

Capturing the moment

TRIBUNE PHOTO BY AUSTIN GRABISH Warren Collegiate graduates pose for a selfie in a few minutes before being their graduation ceremony in the change room at the at the Sunova Arena in Warren this past Monday. A total of 45 students graduated from Warren Collegiate this year.

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## Happy trails for local Interlake schools

#### **By Jennifer McFee**

Two local schools came together for an end-of-year activity focused on lessons from the trail.

On Wednesday, June 22, Brant-Argyle School introduced visitors from Balmoral School to the Prime Meridian Trail. They spent a day together in the bush and made connections with plant scientists and naturalists.

Students identified and investigated species along the trail as they learned about native plants, medicinal plants and other useful greenery.

Special guests included Laura Reeves of Prairie Shore Botanicals, Chris Friesen of Manitoba Conservation and John Morgan of Prairie Habitats.

After a picnic lunch, students enjoyed playing among the trees and wildflowers. The group also participated in plant-themed activities, such as making plantain poultices and pineapple weed tea.



Students from Balmoral School and Brant-Argyle School spent the day in the great outdoors.



TRIBUNE PHOTOS SUBMITTED John Morgan of Prairie Habitats shared his knowledge with Brant-Argyle and Balmoral students.

## **Remembering loved ones in local memory garden**

#### **By Jo-Anne Procter**

On a stroll through Stonewall, you can now stop to smell the roses and remember dear ones that have passed on at the Memory Garden west of the RCMP detachment.

The Town of Stonewall, in co-operation with the Stonewall Communities in Bloom Committee and the South Interlake Garden Club, has developed a memory garden for loved ones that once resided in the community and have since passed away.

Members of the South Interlake Garden Club spent the evening of June 20 prepping the Memory Garden. They raked, weeded, pruned and planted 72 native plants to attract bees and butterflies.

An engraved tile explaining the garden has been placed on a monument with an inscription by Linda Dzendzeluk-Girard that reads: "When someone we love passes away, we are still connected to them through our memories. We can visit our memories anytime and anywhere, free from the world's physical borders. Certain places whisper to us to stop and remember the one we love and lost. It is our hope that this garden will provide a place for you to fall into a memory and feel the embrace of the one you love."

The town has created 8" x 8" stones that will be engraved and placed in the garden by town employees. Stones to commemorate a loved one can be purchased for \$100 plus taxes through the Town of Stonewall website at www. stonewall.ca or by calling the office at 204-467-7979.

The Town will place the Memory Stones in the Community Memory Garden between the months of May and September.



TRIBUNE PHOTO BY JO-ANNE PROCTER

South Interlake Garden Club members cleaned up and planted flowers in the Memory Garden in Stonewall on June 20. Pictured from left: Nancy McGowan, Sandra Smith, Kris Laxdal, Kathy Simard, Linda Dzendzeluk-Girard and Marilyn Savage.



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## **Church service encourages self-reflection, mindfulness**

#### **By Stefanie Lasuik**

The nine graduates who sat in the pews at Warren United Church on June 23 took away important lessons about knowing themselves and affecting others. Minister Patricia Baker and Warren Collegiate alumni Dr. Chris Proctor spoke to the importance of being in touch with oneself.

"Whoever or whatever forms the basis of your beliefs, that's where you're going to find your strength and your courage," said Baker to the grads. She encouraged them to think about that basis so they can find joy and inspiration when they need it.

"I think the biggest thing is knowing yourself and knowing what drives you," said Proctor. He said the grads should be happy with the reasons why they achieve certain goals.

It's OK if the motivations are a little weird, said Proctor. He used bubble wrap as an example. It doesn't matter if your motivation for popping it is for the tactile feeling, for the sound or for the enjoyment of annoying others, he said.

"It doesn't matter what it is to each individual. All that matters is that when you pop that bubble, you're doing it



Dr. Chris Proctor was the graduates' motivational speaker at the Warren United Service for Grads. Proctor graduated from Warren Collegiate in 2006 and has accepted a job as a physician in Portage la Prairie.

for your own reasons. You're not doing it to please other people," said Proctor. He did caution the grads to not try to annoy others too much.

He went on to say that the graduates' actions will have an effect on everyone around them, even those they don't see.

When he was at the University of British Colum-



TRIBUNE PHOTOS BY STEFANIE LASUIK

From left to right: Graduates Josh Schellekens, Chantal Boonstra, Sydney Hildebrandt, Evan Brad, Brendon Burnett, Ethan Garrett, Ethan Brunger, Ethan Fairlie and Braydon Weatherburn learned about self-motivation at Warren United Church on June 23.

bia completing his bachelor's degree, a motivational speaker told him a story.

The man had fallen off a ferry between Vancouver Island and the mainland one night. He didn't have a life jacket, and no one noticed him fall. The one thing that kept him swimming all night was a light he could see shining from the shore. When morning came, the search parties

came, and he had kept himself alive by swimming toward the light. But he didn't know whose light it was.

"They woke up the next day, flipped their light off, went on with the rest of their day, never even knowing that this guy had fallen over the edge and was literally drifting at sea, looking at that light," said Proctor.

Proctor closed his speech

by reminding the grads that their influential actions include inclusive language. He also gave them some advice on how to find their motivations.

"Find your yoga," he said, not meaning literal yoga but an activity that allows people to be alone and think in a positive and reflective way.



## Sterling North students full of good deeds



#### **TRIBUNE PHOTOS BY JO-ANNE PROCTER**

Students of Sterling North Campus in Stonewall were superstars earlier this week. Not only did they hold a walk-a-thon and raise over \$5,000 for STARS air ambulance they helped out in the community. Grades 9-12 boys painted curbs on Main Street, Grades 7 and 8 students weeded around the Veterens Memorial Sports Complex and Grades 3-6 students entertained at Rosewood Lodge. The entertainment included a few piano solos, a duet and songs from the campus' upcoming musical "Child of The World".

## **RCMP** seek witnesses to attempted child abduction

#### **By Jennifer McFee**

Stonewall RCMP are asking for the public's help regarding a recent attempted child abduction.

At the local level, they are seeking any potential witnesses to an event that took place on Friday, June 17 outside a Stonewall mall.

An eight-year-old girl was inside her own vehicle when she was approached by a stranger and repeat-

edly asked to get into a brown Pontiac Grand Am parked in the middle of the parking lot at Westside Plaza.

Anyone who may have noticed the conversation between the girl and the suspect, a white woman, is asked to call Stonewall RCMP at 204-467-5015. Christy Dzikowicz, director of the Child and Family Advocacy Division of the Canadian Centre for Child Protection, offers some additional advice.

"While the abduction of a child is rare, when one is attempted, it affects the entire community, causing fear among parents and potential distress in children," Dzikowicz said.

"There are steps you can take to empower your child with age-appropriate safety information without inciting panic or fear and re-establish her/ his sense of security."

What you can do:



• Reassure your child that he or she is safe.

• Limit your child's access to media. Avoid sharing details from media stories as this can create more fear for your child.

• Be emotionally available. A child who is feeling distressed can become more clingy, anxious and emotional. It is a positive sign if your child reaches out to you for support when upset. If this occurs, be calm and supportive.

• Keep routines. Consistency and predictability will help your child reestablish a sense of security and control

• Know where your child is at all times. It is important to know your child's friends and to be familiar with her or his daily activities.

• Introduce personal safety skills on a daily basis so these strategies become second nature (easily recalled by memory if required).

### Manitobans urged to know their rights about door-to-door sales

#### Submitted

The Manitoba Consumer Protection Office (CPO) urges Manitobans to be cautious about door-to-door selling of large household items such as furnaces, air conditioners and water heaters as door-to-door sales become more frequent in the summer months.

Consumers are reminded to be aware of their rights under the Consumer Protection Act. In Manitoba, all consumers have the right to:

• Ask to see a salesperson's direct seller licence. All direct sellers must be licensed by the CPO. If they can't provide a licence, write down the person's name and the company name being represented. Before continuing with the transaction, contact the CPO to verify the company is licensed.

• Cancel the agreement if you change your mind. You have 10 days to cancel an agreement with a licensed seller or one year to cancel an agreement with an unlicensed seller. You don't need a reason to cancel and you cannot be charged a penalty when you do. The direct seller must receive your wish to cancel in writing.

If approached by any door-to-door direct seller, the Consumer Protection Office suggests the following tips:

• Read the whole contract before signing. Don't sign it if there is anything you don't understand, such as terms and conditions or if you have questions about your cancellation rights. Before making large purchas-

**Riding to school pays off** 



TRIBUNE PHOTO BY DOUG HAROLD

The lucky winners of this years' Ecole R.W. Bobby Bend School "Take a Hike or Bike Tuesdays!" were presented their new wheels on June 28. The (Parent Advisory Council) has being encouraging students and staff to walk or bike to school for the past six years every Tuesday for 12 weeks during the spring. Weekly prize draws are held for participating students and a final draw for a new bicycle is made on the last day of school.

A generous donation of \$350 from the Stonewall Knights of Columbus and various fundraisers throughout the year, allowed the PAC to purchase four bikes. Pictured from left to right; Aiden P., Greg Ross (principal), Rhena Harold (chair of "Take a Hike or Bike Tuesdays!"), Ava C. and Marcel Huys (Stonewall Knights of Columbus). Missing: Elizabeth E. & Nevaeh F..



es, consider reviewing the contract with a lawyer to be sure the terms are clear to you.

• Take your time deciding. If you feel rushed or pressured, ask the salesperson to leave the information with you. • Ask them to leave if you are not

comfortable with the seller or not interested in their product.

• Shop around and get to know the company. Ask for references and be sure to check them. Research the seller's reputation by contacting the Better Business Bureau and looking on the Internet for reviews.

• If they ask to do an inspection, be sure to get more than one opinion. Contact at least two more companies and compare the results. Always get estimates before making a decision on a large purchase.

• Check with your local municipality to see if any permits, licences or inspections are necessary. If they are, make sure the contract states whether they are the responsibility of the contractor or the homeowner.





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Stonewall Teulo

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#### Hi folks.

Anglers playing tricks on each other seemed to be the theme of the stories our fellow fishers offered us this past week.

I'd been running around Lake Winnipeg's southeast side fishing spots, chatting with folks. Come noon, I stopped in Scanterbury at the South Beach Casino for lunch.

Naturally, as I was checking out, I asked the girl at the counter, Erin Waluk, if anyone in her family fished and whether she had a story for us. Erin, the picture of a strong outdoors gal, brightened. Her eyes gleamed with enthusiasm as she burst out, "You bet. Our whole family loves to fish!"

In seconds, I had my recorder out as she recalled a time last summer when her gang was at Snowshoe Lake in Nopiming Park. She wanted to go fishing but didn't have any bait. Erin thought for a bit and then got a chunk of bologna. As she headed out the door to the lake, her father-in-law shouted after her, "You're never going to catch anything with that!"Ten minutes later, she came marching back to camp lugging a huge jackfish.

Laughing, I started to put my recorder back in my pocket but she stopped me. "No wait, "she said. "I've got another good one." I flicked my recorder back on. She continued. It was a bit later that summer when the whole family was out on the lake in the boat and everybody except granddad jumped overboard for a swim. Grandpa, on the other hand, decided to do a little fishing.

Now the water in Snowshoe Lake is so clear you can see fish swimming 10 feet below the surface. Erin's fatherin-law, who likes to play tricks, could see to swim under the boat and gave grandpa's fishing line some good tugs. Grandpa got so excited thinking he had caught a big one and almost fell overboard.

On Tuesday last week, I made a stop at the pier by the locks at Lockport. I noticed a fairly large fellow at the end of the pier relaxing in a chair with a small table by his side that held drinks and a bag of chips. We had just got to exchanging names — his was Brian Juer — when a fish struck his line. He hoisted a small catfish over the rail guard. As his line lost tension, the fish went flying right into Brian's potato chip bag. Brian separated the cat from his chips that had become only slightly slimy and then proceeded to take the hook out of the fish's mouth.

As he tossed it back into the water, he shouted after it with a grin, "If you want chips so bad, go get your own!"

The sun was dazzling, reflecting brightly off the wind-driven waves last Friday at the Hnausa pier. At the end of the pier, beside a solitary car, gigantic patio umbrellas were radically tossing in the stiff wind. I drove up to the car and found new friends Denise Finnson, Allen Borysowich and his daughter Alex lounging in chairs under those umbrellas between their car and the edge of the pier. It didn't take long for me to ask him how he got huge umbrellas to stand on concrete in a fierce wind. Allen smiled as he explained that last year they were fishing and it began to rain but they didn't want to quit. So to make sure that didn't happen again, he went home and fabricated umbrella stands of flat and pipe steel in such a fashion



TRIBUNE PHOTO SUBMITTED Allen Borysowish from Beausejour with a sample of his catch at the Hnausa pier last week.

that you could set them out and drive over the flats, stabilizing the stands with the car's tires. How inventive!

Remember what I said earlier about a little good-natured fun while fishing? Well, Allen then gave us the story of last winter when he and his son were ice fishing off Beaconia Beach. He waited till his son wasn't looking and pulled the boy's line up, adding a whole bunch of weights, and then dropped it back in the water. His boy came back, and seeing his rod bent down, began reeling in. It is impossible for me to repeat what the boy called Allen when he saw the weights, but to this day, Allen is still waiting for that I'll-get-you back-prank!

Till next week. Bye for now.

#### Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



> CONTACT US Stonewall Teulon Tribune - Interlake Graphics 74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679 Letters to the Editor: letters@stonewallteulontribune.ca Classified: classifieds@stonewallteulontribune.ca Advertising: ads@stonewallteulontribune.ca News: news@stonewallteulontribune.ca

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## PRODUCTION Debbie Strauss



Allana Sawatzky

#### **IMPORTANT NOTICE – GOVERNMENT MAIL**

## How to obtain your Manitoba cheque

To prepare for a possible postal service disruption, the Manitoba government has arranged for government cheques and other essential mail to be available for pick-up at the locations listed below. If you currently receive your payments or benefits by direct deposit, you will not be affected by a postal disruption.

#### Cheque pick-up information

All offices are open Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m. unless otherwise indicated.

Please call 1-866-626-4862 or visit Manitoba.ca before going to pick up your cheque and you will be provided with a number to call to ensure your cheque is ready.

Please bring proper identification with you when you pick up your cheque. If you are not sure which location has your cheque, please call 1-866-626-4862 or visit Manitoba.ca.

A. Outside Winnipeg						
<ul> <li>Cheques available at locations outside Winnipeg:</li> <li>Trade Vendor/Landlord • Provincial Superannuation</li> <li>DFA</li> <li>Refunds • Manitoba Housing • Employee Paycheques/ Pay Advices</li> <li>Health (ex: Pharmacare, travel subsidy, out-of-province medical claims, insured benefits, doctor payments)</li> <li>Prenatal Benefit cheque pickup/application drop off Note: For Employment and Income Assistance cheques, please see section D below.</li> <li>Payments to the following programs can also be dropped off at these locations: Provincial Taxation, Manitoba housing, Provincial Fines, Maintenance Enforcement (MEP).</li> </ul>	Ashern Manitoba Infrastructure 43 Railway Avenue Beausejour Manitoba Families Beausejour Provincial Building 20 – 1st Street S. Brandon Manitoba Finance Brandon Provincial Building 340 – 9th Street Carman Manitoba Agriculture Carman GO Office 65 – 3rd Avenue N.E.	Carberry Manitoba Agriculture Carberry GO Centre Hwy #5, North of Hwy #1 Churchill Manitoba Families 31 Hudson Square Dauphin Manitoba Families Dauphin Provincial Building 27 – 2nd Avenue S.W. Flin Flon Manitoba Families Provincial Building 102-143 Main Street	Gimli Manitoba Indigenous and Municipal Relations 2nd Floor, 62 – 2nd Avenue Killarney Manitoba Families 203 South Railway Street E. Lac du Bonnet Manitoba Sustainable Development 4 - Hwy #502 Minnedosa Manitoba Agriculture Minnedosa GO Office 36 Armitage Avenue	Morden Manitoba Families 290 North Railway Street Manitoba Agriculture 229 Main Street S. Neepawa Manitoba Sustainable Development 123 Main Street Portage Ia Prairie Manitoba Finance Portage Provincial Building 25 Tupper Street N. Russell Manitoba Education and Training 402 Main Street N.	Selkirk Manitoba Families Selkirk Provincial Bldg. 101-446 Main Street Souris Manitoba Learning and Resource Centre 130 – 1st Avenue W. Steinbach Manitoba Families 316 – 323 Main Street Swan River Manitoba Families Provincial Building 201 – Fourth Street S. The Pas Manitoba Families 79 – 3rd Street W.	Thompson Manitoba Families Thompson Provincial 59 Elizabeth Drive Virden Manitoba Agriculture Virden GO Centre 247 Wellington Street W Winkler Manitoba Education and Training Distance Learning Unit 555 Main Street
B. In Winnipeg						
Cheques available at the Norquay Building – Basement Level 401 York Avenue	<b>cheque pickup/appli</b> Note: For Family Service	dlord • Provincial Supe ication drop off • Phar es and Employment Incor ing programs can also be c	macare • Disaster Fir me Assistance cheques p	ancial Assistance (DFA lease see section C below	A) • Essential Mail	
Monday – Friday (8:30 a.m. – 4:30 p.m.)	Payments for the following programs can also be dropped off at this location: Provincial Taxation, Manitoba housing, Provincial Fines and MEP. Manitoba housing cheques (including STAT55 and Portable Housing Benefit) are to be picked up at 200-352 Donald Street. Manitoba Health New and replacement Manitoba Health Cards and Temporary Out-of-Province Certificates can be picked up on the main floor of 300 Carlton Str					
C. Employment and Income Assistance Re	cipients in Winnip	eg				
All Employment and Income Assistance cheques can be picked up at your local community area office.	ACCESS River East 2nd floor, 975 Henderson Highway ACCESS Transcona 845 Regent Avenue West ACCESS Downtown East (R3A / R3B) 2 – 640 Main Street	Downtown West 755 Portage Avenue ACCESS St. Boniface (Bilingual) 3rd floor, 170 Goulet Street Seven Oaks Unit 3 – 1050 Leila Avenue	River Heights/ Fort Garry Unit 6 – 677 Stafford Street Point Douglas/ Centralized Services 128 Market Avenue Downtown Main 896 Main Street	ACCESS NorWest 785 Keewatin Street ACCESS Winnipeg West 2nd floor, 280 Booth Drive	Monday – Friday 8:30 a.m. – 4:30 p.m. Please contact your EIA	ck-up for all locations are: worker if you have any bout mail arrangements.
D. Employment and Income Assistance Re	cipients outside V	Vinnipeg				
Pick up your cheque at the following regional office locations.	Morden Regional Office 290 North Railway Street Dauphin Regional Office 309 – 27 2nd Avenue S.W. The Pas Regional Office 3rd St. and Ross Avenue	Beausejour Regional Office 20 – First Street S. Portage La Prairie Area Office 106-25 Tupper Street N. Swan River Area Office 201 – 4th Avenue S.	Flin Flon Area Office 102 – 143 Main Street Steinbach Area Office 242 – 323 Main Street Brandon Regional Office 2nd Floor, 340 – 9th Street	Selkirk District Office 101 – 446 Main Street Thompson Area Office 107–59 Elizabeth Drive	The hours for cheque p Monday – Friday 8:30 a.m. – 4:30 p.m. If you have a problem cheque, please contac	with picking up your
<b>Employment Manitoba</b> For information about your Employment Manitoba cheque and where you can pick it up please call 204-945-0575 in Winnipeg, or toll-free in Manitoba 1-866-332-5077.	Public Trustee If you regularly receive cheques by mail from The Public Guardian and Trustee, please phone your Adult Services Administrator directly to make alternate arrangements. Maintenance Enforcement Program (MEP)			For more information visit: <b>Manitoba.ca</b> or call <b>1-866-MANITOBA</b> (1-866-626-4862) TTY: 204-945-4796		
<b>Disaster Financial Assistance (DFA)</b> For information about your DFA cheque and where you can pick it up please call 204-945-3030 in	For information on how and where to obtain your family support payment, please call 204-945-1761 or email the program at ManitobaMEPInquiries@gov.mb.ca <b>Provincial Taxation</b> Tax return due dates remain unchanged. Visit www.gov.mb.ca/finance/taxation for more info.			Manitoba		

**News or sports tip?** E-mail news@stonewallteulontribune.ca or call 467-5836

## **Local Conservation efforts showcased at Water Festival**

#### By Natasha Tersigni

From water games to a nature scavenger hunt to critter dipping, students from Woodlands, Inwood and St. Laurent schools had a busy fun-filled day last week learning about local water and nature conservation activities at the West Interlake Watershed Conservation District's (WIWCD) annual Water Festival.

The annual event, hosted this year on June 21 at Warren's Rubber Ducky Resort, teaches students in grades 1 to 6 about the work local organizations are doing to protect and maintain the environment and local ecosystems.

This year representatives from Oak Hammock Marsh, Nature Conservancy, Recycle Everywhere, Green Kids, East Interlake Conservation District, Manitoba Conservation District Association and Manitoba Trappers Association were at the event hosting workshops for the students.



Jacques Bourgeois from Oak Hammock Marsh, pictured right, introduces students to the many critters that are part of the marsh's ecosystem.

"This day is really about teaching children the importance of the environment and the role water plays in it. In total, there are 10 stations with different activities that 150 students are taking part in," said WIWCD manager Linda Miller. The organization was established in 2008 to assess the health of the watershed and address regional land and water issues. "The Water Festival is focused on the students and teaching them in a fun way about environment. Education is part of our mandate of our organization. Children are our future and we need to educate them on how to save and protect the environment."



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Students from Inwood, Woodlands and St. Laurent took part in the West Interlake Watershed Conservation District's Water Festival last week at Rubber Ducky Resort. Pat Dunolp explained to students the different water sources with the aid of the ground water stimulation system demonstration.

## Province commits to long-term Crown leases to Shoal Lakes Flooded Landowners Association

#### By Natasha Tersigni

Shoal Lake water levels, erosion on Provincial Road 518, the re-opening of PR 415 and 416, and the Shoal Lakes Buyouts program were just a few topics of discussion between the Shoal Lakes Flooded Landowners Associations and Minister of Agriculture and Lakeside MLA Ralph Eichler, Minister of Infrastructure and Midland MLA Blaine Pedersen and Interlake MLA Derek Johnson at their June 6

#### meeting.

The consultation was an opportunity for the association to speak with the newly appointed provincial ministers and MLA and to advocate for issues important to the association.

The biggest commitment that came at the meeting was the provincial government's promise to implement long-term Crown leases on lands purchased in the Shoal Lakes Buyouts Program available this fall. "The biggest thing for me was our government's long-term Crown Lease announcement. My department is working hard and I shared with the association that we will be introducing long-term land leases this fall. It is going to make a difference as so far the Crown land leases have been just year to year," said Eichler who added it will provide more stability and security to land owners.

The association was pleased with the

meeting and look forward to continue having an open dialogue with the government in the future, including ways to mitigate the rising lake levels.

"Our association felt that it was a good meeting and understood that it is very early in the mandate of this government to make firm commitments. We did point out as we were leaving that we are not going anywhere as long as the current problems remain," said Orval Procter in a press release, who added that the water levels in the lakes have risen about two feet since last fall and need to rise only a couple more feet to reach the peak level of 2011.

"We hoped that another spill would not happen before positive action was taken. We even suggested that if the plan is to use the Wagon Creek Drain, that preliminary work of planning and studies could be done concurrent with the building of the Lake Manitoba outlet."



## Bike rodeo encourages students to cycle safely



**TRIBUNE PHOTOS SUBMITTED** 

Bobby Bend Students learned bicycle safety and the rules of the road from RCMP member Dave Higgs during the MPI Cycle Safely Bike rodeo on June 22. Stony Mountain students from the Bike Repair Class were also on hand to inspect the bicycles.

#### Staff

Approximately 62 Grade 3 students at Ecole R.W. Bobby Bend School had the opportunity to learn about bicycle safety and the rules of the road during a bike rodeo on June 22.

The MPI Cycle Safely Bike Rodeo helps kids and parents learn in a fun, interactive, and supportive way according to teacher Joanne Woods.

Following a MPI presentation, RCMP member Dave Higgs guided the students down Main Street to the arena parking lot where the practical portion (obstacle course) took place.

The cyclists were divided into groups of six and put through a variety of stations designed to improve their cycling knowledge and skills, including helmet and bike safety checks, recognizing road signs, learning cycling hand signals, a mock intersection, and an agility course.

"Dave did a fabulous job. The kids loved that he stopped traffic for them to go through the stop signs and had them make as much noise as they could so they would be seen and heard by traffic," said Woods.

Fifteen Stony Mountain students from the Bike Repair Class, with supervisor Heather Arnal, set up in the bus loop to 'inspect' the students' bikes. An obstacle course was also set up on the school track for students to practise their biking skills.





### Notice of Public Hearing and Pre-Hearing Conference

#### **Applicant: Manitoba Public Insurance Corporation**

#### HEARING:

The Public Utilities Board (Board) anticipates holding a public hearing of an application from Manitoba Public Insurance Corporation (MPI) for approval of rates and premiums for compulsory vehicle and driver insurance as of March 1, 2017. The hearing would take place at the Board's Hearing Room, 4<sup>th</sup> Floor, 330 Portage Avenue, Winnipeg, MB (commencing at 9:00 a.m.) on October 13, 2016. A Pre-Hearing Conference is to be convened by the Board in its offices at 9:00 a.m. on June 30, 2016.

#### RATE IMPACT:

The Corporation is requesting approval for Basic Autopac vehicle and drivers licence insurance rates and premiums effective March 1, 2017, which, if approved, will result in 2% overall change in MPI's Basic premium revenue (excluding the impact of vehicle upgrades and an increased overall driver and vehicle population). The Corporation is also requesting an Interest Rate Forecast Risk Factor, also effective March 1, 2017, to be developed collaboratively through the General Rate Application process.

Actual vehicle and driver premiums would vary depending on claim and driving experience, insurance use, territory and vehicle rate group. Full particulars, including the rate impact and application, can be found on the Manitoba Public Insurance website www.mpi.mb.ca.

#### PRE-HEARING CONFERENCE:

Those seeking Intervener status should notify the Board of their intention by applying to the Board Secretary before the now scheduled Pre-Hearing Conference of June 30, 2016. Interveners may be entitled to financial assistance, and the Board's Rules of Practice and Procedure (Rules) provide the related guidelines, which can be seen at the Board's website www.pub.gov.mb.ca or obtained on request to the Board, by either emailing (publicutilities@gov.mb.ca), writing or calling the Board Secretary (204-945-2638 or 1-866-854-3698, toll free). Parties wishing to submit a brief or to express comments at the hearing should also contact the Board Secretary.





Wheelchair access is available

#### GENERAL INFORMATION:

Interested parties should take note that the Board does not have jurisdiction over the MPI lines of business denoted as Extension or SRE, or as to MPI's Driver and Vehicle Licensing operation.

Persons seeking further information as to MPI's application, or with respect to the Board's process, and/or wishing to address the public hearing in French should notify the Board Secretary by August 26, 2016. As well, interested parties may examine MPI's application and supporting materials, either at the offices of the Corporation or on its website, or the Board's office.

The Manitoba Ombudsman has recently issued privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

#### CONTACT INFORMATION:

The Public Utilities Board 400 - 330 Portage Avenue Winnipeg, MB R3C 0C4 Website: <u>www.pub.gov.mb.ca</u>

Telephone: 204-945-2638 Toll-Free: 1-866-854-3698 Email: <u>publicutilities@gov.mb.ca</u>

DATED this  $17^{\mbox{\tiny th}}$  day of June, 2016

Jennifer Dubois, CPA, CMA Assistant Associate Secretary The Public Utilities Board



## **Xtreme Sports Medics caring for motocross riders**

#### By Patricia Barrett

Motocross riders competing in events across the province this summer might be feeling a whole lot safer thanks to a non-profit organization composed of paramedics for hire.

Xtreme Sports Medics was founded last October by a Stony Mountain paramedic who recognized the need for additional medical assistance at motocross competitions.

"We have paramedics there to provide the highest quality care," said Robert Paige, who is president of the Stonewall-based company.

Paige said he met with a number of motocross associations such as Manitoba Motocross, Manitoba Dirt Riders and Manitoba Oldtimers to provide medical service at their events.

Paige hired eight paramedics who work for the company part time. Four are highly trained paramedics and four are EMR responders. He also provides workplace experience to volunteers in the process of completing their paramedic training.

Paige and his team have covered motocross events at Grunthal's GMX track, the Zhoda International Raceway south of Steinbach, the McNabb valley MX near Minnedosa and the Sandy Oaks Raceway near Melita.

A few weeks ago, they attended motocross events in Brandon and in St.

TELLOT.



TRIBUNE PHOTO COURTESY OF ROBERT PAIGE A member of the Xtreme Sports Medics safety team was on hand at the Zhoda International Raceway for a Manitoba Motocross event.

Lazarre near the Saskatchewan border. Xtreme is scheduled for 31 races this summer.

The need for paramedics on site can't be underestimated.

In early June, Paige's team attended to 17 injuries at Morden's Shadow Valley MX motocross event.

"Most injuries are insignificant," he said.

But he said he has dealt with some serious medical emergencies, such as spinal cord injuries and mid-femur breaks, which can be life-threatening if they nick an artery.

"One guy lost two litres worth of blood," said Paige, who also works as a ski patrol/medic at provincial ski hills. "You can only lose 1.5 litres. But he's fine now."

At another event, Paige said the STARS medical chopper was required but was tied up with other emergencies.

Motocross tracks are unpaved roads with a combination of hard-packed and sandy surfaces, fast corners, winding sections through bush, table tops and jumps.

"There is emerging evidence that dirt bike-related injuries are on the rise in a number of countries including Canada and can be quite serious in nature," according to the Public Health Agency of Canada's publication titled *Injury in Review*, 2012 Edition: Spotlight on Road and Transport Safety.

Statistics from the Canadian Hospitals Injury Reporting and Prevention Program for 2008/2009 show 70 per cent of dirt bike injuries occur by ejection, 10 per cent by crashes into a fixed structure and 6.5 per cent by vehicle collision.

Fractures were the most common

injuries (41 per cent), followed by soft tissue injuries (17 per cent), lacerations (15 per cent) and closed head injuries (seven per cent) for youth up to the age of 24.

Despite the injuries that can occur on motocross tracks, Paige said downhill skiing is riskier.

"I deal with more incidents on the ski hill than I do at motocross."

S.A.R. Sport and Recreation in Steinbach donated a side-by-side ranger (a quad) to Xtreme, and Paige fitted it out with a bed. The vehicle enables the team to respond to emergencies that occur on tracks with remote sections.

At a track near Oak Lake, the vehicle was instrumental in effecting a quick rescue.

"We had to go four kilometres into the bush to get him out," said Paige. "Without that ranger, we would have had to carry him out by hand."

Arnason Industries Ltd. Construction & Engineering is a sponsor of Xtreme, for which Paige said he's grateful.

The cost to hire Xtreme's paramedics ranges from free to up to \$1,000 per event.

"We don't mind charging them because our paramedics are paid for their time," he said.

Paige will sometimes provide free services to events that can't afford to hire them. That includes events in which parents struggle to pay the entry fee for their kids.

Xtreme provided free services to the Stonewall Children's Centre Toucha-Truck event, for instance, which allows kids to touch, climb and explore construction, emergency and farming vehicles.

"We subsidize other races that can't afford us."

Paige said he's considering offering Xtreme's services to ice racers, particularly motorbike competitions on ice. For more information about Xtreme, visit its Facebook page.





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## Journey of Hope gaining international attention

#### Tracie Léost to be featured in American music video 'Run Sister Run'

#### By Natasha Tersigni

After seeing an article about Tracie Léost's Journey of Hope, a four-day 115-kilometre run to bring awareness for missing and murdered aboriginal women in Canada, director Rachael Cassells knew that she had found the star of her next music video.

"When I read an interview with Tracie, I was really inspired by her strength, will and leadership.

"There was one quote I read online that gave me goosebumps and I thought I would love to challenge myself to capture the essence of what she said somehow visually," said Cassells.

"The quote from Tracie was 'I felt and knew that I wasn't alone. I felt like I had the spirits and hearts of these women linked within mine and, for the first time this entire journey my voice was louder than it ever had been. It was being heard the exact way it needed to be, from coast to coast and throughout the entire country.""

Last week, Léost returned to the marathon route with Cassells, on Highway 6 from Oak Point to Winnipeg to film scenes that will be featured in American singer-songwriter Cass McCombs' music video for his song Run Sister Run." The song highlights the importance of women, respecting women and the lyrics also reference a misogynistic justice system.

"For this video, Cass felt it was important to have a woman take over and direct it and was very open to me doing whatever inspired me after listening to the song," said Cassells, who added that the final music video will feature clips of Léost running interwoven with a female dancer for the video. "After hearing the song, I thought it would be great to cast Tracie as the central character, the hero of the video — playing herself and referencing her Journey of Hope Last year and we discussed via email filming her along the same route as her Journey of Hope."

With the two-day shoot on the run route over, which included stops at Léost's grandparents in Oak Point where she started the run and at The Forks at sunrise where she ended the run, the music video is now in postproduction and it is expected to be released in August by Los Angelesbased music label ANTI Records.

For Léost, who has garnered international attention for her run and continues to advocate for missing and murdered indigenous women and girls, the video is another means for her message to be heard — and hopefully listened to.

"Exactly 10 months ago, I completed my 115-kilometre marathon, and I was amazed and proud that almost a year could pass and the Journey of Hope and my mission to bring awareness to missing and murdered indigenous women and girls is still going strong. Myself and others are still fighting for these women, and to have someone from California reach out and want to share my story for the world was amazing," said Léost, who added she enjoyed the filming process in the video and was excited to get back on her marathon route.

"I loved getting back on the highway, and although it wasn't for 115 kilometres again, it was fun to get in front of the camera and show people what the journey was like and why this awareness is so important. It was a phe-



Léost returned to the Journey of Hope run route last week to film scenes that will be featured in American singer/songwriter Cass Mc-Combs' newest music video "Run Sister Run."



TRIBUNE PHOTOS SUBMITTED

Tracie Léost, pictured right, is continuing to use her Journey of Hope run to advocate for missing and murdered aboriginal women in Canada. Last week, she returned to the route she ran with music video director Rachael Cassells, pictured left, to film scenes for a music video that promotes the importance of respecting women in society.

nomenal experience, to say the least, but I learned to never doubt myself. Ten months ago, it was just me and two bikes on the side of the highway fighting for a cause, and here we are today filming the run for the world to see. People care and that makes me happy."



## Blackleg and clubroot headline first-ever CanolaPALOOZA

#### By Stefanie Lasuik

Manitoba's first-ever Canola-PALOOZA taught farmers everything they need to know about growing healthy crops.

The event, which took place June 21 in Portage la Prairie, had 11 different stations set up to answer any questions canola growers had.

One focus of the event was educating canola farmers about possible harm to their crops. Headlining that focus was blackleg, characterized by off-white lesions that can cause significant yield losses.

This summer's wet, humid conditions have been conducive for the disease, said Paula Halabicki, a service specialist with BSAF who lives in Teulon. Although the opportunity to apply fungicide has passed, canola farmers can still prevent affected soil areas from getting even worse by rotating their crops, she said.

Even those who don't currently have blackleg should be checking for it throughout the season, explained Halabicki.

Pratisara Bajracharya of Manitoba Agriculture is encouraging people to take water samples at the entrance of fields and near water run-offs. Farmers can also perform a visual test by pulling the canola stem up, cutting it at the soil surface and looking for black spores inside the stem.

Even resistant varieties of canola may not be what they claim to be.

"We're not sure if the resistance that is built into those varieties is actually lining up with the strains that we have in our soils," said Halabicki.



Blackleg is characterized by offwhite lesions on the leaves of canola but can also been seen as tiny black sports on the stubble.

Agricultural researchers in Manitoba are going to start labelling what strain the resistant crops are resistant to.

Halabicki and Bajracharya also reminded farmers to keep an eye out for clubroot.

Nearly every field in Edmonton has a level of infection, said Halabicki. She hopes Manitoba farmers will clean equipment between fields and wear covered boots to prevent the infection from becoming a problem in Manitoba.

Farmers can dig up canola and look for galls on canola roots or get their fields tested by the Pest Surveillance Initiative, a project of the Manitoba Canola Growers Association.

Canola growers should also be on the lookout for pests in their crops.



TRIBUNE PHOTOS BY STEFANIE LASUIK

Pratisara Bajracharya, left, and Paula Halabicki answered canola growers' questions about canola diseases while displaying examples of blackleg.

Diamondback moths may be a problem this year, but researchers won't know until later in the season. The moths leave a white membrane or small holes in the leaves. While these holes won't cause a lot of economic damage, the plant can't compensate for feeding on the canola's buds, said John Gavloski of Manitoba Agriculture. He said extreme populations might be worth spraying.

The good news for canola growers is the bertha armyworm population is currently low due to parasitic wasps and flies. Farmers should still keep an eye out for them, said Gavloski. They can be hard to identify because they can be green, brown or black. If growers find them on their crops, Gavloski recommends to look for small holes on their backs under the heads. These holes indicate the presence of the parasitic wasp, which will help naturally keep the bertha armyworm population down.

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## **TV** show shot in Stony Mountain

#### By Stefanie Lasuik

White trailers littered the Stony Mountain Ski Area last week as Universal Cable Productions shot scenes for its upcoming horror anthology series. *Channel Zero: Candle Cove* centres around a man's suspicions that a children's TV show is connected to strange and mysterious events, according to Variety.

*Candle Cove* will be the first six episodes of the *Channel Zero* instalment. Syfy's *Channel Zero* will feature new horror stories nearly every season. *Candle Cove*'s first season will begin airing in October and the second six episodes are set to go

#### in the fall of 2017.

The show stars Paul Schneider as Mike Painter, a child psychologist. Painter goes back to his hometown to find children eerily disappearing. It's a repeat of what happened to his twin brother and four other children when Painter was young, according to Variety.

Schneider is widely known for playing Mark Brendanawicz on the NBC sitcom *Parks and Recreation*.

The show also stars Fiona Shaw, who is noted for playing Harry Potter's aunt, Petunia, in the Harry Potter movies. Shaw plays Marla Painter in *Candle Cove*, according to Variety. Marla becomes surprised when her son, Mike, returns home. She fears reliving the disappearance of her son.

The sheriff, played by Shaun Benson, and the sheriff's deputy, played by Luisa D'Oliveira, will also factor prominently into the show.

Craig William Macneill, an independent filmmaker, is directing the show. Macneill recently completed his first feature film called *The Boy* starring David Morse and Rainn Wilson.

Stonewall's own Brooke Storry worked on the crew as assistant to the director.

Cormier's Berry Patch

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Saskatoon Berry Cobbler INGREDIENTS

• 3 tablespoons all-purpose flour • 5 cups fresh or thawed frozen Saskatoon berries

• 1/3 cup granulated sugar

- lemon
- 1 tablespoon butter

Picnic Area

- **Biscuit Topping:**
- 1 cup all-purpose flour
- 1/3 cup granulated sugar
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 3 tablespoons cold butter cubed
- 1/2 cup milk • 1 teaspoon turbinado sugar
- 1 teaspoon granulated sugar

Stir flour with 1/4 cup cold water; set aside.

In saucepan, combine 2 cups of the Saskatoon berries, the sugar, lemon zest and juice, and 1/4 cup cold water. Bring to boil; reduce heat to medium and cook just until berries start to break down, about 3 minutes. Stir in flour mixture; cook, stirring until thickened, 1 to 2 minutes.

Remove from heat; stir in remaining berries and butter. Scrape into greased 8-inch (2 L) baking dish.

Biscuit Topping: In large bowl, whisk together flour, granulated sugar, baking powder and salt. With pastry blender or 2 knives, cut in butter until in coarse crumbs. With fork, stir in milk until soft ragged dough forms. Drop dough, in 9 equal spoonfuls, evenly spaced, over fruit mixture. Sprinkle with turbinado sugar. Bake in 400°F (200°C) oven until biscuits are browned and no longer doughy underneath, 20 to 25 minutes.



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## Healing teepee to allow people to connect to their inner source Ignite Associates pitches crowd-funded teepee and hosts first event

#### **By Stefanie Lasuik**

On June 24, Tracy and Maurice Thibodeau and friends pitched a 24-foot teepee. The healing tipi, which stands in an open meadow of Saskatoon bushes, wild grasses and flowers, will now be a space for people to heal and connect with nature.

The Thibodeaus got the idea to build a teepee when a friend suggested they build something more natural than the dome they thought about erecting on their land southwest of Teulon. After a successful Kickstarter campaign earlier this year, the couple raised \$5,725, enough to build the structure and flooring.

Now that it's up, the teepee will host sessions and experiences run by the couple through their personal coaching company, Ignite Associates. It will also be open to artists who want to be inspired by nature and individuals looking to unplug from technology. Two days after the tipi went up, Tracy led seven mothers and daughters through a Girls Change the World Workshop. She taught them how to use mindfulness to rid anxiety and raise self-esteem. The mothers and daughters went away with a shared language to navigate the challenges of growing up as a girl.

The teepee's atmosphere suited the first-ever event it hosted.

"It was a perfect space," said Tracy. Tracy let the girls take in the natural sounds of the area as part of their exercises.

"You feel so amazing when you step into it. I don't know what it is about being inside that type of structure, but it's just so serene," said Tracy.

But before the Thibodeaus hosted any events, they had Wanbdi Wakita, chief of the Sioux Valley Dako-



Left on ground. Maurice Thibodeau, Wanbdi Wakita, Ron Suzuki from Winnipeg Beach and Colin Hudon from Warren work together to get the teepee's poles in the ground.

ta Nation, bless the teepee.

"It was just a beautiful experience," said Tracy. The Thibodeaus now look forward to hosting the

inaugural I Am Festival on their 80-acre land on Aug. 20. With their partner, Keith Mcpherson,

the Thibodeaus will welcome festival-goers



**TRIBUNE PHOTOS SUBMITTED** Sherri Scouten and Nicole Thorkelson from the Teulon area admire the teepee after helping the Thibodeaus pitch it.

to a day of yoga, music and inspirational talks. The goal is to allow people to connect to their inner source.

For more information on the events or Ignite Associates' services, visit www.igniter-





## **'Learn to Play' a hit**



TRIBUNE PHOTO BY MONICA BALDWIN

Tim Hortons Learn to Play program was a hit this year in Grosse Isle. Approximately 30 children aged four to six gathered at the local ball diamond twice a week in May and June to learn the basics of baseball. To wind up the season, the Timbits showcased their newly learned talents by playing their parents. The score was unavailable at press time.

## Solstice moon



**TRIBUNE PHOTO BY ANDY BLICQ** Filmmaker Andy Blicq captured a pelican flying across the big orange solstice moon last week while he strolled along Loni Beach in Gimli.

## **Golden donation for cancer**



TRIBUNE PHOTO BY LINDSAY MCRAE

Ten-year-old Maddie McRae from Marquette was thinking of other girls her age battling cancer who may be losing their hair, so she decided to donate hers. "I hope another girl my age can feel happy and not different from everyone else," she said. Last Thursday, McRae had 10 inches of hair cut, which will be donated to Pantene Beautiful Lengths, a campaign that Procter & Gamble Canada and the Canadian Cancer Society partnered together with in 2007. It takes eight to 15 ponytails (minimum of eight inches) to create one real-hair wig, which is why the support from donors is so important. To donate, information can be found at www.cancer.ca.

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pannacotta

#### Makes 6 servings

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Pannacotta is a traditional Italian dessert usually made with heavy cream. This lighter version is sure to impress your guests. Make it a day ahead for best results.

- Ingredients
- 1 cup (250 mL) 2% milk

1/2 cup (125 mL) 1% buttermilk

<sup>1</sup>/<sub>2</sub> cup (125 mL) fresh pomegranate juice

#### **Whole-Wheat Spinach Ricotta Calzones**



Serves 7

For the dough: 11/2 cups warm water (105 F to 110

F)

1 3/4-ounce envelope quick-acting dry yeast

2 cups unbleached white wholewheat flour, plus additional for dusting

2 cups unbleached bread flour 1/4 cup extra-virgin olive oil, divided 11/2 teaspoons salt

11/2 teaspoons Italian herb

- seasoning
- Olive oil spray

For the filling:

1 tablespoon extra-virgin olive oil 18-ounce package crimini (baby

bella) mushrooms, finely chopped

4 cups lightly packed baby spinach, finely chopped

strawberry jam

1 envelope plain gelatin (enough to set 2 cups / 500 mL)

- 3 cups (750 mL) fresh strawberries, sliced
- Fresh pomegranate seeds (optional) Directions
- In a medium bowl, combine milk, buttermilk, juice and jam.

Make gelatin according to package instructions. Whisk into the milk mixture.

Pour into six ramekins and let set in the fridge for at least 3 hours or overnight.

To remove the pannacotta from the ramekins, place the ramekin into very hot water for 1 minute. Run a sharp knife along the inside edge of the ramekin and invert onto the individual serving plate.

Garnish with fresh strawberries and pomegranate seeds (if using).

2 teaspoons minced garlic

1/2 cup soft goat cheese 1 cup whole milk ricotta cheese 1/4 cup grated Parmesan cheese 1/2 cup basil leaves, chopped small 1/4 cup drained sun-dried tomatoes

- in oil, chopped 1 tablespoon flaxseed meal
- 1/4 teaspoon salt

1/4 teaspoon freshly ground black pepper

For serving:

11/3 cups marinara sauce To make the dough:

Pour the water into the bowl of a stand mixer fitted with a dough hook, sprinkle in the yeast, and let it sit for 5 minutes. Add the flours, 3 tablespoons of oil, and salt and seasoning; mix for 10 minutes on medium-low speed until the dough is elastic in consistency. Cover the bowl tightly with plastic wrap and place it in a warm area until the dough doubles in size, about 90 minutes. If you don't have a warm area in your kitchen, heat the oven to 200 F.



#### **Busy Lifestyle Leaves Little Time for Tranquility**

It's amazing to consider the lengths rience that in silence, to just be in that we can go to avoid solitude. We keep our lives so busy, that a few moments of peace and stillness is a rare commodity. I cannot help but think that early civilizations had no need to practice relaxation techniques, or to learn meditation in order to still the mind.

The meditative spirit comes naturally to humans. A more accurate statement would be that the meditative state comes naturally to humans when they are in nature. Walking through the woods, watching the ocean or gazing at the stars tends to make us slip into a reflective state. The sights, sounds, smells and textures draw our attention right into the present moment.

So much of modern life unfolds within our heads, disconnected from the world around us. We think a lot, processing the events of the day, or worrying about the next one. Lost in thoughts, we lose touch with the world around us: the real world.

When we are in nature, there is so much to experience, that our attention is distracted from our inner world. Our attention may be drawn to something right next to our feet or millions of light years away. We realize that we are a small part of a much larger whole, and at the same time, the centre of our universe.

In nature, everything is in its' place. When we put ourselves in nature, we experience that sense of being a part of it all, and there is a harmony in that knowing. It is a harmony that resonates at every level of our being. To expe-

Turn off the oven and wait 5 minutes before placing the dough in the oven to proof.

Once the dough has risen, punch down. Coat a large sheet pan (or 2 medium sheets) with olive oil spray, shape the dough into 7 equal balls, cover, and let rest for 15 minutes. To make the filling:

Heat a large frying pan over medium heat and add oil. When the oil begins to shimmer, add mushrooms and sauté for 3 minutes; add spinach and garlic and cook until water releases and evaporates. Remove pan from heat and stir in the goat cheese. Add ricotta, Parmesan cheese, basil, tomatoes, flaxseed meal, salt, and pepper and stir. Transfer to a container and chill. To assemble a calzone:

Preheat oven to 500 F. Dust the counter, rolling pin, and a dough ball



space without commenting or analyzing it, brings us into intimate contact with our own soul.

Going off into nature means that we are away from the office, the yardwork, and the television. It allows us to experience our "being" rather than our "doing". This is very healing and soothing.

The problem is that like the workaholic who must work even while on vacation, the human mind has a hard time just being quiet. It is possible to be in the most beautiful place in the world, and not really see it. It is also possible to experience paradise in your own backyard.

Truly noticing the leaf buds emerging, or the distant tapping of the woodpecker reminds us of the magnificence of our world. Worrying about the meeting at work, the child's report card, or how our taxes are being spent is manmade "stuff". Sure, it must be dealt with, but it is not the stuff of life. We must keep it in its place.

You will also notice that when you have connected your soul with the natural world, time seems to stand still, or at least slow down. Your day seems longer when your heart is attuned to the rhythms of the cosmos, than it does when your mind is synchronized with the clock. Breathe deeply of this life. It is precious.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

with flour. Flatten the dough into a 5-inch circle, rotating after every few rolls Place 1/3 cup of filling on the front half of the dough, leaving 1/2 inch around the border. Fold the dough over until the edges meet, forming a half-moon. Fold over 1/2 inch. Press the edges with your fingers to seal and score lightly with a fork. Gently, but quickly, transfer the calzone back to the sheet pan. Repeat this process with the remaining dough and filling. Brush the calzones with 1 tablespoon of oil and using the kitchen shears, cut four 1/2-inch slits into the tops of each. Bake on the middle rack until lightly golden on top and bottom, 15 to 18 minutes.

Complement with warm marinara sauce when serving.



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- **Stonewall** Distribution Box will be located at Marketplace Stonewall and Family Foods papers can also be picked up at the Stonewall Tribune Office located at 74 Patterson Drive, Stonewall Industrial Park

Stony Mountain - Distribution Box located at Summit Cafe

**Teulon** – Distribution box will be located in the parking lot of Bigway Foods

Warren - Distribution box will be located at U's Bar & Grill

Woodlands - Distribution box will be located in front of the RM of Woodlands office

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**The Stonewall Teulon Tribune** apologizes for the inconvenience that the postal strike may cause for those looking forward to receiving their newspaper in their mailbox. We will have extra papers in our office in Stonewall as well and always look forward to a visit from our readers.

## Gimli Film Festival seeks volunteers for 16th annual event

#### **By Lindsey Enns**

As organizers gear up for the 16th annual Gimli Film Festival, they are hoping to add a few more willing volunteers to their roster.

Lil Goosen, the festival's volunteer co-ordinator, said they are looking for volunteers to help in the box office, at the venues and during the beach screenings.

They also have some special events they need volunteers for, including a pancake breakfast.

"In the past, we have had about 100 volunteers and they are a super vibrant group of people," Goossen told the *Record* via email. "They are a big part of what makes this festival so special and we couldn't do it without them."

Celebrating 16 years, this year's Gimli Film Festival (GFF) will take place along the lakeshore community of Gimli from July 20 to 24.

Making their debut at this year's festival are several first-time series including a Ukrainian film series which delves into Canada's vibrant Ukrainian heritage entitled "Next Wave Docs" as well as boundary-pushing films that experiment with documentary tradition, in collaboration with Winnipeg Underground Film Festival, an Indigenous series called "Coming Home: Indigenous films from around the world" as well as the "Reel Pride Series," a series of LGBTTQ\* films in collaboration with Reel Pride Film Festival.

This year will mark the opening of the sixth film venue at GFF, a new lineup of stylish clothing and merchandise based on a 2016 GFF design created by talented U.K. children's book illustrator Gillian Johnson. A new executive director, Rick Kemp, is also heading up this year's festival.

"The Gimli Film Festival is fuelled by our sponsors' passion for film, culture and heritage," he said in a release. "Their generous support not only provides a stage for Manitoba's filmmakers to showcase their talents, but a chance for all Manitobans to view otherwise inaccessible works of art."

For more information or to purchase festival passes, visit gimlifilm.com or call 204-642-8846.

## **Recognizing years of service**



**TRIBUNE PHOTO BY JENNIFER MCFEE** On behalf of the Association of Manitoba Municipalities, Rockwood Reeve Jim Campbell presented five-year pins to councillors at the June 22 meeting. From left: Coun. Terry Hartle, Coun. Bill Matheson, Coun. Lyle Willis, Coun. Mark Hidlebaugh and Reeve Jim Campbell.



TRIBUNE FILE PHOTO The Gimli Film Festival is hoping to recruit a few more volunteers for their upcoming 16th annual event on July 20 to 24.

### **worship** with us FAITH Thoughts on Departure

I moved to Stonewall in July of 2007 and joined the fine folk of Stonewall United Church in ministry. It is hard to believe that nine years have passed already. The time went fast and I have met so many great people within and outside of the church circle who are like family, but the time for me to retire has come. So the past weeks I have been saying goodbye to people whom I have come to know and love. Even though I gave notice last fall and having talked about my departure many times, there is still a sense of loss and grief. At the same time, there is



also excitement in looking ahead to the arrival of my replacement, for there is an opportunity to do things differently, which is a good thing.

I have met and joined in ministry with the clergy from the other churches in the area. It was a pleasure to work with the ministers in an ecumenical setting where we were able to put our theological and doctrinal differences aside and share God's presence in the area. I think this is what Jesus taught and lived out in his life. He defined his family as "whoever does the will of my Father in heaven is my brother and sister and mother." He did not define family as only those who worship in one particular manner. So by coming together and sharing our faith with each other by such actions as the Good Friday Cross Walk and Easter Morning Sonrise service, we are being the sisters and brothers of Christ. The past couple of years, the churches have also gotten together to do volunteer work in the community under the banner of "Love Stonewall." This has been great for community building by doing such things as offering free hotdogs, pop and even a car wash to people. This year, in addition to picking up litter, the volunteers also did some work at the Stonewall Cemetery by cleaning up the headstones. It is great seeing the churches working together.

A heartfelt thank you goes out to the *Tribune* for affording the local churches the chance to share thoughts and ideas through this weekly column. I, during my time here, greatly appreciated these opportunities.

Blessings to everyone. Leonard Oracheski Stonewall United Church unitedc@mymts.net

The Stonewall Teulon Tribune Thursday, June 30, 2016 19

COST:

\$5.00

\$7.00

5 Plus



Teulon Senior Resource Drop in Center is available Mondays 1:00pm - 3:00pm, Tuesday Wednesday, Thursday and Friday 9:00 - 12:00, and 1:00- 3:00 closed every 2nd and 4th Thursday mornings of each month, come in and join us for a cup of coffee or tea and a game of any kind, drop in to brush up on your computer skills or get the basic training! Senior Resource Bar B Q will be held Friday July 15th 11:30 - 1:00.

### Find us at 54 Main St, Teulon 204-886-2570

# Spontse - Upside Down

## Thunder Junior girls advance to league final

#### By Brian Bowman

The Interlake Thunder Junior girls' football team is headed to their league final.

Interlake earned a berth into tonight's championship game against the North Winnipeg Nomads after an impressive 33-13 semifinal victory over the St. Vital Mustangs last Thursday in Stonewall.

"We were a little nervous and didn't start as well as I would have liked," admitted Thunder head coach Derek Charison. "But our defence made stops early on that gave our offence a chance to get some momentum going, which was great."

The Thunder's defence was fantastic all game against a much-improved St. Vital team from the previous week (also a Thunder win). The Mustangs kept the game close until midway in the first half but the Thunder eventually wore down their opponent.

"The girls played hard and well again," Charison said.

Interlake will have to be at its best, however, tonight when it battles North Winnipeg at Investors Group Field for the league title. Kickoff is at 6:30 p.m.

The Thunder are very excited to be playing for a championship in a CFL stadium.

"It's going to be fantastic," Charison predicted. "They're all aware of it and it's certainly not lost on them. They know that they have already accomplished something pretty good and they are prepared to give the Nomads a (heck of) a game."

In other Thunder news, the Interlake is still in need of some players for its Atom team (nine- and 10-year-olds). Last week, the Thunder was just shy of the number that they need to field a team and were actively looking for players.

Charison said interested parents can contact him via email at development@interlakethunder.org and he would direct them in the appropriate direction.

"We will take people right up until the first game," Charison said, noting the season will begin in August. "We will always take kids right up until we can."

Meanwhile, the Thunder recently announced the appointment of head coaches to their Cruncher and Atom football teams.

Chad Thoresby has been named head coach of the Cruncher team for the 2016 season.

A graduate of the Thunder Midget program, Thoresby, a Stonewall native, has had a distinguished playing career which includes numerous honours and awards. He was named a two-time Offensive Lineman of the Year, two-time Midget league all star and Interlake Thunder Midget Offensive MOP.

John Montgomery, meanwhile, returns to the Thunder as head coach of the Atom team.

Montgomery brings a wealth of experience — both as a player and coach — to the position. His playing career includes high school, junior, and three years with the University of Saskatchewan Huskies.

His coaching resume includes over four years as an assistant at Peewee, Bantam and Midget age groups. He spent two years with the Thunder Bantam team as special teams coordinator/offensive assistant and head coach of the Interlake Midget team in 2011.

A member of the RCMP, Montgomery resides in Stonewall.



#### **TRIBUNE PHOTOS BY LANA MEIER**

Embla Helgadottir (4) of Stonewall runs with the ball while Elizabeth Monkman (81) of St. Ambroise and Madison Charison (22) of Teulon look on.



The Thunder's Bailey Prystupa of Woodlands brings down a Mustangs' player.



## Warren wins Bantam 'AA' regionals

#### By Brian Bowman

The Warren Wildcats played some outstanding baseball on their most important day of the season.

Warren won the Merv Farmer Bantam "AA" regional championship in Balmoral after a wild 12-10 win over Arborg on Sunday.

"This is a good group of kids and there are a lot of good ball players," said Warren head coach Trevor Procter. "The kids played well and we got some good pitching and some timely hits."

The Wildcats belted four home runs in the finals. Nick Prystupa led Warren with a pair of homers while Owen Tataryn and Devon Cassan also belted dingers.

Warren earned a berth into the finals after a thrilling 3-0 semifinal win over Stonewall earlier Sunday. The Wildcats received a fantastic pitching performance from Cassan and played some stellar defence behind him.

"Our big game was the semifinal game against Stonewall," Procter said. "We knew if we were going to win this (darn) thing, we would have to go through Stonewall eventually."

Cassan recorded the final out on his 95th — and final eligible pitch — in the win.

"We had no pitching after that," Procter admitted. "(Devon) pitched really well, he got a lot of ground ball outs and strikeouts. And the kids played mistake-free, which keeps the pitch count down."

The score was tied at 0-0 when Warren executed a perfect safety squeeze bunt with runners on second and third. The bunt scored both runners as an errant throw brought in a Warren player from second.

"We worked on that for two hours on the Thursday night before (regionals)," Procter noted. "We had a pretty good practice and we worked on a safety squeeze. The right kid came to the plate and it was a perfect situation. We put it on and he laid down a textbook bunt and we ended up scoring two runs on it.

"We knew if we kept it close in that Stonewall game then we would have a chance."

As great as Warren was on Sunday, the Wildcats admittedly did not play their best baseball on Saturday. Warren started the regionals with a tight 9-8 win over Teulon but then was blasted 12-1 by Stonewall.

"We were very disappointed with the way the kids played on Saturday and the kids were also disappointed," Procter said.

That 1-1 record meant that Warren would have to play — and win — three games on Sunday to win the regionals. And they did exactly that,

The Wildcats started play early Sunday morning with a win over Teulon in a four vs. five game.

With the regional championship, Warren now advances to the Bantam "AA" provincials in Altona from July 15-17. The Wildcats will try to get in some exhibition games in the next couple of weeks while practicing hard in preparation for those provincials.

"You have to work on the little things," Procter stressed."There are so many things in baseball to learn that can ultimately cost you, or win you, a game.

Procter is confident that their club will be very competitive at the provincials.

"There's going to be some good ball teams there and I'm not going to go into it saying that we're going to win the whole thing," he said. "But I know (darn) well that we have a good enough team to compete very well with these teams."



TRIBUNE PHOTOS BY LANA MEIER

The Warren Wildcats are the Merv Farmer Bantam 'AA' regional champions after defeating Arborg 12-10 in Balmoral on Sunday. Pictured back row, left to right: Trevor Procter (coach), Bryce Allary, Owen Tataryn, Nick Prystupa, Connor Oleschak, Ryan Peltz, Cory Procter, Hunter Sholdice, Brent Sholdice (assistant coach); front row: Ryan Petricig, Devon Cassan, Lucas Procter and Nicolas Remillard.



Warren's Devon Cassan belted a home run in the championship game's 12-10 victory over Arborg. Cassan gets a low five from coach Trevor Procter as he rounds third base.

## Blue Jays lose to Legionaires in extra innings

#### By Brian Bowman

It was an ol' fashion pitcher's duel at the ballpark Monday evening in Winnipeg.

St. Boniface's Brendan Shearer scored the game-winning run in the bottom of the ninth to lift the Legionaires to a 1-0 extra-innings victory over the Stonewall Blue Jays in Winnipeg Senior Baseball League action.

Al Andre pitched two innings in re-

lief for St. Boniface – giving up four hits – to record the win.

Stonewall outhit St. Boniface 8-7 in the game.

Last Thursday, Stonewall beat up the Junior "B" St. Boniface Saints 30-1. The Blue Jays scored in every inning and blew the game wide open early by scoring eight runs in both the second and third innings.

On June 21, Stonewall was defeated

7-2 by the St. James A's at Fines Field. Kyle Turner and Scott Harris scored Stonewall's runs.

The Blue Jays scored both of their runs in the bottom of the first inning but the A's replied with three in the fourth, two in the fifth, and then two more in the seventh.

St. James outhit Stonewall 13-2 as Adam Kirk had both of the Blue Jays' hits. Stonewall now posts a 4-5 record heading into this week's slate of games. The Blue Jays hosted the A's on Tuesday (no score was available) and then will battle the Elmwood Giants tonight at Koskie Field in Winnipeg.

First pitch is 7:30 p.m.

## **Orioles fly to Mosquito 'AA' championship**

#### By Brian Bowman

Great pitching and stellar defence is usually a good recipe to win a baseball game.

But in the case of the Balmoral Orioles, it resulted in a regional championship.

Balmoral played some outstanding baseball in winning the Merv Farmer "AA" Mosquito regionals last weekend.

The Orioles won the title after shutting out Stonewall 4-0 on Sunday.

"The kids played (well) all weekend," said Orioles' head coach Dave Myers. "The last game came down to good pitching. It was a good game. There was not a lot of offence because the pitching was so good."

Meyers was quick to point out that it was a great team effort by all 12 players on the Balmoral roster in winning the regional title.

To reach the finals, Balmoral blanked Warren 7-0 behind another great defensive performance by the Orioles.

In round-robin play, Balmoral defeated Warren 13-2 in just 3 ½ innings and then beat Arborg 16-7.

In the four games, Balmoral outscored its opponents by a wide 40-9 margin. The Orioles have a great mix of players with speed and others that can hit the long ball and make consistent contact.

"We came up with the right hit at the right time," Meyers said, referring to last weekend. "It was pretty good. I was really happy with the guys. They played very well – it was fun."

The Orioles now advance to the Mosquito "AA" provincials in Boissevain from July 15-17. Balmoral will have to continue to play well to be competitive at the provincial level.

"We'll have to see how they do when they have to play those guys that throw a little harder," Meyers said. "I really don't know what to expect. I've been to these things a lot of times and have coached for a long time, but I really don't know what to expect.

"I can expect, though, that we will see kids that throw quite a bit harder than we saw this past weekend."

Meyers said this year's team is really excited to head to the "AA" provincials next month.

"They wanted to win this year," said the Orioles' head coach. "Last year, we came in second to Stonewall so this year they wanted to win. They've accomplished one of their goals and now they want to see how they can do at (provincials)."



#### **TRIBUNE PHOTO SUBMITTED**

The Balmoral Orioles defeated Stonewall 4-0 in the finals to win the Merv Farmer Memorial Regional 11U banner in Balmoral last Sunday. With the regional championship, Balmoral now advances to the Mosquito "AA" provincials in Boissevain from July 15-17. Pictured, back row, left to right: Dave Meyers, Shari Meyers, Dexter Sigurdson, Jack Trippier, Dylan Holod, Hayden Wheddon, James Fearn, Bryce Meyers, Hayden Faragher, Gavin Holod, Anthony Bauml; front row, Matthew Meyers, Alex Evans and Nathan Willey.

# MHSAA scholarship winners announced

The Manitoba High Schools Athletic Association, with support from Credit Unions of Manitoba, announced the winners of the 2016 Credit Unions of Manitoba High School Scholar Athlete Awards.

These \$1,000 scholarships were awarded to four graduating high school student-athletes who maintained a minimum 85 per cent average and competed in at least two interscholastic sports.

The Manitoba High Schools Athletic munity, volunteer and citizenship acassociation, with support from Credit tivities.

> This year's winners featured Ciara Zarn of Killarney Collegiate, Danielle Hanke of Neepawa Area Collegiate, Lana Mackic of Miles Macdonell Collegiate, and Matthew Klassen of Glenboro School.

> Forty students were nominated this year, including Stonewall Collegiate's Eryn Irene Stewart and Warren Collegiate's Chelsea Rae Witt.

Other criteria included school, com-

### **Mattson traded to Drumheller**

The Brooks Bandits of the Alberta Junior Hockey League have traded the rights to 1999-born forward Leif Mattson, a former Stonewall resident, to the Drumheller Dragons.

The move completes a Nov. 30 trade between the two teams which saw the Bandits acquire 1996-born forward Ty Mappin in exchange for 1997-born forward Rhett Kingston and future considerations.

Mattson, 16, dressed in four regular season games for the Bandits last season, as well as one Western Canada Cup game.

He scored a goal at the Western Canada Cup and registered 25 points (12 goals, 13 assists) in 30 games with the St. Albert Raiders of the Alberta Midget Hockey League.

## **Final days of fun at ESCS**



TRIBUNE PHOTO BY JO-ANNE PROCTER As students at Ecole Stonewall Centennial School were preparing for the end of the school year, local badminton guru and former student Dale Kinley spent the day teaching Grade 5 and 6 students the basic fundamentals of the game on June 21. Students all had a chance to test their abilities in a series of mini games.

## **Orioles working hard in preparation for Bantam qualifier**

#### By Brian Bowman

The Interlake Orioles "AAA" Bantam baseball team has had a couple of challenges already this season.

And none of them have come on the baseball diamond.

A lack of players interested in playing "AAA" baseball this season has been one of those challenges. Just 10 players on the team are from the Interlake while the Orioles have added a couple of players from Carillon.

"We picked up two guys south of (Winnipeg)," said Orioles' coach Ryan Fines last Friday. "They're good kids, hard workers. They were good pickups for us because you can't do this with 10 kids."

Interlake has played a couple of ex-

hibition games and competed at a St. James tournament earlier this month. The Orioles did very well at that tourney, reaching the semifinals but were rained out on the final day of competition.

"It was a heck of a lot of fun at that St. James tournament," Fines said. "We were supposed to be in the semifinals against Pembina Hills but never got to play it because we got washed out."

Interlake, which boasts a young team of 11 first-year players, did not join the Winnipeg Amateur Baseball Association this season because they were scrambling to find enough players.

"We couldn't commit to that WABA league," Fines said."We've been prac-

ticing and went into the St. James tournament and have been doing some exhibition games."

The Orioles have been hard at work preparing for the qualifiers, which will take place in Blumenort from July 22-24. In past years, there have been six teams vying for five spots available to advance to the "AAA" provincials.

Those provincials will take place the following weekend in Altona.

"I think we have a pretty decent team," Fines said. "We have a dedicated group of 2002 kids that works hard and likes their ball and understands the game. And that's a pretty good start, in my opinion."

The Orioles should have a very good chance of advancing to the provin-

cials. The lack of games, however, may hamper the development of the Interlake players somewhat as they won't have a lot of opportunities to face live pitching and compete against elite competition.

Still, getting a lot of practice in this summer could be turned into a positive. "Sure, we're not playing a lot of games and, unfortunately, that was the situation we got put in and it's nobody's fault," Fines said. "There just wasn't enough kids interested to put the work in to do it, so we were scrounging for weeks and weeks.

"And the weather hasn't been that great with rainouts, but we have had a lot of practices — and that's important."





Municipality has been finalized previously and the Council of the Rural Municipality of Rosser wishes to contribute funding to the completion of a road network plan within the Rural Municipality of Rosser CentrePort Area, which was not included in the 2016 Financial Plan.

The Public Hearing will provide an opportunity for Council to provide information on the proposed study for the development of a road network plan within the Rosser CentrePort Area and financing by the Rural Municipality of Rosser Capital Levy serve. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposal is available upon request at the Municipal Office, 0 077 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m. Bey Wells, CMM

Chief Administrative Officer Rural Municipality of Rosser

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#### ANNOUNCEMENT **CARD OF THANKS**

We would like to thank our family, friends and community for their support for the ALS Walk that was held in Winnipeg June 18th. We raised over \$11,600 to support the ALS Society of Manitoba. We are providing HOPE to families and funds for research to someday manage this disease. Thank you to all our family and friends who came to the 5 km walk; we had 40 participants on the LARSON TEAM. Sincerely Brian and Barb Larson

#### ANNOUNCEMENT

**IN MEMORIAM** 



Jeff Balan January 17, 1971 - June 30, 2002 In loving memory of our dear son, brother and uncle We're sending a dove to Heaven, With a parcel on its wings; Be careful when you open it, It's full of beautiful things. Inside are a million kisses. Wrapped up in a million hugs; To say how much we miss you, And to send you all our love. We hold you close within our hearts, And there you will remain; To walk with us throughout our lives,

Until we meet again. -Lovingly remembered and missed Mom and Dad; Gerri, Vern and family; Jodi, Jeev and family; Jay and Andrea and



Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

# ANNOUNCEMENT **IN MEMORIAM**

**Douglas Richard Gibson** November 13, 1979 - June 27, 2011 They say there is a reason, They say that time will heal: But neither time nor reason. Will change the way we feel. For no one knows the heartache. That lies behind our smiles; No one knows how many times. We have broke down and cried. We want to tell you something, So there won't be any doubt; You're so wonderful to think of, But so hard to be without. -Love Mom, Dad, Cynthia and Tucker

#### NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA **RE: RURAL MUNICIPALITY OF ROSSER**

**BY-LAW NO. 3-16** (MUNICIPAL BOARD FILE NO. 16E8-0018)

PUBLIC NOTICE is hereby given, under the provisions of The Municipal Act, S.M. 1996, c.58 and The Municipal Board Act, R.S.M. 1987, c. M240, that The Municipal Board will hold a public hearing for the purpose of hearing any presentations in objections to or in support of the proposed By-Law. The public hearing will take place on Wednesday August 3, 2016 at 10:00 a.m. at the Grosse Isle Recreation Club, 117 E Road 72N, Grosse Isle, Manitoba

The By-law proposes to authorize the construction of a wastewater collection and water distribution system to the existing commercial development in Phase 1 Stage 1A of the Rosser CentrePort area. Estimated cost is \$22,560.070. The Municipality is to receive funding from Manitoba Water Services Board in the amount of \$1,200,000 and \$5,000,000 from the Cartier Regiona Water Cooperative. The bala borrowed by the Municipality. The balance of \$16,360,070 is to be

A copy of the By-law is available for review at the Municipa Office and at The Municipal Board.

In addition, the Board requires that any party who intends to submit as evidence at the hearing any written material or other documents, shall file four (4) copies of that materia with the Board and one (1) copy with the Municipality for public review, at least 10 working days prior to the hearing

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Rural Municipality of Rosser, in Manitoba, this 23rd day of June, 2016

Rose Gibbons, Secretary The Municipal Board 1144-363 Broadway Winnipeg, MB R3C 3N9 204-945-4014

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- Attends LUD meetings, prepares minutes, resolutions, service plan. · Coordinate year end accounting work, including completion of year end working papers and draft financial statements.

#### **Requirements for this position include:**

- Accounting designation is desirable, a combination of other relevant education and experience will be considered.
- Excellent accuracy, numeric, analytical, organizational, and problem solving skills.
- Excellent communication skills, both verbal and written.
- A good understanding of/experience in municipal accounting and reporting practices and standards, and the certificate in Manitoba Municipal Administration would be an asset.

This competition will remain open until a suitable candidate is found. Only those candidates selected for an interview will be contacted.

Please forward resume to:

**RM of Woodlands** Attention: Adam Turner, CMMA **Chief Administrative Officer** PO Box 10, 57 Railway Avenue, Woodlands, Mb. ROC 3HO Fax: 204-383-5169 cao@rmwoodlands.ca

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#### NNOUNCEMENT



David Nagy Life begins at 60! July 2, 1956 the birth of a legend! Happy 60th Birthday to a great husband, father and grandfather -Love always.

Pat, Aimee, Curtis, Michael and Ole Also today – Happy 39th Anniversary Love Pat



Scott Hardman, B.Sc, B. E Congratulations on your graduation from University of Manitoba, Faculty of Education on June 1, 2016 Good Luck at St. James-Assiniboia School Division this fall. May the force be with you as you go forth and teach.

We are so proud of both of you and all you have accomplished.

Kristi Hardman, B.Mus, B.Ed, M.A. Congratulations on receiving your Masters Arts

and Music theory from the University of British Columbia on May 26, 2016 Good Luck with your Doctorial studies at the University of New York this fall. You will make a great professor!

#### -Love Mom and Dad

Mary Grandmont April 8, 1925 - July 6, 2013 In loving memory of our dear mom, grandma and great-grandma who left us three years ago today We honor you for whom you were, And the special things you've done ... That made your life so rewarding. And made you such a special woman. Your memories are ours to cherish. As we fondly remember your ways ... Keeping you safely tucked in our hearts, Is where you'll always stay. The world will never be the same because Of the beautiful difference you've made! -All our love

from your family

#### Irene Martha Hamaberg

(nee Lindley) May 16, 1937 – June 20, 2016

It is with great sadness that we announce our Mom, Grandma, Granny, Baba and Great-Grandma; Irene Hamaberg passed away June 20th with family by her side at Teulon Hospital.

Mom is survived by her four children; Allan (Heather), Barb (Brian), Val (Terry), Kelly (Lisa); her nine Grandchildren: Melissa (Michael), Mathew, Michael (Tammy), Daryl (Krista), Erin (Tynan), Derek, Courtney, Samantha (Justin), Alex (Brianna); and her three Great-Granddaughters: Raeanna, Jocelyn and Madison. Her sister Elaine (Walter) Glowachuk and brother Leonard (Josie) Lindley. Also, her sisters-in-law, many nieces, nephews and cousins. She was predeceased by her husband Bob Hamaberg (June 28, 1992) and parents Bob and Polly Lindley.

Mom was raised on the family farm in Balmoral and attended Balmoral school. Mom briefly moved to Winnipeg and worked at Eatons, but she soon married the love of her life Bob Hamaberg on June 28, 1958. Together they moved to Dad's family farm in the Norris Lake area where they raised their family. Mom and Dad made a great team farming and were always together. Mom's family was her life but she was also very active socially and had many friends. Mom loved her grandchildren and great-granddaughters and enjoyed cheering loudly at their events. Mom was a very active community member who loved volunteering, community dances, and bingo. We love you and will miss you always.

OBITUARY

A celebration of life was held on Tuesday, June 28, 2016 at 2:00 p.m. at the Teulon Rockwood Centennial Centre. Pallbearers will be her grandchildren.

In lieu of flowers, please donate to a charity of your choice.

We would like to thank all the home-care workers, Dr. Loudon, and all of the caring nurses and staff at the Teulon Hunter Memorial Hospital for the compassionate care they gave mom.

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The Stonewall Teulon Tribune Thursday, June 30, 2016



# Congratulations and best wishes for a successful future to all of our 2016 Graduates! INTERLAKE SCHOOL DIVISION







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Graduation is a time to celebrate your achievements, prepare for a future of opportunities and embrace a world of infinite possibilities.

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#### **INWOOD SCHOOL**

## Inwood graduates celebrate their success

### Nine graduates ride off towards their next adventures

#### By Jennifer McFee

After growing up together at their small rural school, nine Inwood graduates have truly made the grade and are now ready to embark on their next adventures.

On Friday, June 24, crowds of wellwishers filled the gym at Inwood School to mark the momentous occasion for the graduating class.

Principal Joanne Mulvena highlighted the memorable qualities of all nine graduates: Tristan Burzuik, Adam Doerksen, Melinda Kemp, Nicole Leininger, Bryce McMahon, Keenan McMahon, Julia Metcalf, Alex Morin and Cindy Wall. She offered words of encouragement for the teens as they transition to the next stage in their journeys.

"Each of you will take your learning with you as you begin the next phase of your life. Go off and see the world as it has many, many experiences to offer. Always remember where you came from and who loved and supported you through your journey as they will continue to be home for you," she said.

"As you go on your way, you can steer yourself any direction you choose. You are the person who will decide where you go. We are confident that whatever you choose to do or wherever life takes you, your education has helped lay the foundation for your growth."

Their ongoing achievements earned applause during the awards presentations. Notably, Julia Metcalf earned

six scholarships while Tristan Burzuik won the Métis Youth Leadership Award, the Lakeshore Proficiency Award and the Governor General's Award.

Burzuik and Metcalf also addressed the crowd as valedictorians, sharing their gratitude for the support of parents, teachers, friends and school staff, including the janitors and secretary.

"Our class has been together for almost all of our lives and we've grown together as a family from kindergarten field trips to high school ski trips, we've even gotten to know each other like siblings," Burzuik said.

"We know it will be hard to adjust to not seeing each other every day, it's time now to go our separate ways and head down our own paths."

Metcalf shared similar sentiments with her long-time classmates.

"After today we are no longer inwood school high school students but Inwood school graduates," she said.

"Together we have completed our journey through high school with many ups and downs. Now we embark on a new road."

Their journey down that new road began in style after the graduation ceremony. The McMahon brothers rode up to the school with two horses pulling a cart large enough to transport their entire class. The group climbed aboard and rode off together towards happy trails and bright futures.



TRIBUNE PHOTOS BY JENNIFER MCFEE

**GRADUATION 2016** 

Valedictorians Julia Metcalf and Tristan Burzuik shared their memories of their school years as well as their hopes for the future.





The Inwood graduating class is all smiles as they prepare to enter the convocation ceremony.



Inwood grads celebrate their success. Back row (left to right): Alex Morin, Keenan McMahon, Bryce McMahon and Tristan Burzuik. Front row: Julia Metcalf, Cindy Wall, Melinda Kemp, Nicole Leininger and Adam Doerksen.



In addition to the Governor General's Award, Tristan Burzuik also earned the Lakeshore Proficiency Award.



Julia Metcalf earned six scholarships.

#### **INWOOD SCHOOL**

**Graduation 2016 3** 

#### **GRADUATION 2016**



Graduates Keenan and Bryce McMahon ride up in style David Kon with graduate Julia to pick up their classmates.



Metcalf.



Doreen Tomchak congratulates graduate Nicole Leininger.













THE

#### **Inwood 2016 Graduate Scholarship & Awards Recipients** Julia Metcalf RM of Armstrong Scholarship ISAC Academic Scholarship Justice Kenneth Hanssen Scholarship Tristan Burzuik Metis Youth Leadership Award Lakeshore Proficiency Award **CLASS OF 2016** Governor General's Award CUPE Local 3206 Scholarship Lakeshore Teachers Association Scholarship Nicole Leininger U of W Entrance Scholarship INTERLAKE SALVAGE & RECYCLING INC. Inwood Women's Institute Scholarship TISR Keenan McMahon Manitoba Rodeo Association Scholarship Alexander Morin Vocational Excellence Award Congratulations! Manitoba Rodeo Association Scholarship Bryce McMahon Stonewall Industrial Park 467-9344 **INTERLAKE TOWING** • Heating • Ventilation leating • venue • Air Conditioning • Pining



#### **ST. LAURENT**

### **GRADUATION 2016** St. Laurent graduates receive diplomas

#### **By Jo-Anne Procter**

"Be brave, believe in yourself, do what feels good, take risks," were wise words spoken by newly graduated valedictorian Adele Bruce during the St. Laurent School graduation ceremony June 24.

"You have just one life. Make yourself proud and don't waste your time chasing someone else's dream," she said, directed at fellow grads.

Principal David Halldorson proudly introduced the 2016 St. Laurent graduating class to cheers and applause from friends and family who filled the pews at the St. Laurent Catholic Church last Friday.

Halldorson gave the excited and nervous 16 grads a short pep talk about savoring the moment before taking the stage.

Prairie Rose School Division (PRSD) trustee Evi Bruce delivered greetings on behalf of the administration. As some graduates will stay close to home and others will move away, she suggested, "wherever you find yourself and whatever challenge you may have, hold true to what shaped yesterday, appreciate what you are today, and be all you can be tomorrow."

With high school diplomas being significant to a graduates' future Superintendant Terry Osiowy told stu-



St. Laurent Valedictorian Adele Bruce congratulated classmates on their graduating success.

dents that this is only the beginning.

"Today is a day of celebration for each graduate. Each of them is to be congratulated for reaching this very important milestone. You are here today because of the help from family, friends and teachers that worked and walked along your side, encouraged you, supported you and definitely believed in you."

To the grads he said, "knowing and building on your strengths, working towards resolving and correcting your weaknesses, and having a full trust in yourself will all contribute to the development of that character that will



David Halldorson Principal presents Chase Delorme with the Governor General's Award.

be required for you to set and meet your goals".

"Use your talents, your energy and your knowledge to make your life a better one. Believe in what you do today and you will make a difference tomorrow".

Prior to handing out diplomas, awards and scholarships, Halldorson presented the school's Hawk Award. Kassidy Allard met the criteria for standing for honesty having a good



Halldorson presents Kassidy Allard with the school's Hawk Award.

attitude, a strong work ethic, showing kindness and sportsmanship throughout her school years.

Chase Delorme was presented the prestigious Governor General's Academic Award.

Halldorson introduced each graduate and listed their future plans and any awards and scholarships they received.

"The diplomas these graduates re-

Continued on page 5



#### **ST. LAURENT**

#### Graduation 2016 5

#### **GRADUATION 2016**

#### Continued from page 4

ceive represent years of hard work, commitment, dedication and achievement and will mark a turning point in the lives of these young people."

In closing Halldorson told the graduates, "Whether you head off to college, university or to the work force, apply what you learned. It is the application that is the true sign of education. But have a blast doing it. Life goes by quickly. Grads, we are proud of you."



On behalf of his fellow graduates, Nicholas Lamb thanks family and friends for their support throughout the years and for attending the ceremony.



Graduates make their way to the stage.





Chase Delorme and his mother Jody shared the spotlight at grad, both receiving their Grade 12 diplomas.



Pictured from left Adele Bruce, Skye McKay, Jayda Coutu and Kassidy Allard talke a few selfies before their graduation ceremony.



Nervous and excited graduates waiting for the ceremony to begin.



Principal David Halldorson presented the Class of 2016.

### St. Laurent Class of 2016 Awards and Scholarships

Kassidy Allard - St. Laurent School Hawk Award, Prairie Rose School Division Board Diligence Award, Top Mark in Arts, RM of St. Laurent Craig and Ernie Sportsmanship Award. Adele Bruce – RM of St. Laurent Honorable Yvon Dumont Award, Father Guy Lavalee Michif Local Award Jody

Jenna Connelly – Perserverance Award, Citizenship Award Jayda Coutu – Entrance to a Trade School Award, Father Guy Lavalee Michif Local Award Chase Delorme, Governor General Award, Prairie Rose School Division Honor Roll, Entrance to a Trades School Award, PRSD Honor Roll Award, Father Guy Lavalee ??? Local Award. Jody Delorme – Top Mark in English Language Arts

Charmaine Johnson – Community Volunteer Award

Xiao Zhang – Top marks in Math and Science, Bursary for Post Secondary Education, Prairie Rose Teacher Award for Education

**GRADUATION 2016** 



#### ÉCOLE COMMUNAUTAIRE AURELE LEMOINE







#### STONEWALL COLLEGIATE INSTITUTE

## **Stonewall grads celebrate their success**

Congratulations to the 105th graduating class of Stonewall Collegiate Institute

#### By Jennifer McFee

As one stage of life draws to a close for Stonewall graduates, the next phase is beginning to unfold with a world of possibilities.

On Saturday, June 25, friends and families gathered at the Veterans Memorial Sports Complex to show their support for the 105<sup>th</sup> graduating class of Stonewall Collegiate Institutes. This year, 106 students earned their high school diploma and are now ready to embark on their next adventures.

Trustee Dave Harcus acknowledged the success of the rows of graduates, who made their mark through divisional initiatives focused on social justice, global awareness and empathy.

"I will not try to impart any words of wisdom on you today because the wisdom is right here in the first eight rows — wisdom, energy, passion and imagination," he said. "Oh, and one last thing — when you face adversity, keep your sense of humour."

A mere 0.46 per cent separated three students with the top overall academic average from all Grade 11 and 12 courses. Brandin Rozsa-Hrabinski came out on top with a combined average of 96.46 per cent, earning him the Governor General's Award.



TRIBUNE PHOTOS BY JENNIFER MCFEE AND LANA MEIER

Students who earned more than an 90 per cent average were acknowledged by receiving Interlake School Division Excellence Medals.

Supt. Christine Penner presented the Interlake School Division General Proficiency Award to Eryn Stewart, whose well-rounded accomplishments focus on music, sports, academics and volunteerism.

Valedictorians Krista Dupras and Riley Allard shared their gratitude for the support of their parents, teachers and classmates.

"As life goes on, we all will go our separate ways," Dupras said. "It's important to realize that we all have endless possibilities and opportunities that are waiting for us in our future." Allard also expressed enthusiasm for the bright future of the graduating class.

"Each of us has the potential to be something great. Some of us want to be doctors, police officers, lawyers or even a rodeo star. Some of us would like to capture life in all its beauty ... study or discover," Allard said.

"No matter what path you choose, we owe it ourselves and those around us to live up to and beyond our potential."

As master of ceremonies, principal Jason Cassils wrapped up the event with words of wisdom for the graduates.

"Never look back. It's your road and yours alone. Others may walk it with you but no one will walk it for you. The only time you should ever look back is just to see how far you've come and be proud of yourself," he said.

"It's time to move on and live in the now.You can't change the past but you can decide what your future will look like and move forward. You didn't come this far just to come this far. Now it's time to jump for joy. It's time to celebrate your accomplishments, especially this one.You deserve it and we're all so proud of you."



Hillary Ransom earned several scholarships.



Valedictorians Riley Allard and Krista Dupras shared sentiments with the crowd.



Brandin Roza-Hrabinski earned the Governor General's Medal for his high academic standing.



Supt. Christine Penner presented the Interlake School Division General Proficiency Award to Eryn Stewart, who also earned a long list of scholarships.

#### **STONEWALL COLLEGIATE INSTITUTE**



#### **GRADUATION 2016**



Graduates enjoyed watching an entertaining video presentation by the valedictorians.



the way into the convocation ceremony.



A student receives a high five on Camryn Miller earned an Ella Mae Emms Johannesen Memorial award as well as a Stonewall Royal Canadian Legion Branch #52 scholarship.



204-467-2014

### **Class of 2016 Awards**

Shawn Crompton Sarah Lyle Sarah Crellin Ashley McMahon Mallory Harvey Keri Everitt **Riley Fraser** Rebecca Wasmuth Ryan Baldes Chelsea Blake Krista Dupras Curtis Beck Alyssa Clark Bobbi-Jo Warkentin Krista Dupras Riley Allard Bethany Jongstra Brooklyn Hollingshead Katrina Tickle Emily Baker Reena Ostertag-Silver Nicole Conan Keri Everitt Jennica Harrison Camryn Miller Elise Diplock Curtis Beck Sarah Lyle Ervn Stewart Sarah Crellin Brandin Rozsa-Hrabinski Hilary Ransom Sarah Lyle Ervn Stewart Sarah Crellin Reena Ostertag-Silver Amy LaFleche Sarah Lyle Brandin Rozsa-Hrabinski Elise Diplock Katrina Tickle Emily Baker Camryn Miller Keri Everitt Hilary Ransom **Riley Fraser** Brandin Rozsa-Hrabinski Hilary Ransom Emily Baker Sarah Lyle Matt Thoresby Clay Allan Tyson Salmon Sarah Crellin Emily Baker Elise Diplock Keri Everitt **Riley Fraser** Sarah Lyle Camryn Miller Reena Ostertag-Silver

Hilary Ransom

Ervn Stewart

Katrina Tickle

Ervn Stewart

Brandin Rozsa-Hrabinski

Merranda H. Abas Memorial Interlake Community Foundation Interlake Community Foundation Lifetouch Canada Inc. Lifetouch Canada Inc. RF/MAX Stony Mountain Stonewall Masonic Lodge Stony Mountain Stonewall Masonic Lodge Stonewall Independent Order Odd Fellows Lodge #49 Stonewall Kinsmen Club Stonewall Kinsmen Club Stonewall Knights of Columbus Stonewall United Church Stonewall United Church Valedictorian Valedictorian William M.A. (Bill) Campbell Memorial Keith A. Cosens Memorial Keith A. Cosens Memorial FPR Stonewall Interlake Assoc. Non Teaching Employees Interlake Teachers Association Interlake Teachers Association James Family Memorial Ella Mae Emms Johannesen Memorial Ella Mae Emms Johannesen Memorial Bryan Lefley Memorial Bryan Lefley Memorial Bryan Lefley Memorial Walter Maladrewich Memorial Ronald & Jessie Matthewson Ronald & Jessie Matthewson Ronald & Jessie Matthewson Ronald & Jessie Matthewson Ronald E. & Jessie M. Matthewson Ronald E. & Jessie M. Matthewson Leslie Sigvaldason Memorial Stonewall & District Chamber of Commerce Stonewall & District Lions Club Stonewall & District Lions Club Stonewall Kinsmen Club Stonewall Royal Cdn Legion Ladies Auxiliary Stonewall Royal Cdn Legion Ladies Auxiliary Stonewall Royal Cdn Legion Branch #52 Sunova Credit Union Stonewall Family Foods Stonewall Family Foods Interlake Thunder Charlie Cooke Leadership Manitoba High School Rodeo Association Manitoba High School Rodeo Association Rockwood Festival of the Arts 90+ Gold Medalists (11)

Brandin Rozsa-Hrabinski Governor General's Medal Interlake School Division General Proficiency Award

#### **STONEWALL COLLEGIATE INSTITUTE**

#### **GRADUATION 2016**



The Stonewall Collegiate Institute band provided musical entertainment

Congratulations Stonewall Collegiate 00



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Shaylynn

Colton







Victoria Arsenault

Katryna

Carvalho







Carsor





















Alyssa



#### Graduation 2016 9

#### STONEWALL COLLEGIATE INSTITUTE



#### **10** Graduation 2016

#### STONEWALL COLLEGIATE INSTITUTE



#### WARREN COLLEGIATE INSTITUTE

## WCI grads venturing onto a new journey

#### **By Austin Grabish**

They came into high school four years ago as strangers but left as lifelong friends Monday afternoon.

Forty-five graduates from Warren Collegiate ventured onto a new, albeit, different journey together at a graduation ceremony at the Sunova Arena in Warren.

Graduates took selfies in the arena's two change rooms before being paraded into the arena one by one.

There was chatter about the length of Monday's ceremony and questions about how long it would be until the Safe Grad -- aka the after party.

The students filled two rows next to the neatly decorated stage inside the arena and waited anxiously for their name to be called.

"Looking at this stage today we have a lot to be proud of," said principal Laura Perrella.

Many walked across the stage to pick up more than just a diploma. Several students were given multiple awards and scholarships from the community.

Anxious parents could often be spotted popping out of the crowd standing to get a photo of their son or daughter once they had made it to the stage.

Jason Peltz and Sarah Holtmann were this year's valedictorians.

The duo reflected back on their 13year journey from kindergarten to Grade 12 and highlighted memories from the past four years.

Both said they wanted to avoid clichés in their joint address to the class. "We didn't want to sound like a feel-

good high school movie," Peltz said. There was talk about the "art" of pro-

crastination -- something Peltz and others knew all too much about.

"Some of us left a year's worth of assignments until the last month of school," he admitted.

Peltz told the packed arena his teachers always reminded his class to be role models for students in younger grades, who were keeping a close eye on their every move. Then he offered his own advice to school staff.

"Teachers for your sake you better hope they didn't watch our every move, or you might have your hands full the next couple years," he said to a room full of laughter.

Both Peltz and Holtmann thanked staff and parents for helping them and their peers grow over the years.

"You guys were the kick in the pants that we didn't always want but needed, and we didn't always appreciate it then, but being here in this arena now we definitely do," Peltz said. Holtmann recalled the first day of Grade 9 and the awkward feelings that came with starting class in a new school with new people.

"We didn't really want to venture outside of our past friend groups but once we did we were glad we had," Holtmann said.

"We all came into high school mostly strangers, but we are leaving as friends and classmates."

Trustee Cindy Brad reminded graduates to cherish their high school diplomas and keep the piece of paper they worked so hard for in a safe place.

"Graduates this is your day. Enjoy and the mom in me is going to say behave."

Congratulations to the Class of 2016.



Mark Hnatuk presented Evan Brad with the WCI Male Athlete of the Year award.



**TRIBUNE PHOTOS BY AUSTIN GRABISH AND JO-ANNE PROCTER** WCI graduates await patiently for the ceremony to begin Monday afternoon.



Sarah Holtmann received the ISD General Proficiency Award, the Governor General's Academic Medal along with Outstanding School Service Award, Highest Academic, and numerous scholarships and bursaries.



Jason Peltz, right, and Sarah Holtmann were this year's valedictorians.

#### **12** Graduation 2016

#### WARREN COLLECIATE INSTITUTE

#### **GRADUATION 2016**

#### WCI Graduation Awards & Bursaries

DAVID AISICOVICH - Interlake Bus Drivers' Association, Interlake Teachers' Association, U of M Centennial Entrance Scholarship BAILEY BALDWIN - U of M Hogg Centennial Entrance Scholarship,William

KFrancis Dutka Memorial School CHANTAL BOONSTRA – Marquette Consumers Co-op, Myra Langrell Memorial Scholarship, U of M Hogg Centennial Entrance Scholarship

EVAN BRAD - U of W Entrance Scholarship,Warren District Lions Club, Warren United Church, Woodlands District Ladies' Group, Woodlands Hall Board

ETHAN BRUNGER - Meadow Lea United Church BRENDON BURNETT - CDC Trades Scholarship Award, Travis Price Hockey Bursary,

Warren Herizon & District Lions Club, Woodlands District Wildlife Association OWEN DARRACH - Ben Elskamp Memorial Scholarship, Michael Lindell Memorial Scholarship, U of M Hogg Centennial Entrance Scholarship JACOB DESENDER - Ben & Marjorie King Memorial Bursary ETHAN FAIRLIE - Manitoba High School Rodeo Scholarship, Warren Collegiate Hockev Bursarv

BREANNA FALLIS - William M. A. Campbell Memorial Scholarship BRADLEY FINDLAY - Stony Mountain - Stonewall Legion#12 MEKAELA FISHER - Woodlands District Wildlife Association SYDNEY HILDEBRANDT - MASRC/NAIG Legacy Scholarship, Meadow Lea Community Hall, Meadow Lea United Church, U of M Hogg Centennial Entrance Scholarship

KYRA HOFFMAN - Interlake Community Foundation

SARAH HOLTMANN - Betsy Elskamp Memorial Scholarship, Canadian Association of Principal Leadership Award, Chown Centennial Entrance Scholarship, U of M Queen Elizabeth II Entrance Scholarship, WCI Student Council Grad Bursary, Winnipeg Foundation Scholars Award,, 2016 Chartered Professional Accountants

ALAURA MCDONALD - James Family Scholarship, Walter Malazdrewich

Memorial Scholarship JASON PELTZ - Interlake Community Foundation, U of W Entrance Scholarship REBECCA SCHOTT - CDC Leadership, Lifetouch, Woodlands Hall Board, Woodlands Ladies' Aux to the Legion, Woodlands Legion #248 Citizen Bursary JULIE SPRAGUE - Ben & Marjorie King Memorial, Grosse Isle Women's Institute

MB Pool Sub-District #802 Memorial School, U of M Guertin Centennial

Entrance Scholarshi CHELSEA WITT - Caisse Groupe Financier, IANTE, RM of Woodlands, U of M Hogg Centennial Entrance Scholarship, Warren District Lions Club, WCI Student Council Grad Bursary, Schulich Leader Nominee (Certificate) RED RIVER EXHIBITION FOUNDATION INC. SCHOLARSHIPS: CHANTAL BOONSTRA 50th Anniversary Family Farm Scholarship SARAH HOLTMANN - Manitoba Farm Women's Conference, Manitoba Women's Institute, Business Industry Scholarship JACOB DESENDER - Marquette Co-op Service Award

Above 90% Average: Sarah Holtmann - 97.71, David Aisicovich - 95.33, Julie Sprague - 90.14, Owen Darrach - 90.00 Governor General was Sarah Holtmann - 97.71

WCI Highest Academic from grade 9 - 12 is Sarah Holtmann at 97.71

Male Athlete - Evan Brad

Outstanding School Service Award - Chelsea Witt and Sarah Holtmann Valedictorians - Sarah Holtmann and Jason Peltz









#### WARREN COLLEGIATE INSTITUTE

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#### **Graduation** 2016 **13**

#### **GRADUATION 2016**

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#### **TEULON COLLEGIATE INSTITUTE**

#### **GRADUATION 2016**

### Teulon grads reflect on the past as they begin new chapter

#### By Lana Meier

Teulon Collegiate staff, friends and family celebrated the successes of 27 students last Friday when they entered the gymnasium as a group for one final time.

The graduate's procession was followed by the singing of O'Canada by Teulon Élementary Kindergarten students, who are the future graduates of 2028.

Students received academic, citizenship, leadership and athletic awards, bursaries and scholarships from staff, community leaders, and elected officials.

Special guests brought words of encouragement and praise for the 24 attending graduates of a job well done and wished them well as they begin a new chapter in their lives.

Principal Paul Magnan took the opportunity to thank TCI staff for their work inside and outside the classroom as well as recognizing their dedication along with several accomplishments.

Shayne Campbell, founder and executive director of the Settlers, Rails and Trails museum in Argyle, was honoured with the Lieutenant Governor's Historical Preservation and Promotion award; Jason Darragh and Heather Tataryn were recognized for their outstanding coaching by the MHSAA after winning four provincial titles; Rod Leduchowski was inducted into the Manitoba Baseball Hall of Fame and Darlene Waldbauer is retiring after 39 years of teaching excellence and was commended for never taking a sick day off during her career.

Magnan reminded the students to not forget their classmates, to stay connected and always give an honest effort no matter what they are doing. He told them not to be afraid of making mistakes.

" Some people say you are not trying if you are not making mistakes. Don't be afraid to make them. Except for Madelaine, who is entering into hairdressing school."

Interlake School Division chair Alan Campbell brought greetings from the board and offered thanks and appreciation to everyone involved in the graduates success and education. He





Superintendent Christine ISD Penner presented Everett Morin with the Governor General's Bronze Medal and the ISD General Proficiency Award.



TRIBUNE PHOTOS BY LANA MEIER

Teulon graduates celebrated and reflected on their past 13 years during their convocation at the Collegiate last Friday.



Jessica Johnston received the TCI Principal's award from Paul Magnan.

congratulated the students on their many years of challenges, opportunities and successes and told them the best is yet to come.

"Graduates your success today and in the future is a direct representation of the immeasurable investment that parents, stepparents, grandparents, aunt and uncles, friends and your fellow citizens have put into your education. We all share in your sense of accomplishment today and we wish you the very best."

Jessica Johnston and Everett Morin



Everett Morin, left, and Ty Griffith were the TCI valedictorians.

were the big winners of the afternoon with both of them receiving multiple bursaries and scholarships.

Johnston received sixteen awards including the Principal's award. She was recognized for her leadership, athletics and outstanding contribution to overall school life.

Magnan described Johnston as an outstanding student with exemplary citizenship and a leader in both her school and community and has shown her dedication and commitment for helping others in many other commu-





Brianne Persoage will be attending the U of M this fall in the Faculty of Agriculture with a future as a veterinarian.

nity groups and organizations. She was involved in sports, coached and mentored students, while also volunteering at the Selkirk Mental Health and Goodwin Lodge. Johnston will be

Continued on page 15





#### **TEULON COLLEGIATE INSTITUTE**

#### **Graduation 2016 15**

#### **GRADUATION 2016**

#### Continued from page 14

attending the University of Manitoba in the faculty of nursing and hopes to later complete a graduate program to become a nurse practitioner.

Everett Morin received the ISD General Proficiency award as well as the Governor General's Bronze Medal along with six other awards.

Morin is a graduating student who has displayed strength and success in many aspects of school life. He is academically strong, has been involved in school sports including volleyball, basketball, badminton, baseball and has proven to be a good citizen both in the school and the community. He managed to be a part of all these school sports while maintaining a Grade 12 average of 93 per cent. Morin also received the highest academic average based on Grade 11 and 12 marks.

Class valedictorians Ty Griffith and Everett Morin thanked the teachers and staff of TCI, along with their parents for encouraging them along the way these past 13 years.

Morin said, "Graduating is a very significant achievement in all of our lives. People before us have the same feeling of pride and accomplishment that we feel today as we cross the stage to get our diploma."

He reminded his fellow grads to look back on the last four years, the good stuff and the bad stuff and to remember that today is not the end but a new beginning.

"High school graduation signifies a new chapter in all our lives. TCI has played a major role in creating us as individuals. We have learned life skills and we have gained the confidence and independence to go out into the world and make a difference. Now it is time to start to look forward to our future. Let's make a difference. Let's be who we were meant to be, let's follow our dreams; let's be positive and enthusiastic people. Let's start to make a difference today," said Morin.

> "LET'S MAKE A DIFFERENCE. LET'S BE WHO WE WERE MEANT TO BE, LET'S FOLLOW OUR DREAMS: LET'S BE POSITIVE AND ENTHUSIASTIC PEOPLE."







Teulon Elementary Kindergarten students, future grads of 2028, sang O'Canada to begin the graduation ceremony.



### **Teulon Collegiate Institute Bursaries and Scholarships 2016**

#### Award Name

James Family Scholarship I.T.A. (Interlake Teacher's Society) Scholarship Brandon University Music Scholarship Dr. Goodwin Memorial Scholarship Royal Canadian Legion Branch # 52 Award Lifetouch Citizenship Scholarship Lorne Ferley Scholarship .S.D General Proficiency Award Hockey MB Buck Matiowski Memorial Award Governor General's Bronze Medal Teulon Chamber of Commerce Scholarship Veselka Dance Award I.A.N.T.E Scholarship Rev. Dr. Rasmussen Memorial Scholarship TCI Alumni Scholarship Hunter-Cummings Scholarship TCI Principal's Award Chris Chartrand Memorial Scholarship Janet Kuchma Leadership Award Town of Teulon Award Teulon Nurses MNU # 79 Scholarship TAAAL Bursarv Canola Growers Association Scholarship Chown Centennial Scholarship

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Interlake Community Foundation Award Doug McDonnell Memorial Bursary Michael Ferley Scholarship University Entrance Scholarships

South Interlake 4-H Area Council Gold Watch Bursaries Jessica Johnston and Amber Dyrda Madeline Green Madeline Green Madeline Green

Everett Morin

Owen Ledochowski, Amber Dyrda, Jessica Johnston William M.A. Campbell Scholarship Owen Ledochowski Interlake Bus Drivers' Association Award Amber Dyrda and Everett Morin

TCI Culture and School Service Awards Jessica Johnston, Madeline Green, Amber Dyrda Reps Leadership Award

Courtney Doroschuk, Amanda Hargreaves, Tyler Kiel, Emma Kirby, Nikole Lenio-Slack, Kristopher Ponee

Honour Roll with distinction, a average over 90 per cent based on all subject in Grade 12

Amber Dyrda, Madelaine Green, Andrew Guilbeault, Jessica Johnston, Owen Leduchowski. Everett Morin







Honour Roll with honours, an average over 80% based on all subjects in Grade 12

#### 16 Graduation 2016

#### **TEULON COLLEGIATE INSTITUTE**



