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Eye spy

TRIBUNE PHOTO BY LANA MEIER

Private detective Burke Johnson and his cousin Charlie Beachell were trying to solve the mystery why the candle in the pumpkin wouldn't stay burning at the Grosse Isle Kids' Halloween party Friday night.

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PUBLISHER
Lana Meier

SALES
Brett Mitchell

REPORTER/PHOTOGRAPHER
Jennifer McFee

SALES
Stephanie Oland Duncan

REPORTER
Ligia Braidotti

SPORTS EDITOR
Brian Bowman

REPORTER/PHOTOGRAPHER
Evan Matthews

DISTRIBUTION
Christy Brown

ADMINISTRATION
Jo-Anne Procter

ADMINISTRATION
Allana Sawatzky

ADMINISTRATION
Corrie Sargent

PRODUCTION
Debbie Strauss

PRODUCTION
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PRINT
Dan Anderson

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Pallister introduces Pederson as the new Ag minister

By Evan Matthews

What an interesting time for a cabinet shuffle.

As local beef and agricultural producers have been pleading for help all summer, so much of their plight has fallen on deaf ears.

Without the rain, the crops can't grow. Without the crops, farmers can't feed their herds.

A massive snowstorm prevents agricultural producers from salvaging what little feed has grown at the end of this year's harvest.

The rising water table leaves the potential for flooding in the spring, largely dependent on how much snow the region receives over winter.

With plummeting costs associated with beef sales, rising costs associated with leasing Crown land, and a government, so far, unwilling to provide financial aid a failing industry, the picture is a bleak one.

Can the government spare a dollar? Farmers, off the record, have suggested that last week the livestock

yard saw its second-largest single sale over the last decade.

Laymen's terms: A lot of farmers are selling a lot of cattle.

Usually, a large portion of colleagues and industry experts selling off assets associated with their industry is not reflective of one that is thriving.

But Agriculture Minister Blaine Pederson provides the opportunity for the Manitoba Progressive Conservatives to make nice with Manitoba farmers.

Pederson replaced Ralph Eichler as the Minister of Agriculture last week, while Eichler is now the Minister of Economic Development and Training.

With a background in agriculture and cultivation, Pederson should view the farming industry through the same lens as other local farmers do.

While Eichler has lived and worked in the region, his business was more on the farming industry's supply side.

Eichler worked effectively as the Minister of Agriculture for a number of years, so this is not to slight his efforts in the region.

But the current climate condition, in combination with the financial struggle Manitoba farmers are facing every day, is an issue the Manitoba Department of Agriculture has, in large part, ignored.

Actually, by some farmers' standards, the Department of Agriculture has made things worse.

Local farmers have been asking for, and need, financial aid. With help of the federal government, the Province of Manitoba needs to enact AgriRecovery.

The chant after the provincial election was "four more years," but some farmers do not have four more years.

This is a chance for politicians to get back to work and advocate for constituents who are struggling.

A fresh face in the provincial department of agriculture, one who understands the farming industry and its challenges, may be just what the Interlake region needs.

Manitoba 150 announces Learn 150

Submitted

The Manitoba 150 Host Committee Inc. in partnership with Canad Inns is excited to announce Learn 150, the development of a new bilingual, made-in-Manitoba curriculum that will be available this January.

"Created in conjunction with WE Day, the new curriculum will give Manitoba students in kindergarten through Grade 12 the skills they need to be the leaders of tomorrow, with a focus on diversity, reconciliation and healthy living" explains Monique

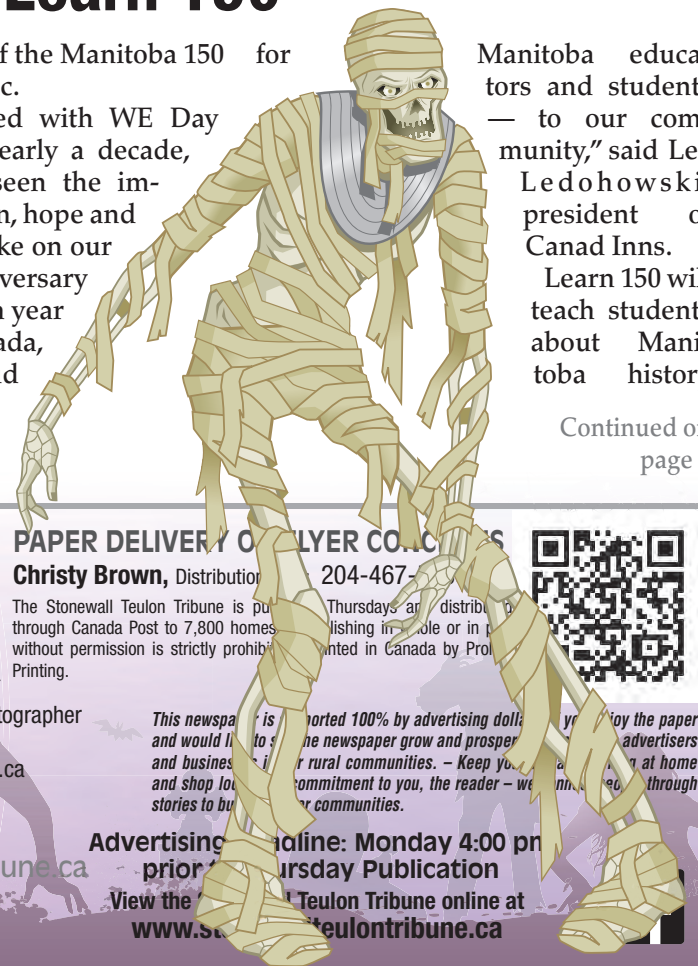
LaCoste, co-chair of the Manitoba 150 for Host Committee Inc.

"Having partnered with WE Day in Manitoba for nearly a decade, Canad Inns has seen the impact that inspiration, hope and knowledge can make on our youth. On the anniversary of Manitoba's 150th year since joining Canada, Canad Inns is proud to bring new offerings — specifically designed

Manitoba educators and students — to our community," said Lea Ledohowski, president of Canad Inns.

Learn 150 will teach students about Manitoba history

Continued on page 5



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Stephanie Duncan 204-461-4771

ads@stonewallteulontribune.ca

PHONE 204-467-5836

FAX 204-467-2679

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB ROC 2Z0

> EMAIL US

Letters to the Editor: letters@stonewallteulontribune.ca

Classified: classifieds@stonewallteulontribune.ca

News: news@stonewallteulontribune.ca

Graphic: info@stonewallteulontribune.ca

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

Brian Bowman Sports Reporter
sports@stonewallteulontribune.ca

Evan Matthews - Reporter/photographer
204-990-9871
Email: evan@expressweeklynews.ca

PAPER DELIVERY OR CARRIER CONCERNS

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Hinds receives first poppy of legion campaign



TRIBUNE PHOTO BY JO-ANNE PROCTER

Royal Canadian Legion No. 52 Poppy Campaign chair Rev. Leonard Oracheski presented Town of Stonewall Mayor Clive Hinds the first poppy to officially get the poppy fundraiser underway on Friday.

Grosse Isle residents speak to council regarding sidewalks

By Jennifer McFee

At the Oct. 23 committee of the whole meeting, Gord Gresley, Deanna Johnson, Laura Shymko and Sandy Lefley spoke to council about the possibility of getting financial support from the RM for sidewalks in Grosse Isle, particularly around the school. Council will consider the item for the 2020 budget.

A resident approached council about needing to have some trees cut along Road 15E since they have grown over the road. Council will discuss a plan for action related to drainage issues.

Council discussed contributing \$5,000 towards the well replacement at Green Acres Art Centre. A

resolution will be brought forward at the next council meeting on Nov. 13.

The date of the next committee of the whole meeting has been changed to Nov. 20. The originally scheduled meeting on Nov. 27 will be cancelled.

Council passed a resolution to allow Trevor Stewart permission to put an older mobile home onto a lot in Gunton, as long as he meets the conditions set out in the resolution. One of these conditions is that the registered owners must pay the capital development levies and green space fees in the amount of \$10,500 for the relocation of the mobile home, which is currently located in the RM of Ritchot.

The legion's Poppy Campaign always begins on the last Friday of October and the poppy blossoms on the lapels and collars of more than 19 million Canadians.

The poppy is distributed by the legion's branches and the monies collected goes into branch poppy trust funds. These funds can only be used under strict guidelines set up by the Poppy and Remembrance Committee of Dominion Command to improve life for people in the communities where the money is raised.

The poppies are intended to honour the more than 117,000 Canadians who

have died in the service of their country throughout the world.

Since 1921, the poppy has stood as the symbol of remembrance, a visual pledge to never forget those Canadians who have fallen in war and military support operations. The poppy also stands internationally as a "symbol of collective reminiscence," as other countries have also adopted its image to honour those who have paid the ultimate sacrifice.

Poppies will be for sale at a number of businesses until Remembrance Day.

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Eichler sworn in as minister of Development of Economic Development and Training

Submitted

Premier Brian Pallister today welcomed members of Manitoba's renewed executive council in a swearing-in ceremony conducted by Chief Justice Richard Chartier.

During the ceremony, held at the Manitoba Museum, Pallister spoke of his government's ongoing commitment to fix the finances, repair the services and rebuild the economy.

"I am humbled to serve Manitobans for a second term," said Pallister. "We have made historic progress in putting more money back on the kitchen tables of Manitobans by reducing the PST and introducing other significant tax relief measures. We remain committed to returning more money to Manitobans who worked so hard to earn it in the first place. We have made great progress, but there is still much more to do."

As part of the delivery of the government's commitment to improving the province's competitiveness and fulfilment of its Manitoba Works 40,000 jobs plan, Pallister said his government would continue its focus on economic development through a better alignment of resources across departments. Changes include new synergies to unlock economic opportunities, advance workforce development and increase the competitiveness of Manitoba.

Reg Helwer, MLA for Brandon West, was sworn in as minister for the new Department of Central Services, which is designed to focus on modernization of government services including procurement, information

technology and shared services; and is the minister responsible for the Civil Service Commission.

Sarah Guillemard, MLA for Fort Richmond, was sworn in as minister for the new Department of Conservation and Climate, a single department charged with environmental and climate stewardship. The department is responsible for ensuring responsible growth including delivery of the made-in-Manitoba Climate and Green Plan, and Efficiency Manitoba.

Pallister also announced additional changes to ministries and new portfolios for the following ministers:

- Ralph Eichler (MLA for Lakeside) will be the minister of the new Department of Economic Development and Training, which will be focused on economic development combined with post-secondary education and training to create synergies and alignment between learning and the jobs that will drive the economy.

- Blaine Pedersen (MLA for Midland) will be the minister of the new Department of Agriculture and Resource Development, an expanded department focused on agriculture and natural resources, including watershed districts, GROW programming, forestry, mining, fish and wildlife management.

- Rochelle Squires (MLA for Riel) will be the new minister for the Department of Municipal Relations and minister responsible for Francophone Affairs.

- Jeff Wharton (MLA for Red River North) will retain his responsibilities as the minister for the Department of

Crown Services.

- Cathy Cox (MLA for Kildonan-River East) will be the new minister responsible for the status of women in addition to her current duties as minister for the Department of Sport, Culture and Heritage.

"This experienced, talented team will ensure progress continues as we move Manitoba forward, making the place we call home one of the most improved provinces in Canada," the premier said.

In addition to these changes, the following MLAs were given additional responsibilities:

- Len Islietson (MLA for Brandon East) has been named legislative assistant to the minister of health, seniors and active living.

- Scott Johnston (MLA for Assiniboia) has been named legislative assistant to the minister of finance.

- Dennis Smook (MLA for La Verendrye) has been named legislative assistant to the minister of economic development and training.

The following MLAs remain in their current portfolios:

- Brian Pallister (MLA for Fort Whyte) – premier and president of the Executive Council; minister of intergovernmental affairs;

- Heather Stefanson (MLA for Tuxedo) – Department of Families; deputy premier;

- Cam Friesen (MLA for Morden-Winkler) – Department of Health, Seniors and Active Living;

- Cliff Cullen (MLA for Spruce Woods) – Department of Justice and Attorney General;



MLA for Lakeside Ralph Eichler

- Kelvin Goertzen (MLA for Steinbach) – Department of Education;
- Eileen Clarke (MLA for Agassiz) – Department of Indigenous and Northern Relations;
- Ron Schuler (MLA for Springfield-Ritchot) – Department of Infrastructure; and
- Scott Fielding (MLA for Kirkfield Park) – Department of Finance.

The following MLAs retain their current legislative responsibilities:

- Ian Wishart (MLA for Portage la Prairie) – legislative assistant to the minister of education;
- Andrew Smith (MLA for Lagimodiere) – legislative assistant to the minister of sport, culture and heritage; and
- Janice Morley-Lecomte (MLA for Seine River) – legislative assistant to the minister of families.

Updated mandate letters will be provided to cabinet during the next legislative session.

Manitoba RCMP Traffic Services respond to fatal motor vehicle collision

Staff

At 9 a.m. on Oct. 25, RCMP Traffic Services responded to a multi-vehicle collision on the Perimeter Highway at Brady Road.

The initial investigation has determined that a car travelling east on the Perimeter was struck by a semi, also heading east. The impact resulted in the car being pushed into another large truck, also in the eastbound lanes of the Perimeter.

The driver and lone occupant of the car, 19-year-old Ethan Boyer from the Rural Municipality of Rockwood, was

pronounced deceased on scene.

The Brady Road landfill has been dealing with increased traffic in the aftermath of the storm that hit Manitoba earlier this month, as Winnipeggers drop off loads of tree debris.

Mike Siemens, chief of the RM of MacDonald Fire Department, said it's not the first time his department have been called to a crash at the intersec-

tion.

"We've been here multiple times in the years I've been the fire chief," he said.

"From my past experience, anytime we get a call like that, it's often a high-speed impact."

There is no additional information available at this time.

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SCI students lead project to help homeless

By Jennifer McFee

Local students are embarking on a project to help the homeless, and community members are invited to contribute to the cause.

At Stonewall Collegiate Institute, the new Launch program focuses on project-based learning. The course runs for two periods all year long, and students have the chance to design projects that connect to four areas of the curriculum: Grade 10 essentials math, Grade 10 essentials ELA, Grade 10 career development, and one open-based credit based on the participants' individual interests.

The program helps to build resumés and job skills through internships while also creating authentic connections with the community.

Currently, 16 Grade 10 students are pursuing the course after completing an application and interview process.

"The first semester aims to build some of that curriculum into it. Our driving question was 'How can we help the homeless stay safe throughout the winter?'" explained Lindsey Sturgeon, who co-teaches the course along with Blair Mooney.

"One of our first assignments that we did with them was imagine that you're going to be homeless. They had to go home and pack a bag filled with everything they thought they would need, and then we presented it to the class. Through that, they decided that they needed to create a winter backpack filled with necessities."

Some students are exploring the idea of building tiny houses to provide a more permanent and safer shelter for the homeless population. Others are putting together hygiene packs that will be distributed through the Salvation Army in Winnipeg.



TRIBUNE PHOTO SUBMITTED

Thomas Georgeson, left, Reid Border, middle, and Parker McElroy encourage community members to drop off donations.

Grade 10 student Parker McElroy said that donation boxes will be set up at Stonewall Collegiate Institute, Ecole Stonewall Centennial School, Ecole R.W. Bobby Bend School, the Stonewall Pharmacy, Red Apple and Marketplace until Nov. 6. Donations can include items such as new socks and underwear, toothbrushes and toothpaste, baby wipes, deodorant, menstrual hygiene products, soap, hand sanitizer, hand towels, toilet paper and Vaseline. Monetary donations can also be dropped off at Stonewall Collegiate Institute and at the pharmacy.

"Anything can help," said the 15-year-old, who plans to focus on aerospace engineering during the second semester. "Even just spreading the word is good too."

For Sturgeon, it's exciting to see the students take initiative through the Launch program.

"This came from them. We gave them the driving question, and they went ahead and designed the project themselves," she said.

"The hope is that it will develop those real world skills along with meeting the needs of our curriculum."

> MANITOBA 150, FROM PG. 2

while focusing on issues regarding diversity and reconciliation. It will also stress the importance of healthy choices and an active lifestyle as components of good citizenship. Through these values, Learn 150 will ensure the strong community ethic that built Manitoba will remain with future generations.

"The Learn 150 curriculum, designed specifically for Manitoba, will facilitate learning and encourage dialogue about our past, present and future to students of all ages across the entire province in both official languages," says Kelvin Goertzen, Minister of Education for the province. "This is an exciting program to offer our community."

"While Manitoba is celebrating its 150th anniversary in 2020, its land, people, beauty and culture go back much further," says Stuart Murray, co-chair of the Manitoba 150 Host Committee. "We are delighted to celebrate Manitoba's anniversary, and Learn 150 reminds us of our rich past, our diverse community and the potential that our future holds. By supporting

the next generation, we are helping to ensure that our next celebration will be even more momentous."

Canad Inns will celebrate Learn 150 at WE Day Manitoba at the historic Burton Cummings Theatre.

For additional information on Learn 150 or other Manitoba 150 initiatives, please visit www.manitoba150.com.

About Manitoba 150 Host Committee Inc.

May 12, 2020, will mark 150 years since the Manitoba Act received royal assent, paving the way for Manitoba to become Canada's fifth province. The Manitoba 150 Host Committee is an independent non-profit organization overseeing commemorative activities in celebration of our province, its beauty, people, culture and history throughout the year.

The Manitoba 150 Host Committee aims to support initiatives and events that cultivate pride in our province, foster a profound connection with our diverse cultures and, above all, unite us in celebration.

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TRIBUNE PHOTO BY JO-ANNE PROCTER

If the growing season wasn't enough of a challenge this year, cool wet weather put the brakes on harvest in many regions of the Interlake and throughout Manitoba. However, farmers had a couple of dry, windy days last week to get on the fields to combine the last of the soybeans still standing.

Stonewall RCMP investigate theft of liquor

Submitted

On Oct. 20 at about 3:30 p.m., Stonewall RCMP received a report of a theft of liquor from a store located on Main street in the Town of Teulon. Investigation revealed that a male entered the store, gathered multiple bottles of liquor and then left the store without paying for them.

The description of the suspect is a heavy-set male who is Aboriginal in appearance, possibly in his 40s. The

suspect was wearing a black hat, with black sunglasses, a black sweater hoodie with white ties, black pants, and white and black shoes.

Stonewall RCMP is asking the public for any information concerning this incident. If you know anything about this suspect or this incident, or any other criminal incident, please call Stonewall RCMP at 204-467-5015 or Manitoba Crime stoppers at 1-800-222-8477.



TRIBUNE PHOTO SUBMITTED
Stonewall RCMP is asking for the public's help in identifying this individual.

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Faith, Hope & Love

"And now faith, hope and love abide, these three, and the greatest of these is love"

~1 Corinthians 13:13~

Why faith, hope and love?

These three are at the heart of Christian discipleship. They are the height, length, breadth and depth of relationship with God. They describe the development of God's life within us through the Spirit. There is no other beginning in God but love. God "is" and "does" love. It is love that continually draws us into being. It is love that leads God to become one with us in Christ, to invite us into relationship. It is the Holy Spirit of love that burns within, leading us deeper into God and drawing us into God's active compassion for all.

Faith and hope are the fruit of love:

Faith is the choice made to trust God with what is important to us. Through faith we become open to receive the love that is God. Our life becomes established in love.

Hope leads us to act purposefully in the present as we anticipate the work of Love in the future through drawing on the memory of love received in the past.

Faith and hope together are the human but God-given response to love. Faith and hope enables us to live within and to express the love in which we are created and held. Through faith and hope we open the way for love to bring us into the fullness of our individuality. Through faith and hope, love creates us, and in this love, through faith and hope, we become co-creators with God.

Love hopes in the other, has faith in the other's goodness.

Faith is both the response to love and the means by which our capacity to receive love expands; faith flowers into hope.

Hope flows from faith in God, enabling us to express love creatively, drawing what seems lifeless into being. But without love, faith and hope have no being. Everything rests on this: that God is love, and love has neither beginning nor end.

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I wonder where the other boat wound up

Welcome, fellow anglers.

His clothes felt clammy, sticking to his skin as he stomped ahead forcefully, winding his way around broken poplar trees while keeping to the faint trail toward the Big Whiteshell beach. Andy Chartrand paused for a moment in mid-step, turning his rugged head back to check if his buddies, Ken and Ron, were following behind.

Ken wiped back his short, grey hair while Ron, a shorter, heftier man with a white goatee, used the sapling trees on either side of him to assist his walking. The heavy, dark grey clouds overhead and cold bursts of wind were reminders of the terrible storm that had ruined their weekend of fishing back at Crowduck Lake.

The fishing trip had started out with the three lifelong friends in a bright, happy mood, loading their gear into their boat by the Big Whiteshell campground. The sun warmed them as they crossed to a point where they beached the boat. Carrying their gear, they portaged through the bush to a beach on Crowduck Lake. There they flipped over two boats they kept there, loaded their supplies into them and made for one of their favourite little islands. Not long after that, they were putting up their tents on a beautiful bay beach before making supper over a campfire.

The men were tired yet pleased with the sight of the sun setting on a cloudless sky, sending shadows through the tall pines and spruces onto the moss-covered huge rocks. They silently turned and crawled into their tents. Andy fell asleep watching the campfire light throw waving shadows on the wall of his tent. Seemingly only minutes later, the flapping of the tent walls driven by the howling wind woke Andy. His senses alert, he

felt the tent might be torn from its tie-down ropes. He pulled his clothes and boots on. Cold driving rain blinded him as he opened his tent door. He bent over, shielding his face and forced himself outside to see in the dim light the branch of a tree snap off and fall, splashing into the beach's water where their boats should have been.

It was early dawn, and in the chilling rain, Andy began gathering their gear scattered on the beach. He yelled over the gale force wind for Ken and Ron to wake up and help to no avail. Andy brushed the rain from his eyes and short, bristly dark hair as he stood over the gear he had saved. The sun was coming up brilliant and hot. Andy shivered. He heard a rustle and turned to see Ken and Ron emerging from their tents. Ken stopped halfway through his morning stretch as his eyes took in the storm's devastation.

"The wind took the boats. I can see one beached on that island over there," Andy said matter-of-factly. "I'll swim over and get it. I'm wet anyway."

Oddly, the water felt warm as he dove in and began swimming. The slightly rusty-looking water splashed against the boat as Andy found footing beside it. He pushed it to deeper water, jumped in and rowed back to his friends. The men stood together on the island beach, talking in hushed tones, with their zest for this fishing trip gone. They loaded their gear in the surviving boat and made for the portage.

Bad luck continued to plague them. Breaking through the bush where they had left their Big Whiteshell boat, they found it swamped. Grumbling at each other, they bailed it out, loaded their gear and paddled to the campground.



TRIBUNE PHOTO SUBMITTED

Steve Correia, Derek Haluk, Randy Soper and Don Flett with some of their catch when fishing off the Red River by the "cut."

"What a disaster!" Andy exclaimed as they threw their gear in their cars to drive home.

"I wonder where the other boat wound up," Ken muttered to himself.

Unlike that trip, anglers Steve Correia, Derek Haluk, Randy Soper and Don Flett caught their limit last weekend by the "cut" off the Red River. They graciously held up some of their catch for us to admire.

Some weeks ago, I happened upon a lady on the Gimli pier shaking the water off her cap and short, white, straight hair as she muttered to herself in a decidedly Scottish accent.

"How did that happen?" I asked her. "The wind took my cap and blew it onto the water. My friend's sister Su-

zette from St. Mary's Academy here cast out and snagged it for me."

"I always like to ask folks who come from different countries if they fish differently than we do," I ventured.

"Well, we used to fish with our hands in the Tay and Almond Rivers in Scotland. The river bed was full of big rocks and we would feel under them and grab salmon by the gills," the lady said.

"That sounds like an easy meal," I observed.

"Not entirely," our new friend Roseanne Judge went on. "Sometimes we would grab an eel with its razor tail and wind up with our arms all cut up and bleeding!"

Till next week, my friends. Bye now.

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Coffeehouse founder to receive philanthropy award

By Jennifer McFee

One good deed deserves another. The local founder of Coffeehouse to End Cancer is earning accolades for her philanthropic efforts. Paige Procter, formerly of Grosse Isle, has raised more than \$132,813 and counting for the CancerCare Manitoba Foundation through the annual fundraising event. In recognition of her ongoing efforts, Procter will receive an Emerging Leader in Philanthropy Award from AFP Manitoba, which aims to recognize philanthropic people, organizations and service groups throughout Manitoba.

It all began in 2011 when Procter was only 16 years old. Cancer struck too many people close to her, including her Auntie Dot, family friend Gordie Harris as well as his father, affectionately nicknamed as "Grandpa Jim."

Procter wanted to fight back against the debilitating disease, and her high school teacher Monica Baldwin suggested that she connect with the CancerCare Manitoba Foundation. A community events team member helped her figure out a way to combine her passion for music with a potential fundraising event.

From there, she came up with a plan to bring together performers at the Grosse Isle community hall. Attendees could pay \$10 to enjoy the live entertainment while also indulging in coffee, tea and desserts. Thanks to the generous donations from community members, her first Coffeehouse to

End Cancer raised more than \$6,500.

The event continued to grow year by year, and Procter invited special guest speakers who helped make the significance hit home even more.

Now 25, Procter shows no signs of slowing down on her fundraising efforts. In fact, she's already trying to figure out ways to mark the 10th anniversary of the Coffeehouse in 2020.

"I initially started it when my Grandpa Jim and Gordie Harris were both diagnosed at the same time. Our family was deeply saddened by it, but it was like the whole community felt it too. That's what made me realize that cancer doesn't just affect one person — everybody has a story and

it's all connected," said Procter, whose desire to help others extends into her career as a nurse.

"That's why I think it's such an important cause to tackle because everybody's affected by it. Maybe you haven't gone through it yourself, but everybody knows a family member or friend who's gone through it and it affects you

"I'M SO GRATEFUL FOR THE SUPPORT OF THE COMMUNITY, RIGHT FROM DAY 1."

in some way."

The community comes together to support people who are impacted by cancer, Procter observed. Then, over time, the supporters become the ones receiving the support from others.

"It's amazing because it all comes full circle. The community aspect of CancerCare and cancer support is the reason why I've been motivated to continue for all those years — and that community support really is



TRIBUNE PHOTO SUBMITTED

Paige Procter, middle, will be receiving an Emerging Leader in Philanthropy Award on Nov. 15. Pictured from left, with Paige is her brother Robert, Grandpa Jim Harris, Grandma Helen Harris and friend Robyn MacMillan.

the heart and soul of the whole Coffeehouse show," she said.

"I'm so grateful for the support of the community, right from Day 1 in the teeny tiny Grosse Isle hall to nine years later. There would be no show without the support of the community."

To Procter, she feels humbled to be named as the recipient of the philanthropy award, but she's quick to point out that the recognition belongs to the close-knit community that has stood behind the cause.

"It seems very surreal and it took a while to sink in. It really hit me when I saw the letters of support that I received because they're all from people that I look up to as leaders in philanthropy, like some of my former teachers and my Grandpa Jim," she said.

"I see Coffeehouse to be such a community-oriented event. It wouldn't be what it is without the Interlake community, the volunteers and

the artists, so it doesn't feel like it's just me winning the award."

She will receive her award at a luncheon ceremony hosted by the Manitoba Chapter of the Association of Fundraising Professionals on Nov. 15, which is also known as National Philanthropy Day.

Other award recipients include Marsha Cowan as Outstanding Professional Fundraiser; Children's Hospital Guild of Manitoba as Outstanding Service Group; Manitoba Pork Council for Outstanding Contributions to Philanthropy (Under 100 Employees); Johnston Group for Outstanding Contributions to Philanthropy (Over 100 Employees); and Jim Gauthier as Outstanding Philanthropist.

Anyone who would like to see Procter receive her award can visit <http://afpmanitoba.org> for information about how to purchase a ticket for the luncheon event, which will run from 11 a.m. to 2 p.m. on Friday, Nov. 15 at the RBC Convention Centre in Winnipeg. Tickets are available for purchase until Nov. 8 for \$85 each.

2019 Teulon Christmas Cheer Board

The Teulon Christmas Cheer Board would like to announce that it has a new Board of Directors!

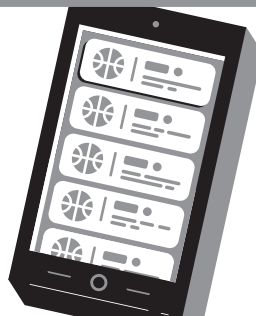
Amy Waluk and Amanda Hepples are both residents of Teulon, and are looking forward to helping out the community this Christmas season.

For hamper registration or if you wish to make a donation, please email teulonccb@gmail.com or contact Amy at (204) 513-0616.

We will be accepting registrations for hampers from October 1st 2019 – December 10th 2019.

*****New registration will be required yearly*****

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ALL ARE WELCOME

Stony Mountain Goose Shoot donates \$2K for cemetery maintenance

By Evan Matthews

The 17th annual Stony Mountain Goose Shoot created some positive financial news for another local organization.

Goose Shoot co-chair Lisa Deprez presented Stony Mountain Christ Church Cemetery representative Sheila Bakkum with a \$2,000 cheque on Friday, Oct. 25.

"The cemetery has all different denominations, people of all faiths," said Bakkum. "It's an important resting place in this community."

In the past, there have been burial plots in the cemetery belonging to people who no longer have family in the community. It's up to the church to maintain those plots and the donation will largely be used to do so (lawn mowers, fuel cost, and so on), according to Bakkum.

The church has been innovative in how its maintained the plots in the past, she said, having hired companies and having even brought low-risk inmates over to cut the grass and maintain the grounds.

"We don't have staff or employees," said Bakkum. "We have a small congregation largely kept afloat by donations."

The 2019 Stony Mountain Goose Shoot raised a little over \$20,000, according to Deprez, adding each of the affiliated community clubs will take roughly \$4,000 each.

"We've made donations — and specifically to the cemetery — since Day 1," said Deprez.

"We talked about this as a committee, and knowing this donation is one of the only sources of income/fundraising for the cemetery. ... We felt like this is something we hold close.

"Our loved ones are there. It meant a lot to previous members, and we want to continue the tradition."

Background

Since 2002, The Stony Mountain Goose Shoot has raised a cumulative amount exceeding \$360,000, injecting the funds back into community initiatives and groups, according to committee co-chair Lisa Deprez.

The committee uses monies to fund local projects, to provide much-needed upgrades to local facilities, and to provide increased recreational opportunities for the residents of Stony Mountain and the surrounding area, according to Deprez.

The Stony Mountain Community Centre, Stony Mountain Minor Hockey, Skate Stony Mountain and the Stony Mountain Community Association all contribute to the event's organizational efforts and are affiliated community clubs, according to Deprez.

Past initiatives have included funding aid with the (now-closed) operation of the curling club, funding aid for the cemetery's maintenance and more.

Landowners within Stony Mountain and its surrounding area allow the Stony Mountain Goose Shoot committee to use parcels of land for the



TRIBUNE PHOTO SUBMITTED

Stony Mountain Goose Shoot Committee co-chair Lisa Deprez, right, presents Sheila Bakkum, left, with a \$2,000 cheque. The funds will be used to continue operation of the Stony Mountain Christ Church Cemetery, which welcomes all community members of all denominations.

event, according to Deprez.

"The event is totally volunteer run, with support from a broad section of the community who organize the event," said Dawne Smithson, another committee member.

The Stony Mountain Goose Shoot committee members include co-chairs Craig Littlepage and Lisa Deprez, as well as members Kenton Byle, Dawne Smithson, Renee Brewer, Chantel Roy, Tony Hoess, Debra Ad-

amik and Christine Wirgau.

This year's shoot

Evan Roy, Matthew Penner, Wade Byle and Dawson Bollenback won the youth division, as the team brought in a total of nine birds weighing in at 63.6 pounds.

In the adult division, Kayden Stewart, Shaylene Harper and Craig Stewart were winners, bringing in a total of 12 birds weighing in at 123.1 pounds.

Interlake-Eastern RHA conquering silence

By Evan Matthews

The Interlake-Eastern Regional Health Authority is raising awareness about a shocking stat and is aiming to make patient safety a top priority.

"Patient safety incidents" are the third leading cause of death in Canada, only behind cancer and heart disease, according to the IERHA.

"Each year, over 28,000 Canadians die from preventable harm when receiving care," an IERHA press release reads.

"To stem this tide, all health-care consumers are encouraged to strive for better teamwork and communication with patients, families and care providers."

To combat the reality, the Canadian Patient Safety Institute has launched conquersilence.ca to bring patient safety issues to the forefront of the

health-care conversation.

To do so, the institute needs you.

"It's time to end the silent epidemic," according to the website. The press release adds that the campaign is part Canadian Patient Safety week's series of events planned for Oct. 28 to Nov. 1.

"What we must battle in our collective efforts to reduce patient harm is systemic silence. Silence between patients and providers, between colleagues in health-care facilities, between administrators in different regions, and between the public and the policy makers," it reads.

"If something looks wrong, feels wrong or is wrong — we need people to speak up, in the moment. It is only in bringing these issues to light that we can begin to work together to solve them."

In a story closer to home, the Mani-

toba Institute for Patient Safety is co-hosting a film screening called *Falling Through the Cracks: Greg's Story* on Nov. 1. It's a short documentary on Greg Price's journey through Manitoba's health-care system, which ended with his unexpected and tragic death.

Despite the sadness of Price's story, the institute said the message of the film is intended to inspire positive change and improvement in the health-care system.

To register for live stream viewing of the documentary, visit mips.ca/greg-s-story.html.

The Manitoba Institute for Patient Safety has also developed the "My Patient Advocate Agreement," which the organization said is designed to assist the public in self-advocating or advocating for loved ones along their health-care journey.

The IERHA stated it has embraced the use of the Patient Advocate Agreement.

"Patients and families who are knowledgeable and who participate in their health care can decrease their risk of suffering preventable harm within the health-care system," said the IERHA press release.

The Patient Advocate Agreement is available on the Manitoba Institute for Patient Safety's website.

Interlake-Eastern RHA is offering an abundance of helpful patient safety resources for everyone to use.

Visit www.ierha.ca and go under About Us, Your Safety to access these resources.

Oak Point community looking ahead after devastating fire

By Evan Matthews

Despite a tragic end to one of the community's oldest and most treasured buildings, the community of Oak Point has reason for optimism.

On Saturday, Oct. 5, the Oak Point Community Hall (OPCH) burned to the ground as a result of old and faulty wiring in the attic, according to Oak Point Community Club treasurer Dianne Appleyard, who also discovered the fire.

"We had a Halloween party booked for Oct. 26. Somebody had asked me where the Halloween decorations were. I went up to the little room above the stage, and when I opened the door I saw smoke," Appleyard said.

"Thank God everyone was out of the hall. We just had a funeral service that day. The hall was just totally destroyed."

She extended thanks to the local fire department who fought the blaze for seven hours and saved all other buildings in the vicinity.

"Now that it's all cleaned up, and the builders sent (us) drawings, now we have to go meet with the St. Laurent RM," said Appleyard, whose mother lives next door to the hall.

The original building was constructed 93 years ago in 1926, she said.

The building has been used for old-time dances, potluck suppers, weddings, funerals, baby showers, bridal showers, birthday parties and more. Appleyard said the community is reeling a bit after losing one of its staple buildings.

If there is any silver lining to losing a piece of history, thankfully, no one was injured. In addition, insurance will cover the damage to the buildings and everything inside of it, which puts

the new building immediately within reach.

So, after finishing Phase 1 of the rebuild on Oct. 23 — mainly removal of the debris and levelling of the site — Appleyard said the club is getting set to re-build the hall bigger and better than ever.

"We never did have air conditioning. We're looking forward to adding that. We're going to update the washrooms with wheelchair accessibility," said Appleyard, who has been with the organization for 21 years.

"We were already talking about redoing the kitchen prior to the fire. We had also received a grant for a new hardwood floor. This was, and will be, the place for all the events in our community," she said.

There is no clearly defined timeline for construction yet, according to Appleyard, as the organization is working with the provincial government to decide on the correct course of action relating to the aforementioned provincial grant money, money already received by the Oak Point Community Club.

The hall's background

After construction in 1926, Appleyard said it was the old hall's basement most often utilized for the first decade, in that people would make and distribute community lunches.

The Oak Point Community Club was immediately formed but was incorporated in 1927, according to Appleyard.

"If it was wet down, they'd have to wear rubber boots (down there)," said Appleyard.

In 1936, Appleyard said the RM purchased lumber to construct the kitchen at a cost of \$235.



TRIBUNE PHOTO SUBMITTED

Diane Appleyard said firefighters fought the community centre blaze for roughly seven hours. Thankfully, no one was injured.

A local man at the time did the construction for \$20, she said, with the kitchen not seeing another renovation until the 1960s.

In 1970, the club added an addition onto the building's west side, which included an indoor bathroom and a bar.

Public aid

Despite much of the reconstruction cost and the value of tangible items lost in the fire being covered by insurance, some people with ties to the community are coming to the aid of locals.

On Oct. 8, Tammy Longmire started a GoFundMe account on behalf of Jennifer Diell, OPCH club board member. Though it's located in Ottawa, the account had raised \$875 as of Oct. 28 and has been endorsed by the

OPCC's official Facebook page.

View the GoFundMe account at <https://www.gofundme.com/f/oak-point-community-centre>.

"I am one of many who have roots in this town. My grandparents Len and Emma Waterman lived here their whole lives, raising their family," said Longmire via GoFundMe.

"My Uncle Pete still lives in the community. ... We celebrated my grandparents' 50th wedding anniversary there. ... Both of my grandfathers' memorials. Anything you can donate is appreciated."

The Oak Point Community Club thanked the public for donations via its Facebook page and is asking anyone with memories and photos to send copies either to the Facebook page or via email to Jennifer@diellent.com.



Tricks and treats at the museum

TRIBUNE PHOTO BY LORNA BROADFOOT
Snow White, Olaf and Woody were just a few of the characters that stopped in at the Woodlands Museum last Saturday to celebrate Halloween. There was story time in the dark in the school house, pin the wart on the witch, hop scotch, bowling, tic tac toe with gourds and cookies and juice with a real live witch. Jase and Jessa Campbell won the inaugural scarecrow decorating contest.

Manitobans encouraged to get flu vaccine this fall

By Evan Matthews

The Province of Manitoba along with the Interlake-Eastern Regional Health Authority are urging people to get vaccinated against the flu.

The seasonal flu vaccine is free of charge to all Manitobans aged six months and older, according to Health, Seniors and Active Living Minister Cameron Friesen.

"I encourage all Manitobans to get the four vaccine but especially those at increased risk of serious illness from the flu, their caregivers, and close family and friends," said Friesen, speaking at the official launch of the annual influenza immunization campaign. "The vaccine protects you and helps to protect those around you including infants, people with chronic illnesses like diabetes or asthma, and those seeking treatment for cancer. It's about them, too."

Despite national delivery delays by the vaccine manufacturers, the Manitoba government said it has received 84 per cent of its total allotment to

date and is expected to receive its full allotment over the next couple of weeks.

Roughly 240,000 doses have been shipped to health-care providers across the province to date, according to the province.

While many dismiss the "common cold or flu," it can get serious quickly.

Seventeen people with lab-confirmed influenza died in Manitoba last year during flu season, while another 42 were admitted into intensive care units, the province said in its press release.

In total, 2018-19 flu season in Manitoba saw 228 hospitalizations, down over half from the 505 hospitalizations in 2017-18.

"Manitobans can help protect themselves, their friends and family by getting the flu vaccine, which is safe and effective," said Dr. Brent Roussin, Manitoba's chief provincial public health officer.

"In order to help prevent influenza and its complications, it is recom-

mended all eligible Manitobans receive their flu shot in the early fall every year."

Last winter, a record number of people received vaccinations in Manitoba, with almost 24 per cent of the population (with Manitoba Health cards) receiving the vaccination.

Flu shots and seniors

A high-dose seasonal flu vaccine is also available for senior residents of long-term care facilities, according to the province, as the high-dose vaccine may provide better protection for those at increased risk of complications from the flu.

This could potentially reduce the number of outbreaks experienced in long-term care facilities and better protect those at highest risk of complications, the province said.

"As we age, our bodies change and it's important we use all the tools provided to us to ensure we stay healthy. Flu vaccines are a great preventative measure that reduces the

risk of illness for all Manitobans, but particularly for older adults," said Tom Farrell, president of the Manitoba Association of Senior Centres.

"We must also consider those around us, like our spouse, our children, grandchildren and friends. Social connection is very important, and avoiding the flu also helps those around us."

The flu vaccine and "Pneu-P-23" vaccine, which helps protect against pneumococcal disease and is offered free of charge to seniors, are available at local public health offices, nursing stations, doctors' offices, and Access Centres, according to the province.

Pharmacists can also provide immunization services to people seven years of age and older. Manitobans interested in getting the vaccine should contact providers first to ensure they are available. Check Manitoba's seasonal influenza website at www.manitoba.ca/flu or contact Health Links at 204-788-8200 in Winnipeg for dates, times and locations.

Red River Co-op cuts plastic bag consumption by 54 per cent

Submitted

It has been one year since Red River Co-op food stores began charging five cents per plastic grocery bag in an effort to promote reuse, while pledging to donate the profit from each bag sold to the Green Action Centre.

In the past 12 months, Red River Co-op has diverted over three million plastic bags from landfill—a 54 per cent reduction from the previous year.

"We would like to thank shoppers for supporting this campaign and choosing reuse first at our food stores," said Doug Wiebe, CEO of Red River Co-op.

"It takes community to make such an impact and we are proud to accomplish this three million reduction of plastic bags together with our customers and members."

In an effort to further support environmental sustainability in Manitoba, Red River Co-op decided to donate the profit made from plastic bag sales

to the Green Action Centre. On the one-year anniversary of the partnership's launch, Red River Co-op made a donation of \$12,755.81 to the non-profit organization.

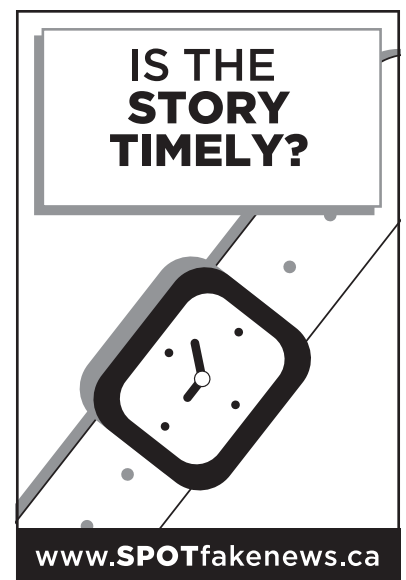
Funds donated by Red River Co-op will support Green Action Centre's Composting Education Program and new Food Waste Presentation, which takes a holistic view of food waste, focusing on composting as well as food waste prevention measures. Green Action Centre delivers public presentations, workshops, and other down-to-earth solutions to help Manitobans reduce their food waste and take action on climate change. With this support, they will be able to reach approximately 300 Manitobans through this new presentation.

"We were excited to partner with Red River Co-op on their plastic bag reduction strategy and we are pleased to see such a sig-

nificant reduction in the single-use bags distributed in their stores over the past year," said Tracy Hucul, executive director of Green Action Centre.

"The production of plastic bags produces toxic greenhouse gases, which negatively affect our climate and are also harmful to wildlife, marine life as well as our overall soil health."

Green Action Centre is a not-for-profit environmental education organization that focuses on providing practical solutions for sustainable living. Anyone interested in supporting Green Action Centre's Composting and Food Waste Reduction programs, or other waste reduction efforts can make a charitable donation at www.greenactioncentre.ca.



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Correction to flu clinic listing for Stonewall

Please note the next flu clinic in Stonewall will be held November 2 from 10 a.m. to 1 p.m. at Stonewall Community Health MPR, 589-3rd Avenue South.

Correction à la liste des cliniques de vaccination contre la grippe pour Stonewall

Veuillez noter que la prochaine clinique de vaccination contre la grippe à Stonewall aura lieu le 2 novembre de 10h00 à 13h00 au Stonewall Community Health MPR, 589, ave 3rd S

Please bring your Manitoba Health card and wear a short-sleeved shirt.
Apportez votre carte d'assurance-maladie de Santé Manitoba et mettez un haut à manches courtes.

Halloween fun at Grosse Isle masquerade party



TRIBUNE PHOTOS BY LANA MEIER

Halloween was still a week away but that didn't scare any children away from the Grosse Isle Kids' Halloween party last Friday. The costumes were spooktacular and there was everything imaginable including the wicked witch of the west, scarecrow, Dorothy, dragons, batman, princesses and all the PJ Masks heroes (Owlette, Catboy and Gekko). Even the police couldn't control the fun and out-of-control kids on the Halloween train.

Marquette and Elm Creek merge to form Prairie Roots

By Jennifer McFee

Two long-standing co-operatives have joined together to form a new entity.

Prairie Roots Consumers Co-operative Ltd. will bring together Marquette Consumers Co-operative Ltd. and Elm Creek Co-operative Oil and Supplies Ltd.

The membership and board of directors chose the new name.

The Prairie Roots Co-op head office will be in Marquette, and the board will be made up of seven directors from Marquette Co-op and four directors from Elm Creek Co-op board. Paul Heller will serve as president, supported by Michelle Lepp as vice-president and Gayle Wolfram as secretary.

On Oct. 17, Heller made the announcement of the new co-op's name during a CFRY harvest lunch festival at Meadow Lea Hall.

"We've been meeting over the last several years. We decided to pool our resources and make one bigger co-op. We came to the conclusion last year to amalgamate and put it to a vote with our membership, which was passed with over a 95 per cent positive vote," Heller told the *Tribune*.

"We came up with a new name of Prairie Roots Consumers Co-operative Ltd. We'll have 4,000 members and over \$40 million in sales. We're trying to be there for our membership



down the road. As far as the membership goes, there will be no changes. The members can use their same numbers in all three locations and can expect the same great service."

The official amalgamation will take place on Dec. 1 to represent facilities in Marquette, Starbuck, Elm Creek and the communities they serve. Until now, the Marquette Co-op has been in business for 70 years and the Elm Creek Co-op has been in business for 90 years.

"We've taken this time to get everything in place and make sure every-

thing is going to go very smoothly," Heller said.

"For the time being, the services are going to stay the same. Nothing will change. In the near future, we'll be extending Agro services in the Elm Creek region and we're trying to look at bringing services that we don't have from their side up to market in Marquette and Starbuck. Down the road, we're looking to expand on the services that both co-ops bring to the table here now."

As for the equity payments, Heller said they should remain the same for

the foreseeable future.

"Nothing will change as far as that goes either," he said. "We're looking forward to working with the membership and we're doing this for the members to ensure the viability of the co-op down the road."

For those who aren't already members, Heller encourages them to consider joining.

"We're always looking for new members," he said. "If you want to become a member, just come to one of our locations and take out a membership."

Calvin Janke will serve as the general manager of Prairie Roots Consumer Co-operative Ltd., leading a team of more than 40 employees.

"The amalgamation will bring more financial strength, additional services and create efficiencies throughout the organization. The Elm Creek organization is a perfect fit with our organization and will bring the economy of scales that we need in order to stay viable for our memberships for years to come," Janke said.

"Prairie Roots Co-operative will continue to look for innovative opportunities in the future and expand in today's fast-paced business landscape. We thank all of our members for the great support they give us and we look forward to giving excellent service and products to the over 4,000 members of our newly formed co-operative."



TRIBUNE PHOTO BY STEPHANIE DUNCAN
Town of Stonewall Mayor Clive Hinds visited Centennial students on Oct. 23.

Marking a Manitoba milestone

By Jennifer McFee

Stonewall students had the chance to share their ideas about the best ways to mark Manitoba's 150th anniversary in 2020.

On Wednesday, Oct. 23, Stonewall Mayor Clive Hinds and recreation facilitator Laine Wilson visited Ecole Stonewall Centennial School to hear the voice of students on the topic.

Approximately 350 students attend-

ed the assembly. Their suggestions included rock climbing, swimming, electronic activities, water activities, library activities, restaurant participation and movies.


Papers are posted in the school so that students can jot down more ideas for the celebration.

**PUMPKINS
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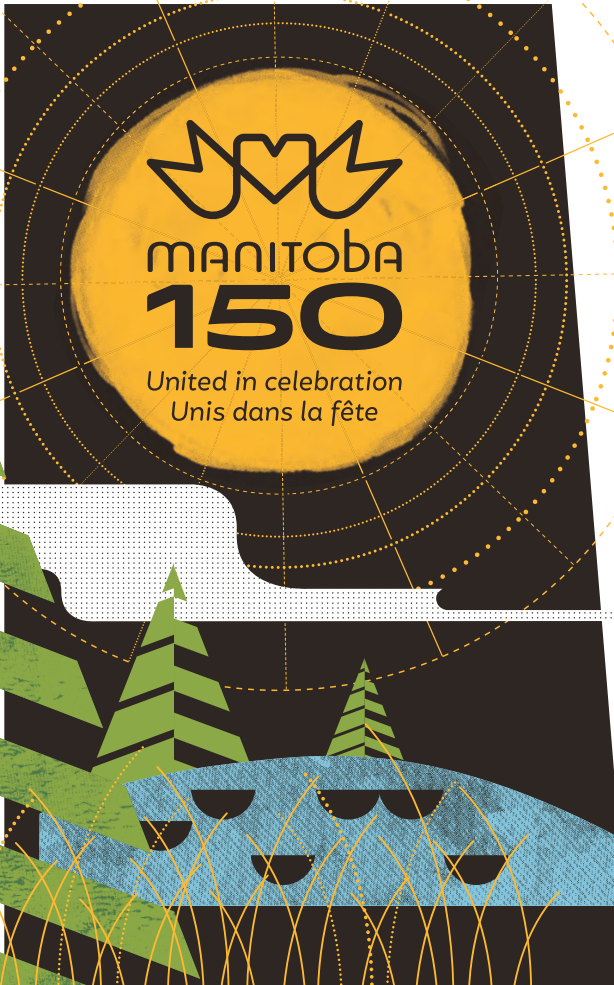


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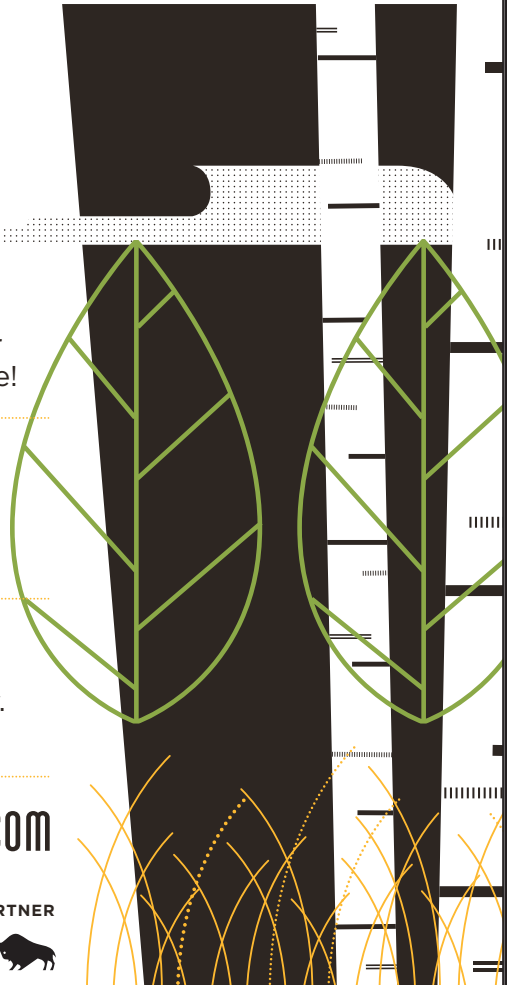
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Toronto Maple Leafs Alumni team crush Kinsmen in charity match

Staff

Retirement for the Toronto Maple Leafs Alumni has not hampered their on-ice skills.

Last Sunday in a charity hockey game against the Kinsmen Krushers at Stonewall's Veteran's Memorial Sports Complex, the retired Toronto Maple Leafs players defeated the Krushers. However, the Alumni may have beaten the Krushers on the score board but it was the Kinsmen Krushers who won with the community's financial support for the Splash Pad.

The game, although light on attendance, was well received by those who were in attendance and raised \$20,000.

Kinsmen member Chris Luellman thanked the sponsors, kids and Kinsmen Krushers players for their support.

The Alumni team brought years of NHL experience to the ice but the game was a charity event and all for fun.

"The Toronto Maple Leafs alumni were very entertaining and personable with the Kinsmen Krushers team as well as the minor hockey team they were playing. The team took the time to visit teams in their respective dressing rooms and invited their minor hockey opponents back to theirs after playing them. I think the occasion will be remembered for a lifetime by all the young players as well as the Krushers," said Luellman.

VIP guests lined up for an autograph session and a meet and greet before the game.

Leafs centre Brad May said "he had



TRIBUNE PHOTOS BY LANA MEIERI

A friendly match between the Toronto Maple Leafs Alumni team and Kinsmen Krushers for a community splash pad.

the ability to be the best player on the ice," and he finished the game with a hat trick.

The Alumni had a strong performance by players Dave Reid, Matt Martin, Dan Daoust, J.S. Aubin, Christian Hanson, Shayne Corson, Wayne Primeau, Brad May, Steve Thomas, Rich Vaive and Gary Leeman.

"The game helped to raise the profile and awareness of our splash pad project," said Luellman. "It was a great event."



Captain Rich Vaive, right, lines up against Kinsmen Krusher Andrew Kirk for the ceremonial puck drop with Mayor Clive Hinds.



The Leafs' Christian Hanson opened the scoring for Toronto.



Krushers' coaches Chris Luellman and Kerry Hendry called a time out with three minutes remaining in the game.



Dennis and Aiden Peterson purchased Rich Vaive's autographed jersey.



Bob Beck had the thrill of a lifetime to be the bench boss for the Toronto Maple Leafs Alumni Team.



The Toronto Maple Leafs Alumni were available for autographs prior to the game for the VIP reception.



Leaf's fan Carter Ducharme had the entire Alumni team autograph his program.

Sniffing out rats for fun

By Jo-Anne Procter

You actually can teach an old dog new tricks.

Nine-year-old Great Pyrenees,-Golden Retriever cross Alice was just one of 20 dogs that tested their ability to sniff out live rats at a Barn Hunt "Try It" seminar and Crazy 8 practice south of Stony Mountain on Oct. 19.

Barn Hunt is a new and quickly growing sport for all ages and breeds of dogs as well as their human handlers. It is open to any dog who wishes to play the game and can fit through an 18-inch wide by bale-height tall tunnel.

Barn Hunt is based on the traditional roles of many breeds in riding farms, barns, crop storage areas and homes of destructive vermin. However, in the sport of Barn Hunt, rats are friendly, domesticated, most of which are beloved pets and are safely housed in aerated tubes. They are never hurt and seem to like the game, readily hopping into the tubes to get to work.

Rats are hidden in a course made of straw bales. The dog has to find the correct number of rats within a set time limit as well as go through a tunnel and climb on at least one bale. In addition to the live rat, there are also

empty tubes and tubes that have rat litter but no rat.

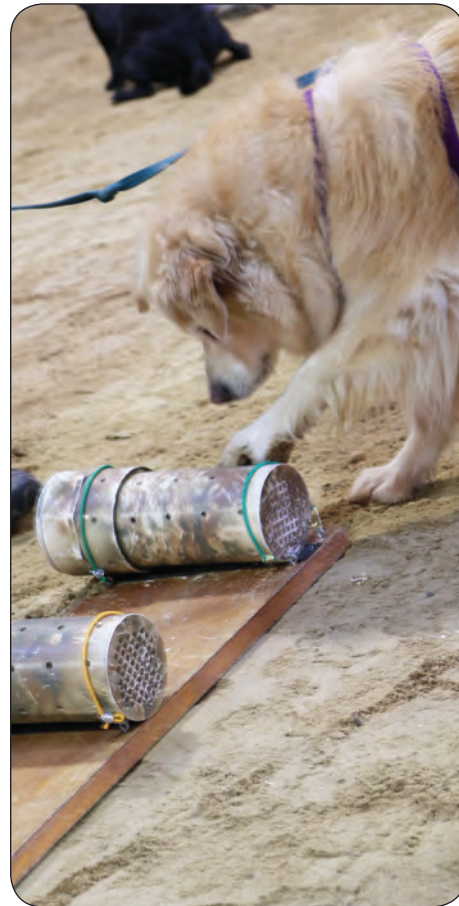
The judge does not tell the handler when a rat is found; instead, the handler must tell the judge. Each dog hunts and indicates differently; therefore, the handler's ability to understand their dog's signal is important.

There are levels of difficulty from instinct to novice up to master with increasing challenges.

At the seminar, dogs and their handlers had opportunities to practise sniffing out rats and try their skills in the course.

At the end of the day, more experienced dogs showed off their skills by running through a Crazy 8 course. In the fast-paced course, eight live rat tubes were hidden amongst the small straw bales. Dogs had two minutes to find as many tubes as they could, execute a tunnel and a climb.

The next barn hunt will take place in Brandon on Nov. 22-24, hosted by the Westman Rat Wranglers. For more information and dates, check out Barn Hunt Manitoba and Westman Rat Wranglers Barn Hunt Club on Facebook or contact Ramona at ramonas@wcvwave.ca.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Left photo: Alice sniffs out a rat in the Instinct section of the Barn Hunt "Try It" seminar on Oct. 19. Right photo: two-year-old Chilli, a boxer, and handler MJ Heaps are ready for their first Barn Hunt trial.



Pete, a jack russell terrier, is excited to show his handler Rhonda Chestnut which tube the live rat is in.

Donation to save the kilns



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Kinettes member Jean Burchuk, right, presented Catherine Precourt, manager of the Heritage Arts Centre, with a cheque for \$325 last Thursday. The proceeds are from a Paint Night held in July.

Sign up to become a Secret Santa for Seniors

By Jennifer McFee

A small gesture can make a big difference, especially when it comes to spreading a little Christmas cheer to someone who might be feeling forgotten.

The Secret Santa for Seniors project is embarking on its third year and it continues to grow.

Donna Grieve launched the initiative after seeing the success of a similar program launched by her sister in Alberta. The first year, they gave gifts to 187 seniors, followed by slightly more than 200 in 2018.

This year, she expects to distribute about 220 gifts for seniors in participating facilities, which include Rosewood Lodge, Crocus Manor

and Stonewood in Stonewall; Gateway Manor, Goodwin Lodge and the hospital in Teulon; Hilltop Manor in Stony Mountain, as well as to some seniors in Balmoral.

Through the anonymous initiative, the Secret Santas put together gifts for a senior they are paired with. This year, Grieve is hoping that the gift-givers will put the presents in a new pillowcase, which the senior can use as part of the gift.

"The pillowcase becomes part of the gift," she said.

"I thought this would be useful and environmentally friendly at the same time."

Most people usually spend around \$20, although some spend less.



TRIBUNE PHOTO SUBMITTED
The Secret Santa for Seniors project is looking for donations.

other stuffed animals to hold. Another great thing is lap blankets or shawls," Grieve said.

"However, the gifts can't contain food or drinks. That's really important because we don't know about dietary restrictions and we don't know if there are diabetics."

As another way to get involved, the students at Stony Mountain School will be creating handmade cards, as well as some children from local daycares and Beavers and Scouts groups.

Approximately 30 more sponsors are needed to ensure that all the seniors on the list receive gifts this year. Grieve encourages businesses and organizations to get involved.

To sign up to help, join the Facebook page called Secret Santa for Seniors and comment on the post that requests sponsors. Grieve will then be in touch with more information.

The gift donations can be dropped off at Sunova Credit Union and at the Co-op store on Main Street. Drop boxes will be in place by Nov. 2, and gifts must be dropped off by Nov. 20.

During the second week of December, Grieve will put a call out through the Facebook page for volunteers to deliver the gifts to the seniors.

"The reward is the look on their face," she said. "Many of them wouldn't even receive a gift otherwise."

"We don't put any restrictions on it. It's whatever people can afford," Grieve said. "If there are some gifts coming in that maybe don't have very much, I just supplement and buy out of my own pocket."

Gift suggestions include word search books, notepads and pens, slippers, non-skid socks, scarves, hats, mittens, hypoallergenic soap or body wash and hypoallergenic hand lotion. Other ideas are gift sets for men, gift sets for women, combs or brushes, and tabletop Christmas decorations.

"One of their favourite things to receive are the little Beanie Babies or

Remembrance

DAY

november 11th

SERVICES

(All events open to the public)

SCHOOLS	DATE	TIME
Inwood School	Thurs, Nov 7th	10:40am
Balmoral School	Thurs, Nov 7th	2:00pm
Brant-Argyle School	Thurs, Nov 7th	11:30am
École RW Bobby Bend	Thurs, Nov 7th	2:10pm
Grosse Isle School	Thurs, Nov 7th	10:00am
Rosser Elementary	Thurs, Nov 7th	2:30pm
École Stonewall Centennial	Thurs, Nov 7th	12:10pm
Stonewall Collegiate	Thurs, Nov 7th	10:45am
Stony Mountain School	Thurs, Nov 7th	9:15am
Teulon Collegiate and Teulon Elementary School at the Collegiate	Thurs, Nov 7th	10:45am
Warren Elementary	Thurs, Nov 7th	12:00pm
Warren Collegiate	Thurs, Nov 7th	10:45am
Woodlands School	Thurs, Nov 7th	10:00am
St. Laurent School	Thurs, Nov 7th	10:45 am
École communautaire Aurele-Lemoine	Fri, Nov 8th	10:30am
LEGIONS/HALL		
Stonewall Legion (Lunch to follow, doors open at 10:00am)	Mon, Nov 11th	10:30am
St. Laurent Metis Legion (Lunch to follow at the Legion)	Mon, Nov 11th	10:30am
Woodlands Legion Lunch to follow	Mon, Nov 11th	10:30am
Teulon Rockwood Centennial Centre 8:30am-10am Pancake Breakfast at Hall No Charge for Veterans, Cadets and Serving Members (Refreshments to follow service)	Mon, Nov 11th	Service at 10:30am
Brandt Argyle Memorial Community Centre Lunch to Follow	Mon, Nov 11th	10:30am
Stony Mountain Community Centre March to Cenotaph - Lunch to Follow	Mon, Nov. 11th	10:30am (Doors open at 10 am)
Inwood Hall (Coffee Available)	Mon, Nov. 11th	10:15am (Seated by 10:30am)

Donation to the burn fund



TRIBUNE PHOTO BY KYLE OULETTE

Rose Walder, right, and her daughter Shae-Lee Jackson, left, presented Capt. Jim Abrams, chairman of the Firefighters Burn Fund, with a cheque for \$1,630. The funds were raised in memory of Bradley Jackson, son and brother who passed away in 2018 due to third-degree burns to 97 per cent of his body. The money was raised through a social media Chase the Ace board and donations. Donation tins can be found around Warren, Stonewall (including the *Stonewall Teulon Tribune* office) and Winnipeg. To date, just over \$500 has been collected and another presentation to the Firefighters Burn Fund will be made in December. To make a donation in Jackson's memory, contact Walder at inmemoryofbrad@outlook.com.

get inspired

> MEAL IDEAS



Prosciutto-Wrapped Stuffed Turkey Breast

Recipe courtesy of Karista's Kitchen
Brine:

- 1/4 cup salt
 - 1 teaspoon whole black peppercorns
 - 2 bay leaves
 - 2 quarts water
 - 3 1/2-4 pounds turkey breast
- Turkey:
- 2 tablespoons extra-virgin olive oil, divided
 - salt, to taste
 - pepper, to taste
 - 1 tablespoon chopped fresh rosemary
 - 1 tablespoon chopped fresh parsley
 - 1 tablespoon orange zest
 - 4 cloves garlic, minced
 - 1/4-1/3 cup dried cranberries
 - 3/4 cup sliced California Green Ripe Olives, divided
 - 4-5 slices prosciutto
- Gravy:
- 2 tablespoons butter
 - 1 tablespoon all-purpose flour
 - 1-1 1/2 cups chicken broth
 - salt, to taste
 - pepper, to taste
 - orange slices, for garnish
- To brine turkey breast: In large, non-reactive bowl, mix salt, peppercorns and bay leaves in water. Place turkey breast in brine and cover with additional water, if needed. Place plastic wrap over bowl and refrigerate at least 8 hours or overnight.
- To cook turkey breast: Heat oven to 375 F. Remove turkey breast from brine, rinse and pat dry. On large cutting

board with sharp, sturdy knife, slice into thickest portion of turkey and cut lengthwise, but not all the way through. Brush inside of turkey breast with 1 tablespoon olive oil then sprinkle with salt and pepper, to taste, rosemary, parsley and orange zest. Spread minced garlic, cranberries and 1/2 cup sliced green olives over bottom half of turkey breast then fold top over bottom.

Brush outside of turkey breast with remaining olive oil and place prosciutto slices over top of turkey breast. Using three pieces kitchen twine, tie turkey breast on each end and in middle.

On baking sheet, roast turkey 15 minutes then turn heat down to 350 F and roast 35-45 minutes. Once internal temperature reaches about 155 F, remove from oven and tent foil over top to allow it to continue cooking and stay warm. Let turkey rest about 15 minutes. Once turkey is cool enough to handle, remove kitchen twine and slice. Arrange slices on platter.

To make gravy: Take remaining juice from baking sheet and add to saucepan over medium heat along with butter. Once butter is melted, sprinkle in flour and whisk. While whisking, add 1 cup chicken broth. If it becomes thick, add 1/2 cup chicken broth, or more, as needed. Let gravy cook several minutes, whisking constantly.

When gravy is done, remove from heat and drizzle over sliced turkey breast. Garnish with remaining green olives and orange slices. Serve warm.



Green Beans with Olive Butter

- Recipe courtesy of Culinary Hill
- 1/4 cup (1/2 stick) unsalted butter, softened
 - 20 California Black Ripe Olives, chopped
 - 2 shallots, chopped
 - 2 cloves garlic, chopped
 - 4 quarts, plus 1/4 cup, water, divided
 - 1 tablespoon salt, plus additional, to taste
 - 2 pounds green beans, trimmed
 - freshly ground black pepper, to taste

In food processor, pulse butter, olives, shallots and garlic; set aside.

In large saucepan or stockpot, bring 4 quarts water and 1 tablespoon salt to boil.

Add green beans and boil until tender-crisp, but still bright green, about 3-5 minutes. Work in batches, if necessary. Drain well and immediately plunge into bowl of ice water to stop cooking.

In large skillet, add remaining water over medium heat. Add blanched beans and toss until heated through. Toss beans with olive butter to coat. Season, to taste, with salt and pepper. Transfer to serving platter.



Looking On the Bright Side: Positive Thinking a Must

ant reality, or a distasteful or aggravating reality. Often, if we have had an ongoing negative saga, we are telling ourselves about our life. We play it over and over in our minds. This means we experience again and again an incident that happened once.

It has been said that what we think about expands. It has also been said that our intentions create our reality. In practical terms then, this could mean if we anticipate a negative outcome, that is exactly what we will get.

If we keep thinking how terrible a situation is, it will remain that way. If we focus on how miserable someone is to get along with, we will continue to experience them that way. Of course then, the opposite must also be true. If we tell ourselves our situation is not so bad, the person is not so difficult, our experience will be that things are getting better.

And if we could maintain an extremely positive outlook accepting that everything happens for a reason, or that some good comes out of every circumstance, then we feel happy most of the time, and our lives develop a comfortable flow.

This is not simply a trick of the mind to sugar-coat a less desirable reality. There is no objective reality only our own individual perception. Thus, how we decide to interpret a situation or the behaviour of another becomes our reality.

It can be a manageable reality, a pleas-

Indeed, there may have been many of them, if we are bothered, but the point is we create endless instant replays. We bombard ourselves with negative propaganda about ourselves, others or situations. Pretty soon we are living, in the bad dream we produced.

The longer we live in it, the more real, we assume it is. If we do not realize the extent to which we have created it, we are stuck. We look to others to change, so we can live a different reality.

Of course, people rarely change to suit our wishes. Since we are the producers of our own reality show, it is up to us to change it if we do not like how it is going. The good news is we do not always need to start with a fresh script, a new location and new actors. Sometimes simply adjusting the camera angle, to get a different perspective can change everything.

Gwen Randall-Young is an author and award-winning Registered Psychologist practicing in Sherwood Park, Canada. For information on her books, MP3 recordings and resources go to www.gwen.ca Follow her on Facebook for daily inspiration.



Potatoes Au Gratin with Fennel and Olives

- Recipe courtesy of Heather Likes Food
- 1 bulb fennel, washed, stalks removed and cored
 - 1/2 yellow onion
 - 2 large russet potatoes, washed and peeled
 - 1 tablespoon olive oil
 - 1 tablespoon salted butter
 - 1 cup, plus 2 tablespoons, heavy whipping cream, divided
 - 1/2 cup California Ripe Black Ripe Olives, sliced
 - 1/2 teaspoon kosher salt
 - 1/8 teaspoon black pepper
 - 3/4 cup Gruyere cheese, grated, divided
 - 3/4 cup Jarlsberg cheese, grated, divided
- Heat oven to 350 F.
- Using mandoline or handheld slicer, thinly slice fennel, onion and potatoes.

In medium pan, heat olive oil and butter then saute onion and fennel over medium-low heat 15 minutes, or until tender. Remove from heat.

In large bowl, combine sliced potatoes with 1 cup cream, olives, salt, pepper and all but 2 tablespoons of each cheese.

Add cooked fennel and onion to bowl and stir to combine.

Transfer potato mixture to 8-by-8-inch baking dish or deep pie plate and flatten surface so potatoes are mostly submerged in cream.

In small bowl, combine remaining cheese with remaining cream. Sprinkle cheese over top of potatoes evenly.

Bake 45-60 minutes, or until potatoes are tender and top is golden brown and bubbly. If needed, tent with foil to prevent top from becoming too brown. Cool at least 15 minutes before serving.

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Allana Sawatzky
allana333@hotmail.com

Janice Gulay
jkaraim@mymts.net (c) 1-204-648-3836

Rose Sawatzky
isa.rose1957@gmail.com (c) 1-204-479-8227

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The moon rules the night

By Ted Bronson

With darkness falling early in the evening this time of year, I was hoping that I could get out and do more stargazing.

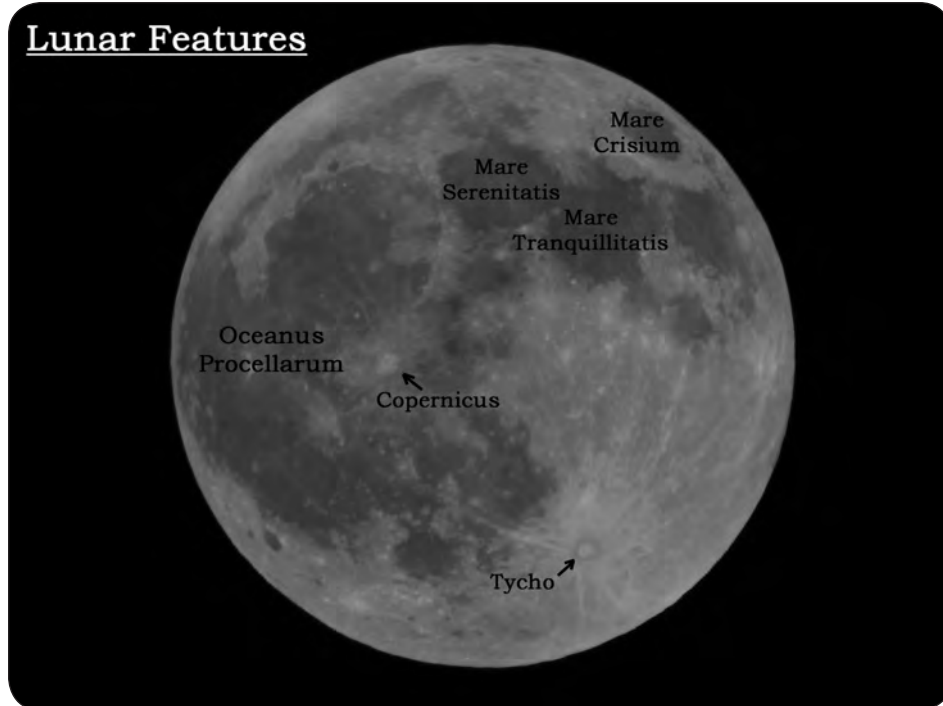
It seems that Mother Nature had other ideas. The summer was unusually dry with many nice but short clear nights for observing. As summer season morphed into fall, we seemed to be making up for the precipitation lacking during the summer months. This also meant most evenings and nights were cloudy.

There happened to be a night or two when there were clear breaks, however brief, during this period. Of course, it happened to be near a full moon. I decided to seize this opportunity to observe the moon!

The moon is Earth's only natural satellite. Its average distance from us is 384,000 kilometres and circles the earth in 27.3 days. It is also the brightest object in the night sky.

You can easily see from looking at the moon with your unaided eye that there are two types of terrain on the moon. The grey-coloured regions are called Maria, which means seas (the singular form is mare, pronounced mar-ay, and the plural is pronounced mar-rea), so-called because early astronomers believed these basins to be filled with water. We know now that the maria are in fact ancient pools of lava that flooded giant impact basins that have since solidified. Surrounding the maria are the contrasting bright white and heavily cratered highlands, which represent the most ancient parts of the lunar surface. Most of the far side of the moon is made up of highlands material whereas the largest maria are found on the nearside.

I like to scan the moon with binoculars when it's full or nearly so, when conditions are ideal for seeing the feathery rays that radiate from craters



TRIBUNE PHOTO BY TED BRONSON

There are two types of terrain on the moon that can be seen with your unaided eye.

such as Tycho and Copernicus. I find it a fun observing challenge to try to trace the full extent of these rays. Full moon is also a rewarding time to look

for subtle tints and shading in the large maria. Have you ever noticed how Maria Serenitatis (Sea of Serenity) and Tranquillitatis (Tranquillity) are slightly different shades of grey? Other regions are Mare Crisium (Sea of Crisis) and Oceanus Procellarum (Ocean of Storms). And, if you look carefully, you'll see plenty of surprisingly small craters, which appear as little bright spots on the dark maria. Basic moon maps showing more lunar features are available on the internet.

Seeing the maximum amount of detail generally requires two things. First, you must scan along the day/night line, called the terminator, to see craters and other features in stark relief. Second, you have to hold your binoculars steadily. Sit in a comfortable chair, preferably with elbow support, or secure your binoculars on a tripod to improve the view substantially, although at the expense of some convenience. Image stabilized binoculars can be expensive but provide a stable image without being tripod mounted. Although the moon's disk is quite small in most binoculars, if you look closely you can see many details.

By the way, Daylight Savings Time ends Saturday night Nov. 2 so remember to set your clocks back one hour to resume Central Standard Time. This means that darkness will fall earlier in the evening. Nice for us skywatchers!

As a community service, I am available to do talks on astronomy or related subjects to teachers, students, scouts, guides or any community groups who would be interested. I can be contacted by email at bronsont@mymts.net to schedule a presentation.

Ted Bronson is an avid local astronomer who has been observing the sky since 1964. This column "Guide to the Galaxy" appears monthly in the Tribune.

SERVICE CLUBS - Serving our Communities					Tribune
<p>Royal Canadian Legion Branch No. 52 Reg. Dues are \$45/year Members 70+ \$40/year The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. The Legion meeting is the 2nd Tuesday of the month at 8 pm at Stonewall Legion Club Room.</p>	<p>South Interlake Ag Society Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year It encompasses the needs of the three municipalities that it serves - Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.</p>	<p>Teulon Women's Institute Phone 886-2216 Fee: Nominal membership may apply Motto: "Home and Country" The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.</p>	<p>1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.</p>	<p>Quarry Toastmasters Brenda 467-5088 We have moved. Come join us for a visit or two. Quarry Toastmasters will be at the Chicken Chef in Stonewall 7:15-8:45 pm on Tuesday night. Our group helps you with speaking in front of people, grow's confidence, how a meeting should be run. We have an agenda, slow steps to get you to do speeches. We support each other and we also have fun.</p>	<p>Kin Clubs of Stonewall Motto "Serving the Communities" Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships. Kinsmen President Martin Mailman 204-467-8359 Kinette President Edith MacMillan 204-375-6691</p>
<p>Teulon & District Agricultural Society Lana Knor, President 467-0740 The Teulon & District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon & District Ag Fair and the Annual Teulon Pumpkinfest.</p>	<p>Interlake Community Foundation, Inc. 204-467-5634 www.interlakefoundation.ca The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.</p>	<p>Stony Mountain Stonewall Masonic Lodge #12 Call 204-467-2788 for Information Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-secular and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER. Monthly Meetings 2 B 1 ASK 1</p>	<p>Stonewall Ladies Auxiliary Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.</p>	<p>South Interlake Seniors Resource Council Inc. Darcy or Corinna @ 467-2719 sisrc@shaw.ca SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.</p>	<p>The Liliane Baron South Interlake Breast Cancer Support Group Claudette 886-2393 Joyce 467-2473 The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.</p>
<p>Knights of Columbus Stonewall Jesse Nugent 204-294-7170 \$40/member/year The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.</p>	<p>South Interlake 55+ Inc 467-2582 www.si55plus.org \$20/member/year si55plus@mts.net This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.</p>	<p>Stonewall & District Lions Shohn Godin 622 Centre Avenue, Stonewall 229-6476 Motto: "We Serve" Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings are every 4th Wednesday of the month at 7:15 pm September thru June.</p>	<p>Independent Order of Odd Fellows Stonewall Lodge #49 Larry O'Dell 467-8882 Ross Thompson 467-2438 www.ioofmb.ca Yearly nominal membership fee The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.</p>	<p>Stonewall & District Health Centre Ladies Auxiliary Marg Bond 467-8732 The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.</p>	<p>Grosse Isle Women's Institute Phone 204-467-9376 Motto: "Home and Country" The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.</p>
<p>Warren Horizons District Lions Club President: Irene Tully 204-375-6522 Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.</p>	<p>Warren & District Lions President Stu Bangle 204-467-1844 "We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.</p>		<p>Unity, Steps of Courage (AA) United Church, 369 1st Ave., N., Stonewall Fridays at 7:30 pm Info Call Bryce 204-430-6787</p>		

Activities for Seniors in Your Area



November 2019 Calendar of Events!
Activity Centre • 374 – 1st Street West
For newsletters, visit www.si55plus.org

Clip & Save

November 2019	
Nov 4 Afternoon Cribbage Tournament @ 1:00 pm	Nov 21 Casino – McPhillip's Street Station @ 10:00am
Nov 4 Book Club @ 9:30am	Nov 21 Ukulele Jam @ Something Beautiful @ 7:00pm
Nov 6 MTC The Color Purple – departs @ 12:30 pm	Nov 27 Accumulative Cribbage Tournament #3 @ 7:00pm
Nov 7 Bingo @ 1:30 pm	Nov 29 Quilter's Corner @ 10:30am
Nov 7 Ukulele Jam @ Something Beautiful 7:00pm	December 2019
Nov 8 Travel Club Meeting @ 10:30am	Dec 2 Painting Class with Gail @ 12:30pm
Nov 11 Closed – Remembrance Day	Dec 2 Afternoon Cribbage Tournament @ 1:00pm
Nov 13 Luncheon @ Noon	Dec 3 Book Club @ 9:30am
Nov 13 Accumulative Cribbage Tournament #1 @ 7:00pm	Dec 3 Hop, Drop & Shop @ 10:00am
Nov 14 Shopping – Outlet Mall @ 9:30am	Dec 4 One Stroke Painting @ Noon
Nov 15 Quilter's Corner @ 10:30am	Dec 4 Accumulative Cribbage Tournament #4 @ 7:00pm
Nov 20 Accumulative Cribbage Tournament #2 @ 7:00pm	Dec 5 Shopping @ St. Vital Mall @ 9:30am

Accumulative Cribbage Tournament

4 Week Tournament ~ Partner Play
 Nov 13, 20, 27 & Dec 4, 2019 @ 7pm
 55 Plus Centre – Odd Fellows Hall 374 1st Street W, Stonewall
 Refreshments ~ 50/50 Draw ~ Prizes each week!
 Registration Deadline: Friday, November 8th Call today: 204-467-2582

Christmas Dinner

Wednesday, Dec 11 @ Noon
 Entertainment by Southern Flavor
 Advance Tickets Required!
 Available @ 55 Plus Activity Centre
 Call for tickets 204-467-2582

PAINTING CLASS CHRISTMAS BALLS

Monday, Dec 2nd @ 12:30pm
 Register early – limited seats
 Call 204-467-2582

LUNCHEON

Wednesday, Nov 13 @ 12:00
 Roast Pork Luncheon & Dessert!
 No Advance Tickets Required! Everyone Welcome!

MONTHLY BINGO

Thursday, November 7th
 1:30 PM

AFTERNOON CRIBBAGE TOURNAMENT

Monday, November 4th @ 1:00pm
 ** Individual Play **
 \$5.00 @ the door
 Cash prizes ~ Door prizes ~ 50/50 Draw

BUS TRIPS

Nov 6 – MTC – The Color Purple
 Nov 14 – Shopping @ The Outlet Mall
 Nov 21 – Casino – Mc Phillip's Street Station
 Dec 5 – Shopping @ St. Vital
 Dec 8 – WSO – The Snowman
 Dec 12 – Casino – Club Regent
 Registration Required!
 Next Travel Club Meeting: Tues, Nov 8 @ 10:30am
 New Members Welcome!

WARREN YOGA FUSION

OCT 1 – NOV 19
 Tuesday's 11:00 am
 Warren Community Hall
 CALL 204-467-2582 FOR MORE INFORMATION AND TO REGISTER

For more information call 204-467-2582

South Interlake Seniors Resource - Stonewall 144-622 Centre Avenue - Lions Manor, Entrance 4.

SUPPORT SERVICES FOR SENIORS

- Driver/Escort Program • Equipment Lending Service • Meals on Wheels
- Lifeline • ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy) • Home Hair Care Service
- Resource information/Form Assistance

www.sisrc.ca

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

SISRC HAS REVISED OUR COMMUNITY HEALTH AND SENIORS RESOURCE GUIDE. THEY ARE AVAILABLE FOR PICK UP FROM OUR OFFICE. THEY ARE FULL OF GREAT LOCAL INFORMATION AS WELL AS GOVERNMENT INFO AND CONTACT NUMBERS.

Eating Alone? Join us for a once-a-month "POTLUCK PLEASURE AND FELLOWSHIP"

Tuesday, November 19th @ 5:00
 Church of the Ascension Parish Hall, 435 – 1st Ave. N.
 For transportation, please call 204-467-2234 or 204-467-8613

Invest in your financial well-being



November is Financial Literacy Month (FLM)! Throughout the month, Canadians are encouraged to invest in their financial well-being. This means taking control of their finances and reducing financial stress by making a budget, having a savings and debt reduction plan, and understanding their financial rights and responsibilities.

Remembrance Day

Remembrance Day was first observed in 1919 throughout the British Commonwealth. It was originally called "Armistice Day" to commemorate armistice agreement that ended the First World War on Monday, November 11, 1918, at 11 a.m.—on the eleventh hour of the eleventh day of the eleventh month.



For more information call 204-467-2719

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St,
 Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • FRIENDLY VISITOR
- DRIVER ESCORT • INFORMATION/FORM ASSISTANCE • ADOPT A GRANDPARENT
- DROP IN CENTRE AREA
- COMMUNITY VOLUNTEER INCOME TAX PROGRAM
- MEDICAL EQUIPMENT LOANS

REGULAR OFFICE HOURS: 8:30AM-4:30PM

St. Laurent Seniors Resource Council Inc.

"A HELPING HAND WHEN YOU NEED IT"

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

St. Laurent Community Health Centre

51 Parish Lane, 204-646-2504 ext.4

Seniors Resource Coordinator, Darlene McKay

Footcare clinic, Community Volunteer Income Tax Program, Exercise Program, Monthly Seniors Birthday Club, Mobility Aids, (E.R.I.K.) Emergency Response Information Kit, Victoria Lifeline, Volunteers for different services such as Friendly Visits and Telecheck, resource information, housekeeping, transportation, mobility aid equipment for loan. Fundraising activities throughout the year.

Monthly Birthday Bingo Club and whist tournament last Thursday of each month.

"Celebrating Seniors in Action"

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Trio of Interlakers to be inducted into Manitoba Baseball Hall of Fame

By Ty Dilello

The Manitoba Baseball Hall of Fame and Museum named their 2020 inductees at the Sport Manitoba building in downtown Winnipeg on Monday morning. Seven players/builders, four minor club teams, a special team and an honorary life member make up the 2020 class.

Representing the Interlake are inductees Blaine Fortin (Lundar), John Kroeker (Stonewall) and Andrew Halpenny (Selkirk).

"It's definitely a great honour," said Blaine Fortin. "Ten years ago I was inducted along with my Dad and brother in the special group category but being inducted as an individual is just as special."

Fortin played his minor baseball in the Interlake area and won a National Peewee Championship in 1990. He later played on Team Canada in 1994 in the World Youth Championships in Brandon, being named the Baseball Canada Player of the Year in 1994. That year he was also named Manitoba Athlete of the Year.

Fortin was then drafted by the Toronto Blue Jays in 1995 and spent three seasons in their minor league system.

"Getting to play three years in the minors was a very up and down experience. Playing my first season in rookie ball with Roy Halladay was pretty special. I learned so much about baseball in the three seasons I spent in the organization and a lot of those things I use to this day in coaching kids or facilitating coach clinics," Fortin said.

"In January of 1997 I received a call

to go to Toronto and catch for Roger Clemons. There was a lot of excitement in Toronto about him signing and for me to be a little part of that was pretty cool. Roger was very professional and was easy to catch for. He was really nice to me as well."

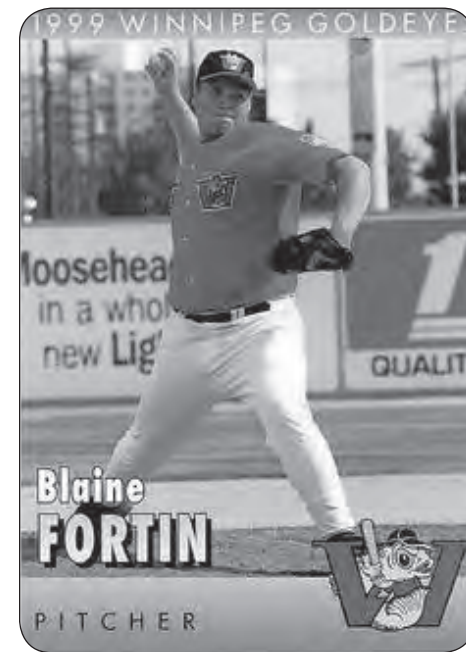
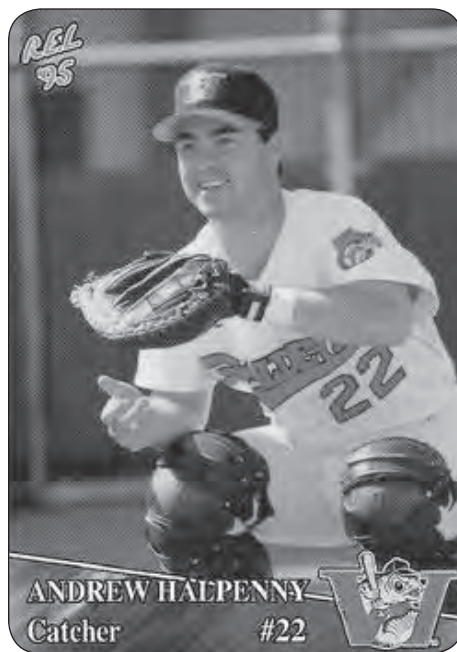
Fortin closed out his career with the Winnipeg Goldeyes in 1999 and has been back in the Interlake ever since coaching the next generation of ball players.

Stonewall's John Kroeker was also named to the Hall of Fame as a builder.

"It's a big honour to be inducted into the Hall of Fame," said Kroeker. "I played baseball as a kid and coached my son's team in Stonewall for a number of years. But when I really got involved was with helping with the building of the Fines Field Baseball Facility in Stonewall."

Stonewall Quarry Park's baseball facility includes a total of nine diamonds. Complete with bleacher seating, food concession and sound booth, the Class A diamonds have been the site for a number of national tournaments such as the Blue Jays Cups in 1997 and 1998. They were also used for the Pan Am Games in 1999 and the Western Canada Summer Games in 2003.

"Stonewall wanted to host the Nationals so we originally needed lights, bleachers, fences, etc. So I jumped in and we had a committee and convened every week with fundraising. It wasn't just me, but I kind of helped put it all together and it was a great project," Kroeker said.



TRIBUNE PHOTOS SUBMITTED

Manitoba Baseball Hall of Fame inductees Andrew Halpenny, left, of Selkirk and Lundar's Blaine Fortin were members of the Winnipeg Goldeyes in the late 1990s.

"We just bought a condo in Stonewall a few years ago and we are bordered right on the baseball facility so I can sit on my deck and watch a baseball game, which is quite nice."

The final Interlake inductee in the players category is Andrew Halpenny, who hailed from Selkirk and was a local star on the amateur circuit. He played for the National Baseball Institute in Vancouver and then played three seasons with the Winnipeg Goldeyes as a catcher from 1994 to 1996. Much like Fortin, Halpenny is also involved in developing the junior players today.

Other players/builders to be inducted are Ron Arnst, Les Charles, Morris

Mott and Kalam Paull. Joining them will be the Carman Goldeyes Midgets (1994-95), Juniors (1997-2000), Elmwood Giants Juniors (2002-2007) and Cardale Cougars Bantams/Midgets/Bisons (1971-75). Also getting the call to the Hall of Fame are the Portage Athletics Midgets (1991) and honorary life member Jack Callum.

The inductees will be inducted at the 24th annual induction banquet on Saturday, June 6 in Morden. Tickets to the induction banquet, being held at the Morden Event Access Centre, are \$75 until May 26. Pricing from May 27 to June 3 is \$85 each. Children's tickets are \$20.

Manitoba Sectional Figure Skating Championship set for this weekend

Submitted by Skate Canada Manitoba

The Skate Canada Manitoba Sectional Figure Skating Championship will select the top skaters in the province to advance to the 2020 Skate Canada Challenge, ultimately leading to the Canadian Figure Skating Championships.

This event, to be held this Saturday and Sunday, allows Manitoba to feature its skaters' athletic abilities and showcase their grace and talent to the public. These athletes will be travelling from across Manitoba, striving to compete for provincial titles and achieve personal goals.

The Skate Canada Manitoba Sectional Championships will be hosted by the Century Skating Club and Skate Canada Manitoba. The competition will be located at the St. James Civic Centre (2055 Ness Ave).

Over 60 figure skaters will be competing from the Pre-Juvenile to the Senior levels for the opportunity to be the top skaters in the province. The three top skaters at the Pre-Novice and Novice levels and the top two at the Junior and Senior levels will have the opportunity to continue to the 2020 Skate Canada Challenge in Edmonton from Nov. 27 to Dec. 1.

For Novice, Junior and Senior skaters, this will be a qualifying event for the 2020 Canadian Tire National Skating Championships. The Canadian Pre-Novice Champions in men's, women's, pair and ice dance are determined at the Skate Canada Challenge.

"Skate Canada Sectionals is the entry point for the athletes, enabling them to qualify for the 2020 Skate Canada Challenge in Edmonton in December followed by the National Championships in Mississauga in January," said Donna Yee, Skate Canada Manitoba board chair.

"It is very exciting for all the skaters to experience this level of competition and to dream about someday competing on the International stage."

For information on this event or other Skate Canada or Skate Canada Manitoba programs or initiatives, please contact Shauna Marling, executive director, at skate.exec@sportmanitoba.ca or at 204-925-5708 Monday through Friday from 8:30 a.m. to 4:30 p.m.

During the event, individuals can contact Allison Ward, local organizing committee chair, at 204-470-7114 or Shauna Marling at 204-797-8821.

Van Heyst runs well at cross-country provincials, earns major triathlon award

By Brian Bowman

The Stonewall Collegiate Rams' Megan Van Heyst had a real good couple of days last week.

On Oct. 22, she braved the cold and sloppy conditions at the challenging Stony Mountain course — finishing 26th out of 176 runners in the varsity girls' 4,000-metre race — at the MH-SAA cross-country provincials.

The very next day, Van Heyst was named the Triathlon Manitoba Junior Athlete of the Year at their awards banquet for the second straight year.

Van Heyst was very good in the varsity girls' race, finishing with a time of 20:32.

"I enjoyed the race, but it was challenging and not my best time," she said in an email. "I was happy with 26th considering the competition and the course. The conditions were cold,

wet and muddy; however, I prefer that over a hot and humid race any day."

The Stony Mountain course was tough but it was nice for local athletes to race so close to home.

"The course, especially the start, was very challenging as it started with a steep hill before continuing out to the quarry," Van Heyst explained. "Compared to all the locations I have gone to, this was the prettiest. It was nice to race close to home because I didn't miss as much school (although staying overnight somewhere farther is also fun).

"It was also nice for our team to see more friendly faces in the crowd."

Van Heyst had Stonewall Collegiate's best finish but the Rams had several other great performances at provincials.

"The Stonewall Rams had a good

team this year, with athletes in each age group," Van Heyst noted. "We had a few injuries this year to some of our fast runners, and that was unfortunate, but those who ran did well, and I'm proud of the team.

"This was my last year in high school cross-country, and I will miss it."

Van Heyst was very honoured to be named Triathlon Manitoba's Junior Athlete of the Year once again at their awards banquet last week.

"I am very proud of the year I had. I was able to compete in the States and across Canada, and ended the season with the Western Canada Summer Games. "I was the Age Group Sprint Series Winner (ages 16-19) along with the Junior Athlete of the Year Award, so it was a big night," she said.

"This was my second year competing as a junior, so to have that award



PHOTO BY JO-ANNE PROCTER
Megan Van Heyst finished 26th out of 176 runners at the cross country provincials.

two years in a row is pretty cool."

U18 Lightning knock off Norman twice

By Brian Bowman

A bus ride from the Interlake to Thompson isn't exactly a fun one.

But the Interlake Lightning sure had a fun ride home on Sunday.

The Lightning were feeling pretty good about themselves after sweeping the Norman Northstars in a pair of Manitoba U18 AAA Hockey League games last weekend.

Interlake earned the sweep after blasting Norman 7-0 on Sunday after-

noon.

Mathew Vandel scored a first-period goal and then Ayden Manningway (two), Cole Emberly, Lyle Murdock, Aiden Bruce and Austin Adair tallied in the second.

Manningway finished the game with four points while Adair had three.

Chris Fines made 37 saves for the well-deserved shutout.

On Saturday evening, Interlake knocked off Norman 5-2. The Light-

ning snapped a 2-2 third-period tie with three unanswered goals.

Vandel scored twice in the third and then Kaden Stewart added an empty-net goal.

Murdock scored a first-period goal for the Interlake and then Ashton Fisher tallied in the second. Adair assisted on both goals.

Albert Sinclair and Ryan Monias scored second-period power-play goals for Norman.

Fines stopped 37 Northstars' shots for the victory.

Interlake, now 5-5, will have three home games this week in Teulon, beginning Wednesday (8 p.m.) versus the Eastman Selects.

The Winnipeg Bruins will be here Saturday (7:30 p.m.) and then the Brandon Wheat Kings will visit on Sunday (2 p.m.).

Rams' JV girls' volleyball team spiking the competition

By Brian Bowman

The Stonewall Collegiate Rams' junior varsity girls' volleyball team proved that they can swing and dig with the bigger schools in the province earlier this month.

The Rams were outstanding at the Husky Invitational tournament in Winnipeg back on Oct. 18-19, finishing fifth overall at the 12-team tournament that featured several elite AAAA schools.

"I thought that was really awesome for the girls," said Rams' head coach Shae Johnson. "It was our first competitive tournament of the year. We're a AAA school because of the numbers we have at Stonewall and we were playing against AAAA schools and they were the top teams in the province."

Stonewall swept the MBCI Hawks 2-0 by scores of 25-18, 25-20 in the fifth-place game.

"The fact that we came fifth was really awesome for the girls and we showed we can compete with the top teams in the province," Johnson said.

The Rams are very good both offensively and defensively this season.

"We have a super strong offence, for sure, the girls are really talented hitting but they also have a lot of heart," Johnson said. "They hit the floor and play

defensively really well. They're really gritty."

Johnson said this group is a talented one that is a real pleasure to coach.

"We have a great group of athletes this year," she said. "I'm new to Stonewall and just student-teaching this year so I kind of stumbled upon this awesome group of athletes. I'm super lucky."

In WWAC Tier 2 league play this season, Stonewall is 5-1. Four of those wins have been three-set sweeps while the Rams have split a pair of close matches with the Shaftesbury Titans.

"Shaftesbury definitely has a really good team," Johnson said. "So it's good for our girls to have a closer game and have to battle and really earn those points. We played them three times in a row so it was really good for the girls to have that competition." Stonewall hosted the John Taylor Pipers in league play this past Tuesday but no score was available at press time. The Rams will then visit the St. James Jimmies on Nov. 5 for a 5 p.m. matchup.

Johnson feels the Rams have a good shot of winning a title in their four-team league. The Rams also have their sights set on advancing to the provincials. To get there, Stonewall will have to beat St. James and John Taylor in an interzone competition next month.



TRIBUNE PHOTO BY JO-ANNE PROCTER
The Rams' Gracie Fines goes up for a block

Southwest stuns Thunder

By Brian Bowman

The Interlake Thunder's outstanding season ended in the most disappointing way on Saturday.

The Southwest Sabres upset the Thunder 35-34 in a wild Rural Football League of Manitoba semifinal game in Stonewall.

In the other league semifinal, Swan Valley defeated Virden 28-6.

"It was a nice day for football. A little cool but it was playoff weather and both teams came to play," said Thunder head coach Mitch Obach. "They were putting up points and I don't think anyone led by more than a touchdown. It was back and forth all day and we just came up a little bit short at the end."

The teams were tied at 21-21 at half-time and then the Interlake took a 28-27 lead.

Southwest scored a touchdown early in the fourth quarter and then added a successful two-point conversion for a 35-28 lead.

The Thunder responded with a touchdown but their convert attempt hit the upright.

Interlake's offence played well for most of the game in scoring 34 points.

"Our offence played pretty solid all day and made some big third-down

conversions when we needed them," Obach said.

Thunder quarterback Josh Charison was 11-for-16 for 108 yards while running back Graeme Perrie was very good, rushing 28 times for 161 yards and three touchdowns.

"(Graeme) had a real solid game and a solid season but he had a tough season," Obach said. "He was dealing with a hamstring injury through much of the season so there were some games where he was shut down early and he sat out a game near the end of the year. He really got going the last two games. ... He was finding his stride and he was really good for us on Saturday."

Interlake's Carter Fuerst had eight rushes for 100 yards and a TD while Brady de Laroque scored Interlake's other major.

Defensively, the Thunder had trouble, at times, shutting down the Sabres.

"I don't think it was anything in particular," Obach said. "They just did a very good job grinding it out and making plays when they needed it to. They definitely won the field-position battle and they had a kickoff return for one of their touchdowns and another one was set up by a big punt



TRIBUNE PHOTO BY LANA MEIER

The Thunder's Graeme Perrie rushed for 161 yards and three touchdowns.

return. They definitely won the (special) teams battle which set them up to score points when they needed."

Despite not getting a chance to defend their league title, the Thunder enjoyed a very successful season in their second year in the league.

"We had a solid year again," Obach said, noting the Thunder will lose just six players due to aging out from this year's team. "We found a place in this

league that we really like. It was good to see those teams again and build those rivalries. You never want to lose, and losing a tight one like that, stings, of course, but that's football, right?"

"There's definitely some good football teams (in our league) and we just ended up on the wrong end of a close one or we would be talking about playing for a championship next week."

Bantam Lightning split pair of games

Staff

The Interlake Lightning Bantam hockey team had mixed results last week.

Interlake started the week with a solid 4-2 home victory over the Winnipeg Hawks last Thursday but then was stopped 7-1 by the Yellowhead Chiefs on Saturday in Shoal Lake.

In the win over Winnipeg, Interlake trailed 2-0 after the first period but then took the lead with a pair of

second-period power-play goals from Hayden Wheddon and another from Ty Woods.

Rylan Slatcher added a shorthanded marker in the third.

Dawson Cowan made 35 saves for the victory.

In the loss to Yellowhead, Reid Byle scored Interlake's only goal in the second period.

The Lightning is back in action Saturday when they host the Eastman

Selects in Stonewall. Puck drop is 7 p.m.

In U17 Prep action, the Interlake Lightning lost a pair of games last weekend.

Interlake was beaten 9-1 by the Winnipeg Bruins on Saturday and then the Lightning lost 7-4 to the Brandon Wheat Kings on Sunday.

Alexander Kaczorowski led the Lightning with two goals and an assist against Brandon while Wheddon

(an AP) and Nathan Vigfusson also tallied.

Three of the Interlake's goals were scored in the first period. Brandon snapped a 4-4 third-period tie with three unanswered goals.

Against the Bruins, Andrew Henry scored Interlake's lone goal on the power play in the third period.

Interlake's next game is this Sunday when they battle the Wheat Kings in Brandon. Game time is 1 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Cody McMillan (2) led his team with two second-period goals against Leo Remillard on Oct. 23.

Rams lose another close game

Staff

Another game, another close loss for the Stonewall Collegiate Rams' hockey team.

Stonewall came up just short for the third time this season after getting nipped 3-2 by Leo Remillard in Winnipeg High School Hockey League action last Wednesday.

Cody McMillan led the Rams with two second-period goals, both assisted by Owen Forbes. Stonewall's

Adrian Klimpke and Colby Thiessen also had assists in the game.

Zavier Maguet scored a second-period goal for Leo Remillard and then Eric McNeil tallied twice in the third.

Dray Sobkow took the loss in goal. The Rams are back in action Wednesday when they host the Sanford Sabres.

The Kildonan East Reivers will visit Stonewall on Friday. Puck drop for both games is 3:45 p.m.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

King, Team Manitoba win silver at WHL Cup

By Brian Bowman

Karson King had a great experience representing Manitoba at the WHL Cup.

He also came home to Warren with a silver medal.

Team Manitoba had to settle for the silver after losing 4-2 to Team Saskatchewan in the gold-medal game Sunday in Calgary.

Saskatchewan clinched the victory by scoring an empty-net goal with just 20 seconds remaining in the third period.

"It was anybody's game," King said Monday evening. "Both teams played really good but unfortunately they came out on top. We could have done it but, unfortunately, that's the way it goes."

"(Winning silver) is unreal and it's not often that you get to compete in a tournament like this and to come home with a medal, especially silver, is quite awesome."

Manitoba reached the final after defeating British Columbia 5-4 in a game that had a very wild finish.

Carter Anderson scored his second goal of the game - and fourth of the

tournament - at 19:59 of the third period on a dump in slap shot that fooled goaltender Kolby Hay.

Manitoba entered the third period with a 4-1 lead but B.C. replied with three goals to tie the score. Keefe Gruener and Luke Robson scored first-period goals for Team Manitoba and then Conor Geekie scored on a penalty shot in the second.

Anderson tallied later in the second period to restore Manitoba's three-goal cushion. The goal was assisted by King.

He was quite thrilled to score a point in the tournament.

"It was awesome because I was hoping all week to get on the scoresheet and it finally happened," King said. "It was like a two-minute shift and the defenceman fell so it was a 2-on-1 and I really didn't have anything left in the tank and we happened to pop one in."

Manitoba started the tournament with a 7-3 loss to Alberta on Oct. 23 and then was beaten 5-2 by B.C. the next day.

Last Friday, Manitoba edged Saskatchewan 4-3.

Playing against the very best players



TRIBUNE PHOTO BY ANNALIESE MEIER

Interlake Lightning's Karson King (15) had an assist against B.C. at the 2019 WHL Cup in Calgary last weekend.

of his age group from western Canada was pretty neat. It was also great to play alongside some very talented hockey players on Team Manitoba, said King.

"It was quite the experience," said King, who plays for the Interlake

Lightning U16 team this season. "It was a long week but it was worth it. It was pretty cool, especially in the semi-final game where we scored with less than a second left to go to the final."

"It was really fast hockey and fun to keep up with."

Local athletes run well at MHSAA cross-country provincials

Staff

The weather conditions were certainly not great for the MHSAA cross-country provincials, but there were plenty of great performances by local athletes on Oct. 22.

Runners braved the cold, snowy, blustery, rainy, muddy and sloppy conditions at the challenging Stony Mountain course.

The Stonewall Collegiate Rams' Megan Van Heyst was very good in the

varsity girls' race, finishing 26th out of 176 runners.

She finished the 4,000-metre race in a time of 20:32.

The Rams' Chloe Hunter was also very good in the varsity girls' race, placing 54th with a time of 22:05. Stonewall Collegiate's Tess Derksen placed 75th (23:05).

Also finishing within the top 100 was the Rams' Trinity Rutledge. She crossed the finish line in 96th place with a time of 23:43.

Stonewall Collegiate placed fourth in the varsity girls' team category for A-AAA schools.

In the varsity boys' 5,000m race, the Rams' Hunter Olson placed 57th out of 241 runners with a solid time of 21:19.

Stonewall Collegiate's Cale Woods was 64th (21:25), followed closely by teammate Sebastien Pruneau, who was 67th with a time of 21:28.

Also finishing in the top 100 were Stonewall Collegiate's Adam Stamler, (86th, 22:10) and Max Reid (91st, 22:15).



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's varsity boys' team placed third in the A-AAA category. Pictured left to right, Eric Mattson, Andrew Perrie, Adam Stamler, Liam Proven, Hunter Olson, Max Reid, and Sebastian Pruneau.

Stonewall's varsity boys' team placed third in the A-AAA category.

The junior varsity girls' race saw Stonewall Collegiate's Kate Farmer place 64th with a time of 16:40 while

the Rams' Brooke Farmer was 78th, crossing the finish line in 16:55.

No local athletes finished in the top 100 of the junior varsity boys' race.

**Woodlands
Rec Centre &
Minor Ball**

AGM

**Tuesday, November 5th
7 pm at Woodlands Rec Centre
ALL WELCOME**

Jets fly to pair of weekend MMJHL victories

By Brian Bowman

The Stonewall Jets had a very good weekend.

Stonewall won both of its games while outscoring its opponents 14-3.

The Jets secured the sweep after a solid 5-2 road victory over the Transcona Railer Express in Manitoba Major Junior Hockey League action on Sunday afternoon.

Three of Stonewall's goals were scored on the power play.

Nicholas Prystupa, Ryan McMahon, Branden Storey, Shaydon Mousseau and Carson Ouellette scored for the Jets.

Noah Skorpad and James Poirier replied for Transcona.

Curtis Beck stopped 20 Transcona shots for the win.

The Jets snapped a four-game losing streak by blasting the River East Royal Knights 9-1 last Friday in Stonewall.

After a scoreless opening period, Stonewall led 3-1 after 40 minutes and then exploded for six third-period goals.

Matthew Smith led Stonewall with two goals and two assists while Brendan Labossiere also tallied twice and Marcus Dewey chipped in with a goal and three assists.

Foster Bytheway, Prystupa, Cole Butler and Storey scored the Jets' other goals.

Ryden Fedyck, a former Selkirk Steeler, replied for River East.

Beck made 47 saves as Stonewall was outshot 48-33.

Stonewall, now 5-4, will be on the road for a pair of games in the next few days. The Jets will visit the Raiders Jr. Hockey Club on Friday and then will battle the St. Boniface Riels Monday.

Puck drop for both games is 7:30 p.m.



TRIBUNE PHOTO BY LANA MEIER

Jets' goaltender Curtis Beck made 47 saves against the River East Royal Knights in Stonewall's 9-1 win last Friday.

Jets' organization hopes excitement of team spreads throughout community

For years, the Stonewall Jets have played a very exciting brand of hockey. Now, the organization wants to see that excitement spread throughout the community. With a new board overseeing the operations of the club, the organization is looking to have a bigger presence in the community.

"It's a community-owned and operated organization and it's all on a volunteer basis for the guys that have stepped up," said Jets' president Dale McClintock earlier this week. "It's about \$80,000 a year to run this organization and it's all donation based from what the volunteers can drum up to run this club."

"Without guys like this, we wouldn't have a junior hockey program in Stonewall."

The new board has several individuals with great hockey minds that enjoyed successful years as players on

the ice.

"Everybody is a hockey mind and have a hockey background," McClintock noted. "We all played at a junior level or something better. A lot of us are alumni of the Jets from years past. We wanted to take the parents out of the organization. We felt at this age it's time for the parents to show up at the rink and watch the games. We don't want them to have to watch a door, run a goal light, or sell 50/50 tickets."

"We're bringing a whole new look to the organization. It's always been a first-class organization but we're just trying to take it to the next step."

The Jets' annual fundraising dinner, meanwhile, will be held Nov. 16.

The dinner is a major fundraiser for the club.

"It's huge for us," McClintock stressed. "We're trying to make it

into something special this year. We changed the dynamic a little bit. We're doing an alumni weekend. We play a home game on (Feb. 14) against the Raiders. We're doing an alumni appreciation on the Friday night and then Saturday we're going to have an alumni game in town at the rink and then there will be a banquet or gala and we'll have a couple of keynote speakers."

Philly from Power 97 will be the emcee once again and then the night will turn into a "social evening" around 10 p.m. for the players, friends, and girlfriends.

"It's going to be an all day or all weekend event this year," McClintock said. "We want to get people from the community and sponsors together and showcase our brand and what we're all about here as an organization."

Stonewall businesses have always been great supporters of amateur sports.

"Businesses here have always been unbelievable," McClintock noted. "They always come up big for us. The way they treat these kids is second to none. If they are in their establishments, whether it be a restaurant or the local pub or what have you, they're treated like superstars. It's always first class here - it's a great community."

Another fundraiser that the Jets have this season is a pick-to-win to replace a 50/50 draw. The idea is to get more people in the stands for home games.

"It's a bigger pot," McClintock said. "I think our progressive is at \$1,670 for our next home game. The support has been fantastic. People have been coming out year after year to operate this organization and I can't thank them enough."



**Stonewall
Jets Player
Profile**

#4



Foster Bytheway

Defence shoots Left, 5'10" 190 lbs DOB 1999

Upcoming Games

- Friday, Nov. 1 at 7:30 p.m.**
Raiders Jr at
Seven Oaks Sportsplex
- Monday, Nov. 4 at 7:30 p.m.**
St. Boniface Riels at
Notre Dame Arena

Come out to support the Jets

Play 'Pick to Win' and enter to win the Jackpot. One lucky winner every home game wins a 2-topping XL Pizza Den pizza and a chance to win. If no winner, the pot continues to grow.



2019 Stonewall Jets Junior Hockey Club

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Stonewall Teulon
Tribune

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

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Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

HELP WANTED

Grysiuk Apiary Inc. requires 6 full time seasonal apiarists in Argyle, MB., wages are \$12 - \$16 per hour depending on experience. Job is physically demanding, must help with wrapping, feeding, making nucs, supering, pulling honey, honey extraction, medicating hives, and winter preparation. March 2020 - October 2020. Please call Cal Grysiuk ph/fax 1-204-831-7838, email acgrysiuk@shaw.ca or mail to 83 Acheson Dr., Winnipeg, MB. R2Y 2E8.

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!

LAND FOR RENT

Agricultural Crown Lands are presently available for rent for hay or grazing or cropping. These lands will be available for rent through in-person auctions. In the event that a scheduled auction is cancelled due to inclement weather, alternate auction dates are listed in parentheses: November 27, 2019 (Dec. 9) - 10 a.m. - Manitoba Agriculture Office, 1129 Queens Avenue, Brandon, Manitoba - Auctioned lands located in Cornwallis, Ellice-Archie, Pipestone, Victoria & Wallace-Woodworth. November 28, 2019 (Dec. 10) - 10 a.m. - Ukrainian Hall, 202 5th Street NW, Minnedosa, Manitoba - Auctioned lands located in Alonsa, Glenella-Lansdowne, Rosedale & Westlake-Gladstone. November 29, 2019 (Dec. 11) - 10 a.m. & 2 p.m. - Provincial Building, 27 2nd Ave SW, Dauphin, Manitoba - Auctioned lands located in Alonsa, Dauphin, Indigenous & Northern Relations, Gilbert Plains, Grandview, Lakeshore, Mossey River, Riding Mountain West & Roblin. December 3, 2019 (Dec. 12) - 1:30 p.m. - War Veterans Community Hall, 119 6th Ave N., Swan River, Manitoba - Auctioned lands located in Ethelbert, Minitonas-Bowman, Mountain North, Mountain South & Swan Valley West. December 5, 2019 (Dec. 13) - 10 a.m. - Manitoba Agriculture Office, 43 Railway Ave., Ashern, Manitoba - Auctioned lands located in Armstrong, Grahamdale & West Interlake. December 6, 2019 (Dec. 16) - 10 a.m. & 2 p.m. - Dugald Community Club, 544 Holland Street, Dugald, Manitoba - Auctioned lands located in Alexander, Armstrong, Cartier, City of Winnipeg, Coldwell, Headingley, La Broquerie, Lac du Bonnet, Morris, Ritchot, St. Laurent, Stuartburn & Springfield. A complete listing of Agricultural Crown Lands available for rent can be found online at: https://resd.ca/leases_and_permits/LPproperties.aspx or at any Manitoba Agriculture, RM, or First Nation Band office. Bidder registration opens 45 minutes prior to the auction start time. Successful bidders will be required to pay via cheque the day of auction. If translation or accommodation services are required at auction, please contact us at least 5 days in advance of the auction. For additional information, please contact your nearest Manitoba Agriculture Crown Lands District Office (or via email at agcrownlands@gov.mb.ca) or call Real Estate Services Division at 1-866-210-9589. A listing of Manitoba Agriculture Crown Lands District Offices can be found online at: <https://www.gov.mb.ca/agriculture/contact/index.html>

HELP WANTED

Homecare worker needed to care for a female stroke patient. Duties to include bathing, dressing, light housekeeping and meal preparation. \$14 per hr + meals. Located 5 miles North of Austin in the Pine Creek Area. Call 204-872-0031 or 204-872-7877. References required.

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SUDOKU

		4						
		8		1	7			2
			3			8		
	6	7		8				3
			2	5	3		9	6
	9							
1	4		9					
	8			7				
3			6		1			7

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

7	2	1	4	9	8	6	5	3
4	3	6	5	7	1	2	8	9
5	8	9	2	1	4	7	3	6
8	7	2	1	4	7	9	3	6
9	6	4	3	5	2	1	7	8
3	1	3	5	7	9	6	2	4
6	4	8	9	2	3	1	5	7
9	2	5	7	3	4	1	8	6
1	6	1	9	7	8	5	4	2

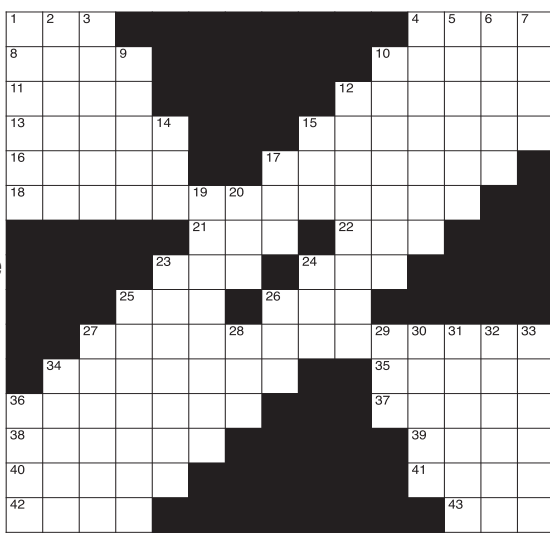
Sudoku Answer

S	E	N	E	T	S	E	N	V	T	V
T	V	T	S	E	L	I	N	I	N	
S	E	B	E	R	I	V	E	R	I	P
E	C	A	V	E	C	I	V	N	V	F
N	O	S	N	A	T	I	V	A	M	
G	W	F	E	R	D	E	D	E	R	
S	T	I	N	E	N	I	V	A	R	E
R	E	R	E	I	V	E	I	M	E	O
R	E	R	E	S	I	T	E	S	O	T
D	E	V	E	R	I	T	S	W	I	V
S	E	T	E							

Crossword Answer

CROSSWORD

- CLUES ACROSS**
- Third-party access (abbr.)
 - This (Spanish)
 - Goals
 - Something to do lightly
 - "Great" North Sea Empire legend
 - Iced or chilled drink
 - Weight units
 - Immune system response
 - Groundbreaking German pharmacologist
 - Milk-supplying companies
 - Enjoyable distraction
 - Doctor of Education
 - Type of submachine gun (abbr.)
 - Curved shape
 - Brew
 - The 13th letter of the Hebrew alphabet
 - Advanced degree
 - Shock rocker
 - Enthusiast
 - Quiet's partner
 - Hijacked
 - TV's once needed them
 - Brings together
 - Narrow piece of wood
 - Paths
 - Monetary unit
 - Wings
 - Soviet Socialist Republic



- Gear
- Outer part of a bird's wing
- Good luck charm
- Removing from memory
- Group of seven people
- Records
- German river
- "Last of the Mohicans" actress Madeleine
- Ancient Greek war galley
- Nonsensical speak
- Title of respect
- Cast out
- Have already done
- Wood-loving insects
- Analog conversion system (abbr.)
- Pokes holes in
- Waiver of liability (abbr.)
- Sea cow
- Protein coding gene
- Where boats park
- The top of a jar
- Fitting
- German city
- Martens
- They're all over the planet
- One that nests
- Coming at the end
- Croatian coastal city

CLUES DOWN



BOM Specialist

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- Support production and service in terms of quality control and quality assurance.
- Support production during process control changes and implementation.
- Provide accurate BOM and product data routing to production team.
- Provide "ready for production" product data, information, and BOMs.
- Maintain correct information process and flow between engineering and production.
- Edit and make adjustments to existing BOM as required.
- Perform administrative duties as assigned.
- Conduct work flow analysis and make recommendations for improvement in material handling, shop layout, parts and paper flow.
- Research and understand company's products, purpose and functionality.
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Qualifications:

The successful candidate must have a high school diploma, manufacturing experience, and related experience in providing technical support in areas of engineering files and technical information. In addition, the following competencies are required.

- ERP training or knowledge
- Microsoft Office – Excel – data manipulation, charts
- Organizational skills, team worker, reading/ understanding of electrical drawings and schematics
- Written and oral communication skills
- Technical Writing experience
- Demonstrated effective writing skills

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**Applications will be received until
Friday, November 8th, 2019**



CUSTOMER CARE REPRESENTATIVE

Vidir Solutions is a leading manufacturer and worldwide supplier of automated material handling solutions. We are currently looking to fill a full time position in our Customer Care Department. A customer care representative is genuinely excited to help customers. The CCR will develop constructive and cooperative working relationships with the sales, production, logistics and installation departments of Vidir. They will start and monitor the progress of the order from initial receipt to completed installation ensuring optimum timely results are achieved to meet the expected delivery date of the customer. The CCR will act as liaison, provide product/services information and resolve any emergency problems that our customer accounts might face with accuracy and efficiency. The CCR can put themselves in their customer's shoes and advocate for them when necessary, keeping Vidir in the forefront of their decisions. The CCR will manage the installation schedule.

Position:

- Manage multiple customer orders
- Identify and assess customers' needs to achieve satisfaction
- Organize and control the installation of product
- Build sustainable relationships and trust with customer accounts
- Provide accurate, valid and complete information by using the resources available –production, engineering, sales department
- Handle customer order changes and customer complaints; provide appropriate solutions. Follow up to ensure resolution.
- Keep records of customer interactions, and file document and email correspondence in appropriate customer record in Syteline
- Manage installation process

Qualifications:

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- Excellent Microsoft Office knowledge
- Familiarity with CRM systems and practices
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**Closing date for applications
Friday, November 8th, 2019**

*Only those selected for
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OBITUARY



Clara Emily (Smith) Moore

Peacefully, with family at her last residence, Rosewood Lodge in Stonewall, Clara passed on October 24, 2019 just into her 100th year.

She lived a good and full life for her 99 years. Born to Henry and Mathilda (Schultz) Smith at Grass River, near Plumus, Manitoba on September 11, 1920, the third child and eldest daughter.

After the family moved to Winnipeg, then Rockwood, she and her husband in 1940 resided on the Moore family farm in the Grassmere-Tecumseh District, and then from 1945 on their own farm. They worked to establish a dairy and had hardships, losing their dairy herd twice to TB. The farm was always populated with various types of fowl and animals. There was always a large garden and flowers, and Clara spent long hours canning and pickling and filling the freezer. She sewed and knitted and made beautiful quilts. She loved her colourful Gloxinia plants. There was always home cooked meals and baking.

She was famous for her date-filled oatmeal cookies.

She worked in Stonewall at clerical and bookkeeping jobs at Stonewall Pharmacy, Stonewall Hardware, Co-op, and Taylor's Food Centre. She and Bill travelled over most of Manitoba to the fairs helping friends Ernie and Liz with their heavy horses. There were many friends made in the community groups she participated in. She loved Bingo and doing the Jumble puzzles, watching curling, going out for lunch and then playing her favorite VLT games.

Clara was preceded by her husband Willis (Bill) Moore in 1999, her parents, her brothers Walter (Clara) and Ed (Edith) Smith, her sister Eleanor (Joe) Peterson and all of Willis' ten siblings and their spouses, her son-in-law Dale Gallant, most of her close cousins and many life-long friends.

She is survived by daughters Eleanor Moore and Cheryl (Jack) Willis, grandchildren Jim (Z'Anne) and Blair (Wendy) Moore, Lisa Tarko (Joey Uliana) and Geri (Cory) Grzenda; great grandchildren Katelyn (Jamey) Martin, Harleigh (Reuben) Hoogerdijk, Hillary and Nick Grzenda, Cheyenne and Jamie Moore; great-great grandchildren Viktor Hoogerdijk and Porter Martin; also Wendy's family Jeff and Kim Cloutier and Danielle and Johnny Medeiros.

The service will be held in the Anglican Church of the Ascension, Stonewall on Thursday, October 31, 2019 at 11:00 a.m.



204-886-0404

OBITUARY



Patricia Jean Goodman (McFee)
July 27, 1932 - October 25, 2019

Surrounded by her loving family, Patricia Jean Goodman passed away peacefully on Friday, October 25, 2019 in Winnipeg, Manitoba.

She is survived by her sons Rick (Beatrice), Mundi (Janet), and David; her daughters, Cheryl (Dave), and Kelly; numerous grandchildren and great grandchildren; several nieces and nephews.

She is predeceased by her husband Alvin; her daughter Arlene; her parents Richard and Jean; brothers Andy and Billy; sisters Irene, Margaret, Verna, Edna, Phyllis, and Shirley.

Mom was born in Erinview and later raised her family there. She instilled in us the importance of taking care of family and others. Mom played an important role in her grandkids' and great grandkids' lives. We have always been inspired by Mom's amazing resilience and positivity. She had a good sense of humour. Mom worked tirelessly on the farm for many years. She spent her later years in Winnipeg where she maintained her independence. Mom was always an avid reader; she loved her pet dogs; she loved to start and share apple, lemon, orange and avocado trees; and she enjoyed her favourite reality and game shows. Mom kept in touch with family and friends through phone calls and Facebook, and she never missed special occasions or anyone's birthday.

A private service will be held at a later date.

In lieu of flowers, donations to Siloam Mission would be greatly appreciated.

A special thank you to all the staff at the Grace Hospital.



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