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Stonewall Teulon Tribune

VOLUME 6 EDITION 26

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JUNE 25, 2015

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Here we come

TRIBUNE PHOTO BY LANA MEIER

Sixty Starting Blocks Day Care preschoolers took part in a graduation ceremony Monday night as they head off to kindergarten this fall. The youngsters recited the days of the week, the months of the year and said goodbye to their buddies. Pictured, Brayden (left) and James lead their class in song.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Global honours for Teulon Collegiate student

By Patricia Barrett

Caring for people and the planet is something that comes naturally to one Teulon Collegiate student, and that got the notice of the Manitoba Council for International Cooperation.

Tianna Philippot, who lives in Stonewall, was one of three Manitoba students who won MPIC's 2015 Global Citizenship Award.

"Since I was young, I've always been interested in helping others," said the Grade 12 student. "When you help others, you can see it making a difference."

She said her interest in the environment started when she was 12. The end of her driveway might serve as a good indicator of just how hard she's working to improve the local environment. Every week, she said her family's blue bins overflow with recyclables she brings home from work.

"I talked to my boss because he'd throw out a lot of waste," said Philippot, who works at the local movie theatre. "I said to him, 'I'm part of an environmental group, and I was wondering if I could take your recyclables home and do the recycling for you?'"

Whenever she spots something that can be recycled, she puts it in the back of her car and brings it home. And she wants to broaden the ambit of her collecting territory by getting other local businesses involved in donating their recycling.

I'm thinking about that right now," said Philippot, who has just been accepted into the biosystems engineering program at the University of Manitoba. "It's just a matter of asking."

In the realm of social welfare, she has volunteered at Winnipeg's Siloam Mission, a charity that provides meals and clothing to those who are poor or homeless. She helped the organization raise toys to give to parents who can't afford to buy them.

She's also a Human Rights Club member, an Environmental Club member and a Helping Hands chairperson, among others. Through school events, she has raised funds to help build a school in Africa and to provide relief to the victims of Japan's 2011 earthquake.

"The way I get people involved is seeing how it changed me," she said. "I am so much happier now that I'm involved in helping others."

At school, she set up a peer-tutoring program called Teen Talk. "I went to one of the counsellors and said I want grades 7 and 8 students to have a mentoring program." She asked students from grades 11 and 12 to participate. They give younger students advice on how to manage stress and teach them time-management skills they can apply to their schoolwork.

She said her initiatives at school came to the attention of her principal, who nominated her for the Global Citizenship Award. She received a certificate and \$250 at MCIC's annual general meeting.

"I felt really privileged," she said, with regard to the dinner she attended. It was an opportunity for her to meet



TRIBUNE PHOTO SUBMITTED

Tianna Philippot (Left) accepts her Global Citizenship award.

other like-minded global citizens from across the country. It was also a bit of an epiphany.

"I can have a future doing what I love to do," said Philippot, who still finds time to swot, judging by her good grades. "I could be where they are and make a difference in the world."

MCIC is made up of a number of organizations, such as UNICEF Canada - Prairie Region, WorldVision Canada, YMCA-YWCA of Winnipeg and Engineers Without Borders, all of which are concerned about poverty and the environment in Canada and abroad.

It funds international development initiatives and recognizes organizations and individuals whose actions benefit their communities and have a positive impact around the world.

"We wanted to put a spotlight on those who are showing initiative in both local and global causes," said MCIC's executive director Janice Hamilton. "Tianna did a lot of work

locally in areas of equity and equality."

There's no indication Philippot wants to take a breather. She said she's interested in organic farming and is saving money for a farm. In the meantime she plans to launch a fundraising campaign called Fresh Air for people in Stonewall with food assistance needs.

"I want fresh produce available for people in need and to help with their health," she said.

The environmentally responsible student also plans to take a trip to the Dominican Republic where she'll help build a school.

"There's a lot of pollution from the resorts," she said. "And there is a lot of garbage on the streets that I'd like to clean up."

Philippot and other winners of the Global Citizenship Award for Manitoba can be found on MCIC's website at mcic.ca.

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Painting the town yellow

By Natasha Tersigni

To the average person, a few strips of yellow paint on the edge of a set of stairs do not have much effect on their daily life. For someone who is visually impaired, that little strip of paint means the ability to travel without worrying for their own personal safety. That is why, with input from the Canadian National Institute for the Blind (CNIB), Teulon's Age Friendly committee has taken to painting the steps of businesses and community facilities in town.

The idea to undertake this project was from Teulon's Age Friendly vice-chair Donna Lajeunesse, who has been visually impaired since she was born. Lajeunesse has sat on various boards for people with disabilities, and the stair-painting initiative was something that was done in Grand Prairie, Alta., when she lived there.

"It is such an advantage for anyone who is visually impaired, so I brought the idea up here and everybody was for it. I am very proud to say this is the most painted steps I have ever seen. I even hear comments from people who are not visually impaired and how it makes their life so much easier to go up and down the stairs," said Lajeunesse, who added the bright yellow paint is so someone can easily identify the stairs and the two lines

are for some to judge the depth and height of the stair.

"In this community, there are so many seniors and you don't realize your eyesight is diminishing through time, which is just a common everyday occurrence for everyone, so the stairs don't just help the visually impaired person, it also helps the sighted. It is a wonderful project."

The project was first started last fall and the committee was able to paint a number of stairs at businesses and churches including Teulon and District Senior Resource Centre, Kozy's Production, Blue Skies Bakeries, New Life Baptist Church and St. Cyprian Anglican Church. This summer they are hoping to get to the businesses they missed last year. Unlike with painted curbs, which the town is responsible for, to paint the stairs of a business or organization requires a letter of permission that first needs to be signed. Age Friendly found that, for the most part, business owners have been supportive of the project.

"We have received thank-you notes and a lot of positive comments from not just the business owners but from Teulon residents as well," said chairperson Josie Lindley, who added that the project can be done at home for anyone who is concerned about their own steps.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Donna Lajeunesse knows firsthand the difficulty a person who is visually impaired has doing simple tasks around town, such as getting in and out of buildings. As vice-chair of Teulon's Age Friendly committee, Lajeunesse introduced the board to the stair-painting initiative that is endorsed by Canadian National Institute for the Blind (CNIB).

If someone has a question regarding painting steps or if they want the stairs of their business or organiza-

tion in town to be painted, email the Teulon Age Friendly committee at agefriendly.teulon@hotmail.com.

Bobby Bend students rock out at school



TRIBUNE PHOTOS BY LANA MEIER

RW Bobby Bend Grade 4 students performed their farewell concert for fellow students, friends, family, parents and teachers last week as they head to Centennial School in September. The students traded in technology and started up a garage band celebrating songs by old time rock n' rollers like Billy Idol and Chuck Berry.

Stonewall prepares for national competition

By Jo-Anne Procter

Residents of Stonewall, it is time to spruce up your yards and come together to put your town on the map. The local Communities In Bloom (CIB) committee is on a quest to gain national recognition in Canada's Communities in Bloom program, which involves hundreds of communities.

Stonewall has been awarded top honours provincially since 2006 and is now taking it to a new level, nationally. Stonewall will compete in the 4,501-9,000 population category against six other communities.

The CIB committee believes that the Town of Stonewall can compete with the rest of the country and will be showcasing their community July 16 to 18.

National judges will tour several attractions in and around Stonewall including the new Wayside Park, Helen Montgomery, Archie Gray and Memorial parks, Ruby Roe Tall Grass Prairie, the Memory Garden, many beautiful streets and private yards, Lloyd Jensen's farm to see his composting project, the new Quarry Ridge Park, which will eventually include 32 acres of natural park land, and, of course, Quarry Park.

Criteria that the judges will be evaluating will be heritage, environmental, landscape, urban for-

estry, floral display and tidiness as well as the overall contributions of municipal council and departments, industry, businesses, the private sector and volunteer efforts.

Town of Stonewall employees, CIB members, the South Interlake Garden Club, REACT, Pastor Andrew Dyck's "Love Stonewall" group, local Brethern, Paul and Ivannia Pelletier and Jaspersen's Greenhouse have been working hard to prepare for the competition.

"The whole point of Communities in Bloom is fostering civic pride with the people that live in the community," Sandra Smith, Town of Stonewall CIB representative, told the *Tribune*.

CIB chairperson Pat Corbin hopes to see more town residents and businesses jump on board to help with finishing touches, such as keeping yards tidy, grass cut, boulevards and sidewalks clear of garbage and weeds.

CIB will be running their annual Yard of the Week recognition in July and August and are in the planning stages of hosting the Communities In Bloom conference and awards banquet in September 2016.

For more information on CIB, please contact Corbin at 204-467-2091 or Marilyn Savage 204-467-5235.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Communities In Bloom chairperson Pat Corbin (right) and town councillor Sandra Smith look forward to showcasing the town in the upcoming Communities in Blooms national competition in July.

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Booking deadline
is Monday at
4 p.m. prior
to Thursday's
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Tribune
Stonewall Teulon
Call 467-5836

A decade of baking for Blue Skies in Teulon

By Natasha Tersigni

Ten years ago, Janet Dydra decided to quit her baking job in Winnipeg and return to her hometown of Teulon to open Blue Skies Pastry Shop. The decision, she said, was life-changing and she hasn't looked back since.

"I couldn't work for the corporate world anymore. It was very money-oriented, and I have always wanted to have my own place. I always dreamed about it and I always said one day," said Dydra who celebrated her 10-year anniversary last Friday.

Dydra's path to baking was an unexpected one. She had gone to Red River College's culinary school and trained as a chef. When she was working in the kitchen at the Fort Garry Hotel, an opportunity came her way that she could not pass up.

"For some reason, I kind of also leaned towards the baking. One job that I was at, the guy that was doing the pastry chef had a fit and walked off the job. I said to my boss, 'Give me a week. If I do a good job, I want to have the position.' That was in 1992 and that was when I got the baking bug," said Dydra.

When Dydra first opened Blue Skies

in 2005, she was not sure what the reception to a bakery in town would be.

"I started off very small in the beginning to see if I could survive in this community, and the community embraced me whole-heartedly. I have awesome customers and I have made a lot of good friendships. I am thankful to be in this community. It is where I was born and raised."

The bakery, which has been at the current location 52 Main St. for eight and half years, has quickly become a staple for residents in town. Along with breads, buns, cookies, muffins, cinnamon buns and scones, Dydra also makes Ukrainian specialty items including cabbage rolls, perogies and borscht. Over the years, the bakery has grown to where Dydra now does specialty orders for catering, including birthday and wedding cakes, as well as going to farmer's markets in the summer.

"I try to do a little bit of everything to try and make everybody happy. Running a business in a small town, you have to do a lot of different things to attract people to come in," said Dydra, who added she is looking forward to another 10 years in Teulon.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Janet Dydra, owner of Blue Skies Pastry Shop in Teulon, celebrated the bakery's 10th anniversary last Friday.

Driving the ball for community projects

By Stefanie Lasuik

Nintey-one golfers teed up at South Interlake Golf and Country Club on June 16 to raise money for the Interlake Community Foundation (ICF) and South West District Palliative Care. The 11th Annual Ralph R. Eichler Charity Golf Tournament brought in an estimated \$7,000 for the two organizations.

Golfers teamed up in a Texas scramble format before enjoying a warm day on the links, which ended with

silent auction prizes over dinner.

The tournament is a major fundraisers for both organizations, who will each receive half of the money raised. South West Palliative Care will use the funds to purchase various pieces of equipment for home care, including air mattresses, sliders and other apparatuses that make palliative patients' last days easier. The Interlake Community Foundation will put their half in the endowment fund, which gives grants back into the community.

11th Annual Ralph Eichler golf tournament increases funds for Interlake

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getheard

EDITORIAL > VIEWPOINTS > LETTERS



Teulon RCMP make drug seizure

Submitted

On June 12, at approximately 12:40 am, Teulon RCMP initiated a traffic stop on an unregistered vehicle in Teulon. The male driver and lone occupant of the vehicle had a disqualified driver's licence. The vehicle was towed and the driver placed in the police vehicle. During a search of the driver, police found 80 grams of marijuana and 3 grams of cocaine among his possessions.

Jason Bocek, 36, of Winnipeg Beach is charged with Possession for the Purpose of Trafficking Mari-

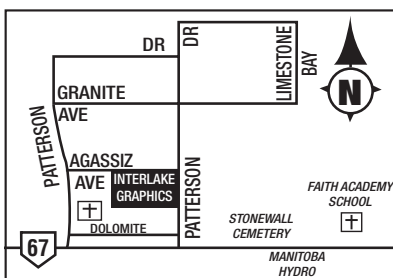
huana and Possession of Cocaine. He has been released and will appear in Teulon Provincial Court on August 10, 2015.

Bocek was also found using someone else's plate on his vehicle and subsequently has been charged with drive without motor vehicle liability insurance, attach unauthorized number plate, display a number plate that does not match the registration card, drive an unregistered vehicle and drive while disqualified.

Those who traffic in illicit drugs destroy lives, homes and communities. The RCMP remains fully committed to enforcing laws against illicit drugs to their fullest extent.

Anyone with information regarding drug trafficking is asked to call their local police agency or RCMP Detachment, or call Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIPMAN" plus your message to CRIMES (274637).

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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Summertime and the fishing's easy

By Arnie Weidl

Welcome folks.

As I wandered about this week visiting our fellow anglers, I sensed the quickening pace of summer. RVs were cruising about, cabins were being opened and families were standing in check-out store lines arms full of swimming toys. I must admit, I've got the bug too. Each day I can't wait to venture out, way out, to find unusual or funny stories from our friends.

I happened to see two guys fishing off the Red River bank in the park area between the Selkirk bridge and the Hydro steam plant the other day and they seemed to be pulling in one fish after another. So, naturally, my car took a right at the first opportunity. Approaching them on a little bank beach, I watched them working their lines having realized they had hit a school of goldeye.

Introductions came easy as Jim Van Aert of Selkirk and his long time buddy Willie Boateng of Winnipeg explained they had just come off a night shift at Paxar and as is their habit, came to fish a bit before going home. Lucky thing they did this morning. As they continued pulling in those little silvery fish, we all agreed that there was nothing tastier than smoked goldeye.

Finally, I said goodbye to these great pals and headed for Lac du Bonnet. There is this great beach, playground and pier right in town and folks from the surrounding area like to use the

pier to fish because it is so comfortable to use. When I got there I saw anglers lounging in chairs in the still warm sunny late morning, their lines in the water, chit-chatting back and forth. I walked down along the pier, the heavy smell of tar rose from the old style preserved deck timbers.

I stopped by one chap introducing myself and he in turn said he was Erick Schmidt from Winnipeg who was vacationing in the Whiteshell. He mentioned that a few days ago a team from Water Stewardship came to Lac du Bonnet and with the help of the high school kids netted and tagged some of the rapidly growing population of sturgeons.

The next day I ran over to Winnipeg Beach to see if anyone was still shoreline bass fishing. Parking my car

short of the sand and looking along the shore I saw two people. I trudged through the sand to them asking how the fishing was going. New angling friends Lorraine and dad Don Moscall from Komarno said they had just got there and hadn't caught anything yet. Lorraine was quite the live-wire. She said she had gotten her father interested in the sport and that he was a welcome and necessary companion because she refused to bait her hooks or touch fish. That's OK Lorraine, you're still one of us.

Later in the day I drove over to one of my favorite fishing spots; the big gravel road curve on Hwy. 229 at the top of North Shoal Lake west of Inwood. There the eye-blinding white gravel road contrasted sharply with the surrounding blue water in the glaring

sun. I parked with all the other cars on the shoulder got out and wandered about passing the time with anglers.

Eventually I pulled out my gear and set up beside grandparents Eugene and Audrey Buors with grandson Jayden from St. Laurent. Jayden was such a great little guy, running around, talking to himself and getting perplexed when he got his hook snagged. A 16" jack took my yellow feathered spinner on my first cast yet I was getting such a kick out of little Jayden, I asked him if he would hold it so I could take a picture of him with it. Audrey proved to be the champ of the day though as she landed two jacks in rapid succession.

So it goes my friends, you get a little fishing in, life is good isn't it? So-long till next time.



TRIBUNE PHOTO BY ARNIE WEIDL
Jayden Buors of St. Laurent with a nice jackfish.



Notice of Public Hearing and Pre-Hearing Conference

Applicant: Manitoba Public Insurance Corporation

HEARING:

The Public Utilities Board (Board) anticipates holding a public hearing of an application from Manitoba Public Insurance Corporation (MPI) for approval of rates and premiums for compulsory vehicle and driver insurance as of March 1, 2016. The hearing would take place at the Board's Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB (commencing at 9:00 a.m.) on October 5, 2015. A Pre-Hearing Conference is to be convened by the Board in its offices at 9:00 a.m. on June 24, 2015.

RATE IMPACT:

The Corporation is requesting approval for Basic Autopac vehicle and drivers licence insurance rates and premiums effective March 1, 2016, which, if approved, will result in no overall change in MPI's Basic premium revenue (excluding the impact of vehicle upgrades and an increased overall driver and vehicle population).

Actual vehicle and driver premiums would vary depending on claim and driving experience, insurance use, territory and vehicle rate group. Full particulars, including the rate impact and application, can be found on the Manitoba Public Insurance website www.mpi.mb.ca.

PRE-HEARING CONFERENCE:

Those seeking Intervener status should notify the Board of their intention by applying to the Board Secretary before the now scheduled Pre-Hearing Conference of June 24, 2015. Interveners may be entitled to financial assistance, and the Board's Rules of Practice and Procedure (Rules) provide the related guidelines, which can be seen at the Board's website www.pub.gov.mb.ca or obtained on request to the Board, by either emailing (publicutilities@gov.mb.ca), writing or calling the Board Secretary (204-945-2638 or 1-866-854-3698, toll free). Parties wishing to submit a brief or to express comments at the hearing should also contact the Board Secretary.

GENERAL INFORMATION:

Interested parties should take note that the Board does not have jurisdiction over the MPI lines of business denoted as Extension or SRE, or as to MPI's Driver and Vehicle Licensing operation.

Persons seeking further information as to MPI's application, or with respect to the Board's process, and/or wishing to address the public hearing in French should notify the Board Secretary by August 28, 2015. As well, interested parties may examine MPI's application and supporting materials, either at the offices of the Corporation or on its website, or the Board's office.

The Manitoba Ombudsman has recently issued privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

CONTACT INFORMATION:

The Public Utilities Board
400 - 330 Portage Avenue
Winnipeg, MB R3C 0C4
Website: www.pub.gov.mb.ca

Telephone: (204) 945-2638
Toll-Free: (866) 854-3698
Email: publicutilities@gov.mb.ca

DATED this 12th day of June, 2015

Darren Christle
Secretary and Executive Director
The Public Utilities Board



Five days notice
required.



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Local fundraiser helps fund pets for vets

By Natasha Tersigni

Helping those who served their country was the theme of last week's Bud, Spud and Steak dinner held at the Royal Canadian Legion #52 in Stonewall. The dinner raised over \$5,000 for the Cvet's Pets non-profit organization started by former Winnipeg Blue Bombers long snapper Chris Cvetkovic. The organization matches military veterans and Canadian first responders diagnosed with post-traumatic stress disorder (PTSD) with highly trained medical-service dogs.

Christie Williams, along with her husband Tim, the Stonewall Legion president, and a group of dedicated volunteers, hosted the dinner as a way to help Cvet's Pets raise additional money for the charity that provides veterans with everything they need for their new service dog including a kennel and dog bed, to collars, leashes and dog dishes.

"We are Bomber fans and we heard about Chris doing the Cvet Pets and we have been supporting them ever since the organization started," said Williams.

Cvetkovic started the organization three years ago after he saw the organizations that provide service dogs for veterans and first responders suffering from Post-Traumatic Stress Disorder (PTSD).

"I met the men and women who served our country and have given up so much for us and you see these grown men and women

that are broken and they are supposed to be the strong, but if you are the strong, nobody asks you if you need help. They have given up so much for us to have our way of life and I thought if I could take the two things I love, animals and veterans, and help them both in one way, I would want to be part of it," said Cvetkovic.

The dogs that the veterans are provided with are trained in behavioral intervention. The dogs can sense when their owner has anxiety or is stressed and they can intervene. There are many daily tasks that can trigger a veterans PTSD, and these dogs intervene and reduce the veterans stress and anxiety levels by forcing the veterans to focus on the dog instead of the trigger.

"For example, veterans that come back from Afghanistan may have a hard time going near garbage cans because that's where IEDs were placed. Some veterans that served in Bosnia have a hard time going on grass because they were taught to stay off the grass because of land mines," said Cvetkovic.

"There are things that we wouldn't even think about, like throwing something in the garbage or walking across the lawn, that will bring them back to a dark place or bring them back to a memory of losing friends."

For more information on Cvet's Pets, go to www.cvetpets.com.



TRIBUNE PHOTO BY NATASHA TERSIGNI

A group of dedicated volunteers held a Bud, Spud and Steak dinner last week at the Royal Canadian Legion in Stonewall that raised over \$5,000 for Cvet's Pets. Pictured, left to right, Shannon Coopman, Tim and Christie Williams, Cvetkovic, Teresa Taplin and Patrick Dolynchuk.

Thomas Sill Foundation to augment community donations

By Stefanie Lasuik

The Interlake Community Foundation (ICF) is asking the region's help in capitalizing on a unique fundraising opportunity. As one of the foundations involved in the current Thomas Sill Challenge, the ICF will receive \$0.50 for every \$1 donated to the organization in the next 18 months.

The Thomas Sill Foundation, founded on the name and fortune of the late

chartered accountant Thomas Sill, has established a legacy in providing grants to communities across Manitoba. Now, the organization is challenging community foundations to raise up to \$50,000, for which they will match donations by a half.

In order to be eligible for this challenge, the donations made must be to the ICF's unrestricted endowment fund. This means that the money

growth can be used for projects across the Interlake rather than specified to a particular town. In the past, this fund has helped upgrade Warren's skateboard park and renovate Teulon's Green Acres Arts centre.

Bob Beck, chairman of the Interlake Community Foundation, said that funds in this endowment are spread around the different communities so that everyone benefits from it. He said

the fund can also aid in projects that do not have sufficient funds designated to their area.

Beck said that there is considerable overlap between Interlake communities, and money in the unrestricted fund can therefore benefit a greater number of people.

"It gives us the flexibility to be able to help something that will be able to benefit more people," Beck explained, noting that projects such as the South Interlake Library and South West Palliative Care branch out to all communities.

The ICF must raise at least \$10,000 for the Thomas Sill Foundation to contribute \$0.50 on the dollar. Donations can be made for the Thomas Sill Challenge by visiting www.interlakefoundation.ca or by contacting any member of the foundation at 204-467-5634.



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Stonewall resident brings flyboarding to the Interlake

Canadian Jetpack Adventures operating at Gimli Beach this summer

By Marney Blunt

It seems like something Marty McFly might have used in *Back to the Future*, but this summer you could find yourself hovering over the water at Gimli Beach with a water jet-fuelled board strapped to your feet.

Canadian Jetpack Adventures is setting up shop for the summer in front of the Lakeview Resort in Gimli. The company will be offering flyboarding and hopes to offer water jetpack by the end of the summer. Flyboarding is the water sport where jets under one's feet propel them up and out of the water. Water jetpack is basically the same thing; however, the jets are attached to a person's back.

After a demonstration last week with Brody Wells of Alberta Flyboard, people in Gimli are pretty excited about it.

"We're going to offer it as a rental business so that people can come and try it out and be with a certified instructor on the Jet Ski to make sure it's safe and regulated," said Riley Patterson, who will be instructing flyboarding this summer.

Patterson, who hails from Stonewall, is teaming up with Wells to rebrand Alberta Flyboard into Canadian Jetpack Adventures. Wells will operate

the business out of Alberta and Patterson will operate the Manitoba side.

"Everyone is interested in it. It gets a lot of attention," added Patterson.

Patterson is big into watersports and kiteboarding, so trying out flyboarding was no question.

"I've seen videos on YouTube in the last couple of years and I did a bit of homework and realized that no one is operating flyboarding here in Manitoba, so I contacted Brody Wells and went from there," said Patterson, who got his flyboard certification from Wells.

"Brody pretty much brought the sport into Canada. The sport itself is pretty much only two years old," noted Patterson. "He kind of started

right from the ground level, and since he is what you would call a master flyboarder, he put on a course and certification course and taught us the business and how to be safe doing it and everything through him."

However, you don't have to be a watersports junkie or an athlete to try out flyboarding.

"It's for anyone. Most people, within the first five to 10 minutes, will be up and flying around. So as long as you have a little bit of balance, you can do

"EVERYONE IS INTERESTED IN IT. IT GETS A LOT OF ATTENTION."



TRIBUNE PHOTOS BY RILEY PATTERSON

Brody Wells of Alberta Flyboard did some tricks for a crowd at Gimli Beach last week. Flyboard rentals and instruction will be offered at Gimli Beach this summer.

the sport," said Patterson, who added that rentals are available to ages 12 and up. Youth between ages 12 and 17 will need a parental consent form.

Starting next weekend, Canadian Jetpack Adventures will be set up in front of the Lakeview Resort every weekend offering rentals and instruction. Patterson says he will also do mobile bookings.

"If there was a bachelorette party or a stag or

birthday party at West Hawk and they wanted us to come out there, I can do mobile bookings as well," said Patterson.

"Everyone should come out and try. It's super fun and safe and really not that hard to do."

For more information, visit albertaflyboard.com.



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Getting to know your neighbours: Teulon's foreign diplomat

By Natasha Tersigni

In the hustle and bustle of daily life, even the simplest task of getting to know your neighbour is often left out of the mix. Throughout the Interlake, there are fascinating people who are living interesting and unique lives. The *Tribune's* new monthly series, "Getting to know your neighbours" will highlight people living in our communities who are living anything but ordinary lives.

In the first of what we hope will be a long series, the *Tribune* sat down with former First Secretary of the Canadian Embassy in Washington, D.C., Jim Plumptre.

With an aptitude for math and science and a goal for higher education, Plumptre graduated from Teulon Collegiate in 1978 and set his sights on the University of Manitoba's engineering program. Not only did Plumptre graduate with honours with a degree in electrical engineering, he was one of five undergraduates chosen from 1,500 applicants across Canada to work in Ottawa for the National Defence Communications Security Establishment (CSE).

CSE works closely with Canada's government departments, including the military, as well as with intelligence communities in the U.S., England, New Zealand and Australia. It is responsible for gathering foreign signals intelligence and protecting the Canadian government's electronic information and communication networks. Plumptre, who began developing systems that would be used to gather foreign intelligence, worked with CSE for 18 years and was fast-tracked into management positions.

With most of his time stationed in Ottawa, he travelled the world; in fact, his first business trip was to the North Pole. He worked his way up and ultimately advised foreign governments on their intelligence programs.

"Often the stuff I worked on had not been done before by anyone, so I had to figure things out on my own. I found my engineering background gave me this ability."

One of the highlights of his time spent with CSE was the four years he worked in Washington, D.C., as First Secretary of the Canadian Embassy. Plumptre worked closely with the United States National Security Agency (NSA), a governmental intelligence organization responsible for global monitoring, collection and processing of information and data for foreign intelligence and counterintelligence purposes.

"My role was to ensure that relationships with Canada and the U.S. were successful, to make sure there was a proper transfer of knowledge, and to see what they were doing from an intelligence perspective and understand if and how it applied to us," said Plumptre.

Although he remains tight-lipped regarding specifics since it is classified information, Plumptre and a small group of Canadians played a crucial role in helping the United States during the Gulf War in Iraq, code named Operation Desert Storm.

"I was there in the early '90s and I can't say what I did with respect to Desert Storm, but (President George H.W.) Bush did thank me for things

"MAKE SURE YOU FIND SOMETHING YOU'RE PASSIONATE ABOUT AND YOU'LL BE SUCCESSFUL."



TRIBUNE PHOTO SUBMITTED

Teulon local Jim Plumptre is the former First Secretary of the Canadian Embassy in Washington, D.C.

my group had done," said Plumptre.

Being a foreign diplomat also allowed Plumptre and his family rare opportunities. First Lady Barbara Bush invited his daughter Nicole to a Christmas party, and Plumptre and his wife, Marina, were granted a special tour of the White House and were invited to the Canadian Ambassador's home.

"We attended and hosted countless social events with foreign diplomats from around the world, many of whom remain our close friends to this day," said Plumptre.

During his years with the federal government, Plumptre developed the international reputation for being able to effectively analyze situations and develop solutions. For the remainder of his career, he was repeatedly recruited to utilize these skills. He held top level senior executive and officer positions in several companies

across Canada in the fields of finance, energy, insurance and health, each with revenues in the billions and staff members in excess of 10,000.

Although Plumptre enjoyed a very successful career, his plan was always to retire early.

"My plan was to divide my life into more or less equal thirds — the first was spent preparing for my career, the second was successfully attaining all of my career aspirations, and the final third will be spent in retirement."

A year ago, Plumptre and his wife returned to Teulon, taking over his childhood home after his parents both passed away shortly after he retired. The Plumptres are enjoying a slower pace of life and looking forward to what retirement has in store.

"My wife and I have been happily married for 35 years and we've moved countless times for my career. We now plan to spend more time together, travel the world and visit our daughter whenever we can," he said.

Their daughter, who graduated with a Juris Doctor degree in law, lives with her husband, Joseph, in the United States.

As for students soon to graduate and enter the workforce, Plumptre offers some advice that has served him well:

"Graduation is not the end of learning. Take calculated risks and you will find the opportunities that others have missed. Fulfill a need, solve a problem and you can change the world. Make sure you find something you're passionate about and you'll be successful."

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Teulon drop-in centre now open for business

By Natasha Tersigni

Amongst the many activities last Friday hosted by the Teulon and District Seniors Resource Council, including a barbecue to cap off Elder Abuse Awareness Week and a pie auction to raise money for the centre's programming, the New Horizon Community Drop-In Centre was unveiled to the public.

Senior resource co-ordinator Barb Mankewich has been hard at work for the past few months updating the resource centre and renovating the back room that will now be used for the drop-in centre. The upgrades were possible with a grant of \$14,191 from the federal government and include three laptop stations, a television and a wide variety of games. The centre will be open Monday to Friday, 8:30 a.m. to 4:30 p.m. for people of all ages.

"There has been a ton of interest on when the centre will be open and when the programming will start. The centre is now open and many of the programs, including the computer information sessions, will start in September," said Mankewich.

"One of the big things we are trying to let everyone know is the centre is for people of all ages. We are encouraging inter-generational use."

The afternoon barbecue raised \$827 from a silver collection and the sale of pies auctioned off by Lakeside MLA Ralph Eichler. The pies that were donated by Teulon's Blue Skies Pastry



Lakeside MLA Ralph Eichler stepped in as pie auctioneer and raised \$256 for the Teulon and District Senior Resource Council.

Shop, brought in \$256 with all of the money being donated to the Teulon and District Senior Resource Council. To cap off the afternoon of festivities, Winnipeg's Harlequin Barber Shop Quartet performed for guests.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

The grand opening of the New Horizons Drop-in Centre was held on Friday. The centre is available for people of all ages to use computers, watch television and play games. Pictured left to right, Sophie Podaima, Barb Mankewich, Islay Jack and Emily Taylor.



The Harlequin Barber Shop Quartet entertained guests.

RM of Woodlands to celebrate 135th birthday

By Stefanie Lasuik

For 135 years, the RM of Woodlands has been a thriving rural community. On June 30 and July 1, the municipality will commemorate this milestone with two days of celebratory activities in Woodlands.

In conjunction with the town's Canada Day celebration, the RM will kick off celebrations with a social at Warren Arena on June 30 from 8 p.m. to 1 a.m. Deputy Reeve Trevor King's band Broke 'N Busted will play for all those in attendance. Tickets can be purchased at \$10 apiece through Lynn at 204-322-5751.

Canada Day on July 1 will start off with a pancake breakfast at the Woodlands hall. An adult plate will be \$5 and kids under eight will be \$3. Following breakfast, inflatable bouncers will be set up for children under 12 from 10 a.m. to 6 p.m. Kids will also get the chance to lead the midday parade on bike. For details or to register a bike or float, contact Lorna at 204-

383-5003.

A horseshoe tournament will test community members' skills at 12:30 p.m. at the Woodlands Hall, followed by live performances by Broke 'N Busted and Country Pride at 3 p.m. and 7:30 p.m. respectively at the Woodlands recreational grounds. The RM is giving citizens the opportunity to dunk community leaders, including Trevor King and Ray Walker. All day, an art display will exhibit some of the municipality's local talent in the Woodlands Hall, and a how-to geocaching session will take place at 1:30 p.m. on the recreation grounds.

A bud, spud, and steak dinner at 5 p.m. at the Woodlands Hall will give citizens an opportunity to recharge before an Archangel firework display at 10:45 p.m. in the town's recreation grounds.

All these activities are meant to celebrate the growth and life of a community that has grown from uncleared and barely populated land into thriving

and diverse communities. From a time in 1887 when 925 residents populated the municipality's lands to today's community of 3,521, the people of the RM have seen and experienced many changes together. Rail stations, post offices, stores, shops, mills, halls, schools, agriculture societies and

other services have been developed thanks to the hard work of the municipality's people.

Now, the RM hopes community members will join them in festivities to celebrate both the municipality of Woodlands and the country of Canada.

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Skaters and riders flock to renovated park in Warren

By Natasha Tersigni

With 12 new concrete features and a freshly installed concrete pad, the Warren District Lion's Club along with youth from Warren Collegiate Institute (WCI) unveiled Warren's newly renovated skate park to the public on Saturday.

The project was spearheaded by WCI Grade 10 students Adam Minaker and Colton Gibson, along with Warren Lions president Murray Scott, beginning in the fall to improve the decaying and unsafe tricks that were at the skate park. With purchases, transportation and installation of the features, along with repairs to existing structures, the project to update the park cost over \$20,000. By fundraising and with monetary donations by community members and organizations, including from the RM of Woodlands and Interlake Community Foundation, the group was able to fund the project.

"One of the reasons for the enhancement of the park is our belief that it is really important to concentrate on the youth in the community. We are really excited and quite happy that the youth in the community have been involved with the Lions in developing this park," said Scott during the opening ceremonies of the park.

"One of the goals was to provide a community recreation facility. As you know, in all small communities there is a need for recreational activities that offer a safe, positive place where kids can play. We believe this skate board park provides that for the youth in this community."

The skate park now offers a wide variety of tricks options for all abilities and a variety of types of riders, including for skateboarders, BMX riders and scooters.

"It is pretty exciting that we got everything put together and figured out," said Gibson, who added that this is one of the only parks in the area for riders to use. On an average night, upwards of a dozen youth would be using it.

"It is nice to see everybody coming out and using it and doing different things."



Eight year-old Talon Hogg shows off a few tricks during the opening of the skate park.

Scott also acknowledged Manitoba Liquor and Lotteries (MLL) that provided a sizeable donation to the park.

"We're very pleased to be able to contribute to the upgrading of the skateboard park here in Warren. Not only do the improvements help dramatically improve the appeal of the park and enhance the community overall, they also increase safety for the skaters," said MLL chief community relations and marketing officer Larry Wandowich.





TRIBUNE PHOTOS BY NATASHA TERSIGNI

Pictured, Grade 10 Warren Collegiate students Colton Gibson (left), Adam Minaker (right) and Warren Lions president Murray Scott attended the unveiling of the newly renovated Warren Skate Park Saturday. Thanks to a combined effort by youth in the community and the Warren District Lion's Club, the skate park was able to undergo a \$20,000 makeover complete with a new concrete pad and 12 new concrete features.



Pictured left, BMX rider Landen Mann is grinding on a box and Skateboarder Garrett Pashe tries out the newly installed quarter pipe on his board.

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Shaping up in Grosse Isle

New outdoor boot camp ready to help local ladies look and feel their best

By Stefanie Lasuik

Twenty-three year-old Amber Knutson is ready to help Interlake residents get in shape and stay in shape. Now running a boot camp every Monday and Wednesday night from 6:30 to 7:40, Knutson's goal goes beyond guiding others in getting that summer beach bod.

"If one engages in regular physical activity, even a simple 30 minutes a day, five days a week, helps prevent against cardiovascular diseases, strokes, metabolic syndrome, Type 2 diabetes, depression, certain types of cancer, arthritis, osteoporosis, falls, and even Alzheimer's," Knutson said, noting her amazement of the preventative effects of basic exercise.

After watching an inspirational and informative video called "Never Leave the Playground," Knutson knew she had to provide locals with an opportunity to get fit.

Her workout sessions target those who range in age from 20 to 50. This age bracket is important to Knutson because of the apparent drop in fitness that occurs after high school.

"We get caught up with school or work, kids, family and just life in gen-

eral that seems to be, in this very moment, more important than fitting in a workout," Knutson said.

"Personally, what I hope to achieve is a great support system, for women in particular, where we can come together and work towards a healthier future."

Knutson's hope is that attendees will carry this active lifestyle into their older years and reap the benefits of regular exercise.

"An added benefit is that their kids will see them being active, striving for health and wellness and then they too will grow to carry on this active lifestyle," Knutson explained.

Knutson aims for fun and completeness in her workouts, incorporating weights, body weight resistance training and cardio.

Classes will be held outside every Monday and Wednesday at Grosse Isle school. The cost of the six-week boot camp is \$50 or \$5 for a drop-in. Knutson hopes to run two boot camp sessions throughout the summer. For more information or to register for Knutson's boot camp, she can be contacted at 204-471-4893.



TRIBUNE PHOTO SUBMITTED

Amber Knutson is running a six-week boot camp in Grosse Isle and is looking for those between 20 to 50 years of age who are interested in getting active.

15th annual Gimli Film Festival seeking volunteers

By Lindsey Enns

The Gimli Film Festival is hoping to add a few more volunteers to their list willing to help out with their 15th annual event.

Organizers behind the popular summer film festival are once again gearing up to transform the lakeshore community of Gimli into a film lover's paradise for five days from July 22 to 26.

Although some volunteers have been signing up, they still need a few more to help make the event a success.

"We need lively volunteers to help make our festival a success," Emily Lair, the 2015 GFF logistics and volunteer co-ordinator said in a release last week. "Our volunteers will be involved at our box office, indoor screenings, free beach screenings and hospitality events."

Lair, who was also a former GFF volunteer, said being involved behind the scenes was a great experience for

"UNTIL YOU'VE SAT
IN THE SAND AND
WATCHED A MOVIE, YOU
HAVEN'T EXPERIENCED
GIMLI OR THE GFF."

her.

"Until you've sat in the sand and watched a movie, you haven't experienced Gimli or the GFF," she added.

This year the GFF has a new box office location at 77B First Avenue in Gimli, which will also double as the volunteer headquarters for the duration of the festival.

Those interested in volunteering can call the festival office at 204-642-8846 or visit gimlifilm.com.

Perks of being a volunteer include



TRIBUNE FILE PHOTO

The Gimli Film Festival is hoping to recruit a few more volunteers for their upcoming 15th annual event from July 22 to 26.

flexible hours, access to films and festival events, a volunteer T-shirt and hospitality.

This year the GFF will be showcasing the best new films from Canada's

and Manitoba's most promising directors, along with a selection of features, documentaries and shorts from around the world.

Students inspired to create change in Africa

By Natasha Tersigni

The Grade 7 class at Stony Mountain School was left inspired to create change after a social studies lesson on the lack of clean water in villages throughout Africa that forces students there to travel miles to obtain dirty drinking water while risking their health and education. Through the non-profit organization The Water Project, the class hopes to raise \$2,000 to go towards building a well in a sub-Saharan African community.

"We were learning about the water in Third World countries and our teacher (John) Loochuk told us about this organization," said Grade 7 Student Aleesha Hart.

"We also watched this video on YouTube where Bill Gates drinks 'poop water.' It is sewage water that goes through a filter and turns it into clean drinking water," added Grade 7 student Shaelynn Spraggs, who said the video showed the need for clean drinking water in other parts of the world and the extent that people will

go to clean it.

The total cost of building a well is \$12,000, but the students settled on \$2,000 since they thought it was a more attainable goal as the end of the school year is close. The class has broken into three groups: the promotions group that is responsible for educating the other classes in the school; the technology group that has set up social media accounts to encourage new donors for the project and track the progress; and the fundraising group that hosts school-based initiatives such as bake sales to raise money.

So far the class has raised \$500, or 25 per cent of their goal. The students are hoping community members will help them reach their goal.

To help encourage the students to continue with the project, their teacher made a deal with them.

"Mr. Loochuk said whatever money we raise, he will double it up to \$1,000. That is pretty awesome that his own money will be going towards this," said Spraggs.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Through The Water Project organization, the Grade 7 class at Stony Mountain School is hoping to raise \$2,000 to go towards building a well in Africa, With support from the community,

For more information on the project or to donate, go to the website thewaterproject.org/community/profile/john-loochuk, Twitter account @waterprojectSM or Instagram account @gr7waterproject.

Learning centre offering tourism training course

By Austin Grabish

A new program at the Selkirk and District Community Learning Centre is giving workers the knowledge they need to be proper tourism ambassadors for the City of Selkirk and surrounding communities.

The centre launched its new tourism ambassador training program by offering the first of four classes on Tuesday.

The program will teach skills around tourism, customer service, hospitality and computers.

The program's manager Karen Keppler said their goal is to give employees the skills they need to be tourism ambassadors so when visitors roll through their workplaces, they can give directions and proper customer service.

"The whole idea is to have a real welcome feel," Keppler said. "The idea is that everyone in Selkirk pulls together as a team and in the Interlake as well."

Gas jockeys, retail employees and high school students are all being encouraged to sign up for the program.

Keppler said a pilot program that wrapped up last year at the Gaynor Family Regional Library showed the need for the program.

She said more tourists are visiting Manitoba due to new attractions like the Canadian Museum for Human Rights, and it's crucial for business that tourists are treated well when they venture outside the perimeter.

"The more tourists that come through, the more money gets left in whatever area they're going through," Keppler said.

The program has four three-hour modules with a cost of \$99 each, but students can pick and choose which classes they want to take or complete the whole program.

A tourism professional will teach the program and students will learn in small classes with a cap of six people, Keppler said.

Program supervisor Jasmine Paluk said it's exciting the course is finally being offered.

"It'll be great to see it actually take off and have people in the classroom," Paluk said.

Selkirk Biz executive director Sheri Skalesky said the course will help businesses enhance the service they give to tourists as well as current customers.

"That will go a long way in providing a great first impression to our community and also inspire those visitors to



TRIBUNE PHOTO BY AUSTIN GRABISH

Karen Keppler (left) and Jasmine Paluk have designed a new tourism ambassador program that they hope will give workers and students the know-how they need to be good ambassadors of Selkirk and the surrounding areas.

share with others their great experience that they have here when they're visiting the area," Skalesky said.

The first class on customer service was taught on Tuesday and the plan is

to offer that and the other three classes once a month.

Anyone interested in registering can contact the learning centre by calling 204-482-2111.

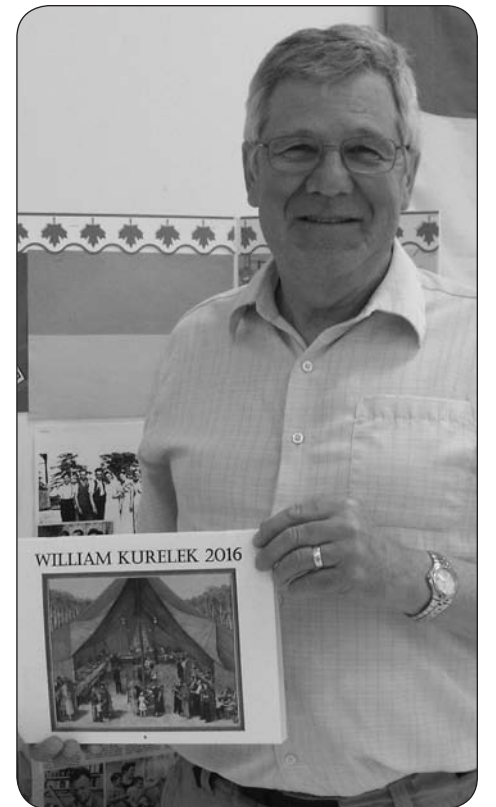
Calendars for Kurelek monument

Staff

Members of the Rockwood Citizens Kurelek Tribute Committee were at the 55Plus Centre in Stonewall last week to educate approximately 70 people about the William Kurelek monument. The monument is being constructed at the Wayside Park and Ride at the corner of Hwy. 67 and 7.

The committee has recently produced a calendar showcasing a number of Kurelek's art. Kurelek is a world reknown, Ukrainian Canadian artist and author who was raised on a dairy farm in Rockwood, less than 5 miles from Stonewall. The 16-month calendar that starts September 2015 to December 2016 is selling for \$15 each and can be purchased at the RM of Rockwood office, Town of Stonewall office, Town of Teulon office and both the Teulon and Stonewall branches of the South Interlake Regional library.

The dedication of the monument will take place Sunday, August 23 at 2 p.m. Following the dedication there will be a Ukrainian Dinner and Entertainment at Quarry Park.



TRIBUNE PHOTOS BY CHERYL CATHERS

Pictured left, Barry and Merle Tomyk showed the painting that will be displayed at the William Kurelek monument at the 55Plus Centre during a presentation recently. Right, Doug Pickle, chairman of the Rockwood Citizens Kurelek Tribute Committee shows off the calendar that is for sale with proceeds being used for the monument.

Hydro Training Station invites in public

Manitoba Hydro's Stonewall Training Centre hosted open house on June 20

By Stefanie Lasuik

As an initiative of June's national electricity month, The Manitoba Hydro Stonewall Training Centre opened its doors to the public on Saturday. Manitoban residents were given the opportunity to peek inside the operations that keep their lights on and their electricity flowing.

Kids and adults alike moved between five different stations operated by Manitoba Hydro employees. First was a mock display showing how an automatic circuit reclose brings power to homes and interrupts it when there is an electrical fault. The next station had sparks flying as demonstrators exhibited the dangers of electrical burns by sending a 347-volt current through a pickle — a representation of the composition of humans.

A UTV for transporting employees to highly inaccessible locations,

an articulating lift for working on non-electric stations, and a skid steer loader for moving material and clearing bush were also on display.

At the fourth station, Senior Lineman Trades Specialist Matt Rueckert shimmied up a hydro pole to show the ins of being a power line technician.

A bucket escape wrapped up the public's tour by exemplifying how power-line technicians escape the lift if their bucket is not able to reach the ground. Attendees were then treated to hotdogs, snacks and drinks.

The Stonewall Training Centre is the hub of Manitoba Hydro's technical training program, seeing over 8,000 training days per year. On Saturday, it trained residents in its own operations and gave them a look behind the curtain of their homes' electricity.



TRIBUNE PHOTO BY STEFANIE LASUIK

Eight-year-old Jonas Cheng receives some assistance hoisting up a mannequin at the bucket escape.

Interlake healthy living champions recognized

Submitted

The Interlake-Eastern Regional Health Authority recognized individuals and organizations that have contributed to making the region a healthier place to live for residents recently.

Health promotion recognition awards recognize groups and/or projects that are contributing to Connecting People and Communities to Excellent Health Services - Today & Tomorrow. Besides recognizing the people who put the program in place, this award recognizes excellence in health promotion. Awards were presented at an evening banquet held in conjunction with the Healthy Living - Power of Prevention conference hosted in May in Gimli by Interlake-Eastern RHA. The RHA's CEO, Ron Van Denakker announced winners. Chairman of the board for Interlake-Eastern RHA, Oral Johnston, presented winners with their awards.

Winners of the 2015 Health Promotion Recognition Awards were:

Elaine Cormier, a community volunteer in the Whitemouth area who works closely with the community wellness and chronic disease team volunteering with cooking classes and exercise classes. Cormier is a Get Better Together facilitator and a trained active living facilitator. She applies her training to engage communities in wellness activities like a weekly exercise group for adults aged 50 and over.

The Interlake Women's Resource Centre was nominated in recognition of the organization's work in the community that is often unrecognized due to concern for client privacy.

Women and their children in the areas of Inwood/Teulon, Arborg, Fisher Branch, Riverton, Gimli and Winnipeg Beach/Matlock who have experienced domestic violence can access services

at the centre. With the centre's support, these women and children get help in planning and implementing ongoing and long-term changes toward personal growth and increased independence.

The Lac du Bonnet food bank serves a significant portion of the region, including the LGD of Pinawa, the RM and town of Lac du Bonnet, Sagkeeng First Nation, Powerview-Pine Falls, Stead, Seven Sisters, Hadashville and Whitemouth. Last year the food bank provided food to 1,247 adults and 1,551 children. Not only are they helping people get enough to eat, they are working with Interlake-eastern RHA dietitians to teach people how to cook healthier meals with the food bank food.

Springfield Connections is a free weekly mental health and wellness group that provides a welcoming and non-judgmental environment where people living with mental health concerns can access social support, information, resources and recovery based programs. Activities include games, crafts, outings, potlucks and workshops for cooking, exercise and nutrition. Judy Dunn accepted the award on behalf of Springfield Connections.

Wendy O'Neill was recognized for her efforts to set up, fund and run a healthy snack program at Brant-Artyle School. The program strives to build a community of kids who make healthy food choices and have energy to run, play and enjoy their day.

Liz Hogue and the Reviving the Past Men's Group bring together men in the Springfield area to help identify and restore artifacts for display at the local museum. The restoration work requires some physical exertion and it becomes an opportunity for social engagement among the men, an audience that is typically difficult to reach with regular wellness programming.

For information on free healthy living classes in a community near you,



TRIBUNE PHOTO SUBMITTED

The Interlake Women's Resource Centre was nominated in recognition of the organization's work in the community that is often unrecognized due to concern for client privacy.

visit www.ierha.ca, click on "Care in Your Community" and "Community Wellness & Chronic Disease Prevention."

The Interlake Municipal Recreation Association also presented their Heart of the Community Recreation Awards in recognition of those who create outstanding recreational opportunities in their communities. Winners were:

Jacques Bertrand — for 16 years, Bertrand has supported St. Laurent youth recreational activities and he has actively promoted culture and heritage and contributed to the development of students' self-confidence.

Tracey Bjornson-Collins — a dance teacher for 34 years, Bjornson-Collins has invested a career in training students and entertaining residents in Riverton, Arborg and beyond with the recitals she organizes, the choreography she develops and the costumes she sews.

Inland Oceans Arts Alliance — (IOAA) works actively to encourage

community members along Highway 6 and those in communities on the shores of Lake Manitoba to share and showcase their talents.

Sharon Letandre — Pinaymootang First Nation — Letandre is committed to maintaining and improving current levels of recreation and also to developing new activities, which help to engage and increase the community's participation in an active lifestyle.

Larry Moore — a founding members of the Winnipeg Beach Community Centre, Moore has been part of recreation in Winnipeg Beach for over 45 years. He has invested countless hours of manpower to help build and maintain the centre.

Judy Nichol — active in recreation in the Arborg area for years. Nichol was instrumental in organizing a local committee to construct a new running track at the high school and enhance the infield area for school and community use for sports like soccer, football, etc.

Woodlands economic developer officer resigns

By Natasha Tersigni

After less than a year in his position, the RM of Woodlands Community Economic Development Officer Alain Beaudry has resigned from his position effective June 19. Beaudry, who started in the RM in October, was chosen for the position due to his experience teaching microeconomics at the University of Winnipeg along with his two degrees, bachelor of Arts in Economics and a master of Arts in

Economics.

Beaudry told the *Tribune* while he enjoyed his time in Woodlands working with the RM and the Community Development Corporation (CDC), he is leaving the position to pursue a degree in medicine at the University of Manitoba.

"I am super sad to leave; this community has been wonderful," said Beaudry. RM of Woodlands Reeve Trevor King said that while council

commended the work that Beaudry did, there is now the opportunity to redefine the economic developer officer position before a new person is hired to better suit both the RM of Woodlands and the CDC.

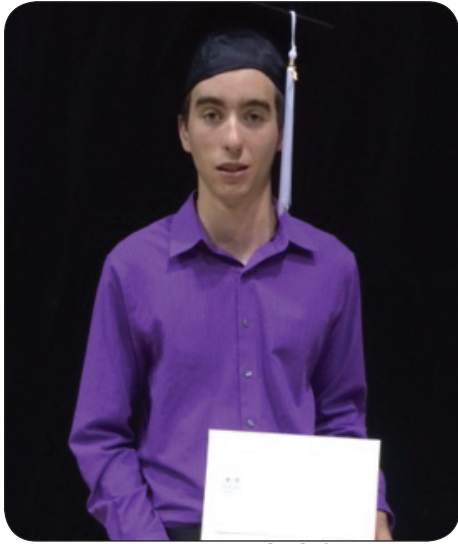
"The intent is to replace him at some point but we are not sure when," said King.

"We are going to address the fact that we need to know what both council and the CDC expect from an eco-

nomic development officer and make sure we hire the right person, not that we didn't with Alain. We thought Alain did a great job as he was certainly valuable for some aspects of the RM. Next time around, we will make sure we move in the right direction."

Adding to the vacant positions on the CDC, chairperson Leslie Reimer and vice-chairperson Karen Tristram have both resigned their volunteer positions on the board of directors.

Top of his class



TRIBUNE PHOTO SUBMITTED

Rudi Hemsley graduated the top of his class in motosport technician from the Manitoba Institute of Trades and Technology and received a \$500 cheque on June 17.

By Stefanie Lasuik

One Balmoral student has found his prowess in the motosport technical trade. Rudolf Hemsley graduated from the Manitoba Institute of Trades and Technology on June 17 with an outstanding achievement award to his name.

Hemsley took home the Mid-Canada Marine and Power Sports Dealers Association Outstanding Achievement award for top academic marks and practical skill in his motosport technician program. Hemsley's instructor, Geoff Ives, said the award is also based on a criteria of employability — a trait Hemsley has already capitalized on, moving straight from his work practicum to a full time job at TAK Enterprises.

Hemsley is lucky enough to excel in the line of work he enjoys.

"I decided to do what I love," Hemsley said in reference to his decision in becoming a motosport technician.

Hemsley's experience with the trade goes back to when he was a kid and helped his father, Ed, in his own shop, TML Technical.

Hemsley's experience, however, did not deter from his work ethic.

"Rudi has an outstanding work ethic. He was never not doing anything," Ives said, noting that Hemsley consistently asked, "what's next?" when there was less to do.

"He is an outstanding young individual and an absolute pleasure to have in the program," Ives said.

Hemsley has achieved his apprenticeship-accredited Level 1 in the marine outdoor power sport technician trade, an accreditation he will use as he moves forward in his career at TAK. He thinks about the possibility of opening up his own shop one day.

A BERRY SWEET DAY

Pick them yourself

Picking your own berries is a great family activity. Filling large containers to the brim is lots of fun, not to mention the necessary sampling of the strawberries, raspberries or blueberries you're picking. It's a good thing U-pick customers aren't weighed before and after their visit to the fields, because it would make all the difference when it came time to pay!

U-PICK REVISITED

Why settle for a quick visit to stock up on berries when you can take advantage of this foray into the countryside to spend a nice, relaxing day in the great outdoors?

Have fun picking berries then take a break to enjoy a delicious picnic including, of course, a dessert composed of the fruits of your labour. Local berry producers usually scat-

ter picnic tables here and there around their properties for the benefit of their customers. Others have swings to entertain young children.

If this country outing includes friends or members of your extended family, ask everyone to make their best berry recipes available to all; it'll give you lots of new ways to enjoy these juicy gifts from Mother Nature.

SOME HAPPINESS TO GO

At the end of your day in the fresh air, don't go home without buying some locally produced products. Strawberry and rhubarb pie, raspberry jam or chocolate-coated blueberries: you're going to have a hard time choosing!



U-pick berries are a great excuse for a family outing in the great outdoors.

Get your baskets ready....

What is red, juicy, sweet and lots of fun to pick? Local strawberries, of course. So what are you waiting for?

When it's harvested at just the right moment, there's nothing tastier than freshly picked fruit. So what does a strawberry that's ready to be picked look like? It should be firm and brightly coloured, so avoid strawberries that are dull or have greenish or whitish flesh near the stem.

And don't pick a strawberry thinking that it will ripen later, at home, because strawberries don't continue ripening after they're picked. Are you ready to eat some? Take your strawberries out of the fridge an hour before eating them in order to enhance their flavour. And remember to wash them before hulling them to prevent water from seeping into the fruit and diluting the taste.



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Funds for the underdogs

Staff

All proceeds from the 10th Annual Sunova Golf Classic are being donated to Manitoba Underdogs, a local dog rescue that serves our communities. The funds will be used to purchase a van for transporting and rescuing dogs, allowing them to help even more animals in need. The golf tournament was held at the South Interlake Golf and Country Club June 12 with over 100 golfers par-teeing through time.



Gallagher, Sunova's Director of Greeters was on hand to welcome golfers to the 10th annual golf tournament.



Sunova's Rae-Anne Eardley-Lychak (right) and Dawn Bourque had a disco dance-off with the golfers.

TRIBUNE PHOTO BY JO-ANNE PROCTER

ADMISSION IS FREE.



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Saturday, July 4th

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CANADA DAY *Celebrations*



This year, Canada Day falls on Wednesday, July 1. This is an occasion to meet up with the people in your family and in your town and celebrate what it is that makes us uniquely Canadian.

There are plenty of ways you can join in, whether you're alone or with your family.

See inside for all of the local community activities!



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CANADA DAY COMMUNITY CELEBRATIONS

2015

Stony Mountain

Annual Family Festival & Canada Day Celebrations!

(Activities at outdoor rink unless noted otherwise)

June 30th Family Festival

5 pm Dinner, Beer gardens & music
Family fun throughout the night such as Mini Cartown, Pony rides, Inflatables, Bingo (7 pm at Curling Club), Kids games, Hole in One, Tug of war 9 pm

10 pm Fireworks

Music and beer gardens until 1 AM

July 1st Canada Day

9 am-11 am Pancake breakfast (United Church)

11:30 am Parade line up (Community Centre)

12 pm Parade

Free lunch - following parade
Community Water Gun Fight
-following lunch

**All times are approximate*

Stonewall

Canada Day Activities Wednesday July 1 at Quarry Park

At the Heritage Arts Centre:

11 am - 5 pm

- * Annual Trivia Contest
- * Children's games & crafts

9 pm- 11 pm

Cake & refreshments

11 pm Huge Fireworks Display celebrating Canada Day & the Park's 30th Anniversary

At Kinsmen Lake:

(weather permitting, regular admission fees in effect)

Open 11 am - 7 pm

- * Sand Castle Building Contest
- * Big Splash Contest
- * Scavenger Hunt

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135th/Canada Day Social

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Tues. June 30th

@ 8 pm Warren Arena

Contact Lynn @ 204-322-5751 for
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Ticket are \$10

Doors open 8 pm - 1 am

Archangel Fireworks 10:45 pm Woodlands Rec Grounds

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Pancake Breakfast

July 1st, 9 - 11 am

\$5 - Adults, Pancakes,
3 sausages, coffee/juice

\$3 - Kids 8 & under
Pancakes, 2 sausages, juice

@ **Woodlands Hall**



Bud, Spud & Steak Dinner

July 1st, 5 - 8 pm

Adults \$15 (steak, potato, salad, beer/wine)

Kids \$7 (hot dog, potato, salad, pop/juice)

@ **Woodlands Hall**

Call 204-322-5537 for tickets.

Limited tickets available on July 1st.

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July 1st

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All day in Woodlands Hall

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@ **Woodlands Rec Grounds**
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10 am - 6 pm (Kids under 12 only)

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Parade

Enter your floats soon!

Kids and parents, decorate your bikes
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Bikers meet at 11:30 at the Museum,
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Parade starts at 12 pm.

Parade route is Railway to Argyle.

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Games starting at 1 pm
Face Painting starting at 10 am

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July 1st

Broke'n Busted

3 pm

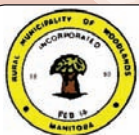
Country Pride

7:30 pm

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Centennial celebration for Polson's Ukrainian descendants

By Patricia Barrett

It didn't matter that they found the Polson soil riddled with stones once they cleared the trees from the land. They settled in and made life good for their Canadian-born children.

And 100 years later, the descendants of Ukrainian settlers John Chrapchynski and Maria Oleksiw gathered in the small community to honour them.

"They worked their fingers to the bone," said Edward Chrapchynski, who is John and Maria's grandson. He acted as host for the 100-plus family gathering at the Polson Community Club two weeks ago.

In 1915 his grandparents bought 160 acres of land from the Canadian government for \$10. The government needed immigrant labour to clear heavily forested land and lay down farms in the Interlake.

"They wanted this country developed," said Edward, who grew up on the homestead about five kilometres from the club.

But rather than offer financial assistance or farm equipment to Canada's new cultivators, the government kept tabs on them, said Edward. They didn't want settlers "loafing around." The sight of an inspector trotting up the lane once a year was part of the homestead experience. If John and Maria hadn't built a house and cleared trees from at least five acres of land in their first year, they would have lost their new home.

They made that quota and later, with the help of their eight children, created more arable land. The excess wood kept Winnipeggers warm in winter.

"My dad [Nicholas] hauled it by horse and sleigh 10 miles to Komarno," said Edward, who now lives in St. Andrews. "He got \$1.50 a cord." The train from Komarno (the reputed mosquito capital of Canada) carried it to the city.

Edward's dad bought the farm in 1945, and John moved to a home nearby. But John visited the homestead two to three times a week. Edward said he would steal away to be with his grandfather, leaving his dad to work the fields or tend to the cattle.

"We just walked around the farm," said Edward, who was eight when his grandfather died in 1958.

As scores of descendants crowded the club's foyer to examine the photographic homage to John and Maria's defining moments in Polson — and others inside the hall eyed the banquet table piled high with coleslaw, cucumber salad, sausages and enough dainties to stock a bakery — Edward took to the stage to give thanks to his grandparents.

"What were they thinking about



Victoria Fedorowich (nee Chrapchynski), the last surviving child of original settlers John and Maria.

coming here?" he said. "When I drove out here, I was thinking, 'What were they doing on June 14, 1915? Were they having a party or chopping a tree?'"

He told them he still comes out to Polson to pick mushrooms. "Everything still looks the same. I know where the barn was and the milk house."

And he remembers the dirt road to Komarno that became a mudbath whenever it rained.

"I dropped my bike at the side of the road and walked the rest of the way," laughed Edward. He retrieved it a few days later when the road dried.

Victoria Fedorowich, Edward's 93-year-old aunt and only surviving child of John and Maria, remembers the long walk to school in winter and how her parents would sometimes take her and her siblings by horse and sleigh if the weather got too bad.

"I can't talk about the memories anymore," said Victoria, who worked at the Paulin-Chambers Biscuit Company in Winnipeg for 25 years and still lives in the city, "because all my brothers and sisters are gone."

She and her nephews took turns at the microphone, thanking John and Maria for making a good home for them, one they might not have had in Galicia (eastern Europe), which was experiencing economic and political upheaval.

"We should give thanks to the souls of the departed who came here to this land," said Victoria, who is the youngest of John and Maria's children.

Edward noted his grandparents' perseverance in an area not exactly conducive to easy living. "The land was swampy and there were a million mosquitoes," he said.

Conditions haven't changed much. There's a bit of a hag in the field be-



TRIBUNE PHOTOS BY PATRICIA BARRETT
Alex (left) and Edward Chrapchynski in front of Polson Church.

side the community club. Mosquitoes buzz around, kept partially at bay by smoke from the barbecue on the patio.

Some family members wandered over to Exaltation of the Holy Cross, a dazzling white clap-board church next to the club, where a celebration is held once a year in autumn. The community blesses the graves and hosts a dinner. "This celebration is called Praznik. In the English language, Feast," said Edward's wife, Vivian.

Others walked a little farther down the gravel road to the Polson Cemetery where John and Maria and Edward's parents are buried.

Edward's elder brother sought the shade of a tree. "This brings back memories," said 78-year-old Alex Chrapchynski, who was 14 when he left the homestead for Winnipeg to find work. "You meet all the relatives. There's a younger group and a younger group, and you have to figure it out."

After working a number of different jobs, including one in a Point Douglas (Winnipeg) paper mill, Alex bought a farm in Teulon and raised cattle for auction. He now lives in Selkirk.

Angela Birt, John's great-granddaughter, researched the family tree, combing through homestead reports, cemetery transcripts and passenger lists.

"They got the scrub and the bush because the good land was taken in southern Manitoba," said Angela. "But they got the wood and made money off the land."

When John applied for naturalization in 1920, an RCMP officer was sent from the Hodgson detachment to "interview" him. "What was his attitude towards Bolsheviks? they asked," said Angela, who works for Agriculture Canada.

The historical record may be imperfect as far as revealing the minutiae of John and Maria's daily life, but their descendants hold in collective memory moments of joy punctuated by moments of sorrow.

Maria died at the age of 43 after falling from a chair and striking her head on the wood stove. Her daughter Victoria was six. Decades later, a fire razed the farmhouse.

That spelt the end of The Chrapchynski homestead, said Edward. His father sold the land to a neighbour.

The homestead is a grassy expanse now but alive with the sounds of new settlers — cattle. And every time Edward comes to Polson to pick mushrooms or cut the grass in the cemetery, he said memories of what his life was like when he was a little boy spring to life.



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PREP

Cleaning gets rid of marks from everyday wear and tear that can prevent paint from adhering and/or bleed right through to the fresh coat of paint. Caution though – don't clean with your standard household cleaners! The residue they leave can easily cause paint failure. Clean with Natura Safe Prep, an unique product that requires no gloves, no rinsing, and is environmentally safe, unlike other TSP or TSP substitutes available. Here's a time saver: Clean using an abrasive sponge. This allows you to clean and dull in one simple step.

PATCH

Now that your walls are clean, dry and dull, patch nail holes, nail pops or any other blemishes with homes wall repair compound. Sand patches with 80 grit sandpaper, this will replicate the texture of the drywall. Very important is to prime patched areas as it gives a even professional paint finish rather than a polka dot effect. Paint will appear a different colour on the patched surfaces due to porosity difference.

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Protecting Interlake's precious peatlands

By Natasha Tersigni

With the proclamation of the Peatlands Stewardship Act (PSA) last week by the Manitoba government and the increasing interest private peat harvesting companies have in Manitoba's peatlands, the provincial government has asked the Manitoba Habitat Heritage Corporation (MHHC) to step in and find out just how much of this valuable peatland resource is in Manitoba. The MHHC is a non-profit Crown Corporation made up of public and private organizations and individual landowners that work to conserve, restore and enhance fish and wildlife habitat in Manitoba. This mapping project will work to protect Manitoba's peatlands by first finding out what exact lands in Manitoba need to be protected.

For many years, private mining companies have been taking advantage of the Crown lands in the Interlake, mining it for peat moss that is used in gardening products such as mixed soil and then exporting it to the U.S. and Mexico for major profits.

"The province has been giving out permits for mining companies to mine peat for a long time now, and we have decided it would probably be a good idea to get a handle on how much peat is actually out there before we keep giving it all away," said Scott Beaton, a habitat conservation specialist.

"The idea is to get an inventory on how much is out there before we run out. They figure it takes 10,000 years for it to grow it back, so we don't want

to run right out."

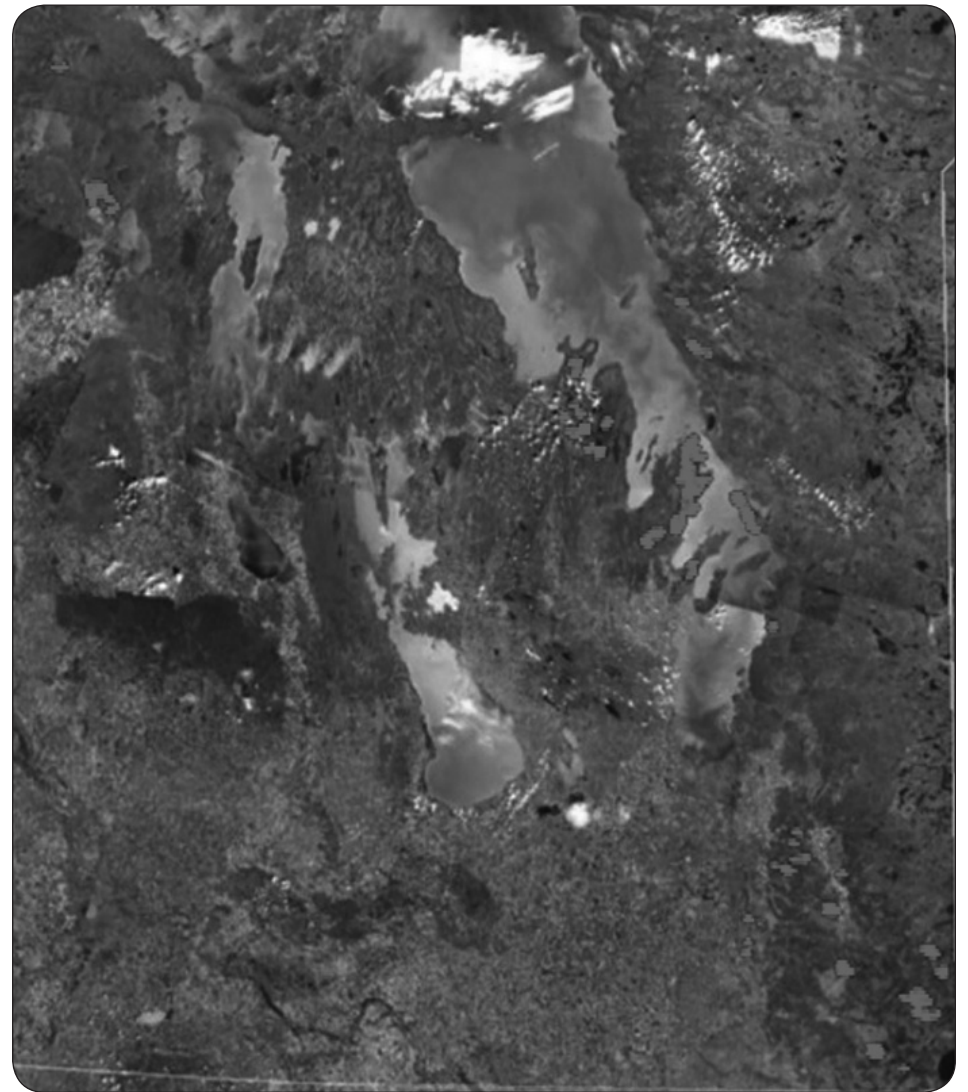
The perfect land for peatland is old wetlands that have dried out and been covered with moss. Canada has 113 million hectares of these types of land, with Manitoba making up 17 per cent of the peatland real estate, a majority of which is in the eastern part of the province.

"There is lot of small areas in the Interlake, and as you go further into eastern Manitoba and east of Lake Winnipeg, pretty sizable areas," said Beaton, who added he hopes the mapping project will reduce the number of licences the province issues to mining companies as well as help preserve the peatland that is an important part of Manitoba's fragile ecosystem.

In the PSA, there are regulations that ban commercial peat development in provincial parks and wildlife management areas. As well, the PSA creates the ability to designate Provincially Significant Peatlands that can be fully protected from all types of development, but first the government needs to determine what those areas are.

"This will likely restrict some mining developments. There are a number of companies that are getting wealthy from public resources," said Beaton.

"This is making it so there are areas that they shouldn't be accessing so that there is some peatland that is maintained. It does play a pretty big role in keeping water clean, so the idea of selling all of it to private companies then losing that clean water at the same time doesn't make much sense."



TRIBUNE PHOTO SUBMITTED

The above map show the license peat harvesting sites in Manitoba as of April 2015. Given the Interlake's rich wetlands, a majority of current and future sites are located in the area. A new mapping project by Manitoba Habitat Heritage Corporation is working to identify just how much peatland is located in Manitoba.

Province re-opens mining licences for peatlands to be harvested

By Natasha Tersigni

The Manitoba chapter of Wilderness Committee is calling out the provincial government over the lack of protection that they are providing for Manitoba's peatlands that are vital to the province's delicate ecosystem and combating greenhouse gas emissions in the atmosphere. On June 16, Manitoba Conservation and Water Stewardship Minister Tom Nevakshonoff announced that Peatlands Stewardship Act (PSA) was proclaimed by the government. He said the act works to protect and regulate the peat harvesting in Manitoba's wetlands. Many of the peatlands are located in the Interlake region.

"We must ensure that peat harvesting is managed sustainably and for the long term in order to protect Manitoba's land and waterways," said

Nevakshonoff in a press release.

"This legislation will significantly increase environmental responsibilities for the industry and promote responsible resource harvesting."

While the PSA does state there are now bans for commercial peat development in provincial parks and wildlife management areas, the act also has re-opened the four-year-old moratorium on peat harvesting licences. This means that more companies can now apply to harvest peatlands.

"The problem is they have opened the flood gates on another batch of peatland mining applications. For four years, we had not had a single new piece of land made available for peat mining. No one was able to do exploration or apply for licences because (the province) was supposed to



TRIBUNE PHOTO SUBMITTED

Last week the provincial government announced that the new Peatlands Stewardship Act (PSA) was proclaimed. While the act was supposed to work to protect Manitoba's vital peatlands, in actuality it has ended the four-year moratorium on peat harvesting licences and now companies can apply for licences to continue to harvest for peat in Manitoba, destroying the province's wetland.

Continued on page 27

ISD retirees celebrate 438 years of service



Cindy Wuerch

By Stefanie Lasuik

In the fall of 1987, Cindy Wuerch joined the Interlake School Division (ISD) by teaching French at Stony Mountain Elementary School. From 1989 to 1993, she attended night and summer school in order to complete her Post Bac. in Guidance and Counselling at the University of Manitoba. Two years later, Wuerch took a sabbatical leave to obtain her Master's in Education in

Guidance and Counselling from the University of Toronto.

Upon returning to the Interlake School Division in 1996, Wuerch embarked on her career in guidance, beginning at Warren Elementary School and moving back to Stony Mountain, before taking what would be her final ISD post at Warren Collegiate in 2003. Wuerch brought her passion for and knowledge of yoga into the school system after obtaining her certification from the Kripalu Centre for Yoga and Health in 2001. Wuerch's love of adventure and travel will not allow for a simple retirement; instead, Wuerch looks forward to moving to Kuwait for two years, where she has accepted a guidance position at Fawzia Sultan International School. Upon returning to Canada, Wuerch plans to move to Victoria, B.C., and follow her dream of teaching yoga classes and living the west-coast lifestyle.



Brenda Margetts

Brenda Margetts graduated from the University of Manitoba in 1972 with her education degree. Shortly after graduation, Margetts began teaching at Balmoral Elementary — a school she has devoted her entire career to. Margetts taught grades 3 and 4 in her first eight years at the elementary.

Margetts subscribed to the philosophy that it takes a community to raise a child. In her second year, she took Balmoral students on an exchange trip to St. Albert, Alta. Margetts worked at the school from 1972 to 1980.

Upon her return in 1989, Margetts oversaw the creation of Balmoral's kindergarten class. From then on, the kindergarten classroom became Margetts' own, as she consistently headed the class, along with another subject, such as resource, enrichment, and grades K-6 physical education. In Margetts' time at Balmoral, she taught every grade, from the newcomers to the elementary school grads.

Margetts enjoyed all the school's special events and ran the annual year-end tabloid day. With teaching in her blood, Margetts does not see herself leaving the education atmosphere. She plans to come back to volunteer at the school, and to enjoy life and her grandchildren.



TRIBUNE PHOTO SUBMITTED

This year's class of Interlake School Division (ISD) retirees collectively dedicated 438 years to serving Interlake youth through the education system. From driving a school bus to teaching to overseeing and ensuring clean learning environments, the ISD staff shared their time and talents with the division's students. Listed beside names are years of service employed by the Interlake School Division. Pictured back row, left to right: Terry Makowski (17.08), Ken Hoglund (14.6), Sharon Doerksen (22), Bruce Buchanan (25.35), Roseline Whittington (27.5), Cindy Wuerch (28), Kathleen Tatarzyn (11.4), Mark Grindey (22), Felix Lesuik (28.42), Margaret Wonko (21); front Row: Brenda Margetts (26), Carol Peters (26.33), Laura Weston (18), Suzanne Jones (25), Brenda Hamaberg (24.33), Doris Hunter (8). Missing from the photo: Anthony Zurba (8), Edna Blunt (15.3), Sandy Scott (14), Ed Dow (27), Judy Ostefachuk (29.33).



Felix Lesuik

Felix Lesuik graduated from the Faculty of Education at the University of Manitoba in 1982 and from the Industrial Arts Certification Program at Red River College in 1985. In 1986, Lesuik obtained his first teaching job in the Interlake School Division through a post at Warren Collegiate. There, Lesuik taught Industrial Arts and Science and instructed the

Drivers' Education program for the duration of his seven years in Warren.

In 1993, Lesuik was reassigned to Teulon Collegiate, where he taught a variety of subjects before becoming the school's shops teacher. The subjects of his teaching arsenal included English, math, science, health, business, geography, industrial arts, woodworking, drafting, graphic arts and architecture.

Lesuik served as a member and co-chair of the Workplace Safety and Health Divisional Committee as well as Yearbook Staff Facilitator at both Warren and Teulon Collegiates. With his industrial arts training, Lesuik also served as Mr. Fix-It or Build-It as Teulon's trophy cases, display cases, podium, Remembrance Day memorial, provincial plaques and refinished teacher desks all stand as testament to his work. Lesuik retired from the Interlake School Division in February of 2015.

Judy Ostefachuk graduated from the University of Manitoba with her Bachelor's degree, Teaching Certificate and Special Education Certificate before joining the Interlake School Division in 1984. Ostefachuk worked at Stonewall Centennial school, teaching grades 6 and 8, at Warren Elementary, instructing Grade 6 and early years French classes, and Grosse Isle school, educating students in grades 5 and 6 and helping in resource. Ostefachuk was given the opportunity to work on the provincial grades 3 and 6 English Language Arts Test Development Committees for three consecutive years. After nearly 30 years in the Interlake School Division, Ostefachuk looks forward to celebrating life with family and friends, travelling, continuing to work with the Winnipeg EAL Adult Centre for Immigrants and Refugees. She also hopes to enroll in an Art History class at the University of Manitoba.



Carol Peters

Carol Peters filled various jobs in her 26 years in the Interlake School Division. Peters began work as a crossing guard before becoming an educational assistant, library clerk, lunchtime and recess supervisor and office clerk — roles she filled in various years at nine Interlake schools. Peters worked at Bobby Bend, Warren Elementary, Woodlands Elementary, Stony Mountain school, Prairie Blossom school, Stonewall Collegiate, Argyle school,

> LICENCES FOR PEATLANDS, FROM PG. 25

be thinking on to how protect peat," said Eric Reder, who is the Manitoba chapter Wilderness Committee campaign director.

"All they have done with this act is said we will go about and put these regulations in place eventually but for now go on and keep mining. It is astonishing that no one is realizing that we will now have another huge rush of peat mine applications in Manitoba."

Reder is concerned about the new regulations and the continuance of harvesting peatland in the province. For years, the Wilderness Committee has lobbied the government to ban peat harvesting and protect these vital lands that cover 30 per cent of Manitoba.

"Peatlands cover a huge amount

of Manitoba, and peatlands are the greatest store house of carbon on the planet. Our world is trying to come to terms with the amount of carbon that is in the atmosphere and that we are continuing to put in the atmosphere, and in Manitoba, one of the ways we combat this destruction that we are causing in the atmosphere is that we ensure that peatlands aren't destroyed," said Reder.

"All peatlands are wetlands, and for them to harvest them, they have to drain them and that create a bunch of residue sediment that flows into rivers and lakes. Draining the wetlands also destroy streams that are walleye spawning grounds. There is a real reason to think about the impact of peat harvesting outside even the carbon aspect of things."

The PSA now puts peat harvesting under the Manitoba Conservation and Water Stewardship branch of the government which does not have an oversight system in place like the Manitoba Mining and Minerals branch does.

"When you put in a mining claim, it goes into the system and the public can look at it online and we will know where the mining claim is, how big it is and how long it will be there for. The digital infrastructure (government website) and public awareness does not exist for Manitoba Conservation. So now the public won't know about peat harvesting, where it is happening, how much land is involved, what company is responsible, and all of these companies will be acting in secret," said Reder.

Reder added that the best way to protect the peatland for future generations is to stop the harvesting of them entirely in the province. Much of the peat that is harvested is used for garden and landscape products such as for soil products and as well as commercial golf courses.

"If you walk into any garden store in Manitoba, you will see all these products, soils, pro-mix, sunshine soil that have a huge amount of peat in them," said Reder, who added places such as the United Kingdom have launched successful campaigns, including "I don't dig peat," that see garden products no longer using peat moss.

"There is no way other way to mitigate the release of carbon and that is a big deal. That is why we say we need to protect the peatlands."

> RETIREES, FROM PG. 24

and Stonewall Centennial school. Peters thoroughly enjoyed working with the kids and staff. For Peters, it was an all-hands-on-deck effort of teachers, principals and secretaries that made good experiences for the kids. Peters is currently enjoying retirement. She is using her extra time to visit with friends and family, to knit and crochet, to exercise and to simply be open to experience. Peters is thankful to her friends and family, including her seven grandchildren and great-grandchild for keeping her busy.











Ed Dow

Ed Dow joined the Interlake School Division after teaching for six years in Birtle and Steinbach. In 1988, Dow accepted a position at Stonewall

Collegiate and made it his home until his retirement this year. Dow instructed in several subject areas including English, resource and social studies, while coaching basketball, track and field, and golf. Dow's teams took back-to-back provincial championships in 2000 and 2001. Dow believes that he picked the right career for himself, as he has always enjoyed planning his lessons and interacting with his students and colleagues. Upon retirement, Dow looks forward to travelling, catching up on his reading and staying active.

SERVICE CLUBS - Serving our Communities

Stonewall Teulon Tribune

Royal Canadian Legion Branch No. 52  \$33-\$38 member/year depending when dues are paid. The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. Meetings are held on the 2nd Tuesday of the month at Stonewall Legion Club Room.	South Interlake Ag Society Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year It encompasses the needs of the three municipalities that it serves - Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.	Teulon Women's Institute Phone 886-2216 Fee: Nominal membership may apply Motto: "Home and Country" The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.	 1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.	Quarry Toastmasters Brenda 467-5088 Quarry Toastmasters meet every Tuesday 7:15 - 8:45pm at the Stonewall Collegiate in the Library. We work to build up your confidence in public speaking - individually or in a group. We help you plan what to say and to have fun doing it.	Kin Clubs of Stonewall Motto "Serving the Communities" Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships. Kinsmen President Chris Luellman 467-8770 Kinette President Joanne Hubbard 204-467-9360
Teulon & District Agricultural Society Ralph Trombo, President 886-2098 The Teulon & District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon & District Ag Fair and the Annual Teulon Pumpkinfest.	Interlake Community Foundation, Inc. 204-467-5634 www.interlakefoundation.ca The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.	Inwood Over 50 Club Marion 278-3265 Eleanor 278-3247 The Inwood Over 50 Club meets the first Thursday of each month from September to June and is open to anyone over 50 years. Everyone is welcome for an afternoon of fun and fellowship at the Inwood Hall. Dancing, entertainment, silent auction, lunch and door prizes. Volunteers always welcome.	 Stonewall Ladies Auxiliary Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.	South Interlake Seniors Resource Council Inc. Darcy or Corinna @ 467-2719 sirc@shaw.ca SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.	The Liliane Baron South Interlake Breast Cancer Support Group Claudette 886-2393 Joyce 467-2473 The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.
 Knights of Columbus Stonewall Dave Couprie 467-9548 \$40/member/year The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.	 South Interlake 55+ Inc Cheryl Cathers 467-2582 www.sis5plus.org \$15/member/year This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.	 Stonewall & District Lions Mel Harrison 622 Centre Avenue, Stonewall 467-8740 Motto: "We Serve" Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings every 2nd and 4th Wednesday of the month at 7:30pm September thru June.	 Independent Order of Odd Fellows Stonewall Lodge #49 Larry O'Dell 467-8882 Ross Thompson 467-2438 www.ioofmb.ca Yearly nominal membership fee The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.	Stonewall & District Health Centre Ladies Auxiliary Marg Bond 467-8732 The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.	Please call 204-467-5836 if you would like your service club included in this section.
Warren Horizons District Lions Club President: Sharon Neely Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.	 Warren & District Lions President Murray Scott 204-322-5201 mursansc@mymts.net "We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.	Stony Mountain Stonewall Masonic Lodge #12 Call 204-467-2788 for Information Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-sectarian and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER. Monthly Meetings 2 B 1 ASK 1			

Manitoba filmmaker shopping Interlake TV series in France

By Jeff Ward

Steve Payne is hoping to secure a production deal for his television series *Ice Wars* and create a 10-episode run about the fishing industry in St. Laurent.

Sunny Side of the Doc is an annual conference where delegates from every country meet and try to sell their series to potential producers and financiers in hopes to bring their vision to life.

"It's a very exciting time right now because I know we have a great concept and a great series, so this is our chance," said Payne, owner of Totem Studios and director of *Ice Wars*.

"I'm leaving for France later today and I'm really excited about the opportunity. I scheduled meetings with people for literally every minute I'm there."

Payne was elected to go by On Screen Manitoba and knows that the competition will be high during the four-day conference, which takes place in La Rochelle, France. *Ice Wars* is currently being worked on in a pilot format with the principal filming finished in March of this year.

Payne explained that one of the biggest concerns potential producers

have is financing. It's an expensive job to create a television series, and even a low-budget production like *Ice Wars* costs \$500,000 for 10 episodes. Payne has an advantage that not many other filmmakers have, though.

"The Manitoba Film Tax Credit is still a huge advantage for us. We can account for 30 to 60 per cent of our budget before we even start shooting because of that credit. That credit is going to be something for us to lean on and I think it'll attract some attention."

Once the conference is finished, Payne and his partner Scott McKay will continue production on the pilot episode of *Ice Wars* and hopefully go to Toronto and Vancouver and

meet with executives to make a deal.

Film and television are both a highly collaborative effort, and it's common to have two or more producers on one project covering the costs.

Payne is excited for the future of the series and hopes to be able to show off the Interlake community on the world stage and showcase the hardworking nature of its people. He also wants to show off the rich culture of the area of St. Laurent.

"I think that's one of the more interesting aspects to the show is the cul-

"WE CAN ACCOUNT FOR 30 TO 60 PER CENT OF OUR BUDGET BEFORE WE EVEN START SHOOTING BECAUSE OF THAT CREDIT."



TRIBUNE FILE PHOTO

Steve Payne is hoping to secure a production deal for his television series *Ice Wars* and create a 10-episode run about the fishing industry in St. Laurent at the annual conference Sunny Side of the Doc.

ture and I want to show that off. It's been such a great experience working in that community. I just can't say enough good things about the St. Lau-

rent community and the RM."

The conference takes place from June 22 to 25.



Whiz kids

TRIBUNE PHOTO BY NATASHA TERSIGNI

Stonewall Collegiate Institute (SCI) had 45 students in Grades 9-11 participate in a math contest sponsored by the University of Waterloo in February. The national contest is a three-part exam made up of questions that are at a higher curriculum level than the students writing the contest. The objective is to help inspire the next generation of students to develop an interest in mathematics and computer science. SCI teachers chose the best 15 students in each grade level that they thought would excel to write the contest. Students scoring the highest out of the SCI contest writers were (left to right): Brandin Rozsa-Hrabinski and Zach Kendel tied for first for the Grade 11 contest, Tim Appleyard (Grade 10) and Jonas Perrella (Grade 9). As well, Perrella, Kendel and Rozsa-Hrabinski finished in the top 25 per cent of all Canadian contestants.

worship *with us*

> FAITH



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Phone 467-5469 (office)
www.stonewallunited.ca

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St. Cyprian**
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60-2nd St. S.E. Teulon
Phone 886-3203



**Interlake Full
Gospel Assembly**
Teulon
Sundays at 11:00 am
Phone 886-2680

New Life Church
Sunday Service 10:30 a.m.
Sunday school 9:30 a.m.
Teulon 886-3269



St. Peter Lutheran Church
Sunday Service - 9:45 am
3rd Sunday is a 10:00 Service
PTH #7, Teulon 886-2159

**St. John Vianney
Catholic Church**
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



**Anglican Church
of the Ascension**
9:00 am - Traditional Service
10:15 am - Choral Service & Sunday School
9:30 am - Wednesday Morning Prayer
435 1st Ave. N., Stonewall
Phone 467-8466 (office)



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Rosser Sunday 10:30am

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Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426

Alive! Family Church
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#2 Dolomite Ave., Stonewall
Teulon
41 Beach St. E, Teulon
Phone 467-2870
www.alivefamilychurch.ca



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New Life Church
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Sunday School 9:00 - 10:15
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Gospel Chapel**
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Sundays
Hwy 6 + Rd 82,
Woodlands
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& Kids Club 7 pm
369-1st Ave. N., Stonewall
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Stony Mountain
Service 10:15 am
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or 344-5220



**Christ the King
Catholic Church**
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

Recently, my wife and I took holidays and went back home to visit family and friends. It was great to see everyone again! One of my friends was having a birthday and we were able to crash his party. We spent time with family and even managed a one day road trip and picnic with my wife's family. It was really nice. But, let me tell you... it was exhausting! We were busy the entire visit.



Have you ever had that kind of holiday? There are friends who want to see you. There's family that you want to spend time with. And of course, when you go back home, there's always your favourite things to see and do – and you want to fit them all in, between visits, that is! It almost seems that you are busier on holidays than you were at work. Times like these remind me of that saying, "I need a holiday to recover from my holiday."

Similarly, I've noticed a fairly new thing that I'll call the "selfie syndrome" (for lack of a better term). I see this all the time, as I'm sure, you do too: almost everyone has a cell phone, or digital camera, and seems to be taking "selfies" (and other pictures) constantly. They then post them on social media for the world to see. (I guess they think people will be interested in a picture of everything they see or do?) This almost happened to me just the other day at the zoo. I was enjoying the polar bears (worth the price of admission right there!) and found myself tempted to record it all for posterity's sake instead of just enjoying the moment... I almost lost out!

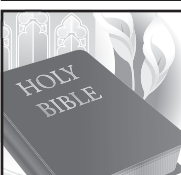
All this reminds me of faith. We can get so busy 'doing' faith-things, so we can live our faith, that we never actually have time to enjoy living our faith! Seems oddly self-defeating, doesn't it?

Make sure this summer you enjoy some rest. And make sure, year round, that you take time to simply enjoy your relationship with God – and each other.

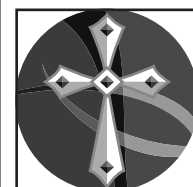
"Be still, and know that I am God..." Psalms 46:10a NIV

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Stony Mountain
Phone 467-9016

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U16 Phillies win Grand Forks tourney

By Brian Bowman

The South Interlake Phillies U16 fastpitch team went to a different country last Sunday and ended up seeing some familiar faces.

The U16 Phillies reached the finals of a one-day tournament in Grand Forks, defeating the South Interlake U18 Phillies 9-4.

Brielle Cara started on the mound for the U16 Phillies and was relieved by Kyra Shewchuk for the final two innings.

The winners broke the game open with "three or four runs" in the sixth inning, according to Phillies' U16 coach Denis Woods.

Woods was pleased with his club's effort on Sunday. The Phillies began the tournament with a 5-4 comeback win over Red Lake Falls and then blasted the Grand Forks U18 team 8-0.

Tatum Lindley pitched the shutout against Grand Forks.

"We came out in the first game a little bit lacklustre and had to fight back and win it in the final inning, which, to me, showed some nice depth," Woods said. "Pitching definitely wasn't our issue, we just weren't hitting. Pitching in that first game may have been slower than what we're used to."

Although South Interlake has struggled, at times, offensively, Woods said they continue to get solid pitching this season.

"Our pitching is probably some of the top pitching in the league," Woods noted. "Pitching is not our issue at all, we have some fantastic pitchers and we struggle the odd time behind them on defence."

The U16 Phillies will have a pair of doubleheaders this weekend. South Interlake will play the Angels (2 p.m. and 4 p.m.) on Saturday at Quarry Park in Stonewall and then Central on Sunday (noon and 2 p.m.) in Carman.



TRIBUNE PHOTOS BY DEREK FROST-HUNT
The U16 Phillies went 3-0 at the Grand Forks Express Fastpitch tournament last weekend. Eight teams participated in a combined 16U/18U bracket. Pictured front row (left to right): Tatum Lindley, Loren Proven, Kyra Shewchuk, Meghan Cabral; back row Denae Petti, Gillian Kerwin, Taylor Allen, Sarah Fines, Rikki Frost-Hunt, Brielle Cara and Alycia Palmer.

"OUR PITCHING IS PROBABLY SOME OF THE TOP PITCHING IN THE LEAGUE."



Tatum Lindley slides into home safely during the South Interlake Phillies U16 team's 9-4 win over the U18 Phillies.

Come out and support your
Stonewall Blue Jays

2015

**Thursday,
June 25**
Stonewall Blue Jays
vs.
Elmwood Giants
7:30 pm
Koskie Field

**Sunday,
June 28**
Stonewall Blue Jays
vs.
St. James As
7:00 pm
Optimist Park

**Thursday,
July 2**
Stonewall Blue Jays
vs.
Kildonan Mudcats
7:30 pm
Fines Field

Stonewall winning on soccer pitch

The Stonewall U14B Ciulla soccer team is currently in second place in their North Division standings with a 9-2-1 record.

The team was just two points behind first-place Valley Gardens (10-1) heading into this week's schedule of games.

Last Friday, Stonewall doubled Heritage Victoria 4-2 at home. Gio Ciulla led Stonewall in scoring with three goals while his team's fourth goal was headed-in beautifully by Aiden Erickson off a corner-kick by Ciulla.

Stonewall has played very well in their past few games, including defeating Tyndall Park 7-0 on June 13 in Winnipeg.

Ciulla had another three goals in that lopsided victory while Billy Lynner, Nic Vandebossche, Josh Bracken and Michael Lychak also tallied.

Stonewall played this past Monday (no score was available at press time) and then will visit Tyndall Park on Friday. Game time is 7:30 p.m.



TRIBUNE PHOTOS BY LANA MEIER

Above, Aiden Ericsson (left) scored one of Stonewall's goals in their 4-2 win over Heritage Victoria last Friday. Gio Ciulla netted a hat trick to seal the win Stonewall. At right, Chris Wiebe controls the ball in the second half of the game.



Orioles competitive, improving at PeeWee 'AAA' level

By Brian Bowman

The Interlake Orioles are proving to be a very competitive team in PeeWee "AAA" baseball this season.

Despite getting swept by a real good St. James A's team in Stonewall on Sunday – losing 17-14 and 12-9 – the Interlake was extremely competitive in both games.

"We were in them, for the most part," said Orioles' coach Ryan Fines. "We hadn't really played a competitive 'AAA' game all year, really. Either we have been blowing teams out or getting blown out, so it was a good learning experience for the kids."

St. James threw their two best pitchers against Interlake, who has a bevy of offensive talent on this year's team. The Orioles have a real nice mix of speed and power in their lineup.

"Nobody has hit the kid that (St. James) threw in the second game, so it was good that the boys didn't look too overpowered," Fines said, noting the A's have lost just one game this season and already have won two tournament titles. "I honestly think we have the best hitting team from what I've seen so far in the league."

Interlake, which plays a half schedule in the Winnipeg Amateur Baseball Association, is now 4-4 at the "AAA" level this season. The Orioles' play-

ers also play on various club teams throughout the Interlake.

So, are the Orioles pleased with their .500 record against some of the best PeeWee teams in the province?

"Yes and no," Fines said. "It's kind of what I would have expected with this group because we have a lot of kids that have never played at this level. But we also have a lot of kids that belong at this level."

"It's just a matter of getting them up to speed on fundamentals — and I think it's coming."

Despite playing plenty of high-scoring games, Fines said the Orioles' pitching has been real good. The defence, however, needs a little bit of work, he said.

"It's our baseball defensive fundamentals that let us down sometimes due to the fact that we don't get to play enough high-level baseball," Fines admitted.

But they have been working real hard to get better.

This year's Interlake team has been eager to get better in practice while the players and their families have been making a huge commitment travelling from outlying areas.

"They have their 'A' ball every Monday and Wednesday and we practice every Tuesday and Thursday," Fines



TRIBUNE PHOTO BY LANA MEIER

The Orioles' Thomas Waldner slides safely into second base during Interlake's 17-14 loss to the St. James A's Sunday.

noted. "It's been a pretty impressive commitment from the kids from the northern communities like Lundar and Arborg, specifically."

"They are making almost all of these practices. It's a big commitment from the parents and I understand that. The boys that have been making it out to

practice have improved a lot already and they have more to go."

Interlake has two more doubleheaders to play this season. The Orioles will then compete in an "AAA" qualifier on the final weekend of July. The "AAA" provincials will be played during the August long weekend.

Midget Pirates split with South Central

By Brian Bowman

The North Winnipeg Pirates earned a split last Sunday — losing 5-4 and winning 3-1 — against South Central.

The Pirates blew a late lead in the loss, according to Pirates' head coach Gary Dear.

On June 16, North Winnipeg was blanked 5-0 by the first-place St. James A's. The Pirates outhit St. James in the loss but left 14 men on base.

"It was just bad luck on our part," Dear lamented. "They only had six hits but scored most of their runs in one inning. We had runners on base every inning but just couldn't cash anyone in."

With last Sunday's split, the Pirates are now 8-6 and in third place, three full games behind St. James (12-4). North Winnipeg has played several players at different positions so far this season but their lineup will get more predictable in the next couple of weeks.

"I'm quite pleased with where we are (in the standings)," Dear said. "In the losses that we have, there was only the one game that the other team outplayed us. We have made a lot more errors than we have in the past and that's been the difference in all of the games that we have played."

Dear said he is very confident in his

club heading into the playoffs.

"St. James has had out number, and I give them that," Dear said, noting the Pirates have beat themselves in several losses this season. "But, to tell you the truth, I'm not worried about them. I don't know why."

A big part of the Pirates' success this season has been the outstanding play of two Stonewall players. Ryan Humeniuk and Matt Schneider have both played very well this season.

"Ryan Humeniuk is one of my best all-around best players," said Dear. "He hits the ball and runs really well. I can play him at any position that I want to play him. When I have my full lineup I can put him in the outfield, then I don't think there's a faster two guys in the outfield."

Schneider has also been very good on both the mound and at the plate.

"Having Matthew Schneider pitching (has been good) and his stick is really coming alive," Dear explained. "He's moved right up in my top five in the lineup."

North Winnipeg played the Winnipeg South Chiefs in a doubleheader this past Tuesday (no scores were available at press time) and then the Pirates will host the Red River Valley Pioneers tonight (7 p.m.) in Stonewall.



TRIBUNE PHOTO BY LANA MEIER

Stonewall's Matthew Schneider has been very good for the Pirates this season.

Phillies split with Central in fastpitch action



The South Interlake Phillies U14 team split a doubleheader with Central at John Blumberg on June 16. Pictured, left to right, Grace Goodman gets the out at second base. Middle photo, Veta Moore slides safely into second while Kenzie Bremner, far right, was solid on the mound during her team's 8-5 win.

TRIBUNE PHOTOS BY LANA MEIER

Janice Filmon installed as Manitoba's new lieutenant governor

By Patricia Barrett

After she was sworn in as Manitoba's 25th lieutenant governor at the Manitoba Legislative Building, Janice Filmon spoke about milestones that shaped her life. She cited marriage, children, volunteer work – and even poetry.

"One of my favourite poems," she told family, friends, former lieutenant governors and other dignitaries in the legislative assembly chamber, "is called A Bag of Tools by R. L. Sharpe."

Manitoba's second female lieutenant governor recited the two-stanza poem, which alludes to life as a shapeless mass that can be fashioned into a stumbling block or a stepping stone.

Pearl McGonigle was Manitoba's first female lieutenant-governor. She served from 1981 to 1986.

"I choose to see life as a series of stepping stones," said Filmon, a recipient of the Order of Manitoba and of the Order Canada, "I am thankful for each one of them in my life." Each challenge she said she faced allowed to her to "grow and learn, and teach and walk alongside others."

Her role as the Queen's Manitoba representative is to provide assent to all legislation passed by the government. She also swears in ministers invited to form government and serves as patron to a number of non-profit organizations. She spoke of her five-year appointment as having a "broad focus."

She said she will support and encourage youth to set leadership examples in the community through organizations such as Manitoba A.L.I.V.E. (A Leadership Initiative in Voluntary Efforts) and Leadership Winnipeg.

She arrived at the Legislature with little fanfare, accompanied by her husband Gary Filmon, former Premier of Manitoba (1988 to 1999), and her Aide-de-Camp. Premier Greg Selinger was outside to greet her.

The formal installation ceremony last Friday caught visitors from America by surprise.

Tamara and Todd (who preferred not to give their last name), along with their three children Erica, Greta and Jacob, had taken shelter from the downpour on the Legislature's north portico and watched as former lieutenant governor Philip Lee and his wife Anita made their way up the stairs and entered the building.

"We heard about it when we arrived," said Tamara, who grew up in Fort Richmond and has been living in Oregon for 19 years.

"We wanted to get into the Legislature to look around," said Todd, as the 15-gun salute from the canons on the west lawn came to a close. It's their children's first time in Manitoba, and family had planned to wander the halls of the Beaux-Arts style building, constructed with Tyndall stone from Garson and replete with Masonic imagery, hieroglyphs and a bust of Medusa.

The freedoms we enjoy in Canada did not go unnoticed by Tamara, who also lived in Winnipeg's Maples neighbourhood.

"It's amazing," she said. "I love the approachability – that we can just be standing here while they arrive."

Inside the legislative chamber, Filmon recited her oaths on a bible she inherited from her family and



TRIBUNE PHOTOS BY PATRICIA BARRETT

Janice and Gary Filmon were greeted upon their arrival at the Legislature last Friday prior to Janice being sworn in as Manitoba's 25th lieutenant governor.

told assembled guests how grateful she is for the trust and confidence placed in her.

"What a special feeling it was just moments ago," said Filmon, who sits on the board of the Cancer-Care Manitoba Foundation, "to swear the oath of allegiance and the oath of office on a family bible dated 1895 that was brought from England and passed on to me by my maternal grandmother."

Shelly Glover, speaking on behalf of the Government of Canada, said the prime minister was especially proud to recommend Filmon for her "lifetime of service to Manitoba."

"The prime minister considers her a champion in very many ways," said Glover, MP for Saint Boniface and Minister of Canadian Heritage and Official Languages, "especially in healthcare and education here in Manitoba."

A few members of the Royal Canadian Air Force's 17 Wing watched Filmon's televised ceremony from a public area near the grand staircase.

One of the band members explained

that the viceregal salute (which forms part of the official ceremony) is a combined musical arrangement of God Save the Queen and O Canada.

"We always play that when a new lieutenant governor is appointed," said one band member.

Inside the chamber, Premier Greg Selinger offered his congratulations, first in French then in English.

"I think I speak for all of us," he said, "when I can say that Mrs. Filmon will do an excellent job representing Her Majesty as lieutenant governor of our province."

Selinger also thanked former lieutenant governor Philip Lee and his wife Anita for "leaving behind a wonderful legacy to build on."

A vocal group called Prodigy, made up of students from Miles Macdonnell Collegiate, sang from the visitor's gallery. "That was beautiful," said Filmon,



Outgoing lieutenant governor Philip Lee received a 15-gun salute during a formal ceremony.

who is a former social worker. "Young voices, saying so much."

She spoke about the importance of family, thanking her husband for a marriage that "deepened and strengthened over our nearly 52 years" and her children who "gifted us with nine unique and wonderful baby grands."

Filmon, wearing an elegant navy blue skirt and blazer, emerged from the chamber and headed to the main floor to inspect the guard of honour, assembled at the foot of the grand staircase.

Afterwards, she and her husband climbed the stairs and mingled with hundreds of guests in the Legislature's second-floor Rotunda.

Visit the Lieutenant Governor of Manitoba's website at www.manitobalg.ca for a full list of duties, protocol and a calendar of upcoming events.

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> GAMES

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		2	5					
					8			4
	8		4	9				
	1		2	6	5		9	
6								8
	5						1	2
		3		2		5		
				8				
9	6				1			3

Level: Intermediate

Fun By The Numbers

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Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	2	1	9	7	8	9	6
1	7	6	9	8	8	9	7	2
9	8	9	7	2	6	8	7	1
2	1	9	6	7	8	7	9	8
8	9	7	8	7	1	6	2	9
7	6	8	9	9	2	7	1	8
9	8	1	2	6	7	9	8	7
7	2	7	8	8	9	1	6	9
6	9	8	7	1	9	2	8	7

Sudoku Answer

E	S	P	V	T	S	E	B	D	E	I	H
N	V	B	O	N	E	T	S	E	N	C	V
E	R	V	S	I	H	V	S	V	I	S	H
D	H	V	W	A	P	V	N	V	S		
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E	T	B	B	V	B	T	V	E	N	E	H
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V	E	V	G	E	O	B	S	E	S	V	E
P	H	B	A	C	I	E	E	T	C	B	B
	G	N	I	K	E	T	A	V	O		
A	G	V	O	H	E	E	B	S	V	B	B
V	R	O	F	S	D	N	V	H	B	E	C
T	O	N	E	V	I	V	P	C	O	R	C
V	B	V	B	H	S	H	V	M	S	T	O

Crossword Answer



CROSSWORD

CLUES ACROSS

- Suns
- Bog
- Woodcutter hero Ali
- Aquatic reptile (abbr.)
- Cape Verde capital
- Chemical compounds
- Maple genus
- "All ____ on deck"
- Roman public squares
- Leavened rum cakes
- Quilting gathering
- Large hero sandwich
- Oprah's BFF
- London radio station
- Downwind
- Frosty
- Brake horsepower
- In a way, removes
- Bridge-building degree
- Mother of the Titans
- Nostrils
- ____ choy: Chinese cabbage
- A.K.A. rose-red spinel
- Blue goose genus
- Take in solid food
- Speak incoherently
- Chop with an axe
- Wrapped package (abbr.)
- Auricle
- Former CIA
- Highway Patrol's Crawford
- Yemen capital
- John ___, Br. statesman (1584-1643)
- Expressed pleasure
- First Chinese dynasty
- Indian dresses
- Swiss river
- Teen skin disease
- Takes dictation
- Husk of wheat
- Went quickly
- Stud with jewels
- Recess

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
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CLUES DOWN

- Wound crust
- Killer whale
- Leopold & ____
- Bony piece of meat
- Speed measure (abbr.)
- Productive land
- Rajah's wife
- Close companion
- Possesses
- Make less visible
- Buffalo
- Tennis player Bjorn
- Mountain range in Kyrgyzstan
- Gross revenue
- Honey (abbr.)
- Affirmative
- Frozen water
- Carpenter's work table
- ____, Danish astronomer
- 1977 AL MVP Rod
- Italian Air Marshal Italo
- Mends
- Bullfighting maneuvers
- 1/100 yen
- Board of Trade
- Idle talk
- Hairless scalp
- Hannibal's surname
- Old Tokyo
- Spoken in the Dali region
- Women's undergarment
- Weasel's winter fur
- Blatted
- Medieval circuit courts
- Muslim shrine in Mecca
- Former ruler of Iran
- Fungal spore sacs
- Baseball team #
- Stringed instrument
- Geological times
- Sandy piece of seashore
- Sino-Soviet block (abbr.)
- Drunkard

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

STEEL BUILDINGS

Steel Buildings... "Our Big 35th Anniversary Sale!" 20X20 \$4500. 25X24 \$5198. 32X36 \$8427. 40X46 \$12140. One end wall included. Pioneer Steel 1-800-668-5422 www.pioneersteel.ca

Steel buildings/metal buildings 60% off! 20x28, 30x40, 40x62, 45x90, 50x120, 60x150, 80x100. Sell for balance owed! Call 1-800-457-2206 www.crownsteel-buildings.ca

GARAGE SALE

Moving garage sale. 2 3/4 miles west of Balmoral. Sat., June 27 & July 4th. 10:30 a.m. - 3 p.m.

BABYSITTING

My name is Jenna Derksen, I'm 16 yrs old. I'm looking for a full-time babysitting job this summer. I have a lot of experience looking after kids of all ages. If interested, call/text me at 1-204-461-3302.

HELP WANTED

Eddie's Gravel Supply Ltd of Winnipeg Beach is accepting applications for Laborers/Asphalt Laborers. The applicants must have a valid drivers licence, work well with others and be in good physical shape. Local work 204-389-2023.

NEWS TIPS
Call
467-5836

HELP WANTED

Seeking to hire Dairy Farm Worker - High Green Farms Ltd. is now seeking to hire two Dairy Farm Workers to work on our farm located at SW24-15-4W (Box 33) in Lake Francis, MB. The job duties include milking cows, cleaning barns, feeding and caring for calves and cows, operating and maintaining farm machinery and equipment. This is a permanent, full time position, 60 hours per week including weekend, day and evening as required. The salary will range from \$13 to \$16 hourly depending on experience. On farm staff accommodation is provided. To apply please contact us by phone at 204-383-5259 or by email at dolson@highspeedcrow.ca or by mail to High Green Farms Ltd., SW24-15-4W, Box 33, Lake Francis, MB., R0C 1T0.

Stony Mountain Child Care Center is currently looking for a Child Care Assistant to join our team, full time. The ideal candidate will have a kind and nurturing personality and have a passion for working with children. Must have excellent communication skills and be able to establish positive relationships with children, staff and parents. Eligible candidates must have: valid CPR and First Aid; clear Criminal Records and Child Abuse Registry Checks Application. Please send resume to smccc@hotmail.ca

HELP WANTED

Gateway Manor, 55+ Housing in Teulon, is seeking a part-time Cook for our Congregate Meal Program. The position requires 10-15 hours/week average and must be able to work independently. Hours are 7 a.m. to 1 p.m. or 10 a.m. to 1 p.m. and may involve some weekend shifts. Experience/training in food preparation an asset, particularly for large groups of 10-35 people and must enjoy interacting with seniors. Please mail resumes to the attention of Site Manager, Gateway Manor, PO Box 144, Teulon, MB R0C 3B0 or by email to manorinc@mts.net

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

CAREER TRAINING

Medical Transcriptionists are in huge demand! Train with Canada's top Medical Transcription school. Learn from home and work from home. Call today! 1-800-466-1535 www.canscribe.com. info@canscribe.com.

MISCELLANEOUS

Upcycle with cedar, great used boards for sale, any amount. We also accept donations and/or consignments of antiques, art pieces & some used furniture. Contact Marg or Candace at Global Garage & Art House, 310 Main St. or call 204-467-9620.

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Rural Municipality of Woodlands Career Opportunity Planning Clerk – Full Time

Duties Include

- Process Variance applications
- Process Conditional Use applications
- Zoning Amendments
- Subdivisions
- Site inspections
- Responsible for notices and public hearings
- Assist with development agreements
- Knowledge of planning legislation and providing clear guidance to homeowners, builders, etc.

Position Details

- Wage is dependent upon education and experience
- Full benefit package with pension
- Monday to Friday, 8:30 AM to 4:30 PM, 35 hours per week
- Training will be provided

The successful candidate will have a strong capability to communicate and deal effectively with the public, to work with Council and staff, and to build partnerships in the community and surrounding area, while effectively representing the interests of the Municipality.

Resumes will be accepted until July 10, 2015 at 4:30pm.

Please send a resume to:

RM of Woodlands

Attention: Adam Turner, C.A.O.

PO Box 10, 57 Railway Avenue, Woodlands, Mb. R0C 3H0

Fax: 204-383-5169

rmwld1@mymts.net



RM OF ST. LAURENT JOB OPPORTUNITY FINANCIAL CLERK

The R.M. of St. Laurent invites written applications for a part-time (2 days per week) Financial Clerk position.

The successful applicant will work under the direction of the Chief Administrative Officer.

Applicants should possess or be willing to work toward the following skills and qualifications.

- Computer skills and municipal accounting background preferred
- Superior customer service skills with an ability to ensure a high level of accuracy.
- Have excellent oral and written communication skills.
- The ability to perform varied and multiple tasks within deadlines.
- Dedicated team player
- Wages negotiable with experience and qualification.
- Bilingual may be considered an asset.

Resume outlining education, experience and references are to be submitted by 4:00 p.m. on July 3, 2015 to:

RM of St. Laurent
Attn: Chief Administrative Officer
Box 220, St. Laurent, MB R0C 2S0
Email: rmstlaur@mymts.net
Fax: 204-646-2259

We thank all applicants, however, only those candidates selected for an interview will be contacted.



RM of St. Laurent JOB OPPORTUNITY Economic Development Officer (EDO)

The RM of St. Laurent invites written application for a part-time (3 days a week with flexible schedule) Economic Development Officer (EDO), to coordinate and promote the development of business and non-profit organizations events/activities of the RM of St. Laurent.

The EDO will serve as a resource person to whom prospective business people, elected leaders, non-profit organizations can go to for advice and guidance. They will research economic development opportunities in various sectors and refer appropriate funding programs for projects to the RM of St. Laurent which would benefit and provide positive economic impacts.

The successful candidate will possess the following skills:

- Organizational and preparation skills to ensure he/she has the necessary materials, information and tools to complete tasks while working from a community perspective.
- A professional and flexible approach to time management is essential.
- Works well alone and as part of a team;
- Bilingualism will be considered an asset.

Responsibilities include but are not limited to:

- Become familiar with background materials and information relating to community and political processes.
- Use a variety of qualitative and quantitative methods to perform continuous assessment of economic development needs, including maintaining an inventory of existing businesses, sector activities and current human resources (labour force) in the RM of St. Laurent.
- Attend regular and special meetings related to economic development with key representatives;

Wages negotiable with experience and qualifications. For a full job description please contact the RM office.

Resumes outlining education, experience and references are to be submitted by July 3, 2015 via email, fax, or regular mail to:

RM of St. Laurent
Box 220, St. Laurent, MB R0C 2S0
Attn: Chief Administrative Officer
Email: rmstlaur@mymts.net Fax: 204-646-2705

We thank all applicants, however, only those candidates selected for an interview will be contacted.

Teulon Collegiate Cafeteria Operator Required

- Starting from September 2015 – June 2016
- Teulon Collegiate is looking for someone to replace Kathy Campbell as the cafeteria operator. Kathy is retiring after 13 years of service to the staff and students at TCI.

Interested applicants are to contact
Mr. Darragh, Vice Principal
@ 204 886-2593 for details.

**Classified booking deadline is Monday at
4 p.m. prior to Thursday's publication.**

Call 467-5836

Classifieds

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Stonewall Teulon
Tribune

McSherry Auction Service Ltd

AUCTION SALE
GARY URBANSKI

Sunday June 28 11:00 am
Gimli, MB
5 Miles North on Hwy 8 Then East 3/4 Mile
On Rd 324 Camp Morton Rd #19121
Contact: (204) 642-8783

MF 135 Gas 3 PH Allied 380 FEL * Cockshutt 30 * 3 PH Equip * Case 446 Mower, Rototiller & Snowblower * Crafts 20 HP R Mower * Yard Items * Tools * Guns * Antiques * Some Household *

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(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

AUCTION SALE
SILVIA AMMETER (LATE FROMHOLD)

Saturday July 4 10:00 am
Stonewall, MB
6 Miles East on Hwy 67 Then South 1 Mile
on Ammeter Rd Then 1/2 Mile West
Contact: Erik (204) 344-5948 or (204) 461-1970

Tractors: Kubota M110DT Cab MFWA 3 PH Dual Hyd. 540/1000 w FEL 5247 Hrs * J.D. 4450 Cab 540/1000 Dual Hyd. Factory 18.4 38 Duals 9006 Hrs. * A.C. WD45 2PH * Grain Equip: White 24' Tandem Disc * Coop 550 20' Swather N.R * 2) Int 914 P Type Combine * Int 403 Gas Combine * Coop 203 20' Chisel Plow * Crown Rotary Rock Picker * Int 645 20' Vibra Chisel * Herman 50' Spring Harrows * Int 100 24' Press Drill * Coop G 100 18' Discer * Int 10' Chisel Plow * M.M. 20' Oneway * 68' Sprayer * Haying & Misc Equip: Int 430 Square Baler * Int 9' Trailer Sickle Mower * N H 259 Side Deliv Rake * Al. 200 Gal Water Tank Trailers * 5) 4 Wheel Farm Wagons * V Blade For FEL * Augers & Grain: Buhler/ Farmking 1070 MK Auger * Westfield 7' 41' Auger 16 HP * Westfield 8' 51' PTO Auger * Allied 6' 30' Augers * Haul All 12' Tote Tank * Carter 245 Seeder Cleaner * Airtion Fan * 500 Bushels of Wheat * 800 Bushel of Oats * Vehicles & Yard: 09 Chrysler Van * 97 Ford XLT Ext Cab 4 x 4 185,000 Km * 85 Dodge 150 Pick Up * 79 Olds * 60 Chev 60 Viking w 12' B & H * Kubota B6200 Dsl 4WD 3PH 48" Mower 228 Hrs * Husq 650 RTT Tiller * 3PH Equip: Till It 60" Roto Vator * McKee 7' Snowblower * 8' Blade * Breaking Plow * 8' Cult * Tools: Drill Press * Forney 180 Welder * Acetylene Torches * Air Comp * Band Saw * Table Saw * Radial Arm Saw * Chain Saw * Power Tools * Hand Tools * 3/4" Socket Set * Anvil * Shop Supply * Misc: 350 Gal S S Bulk Milk Cooler * S.S. Milk Buckets * Water Trough * Bin Sweep * Hyd. Cyclinder * Implement Parts * Welding Material * Plywood * Lumber * Gun Cabinet * Pool Table * Various Implements For Scrap * Antiques: Single Plow * Scuffler * Scythe * Saw * Blow Torch * License Plates *

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- Diquash - desiccant

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www.gng.ag

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JOAN WENSEL

Tuesday July 7 @ 4:00 pm
Petersfield, MB
North 6 Miles on Hwy #9
then West 1/2 Mile on Pike Rd
Contact: (204) 482-4312

Tractors & Equipment McCormick Farmll H Narrow Frt Row Crop * MH 101 w/ FEL * Ferg 9N 3PH FEL * AC WF Pulley * MF 124, 10' Deep Tiller * Int 10' Cult * NH 68 Square Baler w/ 2 Cyl Wisc * Vicon 4 Wheel Rake * JD 640 Side Deliv * 24' Bale Elevator * 7' Sickle Mower * 7 1/2" Blade for Truck * Saw Mandrel * Vehicles 96 Dodge Ram 300 Pleasureway Excel Travel Van 28,000 km Sft * 60s Jeep FC170 4x4 c/o Truck * 66 Chev 30 one ton w/ Deck * 54 Chev Belair 4D * 91 Ford Taurus Wagon - Running * 83 Cadillac 2D Coupe De Ville * 77 Dodge Aspen Wagon * Utility Trailer * Snowblower 10HP * Roto Tiller * Walk Behind Garden Tractor * 70s Snow Cruiser * 68 Ski Doo Super Olympic * 70 Snow Jet * 58 Johnson 35 HP Outboard Antiques Coca Cola UpRight Vendo 44 Machine * Wood Stove * China Cabinet * Buffet * Gateleg Table * Drop Leaf Table * Wash Stands * 2D Book Cabinets * Trunk * Wood Chairs * Piano Stool * Wood Telephone * Cast Bath Tub * Wash Tub * Galv Tubs, Pails * 2) French Doors Farm Antiques Corn Cult w/ Cast Seat * Hse Dump Rake * Potato Hiller * Fairbanks 2HP Stationary Engine * Anvil * Pedal Wet Stone * 4) Implement Seats * Carpenters Bench * Forge * Scale * Lanterns * Saws * Wrenches * Hand Water Pump * Pedal Bike * Tools & Misc 200 Amp Welder * 250 Amp Gas Welder * Sunnen Honing Machine * Drill Press * Com Foley ReToother, Filing Machine * Air Comp * HM Hyd Press * Power Tools * Hand Tools * I Beams * Angle Iron * 3000 Furnance Lining Bricks * Fence Posts

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www.mcsherryauction.com

MISCELLANEOUS

Tempo treadmill. Barely used. Ph 204-886-2665.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca



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Single and Double Occupancy for 2015-16 year.

Call 204-727-9761 or 204-727-7394.

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Wholesale Water Filters!! New Water-ite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Paterson iron removers/\$490. Greensand iron odour removal systems, \$690. All Seasons Furnishings 204-661-8581.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com



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Stonewall, MB #12 Patterson Drive

Yard, Tools, Antiques, Household, Always Lots of Exciting Items!

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McSherry Auction Service Ltd

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ESTATE OF ALBERT KOZMINSKI

Saturday June 27 10:00 am
Arborg, MB
15 min south on Hwy #7, then 1/4 Mile East at Meleb
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Stonewall Teulon
Tribune

ANNOUNCEMENTS

CARD OF THANKS

Thank you to all who attended or bought tickets supporting our Bud, Spud Fundraiser for Cvet's Pets Helping Vets that helped make it a success! Special thanks to Stonewall Legion Branch 52 & Ladies Auxiliary, Stonewall Family Foods, Quarry Pets, Jane and Stephen, Teresa, her kitchen helpers and BBQers! To all who donated prizes they were amazing and of course all those sellers that got the tickets out there!!!

-Cheers
Christie and Shannon

ANNOUNCEMENTS

CARD OF THANKS

We would like to thank family, friends and the community for sponsoring the Larson Team in the Walk for Hope, for the ALS Society of Manitoba. The walk was held Saturday, June 20th in Winnipeg. The tremendous support is greatly appreciated and hope for a cure. We had sponsors from BC, Alberta, Manitoba and Ontario. The Larson Team had 29 walkers and raised \$8500. We were ranked fourth for the amount that was raised. Special thanks to those who worked so hard to raise funds and walked along with us.

-Thank you,
Brian and Barb Larson

ANNOUNCEMENTS

CARD OF THANKS

On behalf of the Interlake Community Foundation and South West Palliative Care, we would like to thank all those who generously sponsored and provided donations for the 11th Annual Ralph Eichler Charity Golf Tournament held at South Interlake Golf and Country Club on June 16, 2015. A special thank you to the 92 golfers who made the event successful. Without everyone's assistance, this event would not have been possible. Net proceeds will go to the Interlake Community Foundation and South West District Palliative Care.

-Jim Penner and George Willis
Tournament Co-chairs

ANNOUNCEMENTS

CARD OF THANKS

We would like to thank our wedding party for organizing our social and to everyone who came to celebrate with us and those who bought tickets and couldn't make it. Thank you to the members of the community who hosted the lovely bridal shower in my honour and to everyone that attended and those who were unable but sent gifts. Your thoughtfulness is greatly appreciated.

-Ryan Tully and Alyssa Kleemola



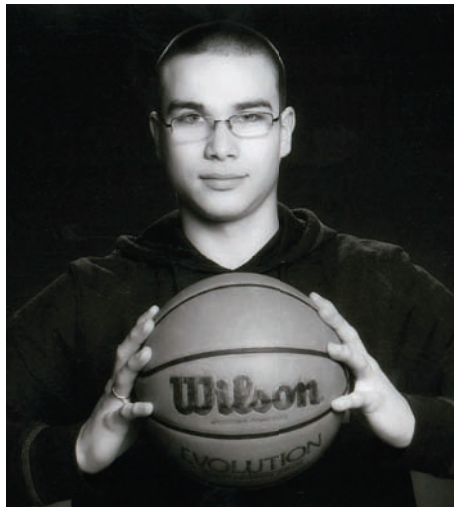
Providing quality mineral sod for commercial and residential applications

Both field pick up and convenient delivery available. Farm located 15 minutes NE of Stonewall on Rd 84N

For pricing and information, please contact our office at 204-895-4329

ANNOUNCEMENTS

GRADUATION



**Koenraad Jakob McKenzie
Thievin-Andres**

Congratulations!! You did it!! Day one of life you fought to just survive, and Granny said, "he will do great things", and great things you have. We as a family are so proud of the young man you are, standing by your no drugs no alcohol, and helping those in need, beliefs. Your gentle soul has helped you shape the world and not let the world shape you. Follow your heart and your dreams Cali is waiting. You will find your path in life, for now enjoy your youth, your cars, that Beautiful Brooke and keep being the amazing young man you are! This first chapter has been an amazing ride and we can't wait for the next chapter. You enrich all of our lives. Love you so much!

-Love your very large family and
your BFF Marley!!

This is the end of the T-A era in the Interlake School Division and we want to just say "Thank You" to the surrounding communities and great people, and especially the amazing teachers from SCI and Balmoral who helped all four T-A's to graduate, and we know a few of them gave you some trials! Thank you from the bottom of our hearts! We did it!!



Call 467-5836

NEWS TIPS

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Bridal Shower
in honour of

Ashleigh Dearman
(bride-elect of Jordan Brad)

July 12, at 1:00 p.m.
at Woodlands Community Hall

Ashleigh and Jordan are registered at
Bed, Bath & Beyond and Sears

Everyone Welcome

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PART-TIME POSITION

The South Interlake Fifty-Five Plus, Inc. has an opening
for an Administrative/Program Assistant.

The Administrative/Program Assistant shall be responsible for planning and coordinating various senior programs and activities.

Qualifications:

- Experience and ability to work with seniors and volunteers
- Computer knowledge including Word and Excel
- Initiative and ability to work with minimal supervision
- Ability to multi-task and prioritize

Deadline for Applications: Monday, July 6, 2015

Submit Resume to:
South Interlake Fifty-Five Plus, Inc.
Box 309, 5 Keith Cosens Drive,
Stonewall, MB R0C 2Z0
Email: si55plus@mts.net

Only those selected for an interview will be contacted.

SALESMAN

We are currently seeking a dynamic individual
with a building supply background to fill the
position of

PACKAGE SALES ASSOCIATE

The successful candidate will be involved in the
sales of lumber and building products, flooring,
windows & hardware

Resumes may be sent to:

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And MORE...

Sterling North - Stonewall Campus, a funded private school in Stonewall, MB, is seeking applicants for an 80% High School English teacher for the 2015-2016 school year. The successful candidate will provide a Criminal Record and Child Abuse Registry check. Please submit a resume along with references to:

Sterling North - Stonewall
Box 1309
Stonewall, MB R0C 2Z0
Fax: 204-467-2571

E-mail: stonewall.admin@sterlinged.org

Closing date: June 26, 2015



Interlake-Eastern
Regional Health Authority

Interlake - Eastern Regional Health Authority Physician Recruitment Officer (1.0FTE)

The Physician Recruitment Officer is responsible for recruitment and retention activities including job fairs, promotional events and special initiatives for medical students, Residents and Physicians.

As the successful candidate you will possess:

- Post-secondary education relevant to the position
- Knowledge of computer systems/software
- Minimum 2 years of experience in human resources or business/management fields
- Valid driver's license and vehicle

Please submit resumes in confidence by **4:00 pm July 3, 2015** to:

Human Resources, Interlake -Eastern Regional Health Authority

233A Main St., Selkirk, MB R1A 1S1 Email: hr@ierha.ca

Or apply online @ www.ierha.ca

**Classified booking deadline
is Monday at 4 p.m. prior to
Thursday's publication.**

Call 204-467-5836

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune

ANNOUNCEMENTS

IN MEMORIAM

Bob Hamaberg

January 27, 1936 – June 28, 1992

Those we love don't go away,
They walk beside us every day.
Twenty-three years has passed since
we lost you
But not a day goes by that we do not
think of you
You are loved and missed and will be
forever in our hearts.

-Loving remembered by your wife,
Irene and family



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Follow 432 south till mile 7.5



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industrial first. Lunch available.

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Cell: (204) 325-6230
Fax: (204) 325-4484

ANNOUNCEMENTS

IN MEMORIAM



Mabel Gregg
June 29, 2013

Gone two years ago but still loved,
Missed and thought of every day.
Our hearts still ache,
And tears are never far away.
Always remembered and loved.

-Love,
Carl and Susan,
grandchildren and great-grandchildren
XOXO

ANNOUNCEMENTS

IN MEMORIAM



Douglas Richard Gibson
November 13, 1979 - June 27, 2011

I do not think my song will end
While lakes and rivers run,
For they are a place of happiness
A place where I had fun.
And I believe my voice will sound
Upon the whispering wind
So long as even one remains
Among those I call "friend".
I shall remain in hearts and minds
Of loved ones that I knew,
And in the rocks and forest and fields
Because I love those, too.
So long as love and hope and dreams
Abide in earth and sky,
Weep not for me, though I be gone
I shall not really die.

-Love Mom, Dad, Cynthia and Tucker

ANNOUNCEMENTS

IN MEMORIAM



Douglas Richard Gibson
November 13, 1979 – June 27, 2011

In memory of our

Grandson, Nephew and Cousin

A limb has fallen from the family tree.
I keep hearing a voice that says,
"Grieve not for me".
Remember the best times, the laughter,
the song.
The good life I lived while I was strong.
Continue my heritage, I'm counting on you.
Keep smiling and surely the sun will
shine through.
My mind is at ease, my soul is at rest.
Remembering all, how I truly was blessed.
Continue traditions, no matter how small.
Go on with your life, don't worry about falls
I miss you all dearly, so keep up your chin.
Until the day comes we're together again.

-Love forever and a day,
Nanny Jansen and family

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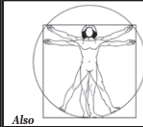
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> MEAL IDEAS

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Chicken Broccoli Divan

Preparation
Put broccoli in 12- by 8-inch shallow baking dish. Top with chicken.
Stir soup and milk in bowl. Pour over chicken. Sprinkle with cheese. Mix bread crumbs with butter and sprinkle on top.
Bake at 350°F for 30 minutes or until chicken is cooked through.
Preparation Time: 10 minutes
Bake Time: 30 minutes
Makes 4 servings

Ingredients
4 cups fresh or frozen broccoli flowerets
4 skinless, boneless chicken breast halves
1 10 3/4-ounce can cream of chicken soup (regular or 98 %fat free)
1/2 cup milk
1/2 cup shredded Cheddar cheese
2 tablespoons dry bread crumbs
1 tablespoon melted butter

Pasta and Edamame Salad

Ingredients
3 cups (750 mL) frozen edamame or green peas, defrosted
3 cups (750 mL) cooked pasta, (e.g., orecchiette or mini-shell)
2 1/2 tbsp (37 mL) olive oil
1 tbsp (15 mL) white balsamic or white wine vinegar
Zest of 1 lemon, finely grated
2 stalks of celery, diced finely
7 oz (200 g) cherry tomatoes, quartered
5 oz (150 g) lower fat Havarti cheese or medium Cheddar cheese, diced finely or 3 oz (90 g) regular Havarti cheese or medium Cheddar cheese, diced finely
1/3 cup (75 mL) fresh basil, sliced finely on the diagonal
Chili powder, to taste (optional)



Directions
In a large bowl, mix all ingredients together gently.

Prep time: 10 min | **Cook time:** 0 min
Makes: 8 servings
www.heartandstroke.mb.ca

Preparation
Cook whole potatoes in boiling, unsalted water until tender. Refrigerate until chilled, then chop into 1-inch pieces. Transfer potatoes to a large bowl along with the remaining ingredients and thoroughly combine. Add some of reserved bacon fat if desired. Chill at least 2 hours before serving. Adjust seasoning prior to serving.



Note: Any condiments or toppings typically added to a loaded baked potato may be used for this recipe.

Loaded Baked Potato Salad

Ingredients
4 pounds Idaho potatoes, peeled
1 pound bacon, crisply cooked, and chopped into 1/2-inch pieces (fat reserved, if desired)
4 ounces unsalted butter, softened
1/2 cup chopped green onions
2 cups grated or shredded cheddar cheese
1 1/2 cups sour cream (regular or low-fat)
1 tablespoon black pepper
1 teaspoon salt

Getting fit again at fifty!



I am Irene Shaw. My husband and I have proudly called the Interlake our home since December of 1997.

I am pleased to have the opportunity to submit the next six articles to this section of the newspaper. I am writing as a health-oriented individual rather than as a qualified and certified health professional. I would therefore advise you, the reader to consult with your health practitioner before following any of the health advice or health suggestions I provide in any of the six articles.

That well-known marketing slogan of Nike Sportswear jogged through my mind shortly after the recent milestone of my 50th birthday. No surprise there. For the friends, classmates, and I, who all grew up together, Phys. Ed. class stretched outward beyond the walls of our gymnasiums and schoolyards to the communities in which we lived.

The Winnipeg neighborhood in which I grew up featured many kids and families, a giant playground called Assiniboine Park, a Tennis club with courts at which I practically lived each summer from about age 8 until the end of high school and trails for cycling and jogging which

wound their way gracefully along the Assiniboine River.

Swings and horses have provided many with enjoyment. I, on the other hand, have only ever enjoyed either of these, at a distance, with my feet firmly on the ground. I have never liked to climb trees either so it is interesting to note that in elementary school I decided to design and build my own tree house. This was probably after having read "The Secret World of Og" by Pierre Berton in which a tree house was a prominent piece of the story. My parents had brought back the book for me as a souvenir from one of their Heritage Canada conference trips out East. Pierre and Janet Berton were acquaintances of my parents. Together they shared in an avid interest of Canadian history. I situated my tree house in the backyard. In keeping with my dislike of tree climbing though I built it on the ground (in between two trees) rather than higher up among the trees.

As an adult, I have struggled to maintain a balance between physical activity and other areas of my life. It is about time I dropped my excuses and as Nike has conveyed so well to "Just do it!"

Irene Shaw

Mango Chiles Rellenos Al Carbón

Ingredients
6 large poblano or Anaheim peppers
1/2 medium white onion, peeled and cut into rings
2 ripe mangos, peeled and sliced, divided
6 ounces jack cheese, cut into 12 strips
1 tablespoon lime juice
1 very small chipotle pepper and
1 teaspoon adobo sauce from can
Snipped fresh cilantro

Preparation
Grill peppers and onions over high heat until peppers are well charred and onion is lightly charred. Place peppers in paper bag and fold top over several times; set aside for 20 minutes.

Remove peels from peppers by rubbing gently with fingers. Make a slit the length of each pepper and carefully remove seeds and membranes.

Place 2 large mango slices and 2 cheese strips inside each pepper. Place on large piece of heavy duty foil and grill over medium heat for 5 to 10 minutes, or until



cheese is melted. Remove from grill and keep warm.

Chop 1/2 cup mango.

Puree grilled onions, remaining mango, lime juice and chipotle pepper until smooth. Season to taste with salt and stir in chopped mango.

Place small amount of mango salsa on each serving plate and top each relleno with additional salsa and snipped cilantro.

Preparation Time: 20 minutes

Cook Time: 5 to 10 minutes

Serves 6

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