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VOLUME 9 EDITION 31

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Historic celebration

Eleanor Proctor cuts a piece of cake at the official unveiling of the new log house at the Woodlands Pioneer Museum on July 28. See full story on pg. 2.

TRIBUNE PHOTO BY CAITLYN GOWRILUK

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Woodlands museum unveils new replica log house

By Caitlyn Gowriluk

The Woodlands Pioneer Museum officially opened its newly built log house on Saturday.

The new building is a replica of the original pioneer log house that once stood on the site. After years of deterioration, the structure was no longer safe for people to be inside, which led the museum to begin creating a replica version of the original log house, said museum president Lorelee Proctor.

Building the new log house also gave the museum board the opportunity to create some new displays to help visitors connect with the story of the Coupe pioneer family who lived in the original log house, said Proctor. Now, the door from the original house is on display on one of the main walls inside the house, as are pages from Coupe family diaries that allow museum visitors to get a sense of what the family's day-to-day lives were like, she said.

"They have honoured the family in such a caring and respectful way," said Proctor. "It's hard for me to find words to express my respects for what they have endeavoured to do."

While with a population of about 250 people, Woodlands is a particularly small community, it's still important for people to be able to learn about the town's — and often, their own — history, said Proctor.

"Any small town is somebody's hometown," said Proctor. "Having a museum that our local school kids can come in and visit and connect to their own families in some cases, I think that's very valuable."



Woodlands Pioneer Museum president Lorelee Proctor's son Chris, left, and grandson Kit, right, listen as Proctor makes a speech to commemorate the grand opening of the museum's replica log house.

Proctor said she hopes the museum continues to connect with its community like it has been doing since its board was first developed nearly 50 years ago.

"Just a small little group of people got together to do that," said Proctor. "And I think it's important that we continue that sort of on behalf of them ... to honour the work of the initial people that had the vision."

The Woodlands Pioneer Museum is located at 99 Railway Ave. in Woodlands.



TRIBUNE PHOTOS BY CAITLYN GOWRILUK
The Woodlands Pioneer Museum board — including founding board member Eleanor Proctor (front left) — stands in front of the newly reconstructed Coupe family log house at the museum's ribbon-cutting event on July 28.



Eleanor Proctor cuts a burlap ribbon to mark the official unveiling of the new log house.



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Integrity Auto in Teulon under new ownership

By Caitlyn Gowriluk

As of this month, Integrity Auto in Teulon is under new ownership.

While owner Chris Normand had been working at the auto repair shop as a technician for five years, the transition was one decades in the making: growing up, Normand said, his family owned another auto repair shop.

"I've been doing this my entire life," said Normand.

After previous owners Dave and Julie Leduchowski decided they were getting ready to retire, Normand said he saw it as the perfect opportunity to get more involved in the community.

"It's a nice, easygoing place," said Normand. "You get to work with all sorts of different people, [and] see all sorts of different problems. People are real nice out here."

While the cars are what drew him to the work, it's the tight-knit community that makes the experience meaningful, said Normand.

"It's nice and small," said Normand. "You get to know everybody. You get to know your customers' faces when they walk in, and their vehicles."

Integrity Auto is located at 270 5 Ave. SE in Teulon.



TRIBUNE PHOTOS BY CAITLYN GOWRILUK
Chris Normand works on a trailer tire.



Integrity Auto owner Chris Normand and wife Brittany Normand stand in front of the auto repair shop in Teulon on July 20.

Local athlete takes on fitness challenge in support of Lake Winnipeg

A 70th birthday to remember

Submitted

John Sawchuk is swimming, cycling and running his way to his 70th birthday to draw attention to the health and fitness of people, and the health and fitness of Lake Winnipeg.

Sawchuk's goal is to complete 777 kilometres of swimming, biking and running in just 28 days, beginning on July 26 and ending on Aug. 21, his birthday. He is also using his challenge to raise funds for the Lake Winnipeg Foundation (LWF).

Sawchuk lives in Winnipeg and cottages at Wanasing Beach.

"My dad built the cabin that my wife and I now own. Our summers have been spent swimming, sailing, boating, water-skiing, fishing and just enjoying the beach. Our children, grandchildren, relatives and friends have also enjoyed cottage life there. However, the health and fitness of Lake Winnipeg has declined significantly over the years, and will continue to do so unless changes are made," he said.

"In tackling my endurance challenge, I hope that others reflect on their own health and fitness and what can be done to maintain and improve it. I also want to increase the awareness of the condition of our Lake Winnipeg, and what can be done to help its health and fitness."

Sawchuk has been physically active his entire life. In the late 1980s, he began running marathons and in 2005 he completed his first triathlon. He has since participated in approximately 40 triathlons, including the 2014 International Triathlon Union World Championships in Edmonton.

The Purejohn70 Challenge will consist of four-day segments each totaling 111 kilometres, repeated seven times as follows:



TRIBUNE PHOTO SUBMITTED
John Sawchuk will swim, cycle and run his way to his 70th birthday in support of Lake Winnipeg.

- Day 1: Swim 1 km
- Day 2: Cycle 100 km
- Day 3: Run 10 km
- Day 4: Rest

"John's challenge is a fitting tribute to Lake Winnipeg," says Alexis Kanu, LWF's executive director. "Meaningful change requires sustained com-



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Continued on page 9

St. Laurent fish packing plant looking forward to final approval

By Jeff Ward

After a year of adapting their plan and strategy, Wildnorth Fisheries Limited is one step closer to being able to pack and sell some of the best freshwater caught fish in the world.

Wildnorth Fisheries Limited director Eva Luk explained that she and her company did a lot of work to reconfigure and reimagine their business plan from what it was just a year ago.

Back then, the plan was to operate a fish processing plant and take in a few different varieties of fish. Now that strategy has been streamlined and a smaller approach is being taken.

The plant will use the attached garage at the Lakeview Garden Restaurant as a fish packing plant and will only accept jackfish in round form to begin with. Luk explained that she and her company have always deeply valued the input from fishers and the community of St. Laurent. They want to take their concerns into consideration and create a "beehive of activity" around their business.

At the July 18 regular meeting, St. Laurent council voted in favour of a conditional use application that would allow the company to retrofit the attached garage from the Lakeview Garden Restaurant as a fish packing plant.

"We had to do some course corrections and change course pretty quickly," said Luk. "Having my partners from overseas involved, we quickly decided that it's wiser to start small because we don't want to bite off more than we can chew right now. And I think starting small is a wise decision. We want the community to be comfortable with us."

Luk said that she's seen the opportunity here for a decade and for her it's about selling the best quality

freshwater fish to the world market. They're using this small beginning as a building block to something bigger. Luk still sees processing in their future, but wants to have a methodical approach to getting there.

Luk explained that their company is currently waiting to hear back from Manitoba Infrastructure, who had concerns about the business's potential impact on the traffic on Highway 6. Once they hear back, if the green light is given, they will begin retrofitting the garage to suit their needs.

Luk said that staffing would be anywhere from three to five employees during the winter season and that they would like to hire locally.

"At the very minimum, it will be full time for the winter fishing season, which runs from November to March, which we want to take advantage of."

Staff will be in charge of weighing fish on electronic scales, recording the weights and loading the fish into totes ready for transport.

Another benefit to fishers is that the packing facility will accept their fish in round, which means that fishers will not have to go through the process of dressing the fish. Straight from their nets and into the facility means that fishers will be able to shave many hours from

their daily work duties. Luk explained the decision to accept round jackfish was easy to come to.

"We eat everything. We eat the head and the tail. We have to produce what the customers want and the customers want the head on."

Wildnorth Fisheries Limited are geared towards what the consumers want, Luk explained. They plan to sell Lake Manitoba caught fish in Manitoba, the U.S.A. and China.

Luk said if everything goes well, they will be open for packing in time for the Winter fishing season in November.

"AT THE VERY MINIMUM, IT WILL BE FULL TIME FOR THE WINTER FISHING SEASON, WHICH RUNS FROM NOVEMBER TO MARCH, WHICH WE WANT TO TAKE ADVANTAGE OF."



TRIBUNE PHOTO BY JEFF WARD

The Lakeview Garden Restaurant's attached garage will soon be retrofitted to become a fish packing plant operated by Wildnorth Fisheries Limited.

worship *with us* > FAITH

Halftime thinking



The most meaningless statistic in a game is the score at halftime. Many players quit and lose the game because they beat themselves in their thinking at halftime. They say, "It can't be done, we are too far behind, or we have never won before." Yet other players win the game because the word "can't" and "never" is not in their vocabulary. As long as you are in the game the game is not over.

Glenn Cunningham was burned so severely in a school fire that doctors said he'd never walk again, but in 1934 set a world record by running a mile in 4.068 minutes. Itzhak Perlman, born to parents who survived a Nazi concentration camp, contracted polio at four years old, but became one of the world's great concert violinists. Albert Einstein, as a small child, was called a slow learner and even retarded. Yet he went on to become one of the world's greatest scientists that ever lived.

What does your halftime look like? Does the game of life feel over or has it just begun? Maybe you are at halftime and in a crunch with your finances, marriage, school and work. No matter what your halftime is like, you need that halftime pep rally to motivate you to keep going. Jesus said, "In this world you will have trouble. But take heart! I have overcome the world" (John 16:33). If you are to beat the odds in life, it will be done through Jesus who beat all odds. The Apostle Paul found this to be true as he proclaimed, "I can do everything through Christ, who gives me strength" (Philippians 4:13).

And so whether you are a worn-out business person, an overloaded housewife, a near-to-burnout Christian worker, a tired-out job seeker, or an exhausted care-giver, my prayer is that you will find hope in the eternal strength for your life — the Lord Jesus Christ. And so keep going, don't quit, but "press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling [you]" (Philippians 3:14).

Dr. John Harrison
Chair of the Stonewall Ministerial
Pastor of Spiritual Development
New Life Church
Website: www.newlifestonewall.com

Stonewall Teulon
Tribune

What's *your* story?
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RCMP remind boaters it's never OK to be impaired on the water

Submitted by Canadian Safe Boating

While drinking and boating accounts for approximately 40 per cent of boating-related fatalities on Canadian waterways, in Manitoba the number is 64 per cent.

In 2018, the Canadian Safe Boating Council along with our enforcement and Search & Rescue agencies are also concerned about the potential impact of legalization of recreational marijuana and the increase in use and abuse of prescription narcotics on boating incidents and fatalities.

To raise awareness and reduce impairment-related deaths, the Canadian Safe Boating Council (CSBC) is launching Year 6 of an initiative called Operation Dry Water. Its goal is to stress the importance of Boating Sober.

With the summer boating season in high gear, the Aug. 4-6 long weekend is the perfect time to remind Canadian boaters about the risks of impaired boating. Combined with sun, wind, waves and the rocking motion of the boat, the effects of alcohol and drugs

on the water can be greatly increased.

"Each year I look at the new drowning reports, a common trend appears. Boating is a significant contributor to drownings, and the majority had alcohol as a factor in those deaths," said Kevin Tordiffe, Lifesaving Society's Manitoba branch acting CEO. "Please, this year let's all make an effort to reduce these numbers — boat sober, wear a lifejacket and maybe this year, if you see someone boating and drinking, don't stay silent."

"Summer is all about having fun, and being out on the water is one great way to do that," said Staff Sgt. Bob Chabot of the Manitoba RCMP.

"However, that fun can come to a crashing halt if someone gets seriously injured or dies because of a decision to boat while impaired. The RCMP will be out on the water during Operation Dry Water to help keep it safe, which will keep it fun."

"The CSBC, its partners and sponsors would like, through this and our

Continued on page 8



TRIBUNE PHOTO SUBMITTED

The Canadian Safe Boating Council's Operation Dry Water launches this Saturday, Aug. 4. RCMP check three people on a Jet Ski on the Red River while members of the Winnipeg Police Service look on.

Rockwood passes third reading for rural retreats and events

Rockwood council news in brief

By Jennifer McFee

Rockwood residents now have the ability to apply for conditional use to host rural retreats and events on their properties.

At a special meeting, held during the committee of the whole meeting on July 25, Rockwood council passed third reading to amend its zoning by-law to add rural retreats and events.

The amendment also includes a definition of rural retreats and events as "a private establishment in a rural setting which may include buildings and structures, food service and visitor lodging accommodations, that primarily delivers spiritual, cultural and/or physical well-being programmes such as yoga retreats or music festivals and the like."

Conditional use applications will

need to include information about items such as the site plan, security, liability insurance and hours of operation.

The applications will be reviewed by the provincial department responsible for agriculture. If the site is near a provincial road, the application will also be reviewed by the provincial department responsible for it.

If the conditional use application is approved, the applicant would need to enter into a development agreement with the RM of Rockwood to cover matters such as parking, traffic flow, sound and sight mitigation, among other criteria.

In other council news:

- Martin and Heather Lepine requested a variance to allow for the placement of an above-ground swim-

ming pool on their property in Stony Mountain. The minimum rear yard setback is five feet, and they asked council to vary it to two feet. Council approved the request.

- The RM of Rockwood has revamped its website. To check it out, visit www.rockwood.ca.

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Not only are fields of sunflowers a photographer's dream, the unique growing conditions in the southern regions of Manitoba make it the most productive place in Canada to grow sunflowers. The balanced fertility of the soil and the long, dry growing season, characteristic of the region, offer an ideal growing environment. Manitoba farmers produce over 90 per cent of Canada's total sunflower crop. Typically, there are 150,000 to 200,000 acres of sunflowers a year seeded in Manitoba, resulting in 250 million pounds of sunflower seeds. All sunflower varieties grown in Manitoba are hybrids and, based on their end use, can be classified into either oil or confectionery-type sunflowers.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

Gimli MS Bike Tour Aug. 25 and 26

Dear Editor: I am so thankful for Stonewall and area residents for all their support over the years to the annual MS Bike Tour! To practise the preaching, I will be riding in MS # 17 as a personal celebration for our wonderful cancer care here in Manitoba, but more importantly, to raise funds for MS research and cure.

Canada has the highest rate of multiple sclerosis in the world, and I ask for your help again to eliminate this statistic.

Donations will fund research to find the cause, better treatments and ultimately a cure for MS. This is how donations will end Canada's disease:

Stem cell research: Now that we've seen results from the Canadian Bone Marrow Transplantation trial, the MS Society is funding research that will lead to safer stem cell treatments.

Find the first treatment for progressive MS: The MS Society is collaborating on an international level to accelerate this urgently needed result.

Discover what causes MS: Studies of genetics and vitamin D are revealing more about what may cause MS in the first place.

Improve symptom management: Through the development of tech solutions we aim to improve quality of life.

Please consider riding or supporting riders in whatever way you are able! To find out more about the MS Bike, visit msbike.ca.

Many thanks,
Ross Thompson

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letter to the editor

Letters to the Editor:
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What will mega farms do to our water?

We oppose the Lifewind Dairy Ltd. expansion from 140(280) to 360(720) animals.

While neighbours of the dairy were sent a one-page abbreviated notification of Lifewind's request, we were concerned that it contained no information upon which recipients could develop an informed opinion without doing all of the legwork to educate themselves on the possible ramifications of this expansion. Since the expansion will also affect the residents of the Town of Stony Mountain (their water supply), they should also have received the notification. Additionally, it was the one and only notification that was sent out, though I believe that this request has been in the works for at least six months.

We did some research and found that thorough studies have been conducted by Yale University and others on dairy expansions in both New Jersey and Wisconsin. Both of these states have seen small farms amalgamated and others bought outright by large corporate "super farms." Some of the statistics that have been compiled are alarming. Without our own effort, we would not know that one dairy cow:

- 1) drinks 35 gallons of water per day;
- 2) requires 15 gallons of water for the milking process; and
- 3) produces 120 lbs. of manure daily.

This raises red flags on two fronts, the first being the amount of water consumed by a herd of 360 milking cows. At 55 gallons per cow per day, the amount of water required would be just slightly less than 20,000 gallons per day. This does not take into account the water required to sustain an equal number of calves from birth to sale. That water would come directly from the same aquifer that supplies water to the Town of Stony Mountain as well as residences and small farms near Lifewind Dairy. We are concerned that with the digging of deeper wells to supply their water needs, Lifewind may very well drain our own well.

Recently the residents of the Town of Stony Mountain were encouraged to accept a proposal that would change the source of their water from a local well to a network deriving water from the Assiniboine River. The argument presented in support of this proposal was that the Stony Mountain pumping station would likely run short of water in the not to distant future. Since that pro-

posal was rejected by the residents, another mega farm (Canada Sheep and Lamb) has been granted approval to quadruple the number of their ewes to 8,000. They also support 100 rams and 4,558 lambs. It is our understanding that they will be tapping into the same aquifer that Stony Mountain residents were warned would not support their water usage. How can an already declining aquifer support the numbers of animals on these mega farms?

The second red flag is the many problems presented by the increase in the amount of manure to be handled. Typically, the manure would be stored in a lagoon until it can be spread on surrounding land but lagoons are notorious for developing leaks. The karst (limestone) soil of the Rockwood Municipality would allow lagoon breaches to pollute sur-

rounding wells including the wells of the Town of Stony Mountain, which are approximately two miles over land from Lifewind Dairy. The USDA estimates that the manure from one cow equals as much nitrogen as sewage from 25 to 50 people as well as nitrates and pathogens like E-coli and other coliforms. The RM of Rockwood is sufficiently concerned with sewage handling that, for more than 25 years, in areas of development (for instance along Sturgeon Road north of Road 75N), each new dwelling must have two septic fields to ensure that there is no seepage of sewage into the aquifer. How much greater is the risk of well contamination from the manure of 720 cattle?

The RM of Rockwood has been eagerly encouraging development of small holdings of five acres or less in the areas around and between Stony Mountain and Stonewall. To also encourage the establishment of mega farms in the same area is ridiculous.

Along with mega farms comes manure, unpleasant odours which in times of manure spreading can become insufferable, disease-spreading and nuisance flies, and the risk of contaminated or defunct wells.

With the expansion approval of one sheep farm or one dairy, a precedent is set which will encourage other mega farms to move into this area. With the location of mega farms comes the lowering of property values surrounding those farms. We don't want our property value to evaporate before our eyes nor do we wish to live with the discomfort and risks that accompany expanded farms. If the governing bodies truly want input and don't just want to tick off the box to indicate they've consulted all stakeholders, then this expansion needs further consideration and a process to educate everyone who may be affected.

Nestor and Debbie Molina

SERVICE CLUBS - Serving our Communities

Stonewall Teulon Tribune

<p>Royal Canadian Legion Branch No. 52</p> <p>Reg. Dues are \$45/year Members 70+ \$40/year</p> <p>The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. The legion meeting is the 2nd Tuesday of the month at 8 pm at Stonewall Legion Club Room.</p>	<p>South Interlake Ag Society</p> <p>Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year</p> <p>It encompasses the needs of the three municipalities that it serves – Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.</p>	<p>Teulon Women's Institute Phone 886-2216</p> <p>Fee: Nominal membership may apply</p> <p>Motto: "Home and Country"</p> <p>The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.</p>	<p> 1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca</p> <p>The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.</p>	<p>Quarry Toastmasters</p> <p>Brenda 467-5088</p> <p>We have moved. Come join us for a visit or two. Quarry Toastmasters will be at the Chicken Chef in Stonewall 7:15-8:45 pm on Tuesday night. Our group helps you with speaking in front of people, grow's confidence, how a meeting should be run. We have an agenda, slow steps to get you to do speeches. We support each other and we also have fun.</p>	<p>Kin Clubs of Stonewall Motto "Serving the Communities"</p> <p>Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships.</p> <p>Kinsmen President Chad Sheppard 204-461-2023</p> <p>Kinette President Leona Palmer 204-467-7655</p>
<p>Teulon & District Agricultural Society</p> <p>Lana Knor, President 467-0740</p> <p>The Teulon & District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon & District Ag Fair and the Annual Teulon Pumpkinfest.</p>	<p>Interlake Community Foundation, Inc. 204-467-5634 www.interlakefoundation.ca</p> <p>The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.</p>	<p>Stony Mountain Stonewall Masonic Lodge #12</p> <p>Call 204-467-2788 for Information</p> <p>Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-sectarian and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER.</p> <p>Monthly Meetings 2 B 1 ASK 1</p>	<p> Stonewall Ladies Auxiliary</p> <p>Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.</p>	<p>South Interlake Seniors Resource Council Inc. Darcy or Corinna @ 467-2719 sisrc@shaw.ca</p> <p>SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.</p>	<p>The Liliane Baron South Interlake Breast Cancer Support Group Claudette 886-2393 Joyce 467-2473</p> <p>The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring.</p> <p>The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.</p>
<p> Knights of Columbus Stonewall</p> <p>Dave Couprie 467-9548 \$40/member/year</p> <p>The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.</p>	<p>South Interlake 55+ Inc</p> <p>467-2582 www.si55plus.org \$20/member/year si55plus@mts.net</p> <p>This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.</p>	<p> Stonewall & District Lions</p> <p>Ralph Sinclair 622 Centre Avenue, Stonewall 467-9600 Motto: "We Serve"</p> <p>Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings are every 4th Wednesday of the month at 7:15 pm September thru June.</p>	<p> Independent Order of Odd Fellows Stonewall Lodge #49</p> <p>Larry O'Dell 467-8882 Ross Thompson 467-2438 www.ioofmb.ca</p> <p>Yearly nominal membership fee</p> <p>The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.</p>	<p>Stonewall & District Health Centre Ladies Auxiliary</p> <p>Marg Bond 467-8732</p> <p>The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre.</p> <p>Meetings are held the first Monday of each month at Rosewood Lodge.</p> <p>New members welcome.</p>	<p>Grosse Isle Women's Institute Phone 204-467-9376</p> <p>Motto: "Home and Country"</p> <p>The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.</p>
<p>Warren Horizons District Lions Club <i>President: Irene Tully 204-375-6522</i></p> <p>Meetings are held the first and third Wednesday of each month at the Warren Fire Hall</p> <p><i>Sept. thru June.</i></p>	<p> Warren & District Lions President Stu Bangle 204-322-5381</p> <p>"We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.</p>				
<p>Unity, Steps of Courage (AA)</p> <p>United Church, 369 1st Ave., N., Stonewall Fridays at 7:30 pm Info Call Bryce 204-430-6787</p>					

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Catching minnows with cheese cloth

Hi gang.

Shuffling through the drifts of zebra mussel shells along the shore of Grand Marais, I could see a family sitting in chairs by the water with their long fishing rods pointed to the sky. Lake Winnipeg was placid and low, very low. I noticed they had cast their baited hooks far out for deeper water.

"Hi," I called out to a chap who seemed to be the father.

His curly brown hair was streaked with white and his light-hearted manner spoke of a man at one with his surroundings. He rose from his chair, extended his hand and said, "Rory Jones. You're Arnie. How's it going?"

We shook hands as he introduced me to his fiancée, Wendy, and daughters Angela and Emily, who greeted me with warm smiles.

"Well," I said, "it would be going really great if you had a story for your fishing brothers and sisters."

I could tell he was thinking as we commenced idle conversation about playing around water when we were kids. Then his eyes lit up. He told of a time when he was about 10 years old. He and a school buddy used to go to the local store and buy loose-knit cheesecloth. They would wade into the water knee deep, holding the cloth

between them and walking forward to catch minnows for bait. Other times, when friends and family needed more minnows, they would get longer lengths of the cloth. With a number of folks holding the netting under water in the shape of a big horseshoe with the "legs" toward shore, others would walk into the water between the "legs," slapping the surface and scaring the minnows into the net. Then the net handlers would drag it to shore full of jumping minnows.

I thanked Rory for his stories and on my way home stopped at Lockport where I met Ray Lester from Winnipeg. He was bending over the guard rail reeling up a nice bass as I arrived. When I asked him if Lockport was his favorite place to fish his sense of humor kicked in as he said, "It is now!"

Last Friday I had the pleasure of meeting a couple of good sports on the Hecla village pier. The warm sun washed the smooth deck of the pier as I strode toward a guy and gal in chairs, their fishing rods in holders. I called out, "I don't see a string over the side of the pier holding some fish."

"No, nothing," returned a guy with well-developed muscles, a rugged face and grey moustache.

Soon at their side, I handed them my

card. He looked at it smiling.

"I guess you want a story. We've got one and it's kind of about fishing," he said. "I'm Rick Buffie and this is my wife Janet. We're from Selkirk."

His ready, casual way of talking made it easy to listen to him. There was something about him, though. He moved and talked like an athlete. I also couldn't help catching a familiar knowing glance he cast across the water at Black Island occasionally.

He went into their story as his wife Janet, a pleasant lady, sat by his side offering extra bits of their experience. Years ago when they were about to be married, he bought two raffle tickets for prizes at a local store in Selkirk. Rick, being a considerate fellow, made out one ticket for Janet with her soon-to-be married last name on it.

She won! They got a call to come pick up her prize of a boat, motor and trailer! That's right, hers! They were beside themselves with joy. They drove to the store and before them in the parking lot stood a beautiful new gleaming white trailer carrying a sparkling blue and white boat with a shiny black motor perched on the back of the boat.

I stood beside Rick and Janet, watching the warmth in their eyes as they went back in their minds to that won-



TRIBUNE PHOTO BY ARNIE WEIDL
Winnipegger Ray Lester with his bass catch at Lockport.

derful moment. Again, I noticed Rick looking out at Black Island with that faint smile on his face. He returned to their story, laughing as he exclaimed that for 30 years, every time he wanted to take the boat to go fishing, he had to ask Janet for permission!

I couldn't hold my curiosity back any longer. "Rick," I implored, "what is it about Black Island that seems important to you?"

"Well, you see, Arnie," he explained, "when I was a kid, I worked at the silicon plant in Selkirk and that sand came from Black Island over there. It was my job to handle these big bags for fill-up as the sand came down a chute. If you didn't pull the chute's closing trap door at the right second, you got a face full of sand dust!"

Till next week. So-long, friends.

Recipes needed for Teulon Centennial cookbook

Staff

Do you have a tried-and-true recipe that you'd love to share?

A Teulon Centennial Cookbook is in the works in preparation for the town's 100th birthday celebrations in 2019.

"We are asking local residents to submit their favourite recipes in any category or submit a recipe in the

memory of a loved one who lived in the community. Our goal is to have them submitted over the summer so that the cookbook will be printed in the fall and ready for sale for the Christmas season," said Darci Loehmer.

"We are also looking for volunteers to help type and submit the recipes. So if you have time to type one or 25

recipes, all help is appreciated."

Recipe submission forms are available at One Insurance, Teulon's town office, Kozy's Productions, Teulon Bigway and Teulon Seniors Resource.

For convenience, the organizing committee would appreciate it if people would email their recipes to teulonrecipes@gmail.com. In your email, be sure to indicate the recipe name,

your name, the ingredient list and directions, including the container size, oven temperature and cooking time. You can also include details about why the recipe is special or meaningful to your family.

Anyone who would like more information can contact Darci Loehmer at 204-461-0902 or email teulonrecipes@gmail.com.

> RCMP, FROM PG. 5

other initiatives, to raise attention to the problem of boating under the influence and to remind boaters to boat sober," stated John Gullick, chair of the Canadian Safe Boating Council.

Operation Dry Water will focus on

the potential risks of impaired boating and remedies that are currently in place to discourage it.

Federal statutes dictate that boaters can be charged with impaired operation of a vessel under the Criminal Code of Canada if they are

found to be impaired. Under current and proposed legislation, human-powered craft are not excluded from the definition of a vessel so they are subject to the same penalties. Some provinces have enacted legislation where impaired boating can affect your automobile driving privileges.

Operation Dry Water is aimed at

reducing the number of impairment-related accidents and fatalities on the water while fostering a stronger and more visible deterrent to alcohol and drug use while boating. The end goal? To achieve safer and more enjoyable recreational boating.

Red River Co-op celebrates the opening of its Stonewall store

By Caitlyn Gowriluk

The former Stonewall Marketplace grocery store recently leased by Red River Co-op celebrated its grand opening as a Red River Co-op Food Store on Saturday.

Store manager Celia Bollenbach said the store's management and staff are looking forward to continuing to grow the business in the community.

"We're just really excited for this," said Bollenbach. "We've been waiting for it and we can't wait to see where it goes."

The store has begun to see some changes since the takeover, including the opportunity for customers to use their Co-op memberships when they're buying groceries.

"We're already seeing a lot of change right now, a lot of growth," said Bollenbach.

The community event in the store's parking lot included a free lunch from

Danny's Whole Hog BBQ & Smokehouse, henna tattoos, face painting and a vintage car display from the Fabulous 50's Ford Club of Manitoba.

"Because of Red River's connection with the Red River Speedway, we brought in the classic cars," said Bollenbach. "And one of the big things with Red River is we want to stay local, so we went to Danny's Whole Hog [for the food]."

Linda Norris of the Fabulous 50's Ford Club of Manitoba — who brought her 1958 Meteor Rideau Crown Victoria car to display at the grand opening event — said while she tries to change up where she brings the car, she always enjoys coming out to Stonewall.

"I try to go to car shows that I've never been to before, because you get kind of tired of going to the same one," said Norris. "I love to come here."

The new Red River Co-op Food Store is located at 420 Main St. in Stonewall.



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Manager Celia Bollenbach cuts a slice of cake at the grand opening of the Red River Co-op Food Store in the former Marketplace location at 420 Main St. in Stonewall with staff Melissa Green, Tracy Barker and Kathy Steinthorson.



Azma Aziz creates a henna tattoo for Lorraine Smith at the grand opening.



Linda Norris of the Fabulous 50's Ford Club of Manitoba poses with her 1958 Meteor Rideau Crown Victoria.

> FITNESS CHALLENGE, FROM PG. 3

mitment, even when the challenges seem daunting. I'm encouraged to see a lake-lover making the connection between his personal actions and our collective responsibility for the health of this vibrant, living ecosystem."

The Purejohn70 Challenge online

fundraising campaign has launched and Sawchuk's goal is to raise \$7,777 in donations. Supporters are encouraged to make a special 70th birthday donation — for every \$70 donation received, LWF will send Sawchuk a birthday card. Online donations can

be made through the Purejohn70 Challenge CanadaHelps page, www.canadahelps.org/en/dn/35800.

The Purejohn70 Challenge will take place at various locations in Winnipeg and around Lake Winnipeg. More

information is available on the Purejohn70 Challenge Facebook page, including updates on planned routes for supporters interested in swimming, cycling or running with Sawchuk for all or part of a challenge segment.

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7th Annual Stonewall Quarry Days PARADE

Saturday, August 18th at 11:00 am

No charge for float entries.

Help make this another great event.

Contact Christy at 204-467-5836 or christybrown@stonewallteulontribune.ca or on-line at stonewallquarrydays.ca for an entry form.

Application Deadline: Thurs., August 16th

Seniors celebrate silver anniversary in the nude

South Interlake 55 Plus take it all off for their 2019 calendar

By Caitlyn Gowriluk

Local seniors are baring it all for a cause.

The South Interlake 55 Plus Centre is celebrating 25 years of serving the community with a fundraising calendar featuring some of its members posing in the nude.

Since January, the centre has been bringing a photographer to its events to take photos to be featured in the calendar, said committee volunteer Bonnie Place.

"Each month, we took one of the activities and used that as our photo," said Place. "We have a Christmas photo there with Santa Claus and Mrs. Claus, for instance, because we always have a big Christmas dinner. We also have one of a couple of us outside with our Irish hats on, and it's emphasizing the shamrock luncheon in March for St. Patty's Day."

While the idea might seem shocking

at first, the calendar is helping to get the message about the centre's programs across, she said.

"It shows that seniors are having fun," said Place. "It shows that seniors are line dancing. It'll show that seniors are doing yoga and dance fit, and they have a walking program. And we put on all these different events — like the strawberry social, the Christmas party, the Irish party — and all of those programs are in the calendar. It shows that seniors know how to have a good time, and [we're] helping to provide that."

The anniversary calendars will be available for sale at the South Interlake 55 Plus Centre table during Stonewall Quarry Days, and later through the centre's office at 374 1 St. W in Stonewall.

"I think it's kind of fun," said Place. "They'll make great Christmas presents, and fun gifts for friends."



TRIBUNE PHOTO BY JO-ANNE PROCTER

South Interlake 55-Plus calendar production crew Arlene Farebrother, left, Verna Kakowchuk, middle, and Bonnie Place.

RCMP warn of email extortion scam appearing in the province

Submitted

The RCMP in Manitoba have started to receive reports of a cyber-extortion where suspects are sending emails to victims that reference a real password.

The email states the suspect has

infected the victim's computer with a virus that has allowed the suspect to control the webcam. The suspect threatens to release a video of the victim taken while they were watching pornography to the victim's con-

tact list. If the victim pays a certain amount in Bitcoin, then the suspect will not release the video.

This is a scam that has been around for a while. The suspects do not have video of the victims, and victims

should not be afraid to report this crime to the police.

What is causing some new attention to this previously seen scam is the use of an actual password the victim has used in the past. There are many ways the suspects could have gained access to these passwords — data breaches and hacking are two examples.

If you are still using the referenced password for anything, make sure you change it immediately. It is recommended to change all passwords regularly to protect yourself from any type of hacking or scam. The web resource www.haveibeenpwned.com is a great way to check if your data has been breached.

It can be startling to see an email with your password in it from someone threatening you. The RCMP does not want you to become a victim. If you have received this email, or any similar emails, DO NOT PAY and make sure you report it to the police so we are aware of the scams targeting our communities. Also report the incident to the Canadian Anti-Fraud Centre.

34th ANNUAL STONEWALL QUARRY DAYS
August 17-18-19

Parade - 11 am Saturday
Starts at 3rd Ave S. & Main St.
WonderShows Midway

Street Vendors
Beer Gardens
Slo-Pitch Tournament

NEW EVENT Saturday and Sunday
at Memorial Park (north end of Main St.)
Ruff House Rowdies
& **Smart Dogs**
Entertainment

Fun & interactive dog show with tricks, obstacle course, Pat 'n Chat.
Meet their rescues turned superstars!
Sponsored by **CO-OP** Red River

Show 'n Shine Car Display - Sunday
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FREE Weekend Entertainment Music Stage
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Stonewall Teulon

Tribune

NEWS TIPS Call 467-5836

Local aviation instructor named in Top 20 Under 40

By Jennifer McFee

A former Teulon resident is soaring to new heights after being recognized for her achievements in the aviation industry.

Canada-wide *Wings* magazine has named Leah Marcoux as part of the high-achieving Top 20 Under 40. This annual program, sponsored by Seneca School of Aviation, aims to honour exceptional young leaders who are influencing the direction of Canadian aviation and aerospace.

After a lengthy nomination process, the magazine's editorial team chose 20 young leaders who represent innovation and vision, corporate development, entrepreneurial leadership and passion for the industry.

Now 30 years old, Marcoux started on her career trajectory at the tender age of 12 when she started air cadets in Gimli. For seven years, she remained involved with the Gimli squadron.

In 2009, her aviation career began to take off when she joined the instructor team at KF Aerospace. Two years later, she was promoted to assistant chief flying instructor.

A write-up by *Wings* magazine (available online at www.wingsmagazine.com) outlines some of her stellar accomplishments.

"Her position is only one of two in Canada, where she manages a staff of civilian flight instructors and military students, while working in concert with the CFI and various DND staff members. She manages to maintain her civilian qualifications in addition to her RCAF supervisory training duties," states the *Wings* write-up.

"She now instructs students on the Grob 120, which is fully IFR and aerobatic certified. As a Class I flight instructor, she helps these students to often realize their dreams by graduating as winged military pilots with the RCAF, ready to be deployed around the world."

As for Marcoux, she is quick to recognize the contributions of those around her.

"I teach the military how to fly, so I'm teaching hard-working and very dedicated student pilots," said Marcoux, who now lives in Elie.

"I also work with incredibly talented and hard-working instructors. We have an amazing team here. I'm very blessed."

In 2016, her boss Chrissy Perry also was named in the Top 20 Under 40, so Marcoux is in good company.

"I think it's really cool that my boss won it two years ago and now they're



TRIBUNE PHOTO SUBMITTED

Canada-wide *Wings* magazine has named Leah Marcoux as part of the high-achieving Top 20 Under 40.

also presenting it to me," she said.

"It was quite humbling to be nominated and quite surprising to be selected."

Marcoux continues to give back to the cadet program by serving as a board member and helping to select cadets for power flying scholarships.

Teulon youth take part in annual community litter pickup

By Caitlyn Gowriluk

Students from the Manitoba Youth Job Centre in Teulon helped clean up the town last Thursday as part of their annual community litter pickup.

The initiative was part of the centre's odd job squad program, which offers supervised employment opportunities for students aged 12 to 16.

While students on the Odd Job Squad have the opportunity to participate in a variety of fundraising activities — like strawberry picking, window painting and cleaning, and selling barbecue sauce and popcorn — the annual litter pickup is a favourite, said youth engagement leader Gavin Leduchowski. Leading up to the event, students asked friends, family and neighbours to donate \$10 for them to spend the day cleaning up the town.

"I think it's particularly community-driven," said Leduchowski. "The kids are going around to people and [saying], 'For 10 bucks, we're gonna go around and clean a bag of garbage off the streets.' And people are willing to

say, 'That's great — here's the street you should do.' So it's a big thank you to community members that are willing to support it, and willing to give the kids a chance to go and make some money and get some experience."

Lucas Loewen, who has been using the centre's programs for the past four years, said the Odd Job Squad has helped him develop important skills and meet new people.

"It helps me make more friends, and it helps me figure out who's in my community and who needs more help," said Loewen, 15. "It's been helping me quite a bit: developing social skills with other people, not being afraid to talk to anybody."

The Manitoba Youth Job Centre provides youth ages 12 to 29 with free help finding summer jobs and information about employment and career development. The centre in Teulon is one of 38 across rural and northern Manitoba, and is open until Aug. 17 in the Teulon Civic Centre building at 44 Ave. SE.



TRIBUNE PHOTO BY CAITLYN GOWRILUK

Youth engagement leader for the Teulon and area Manitoba Youth Job Centre Gavin Leduchowski, left, stands with students Jazlyn Nychka, Camden Mackay and Lucas Loewen before the group cleans up around Teulon on July 26 for the centre's annual litter pickup.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall is getting a new entrance sign on Highway 236, with the costs covered by insurance.

Stonewall sign set to go up

By Jennifer McFee

After several seasons without an entrance sign to Stonewall on Highway 236, the new one will be ready this week to welcome residents and visitors alike.

Stonewall Mayor Lockie McLean said the new sign is expected to go up on Thursday, Aug. 2. The previous sign was destroyed in a wind storm last fall.

"It didn't cost the town a penny because it's an insurance claim. We didn't budget on a more expensive sign. We just budgeted on the money we got in on the insurance claim," he said.

"I think the finished product is certainly going to look nicer than the wood sign that was there before. The one before was getting pretty old."

The new sign will not be the same as the one on Highway 67, which McLean said was much more expensive.

The sign on Highway 67 was redone in 2009 at a cost of \$26,964. The sign on Highway 236 was repaired in 2003 at a cost of \$3,760, and the quote to repair it this year is \$9,575.

Since it's been a work in progress for quite some time, McLean said it's difficult to envision how it will look once it's finally complete.

"It does take some time for a damage claim," he said.

"It's hard to picture the final product until you see it. I'm just as curious as anyone else to see what the final product will look like."

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S O U T H I N T E R L A K E

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57th Annual
FLOWER, FRUIT & VEGETABLE SHOW



Saturday, August 11

Odd Fellows Hall

1:00pm - 4:00pm

Awards at 4:00 pm



Have you got a special Begonia, Dahlia, Rose or a great outdoor container this year? Maybe some great tomatoes, beets or carrots? This show is a great place to showcase your gardening talents! There is a children's and a photography section too!

Come to browse through the beautiful flowers & arrangements, or enter your own (Booklets can be picked up at the Stonewall Teulon Tribune or call Tanya at 467-2235). Entries are accepted at Odd Fellows Hall (374 1st St. W.) on Friday Aug 10 from 6 - 9pm

Drop by for tea and dainties, a farmers market and variety auction.

Summer arts day camp at Stonewall's QPHAC



Last week the Quarry Park Heritage Arts Centre was bustling with young artists at the Prairie Oak Regional Arts Council's Amazing Nature Summer Arts Camp. Participants at the week-long day camp worked with different mediums and created many different forms of nature artwork. Left photo: Sandra Wiebe introduced artists to different forms of clay art. From left to right: Wiebe, Mason Rainkie, Reece Wong, Ethan Wong, Robert Daher and Arieawna Petrowski. Photo second from the left: Robert Daher shows off some of his artwork, including a clay collage. Photo second from the right: Sarah Daher, Tyler Persoage and Maya Persoage burn details into their wooden cranes. Right photo: Fred Gross taught campers Jake Perrault, Carson Perrault, Aiden Peterson and Theo Grenkow the art of woodworking along with wood carving tips. Throughout the week, the participants carved beaver letter openers, pencils and a crane.

TRIBUNE PHOTOS BY JO-ANNE PROCTER

The incredible life cycle: a monarch butterfly metamorphosis



TRIBUNE PHOTOS BY JO-ANNE PROCTER

A monarch caterpillar feeds on nothing but milkweed leaves; the caterpillar lays down a silk-like mat and then attaches itself to the mat with its cremaster where it sheds its skin for the last time as it passes from the larva to the pupa or chrysalis; the caterpillar will then transform into a beautiful butterfly in approximately a month.

Staff

Metamorphosis is the series of developmental stages insects go through to become adults. Butterflies and moths have four stages of life: egg, larva (the caterpillar stage), pupa (the chrysalis phase in a butterfly's development) and adult.

It takes a monarch butterfly just 28 to 38 days to complete its life cycle, with warmer temperatures generally being responsible for faster development.

Monarch females lay their eggs on milkweed, the only plant monarch caterpillars can eat. The eggs are laid singly and generally on the undersides of leaves. The eggs are very small (about the size of the periods at the end of the sentences on this page) and are white in colour. Each egg is attached to the leaf by an adhesive fluid that is applied to the egg as it is being laid. Four to six days after the eggs are deposited, they will hatch. Immediately after hatching, the caterpillar is so small it can barely be seen. It grows very fast though, feeding on nothing but milkweed leaves.

A monarch caterpillar can eat enough milkweed in one day to equal its own body weight. Just nine to 14

days after hatching from its eggs, a caterpillar will be about two inches long and fully grown. A caterpillar has eight pair of legs (three pair of true legs on its thorax and five pair of prolegs on its abdomen).

A monarch caterpillar sheds its skin five times during the larval stage. Similar to the way a snake sheds its skin when its body has outgrown the skin, a caterpillar does the same. A new, larger skin is always waiting under the one that is shed. See the caterpillar's shed skin laying just behind its tail end?

When the caterpillar is full grown, it usually leaves the milkweed plant. It crawls (sometimes 20 or 30 feet away from the milkweed) until it finds a

safe place to pupate. The caterpillar lays down a silk-like mat and then attaches itself to the mat with its cremaster. The caterpillar allows itself to drop and then hangs there, upside down in a J-shape, for about one full day.

The caterpillar's skin is shed for the last time as it passes from the larval (caterpillar) stage to the pupa (chrysalis) stage of metamorphosis. Under the caterpillar's skin this time is a jade green casing, which is called a chrysalis. Inside the chrysalis, which is only about an inch long, the caterpillar will miraculously transform into a beautiful butterfly.

Immediately after the skin is shed, the chrysalis is very soft. Within an

hour though, it hardens to become a protective shell for the caterpillar inside. Looking at the picture, you can still see the rippled body of caterpillar in the newly formed chrysalis on the left. The chrysalis on the right has hardened to become a beautiful jade green shell. Dramatic changes occur inside the chrysalis. The mouth parts must go from being those required for chewing (what the caterpillar needed to eat milkweed leaves) to what a butterfly will need: a straw-like tongue used for sipping nectar from flowers. And a creepy, crawling insect will become a flying insect, one of the most beautiful insects on earth!

In just nine to 14 days, the transfor-

Continued on page 15



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Local family to dance in Folklorama

By Jennifer McFee

A group of siblings is kicking up their heels in excitement for their upcoming Folklorama performance.

Four members of the Riley clan — 13-year-old Karling, 15-year-old Ellis, 17-year-old McHale and 19-year-old Dawson — will take the stage at the Ukraine-Kyiv pavilion on Friday, Aug. 10 at 9:45 p.m.

McHale and Dawson, who are members of the Vitretz performing group of the Rosedale Ukrainian Dance School, will also perform in the shows at 6:45 p.m. and 8:15 p.m. the same night.

For those who can't make it on Friday night, 21-year-old Jordan and his younger brother Dawson will be performing in four shows on Saturday,

Aug. 11 starting at 5 p.m., 6:45 p.m., 8:15 p.m. and 9:45 p.m. The brothers are both members of Rusalka Ukrainian Dance Ensemble.

Their mom, Erika, said they've all been Ukrainian dancing since they were about four years old.

"They all dance and they all love it," said Erika, who is a Zumba instructor. "I love dancing and I wanted them to grow up with dancing."

For Karling, she has been practising on her own every day to prepare for Folklorama while also working with her group every week.

"For performing at Folklorama, I find it a lot of fun because there are so many people there and it always feels really welcoming. Then going to visit



TRIBUNE PHOTO BY LANA MEIER

The Riley clan will perform at the Ukraine-Kyiv pavilion during Folklorama.

CIB Yard of the Week



TRIBUNE PHOTO BY JO-ANNE PROCTER

The fourth 2018 Yard of the Week, sponsored by Stonewall's Communities in Bloom and Home Hardware, was awarded to Tricia and Jamie Proctor at 414-3rd Ave. East. For the past 31 years, the Proctors have taken great pride in their yard. The grass is always trimmed to perfection to show off the edged and raised flowerbeds and brickwork that Jamie has completed. Tricia looks after the beautification of the yard that is constantly changing with all the colourful perennials that bloom at different times. There are hostas, wildflowers, clematis, veronica, goldenrod, echinacea, phlox, gallardia, lillies, roses and milkweed laden with monarch larvae and chrysalis. Planters are filled with colourful annuals such as balsam, petunias, coleus, portulaca, dusty miller, ornamental grasses, cleome and a very interesting large red banana plant. In the backyard, the vegetable garden with its perfect rows includes rows of poppies, lavatera, zinnias and cosmos. There are bird feeders, bird baths and water features throughout the yard.

Tricia and her dog Diesel take a break from deadheading last Monday. To nominate a yard you feel worthy of the CIB honour, stop by Home Hardware in Stonewall or the Stonewall Library and cast your vote.

other pavilions is really cool because you've got all the food and the dancing. It's kind of like visiting a new country while staying in Winnipeg," she said.

"I think that Folklorama is such a cool thing to have. It's easy to access and it's a lot of fun. Sometimes when me and my brothers are done dancing, we'll just look around and see what other pavilions we want to check out. It's really cool."

It's easy for Karling to enjoy being a Folklorama performer since she thoroughly enjoys the experience of Ukrainian dancing.

"It's a lot of fun always. There's a lot of different regions of Ukraine so there's a lot of different dances. It never gets boring," she said.

"You get to learn all the steps and it's fun partner work. You can dance with pretty much anybody."

Likewise, Ellis is also anticipating the upcoming performance.

"I'm looking forward to performing and dancing. It's always been fun to me throughout the years," he said.

"I like performing it and I love how energetic and fun it is. Honestly, it's just entertaining to watch too."

McHale encourages everyone to come out and catch one of the high-energy shows at the Ukraine-Kyiv pavilion.

"I think the whole show is going to be pretty entertaining for everybody, and not just the ones my group is dancing in either. I'm pretty sure the whole pavilion will be a good time

with all the performances going on," he said.

"I like the actual event. It's a lot of fun. I enjoy the experience and the people there I'm dancing with. I like to be able to entertain. To be honest, I enjoy dancing. I just think being able to show off cool tricks and entertain the people is a fun thing to do."

Dawson is hard at work preparing for two evenings of back-to-back performances.

"I like the feeling you get when you're on stage in front of the audience and having your friends do it with you," he said.

"Folklorama is always a special performance for me every year because it's the one time that anybody can come and watch. Everybody can experience it, so it's really exciting that way."

For Jordan, he derives great joy from Ukrainian dancing. In recent years, performing in Folklorama has been an annual event for him.

"Dancing in Folklorama is always a particularly amazing experience for multiple reasons. First, it is really incredible to share the culture with others and represent something you believe in so much. The concept of Folklorama is a fun one, being able to showcase your own art to even those who also showcase their own (be it elsewhere in other pavilions)," he wrote in an email.

"Second, unlike many other perfor-

Stonewall Odd Job Squad hosts annual 5K

By Caitlyn Gowriluk

Approximately 20 people participated in the Stonewall Youth Job Centre's annual 5K run/walk on Saturday.

The event was organized by the centre's Odd Job Squad, a program that allows students aged 12 to 16 to gain work experience in a supervised setting. While the Odd Job Squad team has already taken part in a variety of activities over the summer, including strawberry picking and hotdog sales, the 5K run/walk remains one of its most popular activities, said Stonewall youth engagement co-ordinator Neil Davis.

"It's a really good event in the sense that it brings the community together, and it provides that enrichment for health," said Davis. "It gives people an opportunity to get their steps in, and [their] fitness level up."

The event also gave students a chance to use the customer service and money management skills they had been learning through the centre's programs, said 12-year-old Madison McRae, one of eight students from the Stonewall Odd Job Squad working at the 5K run/walk.

"It's a cool experience that could help you in your future," said McRae. "I think it's pretty fun."

Susan McCowan, whose kids Kiera Hatcher and Vance Hatcher are on the Odd Job Squad, said she made sure she got the morning off work to participate in the event.

"It's so important to support the kids," said McCowan. "And I think staying physically active is really important."

The Stonewall Youth Job Centre is



Odd Job Squad members Kiera Hatcher and Vance Hatcher pose with mom Susan McCowan after she finishes running the Stonewall Youth Job Centre's annual 5K family run/walk.



Barbara Isaacs and Anita Chambers gear up for the walk.

located in the Stonewall Town Hall building at 293 Main St.



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Stonewall Odd Job Squad members Karling Riley, Ellis Riley, Stephanie Milner, Kiera Hatcher and Madison McRae work the sign-in table with a furry friend at the Stonewall Youth Job Centre's annual 5K family run/walk on July 28.



Erika Hinds, Odd Job Squad volunteer Alexia Gentes, Deborah Hinds and Betany Gowrie prepare a pancake breakfast at the Stonewall Youth Drop-in Centre for participants following the 5K family run/walk.

> DANCE, FROM PG. 14

mance venues, the audience truly is random; you never know who is in the audience and where they're coming from, and that's always a fun twist from a performer's perspective — mine, at least."

One particular challenge of a Folklorama performance is the multiple shows in the one day, he added, especially with all the intense activity that the Ukrainian dancing specifically requires.

"However, the Folklorama crowd is always very interactive and always a great time," he said.

"And after all the shows are over, I seem to always have a bit more left in me for the Zaba-va (Ukrainian for 'party') at the end of the last night; another event that is one-of-a-kind. All-in-all, very rewarding in a function like Folklorama."

The Ukraine-Kyiv pavilion is located at Maples Collegiate at 1330 Jefferson Ave. For more information, visit www.kyivpavilion.ca.

> METAMORPHOSIS, FROM PG. 13

mation from caterpillar to butterfly is complete. Through the chrysalis, you can now see the orange and black wings of the monarch butterfly.

With no visible signs to signal the emergence of the butterfly from its chrysalis, the chrysalis suddenly cracks open and out comes the monarch butterfly. Its wings are tiny, crumpled, and wet. The butterfly clings to its empty chrysalis shell as hemolymph, the blood-like substance of insects, is pumped through its body. As the hemolymph fills the monarch's body and wings, they enlarge. Right now, this monarch is extremely vulnerable to predators because it is not yet able to fly.

About one hour after emerging from its chrysalis, the monarch's wings are full-sized, dry and ready for flying. Here a newly emerged monarch uses its straw-like tongue, called a proboscis, to sip nectar from Hardy Ageratum (Eupatorium coelestinum). Four to seven days after emerging from its chrysalis, a monarch butterfly is old enough to mate ... and so begins the life cycle of the next generation.

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sports & recreation

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Phillies play well at U12 fastpitch provincials

By Brian Bowman

The South Interlake Phillies finished fourth out of seven teams at the U12 A girls' provincial fastpitch championship last weekend.

After losing their first three games, South Interlake roared back to win the next two before losing a close battle in their sixth game.

"We did pretty good," said Phillies' head coach Kirt Swanson. "We lost our first three to some good teams and then we came back and had two wins and lost a nailbiter to the Angels.

"The last three games we did pretty good. As the tournament went on, we progressed and played pretty well."

South Interlake started play with losses to Smitty's (15-5), the Lightning (9-2), and Westman (6-2).

Westman was undefeated during the provincials and won the gold medal.

"I think we gave them the best run of the tournament," Swanson said. "It was our best game, our best game the whole year, actually. We came out with a loss but it was a really good game."

The Phillies played better after that loss and defeated Central 11-8 and Eastman 11-4 before losing 13-12 to

the Angels.

All three games were close but South Interlake was able to pull ahead late for the two wins.

"Our offence, our bats, started to come alive a little bit later on in the tournament," Swanson said.

There was a lot of parity amongst teams in the league this season.

"This year, I think, all of the teams were close," Swanson said. "A lot closer than last year and the pitching was the difference from this year to last year. Last year, we faced a lot of hard pitchers but this year the playing field was more even."

Overall, this was a very good season for the U12 girls, who will see eight of 11 players move up to the U14 age bracket.

"The girls improved a lot," Swanson said. "It was tough for me to say throughout the season but everyone who got to watch them all year and came out for the final (games), said they were really impressed with how they turned into better ball players.

"I was excited to see them developing and getting better as the years go on."



TRIBUNE PHOTO BY SANDI SWANSON

The South Interlake Phillies finished fourth at the U12 girls' provincials fastpitch championship last weekend. Back row: Mark Holm, Jason Cassils, Kirt Swanson, Loren Proven. Middle row, Maddy Fidler, Rianna Cassils, Karli Meikle, Sophia Dowsett, Kaitlynn Swanson; front row, Ella Holm, Kaitlyn Beasley, Chloe Beresford, Bryn-Lee Procter and Kaitlyn Hawryluk. Missing from the photo is Ruby Harrisko.

Stovin, Bisons look to fundraise for preseason UK trip

By Brian Bowman

The University of Manitoba Bison men's hockey team is used to going on road trips.

But their first road trip of the upcoming season will be a real long one.

The Bisons will be heading to the United Kingdom to play four pre-season games in six days against members of the British Elite Hockey League.

It will be a good chance for the Bisons to bond with several new players on their roster.

"We're a young team this year after a lot of our guys graduated last season," said Bisons' captain Brett Stovin on the University of Manitoba website.

"This trip will be an important block in our foundation as we get ready for the season ahead."

The Bisons posted a 17-14 record last season while reaching the Canada West quarter-finals where they lost to the Mount Royal Cougars.

To offset costs of the United Kingdom trip, Stovin and his teammates

began fundraising efforts in June when they hosted the Bison Hockey Alumni Golf Tournament.

With only a few weeks before their trip, the team hopes to reach their fundraising goal through a unique online opportunity for supporters to give.

"On behalf of the Bisons, I'd like to thank everyone for their support," said Stovin, a Stony Mountain product. "We're looking forward to the season ahead and hope to see as many people as possible coming out to cheer on all Bison teams all season.

"We're proud to be Bisons and to represent the University of Manitoba, you can say we bleed brown and gold."

The Bisons will begin their 2018-19 regular season on the road against the Calgary Dinos on Oct. 5 and then will host the Alberta Golden Bears Oct. 12.

To support the Bison men's hockey pre-season trip, individuals are asked to visit give.umanitoba.ca/ag/bison-hockey18.



PHOTO COURTESY OF THE UNIVERSITY OF MANITOBA BISONS

Stony Mountain's Brett Stovin, left, and his University of Manitoba Bison teammates are seeking donations for their upcoming hockey trip to the United Kingdom.

Loewen drafted by Dallas Stars

By Brian Bowman

The National Hockey League draft is always a special day for junior hockey players in Canada.

But it was extra, extra special for Jermaine Loewen on June 23 in Dallas.

Loewen, an extremely talented forward with the Western Hockey League's Kamloops Blazers, was selected in the seventh round (119th overall) by the Dallas Stars.

Born in Jamaica, and adopted at an early age by Arborg's Stan and Tara Loewen, Loewen became the first Jamaican-born player to ever be drafted by the NHL.

"It was a dream come true for me to become the first Jamaican-born player to be drafted to the NHL," Loewen told CFJC Today. "I cried - all the things I have gone through in my life, I was just really happy to be drafted."

Loewen knows making the NHL is not an easy process.

"It's just a step but it's big for me, because of where I've come from," he said. "I think it's placed in me to be a leader - to help young kids who have been adopted - who have come from Jamaica who are trying to pur-

sue hockey, or any sport.

"You're an underdog. I'm still an underdog, playing that position. Being a leader for that is very special for me. It's not something I just take for granted."

Loewen was one of eight Manitoba players - including seven from the WHL and one from the Manitoba Junior Hockey League - that had their names called at the 2018 NHL Entry Draft.

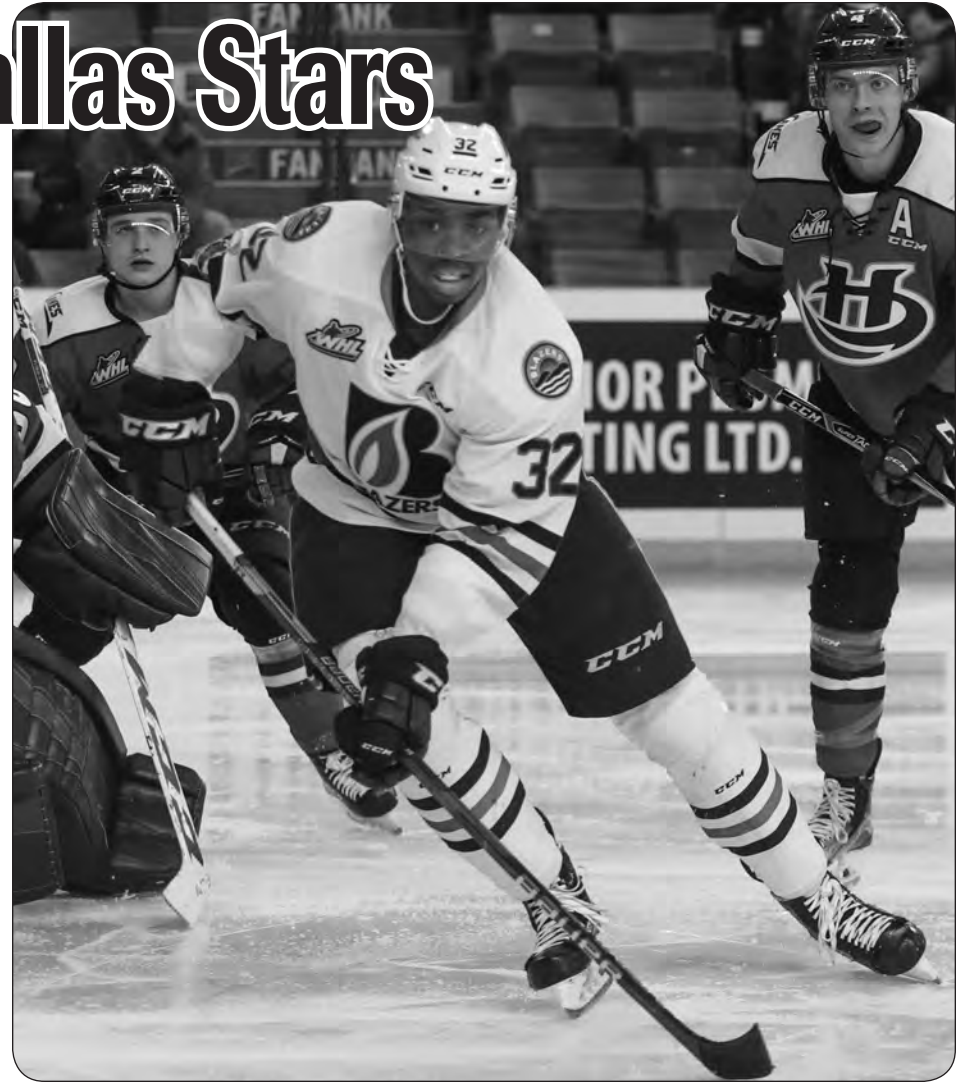
Of the 217 players called in the draft, 20 played in the WHL last season.

Loewen was passed over in the NHL draft in his first two seasons of eligibility. The towering 6-foot-4 and 220-pound forward had a career season with the Blazers.

In 66 games, he scored 36 goals and produced 64 points.

Loewen has played four seasons with the Blazers after originally being drafted by them in the third round of the 2013 WHL Bantam Draft.

Loewen didn't have much time to celebrate being drafted, though, as he headed to Dallas last week for the Stars' development camp.



TRIBUNE PHOTO SUBMITTED

Arborg's Jermaine Loewen was selected in the seventh round (119th overall) by the Dallas Stars in the NHL draft.

Pirates 1-2 at Midget 'AAA' baseball provincials

By Brian Bowman

There will be no return trip to the nationals this year for the North Winnipeg Pirates Midget "AAA" baseball team.

North Winnipeg finished with a 1-2 record at last weekend's provincials in south Winnipeg.

"We're a little disappointed because I thought we could have done better," said Pirates' head coach Gary Dear. "We had our chances."

North Winnipeg began action Friday evening with a tough 3-2 loss to South Central.

The Pirates scored both of their runs in the bottom of the seventh inning. North Winnipeg had runners on second and third with two outs in the seventh but could not bring in the tying run.

Nathan Slaby pitched a great game for North Winnipeg in the losing cause.

"Unfortunately, we couldn't give him any run support," Dear lamented.

Losing that first game of the provincials in such close fashion was a tough way to start.

"It's so hard when you start off with that loss because now you're changing your pitching rotation," Dear explained.

North Winnipeg was then defeated 12-7 by Winnipeg South on Saturday morning.

The Pirates trailed 3-0 after the first inning but battled back to take a 5-3 lead.

Winnipeg South rebounded, however, to score five runs in an inning to take an 8-5 lead.

The Pirates showed no quit in their next game Saturday afternoon, outslugging Pembina Hills 11-10.

"It makes you feel a little bit better when your one win came against a team that was in the finals," Dear said.

Pembina Hills reached the final where they lost 6-3 to Bonivital.

Pembina Hills will now advance to the westerns in north Vancouver while Bonivital will head off to the nationals in Fort McMurray.

Despite the 1-2 record at provincials, this was a real good season for the Pirates.

"I thought we had a great year," Dear said. "North Winnipeg has never finished first in the Midget league before. That was something nice for us to do."

On an individual note, North Winnipeg has four players - Ty Smith, Christian Ingram, Liam Allen and Davis Fenske - that will represent Manitoba at the Baseball Canada Cup 17U nationals in Moncton from Aug. 8-12.



TRIBUNE PHOTO BY LANA MEIER

The Pirates' Devon Cassan slides into third safely during the Midget 'AAA' baseball provincials.

sports&recreation

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Blue Jays win pair of WSBL games last week

Staff

The Stonewall Blue Jays won two of three games in Winnipeg Senior Baseball League action last week.

Stonewall started play with a doubleheader sweep over the St. Boniface Legionaires on July 23 in Winnipeg, winning games by scores of 2-0 and 4-0.

No box score from either game was listed on the league website at press time.

Two nights later, the St. James A's downed the Blue Jays 7-1 at Quarry

Park.

Curtis De Pena led St. James with three hits and two RBI while James Herr had a pair of hits and scored twice.

No statistics for the Blue Jays were listed on the website.

Stonewall, now 7-8 during league play, is 7.5 games back of the first-place Elmwood Giants (16-2) heading into this week's action.

The Blue Jays were scheduled to play Elmwood this past Tuesday at Quarry Park.



TRIBUNE PHOTO BY LANA MEIER

The Jays' Adam Kirk gets the out on first against the St. James A's on July 25.

Stonewall United winless at Kenora soccer tournament

By Brian Bowman

The Stonewall United took several different players - that normally don't play with the team - to a tournament in Kenora last weekend.

And the results were kind of predictable.

Stonewall, which finished with an 0-2-1 record, failed to advance out of the round-robin at the tournament, which attracts teams from Manitoba and northwestern Ontario.

"We could have done a lot better," said Stonewall player/coach Jason Ferris. "Normally, when we go to Kenora we end up playing past the round robin. This is probably the first two years in a while where we didn't actually make it through the round stage."

Injuries have forced Stonewall to pick up players that previously played

with the club and have not played much soccer this summer.

Stonewall opened action with a 3-0 loss to Matix and then played to a 1-1 draw with the Kenora Gunners.

Ferris scored Stonewall's lone goal.

Stonewall then was defeated 5-1 by the Kenora Dynamo.

Freddy Attiglah scored for the United.

Stonewall went to Kenora without its starting goalkeeper while a couple of top forwards with speed were also missing.

Despite the winless weekend, it was a good way to get the players to bond as they head into play this month.

"I've been playing with Stonewall for over 20 years now and years ago the tournament was a way for our team to bond," Ferris said. "We would always come back stronger than when

we left.

"We didn't do too well (last weekend) but hopefully we can pick things up. A lot of the stuff we were doing correctly, was the things we've been working on all year.

"Coming from a tournament like Kenora where the teams are more skilled, we hope to bring some of that back, play a little better, and have a better second half of our season," he added.

Stonewall has four games scheduled for August but Ferris expects their Aug. 18 game against Rangers FC to be postponed due to Quarry Days.

July, at times, was a tough month for Stonewall to get a full complement of players out for games.

"We're hoping to have more guys come out in August," Ferris said. "In the first half, we've only been getting

12, 13 guys out for games when we have a roster of 22.

"I'm hoping in the second half to get more guys out so we can have (substitutes) so we're not as tired as fast, we're fresher, and we play better on the pitch."

Ferris, who has been running the Stonewall United team for years, would like to see more young kids come out for their team from the local area.

Any young players interested in joining the team to play men's soccer can contact Ferris by email at jason-ferris@hotmail.ca.

"If they're interested, come on out," he said. "I want to keep this a Stonewall team but, to do that, we need the Stonewall youth kids to come on up and play with the men's team."

Lafleche finishes third at senior women's golf championship

Staff

Winnipeg's Rhonda Orr pulled out a two-stroke victory over Winnipeg's Tammy Gibson at the Manitoba Senior Women's Golf Championship last week in Carman.

Orr shot an 80 during Wednesday's final round while Gibson had an 82.

Off finished the 54-hole event at 23-over 239.

Stonewall's Barb Lafleche finished

third at 32-over 248. She carded rounds of 82, 82 and 84.

Rounding out the top five were Winnipeg's Matty Leung and Geraldton's Karen Saarimaki, both finishing at 36-over 252.

The provincial team that will represent Manitoba at the National Senior Women's Championship from Aug. 28-30 in Fonthill, Ont., will be Orr, Gibson and Gail Kennedy.

At the Manitoba Senior Men's Golf Championship, Carman's Bruce North led from start to finish on his home course.

North fired an opening-round 68 and followed that up with a 71 and 75 to finish at 1-over 214.

That was five strokes better than Minot's Randy Westby and nine ahead of Winnipeg's Mike Walker.

Matlock's Garth Collings and Winnipeg's William Parker finished tied for fourth, each at 12-over 225.

Collings carded rounds of 76, 73 and 76.

The provincial team that will represent Manitoba at the National Senior Men's Championship from Aug. 6-9 in Bathurst, N.B., are Collings, Mike Walker and another player to be announced at a later date.

sports & recreation

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The 21U Women's Invitational Baseball Championship fast approaching

By Patti Hacault

It is a remarkable tribute to Baseball Manitoba's 50th Anniversary Year to be hosts of a Canadian National event in Manitoba at a premier venue.

The team players are honing their skills and organizers are putting finishing touches to the second phase of the 21U Women's Invitational Baseball Championship.

The Aug. 9-12 tournament will be held at the Fines Field in Stonewall under the organizations of a dedicated committee in partnership with Baseball Canada and Manitoba Baseball, along with the Town of Stonewall.

This tournament represents so much more than just playing baseball. It is creating opportunities for young women, creating an initiative, and encouraging women to set their goals high and be willing to work hard to achieve their dreams. It is also a stepping stone for our players to gain exposure on the national stage and the Canadian Women's Baseball teams.

This year the tournament will host teams from Nova Scotia, Ontario,

Quebec, Saskatchewan and Manitoba.

Admission for the weekend includes: Day Pass: Adults \$10/Students and Seniors \$5, and Weekend Pass: Adults \$25/Students and Seniors \$15. Children under five are free.

The opening ceremonies will be held on Thursday, Aug. 9 at 6 p.m. Along with the parade of athletes, umpires and officials, the opening ceremonies will include local fiddler Brenton Thorvaldsen, playing during the opening ceremonies.

Team Toba team players include Amber Baker (Strathclair), Brittney Langlais (Garson), Caitlin Wilkinson (Eddystone), Caitlin Culleton (Vassar), Mikayla Nordman (Winnipeg), Jade Ledochowski (Teulon), Lauren Bray (Ste. Rose), Olivia Sheldon (Ste. Rose), Jamie Johnson (Arborg), Laura Kilbrei (Arborg), Sarah Moir (Winnipeg), Megan Humeniuk (Stonewall), Zoe Hicks (Boissevain) and Jacey Ledochowski (Teulon).

The coaching staff consists of Jeremy Culleton (head coach), Marc Bissonnette (assistant coach) and Jason Miller, executive director of Baseball Manitoba.



TRIBUNE PHOTO BY JOANNE JOHNSON

Back row, left to right: Jamie Johnson (Arborg), Jacey Ledochowski (Teulon), Jade Ledochowski (Teulon); front row, Brittney Langlais (Garson), Laura Kilbrei (Arborg) and Megan Humeniuk (Stonewall).

Blizzard blast Swat in lacrosse playoffs

Staff

The Manitoba Blizzard swept the Saskatchewan Swat 2-0 in their best-of-three Jr. B Tier 1 East Division final last weekend at the Notre Dame Arena in Winnipeg.

The Blizzard won Game 1 of the series 11-9, overcoming an 6-5 deficit after the second period.

Manitoba then blasted Saskatchewan 23-3 on Sunday.

The Blizzard dominated the regular

season, posting an impressive 18-2 record. Manitoba scored a division-best 246 goals while allowing just 116.

The Blizzard's roster features Stonewall's Seth Mandryk and Selkirk's Josh Poponick, Cole Wasnie and

Kaden Kotowich.

Manitoba will now head to Calgary this weekend to compete for the league championship.

Interlake to compete at 13U 'AAA' baseball provincials

Staff

Interlake will have a short trip to the 13U "AAA" baseball provincials this week.

The North Winnipeg Pirates will be hosting the 10-team provincials at the Sunova Centre in West St. Paul.

Interlake will be in Pool 1 along with Brandon, Red River, Bonivital and

Midwest.

Pool 2 will feature North Winnipeg, Carillon, Oildome, Winnipeg South and South Central.

Interlake will begin action Friday with games against Midwest (11 a.m.) and Brandon (6:30 p.m.).

On Saturday, Interlake will play Red River (11 a.m.) and Bonivital (6:30

p.m.).

Tiebreaker games, if necessary, will be played Sunday at 10 a.m. and 10:15 a.m.

Semifinal games are set for noon and 12:15 p.m. while the championship game is slated for 4 p.m.

The provincial champion, finalist, and third-place teams will attend

the Western Canada/National 13U Championships in Brandon from Aug. 16 to 19.

Therefore, a third-place game will be required unless Brandon loses in a semifinal.

That game would be played at 4:15 p.m. on Sunday.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

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Father & son looking for scrap cars & trucks for recycling. Call for immediate removal of one or multiple vehicles. Cash paid. Free removal of loose scrap. Call Dave 1-204-688-8781, Stonewall.

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The Rural Municipality of Woodlands 2017 ANNUAL FINANCIAL REPORT

Public Notice is hereby given, pursuant to Section 194 of *The Municipal Act*, the Municipal Auditors Financial Report, together with the related Financial Statements, for the year 2017, have been deposited in the Office of the Administrator of the Rural Municipality of Woodlands and are available for inspection by any person or his agent during regular business hours and that any person or his agent, at his own expense, may make a copy thereof or extract therefrom.

Adam Turner
Chief Administrative Officer
Rural Municipality of Woodlands



The Rural Municipality of St. Laurent Invitation to Tender Project: Extension of Public Works Building

The R.M. of St. Laurent invites sealed tenders for the extension of the Public Works Building.

The sealed tender is to include price breakdown of materials and labour for the following scope of work:

- Extension/connection to Public Works Building to 42' (depth) x 48' (width) x 16'8" (height) – no insulation.
 - Blueprints
 - 4 ply 2" x 6" laminated poles at 4' o.c.
 - Engineered trusses at 4' o.c.
 - High tensile colored metal walls, colored metal roof to match existing building
 - 2" x 6" strapping on walls and 2" x 6" strapping on roof at 2' o.c.
 - 1 – 21' x 16' sliding door
 - 1 – 3' steel walk-in door
 - All hardware to complete.

Contractor to provide all necessary labour, equipment and materials for the completion of the project, including all site-prep (R.M. will provide crushed rock for base/floor), clean-up and removal of debris resulting from this project. The R.M. will also take out the appropriate permits once simple blueprint is received.

Further information may be obtained from Public Works Foreman, Dean Appleyard (prior to August 7th) or the office of the R.M. (after August 7th). The Foreman can be reached at 204-739-8163, and the office (CAO) at 204-646-2259. Fax contact is: 204-646-2705; email: cao.rmstlaur@mymts.net

Sealed tenders along with proof of Workers Compensation enrollment and liability insurance coverage must be received by **Monday, August 13, 2018 at 4:30 p.m.**

Mail:
CAO – R.M. of St. Laurent
c/o Sealed Tender – Public Works Building Extension
Box 220, St. Laurent, MB R0C 2S0

Drop off:
CAO – R.M. of St. Laurent
c/o Sealed Tender – Public Works Building Extension
R.M. Office at 16 St. Laurent Veterans Memorial Road (inside the Rec Centre)

The lowest or any Tender will not necessarily be accepted. The R.M. of St. Laurent reserves the right to accept or reject any or all Tenders. Sealed tender will be reviewed/awarded at Council Meeting of August 15, 2018 at 6:00 p.m.

Work is to start immediately or as soon as possible after awarding of tender, with goal of completion by October 15, 2018.



The Rural Municipality of St. Laurent Invitation to Tender Project: Repair to Chartrand Road South, St. Laurent, MB

The R.M. of St. Laurent invites sealed tenders for repairs to Chartrand Road South. There are two problem areas (total measurement approximately 160 metres in length) that need to be excavated and filled with tire aggregate, clay and A-Base. The R.M. already has sufficient tire aggregate in storage.

The sealed tender is to include price breakdown for the following scope of work:

- Excavation of existing road of about 160 metres total in length by about 7 metres in width, by about 1.3 metres in depth. Contractor responsible for proper disposal of excavated material. The R.M. does not wish to retain it.
- Load, haul, placement and packing of approximately 1008 cubic metres of R.M. supplied shredded tire aggregate (the tire aggregate is currently located at Waste Transfer Site grounds).
- Supply and placement of sufficient geo-tech fabric to cover 160 metres length by 7 metres width
- Supply, placement and packing of approximately 336 cubic metres of clay fill.
- Supply, placement and packing of approximately 168 cubic metres of A-Base.

Contractor to provide all necessary labour, equipment and materials (other than Tire Aggregate which is supplied by the R.M.) for the completion of the project, including all site-prep, clean-up and removal of debris resulting from this project and to ensure proper sloping and drainage is restored. There is one culvert under the road that will need to be removed and reset (culvert supplied by the R.M.)

Further information may be obtained from Public Works Foreman, Dean Appleyard (prior to August 7th) or the office of the R.M. (after August 7th). The Foreman can be reached at 204-739-8163, and the office (CAO) at 204-646-2259. Fax contact is: 204-646-2705; email: cao.rmstlaur@mymts.net

Sealed tenders along with proof of Workers Compensation enrollment and liability insurance coverage must be received by **Monday, August 13, 2018 at 4:30 p.m.**

Mail:
CAO – R.M. of St. Laurent
c/o Sealed Tender – Chartrand Road South
Box 220, St. Laurent, MB R0C 2S0

Drop off:
CAO – R.M. of St. Laurent
c/o Sealed Tender – Chartrand Road South
R.M. Office at 16 St. Laurent Veterans Memorial Road (inside the Rec Centre)

The lowest or any Tender will not necessarily be accepted. The R.M. of St. Laurent reserves the right to accept or reject any or all Tenders. Sealed tender will be reviewed/awarded at Council Meeting of August 15, 2018 at 6:00 p.m.

Work is to start immediately or as soon as possible after awarding of tender, with goal of completion by end of September 2018.

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GARAGE SALE

Huge garage sale August 4, 5, 6. 10 a.m. – 4 p.m. Antique DR suite; horse & dog items; designer hand bags & sandals; maple table & chairs; 1X & 2X ladies clothes; lots more! Corner of Rd. 2E & 68, Rosser.

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We are seeking a Bookkeeper/Office Manager who is also strong in customer service. This role will be responsible for the day-to-day operations of the business including dealing with client inquiries, scheduling, payroll, and invoicing. Responsibilities & Duties: weekly payroll entry for up to 6 hourly positions; Accounts Payable processing using Quickbooks; answering & logging calls; scheduling & booking services; dispatching services to team; billing and monthly invoicing; tracking & calling overdue bills. Requirements, Knowledge & Skills: ability to multitask efficiently with a strong attention to detail; high level of competence with Microsoft Office & Quickbooks; proficient typist, self starter and requires minimal supervision; strong communication skills, particularly via telephone; 1-2 years experience in bookkeeping, administration and customer service; must have own vehicle to get to work, free indoor parking for the winter. To apply, please submit your resume with a brief paragraph outlining interest. References with phone numbers must be listed. Email: biffsseptic@highspeedcrow.ca Job Type: Full-time. Location: Grosse Isle, MB. Pay Scale: negotiable based on experience.

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Announcements

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HELP WANTED

Full time Assistant Manager req'd at Pizza Den Restaurant & Lounge, Stonewall. Applicant must be hands-on, multi-tasker, team player. Evenings & weekends req'd. Previous hospitality industry experience req'd. Drop off resume or sent to robert.magnifico@gmail.com

HELP WANTED

The Royal Canadian Legion Branch #52 - Part-time bartender, must have the Serving It Safe or Smart Choices card. Required for days evenings and weekends. Drop off resumes to Chelsea at 459 Main Street or email rcl52@shaw.ca

Part time/full time restaurant waitress at Rockwood Motor Inn, Stonewall. Includes some early morning shifts. Experience necessary. Call Sheri at 204-467-2354.

Full time & part time servers needed for restaurant/lounge, Pizza Den, Stonewall. Serving It Safe certificate req'd. Drop off resume or send to robert.magnifico@gmail.com

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RETAIL SPACE FOR LEASE

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TOWN OF STONEWALL ADMINISTRATIVE ASSISTANT

THE TOWN OF STONEWALL IS SEEKING APPLICATIONS FROM QUALIFIED INDIVIDUALS FOR A FULL TIME POSITION OF ADMINISTRATIVE ASSISTANT.

UNDER THE SUPERVISION AND DIRECTION OF THE ASSISTANT CAO, THE ADMINISTRATIVE ASSISTANT AS PART OF THE ADMINISTRATION DEPARTMENT WILL PROVIDE SUPPORT TO MANAGEMENT IN THE RUNNING OF THE DAY TO DAY BUSINESS OPERATIONS OF THE TOWN IN ACCORDANCE WITH STATUTORY REQUIREMENTS AND THE POLICIES AND OBJECTIVES OF COUNCIL.

THE PREFERRED APPLICANT WILL HAVE STRONG ADMINISTRATIVE SKILLS AND THE ABILITY TO POSITIVELY INTERACT WITH THE PUBLIC AND STAFF. APPLICANTS MUST BE FAMILIAR WITH WORD PROCESSING, EXCEL AND ACCOUNTING SOFTWARE APPLICATIONS. MUNICIPAL EXPERIENCE WOULD BE AN ASSET.

A COMPLETE JOB DESCRIPTION CAN BE OBTAINED BY E-MAIL AT INFO@STONEWALL.CA.

QUALIFIED APPLICANTS ARE INVITED TO SUBMIT A DETAILED RESUME, **MARKED ADMINISTRATIVE ASSISTANT**, TO THE UNDERSIGNED NO LATER THAN **4:00 P.M. WEDNESDAY, AUGUST 15, 2018**.

Diane Allan, CMMMA
Assistant Chief Administrative Officer
Town of Stonewall, Box 250
293 Main Street, Stonewall, MB R0C 2Z0

Phone (204) 467-7979
Fax (204) 467-7999
Email to info@stonewall.ca

We thank all those individuals who apply, however, only those granted an interview will be acknowledged.

ANNOUNCEMENT

CARDS OF THANKS

To all those who attended and helped prepare for my 80th Birthday Celebration - to my daughter Bev; to friends Marilyn, Bruce and Chris; to family, extended family and friends a huge thank you. For the the greetings, gifts and hugs, they were much appreciated. Thank you all.

-Lois Alpers

ANNOUNCEMENT

CARDS OF THANKS

The family of Tom Priestley would like to thank our friends, neighbours and family who came to the service and all who helped at this difficult time. Thanks for all the cards, calls and condolences. Thank you to Pastor Claire Speary for her words of comfort throughout this time. Thank you to those who spoke at the service - Barbara, Jim and Douglas. Thank you to the WI Ladies for the lunch and Ken Loehmer for your guidance. We will miss you Tom.

-Love Mom (Lorna) and family

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We are looking for a contract instructor.

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- Experience customizing and building lesson plans with a workplace goal in mind.

Our WEST Centres are based on adult learning principles - for those that understand and relate to this instruction and facilitation - this work is for you.

Please send your letter/resume to
irc@wem.mb.ca

For additional information please visit our website at www.wem.mb.ca

Deadline is August 15, 2018

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ANNOUNCEMENT

IN MEMORIAM



Frances Marie Kittle

May 10, 1936 – August 6, 2017

My mother taught me everything,
Except how to live without her.
Love you always.

-Rosalynn (Pokey)

ANNOUNCEMENT

IN MEMORIAM



Frances Kittle

May 10, 1936 – August 6, 2017

In Loving Memory of

Our Mom, Gram and Great-Gram

Always in our hearts,
Forever loved and deeply missed.

-Love Rhonda, Murray and family

*Don't forget to send
your special words of
remembrance for loved
ones passed.*

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OBITUARY



**Frances Kowalski
(nee Maciejko)**

March 21, 1923 – July 25, 2018

On Wednesday, July 25, 2018 our
beloved Mother and Grandmother
passed away at the Dr. Evelyn
Memorial Hospital in Stonewall,
MB, at the age of 95. Frances will
be lovingly remembered by her
children Joanne (Bill) James, Joyce
Lamm, Roberta (Ken) Brischke, and
Stanley Kowalski; grandchildren
Chris and Scott James, Shelly
Lamm, Geoff, Andrew and Kathleen
Brischke, Curtis, Dennis and Bryce

Kowalski, as well as her great-grandchildren. She is survived by her sister Evelyn Garbowski and many nieces and nephews. She will also be missed by her best friend Angele Deprez of Stony Mountain, MB. Frances was predeceased by her husband Stanley Kowalski in October of 2003 and her son Walter Kowalski in March of 2018.

Mom was born in Poland and moved to Canada with her family when she was six years old. They lived in various places in Manitoba, and Mom met and then married Dad in April of 1942. They were married for 61 years. They raised their five children in Stony Mountain, MB where they also enjoyed many visits from their grandchildren, friends, and extended family. Mom worked hard on their farm with Dad, while finding time to make beautiful clothes for her children and wonderful food like her famous pancakes. She always made the neighborhood kids feel welcome; her children's friends could always expect a smile and a hug from Mom along with a hot meal. She made sure that her children and grandchildren enjoyed art and music and culture. She took them numerous times to museums, movies and the Christmas lights along Portage Avenue in Winnipeg, as well as Folklorama in later years. She was an avid reader, which her children and grandchildren inherited, as well as a gifted photographer and oil painter. She won awards at various fairs for her photos, paintings and preserves over the years. She loved music all of her life – if we called and could not reach her at home there was a good chance she had the music playing too loudly to hear the phone ringing. She loved to sing and knew so many songs; it was a highlight of our year to hear her sing Happy Birthday to each of us. Her ability to grow flowers was legendary; it seemed she just had to look at a plant and it would grow. She enjoyed the company of her children and grandchildren until her final hours.

Mom was able to live at her home until October of last year. We would like to thank the staff of Rosewood Lodge for her care in her final months.

The funeral service was held on Wednesday, August 1st in Stonewall with a private interment following.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com



OBITUARY

Haviar, Sandra Leigh (Sandy Hamlin)

Haviar, Sandra Leigh (Sandy Hamlin) at the age of 44, passed away July 22, 2018 in Edmonton, Alberta after a long and valiant battle with brain cancer.

She was born May 4th, 1974, the third of four girls to Bob and Bonnie Hamlin in Winnipeg, Manitoba and then moved to Woodlands, Manitoba. As a gentle adorable blue eyed blond she won the hearts of everyone she met. Growing up on a sheep farm as well as many trips to Delta Beach provided a back drop for many adventures with her sisters. The family later moved to Warren, Manitoba where the farm adventures continued. The family spent many summers at the cabin at Longbow Lake. This was always her favourite place. Sandra gladly got dragged along on adventures with her sisters. She played ringette growing up and excelled at piano.

Sandra graduated Warren Collegiate in 1992 and went on to attend University of Manitoba. Sandra was interested in holistic healing and took Psychology, and she graduated with Honours in Psychology in 1996. After graduating she began studying Hawaiian healing methods and travelled to Hawaii a number of times. She fell in love with the beaches, dolphins, and jungles of Hawaii. During this time Sandra moved to Edmonton. She met Robert in Edmonton and married in February 2006. Patrick was born in 2005, Julian in 2008. The boys were her world. By far her favourite thing was being surrounded by family. Sandra would often be found walking bare foot in her garden. She will always be remembered for her warmth, kindness and gentle spirit.

Sandra will be forever loved and remembered by husband Robert; sons Patrick and Julian and Robert's son Matej; parents Bob and Bonnie; sisters Treva (Chris), Cindy (Kent), Jen (Oscar); Aunt Mary Lou; cousins John (Max) and David and several nieces and nephews. She was predeceased by her Uncle Frank.

The family would like to extend their deepest gratitude to Dr. Mehta and the entire staff at the U of A Hospital as well as Dr. Barton and the palliative care unit that cared for Sandra and ensured her comfort during the last few weeks.

Service will be held August 2, 2018 at 2:00 p.m. at Trinity Funeral home 10530 116 Street NW Edmonton.

In lieu of flowers donations can be made to The Brain Tumour Foundation of Canada. www.braintumour.ca/6915/donate-now

Announcements

Tribune

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OBITUARY



Peter Dawson

Peter passed away very unexpectedly in the early morning hours of June 12, 2018. He leaves behind family in Yorkshire, England and his wife, Angie, and son, Patrick, in Winnipeg.

Cremation has taken place and no formal service will be held. Peter's ashes will be laid to rest at his home, amongst the trees that he planted. A celebration and remembrance of Peter's life will be held on Friday, August 10, 2018 from 2:00-4:00 p.m. at Oak Hammock Marsh. Friends are graciously invited to come and share in memories and conversation as Peter and Dewey take that final jump and ride off into the sunset.



Harry Braun

July 12, 1931 - July 27, 2018

It is with sadness that we announce the passing of Harry Braun into the presence of his Lord and Savior Jesus Christ on Friday, July 27, 2018.

Harry is survived by his loving wife of 61 years, Betty; son Eric and wife Joanne, son Victor and wife Bonnie, son Dale and wife Shelley. Also left to mourn his passing are grandchildren Brent, Jason (Brittany), Kevin (Kim), Riley and Jessica; sister Margaret Friesen; brother Ed (Aileen); sisters-in-law Nellie Schlichting and Mary Dueck; nieces, nephews and many friends.

He was predeceased by his parents Jakob and Susanna Braun; brother Jake; sister Irma; two siblings in infancy; sister-in-law Susie; brothers-in-law Abe Mathies, Peter Friesen, Victor Dueck and Henry Schlichting.

Harry was born in Winnipeg, Manitoba on July 12, 1931 to parents Jakob and Susanna (Warkentin) Braun. On July 11, 1957 he married Betty Wiebe of Starbuck, MB. They settled in their new home near Meadows, MB. They were blessed with three sons, who helped on their poultry and grain farm as they grew older. Harry also drove school bus for Interlake School Division for 26 years. He enjoyed the children and upon retirement he missed them, especially his grandchildren who greeted him every morning at the school. In 1993 they moved to Winnipeg where they lived for the past 25 years.

Thank you to all the staff at Grace Hospital, Deer Lodge Centre and Oakview Extended Care for the excellent care and compassion that was provided to him over the past year.

He was a man of faith, very content, never complaining throughout his illness, always smiling right up to the end when he took his last breath. He passed away peacefully with family by his side.

We love you lots and will miss you dearly.

Till we meet again.

Funeral service will be held August 2, 2018 at 11:00 a.m. at First Mennonite Church, 922 Notre Dame Avenue. Interment will take place before the service at Chapel Lawn at 9:15 a.m.

In lieu of flowers, donations may be made to Oakview Extended Care or a charity of your choice.

Remember Your Loved Ones
with an Announcement

Tribune

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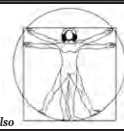
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