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VOLUME 9 EDITION 40

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Sweet treats

TRIBUNE PHOTO BY JO-ANNE PROCTER

There was a sweet reward for the two classes raising the highest amount of cash at Ecole Bobby Bend's School Grade 2 mini Relay for Life last Friday. Five classes took part and raised \$380 for the Canadian Cancer Society. Prairie West Ice Cream and Stonewall Family Foods donated the sweet treats for Ms. Palmer and Mrs. Holod's students ice cream sundae parties. Pictured left to right: Ivy Hunnam, Cody Valardo, Kaleb Pilcher, Tenny Nickel and Mason McCallum.

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More good news for Loaf and Honey cheese making

By Jennifer McFee

Good news keeps coming for Loaf and Honey, which just earned another nod of approval for their unique cheese-making endeavour.

The catering company, which is run by Dustin Peltier and Rachel Isaak, passed provincial testing of their unpasteurized Prairie Tradition cheese that is produced near Woodlands. Brother Alberic, the 83-year-old Trappist monk who taught Peltier the method, also granted his approval of their product.

"We still have hurdles to go through, but we're getting closer. The last 45 tests all came back good, and that was their base line. If we could hit 45 with no problems, then it's proving our process. So now we're just kind of trucking along and trying to improve that process," Peltier said.

"We have to keep testing every batch until we have proven on a longer scale that we're good. It's kind of frustrating because we're only making six wheels at a time. For the testing requirement, we have to give up a whole wheel, which then only leaves us five wheels to sell."

By selling those five wheels of cheese, they can earn about \$350 — but the testing process costs them \$900.

"We're losing every time. We're working with Manitoba Ag on some other things to help lessen that blow

to the pocket. We've got another 100 or so wheels that are going to have to be tested like that, which is 16 batches," Peltier said.

"We've taken some time off because we didn't have the space to age anymore. Now that we've sold some, we're going to start making cheese again. After those come through, then we should hopefully be testing on a more month-to-month basis and not every single batch."

They're also looking at ramping up their production so that they can make 12 wheels to help offset the cost of testing.

"Because of the costs involved, we can't get all the batches tested at once. We have to get some tested, sell some, get some more tested and go like that. The catering is still kind of paying for the cheese business to stay alive," he said.

"We didn't think it would take this long, but we're getting there. Now that the results of the testing are where we want them and we got all the glitches out, then we can ramp up production. That will make life a lot easier when we're doing double or triple batches."

Currently, they're working out of a trailer set up on the property of Peltier's family, but it can only hold about 100 wheels at a time. In the future, they hope to operate out of a building that can hold 600 to 800 wheels to increase their capacity even further.



TRIBUNE PHOTO SUBMITTED

Loaf and Honey is continuing its mission to make Prairie Tradition cheese.

"We're still only allowed to make cheese every second day because of getting access to the milk," he said.

"We're hoping that we can work more with the dairy board and get a more consistent access to the milk, which would allow us to produce more and help our costs for everything else too."

DeLuca's in Winnipeg is selling their Prairie Tradition cheese whenever it is

available, and it usually flies off the shelves quite quickly.

"It's on the shelves and then it's gone," Peltier said. "We gave them 12 wheels last week and they're already asking for more."

For more information about Loaf and Honey, which won The Poutine Cup last month, visit www.loafandhoney.com.



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RM of Woodlands

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TCI students run for Terry



TRIBUNE PHOTO BY BRENDA BAWDON

Mother Nature did not stop Teulon Collegiate students from running for Terry; however, due to the non-stop rain, they did walk within the school halls. This year, the students raised \$1,143 through Terry Fox T-shirt sales and a hot dog sale for the Terry Fox Foundation. To date, TCI has raised \$27,055.55 in the past eight years.

Orange Shirt Day at TCI



TRIBUNE PHOTO BY BRENDA BAWDON

Staff and students of Teulon Collegiate pinned a mini orange felt T-shirt to their clothing with the words "Every Child Matters" to commemorate Canada's not-so-proud history and to acknowledge the residential school experience and to honour the survivors as well as the victims.

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I was born, raised and educated in the Rural Municipality of Rockwood. I have been married for 43 years to Barbara and have one daughter, Bree, son in law Dylan and two wonderful grandsons, Jaxson and Caleb. I am currently serving an eight-year term as a Councillor in the Rural Municipality of Rockwood. As a Councillor I have worked diligently to meet the needs of my constituents. I understand how Council works and have gained valuable insight into regional issues that affect the RM of Rockwood. I have actively listened and shared the concerns of residents and business with the Council and Administration. I know my time on Council has given me the necessary skills and experience to provide leadership on behalf of the residents of the RM of Rockwood. I will be a strong advocate as our communities grow and flourish.

If you have any questions or concerns, do not hesitate to call me.

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Local teacher enjoys chance to teach in China

By Jennifer McFee

A local teacher ventured across the world this summer to share her knowledge in an international classroom — and her adventure will continue during the Christmas break.

Maria Nickel, a teacher at Ecole Stonewall Centennial School, had the opportunity to spend a month in China during the summer break to teach in an international school.

Nickel is the only Canadian team member involved in a space exploration educators' conference. One of her teammates recommended that Nickel be considered for the opportunity to teach in China for the month of July, and she enthusiastically accepted the opportunity. While she was there, she also had the chance to visit Chengdu, which is Winnipeg's sister city.

Nickel taught STEM concepts that focus on science, technology, engineering and math, as well as focusing on the theme of the International Space Station. For each session, there were 80 students in grades 1 to 8. A translator was on hand to help younger students who didn't understand all of the English content.

"This is an international school, so these kids are learning English along with Western-style curriculum so that they can converse in both languages because the parents want them to be able to do business and work in Western countries or with Western countries," said Nickel, who directs the



Maria Nickel had the chance to teach students demo lessons in China during the summer.

Student Spaceflight Program in the Interlake. "That's part of their goal."

For the students, it was a new experience to be working together as a team since they are used to a more individual-based approach to education.

"To collaborate in a team setting was a bit of a challenge for them, but they took it on with flying colours," Nickel said.

"Our job was to incorporate that team mentality in our science challenges. We aimed to teach and encourage them to work as a team but also to showcase their individuality as well."

At the same time, it was an eye-opening teaching experience for Nickel.

"Education is a huge deal there because their parents invest a lot of money in education so they expect a lot out of their kids," she said.

"When these



TRIBUNE PHOTOS SUBMITTED

Maria Nickel (second from left) stands alongside some of her teaching team in China.



She spent the month of July teaching students in grades 1 to 8.

kids finished our camp, their parents would pick them up at 6 p.m. and they would go home for supper. Then they would be back at school again taking English classes until 9 at night."

On Saturdays, the studying continued with many students attending music classes in the morning, followed by English classes and reading classes in the afternoon.

"School all the time is pretty much drilled into them, so it's different compared to North America. They don't have a lot of down time," she said.

"But in other ways, China is not dissimilar from Canada. They want the same things we do — a safe place to live, a good-paying job with benefits, the ability to travel and have the nice things in life. It was really exciting to experience."

Nickel also gained a newfound appreciation for Chinese culture during her stay, and she's looking forward to returning during the Christmas break to run camp lessons for Grade 7 and 8 kids.

"They were all so warm and inviting and friendly," she said. "They made our stay wonderful."



Many thanks to those responsible for the above nomination. A great evening was enjoyed by all at Fraserwood Hall.

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Elder speaks to Stony Mountain students for Orange Shirt Day

By Jennifer McFee

Every child matters.

That was the over-arching theme of Orange Shirt Day, recognized in Manitoba on Sept. 30 as a symbol of remembrance for residential school survivors.

The symbol stems from the experience of Phyllis (Jack) Webstad, whose orange shirt was taken away on her first day of residential school. As a result, she was left to deal with feelings of worthlessness and insignificance.

On Friday, Elder Florence Paynter spoke with students at Stony Mountain School on topics ranging from the intent of treaties to the impact of residential schools.

Hailing from Sandy Bay First Nation, Paynter explained that Indigenous people had their own types of treaties long before settlers came to North America. Together, different groups negotiated agreements for the use of the land and its bounty.

When people started to arrive by boat from foreign lands, Paynter said her ancestors helped them to adapt to life in the harsh land.

"They wanted a good life for themselves, and we wanted to help them have that good life too. So we helped you adjust to our food. We helped you with the caring of your health through our traditional medicines that many of our people still use today," she said.

"We've always had lots to share, and one of the biggest things we shared was our land and our food with you to survive on this Turtle Island. We welcomed you with the language of caring that is expressed by doing, by giving, by sharing."

Her ancestors were very adaptable, she added.

"When the land was free and we were able to go from one area to another, they often referred to us as nomads. We wandered around for a purpose, and that purpose was to go with the season to where there would be seasonal opportunities for food or whatever it was that you were in search of," she said.

"The housing was our teepees because teepees were easier to carry. You could take logs from wherever you

were and you could construct, using birch bark and animal skins."

They took steps to make room for the expansion of Europeans coming to settle in Canada, she said.

"When they first came, we were really good neighbours. We were really good partners. We were good negotiators to talk to one another and say 'Yes, I will share my land with you. Yes, I will help you survive,'" Paynter said.

"But I think sometimes people tend to get a little greedy and they want more. That's just a natural human thing that can happen. Those numbered treaties were made because now people wanted a bigger piece of land and the government took action from pressure from the new settlers arriving."

Her ancestors wanted to maintain their language and their ways to acknowledge a higher being, she added.

"But with the numbered treaties also came the residential schools because the overall goal of the government was to take the Indian out of the child and remove children from the influence of their parents, their grandparents and their community," Paynter said.

"So many of us, including my husband and I, were residential school survivors. I started school when I was seven years old and I didn't speak a word of English."

Because of laws and policies put forward by the government and enforced by the RCMP, families began to lose their connections.

"Parents, grandparents were scared to speak to their children and teach their children the language because of the slapping, washing of our mouths with soap if we spoke our language if we were caught speaking our language. After a while, you get punished enough times, you have no choice not to speak in your language," she said.

"When that happens, you have a loss of your language. You have a loss of your community. You have a loss of everything to who you are inside. So your heart gets broken many times over because you yearn for your mothers tucking you in at night and your mother coming in to get you a glass of water. Nobody did that for us.

It was just like we grew ourselves and nurtured ourselves."

Paynter said her sister wasn't even allowed to give her a hug and tell her everything was going to be OK.

"We weren't allowed any contact like that and if we were caught, we'd be punished. So take away all of that, it damages your spirit," she said.

"We have a lot of damaged people and it's intergenerational. The next set of parents made decisions based on their collective experience."

Although Paynter speaks fluent Anishinabe and her husband speaks fluent Cree, they chose not to teach their languages to their four children.

"We decided we didn't want anybody punishing our sons and daughters because they speak our language," she said, "but they could have been so rich if they were able to speak my husband's and my language."

When her granddaughter asked why Paynter didn't pass along her language, she was filled with regrets.

"You don't know how much it hurts because of what was done by conscious decision not teaching my language to my kids," she said.

"But I had every reason not to. I didn't want them to be punished. I didn't want them to be made fun of. I didn't want them to be called a child of the devil. I suffered that — and I didn't want that for my kids."

Paynter also grappled with her own attitude towards parenting, which sometimes leaned towards compla-



TRIBUNE PHOTO BY JENNIFER MCFEE
Elder Florence Paynter shared knowledge with students.

"As a parent, I've also learned a lot about balance and to treasure what you have. If you have love for your families, hang on to that because families make up the world and they reinforce what we are as a people," she said.

"When you look at the intent of the treaty, it was all done in good faith. But in the end, it removed the very spirit of who we are as a people — and we're working really hard to bring back that spirit. I encourage people from any ethnic background to embrace it because that's part of who you are."

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Newspapers matter, now more than ever

Oct. 1 marks the start of National Newspaper Week and the launch of a new campaign to rally Canadians' support for newspaper journalism — and the in-depth, credible, independent reporting that newspapers provide. The campaign, dubbed #NowMoreThanEver, is inviting Canadians to show their support for the news media industry at the newly launched newspapersmatter.ca.

"Every day, newspapers work to bring Canadians from coast to coast to coast real, trusted, truthful news — which is as vital to democracy as clean air, safe streets, good schools and public health. The role of newspapers has never been so crucial," said Bob Cox, chair of the board of directors of News Media Canada, the national association that represents Canadian newspapers.

"Every day, newspapers work to bring Canadians from coast to coast to coast real, trusted, truthful news — which is as vital to democracy as clean air, safe streets, good schools and public health."

Recent research conducted last year found that 63 per cent of Canadians were unable to distinguish between



TRIBUNE PHOTO BY ANDREA HARRIS
Eight out of 10 Canadians still read a newspaper every week. Three year old Brooks Harris was caught checking out his local newspaper.

legitimate news websites and fake news stories, and 65 per cent of Canadians are worried that false information or fake news is being used as a weapon.

Access to truthful news is under threat. For years, the credible, independent news reporting that newspapers provide has been funded by local and national advertiser support. But as readership moved online, Canadian brands and companies moved their advertising dollars to global con-

glomerates: 70 per cent of Canada's online ad revenue goes to Facebook and Google — despite the fact that ads in either digital or print newspapers are the most trusted of all ad formats.

"Newspapers do not have a readership problem," explains Cox, who points to recent research that shows that eight in 10 Canadians — and 85 per cent of millennials — still read a newspaper every week.

This National Newspaper Week, Canadians are asked to simply sign a pledge of support at newspapersmatter.ca and send a message — to Canadian businesses, advertisers, to all levels of government, to newspaper journalists and all Canadians — that newspapers matter, now more than ever. The campaign includes print and digital ads running in newspapers across the country and is extending into social media, with a call-to-action that invites newspaper readers to share a photo of themselves with their favourite paper on their social channels — using #NewspapersMatter and #NowMoreThanEver.

National Newspaper Week in Canada runs from Oct. 1 to Oct. 7, 2018.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

Special thanks to EMO director

Dear Editor
Along with other residents of Stonewall Lions Manor, I took part in the joint Rockwood/Stonewall Emergency Measures Organizations "mock disaster" on Sept. 27.

At the end of the evening exercise, EMO director Peter Bullivant thanked everyone present for their help in putting together this com-

plex and time-consuming endeavour — everyone, that is, except Peter Bullivant himself (always awkward when you chair an event).

I'll extend that thank you to Peter now — as well as to all the other volunteers who made the event possible.

Having just phoned one of our sons in Ottawa a few days earlier to see how he and his family were faring after the tornado touch downs in the

Ottawa area, I was reminded again of just how quickly disaster can strike. The images we saw over the next few days of the horrific damage done there merely confirmed that thought.

Thank you to all of our EMO personnel for organizing this valuable practice run. It is we citizens who will benefit from this because we never know when it might be OUR turn.

-Sincerely,
Dale Yeo, Stonewall

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Volunteers key to success of training exercise

By Jo-Anne Procter

Fortunately, last Thursday's evacuation of the town of Gunton due to a raging fire was just a scenario that the Emergency Social Services (ESS) volunteers co-ordinated with the Stonewall Rockwood Emergency Measures Organization (EMO) for live training.

Mandated by the provincial EMO, exercises are carried out annually and at least once every four years a practical exercise is necessary.

The exercise last week started with an emergency alert using the Co-derED system which is an emergency notification service provided to all residents within Stonewall and Rockwood that notifies the public of emergency information through phone calls, text messages, emails and social media. In this case, the message was sent to all volunteers involved in the simulation stating that there was an incident that required activation of the ESS.

Volunteers acting as evacuees, arrived at the Heritage Arts Centre in Stonewall, some by way of their own vehicles and others that were transported by buses provided by Citizens for Safety and the Interlake School Division.

Upon arrival, volunteer evacuees were registered in the lobby. Those that needed personal services such as lodging or clothing moved on to another station set up in the hall. Some that required first aid were escorted to a more private area. All evacuees and volunteers were offered food and beverages by the Rapid Relief team that is a global organization that serves people in times of need around the world. They are part of the EMO, so as soon as there is a problem, the volunteer organization is contacted.

Public information officer Jeff Pre-court provided an update to media. In

the case of an actual disaster, informing the public in a timely fashion to keep families updated and informed will be of great importance.

Shelley Napier, emergency management consultant, who works with both Rockwood and Stonewall helped write the scenario for the local EMO. Napier helps augment their emergency program and makes sure that everything that is necessary is done to meet provincial regulations and to build a better resilient program for the community.

The exercise that took six months to plan surpassed her expectations. "It was a lot of work and everyone did an amazing job. Tonight is a culmination of a lot of work but it has been well worth the planning," Napier explained.

"Because short of an actual disaster where you are forced to open up a reception centre, there is no other way to test if things are going to work, if the process is going to work or the training is going to work. So we are trying to simulate that.

"It's a very good community exercise because they actually would be evacuated or they would be helping out and they get a good idea of what we are trying to build, which is a safer, stronger community."

Peter Bullivant, Town of Stonewall's municipal emergency co-ordinator, thanked the many volunteers that included the Rapid Relief team that supplied and served food and beverages to everyone, Citizens for Safety and the Interlake School Division for providing buses, Winnipeg Amateur Radio Emergency Service for providing communication advice and other technology, the Stonewall Collegiate drama club, Teresa Toutant, Dang Joo Lee and Chris Kiser with St. Johns Ambulance, residents from Lions

"IT WAS A LOT OF WORK AND EVERYONE DID AN AMAZING JOB."



TRIBUNE PHOTOS BY JO-ANNE PROCTER
The first group of volunteer evacuees arrive at the Heritage Arts Centre on the Citizens for Safety Bus last Thursday.



An evacuee registers in the lobby upon her arrival.

Manor, elected municipal officials, town employees, Shelley Napier, Kiefer Buchanan and Lindsay Byron from the Woodlands Fire Department, members of the community and the Stonewall Teulon Tribune for their coverage of the event.

"There are a lot of people that worked very hard tonight," he said. "We have learned a hell of a lot tonight and we know we can move forward with this. We know that we are ready."

Napier said that there is an evaluation and debriefing planned for next week.



The Interlake School Division provided a wheelchair accessible bus for residents that required assistance.



The group of volunteers that brought the emergency exercise together.

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Some guys have all the luck

Welcome, fellow fishers.

Some guys are pretty lucky. Not all of us have a job where you can move around southern Manitoba working as an electronics technician and if you're close to a fishing spot you just break out your gear and drop a line in while chomping on a noon-hour sandwich.

Nathan Morgan is kind of a lucky man. I met him mid-day on the Hnau-sa pier sitting in his van, his rod sticking out his driver's window as he was finishing eating. We began shouting at each other through open windows as he reeled in his line. He said it was time for him to get along but when he realized I wrote a fishing column he took a few minutes to share a picture of one of his catches here. He lives with his wife in Woodlands northwest of Stonewall and loves to fish. He asked me where the big pickerel were and I told him the commercial boys at Balsam Bay and Gimli that I talked to say they're coming down from the north a little sooner than usual because the water is so low it's cooling off faster. That brightened his day.

Down along the rocky shoreline on the downside of the Powerview Dam on the Winnipeg River last Saturday, a bunch of us watched shaking our heads in disbelief as two guys, one in a bathtub-sized dingy and the other

in the turbulent water wearing hip waders were net fishing.

"Doesn't that guy know if he goes under by those whirlpools, the waders will fill up and keep him down?" a guy behind me wondered out loud. Just as he said it, it happened. We all held our breath until we saw him pop up and hang onto the side of the dingy as the guy in the "tub" poled to shore. Wow.

I left the gang muttering amongst themselves and walking north along the shore saw a chap laying on a big flat rock his rod stuck in a crack beside him. I went up to him to strike up a conversation. He rolled his lanky body my way, revealing a prominent chin, nose and forehead framed by dark black, straight hair.

"How's the fishing?" I asked.

He smiled, hesitating, and then in broken English said, "Good, maybe," as he pointed to two small pickerel on a string in the water.

One could see he wanted desperately to talk to me but trying to speak in nervous haste only served to make it harder for him.

I tried to put him at ease, asking, "Did you fish when you were a kid?"

He beamed, smiling, nodding his head up and down vigorously. "Yeah, in Latvia, we had nothing for fishing so we catch fish with hands."

He struggled, trying to express him-

self. He went on describing how when he was about 10, there was no money for fishing gear so he and his friends devised a way to catch fish in the local marshfields along the edge of a creek. They would tramp the marsh weeds down in a circle roughly the area of a car and then fan out from it still in a circular formation. They would then turn toward the stomped circle and splash with their feet and hands disturbing the ankle-deep water, scaring the fish to the centre.

Reaching the flattened weeds, they would sit down in the water, spread their legs wide and, "walking on their butts," move to the centre catching the corralled fish by hand and throwing them up onto the creek bank. I asked him for his name but he frantically shook his hands in refusal so we'll just have to nickname him "Bert" as we have others in the past.

By Selkirk, on the Red River bank where the 509 and the 204 meet, I saw a fellow standing obviously waiting for someone last Thursday. I drove down the steep road and as I came up to him rolled down my window, asking, "Are you going fishing?"

"Yeah, I'm waiting for my buddy," responded a slim, brown-haired guy with a touch of grey in his day-old face stubble. I got out of the car and offered my card as our new friend



TRIBUNE PHOTO SUBMITTED
Nathan Morgan of Woodlands with one of his catch off the Hnau-sa pier.

said, "I'm Dean Senek from just across the river."

"You've fished this river all your life?" I asked.

"Yep," he said. We looked out across the river, the cold swirling wind scared up little wave patches. "I and my friends used to fish off the Red banks by Calder and Craig Road every afternoon till dark," he reflected.

"Many was the time our parents came looking for us and gave us 'what for' as they chased us home. That was until we started catching fish. Then staying out till dark was OK, including Uncle Dave who loved to smoke the Goldeye we caught. Sometimes we would come in cold and tired with a few fish and he would say, 'Is that all? why didn't you stay out longer?'"

See you next week, friends. Bye now.

RCMP donate \$11K to local youth organization

Submitted by Lacey Clarkson

The Stonewall-Teulon RCMP held a successful 1st Annual Stonewall-Teulon Community Golf Tournament in support of STAR (Southwest Teens At Risk) at Bel Acres Golf & Country Club on Sept. 14.

RCMP members raised and donated \$11,000 to local youth organization STAR co-ordinator Danelle Guenther. This money will be used to fill funding gaps that the STAR program was faced with this year including the Tech Talks.

The STAR program is a multi-agency collaboration that works in partnership with the RCMP, Interlake School Division, Child and Family Services,

Addictions Foundation of Manitoba, Manitoba Justice and the Interlake Eastern Regional Health Authority to co-ordinate services and supports to youth and their families in the Interlake Area to overcome barriers to success and reduce at-risk behaviour.

Tech Talk is a series of discussions for Grade 5 to 12 students and for parents, caregivers and teachers focussing on the internet, social media and how and what kids are accessing. The series teaches kids how to stay safe from sexual exploitation through technology and provides parents with relevant tools to ensure their child's safety when accessing the internet.



TRIBUNE PHOTO SUBMITTED
RCMP Staff Sgt. Kelly Glaspey (Stonewall NCO), left, and Cpl. Lacey Clarkson (Teulon NCO), right, presented a cheque for \$11,000 to STAR co-ordinator Danelle Guenther.

Stonewall council news in brief

By Jennifer McFee

A large crowd gathered once again at the Heritage Arts Centre last week for the continuation of a public hearing about a proposed housing development on Alan McLeod Avenue.

The hearing began on Aug. 22, which is also when the date was set to reconvene on Sept. 26.

During the continuation of the hearing, council made a formal request that developer IV Development Solutions provide several items by Sept. 28 so that the information could be reviewed by the planning authority and considered as part of the decision-making process.

These required items include a traffic impact study, floor plans for the proposed 18-plex condominium buildings, a landscaping concept plan and a revised site plan.

Council also requested that a 3D architectural rendering be provided as soon as possible but no later than Oct. 5.

The information will be available on the town's website on Oct. 9.

Then council adjourned the hearing and said that they would reconvene on Wednesday, Oct. 10 to make a final decision.

After adjourning the public hearing, council allowed members of the crowd to ask questions and make comments about the matter.

Several people asked for clarifications about the process, while many others expressed their concerns about the proposed project.

Unlike the previous meeting, the developers did not speak on the matter, nor did the people who support the proposed project.

Several opponents said they would not have enough time to review the documents if they were made available on Oct. 9 with the meeting scheduled for the following evening.

Council then postponed the next discussion date to Oct. 17, which is the last Wednesday before the Oct. 24 municipal election.

Eric Shaw, general manager of the South Interlake Planning District, explained that at the conditional use stage, the applicant is seeking approval on the conceptual idea. If council approves the idea, then the next step is to enter into a development agreement, which would include more details.

Mayor Lockie McLean noted that a sense of "not in my backyard" happens in every town and city.

"If you've got a big piece of land that's sitting there, you don't know what's going to happen to it in the future. It has nothing to do with the town council or the town administration," he said.

"It has to do with



TRIBUNE PHOTO BY JENNIFER MCFEE

Stonewall council held their Sept. 26 council meeting at the Heritage Arts Centre to accommodate the large crowd, which included 85 people who signed in for the public hearing.

Someone who has bought the property, and they see it for not what it is but for what it could be. They fill out an application and go through the process."

A couple residents countered the "not in my backyard" description, indicating that they always believed the property would be developed but they just don't want this particu-

lar development to be located there.

The mayor reiterated that anyone can have a vision for a property and fill out an application for conditional use.

McLean also added that there can be no discussion on the topic between the residents and members of council before they make their decision.

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NOTICE

2018 RM of St. Laurent Municipal Election - All Candidates Forum

Wednesday, October 10, 2018
- 7 P.M.

St. Laurent R.C. Parish Hall

Everyone Welcome
Meet the Candidates,
Ask Questions

Sponsored by Twin Lakes Beach Association

INWOOD HALL

Annual General Meeting

Monday, October 29th, 2018

7:00 pm

Please come out to the meeting and help our Hall keep operating

Community support is essential!

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Saturday October 6 11am - 9pm

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Thanks to the community for your loyal support and see you in the Spring!

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ISD trustee, St. Laurent and Teulon candidates share platforms

Staff

The clock is ticking until voters have the chance to cast their ballots in the municipal election on Oct. 24.

The *Tribune* recently published an article offering local candidates the chance for some free publicity. Candidates who contacted the *Tribune* received a list of 10 questions that they could answer within a 500-word limit, as well as an invitation to submit a photo to go along with their submission.

Here is the list of questions that candidates were invited to answer:

1. Please could you provide a brief bio of yourself, including any previous

political experience?

2. What community do you live in? How long have you lived there?

3. In your opinion, what are some of the major issues facing the community?

4. What are some of the best parts of the community?

5. What made you want to run in this election?

6. If elected, what do you hope to achieve during the upcoming term?

7. Have you ever run in a political election before? If so, when?

8. Why should voters support you?

9. What do you like to do in your spare time?

10. Is there anything else you would like to share?

Last week, we shared the answers from candidates running for council in the Town of Stonewall, the RM of Rockwood and the RM of St. Laurent.

This week, we are sharing the answers from candidates running for trustee positions in the Interlake School Division, and candidates for the Town of Teulon as well as RM of St. Laurent.

In the Oct. 11 edition of the *Tribune*, we will share the answers from candidates who are running for council in the RMs of Rosser and Woodlands.

For anyone seeking an opportunity to hear from candidates first-

hand, several forums allowed for that chance.

On Thursday, Oct. 11, a Town of Teulon and RM of Rockwood forum will be held at Teulon Hall, hosted by the Teulon Chamber of Commerce. Doors open at 6 p.m. and the forum starts at 6:30 p.m.

On Wednesday, Oct. 10, an RM of St. Laurent forum for reeve and councillor candidates will be held at the St. Laurent RC Parish Hall. On Monday, Oct. 15, an RM of Woodlands forum will be held at the Woodlands Community Hall. The Twin Lakes Beach Association will host both of these events, which are open to the public and will run from 7 to 10 p.m.

Please Vote October 24

Town Of Teulon Mayoral Candidates



Debbie Kozyra (Fleury)

1. & 2. DEBBIE KOZYRA (Fleury) born at the Teulon Hunter Memorial Hospital in 1964 and grew up on the family farm in Gunton. Graduated from Teulon Collegiate. Debbie has two daughters, Krystyna, graduated from TCI in 2015 and Danielle will be graduating from TCI in 2019.

Debbie was self-employed at age 18. Owner of Kozy's Productions and 2nd Time Around Market on Main

Street in Teulon. Over the last 35 years in business here in Teulon, I have had the opportunity to sit on many business, community and service organizations. With my past and present positions within the community, I have held many leadership and executive positions.

3. One of the major issues facing my community of Teulon is the erosion of infrastructure. This not only includes the roads we drive on, but the current situation with no ER and Hospital, doctor shortage, ambulance services, and police services. Many of our residents are leaving this community because we are lacking in these very important services or services are simply not available.

4. One of the best parts of our community is the recreational facilities such as the Teulon-Rockwood Green Acres Park and the Teulon Rockwood Centennial Centre. These facilities are utilized by everyone whether young or old, from Teulon

and the surrounding area. These facilities are also supported by the RM of Rockwood. I want to improve the working relationship with the RM of Rockwood and Teulon regarding these facilities and other cost shared infrastructure.

5. I decided to run in this election for Mayor of Teulon because the voters of Teulon have asked me to run. Many that know me have come to realize my 35 years of dedication to this community and have trust and faith in my values. I possess strong leadership skills and when I set my mind to something, I get things done.

6. & 7. I had served as a councillor for the Village of Teulon from 1992-1995. At that time Teulon was just a Village and council terms were only 3 years long. I ran for office of mayor in 2010 but did not succeed. This was a blessing due to some personal circumstances in my life at the time. What makes me more driven to succeed in this election is

the fact that my children are grown up and my youngest daughter graduates next year, thus leaving my nest empty.

8. The voters of Teulon should support me as this community needs a new perspective to move this community forward and to bring back the much needed services that we have lost. I bring with me a wealth of knowledge and experience, 35 years in business, having served on council in the past, dedicated myself to many community organizations currently and in the past. I understand what is required of me to head up council and to work together with the other council members for the betterment of all members of the community.

9. I have been asked what I like to do with my spare time. Well, I really enjoy my social outing with my elders that I drive to bingo on Friday evenings and the rest of my spare time I like to spend with my family.

10. Many people have come to know me as Debbie Fleury,

but recently I changed my name back to my maiden name Kozyra. I assure you it is just a name change and I am still the same strong dedicated person that you all know me as. I pledge to the voters of Teulon that I will bring my experience, knowledge and leadership skills to the council table as Mayor of Teulon.



Bert Campbell

1. Born and raised in Teulon, I have lived here for all of my

Continued on page 11

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École R.W. Bobby Bend School

Parent Advisory Council
Annual General Meeting

Tuesday, Oct. 9th/18
6:30 pm
School Library
All Welcome!

Continued from page 10

68 years. Kathy and I have been married for 33 years and we have two children and four grandchildren. I have owned and operated my own bulk freight business, Camtrans Inc. for the past 50 years. I have served on the council of the Town of Teulon for 20 years, with service in the last 16 years as Mayor of Teulon.

2. (Answered in the bio in 1.)

3. The availability of family healthcare services has been top of mind for the citizens of Teulon for several years. While providing healthcare has never been part of the mandate of municipal governments, it is our role to advocate for our citizens to the IERHA and provincial government. I am proud of what we have accomplished on the Health Sustainability Committee, by maintaining a positive and pro-active approach as we try to make the wheels of government bureaucracy move more quickly. This has been very challenging for the community and remains a priority for me. I continue to encourage anyone who wants to discuss healthcare in Teulon to call me anytime (instead of posting anonymous posters). The other major challenge for Teulon is its slow (but in recent years), steady growth. We have enjoyed more new housing development in the last 15 years than in the 20 years prior, and we continue to work on community/economic development to attract more people from all walks of life.

4. Teulon is a community for families and retirees/senior citizen alike. Our daycare and public schools are excellent, as are our recreational facilities which are jointly funded with the RM of Rockwood. Whether it be the Arena and Curling Club, Green Acres Park or Centennial Centre, our relationship with Rockwood allows us the opportunity to provide many great recreational opportunities for Teulon and Rockwood citizens of all ages.

5. I am running in this election because I feel that I have much to offer and I have been approached by many community members who feel the same way. After sixteen years,

it is important to seek candid feedback on your track record, which is what I have done. The message has been that I should seek re-election and keep advocating for healthcare services, keep working on new roads and sidewalks, keep working on attracting more businesses like Northern Goose and Vidir Machine, and along with council, keep moving the town forward in a positive direction.

6. If re-elected, top of my list in the next term would be Teulon's Centennial Celebrations in 2019 and continued work with the IERHA and provincial government on improvements to healthcare services.

7. Answered in 1.

8. Teulon has been around for 100 successful years. The mayors and councils that have come before us believed in working together in a positive, proactive way for the good of everyone in the community. I am the mayoral candidate who will continue in this tradition, and my track record reflects that.

9. I guess you could say that I am semi-retired, so when not working I enjoy spending time with my wife and our friends, and of course our children and grandchildren. "Grandparenting" is great!

10. Above all I want to encourage everyone to get out and vote. If you're undecided, I'd be happy to speak with you. You can call me at 204-886-7123 or email me at camtrans@mymts.net

**Town Of Teulon
Councillor Candidates**



Barb Mankewich

Vote for Barb Mankewich on October 24th as Councillor for the Town of Teulon. I have

lived in the Teulon area since 1995 and in 2012 I purchased a house in Teulon and continue to live here. Since 2004, I have worked as the senior administrator for the Teulon Seniors Resource Council. I have two daughters Elyce and Kassia and both my girls attended school in Teulon.

3. Teulon is a "Great Place to Come Home to", but unfortunately with the state of our health care system we can no longer offer the services such as a fully functional hospital and ER, that we once had.

4. One of my most favorite things about this community is the support and volunteerism that comes with living in a small town.

5. The reason I am running for council is because I do not like where the future of our town is venturing and I feel that change is needed in order for our community to move forward and grow.

6. My goal if elected will be to fight to improve our health services, be transparent in town council decisions, and serve my constituents to the best of my ability.

7. I may not have any political experience, but I have served on many committees in and around the Teulon area. I am also an avid volunteer for service and recreational committees, such as the Teulon & Area Lions Club, Teulon Canada Day, Teulon Parent Advisory Council and others. When I'm not volunteering I enjoy movie marathons with my girls, refinishing furniture, home renovation projects, and reading to name a few interests.

8. I feel that it is time for a change. If you feel the same, please vote for change on October 24th, 2018.



Danny Hutchinson

1. I am Danny Hutchinson,

and I am seeking re-election as a councillor for the Town of Teulon. My wife Beth and I are the proud parents of Ainsleigh and Nhien, our 8 year old twins. I have proudly served for 12 years as a member of the Teulon Rockwood Fire Department. I work as an instructor at Red River College where I teach Math and Science to students in a variety of trades. Elected in 2014, I have served one term as a councillor in the Town of Teulon.

2. I spent most of my formative years in Teulon, attending both Teulon Elementary and Teulon Collegiate. After having spent time in Winnipeg and Australia, my wife and I decided to move back to Teulon in 2006.

3. The major issues we are experiencing within our community are issues that many rural communities in Canada face. Challenges within our healthcare system have created difficulties in accessing medical care in our community. Aging infrastructure and reduced funding from other levels of government have put increased pressure on communities in order to keep community facilities open and accessible. Finding adequate housing for people in all stages of life is a struggle. There are not enough opportunities within our community for young people to make a start or for those who are seeking housing supports in their golden years.

4. The best part of our community are the people that live here. We are passionate about our community and care for our neighbors.

5. My first term as a councillor was challenging and rewarding. I have projects and changes that I would like to see through to completion and I want to continue to make positive contributions to our community.

6. I would continue to advocate for increased healthcare supports within our community and grow the relationship between our community and the decision makers at the regional health authority. I would continue to work on innovative ways to attract housing and business development.

7. I was elected as a councillor in the 2014 municipal elec-

tion. Although a relative newcomer, I have gained considerable experience and insight into what it takes to be an effective community leader. I understand that every issue our community faces is important and each demands my best effort.

9. In the summer I enjoy exploring Manitoba's campgrounds with my family. In the winter I'm either at the rink for my son's hockey, at the Green Acres Art Centre for my daughter's dance, or at home watching the Jets game.

10. In today's challenging times, we need not tear each other down, but need to work collaboratively, as the strong community we are, to move Teulon into a better tomorrow.



Jim Dola

1. I moved to the Town of Teulon with my family thirty three years ago. I work for a local trucking company, Dola Bros. I have been married to my wife Yvonne for 40 years.

We have two grown daughters, one of whom has a partner and a 4 year old granddaughter. Our daughters were involved in the many activities that our Town has to offer. We were always on the go. As my daughters got involved in the community with their sport, I became involved in the many service groups. I decided to get move involved in my Community. To this end, I joined the Teulon Rockwood Fire Department. I was involved in Slow-Pitch for over 30 years. I have been a Councillor for the Town of Teulon for the past 16 years. During this time. I have sat on various Boards.

2. I live in the Town of Teulon and have done so for thirty-

Continued from page 11

three years. My daughters, my wife and myself all attended school here.

3. I think one of the most serious issues facing our Community is Health Care. We are understaffed when it comes to Health Care Professionals. While we have been working hard to change this, we are not able to convince the Government that our Community needs an improvement in this area. This issue affects the entire province.

4. Working together with the Community groups to ensure we are able to maximize our beautiful facilities. We are lucky to have the amenities that we do. We have great schools, library, hospital, senior housing, park, arena, hall, curling rink, campground and walking trails. We have many service groups in our Community that work together to offer so many programs for all ages.

5. There are a lot of exciting projects being worked on and I would like to see them through to completion. These projects include a new Fire Hall and developing the railway property that the Town purchased. I would like to continue working on our sidewalk improvements.

6. Try to continue to work with all Community members to ensure that Teulon is a Great Place to Come Home To.

7. Yes, I have been on the Town of Teulon Council for 16 years.

8. I am honest and hard working. I try my best to help each and every member of my Community. I am always willing to learn new things.

9. I am learning to golf. I have always loved playing sports but have had to give up some of them. I make a great cheerleader when I am watching sports. I have taken up camping. I love to spend time with my granddaughter.

10. I have enjoyed working with and for my Community for all of my adult life. I would like to continue working as your representative. I would like to wish Good Luck to all Candidates on election night. I would like to ask you all to mark your X beside Jim Dola



Michael Ledarney

1. I have worked in the Information Technology field for over 20 years and been involved in politics for all of that time.

2. I live in the Town of Teulon and have lived here since the early 1980's.

3. Business development is important to the Town of Teulon. I would be in favor my contracting an economic development officer to identify and attract I business that make sense for Teulon. The contract tied to their success in having the business open.

Recreation is another area that I have been involved in as chair of the Recreation Commission. I firmly believe that being able to provide top quality facilities, and additional programming is important of an active, healthy community. In the last year this board has put a lot of time and effort to structure its' self to better serve Teulon and area.

4. Everyone may say it but it really is the people. From the business community to those that participate in sports clubs, to the volunteers that sit the boards and community groups. Their dedication and many hours make everything happen. I have seen firsthand that it is not just the once a month meetings but, many hours of work between meetings that these volunteers put in that goes unseen and underappreciated.

5. I feel that there are still projects that I would like to see completed. The new fire hall, recreation renewal and next year's Centennial Celebration to name just a few.

6. I would like to see a long-term commitment to our Recreation Facilities. Our facilities are approaching or past the 50-year mark and require

upgrades to keep them going.

I would also like to see the town complete the rezoning of the old station grounds and prepare to place it on the market for both residential and commercial development.

Continuing our road and sidewalk renewal should remain a priority.

7. In 2002, I was first elected to Teulon Council.

8. I have always done my best to listen to different viewpoints and choose the best path forward. Things do not always move as fast as I would like them too, or in the direction that I would like to see them move in. At the end of the day, I can say that I explored all the options and have followed a path that has had the Towns best interest in mind.

9. During the summer, I spend most of my time outside. I enjoy being in the garden or working in the yard. Once it gets colder, I enjoy reading and travelling.

10. I am always happy to answer questions. Not just at election time. You can call, email, text, stop me on the street or drop by the house. If I do not know the answer, I will get one for you.



Rey Girardin

1. Rey Girardin is the Director Insurance Solutions, Sales & Marketing at One Insurance Group Ltd., where he looks after the relationships with Insurance companies, establishes the business plans and strategies for 12 branches and leads all marketing initiatives for the Group. Rey has been contributing to One in increasingly senior roles since 2000.

Rey has been married for 21 years to his wife Claire, and has 2 children, Mathew and Brianne. He is actively in-

involved within the community and enjoys various sports, coaching, volunteer fire fighting and engaged in community dialogue about issues that matter to each of us.

You can expect honesty, integrity and transparency from Rey, and he will work hard for the residents of Teulon.

2. I reside in the Town of Teulon. My family and I have been living here for 12.5yrs.

3. We need to increase the growth within the town, since we are seeing stagnant growth in our community. We can find innovative ways to attract new residents and new commercial businesses to Teulon. An aging infrastructure is another concern, a strong plan must be in place to continue upholding and maintaining our roads, parks, and our public facilities. Health Care is an issue, we must work with the Health Authority and committees involved to secure doctors for our community.

4. The people! We have a solid community base, strong community involvement, and great volunteerism. Residents and business owners support each other, and neighbors are always there for each other.

5. I saw this as a great opportunity to give back to the community and be part in helping to pave the way for the town of Teulon to prosper into the future. I'd like to help the residents of Teulon have a voice when it comes to where they live, work and play.

6. If elected what do you hope to achieve during the upcoming term? To provide pragmatic solutions and results for the residents of Teulon, based on the issues we face, and with determined efforts focused on allowing the town of Teulon grow and flourish.

7. If so, when? I have never run in a political election before, therefore, this is new. I view this as a great opportunity to create new relationships and strengthen existing relationships with the residents of the town.

8. Voters should support me because I have an open mind. I believe that everyone has a voice and I would be their voice on council. Furthermore, I feel very strong that working as a team with a common agenda produces

results. I have the communities best interest in mind and want to make this a great place to live, work and play.

9. In my spare time I enjoy being outdoors, camping with my family, enjoy a variety of sports such as golf, hockey and biking.

10. With many years working in a business environment, I have developed strong leadership skills and business acumen that will prove beneficial to the decision making on council. I will look at each item presented before council with a unique approach, an open mind, and work at finding the best solutions that will assist both the Town and its residents.

**RM of St. Laurent
Reeve Candidate**



Louise McKay

I have a BA from the UofW with a double major in Psychology & Justice & Law. I am completing my MSW at the UofM and completed two years in the Canadian Institute of Management Program. As Director of Policy Development and Strategic Initiatives, I was involved in creating new legislation, devolving the provincial child welfare budget, working with unions and handling change management on a province wide basis.

I have been involved in mainstream, Metis and First Nations politics. I was also a member of Lloyd Axworthy's Executive when he was Minister and MP.

I live in the best community in the world. I was born here and went to school here. In early 2000 I bought the straw bale home that was built in 1990 as a more economical

Continued from page 12

option for home owners.

At this time my community is very divided. We have many people who feel that our current governance does not serve them. Volunteers are the backbone of all our communities and they need to feel that they matter. At this time we are suffering from a lack of volunteers and because of that we've become quite stagnant and we have a dearth of forward growth.

The best parts of my community are the people – they are a diverse group of wonderfully gifted people who are passionate about what they believe. What made me want to run in this election are the young people of the community. One of my saddest moments was when I was volunteering at one of the local high schools and the youth were saying that once they graduated from college or university they wanted to come back home to work and continue their life. I knew at that moment that I was going to do everything I could so that young man and his classmates had the option of realizing that dream.

Once elected, I want a community where everyone feels appreciated and where people are going to step forward and share their wisdom along with their many gifts. I want the richness that comes along when people feel they belong and feel part of where they hang their hat. I want jobs in St. Laurent, a better social infrastructure, better roads, a better waste transfer site and a new lagoon.

Leaders bring their personal gifts to the table to share with the people they work for. I bring my collaborative working style that has helped me to achieve my own personal goals and also the many value added goals that come from others around you sharing their own personal gifts, making a richer more vibrant community.

What spare time I have I like to bake bread and fill my house with those wonderful smells that can only come from bread baking in the oven. I also like to relax with a good historical novel while sitting under a blanket, a cat sitting on my lap and catching

some zzzzs.

For more information check out my website at <https://lou-ismckay.ca>

**Interlake School Division
Trustee Candidates**



Alan Campbell

1. Born and raised in Teulon and having lived in Stonewall with my wife Alycia for the last seven years, I am a lifelong Interlaker. Alycia and I have two daughters; Lucy and Maggie. I have served on the ISD board since October 2010 and I have been elected as chair by my fellow trustees for the past five years. I have served on the executive of MSBA since 2015, currently as Vice President.

2. Answered in 1.

3. The major education issues facing our communities vary. In Stonewall, we have our fastest growing population and our schools are either at capacity or close to it. Small class sizes continue to be my priority in order to ensure the best learning environment possible. This must be tackled proactively. In Balmoral and Argyle, the schools are the heart & soul of those communities, and must be responsibly sustained. Ensuring that all students have equal access to educational and wellness resources is always our most important challenge.

4. The best part of our Interlake communities is the people! The needs of smaller communities are sometimes very different than the needs in larger towns, but the equal ability to meet those unique challenges stems from the incredible volunteerism that is second-nature. Whether it is the Argyle Fall Supper, the Balmoral Winter Carnival, or Stonewall Quarry Days, the volunteer spirit is strong here – and that starts in our

schools. Strong citizenship is as much a part of what is taught to our students as the 3 R's – and I am very proud of that.

5. I started as a trustee in 2010 when I was 25 years old and brought a very unique perspective to the table as compared to other candidates who have served most or all of their terms as parents of children in the system, and/or have served on the board for +/- 20 years. I believe it is important to have a variety of perspectives around the table, and with my oldest daughter scheduled to start Kindergarten in two years, I will continue to offer a unique perspective.

6. More of what I have achieved in the last eight years. Strong relationships with and advocacy for community members from all over the division – whether or not they have children in the school system.

7. I have been acclaimed twice, so this is my first election campaign.

8. I am asking for the support of voters in Argyle, Balmoral and Stonewall because I have so much more to offer them in another term. I have a strong track record of fiscal responsibility and reliable advocacy for students, families, and citizens at large.

9. My girls keep me very busy and when I have time, I love to curl and golf and work in our yard. I also love to talk about our public education system. Call me anytime at 204-886-7121 or email me at acampbell@isd21.mb.ca

10. Thank you for your support on October 24. Please get out and vote!



Fran Frederickson

1. I am employed as a Senior Instructional Designer at Manitoba Public Insur-

ance. As a believer in lifelong learning, I completed my Certificate in Adult and Continuing Education through the University of Manitoba. I also hold a Chartered Insurance Professional designation.

I'm married to Bob and we have two adult children, Kris & Ainsley as well as 3 beautiful grandchildren, Nora and the twins Henry & Scarlett.

I've been a school trustee for 28 years having held many board positions including Chair, Vice Chair, and Chairs of Education and Finance.

2. I have lived in the R.M. of Rockwood, in an area known as "Eckhart", for 25 years. Previously, our family resided in the Town of Stonewall.

3. The major issue facing the Interlake School Division (ISD) is the provincial government's pending education review, planned for 2019. The government has stated that topics such as the number of school divisions, education funding, collective bargaining and curriculum could be covered. Resulting decisions could significantly impact public education and I would like to be your voice at the table.

Another issue facing the ISD is education funding. The funding of public education is being off-loaded to the local taxpayer more and more every year and school trustees are aware of the impact. However, we are committed to providing the best possible education for ISD students. It's a fine line getting it right.

4. There are many fabulous things I could say about the Interlake School Division. We have awesome staff and very talented students. We are fortunate to have a diverse division with 13 schools, 9 Hutterian schools and one storefront school. Each one offering unique programming for its students.

5. I'm seeking re-election because I believe we are on the cusp of significant changes to public education. I would like to be your voice and a part of a strong board that advocates for the citizens and students of the Interlake School Division.

I'm also excited about our new Continuous Improvement Plan, which focuses on numeracy and the mental health of our students, and I

would like to participate in its implementation.

6. If elected, I will be a strong voice for the citizens and students of the ISD advocating for exceptional public education.

7. I have run in several elections, most recently in 2014.

8. I'm passionate about the role public education plays in our community. A strong public education system is the cornerstone of a prosperous society.

9. I like to curl, golf, run, swim and garden. And of course, I love being with my grandchildren!

10. I feel fortunate and am grateful for the support I've received from the citizens of Stonewall and area. With the addition of Argyle and Balmoral to the ward, I hope I am blessed again to be your trustee. I would love to talk education with you. I can be reached at 204-799-8049.



Sandra Wiebe

Hi. My name is Sandra Wiebe.

1. I have lived in the Stonewall area with my two sons Sasha (27) and Christopher (16) for 27 years. I have served as Trustee for 16 years – 8 years as Trustee for Balmoral and Argyle and 8 years as Stonewall & area Trustee. My educational background is as a teacher (Bachelor of Education Degree) and fine arts (Bachelor of Fine Arts Degree). I come from an educating family – my parents, 5 sisters and 1 brother, all teachers, and my older son Sasha just started teaching full time. My younger son attends Stonewall Collegiate. I am also a practicing visual artist and Arts Enrichment Classes Co-ordinator and President of Prairie Oak Regional Arts Council.

Continued from page 13

2. Educationally, there are issues facing our community, and from the perspective of a trustee the main one is education funding. As provincial funding for students decreases we face difficult challenges to be both fiscally responsible and provide the best education for our students. I believe that is our greatest challenge at this time.

3. Having grown up in a farming community in Manitoba I very much appreciate living and working in a rural area. I like knowing people and being known. There is a sense of community here that is not apparent in a larger, urban environment. And I believe that sense of community carries over into our schools.

4. I'm running for Trustee because I value education and I appreciate children. Children are amazing! They deserve the best education we can give them.

5. Because of my strong interest in both education and the students of the Interlake School Division, many whom I have met and know, I am drawn to running for the Board of Trustees. I have a wealth of experience and knowledge at the grass roots level that I can offer the Board.

6. I'd like to be a part of a collaborative, fair, and open School Board if I'm elected, and I want to contribute to that process, so that we can

come up with the best decisions toward educating the students in our division..

7. As mentioned previously, I have served on the Board of Trustees for the Interlake School Division for 16 years.

8. Voters should support me because I have a vast background of experience working on different types of Boards, running a small business, teaching children and adults, and I am always dedicated to the work that I do. I believe that as a community member I need to contribute to the community. As well, I do think outside of the box because that's how creative people think.

9. Spare time is a rare commodity as I have been a single parent since my husband passed away five years ago. I love spending time with my children, who are both very active in sports and the arts. For me a nature walk with my dog Truffles is always a good thing, or a cross country ski outing, a game of curling, or a pick up game of baseball or soccer.

10. I've worked very hard for our School Division over the past 16 years and it's not always been an easy job, but I'm an eternal optimist, so if I'm elected I'm convinced that we can work together to create a strong School Division that will benefit our students and staff and the Interlake community as a whole.



Victoria Schindle

Victoria Schindle

1. I've always promoted education as the foundation that catapults your future. I facilitated a path for my children's careers in design, engineering, science, and business. I understand the dynamics of rural, suburban, and city schools, from elementary to post-secondary. I've engaged in SCI and Argyle parent councils, held various board positions, and interpreted policies.

As a college professor, I taught courses in building science and construction and am a professional resume writer. My husband and I created a strong and sustainable business in Argyle that was customer, quality, and community focused.

2. Originally from Winnipeg, we built our home and our business in rural Argyle for the past 25 years. We selected it for the school where

"a child could be a child just a bit longer". It was a great place to raise our family.

3. Our rural communities require growth for sustainability including sewer and water. Argyle has had an influx of new families in the last few years and the school is a strong candidate for schools of choice.

4. The people. Rural communities are also family orientated where you can connect with others through sports and community center activities. It is affordable in a country and farm setting with easy access to Winnipeg.

5. With a reduction of 2 trustees, I want to participate in responsible decision making. As an engineering technologist and can input on building operations, policies, and transportation. I am experienced with public and post-secondary education. I have flexibility and time where I can freely give back to the education communities.

6. I will promote collaborative and respectful schools and school board for positive outcomes in a safe environment. Mental health and wellness of teachers, staff, students, and at board level is a priority. I will be accountable with taxpayers' dollars. Every school in our division is a unique asset and will support all programming whether French Immersion, apprenticeship programs, multi-level learning, Hut-

terian schools, or alternative programs.

7. This is my first time in a political election. However, I've proposed pesticide changes for ISD schools, proposed Internet safety for school networks, lobbied for community sewer/water/housing, and presented to the Minister of Education on bills/regulations.

8. I promote compassion, inclusiveness, and diversity. I offer a fresh perspective and am dedicated to art, music, science, sports, and technology. I am analytical and committed to our schools and education.

9. I study energy efficiency and my goal is to go off the grid. I would love to own a Tesla car. I am passionate about the outdoors, wilderness, and going to the lake. Gardening, music, and pottery is extremely therapeutic. I love spending time with my family and it's a whole new experience now that my kids are young adults

10. I am looking forward to giving back to the public-school system. As a trustee, I will listen, provide constituents with a voice, respectfully advocate, be fiscally responsible, and passionately represent on the issues that matter for your children's education.

Contact: victoriaschindle@gmail.com

NOTICE

Renaissance
By Ventura Developments Inc.

The new 50+ community in Stonewall is having two informational meetings on Wednesday, October 10th 2018 4pm & 6pm at Stonewall Quarry Park 166 Main Street in Stonewall

Please RSVP to one of our Realtors if you would like to reserve a private appointment.

RE/MAX ASSOCIATES

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Al Shrupka
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Missing hunters located deceased

Staff

On Sept. 25, at approximately 1 p.m., RCMP searchers in a helicopter located two missing hunters in the water of Lake Winnipeg, south of Grand Rapids. They were deceased. As this was a remote location, it required some time to get to the hunters and confirm identities.

The two were part of a larger hunting party, but went out together on ATVs on Sept. 23 at 3:30 p.m. The group had been camping at Long Point on Lake Winnipeg, south of Grand Rapids.

The men, aged 60 and 73, are from Winni-

peg. The two men were known to be experienced outdoorsmen.

RCMP Search and Rescue has deployed ground search teams. CFB Trenton had deployed a search plane.

The men were located together and the deaths do not appear suspicious. One of the ATVs had been located. The second ATV has not been located, but it is believed to be in the water.

Autopsies have been ordered. Grand Rapids RCMP continue to investigate.

Your Home & Garden

Thirteen outdoor tasks to winterize your home

When the days start to get shorter and colder, you know it's time to prepare your home and garden for winter. To help you out, here's a handy list of outdoor chores to get done this fall:

- 1 PLANT AUTUMN BULBS:** before the first frost, plant the bulbs that you want to bloom next spring (tulips, hyacinths, daffodils, crocuses, etc.).
- 2 PROTECT WEAKER PLANTS:** cover the bases of weaker, dormant perennials with mulch (as required by your hardiness zone). Also, consider protecting recently planted shrubs and the trunks of younger trees.
- 3 CLEAN UP THE GROUNDS:** to avoid the possibility of carpenter ant and rodent infestations, remove all dead leaves, branches and firewood you find near the walls and foundation of your home. In taking this step, you'll also be removing fire hazards.
- 4 RELOCATE POTTED PLANTS:** if you have plants that need to stay warm, it's time to bring them inside.
- 5 CHECK THE FOUNDATION AND EXTERIOR WALLS:** locate and seal all cracks to prevent water from seeping in and causing damage to your home.
- 6 CUT THE WATER SUPPLY:** empty then store garden hoses and shut all outdoor water outlets to prevent your pipes from freezing and bursting over winter.
- 7 CLOSE THE POOL:** drain the water, remove the skimmer basket, empty the filter, remove the pool ladder and set up the winter cover.
- 8 PRUNE BRANCHES THAT ARE CLOSE TO YOUR HOUSE:** not only will you prevent them from damaging the exterior of your home, but you'll also eliminate a potential bridge for heat-seeking parasites.



9 INSPECT THE ROOF: replace any damaged shingles (split, curled, wavy, loose, etc.). If you have a flat roof made of asphalt and gravel, make sure the crushed stone covers the whole surface. Also, remove all debris and check the flashing. For best results, call a professional roofer for a maintenance inspection.



10 SWEEP THE CHIMNEY: sweep your chimney — or have it swept by an expert — in order to reduce fire hazards. Moreover, check the chimney cap or put one in place. This simple device prevents animals from being able to sneak into your home.

11 STORE GARDEN FURNITURE: wash all outdoor furniture then store it or shelter it with protective covers. All cushions, however, should be brought indoors. Be sure to also store the barbecue (after cleaning the grill and removing the propane tank, of course).

12 FENCE THE VENTS: to keep rodents out of your home, place grills on all of your vents (i.e. extractor fan, bathroom fan, dryer, central vacuum, etc.). If you already have grills in place, inspect them to make sure they're in good shape. Also, make certain that each valve closes properly.

13 CLEAN THE GUTTERS: remove leaves (wait until they all fall) and other debris from your gutters so that water can flow as it's supposed to. If you don't, standing water could freeze and damage the gutters. Also, take the opportunity to assess your gutters and, if necessary, strengthen them.

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Paws take to the park for annual Dog Walk Fundraiser

By Natasha Tersigni

The Stonewall Veterinary Hospital staff invited its canine friends and their families to join them on a walk through Quarry Park in celebration of Animal Health Week last Sunday.

The event kicked off at noon where more than 30 owners and their canines gathered for a walk on the park's trails. After the walk, there were plenty of activities to keep both two-legged and four-legged visitors busy including a barbecue, costume contest and information booths set-up by various pet-related business.

"This is the second year in a row we hosting the Dog Walk and it was an even better turn out than last year. It is great to see the community support we have," said event organizer Stacey Klippenstein.

"All the money that we raised will go towards supporting the stray kittens that RM of Rockwood brings to the clinic. We try to adopt the kittens



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Left photo: Dog Walk Fundraiser event organizer Stacey Klippenstein, right, and Kristin Skryba outfit Peanut with a new bandana during the Sunday afternoon event. Right photo: Stella, Porter and Stout along with their owner Charlotte Johnston took part in the annual dog walk fundraiser.

when we can and the money that we raised will go towards their vaccines, to get them spayed or neutered, their food and even their cat litter. The goal is to get them socialized at the clinic

and then adopt them out."

Currently, the clinic has two kittens ready for adoption: a male kitten named Balboa, who is recovering from an eye injury, and a female kit-

ten named Twigg.

For more information on the kittens, go to the Stonewall Veterinary Hospital Facebook page.

Providing quality and compassion in end-of-life care

Submitted

Providing both quality and compas-

sionate care for people whose medical condition does not respond to treat-

ment can be one of the most complicated challenges faced by family and friends caring for a loved one.

Palliative care focuses on comfort and quality of life; it emphasizes the philosophy of providing comfort at end of life. Volunteers are essential members of the palliative care program, providing emotional support and companionship to clients and their family caregivers in hospitals, personal care homes and in the home, assist with administrative tasks, dignity therapy transcription, memory trees, public relations and community awareness.

"I volunteer to be a good example to my kids and to give to my community. Palliative care is an essential service

that I knew nothing about prior to getting involved. I'm a selfish volunteer because I am certain I get more from my volunteer work than I give. I have learned so much and met so many selfless, compassionate and authentic people. Volunteering with palliative care makes me happy and hopefully I am in some way helping people who are using palliative care services," said Jen, a PC volunteer.

Interlake-Eastern RHA's palliative care volunteer training course provides 16 hours of comprehensive training to help those providing end of life care as volunteers or as part of care for a loved one. The course con-

Continued on page 24

**HAPPY
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Meadow Lea Hall	Oct. 21	5:30pm
<i>Reservations 204-383-5223</i>		
Stonewall - Red Barn	Nov. 4	3:30-6:30pm
<i>Reservations 204-633-2238</i>		

Fire Prevention Week

October 7-13, 2018

A Salute to Our Local Volunteer Fire Departments



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Mike Heller,
Kristy Hill,
Russ Evans,
Scott Atchison,
Bill MacLellan,
Eric Postlewaite,
Charlie Brown (Lieutenant),
Cody Park,
Adam Porteous,
Morley Porteous (Captain),
Russ Tully,
Darren Tully,
Harrison Kuzmik,
Sarah Werbicki,
Lindsay Byron,
Colin Campbell and
Braden Weatherburn



Rosser
Thanks to everyone who came by our Open House Sat. Sept 15 and enjoyed lunch, meeting their firefighters, and trying out the equipment & gear!

Scott Beaton, Jason Braun, Kevin Braun (Public Education), Riley Braun, Victor Braun (Captain), Kevin Field, Jared Friesen, Alex Garfinkel, Mark Hagidiakow (Public Education), Kirby Hearn, Garth Killbery, Justin Krym, Lynden Krym, Don Manchulenko (Captain), Jordan Manchulenko, Ken Manchulenko (Captain), Rob Manchulenko (Deputy Chief), Dusty Moore (Captain), Alex Morris, Jeff Mulligan, Corey Oatway, Mike Palmer (Chief), Dick Proctor, Allan Sanche, Peter Schutz, Adam Sherry, Curtis Simonson (Safety Officer), Gord Slagerman, Murray Slagerman, Nick Stratulik, Brett Thiessen, Francois Uhres, Darren Wedge, Carl Witt

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A Salute to Our Local Volunteer Fire Departments

Fire Pre



Left to right; Kyle Kauk, Peter Bullivant, Rick Porter, Brett Harvie, Brad Ritchie, Ryan Ritchie, Kent Fingas, Matt Wahoski, Da Humeniuk, Curtis McClintock, Brian Baryliuk, Brent Anderson, Kevin Boughton, Ryan Frost, Brendan Potter, Todd Kozokow, Ryan Fotty and Jessie Harrisko. Missing Colin Ballantyne, Derek Becker, Danny Day, Chris Godin, Jeff Hallock, Scott Jar Marcel Labelle and Jason Sugimoto.

OPEN HOUSE & PANCAKE BREAKFAST
Saturday, Oct 13th 8 am - 11 am
Pancake breakfast donated by the Brethern ERT Team. Come out & meet your local Fire Department. Fire extinguisher training & see the Smoke House

Portable fire extinguishers: making the right choice


Used to douse the flames of a burgeoning fire, a portable fire extinguisher is a valuable piece of safety equipment that you should have on hand at home. Do you need to buy or replace one? If so, be sure to look for a fire extinguisher that has the following four features:

1. It has a seal from a recognized organization such as the Underwriters Laboratories of Canada (ULC).
2. It can put out A, B and C type fires. In other words, it puts out fires from combustible materials (wood, paper, cloth, etc.), flammable gases or liquids (oil, gas, grease, etc.) and electrical equipment (wiring, electrical panel, etc.).
3. It has a minimum 2A 10B C rating, which means it can put out a 2 ft³ paper or wood fire (2A) and a 10 ft² gas or oil fire (10B). The letter C means that the extinguishing agent does not conduct electricity.
4. It's lightweight and easy to use, since the extinguisher won't be of any use if it's too heavy for you to wield. Furthermore, check whether it's refillable or has a limited lifespan.

Once you get home, install the fire extinguisher near an exit, but at a good distance from possible fire sources (oven, heater, etc.). Most importantly, learn to use it and be ready to act in case of an emergency.

If your fire extinguisher was made before 1985, be sure to replace it ASAP.

When choosing a fire extinguisher for your home, make sure you can easily pick it up and use it.



With gratitude we honour OUR LOCAL HEROES

We thank all the brave men and women who make our communities a safe place to live. These people often put themselves on the line so that our lives and home may be more secure. They are the first to lend a hand in times of crisis. They are local, everyday heroes who are part of our communities.

We
Stonewall & Teulon
Stonewall & Teulon
Our local Volunteers

3, 2018

vention Week



OPEN HOUSE

Sunday, Oct 7th

12 pm - 2 pm

Free hot dogs and drinks.

Fire apparatus demonstrations.

Everyone is welcome.


**Stony Mountain
Rockwood**



From left to right: Rick Gulay, Dave Genge, Stevyn Tyler, Ryley Wytinck, Keith Roy, Kristina Colatruglio, Kevin Knap, Harry Genge, Cam Stewart, Wallace Drysdale, Chris Pilcher, Marcel Mcivor. Missing Greg Campbell, Tim Wytinck, Eric Stevens, Matt Broadfoot and Dean Crompton.

Annual Fire Fighter's Ball on November 3rd @ the Stony Mountain Community Centre (Dinner and Dance).
Tickets available from any Firefighter or at Pick N Pay Store.

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 204-791-8073

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Stay alert: fire safety is in your hands

For this year's Fire Prevention Week, October 7 to 13, 2018, Fire Prevention Canada is endorsing the National Fire Prevention Association's (NFPA) new theme: *Look. Listen. Learn. Be aware — fire can happen anywhere.* The slogan identifies three crucial aspects of fire safety and reminds us that fires can occur when and where we least expect them. In recognition of Fire Prevention Week 2018, check out these three key tips from the NFPA for staying safe in the event of a fire.

- 1. LOOK.** Inspect your home for potential fire hazards — such as loose outlets, faulty wiring, frayed electrical cords and unattended candles — and eliminate them wherever possible.
- 2. LISTEN.** Keep an ear out for the sound of smoke alarms. If there's a fire, you'll only have a few min-

utes to escape the building safely and get to your household's designated meeting spot. Check your smoke alarms every two months to ensure that they're working correctly.

- 3. LEARN.** Make sure to learn two ways to exit every room of your house, through either a door or a window. Keep these exits easy to open and clear of clutter. Your household should have a fire escape plan in place and rehearse it at least twice a year.

Though many people mistakenly think that a fire could never occur in their own home, mishaps and disasters don't discriminate. Always be prepared for the worst. If you stay alert and take preventive measures, you and your loved ones are much more likely to stay safe during a fire.



LOOK. LISTEN. LEARN.

Be aware.
Fire can happen anywhere.™

firepreventionweek.org

 FIRE PREVENTION WEEK™

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Fire Prevention *Week*

October 7-13, 2018

A Salute to Our Local Volunteer Fire Departments



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BBQ & OPEN HOUSE

Saturday October 13th 11am-2pm

Come out for a hot dog, homemade fries & drink
Fire truck rides, displays & fire safety trailer, fire hose targets & meet Sparky the Fire Dog!



We Salute RM of St. Laurent & RM of Armstrong Volunteer Fire Departments



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Holiday Turkey

seasoning in the liquid. Continue roasting until an instant-read thermometer inserted into the thickest part of a thigh (but not touching bone) registers to 170 F.

Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes (see tip). Meanwhile, skim the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Resting tip: Slow-roasted meats need far less resting time (pretty much none) than those that are traditionally roasted. The reason for resting meat that has been roasted at a high temperature is to allow juices that have collected in the cooler center time to migrate back into the dryer (hotter) exterior sections after it comes out of the oven. Because slow-roasted meats are cooked evenly and a temperature that keeps most of the juices in place, a resting period is largely unnecessary. A brief resting time does allow the meat to become a little firmer as it cools, making it easier to carve.

Makes 15 servings

1 fresh turkey, about 15 pounds, preferably free-range

1 tablespoon olive oil

1 quart apple cider

2 teaspoons dried poultry seasoning

Coarse sea salt and freshly ground black pepper

Remove the giblets from the turkey and discard (or save for another use). Rinse the turkey inside and out and pat dry with paper towels. Rub it all over with salt and pepper. Refrigerate, uncovered, for at least 12 hours and up to 24 hours. During that time, the surface of the turkey will become visibly dry and the skin will tighten; this encourages a nice crisp skin on the finished bird.

Remove the turkey from the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450 F.

Put the turkey on a rack set in a large, flameproof roasting pan. Drizzle the oil over the top.

Roast for 1 hour. Reduce the oven temperature to 175 F. Pour the cider into the roasting pan and sprinkle the poultry



We've Now Become the Endangered Species

"own" the Earth, without a recognition that greed and power are ultimately destructive to even the "winners", we are doomed to continue to play out again and again one version or another of "war" against our fellow humans. It is time for our species to grow up. Bullying is no more acceptable globally than it is on the playground. How different might it be if people all over the planet were televised begging their leaders to stop the violence, rather than dancing in delight at the carnage across the ocean or urging their leader to "nuke 'em all". We can no longer merely sit in front of our television sets shaking our heads, or quietly meditate for world peace. It is time to let the voice of peace be heard loudly and clearly.

Amidst the din of war talk and rising tension, we must create a ceaseless mantra urging leaders to take a stand on non-violent resolution. There are enough of us who carry wisdom and insight to impact global consciousness. Leaders are not only those who are elected to office. Step forward in your family, workplace, community, and speak your truth. Contact your elected officials and teach your truth. We cannot be like the quiet ones on the playground who watch with horror as the bullies bludgeon one another, and then retreat to a safe place whispering to one another about how horrible it all is. The message of recent events is loud and clear. We got it. We have spoken out about harm to the ecosystem. We have spoken out about protection of endangered species. More than ever now, we are the endangered. And only we can save us.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Violence is abhorrent. Our collective consciousness has suffered a blow from which we still reel. No individual or nation is so powerful as to be totally invulnerable. No amount of power or force can ensure protection. How hopeless we can feel in the face of a world seemingly gone mad? It is as frightening to hear the responses to terrorist strikes as it is to witness the acts of terrorism themselves. As long as we justify taking lives to avenge loss of others, the human carnage will continue. Sadly, it is ordinary citizens and their families who pay the price. What do we make of recent events, and how can we deal with our sense of helplessness, even hopelessness? We must wake up to the fact that it is the consciousness of violence that is the problem, not only the individuals or groups who commit acts of violence.

It cannot be wrong for others to commit acts of violence against us, and right for us to commit acts of violence towards them. There is a continuum of violence, and if we accept any place on that continuum as acceptable, we open ourselves to the whole range. The hunger for revenge, the desire to strike back, hurt more, is what escalates out-of-control situations. As high tech as our world might be, humans still behave in ways that are barbaric. If nothing else, recent events should have us all doing serious soul-searching about the ways in which we allow, tolerate, condone or contribute to violence in our own lives.

Without a reverence for life, without an appreciation of transitory nature of life, without an understanding that no one can

Pumpkin Cheesecake with Gingersnap Crust

Serves 8 to 10

Crust

1 1/2 cups gingersnap cookie crumbs

1/2 cup finely chopped hazelnuts

6 tablespoons unsalted butter, melted

1/4 cup sugar

Filling

1 1/2 pounds cream cheese, at room temperature

1/2 cup packed light brown sugar

1/4 cup granulated sugar

2 large eggs

2 large egg yolks

1 1/2 tablespoons all-purpose flour

2 teaspoons pumpkin pie spice

1 cup solid-pack pumpkin purée (not pumpkin pie mix)

1/2 cup crème fraîche, homemade (see below) or store-bought, or sour cream

2 teaspoons pure vanilla extract

1. Preheat the oven to 350 F. Lightly butter an 8- or 8 1/2-inch springform pan.

2. To make the crust: Stir together all of the ingredients in a medium bowl until the crumbs are moistened. Press the mixture over the bottom and up the sides of the pan. Bake the crust for 10 minutes. Let cool completely on a wire rack. Increase the oven temperature to 425 F.

3. To make the filling: With an electric mixer on medium speed, beat the cream cheese, brown sugar and granulated sugar in a large deep bowl until light and fluffy. Beat in the eggs and then the egg yolks

one at a time, beating well after each addition. Add the flour and pumpkin pie spice and beat on low speed until just combined. Add the pumpkin purée, crème fraîche and vanilla, and beat until just combined. Pour the filling into the shell.

4. Place the cheesecake on a baking sheet and bake for 15 minutes. Reduce the oven temperature to 250 F and continue baking for 1 hour.

5. Turn the oven off and let the cheesecake cool in the oven for 2 1/2 hours. Then transfer to a wire rack and let cool to room temperature. Refrigerate, tightly covered, for at least 10 hours, until thoroughly chilled and set, or for up to 2 days.

6. To serve, run a knife around the side of the cheesecake and remove the side of the pan. Serve slightly chilled or at room temperature, cut into thin wedges with a sharp knife dipped into hot water and wiped dry after each cut.

Crème Fraîche

Makes about 1/2 cup

1/2 cup heavy whipping cream

1/2 cup crème fraîche or sour cream with live cultures

Pour the cream into a glass jar with a tight-fitting lid and spoon in the crème fraîche. Let sit on the counter, with the lid slightly ajar, until the mixture thickens, from 4 to 24 hours, depending on the weather. Refrigerate, tightly covered, until ready to use.

Herb-Roasted Garnet Sweet Potatoes

Serves 4

3 tablespoons extra-virgin olive oil

1 teaspoon fresh thyme leaves, minced

1 teaspoon minced fresh sage

1 teaspoon minced fresh oregano

3 medium garnet sweet potatoes, peeled and cut into 1/4-inch dice

Kosher salt

1. Preheat the oven to 375 F. Spray a large roasting pan with nonstick cooking spray. In a large bowl, thoroughly

combine the olive oil and herbs. Add the sweet potato dice to the mixture, and use your fingers to coat them well. Season with salt to taste.

2. Transfer the mixture to the prepared roasting pan. Bake for 45 to 60 minutes, until your desired consistency is reached, whether you want them a bit firm or fork-tender.

Edible Tip: A good alternate variety to Garnets are Red Jewels, which are easy to come by at both farmers' markets and local grocers. Look for a deep, bright color, and be sure to cook them fairly quickly after purchase. Unlike potatoes, sweet potatoes do not store very well.

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Warren Elementary unveils special mural

Submitted

On Sept. 27, many Warren Elementary students wore their orange shirts to honour residential school survivors.

The Student Leadership ran an assembly at the school (with the assistance of guidance support), listening to *O Canada* in Cree, and Phyllis Webstad's book *The Orange Shirt Story*.

Jennifer Crolly, elder expert, reviewed traditional Indigenous teachings, drumming and singing. With the gift of many Manitoba Teacher's Grants, as well as the Interlake School Division visual arts grants, students school-wide were able to create a wall mural on Martin Brokenleg's Lakota teachings of the "Circle of Courage." With the help of artist Karen Cornelius students kindergarten to Grade 8 shared ideas and artistically represented pictures of love, generosity, independence and mastery. A beautiful mural

with a message that depicted the meaning, "If we act with our heart, good mind decisions will follow. Further, that all of us together in a community must create this culture for positive well-being."

The assembly wrapped up with those in attendance singing Johnny Reid's, "Change the World" in an effort to remember to be mindful of others as well as to encourage the prevention of racism, and bullying. Warren Elementary School has in the past and continues to offer students many guest speakers, activities, and cultural activities to promote peace and understandings of others in social justice and equity areas. School, is more than a place to learn your ABCs and 123s. It's also a place to address local and global issues, foster relationships, and engage in historical awareness — in essence, to develop a healthy "well" child, as every child matters.



TRIBUNE PHOTOS SUBMITTED

Warren Elementary's "Circle of Courage" mural was unveiled at a special assembly for Orange Shirt Day last Friday.

Stonewall council hears delegation regarding duplex development

By Jennifer McFee

Cal Turner would like to see equal treatment for duplex developments and secondary suites in Stonewall.

At the Sept. 26 meeting, he spoke to council about his concerns. While developing duplexes, he was required to pay large sums of money to dig up the sewer and water connection to renew it and put a second one in.

He expressed concern that the town's first secondary suite, which was approved in August, did not have

to follow the same process.

Mayor Lockie McLean said that this particular secondary suite is intended for someone who wants to look after an aging parent, not for a developer who aims to make a profit.

Eric Shaw, general manager of South Interlake Planning Board, outlined the differences between a duplex and a secondary suite according to the town's zoning bylaw. They are classified differently, with a duplex listed as a residential and residential-related

class unit, which is a principal dwelling unit. In contrast, a secondary suite is listed within the accessory use class.

"This is a brand new concept for the town, so secondary suites are not your traditional residential dwelling unit," Shaw said. "It's considered an accessory suite to the principal suite."

The secondary suite is subject to very stringent rules, he added.

"It's limited in its size. It can't be bigger than 700 square feet or 40 per cent of the principal dwelling, so it's very,

very controlled in terms of how it's designed," Shaw said.

"It has to have a separate entrance on the side of the dwelling. ... So it doesn't function in the same way as a typical duplex, which is not limited with the same level of controls. It's not an apples to apples comparison."

Turner disagreed and said that the issue will be going to the ombudsman next.

IERHA looks to transform health care across the region

By Justin Luschinski

The Interlake-Eastern Region Health Authority (IERHA) wants to transform health care across the region by providing better care at a sustainable cost.

Nearly 100 community and area members attended the IERHA's annual general meeting on Monday evening at the Selkirk Rec Complex. This year's annual report details the inefficiencies of the current system, and how health care is moving away from its focus on hospitals.

Ron Van Denakker, IERHA CEO, says health providers work very hard across the region, but the system is too inefficient.

"Every day, our teams of staff deliver excellent health services, despite working in a system that doesn't make it easy for us. Our key challenges are to

address our aging demographic, and to provide more Indigenous-based care," Denakker said. "Fifty per cent of hospital beds are filled with people waiting for personal care homes.

"That's why many of these changes are necessary."

Denakker said the region faces a number of other issues, including encouraging health care providers to practice in the region. The IERHA have worked to fund new personal care home beds, as well as establishing a medical student residency program, which will help encourage physicians to stay in the Interlake.

The IERHA has also aimed to balance its budget, bringing it in line with the province's efforts to curb ballooning health care budgets. But there might be some larger changes to health care in the region.

Dr. Brock Wright, CEO of Shared Health Services Manitoba, said future health care will focus less on hospitals and more on having easy access points to care.

"The world is changing. In the past, it was all about 'get to your nearest emergency department.' The issues now is more 'call 911, and get access to emergency medical services,'" Wright said. "Increasingly, the people who come get you are more highly trained than in the past. They can start treating you there, and they can treat you as you drive.

"In some cases, you might not need to go to your nearest hospital, they might drive you further to get you to a facility that has the right equipment for your problem."

Denakker said they will be accepting their first intake of new student

doctors in July 2019. They're also establishing "My Health Teams," where multiple professionals work together to look after one individual's health-care needs. They will also be opening a Rapid Access Addiction Medical Clinic (RAAM) in Selkirk, which will assist people with substance abuse.

The province is also hiring 60 new paramedics, 26 of which are coming to the Interlake region.

For more information on the past year's progress in the IERHA visit their website at ierha.ca to see the "2017-18 Annual Report."

For more information on the latest developments in provincial health care transformation visit the Manitoba Health Seniors and Active Living website at gov.mb.ca/health/hst/index.html.

Theatre Projects Manitoba launches four-week tour in the Interlake

By Jeff Ward

A new tour through the Interlake from Theatre Projects Manitoba begins next week in Steep Rock before travelling through the region with stops in Eriksdale, Lundar, Arborg, Riverton, Teulon, Gunton, Stonewall and Winnipeg Beach.

The tour comprises a massive organizational effort and new focus for Theatre Projects Manitoba who have focused heavily on rural Manitoba this year.

Associate artistic director Andraea Sartison explained that the organization had a vision about getting out of the city limits and collaborating with artists who live rurally. That vision will take them through the Interlake this year with stops in over a dozen communities and schools along the way. The tour will come to the Steep Rock area first from Oct. 9 to 14, Eriksdale from Oct. 16 to 21, then Arborg from Oct. 23 to 28 and finally Teulon from Oct. 30 to Nov. 4.

Sartison said that the push to engage in rural Manitoba is very exciting and that as they come into the final few weeks of preparation they're looking forward to making connections with Interlake artists.

"We chose the Interlake because there are so many connections and there is such an interesting history," said Sartison.

"We spent a lot of time in the Interlake since we started work on the

project with many trips back and forth. What we've been asking each community is what is going on and what isn't going on. But most important, what do they want to see."

Theatre Projects Manitoba will also be spending time bringing programming, at no cost, to schools all over the Interlake. Sartison explained that every day they will be in a different school. The arts tour will take the form of many different activities including workshops that involve songwriting, story telling, craft shows and live the-

atre performances.

Artists who are spending a week in each community will also be living with host families in that community as well. This, Sartison said, will allow them to be more connected to the community they're in and thus create a stronger bond.

"We wanted to avoid what would often happen where you do the show and go to the bar for a few drinks and then back to the hotel room. By living in people's homes, it will be a great way to get to know people. Steep Rock,

our first community, for instance, has some amazing people and they are a really strong community," said Sartison.

Every single event is open to the public and is entirely free to take part in. Sartison said she is looking forward to hearing feedback from the community and the artists and is hoping the Interlake shows up to take part in these exciting arts events.

A more detailed schedule of events can be seen online at www.theatreprojectsmnitoba.ca.



Ralph R. Eichler,
MLA for Lakeside

At this season of Thanksgiving, we reflect on the many good things in life: faith, family, friends and the freedom of a great country.

*Wishing you
a blessed
Thanksgiving*



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ALL ARE WELCOME

SERVICE CLUBS - Serving our Communities					Tribune
<p>Royal Canadian Legion Branch No. 52 Reg. Dues are \$45/year Members 70+ \$40/year The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. The legion meeting is the 2nd Tuesday of the month at 8 pm at Stonewall Legion Club Room.</p>	<p>South Interlake Ag Society Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year It encompasses the needs of the three municipalities that it serves - Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.</p>	<p>Teulon Women's Institute Phone 886-2216 Fee: Nominal membership may apply Motto: "Home and Country" The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.</p>	<p>1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.</p>	<p>Quarry Toastmasters Brenda 467-5088 We have moved. Come join us for a visit or two. Quarry Toastmasters will be at the Chicken Chef in Stonewall 7:15-8:45 pm on Tuesday night. Our group helps you with speaking in front of people, grow's confidence, how a meeting should be run. We have an agenda, slow steps to get you to do speeches. We support each other and we also have fun.</p>	<p>Kin Clubs of Stonewall Motto "Serving the Communities" Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships. Kinsmen President Martin Mailman 204-467-8359 Kinette President Edith MacMillan 204-375-6691</p>
<p>Teulon & District Agricultural Society Lana Knor, President 467-0740 The Teulon & District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon & District Ag Fair and the Annual Teulon Pumpkinfest.</p>	<p>Interlake Community Foundation, Inc. 204-467-5634 www.interlakefoundation.ca The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.</p>	<p>Stony Mountain Stonewall Masonic Lodge #12 Call 204-467-2788 for Information Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-secular and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER. Monthly Meetings 2 B 1 ASK 1</p>	<p>Stonewall Ladies Auxiliary Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.</p>	<p>South Interlake Seniors Resource Council Inc. Darcy or Corinna @ 467-2719 sisrc@shaw.ca SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.</p>	<p>The Liliane Baron South Interlake Breast Cancer Support Group Claudette 886-2393 Joyce 467-2473 The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of L.J. Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.</p>
<p>Knights of Columbus Stonewall Dave Couprie 467-9548 \$40/member/year The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.</p>	<p>South Interlake 55+ Inc 467-2582 www.si55plus.org \$20/member/year si55plus@mts.net This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.</p>	<p>Stonewall & District Lions Ralph Sinclair 622 Centre Avenue, Stonewall 467-9600 Motto: "We Serve" Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings are every 4th Wednesday of the month at 7:15 pm September thru June.</p>	<p>Independent Order of Odd Fellows Stonewall Lodge #49 Larry O'Dell 467-8882 Ross Thompson 467-2438 www.ioofmb.ca Yearly nominal membership fee The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.</p>	<p>Stonewall & District Health Centre Ladies Auxiliary Marg Bond 467-8732 The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.</p>	<p>Grosse Isle Women's Institute Phone 204-467-9376 Motto: "Home and Country" The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.</p>
<p>Warren Horizons District Lions Club President: Irene Tully 204-375-6522 Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.</p>	<p>Warren & District Lions President Stu Bangle 204-322-5381 "We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.</p>			<p>Unity, Steps of Courage (AA) United Church, 369 1st Ave., N., Stonewall Fridays at 7:30 pm Info Call Bryce 204-430-6787</p>	

> END OF LIFE CARE, FROM PG. 16

sists of eight modules that will provide the basic skills for taking on the role of a palliative care volunteer such as:

- An overview of palliative care and the role of the volunteer
- Building effective communication skills
- Responding to loss and grief and the psychology of death and dying
- Providing emotional/psychological and spiritual support

These free palliative care volunteer courses will be offered in Stonewall this fall. See below for more details:

Stonewall: Tuesdays and Thursdays in the Stonewall & District Health Centre (Multi-purpose room) from 1 to 3:30 p.m., beginning on Oct. 16.

Registration before Oct. 10.

Spaces are limited. For more information or to register, please contact Interlake-Eastern RHAs palliative care volunteer coordinator and community liaison, at 1-855-494-7369 or smliotte@ierha.ca

Annual goose shoot raises funds for community



Rob Forbister's team won Benelli M2 shotguns and custom goose calls for their first place finish in the 16th annual Stony Mountain Goose Shoot.



TRIBUNE PHOTOS SUBMITTED
First place junior team, from left to right: Chase Littlepage, Sydney Byle, Colby Thiessen and Brendan Poirier.

By Jo-Anne Procter

There was goose on the menu this past weekend at the Stony Mountain 16th Annual Goose Shoot with 160 hunters raising funds for local organizations.

This year's funds will be split between the new organizers of the event: Stony Mountain Minor Hockey, Stony Mountain Community Club, Skate Stony Mountain and the Stony Mountain Community Association.

Thirty-two men's teams and eight

youth teams entered the contest, with 12 teams shooting their limit of 12 geese.

Winning the men's division was Rob Forbister's team for their harvest of 12 geese weighing 118.4 pounds. Each team member received Benelli M2 shotguns and custom goose calls. Second place went to Walt Stewart's team for the 12 geese they shot weighing in at 115.9 while Jason Ewanek's team placed third with a difference of one ounce in weight for their 12 geese.

Stewart's team won beretta A300 automatic shotguns and Ewanek's team won Winchester pump shotguns.

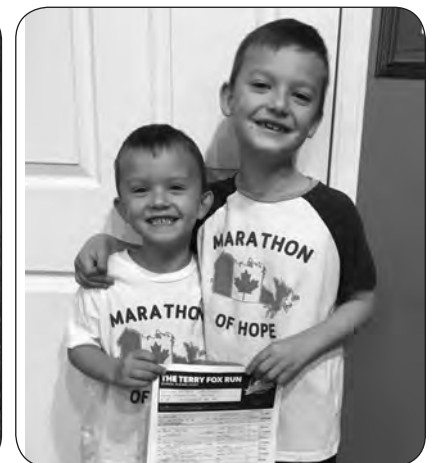
In the junior division, which is dedicated to hunters aged 12 to 17 years, Brendan Poirier's team claimed first place harvesting nine geese weighing in at 88.7 pounds. His team won Winchester pump shotguns and custom goose calls. Second place went to Ivan Monias Jr.'s team for their four geese weighing 33.4 pounds. Monias's team won goose calls, gun cases and

\$400. Third place went to Reid Byle's team shot four geese weighing 31.7 pounds, winning their entry into next year's shoot, blind bags and \$25 Cabelas gift cards.

George Eck shot the biggest goose weighing in at 12.8 pounds.

Organizers credit this year's goose shoot success to the many volunteers, landowners, sponsors, businesses and individual donors.

Warren Elementary raises funds for Terry Fox



TRIBUNE PHOTOS SUBMITTED

In spite of wet, cold weather last Friday, Warren Elementary students and staff braved the elements to raise \$1773.25 for the Terry Fox Foundation. Left photo, students and staff hit the trail for Terry Fox. Middle photo; runners chose to compete against each other just for fun. Right photo; Grade 2 student Alton Langrell (right) started collecting after last years Terry Fox Run and raised \$1435.50 while his little brother Copper who attends Kindergarten in Woodlands raised \$230.

Stonewall Teulon
Tribune

Do you have a suggestion for our news team? Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 467-5836 or email
news@stonewallteulontribune.ca

Narcisse Women's Institute celebrates 95th anniversary

By Kal Franchak

The Narcisse Women's Institute (WI) held their annual fall tea and bake sale at the Komarno Hall this past Sunday. The WI was founded in 1923 and this year marked the group's 95th anniversary of community involvement and friendship.

The Narcisse WI originally came together primarily as a way for local farm wives to get together on a regular basis. The group would meet monthly rotating who hosted the meeting — which, alongside business, always included food and friendship.

These women would send stuff overseas during the Second World War, as well as knitting and sewing for those in need. As times changed, so did the membership, but the core values of the group did not. The WI still meets once a month, except in the summer and are still involved with the community.

The Narcisse WI give back by volunteering to cater luncheons, anniversaries, community celebrations by providing cookie tins to local shut-ins at Christmas time, and participating in local events. On top of this, whenever a member passes away a donation is made in their memory to a choice charity or organization.

As a non-profit the members, all women, volunteer their own time and sometimes their own money to keep the group going. The annual fall tea and bake sale raises money to go towards these costs, which include membership fees to the Manitoba Women's Institute, and plays an important role in keeping the group running.

Money raised comes from the sale of home bake goodies, which this year sold out in nearly five minutes, along with a silent auction sale. This year their dollars stretched further thanks to the RM of Armstrong providing the

WI with a \$250 grant to host the event, and covered the cost of tea and coffee, sandwiches and cake for attendees.

In the past, this annual event was held in the Narcisse community centre, which was converted from an old school with no running water or indoor bathroom. However, the elderly find the building quite challenging and now rent a nearby community hall.

Currently the WI has a membership of approximately 12 women and although many are retired, young women are always welcome to join. Two members are in their 20s and the group hopes more will join to keep things going.

Membership is an interesting subject with this group. Joining isn't only about giving back to the community but gaining an instant group of friends and support. It also means the women tend to stay members of the group, sometimes even after moving away.

Linda Dziadek is the longest-running member having been a part of the Narcisse Women's Institute for the past 51 years. It took her 50 of those years before she agreed to her current position of president.

Dziadek is passionate and does a lot for the institute, but fellow members have also helped her with a shoulder to cry on in times of personal crisis. Lynne Moore, another member, echoed the sentiments of friendship and support, as well dedication.

"The only way you're leaving is in a box," both Moore and Dziadek joked.

Sadly, many members have done just that. For Canada's 150th birthday the institute put together a memory book of former member's obituaries and bouquets of silk roses honouring past members.

Dziadek doesn't plan on joining that bouquet anytime soon.



TRIBUNE PHOTO BY KAL FRANCHAK

Narcisse Women's Institute members held their annual fall tea and bake sale honouring 95 years of service this past Sunday.



Past members were honoured with vases of silk roses.

She said [they're] "Hoping to keep it going at least to our 100th — that's our goal."

In a time where groups like this are shutting down, community support is vital for keeping them alive.

Those interested in joining or requesting help from the Narcisse WI can contact Dziadek at 204-886-3193.

worship *with us* > FAITH

Universal. It is an interesting term. A couple of weeks ago I was in meetings in Toronto with people from all throughout Canada, working on curriculum to train lay people to do youth ministry.

In these meetings we talked about anything from how to run a youth service to how to disciple a student. In every area we dug through and discussed it was interesting to hear how vastly different our contexts were. One person's view on rural was completely different than another. It

was from those contexts that people came from different angles on what they thought was the right or wrong way to do youth ministry.

It led to a greater discussion on how different people are based on their cultures and contexts. We know how different things are based on where you are globally but the same can be said nationally.

But, in the midst of cultural differences, and contextual differences, there is one phrase that can be stated and it's stated universally. God love

Love Unconditionally

you. His love for you isn't based upon context, culture, race, or the color of your skin. It isn't based on how many friends you have on Facebook, how skilled you are, or where you stand socially. God's love for you is unconditional and is for all people. The issue is although we are called to love others as Christ loves us, we allow those very backgrounds to be the reason why we love or don't love people. We allow their social stance, their social media perception or even their race to be the difference maker.

May you be challenged today to love others unconditionally. It seems like a simple concept but it is perhaps one of the most significant. Imagine a world where people loved unconditionally rather than based on a judgment call. Imagine if we replaced our hatred or anger towards others with love. It would be a completely different world, but may I suggest, it would be a much better world. Love others as Christ has loved us. Love unconditionally.

Nathan Young

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Thunder tame Neepawa Tigers on gridiron

By Brian Bowman

The Interlake Thunder keeps on making some serious noise in the Rural Manitoba Football League.

Interlake improved its record to 4-0 after a convincing 40-16 win over the Neepawa Tigers last Friday at Stonewall Collegiate.

"It was a good effort and we got out early," said Rams' head coach Mitch Obach. "It was 26-0 at halftime and then we kept going. It was a good game and it was a short week. It was only a five-day week."

The Thunder led 13-0 after the first quarter and increased that advantage to 26-0 at the half.

"It was funny, I was talking to some of our coaches that the last few years for me with the teams that I've been on, it's not that we weren't winning games, but we didn't seem to win anything but close games," Obach recalled. "It's kind of nice to have an opportunity to build up a lead because then you have the flexibility to experiment with some plays that we want to try or some guys that maybe haven't seen a lot of time (on the field)."

Neepawa outscored the home side 8-7 in the third and fourth quarters.

The Thunder made a concerted ef-

fort to throw the ball more in this game. Joshua Charison threw the ball 17 times and completed 10 of those passes for 70 yards and a TD. He also rushed for 49 yards and a touchdown.

"We kind have been trying to increase our passing each and every week and I think it's gotten better each and every week," Obach said. "We still don't pass nearly as much as any of the opponents we've seen but we have a strong running game and we've had leads."

That strong Thunder running game showed up again against Neepawa.

Colton Nedotiafko rushed 15 times for 172 yards and two majors while Graeme Perrie carried the ball 12 times for 121 yards and a major.

Interlake had a third running back, Tyson Wyrhya, go over 100 yards as he finished with 109 yards on 11 runs.

Defensively, Colton Meisner led the Thunder with seven tackles, two quarterback sacks, and an interception.

Aiden McLean also had a sack while Tanner McCallen and Austin L'Heureux each had interceptions.

Interlake is back in action this Thursday at 4:30 p.m. when they take on the Southwest Sabres in Souris.

On Thanksgiving Monday, the Thun-



TRIBUNE PHOTO BY KIM DELAROCQUE

The Interlake Thunder's Aiden McLean (24) makes a nice tackle during his club's 40-16 win last Friday in Stonewall.

der will host Swan Valley for a 2 p.m. matinee at Stonewall Collegiate.

"We have the strangest week of the year here ... and that's why we wanted to spread (the ball) around last week

so we would be healthy through this heavy stretch of the season," Obach said.

Swift Current trades for Stanley

Staff

The Western Hockey League's Swift Current Broncos are bringing a pair of familiar faces back to their organization.

The Broncos have re-acquired both Balmoral's Matt Stanley and Oakbank's Owen Blocker in a pair of separate trades last week.

Stanley, a 20-year-old defenceman, is back for his second stint in Swift Current after being claimed off waivers from the Lethbridge Hurricanes.

The 6-foot-2, 185-pounder was originally selected in the 12th round, 248th overall, of the 2013 Western Hockey League Bantam Draft.

Stanley had played 126 WHL regular-season games as of last week, in-

cluding 91 with the Broncos.

He was involved in last season's blockbuster trade that saw the Broncos acquire Stuart Skinner and Giorgio Estephan on the way to winning the Ed Chynoweth Cup.

In those 126 games, Stanley has two goals and 10 assists, including a game-winning goal with the Hurricanes last season.

Stanley's acquisition now gives the Broncos five overage players.

Being a part of the Broncos and Hurricanes over the past few seasons, Stanley has appeared in 30 WHL playoff games, recording two goals and two assists.



TRIBUNE PHOTO SUBMITTED

Balmoral's Matthew Stanley is back with the Western Hockey League's Swift Current Broncos.

Trojans topple Rams in varsity boys' volleyball

By Brian Bowman

The Stonewall Collegiate Rams remained winless in the WWAC after a three-set home loss to the Portage Collegiate Trojans on Monday.

Portage won sets by scores of 25-19, 25-20, and 25-17.

Despite the sweep, Stonewall gave Portage a pretty good battle.

"That was easily our best game so far that we have played," said Rams' head coach Owen Nishi. "We have improved a decent amount in a short period of time."

Stonewall earlier suffered 3-0 home losses to the Shaftesbury Titans (25-9, 26-24, 25-16) on Sept. 17 and then the St. Paul's Crusaders (25-8, 25-14, 25-8) just two days later.

In tournament play, the Rams were ousted in the quarter-finals in Warren after losing 2-0 (25-8, 25-7) to the Green Valley Pirates back on Sept.

15.

"There were a bunch of rural teams that we played and I just like going into that one because it's an early tournament and you want the kids playing right off the bat," Nishi said.

"We were still learning our defensive systems and our serve-receive systems. It was just to get some games under our belts."

Pool play action saw Stonewall finish with a 2-1 record to place third in its four-team pool. The Rams defeated the Goose Lake High Raiders 2-0 (25-21, 25-16, lost to the Major Pratt Trojans (9-25, 18-25), and split with Warren Collegiate (25-23, 17-25).

Stonewall's next tournament action is Oct. 26-27 at Tec Voc.

The Rams' next league game is Wednesday at Shaftesbury. Stonewall will then host the Fort Richmond Centurions on Oct. 10.



TRIBUNE PHOTO SUBMITTED

Stonewall's Christopher Wiebe (Interlake Badminton Club) and his mixed doubles partner Natalie Yee (Clear One Badminton Club in Richmond, B.C.) won the U19 Mixed Doubles consolation final for the Yonex Junior Prairie Elite Badminton Tournament last weekend. The tournament featured the top junior badminton players from Ontario, Manitoba, Saskatchewan and British Columbia.

Stonewall splits pair of MMJHL games

By Brian Bowman

The Stonewall Jets played a pair of close games last weekend.

They won the first one but lost the second.

Stonewall saw its regular-season record dip to 1-1 after a 3-2 road loss to the Transcona Railer Express Sunday afternoon in Winnipeg.

The Jets started strong in the first period but took five straight penalties, including three in the second period.

All three of Transcona's goals came on the power play

while Stonewall scored once with the man advantage.

"We took four penalties by the (13:38 mark of the second period) and I think we killed off the first three. But when a team sees you consecutively on the penalty kill, they start to pick up things that they can beat you on. You can't play more than a half a period shorthanded."

After a scoreless first period, Joel Delorme scored to give Transcona a 1-0 lead after 40 minutes.

Transcona's Jason Kotchon and Stonewall's Brendan Laboissiere traded power-play goals to start the third and then the Railer Express went up 3-1 as Nik Kowalski tallied at 10:18 of the third.

The Jets' Jared Hulme closed out the game's scoring at 16:36 of the final frame.

The Jets started their season Friday with a solid 3-2 overtime win over the St. James Canucks in Stonewall.

"It was a good character-building win on Friday," Couch said. "We started the second down a goal and the third down a goal. We were always trying to claw back and we stuck with it."

Griffin Chwaliboga scored the game winner in OT.

St. James took a 1-0 lead at the 17-minute mark of the

opening period on a goal by Tristan Ezako.

Stonewall's Aiken Chop tied the score at 12:16 of the second period but the Canucks regained the lead just over three minutes later on a Tyler Meixner tally.

Hulme then tied the score at 2-2 at 4:46 of the third period.

Bryce Stovin and Ryan McMahon each finished the game with two assists.

The game had some chippiness to it, which Couch felt benefitted his club.

"It helped us and it didn't help St. James," he offered. "I felt they kind of went away when the game got a little intense and chippy and we kind of thrived on that."

Curtis Beck played well in goal, making 37 saves for the win.

Stonewall isn't back in action until Oct. 11 when it visits the St. Vital Victorias.

"We have four practices before our next game and we'll have Thanksgiving weekend off for the boys," Couch noted. "Hopefully, they can get some well-needed rest and we can get some of these injured bodies back into the lineup."

The Jets' next home game is Oct. 14 when they host the Pembina Valley Twisters.



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STONEWALL YOUTH SOCCER ASSOCIATION

Will be having their ANNUAL GENERAL MEETING on TUESDAY OCTOBER 9, 2018 AT 7:30 PM. It will be held in the STONEWALL COLLEGIATE INSTITUTE LIBRARY. All are welcome. For more information please email STONEWALLSOCCER008@GMAIL.COM

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stovin scores three as Manitoba earns split with Calgary

Staff

Stony Mountain's Brett Stovin scored three goals for the University of Manitoba as the Bisons earned a road split with the University of Calgary Dinos last weekend.

An early three-goal lead for the Bisons led them to a 5-3 win on Saturday afternoon.

Manitoba took a 2-0 first-period lead as second-year defenceman Lu-

cas Skrumeda of St. Andrews scored through a screened Matthew Greenfield with Manitoba on the power play.

Skrumeda also had a pair of assists in the win.

Stovin made it 3-0 on another Manitoba power play.

The leading 4-3 in the game's final minute and the Calgary goalie pulled for an extra attacker, Stovin took a

stretch pass and scored his second goal of the game into an empty net.

On Friday evening Stovin scored on a mini breakaway to cut the Bisons deficit to 2-1 in a 5-2 loss.

The Bisons will play a pair of non-conference road games, one against North Dakota and the other against Omaha this weekend, and then will host the Alberta Golden Bears on Oct. 12-13.



Brett Stovin

Lightning lose to Avros in MMFHL season opener

Staff

The Interlake Lightning began its Manitoba Midget Female Hockey League regular-season schedule with a 3-0 loss to the Winnipeg Avros Sunday afternoon in Warren.

The Avros scored twice in the first period and then added another in the second.

On Saturday evening, the Lightning was defeated 7-1 by the Balmoral Hall Blazers prep team in an exhibition

game in Stonewall.

Balmoral Hall took a 2-0 first-period lead and then increased its advantage to 4-0 after two periods.

Hailey Ross scored Interlake's lone goal, assisted by Brenna Barylski and

Erin Yorke.

Interlake will resume league play this Saturday when it hosts the Eastman Selects at 8 p.m. in Stonewall.

Goodman named MHSAA Rural Athlete of the Week

Staff

The MHSAA Rural High School Athlete of the Week for last week was Grace Goodman of the Warren Collegiate Wildcats' varsity girls' volleyball team.

The starting left-side hitter led her team to back-to-back tournament wins at the Gilbert Plains and Seven Oaks tournaments.

"For Grace, the ability to compete brings out the best in her," said Wildcats' coach Tyler Oliver. "She is an absolute force in everything she does. Athletes like Grace make coaching easy."

In Grade 12, she maintains an 87 per cent academic average while also participating in basketball, badminton, and track and field.



TRIBUNE PHOTO SUBMITTED

The Wildcats' Grace Goodman was named MHSAA Rural Athlete of the Week.

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THE RURAL MUNICIPALITY OF ROCKWOOD



DECLARATION OF CANDIDATES ELECTED BY ACCLAMATION

I, Ernie Epp, Senior Election Official for the Rural Municipality of Rockwood, hereby declare the following candidates elected by acclamation.

Councillor, Ward II
McClintock, Curtis
Councillor, Ward V
Hartle, Terry
Councillor, Ward VI
Willis, Lyle

Ernie Epp
Senior Election Official
Rural Municipality of Rockwood
Dated this 19th day of September, 2018.



PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2019 Assessment Roll for the Town of Teulon has been deposited in the Civic Office at #44 Fourth Ave. S.E., Teulon, Manitoba, and is open for public inspection during regular office hours.

The Board of Revision will sit on **Tuesday, November 13th, 2018 at 6:30 P.M.** in the Council Chamber of the Town of Teulon, 44 Fourth Avenue S.E., Teulon, Manitoba to hear applications.

Any person who believes that an assessment ought to be revised may make application in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS

- An application for revision must
 - be made in writing;
 - set out the roll number and legal description of the assessable property for which a revision is sought;
 - set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
 - be filed by:
 - delivering it or causing it to be delivered to the Town of Teulon
 - servicing it upon the Secretary;

at least 15 days before the scheduled sitting of the Board as indicated in the public notice.

The final date on which applications must be received by the Secretary of the Board is October 29, 2018 at 4:30 pm.

Doreen Steg, Secretary
Board of Revision
Town of Teulon, Box 69, Teulon, MB, R0C 3B0

Dated this 26th day of September A.D., 2018 at the Town of Teulon in the Province of Manitoba.

AUTOS

Cars & trucks wanted. King of the Alternator. \$50 or less. Strip your own parts, fresh tires, trucks and vans. Cash for vehicles. See Randy. Ph. 204-797-5509 or 204-482-2222.

RECYCLING

Father & son looking for scrap cars & trucks for recycling. Call for immediate removal of one or multiple vehicles. Cash paid. Free removal of loose scrap. Call Dave 1-204-688-8781, Stonewall.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407. I've. message or cell at 204-861-2031.

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Cook req'd in restaurant at Warren Esso, as well as some light paperwork duties. Call 204-322-5556 or drop off resume.

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Saturday Oct 6, 2018 10 AM
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Directions: 10 km (Or 7 miles) from junction of Hwy #67 and #236, Road 1 W south side. Watch for signs.

View www.lampertanddowler.com for full listing and photos. Remember to check website for new listings added up to auction date.

Contact John Lampert 204-841-4136/Tim Dowler 204-803-6915
Ian Munroe 204-226-1811 TO CONSIGN



Business Close Out Auction for Elbar Erectors, Inc.

Saturday, October 13, 2018 10 am
14 Elbar Drive, Anola Mb

Directions: From junction of Provincial Hwy 15 & Hwy 12, approx. 1/2 mile east. Watch for signs.

Featured items: TRUCKS --2006 GMC Sierra 2500 HD/SL, 6.0 L, crew cab, auto, construction rack, 473,616 km --2005 GMC Sierra 2500 HD 6.0 L, crew cab, auto, construction rack --2002 GMC Sierra 2500 HD 6.0L, extended cab, auto, construction rack --2001 Chevy Silverado 2500 HD 6.0 L crew cab, auto, construction rack --2004 Chevy Silverado 2500 6.0 L, regular cab, auto, construction rack 478,529KM -- 1982 GMC 6000 dump truck V-8, 4spd, 2spd axle, 88,087Km --2007 Chevy Silverado 6.0 L, 6 spd auto, rough country lift kit, Mickey Thompson tires, Eagle rims, tow package 190,000 Km

RACE CAR --Wisota streetstock/purestock, KBR chassis, 355ci engine, 200 lightened metric racing transmission, Ford 9"full floater rear end 6:20gears, disc brakes, car is turn-key race ready! **INDUSTRIAL EQUIP** --Clark Forklift 4Cyl Diesel 3436 Hrs SN#448953 --JD 350 Loader Crawler 3 Cyl gas **TRAILERS** -16' 8000lb tandem axles, beaver tails, bumper hitch --14'tandem axle, beaver tails, bumper hitch **WELDERS** --Lincoln Ranger 250 1519 hrs showing --Lincoln Classic 3000 5923 hrs showing --Lincoln Classic 3000 9552 hrs showing --Lincoln Mig sp 125 plus --Lincoln A/C 225-5 Arc **SHOP TOOLS/EQUIPMENT** --10' Metal break --Sheet metal slitter --Very large selection of drills/screw guns, Dewalt, Black & Decker, Milwaukee, Porter Cable -- Stihl Cutoff saws 10, TS420(2), TS400, TS460 --Assortment of aluminum ladders --Scaffolding / castors --Hilti guns (5) --and much more **MOTORS** --302 Ford 5 L --460 Ford **MUSTANG PARTS**--1987-1993 **STEEL/METAL STOCK and FLAT STOCK** (see website for list) **FASTENERS** (large assortment)

This is only a partial list with featured items so please view www.lampertanddowler.com for full list/photos!

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BLAST-OFF Fireworks is seeking full-time Sales Associates to join our expanding company. We're looking for a handful of talented individuals who have something to prove, and who are ready to hit the ground running with a proven sales system. Not everyone will make the cut... self-starting individuals with sales experience, drive, focus, and ambition will receive preference. How we're awesome: Selkirk-based company, rapid growth, competitive wage, commission, and benefits. Show us why you're our #1 candidate by applying at hr@blastoffireworks.ca today or visiting us at 609 Greenwood Avenue, Selkirk!

FT days & PT evening servers needed for restaurant/lounge, Pizza Den, Stonewall. Serving It Safe certificate req'd. Drop off resume or send to robert.magnifico@gmail.com

Support Local Business

HELP WANTED

Pizza Den is hiring a part time evening cook. Previous cooking experience req'd. Go to pizzaden.ca to see menu. Self-starter, able to multi-task, team player. Call or text 204-799-2423 or email resume to robert.magnifico@gmail.com

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The Rural Municipality of St. Laurent NOTICE OF ELECTION

Notice is hereby given that a vote of the Rural Municipality of St. Laurent will be taken to elect Reeve and Councillors from the following duly nominated candidates:

For Reeve:
 (one to be elected)

ZOTTER, Earl
 SMITH, Cheryl
 MCKAY, Louise

For Councillor:
 (four to be elected)

MATHEWS, Phil
 COMBOT, Jerry
 FUTROS, Patrick
 MCKAY, Tammy
 KERBRAT, Laurent
 MCKAY, Tashina
 DUCHARME, Sterling
 BRUCE, Edgar Sr.
 CHARTRAND, Carl
 BRUCE, Frank
 CHARTRAND, Christine

VOTING PLACES

Voting places will be open for voting on Wednesday, the 24th day of October, 2018, between 8:00 a.m. and 8:00 p.m. at:

- Oak Point Community Centre, 125 Sutherland Avenue, Oak Point
- St. Laurent Recreation Centre – 16 St. Laurent Veterans' Memorial Road, St. Laurent
- Dakota Community Centre - 1188 Dakota Street, Winnipeg

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government-issued photo identification (for example - driver's licence) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the St. Laurent Recreation Centre, 16 St. Laurent Veterans' Memorial Road, St. Laurent, and will be open Sunday, October 14, 2018 between 8:00 a.m. and 8:00 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at Rural Municipality of St. Laurent, 16 St. Laurent Veterans' Memorial Road, P.O. Box 220, St. Laurent, MB, R0C 2S0, Fax: 204-646-2705.

If applying in person*, a voter may apply between September 26 and October 21.

* A voter applying in person may pick up a sealed envelope ballot package at the time of application during regular office hours (Monday to Friday, 8:30 a.m. – 4:30 p.m.).

If applying by mail or fax**, a voter may apply between July 26 and October 21.

** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official. If applying by mail or fax, please ensure that if applying 12 days or less before election day that alternate arrangements are made other than mail.

Ernie Epp, Senior Election Official
 Rural Municipality of St. Laurent
 16 St. Laurent Veterans' Memorial Road
 P.O. Box 220
 St. Laurent, MB R0C 2S0
 Phone: 204-646-2259 Fax: 204-646-2705

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INTERLAKE SCHOOL DIVISION NOTICE OF ELECTION 2018

NOTICE IS HEREBY GIVEN that there will be a vote of the Electors of the Interlake School Division from the following duly nominated candidates for a four (4) year term:

- Ward 1** BRAD, Cindy (elected by acclamation)
 HUEGING, John (elected by acclamation)
- Ward 2** CAMPBELL, Alan (Three Trustees to be elected)
 FREDERICKSON, Fran
 SCHINDLE, Victoria
 WIEBE, Sandra
- Ward 3** COOK, Sally (elected by acclamation)
- Ward 4** YABLONSKI, Bridget (elected by acclamation)

Wednesday, the 24th day of October 2018, from 8 o'clock a.m. until 8 o'clock p.m.

BOUNDARIES

WARD 2 BOUNDARIES: Argyle, Balmoral, All of the Town of Stonewall and Stonewall (Rural)

VOTING LOCATIONS

- WARD 2:** Polls 1-6 Location Royal Canadian Legion, 459 Main Street, Stonewall. or; Balmoral Community Hall, 6003E PR 236, Balmoral or; Argyle Community Hall, 0055 E PR 323 (Rd 80N), Argyle
- Poll 7 Location**
- Poll 8 Location**

IDENTIFICATION MAY BE REQUIRED BEFORE ALLOWED TO VOTE. A Person may be required to produce one piece of government issued photo identification (for example-driver's license) or at least two other documents that provide proof of identity.

HOSPITAL, ROSEWOOD LODGE and STONEWOOD PLACE (Moving Poll) 10 a.m. to 3 p.m.

- 1) Stonewall & District Health Centre, Stonewall
- 2) Rosewood Lodge and Stonewood Place, Stonewall
- 3) Lion Manor: 622 Centre Ave. (Multipurpose Room #1)

ADVANCE POLL (WARD 2)

For the purpose of accommodating persons' who are qualified to vote and

- a) who have reason to believe that they will be absent from the local authority on the day fixed for the election or
- b) who have reason to believe that their proper polling places will not be accessible to them.

Advance polling places will be located at the INTERLAKE SCHOOL DIVISION OFFICES, 192-2ND Avenue North, Stonewall, Manitoba on Thursday, October 18th, 2018 between eight a.m. and eight p.m.

APPLICATION TO VOTE BY MAIL

An elector who:

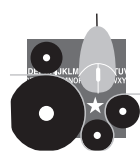
- a) is unable to vote, or believes, for reasons stated in writing, that he or she will not be able to vote, on the days fixed for an election and an advance poll or
- b) is unable, owing to physical disability, to go to an advance poll or polling place; may apply in writing to the returning officer at 192-2nd Avenue Stonewall, Manitoba no later than Wednesday, October 3rd, 2018, to vote at the election by mail.

Dated at the Town of Stonewall, in the Province of Manitoba, this 20th day of September 2018

ALLEN W. LEIMAN
 SENIOR ELECTIONS OFFICER
 INTERLAKE SCHOOL DIVISION
 192-2ND AVENUE NORTH
 STONEWALL, MANITOBA R0C 2Z0
 TELEPHONE (204) 467-5100

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BUSINESS OPPORTUNITY
Gift shop, huge price reduction; autobody & parts business, turn key; welding/machine shop, good net profit; restaurant and lounge - great highway exposure. Smalley Realty 204-339-1665.

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Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

INCOME TAX
Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

MISCELLANEOUS
Newspapers are alive and well. Let our province-wide classifieds work for you! Reach over 415,000 readers weekly. Call us at 204-467-5836 or email classified@mcna.com for details.

REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE

MISCELLANEOUS
Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS
Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.

SHOP LOCAL

HEALTH
Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewood-elkranch@mymts.net

STRAW
Small sq. bales of wheat straw. Bale dry. Reasonably priced. Ph 204-461-1717 or 204-375-6622.

FLAX STRAW - \$3/BALE. MONDAY - SATURDAY. CALL NICK 204-461-0706 OR BILL MATHE-SON 204-461-1906, STONEWALL.

Small square prime Wheat straw and Flax straw for sale. Ph. 204-482-5101.

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Need to Promote Your Business?
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SUBSTITUTE TEACHERS

Sterling North is seeking a dynamic and creative Substitute teacher versed in all basic studies for our Stonewall Campus in Stonewall, MB for immediate hire. This candidate will teach all grade classes (3rd-12th), using the Self Directed Learning model, to ensure our students develop their full potential of "Learning to Learn", while upholding Christian values and beliefs.

Sterling North - Stonewall Campus has an enrollment of approximately 80 students from grades 3-12. This is a casual position and will be called on an as-needed basis.

Required Qualifications:

- A Bachelor of Education (B.Ed.) degree with eligibility or a Manitoba Teaching Certificate;
- A recent criminal background check, including a vulnerable sector search (VSS);

Please send resume to recruiting@sterling.education

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Do you have a NEWS TIP??

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

THE RURAL MUNICIPALITY OF ROCKWOOD
NOTICE OF ELECTION

Notice is hereby given that a vote of the Electors of the Rural Municipality of Rockwood will be taken to elect a Reeve and Councillors from the following duly nominated candidates:

For the office of Reeve: (one to be elected) Frig, John Hidlebaugh, Mark Taplin, J. Wesley Buchanan, Ila	For Councillor, Ward I: (one to be elected) Laroche, Joe Drysdale, Marcus Huffman, Tom Pansky, Debbie	For Councillor, Ward III: (one to be elected) Wirgau, Neal Gorda, Wayne	For Councillor, Ward IV: (one to be elected) Goudy, Art Yablonski, Jeff
For Councillor, Ward II: (one to be elected) McClintock, Curtis <i>(declared elected by acclamation)</i>	For Councillor, Ward V: (one to be elected) Hartle, Terry <i>(declared elected by acclamation)</i>	For Councillor, Ward VI: (one to be elected) Willis, Lyle <i>(declared elected by acclamation)</i>	

VOTING PLACES

Voting places will be open for voting on Wednesday the 24th day of October, 2018 between 8:00 a.m. and 8:00 p.m. at:

WARD I STATION # 1	STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
WARD I STATION # 2	STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
WARD II STATION # 3	GROSSE ISLE COMMUNITY HALL, 117 E Road 72N, Grosse Isle
WARD II STATION # 4	STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
WARD III STATION # 5	STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
WARD III STATION # 6	STONEWALL ROYAL CANADIAN LEGION, 459 Main Street, Stonewall
WARD IV STATION # 7	ARGYLE COMMUNITY HALL, 0055 E PR 323 (Rd 80N), Argyle
WARD IV STATION # 8	BALMORAL COMMUNITY HALL, 6003 E PR 236, Balmoral
WARD IV STATION # 9	STONEWALL ROYAL CANADIAN LEGION, 459 Main Street, Stonewall
WARD V STATION #10	GUNTON GREENWOOD COMMUNITY HALL, 56 John Street, Gunton
WARD V STATION #11	BALMORAL COMMUNITY HALL, 6003 E PR 236, Balmoral
WARD VI STATION #12	TEULON-ROCKWOOD CENTENNIAL CENTRE, 14 Main Street, Teulon
WARD VI STATION #13	TEULON-ROCKWOOD CENTENNIAL CENTRE, 14 Main Street, Teulon
WARD VI STATION #14	KOMARNO COMMUNITY HALL, 76 2nd Street, Komarno

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's licence) or at least two (2) other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an Advance Voting opportunity will be located at the Rural Municipality of Rockwood Administration Building, 285 Main Street, Stonewall, and will be open Friday, October 19, 2018 between 8:00 a.m. and 8:00 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at the Rural Municipality of Rockwood, 285 Main Street, Stonewall, MB ROC 2Z0, Fax: 204-467-5329.

If applying in person*, a voter may apply between September 26 and October 21, 2018.
* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or fax**, a voter may apply between July 26 and October 21, 2018.
** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Ernie Epp, Senior Election Official
Rural Municipality of Rockwood
Phone: 204-467-2272 Fax: 204-467-5329

RURAL MUNICIPALITY OF West Interlake

West Interlake Rural Municipality - New Waste Disposal Cell Construction

The R.M. of West Interlake is inviting qualified contractors to bid on the construction of a new waste disposal cell. **The Work generally includes, (but not limited to this description):** Construct a new waste disposal cell including clearing, grubbing, stripping of site, constructing a clay lined waste disposal cell, installation of weeping tile as leachate collection system, site ditching.

Full details are provided in the Tender Documents. Paper copy Tender Packages are available to pick up from the office from Stantec office (address below) for a non-refundable cost of \$60.

Interested firms must submit their BID to the address below no later than 14:00 hours, CST, Tuesday, October 16, 2018. The bid submission envelope should read: "Ashern Solid Waste Disposal Grounds" and be addressed to:

**Rural Municipality of West Interlake, c/o Stantec Consulting Ltd.
500-311 Portage Ave, Winnipeg, Manitoba R3B 2B9
Attention: Douglas Braun, P.Eng.**

Late or misdirected proposals will not be accepted and will be returned unopened, if received. Any questions regarding the proposal call shall be directed to Douglas Braun, Telephone: (204) 489-5900

SUPPORT LOCAL BUSINESS - SHOP LOCAL

Stonewall Teulon
Tribune

Announcements

ANNOUNCEMENT

CARDS OF THANKS

The Teulon Rockwood Recreation Commission would like to thank everyone who purchased tickets for their Golf Ball Drop Fundraiser on September 22, 2018. Special thank you to our event sponsor, Prairie Helicopters. Thank you to Red River Co-op, One Insurance, Teulon Tractor & Motor and Rockwood Lumber for selling tickets for us. The funds raised will go towards the purchase of a new scoreboard in the arena. Our lucky winner was Winston McLeod. Congratulations.

ANNOUNCEMENT

CARDS OF THANKS

Thank you seems like such a small word as I looked at all my lovely cards and good wishes. Thank you to my family, relatives and friends who came to my party on September 23rd. It was a lovely day for me. Also to the ones in the kitchen, a great bunch of workers! Thanks to all who helped in any way, Lorelee, Chris and families. I appreciated every minute.
-Pearle

ANNOUNCEMENT

CARDS OF THANKS

I would like to thank all those who organized and participated in the worship service and luncheon for my retirement. I enjoyed hearing memories from Irene, Ted, Bill and Leonard. I thank all those who donated to the gift that I shall treasure and share. The best wishes, cards and hugs were a perfect ending to a very special day.
-Barb F.

ANNOUNCEMENT

ANNIVERSARY



Happy 60th Anniversary
On October 4, 2018
David and Marjorie Shepell
-Love all your
Children, grandchildren and
Great-grandchildren



ANNOUNCEMENT

BIRTHDAY



Happy 90th Birthday to
Audrey Brad
on October 5th

-With love from,
Bob, Craig (Cindy), Keith (Janice), Rodney
(Margaret Ann)
and families



ANNOUNCEMENT

BIRTHDAY



Two top quality, likeable men
With a unique sense of humour!
The first star is "Larry"
Who turns 65, October 6th

I know you have more "goals" to score
Just like your hero
Congratulations Larry!
PS - Thanks for the newspapers!

-Sincerely,
Linda

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ANNOUNCEMENT

IN MEMORIAM

In Memory of
Henry Hohl
January 31, 1939 – October 5, 2008
Those we love remain with us,
For love itself lives on;
Cherished memories never fade,
Because one we loved is gone.
Those we love can never be,
More than a thought apart;
For as long as there is a memory,
They live on in our heart.
Remembering you on this day.

-Iris, Jennell and Bob,
Kenton and Sherri,
Shelly and Brian
and families

ANNOUNCEMENT

IN MEMORIAM

In Memory of
Gerald (Papa) Shepell
September 29, 1961 – October 3, 2016
We miss your smile,
Your joking ways;
We miss the things,
You used to say.
And when old times,
We do recall;
It's then we miss you,
Most of all.

-Love,
Your family

ANNOUNCEMENT

IN MEMORIAM

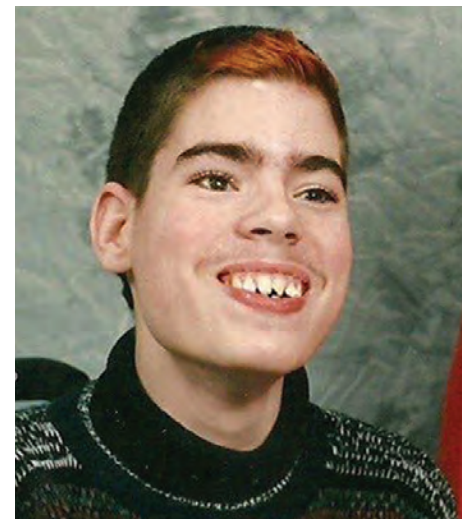


In Loving Memory of
Brant Cosens
June 20, 1953 – October 5, 2012
Unseen, unheard, but always near,
Still loved, still missed, and held so dear.

-Love,
Mum and Roy;
Megan and Arthur;
Kevin and Judy; Lisa and Sylvain
and families;
Lawrence; Martha and John

ANNOUNCEMENT

IN MEMORIAM



Daniel Kratzer

There are moments in life when
You miss someone so much that
You just want to pick them from
Your dreams and hug them for real.
-Forever cherished and loved
Nanny Jansen and family

ANNOUNCEMENT

IN MEMORIAM



Daniel Michael Kratzer

July 12, 1984 - October 2nd, 2000
We are connected, my child and I,
By an invisible cord not seen by the eye.
It's not like the cord that connects us "till
birth",
This cord can't be seen by any on earth.
This cord does its work right from the start,
It binds us together attached to my heart.
I know that it's there, though no one can see,
The invisible cord from my child to me.
The strength of this cord is hard to describe,
It can't be destroyed, it can't be denied.
It's stronger than any cord man could create,
It withstands the test, can hold any weight.
And though you are gone, and not here with
me,
The cord is still there, but no one can see.
It pulls at my heart, I am bruised, I am sore,
But this cord is my lifeline as never before.
I am thankful that God connects us this way,
A mother and child, death can't take it away.
-Love you forever and a day.
Mom

-Love you, missing you, and connected to you
as only a twin can be.
Dawn-Marie

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Announcements

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OBITUARY



Gerald Douglas Malcolm Mailman
June 9, 1936 – September 28, 2018

It is with great sadness we announce the passing of Gerald Douglas Mailman (Bugsy to many) on September 28, 2018 at the age of 82.

He's left behind four children Katherine, Vance and twins Martin and Marvin as well as five step children Rodney (Sherry), Rhonda, Marlene (Sylvain), Tricia (Mike) and Darryl (Lynn).

Doug's blended family with Marilyn awarded him 18 grandchildren and five great-grandchildren.

He will be missed by many family members (too many to mention) as well as an abundance of friends.

Service will be held on Friday, October 5, 2018 at 1:00 p.m. at MacKenzie Funeral Chapel in Stonewall.

Cremation has taken place. Interment will take place at Rockwood Cemetery immediately after reception.

Doug's parting words....

"Don't be sad for me, I lived my life to the fullest. I love you all."

In lieu of flowers, donations in Doug's memory can be made to any Children's Charity.



MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com

OBITUARY



Mary Patricia Appleyard

Peacefully at the Stonewall Hospital, Patricia Appleyard of Stonewall passed away on September 28, 2018 at the age of 86.

Mom will be greatly missed and lovingly remembered by her three surviving sons, Wayne (Cyndi) and their sons Bryan and Myles (Ashley), Larry (Lindy) and their sons Nevin (Maddie) and Brett, Vernon (Darlene) and their sons Curtis and Tyler (Maria), and her daughter-in law Ali, and Ali and Kevin's sons Conner and Dru (Jenny) and their baby daughter Aria. Mom is also survived by her sisters Irene Coleman of Morden and Shirley King of Stonewall as well as sisters-in-law Audrey McFee of Winnipeg, Edith McFee of Regina and Bev McFee of Sioux Lookout; numerous nieces and nephews; many close friends, and her special lifetime family friend Donna Ward of Stonewall. Mom was predeceased by her husband of 51 years, Donald Appleyard in 2006; infant son Keith in 1962;

son Lyn in 1993 and son Kevin in 2017. She was also predeceased by sister Betty Lindsay and husband Charlie; sister Ruby Stewart and husband Murray; brothers Art McFee, Ron McFee, and Keith McFee; as well as brothers-in law Frank McElroy, Ron King and Gerald Coleman and nephew Les McFee.

Mom was born in Winnipeg, one of eight children to Carl and Pearl McFee, and grew up on the McFee family farm west of Grosse Isle, Manitoba. Mom finished grade 12 in Stonewall, and following her graduation moved to Lundar, Manitoba and taught school on a teacher permit before attending teacher college (Normal School) in Winnipeg. Mom taught school in the Tecumseh one room school in the Grassmere District south of Stonewall. Mom gave up teaching when she and Dad were married in 1954 and began to raise their family of boys in their house in Stonewall, where she remained living until her passing. Mom was an active member of the Rebecca Lodge in Stonewall. She was also an elder and dedicated member of Knox Presbyterian Church in Stonewall prior to its closing, when she began to attend the Anglican Church of Ascension. Mom loved to curl and bowl and she and Dad took great pride in maintaining their beautiful yard at their house in Stonewall. They also enjoyed many summers with friends and family at their cottage in Grand Marais. Mom and Dad were fortunate enough to be able to winter travel in retirement throughout the world with friends and family, but Stonewall was always home. Mom's greatest joy was gathering with family in the McFee tradition, and took special pride in her sons and their wives along with all her grandsons and most recently her new great-granddaughter. The fuller the house the happier she was. Mom loved to bake and the cookie jar was always full. Mom loved to play cards with her grandsons and no get together was complete without the mandatory game of 31, Chase the Ace or Wizard. We say goodbye to a wonderful mother and grandmother who endured, despite the devastating losses in her life.

Funeral service will be held Thursday, October 4, 2018 at 2:00 p.m. at MacKenzie Funeral Chapel, Stonewall, Manitoba. Reverend James Bardsley officiating. Pallbearers will be her grandsons Nevin, Bryan, Conner, Dru, Myles and Brett Appleyard and Curtis and Tyler Jenkins.

The family would like to thank Dr. Venter and the staff of nurses and aides at the Stonewall Hospital for their compassionate care of our Mom. We would also like to thank the numerous homocare workers who helped Mom be able to stay in her home where she was so comfortable.

In lieu of flowers, donations can be made in Mom's memory to CancerCare to fight a disease that has so affected our family, or any charity of choice.



MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com

OBITUARY



Donald Edward Vincent
July 6, 1931 – September 28, 2018

It is with heavy hearts that we announce the passing of Donnie Vincent on Sept 28, 2018.

Donnie is survived by his loving wife of 53 years, Marilyn; his son Greg (Sally); brother William (Carol); sister Ellen and many nieces and nephews. Donnie was predeceased by his parents, Stuart and Gertie; brothers Stanley, Sidney, Charlie, Kenneth and James.

Donnie lived most of his life in Stony Mountain but his many years working for CN Rail took him all over Western Canada. Donnie was very dedicated to his job and you would always hear stories of his many adventures. Donnie was a devoted husband and father, family meant everything to him. He was a kind soul and would lend a helping hand to anyone in need. Donnie loved to walk and spend time working in his yard.

Cremation has taken place and in keeping with Donnie's wishes there will be no service. A private family interment will be held at a later date.

In lieu of flowers, donations can be made in Donnie's honour to Christ Anglican Church Cemetery Stony Mountain or to the Alzheimer's Society of Manitoba.



204-886-0404

OBITUARY



Luella Jean (Edwards) Farmer

Mom passed away at her home surrounded by the love of her family on Thursday, September 27, 2018. Luella Jean was born in Winnipeg on December 11, 1938, and was the first daughter born to Clarence Joseph Edwards and Jean Hannah Long. The Edwards family moved from Winnipeg to Stony Oak Farm, south of Stonewall in 1949. Lou graduated from Stonewall Collegiate in 1956 and then as a Registered Nurse from Winnipeg General Hospital in 1960 and began her career nursing at Stonewall Hospital.

During these years Lou met many of her lifelong friends, including her husband of 50 years, Mervin Ernest Farmer whom she married July 29, 1961.

Mom, Mama-Lou, Mama-bear, Lou, Loulabelle, Nana, Nana-Lou, Nanny will be forever loved and missed by her children and grandchildren: Brenda, Len, Lindsay and Beth Rust; Blair, Tracy and Jonathon Farmer; Lana, Jeff, Mollie, Branden, Chanele, Annaliese and Matthieu Meier; Derwin and Brittani Farmer; Tricia, Damon, Tristan and Colton Poole; Paula, Paul, Brett, Saige and Danielle Munroe; and Trevor, Kelly, Brooke, Kate, Reese and McKenna Farmer; her sister Jo Sargent, brother Russ and sister-in-law Joanie Edwards and sister-in-law Myrna Oliver.

Lou was predeceased by her husband Mervin on July 24, 2012, her parents Clarence and Jean Edwards, brother-in-law Don Sargent and brother-in-law Russ Oliver.

Mom considered her seven children and their families to be her greatest accomplishment. She took every moment she could to recognize and appreciate the simple and beautiful things in life. The Farmer family was raised on a hobby farm with picturesque flower gardens, a large fruit and vegetable garden and a menagerie of animals. This served to develop a strong work ethic within the family, a love of the rural lifestyle along with the enjoyment of the many fruits of labour. Mom always shared the abundant produce from her garden. She loved to bake pie with freshly picked berries and make pickles, jam, jellies and relish with her children and grandchildren. Holidays were made special by her thoughtfulness. The Christmas tree was grand, decorated with special keepsakes that were both new and homemade, the turkey was so large it barely fit into the oven and every holiday gathering featured an artistic floral centre piece, that was usually put together by Mom. We'll all miss her angel food cakes at birthdays! We all have many wonderful memories from family vacations near and far that have been the source of great stories which were centred around Mom's love of adventure, knowledge and fun.

For more than 30 years Mom was always happy to taxi us all around to activities such as baseball, hockey, figure skating, horseback riding, soccer, field hockey, track meets and school field trips. Mom could always be counted on to lend a safe and helping hand. She also had a maternal love for all things community. She volunteered with numerous graduation classes and helped to implement the first SCI Safe Grad in 1992. She organized Manitoba Community Newspaper Association and Canadian Community Newspaper Association conventions, Chamber of Commerce gatherings, and volunteered with the Fine Options Program. There are many stories that accompany times when she stitched skating dresses and costumes, hosted perogy making events, and judged for the figure skating club. Her wisdom was appreciated by her family and many friends, and above all else, she was a compassionate individual.

In 1997, Lou and Merv embarked on a new adventure that helped to establish an elk ranching industry in Manitoba. She sat on the Manitoba Elk Growers Association board for many years.

Mom was passionate about history and loved to share all that she had learned and spent countless hours putting together historical collections of photographs and documents for her family and the Town of Stonewall.

Mom was a wonderful woman, who lived an incredibly full and vibrant life. She was a perfect role model for us all.

A private family service and interment will be held on Friday, October 5th, 2018.

In lieu of flowers donations may be made in memory of Mom to the CancerCare Manitoba Foundation.



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OBITUARY



"Ernie's Story" (Ernest Francis Welburn)
"AKA: Mouse, Colonel, Old Boot,
but most importantly Papa"

Ernie's journey began on July 29, 1945, in Vancouver, B.C. He was raised in the Winnipegosis area by his parents Albert and Bertha along with his three siblings Do-reen, Charles, and Les.

At age 20, he moved to Churchill, MB, which started him on the path of becoming the husband, father, and grandfather that we all loved and respected.

He married Janet, the love of his life, on May 18, 1968. They provided a loving home for their five children, Ernie Jr., Anita (Jason), Andras (Kevin), Chris (Sandra), and Tara (Penny). He was a papa to 11 grandchildren and a

great-grandpapa to six. His family meant the world to him.

Ernie was a true bush man. Whether he was hunting, fishing, or trapping, he was truly in his element and the happiest while outdoors. He was a natural born leader (some would say a tad bossy). With his 20+ years as a Canadian Ranger, he was a wealth of knowledge and respected by many.

Ernie had an infectious personality, making lifelong friends wherever he went. He recently went to the hospital for heart surgery and came out with two new phone numbers and three new friends. Many would say he was a man of concessions, either he was always right or you were always wrong. We will forever miss his witty, fun loving banter.

He was the first to lend a helping hand to anyone in need. He loved to entertain and be surrounded with his family and friends. He was an amazing host who threw the best backyard barbeques.

Sadly, Ernie's story ended tragically on September 23, 2018 doing what he loved most. Remembering him will be easy but missing him will be a heartache that never goes away.

Words cannot express our extreme gratitude to all the family, friends, community of Grand Rapids, Search and Rescue teams, and the RCMP for their out pouring support. Thank you from the bottom of hearts for bringing our beloved "Papa" home.

A Celebration of Life (AKA - Barbeque "Colonel's" style) will be held in the summer of 2019. Details to follow.

In lieu of flowers, donations can be made to Heart & Stroke Foundation, Diabetes Association, Cancer Society, or Humane Society.



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OBITUARY



Karen Kelner

May 5, 1965 - September 28, 2018

Karen passed very suddenly though peacefully, surrounded by family.

Karen is survived by her spouse Dennis Nixey, mother Elsie Kelner, brother Grant Kelner (Tricia), children: Jay, Max (Holly), Cassidy and grandchildren Rachel and Reggie.

A celebration of life will be held at Mackenzie Funeral Home in Stonewall, Tuesday October 9th at 1 p.m.



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OBITUARY



Gwendoline Helen Amy (Wooster)

October 28, 1926 - September 28, 2018

Peacefully with her family by her side on September 28, 2018, our mother, grandmother, great-grandma and great-great-grandma passed away at Stonewall Rosewood Lodge Personal Care Home.

Mom was predeceased by her parents, three brothers, six sisters, son George April 21, 1978, great grandson Jaimie September, 2011 and husband of 52 years Fred Amy March 27, 1997.

Gwen leaves to mourn sons: Charlie (Marge) Amy; Reg (Eva) Amy; daughters: Betty Andrus; Darlene (Ed) Hubbard; Elsie (Paul) Pounder. Grandkids Ed, Shirley, Ken, Wendy, Bev, Curtis, Corie, Sherry, Tyson, Denise, Sean, Crystal, Lee, Stephen. There are 22 great-grandkids and seven great-great grandkids.

Our family would like to thank the staff of Rosewood Lodge for the care and compassion they gave mom and her family.

Funeral service will be held on Saturday, October 6, 2018 at 1:00 p.m. at the Argyle Community Hall, Argyle MB, followed by burial at the Argyle Cemetery. Pallbearers will be the grandchildren.

In lieu of flowers, if friends so desire memorial donations may be made to Rosewood Lodge Stonewall.



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