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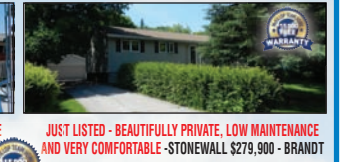
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TRIBUNE PHOTO BY STEFANIE LASUIK

Approximatley 110 kids came together at the New Life Church vacation bible school in Stonewall to learn about God and his gifts. See story pg. 9.

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Tea to restore history

Teulon Museum's annual tea fundraiser a success

By Stefanie Lasuik

It was the largest crowd the Teulon and District Museum has hosted to date at the annual fundraising tea held last Saturday. Approximately 60 guests filled the seats to enjoy tea, cake, ice cream and entertainment.

Volunteers will use the \$500 raised at the tea to buy supplies needed to continue fixing up the existing structures. They are currently plastering and patching the Ukrainian Log House, putting linoleum down in two bedrooms and moving items to the fourth floor of Hunter House.

The museum uses its seven buildings to tell stories from the past. Visitors can stroll through a gallery of collections from wartime memorabilia to Anglican church artifacts. The gallery also contains 385 salt and pepper shakers in the shapes of everything from owl graduates to cowboy boots.

Visitors can stroll through the restored one-room school from the RM of St. Andrews that opened in 1896. Next door in the shoemaker's shop is just about every type of shoe from the early 1900s. The shop, built and run by John Marko, served the community of Teulon from the late 1930s until 1975.

The St. Mary's Ukrainian Catholic church was built in the community and opened its doors on the lot between Third and Fifth avenues on Highway 7 in 1922. Now it opens its doors to those interested in seeing what an early 1900s church looked and felt like.

The old Teulon Tourist Centre has been converted into a doll house filled with about 350 dolls that fill glass cases in the small house.

Although there are no longer train tracks, Teulon still has a caboose to capture the time when the CPR ran



TRIBUNE PHOTOS BY STEFANIE LASUIK

About 60 people came to enjoy tea, cake and ice cream at Teulon and District Museum's annual fundraiser.



Ernie Benedicton and Keith Lindstorm entertained those at the afternoon tea with their guitar and fiddle music.



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through the town regularly.

Next to the museum's caboose stands the towering 1905 Hunter House. Dr. Alexander Hunter was a prolific member of Teulon who healed people in the community, established a lodging for nurses, built the town's first hospital and established boys' and girls' homes. His home showcas-

es medical and daily living items from the early 1900s.

The museum committee is also raising money to repaint St. Mary's Ukrainian Catholic church. They will be hosting barbecues at Teulon Esso on July 22, Aug. 26 and Sept. 23 from 11 a.m. to 1 p.m.

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First storytime in the park



TRIBUNE PHOTOS BY STEFANIE LASUIK

South Interlake Regional librarian Joan Ransom made "The Crunching, Munching Caterpillar" into an interactive story for more than 20 children at Archie Gray Park on July 6 for the summer's first storytime in the park. The children made paper butterflies on their own before singing the goodbye song. Storytime in the park is a free event held July 20, Aug. 3 and Aug. 17 at 10 a.m. at Archie Gray Park in Stonewall.

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Organizers preparing for annual Children's Wish Ride

Woodlands' Ride for a Child's Wish is scheduled for Aug. 20

By Stefanie Lasuik

Finding sponsorship for an event is never easy. Finding 100 quality prizes for an event is nearly impossible, but Gary and Silver Peltier and their team of volunteers manage to do it every year for their Ride for a Child's Wish.

To top it off, they've given away a horse in their famous wish auction for the 28 years the event has run.

This year, someone will win a yearling registered quarter horse. Fred West, Calvin Stanley and Guy Dearman have donated the palomino stallion, which is already halter-broke.

The Peltiers are working to confirm a few more big-ticket items but have already thanked Western Rawhide for their donation of a \$1,000 saddle.

The brown bag wish auction is only one part of the day that has been making sick kids' dreams come true for 27 years.

On Aug. 20, horse riders will set out from Peltier's property, located just north of Warren, for a 10-mile ride. Motorcyclists will meet at the North Warren Inn at 11 a.m. where they'll

begin a 250-click ride to Teulon, Inwood and Poplarfield. They'll make stops to complete a hand for the poker derby and return to Peltiers' by 4 p.m.

A chicken and pork dinner will begin around 5 p.m., with the wish auction, live music and a barn dance to follow. The dinner costs \$10 for adults, \$5 for kids and \$30 for a family of two adults and three children. This year's band will be Anything You Want, a Winnipeg-based band that plays music true to its name.

Children's activities will run throughout the day. LuLuBell the clown will paint faces and make balloon animals. The Peltiers are also working on securing a bouncer for the kids.

The Peltiers hope to build on their fundraiser's previous success. In the years they've run it, the couple has made well over a million dollars for the Children's Wish Foundation. To donate, sign up for the ride, or volunteer, contact Gary or Silver Peltier at 204-383-5230 or info@rideforachild-swish.ca.

This year's Wish Ambassador

Ride for a Child's Wish in Woodlands will raise money to grant wishes for children like Hope Innis, who battle life-threatening illnesses. Four-year-old Innis was born with pulmonary atresia with atrial septal defect, a heart condition that made it hard for her to breathe. Innis was rushed to the neonatal intensive care unit before being flown to the Stollery Children's Hospital in Edmonton. All this happened within the first 24 hours of her birth.

In Edmonton, Innis had open-heart surgery, in which doctors placed a central shunt in her chest. She then underwent the surgery a second time when the shunt clotted.

When Innis was five weeks old, she recovered enough to return home to Winnipeg with her family. Innis still lives with low oxygen levels and sees a pediatric cardiologist, who helps the family manage her condition.

Despite having less oxygen in her body, Innis is an energetic child. She hasn't decided what her wish will be yet but has considered meeting a real unicorn or taking a rocket ship to the moon.



TRIBUNE PHOTO SUBMITTED
Woodlands' Ride for a Child's Wish will help grant wishes for children like four-year-old Hope Innis, who live with life-threatening illnesses.

Agriculture financial support



TRIBUNE PHOTO BY CHERYL FRYER

Lakeside MLA and Minister of Agriculture Ralph Eichler, right, presented South Interlake Rockwood Ag Society president Gord Grenkow with an educational activities grant for \$1,800. The money will be used for ongoing activities promoting agriculture through education and participation. The Ag Society is hosting the RCMP Musical Ride on Aug. 2, and Eichler will be the guest of honour. Advance tickets are available at the *Tribune* office, 74 Patterson Dr. in the industrial park in Stonewall.

Natural gas going south



TRIBUNE PHOTO BY JO-ANNE PROCTER

If you travel Highway 236 and drive south of Stonewall, you had better get used to this view. Carson Energy from White City, Sask., has been contracted by Manitoba Hydro to install approximately 50 kilometres of natural gas lines from Stonewall to the Perimeter and east to Selkirk over the next three months.

Volunteers needed for home painting project

Ninety-year-old homeowner to get a house makeover

By Jennifer McFee

More volunteer painters are needed to brush up the exterior of an Inwood home for its 90-year-old owner.

The project began when insurance agent Paulina Myrowich applied on behalf of a client to have her home painted through Brush Up Winnipeg and Take Pride Winnipeg. She first heard about the initiative when she was asked to volunteer for it a few years ago through her involvement with the Young Brokers Network.

"It's based on income and need," explained Myrowich, a recent addition to the team at The Co-operators in Stonewall, bringing five years of experience in the insurance industry.

"She was approved as the first rural project in Manitoba. Usually Take Pride only does projects in Winnipeg, so it's very exciting."

Since the project began a decade ago, 79 Winnipeg homes have been painted by teams of volunteers who want to make a difference and hope to inspire civic pride. Applicants need to be homeowners who are unable to paint their home's exterior due to physical or financial limitations and who are without help from family members to paint the home.

Sponsors of the initiative include Insurance Brokers of Manitoba and Manitoba Public Insurance, with supplies provided by Dulux Paints.

Myrowich, a former Inwood resident, said the 90-year-old recipient, Florence, lives in a century-old farmhouse. Florence's husband is in a care home, and she didn't have the ability

to paint the home herself.

"I felt like this was something that she deserved. I applied for it and we got it and I was really shocked because usually they only do houses in Winnipeg. She was pretty choked up about it, which makes you feel like you've done something nice," Myrowich said.

"I WOULD REALLY LOVE TO MAKE THIS PROJECT SOMETHING THAT SPARKS SOMETHING IN THE YOUNGER GENERATION"

"She cried and it made me cry. She was so happy. I felt so happy too because you don't always get to tell people, 'Hey, we're going to paint your house because you deserve it.' She's a super nice lady. She does everything for everyone else and no one ever does anything for her."

In total, 20 volunteers are needed to paint the home on Saturday, Sept. 10 and Sunday, Sept. 11. Supplies and lunch will be provided, and a wrap-up party will celebrate the finished project.

Efforts are already underway to assemble the team, which includes a few volunteers coming from as far as Altona.

"I am still actively looking for some volunteers as we do need 20 and I am just over half. But because I want to make the home town proud, I would like to go over and above and help Florence clean up her yard and tidy up stuff, permitting we have the extra volunteers," Myrowich said.

"I would really love to make this project something that sparks something in the younger generation that gets them wanting to be more actively involved in their communities and helping their neighbours."

Myrowich hopes that Florence will choose a lively colour for her home,



TRIBUNE PHOTO BY JO-ANNE PROCTER

Pictured left to right, Kendra McLeod, Paulina Myrowich, Kathy Grassinger and Carly King will be helping with the brush up of the exterior of an Inwood home for its 90-year-old owner.

which is currently yellow and brown.

"I am hoping that Florence decides to paint her house a wild colour, as she is so spunky and full of life for her age," she said.

"I really hope that she picks something fun that she can look back on and say she had a wild-coloured house but loved it."

Although Myrowich has only been with The Co-operators since June 20,

she is pleased that her employer is supportive of her efforts.

"It just so wonderful to work for someone who shares that same values that we are here to work for the people and help them out as much as we can," she said.

To get involved in the home painting project, contact Myrowich at The Co-operators office at 204-457-8927 or paulina_myrowich@cooperators.ca.

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> ARNIE WEIDL **Fish tales at Norris Lake**

Welcome, my friends.

The blue-emerald waters of Norris Lake lay tranquil in the Friday afternoon cool haze as I wandered around the piers and camp sites visiting with vacationers. Paddlers in bright yellow plastic kayaks slipped silently through the water far out in the centre of the lake. Families sat on the piers casting and reeling in with limited success. It didn't bother them because those who come here often know the fish don't start biting until about nine at night. Then the lazy, easy-going charm of Norris that had come over me gave way to raucous laughter when I met locals Larry Korotash, Jessie Swar and a good friend from B.C., Rocky Bernst, at their campsite.

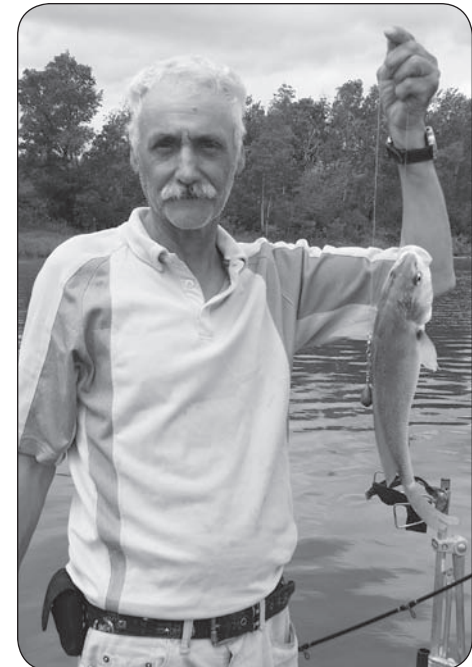
Larry is one of those great guys who can catch your attention with his energetic "happy-go-lucky" nature. He sat in a folding chair beside their RV, a fit fellow with distinguished facial features and well-kept graying mous-

tache and hair. It was immediately evident that Larry loved to tell stories and dove into the tale of when he and Rocky were young and working at the paper mill in Thunder Bay.

Beside the mill, Mission River was full of smelts so they decided to go netting after work. They had no equipment and didn't know much about fishing, but a buddy gave them a net so off they went and found a big flat rock in the river, which they climbed onto.

Off to one side, an old Finlander was quietly netting smelts. Larry, full of lively enthusiasm, hoisted the net high with its long pole handle and dropped it into the raging river. All around them, thousands of smelts swam together like a big black cloud. He pushed the net under water and then quickly pulled it in. Nothing, just a couple of fish! Behind them, the guys heard the old Finlander calmly

Continued on page 7



TRIBUNE PHOTO BY ARNIE WEIDL
Mario Loufa of Winnipeg with a pickerel he caught at the Power-view dock.

letters

Letters to the Editor:

letters@stonewallteulontribune.ca

Dear Editor:

I am writing to advise your readers that the MS Bike Tour "Biking to the Viking" will happen again this year, when more than 500 cyclists will depart from Stonewall to Gimli on Aug. 20, returning Aug. 21. This annual trek is a major fundraiser for MS Manitoba. Participating in the MS Bike will

help fund ground-breaking research and will provide valuable programs and services for Manitobans living with MS.

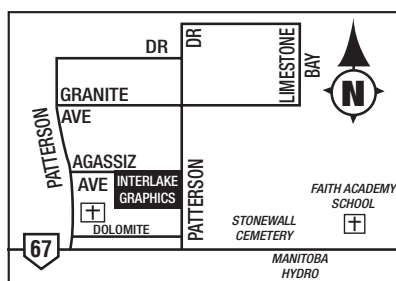
As a cyclist training for my 12th ride, I want to let people know how much it means for the riders to witness cheering supporters all along the way, plus see how many Stonewall and area volun-

teers step up to help out! It is very heartening and a big boost to the riders and organizers. Of course, pledge support is important as well too!

See you along the route bright and early July 20th and 21st!

Ross Thompson

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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> GET FISHING,
FROM PG. 6

point out, "Boys, the smelts are going the other way."

Embarrassed, Larry and Rocky turned and dipped the net against the current. In seconds, the net was so bogged down full of smelts, it was torn from their grasp. Astonished, they watched as the net, its pole bobbing high in the air, was swept downstream. To make matters worse, their buddies had gathered and were teasing them. So to save face, they got another net and soon actually captured some smelts. Those friends, though, on the sidelines, always up for some fooling around, saw an opportunity. Getting a few smelts, they snuck them into Rocky's lunch box that was strapped to his bicycle he used to go to work with. Three days later in the hot summer sun, Rocky's wife went to get his lunch box. When she opened it, the smell and sight made her so disgusted, she threw it in the garbage with Rocky's car keys still in it! Luckily he had a spare set.

In the middle of last week when I was in Tim Hortons in Selkirk having coffee. At the table next to me sat a tall, lanky chap with forceful facial features, long, dark hair and a full moustache. As we got to talking and he told me his name was Rick Fraser of Selkirk and that he was a fishing guide. He said he had a neat little trick for handling anglers who were maybe not so nice. He would take them to a spot by Eagle Nest Lake and wait patiently while they fished without success and then he would tell them with a knowing look that this spot was known as "no fish bay." The anglers got the message. Then Rick would take them to a spot on Eagle Nest where they would catch their limit.

Early last week, I took a ride over to Powerview and spent some time talking to the anglers on the dock. Boy, the fishing has been good here lately. Anyway, I met this one fellow who didn't speak much English, but he tried so hard to carry on a conversation with me, I couldn't help but like the guy. I want you to meet him so here is: Mario Loufa of Winnipeg with a pickerel he caught.

Well, I hope all your outings, fishing or otherwise this week are happy ones. Bye for now.

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Quarry Park campers frustrated by town bylaw

Stonewall council news in brief

By Jennifer McFee

Some seasonal campers are finding that it's no walk in the park to wade through regulations in Stonewall.

At the July 6 meeting, a dozen Quarry Park campers converged in the council chambers. They waited on the edge of their seats to hear from Stonewall council about whether they could sell their trailers on site within the campground rather than tow out the vehicles prior to sale, as required by current regulations.

Stonewall council agreed that they are comfortable with the bylaw as it stands, indicating that there are currently no plans to make any changes to the regulations.

Campers expressed frustrations about the cost of moving the trailers out of the park, as well as the destruction of the lovingly landscaped lots. Many long-time campers said that they spend large amounts of money at local businesses each summer, and they have also spent large sums to enhance their summer abodes.

They questioned the existence of a waitlist at the campground since many lots are currently empty.

"You're a big part of our community," Mayor Lockie McLean told the group. "There's no doubt about it."

Council listened to their concerns, and administration took note of the issues.

Coun. Jeff Levesque plans to meet with CAO Doreen Steg and Quarry Park manager Catherine Precourt to review the policy. Levesque will re-

turn to a future council meeting with any recommendations.

In other council news:

- Nobody showed up for a public hearing for animal breaches related to pet licensing. Seven dog and cat owners were required to pay \$25 fines plus \$20 in costs and \$10 for the 2016 licensing fee.

- Council approved the Relay for Life's request for music to be played on an outdoor sound system from 6 p.m. to 12 a.m. during the Canadian Cancer Society event at the Stonewall Collegiate Institute track on Sept. 23 (originally scheduled for Saturday, July 16). Coun. Sandra Smith will be organizing a Town of Stonewall team, ideally with some participation from cancer survivors.

- Stonewall council will allow music to be played during the Biking to the Viking fundraiser for the MS Society on Aug. 20 and 21 at the Stonewall Collegiate Institute grounds. They also approved the route for the bike tour, which will be held the same weekend as Quarry Days.

- Council approved the expenditure of \$11,867.13 plus taxes for a refrigeration plant overhaul at the Veterans Memorial Sports Complex.

- Coun. Jeff Levesque said that there is potential to initiate a south hub of a Teulon-Rockwood-Stonewall recreation committee.

- Stonewall council meetings are now on a summer schedule, with the next regular meeting slated for Wednesday, Aug. 3.




TRIBUNE PHOTO BY JENNIFER MCFEE

A group of seasonal campers gathered in the Stonewall council chamber last week in regards to campground policies related to trailer sales.




TRIBUNE PHOTO BY JO-ANNE PROCTER

Lawrence Burt and his wife Anna have spent the last three summers at campsite #144 in the Quarry Park Campground. The couple takes pride in the work they have done to their site. Like many of their neighbouring seasonal campers, they have spent time and money on structures and upgrades. Burt attended the town council meeting last week and voiced his concerns, pointing out the money that campers spend in the community.



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Correction

In the July 7 edition of the *Stonewall Teulon Tribune*, the article "Harvesting hope for world record later this month" incorrectly states that Lynnette Lindell's father farms canola and barley. In fact, he does not farm canola and barley; rather, he grows oats and wheat. The *Tribune* regrets the error.

Local Rogers store closing in Stonewall

By Jennifer McFee

Rogers has decided to call it quits on its Stonewall location.

Although no firm closure date has been determined yet, the local Rogers location will soon close its doors.

Lisa Rossington, manager of regional public affairs for Rogers Communication, outlined other ways for Rogers customers to keep in touch with the company.

"After evaluating the location, we do not believe it is viable for our customers," Rossington said via email.

"We value our customers in Stonewall, and while this dealer location will unfortunately be closing, our customers can visit our team at our nearby store at Garden City Shopping Centre (161-2305 McPhillips St., Winnipeg) or get in touch with us through Facebook Messenger, their MyRogers app or on our website."

Rossington also expressed appreciation for local Rogers dealer Lana Hintz, thanking her for all her work

and wishing her all the best.

Lana and Steve Hintz opened the Stonewall store in October 2010. Looking to the future, they plan to continue to operate their business TMC Satellite from a home-based shop in Argyle, offering cellular boosters and satellite installations.

"I would really like to thank the people in the community for supporting us. We always appreciated doing business with the people in our community. It's a wonderful place to do business," Hintz said.

"We are disappointed that the store is closing and that we won't have the ability to see anybody or have that contact that we had in the past. Maybe someday we will have a storefront again and we'll be able to work in that capacity as well. We really do appreciate the people in the community that did support us."

Customers can continue to contact TMC Satellite at 204-467-2014 or lana@tmcdistribution.ca.



TRIBUNE PHOTO BY JO-ANNE PROCTER
Store manager Denise Wallis and Rogers dealer Lana Hintz stand outside the Rogers store, which is slated to close.

Kids learn to be bright lights in a cave-themed camp

By Stefanie Lasuik

When Jesus gives us power, we can do the things we never thought we could do. This was the message on the final day of New Life Church's vacation Bible school. It fit nicely into the camp's main takeaway for the children — Jesus is always there for them.

About 110 kids let their lights shine in the cave-themed camp at New Life Church from July 4 to 8.

Each day, they met a Bible buddy who taught them a gift Jesus gives them. On Monday, Sal the Salamander helped them remember that Jesus gives them hope when the world seems dark. Mawtha the Moth flew in Tuesday to teach them Jesus creates courage. On Wednesday, Radar the Bat showed them that Jesus provides them with the right direction in a world of mixed messages. Thursday's Olivia the Owl helped them remember Jesus loves them unconditionally.

Each day, the enthusiastic kids rotated through different stations to learn more about the day's gift. They performed science experiments at imagination station, watched a relatable story at kidbit cinema, acted out biblical stories at Bible adventures, and played games for fun and physical activity.

They recapped each day together, praying and performing a meaningful science experiment. One such experiment involved pouring acetone over a foam heart to represent how sin

destroys relationships with God. But Jesus died for all people's sins, so the heart can be restored to have a perfect relationship with God.

The kids got lost during a game of hot and cold, where the volunteer leaders called out misleading directions to show them how difficult it can be to follow the right voice.

"There's so many voices around you that it's hard to know what to do," said organizer Tamara Johnston of the ac-

tivity.

She hopes the kids will now know what to do when they encounter turmoil. She hopes they'll turn to God and know Jesus is there for them.

She thinks the camp also helps the attendees build relationships with kids who don't regularly attend church and kids from other Sunday School classes.

The leaders saw them form friendships and crawl out of their shells. By

Friday, every kid was bouncing and dancing along to the morning's opening songs and little ones climbed up the stairs of the stage to show the others how it's done.

The kids brought in donations as well. Together, they raised \$244.62 in change for Bethel Children's home, a safe home in Kenya where kids can live, learn and play.

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Bunless Bison Burger With Sautéed Vegetables



- 1/2 cup (125 mL) balsamic vinegar
- 1 lb (500 g) ground bison or lean ground beef
- 2 tbsp (25 mL) breadcrumbs
- 1 tsp (5 mL) Dijon mustard
- 1 tsp (5 mL) finely chopped fresh rosemary
- 1/4 tsp (1 mL) ground pepper
- 1 1/2 tbsp (22 mL) canola oil, divided
- 2 small onions, sliced

- 1 1/2 cup (375 mL) sliced mushrooms
- 1 red bell pepper, seeds removed, sliced
- Directions
- In small saucepan, bring balsamic vinegar to boil. Reduce heat and simmer until vinegar is syrupy, about 10 minutes.
- Meanwhile, in bowl, combine bison, breadcrumbs, mustard, rosemary, and pepper. Shape four burgers and set aside.
- In nonstick skillet, heat 1 tbsp (15 mL) canola oil over medium-high heat and cook onions until browned, 3-5 minutes, stirring constantly. Add mushrooms and bell pepper, cook 3 minutes. Remove and set aside.
- In same skillet, heat remaining canola oil and cook bison burgers until the meat is fully-cooked.
- Garnish bison burger with sautéed vegetables and drizzle with reduced balsamic vinegar.

Herb Cheese-Stuffed Garlic Burgers



Makes 6 servings

- 2 pounds ground beef chuck, 85% lean
- 2 tablespoons chopped garlic
- 1/2 teaspoon kosher salt
- 1/4 teaspoon ground black pepper
- 3 tablespoons herbed garlic cream cheese, such as Boursin
- 6 hamburger buns, split
- Oil for coating grill grate
- The Grill
- Gas: Direct heat, medium-high 425 F to 450 F; clean, oiled grate

- Charcoal: Direct heat, light ash; 12-by-12-inch charcoal bed (about 3 dozen coals); clean, oiled grate on lowest setting
- Wood: Direct heat, light ash; 12-by-12-inch bed, 3 to 4 inches deep; clean, oiled grate set 2 inches above the fire
- 1. Heat the grill as directed.
- 2. Using your hands, mix the beef, garlic, salt, and pepper in a bowl until well blended; do not overmix. Using a light touch, form into 12 patties no more than 1/2-inch thick.
- 3. Put a portion (about 1 1/2 teaspoons) of cream cheese in the center of each of the 6 patties; top with the remaining patties and press together, taking care to seal the edges well. Refrigerate the burgers until the grill is ready.
- 4. Brush the grill grate and coat it with oil. Put the burgers on the grill, cover and cook for 9 minutes, flipping after 5 minutes, for medium-done (150 F, slightly pink). Add a minute per side for well-done (160 F).
- 5. To toast the buns, put them cut-sides down directly over the fire for the last minute of cooking.
- 6. If serving the burgers directly from the grill, serve on the buns. If the burgers will sit, even for a few minutes, keep the buns and burgers separate until just before eating.

Sharing Awareness and Wisdom, Key to Survival

Times are not changing. They have already changed. And we are surviving. We have learned that security does not come from a job. Jobs can be lost, phased out, bought out or otherwise eliminated, and we still go on. Security does not come from relationships, because relationships can change or end, and people can leave us. Security does not come from money, because you can have lots of it, and still not be happy. There is no security out there.

That is a scary thought at first. Its like when you turn eighteen and realize that you can never go back to being a child. Now you have to take care of yourself. Some are so terrified by this prospect, that they transfer the responsibility for their security to the job, or to another person. This is like going from an air mattress to water wings. You're still not swimming.

The little child on the edge of the pool may be scared at first, but when he sees the others jumping in, he knows at least that it is possible to leave solid ground and still rise to the surface.

Many among us have lost jobs or careers due to change, or have chosen to leave difficult relationships and make it on their own. These are the ones who have had to jump in and learn to stay afloat amidst the tides of change. Too often they feel like failures, but in truth they are pioneers. They are deserving of our admiration and respect, for they are models of the strength of the human

spirit. Rather than falling behind, they are forging new pathways.

We all will be called upon in one way or another to shift from outer security to inner security. As we each gain inner strength, our strength as a species will grow. Our survival depends on each one of us tapping into and sharing our own particular awareness and wisdom.

Although we all possess the ability to access the fullness of Universal wisdom, we often do not. This is largely because we do not know or believe that it is within us already.

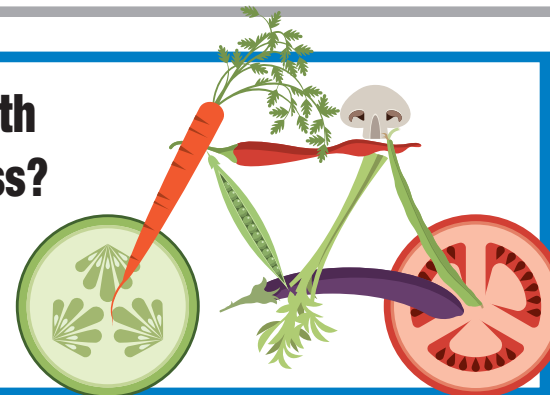
Therefore, like amnesia victims, we are helped when others remind us of things that are hidden away somewhere in our consciousness. This is why every single being is crucial to the whole. No one is insignificant. Everyone is our teacher. Everyone. Especially the ones from whom we think we have nothing to learn! So we can redefine security.

Security is believing in ourselves. Security is knowing who we are, being who we are, and loving who we are. It is acting in accordance with our highest wisdom, and humbly accepting the learning when we don't. It is being compassionate towards ourselves, no matter what. And turning adversity into challenge.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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Shaping up with strollers

By Stefanie Lasuik

A community of moms are coming together every Tuesday at Quarry Park to shape up without having to hire a babysitter. The IERHA's free stroller fitness program allows mothers with toddlers and babies to work out with their child right beside them.

The unadvertised benefit is the social community the mothers form. The program, which runs throughout July, is now in its fourth year and has created circles of friends who continue to socialize outside the park. The moms with young children can relate to each other and give or listen to advice.

"They were talking about where the sales were on diapers," said Breanna Rae, an IERHA community wellness summer student. Rae and Stacie Buchanan, an IERHA wellness facilitator and dietician, run the program.

Since most of the moms registered this year are first-time moms, they discuss toddler milestones and relieve each others' anxiety about what's normal.

The stroller fitness program begins with a warm-up walk and eases into a body weight circuit session.

"It's totally at their own pace," said Rae, who noted many of the exercises

are adaptable.

After the workout, the moms and babies eat healthy snacks together. The Interlake School Division has partnered with the program to provide the snacks. Rae and Buchanan then give the moms a handout of the circuit so they can do it at home.

But the participants enjoy spending the time together. It gives the moms a regularly scheduled activity to look forward to and get ready for.

"It's honestly just nice to get out of the house during the day and be with other moms," said participant Kelsey Dingwall.

The program runs every Tuesday in July at 10 a.m. The same program will run in Woodlands at the ball diamonds every Thursday in July at 10 a.m.

Ten moms are currently registered in the Stonewall program and three for Woodlands. People can still register for either location by contacting Rae at brae@ierha.ca.



TRIBUNE PHOTO BY STEFANIE LASUIK

The moms in the stroller fitness program work out with their toddlers never leaving their sides. From left to right: Amanda Moodie with her baby Nora Porteous, Jessica Nichols with Blake Nunn, Kelsey Dingwall with Scarlett, Stacie Buchanan, Breanna Rae, Denise Wallet with Kinley, Ashley Smith with Zoey, and Michelle Gauthier with Victor.

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Mortgage Default Insurance

Mortgage default insurance is one of those things that many homebuyers don't often think about when purchasing their new home. But if you don't have at least 20% of the purchase price available as a down payment, you will need to purchase this form of insurance before you can arrange financing.

Many home buyers, especially those purchasing their first home, often have less than 20% of the purchase price available as a down payment.

Conventional Mortgage Versus a High Ratio Mortgage

A down payment of 20% or more means you can arrange for a conventional mortgage. For the lender, this means the property has sufficient equity to protect the lender from a shortfall should the borrower default on the mortgage. A higher down payment also means the borrower has a greater personal investment in the property making them less likely to default.

For those with at least 5%, but less than 20% of the purchase price available for a down payment, it is still possible to arrange a mortgage, but this will be considered a high-ratio or insured mortgage. The higher loan-to-value (LTV) percentage of a high-ratio mortgage means there is less equity available to protect a lender from losses in the event of a default. To ensure lenders are able to provide mortgages to buyers with smaller down payments while still protecting the financial institution from the greater risk that comes with a high-ratio mortgage, separate mortgage default insurance is required.

While having to obtain mortgage default insurance does add to the cost of purchasing a new home, it also make it possible for those with limited savings – particularly first-time buyers – to get into the market sooner.

Mortgage Default Insurance Providers

- 1) The Canada Mortgage and Housing Corporation
- 2) Genworth Canada
- 3) Canada Guaranty.

It is the lender that actually arranges and pays for the mortgage insurance, but this cost is passed to the borrower and is incorporated directly into the mortgage payments. Insurance premiums are based on the amount borrowed and the down payment.

To qualify for mortgage default insurance, the following conditions must be met:

- Minimum 5% down payment
- Single-family dwelling or two-unit building
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TRIBUNE PHOTOS BY STEFANIE LASUIK

Families ventured through Quarry Park on July 6 to hunt geocaches. They used handheld GPS trackers to find seven "treasure boxes" (plastic containers) of kids' toys. The evening was put on by the Interlake-Eastern Regional Health Authority. The goal was to teach families how to participate in the worldwide geocaching network while providing a fun and active family night out.



Combating root rot in soybeans

By Harry Siemens

Soybean production has come a long way since 1997 when growers first experimented with a few varieties, many of which just didn't work in Manitoba.

Jumping to today, reports indicate as many as 1.3 million acres of soybeans are in the ground this summer.

With this rapid growth come new challenges with native diseases and pests.

At recent Manitoba Pulse and Soybean Growers test plot tours in southeastern Manitoba, researchers focused on one in particular: root rot.

While not a huge problem, root rot is one limiting factor for farmers wanting to increase their soybean acres, says production specialist Kristen Podolsky.

"Root rot is certainly our number one issue and is heightened from previous years," she says. "It is present every year, but this year in particular with the continuing wet conditions that seem to be prolonged.

"Another factor, with those dry conditions starting out, in some cases farmers seeded a little deeper than usual," adds Podolsky. "That delayed the emergence of some of the soybeans and left them susceptible for

longer periods to these soil pathogens. Deep seeding, prolonged wet conditions, and perhaps crop rotation as we keep growing soybeans in some tightened rotations—those are all factors contributing to root rot."

Podolsky says there are plenty of solutions to this and other challenges facing soybean growers.

"We aren't this wet every year ... and it shouldn't deter us from growing soybeans in the future because there are options to manage it," she says. "We need to identify what pathogens we have and what the management options are.

"Genetic resistance, seed treatment, and keeping our fields well-drained and making sure we have good soil aeration," she lists as options. "It is easier said than done, but it is an option. And hoping for good weather."

Holly Derksen, a plant pathologist with Manitoba Agriculture, says there are four main pathogens responsible for root rot and seedling disease in soybeans on the Prairies: phytophthora, pythium, rhizoctonia, and fusarium.

Derksen agrees with Podolsky that seed treatments will generally offer

Continued on page 13

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PHOTO BY HARRY SIEMENS/VOICE
Kristen Podolsky, production specialist with Manitoba Pulse & Soybean Growers, talked to growers recently about how prevalent root rot is in soybeans in Manitoba.

> ROOT ROT, FROM PG. 12

for root rot and seedling disease in soybeans on the Prairies: phytophthora, pythium, rhizoctonia, and fusarium.

Derksen agrees with Podolsky that seed treatments will generally offer up to three weeks of protection, but some early-planted crops may have been slow to emerge and susceptible to these pathogens.

She says phytophthora—the most common soybean root rot culprit in the region—will tend to appear later in the growing season, attacking stressed soybean plants. A longer crop rotation

will help reduce phytophthora levels in a field.

Derksen says fusarium, rhizoctonia, and pythium unfortunately enjoy a wide spectrum of hosts, so rotation is a less effective management option.

Both Podolsky and Derksen agree there's little farmers can do now to address a root rot problem, but properly identifying the pathogen can help prevent problems in future years, whichever management option they ultimately choose.

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CIB Yard of the Week

TRIBUNE PHOTO BY JO-ANNE PROCTER

This week's Communities In Bloom Yard of the Week honours were awarded to the Daher family at 233 2nd St. W. in Stonewall. Over the past 14 years, the Dahers have transformed their town property into an English cottage-type garden. It is loaded with peonies, roses, daylilies, irises, hydrangea, phlox, coneflower, hollyhocks, mums, woody clematis, lilacs and many different fruit trees. The family feels that their garden is most spectacular in the springtime when hundreds of bulbs give a heart-warming display. Everyone helps out in the yard, with Sarah's favourite job being digging dandelions while her brother Robert likes to follow along and pick up the dandelions and put them in his bucket. Harvesting potatoes is the absolute favourite garden chore for the kids, as each dug potato is like finding treasure.

Be sure to pass by to view this lovely yard from the street. The Yard of the Week runs July through August. To nominate a yard in Stonewall that you feel deserves recognition, be sure to fill out a ballot at Home Hardware. Pictured from left to right: Robert, Sarah, Tanya and Karl Daher.

French summer day camp a learning success

Submitted

Friday, July 8 marked the last day of Camp Soleil 2016. This year's theme was the Olympics. Seventeen students aged five to 12 years learned about the Olympics by playing games, making crafts and learning new French vocabulary while having fun.

Kira, one of the oldest campers at 12 years old, sat down with camp leader Corinne Lothian to talk about Camp Soleil. She spoke entirely in French and had a confidence about her that would make any teacher proud. Kira learned that there are 28 sports being played in the Summer Games this year. She really enjoyed all the crafts they made, especially the rainforest in a bottle.

Justin, eight years old, also had a fun time at camp. He liked playing all the games and his favourite craft was making a coaster. It was great to see him check the vocabulary board so that he knew how to say "coaster" in French. He learned that baseball is no



Canadian Parents for French Stonewall chapter held their annual French Camp Soleil with an Olympic theme last week.

longer an Olympic sport.

When asked if they would come back next year, both Kira and Justin said oui, yes.

Canadian Parents for French (CPF) Stonewall would like to thank CPF camp counsellors Yaza and Natalie for all their fun-filled activities.



TRIBUNE PHOTO SUBMITTED

French Preschool program

As Camp Soleil comes to an end, CPF Stonewall is not done with summer learning. July 19 marks the beginning of le français pour les petits, an introduction to French Immersion with Mme. Doll to be held at the library

in Stonewall. The French preschool program will run Tuesday and Friday mornings for 30 minutes beginning at 10:30. Children ages three to five and their caregivers are welcome to drop in and have fun learning French and making crafts. To register, please call the library at 204-467-8415.

Pre-picked berries for sale

TRIBUNE PHOTO BY JO-ANNE PROCTER

Last Friday, 10 members of the Stonewall Youth Job Centre's Odd Job Squad (OJS) spent the morning picking 73 boxes of Boonstra strawberries. The group then set up shop in the afternoon in front of Family Foods and sold the berries. Emily and Brady Spruyt stopped by with their mom, Amy, to purchase a box of fresh-picked berries. The OJS will be back again in the next few weeks selling Boonstra raspberries. The Youth Job Centre helps local youth and students with employment needs. They plan to host a barbecue in Warren near the skate park and a Relay for Life barbecue in Stonewall. On July 22, they will host a barbecue outside Inview Insurance. The OJS is partnering with local bakeshop Beyond Bread and will be collecting orders from local businesses for their "Cookie Craze." As well, they will be hosting a Paint Night at the Stonewall Legion and are currently selling Action Pack coupon books for \$25. If you have any questions, feel free to contact youth engagement leader Ainslee Willis at 204-461-1364.



Donations needed for outdoor exercise equipment in Teulon

Equipment expected to be installed at Green Acres Park this fall

By Jennifer McFee

The Age Friendly Teulon Committee is working out ways to promote active living in the area through ongoing fundraising efforts to purchase outdoor exercise equipment.

Coun. Cherise Griffin, a representative on the Age Friendly committee, said the equipment will hopefully be installed in the fall as long as the funding falls into place.

In the meantime, the group is seeking donations towards the project that they've been working on for the past two years.

Although they've raised about 80 per cent of the overall cost, they are still short about \$8,000, Griffin said. While they wait to find out if other funding sources will contribute to the cause, they are also encouraging community members to make contributions.

"Any donation amount is graciously appreciated — \$5, \$10, whatever people can give," Griffin said. "We would be very pleased with any amount, and charitable receipts are available for donations over \$20."

Once enough money is raised, an outdoor exercise area will be built at Green Acres Park. It will feature six different non-automated workout machines that are double sided so up to 12 people can exercise at the same time. The equipment, which uses a person's body weight for resistance, will include an elliptical, a chest-back press, Tai Chi wheels and a hand cycler. Other highlights will be plyometric steps and a mobility incline ramp with parallel bars to help older adults with balance.

"The equipment will strengthen upper and lower body muscles and also increase cardiovascular health. Some pieces come with adjustable knobs to regulate tension to suit people with different physical capabilities," Griffin said.

"It's designed for participants who use wheelchairs, walkers, canes, and anyone 13 years and older — so basically it can be easily used by everyone. It doesn't matter what their capability is. It doesn't matter their age."

It also doesn't matter what community they're from, since the equipment

"IT'S ABOUT GETTING PEOPLE MORE ACTIVE."



TRIBUNE PHOTO SUBMITTED

Donations are needed for outdoor exercise equipment in Teulon.

will be free for anyone to use.

"It's fitness for everybody. We visited Oakbank, Selkirk and Stonewall, and they all have these sites in their communities," Griffin said.

"We thought that we would offer it to residents of Teulon and surrounding areas. It's not just Teulon — it's for anyone who wants to use it, including anyone who's visiting our park for any events. It's about getting people more active. They can enjoy the environment and get healthy too."

The exercise park will be like a playground for adults, she added.

"You can work out while watching a baseball in the distance, while your

kids are playing at the playground or while you're watching the sunset and enjoying the fresh air," she said. "It couldn't be more perfect than that."

Donations can be dropped off at the Civic Centre (town office). Cheques payable to the Town of Teulon can also be mailed to Box 69, Teulon, Man., ROC 3B0. A notation should be made on the cheque to indicate that the donation is for the Age Friendly Teulon Project (or AFTP).

For more information, contact Griffin at 204-886-2582 or chairperson Josie Lindley at 204-886-2663.

worship with us

> FAITH

Be blessed, not stressed

According to a Greek legend, in ancient Athens a man noticed the great storyteller Aesop playing childish games with some little boys. He laughed and jeered at Aesop, asking him why he wasted his time in such frivolous activity. Aesop responded by picking up a bow, loosening its string and placing it on the ground. Then he said to the critical Athenian, "Now, answer the riddle, if you can. Tell us what the unstrung bow implies." The man looked at it for several moments but had no idea what point Aesop was trying to make. Aesop explained, "If

you keep a bow always bent, it will break eventually; but if you let it go slack, it will be more fit for use when you want it."

As we enter summer, it is a reminder that the bow of life will break if we do not give it slack. Vance Havner, known for his pithy sayings, once said, "If we don't come apart, we will come apart." Today countless individuals are on medications for symptoms triggered from constant stress in their lives. You might be reading this today and feeling overwhelmed and stressed, wondering how to even make it to the next day.

In the Bible (Luke 10:38-42) when Jesus came to visit two sisters, one was blessed while the other one stressed. Mary was blessed as she sat at the feet of Jesus and listened to him; Martha was stressed as she frantically tried to host a huge dinner for him. Finally Jesus says to her, "My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it." Martha became more concerned about doing than about being like her sister.

Jesus said, "Don't worry about tomorrow, for tomorrow will bring its own worries" (Mt. 6:34). In other words, take one day at a time or



even one thing at a time. Trust in Jesus, spend time with Him and be blessed, not stressed. This summer take time to slow down, rest and relax — physically, emotionally and spiritually.

John Harrison
Pastor of Spiritual Development
New Life Church, Stonewall
johnharrison@mymts.net

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U16 Phillies flying high ahead of provincials

By Brian Bowman

The South Interlake Phillies are heading into the U16 fast-pitch provincials playing some of their best ball of the season.

South Interlake recorded five wins and a tie in the past eight days and now has an 8-9-1 Manitoba Ladies Super Softball League record heading into this weekend's provincials.

Expectations are high for the Phillies this weekend at the John Blumberg Softball Complex in Headingley.

"We have our eyes set on a medal," said Phillies' head coach Blaine Shewchuk, noting their club has a 13-13-1 overall record this season.

"We started (the season) very slow and are definitely underdogs going in. We're not ranked in the top four of the teams going in and we probably have lost 14 games due to rain in May and June."

The Phillies have started to improve significantly, however, over the past few weeks. South Interlake recently advanced to the B-side semifinal at a Sioux Falls tournament in South Dakota.

"It was a really good experience for us," Shewchuk said. "We got six games in and had we gone to the 'A' bracket,



South Interlake's Kyra Shewchuk pitched a great game against the Angels.

we potentially would not have gotten those six games in. We were really going down there looking to get innings and game time."

The Phillies are really starting to gel as a team in July.

"We've been playing a lot of ball and the girls are in good spirits," Shewchuk said. "We're just starting to get going here. I would have liked a few more weeks before provincials but the girls are in good spirits and they're going in there to compete."

The Phillies' pitching this season has been good, said Shewchuk, while their defensive play continues to im-



TRIBUNE PHOTOS BY LANA MEIER

The Phillies' Loren Proven, right, is congratulated after hitting a home run to put South Interlake up 5-1.

prove.

"Just that game sense, knowing what they're going to do with the ball before they actually get the ball," Shewchuk said. "You have to get those innings and games under your belt."

The Phillies are hoping that they have a long season still in front of them. The top four teams at the Manitoba provincials qualify for nationals, which will take place in Montreal.

The next two teams will advance to the western championships, set for St. Albert, Alta.

As well, the core of the U16 Phillies makes up Team Interlake for the Manitoba Summer Games in August. That team will also be coached by Shewchuk.

"There's still a lot of ball ahead of us," Shewchuk insisted. "And we're really looking forward to it."

Stonewall Minor Hockey & Ringette Association

ONLINE Registration

Saturday, July 16, 2016

Registration closes July 31, 2016



For more info or to register online visit SMHRA.ca

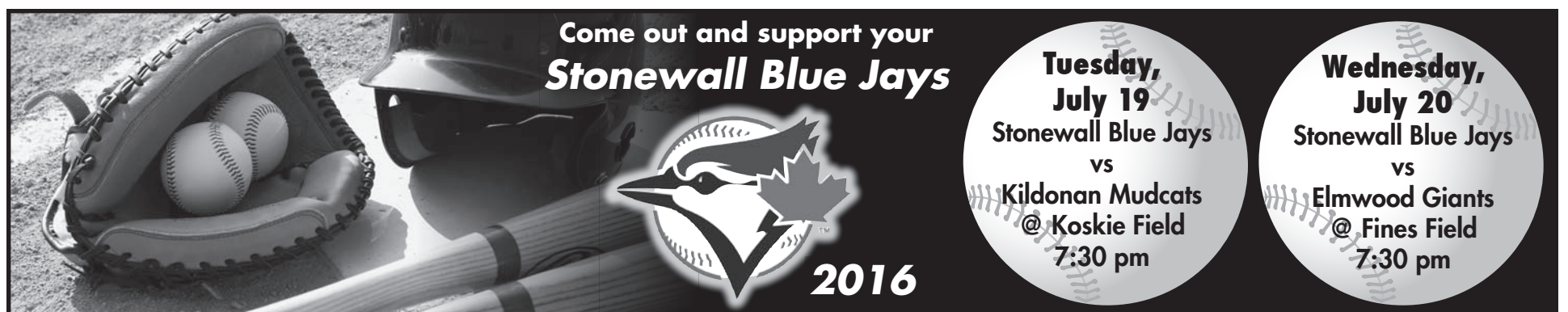
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2016

Tuesday, July 19
Stonewall Blue Jays vs Kildonan Mudcats
@ Koskie Field
7:30 pm

Wednesday, July 20
Stonewall Blue Jays vs Elmwood Giants
@ Fines Field
7:30 pm



Thunder well represented at 2016 Football Canada Cup

By Brian Bowman

It was a tough start for Team Northwestern Ontario/Manitoba Silver at the 2016 Football Canada Cup in Winnipeg on Saturday evening.

Team Northwestern Ontario/Manitoba Silver's 40-man roster — which includes Interlake Thunder linebacker Austin deLaroque, receiver Alex France and defensive back Thomas Dunlop — was defeated 52-0 by Quebec in their opening game.

All three Thunder athletes played well as deLaroque was named the defensive player of the game.

Team Northwestern Ontario/Manitoba Silver, the No. 8 seed in the eight-team championship, then played New

Brunswick Tuesday on the consolation side but no score was available at press time.

Quebec was the top-seeded team at the tournament, followed by Ontario, Saskatchewan, Alberta, Nova Scotia, Manitoba Gold and New Brunswick.

The 2016 Football Canada Cup features the best players in the nation for their age group. A plethora of college and university scouts have been on hand to assess players' talent in both practices and games.

As well, Football Canada brass will also be evaluating prospects for Canada's national team, which will later play in the International Bowl.



TRIBUNE PHOTO BY KIM DELAROQUE

Linebacker Austin deLaroque, left, was named the defensive player of the game in his team's loss to Quebec last Saturday in Winnipeg.

Blue Jays to host Senior 'AA' All-Stars Provincials this weekend

By Brian Bowman

The top senior baseball teams in the province will be in Stonewall this weekend for the 2016 Senior "AA" All-Stars Provincial Championship.

The Stonewall Blue Jays will be among eight teams vying for a provincial title and a berth into next year's western championships.

Stonewall be in Pool "A" along with Brandon, Elmwood and Southwest while Pool "B" will feature Border West, Kildonan, St. Boniface and Santa Clara.

"It's a big tournament and (the league) in Brandon folded this year, so I expect some pretty high-calibre baseball," said Blue Jays' player/coach Adam Kirk. "There will be four teams from our league and four rural teams."

The provincials expect to be very competitive with four solid teams

from the Winnipeg Senior Baseball League and the four rural clubs.

"When you throw all of those (rural) guys together and put them on one team, they definitely put together a good roster," Kirk said. "There's no doubt about that."

The Blue Jays will begin action Friday when they play the Elmwood Giants at 4:30 p.m. and then will battle Brandon on Saturday at 12:30 p.m.

Stonewall will then wrap up its pool play Saturday evening with a 7 p.m. clash against South West. All three of the Blue Jays' pool games will be played on Diamond 1.

The defending-WSBL champion Blue Jays have as good a shot as any team to reach the finals — or win — the senior provincial championship. But Stonewall hasn't exactly been tearing up the WSBL in recent weeks.

Stonewall was just 5-8 heading into this past Tuesday's road game against the St. Boniface Legionnaires. The Blue Jays dropped both of their games last week — losing 6-1 to Kildonan and 4-3 to St. James.

Scoring runs has been a bit of a problem for the Blue Jays this season.

"A majority of it is getting our 'A' lineup out there all of the time," Kirk noted. "We haven't really done that the last couple of weeks. Guys have been working and guys have been enjoying the summer, stuff like that."

"When you're missing a few key guys, it's different."

The difference between winning or losing for the Blue Jays this season has often come down to just a couple of plays each game. Stonewall is simply not getting the key base hits with runners in scoring position when they

need them or they aren't making the routine play at important times of the game.

It seems like when they do make an error, Kirk said, it costs them in a big way.

"That needs to get better real quickly or we won't win anything at provincials," Kirk admitted. "We had one bad inning against St. James last (week) and it cost us three runs and we lost 4-3."

Meanwhile, the Blue Jays are in good shape in terms of volunteer help for the provincials. Still, if anyone is interested in volunteering, they can contact Kirk at 204-461-0593.

Stonewall will play Elmwood Friday at 4:30 p.m., on Saturday Brandon at 12:30 p.m. and Southwest at 7 p.m. Finals will be played on Sunday.

U14 Phillies earn trip to fast-pitch nationals

By Brian Bowman

The South Interlake Phillies U14 fast-pitch team is headed to the nationals.

But the trip there will be a short one. The Phillies punched their ticket to the nationals in Winnipeg next month by finishing fifth at the provincials in Brandon last weekend.

"(Making nationals) was our primary goal and the girls got it done," said Phillies' head coach Curtis Fines.

South Interlake finished with a 3-4 record at provincials, one win ahead of the Westman Magic. The Phillies

were also just a win away from tying the Manitoba Thunder and Central NRG, both with 4-3 records.

South Interlake picked up a huge win Sunday, trouncing the Manitoba Angels 11-3.

Jacey Ledochowski had a good game against the Angels and was great all weekend for the Phillies, both offensively and behind the plate as a catcher, said Fines.

South Interlake's Brenna Barlyski and Cameron McInnis each had two hits and scored two runs in the win over the Angels.

"(Jacey and Camryn) pretty much carried our offence for the majority of the weekend," Fines noted.

Fines said the Lightning had some competitive games against very good teams at provincials.

"We played tough against all of the top-ranked teams," he said. "We lost 2-0 to Central and they're a really good team. The Lightning finished second and we were right in the game — we left 11 runners on base. If we would have had some clutch hits, we could have had that game."

The Phillies will now have about

a month to prepare for the nationals, which will be played at the John Blumberg Softball Complex. An estimated 24 to 36 teams will participate at the national tournament.

"Teams will be coming from all over Canada," Fines noted. "It will be the best competition around. We'll play a lot of exhibition games from now until then. There are six teams from Manitoba going to nationals as Smitty's is the host, so we'll have some exhibition games."

Mosquitoes buzz to 1-3 record at provincials

By Brian Bowman

Mosquitoes were buzzing all over the ball fields in Brandon last weekend.

The Stonewall Blue Jays played some sound baseball on their way to finishing with a 1-3 record at the Mosquito "A" provincials.

"They had a great weekend even though the record doesn't show how well they did," said Blue Jays' assistant coach Scott Myers. "It was a fun weekend and a good experience."

Stonewall began provincial play with an impressive 6-2 win over Rock Lake on Friday morning.

"It was a good start," Myers said. "The boys had a good weekend altogether but it was nice to start off with a win."

The Blue Jays were shut out 11-0 by the Portage Panthers later in the day and then Stonewall lost a heart-breaking 7-6 decision to the Seine River Crush on Saturday morning.

"It was a tough loss for us," Myers admitted. "But it was a good learning experience. We lost by one run to a good team and the (game) could have gone either way. Both pitchers pitched well but a few small errors here and there cost us the game."

Stonewall wrapped up its provincial play by getting shut out 3-0 by the Brandon Reds in a four-inning game on Sunday. Brandon scored all three of its runs in one inning.

"There were some close games that could have went either way," Myers observed.

Offensively, Stonewall had some trouble, at times, at the provincials. The Blue Jays scored just 12 runs in four games.

"The kids are young and the pitching, when you go to provincials, is a little stronger," Myers said. "We don't see a lot of that type of pitching throughout the year, so it was a learning curve going in."

"But, all in all, the boys did not bad. They started to hit the ball in the latter games at provincials once they felt more comfortable."

Seine River won this year's Mosquito "A" provincial championship after a 6-1 win over the Souris Cardinals.

Thunder to host Pre-Season Jamboree

By Brian Bowman

The Interlake Thunder will be hosting its third-annual Pre-Season Jamboree this Sunday at Stonewall Collegiate Institute.

The morning session will run from 10 a.m. until 11:30 a.m., followed by the afternoon session at 1 p.m. until 2:30 p.m. A barbecue will be held at lunch time.

An estimated 100 young athletes – and 200 people – will be in attendance for the day while equipment will be issued prior to this date.

"It's a kick start to our training camp for our minor program, which is from Cruncher to Bantam football," said Thunder president Joel McDonald last Thursday afternoon. "We'll be breaking down the kids in different groups to work on fundamentals."

The jamboree will act as a good head start for the players prior to training camp.

"For the first couple of years, because our kids were so new to football, we used (the jamboree) as a tool to get them into equipment and give them at least some fundamentals going into training camp."

Coaches from the Thunder, including members or their Midget staff and players, along with numerous special guest coaches will be in

attendance.

The Thunder had also sent out an invite to University of Manitoba and Winnipeg Blue Bomber alumni to come out. At press time, Petar Pejovic and Jon Oosterhuis had been confirmed to attend the jamboree.

Pejovic played for Simon Fraser University as an offensive lineman and was drafted by the Blue Bombers in 1995. He has coached football for the St. Paul's Crusaders and soccer for SE United.

Oosterhuis, meanwhile, played college football for the New Hampshire Wildcats and the Blue Bombers (2002-2011).

The jamboree will feature some serious workouts for the players but the day will also be a fun one for the kids with the lunchtime barbecue.

"The workouts and sessions themselves will be fairly intense and we're going to be working on some very specific skill sets," McDonald said. "But the overall event is kind of a fun day to get all of the kids together again."

"We're spread out through the entire Interlake, so some of these kids haven't seen each other in 10 months. They'll get a chance to reacquaint themselves with old teammates and, of course, meet some new teammates."

Stonewall U15 boys have big game on Tuesday

Submitted

The Stonewall U15 boys' soccer team has a big game coming up next Tuesday.

Stonewall will battle Southdale for the Winnipeg Youth Soccer Association's U15B Rec league title at 7:30 p.m. at the Veteran's Memorial Sports Complex.

The game is a great matchup, pitting Stonewall's solid defence (which allowed just 10 goals all season) against Southdale's league-leading offence (54 goals).

Stonewall has also been very good offensively this season, though, scoring 45 goals to give them the best goal differential in the league.

Stonewall was in first place in the league after 12 games. The WYSA had cancelled all games June 26 due to the weather/poor field condi-

tions, so Stonewall and several other teams did not play their last regular-season game.

New this year, WYSA had combined the North and South divisions, with all teams playing in one very competitive division. The final standings were so tight that WYSA determined it would be necessary for teams to play their final game to determine who would win the league title.

This was rather difficult to organize as the regular season ended June 30 and games are not usually scheduled in the summer.

But the date has been set, and if Stonewall wins on Tuesday, they will celebrate a league title and be well positioned to make a run for a three-peat for a City "A" Side championship when the playoffs start in the fall.

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 467-5836

TEULON MINOR HOCKEY ONLINE REGISTRATION

Open from July 15, 2016 to August 15, 2016

www.hockeymanitoba.ca/members/associations/interlake/teulon

ALL PLAYERS MUST REGISTER ONLINE

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New Players require copy of birth certificate. Fees are payable by credit card or cheque. 50% is payable at time of registration. Balance payable by credit card or postdated cheque for September 26, 2016.

A late registration fee of \$50.00 will be applied after August 15.

RESPECT IN SPORT FOR PARENTS

At least one parent or legal guardian is required to complete this one time only online course. (Course is attached to the registration link)

Each player will be responsible for booth hours.

Hours required will be determined by the number of players registered and the 2016-2017 schedule.

For more information email ROBIN at robin.teulonminorhockey@gmail.com or KYLE at williskyle@yahoo.ca



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blue Jays play very well at PeeWee 'A' provincials

By Brian Bowman

The Stonewall Blue Jays played some outstanding baseball at the Pee-Wee "A" provincials last weekend in Rosenort.

But it still wasn't enough to advance to the playoffs on Sunday.

Stonewall finished with a 2-2 record after a tough 11-8 loss to Altona on Saturday. Altona won the game with a late comeback.

"We were actually leading that game in the top of the seventh and gave up a couple and couldn't get them back," said Blue Jays' head coach Darrell Humeniuk. "But we made them throw their best at us. They had a couple of guys that they had sitting in the weeds ... and they needed both of those guys to beat us."

Humeniuk said one bad inning cost the Blue Jays dearly in the Altona game — and a playoff berth — but he was still very satisfied with how the Blue Jays played the entire weekend.

In fact, he felt that his club played just a couple of sub-par innings at the provincials.

"We had just two bad innings and we lost both those games," Humeniuk lamented. "We really should have won both of them."

Stonewall started play Friday and



TRIBUNE PHOTO SUBMITTED

Stonewall Blue Jays, pictured left to right, back row: Darrell Humeniuk (coach), Megan Humeniuk, Reid Baryliuk, Logan Resche, Connor Smith, Jackson Kummern, Sarah Dowsett, Derek Dowsett (coach); front row: Nicole Morton (manager), Matthew Morton, Carter Bassett, Max McIvor, Kian Bell and Mitchell Bourque.

ended up on opposite sides of a pair of one-run games.

The Blue Jays lost 7-6 to Killarney and then won a wild 18-17 walk-off

decision over Portage. Stonewall used several pitchers to eke out the narrow win over Portage.

On Saturday, Stonewall crushed Ste.

Rose 15-3 before losing to Altona.

"We had a lot of hits in that (Ste. Rose) game," Humeniuk recalled.

The Blue Jays needed a 3-1 record to advance to the playoffs. Stonewall played well enough to advance to the playoffs — especially on offence — as the Blue Jays scored 47 runs in just four games.

"We had a good little team," Humeniuk insisted. "We had good players ... and the potential to score a lot of runs and do well. It was a couple of things here and there that cost us, unfortunately."

"But it was a really good weekend — the kids played really well."

Humeniuk said all of the teams at this year's provincials were competitive with one and other. He also felt strongly that the Blue Jays' players will benefit greatly from competing in a provincial championship.

"There were a couple of weaker teams but they all had pretty good players (on their rosters)," Humeniuk noted. "Killarney had a few really good guys and Hamiota was strong."

Killarney won this year's PeeWee "A" provincial championship after a 7-6 victory over Hamiota in the championship game on Sunday.

Cockerill fantastic at Players Cup

Staff

Aaron Cockerill was about as consistent as a golfer could be at last week's Players Cup in Winnipeg.

The Gunton native played some fantastic golf, finishing in a five-way tie for 31st overall in the talent-laden field on the latest stop on the Mackenzie Tour — PGA TOUR Canada circuit.

Cockerill fired rounds of 69, 68, 69 and 68 to finish at an impressive 10-under 274.

But as great as Cockerill was last week, Dan McCarthy was that much better.

McCarthy had an outstanding four rounds of golf in southern Manitoba, finishing with an almost unbelievable 25-under 259. The talented American carded rounds of 66, 64, 65, and 64 to finish well ahead of Canadian Michael Gligic (68-65-67-66).

McCarthy clinched the tournament championship with the 7-under 64 at Niakwa Country Club. It was his third tournament title in five appearances this season.



TRIBUNE PHOTO BY KATHY COCKERILL

Aaron Cockerill fired rounds of 69, 68, 69 and 68 to finish at an impressive 10-under 274 at last week's Players Cup in Winnipeg.

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GARAGE SALE

Rain or shine! Large multi family garage sale on Sat., July 16 from 3-6 p.m. & Sun., July 17 from 1-4 p.m. South from Stonewall on Hwy. 236 turn right on Rd. 74 North 1 1/4 miles to 4113E. Large quantity of tools, collectibles, household items, handcrafted furniture & much more.

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FULL TIME OPERATOR 3

The Rural Municipality of Woodlands invites applications for the position of Full Time Operator 3.

The Operator 3 is responsible for operating a variety of heavy equipment in building and maintaining a variety of public works infrastructure. This operator is also responsible for basic repair and maintenance of the equipment and for the performance of some general labour duties.

Salary and benefits are as per the Collective Agreement, with Operating Engineers of Manitoba.

The successful candidate will have the following qualifications:

- Experience operating a motor grader with attachments.
- Experience operating loader, dozer and tandem.
- Basic repairs & maintenance of heavy equipment.
- Class 1 driver's license with air brake endorsements, or willing to obtain.
- Clean driving abstract.

Please contact the Rural Municipality of Woodlands Administration Office at 204-383-5679 for further information.

Persons applying should submit a detailed resume with three (3) references and a current drivers abstract on or before 4:30 p.m. local time Monday, July 18, 2016, to:

R.M. of Woodlands, P.O. Box 10, Woodlands, MB R0C 3H0
Fax: (204) 383-5169 Phone: (204) 383-5679
Email: cao@rmwoodlands.ca

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

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CARD OF THANKS

We would like to send a special thank you to all the members of the Community of Grosse Isle and surrounding areas who made our Community Shower such a wonderful and memorable occasion. An extra special thank you to the people involved in organizing and planning a lovely shower. And a big thank you for the wonderful gifts! We will think back on this occasion every time we use them.
-Erin Cathers and Brady Kabez

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for Stonewall Crocus Manor and Stonewall Lions Manor

Do you know the most effective way to plan, organize, coordinate, and conduct meaningful and interesting events and activities for approximately 200 seniors?

If your talent and experience provide a positive answer and if you have a "can do" attitude and a genuine love for working with seniors, we would like to talk with you. You may just be our new Activities/Program Director commencing duties Sept. 1, 2016.

The selected individual must have strong computer skills and be capable of presenting a monthly calendar of activities.

Please submit your resume via email to tom@crownpnts.ca by July 18, 2016 with salary expectations.

Only those applicants selected for an interview will be contacted.

THE RURAL MUNICIPALITY OF ROSSER



PUBLIC HEARING

2016 Recreation and Cultural Grants

In accordance with Section 162(3) of The Municipal Act the Council of the Rural Municipality of Rosser will hold a **PUBLIC HEARING** to present an expenditure of Recreation and Cultural Grants at:

10:00 A.M.

Tuesday, August 9, 2016
ROSSER MUNICIPAL OFFICE

The adoption of the 2016 Financial Plan for the Municipality has been finalized previously and the Council of the Rural Municipality of Rosser wishes to contribute funding toward community facilities with funds from the Recreation Reserve, which were not included in the 2016 Financial Plan.

The Public Hearing will provide an opportunity for Council to provide information on the proposed community facility grants and financing by the Rural Municipality of Rosser Recreation Reserve. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposal is available upon request at the Municipal Office, 0 077 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

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Rural Municipality of Rosser

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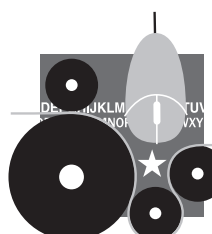
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ANNOUNCEMENT
BIRTH



Sadie Lorraine Goresky
Nick and Nici Goresky along with their families are pleased to announce the birth of their beautiful baby girl, Sadie Lorraine Goresky. Born June 2, 2016 at 4:32 a.m., weighing 8.62 lbs. and 21 inches long.
Welcome to the family Sadie!

ANNOUNCEMENT
ANNIVERSARY



Congratulations to
Herb and Marion McMahon
On their 50th Anniversary on July 30th
Celebrate with them at a
Come and go Tea on July 31st
From 2 - 4 p.m. at Gunton Hall in Gunton, Mb.
No gifts, just the pleasure of your company.



ANNOUNCEMENT
ANNIVERSARY



Ken and Audrey Klimpke
Happy 50th Anniversary!
Love your family

OBITUARY



Elsie Lillian Boyle (Hartle)
Elsie, age 93, passed away peacefully on Monday, July 4, 2016 at Stonewall Hospital.
Born at Brooklands, MB on December 24, 1922, Elsie attended Center School and worked in Winnipeg and Stonewall.
She married Joe Boyle in 1950 and together they farmed and raised their three children in the Argyle area.
Elsie was very community minded and volunteered as a 4-H Leader, Community Arts and Crafts instructor and Project Linus Blanketeer. She was a member of Acadia Rebekah Lodge until it's closing in 1999.
She enjoyed her gardens, feeding and watching the birds, going for drives around the country, garage sales, time with family and friends and since moving to town; coffee at the Rock where she met many new friends.

She was predeceased by husband Joe in 1998; son Frank 1968 and sister Sylvia 1998.
Survived by daughter Joanne (Larry) O'Dell, son Ron; of Stonewall, grandsons Steve O'Dell of Grand Prairie, AB, Ernie O'Dell of Winnipeg. Brother Edwin (Inez) Hartle of Stonewall, sisters-in-laws Kay Pike of BC, Georgina Boyle of Calgary and Pat (Garry) Lawrence of Sylvan Lake as well as many nieces and nephews.

Memorial service was held at MacKenzie Funeral Chapel, Stonewall on Saturday, July 9, 2016 at 2:00 PM.

In lieu of flowers, please make donations to Stonewall and District Health Foundation or a charity of your choice.

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OBITUARY

Margaret Rose Hubbard
Celebration of Life and interment at the Stonewall Cemetery on Friday, July 22, 2016 at 11:00 a.m.

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OBITUARY

Kevin C. Slater
With profound sadness we announce Kevin's passing, on Sunday, July 10, 2016, at the age of 54 years.

A celebration of Kevin's life will be held on Friday, July 15, at Soul Sanctuary, 2050 Chevrier Blvd., at 1:30 p.m.

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