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TRIBUNE PHOTO BY JO-ANNE PROCTER

STARS Air Ambulance made a special appearance at the annual Rosser Fire Department's Open House last Saturday. Guests were welcomed to view the inside of the helicopter and ask members of the flight crew questions. Just as this photograph was taken, a call came in for the crew to assist at an accident east of Winnipeg. Pictured from left to right: STARS flight nurse Sarah Painter, Colby Darragh, Sydney Boughton and Blake Darragh.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



Progressive Conservatives mix and mingle in Gimli



TRIBUNE PHOTO SUBMITTED
Agriculture Minister Ralph Eichler, Premier Brian Pallister, Municipal Relations Minister Jeff
Wharton and Rockwood Reeve Jim Campbell.

By Patricia Barrett

The Progressive Conservative Party of Manitoba held a retreat in Gimli last week to review its strategic direction and touch base with rural politicians and business leaders.

Premier Brain Pallister spoke at a party breakfast Sept. 27 at the Waterfront Centre, where MLAs and ministers mixed and mingled with an invitation-only crowd.

"Manitoba's in a mess and we're cleaning it up," said Pallister, summing up the overall state of the

province

The premier alluded to the necessity for cutbacks, given a ballooning provincial debt that he said Treasury Board staff had pegged at \$1.7 billion by 2020.

"We now have it at \$1 billion lower than that," said

He shared a story of how his family had to make do with less during tough economic times.

"We did not have a lot on our farm growing up," he said, referring to his childhood home southwest of Portage la Prairie. "Our parents never ... forgot about what was coming up. And we did without a lot of times, ate a lot of puffed wheat."

Although the puffed wheat remark made a number of people laugh, Pallister attributed it to his 6'8" frame

The premier took a few swipes at the federal Liberal government, notably its plan to implement new tax rules for small businesses and introduce a national carbon tax.

Ottawa plans to end what it calls tax loopholes used by small business owners, particularly the transfer of income to family members in a lower tax bracket in order to lower business tax burdens.

"We're going to ask the people in this room to ... stand up against the proposed changes that Ottawa is bringing forward, which will strongly disadvantage small businesses and farms in our country," said Pallister. "Small business people take risks. They hope to make a profit and retain those earnings most of the time so they can grow that business

and get through a difficult year. These things need to be respected. Vilifying people in small business by referring to them as tax-evaders or taking advantage of loopholes ... is just simply wrong."

Pallister called Ottawa's carbon tax an ultimatum rather than a proposal, and said that the party's "Made in Manitoba" plan of financial incentives will soon be available for consultation.

"We have a better plan. Over the next few days, we will receive constitutional legal advice which will guide our actions ... as to whether or not the [federal] government can actually force us to do this. We like the incentive idea of rewarding people for behaviour better than punishing them."

On the public services front, Pallister said Manitoba has the "worst services" in the country and improving the system will not be easy.

"Our social services are in disarray, the quality of our educational programs are running 10th of 10 provinces and our health care waits are unacceptable — the longest in Canada, double the national average," he said. "Change is not easy, but I would rather we do the right thing and we're unpopular for a time ... Our health minister isn't backing off."

After breakfast, some of the MLAs and ministers visited Gimli's Industrial Park where two fish plants are in the process of being established. Bill 23 will remove Manitoba from the Freshwater Fish Marketing Act and create a free market. It is expected to pass before year's end.

Locals particpate in 20th CIBC Run for a Cure

By Jo-Anne Procter

An aunt battling cancer for the past year was more than enough to motivate Argyle's Jessica Nunn to gather family and friends to join her team "The Bouncing Betties", at the annual Canadian Cancer Society's CIBC Run for a Cure on Oct. 1.

Nunn's aunt, Cathy Reeve, a survivor and her friend Lois, a five-year survivor along with the team raised a combined total of \$1832.

Breast cancer continues to be the most commonly diagnosed cancer among Canadian women and touches the lives of many families. The CIBC Run for the Cure gives families, friends, and supporters the opportunity to join together in honouring their loved ones, while making a real

difference

This year the Canadian Cancer Society CIBC Run for the Cure, had nearly 85,000 people come together in communities across Canada to make a promise to change the future of breast cancer for our sisters, our mothers, our daughters and our daughters' daughters. Together across the country an estimated \$17 million was raised to invest in ground-breaking breast cancer research, such as improving screening technology, developing new and targeted treatments, and discovering how to reduce the rate of recurrence. This support also helps the Canadian Cancer Society continue to provide and grow the largest breast cancer patient support network in Canada, ensuring no one has to face breast



TRIBUNE PHOTO SUBMITTED

The Bouncing Betties took part in their frist CIBC Run for a Cure in Winnipeg last Sunday.

cancer alone.

Nunn and her team look forward to taking part in next year's Run on Sept.

30, 2018.

October is breast cancer awareness nonth.







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Two local women shot in Las Vegas attack

By Jennifer McFee

The community is still in shock after two local women were shot in the mass shooting in Las Vegas last week-

Jody Ansell of Stonewall and Jan Lambourne of Inwood were attending the outdoor Route 91 Harvest country music festival on the Las Vegas strip on Sunday when a gunman started firing at the crowd from an upper floor of the Mandalay Bay Hotel.

In a media interview, Ansell said that she saw Lambourne drop to the ground and later found out that her friend had been shot in the stomach. Lambourne, who owns Sole Purpose Reflexology and Hair Salon in Teulon, was scheduled for surgery Monday and was reported to be in stable con-

Meanwhile, Ansell was caught up in a stampede of people who were running for their lives. She was shot in the arm during the chaos, but she could only think about getting home to her family. She ended up at St. Rose Siena Hospital and she posted a message on Facebook since she lost her cell phone during the commotion.

"I'm at the hospital and am OK," Ansell posted Monday morning, prompt-

ing an outpouring of online support from across the country."I was shot in the right arm and the medical staff are taking care of me."

Later that day, she updated her post to provide more information about her situation.

"With the help of the hospital staff just wanted to give you a bit of an update. I am not going to need surgery as ct scan shows bullet exited and x rays show nothing is broken from what they can tell. Other than the pain and road rash I am going to be o.k. I am so relieved to hear Jan is being looked after however we are at different hospitals and no communication," posted 43-year-old Ansell, who had reportedly been staying at the Mandalay Hotel.

"Last night was the scariest thing I've ever gone through and all I could think of was my kids. I had to get out of there! Was so relieved to hear from them this morning. My husbands on his way here to be with me! I wanna thank everyone for all the love and prayers....love you all. Keep you updated when I can xo."

At press time, reports indicate that at least 59 people were killed in the massacre, which is being called the



TRIBUNE PHOTO SUBMITTED

Jody Ansell, left, of Stonewall and Jan Lambourne of Inwood both were shot while attending the outdoor Route 91 Harvest country music festival this past weekend on the Las Vegas strip.

deadliest mass shooting in modern American history.

More than 500 people, including Ansell and Lambourne, were injured. The shooter was identified as 64-yearold Stephen Paddock of Nevada. He is believed to have killed himself before police could enter his suite. Authori-

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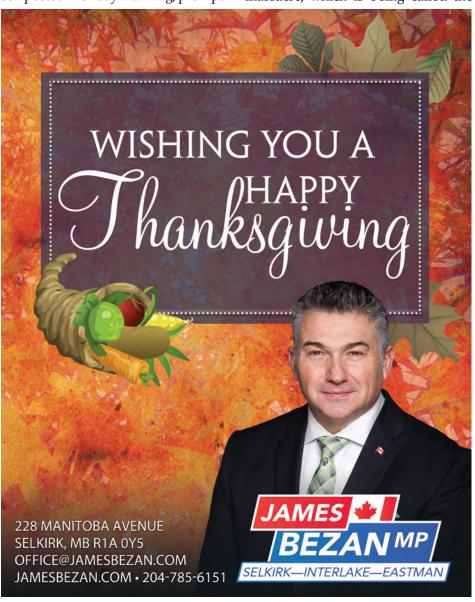
Meanwhile, friends and family are keeping Ansell and Lambourne close in their hearts as they wait for word on their recovery.

Lambourne's friends have opened an account at Teulon Sunova for do-

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Rosser Fire Department Open House a huge success

Fortunately there weren't any emergencies last Saturday afternoon as it was all hands on deck at the annual Rosser Fire Department Open House. The Rosser and Manitoba Hydro Dorsey Station Fire Departments, STARS Air Ambulance, the RCMP and IERHA paramedics from Stonewall stopped in to visit, have lunch and try some chili to see what they will be up against for the annual STARS chili cook off.

There were six crockpots of chili simmering each with its own ingredients for guests to sample and pick their favorite. After all the votes were tallied, crockpot No. 3 won the contest. The winning recipe perfected by Jason Braun and Kirby Hearn will be entered in the STARS chili cookoff in November.

Guests were welcomed to check out the different emergency vehicles and equipment. Some attendees tested their accuracy spraying water from the powerful hoses at targets.while others watched the firefighters cut a victim from a mock car wreck using the Jaws of Life. Firefighters also performed a search and rescue demonstration in their smoke-filled training trailer. The South Interlake Mutual Aid District's public fire prevention and education trailer was also on site.



Liam Reid did some target practise.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Rosser Fire Department will be defending their title and their stainless steel pot trophy in the upcoming STARS Chili Cook off this November. Pictured left to right: firefighters Dusty Moore and Mike Palmer, Headingley RCMP officers Cst. Jareth Blais-Renaud, Cst. Darren Brown and STARS' base director/flight paramedic Grant Therrien, flight nurse Sarah Painter and flight paramedic/community education lead Trov Pauls.



Sparky joined Austin and Jake Mulligan for lunch.



Firefighter Brett Thiessen helps Christine Mcmanamna get suited up in turnout gear.



Firefighters Mark Hagidiakow, left, and Adam Sherry showed children what to do if they are in a smokey house. From left to right: Maria Riddell, Tommy Gauthier, Everley and London Sherry and Eric Johnson.



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Every child matters at Stony Mountain School

By Natasha Tersigni

Every child matters — three simple words.

Stony Mountain School staff want every student to know this important message and that they matter.

Students and staff members at Stony Mountain school each received an orange shirt with the message "Every child matters at Stony Mountain School" written on the back. Orange Shirt Day is a national initiative that began in 2013 to remember and honour residential school survivors across Canada. The date, usually Sept. 30, represents the time of year that Indigenous children were taken from their home communities to residential schools.

The orange shirt was chosen due to the experience of Phyliss Webstad. When she was just six years old, she was taken from her home on Dog Creek Reserve to a residential school in Mission, B.C. On her first day of school, she planned on wearing her brand-new orange shirt that her grandmother had bought her before she left home. When she arrived in Mission, Webstad was stripped of all her belongings, including the orange shirt, and they were never returned.

To start a dialogue and remember the treatment of residential school survivors, educators and students



TRIBUNE PHOTO BY NATASHA TERSIGNI

Stony Mountain students and staff celebrated Orange Shirt Day on Sept. 29 educating and sharing the message that "Every Child Matters."

across Canada wear orange shirts on Sept. 30. At Stony Mountain School, the hope is that every student understands their importance and knows that everybody matters.

"At our school — whether it is a residential school survivor, a refugee, a student with a learning disability or behaviour trouble and no matter what their race, religion or gender — every child matters. That is why this year we chose that slogan for the school T-shirts," explained principal Myles Blahut.

"These shirts are something that the students and staff will wear all year and it is a message we hope everyone learns and embraces. It truly doesn't matter where you come from or what you believe, every child that enters this school matters and that is the message we spread every day."

In past years, staff and students participated in Orange Shirt Day on a smaller scale and this is the first year for the entire school getting involved.

"We wanted this to be a school-wide initiative. The school purchased the shirts and they were handed out to the students. Everyone received a shirt. No one was left behind, and they can wear it all year.," added Blahut.

Roping clinic

Staff

If you've always wanted to learn the ropes of roping, now's your chance.

Terence Caumartin will be hosting a beginners roping clinic on Oct. 7 and 8 for folks of all ages, up to a maximum of 12 participants.

A cowboy by trade, Caumartin has been roping for more than 20 years. He is a member of many groups related to the practice, including the Manitoba Calf Roping Association.

The clinic will be held at his property

north of Narcisse on Highway 17. The clinic runs on Saturday, Oct. 7 from 10 a.m. to 3 p.m. (ground) and Sunday, Oct. 8 from 10 a.m. to 4 p.m. (horses). Both days include lunch.

The cost is \$175 to participate. A \$75 non-refundable deposit is require to book a spot.

For more information, contact Caumartin at 204-861-0291 and to book a spot email tld_91@hotmail.







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> ARNIE WEIDL "Aunty Yvonne got spanked by a fish"

Hello good friends.

It was cool and blustery on the Hnausa pier last week and that had forced Vivian Delorme and her mother Isabelle Jones to use their car as a wind break so they could sit fishing out of the wind. They had many layers of clothing on and their heads were covered with hoods, yet Vivian's generous smile and ready, "Hi, how are you?" brought me to their side asking for a fishing story.

Vivian's caring, easy nature came through with her every word. She is from Warren, having taken her mom out of the Stonewall Rosewood Lodge for an afternoon of fishing. Isabelle was sharp as a tack, speaking in short sentences and "Vi" was all fun as she described an experience when she and her husband were fishing on a warm, hazy day off the narrow 518 lane on west Shoal Lake.

She was a good distance from her husband and suddenly caught a jackfish. She didn't have a string to keep the fish, and not wanting to leave it on the ground, fearing it might flop back into the water, she put her foot on its tail and continued fishing. She caught another jack. Now she was in a predicament, she didn't want to take her foot off the first fish but now the second one was on the lane violently flipping this way and that. With some imaginative body gyrations, Vi managed to trap the tail of her second fish with her other foot but now she was unable to move. She started yelling at the top of her lungs for her husband to come help. He came running, thinking she was hurt then stopped. Taking in the sight of Vi in a wide stance with jumping jackfish under her feet, he started laughing and laughing.

Back on the Hnausa pier, a cheer arose as the only person to catch a fish all day, Joe Ochman from Winnipeg, raised his rod high and a pickerel popped from the water onto the

I had to coax him to let me take a picture of it for us. In his mind, it was too small, not that he was willing to throw it back in the lake. He felt he had come all this way to fish and he was going home with something.

Last weekend, driving down the slope to Balsam Bay's harbour's edge, I saw three anglers getting their boat ready for travel, having just pulled it out of the water.

I got out my car expecting to greet them and ask about their fishing experiences but they beat me to it, calling out my name and inviting me over beside their boat. The lady, Yvonne Heilmann, a strong, agile outdoors person, was tanned with short, straight, slightly grey hair and ready with a story.

She dove right in saying a few weeks ago she was fishing with a friend and his two little daughters in a small aluminum boat when she caught a big pickerel. It was hot, sunny and windy as the fish fought, dazzling everyone in the boat with a sparkling spray it sent into the air. Then it swam straight for the boat and under it pulling Yvonne's line tight against the little crafts side, which began waddling from side to side causing the occupants to shift nervously in their seats.

Staying deep, the fish decided to come around the bow of the boat, and in doing so, caught the handle of the net, flipping it in such a way as



TRIBUNE PHOTO BY ARNIE WEIDL Joe Ochman of Winnipeg with his "wonderful" pickerel catch off the Hnausa pier.

to catch Yvonne's friend's half-open tackle box with his fishing licence in it, spilling it over the side of the boat. The net also gave Yvonne a smack in the head for good measure. The box floated, bouncing about in the water teasingly just out of their reach. She grabbed the net and, turning to the opposite side of the boat, lowered it under the escaping tackle box.

Relieved, Yvonne, on her knees, captured and began retrieving the box hand over hand. Her head jerked up: something else was hitting her. She realized instantly the fish's tail she had caught was smacking her in the butt.

The little girls rocked from side to side screaming with laughter, crying out,"Aunty Yvonne's getting spanked by a fish."

It all ended well, though. Yvonne's friend got his tackle box and fishing licence back while the fish made a nice addition to supper.

Bye for now.





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Christy Brown, Distribution Mgr.: 204-467-5836

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ISD technology and building upgrades

Property and school taxes were due Oct. 1 for many Interlake property owners. And every year, taxpayers question what their school tax dollars are being spent on. Interlake School Division has had a busy year completing upgrades and maintenance on buildings and technology.

On a home valued at \$200,000, property owners pay approximately \$1,235.94 in school taxes, 45 per cent of the assessed value. On a \$200,000 home, \$90,000 is taxable. The school division mill rate is 13.733 per cent, and once applied, the total school tax owed on that home is \$1,235.94.

Here is a breakdown of how a portion of your school taxes are being

R. W. Bobby Bend — installed new water softener, new flooring was installed in two classrooms, new blinds were installed on north and south side of the school, demolition of the old shed in the north west corner of the play ground, the Green Team and PAC assisted with the installation of playground structure and a new fence will be installed by the Grade 3 classrooms prior to the end of October and new front doors will be installed to complete the addition project that was started last year.

Stonewall Collegiate — installed new water softener, computer lab was upgraded to eliminate extension cord use, woodshop ducts were cleaned, new bottle filler drinking fountain installed, new entry way carpet at east gym doors, duct work cleaning performed in the relocatable hut with micro bacterial spray, art room window replaced.

Stonewall Centennial — installed new water softener, full school duct work cleaning with micro bacterial spray, new bottle filler drinking fountain installed in gym and north drainage has been resolved.

Grosse Isle Elementary — school library was painted, classroom cubbies were installed, new blinds installed and shed was reorganized.

Rosser Elementary — library book shelving replaced, septic field repaired and playground slide repaired.

Warren Collegiate — did an overhaul of lighting and electrical for the woodshop in order to install the new woodshop machines that the division received a grant for, cameras were installed for better monitoring of the parking lot.

Warren Elementary School — old garage/hut was demolished and removed, new flooring installed in Kindergarten room and custodial room, installed a new drinking fountain and a new electrical panel was installed in the spring for new circuits for west classroom that needed more outlets.

Stony Mountain — foundation on courtyard repaired, drinking fountains installed, new office furniture desk installed and a new water softener installed.

Teulon Elementary — drinking fountain installed and new blinds installed on south facing windows.

Teulon Collegiate — new bleachers installed and woodshop ducts were cleaned.

Balmoral Elementary — volleyball court was re-furbished, new shingles were installed on the portable hut and a new sink will be installed this fall for hand washing.

Brant-Argyle Elementary — cubbies were installed in classrooms and steam boiler is being replaced and will be completed prior to the end of October.

T.I.P. — new fire/chemical cabinet installed and upgrades to doors and lighting was done.

Technology

Division Hardware Purchases: 240 new Dell Latitude 5540 laptop computers for ISD teaching staff (leased), 40 New Dell Optiplex 3050 desktop computers, 96 off lease Dell E6430 laptop computers, one new Dell R420 server, one new Epson 595 interactive projector, one new Epson 695WI interactive projector, five laptop charging carts and 18 backpacks.

Division Software Purchases: Merlin partnership program has been renewed and includes unlimited windows, 10 enterprise licences, unlimited Microsoft Office 2016 professional licenses and unlimited client access licenses for Microsoft Exchange server and Microsoft system centre configuration server, renewed 200 photoshop licenses and 2,887 student licences were purchased for powerschool for the 2017-2018 school year.

All teacher laptops, notebooks and tablets (838) and 594 desktop computers were reimaged at all schools and Hutterian colony schools.

The R240 server that is responsible for directing staff and student traffic to the correct web filter had to be reconfigured.

A new Epson 595 projector was installed at the division office and a new 695WI projector was installed at Stonewall Centennial School in the new classroom.

This past year, the ISD installed fibre throughout the division at a cost of \$2,216,531. The entire fibre project was financed through a line of credit. The division levies taxes through the annual special levy of \$300,000 each year to pay down this line of credit. As of June 30, 2017, there is a remaining line of credit of \$900,000.

In other ISD News

At the inaugural meeting on Sept. 11, Grosse Isle resident Greg Johnson approached the board with a request to consider the community tap in to the fibre network that the ISD has installed. Johnson informed the board that the quality of high speed internet in Grosse Isle and surrounding area is very poor. He presented two scenarios to provide a potential partnership with the ISD for a community-based internet service in Grosse Isle and Rosser. Option A would be for residents to rent some of the extra capacity of the ISD's network with revenue coming back to the division or Option B would be putting a network in to the community from scratch, which would be very expensive, possibly 10 times more than tying back into the ISD's existing fibre.

At the technology committee meeting on Sept. 18, it was decided that the division is not an internet service provider and at this time cannot offer this kind of service to individuals. The committee felt that once a provider approaches the ISD, the division may entertain a partnership for leasing fi-

The ISD will host their annual Community Input Evening at Stonewall Centennial on Nov. 1 Staff will be on hand to discuss the future of your child's education. The main focus of the evening is to form the basis of the next strategic plan. It is an evening to provide community members including students, staff and families an opportunity to share their opinion on what the priorities of the school board should be in the offering of public education. The budget consultation process takes place over the winter. Early spring is specifically designed to offer total transparency on the expenditure of tax dollars.



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Happy Thanksgiving



Ralph R. Eichler, MLA for Lakeside

At this season of Thanksgiving, we reflect on the many good things in life: faith, family, friends and the freedom of a great country.

Wishing you a blessed Thanksgiving A



Constituency Office 204-467-9482 Box 1845, 319 Main St. Stonewall



Stonewall and Teulon RCMP busy with break-ins

By Jennifer McFee

A teen is facing charges after allegedly breaking into a Rockwood home, stealing firearms and shooting a pet.

Isaiah Flett, 18, of Peguis is in custody facing charges of reckless discharge of a firearm, injuring or endangering animals, breaking and entering with intent and breaking and entering to steal firearms.

According to RCMP, a male entered a rural residence near Teulon through a window on Sept. 26 at 2:15 p.m.. He then went through the home and gathered items, including five firearms from a locked room.

While the man was in the home, he encountered a French mastiff named Boomer. As Boomer tried to get away the suspect shot the dog three times with a firearm that did not belong to the homeowner.

The homeowner arrived home as the man was leaving the residence. RCMP responded immediately to a call about the incident and they were able to locate and arrest the man, who attempted to flee.

The police dog service also attended, and a police dog named Eddie quickly recovered the firearms from a bush where the suspect had hidden them.

Boomer was taken to the vet, where he was pronounced dead.

In other news

• A boat motor was stolen off a boat near the corner of highways 67 and 236. As well, a garage and storage unit was broken into near Stonewall





Isaiah Flett of Peguis has been charged with injuring an animal after Boomer, a French mastiff, died from gunshot wounds.

and a home was broken into near Bel Acres. Another Stonewall family had a trailer and a quad stolen.

Staff Sgt. Kelly Glaspey says that it often seems to be people from outside of the area who are stealing items. He



TRIBUNE PHOTOS SUBMITTED

Stonewall RCMP are asking for the public's assistance in identifying this man, above and left, who is a suspect in an ongoing investigation.

said that six stolen vehicles were recently recovered in Oak Bank, including a couple local vehicles.

"My advice would be to be mindful of security on your property. Keep things locked and keep valuables out of sight," he said.

"People go after things that are portable and high value. Sometimes doors and windows are broken to gain access, but a lot of times, their doors aren't locked. Often people who do this will take the path of least resistance. If your place is locked and secure, they'll go to the next one."

• On Sept. 6 at about 4:30 a.m., two vehicles were stolen from a residential property in Rockwood. Both vehicles contained personal property

belonging to the homeowners, including debit cards and credit cards. A couple hours later at 6:44 a.m., the victim's credit card was used to make a purchase at a Stonewall gas station. Then at 7:04 a.m., two suspects showed up at a second Stonewall gas station to buy cigarettes with the victim's debit card. At 7:10 a.m., the two suspects went back to the first gas station to buy chocolate milk and cigarettes using the tap option on the victim's card.

The RCMP have identified one suspect, but they are seeking information about the second suspect. Anyone who can identify the man in the photos or who has information about the thefts is asked to call Stonewall RCMP at 204-467-5015.

Garage sale raises over \$3K for new daycare facility

By Natasha Tersigni

Stony Mountain's Maggie Lawrence has been a realtor for many years and knows the value of childcare in a community.

And as a way to give back to her community and to help raise money for the new Stony Mountain Child Care Centre, Lawrence decided to clear some space in her house and host a garage sale with all proceeds going to the new building fund.

"I have loved every minute that I lived in this community and it has giv-

en me such a grand life. Being in real estate I am very conscious that if you don't have the services for the young people and their children they are just not going to want to come here. It is a great community and I want to see it grow and this is a way to give back," added Lawrence.

Lawrence held her sale over a couple weekends in September raising \$1,550. Wanting to add to the money raised, Lawrence personally matched the garage sale proceeds and will donate \$3,100 to the new building fund.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Realtor and Stony Mountain resident Maggie Lawrence held a couple of garage sales in September and matched her proceeds for the Stony Mountain Child Care. Lawrence will be donating \$3,100 to the building fund.

Bell MTS store officially opened in Stonewall

By Natasha Tersigni

A growing Manitoba partnership has come to town to better serve Stonewall and area residents.

Last Friday, the local business community gathered for the official grand opening of the new Bell MTS Stonewall and Advance Electronics store. After renovations to the interior of the store, located in West Side Plaza at unit 10, the business opened their doors in July and has been busy providing customers with both their wireless services and electronic needs.

The business model is following other successful stores in the province including Winnipeg and Selkirk locations, that have a full-service Bell MTS store coupled with Advance Electronic products. In Stonewall, customers are able to purchase speakers and Apple products, including laptops and iPads, from the store. As Advance Electronics is a certified Apple dealer they are able to repair Apple products at the Stonewall store or send them to the city location for more extensive repairs.

Stonewall councilor Clive Hinds told guests at the grand opening that the new outlet has already been greatly received by residents and will positively contribute to Stonewall's growing business community.

"Now with the combination of Bell with MTS we have a new tower in town which makes communication so much easier. We found that this particular location is great and the town appreciates this new business as we have a growing population in Stonewall and it is easier now for residents to be served," explained Hinds.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Bell MTS and Advance Electronic officials along with Stonewall business members gathered on Sept. 29 for the official grand opening of the Bell MTS store. Pictured left to right, Bell MTS Stonewall store manager Ryan Bowen, Advance Electronics managing partner Barry Olinyk, Bell MTS Director Partner Channel John MacLise, Advance Electronics managing partner Rob Olinyk, Stonewall Chamber Vice-President Stephanie Duncan and Town of Stonewall Councillor Clive

This new Bell MTS location will better serve Interlake customers explained Bell MTS official John MacLise who added there is an existing Bell MTS store in Arborg and a new location that just opened in Selkirk.

"Stonewall is a great location for us and it is very important for us to be here. It is very important for Bell MTS to be here serving Stonewall given the number of our customers that live and work here. It is a great community and we had to come back here," said MacLise who is the Bell MTS Director Partner Channel.

"We are really pleased to have Barry and Rob Olinyk with Advance Electronics help build this location. We have been partners with them, first through MTS and now Bell MTS, for 28 years and we are thrilled to have them here in Stonewall."

Bell MTS Stonewall is opened Monday to Friday from 9a.m. to 6p.m.; Saturday from 10a.m. to 6p.m. and Sunday 12 to 5p.m.

19 new doctors and 3 specialists **IERHA** helps recruit

By Lindsey Enns and Justin Luschinski

The Interlake-Eastern Regional Health Authority (IERHA) has managed to recruit 22 new physicians, but more doctors are still needed across the region.

"We're not out of the woods yet in terms of our physician recruitment needs," IERHA CEO Ron Van Denakker stated in an email to the Record last week. "We still have around 21 physician vacancies that we're looking to staff all over the region."

Despite struggling with a doctor shortage, Van Denakker remains op-

"Establishing a clinical teaching unit based in Selkirk but servicing all areas of our region is the next priority for Interlake-Eastern RHA in terms of our recruitment agenda and we're making very good headway on this front," he added. "We have a multiparty task force in place and they are mapping out our next steps.

"We are working to keep our momentum going and we have 12 physicians slated to begin with the RHA next year."

Nineteen new physicians have already started or will be arriving in

several communities over the next several months including Selkirk (two), Ashern (two), Eriksdale (one), Arborg (one), Teulon (two), Stonewall (two), Beausejour (two), Pine Falls (three), Gimli (three) and Brokenhead (one).

Three specialists have also been recruited to the region to provide palliative care, surgical and hospital ser-

Physicians coming to work in the region are a combination of recent medical school graduates from Canada, international medical graduates and physicians recruited from other countries such as the United Kingdom.

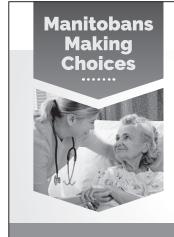
Selkirk MLA Alan Lagimodiere said he is "really proud" of the efforts the IERHA has made to recruit new doc-

"Bringing in 22 physicians to this area is a big step in the right direction," Lagimodiere said. "We know we still need more ... but our team is working very hard to make sure we can get those doctors in this region.

"The next step is to make sure that all these communities go out of their way to welcome these new doctors and make sure we can keep them in

As for how the provincial government is helping with the recruitment process, Lagimodiere said they have been showcasing opportunities in the

"Right from recreational to schools to social activities, those are the keys to keeping doctors in our areas," he said, adding the new Selkirk Regional Health Centre is also appealing to new doctors. "That is certainly something that all doctors should look at, an opportunity to practice in a state of the art facility." "Physicians in rural communities have told us that at times they feel isolated, and many have left to work in larger centres or facilities where more people and resources are available," Health, Seniors and Active Living Minister Kelvin Goertzen stated in a release last week. "To address this, the Interlake-Eastern Regional Health Authority has been implementing new, team-based models of primary care."



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Locals recognized at Recreation Awards banquet

By Jo-Anne Procter

Helping build communities in the RM of Woodlands has earned Torin Hoffman, Melanie McDonald and Joel McDonald Recreation Builder Awards that they accepted last week at the 7th annual 2017 Interlake Municipal Recreation Association Awards (IMRA) banquet in Clandeboye.

The IMRA, a non-profit organization, has provided a forum for individuals and groups interested in recreation to network and improve recreation opportunities and resources in the region.

Torin Hoffman of Warren is well known in his community for his passion to make it a better place to live. The Grade 11 student is a youth director with the RM of Woodlands Community Development Corporation, a volunteer with the Northern Lights Snowmobile Club, West Interlake Trading Company and a very dedicated volunteer that helps at fall suppers in Warren and Argyle. He is responsible for transforming the Warren Elevator Site into a Haunted Trail for Halloween that approximately 300 people visited last year. The RM

appreciates the time, effort and leadership that Hoffman has committed to the municipality.

Melanie McDonald is an avid volunteer and changemaker in the RM of Woodlands. Melanie and her family have hosted the annual Shirley Fleury Memorial Slow-Pitch tournament for the past eight years in support of cancer research and raised over \$85,000 to date. The tournament is an example of the huge impact a volunteer can have on a community. Beyond raising an amazing amount of money for a great cause, the tournament provides a weekend of fun family activities.

Fleury also volunteers with the Meadow Lea Hall ensuring activities are available for the community to partake in to keep the community healthy, alive and flourishing. Most recently, Fleury organized a grant for the Marquette play structure that has been installed. She has coached softball and is an active parent advisory council member. Giving back to her community just comes natural.

Joel McDonald is a found-







TRIBUNE PHOTOS SUBMITTED

Interlake Municipal Recreation Builder Awards were presented to Joel McDonald, left, Melanie Fleury, middle, and Torin Hoffman during the 7th annual awards banquet.

ing director of the Interlake Thunder Football club that started in 2011. McDonald began his coaching career with the SCI Rams and when the school no longer had a team, McDonald and Mitch Obach created a community team. The club started with Midgets and Majors and now has Cruncher, Atom, Pee Wee and Bantam teams as well as two girls' teams.

McDonald goes to Interlake schools to share his passion of

football and emphasizes that football is the ultimate team sport that has a spot on the field for every shape and size.

Football is a low-cost sport with the Interlake Thunder club. Cleats and mouth guards are all an athlete needs to bring as the rest of the equipment is provided. McDonald claims that participating with the Thunder improves the quality of life for the player, helps with personal health and well-being.

Being part of a team is beneficial to learning commitment and dedication, and gives athletes an opportunity for individual growth.

Other award recipients were Rae and Pat Pennington (Triple S Agricultural Society and the Terry Fox Run), Jay Boaz (Gimli Soccer Association) and Jan Keryluk (Health Promotion and Community Advocate).

worship with us > FAITH

The "Ten Commandments" begins with this relational statement. All of the "you shall" and "you shall not" statements define the boundaries of living in this unique relationship.

Specifically you will not have other gods. You will not create graven images of those gods. You won't use God's name in vain. You will keep the Sabbath. It also means that you have responsibilities to those whom God has placed around you. You will hon-

or your parents. You will not murder, commit adultery, steal, lie or desire things that belong to someone else.

Note that all of the commandments are stated in the second person singular "You." You shall or shall not! God is speaking directly to every person who declares our God, Lord.

Some may perceive a negative stigma around the term "Commandment." If someone commands us to do something, we might think "who are you, and by what authority do

I am the LORD your God, ... Exodus 20:2

you presume to command me?" The other possible response is similar to that of the psalmist, who willingly submits to the Lord.

The law of the LORD is perfect, reviving the soul.

The statutes of the LORD are trust-worthy, making wise the simple.

The precepts of the LORD are right, giving joy to the heart.

The commands of the LORD are radiant, giving light to the eyes.

The fear of the LORD is pure, en-

during forever.

The ordinances of the LORD are sure and altogether righteous.

They are more precious than gold, than much pure gold;

they are sweeter than honey, than honey from the comb.

By them is your servant warned; in keeping them there is great reward.

Who can discern his errors? Forgive my hidden faults.

Keep your servant also from willful sins; may they not rule over me.

Then will I be blameless, innocent of great transgression.

May the words of my mouth and the meditation of my heart

be pleasing in your sight, O LORD, my Rock and my Redeemer.

Psalm 19:7-14 (NIV)

Submitted by the Rev. James Bardsley

Church of the Ascension Stonewall Ministerial



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Stonewall cadet earns her wings

By Natasha Tersigni

While 16-year-old Balmoral resident Beth Ladyka may not be old enough to drive a car, she is now legally allowed to fly in Canada after a summer at the Gimli Cadet Flying Training Centre.

Last Thursday, Ladyka was presented her gliding wings at a ceremony at Stonewall's 301 Alan McLeod VC Royal Canadian Air Cadet Squadron. Having been in the cadet program for five years, Ladyka started the process to earn her gliding wings last fall.

After successfully completing the four-month Basic Aviation Technology and Aerospace course, Ladyka was allowed to write her entrance exam. Earning a passing grade in the exam allowed her to go a board interview for the gliding scholarship where she was drilled on the information from the aerospace course, her involvement within the squadron and she was even marked on her speaking skills and had a uniform inspection.

"I found out in April that I was accepted to go to Gimli for gliding school and that was really exciting. I was the only one from the squadron that applied so it was pretty great to pass and be chosen to attend," said Ladyka.

Traditionally before cadets take their power pilot training, they go through gliding school. By learning to fly a glider plane, a fixed-wing aircraft that gets pulled up into the sky with a tow airplane or a winch, cadets learn the basic principles of flying that prepares them for the next step: small engine airplanes.

During the six-week gliding program in Gimli, cadets spend 50 hours in ground school and 50 hours of flying instruction, which includes 20 solo flights.

"Camp was the most stressful and best thing that I have ever done. It was the most rewarding, but I never had to work so hard for something. Every spare minute was spent studying and the day was split with half classroom work and half flying gliders," said Ladyka, whose first solo flight came four weeks into the program.

"It was amazing. I had never done something like that before. It was all me and there was nobody behind me to say that's not quite right."

Normally cadets are presented their wings at the end of summer training; however, weather conditions this summer forced the budding pilots to

be grounded for two weeks. The delay meant that only 19 of the 65 cadets that were registered on the course graduated on time. Given Ladyka's proximity to the Gimli flying centre, she was able to complete her flight hours in September, allowing her to successfully graduate the course and earn her gliding wings.

The Grade 11 Collège Sturgeon Heights Collegiate student has no plans on staying grounded for long and she is looking to take her power scholarship this summer.

"I am back in ground school and working towards earning a power scholarship for the summer. The goal is to complete the Power Pilot course and earn my Transport Canada Private Pilot Licence by the time I am 17 years old," added Ladyka.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Gimli Cadet Flying Training Centre Chief Flying Instructor Captain James Lawson, pictured left, presented Stonewall Cadet Beth Ladyka with her gliding wings last Thursday during a 301 Alan McLeod VC Royal Canadian Air Cadet Squadron parade evening.









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Convertence FALL FIX IT PAINT IT BUILD IT IMPROVE IT & MORE

Ten things you have to do in fall to skip costly winter #fails

When the last of summer's heat is a faint memory and you're pulling out your hoodies more than your shorts, it's time to tackle a few simple chores that'll make winter more pleasant and prevent some nasty surprises next spring.

#1 Clean and Stow Your Mower

If you're not familiar with fuel stabilizer, get to know it. If your mower sits for months with gas in its tank, the gas will slowly deteriorate, which can damage internal engine parts. Fuel stabilizer prevents gas from degrading. Add stabilizer to your gasoline can to keep spare gas in good condition over the winter, and top off your mower tank with stabilized gas before you put it away for the winter. Run the mower for five minutes to make sure the stabilizer reaches the carburetor.

Another lawn mower care method is to run your mower dry before stowing it.

1. When the mower is cool, remove the spark plug and pour a capful of engine oil into the spark plug hole.

2. Pull the starter cord a couple of times to distribute the oil, which keeps pistons lubricated and ensures an easy start come spring.

3. Turn the mower on its side and clean out accumulated grass and gunk from the mower deck.

#2 Remove Garden Hoses From Faucets

Remove garden hoses from outdoor faucets. Leaving hoses attached can cause water to back up in the faucets and in the plumbing pipes just inside your exterior walls. If freezing temps hit, that water could freeze, expand and crack the faucet or pipes. Make this an early fall priority so a sudden cold snap doesn't sneak up and cause damage.

Turn off any shutoff valves on water supply lines that lead to exterior faucets. That way, you'll guard against minor leaks that may let water enter the faucet.



While you're at it, drain garden hoses and store them in a shed or garage. #3 Drain Your Sprinkler System

Time to drain your irrigation system. Even buried irrigation lines can freeze, leading to busted pipes and broken sprinkler heads.

- 1. Turn off the water to the system at the main valve.
- 2. Shut off the automatic controller.
- 3. Open drain valves to remove water from the system.
- 4. Remove any above-ground sprinkler heads and shake the water out of them, then replace.

If you don't have drain valves, then hire an irrigation pro to blow out the systems pipes with compressed air. A pro is worth the charge to make

PO Box 925, Stony Mountain MB, R0C 3A0

sure the job is done right, and to ensure you don't have busted pipes and sprinkler head repairs to make in the spring.

#4 Seal Air Leaks

Grab a couple of tubes of colour-matched exterior caulk and make a journey around your home's exterior, sealing up cracks between trim and siding, around window and door frames, and where pipes and wires enter your house. Preventing moisture from getting inside your walls is one of the least expensive — and most important — of your fall maintenance jobs. You'll also seal air leaks that waste energy.

#5 De-Gunk Your Gutters

Clogged rain gutters can cause ice

Continued on page 13

Tough on Winter, Easy on You





Frome FALL FIX IT PAINT IT LD IT IMPROVE IT & MORE

> WINTER, FROM PG. 12

dams, which can lead to expensive repairs. After the leaves have fallen, clean your gutters to remove leaves, twigs and gunk. Make sure gutters aren't sagging and trapping water; tighten gutter hangers and downspout brackets. Replace any worn or damaged gutters and downspouts.

If you find coloured grit from asphalt roof shingles in your gutters, beware. That sand-like grit helps protect shingles from the damaging ultraviolet rays of the sun. Look closely for other signs of roof damage; it may be time for a roofing replacement.

Your downspouts should extend at least five feet away from your house to prevent foundation problems.

#6 Eyeball Your Roof

If you have a steep roof or a multistory house, stay safe and use binoculars to inspect your roof from the ground.

Look for warning signs: Shingles that are buckled, cracked or missing; rust spots on flashing. Any loose, damaged or missing shingles should be replaced immediately.

Black algae stains are just cosmetic, but masses of moss and lichen could signal roofing that's decayed underneath.

A plumbing vent stack usually is flashed with a rubber collar — called a boot — that may crack or loosen over time. They'll wear out before your roof does, so make sure they're in good shape.

#7 Direct Your Drainage

Take a close look at the soil around your foundation and make sure it slopes away from your house at least six vertical inches over 10 feet. That way, you'll keep water from soaking the soils around your foundation, which could lead to cracks and leaks. Be sure soil doesn't touch your sid-

#8 Check Your Furnace

Schedule an appointment with a heating and cooling pro to get your heating system checked and tuned up for the coming heating season.

An annual maintenance contract ensures you're at the top of the list for checks and shaves 20 per cent off the cost of a single visit.

Change your furnace filters, too. This is a job you should do every two months anyway, but if you haven't, now's the time. If your HVAC includes a built-in humidifier, make sure the contractor replaces that filter.

#9 Prune Plants

Late fall is the best time to prune plants and trees — when the summer growth cycle is over. Your goal is to keep limbs and branches at least three feet from your house so moisture won't drip onto roofing and siding, and to prevent damage to your house exterior during high winds.

#10 Give Your Fireplace a Once-Over

To make sure your fireplace is safe, grab a flashlight and look up inside your fireplace flue to make sure the damper opens and closes properly. Open the damper and look up into the flue to make sure it's free of birds' nests, branches and leaves or other obstructions. You should see daylight at the top of the chimney.

Check the firebox for cracked or missing bricks and mortar. If you spot any damage, order a professional fireplace and chimney inspection.

Your fireplace flue should be cleaned of creosote buildup every other year.

*files from houselogic.com





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Standard Sizes





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A walk in the park to celebrate Animal Health Week







Over 50 four-legged friends and their owners came to Stonewall Quarry Park for the first ever Dog Walk last Sunday. The event was hosted by Stonewall Veterinary Hospital, raising awareness and funds for animals requiring veterinary care. The Canadian Veterinary Medical Association hosts Animal Health Week from Oct. 1 to 7 and this year the theme of the week is safeguarding the five animal freedoms: providing proper nutrition, ensuring proper socialization, providing adequate shelter, providing appropriate veterinary care and allowing animals to exhibit normal behaviour. Left photo: Sonic, Sparkle, Glitter and Dazzle and their owners Jill (left) and Val Gillespie enjoyed last Sunday afternoon at the Quarry Park for the inaugural Dog Walk. Middle photo: Tyson Gill and his sidekick Benny came out to Stonewall Veterinary Hospitals Dog Walk on Sunday. Right photo, Dog walk organizer Kristin Wiebe and Walter.

Taking Charge of Your Mental Health

Mental Illness Awareness Week, from October 1 – 7, 2017, is an annual national public education campaign designed to help open the eyes of Canadians to the reality of mental illness. This reminder about taking charge of your mental health is brought to you by the Interlake Eastern Suicide Prevention Committee.

Want to know what resources are out there to get you started on your mental wellness journey? Visit the Interlake-Eastern Regional Health Authority website to see a list of resources available for all ages. Whether it is resources, information, smart phone apps or self-managed tools to support and improve your health and wellness, it's all there! Check out www.ierha.ca, click on Care in Your Community, and then Mental Health.

FIND THE RIGHT SPECIALIST



Ask your doctor or nurse to help you find a specialist and make your first



There may be a long wait for your first visit, so speak up if you need to see someone right away



If the first mental health specialist you see isn't a good fit, keep looking for one who works for you



DON'T FORGET!

- > Surround yourself with family and friends
- Talk to a counselor, social worker, nurse or trusted adult
- Continue doing what you love: reading, sports, writing, nature walks, creating art

MAKE YOUR FIRST APPOINTMENT COUNT





Be ready to talk about your health history and what you're experiencing



Be clear about what you want and need to get better



You may be asked to fill out a questionnaire describing your mental health experience



Ask the mental health specialist to explain treatment options so you understand the plan and what you need to do

BounceBack

Ask your health care provider about Bounce Back, a mental health program for people 18 and over experiencing low mood, depression, stress, worry and /or anxiety. The program uses telephone coaching, an educational video and workbooks for people to learn new techniques

to reduce symptoms.

For more information, talk to your health care provider or call the Bounce Back line at 1-844-733-8181

ASK QUESTIONS

If I have thoughts that scare me what should I do?

How often should we meet? What can I do between appointments if I need help? Do I have to take medication? What does it help with? What are the side effects?

> How long will it take for me to feel better, a few days, weeks or months?

STAY INVOLVED







Ask for changes if your treatment plan is not working for you



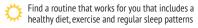
Stick with it; most therapies and medications take time to work



Your treatment plan may change, so be an active partner in this process

LIVE WELL







Be realistic and mindful of your needs and know your limits

GETTING THROUGH IT

- Try staying away from drugs and alcohol. This is not always easy, so find strategies that work. Using drugs or alcohol to feel better is harmful to you.
- If you use alcohol or drugs, be honest and tell your therapist or doctor because it affects your care plan.
- Stay positive. Surround yourself with positive messages, people and activities. This will help you to feel better.

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October 8-14, 2017 Fire Prevention A Salute to Our Local **Volunteer Fire Departments**

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Woodlands Vet Clinic For animals 383-5065



Warren Hardware

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Woodlands Physiotherapy Services 204-383-5465



Warren-Woodlands



Pictured from left to right; Dean Campbell (Chief), Kathy Campbell, Lindsay Byron, Debbie Buchanan, Grant Palmer, Kiefer Buchanan, Mike Heller, Dorian Conley, Eric Postlewaite, Steve Jones, Chad Tristram, Bill MacLellan, Colin Campbell and Rowan Simundson. Missing from photo; Eric Simonson, Russ Evans, Kristy Hill, Corey Werbecki, Sarah Werbecki, Scott Atchison, Marilyn Campbell, Darrin Tully, Morley Porteous, Adam Porteous, Russ Tully, Bob Cowie, Nick Cowie, Sarah Griffin, Trevor Michalsky, Charlie Brown and Cody Park.

Join us at our **Pancake Breakfast** & Open House

at the Warren Fire Hall Sat. Oct 21 9 am - 12 pm



From L to R: Rob Manchulenko (Deputy Chief), Don Manchulenko, Ken Manchulenko, Francois Uhres, Kevin Field, Carl Witt, Richard Proctor, Mark Hagidiakow, Victor Braun, Curtis Simonson, Garth Killbery, Mike Palmer (Chief), Nick Startuliak, Peter Schutz, Alex Morris, Jason Braun, Dusty Moore, Corey Oatway, Adam Sherry, Brett Thiessen, Colby Kiss, Riley Braun, Kirby Hearn. On truck: Allan Sanche, Kevin Braun. Missing: Scott Beaton, Jared Friesen, Justin Krym, Lynden Krym, Jeff Mulligan, Gord Slagerman, Murray Slagerman, and Darren Wedge.

Thanks to everyone who came by our Open House Sat. Sept 30







OPEN

HOUSE

Sunday, Oct 8th

12 pm - 2 pm

Free hot dogs and drinks.

Fire apparatus demonstrations.

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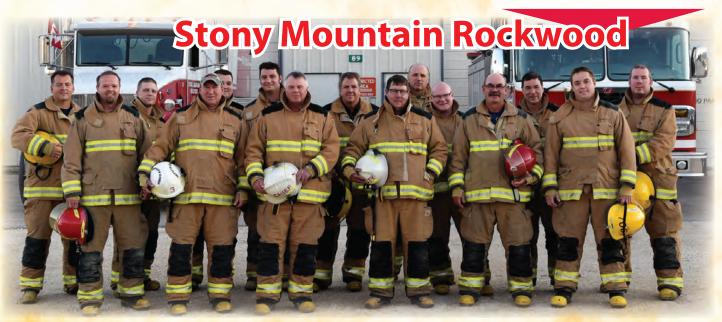


Fire Departments





Pictured from left to right; Ryan Frost, Curtis McClintock, Kevin Boughton, Peter Bullivant, Chris Godin, Brian Baryliuk, Kyle Kauk, Colin Ballantyne, Brendan Potter, Kent Fingas, Brent Anderson, Darrell Humeniuk. Front Brad Ritchie, Marcel Labelle, Jason Sugimoto and Ryan Ritchie. Missing from photo Drew Assels, Derek Becker, Tim Cameron, Andrew English, Ryan Fotty, Jason Holmes, Scott James, Todd Kozokowsky, Dale McClintock and Matt Wahoski.



Pictured left to right: Jim Chrisp, Cam Stewart, Dave Genge, Marcel McIvor, Ryley Wytnck, Steven Tyler, Wallace Drysdale, Rick Gulay, Greg Campbell, Rob Broadfoot, CJ Butcher, Harold Somers, Dean Crompton, Kevin Knapp, Chris Pilcher. Missing: Tim Wytinck, Aaron Kletke, Gerrit Eising, Kristina Colatruglio, Keith Roy, Jason Hiraoka.

Annual Fire Fighter's Ball on November 4th @ the Stony Mountain Community Centre (Dinner and Dance). Tickets available from any Firefighter or at Pick N Pay Store.

Fire safety: test your knowledge!

How would you react if a fire broke out in your home? Are you well prepared to act fast? To find out if you could better protect your loved ones and belongings, test your fire safety smarts with

- 1. A smoke detector should ideally be replaced every 15 years. 2. The majority of fire-related deaths are caused by smoke
- 3. The majority of fire-related deaths occur at night.
- 4. Smoke takes at least five minutes to spread throughout a home. 5. One smoke alarm in the home is sufficient to warn occupants
- 6. The best way to put out a cooking fire is with water.
- 7. Candles left unattended, placed too close to a flammable object or left within a child's reach are a major cause of house fires.
- 8. Portable fire extinguishers are only effective against small, recently started fires.

from harm. and if you're still safe already filled with smoke be used if the room isn't exfinguishers should only 8. True. Portable fire or pan. lid over the burning pot the flames by placing a water. Instead, smother out a kitchen fire with 6. False. Never try to put including the basement.

floor of the home,

smoke detector on each to install at least one 5. False. It's recommended and practice it! evacuation plan in place, Make sure to have an ouly three minutes. throughout the home in 4. False. Smoke can spread alarms in the home several functioning importance of having 3. True, hence the 2. True. lifespan. denerally have a 10-year

ANSWERS

1. False. Smoke detectors

With gratitude we honour OUR LOCAL HEROES

We thank all the brave men and women who make our communities a safe place to live. These people often put themselves on the line so that our lives and home may be more secure. They are the first to lend a hand in times of crisis. They are local, everyday heroes who are part of our communities.

We salute our **Stonewall & Teulon EMS Paramedics Stonewall & Teulon RCMP Detachments Our local Volunteer Fire Departments**

Five ways to fireproof your home

(FIPRECAN), residential fires account for 73 per cent of all reported fires across the country. It's true: fire hazards lurk in every corner of your home; however, being aware of potential dangers and knowing how to proactively manage those risks

can significantly reduce the chances of your home catching fire. Here are five ways to fireproof your house and keep your family safe:

1. Fireproof furniture. Apply an environmentally friendly fire retardant spray to your couches, curtains and rugs, and opt for fire-

resistant carpeting instead of wool or their sockets. A loose fit can cause sparks synthetic fibres that burn more easily. Nowadays, fire-resistant carpets come in a variety of colours and styles to complement your home décor.

breeding ground for fires. Every month, scrub to avoid any mishaps in the kitchen.

According to Fire Prevention Canada clear your closets, attic and garage from unwanted junk that risks catching fire. Stacks of paper, boxes and linen are especially flammable.

> Clean lint traps. Many residential fires start with household appliances. A

clogged lint trap in your dryer, for example, can overheat and catch fire. Check your lint traps regularly for any obstructions.

4. Don't overload power outlets. Electrical short circuits are among the leading causes of house fires. Avoid overburdening power bars with too many plugs, and make sure plugs fit tightly in

Scrub kitchen burners. Dried grease and food splatters can ignite at high temperatures. Make sure to regular-2. De-clutter. A messy house is ly give your burners and stovetop a good

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Sunday October 15th 11am-2pm Come out for a hot dog, homemade fries & drink

Extrication demonstration at 12:30

Fire truck rides, displays & fire safety trailer, fire hose targets & meet Sparky the Fire Dog!



We Salute RM of St. Laurent

RM of Armstrong

Volunteer Fire Departments

Woodlands CDC celebrates fall with Family Fun Day







TRIBUNE PHOTOS BY NATASHA TERSIGNI

To promote community spirit, Woodlands Community Development Corporation (CDC) board members and volunteers held the 2nd Annual Family Fun Day at the Lions Park in Warren this past Saturday. The day was filled with fun activities including children's games, wagon rides, face painting and even a visit from a clown. The day wrapped up with an evening outdoor movie at the Warren elevator site. Left photo: Jorja Pendy, middle, plays ladder toss with her sister Jessica, left, and their brother Jasper. Middle photo: Lincoln Patterson kicks in a goal during a game of soccer while Maisie Westwater, right photo, reels in a large fish at one of the game stations.



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Fundraisers collect more than \$14,000 for Bethel Rays of Hope

By Jennifer McFee

Children in Kenya will reap the benefits of a fall supper and test drive fundraiser held last weekend in support of Bethel Rays of Hope.

The charitable organization focuses on meeting the needs of orphaned and vulnerable children in the Kenyan city of Kisumu.

On Saturday, Sept. 30, they held an annual fall supper at New Life Church in Stonewall. This year, they also combined the event with a Ford test drive fundraiser. Through this initiative, Steeltown Ford and Ford Canada donated \$20 towards Bethel Rays of Hope for every person who test drove a Ford vehicle at the event.

In total, the fundraising efforts brought in more than \$14,000, according to preliminary tallies. This impressive total includes funds raised

through the Ford test drive, the fall supper that fed 585 people, a garden market, general donations and direct child support donations.

Don Kroeker, board chair of Bethel Rays of Hope, outlined some of the ways that the funds will be used.

"In the orphanage, we have 45 children that we're responsible for full time and then there are another 20 that we serve a dinner meal to. In the school, we have over 200 students and we feed them lunch every day as well. So anybody that comes to school gets at least one good meal a day — and it's often all they get," he said.

"For the last three years, we've been fundraising to build a girl's dorm on the premises there in Kenya. We were able to complete that project at the end of February of this year, and now we have a number of other needs that need to be met "

To start, the organization is currently facing increased food costs, which is taking a bite out of their budget.

"Right now, the cost of food there has skyrocketed. Our budget has tripled just to feed everybody there because of the elections and the unrest the elections caused. We're paying three times as much for food, so a lot of what we're fundraising for right now is making sure that we can provide the necessities," Kroeker said.

"We also have a lot of building projects and options on the table, including a school. Right now there's a school on the premises but it's really just a tin shack, so that's one potential project."

The organization is also considering ways to provide additional education, since the school currently goes up to

TRIBUNE PHOTO SUBMITTED
A garden market helped to raise funds for Bethel Rays of Hope.

Crada 8

"Not every one of the children will be able to go to secondary school because you have to pay for education once you reach secondary school, so we were looking at incorporating some type of trade school and giving them some life skills like seamstress or carpentry or welding or things like that," Kroeker said.

"We've also started a college fund so we'll be able to support those students who have the ability to go to post-secondary education. They get called to university, so the tuition is minimalized but there's still the cost of tuition and books. There are also living expenses because inevitably it's a school that's away from their home."

Kroeker expressed gratitude to everyone who made the fundraisers a success.

"We would like to thank our volunteers for their hard work and the surrounding communities for the support," he said via email.

"Special thanks to New Life Church for the use of the facilities and allowing us to continually draw on the people there to support us in such things."

The fundraising efforts are ongoing, and the next initiative will be a perogy sale. They'll be taking orders in November, so anyone who's interested can check the website (www.bethelraysofhope.com) for information as it becomes available.

Plans are also in the works for a big garage sale to be held in May 2018. Leading up to that event, information for a contact person will be posted on the website to accept donations of treasures for the garage sale.

Donations can also be made at any time on the Bethel Rays of Hope website at www.bethelraysofhope.com.





et inspired



Servings: 4 1 pound chicken breast freshly ground pepper, to taste 1 tablespoon olive oil 1 tablespoon honey 2 teaspoons chili garlic sauce 3 tablespoons rice wine vinegar 2 tablespoons low-sodium soy sauce 1 tablespoon peanut butter 1/4 cup water 1 medium zucchini, spiralized (about

1 cup) 2 medium carrots, spiralized (about 1 cup)

1 cup cooked pad thai stir-fry noodles



Servings: 4 1 pound salmon 1 teaspoon olive oil freshly ground pepper, to taste 1/4 cup peanut butter 2 teaspoons chili garlic sauce 1/4 cup 100 percent orange juice

FamilyFoods Phone 467-5553 Chicken Pad Thai

1 cup bean sprouts

1 cup thinly sliced cabbage 1 lime, quartered 1/4 cup unsalted peanuts, crushed 2 tablespoons chopped cilantro Season chicken with pepper, to taste. In large, nonstick skillet over medium-high heat, heat olive oil and cook chicken until fully cooked and juices are clear. Remove chicken from pan and allow to rest 5 minutes before

To make sauce: In small bowl, whisk together honey, chili garlic sauce, rice wine vinegar, soy sauce, peanut butter

Add zucchini, carrots, rice noodles and chicken to pan; pour sauce over and toss to coat. Toss in bean sprouts and cabbage. Serve with lime wedge, crushed peanuts and cilantro.

Baked Salmon with Peanut **Butter Glaze**

Heat oven to 400 F and line baking sheet with aluminum foil. Place salmon on baking sheet, drizzle with olive oil and season with pepper, to taste. Bake salmon 15-20 minutes until cooked through.

In small saucepot over medium-low heat, whisk together peanut butter, chili garlic sauce and orange juice, and cook until warm.

To serve, pour peanut butter glaze over salmon.

Painting Comes Naturally

Paint night fundraiser Nov. 2 at Warren Collegiate

Staff

A Warren teen is working towards a healthier watershed and she's hosting a fundraising event to garner support from the community.

Last spring, Rebecca Myskiw earned a Top 10 spot in the Caring for our Watersheds contest while she was a Grade 11 student at Warren Collegiate Institute. As part of the process, she had to come up with an idea for a project to make the watershed a healthier ecosystem.

She decided to host a paint night

using natural paint, which doesn't contain the toxins and volatile organic compounds that are found in regular paint.

The Painting Comes Naturally paint night will be held on Thursday, Nov. 2 at 6:30 p.m. at Warren Collegiate. The event costs \$30 and all money raised will go towards buying natural paint for the art program at Warren Collegiate Institute.

For more information, contact Rebecca Myskiw at 204-461-2602 or 204-375-6018.

Massaging the body to relax the mind

Who has experienced that awkward tummy grumbling moment when they are getting a massage? Perhaps your first thought is that it's lunchtime and as soon as the time is up you'll be headed to wherever the dinner bell rings. Well hold that thought for a second and let me tell you what a reason for this may actually be...

In this busy day and age many of us remain in a heightened state of stress known as "fight or flight" 24/7. And this is not good for our bodies. Insomnia, anxiety, and constipation are just a few potential outcomes as our muscles contract, our digestion is interrupted, and our immune systems compromised. What we need to do is shift into what we call the "rest and digest" state, where the body has opportunity to repair itself and those kinks in the neck and back aren't keeping us up at night. But how do we shut our brains off and just take a breath?

Massage is more and more being recognized as a therapy that can help with this. The simple act of getting a massage can increase the brains production of endorphins - the "feel good" hormones that affect your mood. More endorphins equals a calmer, more grounded you. Massage reduces restrictions in your muscles and increases joint range of motion, leading to less pain or discomfort. And this is where the tummy grumbling comes in. As we relax our digestive functioning also returns to normal. Our mood im-



Rob Price-Lewis

proves, there's a spring in our step and we're back to good old gambling man average Joe. Used in combination with a considered diet and exercise regime, regular massage therapy as part of your routine can help you to reach your potential both physically and mentally. Sometimes we need to go, go ,go, but knowing how and when to get out of the "fight or flight" and into the "rest and digest" will make for a healthier, happier you.

Rob Price-Lewis is a Registered Massage Therapist with Stonewall Chiropractic Centre. A former instructor of massage therapy with a background in sport science and coaching, he believes knowledge is power, and knowing how and why our bodies' work helps us to make them work well.

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Terry Fox inspires Woodlands Elementary student

Bv Jennifer McFee

There's no doubt that one person can make a world of difference.

It's clear to see the ongoing impact of Terry Fox and his efforts to fight cancer, which have continued to create a ripple effect through generations of youngsters who participate in their annual school fundraising runs.

One such youngster is six-year-old Alton Langrell, a Grade 1 student at Woodlands School who amassed an amazing \$922.20 in pledges for his school's Terry Fox Run on Sept. 28.

The cause has been close to Alton's heart ever since he saw a Terry Fox exhibit at The Manitoba Museum before he started school. Last year when he was in kindergarten, Alton raised about \$350 for the cause.

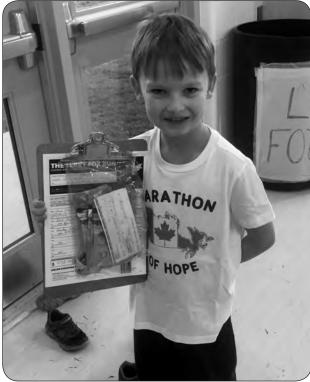
This year he surpassed everyone's expectations with his impressive total. Along with his mom Renee, Alton donned a Marathon of Hope T-shirt and pounded the pavement to collect pledges near his grandparents' house in Winnipeg. He also gathered donations online to bolster the final amount.

Eager to share his passion, Alton took a few minutes to explain why Terry Fox is so important to him.

"He had cancer in his leg and the cancer got up to his lungs — and he was brave," said Alton, who has a Terry Fox poster in his bedroom and even received Terry Fox money from the tooth fairy.

"He runned around the whole planet and stopped at Lightening Bay."

His family plans to embark on a road trip next



TRIBUNE PHOTO SUBMITTED

Woodlands Elementary Grade 1 student Alton Langrell has collected \$922.20 in pledges for his school's Terry Fox Run.

summer to Lightening Bay — better known as Thunder Bay — to see the Terry Fox statue.

"He asked if he could see where Terry Fox stopped

running," Renee said. "He's a good boy. He's really passionate about Terry Fox, and it's already spilling over to our little one."

Alton's dad Darryl said that his son is determined to make a difference.

"He's working at it — and his mom's a good inspiration. She's the one who taught him about Terry Fox and she's the one who was canvassing the streets with him," Darryl said.

"And it just so happens that my dad is really sick with cancer right now, so Alton was walking for Terry and for my dad."

Chris McLean, who co-ordinated the Terry Fox Run for Woodlands School, said the original goal was for the entire school to collectively raise \$500 — a total that Alton nearly doubled singlehandedly.

Thanks to the efforts of Alton and the other kids, the 114-student school brought in about \$2,318.25 for the Terry Fox Foundation.

"It's incredible. Alton was very proud when he brought in all of the donations. He did a fantastic job," McLean said.

"It just shows that one individual can make a big difference and it shows that Alton really wants to help out."

Alton was recognized at an assembly in front of his whole school for raising the most money. Afterwards, he enthused that it was "the best day ever" with lots of high fives from everyone.

Although the school runs have wrapped up, donations to the Terry Fox Foundation can be made online any time at www.terryfox.org.

Borland Construction discusses expansion opportunities

Rockwood council news in brief

By Jennifer McFee

Representatives from Borland Construction spoke to Rockwood council at the Sept. 27 committee of the whole meeting about their plans to maximize the limestone resource.

Mining regulations require that the minimum offset is 15 metres from the property line of the property next to the excavation site that is being used for mining consolidated resources. The adjacent landowner must provide written permission.

As a result, Borland Construction is requesting permission from the RM of Rockwood for resource extraction within three metres of the property lines in two areas of a local site. The southern limit is adjacent to Road 78N and the western limit is adjacent to Road 7F

The company is hoping to embark on a project that will be divided into three phases and will take several years to complete. The first step would be to install a chain link fence on Borland's land one metre from the municipal property line. Then they would strip up to two metres from the property line, except in areas with hydro poles. After that, they would mine three metres from the property line using controlled blasting. As for the rehab work, they would plan to complete it as soon as possible.

David Shume of Borland Construction said that the RM would benefit from revenues from mining and haul road taxes. The project would also allow for more controlled planned resource use and future development. He expects that the project would extend the quarry's lifespan by about 400,000 tonnes.

Council will discuss the information and provide some answers at a later date

In other council news:

• The council meeting originally scheduled for Wednesday, Oct.



TRIBUNE PHOTO BY JENNIFER MCFEE

Randy Hayden and David Shume of Borland Construction spoke to Rockwood council last week.

11 at 9 a.m. has been rescheduled to Thursday, Oct. 12 at 9 a.m.

• GoManitoba, a province-wide ridesharing program, is offering services between municipalities in the Partnership of the Manitoba Capital Region. These municipalities include the RMs of Rockwood and Rosser, the towns of Stonewall and Teulon, the City of Winnipeg. GoManitoba allows people to find carpooling partners

as well as cycling, walking or transit buddies to accompany them on their commute. The initiative aims to provide better connection throughout the capital region until a regional transportation plan is established. More information is posted on the RM of Rockwood's website at www.rockwood.ca or on the GoManitoba website at www.gomanitoba.ca.

SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Midget Thunder taken down by Mustangs

The Interlake Thunder proved that they can play with the first-place St. Vital Mustangs.

But, unfortunately, they didn't make enough plays to win the game.

Interlake had a solid effort in a 39-12 road loss to the Mustangs on Saturday evening in south Winnipeg.

"We match up well with them," said Thunder head coach Mitch Obach."But we struggled with execution and it cost us in a couple of big opportunities in the game."

St. Vital jumped out to a 10-0 first-quarter lead and then added a major with about three minutes remaining in the second quarter to go up

"Our offence really struggled to make plays in the first half," Obach conceded. "The plays were there but we just weren't making them. Guys weren't coming down with the catch when we expected them to — little things like that."

The Thunder scored their first touchdown late in the third quarter when quarterback Carlin Doak found Justin Suitters on a seven-yard slant

That TD was set up after a great interception by Joe Rosser, who returned the ball about "40 or 50 yards."

Ross, a middle linebacker, has been a very good player for the Thunder all season, said Obach.

Doak later scored on a bootleg play near the Mustangs' goal line.

Obach feels that his club is not that far off from beating the Mustangs if they play at an elite lev-

"I've been on teams and coached teams where you know that you're flat out outmatched and you can see it in each other's eyes," Obach said. "But I never saw that once from our guys. I never felt that they were going out there to lose. They're going out there play after play and knew that they could make some stuff happen."

All four of the Midget Football League of Manitoba teams have a bye this week before they get together for a Showcase Sunday in Transcona on Oct. 15.

Interlake (3-2) will play the Sunrise Coyotes in a noon game.

"There are no easy games on the schedule, that's for sure," Obach stressed. "If there were, we haven't come across them yet. We've seen everyone and they have all been tough to play against.

"The Coyotes are a big, hard-nosed team that moves the ball pretty well. We've had to give our best effort to get by them the last couple of times and I doubt it will be any different this time."

The Thunder will close out their regular season Oct. 21 when they host the Falcons. All four teams make the playoffs.



TRIBUNE PHOTO BY LANA MEIER The Thunder's Eric Zotter of St. Laurent brings down a Falcons' player last Saturday.

Interlake Thunder teams in action last weekend

The Interlake Thunder had a tough day on the field, losing all three minor football games in Stonewall last Sat-

The Bantam Thunder was doubled 46-23 by the Falcons Football Club while Interlake's PeeWee team was edged 7-6 by the Sunrise Coyotes.

The Thunder's Atom team, meanwhile, was defeated 24-14 by the Falcons Football Club.

There was no score posted on the league website at press time for the Crunchers' game between Interlake and Sunrise.

This Saturday at noon, the Thunder will visit the St. James Rods for an Atom game while the Interlake Crunchers will battle the Transcona Nationals at Investors Group Field. Kickoff is 6:30 p.m.

The Thunder website also shows the Crunchers playing at the St. Vital Mustangs on Sunday (noon) while the Bantams will take on the Eastman Raiders at 12:30 p.m.



The Thunder's Austin L'Heureux (31) down a Falcons' player during during the PeeWee's 7-6 loss to the Sunrise Coyotes last Saturday. Bantam action last Saturday.



and William Summers (50) bring The Thunder's Caralyn Safiniuk of Stonewall carries the ball upfield

TRIBUNE PHOTOS BY LANA MEIER

Sports&recreation INSIDE > OUTSIDE > UPSIDE DOWN

United to wrap up season Sunday

Staff

The Interlake Impact's Marcus Peralta is a very good offensive player.

The Stonewall United saw that talent first-hand last Saturday in Winnipeg.

Peralta scored three goals to lift the Impact to a 3-1 win over the United in Manitoba Major Soccer League 5th Division action.

Stonewall only played two games in September, losing 3-0 to Elmwood

FC on Sept. 23. The United has now scored 39 goals and allowed 48 for a minus-nine differential.

Stonewall, now 5-10-2, will wrap up its regular season this Sunday when they play Matix FC at Buhler Recreation Park Field 1. Game time is 1 p.m.

The MMSL has elected to not have a playoff this season due to Winnipeg hosting the Canada Summer Games recently.



TRIBUNE PHOTO BY LANA MEIER

The United's Amar Manning battles for the ball against the Impact's Marcelo Peralta during Stonewall's 3-1 loss last Saturday.

Rams earn berth into Zone 5 female soccer final

By Brian Bowman

Stonewall Collegiate has proven that it can beat the Gimli Lakers in female soccer this season.

But they will have to prove it once again in the biggest game of the season on Thursday afternoon. The Rams earned a bye into the Zone 5 final after finishing a pair of mini tournaments in first place.

Gimli will play Warren Collegiate in the Zone 5 semifinal game, with the winner advancing to the 4 p.m. final later that day.

"Gimli has a fairly good team so they are our biggest competition," said

Rams' head coach Andrea Prigroski. "To win that zone final, we need speed because Gimli has a couple of players that are very fast."

The Rams played a zone tournament on Sept. 21 in Stonewall, defeating Warren 8-0 and Gimli 3-2. Five days later in Gimli, the Rams blanked the Wildcats and Lakers by identical 12-0 scores.

"Gimli was missing a couple of their stronger players on Sept. 26 and that made a big difference there," Prigroski noted.

This year's edition of the Rams boasts a strong group of Grade 11 players. They also have some very good Grade 9s.

"In the past few games, they have really improved on their passing and communicating," Prigroski noted. "They're supporting each other. Our midfields are fairly strong and we have a couple of good Grade 11 players on defence."

The Rams are really starting to mesh well, said Prigroski, and appear to be very well-balanced in terms of goal scoring up front.

"The last few games, we have had lots of different players score goals," she noted. "You can't just peg one or two (players) and I think that has a lot to do with the girls passing the ball around, communicating, and covering when someone moves up with the ball."

Defensively, Stonewall is very strong in a lot of areas, including at the goaltending position.

If the Rams win the Zone 5 title, Prigroski was not sure if they would have to play an interzone game or advance straight to the MHSAA rural provincials.

The provincials will be played in Niverville from Oct. 13-14.

Rams red-hot heading into Zone 5 boys' soccer final

By Brian Bowman

The Stonewall Collegiate Rams were one of Zone 5's top teams during league play.

And they have continued that success in the playoffs.

Stonewall pounded Peguis 12-2 in the zone semifinals this past Tuesday afternoon.

The Rams now advance to the Zone 5 final between the winner of the Gimli and Lundar semifinal game.

Based on scores during league play, Stonewall is expected to play Gimli for the league title and a spot in the MHSAA provincials in Niverville. Those provincials will take place from Oct. 13-14. The Lakers are a tough team to play against.

"(Gimli) is pretty quick and they have a real strong keeper, he's very good," said Rams' head coach Jason Cassils last Friday afternoon. "And they get on us quick. They're very aggressive and they put a lot of pressure on the ball."

Cassils feels the Rams will have to play a strong defensive game to get past Gimli. At the other end, they are going to have to finish their scoring chances.

"We'll have to play a strong team game and use the whole field," Cassils insisted. "We have a pretty balanced group of kids this year. We definitely have lots of guys that can score."

Cassils noted that many of the Rams' players have played together since Grade 9. That obviously has allowed them to build chemistry on the field.

Stonewall is also a young team with just four seniors, which bodes well for the future of the program.

"They continually get physically stronger," Cassils noted. "A good chunk of our guys are in Grade 11 and we have a few Grade 9s. They're a great group of kids. They all get along and they all work together well."

On Sept. 26, Stonewall was outstanding as it shut out Lundar 6-0 and also defeated Gimli 4-1. The Rams trailed the Lakers 1-0 but bounced back with

three quick goals to take over the game.

"The Gimli game was a much closer game than what it looks like on paper," Cassils said.

Gio Ciulla was the star of the game against Gimli, scoring three goals while Ian Cherniak also tallied.

In the Lundar win, Aiden Erickson led the Rams with two goals while Scott Yeo, Cherniak, Chris Wiebe, and Billy Lyner added singles.

On Sept. 21 in Gimli, Stonewall pounded Peguis 10-0 and played to a 4-4 draw with Gimli. No goal scorers from those games were available.

Jets soar into tie for first place

By Brian Bowman

The Stonewall Jets are in a threeway tie for first place in the Manitoba Major Junior Hockey League heading into this week's action.

And they are fully deserving of that share of the top spot.

Stonewall earned two more wins last weekend after shutting out St. Boniface 2-0 at home on Sunday evening. The Jets started the weekend with a 3-2 overtime win Friday over the Charleswood Hawks in Winni-

peg.
"It was our first test and we knew it was going to be a tough weekend," said Jets' co-coach Brock Couch. "Both of those teams are having success early on, so it was nice to see how we matched up."

After a scoreless first period on Sunday, Jets' forward Chase Faulkner scored his team-leading fourth goal of the season at 16:41 of the second

Ryan McMahon then netted his first goal of the season midway in the third period.

Faulkner and Devin Muir each fin-

ished the game with two points.

Curtis Beck was very good in goal, making 30 saves for the shutout.

"You don't want too much separation between your first and second goalies, especially in this league because, on any given night, a guy might have a commitment or something going on," Couch said of the Jets' solid goaltending tandem.

"That's all we wanted from Becker this year, improve a little bit from last year. He has a new set of pads and looks stronger and more confident."

Against Charleswood, Faulkner tied the score at 2-2 with a power-play marker at 6:47 of the third. Faulkner and the Jets then took advantage of another Hawks' penalty in the overtime period to clinch the comeback

Both of Faulkner's goals were assisted by Muir.

"On paper, that game looked a little different than what actually happened," Couch said. "I think we were outplaying them for most of the game and their goalie held them in it for a long time."

Charleswood's Reg Bowels opened the game's scoring at 14:07 of the first period. The score stayed that way until 3:52 of the third when the Jets' Taylor Radley tied the score with his first goal of the season.

The Hawks regained their lead, however, just 36 seconds later when Shane Kustra-Nelson beat Hunter Ploszay. Ploszay finished the game with 23 saves as Stonewall outshot Charleswood 40-25.

The Jets will host the Pembina Valley Twisters this Friday and then will travel to Winnipeg to play the St. James Canucks next Tuesday. Both games start at 7:30 p.m.

Another two wins would be great, but the Jets' coaching staff is stressing improvement on a daily basis at this point in the season.

"Obviously you want to win every game, but we just told the guys that as long as they are learning and getting better every day, that we would be happy with that," Couch said. "Pembina Valley is still offensively talented ...and we have them at home so I think it's going to be a good game."

Novice Jamboree to be held in **Stonewall**

Submitted

The 2017 Interlake Minor Hockey Novice Jamboree will take place in Stonewall on Oct. 14.

The Novice Jamboree is an opportunity for players and parents to participate in development and education. Players will be divided into groups and participate in minigames on the ice (each player will received two ice times).

There will be a half-ice hockey presentation by Hockey Manitoba for parents and players from 10-11

A small area games specialty coaching clinic will also be offered by Hockey Manitoba from 11:30 a.m. to 2:30 p.m.

There is no cost for this event

To register a player for the Novice Jamboree, or to register a coach for the coaching clinic, please follow the appropriate link on the right hand side of the home page (www. interlakeminorhockey.ca) and complete the registration form.

Deadline to register is this Thurs-

Vautour traded to Waywayseecappo

Staff

Stony Mountain's Riley Vautour was traded last week by the Manitoba Junior Hockey League's Neepawa Natives to the Waywayseecappo Wolverines.

Vautour scored four goals and

added seven assists in 52 regularseason games as a MJHL rookie with Neepawa last season.

He also had 94 penalty minutes.

This season, the former Interlake Lightning forward had played one game with Neepawa before being

He will be joining former Lightning forward James Maxwell and defenceman Wayde Johannesson in Waywayseecappo this season.

Midget Lightning lose pair of road games to begin regular season

By Brian Bowman

The Interlake Lightning had a couple of very slow starts in their two Manitoba AAA Midget Hockey League road games last weekend.

And it has resulted in an 0-2 start to their season.

"We got off to awful start in both games and that's something that we're going to have to address, for sure," said Lightning head coach Dwayne Swanson.

Interlake came out really slow against the Wheat Kings in Brandon on Sunday. Brandon outshot the visitors 15-2 and outscored them 4-1 through 20 minutes.

The Wheat Kings then added three more goals in the second and the two teams traded goals in the third for

an 8-2 Brandon win. The Lightning, though, played much better in the second and third periods.

Keenan McPherson and Jordan Wood scored Interlake's goals. Cole Jordan (two), Dylan Holliday (two), Brett Paddock, Colin Cook, Mason Kaspick and Drayson Collyer replied for Brandon.

On Saturday evening, the Lightning opened its regular season with a 6-1 loss to the Parkland Rangers.

Parkland stormed out to a 4-0 lead just 11:01 into the game as Carter Cockburn (two), Reece Hopfner, and Jackson Betcher tallied.

Gabe Odowhichuk put the Lightning on the board with a power-play goal at the 14:14 mark of the opening period, assisted by Bryce Krauter and

Dan Paseschnikoff.

Parkland's Darian Boychuk made it 5-1 early in the second period with a power-play goal and then teammate Isaiah Weeden closed out the game's scoring at 12:16 of the second period.

Parkland outshot the Interlake 50-24 as Lightning goaltenders Riley Buhay and Josh Bond split the duties in goal.

Interlake will have to improve its defensive zone coverage and forecheck to keep the shots total down.

Swanson said the Lightning are still in the early stages of coming together as a team.

"A week and a half ago, we received four kids from Winnipeg that came out to play, so we're still figuring stuff out as a group here," said the Lightning head coach. "That's not an ex-

cuse, though. We're in the regular season now and we have to do a better job of competing and being in these hockey games."

The Lightning will have another pair of tough tests this weekend. Interlake will battle the Winnipeg Wild on Saturday at the Bell MTS Iceplex and then will host the Winnipeg Thrashers on Sunday in Teulon.

Both games begin at 2 p.m.

Swanson said the Lightning are eagerly looking forward to the challenge this weekend.

"That's why we play in this league," Swanson charged. "We want to get better and face Manitoba's best. The Wild are a team that is going to be extremely tough to play against ... and they are a team that is always good."

Spotside > OUTSIDE > UPSIDE DOWN

Wildcats win pair of varsity volleyball tournaments

Staff

The Warren Collegiate Wildcats made the trip northwest to Goose Lake a worthwhile one.

It was also a very successful one for the local varsity spikers.

Both of Warren's varsity teams brought home tournament titles last weekend.

In boys' action, Warren won the Raiders Invitational after sweeping the Major Pratt Trojans 2-0 in the final. The Wildcats won the match after winning sets by scores of 25-11 and 25-18.

Warren reached the final after defeating Goose Lake 2-0 by identical 25-17 scores.

The Wildcats started the playoffs with a 2-0 (25-17, 25-14) quarter-final victory over the Rossburn Raiders.

Warren finished its five-team round robin in first place with an impressive 7-1 record in sets.

On the girls' side, the Wildcats won the championship after an exciting 2-1 win over the Virden Bears.

Warren won the first set 25-17, lost the second one 25-21, and then clinched the win with a dominating 15-6 victory in the deciding third set.

Warren started the playoffs with 2-0 wins over Goose Lake (25-16, 25-11) and Major Pratt (25-20, 25-23).

The Wildcats finished their six-team pool play in second place with a sparkling 8-2 record in sets.



STONEWALL JETS

ANNUAL SPORTS DINNER & AUCTION

Saturday, October 14 Stonewall Quarry Park

Tickets - \$75
Tables of 8 available

Please join us for an evening of great food and entertainment.

Please contact **Peter Mandryk at** (204)485-0039 or pmandryk@icloud.com





TRIBUNE PHOTOS SUBMITTED

The Warren Wildcats' varsity volleyball teams brought home tournament titles last weekend.



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Classifieds

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Stonewall Teulon

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted, 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage Recycling 204-467-9344.

RECYCLING

Father & son looking for scrap cars & trucks for recycling. Call for immediate removal of one or vehicles. multiple paid. Cash Free removal of loose Call Dave scrap. 1-204-688-8781, Stonewall.

Buying scrap metal, cars, tractors, combines, farm scrap, metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

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Call the municipality of Pembina home. Located in south central Manitoba. we welcome you to our warm and safe community Raise your family here - retire here. Affordable housing - low taxes. Great amenities - local shopping education, health care, indoor and outdoor sports & recreation, culture & arts. Short drive to many employment opportunities

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PROPERTY FOR SALE

extremely growing, beautiful gald 204-348-3136.

SHOP LOCAL ~ SUPPORT LOCAL

Elma/160 ACRES excellent off grid recreational land that's located 50 minutes east of Winnipeg in the Elma area. This private parcel of land is wonderfully tucked away behind a treed border and is like being in your own country/ wildness paradise. This mixed land has areas of pine trees poplar ridges, farmland, a creek and even some rock outcrops in this transition from the Prairies to the Canadian Shield. MLS #: 1725526 Contact Duncan McDou-

PROPERTY FOR SALE

PrairieSky Royalty Ltd. is a publiclytraded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4055 or visit www.prairiesky. com/Selling-Your-

COMMERCIAL SPACE FOR RENT

505 Sophia Street, Selkirk - 675 sq. ft. office with fenced compound. Fresh paint, renovation: furnace, HWT, lights, doors. Central vac and alarm. Perfect for trucking, couconstruction, car dealer, or administrative office annual lease. Matt -204-485-4988.

Fun By The

Like puzzles?

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Then you'll love

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square off, so sharpen your

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savvy to the test!

your sudoku

CUSTOM WORK

Discing with heavy Towner 18' breaking disc. Ph 204-886-3416 or 204-861-2330.

HELP WANTED

Part time housekeeping and full time sous chef needed at the Rockwood Motor Inn. Call Sherri at 204-467-2354.

HELP WANTED

Now Hiring at Pizza Den Restaurant & Lounge: FT day cook. Tues. - Sat., 11:15 a.m. - 7:30 p.m. most weeks. Experience preferred. Drop off resume Hwy #67, Stonewall or email robert.magnifico@ amail.com

ADVERTISE IN THE TRIBUNE

HELP WANTED

Now hiring - full time & part time day and night positions for Subway Stonewall & Stony Mountain. Please apply at these locations.

HAVE A NEWS TIP? CALL 204-467-5836

HELP WANTED

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Watersong Farms Butchery & Smokehouse

Now Open Fridays 3-6pm and Saturdays 9am-noon

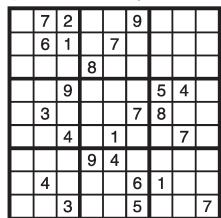


Now HIRING for seasonal poultry processing and sales \$15-\$16/hr. Apply now.

204-322-5558 info@watersongfarms.com #117 PTH 67 11 kms West of Stonewall

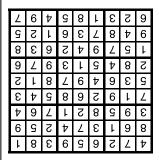
take a break

SUDOKU



Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row. column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



Crossword Answer

CLUES ACROSS

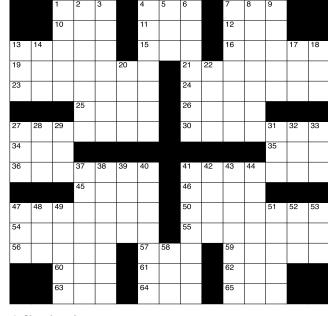
- 1. Current unit 4. 23rd letter of the Greek
- alphabet
- 7. Confederate soldier
- 10. Car mechanics group
- 11. Australian TV station 12. Trouble
- 13. Getting up there
- 15. Cool!
- 16. Adventurous English aristocrat Jane
- 19. Glow
- 21. A way to appear like
- 23. Absence of bacteria
- 24. Type of water
- 25. Cool Hand ___ 26. German river
- 27. Partial naralysis
- 30 Immobile
- 34. Federal savings bank
- 35. Swiss river
- 36. The Windy City
- 41. Female's genitals
- 45. German courtesy title
- 46. Matter 47. Exonerated
- 50. Danced
- 54. Act destructively 55. Baked an egg
- 56. 140-character missive
- 57. NYC museum (abbr.)
- 59. Christmas carols 60. No (Scottish)
- 61. Heartbeat display (abbr.)
- 62. Rum
- 63. Flop
- 64. Cease to live
- 65. Small Arkansas city

CLUES DOWN

1. For future use

CROSSWOR





- 2. Church garb
- 3. Winged horse
- 4. Muscular weaknesses
- 5. Helps little firms
- 6. Directories
- 7. Bases
- 8. They clean up manuscripts
- 9. S. Wales river
- 13. Small constellation
- 14. Fuel 18. Thus far
- 17 British thermal unit
- 20. One of football's Barber twins 22. Manner in which something
- 27. Beginning military rank
- 28. Powdery residue
- 29. Baseball stat

occurs

31, 007's creator

- 32. Fellow
- 33. A distinct period
- 37. Cap
- 38. Treated a lawn 39. Bryant Gumbel's brother
- 40 Mandated
- 41. A route
- 42. Home to the Utes
- 43. Sunday (Span.)
- 44. Involve

alike

- 47. Television tube
- 48. Order's partner
- 49. Make improvements to
- 51. Home to rockers and athletes
- 52. Snake-like fish
- 53. Tooth caregiver
- 58. Defunct phone company

Classifieds

Tribune Stonewall Teulon

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On the date and at the time and location shown below, a PUBLIC HEARING

will be held to receive representation from any person(s) who wish to

RURAL MUNICIPALITY OF WOODLANDS BY-LAW NO. 2688/17

BEING AN AMENDMENT TO RURAL MUNICIPALITY OF WOODLANDS

DEVELOPMENT PLAN BY-LAW NO. 2643/14

Woodlands Recreation Centre

33 Solvason Avenue, Woodlands

7:00 P.M., Thursday, October 19, 2017

To re-designate the area shown below in bold

dashed line from "AA" Agricultural Area to "RR'

RURAL MUNICIPALITY OF WOODLANDS

UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

Lake Ranch Ltd.

Angela Enright

make them in respect to the following matter:

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Batteries for everything. Automotive. construction. farm. ATV. marine. motorcycle, golf carts, tools. raphones, computers dios. etc. Reconditioned, obsolete and hardto-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

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Parts & full trailer repair, trailer safeties & Autopac Trailer Repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

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WANTED

Stamp collections wanted by long-time collector. Largest buyer in Manitoba. Will travel to you. Call or text 204-799-7429.

VOLUNTEERS

Volunteer in India, February 10th-24th, 2018 to help build a small irrigation dam to help local farmers. Contact Developing World Connections – Murray Coates m.coates@shaw.ca https://developing-worldconnections.org/trip/inds0218/

WATER TREATMENT PRODUCTS

New Waterite water softeners, 30,000 grain/\$560. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems. \$730. Ecoli ultraviolet systems, \$295. All Seasons Furnishings 204-661-8581.

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TOWN OF TEULON

HEALTH

you suffering Are from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Kev compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

Discount seniors medical alarm - monitored 24 hours, free equipment. Just pay for the monitoring. Less than \$1.00 per day. Call toll free for more information 1-888-865-5130 or www.LifeAssure.com

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seasoned pine, 2

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Small square prime Alfalfa June Courtney grass, small square prime Alfalfa, and small square Oat and Flax straw. Leave message call 204-482-5101.

PUBLIC NOTICE BOARD OF REVISION

2018 GENERAL ASSESSMENT, BUSINESS ASSESSMENT AND PERSONAL PROPERTY ASSESSMENT AND 2017 SUPPLEMENTAL TAXES

Public Notice is hereby given that the 2018 Assessment Roll for the Town of Teulon has been deposited in the Civic Office at #44 Fourth Ave. S.E., Teulon, Manitoba, and is open for public inspection during regular office hours.

The Board of Revision will sit on **Tuesday, November 14th, 2017 at 6:30 P.M.** in the Council Chamber of the Town of Teulon, 44 Fourth Avenue S.E., Teulon, Manitoba to hear applications.

Any person who believes that an assessment ought to be revised may make application in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- d) be filed by
- i) delivering it or causing it to be delivered to the Town of Teulon
- ii) serving it upon the Secretary;

at least 15 days before the scheduled sitting of the Board as indicated in the public notice.

The final date on which applications must be received by the Secretary of the Board is October 30, 2017 at 5:00pm.

Doreen Steg, Secretary Board of Revision Town of Teulon, Box 69, Teulon, MB, ROC 3B0

Dated this 25th day of September A.D., 2017 at the Town of Teulon in

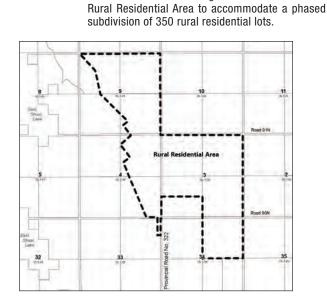
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AREA AFFECTED:

CONTACT:

: Part of Townships 15 & 16, Range 1 WPM Rural Municipality of Woodlands

FOR MORE Kaitlyn Fleury, Planning Clerk Rural Municipality of Woodlands

57 Railway Ave

Woodlands, MB ROC 3HO

204-383-5679

planning@rmwoodlands.ca

A copy of the above proposal and supporting material may be inspected at the RM Office location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from, upon request.

Note: Property owners are responsible for notifying lessee.

Announcements



ok Your Announcement or Classified Ad Today - Call 467-5836 or Email igraphic@mts.net



Due to the Thanksgiving Holiday on Monday, Classified booking deadline is Friday at 4 p.m. prior to Thursday's publication.

Call 467-5836

SHOP LOCAL AND HELP OUR LOCAL ECONOMY

McSherry Auction Service Ltd

CONSTRUCTION AUCTION R2G2 EXCAVATORS INC.

Saturday Oct 14th @ 11:00 AM

St. Laurent. MB Jct Hwv 6 & 415 East 11/2 Mile on 415 Contact (204) 861-2063 or (204) 739-3618 Go to Web! Internet Bidding

08 Hyundai HL 740 XTD-7A Wheel Loader 10,000 Hrs *13 JD 210 G Track Excavator w Thumb Aux Hvd Proheat 5350 Hrs * 06 CAT 315 CL Track Excavator 6500 Hrs * Pioneer Mdl 3045C Portable 3 or 4 Stack Screener * 13 JD 329D Track Skid Steer 1461 Hrs 3) Tandem Gravel Trucks 1) 15 Int 7400 1) 01 Int C10 1) 89 Ford 8000 * 3) Highway Tractors 1) 07 Mack Wet Kit 2) 05 Int 9200 I Wet Kit * 96 Talbert 50 Ton Tridem Lowbed * 08 Load Line 22' End Dump * 06 Arnes 26' End Dump * 87 Fanotech 90 Cu Yard Push Out Garbage Trailer * 08 Jet 30' Tridem Dually Equip Hauler * 15 BH Big Tex 20' Tilt Flat Deck * 12 BH Sure Trac 18' w Ramps * 11 BH United 20' Enclosed Trailer * 15 Ford XL F350 4x4 Crew Cab w Deck 39.000 KM SFT * 03 Ford 250 Dsl 4x4 * 14 Yamaha 700 Side by Side 4x4 3000Km * 09 Arctic Cat 700 4x4 Quad * 7) Excavator Attach Cat Cup 75 Plate Compactor * 6) Skid Steer Attach 6' Diamond Bush Mower * Construction Related Misc * Some tools * Wacker Dsl 6" Portable Water Pump * 1000 Gal Fuel Tank w 12 Volt Pump *

Stuart McSherry - Stonewall, MB (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

GILBERT VUST ESTATE AUCTION

MON.. OCT. 9. 2017 • 10 AM

AT THE YARD, 2468 SASKATCHEWAN AVE. EAST PORTAGE LA PRAIRIE, MB.

Allis Chalmers collection of tractors, implements, parts, shop manuals, memorabilia, all shop tools etc, 97 Dakota pickup etc. It's a two ring auction.





To see more details and photos check www.billklassen.com



McSherry Auction Auction Sale

Estate of Steve Michalski Sat, October 7 @ 11:00 AM Rosa, MB Hwy 59 lct Rd 16N 3 Miles

East on Rd 16 Contact # (204) 291-2114 68 Ford Ranger Restored * Intl 660 * A Chalm B * Int W9 * Int W4 * Small Equip * Yard * Tools * Antiques *

Household * Stuart McSherry (204) 467-1858 or (204) 886-7027 ww.mcsherryauction.com

McSherry Auction #12 Patterson Drive

Stonewall, MB

Estate & Moving Auction Wed Oct 11 @ 4:00 PM Consignment Sale N

Gun Auction

Sat Oct 21 @ 9:30 AM **Vintage Service Station** & Coca Cola Sale Sat Oct 28 @ 10:00 AM

Consign Now!

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email igraphic@mts.net Tribune

McSherry Auction -Service Ltd

AUCTION SALE THE ESTATE OF ED RERICK Mon Oct 9th @ 11:00 am

Seven Sisters, MB 1/4 Mile West on Hwy 307 Contact # (204) 782-1740

A Chalm. 180 w FEL 6221 Hrs. * 49 JD M 3 PH Professional Restoration 3) A. Chalm. WD45 2 PH 1) FEL * Int 201 Swather Ford 202 Side Del Rake * Case 12' Tandem Disc * Case 16' Cultivator * 00 Chev Silverado 1/2 Ton * 84 Honda 200 cc Big Red 3 Wheeler * Murray 20HP 46" R Mower * Building, Tools & Misc * Antiques

Some Household 3 Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

ANNIVERSARY



Happy 60th Anniversary Jean and George Griffin October 5th, 2017

ANNOUNCEMENT

ANNIVERSARY

Happy 30th Anniversary **Bill and Shelly Cookson** -Love Mom and Joanne



The Country Beckons! \$199,900 Hwy 7 & 231

Just North of Teulon 158 acres in natural Hay, 1200 sqft home NEW in 2017. Great Room plan, Tuxedo cabinets, fridge, stove, dw, washer & dryer.

2 brs, 2 baths, Laundry/utility room. Garden, greenhouse. Well & Septic. GREAT PRICE! CALL NOW!

Joanne Gebauer 204-889-9500 **RE/MAX** executives joanne@joannegebauer.com

AUCTION SALE

For Wynn Agricultural Investment Management Ltd St.Laurent, MB Sunday, October 15, 2017 at 11:00 a.m. Sale Site: 9.7km East of St.Laurent on PR #315 (watch for signs)

Tractors & Farm Equipment: 1988 J.D. 3155 FWA (Ser #L03155V638169) (needs work) comes w/740 self-leveling loader, bale fork, bucket & grapple fork, 3pt hitch, 18.4-38 rear, 13.6-28 front, approx. 14,000 hrs showing; 1977 J.D. 3130 (Ser #226129) open station, 18.4-34 tires; 1980 J.D. 950 w/3pt hitch, 12.4-28 rear, 4068 hrs showing; 1991 J.D. 535 Round baler (Ser #F00535X900661) (pickup bent): 1990 J.D. 1600 14ft Haybine (Ser #C01600X926447); Vicon 9 wheel hay rake; 3 wheel Swath turner; Highline Bale Pro 4065 Shredder; (2) 456 9ft Mower; Ajax 2400 Stackmover (Ser#GAS-379); Trailer-type post pounder Shop & Miscellaneous: 1979 Westeel Rosco air compressor Miller Econo AC-DC 150 amp twin stick welder; (2) Rolls barb wire; Fence stretcher

Auctioneer's Note: Please be on time as this is all we will be selling. (Bring your own coffee & lunch) Cell service in this area is poor. Please plan on attending as phone bids may not be available.

Lorne (Buddy) Bergner, Auctioneer

Box 721, Ashern, MB ROC 0E0 Ph: (204) 768-2669/ Fax: (204) 768-3237 www.globalauctionguide.com Email: bergauct@mymts.net

All sales are Terms: Cash/Cheque.

Neither the Owner nor Auctioneer is responsible for errors in description or condition. Sale listing is subject to additions or deletions and any comments made the day of the sale with respect to sale items takes precedence over previously reported listing. We are not responsible for accidents Items are sold "AS IS - WHERE IS"

ANNOUNCEMENT

-Love from your family

girls and family and grandchildren



- BIRTHS ANNIVERSARIES MARRIAGES
- ENGAGEMENTS • THANK YOUS •

Iribune

Call 467-5836

ANNOUNCEMENT

CARDS OF THANKS

Helene Heaps - a big thank you from John, Vera and George, John and MJ, Matthew and Jennifer, Amber and Travis, Mackenzie and Corrine and family. Mom always worried no one would come to her funeral and boy did you prove her wrong! Thank you for taking time out of your day to help us say goodbye to her. Our goodbye came much too fast but the pain has been lessened by all of you who stopped by and continue to stop, called, sent flowers, food, cards and made donations in her memory. We are very lucky to have such wonderful caring people around us. Thank you.

ANNOUNCEMENT

CARDS OF THANKS

I would like to thank all the volunteers and teams for everything you did for the 2nd annual Relay for Life! Jo-Anne put it well on the Tribune Facebook post: Mother Nature wasn't kind but you all kept smiling and made the best of it and that honestly warmed my heart so much. All of the participants showed up, ready to walk in the rain and, once again, show how Stonewall can come together as a community and make a big difference in the fight against cancer. And because of all of you, we were able to raise \$26,000 which will benefit Manitoban cancer patients, their families, and others from research, clinical trials, services and programs that you are helping to fund, Lana, Jo. Nicole. Corrie and the Tribune team did such a beautiful job on the luminaries. Jimm, your pipers did a beautiful job leading the Survivors in the first lap and the Amazing Grace at the Luminary ceremony was beautiful. Thank you for the continued support. Jan, thank you for bringing your team and doing a great job with the finance end of things, it's so nice for me not to have to worry about it. And thank you for the big donation from RBC! Jo, thank you for keeping everyone informed on Facebook leading up to the event and jumping in to help wherever you were needed and grabbing kids along the way for heavy lifting and clean-up. Sheryl, thank you for all of your help with setup during the day, taking charge of the survivor registration and area, and jumping in to help everywhere throughout the night. Jane, thank you for organizing the Bud Spud and doing the 50/50 at the Relay. Christy, thank you for organizing your students to set out the luminaries, tables and chairs, and helping with the cleanup. And Lana, thank you for rallying the troops to participate and help out, organizing the logistics and food, promoting the Relay in the Tribune, working out the details, and keeping the Relay going! And a very special thank you to the teams for braving the weather and to all those who donated to the Relay. The sponsors, we couldn't do it without your support. We'll see evervone next vear. -Thank vou.

Jill Somers, Manager, Relay for Life



STONEWALL - Triple E mobile home that's in excellent condition. Features 3 bdrms, 2 baths, 1,232 sq ft, central a/c, skylight, attached porch & garage, numerous windows facing into the very private yard, & located in a well-run park just 1 mile east of town. Great home or investment property! Come see & make us an offer we can't refuse!!!

List price \$124,900

Duncan McDougald 204-987-9800



nnouncements

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BIRTH ANNOUNCEMENT



Jack Oliver Heggie Announcing the safe arrival of our adorable and handsome grandson Jack on September 22, 2017. Thrilled parents are Brandy Lippoway and Tyler Heggie. Over the moon grandparents are David and Fran Lippoway; Cindy Anderson; Bev and Rick Heggie.

BIRTHDAY



Happy 16th Birthday Maddie on October 7th from being a Saan Store model in 2002 to a fashion designer in 2017 -Lots of love from, Baba and Papa Kernot

ANNOUNCEMENT BIRTHDAY



The Rutherford Family invites you to a Come and Go Tea from 1 p.m. to 3 p.m. at Stonewood Place on October 21, 2017. in honour of Lois' 90th Birthday. Your presence is your gift. To help celebrate, please bring a memory, story or anecdote to put in a memory box for her to enjoy later

ANNOUNCEMENT

IN MEMORIAM



Daniel Kratzer

We can shed a tear that you are gone, Or we can smile because you lived. We can close our eyes and pray that you'll Or we can open our eyes and see all you have

left. Our heart can be empty because we can't see

Or we can be full of the love you shared. We can turn our back on tomorrow and live

yesterday, Or we can be happy for tomorrow because of vesterday.

We can remember you and only that you're

Or we can cherish your memory and let it live

We can cry and close our mind, be empty and turn our back,

Or we can do what you would want: Laugh, Open Our Eyes, Love and Go on. -Forever cherished and loved Nanny Jansen and family

ANNOUNCEMENT IN MEMORIAM

Daniel Michael Kratzer

Loving Son & Brother July 12, 1984 - October 2, 2000



No one knows our heartaches, Only those who have lost can tell; Of the grief that we bear in silence, For the one we loved so well. No one knows how much we miss you, No one knows the bitter pain; We have suffered since we lost you. Life has never been the same. In our hearts your memory lingers, Sweetly tender, fond and true; There is not a day, dear Daniel, We do not think of you. Love you forever and a day, Missing you always.

-Love Mom and Dawn-Marie

OBITUARY

Robert (Bob) Charles Mann June 27, 1936 - September 21, 2017

The family of Bob Mann wish to announce the passing of our dearest Husband, Dad, Grandpa and Great-Grandpa. It is with relief in our hearts knowing that he has graduated from life and is now free from Alzheimer's Disease.

He will be forever remembered by his wife Lynn and his children: Brad (Donna) Mann, Bambi (Bruce) Rutherford and Heidi (Dale) Fitchett; grandchildren: Jason (Nicole) Mann, Laura (lan) Billingham, Kaitlyn (Scott) Yurick, Brittany (Kurt) Kelly, Josh (Caitlin) Rutherford, Ashley and Nicholas Fitchett; great-grandchildren: JJ and Austen Mann, James and Connor Billingham, Easton and Ava Yurick, Willow Kelly, Lili Rutherford.

Surviving brothers are: George (Tove) Mann, Bill (Louise) Mann, Barry (Violet) Mann and sister-in-law Carol Mann: brothers-in-law

Stuart Wood and Jeff Wood.

He was predeceased by his parents, Robert and Kathleen Mann, parents-in-law, Lloyd and Tootsie Wood, brother, Ron Mann,

Bob/Dad was born in Stonewall on June 27, 1936, the eldest son of five boys. He was raised on the "Mann" dairy farm where as a young boy, he delivered milk door-to-door with a horse and

He met the love of his life, Lynn Wood and they were married in 1957. They raised their family in the town of Stonewall where Bob/Dad became involved with many community organizations: The Kinsmen Club of Stonewall, of which he was presented with a Life Membership, Church of the Ascension (Anglican), IOOF, Stonewall-Rockwood Fire and Ambulance.

In 1982, he moved to Castlegar, B.C. where he acquired a position as Fire Chief and Director of the B.C. Fire Chief's Association from 1982-1991.

He returned home to his community of Stonewall in 2007, for family and retirement.

Bob/Dad loved camping and fishing at Falcon Lake, golfing at Teulon and riding horses, nothing better than a rodeo (one hand on the bull and the other waving his hat).

He was very conscientious, sincere, trustworthy, hard-working and capable of completing any task assigned to him. He dedicated his life to family, friends and community.

A Celebration of Life will be held on Thursday, October 12, 2017 at 11:00 a.m., Church of the Ascension, 435 1st Ave. West, Stonewall, Reverend James Bardsley officiating.

The family wish to express our sincere appreciation to the doctors, nurses and care-providers at Rosewood Lodge and Stonewall Hospital for the compassion and comfort they bestowed to our husband, father and grandfather.

In lieu of flowers, donations may be forwarded to The Alzheimer's Society of Manitoba, 120 Donald Street, Winnipeg, Manitoba R3C 4G2 or Church of the Ascension, Box 550, Stonewall, Manitoba R0C 2Z0.

Bob/Dad - "Forever in our memories, till we meet again!"





Announcements Tribune



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ANNOUNCEMENT

IN MEMORIAM



In loving memory of **Brant Cosens**

June 20, 1953 - October 5, 2012

Years may pass and fade away,

But precious memories of you will always stay.

-Love Mum and Ray, Megan, Kevin and Judy, Lisa and Sylvain and families,

Lawrence, Martha and John

Judith (Judy) Marlene Willey June 3, 1947 - September 22, 2017

It is with great sadness that we announce the passing of Judy Willey of Stonewall on Friday, September 22, 2017, at the age of

Along with her sister Beverly, Judy was born and raised in Winnipeg to parents Paul and Tolly Riggs, both predeceased. In 1962, Judy met her future husband, Blaine Willey, and they were married in Winnipeg in May of 1967. Never apart, the two moved to Stonewall in 1975 to raise their family and in 1991, Judy and Blaine purchased a home on an acreage north of Stonewall where they spent the last 25 plus years raising an assortment of animals including horses, goats, chickens and wild boars and enjoying life.

Judy was a talented florist who honed her craft while working for others, until opening and managing her own successful flower

shop in Stonewall, which she ran for many years. In her retirement years, Judy spent her time doing what she loved, spending time with family, friends and her animals. She was always an exceptionally creative and artistic person, which is reflected in her many paintings that hang in our homes.

Left to cherish her memories are her husband Blaine, children Damon (Kari), Ryan (Christine), grandchildren Nathan and Keira and extended family.

We love you, we miss you and we will see you soon.

The family would like to thank Rose Couprie and the staff at Rosewood Lodge in Stonewall for the great care and compassion they provided to Judy during her stay.

A private service will be held at a later date. In lieu of flowers, donations can be made in Judy's name to the Alzheimer Society of Manitoba.

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