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TRIBUNE PHOTO BY PAM CROCKATT

Eight-and-half-month-old Paige Crockatt had a bird's-eye view from the combine last week riding alongside her mom Pam. The family was busy taking off their wheat that went 60 bu./acre. Their newest addition is taking everything in stride, including lunch on the go.

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Concerns grow over proposed childcare changes

By Jennifer McFee

Early childhood educators are speaking out against changes proposed by the provincial government that could impact the field and its families.

The Manitoba Child Care Association (MCCA) gathered a group of advocates to review 30 pages of proposed amendments. They created a summary of changes in language that is easy to understand, compared to the more complex government documents.

Proposals include the possibility of revoking the current operating grant for enhanced nursery school, which would render many programs no longer viable.

Teri Kotelko, assistant director of Woodlands Childcare Inc., said the nursery school operating grants were originally supposed to be a step towards having affordable universal childcare.

"Now they're considering taking that away. For me, it's terrifying to think of what's going to happen to our field," she said.

"Within our centre, the biggest thing is quality, and that gets very difficult when you think about funding being taken away."

Another proposed change is to replace the terms "childcare assistant" or "early childhood educator" (ECE) with the generalized term "childcare worker."

Executive director Rachelle McKay said the change in terminology is a step backwards.

"We've worked so hard for that title. I have six years of schooling. Teri has four years of schooling. For us to have those titles taken away is a huge impact in itself," she said.

"It's no different than somebody who has gone to school to be an apprentice and they earn that title of being a mechanic."

At the same time, the field is hurting due to a shortage of early childhood educators, Kotelko added.

"A lot of people are choosing not to take this field as a profession because we're underpaid. We make 30 per cent less than the rest of society for somebody with the same education," she said.

"We're finding that some of the older generation of directors and assistant directors are retiring. So people like Rachelle and I, who have been in the field for more than 12 years, are stepping up — but there's nobody fresh out of school to cover us on the floor. Finding an ECE right now is really difficult."

The government is also proposing to increase the re-licensing period to three years from the current one oneyear period, which raises quality-assurance concerns.

Other issues stem from proposals to remove the recruitment incentive grant and the wage enhancement grant, as well as a potential reduction in funding for enhanced staffing to support the needs of children.

"We opened in 2015 and we have not received a grant increase from the government in the five years that we've been open, yet our costs continue to go up. Grants need to be increased at a reasonable rate," McKay said.

"Our priority right now is the children, their families and our staff, and making sure that we're consistently providing the quality care that we value. It's terrifying for parents enough to be sending their children back to childcare, and then to have to worry about potential changes within the childcare field is yet another overwhelming piece of it."

Kotelko agrees that the timing of the proposed changes is far from ideal, and she encourages people to write to their MLAs to share their concerns.

"Right now, MCCA is urging the Manitoba government to halt any changes because it's just not the time during a pandemic to cut anybody's funding or make any changes," she said.

"MCCA is also working to keep the conversation happening that childcare is a priority in this province."



TRIBUNE PHOTO SUBMITTED

Woodlands Childcare Inc. executive director Rachelle McKay, left, holds Paisley Fisher while assistant director Teri Kotelko holds Addisyn Emms with Ella Anderson standing in front.

RCMP investigate Stonewall theft

Staff

On Wednesday, Aug. 12 at about 8:05 a.m., RCMP received a report from a 39-year-old Stonewall man that his vehicle was stolen from his driveway overnight.

The vehicle was located in Winnipeg a week later on Wednesday, Aug. 19, and the local man was notified. The investigation is ongoing.



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Rosser council news in brief

By Jennifer McFee

• At the Aug. 11 meeting, council agreed to enter into an agreement with BrookPort Business Park for statutory easement for drainage as well as easement for vehicular turnaround.

• The RM of Rosser will make a \$700 donation to the Southern Chiefs Economic Development Crop Annual Golf Tournament.

• Reid and Associates Chartered Professional Accountants will be the RM's appointed auditor for 2020.

• Council granted Reeve Frances Smee a leave of absence from the

Sept. 8 council meeting.

• Council approved a request for installation of gas service for Tricor Projects Ltd.

• The CAO will execute approval for Manitoba Hydro line refurbishment work, which was approved by council on July 15.

• Council granted a 12-month extension for a conditional use for applicants to build a new single-family home on Road 72N.

• Council conditionally approved a request to vary the maximum site area to 14.91 acres from the required 80 acres for a residual lot.

• Council approved a conditional use request from Nutrien Ag Solutions Canada to operate an anhydrous ammonia storage and distribution facility on a property on Road 5E. In addition, council conditionally approved a request from Nutrien to store empty bulk fuel trucks for agricultural use on the same property.

• The RM of Rosser is entering into an agreement with Paterson Global Foods regarding legal and engineering fees.

• Arnason Industries operates under a contractor's yard that was approved by a conditional use. The company is applying for another conditional use to expand their contractor's yard since additional staff is required due to the pandemic. Council approved a temporary skid office that must be less than 1,000 square feet. This temporary office must be removed if the conditional use is not approved. If it is approved, the temporary office must be removed within 60 days of the expansion's completion. If Arnason Industries doesn't apply for conditional use, they temporary office must be removed by Oct. 31.





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4 *The Stonewall Teulon Tribune* Thursday, August 27, 2020 Interlake Lymph Clinic raising funds for Cancer Walk

By Sydney Lockhart

The Interlake Lymph Clinic is helping fundraise for the Never Alone Foundation's Paws for a Cause Cancer Walk.

The annual event brings people together to walk their pets and raise money in support of those affected by cancer.

"This is the first time I'll be helping out with this organization. I'm just trying to educate and help out in the community and get some support," said Nancy Rowsell, owner of the Interlake Lymph Clinic, registered massage therapist, certified lymphedema therapist and breast cancer rehabilitation specialist.

The Never Alone Foundation was created by Lyle Bauer, a Blue Bombers alumnus and former CFL, executive after he was diagnosed with throat cancer in 2004.

The foundation offers financial, emotional, social and informational support to patients and families affected by cancer.

"We're trying to improve the lives of people affected by cancer," said Micheal Schiefer, executive director of Never Alone Foundation. "Research is essential, but we need to lift people through the crisis today."

Shannon Berikoff, breast cancer survivor and owner of the Spin Shack,

got assistance from the Never Alone Foundation when she needed a sleeve and glove to help combat her lymphedema.

"I couldn't even walk. My hand would be the size of a baseball [bat] It's just another awful thing about cancer. It never seems to end. You lose your hair and your eyelashes and then you think you're good and your arm blows up," said Berikoff.

She is now cancer-free after being diagnosed for the second time in December 2017.

"I like that their name is the Never Alone Foundation. When you get sick like this, it seems like people disappear. They don't know how to deal with the reality of it," she said.

Berikoff will be walking on Rowsell's team on Sept. 14 at 6 p.m. in Selkirk. They are hoping to raise \$500 by Sept. 19.

The Interlake Lymph Clinic is also preparing to be a part of the Easton Place Medical Centre starting in September.

"I'm hoping every year we get bigger and bigger for community awareness. Helping improve someone's quality of life or at least make them as comfortable as possible is what we are trying to offer," said Rowsell.

To register, support and donate to the Paws for a Cause event, go to



TRIBUNE PHOTO BY BRETT MITCHEL

Left to right: Clinic manager Marianne Tom with her dog Bryson, assistant clinic manager Cindy Hartling with her dog Buddy, Spin Shack owner Shannon Berikoff, the Never Alone Foundation's executive director Michael Schiefer, and Nancy Rowsell and her dog Titan.

www.interlakelymphclinic.ca.

Participants can also do a virtual walk if they do not feel comfortable joining the socially distanced walk by taking a photo of themselves walking in their own neighbourhood, posting it on social media, and emailing a

photo to info@interlakelymphclinic. ca.

A walk for top sponsors and fundraisers will be held at Kildonan Park by Never Alone Foundation on Sept. 20.

2020 Stony Mountain Goose Shoot cancelled

By Evan Matthews

Add another event to the list of CO-VID-19 casualties in 2020.

Lisa Deprez, co-chair of the Stony Mountain Goose Shoot Committee, announced to The Tribune last week that the annual event is cancelled this year, following the lead of many throughout the region, the province and the country.

"The decision was made for the safety of our community and all the hunters attending. We felt it was the best choice," said Deprez, adding that 2020 would have been the shoot's 18th year.

"We also wanted to keep in line with

other events happening around us. Part of our event is hosted indoors with the Calcutta, dinner, etc., so we just decided to cancel all together."

Because the Oct. 2 and 3 event isn't happening, Deprez said the goose shoot committee will not be able to donate money to local groups or projects the way it has in the past.

However, the aim is to try again in 2021, she said.

"Our community groups will be OK ... but we're going to start looking ahead," said Deprez.

"This whole (COVID) situation is so unreal. It's been awful in that all

of our events in the community have been cancelled, so it's been kind of sad," she said.

Since 2002, the Stony Mountain Goose Shoot has raised a cumulative amount exceeding \$360,000, injecting the funds back into community initiatives and groups.

The goose shoot committee uses monies to fund local projects, to provide much-needed upgrades to local facilities and to provide increased recreational opportunities for the residents of Stony Mountain and the surrounding area.

Past initiatives have included finan-

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cial aid to the (now-closed) curling club's operation and funding aid for the cemetery's maintenance.

The Stony Mountain Community Centre, Stony Mountain Minor Hockey, Skate Stony Mountain, and the Stony Mountain Community Association all contribute to the event's organizational efforts.

In 2019, the Stony Mountain Goose Shoot raised just over \$20,000, with each of the four affiliated community groups taking roughly \$4,000.

Deprez invited people in the region to like the group's Facebook page for updates.





Rockwood prepares to close two waste facilities

By Jennifer McFee

Changes are coming to Rockwood's waste services in an effort to clean up the overall system.

Rockwood CAO Chris Luellman explained that the municipality currently has four waste facilities: Komarno, Teulon, Balmoral and Winfield. A fifth station in Argyle closed a couple years ago.

On Jan. 1, 2021, Balmoral Transfer Station and Komarno Waste Disposal Facility will close permanently as well.

"Collectively, they were at a loss of \$158,000 in 2019 and \$184,000 the year before. Balmoral and Komarno add up to \$49,340 combined," he said.

"We've identified a problem and we're hoping that we can come up with a solution."

In recent years, the RM of Rockwood has been part of the Winnipeg Metro Region, which has been working on a waste feasibility study with consultants to determine strategies to reduce waste.

"Taking this seriously, we're reviewing our operations too. Currently, within the capital region and the Indigenous communities, we have 20 waste facilities and 30 service contracts," Luellman said.

"It is the goal in the future to reduce these 20 facilities down to 10 and we're trying to get service contracts down to 10 too."

In keeping with the regional vision, the RM of Rockwood is also actively

planning for the future.

"The RM of Rockwood has a total of four waste facilities as well as BFI Prairie Green right down the road. So within our vicinity, we have technically five waste facilities. We're looking at trying to still provide the service while reducing our expenses at the same time," Luellman said.

"This wasn't a regional decision, but our decision is based on the knowledge that there are only so many economic ways to service a community. For our community to have four of our own waste facilities and a fifth that is five minutes down the road just doesn't make service sense or economic sense."

As a result, council voted to close the

Balmoral and Komarno facilities and streamline the RM's resources into the Teulon and Winfield facilities.

"When you break Rockwood into north and south, we have the Teulon facility that is a full waste facility and then we have Winfield, which is a transfer station. We want to better serve the community and become economically feasible,"Luellman said.

"We're hoping that we can work towards a more efficient waste program overall within the community and within the capital region. Everything that we're working on is all a part of being green."

Charges laid in correctional officer assault

Staff

On April 15 at approximately 6:35 p.m., RCMP responded to a report of an assault with a weapon, at Stony Mountain Institution.

Officers were advised that a correctional officer had been injured by an inmate and was being transported to hospital.

RCMP officers responded immediately. Once at the scene, RCMP worked in partnership with Stony Mountain staff to secure the scene and ensure the safety of all staff and inmates. A suspect has been identified. The victim was treated in hospital and released.

On Aug. 18, RCMP arrested 27-yearold Mahad Mohammed Diblawe in relation to the assault.

He was charged with attempted

murder, aggravated assault and assault with a weapon.

Diblawe was remanded in custody and appeared in Winnipeg Provincial Court on Aug. 19.

RCMP Major Crimes continues to investigate.

Letters to the Editor: Letters@stonewallteulontribune.ca

Our schools should be the safest places

Education Minister Kelvin Goertzen announced that the provincial government will be investing \$52 million in the Safe Schools Fund to help ensure schools are safe and ready for the return of students and staff.

"We had asked government to put a dollar figure on its financial commitment for expenses incurred by the reopening of schools, so we are pleased that government has set aside these funds," said MTS vice-president Nathan Martindale. "However, as the situation continues to evolve, there might be a need for increased funding and we will expect that the government will provide funds as needed to ensure the safety of everyone in our public schools."

The minister said that the funding will be used to directly support schools, teachers and students across the province by:

• providing non-medical and medical masks and personal protective equipment for students, teachers and staff;

• enhancing cleaning and sanitization, including more supplies and custodial staffing;

increasing bus transportation capacity, including additional bus

drivers and routes; and

• ensuring substitute teachers and educational staff are available to keep schools open and children learning.

Martindale said that while funding for these measures are necessary and most welcome, there is no mention of smaller class sizes.

"Physical distancing is consistently pointed to as the best way to limit the spread of the virus," he said. "Two metres is the recommendation followed by the community, yet in schools, a one-metre distance is somehow acceptable. It makes no sense to have a lower safety standard in schools. Our schools should be the safest places." He said that the two-metre recommendation should be extended to schools and that a reduction in class size is necessary to achieve this level of physical distancing.

The Society is also hoping to see a plan for recruiting and retaining substitute teachers.

"We all agree that substitute teachers play a key role in ensuring the sustainability of in-class learning, but to date we have yet to see a plan for ensuring qualified subs are available," he said.

> - Raman Job Public Relations Facilitator The Manitoba Teacher's Society







PUBLISHER





SALES

Stephanie Oland Duncan

DISTRIBUTION

ADMINISTRATION

Jo-Anne Procter

ADMINISTRATION

Allana Sawatzky

REPORTER/PHOTOGRAPHER Jennifer McFee



REPORTER Ligia Braidotti



SPORTS EDITOR **Brian Bowman**



Evan Matthews



REPORTER/PHOTOGRAPHER Svdnev Lockhart

PRODUCTION

Debbie Strauss

PRINT

Dan Anderson



ADMINISTRATION Corrie Sargent



PRODUCTION Nicole Kapusta



> Got news? Call Evan Matthews at 204-990-9871 evan@expressweeklynews.ca



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The harrowing health journey

By Evan Matthews

For so many, living a healthy lifestyle is daunting.

Changing one's diet, integrating exercise into the day-to-day, perhaps abstaining from some not-so-great habits one has developed over the years; especially after working a long day and now the kids are in bed.

The reality is: most change in life is daunting; the aforementioned list is no exception.

But there is a shift in mindset available to people, and it makes getting healthier a little bit easier.

One doesn't have to go from sitting on the couch every night to running 26-mile marathons, or bench pressing 300 pounds.

One doesn't have to go from eating pizza for dinner three or four times a week directly over to nothing but salads, high-protein and low-carb meals every single night.

Maybe most importantly, one certainly doesn't have to put down the glass of wine, bottle of beer or stop smoking all together, right?

There is a more realistic approach that, if many of us took, would add years and quality to our lives.

Things can be done in phases, small steps, little bits. Pick your favourite phrasing.

The acknowledgment that a person can be "healthier" without being or looking like a professional athlete or a super model is hugely important.

Getting healthier sounds so extreme but, really, it comes down to little choices. Isn't it true that minor positive changes — no matter how small — add up?

Simply, you can be healthier today than you were yesterday and even healthier tomorrow than you are todav.

Maybe a person goes from sitting on the couch all night, every night, to getting outside for a half-hour jog or walk at whatever pace they're comfortable each night. Maybe a person tries half an hour of yoga or weight lifting while still watching their favourite show.

Maybe a person still has pizza three times a week but only eats half a regular portion, instead mixing in a large salad.

Maybe instead of having a Budweiser or Bud Light, a person has a

Michelob Ultra to save themselves a few calories and carbohydrates while still enjoying a beer.

The point is that choosing half an hour of exercise or minor dietary changes could be integral to improving quality of life in regards to mental health, healthy body weight and reducing risk of heart disease and cancer. The list is endless.

Whereas moving your body and monitoring one's consumption adds years and quality to one's life, sitting on the couch, not exercising and poor nutrition is a recipe for disaster as it relates to one's health.

In addition to exercise and proper nutrition, supplement diet with vitamins D and B12, multivitamins, and minerals like zinc and magnesium, and a person is significantly healthier than a vast majority of our population.

Given how crazy the world has become, and the public health crisis our society has just experienced, there is no better time than right now to get healthy.

So, what have you got to lose? Get up and give it a shot. Good habits compound and feel good in practice.

Manitoba Ag Days 2021 show cancelled

Submitted

The board of directors of Manitoba Ag Days has made the difficult decision to not proceed with a traditional Manitoba Ag Days show in 2021.

The safety and well-being of the exhibitors, patrons, volunteers, contractors, board of directors and management team was paramount in their decision to not move forward.

The traditional Ag Days is an opportunity to gather together, share knowledge, showcase innovation and learn something new. It allows participants to touch, feel, see and smell all things agriculture. Ag Days is an opportunity to share a conversation, hear a specialist and engage with

hundreds of exhibitors all under one roof. It is a chance to meet new people and foster life long relationships.

Given the current situation, organizers do not feel like they can safely carry out the largest indoor farm show in Canada. For the security and well-being of Manitobans, the 2021 show has been cancelled.

ADVERTISING OR PRINT CONTACT INFORMATION Stephanie Duncan 204-461-4771 ads@stonewallteulontribune.ca **PHONE 204-467-5836**

FAX 204-467-2679 > EMAIL US

Letters to the Editor: letters@stonewallteulontribune.ca Classified: classifieds@stonewallteulontribune.ca News: news@stonewallteulontribune.ca Print: igraphic@mvmts.net



OUR EDITORIAL STAFF Jennifer McFee 204-461-5352 jen@stonewallteulontribune.ca

Brian Bowman Sports Reporter sports@stonewallteulontribune.ca

Evan Matthews - Reporter/photographer

ADDRESS

74 Patterson Drive, Stonewall Industrial Park Box 39, Stonewall, MB R0C 2Z0

204-990-9871 Email: evan@expressweeklynews.ca

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Manitoba's COVID-19 active caseload hits 993

By Ashleigh Viveiros

Manitoba's COVID-19 caseload continues to climb.

Public health officials announced a record-breaking number of new cases over the weekend: 42 positive tests on Saturday and 72 on Sunday.

On Monday, chief public health officer Dr. Brent Roussin announced 49 more COVID-19 cases but noted 24 of those were being retroactively added to Sunday's total. The province's fiveday test positivity rate at the start of the work week was 2.9 per cent.

The cases announced Monday included 35 in the Prairie Mountain Health region, two in the Interlake-Eastern RHA, four in Southern Health-Santé Sud and eight in the Winnipeg health region.

The province has recently begun breaking down COVID-19 cases by district to provide people with more detailed information of outbreaks.

Interlake-Eastern has a total of 69 cases. There are two new cases, totalling nine active cases with 60 recovered.

Actives cases include one in the Beausejour district, three in Springfield, three in Stonewall/Teulon, one in Winnipeg Beach/ St. Andrews and one in an unknown district.

Manitoba's total number of lab-confirmed cases was at 993 at press time. Six people were in hospital, with one in intensive care.

Twelve people have died of the virus since the pandemic began this spring. A total of 586 Manitobans have recovered.

Due to soaring numbers in the Prairie Mountain Health region (which includes areas such as Brandon, Spruce Woods and Riding Mountain), the region has been elevated to the restricted (orange) level under the province's new #RestartMB Pandemic Response System. That means people living in that region are under mandatory mask orders and gathering size limits.

The pandemic response system launched last week provides four colour-coded response levels. Each outlines a given area's COVID-19 risk level and the potential heightened steps health officials are asking the general public to take in that region to help stop the spread of the virus.

"We must learn to live with this virus and be prepared to both respond and adapt to changes in the transmission risks COVID-19 presents," said Roussin in announcing the system's launch Aug. 19, calling it" a key preparedness tool" in the province's battle with CO-VID-19.

Roussin on Monday continued to emphasize the fundamentals to Man-

itobans.

"With these increased numbers, we have those concrete steps that we've all been accustomed to adhering to: staying home if we are ill, even mildly ill; good hand hygiene; physical distancing when not in your household; and now wearing a mask in indoor public places."

A province-wide mask mandate had not been announced at press time, though the government last week did announce that students in grades 4-12, teachers, school staff and visitors will be required to wear masks in schools when physical distancing of two metres is not possible. Classes are slated to begin Sept. 8.

For updated COVID-19 numbers and response levels, head to www. manitoba.ca/restartMB.

Masks now mandatory at all Manitoba hospitals

Starting next Tuesday, anyone walking through the doors of a health-care facility in Manitoba must be wearing a non-medical mask, Health Minister Cameron Friesen announced on Monday.

"Our government is committed to taking all appropriate steps to protect the health of Manitobans as we continue to learn to live with this virus," Friesen said. "As we move towards the fall, additional proactive and preventative measures are needed to ensure the risk of exposure to this virus is minimized for patients and our dedicated front-line clinical staff who care for them."

The requirement, which takes effect across the province on Sept. 1, also extends to outpatients attending appointments at clinics within hospitals and health centres throughout the province.

While primary care clinics and other

locations providing health services are not currently included in the mask requirement, all Manitobans are strongly encouraged to wear a nonmedical mask when seeking care, Friesen said.

"Wearing masks provides additional protection for people, particularly in indoor spaces where physical distancing is not possible," said Dr. Brent Roussin, Manitoba's chief provincial public health officer. "Wearing masks in hospitals and health centres will ensure we are all doing what we can to protect ourselves and others from this virus."

Visitors are asked to arrive at facilities with their own non-medical mask. Those who do not have a mask will be notified of locations where they may be purchased. In certain circumstances, masks may be provided for those without.

Province providing additional \$52M in school COVID-19 funding

By Ashleigh Viveiros

The provincial government has committed extra money to helping schools meet COVID-19 safety requirements this fall.

All of Manitoba's school divisions will have access to the new Safe Schools funding, which includes \$48 million in preparedness savings already set aside by school divisions for this purpose, plus an additional \$52 million from the government.

"This additional investment in our education system will support our Restoring Safe Schools plan to help ensure our schools remain a safe, familiar place for our students and staff," Education Minister Kelvin Goertzen announced on Monday.

"We know that our education system needs to be ready to deal with today's pandemic reality as students and staff return to the classroom, and our government is delivering the financial support to help school divisions meet that need."

The minister specified the funding will focus on putting in place the public health measures needed to keep students and staff as safe as possible while learning.

The money will be distributed on a per-student basis, with a portion of it to be held in reserve to allow divisions to respond to emerging challenges.

Schools will be able to use the money to provide masks and other personal protective equipment for students, teachers and staff; enhanced cleaning and sanitization efforts; increasing bus transportation capacity, including additional drives and routes; and ensuring substitute teachers and educational staff are available to keep schools open and children learning.

"We thank our teachers, students

and staff for taking on the extra challenges associated with making classrooms safe under the new constraints of COVID-19," said Goertzen. "The province will continue to work closely with public health, education stakeholders, school divisions, independent schools, parents, caregivers and students as part of its response to CO-VID-19 and a safe return to school."

The Safe Schools funding got a cautious thumbs-up from the Manitoba Teachers Society.

"We had asked government to put a dollar figure on its financial commitment for expenses incurred by the reopening of schools, so we are pleased that government has set aside these funds," said MTS vice-president Nathan Martindale. "However, as the situation continues to evolve, there might be a need for increased funding and we will expect that the government will provide funds as needed to ensure the safety of everyone in our public schools."

Martindale also noted the government's funding announcement didn't include anything about a plan for smaller class sizes.

"Physical distancing is consistently pointed to as the best way to limit the spread of the virus," he said. "Two metres is the recommendation followed by the community, yet in schools, a one-metre distance is somehow acceptable. It makes no sense to have a lower safety standard in schools. Our schools should be the safest places."

The teachers society is also waiting on a plan from the government for recruiting and retaining substitute teachers, Martindale noted.

Students head back to school Sept. 8.

Submitted by Manitoba government

The Manitoba government is doubling its order of the high-dose influenza vaccine to address anticipated demand, and expanding the criteria for who can receive it free of charge, Health, Seniors and Active Living Minister Cameron Friesen announced on Aug. 11.

"The flu season is always challenging, but COVID-19 will make it even more difficult. That's why our government is taking every precaution to help keep Manitobans safe," said Friesen."By doubling our order of highdose influenza vaccine and making it available to more people at high risk of contracting the flu, we are able to protect them, as well as our healthcare providers on the front line."

The high-dose influenza vaccine is an immunization formulated for peo-

ple age 65 years and older. Manitoba was the first province to offer to that age group and those living in longterm care facilities, clients in interim or transitional care beds, respite care clients or unimmunized residents admitted to a long-term care homes during the flu season.

This year, the Manitoba government is expanding criteria for the vaccine to allow more seniors to get the highdose influenza vaccine starting this fall including:

residents of supportive and as-• sisted living housing;

 those who are newly incarcerated or transferred from other federal or out-of-province correctional facilities; those receiving home care ser-

vices while on a waiting list for admission into a long-term care facility;

living on a First Nation or remote

communities; and

• living north of the 53rd parallel of latitude.

In 2017, Manitoba became the first province to offer a high-dose version of the flu vaccine and many provinces have followed suit since then. Last year, Manitoba ordered 11,500 highdose influenza vaccines and for the 2020-21 influenza season, the province will order up to 21,500 high-dose vaccine.

In 2019-20, over 26.3 per cent of all Manitobans received the flu vaccine, the highest ever, and demand is expected to increase this year, the minister noted. During the 2019-20 flu season, 29 Manitobans died from the flu.

Starting Aug. 17, pharmacies, physicians and other providers can start placing their influenza vaccine orders,

with the vaccine expected to start arriving late September.

"Manitobans need to plan for a challenging flu season as COVID-19, influenza and colds will be occurring at the same time this fall," said Dr. Brent Roussin, Manitoba's chief provincial public health officer.

"Getting the flu vaccine or the highdose influenza vaccine is an important step that will help keep you and those around you healthy this season. Staying home when you are sick, practising good hand hygiene and covering your cough also helps reduce the risk of spreading the virus to others."

Visit Manitoba's seasonal influenza website at www.manitoba.ca/flu or contact Health Links-Info Santé at 204-788-8200 in Winnipeg or 1-888-315-9257 (toll-free) for more information.

Mobile driver testing services resumes this week

Submitted by MPI

MPI will resume booking appointments for mobile driver testing services throughout Manitoba as of this week.

MPI's mobile testing units offer limited driver testing services on a scheduled basis to communities without an MPI service centre. As with all driver testing services, mobile testing was suspended due to COVID-19 in March.

Customers can view available locations and the driver licence class tests and dates offered here. To increase overall appointment availability, MPI has permanently consolidated a num-

ber of mobile testing locations. At this time, northern remote sites will not resume testing; however, future planning for these locations is in progress. How to book:

Similar to booking knowledge and road test appointments at MPI service centres, customers eligible for mobile testing sites can do so in the following ways:

Online: Customers are encouraged to book Class 5 and 6 road tests through MPI's Online Services.

Over the phone: Customers who either cannot or do not wish to visit an Autopac agent or service centre can call their Autopac agent to book a test.

In person: As always, road tests can also be booked in person at Autopac agents or MPI service centres. **COVID-19 requirements:**

As with all of MPI's driving testing services during COVID-19, procedures have been updated for the protection of both customers and staff. Customers can find the full list of requirements here.

Changes to mobile testing locations: As a result of a recent program review based on demand and optimal testing routes, MPI has made changes to the communities where mobile testing will be offered going forward.

Mobile testing will now be offered in the following communities: Altona, Ashern, Carberry, Carman, Cross Lake, Flin Flon, Gillam, Gimli, Grand Rapids, Killarney, Leaf Rapids, Lynn Lake, Manitou, Minnedosa, Morden, Morris, Neepawa, Niverville, Norway House, Pine Falls, Roblin, Russell, Snow Lake, Souris, Stonewall, Treherne and Virden.

By consolidating mobile testing sites, MPI will be able to offer an increased number of appointments to Manitobans. It is estimated that no customer will need to travel more than one hour for driver testing services throughout the province.

Clarification

The Aug. 13 story "Quarry Park

off-leash area closes while new

dog park prepares to open" con-

tained incorrect information. The

story stated that discussions were

underway for the possibility of

a pond being added to the new

dog park next year, but Stonewall

Mayor Clive Hinds would like to

clarify that there will not be a pond

included as part of the plan. However, there will be drinking water for dogs, as well as benches and

Staff

LAKESIDE PROGRESSIVE CONSERVATIVE ASSOCIATION **NOTICE OF ANNUAL GENERAL MEETING**

Date: Tuesday, September 22, 2020 Time: 6:30 PM Registration | 7:00 PM AGM begins Place: Ag Society Red Barn, Stonewall, MB

MEMBERS AND INVITED GUESTS ONLY

For further information contact: Suszanne Jones, President 204-322-5604 or gjones1@mts.net Meghan Chorney, Regional Director 204-485-7013 or meghanchorney@gmail.com



8:00 PM - CFAM 950 - CJRB 1220 - AM 1250 9:30 PM - CFRY 920 AM

It is time to seek the LORD. (HOSEA 10:12 THE BIBLE)

What's Your story?

We want to hear from you.

The Stonewall Teulon Tribune connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@stonewallteulontribune.ca Phone 204-467-5836



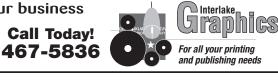
ENVELOPES

INVOICES

Everything you need to promote your business ESTIMATE SHEETS SOCIAL TICKETS FLYERS

BROCHURES BUSINESS CARDS STICKERS WINDOW DECALS

DOOR HANGERS POSTERS MEMO PADS POST CARDS



trees in the area.

ISD prepares for new school year

By Jennifer McFee

One thing is for certain — back to school will look different this year.

So says Margaret Ward, superintendent of the Interlake School Division ISD, as staff and families prepare for a new school year in the midst of the pandemic.

"Our long-awaited return to school involves planning that is much different than last September. We strive to have students return to as much inclass learning with their teachers as possible, while keeping all involved safe," she said.

"Our focus is the health and safety of our students, our staff and our school communities."

So far, ISD has released a divisional plan based on provincial guidelines provided by Manitoba Education and Public Health at the end of July.

"With the Interlake School Division plan as a guide, schools are now working on school-specific plans, which will be available on Aug. 31," Ward said.

"As our 23 learning spaces are each unique, school-specific plans will also be unique, each addressing the specific needs of their learning community. Of course, within school-specific plans, there will also be some fundamental elements that we can all help with."

The first fundamental element hinges on students and staff staying home when they are not feeling well.

"All adults will be required to screen for symptoms prior to entering our buildings," Ward said.

"Families will be expected to ensure that students stay home when they are sick or are exhibiting any symptoms of a cold, flu or COVID-19."

If students show symptoms during the school day, they'll be removed from class and given a medical mask. The school will contact parents or caregivers and ask them to pick up the students immediately. For that reason, it's important that parents and caregivers keep up-to-date contact information on file at their school. They'll also need to have plans in place for picking up students if they get a call from their school.

Other fundamentals will focus on hand hygiene, sneeze etiquette and appropriate physical contact.

"We will ask families to ensure that all students exercise proper hand

hygiene before boarding the school bus and/or before arriving at school. Hand sanitizer will be utilized at all school entrances and will be available throughout schools,"Ward said.

"Extra emphasis will be placed on hand washing several times during the school day. Schools will also be teaching and emphasizing proper sneeze etiquette and appropriate physical contact."

As much as possible, the school community will maintain physical distance.

"This will begin as students board the school bus and as students are dropped off at school and will continue right through until dismissals at the end of the day," Ward said.

"It will be important to have students arrive at school in a staggered fashion so as to avoid crowding at entrances. This may mean that schools ask for families' help in adhering to specific times for dropping off and picking up students who do not ride the school bus."

Students will also enter schools through designated entrances, she added. All schools will be operating with cohorts, or specific groups of students, who will consistently use the same entrances.

With a provincial guideline of 75 students per cohort, some ISD schools will have one cohort made up of the entire school and will all be able to be outside on the playground together with appropriate distancing in place. Other larger schools will have multiple cohorts. Depending on the size of the school, these cohorts might encompass a singular grade, such as all Grade 1 students; a band of grades, such as all Grade 1 to 4 students; or a portion of a grade, such as half of the Grade 9 students. Schools will provide specific information on cohorts when their plans are made available on Aug. 31.

"As another layer of protection, students in Grade 4 and up will wear non-medical masks on school buses and in schools. All staff will wear non-medical masks where physical distancing is not possible," Ward said.

"Families are asked to send their students with masks. Schools and buses will have extra masks on hand should students arrive without a mask."

Continued on page 10

Thank You for the support, for the music, and 10 Incredible Years of fundraising!

It is difficult to put into words how overwhelmingly grateful the Coffeehouse to End Cancer team is for the unwavering support of the Interlake community and beyond for the past 10 years, especially this year. Amidst a global pandemic and severe thunderstorm warnings we united under the common goal of raising funds for the CancerCare Manitoba Foundation and at the end of the night had a running total of OVER \$30,000.00, at least \$5,000 more than previous years. There was a lot of additional planning and last minute arrangements that made this total possible and some key players who deserve to be recognized for their hard work and dedication to the coffeeehouse and raising money for cancer research in Manitoba. Firstly I would like to thank the planning committee of Elizabeth Codville, Toni deLaroque, Leanne Stewart, and Jo-Anne Procter for their vision and perseverance for this years event. We would also like to thank Wally Melnyk and Stonewall Town Council for recognizing the importance of the event and supporting our efforts.

A very special thank you to Brett Chatfield and his Town of Stonewall team for their guidance, professionalism, and expertise. They went above and beyond setting up at an alternative location, providing equipment, setting up the stage, and ensuring social distancing was easily maintained.

An enormous shoutout to all the dedicated volunteers who set up, greeted and collected donations, coordinated physical distance within the audience, sanitized equipment, and book-kept .You brought a sense of calm and order to the unexpected change of plans and helped make our event truly special.

Thank you to Long & Mcquade for donating a large portion of the sound equipment and to Daniel Friesen for setting up, running, and taking down the sound equipment. Thank you to Taylor and Chad Sheppard for setting up and hosting the Facebook livestream of the event. Your efforts certainly did not go unrecognized and allowed us to reach our audience from the comfort and safety of their homes!

Thank you to Don and Shirley Campbell for their very generous monetary donation for equipment and startup costs and for being dedicated supporters for the past 10 years. Thank you to SCI for lending their stage and to Kendra Obach for the use of her piano. Thank you to the Rockwood and Rosser Fire Department volunteers for their help with facilitating social distancing.

Thank you to the following local businesses who donated before August 12th: Stonewall Teulon Tribune, Inview Insurance, Quarry Ridge Pharmacy, Rutherford Farms, The Kiln Drive-In, Maple Leaf Construction, Warren Chiropractic, Stonewall Family Foods, and Quarry Physiotherapy for their major donations. We recognize that this year had been difficult on you and we are incredibly grateful for your generosity. Thank you to Riot Cycle Club for hosting two spin classes with full proceeds going to Coffeehouse to End Cancer and to the Phillies U16 on behalf of the U14 provincial teams for their donation of a portion of their 50/50 earnings.

Thank you for all the heartfelt memorygram donations. It was truly an honour to recognize your loved ones onstage at the show. This is a meaningful initiative we hope to maintain in future years. Thank you to everyone who donated online and in person and all those who attended the event in person, via livestream, and in spirit! Your dedication for this event is truly the reason for our success!

Thank you to the amateur artists not only for their incredible performances but also for their tremendous fundraising efforts! Together they raised \$5990.00. Thank you to Destiny Gulewich Media for the donation of the grand prize for top fundraiser Amber Archer who raised \$1890. Thank you to Two Crows for Comfort for another outstanding performance. Thank you to Rhonda Nichol for a compelling, emotional speech, to Sherelle Kwan for bringing greeetings from the CCMB Foundation.

Last but certainly not least thank you to Brett Lawerence and Elizabeth Codville for co-hosting the event. Everyone put on a fantastic show!

To one and all who have supported Coffeehouse to End Cancer from 2010 to 2020, to the Interlake community and beyond, to all the fighters, all the survivors, and all those loved ones who left their legacy with us; thank you for giving us a reason to keep making music, to keep celebrating, and to keep fighting!

With much love and gratitude, Paige Procter Founder of Cofffeehouse to End Cancer

Coffeehouse To End Cancer

> SCHOOL, FROM PG. 9

In addition, ISD staff will be ready to support students who might have struggled during their time away from school or who are struggling with the return to school. Ward encourages families to contact their child's school to access support, which could come from classroom teachers, resource and guidance staff or administrators within the school. Division-wide support is also available from experts such as school social workers, well-being support workers and school psychologists.

In the event of a case of COVID-19 in local schools, Public Health will lead the response.

"While schools will be asked to provide contact information, Public Health will be responsible for contact tracing, communication with close contacts, and decisions regarding self-isolation and the safe return to school,"Ward said.

On Monday, the provincial government announced that an extra \$52 million would be allotted to fund safety measures and additional staffing related to the pandemic. School divisions will need to first use their savings accrued when classes were suspended in the spring.

The ISD plans to direct funds towards human resources, including extra time for bus drivers to clean and sanitize buses twice daily, as well to staff additional bus routes to meet seating requirements. The school division will also fund additional time for custodial tasks and for education assistants. In addition, the division will hire full-time supply teachers to address teacher absences.

For equipment, the school division will invest in additional cleaning and sanitation supplies, hand-washing stations, and hand sanitizers for all entrances throughout schools. Other new investments include temporary storage units for classroom equipment that can't be easily sanitized, signage for traffic flow, and cleaning equipment for school spaces and buses.

"Our planning points to doing all that we can to keep our students and staff safe. The message from Public Health is that COVID-19 will unfortunately find its way into Manitoba schools just as it has found its way into our communities," Ward said.

"While we cannot zero out that risk, we will follow all Public Health guidelines and advice so that we can mitigate the risk in our spaces and provide clear information to public health in order to isolate transmission. We will be prepared to adjust our plans on short notice throughout the school year in response to changing Public Health protocols and guidelines."

Ward expressed appreciation for staff's preparations for a school year filled with question marks.

"We acknowledge that families may be apprehensive regarding the return to school and will be seeking as much information as possible. We encourage families to watch for communication from schools on Aug. 31 regarding school-specific plans," she said.

"We acknowledge and greatly appreciate all that our ISD staff are doing to prepare for a September like no other. This preparation will include training and orientation for all ISD staff prior to the return of students on Sept. 8."

The complete Interlake School Division plan for welcoming our students back to school is available on the ISD website at www.interlakesd. ca.

If anyone would like to help out by placing their name on a list for spare custodians, bus drivers, support staff or teachers, Ward said the school division would be more than happy to have the help. For more information, call the board office at 204-467-5100.

"We all have a role to play in the safe reopening of our schools. The ISD team looks forward to welcoming our students back in September and to working collaboratively with our communities," Ward said.

"As always, we will be better together."

Interlake School Division back-toschool updates:

• Junior Kindergarten for our youngest learners (children born in 2016) — programming will be paused until further notice.

• Kindergarten — alternate days of full in-class instruction with the exception of Brant-Argyle students, who will return to five days of full in-class instruction per week. Parents will be notified of kindergarten start dates.

• Grades 1-8 — five days of full in-class instruction per week starting Sept. 8.

• Grades 9-12 — alternate days of full in-class instruction starting Sept. 8 and 9. Half of students will attend on days 1,3 and 5. The other half of students will attend on days 2,4 and 6. While at home on alternate days, students will be expected to engage in learning activities prescribed and supported by their teachers. School timetables will be designed such that each high school is prepared to have students return for up to five days of full inclass instruction per week as public health protocols and school resources permit.

• All students with special needs — five days of full in-class instruction per week starting Sept. 8.

• Learning at home will only be provided to those students who have been medically advised not to return to in-class learning due to COVID-related risk factors.

• Some specialty programming and elective offerings have been impacted:

o Singing in K-8 Music classes will be suspended until further no-tice.

o Choral, Band and Foods classes will be suspended until further notice.

o Physical Education classes will continue with necessary modifications for physical distancing and will occur outside when possible.

o Inter-school offerings (students attending another school for one or more courses) will be suspended until further notice.

o Elective courses will be offered by cohort model only and as resources permit at each school.

o Course offerings will be reassessed throughout the school year as public health permits.

o Each school will assess their local ability to offer extracurricular activities.

• School entry and exit, timing of breaks and lunch hours, and class change schedules will be staggered to limit interaction between cohorts of students.

• Canteen services have been suspended until further notice.

• Locker use may be limited or discontinued.

• All continuing education programming is suspended until further notice.

• Community use of schools will be suspended until further notice, with the exception of childcare centres operating in schools.

• School buses will be running for those students who are eligible for school bus transportation. Bus drivers and students in Grade 4 and up will be required to wear non-medical masks.

• Transportation for non-eligible students will not be available in September. Availability of transportation for non-eligible students will be revisited throughout the school year.

• School ventilation systems will be programmed to maximize fresh air intake.

• All visitors (including parents/ caregivers) must adhere to selfscreening, physical distancing and recommended hygiene practices.



It's hard to believe that it's been five months since the coronavirus pandemic descended on us and turned our lives upside down. We have all had to adapt to a very new and strange"normal."

For example, there has been "social distancing"; staying six feet apart. I experience that when I play golf: my golfball typically "physical distances" itself from my intended target. So I stay healthy.

This pandemic has been especially hard on my wife Linda. That's because we had to cancel our annual July shopping trip to Fargo, N.D. So I have been trying to make it up to her by buying her lots of gifts, saying all sorts of nice compliments to her, taking her to The Kiln for ice cream, offering to take her golfing with me, etc. But she still cries a lot. Pray for her.

For me, as a pastor, one of the hardest things has been the fact that it has been 23 Sundays since we last met together as a church family. I am sure missing the fellowship we used to enjoy. Our church has set up a YouTube channel and I tape our service (speaking to an empty church) during the week and folks view it on Sunday. I hear that some people are watching my messages in bed at night and they tell me they drop off in no time at all ...

Now meeting online is good, but meeting in person is still better. So we as a church are pondering when to attempt to reopen but have yet to decide when. Our concern is the balance between the need to meet and the need to be safe.

I know this pandemic has been and continues to be difficult for all of us but we believe God is in control and that ultimately, all things will work together for good. This is God's promise to us and we believe it. At least I do and I trust you do too.

"And we know that God causes all things to work together for good to those who love God." Romans 8:28

SOME THINGS TO REMEMBER

 Wash/sanitize your hands regularly and practice physical distancing to protect

yourself from COVID-19. Avoid busy trails

· Always stay on designated trails and routes.

• Keep dogs on leash and always clean up after

purchasing and printing vehicle permits in advance at *manitobaelicensing.ca*.

• Practice *Leave No Trace* and pack out everything you brought in.

• Avoid delays when entering parks by

WHEN VISITING PARKS:

and crowded beaches.

your pets.



Spruce Woods Provincial Park





Pembina Valley Provincial Park

Make a Fall Discovery in PROVINCIAL PARKS

As summer slips into fall, here's your reminder that autumn is a great time to explore Manitoba's provincial parks. Breathe in the crisp fall air and admire the season's changing colours on a hike. Fishing in fall is still hot, so drop in a line from the shore or a boat.

A visit to a provincial park lets you discover the stories of Manitoba's Indigenous peoples laid out in centuries-old stone Petroforms, or retrace the steps of the early settlers at one of the province's many heritage sites.

Grab on to those last whispers of summer with a camping trip, complete with a campfire to warm your body and soul. And remember, even when the snow begins to fall, our provincial parks are here to connect you with Manitoba's beautiful natural landscapes and important heritage sites.

Start planning today at manitobaparks.com

SHARE YOUR PARK ADVENTURES WITH US! #MANITOBAPARKS #EXPLOREMB **Y** f @mbgovparks



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Rockwood receives project funding



TRIBUNE PHOTO BY JO-ANNE PROCTER

Last Friday, Lakeside MLA Ralph Eichler presented the RM of Rockwood with a cheque for \$1,375,000 for funding for prevention and climate resiliency projects.

The RM of Rockwood will use the funds for an emergency power generation Installation of backup power systems at five key municipal water and wastewater facilities (water treatment plants and lift stations in Stony Mountain and Balmoral), to protect access to safe drinking water, prevent catastrophic damage to sewage system infrastructure, and reduce personal risk to municipal employees responding to alarms when power fails during extreme weather events.

The project will help toward achieving Made-in-Manitoba Climate and Green Plan goals of climate resiliency needed to respond and recover quickly from the impacts of a changing climate.

Rockwood staff and councillors, left to right: Chris Luellman, Curtis Mc-Clintock, Ralph Eichler, Terry Hartle, Wes Taplin and Tom Huffman.





Recipe courtesy of the National Pork **Board and USA Pulses** Servings: 6 6 pork chops 1/2 teaspoon salt, plus additional, to taste pepper, to taste olive oil 1/2 cup canned lentils, rinsed

1 pound cherry or heirloom tomatoes, scrubbed with vegetable brush under running water and finely diced

Lentil Salsa

1/2 red onion, scrubbed with vegetable brush under running water and finely diced

1 jalapeno pepper, scrubbed with vegetable brush under running water and finely diced

1/4 cup cilantro, gently rubbed under cold running water and roughly chopped

2 limes, juice only

Pat pork chops dry with paper towels. Season with salt and pepper, to taste. In pan over medium heat, heat oil. Add pork chops and cook 3-5 minutes each side until they reach 145 F internal temperature. Let rest 3 minutes.

In large bowl, mix canned lentils, tomatoes, red onion, jalapeno, cilantro, lime juice and kosher salt.

Serve salsa immediately or cover and refrigerate 2-3 days.



Recipe developed by Stacey Mattinson, RD

Prep time: 20 minutes

- Cook time: 40 minutes
- Servings: 4
- Nonstick cooking spray
- 1/2 sweet onion
- 1 red, yellow or orange bell pepper
- 1 head broccoli florets
- 2 teaspoons canola, avocado or olive oil
- 1 dozen eggs
- 2 cups low-fat cottage cheese
- 1 cup shredded cheese
- 1 teaspoon baking powder
- 1 tablespoon flour

Veggie Egg **Casserole**

salt, to taste

pepper, to taste

Preheat oven to 350 F. Grease 9-bv-13inch pan with nonstick cooking spray.

Chop onion and bell pepper to ageappropriate sizes. Pick apart broccoli florets into small pieces and remove most of stems.

Heat medium-sized frying pan over medium heat. Add oil and swirl around pan. Add onions and cook 3-4 minutes until they start to soften. Add broccoli and bell pepper. Mix with onions and add salt and pepper, to taste. Cook 1-2 minutes then cover with lid to steam another 2-3 minutes until broccoli is bright green. Remove veggies from stovetop.

In large mixing bowl, beat eggs. Add cottage cheese, shredded cheese, baking powder and flour. Add veggies and salt and pepper, to taste. Transfer to prepared pan and bake 40 minutes.



tivities for ki extracurricul lar ac Benefits of

come children's main source of entertainment.

But what impact does that have on our children? It has stunted friendships, outdoor activities and health of our youth. Extracurricular activities have shown many positive benefits in recent research and studies, from teaching them socialization and team skills to stress management and health benefits. Letting your child explore various positive hobbies can help prevent them from partaking in negative activities children sometimes become involved in. There are many extracurricular activities your child can become involved in depending on their age and interests.

How can extracurricular activities benefit my child?

If you are trying to decide whether extracurricular activities are right for your family, take a look at these benefits such activities can have on your child:

· Getting your child involved in extracurricular activities can teach them time management skills and how to prioritize different commitments. Learning these skills will be useful for the rest of their life and help with managing stress.

· When filling out college applications, students with more extracurricular activities and community involvement tend to fare better than those who were not involved. The dif-

Benefits:

ference between an acceptance and rejection letter is quite big!

Exploring new interests is important for children to find things they are passionate about. Whether it be learning an instrument, playing a sport or starring in a play. Accomplishments with these hobbies can help

In recent years, electronics have be- build your child's self-esteem and confidence as well.

· Being involved in an activity that involves goals and teamwork can help build your child's self-esteem and overall confidence. Allowing your child to build confidence in a more relaxed setting can help with mastering new skills later in life.

· Goals are extremely important in life and teaching children to have goals at an early age can be very beneficial. Setting and obtaining goals can improve your child's motivation and confidence throughout life.

· Teamwork can become extremely important later in life when it comes to thriving in social and occupational settings. Teaching your child teamwork and its overall importance at an early age can help them thrive later in life.

· Studies have shown that children involved in extracurricular activities tend to have better academics than children who spend free-time using electronics and avoiding social situations.

Getting your child involved in an extracurricular activity not only occupies some of their free time, it also teaches them valuable skills for the rest of life. From time and



stress management to teamwork and goal setting, activities can help children in many ways. Make sure you get your children involved in extracurricular activities so they can discover their passions!

SKATECANADA STONEWALL SKATING CLUB All programs a profess Learn to Skat	ional coaches e Sessions run Oc	g Club ration Season ertified	
 (For children ages 4 and up) **All skaters registered with our club will have their name entered into a draw to win a prize** CanSkate: Provides kids with the best foundation for figure skating, hockey, speed skating and ringette Introduces a healthy, lifelong activity at an early age Promotes fun, fitness and participation CSA approved helmets and mittens are required. 			
Canskate Mondays/Thursdays 45 mins. sessions	6:30 - 7:15 PM	Fall/Winter session Winter/Spring session	
	like to learn figure Canada Star Pro Sept. 28/20 to March 2021 4:15 – 5:30 PM 4:15 – 5:30 PM Sep 28/20 to March 2020 4:15 - 6:00 PM 4:15 - 6:00 PM 4:30 – 6:00 PM 6:30-7:15pm on for Star Skaters onewallskatingclub(Program. Program details available at Registration or email the Club Program Details available at Registration or email the Club Info available	
The Stonewall Skating club offers a safe, non-contact positive enviroment where your child can thrive. ONLINE REGISTRATION NOW AVAILABLE Programs may be cancelled if registration does not meet minimum requirements or public health restirctions change. For further information, or if you cannot attend registration night, contact: stonewallskatingclub@gmail.com			



Reasons Your Kid Should Start Skating

Skating has benefits for all ages, but did you know that child up for ice skating lessons: kids who start skating young learn more quickly? Here are some of the best reasons you should sign your



Beavers (Co-Ed ages 5-7) Meet Wednesdays 6:30-7:30 Cubs (Co-Ed ages 8-10) Meet Mondays 6:30-8:00 Scouts (Co-Ed ages 11-13) Meet Thursdays 6:30-8:30 Venturers (Co-Ed ages 14-17) Meet Tuesdays 7:00-9:00

Fall Registration Thursday, September 10th, 2020 6:00 - 8:00 p.m. - Sunova Curling Club

BALMORAL JUDO CLUB

IN-CLASS REGISTRATION:

STONEWALL COLLEGIATE GYM Site to be determined Monday, September 14 and

Thursday, September 17 **SUNOVA CURLING CLUB Thursday, September 10** 6:00 - 8:00 pm

Ages 7 years and up For further information please contact: Milton Good 467-8854 or Jason Rogowsky 467-9869



1. Skating Safety

One of the most obvious reasons to start ice skating lessons is to learn skating safety. Winter is outdoor skating season, and you'll feel a lot better knowing your child knows the correct way to fall down, get up and skate across the ice.

2. Lessons in Life

Determination, self-esteem and more. The lessons kids learn in skating are lessons they learn for life. Ice skating classes teach kids more than just how to skate. Your child will build confidence while learning to persevere and focus under pressure.

REC HOCKEY PROGRAM

Open to Boys & Girls - Birth Years 2003 - 2015 \$190 per player. One hour once a week in Balmoral. Second night a week available. Starting mid October and ending in mid March.

Jersey & Pinnies Ordering

Looking for full time goalies please inquire at email below. For more information email recbalmoralhockey@gmail.com

Registration Night Thurs, Sept 10 6-8 pm Sunova Curling Rink

SATURDAYS

9:00 a.m. - Learn to skate (3-5 year olds) 9:45 a.m. - Level 1 power skating (6, 7 and 8 year olds) 10:30 a.m. - Level 2 power skating (8, 9 and 10 year olds)

11:15 a.m. - Level 3 power skating (9 and 10 year olds)

^{\$}300 - 20 weeks / ^{\$}200 - 10 weeks **Balmoral Recreation Centre**

October 17, 2020 to December 19, 2020 (10 weeks) January 9, 2021 - March 13, 2021 (10 weeks) A stick and helmet with a mask are required for this program.

To register contact Kelly Farmer @ 204-467-8884 or send text message to 204-791-9856 or register September 10 at VMSC 6:00-8 p.m.

3. A Variety of Paths to Follow

Skaters can choose figure skating, hockey or speed skating and find different disciplines within each of those. In addition, your child can choose to compete or keep his or her skating purely recreational.

4. A Life Sport

One of the best parts about skating is that it can be done at all ages. Kids don't have to stop skating when they grow up — in fact, they can do so much more! From coaching hockey leagues to participating in adult skating competitions, skating truly is a lifelong sport.

5. Lifelong Friendships

When your kid starts ice skating lessons, he or she will be welcomed into a community of skaters, coaches and individuals who share the same passion for skating. Your child will socialize and build lifelong friendships that extend beyond the rink.

6. An All-Weather Activity

Ice skating is the perfect summer and winter activity. With indoor rinks across the country offering sessions year-round, your kid will be able to enjoy his or her sport during all seasons, rain or shine.

7. Stay Healthy

Skating is great exercise. It builds endurance, helps develop muscle mass and ensures that children stay healthy and fit while teaching them to value physical activity.

8. A Family Activity

You can skate with your kid, too! Ice skating is a great family bonding activity that strengthens your familial ties. There's nothing like learning something new together.

9. It's Fun!

Let's not forget the most important reason your kid should start ice skating lessons: it's fun! There's nothing like gliding across the ice or speeding down the rink. No matter how old you are, skating is sure to put a smile on your face.



10 Reasons Why Judo Is Great for Kids

1. SELF-DEFENSE:

The first reason why most people practice martial art is for self-defense. Not only will the martial arts teach you the techniques to defend yourself, but also the way to think about defending yourself. They also help you build up the reflexes you need if you're ever in a difficulty, and give you the confidence to fight back.

2. BELTS AND RANKING:

Belts are a great way to help children track their progress and motivate them to strive higher. Belts and ranking may help build the child confidence and their desire to succeed. For this purpose, most Martial Arts styles use a system of Colored belts to indicate the knowledge and skill levels of their practitioners. In many cases, the first belt promotion can be attained in few weeks and when children obtain that first belt, it shows them that with the right motivation, they can succeed. One belt is always not enough, once a child passes one belt test he or she is already thinking about the next one.

3. SELF-CONFIDENCE:

As children become more skillful in their selected style of martial arts, their confidence gets increased significantly. They become more selfassured and confident. The Sensei's (teachers) encourage their students a lot to help them achieve this goal.

4. EXERCISE:

The classical martial arts class will often be comprised of warm-up calisthenics, teaching and practicing of moves and possibly some sparring. The warm up and practice include the bulk of the time, and for that time your child will be constantly on the go – stretching, crunches, punches and kicks. The workout each child gets will not only assist in the natural development of his/her muscles but also help them build stronger cardio systems.

5. EMPHASIS ON INDIVIDUAL ACHIEVEMENT:

In the martial arts, each child's success is based on his or her own individual qualities. Knowing that their own ambition and hard work will drive them to succeed, they will be motivated to follow their dreams.

Continued on page 16







> JUDO, FROM PG. 15

6. DISCIPLINE:

The core of any martial art is 'practice makes perfect' There is constant repetition in drills and practices with emphasis on details and rhythm. Kicking, punching and throwing are practiced and repeated over and over. Those practices teach them the benefits of frequent practice, and the patience to get there. All of this teaches

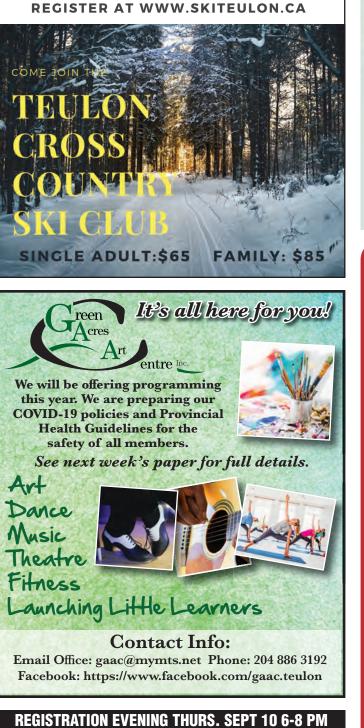
children to respect one another, their opponents and colleagues, and how to play games fair and square.

7. JUDO ISN'T ABOUT BRUTE FORCE, IT IS ABOUT CONTROL:

Judo teachers emphasize the concept of maximum efficiency. This is evident, as the root of many Judo techniques is not necessarily brute force, but using your opponents' movements and strength against him or her. While physical strength and size are important, mental strength is probably the most critical factor in competition.

8. GENDER EQUITY:

Most parents consider martial arts for their sons, not nearly as many would consider it for their daughters. However, the martial arts are one of the few sports where both boys and girls can play together. There are also tremendous international opportunities in Women's martial arts as well.



AT THE SUNOVA CURLING RINK



Soar the skies with 301 Air Cadets.

Air Cadets are for youth 12 to 19 years of age.

We offer a dynamic youth program emphasizing

on citizenship, leadership, physical fitness, and

military structure. We offer training for Gliding and Power flying and fun summer training in

locations across Canada. We parade on Thursday

nights between 6:30 and 9:30 pm at the Stonewall

Legion Hall starting 1 Oct 2020. There is no

registration fee and uniforms are provided. If you

would like more information, please call 204-

515-7418, or come on down Thursday nights and

REGISTER ONLINE

www.cadets.ca > Join the Cadets > Submit Application

or in-person starting 1 Oct 2020 at the Stonewall Legion

Public Health Measures in place, non-medical masks required.

check us out.

your son's yellow belt will be for him. It also gives brothers and sisters an

opportunity to practice together and learn from one another as well. 9. RESPECT FOR STRENGTH: The first thing parents think about when they send their kids to martial arts class is: "Is my child going to use

this to hurt others?" Although this is a legitimate concern, it is always addressed early by instructors who remind students that the techniques they learn in the dojo stay in the dojo except in self-defense, and shouldn't be used to intimidate people.

Your daughter's yellow belt will not

be any easier for her to attain than

As children learn the ropes, they will learn to respect their newfound strength and techniques.

10. COMPETITION:

Similarly to team sports, Judo is all about competition. The latter is great for kids to test their skills and show their progress.. Each Judo tournament is a fresh start, and it is seldom that you get only one match even in the Olympics where there is a singleelimination for the Gold and Silver medals, there is a second-chance round for those who have lost their first matches for them to be able to win a Bronze.

Warren Power Skating

5:00-5:45 - Learn to Skate (ages 3-5) 5:45-6:30 - Level 1 (ages 5 & 6) 6:30-7:15 - Level 2 (ages 7 & 8) 7:15-8:00 - Level 3 (ages 9 & 10) (ages are a guideline, skaters will be evaluated at first class) Wednesday Evenings



Oct. 14 - March 10 \$300 for (20 classes) (45 minute classes) REGISTRATION

Thursday, Sept 10 6-8 pm at the **Stonewall Sunova Curling Club** or call Tara-Lee 204-383-5262 or email tara-lee@mymts.net Sticks and helmets with a mask are mandatory for this program

TO BE A PART OF THE REGISTRATION SECTION **SEPTEMBER 3, 2020 CALL THE TRIBUNE 204-467-5836**



Leo's Sales and Service celebrates 80 years

By Jennifer McFee

A homegrown business is celebrating a milestone anniversary this year. Leo's Sales and Service is 80 years old this year, and the third-generation enterprise is still going strong.

In 1940, Leo Grandmont launched the business in Argyle. Over time, he passed the business down to his three sons Gerald, George and Philip.

Now Jena Grandmont represents the third generation of the family business, along with her brother Josh and cousin Patrick. It's too soon to tell if the business will continue into the fourth generation, since the kids are still young.

"Our grandpa Leo Grandmont was a blacksmith and he farmed himself. He started making some small implements and selling those ag-related items in Argyle," she said.

"It eventually evolved into this bigger business and now we're the third generation involved."

For 10 years, Grandmont travelled north up Highway 6 for her sales territory, which was the same area that her grandpa travelled on his original business route. Today, the company is located on the Perimeter Highway at Sturgeon Road.

"When we were in Argyle, that was our only territory. We expanded when we moved the dealership in 1989 from Argyle to where we are now," she said.

"But my grandpa travelled that original territory. When I started my outside sales role, every second day I heard a story about my grandpa when he used to call on those same people that I was now calling on."

The Grandmont family had planned a day filled with festivities for their 80th anniversary, but these celebrations have been derailed by COV-ID-19.

"The original event was going to be an outdoor come-and-go with a ride and drive happening on the yard, different new equipment on display, and Case IH specialists doing static displays and walk-arounds. I was going to have a bouncy castle for kids, an all-day barbecue, and parts specials," Grandmont said.

"It's something that we don't traditionally do. I wanted to make it special and remind customers that we're here for the long haul. We're here because of what we've been doing over the last 80 years and because of the ongoing support from our customers."

Looking ahead, Grandmont said it will be rare to celebrate 80 years of a local ag dealer, as family-owned stores have been swallowed up by companies across Western Canada —



Leo Grandmont in the original shop in Argyle.



Philip, Gerald and George Grandmont announce the relocating of the business to the Perimeter Highway at Sturgeon Road.

which results in losing that family history and connection to the customers and the community.

"I'm here to tell you we're here to stay, and we're still doing the same thing we've been doing for the past 80 years," she said.

"We're not reinventing anything here — we're just treating our customers the way we'd want to be treated and helping support them in their livelihood."

For more information, visit www. leoscaseih.com, call 204-694-4978 or follow Leo's Sales and Service on Facebook and Instagram.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Leo's Sales & Service continues 80 years later to be owned and operated by the Grandmont family. Left to right: Philip, Patrick, George, Jena, Gerald and Josh Grandmont.



Leo Grandmont launched the business in 1940 in Argyle.



Top sales awards from 1970, left to right, Doc Krychuk, Philip Grandmont, Randy Ritchie, Leo Grandmont, George Grandmont and Bill Ritchie.



Elmwood ends Interlake Blue Jays' season

By Brian Bowman

For the second consecutive year, the Elmwood Giants have ended the Interlake Blue Jays' season.

The Giants defeated the Blue Jays 14-2 in Game 3 of their best-of-three Manitoba Junior Baseball League semifinal series last Wednesday.

The game, though, was closer than the score would indicate.

"It really didn't dictate how the game went," said Blue Jays' head coach Adam Kirk. "We had an injury in the second inning with our starting pitcher so that kind of put us in scramble mode and we had to put some guys on the mound that weren't scheduled to pitch and they took advantage of that."

Elmwood third baseman Kevin Burnett, an East Selkirk product, smacked a home run to left field to highlight a five-run second inning.

The Giants' Dawson Tanner's threerun homer in the sixth ended the game due to the 10-run mercy rule.

The Blue Jays pitchers in the game were Brandon LaFournaise, Ryan Wasilewski and Noah Cnockaert-

Ducharme.

Elmwood opened the series with a 12-1 victory at Koskie Field.

Interlake evened the series at a win apiece after outscoring Elmwood 10-7 on Aug. 18 in Stonewall.

"They started a guy that we hit well all year and saw really well and we took advantage of it," Kirk said.

Giants' starting pitcher Nick Doig surrendered seven runs in the bottom of the first inning, allowing three hits and three walks while hitting a couple of batters.

Ben Anderson had a great offensive game for the Blue Jays with a pair of singles, a double, and three RBIs.

Interlake right-hander Cole Olfert pitched 6 1/3 innings for the win.

The Blue Jays will lose three players Cnockaert-Ducharme, Anderson and Jeremy Wasilewski - from this year's team due to aging out of junior.

"We're going to have a good, solid core back next year," Kirk said."Benny is our everyday centre fielder and he catches absolutely everything. He hit pretty well, too. Noah is our second baseman and our leadoff guy and Jer-



TRIBUNE PHOTO BY JOHN WOODS/WINNIPEG FREE PRESS Interlake Blue Jays' Noah Cnockaert-Ducharme tags out the Elmwood Ciants' Justin Scott as he attempts to steal second in Came 2 of the Manitoba Junior Baseball League playoffs in Stonewall last week.

emy is our catcher. We're losing three can do the job and can do just as much pretty solid guys that we're going to if not more." have a hard time replacing and hopefully we get some young guys in that



St. James downs Stonewall in WSBL playoff series

By Brian Bowman

The Stonewall Blue Javs' playoff run was a very short one this year.

Stonewall was swept by the St. James A's in their Winnipeg Senior Baseball League first-round playoff series.

"St. James kind of had our number all vear," said the Blue Jays' Adam Kirk."I think we only beat them once." St. James ended Stonewall's season after a 7-2 victory last Wednesday at

Ouarry Park. The A's opened the series with a 14-2

win at Optimist Park.

"We really didn't hit well in the first game and got behind the 8-ball in both

games pretty quick," Kirk said. "It's tough to play baseball when you're behind all of the time. We didn't have the success that we wanted, so what can you do?"

In the other WSBL "A" Pool semifinal series, the St. Boniface Legionaires swept the Elmwood Giants 2-0 in their best-of-three series.

St. Boniface won games by scores of 3-1 and 10-8.

St. James will host St. Boniface in Game 1 of their best-of-five final series on Wednesday. First pitch is 7:30 p.m.

TRIBUNE PHOTO BY LANA MEIER

Stonewall Blue Jays' catcher Brady Kulyk has a close play at the plate against the St. James A's during their WSBL playoff series last week.



Stonewall United win third-straight game

Staff

The Stonewall United's winning ways continued last Thursday evening.

Stonewall won its third-straight game after a solid 4-1 home victory over Southside FC in Manitoba Major Soccer League 5th Division action.

Kevin Capek, Aiden Erickson, Chris Wiebe and Lucas Yarduk scored for the winners. Matthew Labdon replied for Southside FC. Stonewall, now 3-3, visited Landmark FC this past Tuesday but no score was available at press time. The United will play Southside FC again this Friday at the Ralph Cantafio Soccer Complex. Game time is 9:15 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER Stonewall United's Aiden Erickson scores a beautiful goal to lift Stonewall United to a solid 4-1 home victory over Southside FC during MMSL 5th Division action last

Argyle's Tataryn wins 18U 'AAA' baseball title



PHOTO SUBMITTED

Pembina Hills, whose team includes Argyle's Brett Tataryn, defeated Carillon 5-2 in the 18U 'AAA' league final on Sunday.

Staff

Pembina Hills put it all together at the most important time of the season.

The team, which includes Argyle's Brett Tataryn, defeated the Carillon Sultans 5-2 in the U18"AAA" league final on Sunday.

On Saturday evening, Pembina Hills blasted the St. James A's 23-13 to earn a spot in the final.

Pembina Hills started the playoffs with a tight 1-0 triumph over the Bonivital Black Sox last Thursday evening but then lost 9-7 to Winnipeg South on Friday.

Pembina Hills clinched a spot in the semifinals with an 11-1 win over the Interlake Orioles.

While Pembina Hills was very special in the playoffs, that wasn't the case during the regular season as they posted a mediocre 10-7 record to place sixth in the eight-team league.

Orioles ousted in 18U baseball playoffs

By Brian Bowman

The playoffs didn't go too well for the Interlake Orioles 18U "AAA" baseball team.

Thursday.

Interlake saw its season end with three lopsided playoff losses.

The Orioles started their playoffs with a 13-3 loss to Winnipeg South last Thursday.

On Friday evening, Interlake was blanked 8-0 by the Bonivital Black Sox

The Orioles were then defeated 11-1 by eventual-league champion Pembina Hills on Saturday afternoon.

Meanwhile, the 15U Orioles lost 13-3 to the North Winnipeg Pirates last Friday in West St. Paul.

Interlake will begin its playoffs Friday at noon when they play the Brandon Marlins in Balmoral.

In 13U "AAA" action, Interlake was defeated 11-9 by the North Winnipeg

On Wednesday, the Orioles were doubled 6-3 by Winnipeg South.

Interlake was also defeated 19-3 by

Red River in East Selkirk on Aug. 18. The Orioles are scheduled to close out their regular season with three road games this week. Interlake will play the St. James A's on Wednesday, Winnipeg South Thursday, and the Brandon Marlins on Friday.

All three games will start at 6 p.m.

Bateman, Ledochowski awarded Sport Manitoba scholarships

A pair of local student-athletes were awarded scholarships from Sport Manitoba Scholarships last Wednesday.

Stonewall's Carter Bateman won the Bud Tinsley Leadership Scholarship in the amount of \$500. The University of Manitoba student had golf and hockey listed as his sports.

Bateman also received a \$500 Manitoba Foundation for Sports Scholarship. Teulon's Jacey Ledochowski was also awarded that same scholarship.

Her school is listed as Lake Region State College and her sports were basketball and softball.

Sport Manitoba awarded \$16,000 in academic scholarships to 11 high

school students, six university students and four Manitoba coaches.

The awards included the Manitoba Foundation for Sports Scholarships, Bud Tinsley Sport Leadership Scholarship, Sport Manitoba Coaching Bursaries, and Princess Royal Pan Am Scholarship.

Pirates last Thursday in Stonewall.



Phillies end 16U provincials with a tough tiebreaker loss

By Brian Bowman

The South Interlake Phillies had the unusual experience of starting a game Saturday and ending it on Sunday.

South Interlake finished its season with a tough 12-8 loss to the Winnipeg Lightning in a tiebreaker game to close out their 2020 Manitoba 16U A Provincials at Quarry Park.

The game was called with one out in the seventh inning on Saturday due to darkness. The Phillies trailed 9-0 after just two innings before mounting a major comeback.

"We dug ourselves a bit of a hole," said Phillies' head coach Ryan Fines. "We rallied and totally had them on their heels. They had to call (the game) due to darkness and that really cost us. We were coming back and there was nothing they could do. We were hitting everything, had all of the momentum, and the girls were pumped."

South Interlake started play Thursday with an impressive 11-4 victory over the Winnipeg Lightning but then suffered a 9-4 loss to Central Energy later in the day.

On Friday morning, the Phillies lost 10-3 to the Westman Magic and then South Interlake edged the Eastman Wildcats 8-7 later that afternoon.

In the evening, South Interlake lost 15-0 to Smitty's but the Phillies rebounded to defeat the Manitoba Angels 10-7 on Saturday.

Later that day, South Interlake edged the Manitoba Thunder 4-3. The Phillies finished the provincials with a modest 4-3 record.

"The girls played pretty darn good," Fines said."We took the Smitty's game off, obviously. That score looks awful but it was closer than that for four innings, five innings, I think, and then they had one massive inning where we couldn't get outs."

"The 4-3 record, I was impressed and proud of our girls for that."

On an individual note, Brooke Wadge had a great offensive day Saturday with two homers against East-



Grace Fines hit .650 with eight stolen bases.

man and another versus the Thunder while banging out three more hits against the Lightning.

Grace Fines hit .650 with eight stolen bases while Emma McAuley led off the provincials with a home run and had two on the weekend.

Defensively, the Phillies' Sarah Shewchuk was awesome at shortstop while Maya Olson pitched 13 innings on Saturday and was outstanding all weekend, said Fines.

Central Energy won the gold medal after a 4-1 win over Smitty's on Sunday while the Westman Magic took home the bronze.

Overall, Fines was very pleased with how much the Phillies improved over the course of the season. South Interlake took their lumps against some teams early in the season, he said, but stayed together and was able to beat those squads at provincials.

"They had some really disrespectful things happen to them by other teams," Fines noted. "Running up scores and really unsportsmanlike stuff. It really made me mad and I think at the end they got a little an-



TRIBUNE PHOTOS BY LANA MEIER

Phillies' first baseman Brooke Wadge gets the out against Central Energy's Natasha Driedger.

gry, too. They did a ton of extra work and I thought they were fantastic this weekend."

Stonewall also did a fantastic job hosting provincial tournaments in consecutive weekends. Provincial organizers received some great support from the business community.

"We had tons of compliments and our volunteer group was good and the workers were really good," Fines said."It was extra work for them to get (the diamonds) ready. I reached out to some people in the community and most people were absolutely, let us know what we can do."

Meanwhile, the U12 Phillies finished with a 3-4 record at their provincials earlier this month.

South Interlake started play with losses to the Lightning (6-0), Central (6-5 in an extra inning) and Westman (10-5) before defeating Eastman 8-5.

After a tough 3-2 loss to Smitty's, the Phillies bounced back nicely to beat



Maya Olson pitched outstanding all weekend.

the Angels 9-8 and the Thunder 9-2.

Hockey Manitoba: No tournaments before Nov. 1

Staff

Hockey Manitoba has made the decision that no sanctioned tournaments or events will be allowed before Nov. 1.

Hockey Manitoba, the governing body for all of

the minor hockey in the province, made the decision on the advice of the provincial government.

That means the U15 AAA male and female Showcase events will not take place from Oct. 2 to 4. The events had not been rescheduled by press time. Hockey Manitoba previously had announced through it's Return to Play plan that travel permit applications will not be accepted for out-of-province travel until Oct. 15 and will only be granted for travel after Nov. 1.

MJHL regular season to begin Oct. 9

From the MJHL website

The Manitoba Junior Hockey League announced that the 2020-21 regular season will begin on Oct. 9.

Since early June, the MJHL has worked diligently with Hockey Canada, Hockey Manitoba, Sport Manitoba and Manitoba Public Health Authorities to develop very comprehensive Return to Play Guidelines to ensure that our players, fans, staff and communities can return to hockey in a safe, structured and responsible manner in today's new normal.

All authorities recognize the significant and important role that fitness, sport and competition plays both physically and mentally in our daily lives, specifically involving the game of hockey within the province and across our country. And as such, have remained extremely cautious and responsible in managing the approval process of returning to hockey within Manitoba.

Sport Manitoba and the provincial health authorities have done an outstanding job in leading and providing direction to each sport within our province in returning to play throughout the COVID-19 pandemic.

The provincial health authorities, with the endorsement of Sport Man-

itoba, have agreed to provide the MJHL with the appropriate delegated authority to re-introduce hockey upon approval by Hockey Manitoba. Authorities will continue to provide regular updates and the necessary guidelines that will be required. Greater responsibility will now be delegated to the MJHL and each member team as it relates to our full return to hockey.

"On behalf of the MJHL board of governors and with the support of Sport Manitoba and approval by the Hockey Manitoba board of directors, we are excited to share that MJHL Hockey will be returning to the province in October," said MJHL commissioner Kevin Saurette. "We believe our thoroughly provincially vetted MJHL Return to Play - Phase II Guidelines will provide the MJHL, all member teams, players, staff, officials, volunteers, stakeholders, fans and communities with the best position to return to and enjoy hockey in a safe, structured and responsible manner in accordance with all necessary public health and facility guidelines.

"The league and member teams also understand the immense responsibility we have been provided as we move forward with the 2020-21 season."

MJHL main camps will begin on in any MJHL facility during league Sept. 18 with no more than 34 players in attendance. Teams will play no more than three exhibition games. Games involving out-of-province teams are not permitted.

The 2020-21 season schedule will be significantly modified to mitigate risk of spread or potential contact between multiple teams and to allow for minimal disruption of the schedule in the event of a positive COVID-19 case. A full schedule announcement will be made in the coming weeks.

Any upcoming camps held by teams that are not main camps (prospect camps, development camps, etc.) are to be hosted before Sept. 18 and are to follow the MJHL Return to Play -Phase 1 which have been in place since June 26. Full contact is not permitted during these camps.

Players/staff and officials are required to wear face masks while entering/exiting and within the arena for MJHL sanctioned activities while not on the ice.

Players/staff are required to wear face masks while traveling to and from games (on the bus, entering/exiting restaurants and hotels, etc.)

Members of the public are strongly encouraged to wear face masks while

activity while following all necessary distancing and facility guidelines.

The MJHL RTP – Phase II guidelines will remain fluid and flexible to accommodate the necessary response to advice from public health authorities.

As is the case for everyone throughout the province and beyond, these past months during the COVID-19 pandemic have placed significant financial stress on each MIHL team and community. Additional stress will be felt as each organization prepares for what will be required for the upcoming season to ensure we return to hockey in a safe, structured and responsible manner.

Each organization is to be commended for their absolute commitment to providing elite development opportunities both on and off the ice in the face of these financial challenges with the health and safety of all involved always being the number one priority. Teams will need and deserve all the support they can be afforded during this time as we return to the game we all love.

Please stay tuned for further exciting announcements in the coming weeks.

Return to Ringette - Phase 3 approved

Submitted by Ringette Manitoba

Ringette Manitoba announced to its members that the Province of Manitoba has approved Phase 3 of the Return to Ringette (RTR) Activity in Manitoba - Version 1.

The approval of Phase 3 will allow sanctioned programs to safely resume, following the protocols set by Ringette Manitoba beginning Sept. 1.



We are looking for interested billet families as we have interest from out of province and non local players wanting to join our program. Incentives provided.

TIMEKEEPER/GOAL JUDGES/VOICE OF THE JETS

Looking for Game Day assistance including a timekeeper and voice of the Jets/Music, goal judges, and people to run the gate.

For more information please contact President Dale McClintock at 204-791-7675.

This means that our members will be able to resume on-ice programs as of Sept. 1 subject to compliance with current health and safety standards in Manitoba and Ringette Manitoba's Return to Ringette plan.

Ringette Manitoba continues to work closely with Ringette Canada, Sport Manitoba, and the Province of Manitoba and we look forward to announcing the approval for Phase 4 of the RTR plan in the near future.

The Return to Ringette Plan has five phases: Phase 1 (March 12) - Suspensions of all Ringette Manitoba activities and events

Phase 2 (began June 1) – online meetings, all in-person activities continue to be non-sanctioned, must maintain 6 feet of distance between all participants

Phase 3 (approved Aug. 19 and will begin with sanctioned activity starting on Sept. 1) - sanctioned on-ice skill development (no checking), drills, team tactics, online clinics, limited regional travel (no carpooling)

Phase 4 (subject to approval from the Province of Manitoba) - games (pods and squads), modified rules game play, limited travel (carpooling permitted)

Phase 5 (subject to approval from the Province of Manitoba) - regular-season competition, Come Try Events, tournaments, provincial travel

Ringette Manitoba remains committed to providing resources and assistance to all our local associations as they begin to navigate their return to the ice. Members are encouraged to contact their local associations for registration information.

Ringette Manitoba has striven to be a leader in developing a Return to Ringette Plan that seeks to get people participating in sport and recreation in the safest possible manner during this pandemic. With the extremely positive feedback we have received from Sport Manitoba regarding our RTR plan, we would like to express our deepest thanks to everyone who came together to help create the plan and our executive director Lainie Wintrup, who spearheaded the creation of our plan.

Ringette Manitoba is a valued member of the ringette community in Canada. As a subsidiary of Ringette Canada, our community is guided by the values of respect, integrity, fairness, excellence and teamwork and prioritizes the health and well-being of all our members.

For more information, please visit www.ringettemanitoba.ca/return-to-ringette.

Questions can be directed to Alex Menard at publicity@ringettemanitoba.ca.



67. Locks in again

70. Come into view

CLUES DOWN

1. Speak rapidly

2. Trauma center

69. Sounds the same

55. Late TNT sportscaster

59. Cold, dry Swiss wind

62. Hockey players need it

63. Something highly prized

57. A way to wedge

66. Atomic #45

68. Top lawyer

studio

sports

. Unhappy

Scripture

26. An enthusiastic devotee of

30. Alternate term for Holy

24. Sets free

means of getting your message out to the widest possible audience

96

2

8 1 9

6

9

Sudoku Answer

4 5 1 8

3

S

8

Crossword Answer

Z 9

4 5

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merchants teaches your children the importance of communitv

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ACREAGE/MECHANIC AUCTION BILL SMEDTS **Bidding Closes Tues** Sept 15th @ 8 PM

St Andrews, MB Hwy #67 #1131 (Fort Garry Rd) Contact # (204) 461-4377 06 Kubota B2630 Dsl MFWA 3PH w Kubota LA 403 FEL Low Hours – 284 * Buhler Farm King 3PH 60" Rotovator * Wallenstein 3PH PTO Drive Chipper * Craftsman LT4000 12.5 HP 42" Rid-ing Mower * Clipper 17.5' Fiberglass Canoe w Kevlar * JD 520 Snowblower * Roto Tiller * 10 Ton 5 HP Trailer Hyd Wood Splitter * Snap On 2 Post Clear Floor Hoist 9000LB * 5 HP 60 Ga Upright Air Comp * Comm Brake/Disc/Drum Lathe * Hydraulic Press * Snap Or ool Cabinet * Metal Brake Husqvarna 445 Chainsaw Professional Tools- Snap On* Specialty -Power, Air & Hand Tools * Vintage Garage Signs * Along w More Acreage Items * Building Supply * Livestock Kits * Vard Items* Yard Items'

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AUCTION SALE For Larry Letourneau #1 North Drive, Steep Rock, MB Saturday, August 29, 2020 at 11:00 a.m.

Machinery & Equipment: J.D. 970 AWD Tractor w/420 Loader, 551 hrs, front wheel assist, roll bar, bumper; Farm King 5ft Snowblower; J.D. 5ft Finishing mower; Farm King 6ft, 3 pth Blade; Farm King 7ft, 3 pth Cultivator; SA60 Inland 5ft Snowblower w/3pth.

Also included in the sale: Sporting Equipment, Shop & Tools, Yard & Miscellarneous, a few Household & Antiques and Fireams.

Full listing at: www.globalauctionguide.com or check out our Facebook page.

Auctioneer's Note: In order to comply with the COVID-19 crowd size limit and allow serious buyers only, an onsite bidding registration of \$10.00 (refunded with purchase) will be charged to each registered bidder (no family passes) Anyone entering the selling area must present their registration card to staff to be admitted into this area.

- Social distancing rules will be in place • Selling area will be restricted to a
- maximum of 100 persons at any time (includes staff) No minors allowed Proxy Bids can be called into Buddy.

Viewing will be Thurs & Fri (27 & 28 Aug) from 10:00 a.m. - 4:00 p.m. For more info: Call Buddy

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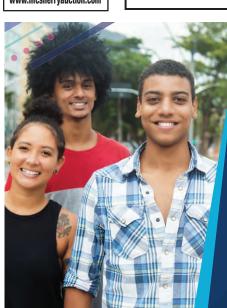
Cash/Cheque or Debit/Credit/E-transfer Neither the Owner nor Auctioneer is responsible for errors in description or condition. Sale listing is subject to additions or deletions and any comments made the day of the sale with respect to sale items takes precedence over previously reported listing. We are not responsible for accidents Items are sold "AS IS - WHERE IS

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Woodlands, MB North 518, 3 Miles Then East on Rd 85N, 1 ¾ Miles #7046 Contact # (204) 404-0431 o Be Moved – 30' x 25' 768 Sq Ft 4 Season Cabin- 2 BR Bath, Elec Heat, 1970's But Many Upgrades to In terior & Exterior In 2007 (Needs a Starting Bid of \$20,000.00) To Be Moved at Purchaser's Expense * JD 2750 Dsl MFWA Cab 3PH 5143 Hrs * 2016 Wilson Gooseneck 24' Tandem 7000LB x 2 Alum Stock Trailer * 2016 Red Rhino Gooseneck Tandem – Single Row Round Bale Auto Un-load Trailer * MF 135 Dsl 3PH Hyd Showing 3640 Hrs * 3PH 5' Rotary Mower * Gravity Hopper Trailer Silver Lake Mfg Trailer Hydraulic Post Pounder New Raw Hide Large Por table Corral Gooseneck-1 Person Set Up Elec/Hyd W Loading Chute* 2) 20 Steel Shipping Containers * EZE- Feeder 70 3PH 70 Bushel Bunk Feeder* Ma-ternity Pen * Arrow Cattle Quip Portable Squeeze Cute, * Huae Alley, Tub System Amount of Livestock Equip - All 4 Years Old or Newer! 41) 30 Combo 5 Bar Wind Break Self Standing Panels * 48) 30' 5 Bar Self Stand-

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Wally R. Melnyk, CAO Town of Stonewall

SIDDAWAII



MAGELLAN AEROSPACE has an opportunity at our ROCKWOOD PROPELLANT PLANT near Stony Mountain for a part-time (20 hrs/wk) PHYSICAL PLANT OPERATOR (12 month fixed term to start)

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- Act as contact for internal radio communication & emergency response situations
- Maintain key & radio control
- Maintain various records incl. gas usage, visitor & employee location within plant, overtime authorization, equipment loan, environmental & facility conditions, & timekeeping Act as relief switchboard operator during regular hours & answer calls during off hours

Qualifications:

- Class 5 Province of MB Power Engineering Certificate is a strong asset
- Basic training in security through the Protective Officers Association Program or equivalent • Extensive knowledge of plant facilities, equipment & production activities. Fair
- understanding of plant maintenance is an asset
- Knowledge of policy & work instructions related to plant operations/security, & judgment in exercising granted discretions
- Strong interpersonal skills allowing to effectively work with plant staff & general public
- Capacity to quickly address & resolve unexpected developments/disruptions
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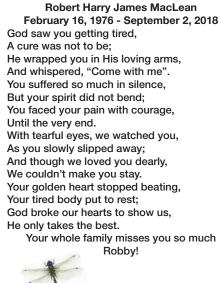
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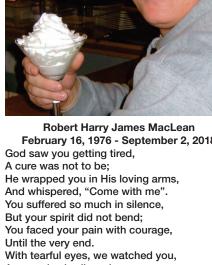
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