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Stonewall Teulon Tribune

VOLUME 9 EDITION 27

THURSDAY,
JULY 5, 2018

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Proud Canadians

TRIBUNE PHOTO BY JO-ANNE PROCTER
Carl Simonson (86) and daughter Donna Ridgeway celebrated Canada Day at the Grosse Isle Heritage Site this past Sunday. Ridgeway and her six-year-old Norwegian Fjord horse Sven spent the afternoon greening guests that rode to town on the Prairie Dog Central train.

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Stony Mountain's family festival fun for everyone

Staff

Friends and family took in Stony Mountain's annual Family Festival of Fun and Canada Day activities this past weekend. Saturday night kicked off with the traditional BBQ pork and hot dog dinner before participants played games and enjoyed music and dancing before the fireworks lit up the sky.

Canada Day activities included a pancake breakfast along with the red and white parade and the 5th annual community water fight.



Taylor Vandekerckhove (cuttin' a rug!)



TRIBUNE PHOTOS BY SANDI SWANSON

Face painting volunteers, left to right, Peyton Rinn, Brooklyn Munson, Kaitlyn H., Lilah Munson, Riley Swanson and Olivia Wirgau.



Maddox Rinn lines up for the perfect shot.



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Kacey Park, left, Hayley Muir rode horseback in the parade.



Neal Wirgau received the SMA Volunteer of the Year award for his outstanding community service.



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Students learn bike safety at annual bicycle rodeo

By Caitlyn Gowriluk

Grade 3 students at École R.W. Bobby Bend School learned how to stay safe on their bikes this summer at the school's bicycle rodeo last Tuesday.

The annual event included obstacle courses, bike inspection stations and presentations on how to stay safe on the road.

"We've been doing this for years," said Grade 3 teacher Joanne Woods. "A lot of kids aren't educated about the safety rules. They get out there on their bikes and don't always know that they're kind of like a little mini vehicle out there, and need to follow the rules of the road."

By teaching the students about bike safety as early as Grade 3, the school hopes to have more of an impact, said Woods.

"At this age, usually most of them can bike," said Woods. "They understand a little bit better, too. And can share their knowledge with others."

Braelyn Brandt and Danielle Mackenzie from Manitoba Public Insurance started the event off with a presentation for the students that included one of the most important aspects of bike safety: a properly-fitting helmet.

To check if a helmet is the right size, they told students to follow the 2-V-1 rule: two fingers should fit between your eyebrows and the top of the helmet, the straps should form a V shape that comes right up underneath your earlobe, and one finger should be able to fit underneath the chin strap, so that it's tight, but not too tight.

Next, students were reminded to make sure their bike fits them properly.

"When I'm pedaling, my leg should be able to extend almost completely," said Mackenzie. "You want to make sure that your feet can touch the



Students participate in a bicycle safety obstacle course on the track at École R.W. Bobby Bend School on June 26.

ground, so that when you brake -- if it's sudden, or even if it's not -- you have enough time to put your feet down on the ground and make sure you don't fall over."

The presenters also reminded students to do what they call the A-B-C safety check for air (Is there a bit of bounce in the tires?), brakes (Do the wheels stop spinning when the brakes are pulled?) and chain (Is it level? Does it have enough oil? Does it spin properly?).

For a quick bike check, the presenters told students to put one hand underneath the handlebar and one hand underneath the seat. Next, lift the bike about two inches off the ground and let it drop.

"You're gonna listen to see if anything clanks really loudly or makes a funny noise," said Mackenzie. "And you're gonna look to see if anything falls off the bike or comes loose."

The presenters also left the students with some quick tips that apply to cy-



TRIBUNE PHOTOS BY CAITLYN GORWILUK

Grade 3 students Dorian Gray, Mariah Tomchuk and Arianna Manness hop on their bicycles at the school's annual bicycle rodeo.

clists of all ages: don't ride too close to other bikes, use hand signals to indicate when you turn or stop, wear good

shoes and obey the same road signs as drivers.



RCMP Const. Karen Tantoco helps a Grade 3 student adjust her helmet at the bicycle rodeo's safety inspection station.



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Woodlands School receives official LEED Gold Certification

Staff

Prairie Architects Inc.'s principal architect Melissa McAlister was in Woodlands last week to celebrate the official LEED Gold Certification of the Woodlands New K-8 school with Interlake School Division staff and administration.

"I am delighted to be here this morning, on behalf of Prairie Architects, to celebrate the official LEED Gold Certification of this incredible new K-8 School. It has been an absolute pleasure to work on this facility over the last seven years and it is so exciting for us as architects to come back on a day like this to celebrate this great achievement," said McAlister.

She congratulated Superintendent Margaret Ward and the Board of Trustees for this achievement.

LEED stands for Leadership in Energy and Environmental Design and is the most widely used green building rating system in the world. What does it mean to be LEED certified? First and foremost, it means you have a sustainable school, which is focused on the health of the staff and students, visitors, and the environment. This means that from the very beginning of the process, there was a strong effort to create a healthy educational environment that would contribute to:

- less asthma,
 - less environmental illnesses,
 - and less absenteeism,
- and would in-turn lead to:
- students having greater attention in the classrooms and higher grades,
 - as well as greater retention rates of teachers, staff and students.

A sustainable school reduces water and energy consumption in addition to greenhouse gases, to not only contribute to a healthier school but to also significantly decrease the operating costs and therefore increase funds available for improved education.

Originally targeting a lower certification level of Silver, this school achieved LEED Gold certification, with 62 out of 80 possible points, recognition was given for:

- maximizing open space for playgrounds and greenspace, (for this the

school received extra credit for exemplary performance)

- a light coloured roof to reduce the heat island effect,
- a reduction in light pollution with cut-off light fixtures that are focused on the ground
- drought tolerant planting, with no on-site irrigation, and
- low flow faucets and dual-flush toilets.

The greatest environmental impact a building has is with the energy it uses, and the materials used to construct the building. In the Energy and Atmosphere category Woodlands scored all 19 possible points optimizing energy performance. This is achieved by first reducing the load of the building with energy conserving measures, and then providing a power source that is energy efficient. We could not do geothermal here because of the site geology, but were able to incorporate a very efficient electrical system with

- radiant in floor heated floors, and
- overhead mechanical beams that provide heating and cooling.

In terms of materials first and foremost we selected materials that were durable and have a long lifespan which reduces replacement costs,

- we used materials that have recycled content, and low to no VOCs for adhesives, paints, flooring, and millwork, then
- we ensured little waste from construction activities ended up in landfill by tracking the construction waste and diverting it to recycling facilities,
- And as you can see, the entire building is clad in Manitoba's own Tyndall stone which is a regional material that comes from Gillis Quarries, in Garson, Manitoba, 80 km away.

The design also incorporates an abundance of natural light and views to the exterior, again, exemplary performance for an extra credit was achieved)

Woodlands opened to staff and Students in September 2015, and ultimately, this building is about education – the school itself is used as a teaching tool;

- The fossils on the tyndall stone, that



TRIBUNE PHOTO BY MELISSA WALDNER

The Woodlands Elementary School was awarded Leadership in Energy and Environmental Design (LEED) Gold Certification on June 26. Pictured left to right, Woodlands principal Ward Hrabí, Prairie Architects principal architect Melissa McAlister, trustee Cindy Brad, superintendant Margaret Ward and secretary treasurer Al Lieman.

the students picked out themselves, teaches us about geology and history,

- the cut-away wall in the library teaches about engineering and construction

- the outdoor learning environment teaches us about biology and nature, and

- the integrated observational Beehive teaches us about community and teamwork
- and many more features of the building have been incorporated into the school's curriculum

But McAlister pointed out that the new school is much more than sustainability credits.

"It is your new home. In fact, we worked with many of you through the development of the school way back in 2011 – as many of you came to the Collective Design and brainstorming sessions that we held at the beginning of the design process. We listened to you and it is our hope that as you walk around this building, you see how we

incorporated your ideas and vision into the design," said McAlister.

On behalf of Prairie Architects, the sustainable buildings coordinator ALARA MATSYK, and the design team of engineers and landscape architects, thanked former ISD Superintendents Ross Metcalfe and Christine Penner, current Superintendent Margaret Ward, Secretary Treasurer, Al Lieman, and principal WARD HRA-BI for their vision for the school. He thanked the PSFB for their guidance and commitment and Claudio Begagnini from Red Lake Construction for coordinating the construction. Special thanks were given to the Province of Manitoba and Ministry of Education for their continued commitment to delivering this new generation of sustainable and durable schools in our Province, and to the ISD Board of Trustees for the opportunity to work together to create a vibrant, fresh, sustainable and healthy school for the youth in Manitoba.

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Stonewall Youth Job Centre hosts First Job Certificate program

By Caitlyn Gowriluk

Eighteen students in Stonewall started preparing for employment last Thursday at the Manitoba Youth Job Centre's First Job Certificate program.

The day-long workshop covered topics like customer service, money management, professionalism and leadership skills, said Stonewall youth engagement leader Neil Davis.

"The students are generally very involved," said Davis. "It's not just [me] up there presenting for them... It's interactive, and they're learning peer-to-peer."

While all the topics included in the program are designed to help students prepare for their first jobs, Davis said the introduction to the workplace section is an especially big draw for students who have never had a job before.

Deaghan McLeod, who attended the certificate program, said she learned a lot about the different parts of having a job at the workshop.

"I didn't know what minimum wage was," said McLeod, 14. "I thought it was a lot higher than it is, so it's kind of worrying knowing that a lot of people live on \$11.15 an hour. It's a pretty interesting presentation."

McLeod, who attended the certificate program after seeing a presentation about the centre's programs at school, said she thought signing up for the centre's other programs would be a good way to fill her days during the summer months.

"It just keeps me busy and on a schedule," said McLeod. "And it's an easy, fun way to make money."

The Manitoba Youth Job Centre's summer programs help match local employers with youth and students aged 12 to 29 through a variety of programs and workshops. The centre in Stonewall is one of 38 across rural and northern Manitoba. For more information, contact the Stonewall Manitoba Youth Job Centre at 204-461-1364 or stonewallmyjc@gov.mb.ca.



TRIBUNE PHOTO BY CAITLYN GOWRILUK

Deaghan McLeod, 14, listens to a presentation at the Stonewall Youth Job Centre's First Job Certificate program on June 28.

St. Laurent hosts AMM district meeting for the first time in history

By Jeff Ward

The RM of St. Laurent played its first ever host to the Association of Manitoba Municipalities Interlake district meeting to a resounding success according to Reeve, Cheryl Smith.

The Reeve said that much effort was made to showcase the beauty of the RM, its people, businesses and how it's rebounded following the 2011 flood. The district meetings happen all over the province every June where all municipalities within a region get together and pass resolutions intended to better the lives of rural residents. These resolutions are eventually voted on during the AMM annual convention by all AMM members. Smith explained that many people who attended the meeting, which took place June 21, came up to her and complimented her and the staff on a job well done.

"We may not be a very huge community population wise, but we have so much to offer," said Smith.

"A lot of people spoke to me after I brought greetings. Quite a few of them were surprised, they had no idea that St. Laurent was the largest Metis community in Canada."

Smith said that attendees learned quite a bit about the community of St. Laurent while they conducted their business, which was by design. The council wanted to play a good host but also use the opportunity put a face to a name. The Interlake region is geographically large and not everyone on council gets to meet each other. So having these meetings works to strengthen connections between municipalities while also offering a more personal look at what issues the host community is facing and what successes they've borne.

For St. Laurent those success are the revitalization of the beaches and the strong cottage industry. These are prideful areas of the community for Smith who said that people were very interested in the rebound of that area.

"They were really surprised as to how the community was vibrant after going through such devastation in 2011."

Council budgeted \$1,000 to host the event and Smith said that with sponsorships they didn't spend anywhere near that. At press time, the total cost hadn't been tallied. This money is well

spent in Smith's eyes because of the access it provides and the relationships it can forge.

Smith said that a few senior provincial bureaucrats attended the meeting which allows council a rare opportunity to interact with decision makers.

Continued on page 8

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Dwayne Johnson

Not Recommended For Young Children; Violence; Language May Offend

PG

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Eleven year old Ethan Shymko has been picking berries for the past seven seasons. The saskatoon is a fruit bearing small to large shrub, or small tree, which belongs to the rose family and is closely related to the apple, hawthorn and mountain ash. The saskatoon is native to the Canadian Prairies, adapts to a wide range of soils and climatic conditions and is hardy to -50° to -60° C. Saskatoons flower in early May to early June and are ready to harvest end of June, beginning of July.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

Could Stony Mountain face a water shortage with the Canada Sheep and Lamb expansion?

Dear Customers of the Stony Mountain Water and Wastewater Utility, Canada Sheep and Lamb has requested that they be allowed to draw 34,642 litres of water per day from the Stony Mountain Water and Wastewater Utility, in order to expand their operation from 2000 ewes (182 animal units) to 8000 ewes, 100 rams, and 4558 lambs (1333 animal units).

The RM of Rockwood has acknowledged, in the Province of Manitoba Technical Review Committee Report (TRC-12-033), that they are able to accommodate this request. This is the equivalent of 70 new two-person households using almost 500 litres of water each day.

It wasn't that long ago we were told by council that we were facing a pos-

sible water shortage and should consider connecting to the Cartier water line, which draws its water from the Assiniboine River, at great expense to each household. That idea was very unpopular with the utility's customers and was ultimately dropped. We are now supposed to believe that there is enough water to supply current customers, new commercial and residential developments in and around Stony Mountain, and still

Continued on page 7

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Only a few with fishermen's luck this week

Welcome my good friends.

The afternoon heat was again oppressive last Friday as it had been for some days. Anglers were few and far between on the Red from Lockport past Selkirk to Breezy Point.

The fish seemed to be lying in the deepest coolest water they could find and needless to say were not biting. Yet, I persevered in my search for a fishing story for us as I bounced through the soft gravel ruts of the 320 on a third day try at Breezy.

I parked and strolled over to a loader operator who was fixing the boat ramp and offering my card asked if he was a fisherman. Our new friend looked at me with a subdued smile.

He had the body bulk of a weight lifter and the most magnificent, bushy, white hair, mustache and beard I had seen in a long time. He leaned against the huge loader bucket saying he was Weldon Proctor from Woodlands and without hesitation began telling of a time two years ago when he with friends and family were boat fishing on Kashabowie Lake in Ontario.

He was in one boat with his wife and friends while his wife's family were in another about ten boat lengths away. They had a family game where whoever didn't catch a fish or caught the smallest one had to do all the dishes that evening. It was getting late with dusk setting in and Weldon was the

only one who hadn't caught a thing. He thought and thought, then a possible way out of dish duty flashed in his mind.

The lake was full of little islands so he trolled over to one, jumped to shore and picked up a long slender piece of birch bark. He quickly fashioned it by hand in the shape of a long jackfish and jumping back in the boat called out to the other boat that he had caught a master. In the dim light those in the other boat thought they saw a giant jack.

Not wanting to push his luck, Weldon thrust the "bark jackfish" down into the water and shouted that he had released the monster. That night Weldon escaped dish duty. His boat mates kept his secret, they so admired his inventiveness.

A couple of weeks ago Ed Kalmot of Arborg gave us a cold winter fishing story to get our minds off the heat. Here's another one for this week.

A few days before meeting Weldon I found myself on the Balsam pier looking down at two anglers, Matt MacDonald and Don Paulus, who were also having little luck fishing off the hot sheltered sand bar below. We chatted for a while then Don, an averaged sized chap with short white hair and thoughtful manner told how last winter he was ice shack fishing about a kilometer north of here.

It was a still, cold, sunny day with the flat white ice pack stretching out to the horizon where it met the cloudless powder blue sky. It was cool in the shack and the ice hole was freezing up so Don went out to get some wood from the truck. His breath left him in a cloud of icy vapor. His cheeks and ears felt pinched in the cold. His shoe spikes squealed on the thick clear ice as he tread carefully. Returning to the shack with wood, as he opened the door he saw his rod and line shuttering violently. He grabbed the rod from its holder and reeled in. Soon a pickerel about hand to elbow length sprang twisting from the ice hole spraying cold water all about, then just as quickly it slipped Don's hook and disappeared back down the hole tail first.

Don was stunned for a moment then regaining his composure rebaited his hook and let it down into the water of the ice hole. The hook stopped. Leaning over, Don couldn't see anything in the ice hole so he got his auger and prepared to clean out some ice. The auger went down a foot then hit something solid. He revved the auger motor to punch through and suddenly a piece of the wayward pickerel came flying up at him as the auger bit sank through to open water. It was the pickerel that had plugged the hole, not the ice.



Brad Cook with his beautiful Perch from the Icelandic River by Riverton.

With the end of last week fast approaching, I was still without a feature picture of an angler with a catch and having struck out at many places something kept telling me to try Riverton. Construction on the town pier by the Icelandic River was finished and as I drove up on it I saw a chap who I found out later to be Brad Cook of Winnipeg reeling in a perch.

I laughed getting out of my car, shouting at him that he had accomplished a rare success amongst anglers this last week. He graciously let me take a picture so ending our luckless streak.

Till next week, bye now.

> LETTER, FROM PG. 6

have enough water to meet the needs of Canada Sheep and Lamb.

Why were customers of the Stony Mountain Water and Wastewater Utility not notified by council of Canada Sheep and Lamb's request to draw such a large amount of water from the utility?

While council has already told the province that the utility can meet the water needs of Canada Sheep and Lamb, the expansion from 2000 animals to 12,658 animals has not yet been approved. A public hearing is scheduled for July 11, 2018 at 10:30 am for people who wish to speak for or against two variance requests made by Canada Sheep and Lamb. These variances need to be approved in order for the expansion to happen. If approved, the water will come from the Stony Mountain Water and Wastewater Utility.

Only one councillor voted against the variances that would allow this expansion and result in this large daily draw on our public water system. If you disagree with council's decision to use our public water source to accommodate Canada Sheep and Lamb's expansion, let your councillor know. Your voice is louder than ever right now with elections coming up in October.

- Eric and Angie Labelle

Nurse Practitioners can be Canada's solution to health care gaps

Submitted

Canada's health ministers and nurses union leaders gathered today in Winnipeg for the unveiling of a landmark report from the Canadian Federation of Nurses Unions (CFNU), entitled Fulfilling Nurse Practitioners' Untapped Potential in Canada's Health Care System. The report includes the results of the largest-ever national survey of Nurse Practitioners (NPs), shared with policy makers at the Fort Garry Hotel during the annual Federal, Provincial and Territorial Health Ministers Summit.

"NPs are the solution to Canada's long-standing shortage of primary care providers, access and wait times issues, especially within underserved populations, communities and settings," said Linda Silas, President of the CFNU. "The findings in this report chart a

path forward for governments to tap into the potential of NPs and improve access, from primary and long-term care to mental health and acute care."

In an effort to understand why Canada has failed to take advantage of NPs' full potential, the CFNU commissioned this study exploring barriers to the retention and recruitment of NPs. Issues such as limited employment opportunities, inappropriate remuneration, outdated funding models, lack of interprofessional collaboration and legislative/regulatory barriers still negatively impact NPs.

"The evidence reveals that NPs improve access to holistic, cost-effective, high-quality care that reduces wait times and costs throughout the broader health system," said

Continued on page 2

Stonewall volunteers Steen and Badger making a difference

By Jennifer McFee

Two Stonewall residents are making a difference in a journey towards building a new Habitat for Humanity home.

Walter Badger and Ray Steen are dedicated drivers in Habitat's Cycle of Hope fundraiser, an annual event that raises funds for non-profit organization.

This year's riders left Winnipeg on Saturday, June 30, destined for Astoria, Oregon, where they will cycle a two-week section of the Trans America Trail. They will travel eastward through the Willamette National Forest and Blue Mountains to their final destination in Baker City, Oregon.

For Badger and Steen, their role is essential since they transport the riders and their bicycles to the starting point. Throughout the ride, they stay close at hand to ensure the cyclists remain safe along the way.

Each year, up to 40 cyclists can participate in the Cycle of Hope, and this year, 36 are participating — including four from Alberta who will be picked up along the way in Lethbridge.

The 2018 event includes three riders who are 68 years old, while the average age is 56.

Habitat for Humanity's Michelle Pereira explains that the goal is to raise \$175,000, which is the cost to build one Habitat home for a partner family, excluding the cost of land. Currently, they have raised just over \$100,000, so there's still a ways to go.

"This family will purchase the home at fair market value and pay an affordable mortgage. What make it affordable is that the terms are no down payment, no interest for 15 years and the mortgage payment is 27 per cent of their gross taxable income," explains Pereira, vice-president of marketing, communications and philanthropy.

"So Habitat raises the money in the community, we sell the house to the partner family, they pay a mortgage and those mortgage payments go back into the 'build fund' to help more families have affordable homeowner-

ship. The money continually gets reinvested."

The family must also complete 500 hours of "sweat equity," including 100 hours on their home. The remaining hours can be accrued in a variety of ways, such as by volunteering at Habitat's ReStore, doing a meet and greet with the cyclists or talking to the media.

Meanwhile, each cyclist pays a registration fee to cover the expenses of the ride. They also must fundraise \$3,000 per person or \$5,500 per couple.

Along the way, the cyclists sleep in churches, community centres, and some colleges and universities. Usually the space is donated but sometimes there is a cost.

"We have a volunteer, Gord Steindel, who is also a cyclist, that worked many, many hours securing each venue and securing food. We provide breakfast and a roadside lunch and usually each community where we stay has a local group that provides dinner," Pereira says.

"This is one of the best things about this ride. We become a part of the communities that we visit and, in turn, are able to spread the word about Habitat for Humanity and raise a lot of money."

A seven-person organizing committee meets year-round to pull the event together, and 11 volunteers travel with the group to feed them and make the event manageable.

"Without volunteers like Walter and Ray, we could not do this ride. This event, once it leaves Winnipeg, is completely managed by volunteers. We have eight support vehicles that are on the ride. These are vans that are donated by VEMA, the provincial fleet company," Pereira explains.

"We drive the cyclists to the starting destination, which is Astoria, Oregon this year, and then we start riding back. The vans are so important, which is what Walter and Ray are driving. They keep the cyclists safe on the road. They sweep each group of cyclists so no one gets left behind."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Walter Badger, left, and Ray Steen, both of Stonewall are transporting bicycles to the starting point for the annual Habitat's Cycle of Hope fundraiser in Baker City, Oregon.

For Badger, he has enjoyed supporting the cyclists on many interesting trips.

"What I like about the Cycle of Hope is that I've had the chance to go along the Missouri River, Green Bay, Niagara Falls, Jasper and now this one. I'm just one support person for them. We set up rest stations and food. They cycle maybe 30 miles and then we're there so they can have Gatorade or water," he says.

"It's a holiday — but I do sleep on a gym floor or church floor with about 50 other people. It's fun. We see lots along the way and then we travel the back roads on the way home. We have great times."

Likewise for Steen, the event is always an enjoyable experience.

"Safety is our ultimate goal. Almost every year there has been weather-related incidents where we're having to get the cyclists off the road because there's either severe lightening storms or even a possibility of tornadoes," he says.

"Walter initially got me motivated in

the first place and it's become an annual event since then. I enjoy his company and it's for a really good cause."

This year's ride is the first phase of a six-year plan to cycle the Trans American Cycle Trail. It's a milestone adventure since it's the 25th anniversary of the ride. To day, the Cycle of Hope has raised more than \$3 million, and 22 families now have a home thanks to funds raised by the event.

Pre-registration is already available for next year's cyclists, and the routes are posted online at www.habitat.mb.ca.

Donations can also be made through the Habitat website by clicking on the Cycle of Hope button. Donors can select the name of a cyclist or volunteer to support, including Badger and Steen. As volunteers, they aren't obligated to reach a fundraising target.

More volunteers are always in demand for the Cycle of Hope. Anyone interested in volunteer opportunities can contact Brett Bourne, cycling events co-ordinator, at 204-235-2181 or bbourne@habitat.mb.ca.

> AMM, FROM PG. 5

"You can't put a dollar [amount] to this type of relationship building with the province, with AMM executives and with your other colleagues," said Smith.

The Reeve said she would like to see the district meeting come back to St. Laurent sometime soon and said that the effort was very much worth it.

> NURSE, FROM PG. 7

Lisa Little, the study's lead researcher. "With a supply of only about 14 NPs per 100,000 Canadians — one fifth of the per capita supply in the U.S. — there is a great potential for NPs to meet Canada's growing health care needs."

With a 22% pan-Canadian response rate, the national survey is the largest NP survey of its kind in Canada, including NPs from twelve provinces and territories.

"About three million people in Canada already receive care from Nurse Practitioners, but more are needed to meet the needs of the one in six Canadians without a regular health care provider, as well as our aging population and rural and remote communities," said Silas. "Now is the time for governments across the country to plan for tomorrow's health human resource needs."

NPs are highly skilled autonomous

practitioners with advanced education and broad scope of practice, allowing them to diagnose, treat, refer and prescribe medications. NP practice also provides a unique patient-centered approach that includes health promotion and patient education.

The full report and CIHI provincial/territorial geo-maps of primary care provider access can be viewed here.

Next steps taken in collaborative leadership towards reconciliation

Submitted

Treaty One Territory. Brokenhead Ojibway Nation- For the last two days, 30 Indigenous and Municipal leaders gathered together for the Collaborative Leadership Initiative to continue the historic process of reconciliation.

Brought together through a partnership between the Centre for Indigenous Environmental Resources (CIER), Southern Chiefs' Organization (SCO) and the Winnipeg Metropolitan Region (WMR), Chiefs, mayors and reeves from southern and central Manitoba met to continue the process of building relationships and creating the conditions necessary to resolve issues that have been barriers to collaborative action for more than a 150 years.

Grand Chief Jerry Daniels from the SCO, commented, "We are coming together with open hearts and open minds to learn from one another and to find a common understanding on how we can collaborate to improve the livelihood of our communities and citizens. It is with the goal and commitment that we develop an approach and plan of action on how we can move forward together."

Building on the outcomes and the need for additional information identified at the successful March 2018 gathering, the elected leaders welcomed Canadian experts to provide detail and lead discussions on various foundational topics from understanding of the Indian Act and the Municipal Act, to the opportunities and limitations of the current tax system.

Reeve Frances Smee, co-chair of the Winnipeg Metropolitan Region, who

took part in both gatherings, commented, "Having access to up-to-date and detailed information provided by the experts, allows us a strong foundation to build relationships and partnerships on. This process has put us one step closer to resolving the tough issues that have been barriers to progress in all of our communities."

All leaders who took part in the second meeting of the Collaborative Leadership Initiative believe the time has come to take action and agree that by working together they have the power to move forward in leaps and bounds. They also agree this process and the anticipated positive outcomes could provide a path for other jurisdictions across Canada to follow.



TRIBUNE PHOTO SUBMITTED

Pictured left to right, Reeve of Rosser - Frances Smee, Grand Chief Jerry Daniels (SCO), Reeve of Macdonald - Brad Erb and Chief of Brokenhead Ojibway Nation - Debbie Smith.

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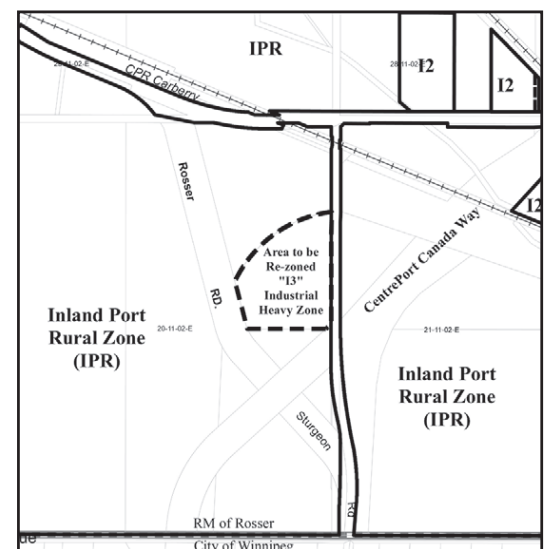
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PUBLIC HEARING

Share Your Views concerning proposed re-zoning in CentrePort

Inland Port Special Planning Area By-law No. 1-18 being an amendment to the Inland Port Special Planning Area Regulation 48/2016.

Proposed re-zoning of part of Parcel F Plan 50401 in the RM of Rosser CentrePort lands from Inland Port Rural Zone to "I3" Industrial Heavy Zone to establish a Truck Terminal, being a full service warehousing and distribution operation.



Public Hearing

You are invited to share your views on the planned re-zoning at a public hearing on:

Tuesday, July 17, 2018 at 6:30 p.m. at the Victoria Inn Hotel and Convention Centre, 1808 Wellington Avenue in Winnipeg.

For more information:

If you would like more information on the proposed re-zoning, please contact:

Kari Schulz, Planner
Inland Port Special Planning Area
Manitoba Municipal Relations
604-800 Portage Avenue
Winnipeg, MB R3G 0N4
Phone 204-945-2146
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Swine-genetics research centre opens in Woodlands

By Caitlyn Gowriluk

A new research centre for a Dutch swine-genetics company opened in the RM of Woodlands on June 27.

Topigs Norsvin celebrated the completion of its \$15-million facility, called Delta Canada, with a grand opening event that was attended by about 1,000 people.

The new centre will house around 2,600 hogs, and is equipped with a CT scanner to test the animals for things like growth, fat, muscle and bone structure.

The company's interest in building a facility in Manitoba came at the perfect time, said Manitoba Pork chair George Matheson.

"The previous government wasn't overly friendly to the pork industry. This government is. Now we've got companies settling in Manitoba," said Matheson. "It's a wonderful thing. It can only mean good things for the industry, for the province, and for this municipality.

Topigs Norsvin International CEO Martin Bijl said the RM of Woodlands – a farming community – was the perfect spot for the new facility.

"The health status of the animals is of great importance, so to keep them healthy," said Bijl. "And Canada – Manitoba – has the right infrastruc-



International CEO Martin Bijl explained why the Netherlands based company chose Manitoba for their \$15 million investment.

ture, and low disease pressure for pigs."

The new research centre is far from other pig production facilities, but still close to the Winnipeg James Armstrong Richardson International Airport, making export easier, said Bijl.

The first boars will leave the centre at the end of this year.



TRIBUNE PHOTOS BY ALLANA SAWATZKY AND SUBMITTED Dutch swine genetics company Topigs Norsvin officially opened a \$15 million hog research centre in Manitoba on June 27.



The company's Delta Canada facility will house around 2,600 animals and test 7,500 nucleus boars in the company's TN Tempo sire line and Z-line dam line every year.



The facility is equipped with a CT scanner for measuring carcass composition, robustness, and meat quality faster and with greater accuracy.



Approximately 1000 people attended the Topigs Norsvin official opening of its new research center Delta Canada.

A cool down session



TRIBUNE PHOTO SUBMITTED

The Stony Mountain School invited the local fire department to come for a cool down session at the end of what was a very warm tabloid day.

Brightening seniors' days



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Left photo, Stonewall & District Health Centre Ladies Auxiliary president Norma Ridgeway, right, presented Rosewood Lodge activity co-ordinator Carrie Munro, left, and activity worker Diane Lehmann with a 70" TV that will be a great addition for the many activities residents take part in including exercise programs. Right photo, the auxiliary also donated 10 planters to Stonewood Place. Ridgeway, left, and Cheryl Steinhorsen-Taylor, Adult Day Program co-ordinator stand behind the planters.

Now taking appointments – St. Laurent's lab service

St. Laurent residents with reduced ability to travel for lab services can now access a small scale pilot project in St. Laurent Health Centre for some bloodwork services. A limited number of appointments are available Tuesday mornings.

Not all bloodwork tests will be offered in St. Laurent. Services at the health centre are restricted to bloodwork that can be safely processed within the health centre. When you call for your appointment, please have your lab requisition available to identify the test you require. An appointment will be made if your test can be accommodated at the health centre.

Residents who have difficulty leaving the community for medical appointments will be given priority for this service. An appointment is necessary to access service, walk-ins will not be accommodated. Please call 204-646-2504 to book an appointment.

Prise de rendez-vous - Service de laboratoire de Saint-Laurent

Les résidents de Saint-Laurent ayant une capacité réduite de voyager pour obtenir des services de laboratoire peuvent maintenant avoir accès à un projet pilote à petite échelle au Centre de santé Saint-Laurent pour certaines analyses sanguines. Un nombre limité de rendez-vous sont disponibles le mardi matin.

Veillez noter que toutes les analyses de sang ne seront pas offertes à Saint-Laurent. Les services du Centre de santé sont limités aux analyses de sang qui peuvent être traitées en toute sécurité auprès du centre. Lorsque vous appelez pour prendre rendez-vous, veuillez avoir votre demande de laboratoire en main pour identifier l'analyse dont vous avez besoin. Un rendez-vous vous sera ensuite donné si votre analyse peut être faite au Centre de santé.

La priorité sera accordée aux résidents qui ont de la difficulté à voyager à l'extérieur de la communauté pour se rendre à des rendez-vous médicaux. Il est nécessaire de prendre un rendez-vous pour accéder à ce service; nous n'accepterons pas les gens qui se présentent sans rendez-vous. Veuillez composer le 204-646-2504 pour prendre un rendez-vous.

Notice of Care Provider Service Change in St. Laurent

Due to a leave of absence for our nurse practitioner who services St. Laurent and Woodlands, access to appointments at St. Laurent Health Centre and Woodlands Clinic may be limited while Interlake-Eastern RHA works to bring in care providers who are able to maintain care delivery.

In St. Laurent, Dr. Thomas has agreed to see patients for a day a week in the near future and nurse practitioner Beryl Dziedzic and the primary care nurse, Lori Carrière, will continue to accept appointments.

We ask all Woodlands and St. Laurent residents to continue to call the St. Laurent Health Centre at 204-646-2504 to make an appointment and for up-to-date information on accessing a care provider.

Interlake-Eastern RHA is committed to resuming regular provision of care to St. Laurent and Woodlands area residents as soon as possible. We apologize for any inconvenience you may encounter with access to care.

For those able to travel to access care, physicians and a nurse practitioner in Stonewall are accepting new patients. Please contact the Family Doctor Finder for more information: 1-866-690-8260.

We will provide community updates on the status of care providers when details are confirmed. We thank you in advance for your patience as we work to maintain care delivery.

Avis de changement de fournisseur de soins à Saint-Laurent

En raison d'un congé autorisé pour notre infirmière praticienne qui offre des services à Saint-Laurent et aux Woodlands, l'accès aux rendez-vous au Centre de santé Saint-Laurent et à la Clinique de Woodlands peut être limité pendant que l'ORS d'Entre-les-Lacs et de l'Est recrute des fournisseurs de soins de santé qui sont en mesure de maintenir la prestation des soins.

La Dre Thomas a accepté de voir des patients à Saint-Laurent pour une journée dans un avenir prévisible et l'infirmière praticienne Beryl Dziedzic et l'infirmière clinicienne en soins primaires, Lori Carrière, continueront d'accepter des rendez-vous.

Nous prions les résidents de Woodlands et de Saint-Laurent de continuer à appeler le Centre de santé de Saint-Laurent au 204-646-2504 pour prendre un rendez-vous et pour obtenir des renseignements à jour sur l'accès à un fournisseur de soins.

L'ORS d'Entre-les-Lacs et de l'Est s'engage à rétablir la prestation des soins réguliers aux résidents des régions de Saint-Laurent et des Woodlands dès que possible. Nous nous excusons pour tout inconvénient que cette situation peut causer par rapport à l'accès aux soins.

Pour ceux qui peuvent se déplacer pour obtenir des soins, les médecins et une infirmière praticienne à Stonewall acceptent voir de nouveaux patients. Veuillez contacter Trouver un médecin pour obtenir plus de renseignements : 1 866-690-8260 Nous vous donnerons des mises à jour sur la situation des fournisseurs de soins de santé lorsque les détails seront confirmés. Nous vous remercions d'avance pour votre patience pendant que nous travaillons à maintenir la prestation des soins.

Interlake-Eastern Regional Health Authority Office régional de la santé d'Entre-les-Lacs et de l'Est

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Mother Nature dumps on Stonewall and area

Staff

Up to 60 millimetres of torrential rain caused flash flooding in Stonewall and area on Canada Day.

The late afternoon storm dumped rain and hail in places in a span of two hours damaging plants and gardens.

Many streets were flooded with no where to drain and were impassable for motorists.

The inclement weather forced Quarry Park to cancel their fireworks. They will be rescheduled to a later date.

Widespread showers and thunderstorms pelted the Interlake on Canada Day.

A cold front pushing east through the province left hail, strong gusts of wind and heavy rain in its wake, ac-

ording to Environment Canada. The storms knocked out power to hundreds of customers.

In the Interlake, Inwood was hit with nickel-sized hail, Stonewall got 60 millimetres, some areas north of Stonewall had as much as 100 millimetres while Teulon got 27 millimeters.

Wind gusts exceeding 90km/h were reported in Oak Point and Twin Lakes Beach.

Environment Canada said two waterspouts were spotted in the southend of Lake Manitoba on Sunday.

A pair of waterspouts, a whirling funnel-like column of vapour and water that forms between a cloud and the earth's surface was spotted west of St. Laurent. No damage was reported.



TRIBUNE PHOTO BY LORI PALMER

Numerous streets were flooded and impassable following two hours of torrential downpouring in Stonewall on Canada Day.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Gardens and yards flooded during the storm.



TRIBUNE PHOTO BY LANA MEIER

Field drains north of Stonewall were full to the brim.



This rain gauge east of Stonewall was just over 52 millimetres.

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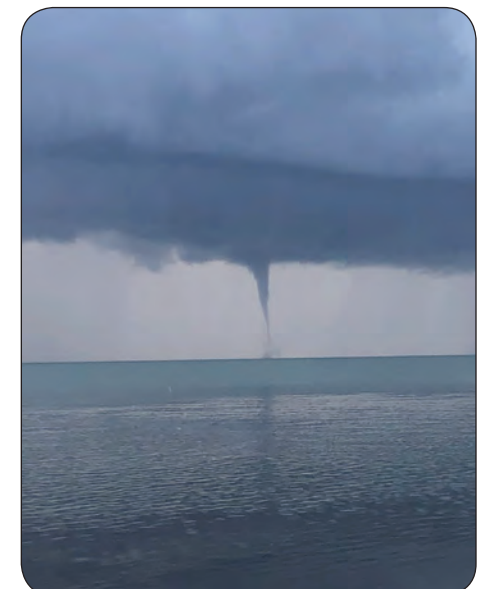
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TRIBUNE PHOTO BY TREVOR PROCTER

What started out as two small funnel clouds eventually formed in to a larger one at Twin Beaches on July 1.

Stonewall council passed third reading on the cannabis zoning

Stonewall council news in brief

By Jennifer McFee

On behalf of the Association of Manitoba Municipalities, Deputy Mayor Walter Badger presented Mayor Lockie McLean with a pin to commemorate his 25 years of service.

The pins had been handed out previously at a district meeting in St. Laurent. Since the mayor couldn't attend that event, Badger attended on his behalf. He presented the 25-year pin to McLean at the June 27 council meeting.

In other council news:

- Council passed third reading of the cannabis zoning amendment. McLean said he believes a business is currently going through the process

to set up a retail location in Stonewall.

- Eadie McIntyre spoke to council about a strategic planning session that 55 Plus will be holding in September. The organization will be asking council how they will fit into its future plans while also aiming to ensure that services aren't duplicated.

- The Town of Stonewall is a major sponsor for the 2018 21U Women's Invitational Baseball Championship. As part of the sponsorship, the baseball organization will be making a video to showcase the town.

- The Town of Stonewall has requested an extension on an offer to purchase some land from CP Rail.

- The corner of 3rd Avenue

South and 5th Street West will receive some much-needed renewal work. A long stretch of 3rd Avenue South has already been renewed, and the project came in under budget, so the plan is to use the extra funds to fix that corner.

"Right now, there are major potholes on the edges. We've known for several

years that it needs to be done but we haven't had the opportunity to do it," McLean said.

"So kudos to the administration and public works to bring the street under budget and to recommend that we renew that whole corner. It's going to look absolutely fabulous."



TRIBUNE PHOTO SUBMITTED

Stonewall's Deputy-Mayor Walter Badger, left, presented Mayor Lockie McLean with his Association of Manitoba Municipalities 25 years of service pin at the regular council meeting. The pins were handed out at the AMM district meeting last Thursday in St. Laurent. However, Mayor McLean was unable to attend the meeting.

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Adam T Elvis Elvis Presley Tribute

Free Ride 50's Rock Tribute

Soul Fever Motown

Dreams & Rumors Fleetwood Mac Tribute

FREE MAIN STAGE: Friday, July 13

6:30 pm AR Cash (Johnny Cash Tribute)

7:30 pm Free Ride - Harry 'n' The Armpits (50's Rock)

8:30 pm Adam T Elvis (Elvis Presley Tribute)

9:30 pm B-Side Champs (Rhythm and Blues)

10:30 pm Soul Fever (Motown)

Saturday, July 14

6:30 pm The Teakle Family Circus

7:00 pm Dreams and Rumors (Fleetwood Mac Tribute)

8:00 pm The Incredible Hip (Tragically Hip Tribute)

9:00 pm Pop Vegas (Pop Band)

10:00 pm Rattlesnake Suitcase (Gun N' Roses Tribute)

11:00 pm Free Ride (Salute to the Rolling Stones)

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Health benefits of strawberries

Strawberries taste amazing, and they're also incredibly nutritious. Here are just a few of the health benefits packed into this delightful summer fruit:

Vitamin C

Did you know that strawberries contain more vitamin C than oranges? It's

true! One serving of strawberries (100 grams) contains approximately 60 milligrams of vitamin C — that's more than half of the recommended daily intake. This makes these bright red berries a snack of choice when it comes to stimulating your immune system and preventing illness.

Furthermore, your body needs vitamin C to produce collagen, a protein that maintains the elasticity and regenerative capability of tissues such as skin. This means that eating strawberries is one of the more pleasant ways to keep wrinkles at bay.

Antioxidants

Strawberries are rich in antioxi-

dants such as flavonoids, which foster heart health. They're also a source of lutein, ellagic acid and zeaxanthin — compounds that slow cellular aging and contribute to preventing and fighting many illnesses, including certain cancers.

Fibre

A serving of strawberries contains approximately two grams of soluble and insoluble dietary fibre. Their tiny "seeds," called achenes, are an excellent source of insoluble fibre that helps prevent constipation.

In short, the benefits of eating strawberries are numerous, so go ahead and indulge to your heart's content!

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How to store fresh raspberries

Delicate, tart raspberries are delicious as a snack, in desserts, at breakfast and even in cocktails. The fact that they're so fragile, however, can make raspberries a bit of a challenge to keep for any length of time. Here are some tips to extend the lifespan of your fresh berries.

First off, choose raspberries that are firm to the touch. If you decide to pick them yourself, harvest them in the morning; they'll be sweeter and more flavourful. If you buy them at the grocery store, remove the softest berries from the container as soon as you get home.

In the fridge

Raspberries can be kept for up to three days in the fridge. Store them in a container lined with paper towels and spread them out as much as possible. Don't wash them before putting them away, as raspberries tolerate moisture poorly.

For maximum flavour, take your berries out of the fridge and let them sit at room temperature for at least an hour before eating them. Wash them just before serving by delicately rinsing them with cold water.

In the freezer

Like other berries, raspberries are easy to freeze. Spread them out on a bak-

ing sheet so they don't touch each other and leave them in the freezer until they're frozen solid. They can then be stored in a freezer bag or airtight container for up to six months.

Preserves

Enjoy local raspberries all year by stocking up and making preserves while they're in season. You'll be happy to have a supply of homemade raspberry jelly or jam to brighten up your winter mornings.



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Lemiez concrete sculpture exhibit to open Canada Day

By Jeff Ward

One of the Interlake's most unique and special exhibits will open on Canada Day thanks to the Grahamdale Community Development Corporation.

The CDC is holding a launch party to celebrate the opening of the incredible concrete sculpture exhibit of Armand Lemiez. The party takes place on Canada Day at the Lemiez homestead just north of Moosehorn off Hwy. 6 from 11 a.m.-1 p.m. and will include a free hotdog lunch.

Armand Lemiez was a jack of all trades who moved to Canada from

Belgium in 1912. His family took up a homestead just north of Moosehorn. Lemiez was a successful farmer and used the land to raise cattle, keep horses, maintained a series of experimental fish ponds and grew an apple orchard. However, his series of concrete sculptures are his legacy. Lemiez spent a decade creating 21 sculptures that speak to his creative soul.

The CDC worked hard last year to make a space where people can visit and appreciate his art. That hard work has culminated in new signage fund-

Continued on page 17



TRIBUNE PHOTOS BY JEFF WARD
Armand Lemiez concrete statues are some of the most intriguing pieces of artwork in the Interlake, and now they can be seen by all.

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Celebrating Canada Day in Grosse Isle

By Jo-Anne Procter

The Prairie Dog Central steam engine chugged into Grosse Isle unloading its passengers at the Heritage site for the Canada Day celebrations this past Sunday.

Guests enjoyed tours through the heritage buildings including Ridgeway House, the East Rosser School

and the church.

There were craft and food vendors and cookie sales for Keira's Krusade as well as music in the picnic area including the Dutch organ.

The children enjoyed games, face and rock painting.

A steak dinner for community members capped off the day.



Home-made cookies were for sale with proceeds going to Keira's Krusade that raises funds to support awareness of and research into pediatric brain cancer.



Young volunteers serving at the community steak barbeque at the rec centre.



Three rare breeds including an Icelandic horse, a Norwegian Fjord horse and a Newfoundland pony along with a shetland pony named Willy made an appearance at the Grosse Isle Canada Day celebrations.



Twins Yuli and Lina Simonson from Woodlands had a chance to sit on Sven.



Cooper Darragh enjoys an ice cream cone.



The steam engine hauled the Prairie Dog Central out to Grosse Isle for Canada Day celebrations.



The face painting station was a popular spot for little ones.

TRIBUNE PHOTOS BY JO-ANNE PROCTER

Green Acres Art Centre celebrates 40th anniversary

By Caitlyn Gowriluk

As it looks toward the future, Green Acres Art Centre is reflecting on its past to celebrate 40 years of community arts and culture programs.

In a Canada Day celebration including a live band and an art raffle, the centre also organized an activity that it offered at its very first Canada Day event in 1978: a kite-making workshop.

"We thought it would be a really great thing to do it 40 years later," said Green Acres president Lana Knor.

The centre also organized an open house to encourage the community to come see the renovations it has made over the past decade and learn about the programming it continues to provide, said Knor.

"We have a variety of different art programs: We have dance, we have theatre, we have fitness," said Knor. "I think it gives people an opportunity to explore recreational activities other than sports. Not every child is a hockey child. Some children excel at theatre. It gives them another avenue to explore other options."

Looking forward, Knor said she sees Green Acres continuing to provide the kind of arts programming that interests its community.

"I hope that it continues to flourish," said Knor. "I hope that it continues to grow, and provide as many opportunities with arts and culture to the people of the Interlake. And I hope that it grows the needs and wants of the community and surrounding areas."

Next, Green Acres plans to start organizing programs that will help it include groups like teenagers, who are often hard to reach, said Knor. The first step will be starting a junior board for the centre.

"We can empower the teenagers of our community to do some planning for activities that they might like to see happen," said Knor. "It will also give them the opportunity to give back to the community, and learn what it means to be on a board, and how important it is to give back to the community."

The centre plans to implement its junior board this fall.



TRIBUNE PHOTOS SUBMITTED

Green Acres Art Centre vice president Lori Benn, left, and president Lana Knor, centre, received a plaque from Selkirk-Interlake-Eastman MP James Bezan to celebrate the centre's 40th anniversary.



The centre's 40th anniversary celebrations included an art display and raffle.



Green Acres Art Centre celebrated its 40th anniversary this weekend with kite-making activities.

> LEMIEZ, FROM PG. 15

ed by a grant from the Province. Each sign explains in detail what each sculpture is meant to represent. Lana Cowling-Mason was the acting EDO for the RM of Grahamsdale and liaison between CDC and council at the time and said the CDC is looking forward to debuting their hard work.

"It took a lot of people to come together to make this happen," Cowling-Mason said.

"There have been a few efforts over the years to try and do something with it but they never came together. There was thought of moving the statues to another location but how to do that without damaging or where to put them was never figured out. The CDC felt, and I agree, that keeping them there where the homestead used to be is part of telling that story."

The concrete statues have certainly

seen better days and have been battered by the elements for decades. Aside from the panels that explain what each statue is, there is also a marker that explains more about Lemiez and his homestead, which was torn down as it was in rougher shape than the statues.

"Tracey Fillion championed this story for so many years and she did so much work in laying out the history. Ross Jerney owns the land and

he and the RM worked out the kinks of how to allow people on the site. It took everyone coming together to make this happen," said Cowling-Mason.

The Lemiez sculptures are an incredible asset for tourism for the RM. Cowling-Mason said that they will be one of the attractions for the See the 6 campaign that all RM's along Hwy. 6 are working with CFWI on.

Boonstra Farms continues family tradition

By Caitlyn Gowriluk

Murray Boonstra looks out at the acres of strawberry fields in front of him. It's quiet now, but he's preparing for the chaos of the upcoming weeks, when up to 8,000 people could show up to pick berries.

Boonstra is also preparing for something else: After over 25 years of running Boonstra Farms in Stonewall, he has begun to transfer ownership over to his son, Carl Boonstra, and daughter-in-law Danielle.

Today, the farm is a far cry from the small fruit stand by the highway it started out as in 1992.

"When we opened, we had half an acre," said Boonstra. "Never grew strawberries, never picked a strawberry. Didn't have a clue about it."

Boonstra said he and his wife, Pauline, already had a small dairy farm, and thought growing strawberries would be a good way for their four children to get involved in the family business.

"And then it just kind of took off," said Boonstra.

The small fruit stand grew, year by year: from half an acre to two acres, to four acres, to nine.



Boonstra shows off a huge strawberry.

"We thought, 'That's as big as we'll ever get. That's just way too much to handle,'" said Boonstra. "But now we've got 35 acres, and I'll never say we're not going to get bigger."

The farm has continued to add attractions to the strawberries that first brought it popularity. Now, Boonstra Farms is also home to a petting zoo, a corn maze and a food truck, and sees



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Murray Boonstra and wife Pauline pick a row of strawberries at Boonstra Farms on June 27.

around 2,000 visitors on any given day, Boonstra said.

"I'm getting at the age where I'm getting tired of doing all this," said Boonstra, 61. "Hopefully in the next few years I'll just retire and go into the sunset and live at the beach."

About five years ago, Boonstra was diagnosed with Parkinson's disease. For years, he has delighted in interacting with customers at the farm – sometimes pulling out a guitar or a harmonica to entertain the lineups of people on busy days – but recently, Boonstra said the condition has begun to slow him down.

"It's getting worse," said Boonstra.

"Slowly, every year. It's getting to a point where I'm having more trouble walking."

As he prepares to retire, Boonstra said he's proud of what he and his family were able to create over the past two decades.

"My dream, when I bought this farm, was to keep it in the family," said Boonstra. "I wanted it to go down from generation to generation."

And while this dream has shifted slightly over the years, he said there's one thing that has always stayed the same.

"Good fruit," said Boonstra. "Without good fruit, you have nothing."

Stonewall RCMP looking for missing man



Benjamin Sveinson of the RM of Rosser has been missing since June 30.

On July 1, at 12:20 p.m., the Stonewall RCMP received a report of a missing 25-year-old male from the RM of Rosser. Benjamin Sveinson was last seen by his family at his home in the RM of Rosser in the evening hours of June 30, 2018.

Sveinson is described as Caucasian, 6'0", 200 pounds, with brown eyes and short brown hair. He was last seen wearing black shorts, a t-shirt and baseball cap.

He may be driving a grey 1999 Toyota Solara with Manitoba license plate HUX323.

Anyone with information about Benjamin Sveinson or his vehicle is asked to call the Stonewall RCMP at 204-467-5015, or call Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIP-MAN" plus your message to CRIMES (274637).



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Stonewall pharmacy student earns national award

By Jennifer McFee

Congratulations are in order for Stonewall pharmacy student Kelly Yeo.

Last month, the Canadian Pharmacists Association selected Yeo as a recipient of a Centennial Leadership Award. These awards aim to recognize a third-year student from each of Canada's 10 pharmacy programs. The recipient is someone who has actively promoted the profession of pharmacy and his or her faculty while also achieving a good academic standing.

The organization flew Yeo out to Fredericton to receive the award at the Canadian Pharmacists Conference on June 3.

Amid the other applicants, Yeo likely stood out because of her active involvement at her school and beyond.

"At my local level for the last two years, I was one of the leaders of one of the student councils. And then because of that council, I was one of Manitoba's representatives on the national pharmacy student council," she said.

"So I'm just very, very active at my school and always looking for different activities to get involved

with."

For Yeo, she's always loved the health-care aspect of pharmacy, along with the ability to help patients.

"About five years ago, I was a cashier at one of the local pharmacies and they heard that I was potentially thinking pharmacy. That was one of my many options, so they got me to shadow," she said.

"I like the relationships that you can build with patients and how you're the most accessible health-care practitioner. You don't have to make an appointment. You can just come in any time or call any time."

After she finishes her fourth and final year studying pharmacy, she hopes to continue working at Stonewall Pharmacy.

"All the pharmacists have been my biggest inspiration because they're so smart and by receiving the award and the recognition that comes with it, Yeo feels motivated to keep working towards her career goal.

"After a really, really tough year, both with academics and extra-curriculars, it was nice to have that as a reward."



TRIBUNE PHOTO SUBMITTED
The Canadian Pharmacists Association selected Kelly Yeo as a Centennial Leadership Award recipient.

worship *with us*

> FAITH

Finding a Centred and Balanced Life

But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act – they will be blessed in their doing.
(James 1:25)

My Dad, a retired minister and theology professor, is a man of few words. When he speaks, you know that he has something important to say. He is also a reflective man; observing the world and people around him, and then choosing his actions carefully and deliberately.

On a visit to see him in the Maritimes, I took a walk on the boardwalk with him and noticed that even in his nineties, his reflective way of living continued. As we sat on a bench and looked out at the sea, he commented, "Now isn't this a great place to come and just sit and think and reflect on life?"

That brief conversation got me looking back on some of the lessons I have learned from him over the years. Although I am more outgoing and talk-

ative than he has ever been, I share his same love for reflection and contemplation. Our lives have also been marked by intentional action.

Reflection is never enough if we are motivated by our faith, and if we have really listened to the world around us and identified the gifts we have to offer. Whether we are young or old, that call to action is always there. At age 93, my father finally realized his dream of writing and publishing a book, the culmination of a life-long practice of reflecting on his teaching, faith and life. Not all of us are authors and scholars, but our own listening to God will lead us in directions that use the unique gifts we have been given.

A healthy faith requires us to be both hearers and doers. As the old saying goes, we should not be so heavenly minded, that we are no earthly good.

The writer of James argues for this balance in his letter to the Early Church. They are asked to listen for the particular way God is calling them to use their gifts and talents.

A balanced and centred Christian life is impossible to find without moving from hearing to doing. And what is it that we are supposed to do? James suggests that we care for the world's most vulnerable people. In his time they were the orphans and the widows. In our time, who are the vulnerable ones that we have been called to serve and love?

Our national anthem includes a prayer: God keep our land glorious and free! These words invite us to dream about what God might be asking us to do, as Canadians, and as Christians, in a needy world.

As we begin our summer vacations, and as the Canada Day celebrations are still ringing in our ears, this is the perfect time for some quiet reflection and listening.

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Down Home Apple Pie Popcorn

Yield: 10 cups
3 tablespoons melted butter
1 teaspoon vanilla extract
2 tablespoons brown sugar
1 teaspoon ground cinnamon
1/8 teaspoon ground allspice
1/8 teaspoon ground nutmeg
8 cups popped popcorn
1 cup dried apple chips, broken into large pieces
1/4 cup toffee bits
Heat oven to 300 F. Whisk melted

butter with vanilla. Toss brown sugar with cinnamon, allspice and nutmeg. Toss popcorn with butter mixture. Sprinkle evenly with brown sugar mixture. Stir. Transfer to baking sheet lined with parchment paper. Sprinkle apple chips and toffee bits over top. Bake 15 minutes, or until toffee bits start to melt. Cool before serving.
Tip: Add chopped pecans for extra crunch.



Key Lime Popcorn Clusters

Yield: about 32 clusters
8 cups popped popcorn
4 whole graham crackers, finely chopped, divided
1 jar (7 1/2 ounces) marshmallow creme
1/4 cup butter or margarine

2 tablespoons grated lime peel
1 tablespoon key lime juice
Line 9-inch square pan with foil. In large bowl, combine popcorn and all but 2 tablespoons graham cracker pieces. In large glass bowl, microwave marshmallow creme and butter on high 1 minute. Stir until butter is melted. Stir in lime peel and lime juice. Pour marshmallow mixture over popcorn, mixing thoroughly. Using damp hand, firmly press mixture into prepared pan. Sprinkle with reserved graham cracker pieces. Refrigerate 2 hours until firm. Lift foil from pan. Break popcorn mixture into clusters.



Coconut-Popcorn Crunch Pie

Yield: 12 servings
2 quarts popped popcorn, unsalted
1 can (4 ounces) flaked coconut, toasted
1 cup sugar
1 cup light corn syrup
1/2 cup butter or margarine
1/4 cup water
2 teaspoons salt
1 teaspoon vanilla
1 quart vanilla, spumoni or butter pecan ice cream
fresh fruit, for topping (optional)

chocolate sauce, for topping (optional)
In large, buttered bowl, mix popcorn and coconut. In saucepan, combine sugar, syrup, butter, water and salt. Bring to boil over low heat, stirring until sugar dissolves. Continue cooking until syrup reaches hard crack stage (290-295 F). Stir in vanilla. Pour syrup in fine stream over popcorn mixture; stir until particles are evenly coated with syrup.
On buttered, 12-inch pizza pan, spread half of popcorn mixture in thin layer, covering bottom of pan. Mark off into wedge-shaped servings; set aside. Repeat using remaining popcorn mixture; cool.
Cover one layer with ice cream; top with second popcorn layer. Store in freezer. To serve, cut in wedges. Serve with fruit or chocolate sauce, if desired.



Listening is Key to Communication

ships. We all want to feel loved or loving. When something interferes with this, the first emotions experienced are usually those closest to the surface: anger and hurt. With anger comes blaming and resentment, and this anger either covers up, or is closely followed by feelings of hurt, sadness and disappointment. This is often the point at which people feel helpless to turn things around. Often things escalate, and the feelings of hurt and anger are intensified.

Undoubtedly the most important communication skill is the ability to really listen. It is also the most difficult. Often, we think we are listening and really understand, and yet we are perceived as not listening and not understanding. Sometimes this is because we have our own agenda about what is going on and hear only what we want to hear. It may also be that the other person is not clearly expressing the true meaning of what is being felt. No one is really to blame for this, for although we are living in a high-tech world, human communication, at its most effective, remains an art. Emotions invariably scramble our signals.

It is Important to recognize, and ultimately to gently access the feelings that lie beneath these emotions. The next one is fear. It could be fear of loss of love, or loss of the relationship. It could be worry and insecurity about a process that is out of control. These are vulnerable emotions, and in the absence of a sense of safety, our instinctive response is to protect them, often with more anger. But if we can get to this level and talk about the fear, we get closer to the core of our being, where we feel remorse and regrets, and are more in touch with the truth about what we are experiencing.

We may say what it is that we really want to say, and this message could be interpreted in a totally different way. Misunderstandings begin to build, and hurt feelings take over, and may even shut down the system.

As we let go of the anger and hurt, and begin to take responsibility for understanding this truth, we reach that place of love, understanding, appreciation and forgiveness. So, if you are going around the circle of anger and hurt in a relationship, try to get in touch with what the fears might be beneath the surface. Tell the other what is really scary for you about what is happening. Doing this just might be the short cut back to the love.

Most people tend to focus on what is on the surface and take communication at face value. This makes good sense when dealing with legal documents, or memos from head office, for these have been expertly worded to eliminate even the possibility of misunderstandings. However, it is not always the best course to follow in human interactions. Instead, we need to do a little scrambling.

It helps to understand that whenever one feels upset, there are levels of emotions which exist even if they are not explicitly expressed. This applies to communication between parents and children, couples, or any other close relation-

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.



Perfect Picnic Popcorn Squares

Yield: 12 squares
1 cup light corn syrup
1/2 cup sugar
1/2 cup brown sugar
1 cup reduced-fat peanut butter
3/4 cup raisins
8 cups air-popped popcorn
nonstick cooking spray

In large saucepan, combine corn syrup, sugar, brown sugar and peanut butter.

Bring to boil over low heat, stirring constantly; boil 2-3 minutes. Remove saucepan from heat.

In large bowl, combine raisins and popcorn; pour hot mixture over popcorn and toss carefully with wooden spoons until well-coated.

Spray 9-by-13-inch baking dish with cooking spray; press popcorn mixture into pan and cool completely.

Cut into squares and serve.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Schneider, Yeo named MHSAA 'AAA' athletes of the year

By Brian Bowman

For a high school to have one individual named as a top athlete in the province is quite the accomplishment.

But to have two in one year is literally amazing.

The Stonewall Collegiate Rams can lay claim to that prestigious distinction as Scott Yeo and Amber Schneider were very deservedly named the "AAA" male and female athletes of the year.

The Manitoba High Schools Athletic Association announced the 2018 Jostens High School Athletes of the Year last week at the Manitoba Sports Hall of Fame.

Schneider also was selected as the overall MHSAA female athlete of the year.

"It's extremely honouring," said Schneider last Saturday. "It was very, very rewarding."

Schneider enjoyed an amazing Grade 12 year at Stonewall Collegiate.

She excelled in cross country, volleyball, basketball, fastpitch and track and field. Schneider placed fourth at the Provincial Cross Country Championships, was the captain of her basketball team and the top scorer in most of their games.

Schneider was chosen as a tournament all-star as well as a graduating all-star.

Last month, she led the Rams' fastpitch team to a provincial championship while being named MVP. She followed that up a week later at the MILK Provincial Track and Field Championships where she earned silver medals in the 400m and 800m events while also anchoring the Rams' 4x400m relay team to a silver.

"It was a really good way to end high school sports," said Schneider, who will be going to school at the University of Manitoba while being on the Bison track and field team this fall.

"We knew we had the girls to win (the provincials) in fastpitch because we all played together with the South Interlake Phillies for quite a while and we played every other sport together."

Schneider participated in the MHSAA Captains Workshop and the link leader mentorship program at SCI. She is a softball and hockey coach in the community and volunteers at Si-loam Mission while achieving an academic average of 80.5 per cent.

Schneider really enjoyed her time as a student-athlete at Stonewall Collegiate.

"It's an amazing school," she praised. "The teachers are so supportive with everything. A couple of coaches I've had for four years and with a couple of different sports. I had Christy

Steeves for track and basketball the whole way through and she's really motivational and positive on and off the court. She's a really, really good coach."

Yeo, meanwhile, also enjoyed a tremendous final year at Stonewall Collegiate.

He was very honoured to receive recognition as the top "AAA" athlete in the province.

"It was really cool to get the (award) because there's obviously a lot of good athletes in the province," said Yeo, who will also be attending the U of M. "It was a cool way to end my high school sports."

Yeo participated in volleyball, basketball, soccer, baseball, golf, badminton, cross country, and track and field. Yeo was the captain of his volleyball and basketball teams and led his volleyball squad (as a stellar power hitter) to the provincial championships. He was a zone champion in cross country, golf and soccer.

Yeo did a great job balancing sports and school.

"I tried to work hard at both," he said.

Yeo is a member of the link leader mentorship program, attended the MHSAA Captains Workshop, is a member of the American History travel group and participated in the Hoops for Hope cancer care fundraiser as well as the Passing on the Cheer volleyball fundraiser for the Christmas Cheer Board.

Yeo coaches Grade 7 and 8 volleyball and volunteers with the SwimAbility Manitoba, all while maintaining an academic average of 90 per cent.

"I have had a lot of good memories of playing sports in high school so I just wanted to give back," he said of his volunteer efforts. "I have had a lot of great coaches and had a lot of fun with it."

The MHSAA has four competition categories based on school populations. The "A" schools are rural schools with a population of under 125 students while "AA" is any City of Winnipeg school with a population of under 100 plus rural schools with a population of 125-300.

The "AAA" category includes City of Winnipeg schools with a population of 100-500 and rural schools of over 300 while the "AAAA" category is all City of Winnipeg schools with a population of 500 students and greater, plus Lord Selkirk, Crocus Plains, Vincent Massey High School (Brandon), Steinbach Regional, Springfield, Garden Valley, Northlands Parkway, and Portage Collegiate.

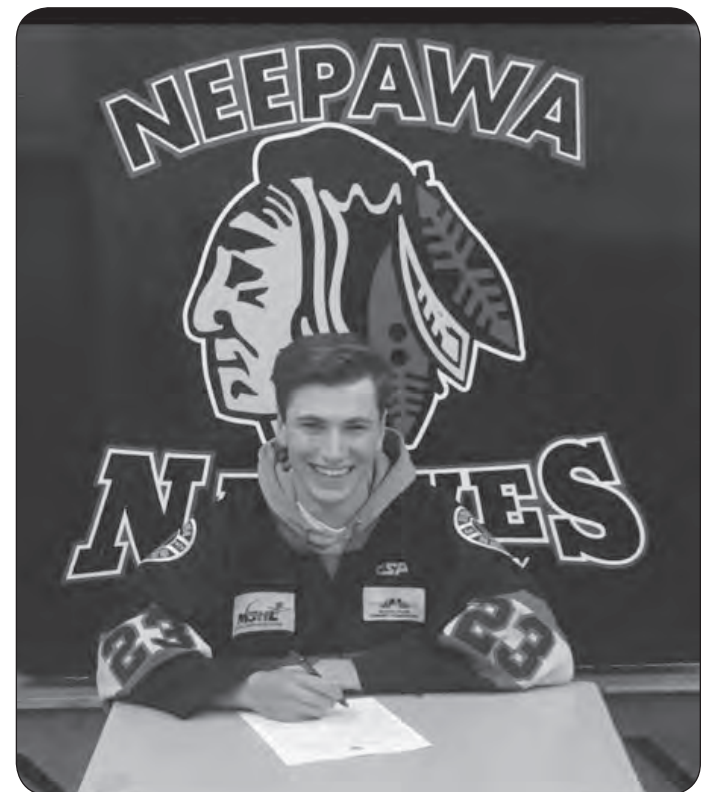
A male and female Athlete of the Year was selected from each category, along with the overall Jostens High School Male and Female Athlete of the Year.



TRIBUNE PHOTO SUBMITTED
Amber Schneider, right, was selected as the overall MHSAA female athlete of the year.

"I HAVE HAD A LOT OF GOOD MEMORIES OF PLAYING SPORTS IN HIGH SCHOOL SO I JUST WANTED TO GIVE BACK."

Neepawa signs Bremner



TRIBUNE PHOTO SUBMITTED
Interlake Lightning captain Rhys Bremner of Stonewall recently signed with the Neepawa Natives of the Manitoba Junior Hockey League.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stonewall Collegiate celebrates sporting excellence

By Brian Bowman

The Stonewall Collegiate Rams celebrated an extremely successful athletic season with its annual awards banquet last week.

A multitude of outstanding athletes were honoured for their hard work and success in sport.

Here are the winners from this year's banquet:

Baseball

Coach's Award - Seth McMahon

Coach's Award - Rhett Woods

Varsity Badminton

Top Male - Chris Wiebe

Top Female - Hunter Lupyrypa

JV Badminton

Outstanding Male - Liam Proven

Outstanding Female - Abigail Enns

JV Male Volleyball

MVP - Hunter Olson

MIP - Braden Bell

Varsity Male Basketball

MVP - Ralph Paguio

Leadership - Scott Yeo

Hockey

Most Competitive - Seth Mandryk

Most Sportsmanlike - Seth McMahon

Cross Country

Varsity Male Top Runner - Noah Bracken

Varsity Female Top Runner - Amber Schneider

JV female Top Runner - Megan Van Heyst

JV Male Top Runner - Cale Woods

Varsity Male Volleyball

MVP - Scott Yeo

Coach's Award - Seth McMahon



Curtis Grieve, left and Christy Steeves, right, recognized Jamie Yeo for her valuable contribution to SCI athletics.

JV Female Volleyball

MVP - Taryn Jackson

Rookie of the Year Maddy Fines

Fastball

MVP - Amber Schneider

Coach's Award - Loren Proven

Varsity Female Basketball

MVP - Amber Schneider

Coach's Award - Rikki Frost-Hunt

Varsity Female Track

MVP - Amber Schneider

Varsity Male Track

MVP - Scott Yeo

JV Female Track

MVP - Chloe Morrison

JV Male Track

MVP - Braden Bell

Track



TRIBUNE PHOTOS BY OWEN NISHI

Pictured left to right, Stonewall Collegiate Rams Varsity Male Athlete of the Year Scott Yeo, Junior Varsity Female Athlete of the Year Taryn Jackson, Varsity Female Athlete of the Year Amber Schneider and Junior Varsity Male Athlete of the Year Hunter Olson.

Female Coach's Award - Loren Proven

Male Coach's Award - Aiden Erickson

Varsity Volleyball Female

MVP - Sarah Fines

Coach's Award - Loren Proven

Female Soccer

Coach's Award - Callie Argan

Coach's Award - Dana Beck

JV Female Basketball

MVP - Sydney Byle

Coach's Award - Tiana Thiessen

Female Rugby

Top Rookie - Sydney Byle

MVP - Kylie Wright

JV Male Basketball

MVP - Colton Unger

Leadership Award - Hunter Olson

Male Soccer

MVP - Scott Yeo

MVP - Aiden Erickson

Varsity Female Athlete Of The Year

Amber Schneider

Varsity Male Athlete Of The Year

Scott Yeo

Junior Varsity Female Athlete Of The Year

Taryn Jackson

Junior Varsity Male Athlete Of The Year

Hunter Olson

Murray Couch Ram Award

Seth McMahon



Brock Couch, left, and Stefan Doll, right, presented Seth McMahon with the Murray Couch Ram Award.



The Stonewall Collegiate Rams recognized their top athletes during an awards dinner on June 26.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Golden hockey boys



TRIBUNE PHOTO SUBMITTED

Hayden Wheddon, left, and Dawson Cowan had a very successful spring hockey season. They played for Laker Academy and the Manitoba Broncos, winning gold in all three of the tournaments they played in, including the North American Hockey Classic.

Stonewall Jets announce training camp schedule

Staff

The Stonewall Jets of the Manitoba Major Junior Hockey League have announced their training camp schedule for the 2018-19 season.

The Jets will hit the ice for tryouts Sept. 4, 5, and 6 from 8:45 p.m. to 10 p.m.

The Jets will return to the ice Sept. 11, 12, and 13 from 8:30 p.m. to 9:45 p.m. for another series of tryout practices.

Stonewall will then participate in a Transcona pre-season tournament Sept. 14-16.

The Jets will have another tryout practice Sept. 18 (8:30 p.m. to 9:45

p.m.) and then will host the St. Boniface Riels in an exhibition game Sept. 19 at 7:30 p.m.

The next night, Stonewall will play the Transcona Railer Express at East End Arena. Game time is 8 p.m.

All home ice for the Jets is at the Veterans Memorial Sportsplex.

The MMJHL exhibition schedule begins Sept. 9 when the Charleswood Hawks host the St. Vital Victorias.

The regular season begins Sept. 28 with three games. One of those games will see Stonewall hosting the St. James Canucks in its home opener at 7:30 p.m.

Stonewall smokes Sporting Club Mosaic

By Brian Bowman

When the Stonewall United plays well for an entire game, they are a pretty tough team to beat.

And they proved that last Thursday with a very impressive 3-0 home win over second-place Sporting Club Mosaic.

Chris Thompson, Bret Sveinson and Cody Bjornsson scored for the winners.

Stefan Hillock was outstanding in goal, making several great saves to earn the shutout.

The victory improved Stonewall's

record to 1-3-2 on the season and vaults them into seventh place in the 10-team league with five points.

They are just two points back of Carmania FC and a single point behind Rangers FC heading into this week's slate of games.

Stonewall will resume league play July 13 when it plays Jedinstvo FC at the Ralph Cantafio Soccer Complex on Field 2.

Game time is 8 p.m.

Stonewall's next home game is July 19 at 7:30 p.m. when it hosts a very good Interlake Impact squad.

Midget 'AAA' Pirates remain in first place

By Brian Bowman

The North Winnipeg Pirates and Bonivital Black Sox were involved in a real pitcher's duel in Midget "AAA" baseball action last week.

Despite a great pitching performance by Brittney Langlais, the Pirates lost a 3-1 decision to the Black Sox on June 26.

"We lost to a very good pitcher," said Pirates' head coach Gary Dear. "He pitched extremely well...and we had Brittney and she pitched extremely well."

The same two teams hooked up on June 24 with Bonivital winning a wild one, 21-14. North Winnipeg pitchers issued an astonishing 17 walks while hitting four Black Sox batters.

It's not easy to win with those kinds of ugly numbers.

"When we throw strikes, we do well," Dear offered. "We had a lot of games in a row."

A day after that blowout loss, North Winnipeg split a doubleheader with the Carillon Sultans, losing Game 1 by a 4-1 score before rebounding for

a 6-5 victory.

Heading into this week's action, North Winnipeg was in first place with a solid 16-7 record.

"I'm very happy with that," Dear said. "We have a lot of first-year kids that are doing really well. All of our Interlake kids are doing extremely well."

When the Pirates are playing good baseball, they are a tough team to beat.

"Any game we don't make mistakes, we do very well," Dear said. "With the

exception of that Boni game, where our pitchers couldn't find the strike zone, and we went through six or seven pitchers because of the pitch count and I couldn't throw half the guys that I would have liked."

The Pirates were scheduled to play Team Manitoba in a doubleheader at Koskie Field last Saturday but those games were postponed until this Sunday (at 11 a.m. and 2 p.m.). The Pirates will wrap up its regular season Tuesday and then the Midget "AAA" play-offs are slated to start July 18.

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If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, MB to fill out an application, apply online at www.efmoon.ca, or email a resume to todd@efmoon.ca

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Teulon Rockwood Recreation Commission is hiring for the following positions:

FACILITY SUPERINTENDENT – this full time role is responsible for operation, maintenance and repairs of buildings and equipment for all facilities within the recreation commission. The superintendent provides supervision of facility attendants and casual labour. Responsibilities include scheduling for his/herself and staff as per the facility event calendars. As a working member of the team, the superintendent will be required to work flexible hours including evenings and weekends. Refrigeration certification is an asset or successful candidate must be willing to attain.

Recreation Administrator – this part-time role is responsible for office administration, bookkeeping, maintaining facility event calendars and administering existing recreation programming. The recreation administrator will prepare for and take minutes while attending Teulon Rockwood Recreation Committee meetings.

Casual Labour – we are seeking individuals available to work on a casual basis with flexible hours including evenings and weekends depending on the event schedules of all facilities.

Please submit resume and specify role being applied for to teulonrockwoodrec@gmail.com by **Friday, July 13th, 2018**

PART-TIME POSITION

The South Interlake Fifty-Five Plus, Inc., Stonewall, MB, has an opening for an **Administrative/Program Assistant**.

The Administrative/Program Assistant will assist with planning & coordinating various senior programs and activities.

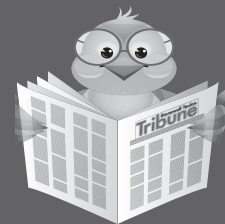
Qualifications:

- Experience and ability to work with seniors and volunteers
- Computer knowledge including Word, Excel, Social Media, etc.
- Mathematical skills
- Initiative and ability to work with minimal supervision
- Ability to multi-task and prioritize
- Job duties has some physical requirements
- Certification in First Aid & CPR an asset

Deadline for Applications: Thursday, July 12, 2018

Applications accepted by email only: si55plus@mts.net

Only those selected for an interview will be contacted.



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IN THE MATTER OF: The Estate of Peter Dawson, late of the Postal District of Winnipeg, deceased.
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 13th day of August, 2018. DATED at Stonewall, Manitoba, this 25th day of June, 2018.
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A Great Place to Call Home
Public Notice is hereby given that the 2017 Audited Financial Statements are available at the Town Office for public viewing during regular office hours 8:30 AM – 4:30 PM Monday to Friday. They are also posted to the Town website at www.stonewall.ca
Wally R. Melnyk, CAO
Town of Stonewall

RURAL MUNICIPALITY OF ROSSER UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF HEARING
The Council of the R.M. of Rosser under the authority of The Planning Act will hold a PUBLIC HEARING at the location, date and time listed below.
Grosse Isle Community Hall (sign: "Grosse Isle Memorial Park")
117 E Road 72N, Grosse Isle, Manitoba
Tuesday, July 24, 2018, at 7:00 PM
Property owners are being notified in order to give them the opportunity to speak in support or objection to the proposed **Conditional Use** per Section 114 of *The Planning Act*.

APPLICATION TYPE: Conditional Use
FILE #: R.M. of Rosser: RC 1/18; Technical Review Committee: TRC 12-041
REQUEST: To expand a current dairy operation from 600 animals (1,200 Animal Units) to 1,000 animals (2,000 Animal Units) within an animal confinement facility.
PREMISES: SW 1/4 6-12-1 EPM, R.M. of Rosser
APPLICANT: Rosser Holsteins Ltd.
OWNER: Rosser Holsteins Ltd.
REQUIREMENTS: In accordance with the R.M. of Rosser Zoning Bylaw No. 15-14 (as amended), livestock operations in the 'AL' Agricultural Limited Zone with greater than 125 Animal Units require Conditional Use approval. Livestock operations with greater than 300 Animal Units require an assessment by the Technical Review Committee (Province of Manitoba).

Additional Information:
To review the Livestock Technical Review Report for this application, prepared by the Province's Livestock Technical Review Committee, please visit: <http://www.gov.mb.ca/mr/livestock/trc-12-041.html>
A copy of the above noted proposal and supporting material may be inspected at the South Interlake Planning District office located at 285 Main Street in Stonewall, Manitoba between 8:30AM and 4:30PM, Monday through Friday. Copies may be made and extracts taken therefrom, upon request. For further information, please contact:
Eric Shaw, General Manager, South Interlake Planning District 285 Main Street, Stonewall, Manitoba, R0C 2Z0 Telephone: 204-467-5587; Fax: 204-467-8383
Note: Property Owners are responsible for notifying lessee(s)

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Investing in your Municipality

Each year, property owners are sent a tax bill from the rural municipality or town the property is located in. Depending on the value of that property, the bill can range anywhere from hundreds to thousands of dollars.

In our day-to-day lives, we spend money every day. Smaller amounts require little consideration. For larger purchases, however, there is more thought and consideration given. With most homeowners paying over \$1,000 in municipal taxes and some paying multiple thousands, and having to pay this every year, this becomes a significant investment. So, with this large an investment, let's look closer at how this amount is determined and how involved you can become.

Decisions on spending in towns and rural municipalities are made by a council. Council is a group of residents and/or property owners elected by all residents and/or property owners, or at least those who take the time to vote. The decisions of council determine the services that will be provided, and the quality of that service, which determines cost. Services include protection, public works, recreation and others.

On October 24, 2018, municipalities (urban and rural) will hold elections for councils to look after the investments of residents for the next four years. For every resident and/or property owner, involvement should at least include voting for those who you believe will make the best decisions on your investment. For others, there may be interest in becoming involved in making ongoing decisions, in running for council.

Running for Council

The process for running for council has already begun. In Manitoba, prior to campaigning for any position on council, a person must register. For the head of council position, that started May 1. Those running for a councillor position may start registering on June 30 (a Saturday this year), or the next day the municipal office is open.

This election, nomination papers are accepted September 12, 13, 14, 17 and 18 at the municipal office during regular office hours.

All forms are available at the municipal office.

Here are a few items for information.

The Province has created the 2018 Candidates Guidebook, which outlines the important details a person needs to know if considering running. This guidebook is available either on the Province's website or through the municipal office.

Where the municipality has wards (this is only in rural municipalities), you don't have to live in or own land in the ward in which you choose to run. As long as you live in or own land in the municipality for a minimum 6 months prior to election day, and meet the other requirements such as being at least 18, a Canadian citizen, etc., you are eligible to run in whichever ward you wish to run.

The time commitment for members of council is well beyond just the one or two council meetings per month. The Municipal office staff can provide information on how many hours a person might spend per week as a council member.

Most municipalities have a budget in the millions, and assets in the tens or even hundreds of millions of dollars. As a member of council, you would be responsible for overseeing the operations of the municipality. Beyond that, there are always items which the council must consider, such as adding new services or reducing existing services, which require a good public input program to ensure it is what the greater community wants to see.

People who make the best council members are those who care about their community and want to make it a better place. They are individuals who are willing to not only invest in their community financially through annual taxes, they wish to give back to their community by investing their time and energy as well. If you are interested in running or would like to discuss this potential more, contact your municipal office.

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GRADUATION



Congratulations Annaliese Meier on your high school graduation from College Sturgeon Heights with a French Immersion diploma. We wish you all the best at the University of Calgary as you pursue your dream of becoming an Early Years French Immersion teacher while playing hockey for the Dinos.

"Nothing can dim the light that shines from within"

-Love from Mom and Dad
Mollie, Branden, Chanele and Matthieu and all your family

ANNOUNCEMENT

IN MEMORIAM



George Kowalchuk
May 5, 1917 - July 8, 2003

In our hearts your memory lingers
Sweetly tender, fond and true,
There's not a day dear George, Dad and Gido
That we do not think of you.

-Loving you and Eddie always
and missing you both everyday,
your wife, Mary
and your children, Tom (and Chris), (Patty),
Rosalie (and Mike),
Lucy (and Terry), and their families

OBITUARY



Darien Louise Russell (nee Aikenhead)

After a courageous fight with cancer for more than a year, Darien Louise Russell (nee Aikenhead) passed away peacefully on June 25, 2018.

She was born in Neepawa on April 24, 1938. Darien was predeceased by her parents Alfred Ray and Ranveig Elin Aikenhead and twin siblings who died shortly after birth. Mom will be lovingly cherished and remembered by her son Ian (Maira) of Creston, BC and his son Casey; daughter Patricia Reeve (Don) of Red Deer, AB and their children Diana Leniuk (Cory), Eric, Thomas (April), Stephen; and daughter Kristine Sawry (Ken) of Stonewall, MB and her children Taylor Hagen (Kristen), Amber Oughton (Rick), Travis Hagen (Jesse). Grandma will also be missed 10 great-grandchildren (Ronin, Olivia, Rowan, Laughlin, Tadhgan, Natalia, Finn, Burke, Bentley, and Piper). Darien is survived by her sister

Denyse Whalley (Doug) and their children and their families, and her cousins.

Darien grew up on the farm at Wellwood and attended Wellwood school. In 1954, she took first year university at United College in Winnipeg. Then she entered St. Boniface school of Nursing and graduated in 1958 as a Registered nurse. Darien has worked in many areas of the health field starting with Public Health in Hamiota then as an RN in Quebec at the Opémiska Copper Mines Hospital. Darien married Alexander (Sandy) Russell April 20, 1960 in Montreal (after he followed her to the copper mines in Quebec). A bit later they moved back to Manitoba where she held jobs at Grand Rapids Hospital and St. Boniface Hospital. It was during their early years back in Manitoba that they had three children: Stewart Ian, Patricia Ellen, and Kristine Anne.

Darien's career evolved into working as the CEO at Oakview Place and 20+ years with MHSC where she played a major role in the development of the Manitoba Air Ambulance service. After retirement from MHSC she worked as a consultant with Manitoba Health Organization and was CEO for Morden, Steinbach, Teulon, Grand Rapids, Stonewall hospitals, and others. During her time as CEO of Stonewall Hospital she was heavily involved in the creation of the palliative care unit, patient advocacy, and a champion for seniors' rights including cheaper housing for seniors. After her 2nd "retirement" Darien followed her passion and worked with Manitoba Health and was instrumental in the development and implementation of standards for the Long Term Care and Personal Care Homes Manitoba Region including First Nations Personal Care Homes.

Darien was an avid reader and gardener and enjoyed playing organ and piano, curling (playing and watching), attending her grandchildren's music or school concerts and sports events, family vacations, traveling, and playing cribbage. Some travel highlights included: Africa where she survived a hot air balloon crash, Florida with Patricia's family, Japan, the UK, and parts of continental Europe. Her last big adventure was her trip to Iceland with Patricia and Don where she found the birthplaces of her mother and grandparents, took zodiac tours on the Iceberg Lagoon and to the West Mann Isles just off the south coast, and went whale watching near Husavik. Grandma was also an amazing pastry maker but her cookies sometimes were burnt and hard as rock - lol.

Darien was involved with the Anglican Church of Ascension in Stonewall since 2005, where she served in various capacities (church organist, Treasurer, member of Vestry, Messi Club, Anglican Church Women - formerly called Women's Auxiliary, helper with the Parish of All Saints, making prayer shawls, visiting the sick, kitchen committee, decorating committee, secretary, and just about everything else (except speaking on the pulpit). Mom enjoyed leading, organizing, and being part of many activities and clubs (Stonewall and other curling clubs, the Ladies Auxiliary of Stonewall, cook at the Ladies Auxiliary of Legion Branch #52, District Chair of Golden Gals, and other clubs). Mom also gave much of her time as a volunteer in her service to help others and was always available whenever there was a need. She was also a volunteer driver for Canadian Cancer Society, member and Treasurer of the Stonewall & District Health Foundation, member St. Boniface Hospital Registered Nurses Alumni, and one of the leaders in the Long Term Care Association of Manitoba Stonewall Supportive Housing Initiative.

Interment will be a private graveside service for immediate family only. At Darien's request, for which her family has chosen to honor, there will be no memorial service.

Her immediate family extends special thanks to the staff at Cancer Care Manitoba, Selkirk Regional Hospital Cancer Ward, Health Sciences Centre Cancer Ward, Stonewall Regional Hospital and Palliative Care, and Home Care.

In lieu of flowers and cards, donations can be made to Canadian Cancer Society or Stonewall Hospital Palliative Care.

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*There is a link death cannot sever,
Love and remembrance
last forever.*

ANNOUNCEMENT

GRADUATION



Congratulations
Nicolas Descoteaux

Congratulations on graduating with honors and awards from Externat Sacre-Coeur High School, Quebec. We wish you much success on pre-university studies at Segep Lonel Groulx.

-Grandma and Grandpa
Ed and Adeline Helwer;
Proud mom Bonnie Helwer;
Happy 14th Birthday sister, Alexandra

ANNOUNCEMENT

IN MEMORIAM



Bert Jorheim
November 25, 1925 - June 26, 1993

Twenty-five years have passed
Since the sad day when you left us
We see so many of your good characteristics
In your son, daughters and grandsons
Your spirit lives on and memories will never die.

-Freida,
Alvin, Heather, Marilyn, Murrey,
Alex, Jacob, Matthew

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OBITUARY



David McMahon

On Thursday, June 28, 2018 at the Betel Personal Care Home in Selkirk, MB., David McMahon of Inwood, MB., passed away at the age of 82.

Predeceased by his wife Sylvia McMahon (Kunzelman); his father Harvey; his mother Maude (Gibson); his sisters Ethel Ulrich, Edith Jensen, Mary Leonard, Doris Leitch and brother Basil. David is survived by his children Brian (Debbie), John (Lorraine), Myles (Donna), Cheryl, Vernon, Calvin (Cathy), Perry (June); his sisters Audrey McMahon, Jessie King; brothers Roy, Cecil and Stewart; his grandchildren, great-grandchildren, nieces and nephews.

David and Sylvia married in 1955 and raised their family on a farm in the Inwood area. David worked at the quarry in Inwood until it closed. Then he went on to work for various contractors in Winnipeg until he took up farming full time. David remained on the

farm until he went to live in the Betel Personal Care Home in Selkirk in 2012.

Services and interment will be private.

In lieu of flowers, donations can be made to either Betel Home Foundation by mail at 212 Manchester Avenue, Selkirk, MB., R1A 0B7 or on-line at canadahelps.org; or Cancer Care Manitoba Foundation.

Thank you to the staff at Betel Personal Care Home for the care they provided David.



204-886-0404

OBITUARY



Jennie Grechen

It is with profound sadness that the family of Jennie Grechen (nee Baley) of Teulon, Manitoba, announce that Jennie's long and happy time on this Earth has come to a peaceful end on January 6, 2018, at the age of 98.

Service of Remembrance will be held on Friday, July 13, 2018 at 1:00 p.m. at Teulon - Rockwood Centennial Hall, (14 Main Street).



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