank everyone for being a part of our family.

Merry Christmas and Best Wishes in 2020!

MERRY CHRISTMAS

MERRY CHRISTMAS

All the best for the holiday season & wishing you a great 2020.
- Clayton, Aileen, family & staff

Quarry View

Hwy 67, Stonewall
204-467-9454

Holiday recipes for your yuletide spreads

Coconut-cranberry blondies

Looking for an alternative to brownies? These festive blondies are the perfect substitute.

INGREDIENTS

Blondie

- 1 cup all-purpose flour
- 3/4 cup sweetened, shredded coconut
- 3/4 cup dried cranberries
- 1/2 teaspoon baking powder
- 1/4 teaspoon salt
- 1 cup white chocolate chips
- 1/3 cup butter
- 1 egg
- 1/2 cup brown sugar
- 1 teaspoon vanilla extract

Sauce

- 1 cup white chocolate chips
- 1 or 2 tablespoons milk

DIRECTIONS

1. Preheat the oven to 350 °F (175 °C).
2. Cover the bottom of an 8-inch square baking dish with parchment paper, letting the edges hang over the side.
3. In a bowl, combine the flour, coconut, cranberries, baking powder and salt.
4. In another bowl (this one should be microwave safe) place the white chocolate chips and butter and melt them in the microwave for about 30



Start to finish:
3 hours (25 minutes active)
Servings: 12

- seconds.
5. In the bowl of an electric mixer, beat the egg, brown sugar and vanilla on medium speed until the mixture has doubled in volume (about 3 minutes).
6. Add the white chocolate and butter mixture to the egg mixture and mix on slow speed. Slowly incorporate the dry ingredients until just combined.
7. Pour the batter into the baking dish and bake for 30 minutes or until a toothpick inserted in the middle comes out dry.
8. Let cool for about two hours.
9. To make the sauce, melt the white chocolate chips in the microwave (about 30 seconds) with 1 tablespoon of milk. If it's too thick, add another tablespoon of milk once the chocolate is melted.
10. Cut the blondies into squares or rectangles and serve with the sauce.

Cranberry, mascarpone and white chocolate verrines

This dessert is equal parts sweet and tart, making it a perfect way to end a hearty holiday meal.

INGREDIENTS

Ganache

- 1-1/2 cups whipping cream, divided
- 1 vanilla bean or 3 teaspoons vanilla extract
- 200 grams white chocolate, melted
- 250 grams mascarpone cheese

Cranberry gelatin

- 350 grams frozen cranberries, divided
- 1 cup white sugar
- 1 cup cranberry juice
- 1 package cherry gelatin powder
- 1 cup cold water

DIRECTIONS

1. In a small pot, heat 1/2 cup of the cream with the vanilla. Pour 1/3 of the heated mixture over the melted chocolate, mixing well with a spatula. Repeat twice more until combined completely.
2. Add the rest of the cold cream to the mixture, stir to combine thoroughly. Place a piece of plastic wrap directly on top and refrigerate overnight.
3. The next morning, lightly beat the mascarpone using an electric mixer. Add the cream mixture very slowly, beating constantly until it's firm. Refrigerate.
4. In a large pot, heat 300 grams of the cranberries. Add the sugar and cranberry juice, stirring well and taking care not to crush the fruit. Add the



Start to finish:
25 minutes
(not including cooling time)
Servings: 10

- gelatin powder and stir until it's completely dissolved. Add the cold water and mix well.
5. Pour equal amounts of the gelatin mixture into 10 small glasses and refrigerate for at least 6 hours.
6. Take the gelatin out of the refrigerator and carefully top with the ganache. Garnish with the remaining cranberries and serve with a small Christmas cookie or shortbread.

Here's how to use whole vanilla bean. First, split the pod by slicing it vertically with a paring knife. Then, scrape the seeds out with a spoon or the dull side of the knife. For best results, use the seeds immediately. Also, remember that one full pod equals about three teaspoons of vanilla extract.

Beef Wellington with port sauce

Are you hosting an intimate dinner with family or friends over the holidays? If so, this classic recipe may well be the perfect main course.

Start to finish:
2.5 hours (50 minutes active)
Servings: 6

INGREDIENTS

Beef

- 1.25 kilograms beef tenderloin (filet mignon)
- 2 tablespoons butter
- 1 tablespoon olive oil
- 2 tablespoons Dijon mustard
- Salt and pepper to taste

Mushroom duxelles

- 4 tablespoons butter
- 3 French shallots, finely chopped
- 700 grams button mushrooms, finely chopped
- 2 garlic cloves, finely chopped
- 2 tablespoons fresh thyme, finely chopped
- 2/3 cup dry, white wine
- Salt and pepper to taste

Assembly

- 8 slices prosciutto
- Prepared mushroom duxelles
- 125 grams foie gras, thinly sliced
- Prepared beef tenderloin
- 1/2 cup all-purpose flour
- 1 (464 grams) package puff pastry
- 1 egg yolk, beaten

Port sauce

- 1 tablespoon olive oil
- 1 French shallot, finely chopped
- 3/4 cup port
- 1 cup beef stock
- 1 tablespoon butter
- Salt and pepper

In order for this recipe to be a success, the mushroom duxelles must be very dry. Even a small amount of moisture will impact how the puff pastry cooks and result in a soggy crust.

DIRECTIONS

Beef

1. Season the tenderloin with salt and pepper.
2. In a pan, heat the olive oil and butter. Once the pan is very hot, sear the beef for about 2 minutes on each side. Place the meat on a plate and dry using a paper towel.
3. Brush beef with the Dijon mustard and refrigerate.

Mushroom duxelles

1. In the pan you used to sear the beef, melt the butter.
2. Sweat the French shallots in the melted butter. Add the mushrooms and sauté them over high heat for about 5 minutes.
3. Add the garlic and thyme and continue to cook for about 2 minutes.
4. Deglaze the pan with the white wine and continue to cook the mixture until the moisture has completely evaporated from it. Add salt and pepper to taste.

Assembly

1. Cover your work surface with a sheet of plastic wrap. Place the slices of prosciutto on the plastic wrap, overlapping them slightly to make a large square.
2. Using a spatula, spread the mushroom duxelles over the prosciutto, covering it completely.
3. Cover the mushrooms with the slices of foie gras.
4. Take the beef out of the refrigerator and place it in the middle of the square. Using the plastic wrap to help keep the components together, wrap the other ingredients around the beef, making sure it's covered completely. Wrap the plastic tightly around the beef and accompanying ingredients and refrigerate the whole thing for one hour.
5. Preheat the oven to 425 °F (220 °C). Dust the work surface lightly with flour and spread out the puff pastry.
6. Remove the beef from the refrigerator, take off the plastic wrap and place the meat on the pastry.
7. Wrap the pastry around the beef, making sure it's completely covered. It should be spread uniformly and shouldn't overlap, so be sure to cut any extra bits off. Brush the pastry with the egg yolk and trace a design using a knife, making sure not to pierce a hole through the dough.
8. Place the assembled Beef Wellington on a baking sheet and bake for about 30 minutes or until the beef reaches an internal temperature of 132 °F (55 °C).

Port sauce

Start the sauce halfway through the meat's cooking time.

1. In a pot, heat the olive oil and sauté the French shallot. Add the port and simmer for a few minutes.
2. Add the beef stock and simmer until the sauce has reduced about halfway. Add salt and pepper to taste. Strain the sauce using a sieve and rinse the pot.
3. Return the sauce to the rinsed pot and melt the butter in it.

Allow the Beef Wellington to cool for about 15 minutes before slicing. Serve with roasted potatoes and the port sauce. Enjoy!



Holiday recipes

for your yuletide spreads Turkey and three cheese lasagna



Hot spiced cider

This is the perfect hot drink to serve on chilly winter evenings spent at home. Make a batch any time you want to enjoy an intimate gathering with loved ones or a well-deserved treat.

INGREDIENTS

- 2 ounces spiced rum
- 1-1/2 cups flat, hard apple cider
- 2 tablespoons honey
- 2 cinnamon sticks
- 2 pods of whole star anise
- Juice of half a lemon

Start to finish: 10 minutes
Servings: 2

DIRECTIONS

1. In a small saucepan, combine all the ingredients and bring them to a gentle simmer over low heat. Allow to simmer for 2 to 3 minutes.
2. Pour the beverage into two toddy glasses, making sure to put a cinnamon stick and a star anise pod in each cup.

For a non-alcoholic alternative, omit the rum and use non-alcoholic cider.

Wondering what to do with your leftover turkey? This lasagna is a nice departure from endless turkey sandwiches.

INGREDIENTS

- 2 tablespoons olive oil
- 2 onions, diced
- 2 celery stalks, diced
- 2 carrots, diced
- 2 (156 millilitres) cans tomato paste
- 450 grams leftover turkey, finely chopped (you can use ground turkey too)
- 2 (796 millilitres) cans diced tomatoes
- 1 cup beef broth
- 1/2 cup sugar
- 2 bay leaves
- 2 teaspoons dried oregano
- 2 teaspoons dried basil
- 16 lasagna noodles, cooked according to package instructions
- 1 (475 grams) container ricotta
- 1/2 cup parmesan, grated
- 1 egg
- 4 cups mozzarella, grated and divided
- Salt and pepper to taste

Start to finish:
2.5 hours (35 minutes active)
Servings: 10 to 12

DIRECTIONS

1. In a large pot, heat the olive oil and sauté the onions, celery and carrots until soft. Salt and pepper to taste. Add one can of tomato paste and stir. Add the turkey and cook for about 5 minutes, making sure the meat and vegetables are combined. Add the other can of tomato paste, diced tomatoes, beef broth, sugar, bay leaves, oregano and basil. Bring to a boil.
2. Lower the heat and simmer for about an hour or until the sauce has thickened. Remove the bay leaves.
3. In a bowl, combine the ricotta, egg and parmesan. Salt and pepper to taste.
4. Preheat the oven to 375 °F (190 °C). Cover the bottom of a 13-by-9-inch baking sheet with a quarter of the prepared sauce and top with 4 lasagna noodles. Sprinkle one cup of mozzarella over the lasagna noodles. Layer the following ingredients in this order: sauce, 4 lasagna noodles, ricotta mixture, 4 lasagna noodles, sauce, 4 lasagna noodles. Cover with the rest of the sauce and sprinkle on the remaining 3 cups of mozzarella.
5. Cover with aluminum foil and bake for about 30 minutes. Remove the aluminum foil and bake for another 15 minutes or until the cheese on top is golden brown. Let cool for 10 minutes before serving.

Gourmet bruschetta

Warning: this version of bruschetta is piled so high with toppings you may need a fork and knife to eat it

INGREDIENTS

- 1/4 cup olive oil
- 1 garlic clove, minced
- 6 basil leaves, chopped
- 2 (190 grams) packages cherry tomatoes
- 4 slices thick crusty bread
- 1 (226 grams) package pre-sliced mozzarella
- Salt and pepper, to taste
- Whole basil leaves (to use as garnishes)

DIRECTIONS

1. Preheat the oven to 375 °F (190 °C).
2. In a small bowl, combine olive oil, garlic and basil.
3. Place the tomatoes in an oven-safe dish and pour the olive oil mixture on top. Season with salt and pepper. Roast for 10 minutes or until the tomatoes start to brown and crack.
4. Meanwhile, toast the bread. Make sure not to overcook it. It should still be a little soft.
5. Cover each slice with cheese and top with the tomatoes. Drizzle a little more olive oil on top and season with salt and pepper. Serve warm and garnish with a basil leaf.

Start to finish: 25 minutes
Servings: 4



To make the bruschetta easier to eat, you can cut the tomatoes in half before roasting them. This will shorten the cooking time, however, so keep an eye on them.

Mozzarella sticks with tomato dipping sauce



Start to finish: 30 minutes
Servings: 18

Looking for an appetizer to serve at your next holiday party? These mozzarella sticks and tomato dipping sauce are sure to be a hit.

INGREDIENTS

Mozzarella sticks

- 1/4 cup flour
- 3/4 cup Italian breadcrumbs
- 1 egg
- 500 grams mozzarella, cut into sticks about 15 millimetres thick
- 2 tablespoons canola oil

Dipping sauce

- 1 teaspoon olive oil
- 1 clove garlic, finely chopped
- 1 French shallot, finely chopped
- 1 (398 millilitre) can tomato sauce
- 1 tablespoon tomato paste
- 1/2 cup maple syrup
- 1 teaspoon parsley, fresh or dry
- 1 teaspoon basil, fresh or dry
- Salt and pepper to taste

DIRECTIONS

1. Spread the flour on one plate and the bread crumbs on another.
2. In a shallow bowl, beat the egg with a fork.
3. Completely coat each cheese stick in the flour, then the egg and then the breadcrumbs to create a crust. (This step can be repeated a second time for a crunchier result, but you'll have to double the breading ingredients.)
4. Place the mozzarella sticks on a baking sheet and freeze them for about 30 minutes.
5. Meanwhile, in a pot, heat the olive oil over low to medium heat. Add the French shallot and garlic and cook them until they start to turn golden.
6. Add the tomato sauce, tomato paste and maple syrup to the pot and let simmer for about 30 minutes or until the sauce thickens. Add the herbs and simmer for another 5 minutes. Add salt and pepper to taste.
7. In a large pan, heat the canola oil over medium heat. Fry the mozzarella sticks in batches until they're golden on both sides.
8. Serve while still warm with the dipping sauce on the side.

You can also cook the mozzarella sticks in the oven. To do so, heat it to 375 °F (190 °C) and place the cheese sticks on a baking sheet that's been covered with aluminum foil and lightly oiled. Spray a fine mist of olive oil over the breaded cheese and bake for 7 to 10 minutes or until golden brown.



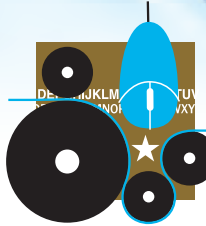


Season's Readings!

As we turn the page to another holiday season, we'd like to take a moment to thank you, our loyal readers, for your trust and support. We hope this Christmas delivers all the good news you've been hoping for and more. Happy Holidays!

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