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## Revving up your engines

TRIBUNE PHOTO BY JO-ANNE PROCTER

Thousands attended the Touch-A-Truck event at the South Interlake Ag grounds last Saturday. Pictured from left to right: cousins Eli Grassinger, Danica deLaroque, Duncan Grassinger and Connor deLaroque.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# Touch-A-Truck draws thousands of attendees

By Jennifer McFee

Crowds of enthusiastic tots were all revved up for the second annual Touch-A-Truck event held at the Red Barn last weekend.

The much-anticipated fundraiser for Stonewall Children's Centre allowed kids — and adults — to touch, climb, explore and discover all kinds of large vehicles that they usually only see from afar.

Lined up across the spacious field, vehicles included helicopters, buses, emergency vehicles, a garbage truck and much more. Other highlights included guest appearances by Bombers mascots Buzz and Boomer, as well as face painting, temporary tattoos, barrel train rides and a bouncy castle.

Approximately 3,000 people attended Saturday's event, up from about 1,700 last year, generating \$15,000 for the children's centre to use for improvement projects.

The 1<sup>st</sup> Stonewall Scouts group also raised funds for its jamboree account by selling barbecued hotdogs and cold drinks. In total, they sold nearly 85 dozen hotdogs — more than double the amount that they usually sell during the entire Quarry Days weekend.

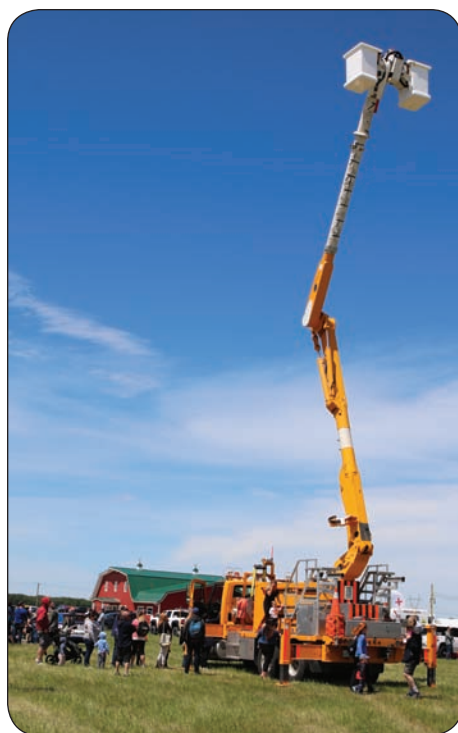
News of the Touch-A-Truck event spread by word of mouth, bolstered by media coverage. It even earned the top spot in CJOB's list of the Top 5 things to do on the weekend — edging out other kid-centric outings such as Kidsfest and the Justin Bieber concert. As a result, attendees came from local communities as well as from Winnipeg, Beausejour and beyond.

Pam Kozokowsky, assistant director of the Stonewall Children's Centre, is pleased with the turnout.

"It was awesome. Everybody thought that it ran very smoothly for that amount of people. There wasn't even a really long wait for getting in the gate. There were some lineups for some of the vehicles, but they moved fairly quickly. A few people even had birthday parties there," said Kozokowsky, who is also a member of the Touch-A-Truck committee.

"By just walking around and looking, the biggest lineups seemed to be at the helicopters, the fire truck and Thomas the Tank Engine. They also all seemed to like the little mini sled racers."

Plans are already in the works for next year's Touch-A-Truck fundraiser, which will be held on the second weekend of June.



TRIBUNE PHOTOS BY JENNIFER MCFEE AND JO-ANNE PROCTER  
Approximately 3,000 people attended the second annual Touch-A-Truck fundraiser for Stonewall Children's Centre.



**Tracey Malone**

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# Warren students winners of Manitoba Air Show essay contest

By Natasha Tersigni

Thanks to their award-winning essays on what it would be like to pilot an airplane, five Grade 6 students at Warren Elementary School will now get the chance to be passengers in a small aircraft this Saturday.

After their teacher Scott McMurtry saw a contest put on by the Manitoba Air Show, he had all his students write an essay for the Language Arts class. The class voted on their five favourite essays, and McMurtry sent all five in for judging. To his surprise, all five were chosen for the prize of flying in an airplane.

"We went on a class field trip to the Aerospace Symposium hosted by Red River College and they forwarded me the information about the contest. It was put on through the Manitoba Air Show," explained McMurtry.

"The way it was put out is you pick the top five from your class, you submitted them and then they would choose 100 students from across Manitoba Grade 4 to 12 that would be able to go. It was pretty exciting to see that all got chosen."

Excitement among the winners is mounting as the students will be going to the Oak Hammock Marsh Airport this Saturday for their flight, which will be a first for most of them in an aircraft of this size.

"I think it will be really fun to fly in the airplane. We think it is going to be a bush plane," added Payton M., whose essay received the most votes from her fellow classmates. Here is Payton's winning essay:

*If I were to fly*

*If I were to pilot a plane I would feel exhilarated and overjoyed. I would feel all of the controls at my fingertips and the rushing wind surrounding me. I would feel the rumbling of the motor and fear I might crash, I would feel amazing.*

*If I were to see thousands of feet of air beneath me I would also see much more. I would see the bright blue sky and fluffy white clouds that would engulf the plane. I would see the propeller, the people, and all of the houses beneath me. I would see the complicated beauty that is the control panel and the smooth steering wheel; I would see everything from a new perspective.*

*My ears would be overwhelmed with noises and sounds. I would hear the engine and the air flowing around me. I would hear my ears pop from the altitude and then muffled speak from someone in the plane with me.*

*My nose would be overwhelmed with scents. I would smell the faint scent of gasoline for my nostrils would be filled with air, I might smell a faint scent of metals and materials made to build the plane.*



TRIBUNE PHOTO BY NATASHA TERSIGNI

Five Grade 6 Warren Elementary School students — (left to right) Payton M., Naomi B., Abby C., Aidan S. and Katelyn D. — have won a flight in a small aircraft through an essay-writing contest hosted by the Manitoba Air Show.

*My taste buds would find it hard to taste anything else but air. I might taste gasoline or snack that I packed or a birds feather that somehow flew into my mouth, it would*

*taste horrible.*

*From this experience I would learn about the sky and get a deeper understanding of how a plane works. I would learn lots.*

## Stonewall's caterpillar control not to include chemicals

### Creepy crawlers future will be left up to Mother Nature

By Natasha Tersigni

You don't have to travel far these days to notice that the town of Stonewall has some new creepy crawly invaders: forest tent caterpillars.

Similar to much of the province, there has been a recent outbreak of the caterpillars that feed mainly on deciduous trees. Keeping in line with other municipalities, town officials have decided that chemical sprays will not be used to combat these native species.

"We will be following the provincial recommendations when it comes to control of the forest tent caterpillars and we will not be using chemicals to control the species," said Rockwood-Rosser, Stonewall and Teulon Weed Control District supervisor Michael Dola, who will be continuing to monitor the situation in the region.

The Town of Stonewall has posted a detailed notice to residents on its website stating why they have decid-

ed against using chemicals.

"The insects are naturally occurring and pose no danger to human health and minimal danger to plant life whereas the chemicals used to spray the caterpillars is potentially dangerous to small mammals such as dogs and cats," the notice to residents states. "Rather than spending large amounts of money on insecticide for a native insect in its natural cycle, the Town will continue to monitor the caterpillars and follow the recommendations set out by the province."

The best control for these caterpillars is Mother Nature. Most times, hot weather, wind and rain will control outbreaks. The caterpillars feed on leafy trees, and the damage varies from light thinning of leaves to entire stripping of the tree tops. For the most part, the damage is not permanent and the tree will survive. The height of the outbreak is expected to be from June to mid-July.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Town of Stonewall officials have decided against using chemical sprays to combat the recent outbreak of forest tent caterpillars. The caterpillars do not pose a threat to animals or humans.

# Aboriginal drum circle passes on tradition of spiritual healing

By Natasha Tersigni

The Aboriginal tradition of forming a drum circle is one of spiritual growth and connection. It dates back generations and is a way for women to learn and connect with one another.

Last week, students at Stonewall Collegiate took part in a traditional women's drum circle as way to further learn about the aspects of the Aboriginal culture. Passing on her knowledge of traditional teachings, Jennifer Osborne Croll hosted the workshop as a way to introduce students to a number of Aboriginal traditions including smudging ceremonies and the importance of drumming.

"We are not teaching about something; we are teaching about something by doing it and talking about it in authentic ways and living it," said Croll, who spoke on how drum circles are held for a variety of reasons including in times of mourning, celebration or as a way to connect community members.

"For any reason, we gather around a drum to be together and to get strong. When you sit with this drum beat, it is like a heartbeat, and at the end of any song, all of our hearts are beating together and it teaches us and reminds

us that we are all connected."

In the teachings, it is believed that with every beat of the drum, the people surrounding the circle are shattering the negative patterns in their hearts and forming new, stronger patterns in connection with one another.

"We all carry patterns in our hearts that are connected through whatever our pain or heartache is. With each beat of the drum, we are breaking up the patterns and creating new patterns," said Croll.

"When women gather around these drums, we change with every drum beat to become more ourselves, less coping, and our voices get very strong because strong hearts equal strong voices."

The workshop was organized by resource teacher Lindsey Sturgeon, who has been attending drum circle for the past year and knows how it can help students grow and find their own voice.

"As a teacher, I am always thinking of ways to help my students grow and to incorporate these teachings. As teachers, we want to help them to connect with the world around them and this is a great way to do that. With a drum circle, they have an opportunity to



TRIBUNE PHOTO BY NATASHA TERSIGNI

A traditional Aboriginal women's drum circle workshop was held at Stonewall Collegiate last week for students in order to showcase an important aspect of Aboriginal practices and culture. The circle provides a chance for spiritual connection and healing. Pictured left to right: SCI students Lily Reder, Cassidy Romaniuk, Chloe Dick, workshop facilitator Jennifer Osborne Croll and SCI teacher Lindsey Sturgeon.

learn so much about themselves," said Sturgeon.

"There are so many different teachings that you can get by sitting around a drum together with other women

and girls. To hear each others' voices and to learn from each other is a really great experience."

## Stonewall Air Cadet chosen for international exchange

By Natasha Tersigni

The next month will be a whirlwind of activity for one member of Stonewall's 301 Alan McLeod VC Royal Canadian Air Cadet Squadron.

Following her graduation from the Selkirk Comp, WO 1st Class Morgan Herda will be travelling to the United Kingdom for three weeks as part of the International Air Cadet Exchange (IACE) program.

The annual program selects 67 senior-ranked air cadets from across Canada to travel to a participating foreign country where the cadets will learn about the country, including its military, aviation and culture. Herda is one of four Manitobans selected for this year's program — and the only one from Manitoba selected for the U.K.

To be chosen for the exchange is not an easy feat. After writing a self-narrative on why she should be chosen to represent Canada abroad, Herda was then chosen from her squadron to attend board interviews with both cadet and military officers. During the interviews, she was quizzed on everything from military history to her own participation with her squadron. Then

it was a two-month waiting game to see if she was one of the four cadets chosen from the 17 that were interviewed.

"It was a pretty nerve-wracking wait but I was very excited when I heard I was chosen. I initially wanted to go to Netherlands, but the U.K. is an amazing place as well. I am really excited about this opportunity, and as far as I know, I am the only air cadet from Manitoba chosen for the U.K. To be one of 67 cadets representing Canada, I think it is a pretty incredible and a wonderful opportunity," said Herda.

Throughout their stay, the cadets will spend the majority of their time in London, England. Their trip will include visiting tourist attractions, such as Big Ben and Buckingham Palace, and touring military bases. One part of the trip Herda is most looking forward to is exploring the U.K. culture.

"We all get to stay with host families for a few days and that is when we really get to see different parts of the U.K. Some of us will be going to Ireland and northern England," added Herda.

Chosen in part for her leadership skills and dedication to air cadets,



TRIBUNE PHOTO BY NATASHA TERSIGNI

WO 1st Class Morgan Herda of Stonewall's 301 Alan McLeod VC Royal Canadian Air Cadet Squadron is one of four Manitoban air cadets chosen for this summer's International Air Cadet Exchange (IACE) program.

Herda will return to the Stonewall squadron this fall for her seventh and last year following her exchange. As the most senior cadet with the unit,

Herda will remain teaching classes and have the opportunity to share what she learned on the exchange with the younger cadets.

# New owner ready to restore historical Argyle store

By Jennifer McFee

It's a new beginning for a hundred-year Argyle business steeped in local history.

Meridian Trail General Store recently changed ownership with Graham Bremner taking the keys from Ben and Victoria Schindle, who ran the local business for more than 20 years.

For Bremner, the opportunity provides a welcome change that allows him to stay closer to home and to his son Caleb, compared to his previous contract work that required him to drive all over the province.

It's also a chance to embrace his community roots through the store that he's known for his whole life.

"It's a small town store. I grew up with this store. I wanted it to stay in local hands and I was looking for a change," Bremner said.

"I heard a rumour through the grapevine that Ben was selling it, and I ended up chitchatting with him for a while. We worked on it between ourselves in the background for about a year and a half."

Then on April 22, Bremner became the official new owner of the local

mainstay, which is a one-stop shop featuring groceries, liquor, the local post office and a coffee shop.

"Everybody's asking me if I'm going to renovate but I'm going to restore. I want to really embrace the fact that it's a hundred-year-old building. It was opened in 1911. It's one of the oldest continually run stores in the province," he said.

"Originally, it was Douglas General Merchants, and it was built before the school and before the railroad. It was the first building in town."

Restoration plans are already in place — as are a few new ideas for the future.

"I'm getting the tin roof all repainted and I'm getting the original hardwood floors refinished. I'm not modernizing it at all. I just want to really embrace the history of the building and make it like the old-fashioned general store that you walk into," Bremner said.

"And every Saturday, we're going to be doing a farmers market right at the store, probably starting mid-July or August. We also plan to put in a restaurant at some point. It's super exciting."

The store's hours will remain the



TRIBUNE PHOTO BY LANA MEIER

Graham Bremner, left, recently purchased the Meridian Trail General Store in Argyle from Ben and Victoria Schindle. Bremner's son Caleb, second from right, will be at the store helping his dad along with running a farmer's market beginning mid-July.

same with doors open Monday, Tuesday, Wednesday, Friday and Saturday from 8 a.m. to 6 p.m. and Thursdays

from 8 a.m. to 12:30 p.m. The store will continue to be closed on Sundays.

# Walk has special meaning for CEO Wendy Schettler

Submitted

Make memories matter and join the Alzheimer Society's Walk for Alzheimer's, presented by Investors Group, on Tuesday, June 14 at the Forks. Entertainment and registration begins at 5 p.m. and the walk kicks off at 6 p.m.

This year's Walk for Alzheimer's, formerly Memory Walk, has a new name and logo for an improved walk.

"Alzheimer Societies across Canada are embracing the new nation-wide walk brand and Manitoba is excited to join forces. It's still the annual walk that people are accustomed to, but it's being re-energized," says Wendy Schettler, CEO of the Alzheimer Society of Manitoba.

More and more people are reaching

out to the Alzheimer Society for support as they face a diagnosis of dementia. The Alzheimer Society provides a network of support and education for people living with dementia, their families and their caregivers. The Society is also a prominent voice in advocating for change within all levels of government and is a leading funder of Alzheimer's disease research.

"Great things happen when groups of people join forces and that's what we hope for with the 2016 Walk for Alzheimer's," says Schettler. "This year's Walk is extra special for my family team. My dad has dementia and the Walk falls on his birthday. We will all be there celebrating in his honour."

There are many Walk for Alzheimer's events taking place through-

out Manitoba. Visit [www.alzheimer.mb.ca/wfa](http://www.alzheimer.mb.ca/wfa) to learn more. Join us as we

walk united in support of all people affected by dementia.

## FATHER'S DAY SPECIAL

# June 19th

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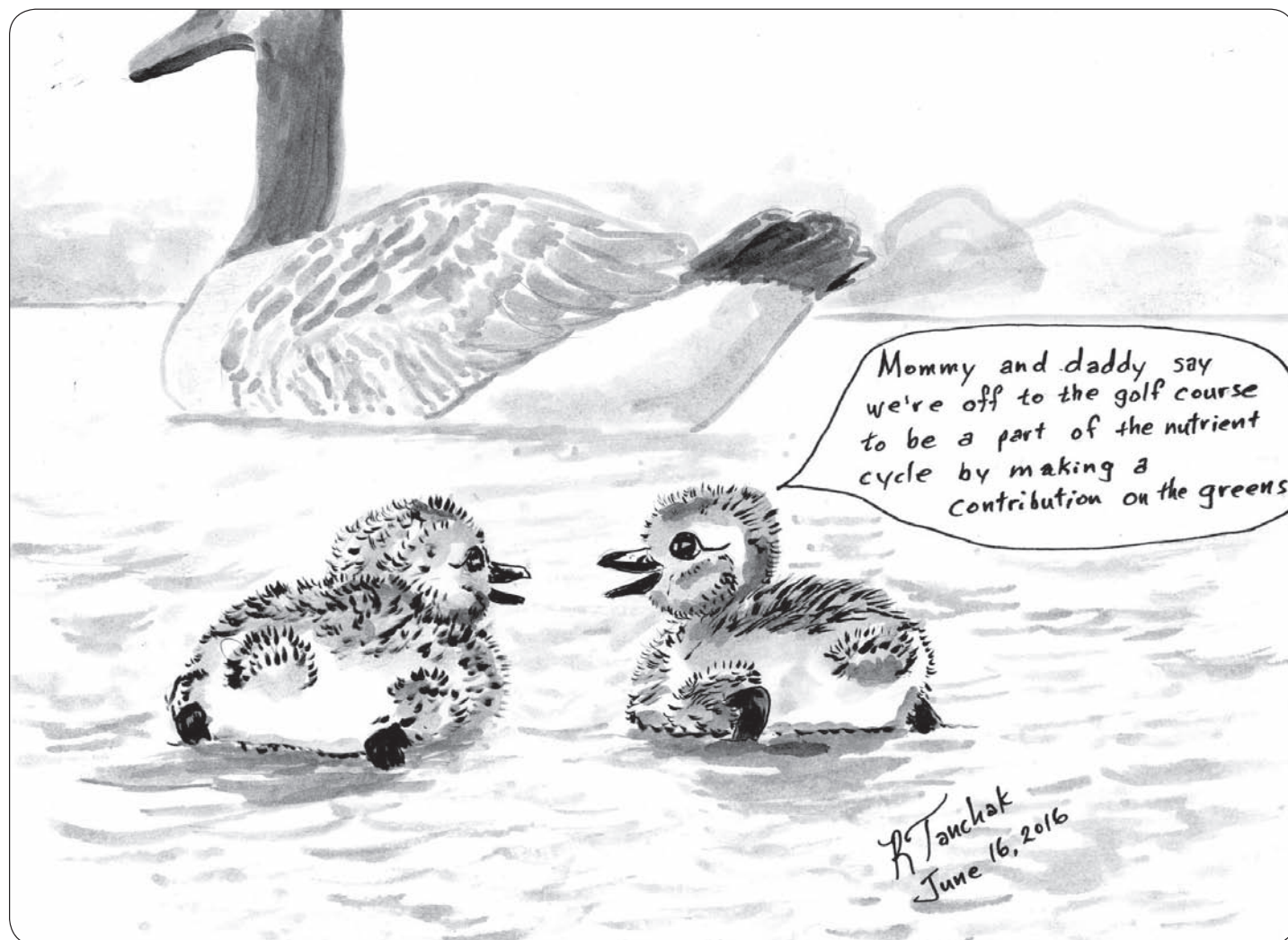


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# getheard

EDITORIAL > VIEWPOINTS > LETTERS



## Eichler to take Pulse Pledge, citing health benefits of edible beans, peas, lentils

### Submitted

Manitoba Pulse & Soybean Growers is pleased to announce that the Honourable Ralph Eichler, Minister of Agriculture, will be making a ministerial statement to the Legislative Assembly of Manitoba on Thursday, June 16,

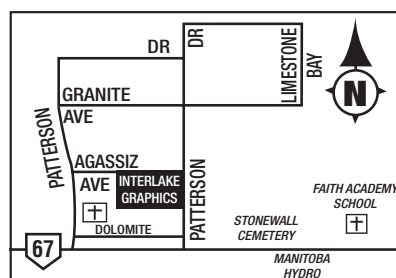
recognizing 2016 as the International Year of Pulses.

In his statement, Minister Eichler will encourage all members of the house to join him in taking the Pulse Pledge by incorporating pulses into their diet at least once a week through

the remainder of 2016. The statement being read in Manitoba's Legislative Chamber recognizing the International Year of Pulses will be transcribed and remain in Hansard – the

Continued on page 13

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# Woodlands lagoon hearing ignites mixed opinions

By Natasha Tersigni

RM of Woodlands council held two separate public hearings on June 7 in order to move forward with the proposed Hamlet of Woodlands expansion project.

The council was forced to find a new way to pay for their share of the lagoon project after the Municipal Board of Manitoba denied the council permission to implement a 10-year tax levy to pay for the project. The expansion includes building a new primary cell and turning two existing cells into storage cells. While the Manitoba Water Services Board will be covering half of the construction costs, the RM of Woodlands is responsible for the other \$900,000.

The first and main hearing of the evening was held to discuss using \$225,000 from the Municipal Building Reserve Fund to pay for part of the Woodlands lagoon expansion. Whenever money is taken from a fund to be used not for the intended purpose, a public hearing must be held. Council plans on replenishing the money in the reserve over the next two years: \$190,000 in 2017 and the remaining \$35,000 in 2018 from future gas tax funds from the federal government.

During the hearing, which had eight RM residents in attendance, council heard a wide range of opinions on using the building reserve funds for the lagoon project.

"I have recently purchased several lots in the Hamlet of Woodlands and I have heard a rumour that building permits may not be issued because of the lagoon is at capacity," said Penny Bell, who is in favour of the project moving ahead.

If the expansion does not go through, the RM may have to restrict the number of building permits they issue as the current lagoon is at capacity and the province requires all homes in the hamlet to be hooked directly to the lagoon and separate septic tanks are no longer authorized.

"One of the reasons we feel the expansion is so important is so the community can continue to grow. It is a direct benefit to all of the municipality if the infrastructure is put in to place to allow for growth,"



TRIBUNE PHOTO BY NATASHA TERSIGNI

RM of Woodlands council held two public hearings on June 7 in regards to the proposed lagoon expansion project in the Hamlet of Woodlands. The first hearing was held to discuss council borrowing \$225,000 from the Municipal Building Reserve Fund for the project. The second hearing was held to re-present the 2016 RM of Woodlands financial plan that reflected the changes made to the building reserve fund.

added RM of Woodlands Reeve Trevor King.

Bill Fleury, who lives in the rural portion of the RM, opposes using building reserve funds for the lagoon expansion project.

"I am objecting to taking money out of the municipal building reserve because the municipal board told you guys you had to find a fair and equitable way to pay for this, and that is not a fair and equitable way. That money was put in there from everybody. The people from rural Woodlands and the town of Warren should not have to contribute the same amount as the people in Woodlands," said Fleury.

In the end, the sole discussion will be with council. Unlike with the levy, there is no appeal process for ratepayers who filed objections.

The second public hearing of the evening was

to re-present the RM of Woodlands 2016 financial plan. With the changes to the reserve fund and the scaling back of public workshop renovations, council had to present another financial plan that was very similar to the one they originally presented at a public hearing on April 27.

There will be no changes to the original mill rates from the original budget presented, with the rates remaining at 13.51 mills for Warren residents and 16.62 mills for rural Woodlands residents.

At their council meeting Tuesday evening, council voted on both the 2016 RM of Woodlands financial plan and to use the building reserve funds for the lagoon expansion project. Unfortunately, the decisions came after press time for the *Stonewall Teulon Tribune*, so they will be reported on in the June 23 edition.



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# Local Interlake students gather for Safety Day

By Jennifer McFee

Local elementary school students learned that it's better to be safe than sorry at a special event last week.

Grade 5 and 6 students from Balmoral School and Teulon Elementary School converged at the Teulon-Rockwood Arena last Wednesday for Safety Day, a program of the Progressive Agriculture Foundation.

They rotated through different stations that taught them about everything from grain safety and water safety to how to be safe with machinery such as ATVs and mowers. They also learned about ergonomics, chemical safety and how to deal with animals.

Lead co-ordinator Tony Baliant said the focus extended beyond farm safety to include other issues.

"A lot of the topics are not so much about farm machinery but even about things that could happen at a small holding," Baliant said.

Students also had the chance to hear first-hand accounts of farm accidents told by representatives from the Manitoba Farmers with Disabilities organization.

Neil Enns was instrumental in starting the organization in 1996 after he lost his arm in an auger accident.

"I always ask kids why do accidents happen. One of the big reasons is be-

cause you don't assess the job before you do it. You don't think. You just jump into it," Enns said. "I tell them to assess the job before you do it and ask 'Is it safe to do this?'"

At the same station, students heard from Roy Vust who used a display to demonstrate his tractor rollover accident.

"Fortunately, I did survive. I had no broken bones or anything else, but I did suffer burns because when the tractor was upside down, the gasoline ran out and it caught fire," Vust said.


"That meant I spent a month in the hospital and then about six months at home recovering before I could become active and probably about three years before I gained full strength that I had before that. So if I'd have taken a few seconds and avoided that accident, I'd be way far ahead. We're asking everybody to do that."

The Safety Day event is held every second year to help teach children lessons to keep them safe and healthy.

TRIBUNE PHOTOS BY JENNIFER MCFEE

Top photo, Neil Enns displays some of the tools he created after losing his hand in a farming accident. Right photo, Roy Vust uses a display to explain to students about his tractor rollover accident; Bottom photo, Teulon Elementary and Balmoral School students learned about grain safety at Safety Days.





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# Remembering 'Mr. Hockey'

## Fans, players pay tribute to Gordie Howe at Canadian Hockey Expo

By Dave Baxter

Hockey fans and former professional players took time to remember "Mr. Hockey" during last weekend's Canadian Hockey Expo in Winnipeg.

Gordie Howe, one of the greatest hockey players to ever play in both the National Hockey League (NHL) and the World Hockey Association (WHA) passed away last Friday at the age of 88.

During the 1970s, Howe, who was simply known by many as "Mr. Hockey," played on the WHA's Houston Aeros.

Former Winnipeg Jets player Norm Beaudin, who played with the Jets in the WHA throughout much of the 1970s, said he still feels the pain from a shot he took from Howe more than four decades ago.

"When he joined the Aeros, we were playing an exhibition game. I had a breakaway and he gave me a two-hander in the ankle and I still hurt from it," Beaudin said with a smile. "And that's a long time ago."

Howe could be a tough guy on the ice but was a gentleman off the ice, according to Beaudin.

"He was a gentle man, a very nice man," Beaudin said.

Beaudin said one of his greatest memories of playing in the WHA was getting to watch Howe play pro hockey with his sons Mark and Marty, who both also played on the team in Houston.

"What a deal that was for him," Beaudin said. "You could see how happy he was playing with them."

Canadian Hockey Expo organizer

Chad Balmer of Selkirk said a lot of people who came to the expo last weekend were talking about the loss of a legend.

"It was definitely a sad day in hockey," Balmer said. "But we can all celebrate his life because without Gordie Howe, I don't think hockey would be what it is today."

Balmer said it is difficult to compare hockey players and say who is the best of all time, but Howe is right at the top of the list of the greatest ever.

"I would say he's the best of his generation," he said. "Gretzky was the best of his generation, and it's very hard to compare the two because hockey evolves and every year the game changes."

Between 1946 and 1980, Howe played 26 seasons in the NHL and six in the WHA.

He spent 25 seasons in the NHL with the Detroit Red Wings and also played one year in the NHL with the Hartford Whalers.

A public funeral for Howe was planned for Wednesday in Detroit.



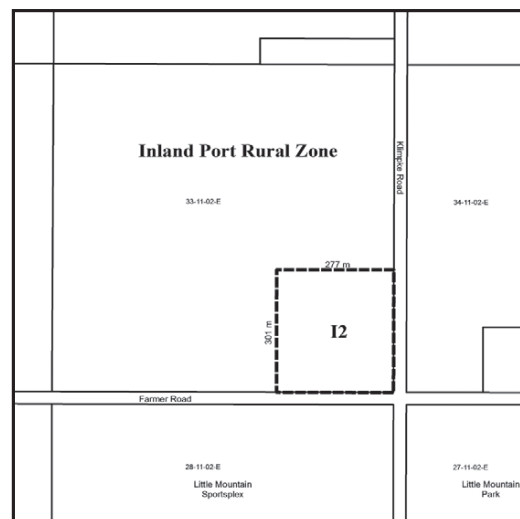
TRIBUNE PHOTO BY DAVE BAXTER

Former Winnipeg Jets player Norm Beaudin, seen here by the WHA Avco Cup at last weekend's Canadian Hockey Expo in Winnipeg, played with the Jets in the WHA throughout much of the 1970s. He reminisced about playing against hockey legend Gordie Howe.

### Proposed re-zoning in CentrePort

## Share Your Views

Concerning two proposed re-zonings in Sections 33-11-2E and 28-11-2E in the RM of Rosser CentrePort lands from Inland Port Rural Zone to "I2" Industrial General Zone.



Pt. SE 1/4 Sec. 33-11-2E



Pt. SW 1/4 Sec. 28-11-2E

Applications have been received to re-zone part of these sections in the rural municipality of Rosser from Inland Port Rural Zone to "I2" Industrial General Zone.

### Two Public Hearings

You are invited to share your views on the planned re-zoning of both sections at a public hearing taking place at 6:00 p.m. for section 33-11-2E and 6:30 p.m. for section 28-11-2E on Wednesday, June 29, 2016 at the Victoria Inn Hotel and Convention Centre located at 1808 Wellington Avenue, Winnipeg.

### For more information

If you would like to attend this public hearing, or you would like more information on the proposed re-zoning, please contact:

**Meagan Boles, Senior Planner**  
Inland Port Special Planning Area  
Manitoba Indigenous and Municipal Relations  
610 – 800 Portage Avenue  
Winnipeg, Manitoba R3G 0N4  
Phone: 204-794-3817  
Fax: 204-945-5059  
Email: inlandportspa@gov.mb.ca

**Manitoba**

## RCMP requesting assistance in locating missing teen

### Submitted

Gimli RCMP is requesting assistance in locating Montana Disbrowe.

Montana Disbrowe is 17 years old, approximately 5'3 and 120 lbs. She last contacted her family on June 10, 2016 and may be in Winnipeg.

The Gimli RCMP, with assistance from the Winnipeg Police Service Missing Persons Unit, have been actively searching for Montana since her disappearance.

Her family and the RCMP

are concerned for her well-being and are asking for the public's assistance for any information about her location.

If you have any information, please contact the Gimli RCMP at 204-642-5106, or call Manitoba Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at [www.manitobacrimestoppers.com](http://www.manitobacrimestoppers.com) or text "TIPMAN" plus your message to CRIMES (274637).

# Meadow Lea United Church celebrates 125 years

By Stefanie Lasuik

Meadow Lea United Church celebrated its 125th anniversary on June 12. Community members packed the small worship centre to acknowledge the love, learning, grieving and joy that has filled the remarkably unchanged building for the past 125 years.

Although the pews, layout and pulpit remain in the current building, it was originally built as a Presbyterian church for a cost of \$ 1,119.85. The first service was held in early July 1891.

Before then, members of the congregation met in homes and schools until the church was complete. The Presbyterian church shared their building with the Anglicans from 1893 to 1900 and was a part of the Poplar Point pastoral charge. In 1925, the church joined with Methodist and Congregational churches and became a part of the National Union. Eleven years later, the church switched into the Warren pastoral charge.

In 2008, Meadow Lea and Warren United churches came together to share ministry and services, which alternate between the two communities every week.

On Sunday, MLA Ralph Eichler and MP James Bezan presented the church with certificates of congratulations for its 125 years of service and contributions to the community. Despite the church's financial issues in the 1930s, its various periods of pulpit supply, and dwindling Sunday School numbers, the building and its people have

continued to serve the community.

"To keep the church alive for 125 years is a real honour, so that's really, really good on all of you," said Eichler, noting other Interlake organizations had to cease their activities during the depression, but Meadow Lea Church continued on.

John Peach of Selkirk Presbytery and Shanon McCarthy, executive secretary of the United Church's Manitoba and Northwestern Ontario conference, also brought congratulations to the churches.

"This is a Christian foundation we have inherited and celebrate. It is up to us to celebrate, maintain and build upon," said Peach.

Patricia Baker, Warren and Meadow Lea United churches' minister, also spoke the message of celebrating the past and building on it.

"This new time and situation in which we find ourselves today is a place of promise. ... This new time is the church of change in a changing world," said Baker.

After the service on Sunday, more than 100 people attended a luncheon and ceremony in Meadow Lea Hall.

While the church's congregation has changed greatly over the past 125 years, a few families still sit in the pews their grandparents did. James Robertson was a forebearer, and now his granddaughter, Pat Hogg, serves the church in many of its activities.

"It means a lot to me," said Hogg about knowing she can still worship in the place her granddad built.



TRIBUNE PHOTOS BY STEFANIE LASUIK

Longtime Meadow Lea United Church members, Norma MacMillan, Betty Sorenson, and Alice MacMillan cut the cake at the church's 125th anniversary celebration.



The original pews were full at Meadow Lea during their 125th anniversary service on June 12.



## SWDPC donates new wheels

TRIBUNE PHOTO BY STEPHANIE DUNCAN

Through various fundraising efforts, the South West District Palliative Care (SWDPC) recently purchased four transfer chairs for donation. On June 8, they presented two for Crocus Manor in Stonewall and Hilltop Manor in Stony Mountain. In December, they donated a chair to the Seniors Resource Centre in Teulon and Oak Park Lodge in Woodlands. Transfer chairs are light-weight wheelchairs that allow greater mobility and are worth approximately \$250 each. They are for residents to use when needed. The SWDPC plans to supply other community facilities with transfer chairs in the future as well. Pictured from left: Suzanne Durston, caretaker of both manors, Doris Hunter and Jim Hunter, members of SWDPC.

# Warren girl donates hair to support her mom



By Jennifer McFee

In a touching show of support for her mother, a six-year-old Warren girl has donated her long locks to make wigs for cancer patients.

Isobella was only 14 months old when her mom, Tracy Findlay, began her battle with breast cancer and embarked on her first round of chemotherapy and radiation in 2011.

Although Isobella doesn't remember much from that time, her big brothers Brad and Tyler shaved their heads to support their mom, along with dad Andrew and other family and friends.

After her treatments, Tracy received a clean bill of health that lasted about a year. Unfortunately, the cancer came back last July and Tracy has steadily undergone chemotherapy since last August.

"It is still ongoing. It has spread to my bones and there's a spot in my lungs, so it's a little bit of a harder battle this time," she said.

"We're just going to continue with biweekly treatments. We did the scans in December and we did show

improvement, so we know it's working but it's just going to take time."

For Isobella, a Grade 1 student at Warren Elementary School, her mom's hairpieces remain a source of curiosity.

"She always asks questions when I put on my wigs," Tracy said. "I explained to her that it was real hair and she was just adamant that she wanted to grow her hair so that other ladies could have wigs."

So that's just what she did. Donning a stylish new bob, Isobella donated her long brown hair to Locks of Love, a non-profit organization that provides hairpieces to financially disadvantaged children in the United States and Canada who have lost their hair due to a medical diagnosis.

"Her hair was beautiful. I can't believe she did it. She was just so adamant on it. She's loved her haircut ever since," Tracy said.

"I'm so proud. I would never push her to do it, but the fact that she wanted to so badly just warms my heart."



TRIBUNE PHOTOS SUBMITTED

Above photos: six-year-old Isobella donated her long hair to make wigs as a show of support for her mom, Tracy Findlay, who is battling cancer. Left photo: Tracy Findlay has received support from her entire family. (Left to right) Isobella, Tracy, husband Andrew, sons Brad and Tyler.

## Rockwood council news in brief

By Jennifer McFee

At the June 8 meeting, Rockwood council unanimously approved a request by Tammy Maurer to vary the side yard minimum to six feet from 10 feet for a proposed addition onto the existing residence at 25 Quarry Rd. in Stony Mountain.

Council also discussed a request from the Kurelek Tribute Committee for the RM of Rockwood to pay 25 per cent of the costs towards a sign, estimated to cost \$4,000. The issue was tabled until a future meeting.

After much discussion, council approved a subdivision application for the Saskowsky property near highways 7 and 67. The final approval needs to come from the South Interlake Planning District board.

Council also approved an application for tile drainage submitted by Frontier Drainage Systems, subject to conditions.

In addition, council agreed to pay \$550 to sponsor a hole and send four participants to the 12<sup>th</sup> annual Ralph Eichler Charity Golf Tournament.



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# School division celebrates over 442 years of experience

## By Staff

The Interlake School Division bids farewell to 19 staff who have a combined 442 years of teaching, driving, patrolling, and assisting experience within the division. To show their appreciation, trustees treated several of them to an evening out at 'The Big Boom Theory3 The Early Years' at Celebrations Dinner Theatre last Thursday in Winnipeg.

This year's retirees include, teachers Allan Ferley (39 yrs), Deborah Dasilva (34.3 yrs), Darlene Waldbauer (30 yrs), Nancy Orlesky (29.6 yrs), Kari Kinley (27.4 yrs), Irene Pawlow (26 yrs), Adele Tymchuk (25.6 yrs), Nancy Drad (21.4 yrs), Rita Lampertz-Shedden (17.7 yrs), Lois Paschke (13 yrs).

Educational Assistants, Grace Schwartz (26.75 yrs), Jeannette Sheasgreen (26 yrs), Kim Phillips (18.93 yrs), Kathleen Grenkow (15.85 yrs), Diane Broadfoot (14.6 yrs), Kim Moffat (11.9 yrs).

Bus Drivers, Gwen Buchanan (23 yrs) and Linda MacMillan (16.3 yrs).

Secretary Laura McGimpsey (25 yrs).



TRIBUNE PHOTO BY AL LEIMAN

Front row, left to right: Darlene Waldbauer, Gwen Buchanan, Debbie Dasilva, Kari Kinley, Lois Paschke, Rita Lampertz-Shedden, Allan Ferley, Nancy Drad, Kim Phillips, Jeannette Sheasgreen; back row: ISD trustees Cindy Brad, Alan Campbell, Sharon Baker, John Hueging.

# Stonewall council voices concerns about local hospital



TRIBUNE PHOTO SUBMITTED

Lakeside MLA Ralph Eichler

## Staff

Lakeside MLA Ralph Eichler paid a visit to Stonewall last week for a council meeting that focused mainly on the local hospital.

Stonewall mayor Lockie McLean said they wanted to speak with Eichler about the current disconnect between the wants and needs of the hospital.

"Right now, we have the East Interlake Regional Health Authority Board with no representation whatsoever from our community, but we do know the hospital is under stress — in terms of the size of the hospital and the amount of stress that they have," McLean said by phone after the meeting.

Prior to the inception of regional boards in 1997, McLean sat on the hospital board for three years. At that time, the hospital board in Stonewall was made up of a council member from Stonewall, Rockwood, Woodlands and Rosser, as well as administration members and citizen representatives.

"The councils were totally in tune with the wants and needs of Stonewall district hospital," McLean said. "Now, there's nothing. It's a total disconnect. With Ralph, we wanted to speak about how do we communicate the need for Stonewall's hospital to get some attention. We have enough land. Our communities made sure that when the new hospital was built that we gave them more than enough room that will carry them for decades and decades in

terms of future expansion."

Stonewall council put forward the question about how they can get expansion for the Dr. Evelyn Memorial Hospital, and they also plan to write a letter to the provincial health minister on the topic.

"It's a new government and Ralph is a senior minister in it, so that was conversation No. 1 to get Stonewall and district on the map to get the attention that's needed," McLean said.

"Ralph listened and I know he's very passionate about health care, so we'll see what feedback comes with the letter being sent to them."

From a municipal standpoint, the current system with the regional health board is not efficient, he added.

"It's a total disconnect in terms of direction, but we'll keep it on the radar screen. We've got a new government that's going to be inundated with a ton of wants of needs, but we'll be pushing hard to have the concerns of our local hospital put out there as best we can," McLean said.

"The other concern is we have 600 new homes going up across from the hospital. Stonewall is a major centre, and as a major centre, we're a centre for the region. We need a hospital that's in tune with the demands of the region. Right now, the hospital needs attention. The hospital needs growth."

# Rev. Oracheski prepares for his final Sunday service

By Natasha Tersigni

After nearly a decade of serving the congregation of Stonewall United Church, Rev. Leonard Oracheski will be stepping down from the ministry and conducting his last Sunday service on June 26. Oracheski has spent nine years with the church, and while he has decided to retire as a way to spend more time travelling with his wife Linda, the pair will remain active in the community and will continue to call Stonewall home.

As Oracheski prepares for his upcoming retirement, he sat down with the *Stonewall Teulon Tribune* to reflect on his time with the United Church of Canada ministry, something that was a second career move for him.

Before being ordained as a minister in 2000, Oracheski spent 24 years in the Royal Canadian Navy as a Maritime Surface and Sub-surface (MARS) Officer. As his career in the Navy began to wind down, Oracheski began feeling a calling to the church.

"It was a slow process; it wasn't a flash of light one day. I began to realize that I was in the wrong career, in the wrong place doing the wrong thing. I was working in Ottawa with the navy at the time and was attending the Dominion-Chalmers United Church. One Sunday, the minister said some things and I said to Linda on the way home that I could do that as a minister. She said if it was what I wanted to do, then she would support me," said Oracheski.

"I was then posted with the navy in San Diego for three years and we went to a United Methodist Church there. The minister was very inspiring and confirmed to me that that was what I wanted to be doing."

Upon returning to Canada, the Oracheskis moved to Halifax where Leonard enrolled at the Atlantic School of Theology. The four-year program was not without its struggles for Oracheski but ultimately made him realize that he had chosen the correct path.

"It was very challenging. It was a tough course load and they often challenged you but they didn't give you the answers, which is really good in the end because it means you are solid in your knowledge and continue to grow," added Oracheski.

After graduating in 2000, Oracheski's first assign-



TRIBUNE PHOTO BY NATASHA TERSIGNI

After nine years as minister of the Stonewall United Church, Rev. Leonard Oracheski has announced his retirement and will be conducting his final Sunday service on June 26.

ment was to be minister of a five-church pastoral charge. After seven years with the charge, the couple wanted to be closer to their daughter and grandchildren in Winnipeg, so Oracheski took the position of minister with the Stonewall United Church.

"This opportunity in Stonewall came up and I was really excited and blessed to be called here," said Oracheski.

"For me, it was a challenge at first because Stonewall is a much larger church. In Nova Scotia, I had five churches and I did three services every Sunday, and if I had 50 people in total from all three churches, I was having a really good day. To come here and have 80 to 100 people in church on Sundays can be pretty intimidating at first."

Soon Oracheski found his place within the congregation and began to introduce new ideas, including a PowerPoint presentation during Sunday services and a variety of new Bible study classes.

"We would watch Hollywood movies such as *Avatar* or *Gran Torino* and then discuss how theology fit into the films. Those are the kinds of things that I was able to do that were interesting and fun," said Oracheski.

"The people here have been really, really open and supportive and it has been a great opportunity. They gave me free rein to try different programs and it has been really good."

While the time is right for Oracheski to retire so he and Linda can travel while his health still allows it, they will continue to participate and be active in different organizations. Leonard will continue as the chaplain with the Royal Canadian Legion Branch 52 and will continue to support the South West District Palliative Care.

Over the next few weeks, the Stonewall United Church congregation will be meeting with prospective new ministers and will be voting on who will take over the ministry.

## > EICHLER TO TAKE PULSE PLEDGE, FROM PG. 6

archival history of the Manitoba Legislature.

"As 2016 is the International Year of Pulses, Manitoba Agriculture is proud to recognize the success pulse producers are having in our province," said Minister Eichler. "With lower input costs and relatively strong prices, pulses have become a popular choice for Manitoba producers. The nutritional benefits of pulses make them a healthy choice for consumers. Pulses are also a sustainable and environmentally responsible growing option."

Manitoba Pulse & Soybean Growers Executive Director Francois Labelle along with a representation of MPSG's Board of Directors will be in attendance witnessing Minister Eichler's statement.

"It has been a remarkable year for our organization, the pulse industry, and our membership - pulse and soybean farmers in Manitoba," said Labelle. "We look forward to Minister Eichler's

statement and sharing our positive story with the entire Manitoba Legislative Assembly. It's an honour."

Media is welcome to attend afternoon house session at 1:30 p.m., when Minister Eichler's statement will be read during routine proceedings at the beginning of session. Media that plans to attend should contact Manitoba Government press secretary Kalen Qually at [kalen.qually@leg.gov.mb.ca](mailto:kalen.qually@leg.gov.mb.ca) for the proper accreditation.

### About MPSG and the Pulse Pledge

To commit to adding more edible beans, peas, and lentils to your diet, take the Pulse Pledge by visiting [pulsecanada.com](http://pulsecanada.com) and clicking on "Take the Pulse Pledge."

The Manitoba Pulse & Soybean Growers (MPSG) is a non-profit, member-based corpo-

ration representing more than 3,800 farmers in Manitoba who grow pulses, including edible beans, peas, lentils, chickpeas, faba beans, and soybeans. MPSG provides Manitoba pulse grower members with production knowledge and market development support, through focused research, advocacy, and linkages with industry partners. MPSG is funded by a 0.5% check-off levy and is governed by a board of directors, including elected active producers and appointed industry representatives.

<p><b>Nashville, Branson, Pigeon Forge</b>  <b>October 23-November 5</b>          A special tour for music lovers that journeys through the musical heartland of America</p> <p><b>Branson and the Ozarks</b>  <b>November 3-11</b>          A fun filled tour with fabulous shows and unique sightseeing</p> <p><b>EMBASSY TOURS 757-9383</b>  <a href="http://www.embassytours.ca">www.embassytours.ca</a> 1-800-723-8051</p>	<p><b>Mackinac Island Adventure</b>  <b>August 28-September 2</b>          Quaint little Victorian Style Island on Lake Huron</p> <p><b>Splendors of Niagara Falls</b>  <b>September 11-19</b>          "One of the Seven Natural Wonders of the World"</p> <p><b>Highlights of the Canyonlands</b>  <b>October 24-November 1</b>          Unforgettable Vacation thru Nevada, Utah &amp; Arizona</p>
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# Woodlands School keeping abuzz with activity

By Jennifer McFee

A hive of activity last week, Woodlands School welcomed swarms of students who made a beeline to see the school's newest residents that are creating quite a buzz.

In May, the school installed a fully functional indoor beehive, which is currently home to about 8,000 bees. By the end of summer, the population could explode to between 40,000 to 60,000 of the buzzing insects, since the queen lays about 1,500 to 2,000 eggs per day.

The hive allows students to observe the bees while also creating a ripple effect of impacts across the community and beyond. Since the bees can enter and exit the school building through two tubes that connect to the great outdoors, the bees are able to pollinate freely around the community.

At the same time, the initiative is acting as a catalyst for collaboration with other schools and divisions.

On Thursday, June 9, a group of Grade 7 students from Robert Andrews School in River East Transcona School Division made the journey to Woodlands School to view the bees and work with the local Grade 7 class.

As the students peered through the four double-sided frames, some were eagerly interested while others were more tentative.

The experience is unique, since Woodlands is likely the first school in the province to incorporate an indoor beehive.

Principal Ward Hrabí said the beehive brings science out of the textbook and creates something interesting that the kids will be talking about. At the same time, it fosters a sense of community awareness, which coincides remarkably well with Cheerios' current Bring Back the Bees campaign that aims to bolster dwindling honeybee populations.

"The idea is to get kids curious about what's happening and then to use it as an authentic writing experience, so there's also that sort of indirect benefit as well," Hrabí said.

"Everybody who sees it says it's quite cool. At the end of the day when they're waiting for buses, they're putting away electronics because they want to go see the bees. It's really caught their interest."

The local students have also been honing their social skills and teamwork abilities through collaboration with their counterparts at Robert Andrews School, located in the Birds Hill area. Through a teacher-monitored online education platform called Edmodo, the two groups began to work together in advance. They learned about polite and respectful online etiquette preceding their face-to-face meeting.

Grade 7 teachers Kim Deline of Woodlands and Cathy Hrabí of Robert Andrews also teamed up for the joint project.

Before the out-of-town students headed back to their school, the new friends had a chance to enjoy a barbecue together served up by principal Hrabí.

"As things progress, we hope to do more collaborating with schools all over the place," said Hrabí, who will tend to the bees over the summer.

"There's a lot of upside here and not a lot of downside, which is great."



TRIBUNE PHOTOS BY JENNIFER MCFEE

Clockwise from top left: Woodlands School principal Ward Hrabí cautiously stands alongside the outdoor access point for the bees; Hrabí explains the bee enclosure to Grade 7 student Joseph from Robert Andrews School; the indoor beehive is currently home to about 8,000 bees; by the end of summer, between 40,000 and 60,000 bees could be living within the four double-sided frames; the bees can enter and exit the building through two tubes connected to the outside world.



# Local photographer starts selling with WAVE

Alex Reinhardt turns heads with nature images

By Stefanie Lasuik

When most people were rushing into their houses during the thunderstorm on June 9, Alex Reinhardt was rushing out of his.

The Oak Hammock Marsh-area photographer was in a hurry to get the perfect shot. He was more concerned about capturing the electricity-charged bolts than getting struck by one, he said.

Reinhardt captured a few striking photos that night to add to his growing collection. His collection, which includes more than storm shots, was on display June 9 and 10 as a part of the Interlake WAVE Artists' Studio Tour.

"I shoot everything from macro to landscapes and everything in between," said Reinhardt.

He also shoots everywhere. His job at the pharmacy technology company ARxIUM takes him to places such as Norway, China, Thailand and Turkey.

But during the WAVE, Reinhardt sold mostly local pieces. The photographer can find subjects by simply stepping outside his front door. Flowers and dragonflies of many shapes and colours abound in the area.

Reinhardt has to travel a bit further to find the auroras he tracks nearly

every night. Some nights, he'll leave the house hopeful and return disappointed, but other nights result in the successful capture of dancing greens and purples. It was Reinhardt's auro-  
ra photos that had many in awe during the WAVE.

Reinhardt has scouted out the region for subjects to place in the foreground of such photos. He can then shoot images of old churches or interesting architecture backlit by the sky's lights.

Reinhardt works as an engineer but has always enjoyed photography as a hobby.

"It's a different mindset," he said.

He began taking his hobby seriously 10 years ago, but this year was his first time on the WAVE tour. It gave Reinhardt the opportunity to start selling his work, something he plans to carry on through his website [www.earl-greyphoto.com](http://www.earl-greyphoto.com).

The Interlake WAVE Artists' Studio Tour is run by Winnipeg Beach Art and Culture Co-op, a non-profit run by artists for artists. Its tour, the largest in Manitoba, runs for a weekend in the spring and again in the fall.

The next WAVE will be Sept. 3 and 4. For more information or to apply to be a part of the tour, visit [watchthewave.ca](http://watchthewave.ca).



TRIBUNE PHOTO BY STEFANIE LASUIK

Alex Reinhardt sold mostly local pieces during the Interlake WAVE Artists' Studio Tour on June 10 and 11, which he displayed at his home near Oak Hammock Marsh.

## Summit Café Opens New Patio

Now that the warm weather is finally here, it's the perfect time to try out Summit Café's new outdoor licensed patio.

Owners Carl and Nadine Dannenberg hope to create a welcoming atmosphere for patrons to gather on the patio and for ice cream at the Stony Mountain eatery.

"After three years in business, it was time to try something new," Nadine says. "Our design incorporates the repurposed/recycling vibe we have in the dining room. We actually used a variety of exterior doors placed horizontally to create our fence. It's pretty neat."

The patio will seat 24 people and will be open for the restaurant's regular business hours from 11 a.m. to 8 p.m. Tuesday to Sunday, weather permitting.

On Wednesdays, Summit Café will continue to offer its popular Wine and Appy night, featuring half-price wine and a selection of appetizers that aren't available on the regular menu. Thursday will now be known as Thirsty Thursdays with a beer and wing night. All beer will be \$3.25 and a special of buy one pound of wings and get the second pound at half price. Throughout the summer, they will also be selling sangria as well as their Summit Infused Herbal Lemonade, which was a big hit at the Stonewall Business Expo.

For anyone looking to savour the ultimate summer treat, Summit Café has also added extra seats for ice cream parlour patrons.

"We hope families that take a stroll in our beautiful town will stop by and enjoy an ice cream treat," Nadine says. "We have Fido sundaes for your furry family members too."

Reservations aren't required but they're always recommended. To make a reservation at Summit Café, call 204-344-0205.



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Music  
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Patio*



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204-344-0205**

# Music filled the air at Quarry Park Heritage Arts Centre



TRIBUNE PHOTOS BY PAIGE PROCTER

Tabula Rasa's season finale, *A Breath of Life*, was held at Quarry Park Heritage Arts Centre last Saturday evening complete with wine and cheese along with a mix of traditional, African, upbeat and love songs. The choir will be taking the summer off and in mid-August will be looking for singers aged 17-26 to audition. For information on the young adult choir, contact Kendra Obach at klobach@gmail.com or at 204-785-1929. Far left photo, Caity Poole sang "We Don't have to Take Our Clothes Off"; middle photo, from left Emily Bouvier, Luke Dojack, Holly McDuff and Tal-madge Iverson harmonized with the choir; and the entire choir Tabula Rasa.

## Peddalling cross country



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rosser Grade 3 and 4 students buckled up their helmets and hit the highway last Friday for the annual bike ride from Grosse Isle School to Rosser School. The 9.7-kilometre trek took the students approximately 90 minutes. Grade 1 and 2 students joined in for a barbecue and presentation from Manitoba Public Insurance on bike safety followed by a bike rodeo.

## Customer Appreciation Day



TRIBUNE PHOTO BY NATASHA TERSIGNI

One Insurance in Stonewall held their annual Customer Appreciation Day on June 10 with a lunch catered by Danny's Whole Hog. The day was an opportunity for staff to say thank you to their customers while welcoming new customers. Pictured left to right: Alycia Campbell, Lorene Desmarais, Tracy Phillips, Scott Fox and Shelby Wobicki.

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# Chad Brownlee to headline Quarry Days

By Jennifer McFee

Music-lovers will want to take note of this year's stellar lineup of talented musicians for this year's Quarry Days festivities.

Excitement is building for the performance of country music sensation Chad Brownlee, who will be the main headliner on Friday, Aug. 19 on the Sunova Credit Union Main Stage.

Brownlee is well known for several singles that have made it into the Top 10, including "Listen," "Smoke in the Rain," "Crash" and recently released "Hearts on Fire."

The award-winning singer-songwriter has also made waves as a former NHL draft pick and a philanthropist who donates his time to a variety of causes including the Tim Horton Children's Foundation.

Opening for Brownlee is Stonewall's own Rhia Rae and the Rubies, who will start things off on the main stage at 8 p.m.

Ending the evening with a bang, a fantastic fireworks show will light up the sky following Brownlee's performance.

To wrap up the Friday night excitement, Past the Perimeter will be performing in the Legion Beer Gardens.

The entertainment runs throughout the weekend, with tons of talent on the Maple Leaf Construction Entertainment Stage on Saturday and continues on Sunday. Attendees can also look forward to the Wonder Shows



**TRIBUNE PHOTO SUBMITTED**  
Country music singer Chad Brownlee will headline Quarry Days on Friday, Aug. 19.

Midway all weekend, the Saturday Parade, a petting zoo sponsored by Stonewall Family Foods, and the Prairie Ram Retailers Show n' Shine car display on Sunday.

The Stonewall Quarry Days Committee asks all pet owners to please keep their furry friends home for the weekend.

For more information about Stonewall Quarry Days, visit [www.stonewallquarrydays.ca](http://www.stonewallquarrydays.ca)

## NATIONAL ABORIGINAL DAY!

On June 21<sup>st</sup>, we celebrate the history, diversity and achievements of First Nations, Inuit and Métis peoples in Canada.

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To all of our corporate sponsors for monetary donations as well to those who donated to the pancake breakfast, lunch at both halfway points and for the bbq pork & turkey supper.

**THANK-YOU** to 3 Season Tent Rentals, George's Biffys, A Living Fairy Tale, Heather's Pretty Parties, Dr. Loudon & family for the slide/obstacle course.

**THANK-YOU** Big Top Fireworks, Thorkelson Backhoe Service & JFT Construction for sending us out with a bang, with such a beautiful fireworks show.

**THANK-YOU** Kendra Kay & the band for rocking us out in style for the barn dance.

**THANK-YOU** to all that donated prizes to the Wish Auction, and to anyone we have missed, **THANK-YOU**.

To everyone that came out & supported this event from far & wide for the past 17 years **THANK-YOU**, each & every one of you are truly special.

To our wonderful committee of 22, and to each and every one of the volunteers we couldn't have held this event without each and every one of you.

***We have made a lifetime of friendships that  
we will forever treasure in our hearts***

**Vic & Char Dziedzic**

# get inspired

> MEAL IDEAS

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## Lemon roasted vegetable and salmon pasta

- 4 cups (1 L) broccoli florets  
1 red pepper, sliced  
1 large carrot, sliced  
1 pint grape tomatoes  
2 tsp (10 mL) extra virgin olive oil  
2 cloves garlic, minced  
2 tbsp (25 mL) chopped fresh parsley  
1 tsp (5 mL) dried thyme leaves  
3 Atlantic salmon portions (about 5 oz/150 g each)  
1 tsp (5 mL) grated lemon rind  
3 tbsp (45 mL) lemon juice  
3 tbsp (45 mL) sodium reduced vegetable broth  
1/4 tsp (1 mL) fresh ground pepper  
3 cups (750 mL) farfalle (bowtie) pasta  
Directions  
In a large bowl, combine broccoli,

pepper, carrot and tomatoes. Add oil, garlic, parsley and thyme; toss to combine well. Spread onto parchment paper lined baking tray and roast in 425 F (220 C) oven for 15 minutes.

Remove vegetables from oven and place salmon portions on top of vegetables. In a small bowl, whisk together lemon rind, juice, broth and pepper and drizzle all over salmon and vegetables. Return to oven for about 10 minutes or until salmon flakes when tested and vegetables are golden.

Meanwhile, in a large pot of boiling water, cook pasta for about 10 minutes or until tender but firm. Remove 1/2 cup (125 mL) of the cooking water and drain pasta. Return pasta to pot and stir in roasted vegetables and salmon. Stir to combine, breaking up salmon as you stir. Drizzle in reserved cooking water to moisten if necessary.

Tip: You can use 1 larger piece of salmon and cut it into 3 pieces to roast. If there is skin on the salmon, simply remove it easily after it is cooked before tossing with vegetables and pasta.



## Mediterranean Fish Stew

- Ingredients  
Serves 4  
12 mussels  
1 large fennel bulb, with leafy tops  
2 tablespoons olive oil  
2 garlic cloves, crushed  
3/4 cup dry white wine  
1 1/4 cups fish stock  
29 ounces canned chopped tomatoes  
1 cup cherry tomatoes, cut in half  
1 pound monkfish fillet, cut into 1 1/2-inch chunks  
12 large, unpeeled, raw shrimp, heads removed  
1 pinch of sugar  
Sea salt and freshly ground black pepper  
Extra virgin olive oil, to serve  
Scrub the mussels clean and rinse them in several changes of cold water to remove grit. Pull off the beards or

seaweed-like threads, and discard any mussels that are cracked or that don't close when tapped against the countertop -- these are dead and not edible.

Remove the leafy tops from the fennel bulb, chop them coarsely and set aside. Cut the bulb into quarters, remove and discard the core, then finely chop the bulb.

Heat the oil in a large saucepan or wok. Add the fennel bulb and saute for 5 minutes. Add the garlic and saute for a further 1 minute. Add the wine, stock, canned tomatoes, and sugar, and stir well. Bring to a boil, reduce the heat, then simmer for 5 minutes. Add the cherry tomatoes and cook for a further 5 minutes. Add plenty of salt and pepper.

Add the monkfish and return to simmering. Stir in the mussels and shrimp, cover, and cook for about 5 minutes, or until the mussels have opened and the fish is cooked.

Ladle the stew into deep plates or bowls. Sprinkle with the fennel tops and olive oil, and serve.

## Controlling Addictive Behaviour Takes the Right Attitude

I often am approached by clients who have done everything possible to lose weight and keep it off, without lasting success. Others want to quit smoking. There is no question about their desire to be different; to overcome their addictive behaviors. The problem is, that it is very difficult to focus on NOT doing something. If someone tells you not to think about elephants, it is virtually impossible to remove the image of an elephant from your mind. If you decide that you will not eat certain foods, or that you will not light up, it seems that it is hard to think of anything else. In order to effect real change, it is necessary to focus on wanting something that is incompatible with the addictive behavior.

Then you have to want it MORE than the high, or the comfort that the addictive behavior provides. The smoker who decides he wants a high level of health and fitness, is on the right path. If he decides to work to reverse the damage from smoking, he may aim to improve his level of cardiovascular fitness. This might involve working out at the gym, or taking up running. As he begins to feel better, he sees results in his exercise routine. This feels good, so he may be motivated to increase his level fitness even more. His original goal was damage control, but in the process he becomes an athlete. He has long since forgotten about smoking.

Contrast this with the couch potato who smokes a pack a night in front of the television. He decides to quit smoking, and sits on the couch thinking of how badly he misses his smokes. Getting fit is incompatible with smoking, consequently if

the focus remains on fitness, the smoking behavior will be eliminated.

The same process is involved in weight loss. If the focus is simply on not eating desired foods, it is more difficult than if there is an incompatible positive goal. If a decision is made to put only healthy foods into your body, to maximize nutritional content, with an eye to increasing longevity, the focus is different.

Quitting smoking requires a commitment to clean lungs. Being slimmer requires a commitment to a different way of thinking about food, forever. Anyone can lose weight by reducing intake for a period of time. Becoming, and remaining slimmer, requires a permanent change in focus. It may involve increasing the level of physical activity, drinking more water, developing new interests that distract from the focus on food.

The bottom line is that if we want something to change in our lives, WE have to change. We have to see ourselves as a different person; a different person than the one who overeats, a different person from the one who inhales toxic smoke. If we can hold a vision of "the new me," we have a good chance of moving in that direction. If we cannot form that image, cannot see ourselves slimmer or smoke free, nothing that we try will produce lasting change. So instead of trying to lose, or trying to quit, form a positive image of what you want to create. Then go for it.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit [www.gwen.ca](http://www.gwen.ca)

## Egg, Shrimp and Scallion Pancakes



- Ingredients  
Serves 4 to 6 with 2 or 3 other dishes  
1 pound medium shrimp, peeled  
5 eggs, beaten  
2 scallions, white and green parts, chopped  
Salt  
Canola or other neutral oil for frying  
Fish sauce or light (regular)

soy sauce for serving

1. Refresh the shrimp by putting them in a colander and tossing them with a liberal amount of salt. Rinse immediately under cold water and press gently to drain well. Put the shrimp in a bowl, add the eggs and scallions, and mix well.

2. Put enough oil into a large nonstick skillet to coat the bottom thinly. Place over medium heat and heat until a drop of egg immediately sizzles and bubbles upon contact with the oil. To make each pancake, ladle about 2 tablespoons of the egg mixture into the skillet, making sure that a few shrimp are included in each portion, and then quickly nudge the shrimp in each pool of egg so they don't overlap. Fry only as many pancakes at once as will fit without crowding, about 3 pancakes at a time in a 12-inch skillet. Don't worry about the shape each one takes, as they are meant to be free-form. When the edges of a pancake are set and lightly browned, after about 2 minutes, use a spatula to turn it carefully. (If the pancakes have stuck together, use the spatula to separate them before flipping.) Fry for another 30 seconds to 1 minute, until browned on the second side. Transfer the finished pancakes to a plate and keep warm while you fry the rest.

3. Arrange the pancakes in 2 plates or a platter and serve with the fish sauce for dipping.

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# Local cowboys ride out their high school career

By Stefanie Lasuik

Tyson Salmon made his last high school rodeo one to remember. The Stonewall resident took home the Champion All Around Cowboy saddle at the provincial high school finals in Selkirk on June 10.

"It's pretty exciting," said Salmon, noting he quit all his high school sports two years ago to focus on rodeo. Salmon ropes six times a week and practised over the winter in Oak Bank and Stonewall.

Salmon won second in bull riding, ninth in team roping and fifth in tie-down roping on his way to the overall title.

But Salmon wasn't the only local cowboy trying to make hay at his final high school rodeo. Balmoral's Clay Allan and Inwood's Bryce and Keenan McMahon provided tough competition.

Allan took fourth in tie-down roping and third in team roping with his partner Austin Whelpton of Neepawa.

Keenan McMahon brought home gold in both bull riding and steer wrestling, while Bryce McMahon placed fifth in steer wrestling.

Warren's Ethan Fairlie will also be graduating this year but was sidelined for the finals due to a broken ankle. Winning the overall saddle when he was in Grade 9 highlighted Fairlie's six-year rodeo career. Fairlie said rodeo was fun for him and his family and they met a lot of new friends from all over Manitoba.

The rodeo community came together for a graduates' dinner on June 11, when each graduate received the scholarship money they accumulated throughout their rodeo careers by placing well or writing essays. The graduates then played pre-recorded messages to their parents during the rodeo's grand entry.

"It was terribly emotional," said mom Stacy Fairlie.

The soon-to-be graduates can now look forward to competing in Manitoba Rodeo Cowboys Association rodeos and Canadian Cowboys Association events. Salmon's short term goal is to earn his heavy duty diesel technician red seal, Fairlie hopes to go into carpentry, Allan would like to pursue an Advanced Farrier Science certificate and the McMahon brothers plan to take a year off before deciding what they'll pursue in post-secondary education.

Younger Warren competitors Corbin and Everett Fairlie also competed on June 10. Everett earned second in tie-down roping and third in bull riding, while Corbin placed seventh in both steer wrestling and tie-down roping.



TRIBUNE PHOTOS BY RICK HIEBERT

Balmoral's Clay Allan stretches for his steer during tie-down roping, finishing in fourth place.



Graduating cowboys, left to right: Bryce McMahon, Ethan Fairlie, Keenan McMahon, Clay Allan, and Tyson Salmon.



Salmon works hard to stay on top of this hard bucking bull.



Tyson Salmon, centre, was named the 2016 Champion All Around Cowboy.




Twin brothers from Inwood Bryce McMahon (header) and Keenan (heeler) work together in the team roping event.

# worship *with us*

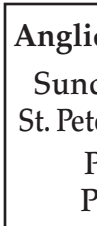
## > FAITH



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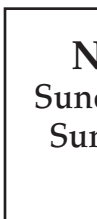
**Stonewall United Church**  
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Service and Sunday School  
Sundays 10 a.m.  
Phone 467-5469 (office)  
www.stonewallunited.ca




**Anglican Parish of St. Cyprian**  
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Phone 886-3203



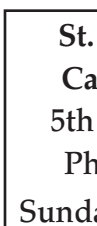
**Interlake Full Gospel Assembly**  
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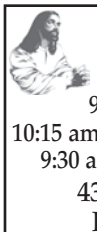
**New Life Church**  
Sunday Service 10:30 a.m.  
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Teulon 886-3269



**St. Peter Lutheran Church**  
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PTH #7, Teulon  
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Sunday Mass 11:30 am



**Anglican Church of the Ascension**  
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**Grosse Isle and Rosser United Church Services**  
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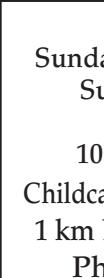
**Lilyfield United Church**  
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Service 9:30 a.m.  
Phone 344-5426




**Alive! Family Church**  
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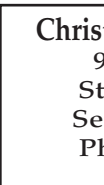
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10:45 am - Nursery - Gr. 4  
Childcare for Nursery School to Gr. 4  
1 km East on Hwy 67, Stonewall  
Phone 467-5529 (office)




**Woodlands Gospel Chapel**  
Service 7 p.m.  
Sundays  
Hwy 6 + Rd 82,  
Woodlands  
Phone 467-5109



**Cornerstone Pentecostal Church**  
Sunday Worship &  
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Thursday Bible Study  
& Kids Club 7 pm  
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Phone: 467-9797



**Christ Church Anglican**  
97 School Rd,  
Stony Mountain  
Service 10:15 am  
Phone 489-4847  
or 344-5220



**Christ the King Catholic Church**  
Sunday Mass 10:00 a.m.  
315-2nd St. E., Stonewall  
Phone 467-9016

Given the despicable horror of last week's tragic murder of 50 people in Orlando for no other reason than hatred, now is a time more than even when we need to have mercy. Mercy on ourselves, mercy for one another, mercy for all humanity, mercy for our home the Earth. Here are 'The Ten Commandments of Mercy' to help us...

1. *Remember that mercy lies deepest in God's heart.* Few things so much approximate the essence of God as does mercy. Mercy is God's essence. Scripture uses words such as loving-kindness and compassion to try to define what constitutes God's mercy: a relationship that loves, embraces, and forgives even when, and especially when, we cannot measure up or deserve what's given us.

2. *Remember that mercy is the essence of all true religion.* Inside religion and spirituality, within all faiths, three things try to lay claim to what's central: proper religious practice, outreach to the poor, and compassion. Ultimately they are not in opposition, but complementary pieces of one religious whole. But for religious practice and outreach to the poor to be an extension of God's love and not of human ego, they need to be predicated upon compassion, mercy. Deepest inside of every religion is the invitation: Be compassionate, merciful, as God is compassionate.

3. *Remember that we all stand forever in need of mercy.* There is more rejoicing in heaven over one sinner who converts than over ninety-nine righteous persons. Does God love sinners more than the righteous? No; there are no totally righteous persons. It's rather that we feel God's love more when we admit that we need mercy as much as our neighbors.

4. *Remember that, having received mercy, we must show mercy to others.* We only receive and appropriate God's mercy and the mercy of others when we extend that same mercy to others. Mercy has to flow through us.

5. *Remember that only the practice of mercy sets us free.* Receiving and giving mercy is the only thing that frees from our propensity to self-seek, self-justify, and judge others. Nothing frees us more from the tyranny of ego than does the practice of mercy.

6. *Remember that mercy is not opposed to justice, but is its fulfillment.* Mercy, as Walter Kasper so aptly puts it, is not "a kind of fabric softener that undermines the dogmas and commandments and abrogates the central and fundamental meaning of truth." That's the accusation the Pharisees made against Jesus. Mercy is the fulfillment of justice.

7. *Remember that only the practice of mercy will make God's Kingdom come.* Jesus promised us that someday the meek will inherit the earth, the poor will eat rich food, and all tears will be wiped away which can only happen if mercy replaces selfishness.

8. *Remember that mercy needs too to be practiced collectively.* It is not enough for us to be merciful in our own lives. Mercy is marginalized in a society that doesn't sufficiently attend to those who are weak or needy, just as it is marginalized in a church that is judgmental. We must create a society that is merciful and a church that is merciful. Mercy, alone, enables the survival of the weakest.

9. *Remember that mercy calls us to do works both spiritual and physical.* Our Christian faith challenges us to perform mercy in a double way, corporeally and spiritually. God has given us different gifts and all of us are better at some of these than at others, but mercy is manifest in all of them.


10. *Remember that our lives are a dialogue between God's mercy and our weaknesses.* The only thing at which we are adequate is being inadequate. We are forever falling short at something, no matter the strength of our sincerity, good intention, and willpower. Only mercy, receiving it and giving it, can lead us out of the choppy waters of our own anxieties, worry, and joylessness. Only in knowing mercy do we know gratitude.

This year, 2016, Pope Francis has asked us all to live a year of mercy, to contemplate the mystery of mercy "as a wellspring of joy, serenity, and peace." Mercy, he believes, is the secret to putting a credible face to God, to putting a credible face to our churches,

and to walking with steadiness inside our own lives.


Fr. James deBeer

**Balmoral United Church**  
Sundays 9:30 am  
Phone 886-2382  
teulonpastoralcharge@mymts.net




**Stony Mountain United Church**  
12 Main St., Stony Mountain  
Phone 344-5426

**St. Joseph's Roman Catholic Church**  
Sunday Mass 8:30 am  
Stony Mountain  
Phone 467-9016



**Immanuel Lutheran Church (LCC)**  
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Childrens Sunday School during Worship  
Inkster & King Edward, Winnipeg  
Rev Richard Beinert 632-6911



**Church of the Annunciation**  
Woodlands  
Service 12:00 noon

To participate in this monthly section please call 467-5836

# RCMP officers recognized for Fort McMurray contributions

By Jennifer McFee

Several Interlake RCMP members have earned one of the province's highest honours for their contributions during the Fort McMurray wildfires.

At a special ceremony hosted by Premier Brian Pallister on June 7, 65 members of the RCMP "D" Division received the Order of the Buffalo, including five Interlake members: Const. Tyler Kuzyk and Const. Sabrina Whall of Stonewall, Const. Rehan Bokhari of Teulon, Const. Gennifer Furfalo of Gimli and Const. Gilles Gravelle of Arborg.

All five Interlake members were deployed from May 9 to 18 as part of the Emergency Operations Centre. They were sent up to keep the city secure because everyone was evacuated on such short notice, Kuzyk explained.

"Some people's houses were unlocked and unsecured, so the town was basically under a lockdown," he said.

They controlled checkpoints while also ensuring access for fire fighters and critical infrastructure emergency personnel.

"Conditions were so dry up there that fires were just starting back up," Kuzyk said. "There were several checkpoints that I was at where the smoke was so thick that it was hard to see. They gave us special masks to use to breathe to hopefully filter out the harmful stuff."



Sixty-five RCMP members received the Order of the Buffalo for their contributions.

During the last day of their deployment, they also assisted with the evacuation of several oil camps north of the fire-ravaged city.

"The fires came back around and ended up causing some severe damage to some of the camps," Kuzyk said, "so we had to assist in co-ordinating the large evacuation and making sure the traffic flowed through the city smoothly."

Although the conditions were extreme, Kuzyk is grateful to have had the opportunity to help out during such a time of crisis.

"It was devastating to drive through the areas that were impacted. I have some extended family members that live in Fort McMurray — three different aunts and uncles that live there. Unfortunately, one of their homes was in an area that was impacted and



TRIBUNE PHOTOS SUBMITTED

Left to right: Const. Tyler Kuzyk, Const. Sabrina Whall and Const. Rehan Bokhari were honoured for their work during the Fort McMurray fires. it was tough to see," he said.

"It's amazing how once something like that happens, you realize how many people have connections into Fort McMurray. Even my neighbour here in Stonewall, his sister only lived a couple blocks from the aunt and uncle that lost their house. She also lost her house. It's phenomenal to hear how many people do have connections and roots into Fort McMurray."

For their contributions, the group of 65 RCMP members received the Order of the Buffalo Hunt, which was established in 1957. This order is the highest honour that the Province of Manitoba can bestow on those who

have shown outstanding skills in leadership, service and community commitment. Queen Elizabeth II was the first member of the prestigious order, followed by other recipients that include Mother Teresa, Pope John Paul II, former U.S. president Jimmy Carter, Archbishop Desmond Tutu, and many more.

"It was quite an extreme surprise, actually, to hear that we were getting that," Kuzyk said.

"Obviously, none of ever expected anything like that, but to be recognized by the Manitoba government took us all aback. It was a big honour for all of us."

## Odd Job Squad offers youth employment opportunities

By Natasha Tersigni

Local youth aged 12 to 16 years old looking for summer employment need to look no further.

Once again, both Manitoba Youth Job Centres (MYJC) in Stonewall and Teulon will be running the Odd Job Squad throughout the summer to provide youth with first-time employment opportunities through causal work experiences. These opportunities include organizing and working barbecues and car washes, picking strawberries at local patches and window painting for Canada Day.

Activities have already been set for both centres for the next month. Youth engagement leaders Ainslee Willis of Stonewall and Gavin Leduchowski of Teulon are looking for youth to work the events.

At the Stonewall centre — which also serves youth and students in Argyle, Balmoral, Stony Mountain, Woodlands, Warren, Grosse Isle and Rosser — the Odd Job Squad will be hosting a barbecue at Westside Plaza

on June 25, a strawberry pick and then sale on July 8, and a cookie sale later in July.

At the Teulon centre, Odd Job Squad members are currently selling Canada Day themed bouquets around town, and starting June 23, members will be painting businesses' windows for Canada Day.

For more information or to join the Odd Job Squads, contact the job centres.

The Stonewall Manitoba Youth Job Centre is located in the Town of Stonewall office and is open Monday to Friday from 9 a.m. to 5 p.m. For more information, contact Willis at 204-461-1364 or by email at stonewallmyjc@gov.mb.ca.

The Teulon Manitoba Youth Job Centre located in the Teulon Civic Centre and is open Monday to Friday from 8:30 a.m. to 4:30 p.m. For more information, contact Leduchowski at 204-861-0132 or by email at teulonmyjc@gov.mb.ca.



TRIBUNE PHOTO BY NATASHA TERSIGNI

At the Stonewall Manitoba Youth Job Centre Open House on June 9, youth engagement leader Ainslee Willis was recruiting youth aged 12 to 16 years old for the centre's Odd Job Squad. There is still time for youth looking for summer employment to sign up for the Odd Job Squad at either the Stonewall or Teulon Manitoba Youth Job Centres.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Wildcats outstanding at provincial championships

By Brian Bowman

The Warren Collegiate Wildcats' track and field team proved once again that they have one of the best high school programs in the province.

Warren earned 109 points (which was one of the highest totals in school history) to rank third overall behind only Kelvin and Sisler.

That stellar point total resulted in Warren's eighth consecutive "AA" banner.

"A very hard working and dedicated core of 33 athletes earned personal bests and picked up medals in several events," said a statement on the school's website. "School records were destroyed and several athletes added their names to the honour roll."

The Wildcats' junior girls' contingent was led by Olivia McCowan, who won gold and silver in the long and triple jump, respectively.

McCowan then joined Hannah France, Alex Chester, and Grace Goodman to win a thrilling 4X100-metre relay race. Goodman also won silver in the javelin as her throw of over 28 metres was the best ever for a junior girl at Warren.

Chester, meanwhile, anchored the gold-medal relay team and also qualified for the 200m final. Her 27 seconds in the 200m was second all-time at Warren Collegiate behind only Katie Staub.

Jon Porteous made the podium with an impressive bronze-medal performance in discus.

The Wildcats' tetrathletes were stellar all weekend. Both Maddie Boonstra and Luke Voth finished fourth in a very competitive field of athletes. In the process, they each broke the school record and earned a combined 20 points towards Warren's final point total.

Josh Granberg continued his jumping dominance, shattering his own personal record in the long jump with an astounding 7.04m jump, earning him a gold medal. He then won a silver medal in the triple jump.

"Along with Josh, we bid farewell to a very talented group of athletes who all contributed greatly to our team's success over the last four years," continued the statement.

"Julie (Sprague) has a driving force to keep our team going in the right direction. She finished her career

with a fourth-place finish in discus and was sixth in shot put. Sydney (Hildebrandt) qualified for her first hurdle final (and) then joined graduating teammates Kyra (Hoffman) and Chelsea (Witt) in the 4X100 and 4X400 relays, each of which scored points to add to our team's total."

The Stonewall Collegiate Rams, meanwhile, also had a good showing at provincials.

"A lot of (our athletes) had personal bests, so that was really good," said Rams' track and field coach Christy Steeves. "They were up against some tough competition and I think they fared well, overall."

The Rams won a silver medal in the junior girls' medley race and were fourth in the varsity girls' medley. The junior girls' medley team consisted of Amber Schneider, Hanna Marshall, Hunter Lupyrypa and Sarah Fines while Randi Frost-Hunt, Eryn Stewart, Alex Melstead, and Kyra Shewchuk made up the varsity girls' medley contingent.

Schneider also won a silver medal in the 400m race and a bronze in the 800m. Loren Proven was fourth in the junior girls' shot put while Scott Yeo narrowly missed winning a bronze medal in the junior varsity boys' 1500. Yeo also ended up sixth in the 3000m with a personal best time.

Fines finished fifth in the junior girls' hurdles while Quin Arsenault was sixth in the javelin.

"That was pretty good," Steeves said of Fines' performance. "She was seeded third after the prelims going in and finished fifth overall. That was a great performance for her."

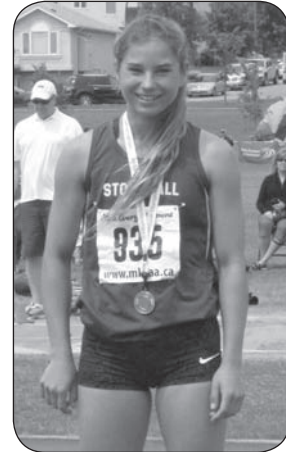


Warren earned 109 points to rank third overall behind only Kelvin and Sisler to win Warren's eighth consecutive "AA" banner at the MHSAA track and field championships in Brandon last weekend.



TRIBUNE PHOTOS BY KAREN MCCOWAN

The Wildcats' junior girls won gold in the 4x100 relay race. Left to right, Rene Comeault (coach), Grace Goodman, Alex Chester, Olivia McCowan, Hanna France and Lee Stewart (coach).



Pictured left to right, WCI's Olivia McCowan won gold and silver in the long and triple jump. Josh Granberg of Warren won gold in long jump, after shattering his own personal record and also captured silver in triple jump. SCI's Amber Schneider won a silver medal in the 400m race and a bronze in the 800m.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Rams win varsity rugby championship

By Brian Bowman

The Stonewall Collegiate Rams won the Winnipeg Schools Varsity Girls' Rugby "C" Division Championship after defeating Windsor Collegiate 17-15 in a hard-fought finals battle last week.

"It was a back-and-forth game," said Rams' coach Dawn James. "We had a 10-point lead and they came back in the last two minutes. If they would have (made) their kick, they would have tied us. It was a nail-biter, for sure."

Erin Waterer, Emilie Cardinal and Desiree Ansell each scored a try. Ansell also added a convert kick.

It was an exciting win for the 11 girls on the Rams' roster, which included six rookies.

"They were pretty ecstatic," James said. "We had a lot of young girls with five returning players. We had a lot of rookies, so for them to win their last two games — they were pretty stoked about that."

Stonewall reached the finals after shutting out Westwood Collegiate 10-0 in the semifinals.

Sydney Lockhart and Tori Arsenault each had a try for Stonewall.

The Rams spent some significant time in practice working on their defence and tackling leading up to that game. That hard work definitely paid off with the double-digit victory.

"We had one practice where all they did was tackle the coaches," said James, noting the Rams were blessed with some good speed from some of their younger players this season.



TRIBUNE PHOTOS BY TAYLOR SHEPPARD  
Stonewall's Erin Waterer carries the ball during playoff action against Westwood.

"Pretty much nobody got by. We had a couple of chase-down tackles but, for the most part, our defence was really solid."

James was impressed with the dedication of the new girls that came out for the Rams' rugby program. Rugby is a sport that requires plenty of teaching with new players getting introduced to the game.

"There's no base knowledge, what-

soever, when they come in," James admitted. "Whereas every other high school sports, (players) have a general idea how the game is played and the basic skills. But in rugby, you're teaching them how to pass a ball, the basics of tackling, and the general knowledge and rules of the game."

Stonewall started off slow this season, compiling a 3-8 regular-season record. But this squad improved con-



The Rams' Sydney Lockhart looks to evade a tackler during playoff action. Stonewall won the varsity girls "C" Division final after a 17-15 win over Windsor Collegiate.

siderably over the course of the season, which typically begins at the end of April and continues through to the early part of June.

The Rams look to be in good shape for next season.

"We had a solid group of girls and we have only one graduating player," James noted. "And most of the girls say they will be returning."

## Giants down Blue Jays in WSBL play

Staff

The Stonewall Blue Jays lost their first Winnipeg Senior Baseball League game of the season Monday evening at Koskie Field in Winnipeg.

Elmwood handed Stonewall an 8-6 loss, dropping the Blue Jays' record to 3-1 on this young season.

Stonewall started off the campaign with a 7-3 win over the Springfield

Sr. Braves before getting rained out in three straight games. The Blues Jays then blanked the North Winnipeg Pirates 9-0 and then beat the St. James A's 4-3 last Thursday in Winnipeg.

Eric Swanson earned the win against the A's as St. James was outthit 8-3. The Blue Jays trailed 2-1 after the first inning and then both teams traded single runs in the third. Stonewall took

its first lead of the game with two runs in the fifth.

Stonewall played St. Boniface on Tuesday but no score was available at press time. The Kildonan Mudcats will visit Fines Field tonight while St. James will be here next Tuesday.

First pitch for both games is slated for 7:30 p.m.



# AGM

**Monday, June 20th, 2016**  
**7 P.M. at Rockwood Motor Inn**

*All Welcome*

# Middle school divisional track champions



TRIBUNE PHOTOS BY LESLIE FEURST AND MONICA BALDWIN  
Pictured top left: Stonewall Centennial School (SCS) won the 2015-16 Interlake Divisional track and field large school banner with 447.50 points June 7 in Stonewall. Top right: Grosse Isle school claimed the Divisional small schools banner with 54 points. Primary champions Brooke Wadge (SCS), 27 points; Nolan Van Den Bussche (Stony Mountain), 22 points; Junior Chloe Morrison (SCS), 22 points; and Braden Bell (SCS), 30 points; Intermediate Taryn Jackson (SCS), 27 points and Damien Felbel (SCS), 24 points.

# Charitable winners

### Submitted

The annual Stonewall Lodge Independent of Oddfellows (IOOF) Golf Tournament was held at the Warren Golf Course June 6.

The approximately \$2,000 raised will be equally divided between three charities, the Interlake Food Bank, the Youth Drop-in Centre and the Christmas Cheer (Hamper) board.


"Nine teams participated and braved a 10 minute shower, but stuck with it for an excellent time and a wrap-up

meal at Stonewall's Pizza Den", said tournament chair, Doug Livingston. "There was no prize this year for the most honest team, as everybody was honest", he added.

There was only one complaint: "How does the Lodge make a profit, with such great prizes," said one golfer. Stonewall Lodge thanks all the generous donors and sponsors for their continuing support, which made such a comment real.



TRIBUNE PHOTO BY ROSS THOMPSON  
Winners in the best ball format, left to right, Alvin Gregorash, Shirley Gregorash, Dan Puls, Brian Nichol and Chairperson Doug Livingston.



**Come out and support your  
Stonewall Blue Jays**

**2016**

**Thursday,  
June 16**  
Stonewall Blue Jay  
vs  
Kildonan Mudcats  
@ Quarry Park  
7:30pm

**Tuesday,  
June 21**  
Stonewall Blue Jays  
vs  
St. James A's  
@ Quarry Park  
7:30pm

**Thursday  
June 23**  
Stonewall Blue Jays  
vs  
St. Boniface Saints  
@ Whittier Park  
7:30pm

# Orioles flying high at home tourney



TRIBUNE PHOTO BY BRENDA MARTINUSSEN

The Balmoral Orioles were this year's winners of the Balmoral Baseball Tournament PeeWee division last Saturday. Pictured left to right, back row: Carter Gage, Jacob Fearn, Jonathan Shipley, Blake Meyers, Mike Forbes (coach), Alex Martinussen, Dale Hume (coach); middle row: Lawrence Baker, Caleb Fearn, Alex Hume, Maddox Daneliuk; front row: Owen Forbes, Connor Smith and Liam Pauls.



TRIBUNE PHOTO BY KELLY FARMER

The Balmoral Orioles' Mites team won the U10 category at the Balmoral Baseball Tournament. Pictured left to right, back row: Jaret Thiessen (coach), Hannah Spence, Desiree Chartrand, Grace Stewart, Murray Stewart (coach), Kiera Willey, Kristin Stewart (coach), Sage Cameron, Hailey Faragher; middle row: Autumn Michalsky, Samantha Martinussen, Reese Farmer; front row: Kate Farmer and Tasha Thiessen.

## Mosquito champs



TRIBUNE PHOTO BY NIKKI MANNING

Stonewall won the U11 Mosquito category at the Balmoral tournament last Saturday. Pictured, back row, left to right: Coaches Geoff Reimer, Ian Palsson, Stu Schaeffer; middle row: Russell Watts, Evan Reimer, Kael Brown, Nicholas Stamler, Ryder Bassett, Spencer Schaeffer, front row: Rylan Slatcher, Jack Murphy, Erik Palsson, Nicholas Devereaux; laying down: Hunter Manning.

## PeeWee champions



TRIBUNE PHOTO BY FIONA SMITH BELL

The Stonewall PeeWee team won the Warren tournament on June 4 after defeating Balmoral 7-1 and Stony Mountain 15-5 to advance to the gold medal game against Warren Wildcats. Stonewall was down 5-2 going into the bottom of the fifth inning but rallied to score four to win 6-5. Pictured, left to right, back row: Coaches Darrell Sobkow, Darrell Humeniuk and Derek Dowsett; middle row: Reid Baryliuk, Jackson Kummen, Logan Resch, Max McIvor, Tyrell Tataryn, Megan Humeniuk, Samantha Holyk, Nikki Morton (manager); front row: Carter Bassett, Jace Woods, Matthew Morton, Alex Kaczorowski, Kian Bell, Dray Sobkow and Sarah Dowsett.

## Interlake Thunder struck down by special teams

By Brian Bowman

There is a reason why special teams are considered to be a very important aspect of football.

Big plays on special teams can often make the difference in a football game.

The Interlake Thunder learned that lesson the hard way last Thursday in a 34-28 loss to the North Winnipeg Nomads. North Winnipeg scored four special teams touchdowns, including one to begin the second half.

"They had one girl that was really quick," said Thunder head coach Joel McDonald. "We tried as far as

containing her (but) she got outside our contain and girls weren't getting downfield quick enough. It was a combination of all of the above and it's something that hasn't been a problem all season.

"We hadn't had one returned on us until this game."

Despite the struggles on special teams, McDonald saw a lot of good things from the Thunder against North Winnipeg.

"Some aspects of the game were excellent," McDonald noted. "Our offence was excellent. We pounded the ball really hard all game."

With the loss, Interlake is now 2-4 heading into tonight's home game with the St. James Rods at Stonewall Collegiate (game time is 7:30 p.m.). A Thunder win would go a long way to secure fourth place and a playoff position, said McDonald.

"The girls love playing at home," McDonald said. "We had three home games in a row and then we were on the road for three, so they're anxious to come back home and play on our home field."

"It matters to the girls. They're more comfortable at home and we've had really excellent support from parents

and family."

The North Winnipeg loss was a tough one for the Thunder, who had visions of finishing the regular season with a .500 record. McDonald said their club has come a very long way since the beginning of the season.

"They've come around, they're a football team now," he stressed. "They compete very, very hard. I've said so many times to the girls, 'If our maximum potential was 10, we started out as a one or a two and now we're pushing eight.'"

"It's like night and day."

## 55-plus slo-pitch team placed second at Little Mountain

Submitted

At a Little Mountain Park tournament recently in north Winnipeg, Selkirk defeated the Legends 23-8 after getting 12 runs in their final at bat.

Gerald Machnee hit three home runs — including two grand slams.

In the second game, Selkirk defeated Portage 9-2, but lost Game 3 to Tri-cad in the last at bat. They then won their final game against Lee River, 8-7, giving them second place.

The league includes teams from Anola, Winnipeg (St. Vital), Lee River

and Lac du Bonnet.

On May 11, the Selkirk team beat Winnipeg 36-12 and then crushed Anola 28-8 just eight days later.

May 30 saw Selkirk beat Winnipeg 31-8 and then Lee River 28-10 on June 2.

Selkirk added two new players to the team this year — Dennis Tucker from Petersfield and Garth Smith from Stonewall.

This year's roster of players also features Andy Marks, Gord Paradoski, Graham Mathers, Maurice Gowen

(Moe), Carla Wilson, Reg Parton, Derek West, Gerald Koroscil, Bob Zayhayko, Janice Smith, Marilyn Monkman, Pat Riley, Doug Cockerill player (personal manager and discipline consultant), Machnee (manager) and Fred Proden (coach and scorekeeper).

"In the league games, everyone bats through the batting order, playing five or six innings," explained Proden in a submitted article. "In the tournament games, it is three-out ball, generally seven innings."

The Selkirk team played at a Stein-

bach tournament June 7-8 and then competed at the 55-Plus Games in Brandon this week. Those Games began this past Tuesday and wrap up today.

Proden wanted to thank the City of Selkirk for the great ball diamonds and the employees who look after cutting the grass and maintenance — Rob Ward and Len Mikolash.

"The diamonds are as good as Buhler Park and Blumberg Softball Complex in Winnipeg," Proden praised.

## U18 rosters announced



TRIBUNE PHOTO BY KIM DELAROQUE

Interlake Thunder U18 football players Austin deLaroque, left, Thomas Dunlop, middle, and Alex France have each made the final roster for Team NW Ontario. The rosters were officially announced last week.

## Grants available for female athletes

By Stefanie Lasuik

Dairy Farmers of Canada are giving women across the country a better chance to succeed in sport. The organization has created a \$100,000 Champions Fund for female athletes, teams or organizations.

"Through this national grant program, we are encouraging females to continue with their love of sport and seeing that no hurdle exists that might hinder the passion for the game," said Caroline Emond, executive director of Dairy Farmers of Canada in a press release.

According to the organization's Women in Sport report, 41 per cent of Canadian girls and 84 per cent of Canadian women don't participate in sport.

The report found that 22 per cent of girls stop participating in sports during adolescence. The main reasons why include lack of social support, positive role models, self-confidence,

and money.

The Champions Fund will give 20 \$5,000 grants to successful applicants.

The organization hopes to inspire women to continue or start participating in sports. Their research has found that girls who haven't gotten involved with sport by the age of 10 have a 10 per cent chance of being a physically active adult. Females who participate in sport have better physical health, a decreased risk of developing depression and anxiety, and a higher likelihood of academic success, according to the report.

The percentage of women over 15 participating in athletics has dropped to a record low since the early 1990s, according to Statistics Canada.

Applicants for the fund have to be 13 or older and apply by Sept. 29. Those who would like more information on how to apply can visit [womenchampions.ca](http://womenchampions.ca).

# Classifieds

Stonewall Teulon  
Tribune

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## METAL RECYCLING

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## APARTMENT FOR RENT

1 bdrm. suite in town of Warren. Available July 1st. Newly renovated. Ph 204-995-4470.

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## GARAGE SALES

Huge Multi Family Yard sale on Thurs., June 30, 4 - 8 p.m.; Fri + Sat July 1 & 2, 9 - 5 p.m. On PR #229 only 5 1/2 miles west of Hwy #8 or 3 1/2 miles east of Hwy #7 (between Komarno & Wpg Beach). Antiques, large variety of household items, indoor & outdoor furniture, sporting goods, brand new & used doors & windows, etc.

## HELP WANTED

Wanted - 1st or 2nd level sheet metal installer. Ph 204-461-1678 or email woodlandshvac@gmail.com

We are seeking a full time receptionist for our busy practice. Experience with computers, knowledge of dental terminology and Maxident is an asset. We are looking for a self starter who is an independent thinker, has a sharp eye for detail, a team player who takes pride in their work and loves to smile. We offer competitive wages and bonuses. We are open daily from 8:30 to 5:00 except Wednesday open from 12:00 p.m. to 8:00 p.m. Please forward resume with cover letter to: Box 1490, Stonewall, MB. R0C 2Z0 or email to qdc-345main@hotmail.com (please indicate "Receptionist" in the subject line). NO PHONE CALLS PLEASE.

Full time help wanted on dairy farm near Stonewall. Email mb-dairy@hotmail.ca

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## HELP WANTED

The Teulon-Rockwood Recreation Commission has received funding from the Manitoba Métis Federation Inc. to hire a summer day-camp assistant. The requirements of the position, as per the MMF are as follows: 30 hours a week (position dates July 18th until August 26th 2016); Student must be between the ages of 15-30 who attended school full-time during the preceding year and are returning to school on a full-time basis in the following academic year (any student under the age of 16 requires signed consent form from the parent/guardian allowing for work); Must be legally entitled to work in Canada; Must be Métis, Non-Status or Inuit (required to fill out a declaration form in which a copy will be supplied to MMF). If you meet the above qualifications please send resumes to Laine Wilson at teulonrockwoodrec@gmail.com by June 20th 2016. Please contact Laine at 204-861-0341 with any inquiries/questions.

Live in caregiver/ housekeeper. Drivers licence required. Dream job for the right person. For more info call 1-800-665-1992 or after 6:00pm 204-997-4629.

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Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

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## McSherry Auction Service Ltd

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STEVE & DOROTHY SKOROBHACH

Saturday June 25th @ 10:00 am

Camp Morton, MB

Jct 8 & 324 East 3/4 Mile on 324 # 19110  
Contact: (204) 642-8153

Tractor & Equip JD 750 Dsl MFWA Removable  
Cab 3PH Hyd 4000 Hrs. w JD 67 FEL , 60" JD  
Snowblower, JD 48" Rotovator \* Brower 16'  
7 Gang Reel Mower \* 3PH Hyd Log Splitter  
\* 3PH 12' Sprayer \* JD 3PH 7' Disc \* 3PH  
6' Slit Aerator \* 3PH 7' Blade \* 3 PH Hiller  
\* Ryan 4 HP Self Propelled Sod Roller \* Gas  
Driven Stump Grinder \* Hustler 272 Gas 72"  
Mower \* 5HP 21" Snowblower \* 4 Wheel  
Trailer \* Gas Yard Blower \* Gas Post Hole  
Digger \* Recreation & Guns Prince Craft Al  
16' Boat w Yamaha 25 HP & Trailer \* 12'  
Duck Hunting Boat \* Snowmobile Sleigh \*  
Tree Stand \* Camping Items \* Browning 12  
GA PA \* Winchester 67 22 Cal \* CIL 607 12  
GA PA \* Various Ammo \* Vehicles 97 Ford  
Ranger w Cap 115,000 Km Safety \* 97  
Lincoln Town Car \* 88 Ford F150 4x4 Lariat  
Ext Cab \* 11' Service Box w Air Comp IMT  
2015 Boom \* Over 15 Autopac Vehicles  
For Parts \* Misc 50 Ton Shop Press \* Tire  
Machine \* Air Comp \*Table Saws \* Jointer \*  
Chain Saws \* Power Tools \*Air Tools \* Hand  
Tools \* Shop Supply \* 5000 lb Pallet Jack \*  
Torsion Axles \* Home Repair Items \* Acreage  
Misc \* Antiques 1926 Ford Model T One Ton  
\* 68 Polaris Mustang \* 72" Rd Oak Bar Table  
\* DR Table & China Cabinet \* Dresser \* Wash  
Stand \* Coal Oil Lamps \* Snow Shoes \* More  
Antiques & Some Household \*

Stuart McSherry (204) 467-1858 or (204) 886-7027  
Stonewall, Manitoba  
www.mcsherryauction.com



## RURAL MUNICIPALITY OF ST. LAURENT EMPLOYMENT OPPORTUNITY

POSITION: FULL TIME PUBLIC WORKS  
(OEM LOCAL 987 - PATROL MAINTENANCE EMPLOYEE)

The R.M. of St. Laurent is seeking applications for a full time public works person.

Knowledge and understanding of a Municipal Public Works environment is an asset along with possession of a valid Class 3 licence. The skill and ability to operate heavy equipment including a motor grader is a requirement. Other duties may include: maintain and service the equipment on a regular basis; grade/ plow roads as required; operate tractors for various tasks including ditch mowing and loader work; cut grass with various equipment; work at the Waste Transfer Site which would include picking up and sorting of garbage; installing signage; and to perform other tasks as assigned. Successful applicants must be able to work with minimal supervision.

Interested applicants are invited to submit a resume to the Municipal Office by Wednesday, 4:30 p.m. June 22, 2016.

Resume may be dropped off at the RM Office during business hours between 8:30 a.m. and 4:30 p.m. Monday to Friday.

Hilda Zotter  
Chief Administrative Officer  
Rural Municipality of St. Laurent  
16 St. Laurent Veterans Memorial Road  
P.O. Box 220, St. Laurent, Manitoba R0C 2S0



## RURAL MUNICIPALITY OF ST. LAURENT REQUEST FOR TENDER

The R.M. of St. Laurent invites tenders for:

- 1) Supply and spread 3/4" down limestone to various locations within the R.M. of St. Laurent
- 2) Supply and spread crushed traffic gravel to various locations in the R.M. of St. Laurent
  - Quantity will depend on price
  - Please indicate price based on "yards"

All tenders to be submitted by sealed envelope to the R.M. of St. Laurent marked "Sealed Tenders" by Wednesday, June 22, 2016 at 4:30 p.m. Tenders may be dropped off at the RM Office during business hours between 8:30 a.m. and 4:30 p.m. Monday to Friday.

Lowest or any tender not necessarily accepted.

Hilda Zotter  
Chief Administrative Officer  
Rural Municipality of St. Laurent  
16 St. Laurent Veterans Memorial Road  
P.O. Box 220, St. Laurent, Manitoba R0C 2S0

# Classifieds

Stonewall Teulon  
**Tribune**

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## MISCELLANEOUS

1 person 25 ft. Skyjack, motor home, dozens of steel wheels, 300 gal. and 500 gal. gas and diesel tanks with stands, 1 beams, and tractor rims. 82 Bronco, 75 Pontiac and 8 other vehicles. Garden harrows and cultivators. Huge amount of bolts, screws and drill bits all sizes. Glass doors, wood beams and steel of all types. Buses, Carousel horse, Great Northern railway bell, scaffolds, wood stoves, 5000 car and truck hub caps. Refinery 16 ft. steel tower  
**cont. on next col**

with stairs and railing. Phone booth with phone, 2 horse show wagon, 1 horse chariot, DC4 tractor with loader and much much more. Harry 204-482-7251.

Trailers for sale. Car & equipment haulers, Dumpbox, Cargo, Utility, Gooseneck Flat-deck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

## MISCELLANEOUS

Sawmills from only \$4,397 - make money & save money with your own bandmill - cut lumber any dimension. In stock ready to ship. Free info & DVD: [www.NorwoodSawmills.com/400OT](http://www.NorwoodSawmills.com/400OT) 1-800-566-6899 Ext:400OT.

## WANTED

Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393.

## WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Waterite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Pater-son iron removers/\$520. Greensand iron odour removal systems, \$720. All Seasons Furnishings 204-661-8581.

## HEALTH

Are you suffering from joint or arthritic pain? Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

## POTATOES FOR SALE

Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

## LIVESTOCK

Charolais yearling bulls for sale, Red Factor or White. Also 1 Red Factor 2 year old. Good prices. Good birth weights. Call John at 204-383-0308.

## LIVESTOCK

For sale - 2 Black Angus yearling bulls. Semen tested, low birth weight. Delivery avail. Ph Peter 204-643-5541 or 204-886-7078.

## FARM MACHINERY

John Deere M tractor with No. 8 Sickle bar mower & M cultivator. Runs well. \$3500 firm. Call 204-771-6710 or 204-467-4525.

## PASTURE LAND WANTED

Wanted - pasture land. Ph 204-467-8481, ask for Lloyd or Dylan.

## Hip or Knee Replacement?

Problems walking or getting dressed? The Disability Tax Credit

**\$2,500**  
Yearly Tax Credit

**\$40,000**  
Lump Sum + Rebate

Apply anytime of the year. Lowest rate in the industry.

Reliable Expert Service  
**204-453-5372**

## McSherry Auction Service Ltd

**WALTER & ROXY WAZNY**  
**NEW RAIN DATE**  
**Friday June 17th 4:00 PM**

Lac Du Bonnet, MB  
South 2 Miles on Hwy 11  
Then West 1/2 Mile on Tetraut Rd  
Contact: (204) 345-2664  
Tractors \* Farm Equip  
\* Farm Misc \* Tools \*  
Some Antiques \*  
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Stonewall, Manitoba  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

# take a break

> GAMES

## SUDOKU

	9			1			4	
					6			1
				9	7	2		
5								
	7	1	9	4				5
9		3					8	
	6				9	8		
						6		
				5	1	2	4	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	2	1	5	9	7	6	8	3
6	9	5	4	8	7	1	2	
3	7	8	6	2	1	5	9	4
7	8	4	1	5	9	3	2	6
5	3	9	2	4	6	1	7	8
2	1	6	8	7	3	9	4	5
9	5	2	7	6	4	8	3	1
1	6	3	9	8	2	4	5	7
8	4	7	3	1	5	2	6	9

Sudoku Answer

L	H	O	S		E	N	I	S	A	T									
S	E	O	H		D	E	L	V	G	I	R	H	I						
E	I	B	O		I	W		V	E	D	E	W							
A	H	O	L	V	D	N	E	W	O	O		A	V						
T	I	O	O	N	U	D	E	Y	H		I	N							
S	V	B	V		G	I	R	L		V	E	H	U						
				C	I	W	S	O		E	H	V	d	S					
D	E	S	V	B	V			S	H	E	B	U	L						
E	T	E	N	V		L	H	O	B	V									
L	B	E	D		L	J	E	H			V	E	D						
d	V	S		S	E	O	A		S	H	E	L	N	E					
U	W		N	O	W	O	W	F	O	K	O	O	B						
H	V	T	I	d		d	V			E	H	A	B						
E	L	V	H	E	W	N	E			E	C	N	O						
				G	N	O	B	V	S		S	S	V	S					

Crossword Answer



# CROSSWORD

## CLUES ACROSS

1. Impudence
5. Female garment
11. Not twice
12. Mention one by one
16. Cowbarn (British)
17. Promotional material
18. Argentinian artist Zeta
- 19 South Park guys' musical
24. Letter of the Greek alphabet
25. Comes into
26. VVV
27. Weaken
28. Costly
29. Weight
30. Financial obligation
31. A way to expel
33. Anoint
34. Stems
38. Belittled
39. Refrain from harming
40. Relating to odors
43. Helps animals metabolize nitrogen-containing compounds
44. Make neat
45. Ancient Greek sophist
49. A quantity of no importance
50. Used to have (Scottish)
51. Straighten
53. Early multimedia
54. Recommending
56. Greek sorceress
58. Michigan
59. Off-Broadway theater award
60. Watered
63. Small Eurasian deer that lack visible tails
64. Basic amino acid
65. A way to pick

## CLUES DOWN

1. Wept
2. All persons
3. Pouches of skin
4. Locates missile targets

1	2	3	4		5	6	7	8	9	10									
11						12						13	14	15					
16						17				18									
19				20	21			22	23					24					
25							26							27					
28						29						30							
				31	32					33									
34	35	36	37						38										
39						40	41	42											
43						44						45	46	47	48				
49					50					51	52								
53			54					55											
56		57					58					59							
60						61	62					63							
				64								65							

5. Furrow
6. Michael Chiklis grew up here
7. Ruthenium
8. Sacred Hindu syllable
9. Roman biographer
10. A way to smile
13. Atomic number 13
14. Can be domesticated
15. Exploded
20. An alternative
21. Foreign Service
22. Robbed by force
23. Made the acquaintance of
27. Bishops' seats of authority
29. "Tiny Bubbles" singer
30. Deoxyribonucleic acid
31. Plural present of be
32. College degree
33. Basics
34. High sea wave
35. Go against flow

36. Tree native to India
37. A major division of geological time
38. Yakut God of Light \_\_ Toyon
40. Utah city
41. Supporting musicians
42. Magnesium
44. Scottish cap (slang)
45. Performing artists
46. Slang for mistake
47. More well ventilated
48. Most guileful
50. Grinder
51. University of Dayton
52. Sodium
54. Fashion designer Chapman
55. Brood of pheasant
57. Doolittle was one
61. Equally
62. "Bring Em Out" rapper

# Classifieds Announcements

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Stonewall Teulon  
**Tribune**

## ANNOUNCEMENT

### CARD OF THANKS

Thank you so much for the generous contributions towards Jason and I. We were very touched and overwhelmed by the love and kindness from the wonderful people in the community. Our approaching wedding day has been made even more special because of the support and blessings from everyone. We appreciate everything and are truly grateful.

-Lisa Harris and Jason Cooper

## ANNOUNCEMENT

### CARD OF THANKS

The Teulon Farm Safety Committee wishes to acknowledge the assistance of the following to make our 2016 Farm Safety Day a success: the Town of Teulon; Willis Agro Ltd.; TD Canada Trust; Kletke Seed Farms Ltd.; Teulon and Area Lions Club; Teulon Tractor and Motor Ltd.; Rockwood Lumber; Interlake Electric; Red River Co-op Fuels - Teulon; Viterra; Farm Credit Canada; Sunova Credit Union; Bigway Foods Teulon; Ruff House Kennels; LOC Rockwood Septic Services; Teulon Physiotherapy Clinic; BASF; Michael Dola - Rockwood Rosser Week Control District; Taras Derbowka - Paterson Grain; Farmers with Disabilities; Cancer Care Manitoba; Inwood Women's Institute; Safety Services Manitoba; eight TCI student assistants; Shirley, Nicole, Rhona and Paula who kept the event fed through the day.

Stony Mountain Hilltop Manor Fundraising Committee would like to say thank you to everyone who helped and attended the Manor's Annual Spring Tea on June 11th. Special thanks once again to resident Dennis Dahlin for his outstanding ticket sales and to all those who donated baking. We'd like to especially thank and acknowledge the following local businesses and individuals for their generous support and prize donations. Abas Esso - Dave Abas; Betty Coburn; Brenda Barnes; Candis Sholdice; Cheryl Deprez; Suzanne Durston; Dennis Lake Wildlife Assoc.; Diane Dahlin; Good Turf Garden Centre - West St. Paul; Jim Butler; In Memory of Isabel Butler; Jerry and Debbie Hayduk; In Memory of Jean Hayduk; Rose Ware; In Memory of Billy Plohman; Jasperson's Greenhouse; Judy Richardson; Tara Richardson; Kathy Gilson; Vi Gilson; Kyla Weselak; Leanne Sinclair; Linda Gurney; Lorraine and John McMahon; Marie Joel; Marlene Broadfoot; Mickey and Reg Dixon; Mountain Do or Dye Hair Salon - (Jo Feaks, Kelly Pageot, Patty Woods); Percy Sutherland; Stonewall Chicken Chef; Stonewall Family Foods; Stonewall Florists; Stonewall Home Hardware; Stonewall Marketplace Foods; Stonewall McLeod House Tea Room; Stonewall North American Lumber; Stonewall Pharmacy; Stonewall Pizza Den; Stonewall Quarry Furnishings; Stonewall Rockwood Motor Inn; Stonewall Sing Fei Restaurant; Stonewall Subway; Stonewall Tim Horton's; Stony Mountain Pharmacy and Stony Mountain Motor Inn.

-Sincerely,

Stony Mountain Hilltop Manor  
Fundraising Committee

## ANNOUNCEMENT

### BIRTH ANNOUNCEMENT



Emma June Stewart

Ian and Jodi would like to announce the birth of their daughter, Emma June Stewart, on June 10, 2016 at St. Joseph's Hospital in Estevan, SK.

## ANNOUNCEMENT

### GRADUATION



Britney Lauren Gilson

Congratulations on your graduation from the University of Manitoba with a Bachelor of Science in Agriculture Specializing in Animal Systems We are very proud of your accomplishment

-Love,

Mom and Dad, Andrew and Craig

Stonewall Teulon  
**Tribune**  
Call 467-5836 or email [igraphic@mts.net](mailto:igraphic@mts.net)

## BARTENDING TENDER

### TEULON-ROCKWOOD RECREATION COMMISSION

The Teulon-Rockwood Recreation Commission is now accepting tenders for the full bartending contract at the Centennial Centre. Please contact Laine Wilson at [teulonrockwoodrec@gmail.com](mailto:teulonrockwoodrec@gmail.com) or by calling 204-861-0341 to acquire the contract details. Tenders will be accepted until June 30th 2016. Lowest Tender not necessarily accepted.

### McSherry Auction Service Ltd

#### LIVE BEE & ACREAGE DAVID & GRACE DYCK

Wed June 22nd @ 5:00 pm

Tyndall, MB, 13 Ash Ave.

Live Bees 60 Hives - Are Ready to go to Field ! Viewing of Hives by Appointment \* Contact 1-204-250-1848. 370 Supers \* 80 lb Honey Filter Barrel \* 90) Bee Plastic Feed Pails \* Trailer & Wood Splitter 2014 Carry On 12' Tandem Flat Deck Trailer \* Trailer 6 HP 20 Ton Wood Splitter \* Tools Upright 60 Gal Air Comp \* Ridgid Band Saw \* Ridgid Table Saw \* Mitre Saw & Stand \* Drill Press \* Metal Cut Off Saw \* Stihl 291 Chain Saw \* Disc/Belt Sander \* Biscuit Jointer \* Power Planer \* Power Tools \* Hand Tools \* Shop Supply \* New 2500lb Pallet Jack \* 1 Ton A Frame on Castors \* 2000lb Elec Pressure Washer \* Conveyor Roller Stands \* Some Yard & Household \*

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Do you have a suggestion for our news team?  
Call 204-467-5836

THE LUNG ASSOCIATION  
Manitoba

### ManitobaQuits

Quit Smoking Contest 2016 wants to help you quit smoking for a day. Quitting for one day helps you to practice effective quitting skills, get to know resources and build confidence. You will have 12 chances to quit smoking and to feel good about yourself! If you can quit for a day - you can eventually quit for good.

\$200.00 cash prizes

Registrations begins January 18, 2016

Go to [ManitobaQuits.ca](http://ManitobaQuits.ca) for dates, contest information and resources to quit smoking

Call 1-888-566-5864 toll free

### Golden Willow Farm AUCTION Marielle Casngne and the late Bertrand Saturday, June 18 • 10 AM

St. Agathe MB. Cross bridge to east and follow signs. Nice large Grain Farm Auction. No smalls. Please be on time.



Check [www.billklassen.com](http://www.billklassen.com) for more info.

Bill Klassen Auctions Ltd.

Ph: (204) 325-4433

Cell: (204) 325-6230

Fax: (204) 325-4484

# CASUAL DELIVERY DRIVERS & CARRIERS WANTED

In preparation for an impending Canada Post Strike in July the **Stonewall Teulon Tribune** will require delivery drivers and carriers to get the news out. With a possible strike date of July 2nd we will need delivery people in our urban areas and delivery drivers in the rural areas. The publications take two days to get out, they are delivered beginning Wednesday morning and must be completed Thursday.

**If interested please contact  
Christy Brown at 204-467-5836 or email:  
[christybrown@stonewallteulontribune.ca](mailto:christybrown@stonewallteulontribune.ca)**

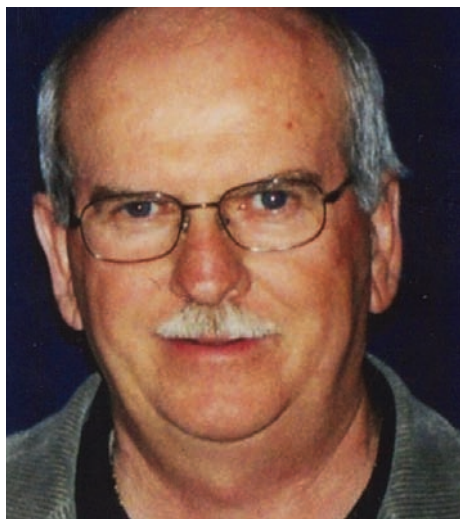
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Stonewall Teulon  
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## ANNOUNCEMENT

### IN MEMORIAM



**Graham Murray**

June 10, 1949 – June 16, 2015

Always so good, unselfish and kind,  
None on this earth your equal I'll find.  
Honorable and true in all your ways,  
Loving and faithful to the end of your day.  
Honest and liberal, ever upright,  
Just in your judgement, always right.  
Loved by your friends and all whom you knew,  
One in a million, that husband was you.  
One year has passed, our heart still sore,  
As time roles on we miss you more.  
A loving father, grandfather tender and kind,  
What beautiful memories you left behind.

-Forever missed, and forever loved  
Elsie, Tracy (Kevin), Travis,  
Morgan and Kira

## ANNOUNCEMENT

### IN MEMORIAM

**Graham Murray**

June 10, 1949 – June 16, 2015

If tears could build a stairway,  
And memories a lane;  
I'd walk right up to heaven,  
And bring you home again.

-Loved always,  
Mom (Marion)

## ANNOUNCEMENT

### IN MEMORIAM



**Leanne Linklater**

July 29, 1954 – June 13, 2012

In loving memory of Lea, daughter, wife, mother, grandmother, who left us on June 13, 2012. Sadly missed by a huge family, so many friends and colleagues at Rockwood Institute. This is a smiling face none of us can forget. Love you for always, Love you forever.

## OBITUARY

**Frances Shirley McCurdy**  
(nee Baraschuk)

November 22, 1949 – June 11, 2016

It is with deep sadness we announce that Frances Shirley McCurdy passed away peacefully with her family by her side on June 11th, 2016 in Winnipeg, MB.

Fran leaves to mourn her father Adolph; husband of 47 years Jim; daughter Darci (Rick); son Garth (Kristin); brother Mike (Annice); grandchildren Rachael, Kaitlyn, Austin, Melody and Alayna.

Fran was born in Winnipeg and raised in south St Vital and spent most of her summers at the family farm near Fisher Branch, MB. Fran married Jim in July of 1968 and started their family in the St Vital area before moving to the Stonewall area in 1975. Together with Jim, they spent many years there making numerous lifelong friends. Fran and Jim loved to camp with their family and tried to



get away as much as they could.

Fran loved to read romance novels, macramé and other crafts. Fran was very much a people person and loved to know what all the family was up to. She was genuinely interested in what was happening with everyone she met and loved to ask "What's new?"

Fran worked just shy of 25 years at Jostens of Canada in Winnipeg. In 2008 she retired to Winnipeg with Jim.

The family would like to express their gratitude to the doctors and nurses at the HSC ICU unit for their compassionate care.

A celebration of her life will take place on Tuesday, June 21, 2016 at 2:00 p.m. at Christ the King Roman Catholic Church, Stonewall.

Private interment to take place at a later date.

In lieu of flowers, the family request donations can be made to the Crohn's and Colitis Canada. [www.crohnsandcolitis.ca](http://www.crohnsandcolitis.ca)

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## OBITUARY

**William Duda**

Peacefully on Friday, June 10, 2016 at Arborg Hospital Bill, aged 86 years passed away with family at his side.

Bill was born in Supton, Manitoba. He worked as a carpenter in Winnipeg and farmed in Stonewall, Inwood and Teulon. His passion was heavy horses which he trained and won many a ribbon at provincial horse pulling contests.

He will be forever remembered by his children, Colleen of Ontario and her husband Tom, and Doug of Quebec and his partner Catherine; four grandchildren: Larissa, Connor, Rose and Josef and one sister Adeline of Winnipeg. He is predeceased by his wife, Barb; sisters Pearl and Marjorie and brother Joe.

We would like to thank the staff at Arborg Hospital and Arborg Assisted Living for the excellent care.



Funeral service was held on Wednesday, June 15 at the MacKenzie Funeral Chapel, Teulon, Manitoba. Interment to follow at Dundas Cemetery.

## OBITUARY

**Theresa Voogt**

Peacefully on June 12, 2016, Theresa passed away at Kildonan Personal Care Home at the age of 87 years.

Theresa will be lovingly remembered by her children Harry (Kerry), Nancy (Geoff) and Jason (Wendy); nine grandchildren, and five great-grandchildren. She was predeceased by her husband Jacob in 2012 after 61 years of marriage, and her daughter Cathy Curtis in May 2016.

Theresa was born in Holland and emigrated to Canada with her husband in 1951 where she helped run their dairy farm and raised their family of four children. She enjoyed her volunteer work at Rosewood Lodge in Stonewall, Manitoba. Theresa was a woman of strong and deep faith, and was very involved in the church, especially enjoying her time with the choir and Bible Study Group until her health started to decline over the years.



The family wishes to thank the staff of Kildonan Personal Care Home for their care, kindness and compassion shown to mom over the years.

Memorial Service will be held on Friday, June 17, 2016 at 11:30 a.m. at Providence Reformed Church, 2615 Henderson Highway, with a reception to follow. A private interment will be held at Glen Eden Memorial Gardens.

In lieu of flowers, donations in memory of Theresa may be made to the Alzheimer Society of Manitoba.

Friends Funeral Service,  
2146 Main Street, Winnipeg,  
204-339-5555, [www.friendsfs.ca](http://www.friendsfs.ca)  
in care of arrangements

**Don't forget  
to send your  
special wishes  
to your friends  
and family.**

Stonewall Teulon  
**Tribune**

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- IN MEMORIAMs
- ANNIVERSARIES

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**Tribune**

**204-467-5836**

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**Don't forget to send  
your special wishes to  
your friends and family.**

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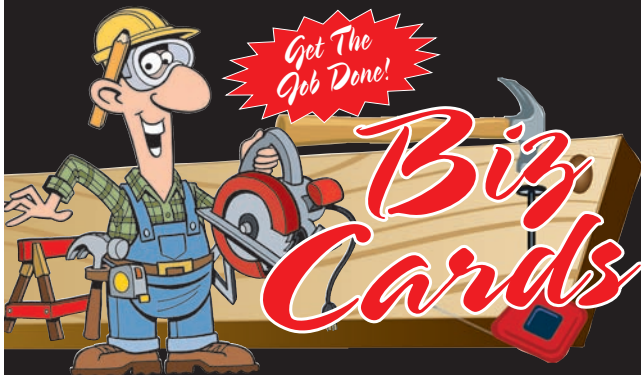
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Buildings Fences  
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