

TRIBUNE PHOTO BY JO-ANNE PROCTER

Municipal Relations Minister Eileen Clarke, second from left, announced a \$12-million investment in municipal roads, including many in Interlake communities. Pictured left to right, AMM President Chris Goertzen, Clarke, RM of Rockwood Reeve Jim Campbell and AMM executive director Joe Massey. See story pg. 4.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



² The Stonewall Teulon Tribune Thursday, July 27, 2017 Family raising funds for daughter's medical equipment

By Jennifer McFee

A local family is raising funds to buy a medical device that will provide some simplicity for their seven-year-old diabetic daughter.

Stonewall mom Melissa Benson has launched a YouCaring fundraising page for her daughter Olivia, who was diagnosed with Type 1 diabetes right before her second birthday. Since then, she has managed the lifelong illness with daily insulin injections and glucose monitoring tests.

"The first year of diagnosis is usually the hardest. It's called the honeymoon phase because the body is still producing some insulin but it's very intermittent and unpredictable. So she had very scary lows," Benson said.

"Once she ended up having a grand mal seizure. She literally turned blue in my arms by the time the paramedics had gotten there. Since then, I've gotten very, very diligent with the testing so that hasn't happened since."

Over the years, Olivia has endured more than 7,800 injections and at least 19,590 finger pokes to test her blood.

Each day, she needs to test her blood between six and 10 times — and even more when she's sick or more active than usual. Even at night while she sleeps, her glucose levels need to monitored to make sure they don't get too high or too low.

But now there is a simpler way to keep tabs on Olivia's levels through a new device called a continuous glucose monitor.

"There's a little pod that will stay on her and transmit her blood sugars to a receiver, which can be a cell phone. So when she's at school or at a friend's house, she'll have a cell phone with a data plan. It will transmit to her cell phone and then to my phone and to her dad's phone," Benson explained.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Seven-year-old Olivia Benson has Type 1 diabetes and is hoping, with the community's help, her family can purchase a continuous glucose monitoring device to help regulate her insulin.

"So no matter where she is, we can find out what her sugars are doing. It will give her a little bit more of a chance to be independent. But it's a newer device to Canada, so it's not funded under any provincial funding so we have to raise the money for it."

They're looking to raise \$2,500, which is the minimum amount to get started with the new monitor. Each month, they'll also have to buy a set of pods since they only last about seven days.

The family is hoping to get the continuous glucose monitor before Olivia starts Grade 2 this school year at Ecole R.W. Bobby Bend School.

"I want to get her and I adjusted to it so that I can teach the teacher how to read it," Benson said.

"The nice thing about it is that it's got an alarm so it will warn her if she goes too low or too high. We can set the limit and we can catch it before it gets scary."

At press time, the crowd-funding campaign had already amassed more than \$1,600, and the contributions continue to pour in.

"The community has been so great. I've gotten so many messages from people and other Type 1 parents that I didn't even know were around in Stonewall,"Benson said."It's nice to have such great community support."

As for Olivia, she's looking forward to having the chance to enjoy her childhood without having to constantly check her glucose levels.

"She doesn't let it stop her. She's a huge warrior," Benson said. "She's such a caring person and she has the biggest heart."

To make a donation towards Olivia's continuous glucose monitor, visit https://www.youcaring.com/ oliviabenson-878946.

Lundar RCMP look for at-risk missing youth

Staff

On July 19 at approximately 11:50 a.m., Lundar RCMP received a report of a missing girl from St. Laurent.



Kamryn Greyeyes, 15, was last seen on July 18, 2017, at 8:15 p.m., when she was dropped off at a residence in Winnipeg.

Kamryn is extremely vulnerable and at-risk for exploitation. She is known to associate with gang members. In the past, she has been known to frequent the area around Cathedral Avenue and Main Street in Winnipeg.

Kamryn is described as Indigenous, 5'5", 121 pounds, with long, dark hair.

Police are extremely concerned for Kamryn's safety and well-being. Anyone with information is asked to contact Lundar RCMP at 204-762-5088 or call Manitoba Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIPMAN" plus your message to CRIMES (274637).



Kamryn Greyeyes



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The Stonewall Teulon Tribune Thursday, July 27, 2017 3

Local woman sews memory quilt for Stonewall grad

By Lindsey Enns

While some graduates are showered with cards and cash, Barb Peterson knew she wanted to give her daughter something a little more memorable when she graduated from the University of Winnipeg.

The Stonewall woman says over the years she set aside T-shirts her daughter Catie had worn throughout her lifetime, hoping one day they could be used to make a quilt full of memories.

With that idea in mind, Peterson got in contact with Maria Livingstone formerly of Stonewall, who now runs her sewing business out of her Selkirk home. Livingstone took on the challenge, and more than 100 hours later, Catie's unique graduation gift came to fruition.

"She collected these (T-shirts) over a lifetime of her daughter's life so then we got together and it took five hours to actually come up with the design," Livingstone said while holding up the large quilt inside her home recently. "This is her life up to graduation."

The border of the quilt is made from Catie's first pair of grown-up pyjamas and some of the roughly 30 T-shirts used, which include pictures of Harry Potter and movie characters as well as a long list of travel destinations. Another T-shirt reads "boyfriends are recyclable."

"Her boyfriend had split up with her so she wore that to school the next day," Livingstone said with a smile.

Peterson said she presented her 23-year-old daughter with the quilt on her graduation day in June during a get-together with friends and family.

"The whole family was here," she

Visitor in the canola

A whitetail deer was spotted in a canola field near Argyle earlier this

month. Deer are known to snack on the brightly coloured crops.



TRIBUNE PHOTOS BY LINDSEY ENNS

Maria Livingstone holds up the large memory quilt she spent nearly 100 hours making as a gift for a University of Winnipeg graduate from Stonewall inside her Selkirk home recently. Livingstone said she's been sewing since she was a young girl and doesn't plan on putting her machine away anytime soon.

said."It was the neatest thing because her best friend from childhood remembered everything too."

Peterson said her daughter, who studied theatre and film at the U of W, plans to use the quilt as her bedspread in the future.

"She just likes looking at it," she said. "It's basically her whole life."

Livingstone said she's been sewing since was a young girl and she doesn't plan on stopping anytime soon.

In 2015, she moved her sewing business, M L Creations, from her home in Stonewall to a new home in Selkirk. She also teaches basic sewing at the Comp as part of the Continuing Education program. She added that alterations can be pricey so sewing is a

TRIBUNE PHOTO BY KEN CRAWFORD

great skill to have.

'You sew and you learn and basically that's what it's about," she said. "Sewing is kind of coming back. It was a lost art for a long time and things are coming back and manufacturers are making all kinds of different feet for the machines."

Besides the dresses she has sewn for her granddaughters, this quilt is definitely one of her more memorable creations, she said.

"It's like a memory quilt. It's a whole collection of memories."





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Another piece of the infrastructure puzzle

Staff

Local communities are on the road to smoother travel, with government funds paving the way to improved infrastructure.

On Tuesday, July 25 at the RM of Rockwood office, Municipal Relations Minister Eileen Clarke announced a \$12-million investment in municipal roads, including many in Interlake communities.

The Municipal Road Improvement Program, developed in partnership with the AMM, provides 50-50 costshared funding for municipal road projects. These projects include the construction of new roads as well as renewal of existing roads. Addressing many different issues, the projects range from main streets and back lanes to campgrounds and industrial park corridors.

This year, a total of 188 projects received approval in 99 municipalities.

Locally, the RM of Rockwood will receive \$225,000 for work on Road 1E from 81N to 82N; Road 6E; Road 74N from Road 4E to 5E; RD 94N; and for street paving in Stony Mountain.

For Rockwood Reeve Jim Campbell, the announcement comes as great

news for the community.

"Rockwood is a huge municipality and we've got a magnitude of infrastructure work that I couldn't even put a list on it. There is always a wish list. If it wasn't for the assistance we have gotten from the PC government with these grant applications, if we weren't successful in that, a lot of these wish list jobs just wouldn't have got done," he said.

Funds will also be going to the RM of Woodlands, which will receive \$100,000 to realign and reconstruct Road 82N between 15W and 16W, as well as for work on Road 82N between Road 16W and 17W and Road 82N between Road 7W and Main Street.

Nearby, the RM of Bifrost-Riverton will receive \$100,000 for work on Road 130N and the Town of Winnipeg Beach will get \$60,000 for the Stroll Way rehabilitation project.

The RM of West Interlake will also get \$100,000 for Ashern back lane relocation; Broadway renewal project (Ward 1); Murphy Road renewal (Ward 1); and Ward 2 road infrastructure renewal.

The RM of Gimli will get \$225,000 for a number of projects (Second Avenue

Goldfield to Centre; Second Avenue South; Fifth Avenue Amisk to North Fifth Avenue; Sixth Avenue South of Barney Thomas; Amisk Drive; Lake Avenue Amisk to North Fifth; Thompson Drive; Seagram Road Extension).

In addition, the City of Selkirk will receive \$377,566 for construction work on McLean Avenue, Pacific Avenue and Sophia Street.

On behalf of the Association of Manitoba Municipalities (AMM), president Chris Goertzen thanked the provincial government for partnering on the project and making it a priority.

"We look forward to the success of this program in our local communities," said Goertzen, the mayor of Steinbach.

Meanwhile, AMM executive director Joe Massey noted that the funding is "another piece of the infrastructure puzzle that our communities need."

Minister Clarke outlined the evaluation criteria, which focused on projects that address increased economic activity, extend asset life, improve public safety, and have a regional or community impact.

"Investments in our road and transportation infrastructure ensure that



TRIBUNE PHOTO BY JO-ANNE PROCTER Rockwood Reeve Jim Campbell was happy with the funding announcement.

both goods and services continue to flow efficiently throughout our province," she said.

"Our government recognizes the importance of investing in our municipal infrastructure, which helps foster long-term, sustainable growth for our communities."



Rosser council hires new chief administrative officer

By Jennifer McFee

At the July 17 meeting, Rosser council approved a \$1,850 recreation and cultural grant application from St. Michael's Anglican church for carpeting and for repairing stones. Reeve Frances Smee voted against the resolution. In other news:

• The RM of Rosser has hired Larry Wandowich as the chief administrative officer.

• Council approved Phoenix Paper Shredding to remove two extra totes of overflow material for \$72 plus tax per 96-gallon tote.

• Council approved amendments and additions to the purchasing policy's sections on definitions, purchase orders and purchase order exemptions.

• Jimbern Farms leases cultivated area for the RM of Rosser, and council approved the renewal of the lease for another five-year term at a cost of \$65 per acre.

• Council authorized the CAO to provide Paul Graham with a copy of the latest property values assessment impact report.

• Suzanne Houlind of Geolind Mapping Solutions provided additional information about a price quotation for GIS implementation in the RM of Rosser.

• Robert Scaletta of Shindico spoke to council about a development

in the Brookside business area.

• Bob Brown from RLB Consulting discussed Landmark Design's development plan amendments for the RM of Rockwood.

• Brad Erb and Colleen Sklar spoke to council about initiatives of the Partnership of the Manitoba Capital Region. Member municipalities in the PMCR have been working towards building a collaborative framework to reduce costs and increase capacity and regional competitiveness.

The RM of Rosser supports the creation of a development corporation that aims to facilitate financial sustainability for the future, bolster business and industry development and focus on strategic regional service sharing. The RM of Rosser will contribute \$7,500 towards creating this corporate entity, with \$1,000 payable now and the remainder payable in 2018.

• Utility operator Paul McLeod provided an update on utility operations.

• Council approved a culvert crossing onto 16 Bryan Bay.

• On behalf of the Rosser Fire Department, the RM of Rosser is entering into an agreement with Emergency Services Marketing Corp for a one-year term regarding an emergency responder reply system.

Hearing for construction of six-unit multi-family condo

Teulon council news in brief

By Jennifer McFee

At the July 11 regular meeting, Teulon council approved a request to put up signs along the highway for the Teulon and Area Lions Club. Council also approved a road closure for the Second Annual Ride In Rally, which will be held Sept. 9.

In other news:

• There was a conditional use hearing to allow for construction of a six-unit multi-family condo. No decision has been made yet.

• Council approved a request from a resident who would like to widen his driveway and remove a culvert.

• Council approved the amended handi-van agreement, which accounts for a change of wards in Rockwood.

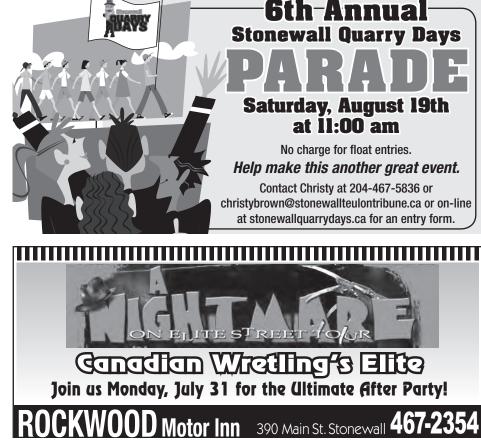
Council passed third reading of a bylaw to set wages for town staff.
The property has frontage

and access onto Fifth Avenue SE and PTH 7.

• Prior to the regular council meeting on July 11, Teulon council held a special meeting with a public hearing for an amendment to the zoning bylaw. The amendment proposed to rezone an area from highway commercial to industrial zone to accommodate a fish processing plant. The property has frontage and access onto Fifth Avenue SE and PTH 7. When council was in its regular meeting, it defeated second reading of the zoning bylaw amendment.







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Hello good friends. Oddly, two of the stories that came to us last week have to do with icy water

> ARNIE WEIDL

or winter, but they do have pleasant endings.

Our first story comes from Gary Feenestra who I met at Breezy Point last Tuesday.

The wind pushed against Gary's back as he and his sons Ried and Heath launched their small boat into the Lake of the Prairies water.

Low cold grey clouds covered the sky. The rocks above the water had thin coverings of white snow. Gary didn't voice his concern about the wild waves knowing his boys wanted to fish so badly. Except for his grey hair the boys looked much like their dad with an air of confidence. The wind and waves were at their back now as Gary drove pickerel caught at Hanusa. the boat south for the Dam.

Suddenly Gary saw a cluster of rocks baring themselves in the shallow between waves. Purely by reflex he slammed the motor into reverse causing a huge wave to engulf the back of the boat. Seemingly instantly the boat was gone from under Gary and he found himself in the water still holding his coffee cup. Looking around he saw Ried, Heath and the bow of the boat above water.

"Go to the boat boys, it's got foam, it'll float," dad cried out.

The icy water began stiffening Gary. He rolled over in his lifesaver vest to the boat and as all three men clung to the craft something came over Gary. He was filled with an absolute comforting conviction that they were going to come out of this OK. Luckily the wind pushed the boat and men to shore. Once there, Gary rolled from the boat to a rock that felt surprisingly warm.

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'Go to the boat boys ... it'll float'

RED RIVER > CHALET BEACH > LAKE WINNIPEG



TRIBUNE PHOTO SUBMITTED Kim Sager of St. Andrews with a

Heath, with the strength of youth crawled from the water hailing a nearby van. The driver helped them into the warm van.

Finally the waters on Lake Winnipeg by Hanusa were restful instead of restless last Wednesday. Yet only one angler, Kim Sager, had caught a walleye when I showed up. She obligingly held it up for us to admire but didn't have a fishing story, however, Don Goldforb of Inwood fishing beside her did.

A few years ago he went out onto the lake with a commercial fisher friend to lift nets in January. They were far out and all one could see in the bright sunlight was the white ice pack meeting the blue horizon. They pulled nets boxing the fish and with the last box in their old bombardier they piled in and his friend turned the key to start the engine. Silence! His friend went looking for the trouble but everything looked fine. Time wore on and it began

getting dark and cold. In desperation, Don's friend tried the key again.

"There's something going on under me," Don remarked as he heard a faint "ticking."

They opened a panel and there lay a blackened broken wire. They twisted it together, turned the key and the old girl came to life carrying them rattling and rocking toward the lights on shore.

I was having lunch at a café by Lac du Bonnet last Friday and couldn't help overhearing a couple of guys joking about fishing. I asked if they had a story for us.

"Yeah, kinda," a well put together Kelsev McAuley with short brown hair chimed in. He lost no time describing how he and a buddy, by Kelsey's own admission, are the most laid back guys you'll ever meet were fishing downstream of Selkirk on the Red River. They were comfortably slouched down in their folding chairs with their rods in holders eating, drinking and doing absolutely nothing when a fish came by and had the audacity to strike Kelsey's baited hook. Since he was in no mood to do anything about it, he rolled his head toward his friend and asked, "you want to get it?" His buddy who we'll call Bert, grabbed Kelsey's rod and promptly tripped in the soft deep mud falling into the water.

Kelsey, still sitting called out, "is it a decent size?""Yeah it's a big pickerel," his friend sputtered back. "I'll have it for supper," Kelsey proclaimed."No it's mine," came back a casual retort. "My rod, my fish" Kelsey pointed out. "Not anymore," his buddy uttered as he slung Kelseys' rod into the bulrushes and released the fish.

Come by next week won't you, bye now.



Brian Bowman Sports Reporter sports@stonewallteulontribune.ca

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I Am Festival aims for transformative experiences

By Jennifer McFee

A local festival invites participants to unplug in nature while nourishing their mind, body and soul.

The second annual I Am Festival will be held at Ignite Retreats in the Teulon area from Aug. 18 to 20. The festival's main mandate is to create transformative experiences for all who attend.

The concept began with a conversation in a canoe three years ago among three friends who were enjoying the scenic pond on the Teulon acreage. Maurice and Tracy Thibodeau of Ignite Retreats and wellness coach Keith McPherson chatted about the possibility of creating an opportunity for people to connect with themselves, with others and with nature.

Their vision became a reality through the already-popular I Am Festival, the first of its kind in Manitoba.

In its inaugural year, more than 200 people attended, and this year the capacity can accommodate up to 400 festival-goers.

For McPherson, I Am Festival is still somewhat of a hidden gem that is ready to be discovered.

"It's actually more than just a festival because it's really like a retreat. Some people will go to places like Hawaii or Mexico and take a retreat weekend with a certain presenter. We wanted to create something in our community that had that essence of rejuvenation and personal retreat experience," he said.

"So it's quite an awesome opportunity for people to immerse with some world-class presenters in the middle of Teulon and enjoy the nature and beauty in our province."

This year, the festival will feature a variety of yoga classes, including paddleboard yoga on a beach pond. Guests can also look forward to plenty of presentations with speakers ranging from psychologist Dr. Doug Ta-



TRIBUNE PHOTOS COURTESY OF LISA WALDNER Aug. 18 to 20. The three-day festival will offer

Teulon will play host to the second annual I AM Festival from Aug. 18 to 20. The three-day festival will offer local presenters, live music, yoga workshops, stand-up paddleboard yoga and more.

taryn to psychic medium Lisa Scriven. Musical performances will add to the ambiance with contributions from Juno Award winner Don Amero, songstress Sheena Grobb, and the Dirty Catfish Brass Band. As well, Renowned visual artist Willow Wolfe will teach a painting workshop.

"There's something for everyone," McPherson said."There's so much going on."

For Tracy Thibodeau, she shares in the enthusiasm for the upcoming event.

"We're super excited about it this year. It's definitely grown beyond what we envisioned. We moved out here five years ago and part of the vision of the property is to create a space for people to escape to," she said.

"When we met up with Keith and fell in step with what he was working on, it just started to grow and grow. The festival came to fruition and it's been growing. It's amazing what happens when

to step into."

They listened to feedback from people who wanted to share the festival experience with their families, so they also created I Am Family Camp. For the first time, families can enjoy a weekend filled with camping and connection at Ignite Retreats from Aug. 11 to 13.

"The agenda is amazing. We have Fred Penner coming. We've got a female empowerment coach on site. We've got therapists from Hawaii," Thibodeau said.

"And there's swimming, kayaks, canoes, tug of war and those types of things too, so it should be a really incredible experience for families. We have child care available so parents can drop their kids off in Kids Club and then attend some workshops. As well, there's lots of family time sched-

ow.uled too."it'sUnservicedhatcamping is avail-

able on site for both I Am Festival and I Am Family Camp with spots available for tents, RVs and everything in between. For families without camping gear, the festival organizers can help them to get set up with a shelter system called ShiftPods.

"We're just so honoured to be able to open up this space because it really makes a difference for people. It's beautiful to watch,"Thibodeau says.

"We also want people to know how great Teulon is. This is such a great community and it's super supportive."

To buy festival passes or for more information about I Am Festival and I Am Family Camp, visit www.iamfestival.net. More information is also available by emailing info@iamfestival.net.



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Reading is rewarding

Staff

The library's Summer Reading Club is proving to be a novel experience for everyone involved.

The club operates at the Stonewall and Teulon branches, where participants can even earn rewards for reading.

To get involved, parents can sign up their kids at either branch. Then as kids read, they fill in a reading log in 10-minute increments. Once they've read for five hours, they can exchange the time for "book bucks" that can be spent at the library store.

Participants can earn grand prize tickets by completing challenges in their TD Summer Reading book and by filling up their reading logs.

At the Teulon branch, 50 kids are

registered and actively participating in the program. In the first two weeks of the program, they read for a combined total of 80 hours.

For kids who are registered, they can drop by the library on Wednesday and Thursday afternoons from 1 to 3 p.m. for planned activities.

Then Friday afternoons from 1 to 3 p.m. is the drop-in time for Maker Space, which is geared for kids aged seven to 12. They need to figure out how to build or create something using their imagination.

For more information, contact the Teulon branch at 204-886-3648 or the Stonewall branch at 204-467-8415 or visit the South Interlake Regional Library website at www.sirlibrary.com.



TRIBUNE PHOTO BY STEPHANIE DUNCAN

The Teulon Library's Summer Reading Club has been a novel experience for the 50 kids who read for a combined total of 80 hours.



Supper to follow compliments of Bayer Crop Science and South Interlake Crop Testing Committee.

Please RSVP by August 1st to Diljeet Brar at **204-641-0510 or diljeet.brar@gov.mb.ca**

Everyone welcome.

Walk for Water marks 10th anniversary

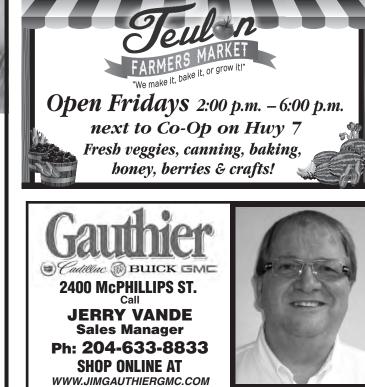
By Maggie Wysocki

Since 2007, lake-lovers have been participating in the Walk for Water — an annual fundraising event in support of a healthy Lake Winnipeg.

This year's walk on Sunday, July 30 in Dunnottar and on Sunday, Aug. 13 in Victoria Beach will mark a decade of citizen-led action and the Lake Winnipeg Foundation (LWF) is gearing up to celebrate the success.

"We tend to hear a lot of doom and gloom about the future of the lake but we're trying to stop that. The walk is about raising a glass to Lake Winnipeg because it definitely deserves it," said Alexis Kanu, LWF executive director.

Participating is easy and it's not too late, says Kanu, ex-



plaining participants can either create an online campaign to raise money or pledge in person and bring their completed form to the walk.

"The funds go towards our grants program, funding for teachers to take their classes on field trips, watershed organizations ... a little bit of everything," she said.

Over the last 10 years, the Walk for Water has raised more than \$10,000 and Kanu says it's become a family tradition for many.

"Coming together to take part in Walk for Water every year is our way of giving back. We walk to raise awareness of the issues and to raise funds to support worthy projects to protect Lake Winnipeg for future generations," said Janet Sampson, who has been participating in the Victoria Beach Walk for Water since 2008.

The walk's 10-year anniversary isn't the only exciting part of this year's fundraising efforts either. This year, the LWF will also host a brand new event, Lake Bash 2017.

The event is scheduled for Aug. 18 at Farmers Hall in Gimli and will feature food, live music, a cash bar and dozens of silent auction prizes.

"It's super exciting. It's a partnership with Farmers Hall and they're very community-minded folk and they want to get the people in Gimli out celebrating the lake," said Kanu.

To participate in the Walk for Water or Lake Bash 2017, visit lakewinnipegfoundation.org.

Organizations come together to fight carbon taxes in Manitoba

By Jeff Ward

The Canadian Federation of Independent Business (CFIB), the Canadian Taxpayers Association (CTF) and the Western Canadian Wheat Growers Association have joined forces to fight against the future of potential carbon taxes.

On Thursday, July 13 representatives from the above organizations gathered outside the legislative building and demanded that Premier Brian Pallister hold a referendum before imposing either a federal or provincial carbon tax plan.

Jonathan Alward, CFIB's director of provincial affairs for Manitoba, said that not only will a future tax burden small businesses but it will not reduce carbon emissions. Alward said that through CFIB's internal research, 62 per cent of small business members in Manitoba are opposed to carbon taxes. He added that a carbon tax will increase the size of government through another bureaucracy and that it will have a negative impact on the economy.

"In a nutshell, we have concerns that a plan like this will make business less competitive in Manitoba," said Alward.

"There's more to worry about than the direct cost of the tax. It's the added indirect costs as well. We're talking about reduced disposable income for residents, which mean less money being spent in businesses. It means less money business owners can use to reinvest in their own operation."

Prime Minister Justin Trudeau plans to impose a tax starting at \$10 per tonne, which translates into roughly 2.2 cents on a litre of regular gasoline. That then grows to be 11 cents per litre on gasoline in all provinces by 2022 or \$50 per tonne.

The numbers from the most recent Angus Reid poll on the subject echo the CFIB's own findings in that 60 per cent of Manitoban's polled do not support the federal government's plan.

Pallister is one of those who oppose the plan and is currently seeking legal action to refuse the federal plan for what the PC government is calling a "Made in Manitoba" solution. The details of Pallister's plan remain a closely guarded secret.

Alward said it doesn't matter if the tax comes from the feds or the province — his organization and the others in the coalition will oppose it in any form.

"Our data shows that small business owners are motivated to help reduce carbon emissions already, so a tax forcing them into that doesn't help. The least effective way to do this is to have it mandated by the government, to have extra rules," said Alward.

For proponents of the carbon tax, it all comes down to how the revenue it generates is used. Ron Thiessen, executive director for the Manitoba chapter of the Canadian Parks and Wilderness Society, said that strong measures are required for Manitoba to do its part to reduce emissions. Thiessen explained that the "polluter pays" principal is a solid one.

Thiessen admits that the carbon tax the feds are proposing is a half mea-

a panel of judges, participants must

submit an application form that out-

lines how they would commercialize

Ten applicants will be selected to

compete in the food portion of the

competition and three will be selected

for the new pub competition. Judges

sure.

"A few cents a litre is unlikely to change the behaviour of individuals," Thiessen said.

'Gas prices fluctuate often and it doesn't make people go to the pump less. But what the money is used for is the more important factor because if we use it to help preserve wetland and boreal forest zones, areas that are vast carbon stores, that is doing our part."

The farther north into the Interlake you go, the more densely packed the boreal forest becomes, and this area is immensely important in storing carbon emissions. Thiessen said that if carbon tax revenue can be used to advance green technology, green business or in the fight for conservation, then the tax is doing good.

Alward isn't convinced, however, as he believes these things can be accomplished without digging into the pockets of businesses or taxpayers. And for the time being, it seems that the majority of Manitobans agree.

Great Manitoba Food Fight seeks aspiring entrepreneurs

Competition features new alcoholic beverage category

Submitted

Aspiring Manitoba entrepreneurs with creative ideas for new foods or alcoholic beverages are invited to enter the 11th annual Great Manitoba Food Fight (GMFF), Agriculture Minister Ralph Eichler announced Monday.

"Manitoba is home to many budding entrepreneurs with a passion for food and drink and the skill to create innovative and delicious new products," said Eichler. "The Great Manitoba Food Fight is a fun and exciting way to find a new group of talented Manitobans who are ready to take the next step and turn their culinary creations into a possible career and a profitable

food or drink-based business."

GMFF is sponsored by the Manitoba government, in partnership with De Luca's Specialty Foods Store and Food and Beverage Manitoba. This year's event features a new alcoholic beverage category, in support of the growing craft beer and spirits industry in Manitoba, the minister noted.

The competition provides entrepreneurs with an opportunity to fast track their products to commercialization

by competing for product development and service awards. In addition to pitching their product to

will select gold, silver and bronze winners in the food category, with prize ranging money from \$13,000 to \$3,500. A single winner will be selected in the craft beer and spirits category, with a

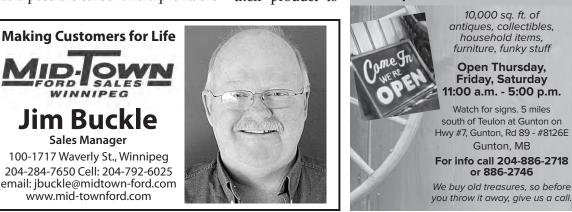
their new product.

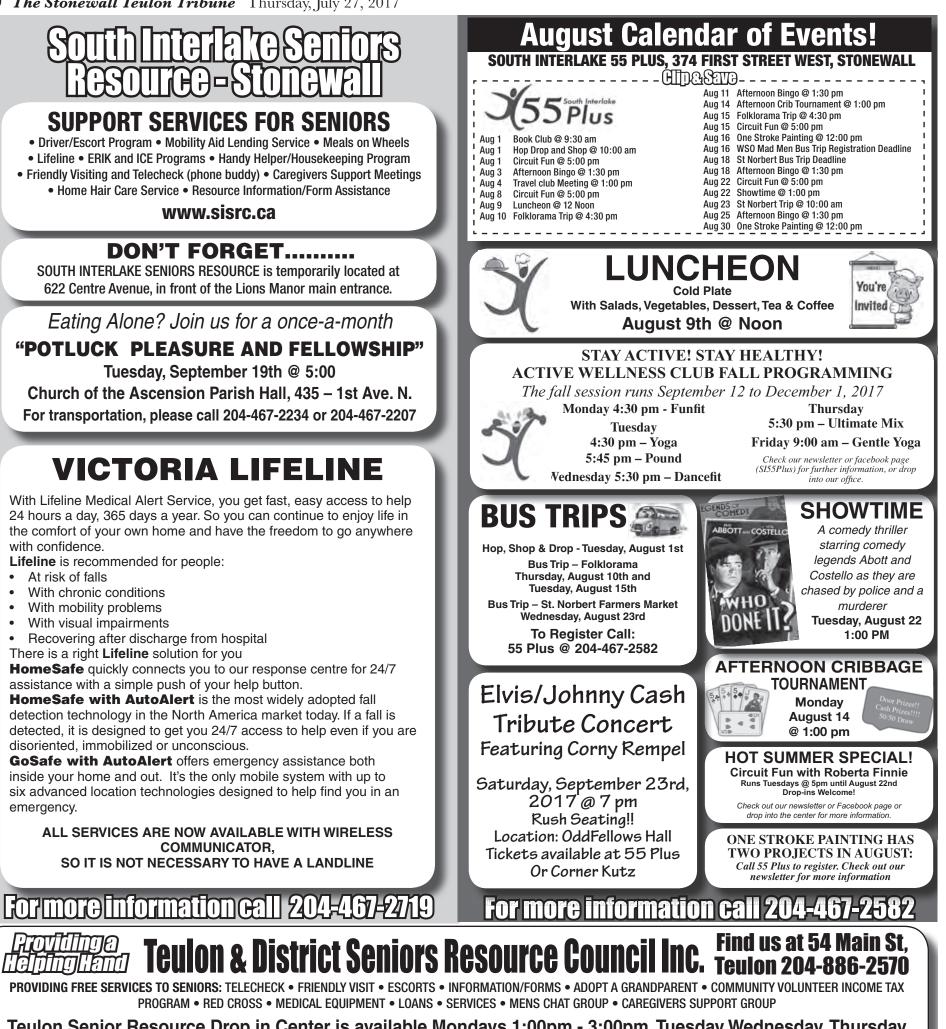
\$5,000 prize.

The competition will be held on Sept. 20 at De Luca's, 950 Portage Ave., in Winnipeg. The entry fee is \$50 and the application deadline is Aug. 4. Applications not accepted will have their entry fee returned.

To apply for the Great Manitoba Food Fight or for more information, visit www.gmff.ca or call 204-841-4084.







Teulon Senior Resource Drop in Center is available Mondays 1:00pm - 3:00pm, Tuesday Wednesday, Thursday and Friday 9:00 - 12:00, and 1:00- 3:00 closed every 2nd and 4th Thursday mornings of each month.

Mood Disorders Open Group Feeling Blue from the long winter? Self-Help Group • 3rd Wednesday of each month 7-9pm - Hunter Memorial Hospital.

Teulon Senior Resource is wanting people to chase the Ace Friday's at the Teulon Rockwood Motor Hotel.

CIB Yard of the Week

TRIBUNE PHOTO BY JO-ANNE PROCTER The Communities In Bloom Yard of the Week honours were awarded to Kristine Sawry of 13 Lions Way. Sawry's family has been at the residence for the past five years. This eyecatching yard is worth a drive by to see the beautifully manicured yard filled with colourful perennials and the odd annual for filler. You will see hydrangeas, Karl Foerster grass, echinaceas, sedum, phlox, ninebark, silvermound, Ligularia, hostas and much more. Be sure to stop in at the Stonewall Store and fill out a ballot to nominate another yard that helps beautify the Town of Stonewall.





Now open: a new Bell MTS store near you! Hey Manitobans. We've opened a new location in Stonewall to better serve you. With the new Bell MTS, you can look forward to: Larger wireless coverage area and faster speeds

• Faster home Internet speeds in more neighbourhoods

• The latest in TV content, features, and services



Find your nearest store at bellmts.ca/storelocator

Bell MTS store now open for business in Stonewall

By Jennifer McFee

The newly rebranded Bell MTS store is now open for business in Stonewall.

Situated at Unit 10-333 Main St., this location opened on Friday, July 21. The store aims to be a one-stop shop for telecommunications needs by offering a range of wireless, TV, internet and home phone services.

Jeremy Sawatzky, Bell MTS media relations and communications specialist, says that MTS built a very strong brand in Manitoba over the years.

"We were the dominant communications player with more subscribers in every segment than any competitor, strong name recognition and reputation across the province, and a high level of engagement and investment in the community," he said in an email.

"We have now combined that leadership with Bell's own strong national brand and their ability to invest significantly more in networks, services and the community."

As a result, benefits abound by bringing both companies together.

"Combining Bell and MTS brings together the best of both worlds: The MTS team's deep local expertise and knowledge of the Manitoba marketplace, and the scale and resources of a major player like Bell," Sawatzky said. "This newly rebranded store will

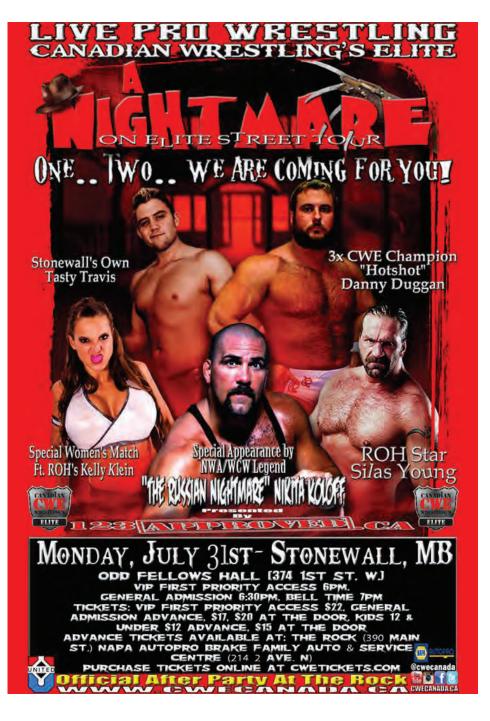
give us the opportunity to showcase our new offerings and to continue serving our customers in Stonewall."

Open seven days per week, the store's hours are Monday to Friday from 9 a.m. to 6 p.m., Saturday from 10 a.m. to 6 p.m. and Sunday from noon to 5 p.m.

For more information, visit www. bellmts.ca or call the Stonewall store at 204-467-2550.



TRIBUNE PHOTO BY LANA MEIER Bell MTS employee Ryan Bowen, left, assists Brett Munroe at their new location in Stonewall located in the Westside Plaza mall.



Kalnuk hits a milestone



TRIBUNE PHOTO BY CAL MARTIN Only once in a lifetime does one turn 50, and the staff at Stonewall Family Foods made sure owner Dave Kalnuk and all his neighbours knew about Kalnuk's milestone birthday. Kalnuk woke up to quite the birthday surprise on July 18 with his front yard filled with pink flamingos to mark the occasion.

Gimli Glider exhibit takes flight with visit from heroic pilot

By Patricia Barrett

The Gimli Glider museum officially took flight last Sunday when the pilot who brought the powerless Air Canada jet to a safe landing at Gimli airport 34 years ago returned to town to help launch the exhibit.

Before hundreds of spectators at the harbour bandstand, Capt. Bob Pearson recounted the harrowing tale of how the Boeing 767 ran out of fuel midway through its flight from Montreal to Edmonton.

"This is a hell of a lot better than the first time we came here," quipped Pearson, who put his previous experience as a glider pilot to good use when the jet's engines failed.

In 1983, Canada was in the process of adopting the metric system, and ground crews had calculated fuel in pounds rather than kilograms. At 41,000 feet above Red Lake, Ont., the plane ran out of gas.

"We just had our evening meal and I can remember saying to [co-pilot] Maurice [Quintal], 'Well, for once everything's working properly,'" said Pearson. "And that's something we should never say."

Shortly after that, a low-pressure amber fuel warning light came on, and "a few minutes later, another beep-beep-beep and another light



Gimli Glider museum president Barb Gluck spoke about her nine-year journey to launch the museum.



TRIBUNE PHOTOS BY PATRICIA BARRETT

Capt. Bob Pearson, who glided a powerless Air Canada jet into Gimli in 1983, cut the ribbon.

came on. That seemed to be too much of a coincidence on a brand new airplane."

Pearson said they hadn't any background knowledge of how the new onboard computer system functioned.

"I had no ability to troubleshoot," he said, "and I decided to divert the aircraft to Winnipeg. We must have been down around 35,000 feet and more amber lights are coming on ... until the whole bank of lights were on. But the flight-management computers still showed plenty of fuel to get to Edmonton." That's when the left engine failed. At 28,000 feet, the right engine failed.

"There was a loud bong and the cockpit went black," he said. "All these beautiful instruments just simply disappeared. Maurice got into this incomplete manual to try to solve what problems we could [but] the flightops manual was very incomplete."

As they descended over Lake Winnipeg, Quintal, who has now passed on, determined that the jet might not make it to Winnipeg. They were 30

Continued on page 19

Teulon's Memory Garden continues to blossom

Submitted

The Teulon & District Memory Garden is in full bloom again.

This year's board members include Jan Lambourne, Olga Persoage, Charlene Hanis, Joan Trombo, Diane Hnatchuk and Noreen Stone. The board members would like to thank the South Interlake Garden Club for the donation of solar lamps and Gabriel Arcand for the new bench.

Arcand volunteers at the garden and his extra help is appreciated. Thank you to Ryan Hill who has been cutting the grass at the garden for a number of years now and does a great job and to Ralph Trombo, Joseph Lambourne and Glen Marmonier for all the extra help and to the Odd Job Squad for weeding.

Memory plaques are always for sale and can be purchased at S.P.R. Hair Salon at 75 Main St., Teulon for \$25.

The garden has grown into a beauti-



TRIBUNE PHOTOS SUBMITTED

Teulon's Odd Job squad were busy weeding the Memory Garden last week.

ful, restful spot that everyone can enjoy.

The committee still has a few growth

plans and every year the garden gets more exciting.

For more information on the garden,



The Teulon Memory Garden is in full bloom and is a colourful spectacle.

please check out the Teulon Memory Garden page on Facebook or on the Town of Teulon website.

14 The Stonewall Teulon Tribune Thursday, July 27, 2017

Stonewall's Fines Field getting a facelift

By Brian Bowman

Like every great baseball facility, it was time for Fines Field to get a little TLC.

Diamond 1 at Fines Field is currently undergoing various improvements.

"We're replacing all of the infield dirt," said Adam Kirk. "It was time. Over time, the infield gets broken down and it just wasn't holding the moisture that it once did."

Some new grass is also being put in while the goal is to have the field "flat and level" in order to deal with some of the past drainage issues. The lights on the scoreboard will also be replaced.

"We got rid of the dirt strip that went all the way out to the mound and the infield will have all brand new grass," Kirk noted. "We're also restructuring both pitchers' mounds with clay." Kirk is hopeful that the project will be completed in the next week or two. The Town of Stonewall is picking up the tab, said Kirk, to pay for the field improvements.

"I don't know the total bill," he admitted. "But they're spending a substantial amount of money and it's going to be for the better."

Stonewall will be the host of the 21U Women's Nationals, which will begin Aug. 23. Fines Field is already a great facility, but the goal is to make it look even better for many years to come.

"When I go to tournaments and stuff and we represent Stonewall, I get people come up to me from all over the place telling me what a nice facility that we have and how much they enjoyed playing there," Kirk said.



TRIBUNE PHOTO BY LANA MEIER

Adam Kirk and son Carson, along with a number of town employees and volunteers, were busy at Fines Field last week preparing the diamonds for the upcoming U21 Nationals.

Solar Manitoba looking to the Interlake to grow business

By Jeff Ward

A Manitoba company is looking to the Interlake as a big opportunity to bring solar power to agricultural producers looking to hedge their energy costs.

Vice-president of Solar Manitoba Alex Stuart said that his company is looking at agricultural producers all over the province as a means of expansion following the successful installation of a solar array in Mac-Gregor earlier this year.

Tim Sawatsky's farm and home now run entirely on solar power, which in turn slashed his costs for electricity and heat from Manitoba Hydro. Stuart said that many producers are looking to make a similar change given the reduced energy rates and longevity of the solar system. Taking a look at a solar irradiation map shows the Interlake among the highest for potential energy gains in the province.

"The question we ask is, would you buy 30 years' worth of power today?" said Stuart.

"And not just at a price comparable with today's rates, but better. Would you have bought 30 years' worth of gas 30 years ago? I think most people would say yes because their investment works out well in their benefit in the long run, and that's what we're talking about."

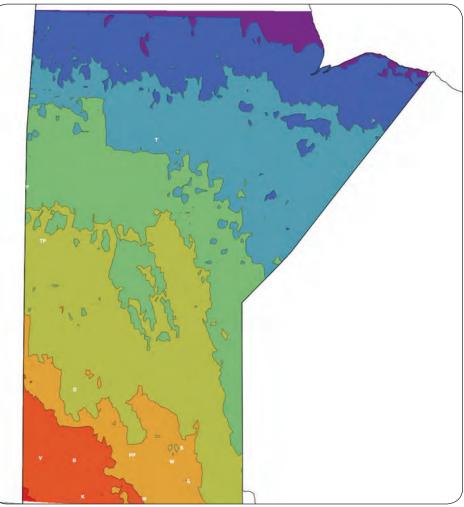
Karen and Allan Sabados run a greenhouse business in Clarkleigh and have photovoltaic panels that help offset their energy costs for heat and electricity. Their business isn't entirely run off of solar, but enough of it is to notice a difference in the monthly bill. Allan Sabados said they purchased the materials themselves about five years ago and have since been reaping the benefits of solar power.

For the Sabados, the financial impact was less important than the impact their energy usage has on the environment. They try to use biodegradable materials wherever possible and do their best to lessen their impact on the environment.

"Basically, for the type of heat we need, we have to burn something, wood pellets or oil to create electricity. But this little thing just sits there and creates heat and it's just wonderful. I suppose other than the shadow it casts, it has zero impact," said Allan Sabados.

Stuart said that the install costs on their system is \$3 per watt of power. A ballpark estimate puts a 100 kilowatt system at \$300,000. But through the Manitoba Hydro rebate program, customers can receive \$1 per watt, which brings the cost down to \$200,000 out of pocket for the customer. While these costs are high, Stuart explained that the customer is pre-buying energy at a rate that is less expensive than what Hydro is offering now, and that won't increase over time.

"So while Hydro's rates might increase, the customer's will stay the same. And this is why agricultural producers are a big focus for us right now because they're already familiar with hedging and are interested in doing that with their energy," said



TRIBUNE PHOTO VIA ECOSMARTSUN.COM

A solar irradiation map shows that the Interlake and much of southern Manitoba is prime for harvesting solar energy. On this map, the red and orange areas will yield more solar energy.

Stuart.

Sabados believes that solar is becoming more interesting to people because of the cost-saving implications and because people are more cognizant of the effects on the environment. And he expects to see it become more ubiquitous in the coming years.

The walls came tumbling down in Meadows



TRIBUNE PHOTOS BY LYNN LATOZKE

The skyline forever changed when the iconic Meadows grain elevator came tumbling down July 19 after being part of the backdrop of the community for more than a century. The Meadows elevator was built by D. McLean in 1912 and was sold to the McLaughlin Grain Company in 1915. In 1922, Paterson Grain bought the elevator, which burned down and was rebuilt the same year.

Sharing the land: 200th Anniversary of the Peguis Selkirk Treaty

By Patricia Barrett

Two hundred years ago, Chief Peguis offered friendship, food and protection to Scottish immigrant farmers and their families who had been evicted from the highlands, and helped set down the terms of an agreement that offered to share land in the Red River colony.

The Peguis Selkirk Treaty of July 18, 1817, the first treaty signed in western Canada, prescribed peace, order and mutual cooperation between the settlers, Chief Peguis' people and other Indigenous peoples.

In 1812 Thomas Douglas, 5th Earl of Selkirk, sponsored settlers' emigration to the Red River colony and signed the treaty five years later.

Peguis First Nation's chief and council welcomed the descendant of Thomas Douglas – James Douglas, Lord Selkirk – special guests and the general public to a re-enactment last Thursday of the signing of the treaty and explained its original intent.

"We didn't give up the land and we didn't sell the land: we made an agreement," said David McPherson, who told the story as the re-enactment unfolded at the Pow Wow grounds."And the one who held true to this agreement was the man called Lord Selkirk. We promised him the settlers would have a place to plant their gardens two miles from the riverbank. And it would be honoured that they would be safe. That was the agreement."

The Scottish Highland Clearances of the 18th and 19th centuries, in which hereditary landowners cleared the land of unprofitable farms and their inhabitants in order to make way for sheep and deer, parallels the displacement of Chief Peguis' people decades after the treaty was signed.

In 1907 the province of Manitoba relocated Peguis' descendants from St Peter's reserve near Selkirk so that European immigrants could farm. The present-day reserve north of Hodgson is a low-lying, flood-prone piece of land.

"It [the treaty] didn't say to take our lands and to leave us with nothing," said McPherson."In time Lord Selkirk himself realized the great tragedy that took place with the agreement he made, and that the treaty was broken not by him, but those that followed."

The current Lord Selkirk, a Scottish Conservative politician, took part in the re-enactment, staged by the Manitoba Living Historical Society and Peguis community members, by signing his name on a photocopy of the treaty before speaking of Peguis' generosity.

"As for Chief Peguis and the Fifth Earl, that friendship was of enormous importance, and the treaty is a very significant document," said Douglas. "The alliance between Chief Peguis and Thomas Selkirk helped to ensure the survival of these struggling settlers whose lives hung in the balance during these months of ice and snow.

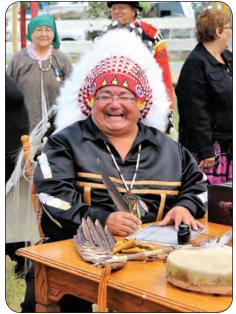
"When Thomas returned to Europe he lay down from the scourge of tuberculosis and Chief Peguis always kept his word towards the settlers on the Red River. And he also acted with compassion and humanity." Chief Peguis signed for a portion of land at the Forks. Chiefs of the Dakota, Assiniboine and Cree peoples also agreed to share a portion of their respective territories with the Scots.

"When the settlers began to arrive in 1812, we welcomed them and offered our help and food. We took them on our great buffalo hunts, shared in the fishing and offered our Indian corn given to us by the creator," said Coun. Glennis Sutherland. "The treaty signed with Lord Selkirk was an offer of peace and goodwill, where we saw our settler friends coming to this land with very little and needing a place to live. It was decided by Peguis as a way of sharing our land to live side by side in peace and harmony with all."

After the re-enactment, Douglas presented Peguis Chief Glenn Hudson with a headdress that was given to Douglas' uncle George as a token of the First Nation's friendship 50 years ago.

Churchill Kewatinook-Aski MP Niki Ashton, who was among the special guests, said she hopes the commemoration paves the way for future reconciliation efforts.

"One of the...things that really stuck me today was the fact that many reflected on the generosity of Chief Peguis and First Nations people towards settlers," said Ashton, who's visiting various parts of Canada as she runs for leadership of the federal NDP. "The promises of the treaty have not actually been [honoured] and the history of the people of Peguis has obviously been a very difficult one in



TRIBUNE PHOTO BY PATRICIIA BARRETT Peguis Chief Glenn Hudson at the re-enactment of the signing of the Peguis Selkirk Treaty of 1817. The treaty prescribed peace, order and mutual cooperation.

terms of displacement, in terms of relocation and colonization.

"I think today was a very important day to commemorate the original intent, but also for us to remember to embark on the journey of reconciliation. The crown and the federal government has to live up to its commitments through the treaty."

In keeping with the spirit of sharing, The First Nation invited guests and spectators to the community hall after the commemoration for bannock burgers, stew and pickerel.

16 The Stonewall Teulon Tribune Thursday, July 27, 2017 Métis Days to celebrate community culture next weekend

By Jeff Ward

The annual celebration of Métis culture is set to take place next weekend in St. Laurent at the Métis Grounds for the first time in more than 10 years.

Organizers say that given the recent rejuvenation of the St. Laurent Métis Grounds, this year will be the first in more than a decade where the entire weekend event is hosted there.

Organizer Juliette Lavallee said the event will feature dozens of activities and begins Aug. 4 with a new attraction, CWA Wrestling. Saturday events begin with a parade that

Lavallee said will be one of the most exciting in recent years.

Awards are up for grabs for bestdecorated golf cart, quad and kids' bikes as well as awards for the best Métis family float. There will also be a jigging competition, square dancing and a strong man competition.

"We're just trying to provide as many fun family-friendly activities as we can for the weekend," said Lavallee. "We'll have food vendors coming

as well, and this year we added a Little Miss Métis pageant that I think will be really fun. Last year we had around 2,500 people come out to the event and I think we can expect similar numbers this year."

Métis Days is an important event as it represents the culture of a large majority of St. Laurent residents. The community is the largest Métis community in the world and, as a result, Lavallee said many Métis people from all

over Canada converge in the small town to celebrate their beloved culture.

A Saturday evening social with live music from The Darren Lavallee Band and Sunday mud-bogging will round out the weekend's events.



TRIBUNE PHOTO BY JULIETTE LAVALLEE

The Lil Bitty Steppers along with the Métis Club Traditional Dancers, Manitoba Métis Spirit Steppers and the Norman Chief Memorial Dancers featuring Kevin Chief will be performing at St. Laurent Métis Days.

Surge in hog virus cases alarms local pork farmer

By Maggie Wysocki

Since the first 10 cases of the deadly pig disease PEDv (porcine epidemic diarrhea virus) were reported in southern Manitoba last month, the spread has only gotten worse.

As of Monday, a total of 60 farm sites in the province had been infected, according to the Manitoba Pork Council.

"We can't say that it's not spreading, but there's hope with the warmer weather we'll stop seeing more cases," said Andrew Dickson, general manager of Manitoba Pork.

PED virus can affect all pigs but it is primarily found in newborns. The disease is transmitted by feces found on infected farming equipment, feed, people and other organisms moving from one farm site to the next.

The virus isn't transmittable to humans nor will it affect the pork industry, says Dickson.

"Sometimes we just don't understand what happened or how it spreads ... biosecurity has to be up to snuff," he said.

Every other hour, Dickson says, he's in contact with government officials, determining what measures farmers should take next and sending out emails regarding precautions.

On the other end of those emails is



TRIBUNE PHOTOS BY MAGGIE WYSOCKI AND COURTESY OF METRO NEWSPAPER SERVICE

East Selkirk hog farmer Doug Martin says he's worried about the spread of the PED virus, which has hit 60 farm sites in Manitoba, because biosecurity regulations aren't implemented by the government and vary from farmer to farmer.

East Selkirk farmer Doug Martin, who says he's worried about PED spreading since the implementation of biosecurity varies from farmer to farmer.

"It really depends on the farm and that's the problem. If there's any areas where your biosecurity is weak ... a little speck of the disease can make everything explode," he said.

Keeping PED out of his farm has been exhausting and time consuming for him and his employees, Martin says.

"We have to restrict the amount of



people that come to our farm and where we go to pick up supplies. We have to stop trucks on the road and spray the tires and make people wash their shoes before coming on the property," the fourth generation farmer said.

A few years ago, Martin remembers biosecurity being more diligent across the board because of federal law.

"There used to be certified truck washes for hog carries ... for some reason that stopped," he said.

With 1,200 pigs on Martin's farm, he estimates that if the virus hit any of his sows, feeders or piglets he could lose \$20,000 a week.

But by ensuring he maintains thorough biosecurity measures, he's confident PED won't affect his farm and he hopes the best for other local and area farmers too.

"WE'RE JUST TRY-ING TO PROVIDE AS MANY FUN FAMILY-FRIENDLY ACTIVITIES AS WE CAN FOR THE WEEKEND."

Local Wrestlers Homecoming Kicks off CWE Tour

By John Bruce

"Tasty"Travis Cole will have just one day of rest after finishing an American tour when he faces off against fellow Canadian Wrestling Elite (CWE) talent in Stonewall on July 31 — but at least he'll know who he's facing.

The Stonewall based wrestler, 25, was pulling up to a venue in San Antonio, Texas, on July 26 when he spoke to the *Tribune* on the phone. He still didn't know who he was fighting that night.

"I'm about to go inside and find out," Cole laughed. "That's the beauty of wrestling. Sometimes you got to just put your stuff on and find out when you get there."

The event in Stonewall will feature something for everyone, according to Danny Warren, CWE founder who also wrestles as "Hotshot" Danny Duggan.

"We got women. We got the young stars of today. We got the legends of yesterday,"Warren said.

Warren said the Stonewall audience can expect an action-packed show comparable to any major wrestling organization, with "bodies flying" and wrestlers bantering with the crowd,



TRIBUNE PHOTOS SUBMITTED Left photo: Tasty Travis Cole will return to his hometown of Stonewall to perform at Odd Fellows Hall on July 31. Right photo: Danny Warren, founder of CWE, Roy Dragneel, Jak Lydon and AJ Sanchez pose after training

something you'll rarely see at an arena.

at the Indian Métis Friendship Centre.

The event at the Odd Fellows Hall will kick off The Nightmare On Elite Street, a 21-day, 21-show tour — the

Flipping dogs in Teulon



TRIBUNE PHOTO BY STEPHANIE DUNCAN

The Teulon Odd Job Squad hosted a barbecue on Main street last Wednesday. The Odd Job Squad have been busy cleaning up the town and also had a popcorn sale. There is a barbecue scheduled for Tuesday, Aug. 1. Gavin Leduchowski, youth engagement leader for the Manitoba Youth Job Centre, also runs resume/interview workshops for anyone interested. Pictured left to right: Gavin, Josh, Alexis, Quintin, Caleb and Elizabeth with several customers.

biggest the CWE has ever done. It will include its first ever shows in British Columbia and travel as far fast as Sault Ste. Marie, Ont.

"It's completely unheard of to go on the road for 21 days in a row in this day and age," said Warren.

"You're wrestling every single night; you're trying new things," said Cole. "It challenges you to do something different every night ... it makes you a better performer."

The CWE's high-volume schedule helped Cole develop his Tasty persona.

"Tasty is Travis with the volume turned way up," said Cole. "I'm a little bit more excitable a little bit more flamboyant ... and love entertaining people."

The CWE's touring style has also earned it a lot of attention in the wrestling world. Major companies have sent wrestlers to the CWE, and The Nightmare On Elite Street will feature wrestlers from around North America and Japan, including the legendary Russian Nightmare Nikita Koloff.

"To have talent like him coming ... and wrestling with us and be a part of this, it just speaks to the reach that the CWE has," Cole said.

Warren said that Koloff, who's retired, will corner some of CWE's wrestlers — though legends have been convinced to come out of retirement when touring with the CWE before. But what Warren's looking forward to most is the Koloff's mentorship.

"It's really cool for the fans because they get to see someone they grew up watching, but it's also a benefit to the crew," Warren said. "They get to learn from somebody who's been where the guys want to go."

"You don't necessarily learn how to wrestle in the ring; you learn it in the car driving from town to town," said Cole.

Warren also says there's something special about performing in small towns.

"It's like visiting friends," he said. "You start to see familiar faces coming to each and every event and they become part of the family ... they become part of the team and help get us to where we are now."

Cole is glad to be back to strut his stuff in his hometown and build the CWE family.

"I'm really, really excited to bring wrestling to Stonewall," he said. "I really hope they enjoy it and come out to support it because we'd love to make it a regular thing."

The Nightmare On Elite Street is July 31 at Odd Fellows Hall. You can get tickets at cwetickets.com, and an after party at Rockwood Motor Inn will follow the show.





Cook time: 30 minutes Serves: 4 12 slices Thick Cut Bacon 16 ounces Boneless Sliced Ham 11/2-2quarts water 1 lime, juiced 1 cup freshly made or refrigerated, prepared guacamole

4 large eggs

4 thick slices seeded whole-grain bread, toasted golden brown

freshly ground black pepper 1 tablespoon chopped parsley or cilantro leaves

Heat oven to 375 F. Lightly spray baking rack and place on top of foil-

Easy Egg Casserole

Servings: 4

- Nonstick cooking spray
- cup lean ham, cubed 1
- 1 cup frozen seasoned potatoes with onions and peppers

3/4 cup frozen spinach, chopped 1/2 cup lowfat

cheddar or Swiss cheese, shredded

6 eggs

3/4 cup milk





Prep time: 20 minutes Cook time: 20 minutes Servings: 14 2 teaspoons olive oil, divided 16 ounces lean turkey breakfast sausage 1 medium red bell pepper, finely chopped

1 small Vidalia onion, finely chopped

- 1 large tomato, finely chopped
- 12 large eggs
- 1/2 teaspoon pepper

1 cup low-fat shredded cheddar cheese



lined, rimmed baking pan. Separate strips of bacon and lay flat in single layer on rack. Bake 15-18 minutes, or until just crisp, rotating pan halfway remove bacon from pan while warm; drain on paper towels.

While bacon is baking, lay sliced ham on lightly sprayed, rimmed baking pan. Bake 5-7 minutes, or until warmed through. Keep bacon and ham warm.

In saucepot over medium-high heat, heat water and lime juice until simmering. Crack eggs into small cups. Slowly add eggs one at a time to pot and simmer 4-5 minutes, or until whites are just set for runny yolk or a little longer for firmer yolk. Remove eggs from water with slotted spoon and drain on paper towel.

Spread guacamole onto toast, topping each with sliced ham, egg, pepper and bacon. Sprinkle with parsley or cilantro and serve warm.

Heat oven to 375 F. Lightly coat 8-by-8-inch casserole dish with nonstick spray.

Arrange ham, potatoes, spinach and cheese in bottom of casserole dish. In large bowl, beat eggs and milk together and pour over ingredients in casserole dish.

Bake 25-30 minutes, or until lightly browned and puffed. Serve immediately.

Pair each serving with 8-ounce glass of milk.

14 whole-wheat tortillas (8 inches each)

In nonstick skillet over medium heat, heat 1 teaspoon oil. Add sausage and cook 5-8 minutes, or until cooked through. Transfer to plate and set aside. In same skillet, add remaining oil, bell peppers, onions and tomatoes, and cook 3-5 minutes, or until softened. Add tomatoes and cook 2 minutes.

In large bowl, scramble eggs and pepper. Add to pan and cook, stirring regularly, 3-4 minutes, or until eggs are set. Remove from heat and mix in sausage and cheese. Let cool.

Fill tortillas with 1/2 cup egg mixture, roll into burrito and lay seam-side down on parchment-lined baking sheet. Freeze 1 hour. Transfer to freezer-safe re-sealable bag and return to freezer.

To reheat burritos, remove from freezer, wrap in paper towel and microwave on high 1-2 minutes.

Leadership 101: Execution

Several years ago I was an area supervisor for a group of leaders in Saskatchewan. I was talking with one individual who was having trouble getting traction in his organization. Part of the problem was the deceiving urgency to follow the latest fad. I noticed he attended one seminar after another, but did not follow through on the information. Learning is necessary and new ideas are needed, but going from the latest fad to another hoping this will fix your problem can be short-lived. It's easy to get inspired, but it's difficult to act on that inspiration and commit to the consistent application of information.

Better to learn something well and implement it, than to have a thousand ideas and do nothing about it. Good ideas alone do not ensure success, but good ideas coupled with action bring success. In the New York Times bestseller The 12 Week Year authors Brian Moran and Michael Lennington talk about how to get more done in 12

Hearty Breakfast Bowl

Prep time: 10 minutes Cook time: 30 minutes

Serves: 4

8 slices Thick Cut Bacon 16 ounces Boneless Ham Steaks, cubed 3 cups cooked steel-cut Irish or

traditional oatmeal

- 3 1/2-4 quarts water, divided
- 1 pound fresh asparagus
- 4 eggs
- 2 cups fresh assorted berries

1/2 cup walnuts

1/3 cup pepitas (Spanish pumpkin seeds) Heat oven to 375 F.

Lightly spray baking rack and place on top of foil-lined, rimmed baking pan. Separate strips of bacon and lay flat in single layer on rack. Bake 15-18 minutes, or until just crisp, rotating pan halfway through cooking. Using spatula, remove bacon from pan while warm; drain on paper towels. Drain fat from pan. Place ham cubes on same rack and bake 5-7 minutes, or until heated through.

Prepare oatmeal as directed on package and keep warm with ham and bacon.

Over high heat, bring 2 quarts water to



weeks than others do in 12 months. They note, "Knowledge alone benefits no one unless the person acquiring it does something with it. And great ideas are worthless unless they are implemented" (Moran and Lennington, 2013, p. 2-3).

What is the dream you have for your life, marriage, organization, or community? What inspires you? Moran and Lennington believe "the barrier standing between you and the life you are capable of living is a lack of consistent execution. Effective execution will set you free. It is the path to accomplish the things you desire" (Moran and Lennington, 2013, p. 3). It's not an information problem; it's an implementation problem. It's not a knowledge problem; it's an execution problem. Stay focused on that one good idea, be consistent at it, and experience success in your life and work.

Dr. John Harrison

Leadership: Organizational Systems johnharrison@mymts.net

boil and blanch asparagus 1-2 minutes, or until tender-crisp when pierced with fork. With tongs or slotted spoon, remove asparagus; drain and reserve. In same saucepot over high heat, bring 1 1/2-2 quarts water to boil. Reduce heat to simmer and, using slotted spoon, carefully lower eggs into water individually. Cook 6 1/2 minutes for softer, jammy yolk or a little more for firmer yolk, keeping water simmering during cooking. Transfer eggs to bowl of ice water and chill 1 minute for easier peeling.

To assemble, divide oatmeal, asparagus, berries, ham and bacon among four bowls. Place peeled, halved egg in each bowl and top with walnuts and pepitas.





TV series being shot in Stonewall seeks extras

Staff

A Manitoba-based casting company has put out a call for extras for a television series currently being shot in Winnipeg, Selkirk and surrounding towns.

According to Kari Casting's website,

the CBC television series entitled Burden of Truth centres around Joanne, a fast-rising attorney who leaves her fancy big-city corporate job to tackle a controversial case in her hometown. The series was written by Brad Simpson and is being directed by Jeff

Woolnough. The cast includes Kristin Kreuk and many more.

They started shooting on July 4 and are expected to wrap up on Oct. 19. For more information and how to apply to be an extra, visit karicasting. com or email info@karicasting.com.

Casting has been providing extras casting services in Manitoba since 2001, including major studio and independent films, television, commercials, music videos and more.

According to their website, Kari

> GIMLI GLIDER, FROM PG. 13

nautical miles from Winnipeg and 14 from Gimli.

"I decided not to attempt Winnipeg," said Pearson."I don't know to this day whether we would have made it."

Quintal proposed landing at an RCAF base in Gimli where he had once served as a pilot, and they "made a big sweeping turn and followed the shoreline until we spotted the airport."

Quintal, however, was unaware that part of the airstrip had been converted into a race track.

"I didn't see anything on the runway, just this patch of cement," said Pearson."No emotion at the time, just a cold robotic feeling with tunnel vision, just focused totally on our speed and that piece of cement."

The lowering of the wheels was problematic because of the loss of hydraulic power, and the emergency handbook provided no answers.

"I told Maurice to hit the landing

gear switch ... and ... it pulled the pins on the gear doors. The doors flopped open and the gear fell out sideways, and the momentum carried it to lock over centre."

That drag somewhat slowed the aircraft, but Pearson said they were still going too fast (about 400 miles an hour) to attempt a landing.

"I didn't think we had enough distance left between us and the runway to get down," he said. "So I did what private pilots do — a sideslip.

"I slowed it to the speed that I thought would give us the longest glide, and I varied the sideslip at the last minute. We were at a steep angle — I would say a 45-degree-angle. [Passengers] on the left are looking at [people] standing [on the ground] looking up at them with their mouths open. People on the right are looking up into blue sky. It must have been a quite uncomfortable situation. I wouldn't want to be at the back."

Because of the loss of power, they could not deploy the wing flaps to slow the plane.

"We touched down fairly gently ... and I jumped on the brakes," he said. "The nose gear — from eyewitness was back up at a 45-degree angle and it collapsed and we hit the ground. It sounded like a couple of double-barrel shotguns going off at our feet."

Pearson aimed the nose at a guardrail on the racetrack to slow the plane and everyone survived the landing.

"Everybody learned that day that there's two kinds of aircraft: there's powered gliders and unpowered gliders and we were both on one day," he laughed.

Although Pearson has not been part of creating the museum, he has donated several artifacts and will be offering more. He also encouraged people to donate parts of the plane they may have "hidden in their basements."

One thing he said he'd like to recover is his cap.

"If anyone around here has any artifacts — like my hat I never got back...." Museum president Barb Gluck said the idea of a permanent exhibit sprang from tourists wanting to see parts of the plane and the landing strip.

"The roots of this are cemented in the seawall mural and the interest in it," she said. "The rest of it belongs to you and my team."

She thanked everyone who stepped forward to help support the museum, which is located in the Lakeview Resort.

"Without the donors, the corporations, the \$10,000 grant we got from the Manitoba government to finish off our displays, without the businesses we went to and bought our products from and were interested in supporting us — there's so many to mention, we just can't do them justice," she said.

worship with us A Faithful Friend

There are few things in life that compare to the faithfulness of a friend. We all could use a truly faithful friend to help us through the difficult times in life. Scripture has a lot to say about friends."He who wants to have friends must show himself friendly" is very straightforward advice. "Jesus is a friend that sticks closer than a brother" also has a strong ring of encouragement to it.

Aristarchus is a little known figure in the Bible that had a major role to play in Paul's survival and his writings in the New Testament. The five direct references we have to Aristarchus show that he was a Macedonian man who stuck with Paul in very trying circumstances during Paul's

final journeys.

The first reference to Aristarchus in Acts 19:29. One of the victims of a rioting mob in Ephesus; he is seized and dragged into the theater where the religious men of the city shout "Great is the goddess Diana" for two hours. Rescue only occurs after the clerk of the city points out that Aristarchus and Gaius (Paul's traveling companions) have committed no crimes and all rioters may be arrested for disturbing the peace after which the mob is dispersed.

In the very next chapter (20:4), Aristarchus and several companions seem to be used as a decoy to distract the Jews that were planning to attack Paul on his way to Syria.

The final time Aristarchus is mentioned in the "Acts" (of the Apostles) is

during Paul's final trip to Rome. Paul had prophesied that the ship would not successfully reach it's destination. This ship was a merchant ship that had been commandeered by a Roman centurion and his Augustan Regiment who were transporting a number of prisoners including Paul and Aristarchus. The captain of the ship proceeded with the trip even though it was storm season. Soon they were caught in heavy winds and were blown off course for 14 days with the ship being wrecked on the island we now call Malta.

Three months passed delivering the gospel to the citizens of Malta before they were able to complete the journey to Rome. The final two references to Aristarchus found in the epistles (Colossians and Philemon) find Aristarchus as a prisoner and companion of Paul awaiting trial before Caesar. It was during this time that Paul also wrote of new Christian converts "of Caesar's household." This was certainly the precursor to the rise of Christianity becoming the official religion of the Roman empire.

We all benefit from true friendship. We all need to develop honest and meaningful relationships with people of like faith. In all of these experiences, Paul who is aging quickly after a life of much persecution, is greatly helped by his faithful friend Aristarchus. Let us pray that we also can know and live such meaningful lives. Pastor Jonathon Dewey

Cornerstone Church of Stonewall joncdew@gmail.com



Schneider's summer very busy on the ball diamond

By Brian Bowman

Most high school kids keep busy during the summer break.

But Amber Schneider has been really, really busy. And most of her time has been spent on the ball diamond.

Schneider has been racking up the Air Miles as she has been playing fast-pitch for several different teams this summer.

She is currently getting ready to represent Manitoba at the Canada Summer Games in Winnipeg.

Manitoba, which begins play Aug. 7, expects to field a real good team against our country's elite.

"I'm super excited," said Schneider while on her way to practice last week.

"We have a really good bunch of girls going (and) tons of talent. We're very well rounded."

Manitoba has at least five very good pitchers on this year's team. Schneider, a talented pitcher, expects to play mostly at second base or in the outfield at the Canada Summer Games.

"We have a lot of variety (on our pitching staff)," Schneider explained. "Some girls throw more spins and a couple of girls on our team throw pretty hard."

Manitoba has been practicing a couple of times each week since they were able to get outside, said Schneider.

That has helped them prepare for the Games. What also should help them is playing on familiar territory at the John Blumberg Softball Complex.

"That should be a pretty big advantage," Schneider said. "(And playing



Amber Schneider will represent Manitoba at the Canada Summer Games in Winnipeg.

in front of family and friends) will be very nice."

Schneider has had a really nice — and very busy — summer so far.

Last weekend, she was in Illinois playing fast-pitch with her Winnipeg Thunder team.

Earlier this month, she was in Colo-

rado playing for an American travel team based out of New Jersey and with her club team in Sioux Falls, S.D.

"I only went to one tournament (with the U.S.) team," she noted. "But it was a really great experience. Every girl that goes (to the Colorado tournament) wants to get a scholarship in university.

"A lot of the parents that were there were saying that it was the highest level of softball the States had to offer for my age."

Schneider, 17, will soon be playing another high level of ball as she verbally committed to play Division I softball at the University of North Dakota back on May 5.

"I like how it's pretty close (to home) and it's still Division I," she said. "I'll be close to home and still be able to play at a very high competitive level. "It will be a great experience."

Schneider has also had a great expe-

rience being an alternate player with Team Canada's Junior National Team. "If someone gets injured I get picked

up to go to a tournament," she explained."Until somebody gets injured and they need someone to step up, I'm technically not really on the team."

Schneider was selected as an alternate after an impressive tryout camp in B.C. back at the end of May. Canada will be sending a team down to Florida for the world championships.

Schneider will be able to try out for the team again in 2019.

"Hopefully, I'll make it then," she gushed.

South Interlake Phillies finish 2-5 at U14 provincials

By Brian Bowman

The South Interlake Phillies played some good ball at the U14 provincials in Brandon last weekend, but only managed to win two of seven games.

"It was a very competitive league, from top to bottom," said Phillies' head coach Curtis Fines. "We had some close games that just didn't go our way. The girls battled hard but it wasn't meant to be."

The key loss for the Phillies was an 8-7 extra-inning loss to Westman on Saturday. That loss pretty much knocked the Phillies out of a spot to westerns.

South Interlake started the provincials Friday with a 13-4 loss to Central but rebounded to defeat the Manitoba Angels 11-4 later in the day.

"We had a good showing against the Angels," Fines said. "And we had another good showing Saturday morning against Eastman."

South Interlake outscored Eastman 11-7 but then lost to the Smitty's Ter-

minators (8-1) and Westman later that day.

"We played pretty well against Smitty's but they're a tough team," Fines admitted.

On Sunday, the Phillies wrapped up their round-robin play with losses to the Winnipeg Lightning (5-0) and Manitoba Thunder (12-0).

Overall, this was a pretty good season for the U14 Phillies.

"We had a younger team so the team next year will have a lot of secondyear players, which is always easier," Fines said. "All in all, it was a good season. We would have liked to have gone to westerns but you have to win your way there."

The Thunder and Magic will represent Manitoba at the U14 westerns in North Battleford, Sask., while Smitty's, Central and the Lightning will head east for the Softball Canada U14 jamboree in Brampton, Ont.

Junior Blue Jays' season ends to Carillon Sultans

By Brian Bowman

The Interlake Blue Jays knew the Carillon Sultans would be a tough opponent in their Manitoba Junior Baseball League best-of-three first-round playoff series.

And they were tough.

Carillon swept the series in two games, winning 10-0 at home and then 5-4 in Stonewall last week.

"Game 1 was just one of those things where it was 2-0 in the (fourth) inning and then, I think, our youth showed," said Blue Jays' assistant coach Kent Klimpke."We had a few errors in the field and then things just snowballed on us. The game just got away from us."

Carillon turned a close game into a rout by scoring four runs in the fourth inning and then added four more in the fifth.

The game was called after just five innings due to the 10-run mercy rule. The Sultans outhit the Blue Jays 12-2.

"We just weren't hitting the ball like we had been lately," Klimpke complained.

Game 2 was a much more competitive game between the two clubs.

Baily Proctor's two-run homer in the bottom of the sixth inning with Emerson Klimpke on base gave the Interlake a 4-3 lead.

But Carillon came right back, scoring two runs in the top of the seventh in their final at-bat.

"We talked after the game that (if we won) Game 2, it's a shootout in Game 3 and anything can happen,"



TRIBUNE PHOTOS BY LANA MEIER

Left photo: Baily Proctor's two-run homer in the bottom of the sixth inning gave Interlake a 4-3 lead. Right photo, Proctor celebrates with teammates at home plate.

Klimpke said. "It was disappointing for the boys. They knew they had to just close out a half an inning and get three outs."

While the opening-round loss was a tough one for the Blue Jays, the future looks great for this club. The team has everyone eligible to come back next year and a ton of young talent is expected to return.

"In 90 per cent of our games, we started eight rookies on the field," Klimpke noted. "As long as we get the group back, the next few years to

come are very optimistic as to what few more doors for these kids." our results are going to be."

Klimpke said the Blue Jays' coaching staff is determined to grow their program and open to recruiting talented players. They want a junior baseball team in the Interlake for many, many years to come.

The MJBL is a very good league with a plethora of talent.

'It's a very good league," Klimpke said."We had five of our boys go to the MJBL all-star game at Shaw Park and that was a great experience. It opens a

Klimpke said the Blue Jays' program gives talented players a chance to play junior baseball in their own community instead of being dispersed to other teams throughout the league.

"That's not right," Klimpke charged. "We need them to be playing at home, playing for their local community, and building on this community for years to come.

"It's so critical not to lose these kids."

High flying soccer action



Erick Comejo, with the ball, scored Stonewall United's lone goal in their three-goal loss.



Stonewall United goaltender Steffan Hillock makes a nice save during MMSL 5th Division action last week in Stonewall. Stonewall lost the game 4-1.

Pirates advance to 18U 'AAA' baseball nationals

By Brian Bowman

The North Winnipeg Pirates "AAA" Midget team picked the perfect time to play their best baseball of the season.

And now they are off to the nationals in London, Ont.

The Pirates were outstanding last weekend at the provincials in Winnipeg, defeating Bonivital 8-6 in the championship game.

"This is an unbelievable feeling," said Pirates' head coach Gary Dear Monday morning. "I'm still in shock and so is the other coaching staff. All of the kids and parents are also in shock after the whole season went down for us."

North Winnipeg, including Woodlands' Jayden Allary, played like a champion-type team throughout the four-day tournament.

"It was unreal," Dear stressed. "We played the best ball that we have all year and we played how I knew we could. We had 17 losses throughout the year and when I check back in the book, 15 of those losses were because of our mistakes that cost us.

"I told the kids, 'If you don't make mistakes, then you can play with any-body.'"

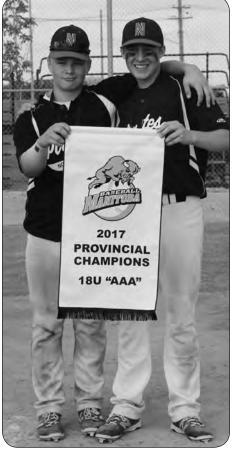
The Pirates came out swinging the bats extremely well in the final, scoring five runs in the first inning.

"That was huge," Dear said. "It was the best thing that could have happened."

North Winnipeg later increased its lead to 8-2.

To reach the finals, the Pirates blasted the Winnipeg South Chiefs 10-0 in a semifinal game. Ben Anderson earned the win for North Winnipeg against the team that he tried out for earlier this summer.

North Winnipeg earned a spot in



Kalli Einarson, left, and Jayden Allary of the North Winnipeg Pirates won the Baseball Manitoba 18U 'AAA' provincial title last Sunday.

the playoffs after finishing 4-1 in pool play. The Pirates started action Thursday morning with a huge 15-3 win over Bonivital and then lost 8-4 to Parkland later that evening.

The Pirates would not lose another game, however, at the provincials. North Winnipeg crushed Oildome 10-3, doubled Carillon 4-2 and blasted Brandon 12-2.

On an individual note, Interlake players played a huge role in leading



TRIBUNE PHOTOS BY LANA MEIER

Woodlands' Jayden Allary, left, celebrates a run with Pirate teammate.

the Pirates to the provincial title. Liam Allen was terrific, said Dear, hitting .666 while Jayden Allary pitched very well against Oildome.

Gimli's Kallie Einarson was great at the plate all weekend, said Dear, and Nathan Slaby was very good on the mound against Bonivital in the opener.

"The local boys did extremely well for us," Dear noted.

North Winnipeg will now busily prepare for the nationals, which will begin Aug. 17. It will be the Midget Pirates' second trip to nationals in the past five seasons. They also made an appearance at the westerns during that time.

It will be interesting to see how the Pirates match up against the top 18U talent in Canada.

"I have no idea what to expect because I didn't expect to get this far after the regular season that we had," Dear admitted. "But I know it's going to be a tough battle when you're playing against the other provinces' elite players."

Stonewall winless at Senior 'AA' baseball provincials

By Brian Bowman

The Stonewall Blue Jays had one bad inning at the Senior "AA" Provincial Baseball Championship in Brandon last weekend.

But it set the tone for the remainder of the tournament.

The Blue Jays gave up five runs in the sixth inning to St. James as the A's won the first game of the tournament for both teams by an 8-6 score.

"We just had a rough start," said the Blue Jays' Adam Kirk. "We had a bad sixth inning."

In a short tournament, the first game

is very important.

"It's tough (to lose that one) because every team is decent," Kirk said. "You have to bring you're A-game right from the start and we did. I think we had three opportunities with the bases loaded and just scored one run. We had chances."

Stonewall then lost 4-1 to Santa Clara Saturday morning and was defeated 7-2 by Border West later that afternoon. The Blue Jays, once again, loaded the bases three times against Santa Clara and did not score any runs. "The story of our tournament was lost opportunities," Kirk lamented. "We didn't cash in and we didn't play overly great defence."

Border West won this year's Senior "AA" provincial title after defeating St. James 8-1 in the final Sunday afternoon.

The Blue Jays will now resume league play in the Winnipeg Senior Baseball League. Stonewall, winners of eight of its nine regular-season games, hosted the Elmwood Giants last night but no score was available at press time.

Stonewall will then host the

Kildonan Mudcats tonight, Elmwood on Monday and then the St. Boniface Legionaires next Wednesday.

As of Monday evening, both Stonewall and Elmwood were tied atop the WSBL standings with 11-5 records.

All four games will be played at Fines Field on diamond two. Games will begin at 7 p.m. instead of the usual 7:30 p.m. start time.

"We're excited to be at home for the rest of the year," Kirk said. "Hopefully, we can finish the year out in first place. That would be really nice."

Spontsarecreation

Fredborg wins men's amateur championship

Teulon G & CC's Jay Stafford ties for 37th overall

By Brian Bowman

Before the final round of Golf Manitoba's Nott Autocorp Men's Amateur Championship, Travis Fredborg felt strongly that if he shot a 67 he would win the tournament.

Well, guess what the Selkirk native did?

Fredborg fired an impressive 4-under 67 last Thursday at the Elmhurst Golf & Country Club to secure a three-stroke victory over his good buddy, Devon Schade.

"It's probably the biggest event in Manitoba to win as an amateur, for sure," said Fredborg, a day after winning the Manitoba men's amateur title."It hasn't really sunk in yet, to be honest. It feels like I just played another round of golf (last Thursday).

"It's a pretty cool feeling."

And it was Fredborg who was very cool under pressure as he calmly drained a 25-foot uphill putt to eagle No. 9 – and his final hole – to finish the tournament at 4-under 280.

"I put in a 25-footer to put the icing on the cake," Fredborg recalled." It was straight up the hill 25 feet with a little bit of a break from right to left. It was a putt that you dream of, especially in that type of situation. My caddie and I got a really good read on it and I just committed to my routine and stayed in the moment and stroked it.

"As soon as I hit it, I knew it was per-

fect."

Fredborg's 4-under for the tournament was three strokes better than Schade and four in front of Ryan Mc-Millan.

Jay Stafford, who golfs out of the Teulon Golf & Country, Club, finished in a five-way tie for 37th overall at 26-over 310.

Stafford shot rounds of 78, 74, 80 and 78.

There was plenty of good, young talent in this year's men's amateur field.

"When you look at the field and you realize how deep it actually was, and how good the players are, and to come out on top is a pretty good feeling," Fredborg said. "It was a lot of fun. Schader is one of my best friends. We play together at least four or five times a week and we always practice together.

"We also hang out outside of golf, so it was fun to go (against him) in a battle down the stretch."

Fredborg started the tournament ripping up the Selkirk Golf & Country Club with a 66 and then he shot a 73 before carding a 74 during the third round at Elmhurst.

"I felt a little bit of pressure going into Selkirk knowing that it was where I grew up," said Fredborg, who now golfs out of Pine Ridge."I played there quite a bit but once I got out there, it just felt like another round of golf.



TRIBUNE PHOTO MIKE LAGACE

Selkirk's Travis Fredborg won his first-ever Manitoba men's amateur golf championship last week. He will now compete at the nationals in Toronto next month.

"I've hit those shots a million times, so it was good to have a solid round to start it off and get me in contention."

With the men's amateur victory, Fredborg will now represent Manitoba, along with Schade and Eric Johnson, at the 2017 Canadian Men's Amateur Championship in Toronto from Aug. 7-10.

Manitoba expects to do well against our country's elite amateur golfers.

"Our team is probably one of the most talented, I think, going there,"

Fredborg said confidently. "Devon is an amazing player. He has proven that by winning the amateur twice and he's one of the best players on the U of M team.

"And Eric Johnson is one of the most underrated players in Manitoba. He really doesn't miss a lot of golf shots - he's very efficient. I think we have a really good chance (to be successful) when we go there, as long as we execute, we'll be tough to beat."

Blizzard swat Saskatchewan twice in lacrosse playoffs

Staff

The Manitoba Blizzard had the start that they were hoping for against the Saskatchewan SWAT in their Rocky Mountain Lacrosse League's East Regional playoff last weekend.

Manitoba took a commanding 2-0 lead in the best-of-five series after winning a pair of home games. The Blizzard won by scores of 15-8 and 18-8.

The Blizzard trailed 2-0 early in the second game but battled back to take a 7-4 lead and then iced the game with eight goals in the final 20 minutes.

In Game 1 of the series, Manitoba trailed 4-2 after the first period but outscored Saskatchewan 7-3 in the middle frame. The Blizzard continued their dominance in the third with six more goals.

Game 3 of the East Regional will be played this Saturday at 1 p.m. in Saskatoon. Manitoba will be looking for a sweep to advance to the RMLL's Final Four for a third consecutive season.

If necessary, a Game 4 will be played Saturday at 9 p.m., followed by a se-

ries-deciding fifth game Sunday at 1 p.m.

The Blizzard, which finished their regular season with 12 straight wins, has three local players on its roster.

Selkirk's Cole Wasnie, Petersfield's Kaden Kotowich and Stonewall's Seth Mandryk are members of the Blizzard. Van

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FOR SALE

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bath, fully finished

lower level, double

Luxurious

yard/garden,

or

CLUES ACROSS

9. Hairstyles

1. Defunct phone company

18. Baseball's "The Big Hurt"

22. A woody climbing plant

23. Jananese metropolis

29. Integrated circuit

Blackburn 31. Ancient Briton tribe

37. Nonredundant

39. Canned fish

42. Touchdown

51. Adventures

55. Type of chip

59. Mutilated

60. Considered

67. Explosive

70. Affirmative

CLUES DOWN

64. Wrath

69.

58. Having wings

65 A citizen of Iran

66. American state

68. One who challenges

1. Move rapidly in music

senilis

44. Rattling breaths

46. Smaller quantity

38. Turf

49. Of I

30. WWII British fighter

33. Iniurious weeds (Bib.)

41. Team's best pitcher

43. Woody perennial plants

50. When you'll get there

4. Rural area in Guinea

14. Makes a good meal

15. Nats' CFer Adam

16. El __, painter

southeast

24. Whirlpool

28 Toddler

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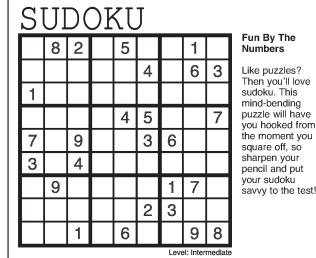
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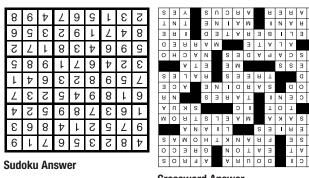
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Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row. column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Crossword Answer

SERVICES CONDO FOR SALE Pressure Keith Co-Washing & Wet or Dry #13-15 now sens Dr., Stoneavailable in the Inwall. 2 bdrm., well terlake. Homes - cotmaintained. rage, vaulted ceiltages - boats - metal resurfacing & rust removal. Call Ryan gas fireplace, ings, condo fees. low Call 204-467-2967 or 204-781-7543. HOUSES

2 bedroom, 2 bath-Will design & build room, 1,146 sq. ft. at 4505 - 6940 Henderyour home, your way! Small Faces Home son Hwy, River Creek Construction. www. Estates, Lockport. smallfaces.ca or call Outstanding 5th floor view of Gunn's Creek, in-suite laundry and large storage room. For sale - #6 Gray Street. Well main-All appliances inbdrm. cluded,

with indoor heated parking. \$239,900. or Call text 204-406-8014.

SHOP LOCAL

MOBILE HOMES Last chance. 16 x 80, 3 only bed, 2 bath. Starting at \$92,000. Altona Mobile Homes, 1-800-582-4036. 1-204-324-6776 Email amhl@mymts. net

APARTMENT FOR RENT

bdrm. apt. for 2 rent in Warren. Insuite washer & dryer included. Available Aug. 1st. Call 204-995-4470.

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COMMERCIAL SPACE FOR RENT

505 Sophia Street, Selkirk - 675 sq. ft. office with fenced compound. Fresh renovation: paint. furnace, HWT, lights, doors. Central vac and alarm. Perfect for trucking, courier. construction, car dealer, or administrative office on annual lease. Matt -204-485-4988

GARAGE SALE

Moving sale - China cabinets, bar stools, shuffle board, chesterfield, large desk, John Deer tractor 17 hp. with bagger. Smokers, gramophone, electric edge trimmer and snowmobile trailer. Everything priced to sell. Must sell Call Ed at 204-785-0741.

Seasoned maple firewood for sale. \$125/ truckload. Will deliver. Call 204-467-5601.

FIREWOOD

HELP WANTED

HOTLINE cook required. Seeking part-time breakfast, lunch and dinner Must cook. have some kitchen experience. Call CRAV-INGS RESTAURANT (204) 467-9078 or cravingsrestaurant@ hotmail.com

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- 21. S. Korean boy band
- 24. Bishop's hat
- 25. Learning environment
- 26. Measurement
- 27. Equines 31. Hard plant fiber
- 32. Protocols

- 57. "Waiting for Lefty" playwright
- 59. A list of available dishes
- 60. Have already done
- 61. Geological time
- 62. Swiss river
- 63. Twitch

positions available. Get online training you need from an

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BUSINESS **OPPORTUNITY**

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WANTED Exercise

Equipment - intro level dumbbells and a weight bench. Email bigandcolourful@ manitoba

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New Waterite water 30.000 softeners. grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Undersink water systems, \$75. Paterson iron removers/\$500. Greensand iron odour removal systems, \$700. Ecoli ultraviolet systems, \$290. All Seasons Furnishings 204-661-8581.

HAVE A **NEWS TIP?** CALL

204-467-5836

PART-TIME POSITION

The South Interlake Fifty-Five Plus, Inc. has an opening for an Administrative/Program Assistant.

The Administrative/Program Assistant shall be responsible for planning & coordinating various senior programs and activities

Qualifications

- · Experience and ability to work with seniors and volunteers
- Computer knowledge including Word and Excel Initiative and ability to work with minimal supervision
- Ability to multi-task and prioritize
- Job duties has some physical requirements
- Certification in First Aid & CPR an asset

ne for Applications: Tuesday, August 8, 2017 Submit Resume to: South Interlake Fifty-Five Plus, Inc. Box 309, Stonewall, MB R0C 2Z0 Email: si55plus@mts.net

Only those selected for an interview will be contacted

MISCELLANEOUS Parts & full trailer

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you suffering

Canada Benefit Group - Attention Manitoba residents: do you or someone you know suffer from a disability? Get up to \$40.000 from the Canadian Government. Toll-free 1-888-511-

2250 or http://start.

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of areas: Supervisors, Skilled Laborers, Class 1 Drivers, heavy duty mechanics, excavator, dozer, grader, rock truck, loader and packer operators.

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If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, Mb. to fill out an application, apply online at www.efmoon.ca, or email a resume to info@ efmoon.ca

fmoon.ca

PERSONAL

Male looking for female companion in their 50's or 60's for friendship, interested in rural life, wishing to share common interests including travel. Ph. 204-242-2219.

FARM PRODUCE Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.



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 Preference to applicants with •Valid driver's license required

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1 norma@jandggroup.ca 2 Fax: 204-728-5036 3 Drop off or Mail to : 2404 Park Ave Brandon, MB R7B 0S3



The Rural Municipality of Woodlands are seeking an Emergency Coordinator to provide emergency management services

- The Emergency Coordinator will be responsible for
- Preparation, maintenance, and testing of the regional Emergency Plan
- Coordinating the response to emergencies in the region
- · Attracting, managing, training and motivating volunteers

The job will require a time commitment during normal times of an average of between three and seven hours per week. During emergencies the Emergency Coordinator must be available for full workdays, including overtime, for as long as is required.

The Emergency Coordinator will hold a contract position reporting to the Chief Administrative Officer. There will be an initial probationary period of six months, following the successful completion of which a contract may be offered.

The successful applicant must have good knowledge of the Manitoba community emergency preparedness program. He or she must have a demonstrated ability to manage volunteers; to provide training to volunteers, staff and members of council: to maintain the Emergency Plan; and to coordinate emergency response within the Emergency Management region. Training in emergency response management is an asset. A basic level of ability with Microsoft Office is essential. A valid driver's license and access to a vehicle is essential.

Please include 3-5 references with your resume including contact information and relevance.

Resumes, references, and salary expectations addressed to the undersigned will be received by mail, fax, email or in person until 12:00 P.M. on August 8, 2017.

We thank all applicants for their interest in this position. We will contact only those selected for an interview.

Chief Administrative Officer, Rural Municipality of Woodlands 57 Railway Avenue, Woodlands, Manitoba cao@rmwoodlands.ca fax: 204-383-5169

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ANNOUNCEMENT

CARDS OF THANKS

Thank you to all who attended my 90th birthday party and for all the good wishes, lovely cards, flowers and gift certificates. Much appreciated, Zetta Carrothers

ANNOUNCEMENT

CARDS OF THANKS

Many thanks to everyone who came to my 80th birthday party and to my family for arranging it. Thank you for the cards, flowers and gifts. -Jovce Mott

ANNOUNCEMENT CARDS OF THANKS

We would like to express a sincere thank you to all our family, friends and neighbours for the many cards, phone calls, meals, baking and the monetary donations made to Keira's Krusade on the passing of our beloved granddaughter, Keira. Also for the support we received during the difficult six months of Keira's illness. We say a heartfelt thank you. We are truly fortunate to be surrounded by such caring people.

-The Bond family



Note: Property Owners are responsible for notifying lessee

and many dear relatives and friends. Predeceased by his grandson, Matthew; brother, James (Reta); sister, Margaret (Garnet); brother-in-law, Alec; infant brother, Howard; and infant sister, Annabell.

Thank you to Dr. Naiker and each of the staff of Extendicare Mayerthorpe for the tremendous care. love and attention shown to Donald. LaVerne and the family.

A private Celebration of Life will be held in Mayerthorpe.

A private inurnment will be held at the Windsor Cemetery in Manitoba at a later date.

In lieu of floral tributes, donations may be made to the Alzheimer Society of Alberta and NWT, 10531 Kingsway Avenue, Edmonton, AB, T5H 4K1 or to the Mayerthorpe Extendicare Resident Council, Box 569, Mayerthorpe, AB, T0E 1N0.

Photos, memories and condolences may be shared through www.parkmemorial.com.



Park Memorial Mayerthorpe 780-786-2533 Family Owned Funeral Home and Crematorium



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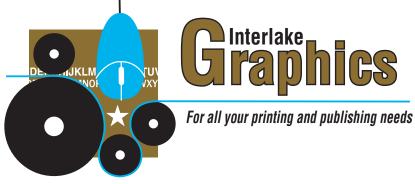
FRASER. Donald Alexander The family announces with sorrow the passing of Donald Alexander Fraser on July 20, 2017, at the age of 102 years.

Donald leaves behind his loving wife of 67 years, LaVerne; his children, Keith (Denise) Fraser of Elizabethtown, ON, and Heather (Ron) Young of Whitecourt, AB; four grandchildren, Scott, Brad, Graeme (Norah) and Tara; six greatgrandchildren, Korre, Grayden, Keiran, Tristan, Lloyd and Eloise; sister, Islay Jack of Teulon, MB;

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