



THE MCKILLOP TEAM
RE/MAX TOWN & COUNTRY
467-8000
mckillop.ca

OPEN HOUSE
9 ROSSMERE, STONEWALL
THURSDAY JUNE 11 • 5 - 8 PM

ENVY OF THE NEIGHBOURHOOD - Award winning show home - Parade of Homes ! Spectacular landscaping, high end quality & Finishes thru-out 2061 Sqft so much more - *Matt*



June 15th
World Elder Abuse
AWARENESS DAY
WEAAD MANITOBA

VOLUME 6 EDITION 24

Tribune Stonewall Teulon

THURSDAY,
JUNE 11, 2015

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & SURROUNDING AREAS



The ripple effect

Royal Bank Stonewall branch employees celebrated RBC Blue Water Day with a community barbecue. During the barbecue checks totalling \$6,000 were presented to several community organizations through the Day of Service Grant. RBC branch members volunteered for three hours with six organizations, resulting in a donation to Ducks Unlimited (\$2,000), Project Linus (\$1,000) and Stonewall Scouting Association (\$1,000). Missing from the photo is Stonewall Children's Centre (\$1,000) and RW Bobby Bend Canadian Parents for French (\$1,000). A volunteer action is like a stone thrown in a lake: its effect has a direct impact. At the same time, like ripples, volunteer efforts reach out far and wide to improve communities. Undeniably, volunteers rock.

Tribune photo by lana meier

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



SOLD
BALMORAL \$434,900
IF YOU VALUE...
A FAMILY HOME THAT OFFERS a 128 x 175 private lot w/ mature trees & landscaping, incredible vistas & landscaping, quality blt, 2160 SF, 2.5 bath, w/dev bsmt, insul gar, C/A, C/V, underground sprinkler & gazebo w/hot tub AND MUCH MORE!



SOLD
TEULON \$249,900
Why Go Anywhere Else?
When you can enjoy all the amenities with this LOW MAINTENANCE, RENO'D 1665 SF, 3 br, 2 bath, bung w/ a sgl att gar, main flr laundry, lrg eat-in KIT w/ patio doors to deck, lrg sunken LR, MBR w/fantastic ensuite w/ oval jetted tub near golf course.

Experience Counts



The Claudette GRIFFIN Group
Past Director - Winnipeg Realtors®
Past Chair - Professional Standards

L.J. BARON Realty
EST. 1953
Family owned & operated over 60 years!

MOST PROPERTIES SOLD in the INTERLAKE by an INDIVIDUAL in 2013!

Out of 1500 REALTORS®, most properties in R12 & R19 based on Winnipeg REALTORS® MLS™ Stats



SOLD
TEULON \$174,900
In Your Price Range!
Well maint'd 3br hm w/det gar, private landscaped lot backing onto park. Close to shopping, X-country & walking trails. Price to move FAST!



SOLD
NORRIS LAKE \$39,900
Build Your Dream Home...
Or weekend retreat on this 150 x350 LAKEFRONT lot at Norris Lake. Located approx. 40 mins fr Winnipeg. Summer and Winter recreation, or simple relaxation await!

204-886-2393 baron@mts.net www.ljbaron.com

Inspiring continuance of Manitoban tradition

Mark Morisseau has countless accolades to his name and enjoys inspiring students

By Stefanie Lasuik

Mark Morisseau is inspiring a generation of young fiddlers and continuing Manitoba's rich tradition in the art. With approximately 170 students, Morisseau imparts his fiddling knowledge and prowess into hungry minds.

"I'm just trying to install passion and let it see where it takes them," he said.

Morisseau's students range in age from five to retirees. They live throughout the communities of St. Francois Xavier, St. Laurent and the Interlake, coming together to play

concerts at various venues throughout the year. His past students have gone on to play for the Queen, to tour the world, or to become fiddling instructors themselves, but Morisseau says that fiddling also gives them a hobby — something players can use in their own communities to help out at events and fundraisers.

One student, Cole McRae of Warren, enjoys fiddling because it's "cool." The eight-year-old has been taking lessons with Morisseau for three years already and looks forward to a future of concerts and musical success.



Eight-year-old musician Cole McRae of Warren is one of Morisseau's 170 student fiddlers.



TRIBUNE PHOTOS SUBMITTED
Mark Morisseau, an accomplished musician, has passed on his expertise to Aboriginal Peoples Choice Music Awards winners including Sierra Noble, Brad Moggie and members of the Gaudry Boys.

Morisseau's own skills have paved a road of success. He performed for six years with the popular country band Doc Walker, but, luckily for his current and graduated students, he left the band as he tired of the on-the-road lifestyle. Morisseau's third CD, *Favourites*, won the Aboriginal Peoples Choice Music award for Best Fiddle Album in 2011.

Morisseau first picked up a fiddle at the age of seven. It was automatic — his father, grandfather and great-grandfather were all fiddlers. "Music was always on in our house. You couldn't help but get interested in it," Morisseau said, noting that his whole family would join in the tunes.

Now, Morisseau is giving young fiddlers a musical family of their own. As many as 50 students will come together to perform at various venues, which includes the Festival du Voyageur and the Indigenous Games. Fiddlers from past instruction often join in concerts with current students.

"It's nice when the advanced stu-

dents who are out of the program display their efforts and show the kids when you work at it, it can be rewarding," Morisseau said.

It's these performances that inspire Morisseau to keep teaching.

"It's those moments when you see students up there and they've done well and they're proud of their accomplishments," Morisseau said. He explained that he enjoys watching the students and their music being accepted

by the audience. He says the kids get a burst of energy and say "When is the next time we get to do this again?"

The next time Morisseau's students will perform as a group will be June 19. Morisseau's fiddlers will delight audiences at the Red River Ex at 4 p.m. from the new Community stage, located next to the Main stage.

Golf is by no means a spectator sport.

In golf it is entirely possible to suffer an injury that could not only end your season, but also cause serious pain, discomfort, and frustration.

Lumbar (low back) pain is the most common symptom in golfers who stick with the sport over a long period of time. The repetitive motion, rotation, and strain from the golf swing create pressure on the discs of the spine. The increased load and force on the spine are intense enough to damage muscles, joints, discs, and even the ribs.

What can be done to prevent these common low back conditions in golfers?

1. Golfers with low back pain should seek help early on rather than wait and see if it goes away.
2. Breath control during swinging or putting is an important part of injury prevention in this sport.
3. Proper clubs fit to body specifications is a must for each individual player.
4. Push the golf cart rather than pulling it, use a golf bag with dual straps rather than a single strap, and maintain proper body weight for size.

A physiotherapist can assess your range-of-motion, postural alignment, movement patterns, and golf swing mechanics that need correction.



QUARRY
PHYSIOTHERAPY
SPORTS INJURY & MASSAGE CLINIC

Direct Billing to most private insurances

Westside Plaza, Stonewall 204-467-9101
quarryphysio.ca

You have options...
Ask one of our professionals for a

COVERAGE
assessment on your

**Travel Trailer,
5th Wheel
or Motorhome.**

ONE
INSURANCE
oneinsurancegroup.ca

PROVIDING PEACE OF MIND
100 YEARS & BEYOND
SMI
SASKATCHEWAN MUTUAL
INSURANCE COMPANY



Springtime concert



RW Bobby Bend Kindergarten students sang and performed to a full house last Thursday to celebrate their year's accomplishments.

TRIBUNE PHOTOS BY LANA AND MOLLIE MEIER



Customer appreciation

TRIBUNE PHOTO BY LANA MEIER

One Insurance served up pork on a bun, a drink and cookies and chips to show their appreciation to their customers last Friday. Pictured left to right: One Insurance employees, Shelby Wobick, Amanda Earl, Chase Griffith, Rena Hegele along with Kristina Walder of Danny's Whole Hog.



FRONTIER
drainage systems

1-844-744-TILE
www.frontier.com

Curling club surf and turf



TRIBUNE PHOTOS BY STEFANIE LASUIK

The Stonewall Curling Rink was abuzz with chatter and laughter Saturday night as the club hosted its second annual Lobster and Steak dinner fundraiser. Approximately 100 members and guests enjoyed east coast lobster and steak done to their liking. The money raised will go back to the curling club, which hosts ladies, men's, mixed, seniors and stick leagues.

Locals win doubles floor shuffleboard tournament

By Chris Bryson

On June 2, the annual doubles tournament for floorboard shuffling took place at the Argyle Curling Club. The Floorboard Shuffling Club started in 1986 and the tradition still continues.

Shirley King, president of the Floor Shuffleboard Club in Argyle for three years now, says that the events are always a fun time, and the continued enjoyment of the game and the collective experience club members have is what keeps it going.

"It was a game that a lot of people when they went south in the winter they played it down there," says King. "Then they brought the game back here and in Argyle they started a club there. They started playing this game and everybody enjoyed it."

In Argyle, the floor shuffleboard games take place on the cement floor

where the curling club games happen throughout the fall and winter months when it is covered with ice.

With floor shuffleboard, there is a cue, about six feet long, and four weighted discs. At the Argyle curling club, the game is ruled out on the cement, so players can identify where they can score their points.

"You shoot back and forth these discs. There's four discs and each player shoots back and forth and you play in teams," says King.

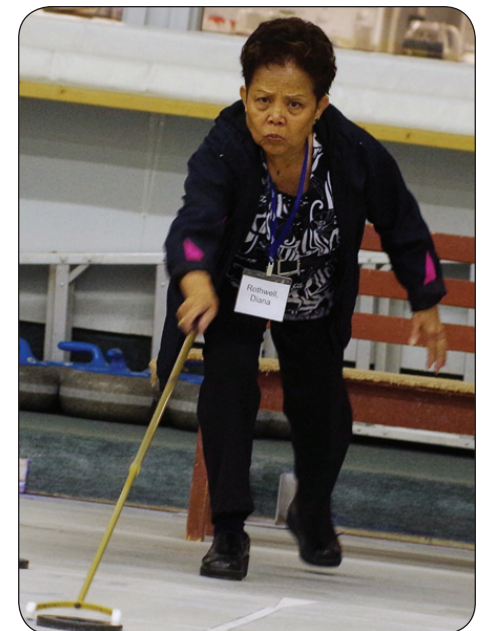
With the doubles tournament, the Floor Shuffleboard Club hosted a special event where those involved played the game and also enjoyed a potluck lunch together.

"We played 16 frames," says King. "You play eight across the board and then you change sides and colours. So we did 16 frames, two games before

lunch then we played for the winners after lunch."

The winners of this year's tournament were Ingrid Philmon and Dianna Rothwell for the "A" side, and Joe Philmon and Jim Riddell for the "B" side. King says that the winner's names will be inscribed on the club plaque for 2015. Winners also get to split and take home a cash prize that all together is usually half the amount that they take in for entry fees for the tournament. Tournament entry fees being \$5 for the games.

This year, there were 16 players and eight teams, although that doesn't account for the entirety of the club members. King says members sometimes aren't able to make it due to work or other engagements, so who plays depends on who signs up for the tournament, and then they draw



TRIBUNE PHOTO BY JO-ANNE PROCTER
Dianna Rothwell (above) and Ingrid Philmon won the "A" side for the Argyle Shuffleboard doubles tournament last June 2.

for their partner after.

Floor shuffleboard takes place a couple Tuesdays a month throughout the summer, and the tournament determines who the champs are for the season. In addition to floor shuffleboard, club members also play other games on the other Tuesdays of each month for some good variety.

"We only have one tournament for the year," says King. "On each other Tuesday, we have different types of a program. We have regular shuffling and fun games and we play dime shuffling. So we make up for it in the rest of the season."

If you're curious about any of these games, be sure to visit the Argyle Curling Club on a Tuesday throughout the summer and see what they're all about.

NEW HOME \$128,300*

1,564 SF • 3 Bed, 2 Bath • 54' Wide

North American Lumber 204-795-7327
Building on your ideas since 1906
www.northamericanlumber.ca/sinclair-ii *certain conditions apply

OLYMPUS

FACE TO FACE WITH THE GODS
THIS SUMMER AT THE WINNIPEG ART GALLERY
Ancient Greek and Roman treasures from one of the most celebrated collections in the world. Enjoy family activities, our exclusive exhibition boutique, and more!

CHOLAKIS DENTAL GROUP #OLYMPUSWPG olympus.wag.ca

WCI student adds math award to accolades

By Stefanie Lasuik

As Cole Janke gears up for year-end exams, there's one subject he doesn't have to worry about. The Grade 12 Warren student recently brought home a \$300 cheque for his mathematical knowledge in the annual Manitoba Mathematical Contest.

"It felt awesome," Janke said, noting he was surprised when he heard the news.

Janke won District 5 of the competition, which stretches to include schools such as Garden Valley, Morden, Stonewall and Teulon Collegiate, Institut Collegial de St. Pierre, Hodgson Christian Academy, and Riverton Collegiate. The University of Mani-

toba runs the provincial contest with funding from the Winnipeg Actuaries' Club. Each high school's top math students write the test from their respective institutions, which are then sent in to the university and graded.

"It is an honour for students to win this," Dr. Robert Craigen of University of Manitoba's math department said.

"To be a district winner, one must be roughly in the top three or four per cent of math students province-wide."

Janke's pre-calculus teacher, Cathy Pleskach, places him among the top three math students she has seen in her 20-year career. Janke hopes to employ his mathematical genius next year when he enters the University of

Manitoba in pursuit of a Bachelor of Science for pre-medicine.

The math contest has been only one of several accolades Janke has accumulated this year. The president of WCI's student council has also earned University of Manitoba's Leader of Tomorrow Scholarship worth \$16,000 over four years and a Loran scholarship in the amount of \$2,000.

"Cole's dedication to his studies and WCI as president is second to none. He does not just want to learn the basics of the curriculum; rather, he will search further into topics on his own or in discussions with me and his other teachers," Pleskach said.

"He's a gem and a classy represen-



PHOTO BY STEFANIE LASUIK
Cole Janke looks forward to a promising future in medicine. tative of himself, his peers and our school."



Staff

Mark your calendars! The International Network for the Prevention of Elder Abuse (INPEA) announces the 10th Annual **World Elder Abuse Awareness Day (WEAAD) on Monday, June 15, 2015**. Show the world you care about ending elder abuse and neglect by wearing something purple on this day.

Communities and municipalities will make proclamations declaring **June 15, 2015 as World Elder Abuse Awareness Day (WEAAD)** and hold events designed to raise their communities' awareness of elder abuse. The first Awareness Day in 2006 involved several hundred organizations and governmental bodies at international, national, regional, local, com-

munity and neighborhood level, in every continent in the world. The day is in support of the United Nations International Plan of Action which recognizes the significance of elder abuse as a public health and human rights issue. Governments, non-governmental organizations, educational institutions, religious groups, professionals in the field of aging, interested individuals as well as older persons themselves will promote a better understanding of abuse and neglect of older persons by organizing activities around the world to raise awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect.

Throughout the world, abuse and neglect of older persons is largely under-recognized or treated as an unspoken problem. Unfortunately, no community or country in the world is immune from this costly, public health and human rights crisis. Research indicates that public education

campaigns like **World Elder Abuse Awareness Day (WEAAD)** are vital for informing people in a growing number of countries about elder abuse and active involvement of the media is central to its success.

All countries, communities, neighborhoods and organizations interested in working to help bring recognition and ultimately an end to elder abuse and neglect are urged to take part in **World Elder Abuse Awareness Day (WEAAD) on June 15, 2015**. Awareness activities may encompass volunteer or educational programs, cultural and art events, use of information technology, or any activity that aims to create awareness of elder abuse and neglect. Raising awareness of elder abuse and ne-

glect is a challenge and no effort is too small. Visit the following business events and join their support of World Elder Abuse Awareness Day: June 15 Caisse Financial Group Display in Marquette and St. Laurent and on June 19 11:30 a.m. to 1 p.m. at Teulon & District Seniors Resource Council barbecue. *The International Network for the Prevention of Elder Abuse (INPEA) was founded in 1997 and is dedicated to global dissemination of information as part of its commitment to worldwide prevention of elder abuse. Acknowledging the diversity of culture, background, and life style of the world population, the International Network for the Prevention of Elder Abuse (INPEA) aims to increase society's ability, through international collaboration, to recognize and respond to the mistreatment of older people in whatever setting it occurs, so that the latter years of life will be free from abuse, neglect and exploitation. For more information, please see our website at: www.inpea.net.*

**GOING TO A CONCERT?
RIDE THE BUS!**

Citizens for Safety bus leaves the Rock for these upcoming concerts:
Ed Sheeran June 12 • Shania Twain June 15

Join us for our
Prime Rib Dinner
Saturday, June 13th

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

THE Flicks CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

**319 First Street E., Stonewall, Man.
467-8401**

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

LAST DAYS: WED & THURS
JUNE 10-11
AT 8:00 PM

MAD MAX FURY ROAD

Adult accompaniment under 14;
Not recommended for children;
Disturbing content; Violence **14A**

FRI-SAT-SUN-MON JUNE 12-13-14-15
(CLOSED TUES) AND **WED-THURS JUNE 17-18**

FRI & SAT AT 7:30 & 9:30 PM
SUN-MON, WED-THURS AT 8:30 PM

Dwayne Johnson
Alexandra Daddario

Not recommended for young children;
Frightening scenes; Adverse psychological impact **PG**

FRI-SAT-SUN-MON JUNE 19-20-21-22
(CLOSED TUES) AND **WED-THURS JUNE 24-25**

AT 8:00 PM EACH NIGHT

Chris Pratt
Bryce Dallas Howard

Not recommended for young children; Violence; Frightening scenes **PG**

Stonewall Teulon
Tribune



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Natasha Tersigni



SALES
Stephanie Oland Duncan



REPORTER/PHOTOGRAPHER
Marney Blunt



DISTRIBUTION
Christy Brown



SPORTS REPORTER
Brian Bowman



PRINT
Dan Anderson



PRODUCTION
Nicole Kapusta



ADMINISTRATION
Allana Sawatzky



PRODUCTION
Reanne Dawson



PRODUCTION
Debbie Strauss



ADMINISTRATION
Carrie Sargent



ADMINISTRATION
Jo-Anne Procter

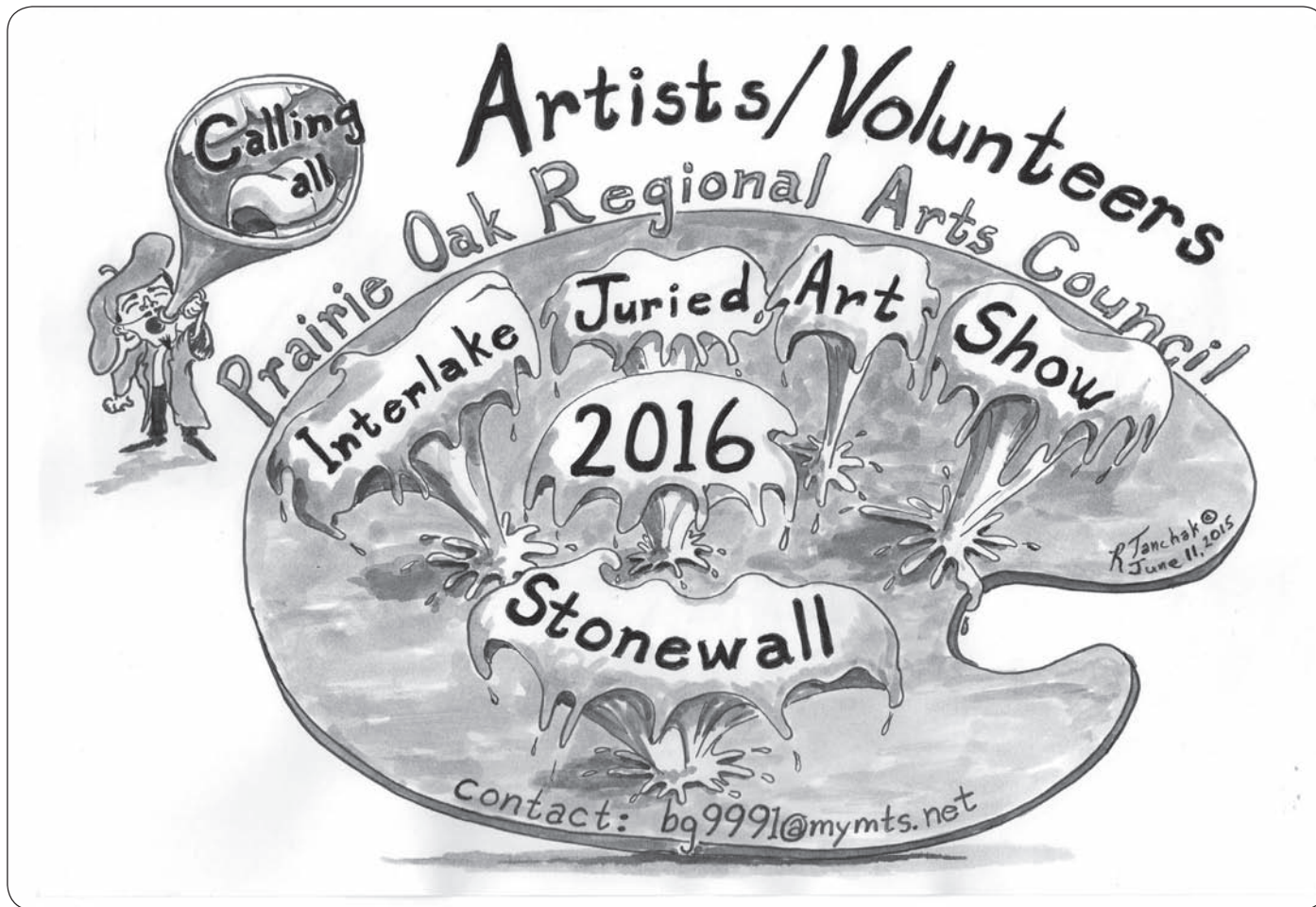


ADMINISTRATION
Tracy Farmer



getheard

EDITORIAL > VIEWPOINTS > LETTERS



Interlake-Eastern RHA gets back to the basics of health

By Marney Blunt

It was all about getting back to the basics of health and wellness at the Interlake-Eastern Regional Health Authority's Power of Prevention – Back to Basics conference at the Lakeview Resort in Gimli on May 27 and 28.

The focus of the event was on keeping yourself in good health so you can prevent making that unwanted trip to the hospital and focusing on the basics of health care, such as eating right and ensuring you get a certain amount of daily physical activity

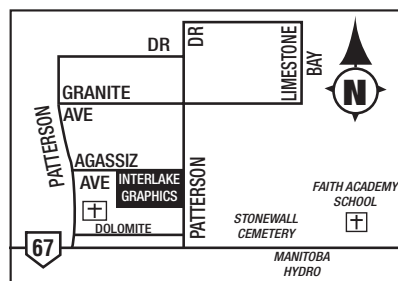
"A health-care system is so complicated, and the very last thing we want to do is actually get into the health-care system, and obviously that's going to happen for a number of reasons, some things do happen," said Ron Van Denakker, the chief executive officer of the Interlake-Eastern RHA. "But if we can avoid getting into the system in the first place, then it just kind of makes sense."

The conference featured a variety of guest speakers and breakout sessions that focused on the basics of living a healthy lifestyle, starting right from

the early stages of a child's movement.

Michelle Johnson of the Fit Kids, Healthy Kids program by Sport Manitoba was the first guest speaker to kick off the event. Johnson presented on the importance of movement in children during the early stages right over into young adulthood. Johnson spoke about the importance of physical literacy, moving in different environments and learning fundamen-

Continued on page 8



> CONTACT US

Stonewall Teulon Tribune - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@stonewallteulontribune.ca
Classified: classifieds@stonewallteulontribune.ca
Advertising: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca



Advertising Deadline: Monday 4:00 pm prior to Thursday Publication

"We appreciate the advertising support we receive which enables us to print, publish and distribute our community newspaper. Please shop local"

The Stonewall Teulon Tribune is published Thursdays and distributed thru Canada Post to 7600 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or part without permission is strictly prohibited. Printed in Canada by Prolific Printing. The newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop locally. Notices, classifieds and advertisements can be purchased by calling our Office at 467-5836 or emailing ads@stonewallteulontribune.ca. our commitment to you, the reader – we will connect our people through articles in the paper to build stronger communities.

Roots of the Future open for business

By Stefanie Lasuik

It's not just green thumbs they're aspiring to. The Prairie Blossom Hutterite Colony School has created a project that reaches into every subject of school curriculum. What's more, the school's new greenhouse is a project the students can really get behind.

Countless students spoke of their excitement for the greenhouse — a project that has been in the works for two years, finally coming to fruition on Thursday.

On June 4, the students and staff of Prairie Blossom school hosted the grand opening for the greenhouse, a business they've named Roots of the Future. After the school's choirs welcomed guests with song, Prairie Blossom's lone graduating student, Caleb Maendel cut the ribbon to the green-

house doors and the greenhouse was officially open for business. The students also held a silent auction to raise money for their sister school, Opondo Memorial School, in Uganda.

Principal Kristin Smith came up with the idea for a greenhouse when she sought a hands-on project to engage her high school students. She also wanted the program to be inclusive due to the range of students the school hosts. Twenty-six kids are enrolled from kindergarten to Grade 12. The younger kids take on planting and watering activities while the older students assume roles such as CEO, assistant CEO, treasurer, secretary, public relations officer and bookkeeper. For these positions, the kids had to create resumes undergo interviews by the greenhouse's board of directors —

Smith and her fellow teachers.

Writing and speaking for job application resides among countless lessons the greenhouse promotes. Science, language arts (ELA), math and social science classes are all incorporated into greenhouse activities. This year, the students took an ELA focus and created a website, complete with a blog and promotional videos.

"It's not just sitting and writing. It's exciting and new," student blogger Tamara said.

University of Manitoba botanist Carla Zelmer taught the student-gardeners how to properly water plants and manage pests. Balmoral School Teacher Carter McLean provided guidance in creating commercials,

and the colony's marketing expert, Quinton, showed the students the ropes in building a website and brand.

"We've learned a lot," Grade 11 student Jessica said.

Now that Roots of the Future is officially in business, members of the public can purchase plants Monday to Friday from 8 a.m. to 4 p.m. or by appointment.

Prairie Blossom school, located southwest of Balmoral, can be reached at 467-8012. Their website, www.rootsofthefuture.ca, provides a catalogue of their plants, gardening hints and tips, a student blog and commercials, and an interactive question-answer feature.



TRIBUNE PHOTOS BY STEFANIE LASUIK

Caleb Maendel, Prairie Blossom's sole Grade 12 student and Roots of the Future assistant CEO, cut the ribbon to signal the business's grand opening. Maendel will receive a credit in greenhouse management.



Plant buyers looked through Roots of the Future's extensive collection during the business's grand opening.

June is National Electricity Month

Learn how our electrical system works and the value electricity brings to our lives at these open houses:

Manitoba Electrical Museum
Friday, June 12 and
Saturday, June 13
1 to 4 p.m. both days
680 Harrow St., Winnipeg

Stonewall Training Centre
Saturday, June 20
10 a.m. to noon
Junction PTH 67 & PR 322
Grosse Isle

hydro.mb.ca
powerforthefuture.ca/

 **Manitoba
Hydro**

Ritz Interiors celebrates silver anniversary

By Chris Bryson

June 4 marked a 25-year milestone for Kelly Eyford, who owns Ritz Interiors in Stonewall. The business has grown over the years, and Eyford looks forward to continuing her passion.

Eyford got a job out of high school with Sherwin-Williams paint and wallpaper and found her passion in interior home fashion.

The store used to be where the dollar store in Stonewall is now located, and then in 2005, they built the building where the business currently resides on Main Street.

The reason for the change in location was because Eyford needed a bigger premise for the business.

"We opened a store in Winnipeg for one year, but that was kind of spreading our resources a little bit thin, so we just decided to build one larger one in Stonewall," says Eyford.

The transition to the bigger store in Stonewall was definitely a good move, says Eyford, and the steady growth of the business has seemed to coincide with the steady growth of Stonewall over the years.

Ritz Interiors started off with Eyford as the sole employee. The business now supports about 12 people — five employees and then the installers and sub-contractors.

Much of Ritz Interiors' business comes from outside of Stonewall.

"We go far and wide," says Eyford. "We've done work north of Thomp-

son. We've done work in Crystal City. Those are probably the furthest locations. We've done lots up No. 6 highway, Eriksdale, Ashern, Lundar, Arborg. Probably any store would tell you that people will travel a long way if they've been recommended to a certain place."

Ritz Interiors does all kinds of flooring. "Carpets, hardwood, laminate, vinyl flooring, vinyl tiles, and we also do ceramic tile, tub surrounds, custom showers, in-floor heated tile," says Eyford.

Being in the business for 25 years she's learned much about how the interior fashion industry works.

"The fashion has changed, and, of course, the store has to keep up with what's in demand," says Eyford. "We probably only started selling hardwood 10 years ago, believe it or not. There was a whole period of time when broadloom carpet first became fashionable. People were covering up their old hardwood and putting down beautiful carpets. So the '60s, '70s, '80s, and even well into the '90s was more carpet and vinyl flooring. It wasn't until the early 2000s that hardwood became popular again."

For the 25th anniversary of the business, Eyford did things low-key, having a family dinner in commemoration of the event, and her coworkers gave her a beautiful lawn swing.

Eyford finds it amazing to be at this point with her business, and reaching it has been equally as rewarding.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ritz Interiors owner Kelly Eyford celebrated 25 years in business with staff last Thursday. Pictured, left to right: Robin Howe, Kelly Eyford, Wanda Kopec and Carla Pasichnyk.

"I don't think I ever imagined I'd be doing it for this long," says Eyford. "I still really enjoy what I'm doing. I can't think of anything I'd rather be

doing. I'm 56 years old now, and at some point, I can think of a few other things I'd like to try, but I'm not in a hurry to move."

Remember DAD on Sunday, June 21

Father's Day Brunch

10:30 a.m. to 2:30 p.m.

Two Seatings
10:30 am & 12:30 pm

Featuring
Carved Baron of Beef

Adult's \$19.95
Senior's (65+) \$17.95
Children under 12 \$13.95
Children 6 & Under Free

SOUTH INTERLAKE
Golf & Country Club

Call for reservations
204-322-5068

> BASICS OF HEALTH, FROM PG. 6

tal movement skills such as jumping, skipping and running.

"Physical activity should be mandated in every aspect of a child's life, from school to rec programs, in a way that they understand," said Johnson, who stressed much of her presentation on the importance of making sure physical activity is a fun, non-competitive pastime for young children.

The two-day conference also featured a variety of other workshops, in-

cluding breakout sessions on quitting smoking, how to live a balanced traditional lifestyle, how to be prepared for emergencies, grocery shopping, meal planning, connecting with nature and more.

TRIBUNE PHOTO BY MARNEY BLUNT
Michelle Johnson of the Fit Kids, Healthy Kids program at Sport Manitoba spoke on the importance of keeping the fun in physical activity for young children.



We believe in cherishing the small moments in life because they make the lasting memories

MacKenzie
FUNERAL HOME

204-467-2525 • mackhome@mymts.net

Ford
LINCOLN
Parkside

Jim Buckle
Sales Manager
24 Years of Service

Parkside Ford Lincoln, 2000 Main Street, Winnipeg
Bus: (204) 339-2000 ext.264
Toll Free: 1-800-552-4891 • Cell: (204) 792-6025
Email: jbuckle@parksideford.net • www.parksideford.net

Local life coach takes dream building approach

Cindy McKay's passion lies in helping others achieve happiness

By Stefanie Lasuik

A Selkirk-based life coach certified to teach the Dream Building program wants to help put people on the right path towards happiness.

Cindy McKay's passion lies in helping others create the life they love to live. McKay notes a discrepancy between "wanting" and "loving" a lifestyle, the latter of which involves creating a dream unbound from debilitating thinking.

McKay states that people tend to engage in circumstance-based thinking. That is, they limit the scope of their thoughts by constraints in their life, such as money or peer expectations. In McKay's Dream Building program, no limitations are to be placed on thought.

"You're not to look to your circumstances in order to dictate what you want," McKay said.

McKay believes that everyone can obtain a happy lifestyle.

"We all have our licences to live a higher order of being," she said.

McKay started on the path to be-

coming a Dream Builder coach when her marriage fell apart, her magazine fell through and she felt at a loss both personally and professionally.

She found a webinar on Facebook in which a lady asked her the question "What would you love?" McKay remembers not being able to answer that question, and for the first time, she felt she had strayed too far from her own path to really know the answer.

After signing up for an online Dream Building course, McKay ascertained several things she already knew about herself, one of which was to help people. Dream Building, for McKay, is one more step up that ladder. Reflexology is another rung, an additional certification of McKay's, which she uses to increase others' general health.

In the Vision workshop McKay gave to participants gathered at Stonewall Regional Library on May 14, she detailed simple thinking strategies that help people cope with fear, guilt and worry.

She said that when such thoughts

arise, it is best to schedule time to deal with them, without having to dwell on them in the present. This way, McKay said, the thoughts aren't pushed away in an unhealthy manner but promised better resolution at a later date.

McKay also outlined the three words that she believes can override any negative belief. McKay said that "up until now" allows people to focus on the type of life they want to lead in the future.

"You are not your past; you are your future," McKay stated.

During the workshop, McKay had participants build their own dreams. For McKay, the biggest reward was feeling the energy and seeing the liveliness emitted from people as they shared their dreams.

"They were animated. The looks on their faces of satisfaction and contentment were so amazing," McKay recalled.

McKay's confidence in her program also encourages her in her own dream for life.

"Knowing that the dream builder program actually works, that I can actually help them deliver that life, it's extremely rewarding work. I truly believe this is my calling because it hit every pinpoint of what I set out that I



TRIBUNE PHOTO BY STEFANIE LASUIK

Cindy McKay operates on the principle that people are the best experts of their own lives. In keeping with this, her evocative coaching method allows clients to decide what is best for them and McKay helps to guide them towards those goals.

wanted in a career."

McKay offers motivational speaking, as well as workshops for businesses or organizations. She can be contacted at 204-739-3897.

Bezan joins Harper on trip to Ukraine

By Staff

Selkirk-Interlake MP and Parliamentary Secretary to the Minister of National Defense James Bezan is joining Prime Minister Stephen Harper on his trip to Ukraine and other European nations.

During his first stop in Ukraine, Harper will meet with Ukrainian President Petro Poroshenko and Prime Minister Arseniy Yatsenyuk ahead of the G-7 Summit to discuss the international community's response

to Russian aggression and Canada's continued support for Ukraine's ambitious economic and democratic reforms.

"Our Prime Minister has been unwavering in his support of Ukraine, and told President Putin that he needed to 'get out of Ukraine' at the last G20 meeting," Bezan stated in a release last Saturday. "Prime Minister Harper has been a key leader in ensuring that Russia is isolated diplomatically and politically.

"Canada's support of Ukraine is again exemplified in the trip that the Prime Minister is currently making to the country. Ukraine can count on Canada."

The delegation also includes Senator Raynell Andriychuk, MP Ted Opitz and MP Vladyslaw Lizon, as well as leaders from Canada's Ukrainian community.

A spokesperson from Bezan's office said via email he is expected to return to Ottawa today.

Correction

In the May 28 edition of the *Stonewall Teulon Tribune*, we incorrectly identified the coach of the Stonewall Mosquito team as George Ledochowski, when in actual fact it was Gord Leduchowski. The staff apologizes for the error.

Gauthier
 Cadillac BUICK GMC
 2400 McPHILLIPS ST.
 Call
JERRY VANDE
 Sales Manager
 Ph: 204-633-8833
 SHOP ONLINE AT
 WWW.JIMGAUTHIERGMC.COM



The Complete South Pacific
Australia and New Zealand
 Group Departure: February 12 - March 9, 2016
 This tour offers everything needed to enjoy a truly memorable once-in-a-lifetime vacation.
 Presentation: June 23, 2:30 pm or 6:30 pm - RSVP

Hawaiian Adventures Featuring two tours
 Grand Hawaii Vacation Feb 11-23, 2016
 Hawaii Cruise & Stay Feb. 3-13, 2016
 Explore the Hawaiian Islands and experience breathtaking scenery.
 Presentations: June 25, 2:30 pm or 6:30 pm - RSVP

FABULOUS WISCONSIN DELL
 - Incredible Autumn Scenery Sept 20-25, 2015
DEADWOOD & BLACK HILLS
 Including Mount Rushmore, Crazy Horse, Badlands Nat. Park & Much more. | Sept 27 | 6 Days

MACKINAC ISLAND ADVENTURE
 Victorian Style Island Paradise where you can relive the days of yesteryear. | August 16 - 21

NASHVILLE/BRANSON/PIGEON FORGE
 Musical Extravaganza | October 25 - November 7
 A special tour for music lovers that journeys through the musical heartland of America.
 BEST VALUE AND PRICING!

BEST OF BRANSON | November 1 - 9
 Fun-filled tour with fabulous shows & sightseeing

EMBASSY TOURS 757-9383
 www.embassytours.ca 1-800-723-8051

Stephen Breton
 Realtor®
 VISIONARY HOMES
 Buying, Selling, or Building...
 "We're with you all the way"
 ROYAL LEPAGE
 DYNAMIC REAL ESTATE
 INDEPENDENTLY OWNED AND OPERATED
 204-999-2460
 stevebreton@royallepage.ca
 Living and serving the Interlake and Winnipeg!

Who will be crowned the next Miss Interlake?

Six Interlake girls to compete for title at the Lundar Ag Fair

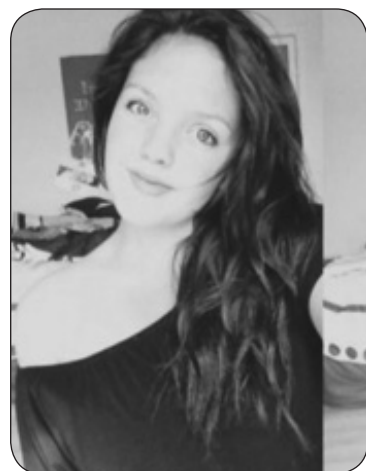
By Jeff Ward

We're just days away from the 2015 Miss Interlake Pageant, and with all six contestants primed to compete, it will be in the judges' hands who will hold the Miss Interlake title.

Pageant contestants are judged in four different categories — talent, personal interview, sportswear/dress review and an impromptu speech. Each of these categories will test the girls' confidence, poise, talent, personality and intellect, which are important qualities in picking a winner.

All six girls from Ashern, Eriksdale, Lake Francis, Lundar, Warren and Narcisse will be challenged throughout the day in the above categories. Before the day ends, one of them will be crowned Miss Interlake 2015 at the Grand Stand during the Lundar Agricultural Fair.

Miss Interlake is an ambassador to the Interlake and serves as an official representative during the various festivals throughout the year. She will also be eligible to run for Miss Manitoba.



Miss Lundar
Dayna Chartrand

My name is Dayna Chartrand. I am 16 years old finishing Grade 11. My parents are Armand and Trish. I work part

time at Lundar General Store. I belong to a dance group called the Manitoba Metis Spirit Steppers, and with this group, I am able to travel and volunteer at different events. I've been on the honour roll since Grade 9. I enjoy fishing, golfing, teaching jigging and the school mentoring program. My talent will be jigging. Next year, I plan on attending RRC for business administration with a goal of becoming an RCMP detachment clerk. Special thanks to the Legion for sponsoring me.



Miss Eriksdale
Maija Anne Kaartinen

My name is Maija Anne Kaartinen and my parents are John and Rena Kaartinen. I am from Eriksdale and my sponsor is the Eriksdale Legion Branch #140 and Ladies Auxiliary. I am 18 years old and will be graduating in June from Lundar School. I also take voice lessons at the Manitoba Conservatory of Music & Arts. My talent is singing and playing guitar, which is also my favourite interest. I enjoy playing hockey, making cards, learning to play new instruments and gardening. I have been on the honour roll every term since Grade 9, I have won a couple of bronze medals at hockey provincials, and I won the most promising talent award through the CFRY radio talent night. My community involvement and my volunteer activities all include playing and singing at various events in our community, including singing at our church's annual Christmas concert, playing at Eriksdale's Annual Spring Cancer Society Fundraiser and singing

at the Lundar Fair. I have also helped raise thousands of dollars for Eriksdale, Lundar, Silver and Fisher Branch by singing in their CFRY radio talent nights. I have carried a wreath for the Remembrance Day service in Eriksdale several times over the years. I have been working as a waitress, cashier and kitchen help at Havakeen Lunch and Tire since I was 14 years old. My future plans include teaching myself how to play the mandolin and attending school at The Massage Therapy College of Manitoba in hopes to eventually have my own massage therapy clinic.



Miss Narcisse
Katheryn Chic

My Name is Katheryn Chic. My parents are Ken and Kandy Chic. I am 18 years old and live in Narcisse. The Narcisse Women's Institute will be sponsoring me for the pageant. My talent is piano. I am self-taught and have been playing since I was in Grade 6. I am finishing my Grade 12 this year at Inwood School. Throughout school, I have taken a variety of courses including bio, chemistry, drama, accounting, pre-cal and much more. I get very good grades at school and participate in many activities. I have received citizenship awards and honour roll with distinction for many years. I have a couple of ribbons from track and field too. Some of the activities are the SSAC group and Proficiency awards ceremony. I enjoy sports and play volleyball, soccer, badminton and, in past years, track. I work two jobs. My first job is a gas attendant at High-

way 17 Service in Inwood. My second job is being a farm hand on a dairy farm. I volunteer throughout my school and community. I help in the canteen and have participated in many town cleanups. Also when it comes to help coaching younger students in sports, I never hesitate to say yes. I love hanging out with friends and family. I work hard and don't stop till I have completed my goal. My future plan is to go to college to become an accountant, bookkeeper and payroll administrator.



Miss Lake Francis
Stephanie Deverill

My name is Stephanie Deverill. I am 18 years old as of May 28, 2015. I am the daughter of Glenn Deverill and Monique Legal-Deverill. I live outside the small town of Lake Francis and my sponsor for the pageant is Lake Francis Community Centre. For my talent, I will be singing one of my favourite songs written and performed by Hedley. The song is Old School.

I am a Grade 12 student at Warren Collegiate and will be graduating June 22, 2015. I have received an award every year of my high school career for my academic average achievement of a percentage of 80 or higher. I hope to receive this award again for my last year of high school.

I have been accepted into M.I.T.T. (Manitoba Institute of Trades & Technology) to learn the skills of becoming an industrial mechanic/millwright. The program is 10 months long and will begin Sept. 10, 2015. In the future, I hope to eventually have my

own business.

I have been involved in many volunteering activities. When I was a part of Interlake Young Riders 4-H Club between the years of 2006 and 2012, we would volunteer at many events locally. Unfortunately the club was disbanded but I continued to help others in my community. With the Young Riders, annually during the Christmas holidays, we would gather at the Seniors homes in Woodlands and sing Christmas carols and share homemade desserts as well as coffee with everyone. Highway cleanup was another annual event.

I have volunteered at local events at the Lake Francis and Woodlands community centres, assisting with children's activities, working canteen and other activities. I volunteered at a local farm for Manitoba's Day at the farm during the summer of 2014. I am proud to be a part of the volunteering committee for the Annual Ride For A Child's Wish for the second year in a row. I have helped with the preparations of the Wish Ride, building picnic tables, organizing children's games, face painting and other activities. I have had many other volunteering opportunities.

I recently started a fundraiser called Stuffedies For Change. Stuffed animals of all shapes and sizes will be collected through the remaining month of May as well as the month of June. The stuffed animals collected will then be sold at a garage sale being held at Winnipeg Beach some time at the end of June. Prices will vary. The money earned from the sales of the stuffed animals will then be counted and donated to charities/fundraisers. The money will go to the Winnipeg Children's Hospital to help with purchasing of specific items needed. The money will also be donated to the Ride For A Children's Wish Foundation. I am also planning another fundraiser.

My interests are classic and modern rock and country music, singing, reading, outdoor activities, and spending time with family and friends, and also volunteering.



Miss Warren
Selena Peixoto

Hello. My name is Selena Peixoto, a 16-year-old student who is attending Warren Collegiate Institute, daughter of Liz and Arthur Peixoto. One of my favourite talents I have is modeling. Every time I do it, it brings out the best me and it makes me happy to model for people and in pictures. I hope I get big one day. Modeling is also one of my interests, also with music, fashion, which bring us to my hobbies. My hobbies include shopping, all kinds of sports like basketball and soccer and snowboarding. I love doing art and being with all my friends and family, especially being around my new baby foster sister Raina. One of my favourite things I have received is my certificate of citizenship award that's hung up on my bedroom wall. Every day I look at it and think "I am a good person." It reminds me to always be nice and help out and never let anyone or anything get in your way, and to help out even when people don't ask.

Then I have a Warren Wildcat JV Basketball trophy that's at school. I couldn't have done that and won second place without being a team, and I am proud of my girls and my wonderful coaches. Even though I was out for most of the season and in a cast, I was never going to miss a game. That trophy is one of my pride and joys.

Warren is such a beautiful place to just walk around and enjoy the skate park or just walk around to whatever weather is outside. When it's winter, that means hockey time! Whenever I could, I would go and cheer and be loud for the hockey boys. I helped support most the high school teams as I could, including our new soccer team

that am proud to say I was a part of and helped that team grow and tried to get as many girls into it as I could.

I have helped clean up a highway and made lots of food in home ec. class for the wonderful choral coffee and also CDC. I like to volunteer because when it's done, I feel good about it and what I have accomplished. WCI helps hold lots of events, especially since basketball is so big in our school, so it helps when we need volunteer hours.

My future plans are to be a successful model who is on magazines covers for fashion and makeup, then work my way to TV shows and commercials. But if that was not to work, I would love to be with kids all the time and to run a big successful daycare that is well known, and to have a big family. I enjoy being around kids and people a lot. They make me happy.



Miss Ashern
Avery Faith Halldorson

My name is Avery Faith Halldorson. I am 18 years old. I grew up on a cattle ranch in Hayland just outside of Ashern. I am graduating from Ashern Central School in two weeks. My two major talents are probably singing and acting. My interests and hobbies include singing with Ashland High School band and drama with her high school drama club. I currently work at Subway in Ashern. I grew up bringing a steer to the 4-H beef show here in Lundar every year since I was eight years old. I plan on taking a gap year before attend college or university but I am definitely interested in a music or theatre program in the future.

Celebrating Stonewall's vast eco-diversity



TRIBUNE PHOTO BY NATASHA TERSIGNI

Dedicated volunteers of Ruby Roe Tall Grass Prairie, including Kathleen Hudyma, Mike Melnychuk and Sarah Daher, spent most of Sunday afternoon showing residents around Stonewall's patch of tall grass prairie.

By Natasha Tersigni

For the fifth year in a row, the Rockwood Environmental Action Community Taskforce (REACT) held the Ruby Roe Tall Grass Prairie Day to celebrate and teach the public about native plants that are local to the Stonewall area.

On June 7, REACT hosted a barbecue and guided tours of Ruby Roe Tall Grass Prairie patch of land located west of the Stonewall Hospital. The small patch of land is home to over 60 species of rare native Manitoba wild flowers and grasses, including the harebell wild flower and Manitoba's official grass big bluestem.

"We want to let people in town and the whole area about the Ruby Roe Tall Grass Prairie. It is a gem that a lot of people don't know about here in town. There is very lit-

tle of the tall grass prairie that is left from the original prairie. There is less than one per cent of the prairie that is left now and we are lucky enough to have a patch of it here in Stonewall," said REACT vice-chairperson Karl Daher.

"This (Ruby Roe Tall Grass Prairie land) was something that was initiated back when the hospital was built, around 1990, and this patch was set aside for us. There was a lot of work done initially in the early '90s on the project and then it just remained here after."

Participants who came out for the day also took home seeds for big bluestem grass and small white spruce tree. The trees were donated by the East Interlake Conservation District.

Rock Royalty set to perform at St. Laurent Legion

Staff

Dan Donahue and Laurie MacKenzie are bringing their combined 40 years of rock experience to the St. Laurent Legion on Saturday for a free show that you won't want to miss.

Filling in for a fellow musician, both Donahue and MacKenzie have been perform-

ing with the likes of Fred Penner, Heather Bishop, Tom Jackson and even the Guess Who. It will be a great rock show with two bonafide rock stars and it won't cost you anything to get it.

The show takes place at the St. Laurent Legion just south of St. Laurent on Highway 6 and starts at 9:30 p.m.

Quarry Ridge Park to add hundreds of homes to Stonewall

By Marney Blunt

With a new development agreement to seal the deal, Ventura Land Company will be moving ahead with a \$240-million, 600-plus home development in the Town of Stonewall.

Quarry Ridge Park will be going up in the southwest end of the town, across from the Stonewall Hospital. Ventura Land Company will begin pre-selling 50-foot wide lots this summer and plans to begin construction in late-winter or early spring of 2016.

"It will be a variety of housing styles and types to address the various market demographic, needs and trends in both Stonewall and just in the real estate industry as a whole," said Tim Comack, the vice-president of Ventura Land Company.

"We're primarily looking at targeting young families, with some housing set aside for young professionals, or it's being called affordable housing, the duplex-style homes and apartment-style condominiums for sale."

Comack added that the development would include seniors' style bungalow condos and 50- to 60-foot wide lots for single-family homes. Lots will be for sale this summer, starting at \$77,000.

"We're very proud because one of the cornerstones of our position on fees and costs and development agreement parameters was that the selling price for the building lots had to be under \$80,000," said Comack. "So we're beyond ecstatic to release the first phase of building lots, 50-foot wide and 60-foot wide, starting at \$77,000 and up."

Saving on greenspace is also one of the primary concerns when planning out the development, Comack says.

"We've always kind of felt that the advantages to living in Quarry Ridge Park over anywhere else even in the Town of Stonewall is that beautiful treed land on the east side of the property," said Comack, referring to the oak grove that starts west of Fifth Street West, which will remain a greenspace.

The development will also include a variety of walking trails, park space and amenity features.

"It will be quite beautiful, and we'll be leaving it in a very natural state so that the experience kids have had growing up in Stonewall, who may now be the movers, playing in those trees, playing in that forest, will remain the experience that the kids will have in the future," said Comack.

The Town was also very careful in how the street names were selected, as each name has a lot of town history behind it. Each street name will honour a



TRIBUNE PHOTO BY MARNEY BLUNT

Pictured back row, (left to right): Stonewall councillors Jeff Levesque, Clive Hinds and Walter Badger; front row: chief administrative officer Anne Burns, Mayor Lockie McLean and Deputy Mayor Sandra Smith negotiated a \$240-million, 600-plus home development.

person who played a significant role and contributed greatly to the Town of Stonewall.

Phases one through three of the Quarry Ridge Park Development are being released all at once.

Comack said the development will also include some apartment-style condos, which Ventura Land Company is hoping to get some public input on.

"We'll be looking to hold kind of an open house sometime over the course of the summer, just to gain input from people as to what they want to see in terms of types of housing, square footages etc.," said Comack.

Ventura Land Company will be making an announcement once a date is set for an open house and public consultation.

Impact on the town

While both the Town of Stonewall council and Ventura Land Company are pleased with the newly negotiated development agreement for Quarry Ridge

Park, how will a 600-plus home development impact the town's existing infrastructure?

With a capital lot levy fee that starts at \$3,500 and rises to \$12,500 by 2025, Mayor Lockie McLean says that Ventura Land Company will help build the town's reserves and, as a result, the new development will play a significant role when it comes to paying for upgrades to the town's existing infrastructure.

One of those infrastructure projects is the lagoon. "Our current lagoon is on its last legs. We purchased the land last year to expand the lagoon but we paused on doing so as we need to fully understand what the best value is in terms of doing an expansion," said McLean in an emailed statement to the *Tribune*. "The Ventura development will only help the town pay for this project."

Ventura Land Company is also contributing to the renewal of Third Avenue South, from Fifth Street West to 12th Street West, running in front of the Stonewall Hospital.

With young families being one of the primary demographics for Quarry Ridge Park, the student population could also increase significantly.

"The previous council had identified land for a future school, but the school division indicated that this was not required," McLean stated. "The end result was that the town acquired 23 acres of land from the development for future reserve and park space. This was significantly more than the developer had to contribute under the Municipal Act. This was a big gain for the town."

There is also a hope that the development will help bring more people and money to the Veterans Memorial Complex as well.

"We know how hard the curling club works to maintain our curling arena but they struggle," said McLean. "Let's hope this development brings us more curlers as at the end of the day this is what is needed."

McLean also noted that over the years, the growing reserves will help take the town away from being reliant on taxpayers for major infrastructure projects.

"If we only looked at the Ventura land development, we are talking about millions more in revenue for the town," added Mayor McLean. "Council knew what we wanted and we got it. We wanted to significantly improve the town's financial picture, and that is what we have done."

For more information on Quarry Ridge Park Development, visit www.ventura.mb.ca/land/our-communities/quarry-ridge-park/.

Inwood School helping to break the cycle of poverty

Staff

The Inwood School Grades 5-8 class has been working on a project to help break the cycle of poverty in Social Studies. The class is planning to donate clothing and other essential items to Siloam Mission, donate to the Red Cross and to World Vision to buy animals for people living in poverty around the world.

There will be donation boxes set up around Inwood, and the class is hoping the community will help to raise money for their class goal. The class is also having a clothing drive and will be

gathering gently used clothes and other essential items to give to Siloam Mission. They will be accepting donations for the clothing drive at the school until June 19. The drop off time is between 9 a.m. to 3 p.m. at the school.

On Saturday, June 13, the students will be hosting a garage sale, barbecue and car wash at the Inwood Fire Hall from 11 a.m. to 2 p.m.

They will be accepting donations for the garage sale until June 11th.

All donations will be greatly appreciated. The Grade 5-8 class hopes to see you there.

 ROYAL CANADIAN LEGION STONEWALL BRANCH - 467-2261 <small>Lic #418</small>
CHASE THE QUEEN WEDNESDAY NIGHTS POT IS \$943 AS OF JUNE 3
BINGO HELD MONDAY NIGHTS starting at 7
MEAT DRAW FRIDAY NIGHTS at 6:30
ALL ARE WELCOME

Local Royal Canadian Air Cadet Squadron awards

By Lana Meier

The 7th Annual Ceremonial Review for the 301 Alan McLeod VC Royal Canadian Air Cadet Squadron was held June 4 at the VMSC with special guests, dignitaries, family and friends in attendance.

Reviewing Officer for the evening parade was LCol Michele Claveau, Commanding Officer of the Region Cadet Support Unit (Northwest) and Sgt Major Jim Leamy.

Cadet parade appointments were Squadron Commander WO 1st Class Dylan deLaroque, Deputy Squadron Commander WO 2nd Class Makayla Monkman, Squadron Warrant Officer FSgt Colin Grogan, Flag Party Commander FSgt Brandin Hrabinski.

Cadets have been working through the year learning to fly small planes and helicopters under the guidance of Mr. Wilf Ansell. Ansell has an extensive background in RC Flying.

Top level awards were presented to cadets who are nominated by their level officers for consistently participating in classes, asking questions, always being polite and courteous and showing leadership qualities.

Level 1 cadet presented by Sg. Major Leamy to LAC Danielle Baryliuk.

Level 2 cadet presented by Mr. Mark Brickwood to Cpl. Jayden Lockhart.

Level 3 cadet presented by Mr. Tim Williams to FCpl. Skylar VanCaeyzeele.

Level 4 cadet presented by Mayor Lockie McLean to Sgt. Jefferson Holod.

Level 5 cadet presented by LCol. Claveau to FSgt. Colin Grogan.

Top Marksman award presented by Lt. Dutkowski to Cpl. Kade Delaine.

Air Cadet League Service medals for cadets who have successfully completed four years of honorable service with no serious infraction were presented by Mr. Craig Black to FSgt. Morgan Herda, FSgt. Tristan Burzuik, FSgt. Jayden Joel and FSgt. Brandin Rozsa-Hrabinski.

Cpl. Mikal Chobotar and Cpl. Devon Emms each received a Discovery flight for

consistently exceeding dress and deportment. These cadets are always willing to help and have an interest in aviation.

Reviewing Officer LCol. Claveau and Sgt. Maj Leamy Cadets receiving senior scholarship courses this summer for glider pilot were Sgt. Jefferson Holod and WO 2nd Class Brandin Hrabinski and a power scholarship to WO 2nd Class Morgan Herda.

Cadets attending summer training included Cdt Blake, LAC Johnston, LAC Kachur, LAC Kopec, LAC Lecocq-Gareau, LAC Valiquette, LAC Van Caeyzeele, Cpl. Emms, Sgt. Briere, Sgt. Dunlop, Sgt. Maytwayashig, FCpl. Stephens, FCpl. Laport, Cpl. Lockhart, Sgt. Gross and Cpl. Dewar.



Reviewing Officer for the evening parade LCol. Michele Claveau (right) inspects the cadets with WO 1st Class Dylan deLaroque.



Best Dress and Deportment award presented by MCpl. Allan to FSgt. Tristan Burzuik.



Most Improved award presented by CI Hodgson to Sgt Alyssa Briere.



Top Biathlete award presented by Lt. Dutkowski to FCpl. Skylar VanCaeyzeele.



The Royal Canadian Legion Cadet Medal of Excellence for individual endeavours in citizenship that meet or enhance the aims and objectives of the cadet movement. Mr. Roland presented to WO 2nd Class Makayla Monkman.



The Lord Strathcona Trust Fund Medal is the highest award which can be bestowed upon a cadet in recognition of exemplary performance in physical and military training. This year, LCol. Claveau presented the award to FSgt. Brandin Rozsa-Hrabinski.

TRIBUNE PHOTOS BY LANA MEIER



The Best Moral and Espree De Corps award presented by Capt. Ray Friesen to FSgt. Morgan Herda.



Promotions to WO second class leadership positions by CO Pamela Graves to FSgt. Brandin Rozsa-Hrabinski, FSgt. Morgan Herda and FSgt. Colin Grogan.



Top Athletic award presented by Lt. Dutkowski to Sgt Jefferson Holod.

Your FARM



High beef prices a necessity for farmers

By Stefanie Lasuik

The high prices of beef may enrage some consumers, but for cattle farmers, the price is right. Still recovering from years of breaking even or even losing money after the Bovine spongiform encephalopathy (BSE or Mad Cow disease) outbreak, cattle producers are happy to see the current prices. Yet, experienced cattle farmers are too familiar with the beef industry to count on them lasting.

Bryan Fossay is a cattle producer in Woodlands, who has personally seen prices nearly double in past three to four years. He estimates cull cows as going at \$0.50-\$0.70 per pound to approximately \$1.00 last spring and now up to the \$1.20 range.

"It sounds great for the cattle person, and it is, but at those prior levels, producers were actually losing," Fossay said.

Now, cattle farmers can attempt to recuperate from years of feeble market. Unfortunately, the beef industry is ever-changing and rarely stable.

"Something could happen in the world next week and these prices could be gone," Fossay explained.

"Nothing is guaranteed. The only thing that is guaranteed is that you have to make that loan payment."



TRIBUNE PHOTO BY JO-ANNE PROCTER
Matthew Fossay of Woodlands sold his steer for \$3.15/lb. at the Argyle 4-H Club Beef Show & Sale in Stonewall last weekend.

Such loan payments are deterring young farmers from the industry. Fossay illustrated with a local example.

"If there's a family in the Interlake who have been in cattle and they have a 20-year-old son who wants to take over one day, the parents can't just give him the farm." Fossay explained that since the parents must retire with enough to live on, their kids have to borrow money, which creates a huge debt load.

This situation makes it difficult for parents, who know the fickleness of the trade, to allow their kid to go into debt.

"It's very risky to get into," said Fossay.

Fossay attributes the current spike to decreased supply, the low Canadian dollar, and more affordable wheat. In the BSE years, many farmers were forced to sell more to afford loan payments and farming expenses. With less cattle set aside to build up the herd, the beef supply across Canada has hit its lowest mark since 1993. Further decreasing supply was the recent choice of many beef farmers to leave the industry in order to cash out while the market is strong.

Fossay does not foresee the prevalence of current prices. He thinks that the next two cow crops will be approximately where they are now, and that the price will decline in three to five years.

So as Manitobans fire up their barbecues this summer and select their beef, it is important to remember that for beef farmers, the increased price is less an extravagance than a necessity. "We're making up for it these past two years and hopefully a couple years ahead. We need these prices."

MacDon

**WHEN THE GOING GETS TOUGH,
THE TOUGH KEEP CUTTING.**

Low podding, downed, tangled, or even lodged crops; whatever the harvesting situation MacDon D65 Draper Headers excel. This, along with the ability to cut just about any crop with one header makes the D65 a true multi-crop harvesting solution. It's the ultimate example of productivity meets adaptability. This "Can Do" attitude delivered with MacDon reliability and performance, is the reason why more and more top producers and custom harvesters trust MacDon Draper Headers and Windrowers for their operation.

See your local MacDon dealer about the D65 Draper Header.

WINDROWERS

<p>Case IH WD1203 '12, 346H, 30', DKD \$105,000</p>	<p>Case IH WD1203 '09, 784H, 30', SKD \$84,900</p>	<p>Case IH WD1903 '14, 160H, 30', DKD \$129,500</p>
<p>Case IH 6000 '86, 1742H, 25', GAS \$12,000</p>	<p>NH HW325 '07, 1700H, 25', HB0025 hdr \$65,000</p>	<p>NH HW365 '07, 2441H, 18' disc \$68,000</p>
<p>NH 2450 '98, 1615H, 25', ULL pu, DKD \$32,500</p>	<p>Westward 9200 '97, 2522H, 25', 960 hrd, pu reel, hyd deck, gauge wheels \$26,500</p>	<p>Westward 9352 '01, 317H, 972 hdr, swath rollers, DKD, up cross aug, hyd deck shift \$50,000</p>
<p>Westward 9352i '05, 2013H, 972-25' hdr \$65,000</p>	<p>Westward 9300 '99, 2261H, 973-30', SKD \$49,500</p>	<p>Westward 9300 '98, 1953H, 972-30', SKD \$49,500</p>

LEO'S
SALES & SERVICE, LTD.
Winnipeg, Manitoba

866-694-4978
www.leoscasaih.com
HWY. 101 & STURGEON ROAD, BOX 16,
GROUP 220, R.R.2., WINNIPEG, MB R3C 2E6

GET IN. GET READY. GET ROLLING.

READY to ROLL! SALES EVENT



Are you Ready to Roll this season? We're ready with tractors and equipment that are built New Holland SMART. Now's the time to buy because we are offering **0% FINANCING*** or cash back on just about every new model tractor, hay & forage or material handling equipment from New Holland. Stop by now because we are Ready to Roll!

Don't wait! Offers end June 30, 2015. Visit readytoroll.newholland.com for details.



SOUTHEASTERN FARM EQUIPMENT LTD.

Garry Church
204-785-3985

*"Committed to Total
Customer Satisfaction"*

www.sefe.ca

300 PTH 12 N Steinbach, MB R5G 1T6

General Office 204-326-9834 Fax 204-326-4173 www.sefe.ca

TRACTORS

2013 NH TV6070 w/loader	\$125,000
2013 NH T6.160 w/ldr	\$89,000
2013 NH T7.270 w/duals, FWA, 3pt	\$145,000
2013 NH T9.390 w/duals	\$181,000
2011 NH T8.275 w/FWA, 3pt	\$149,000
2006 NH TM190 (consiged)	\$74,000
1998 NH TS110 w/loader (consiged)	\$42,000
2013 NH T 7.200 w/loader	\$139,000
2003 JD 7520 w/FWA, 3pt, loader	\$68,000
1999 NH TV140	\$51,900
2013 NH TV6070	\$125,000
2000 Belarus 5470 S w/cab, 3pt, loader	\$20,500

COMBINES

1998 NH TX66 w/PU header, RWA	\$49,000
1995 NH TX66, w/PU header	NOW \$20,000
2009 NH CR9080 w/PU header	\$245,000
1986 Case 1680 w/RWA, PU header (consiged)	\$34,000

DISC BINES

2010 Case DC162 - 15'	\$26,500
2008 NH 1441 - 15'	\$18,900
2009 Case DC162 - 15'	\$25,500
2009 NH H7460 - 15'	\$26,000
2013 NH H7460 - 15'	\$29,000
2007 NH 1441 - 15'	\$17,000

ROUND BALERS

2009 NH BR7060 w/bale slice	\$27,000
2005 NH BR740 w/bale slice, B.C.	\$17,900
2007 NH BR740A w/rotor cut	\$23,995
2009 NH BR7060 w/rotor cut	\$29,000
2003 NH BR780	\$12,500
2004 NH BR780	\$14,000
2006 NH BR780A	\$20,900
2009 NH BR7090 w/B.C. endless	\$29,900
2009 NH BR7060 w/rotor cut	\$32,900
2011 NH BR7070 w/rotor cut	\$39,000
1999 NH 648 w/net, slice, endless	\$13,500
1997 NH 664	\$8,400

MOWER CONDITIONER

1998 JD 1600A - 16'	\$12,900
1998 NH 1475 - 16'	\$12,900

BIG SQUARE

1997 Case IH 8575	\$32,000
2004 NH BB940A w/applicator	\$43,000

HAY TOOLS

2004 NH HT154 rake, 12 wheel	\$10,000
2012 Kuhn PZ270 9 disc mower	\$12,500

FORAGE EQUIPMENT

1992 NH 900 w/PU, metal (consiged)	\$5,000
2004 NH FP 240 w/PU, processor (reconditioned)	\$35,900
2005 NH FP 240 w/PU, processor	\$30,900
1998 Case IH 8750 w/PU, 3 row cornhead	\$17,500
2000 GEHL 1075 w/PU, processor, 2 row cornhead	\$18,900
1980 Greenbelt forage dump box (consiged)	\$4,000

TELEHANDLER

2009 NH LM5060, 2800 hrs	\$69,000
2013 JCB 536-60	\$99,500

SPRAYERS

1996 Flexicoil S65 90'	\$3,900
2004 Brandt 58 4000 100'	\$27,995
1994 Willmar 765 HT 80', FWD, 600 gal	\$39,000
2003 Flexicoil S67 80'	\$18,000

Your Wedding



Cupcake Weddings

- Variety of Flavours
- Convenience of Self-Service
- Cake on top for Cake Cutting Photos
- Variety of Stands

D & D
Cakes

Please contact us for an appointment

204-467-2100

Westside Plaza, Stonewall
www.danddcakes.ca



The perfect wedding band to tie the knot

Since time immemorial, wedding bands have symbolized the continuity of marriage. Legend has it that a wedding ring is customarily worn on the left ring finger because of the vena amoris, or “vein of love”; it was thought to have a uniquely direct connection to the heart. We know today that all the fingers have similar privileges, but your choice of wedding ring is still as important as ever. After all, you’re hoping that it will adorn your ring finger until death do you part. Your tastes, your gender, and especially your budget are the main factors to consider in choosing the right band.

THE METAL

- Gold. Whether it’s yellow, pink, or white, gold is always a safe bet. The price varies according to the number of Karats (abbreviated by K or kt).
- Platinum. This metal is attractive and very durable, but more expensive.

- Titanium. It’s less expensive and doesn’t scratch or fade, but it isn’t as shiny as gold or platinum.

- Silver. This is typically the most affordable option, but pure silver oxidizes over time.

DISCRETION VS. EXTRAVAGANCE

You might enjoy having a ring that’s striated, bejeweled, or engraved with a personal message from your beloved. There’s nothing to stop you from being creative and commissioning tailor-made wedding bands from your jeweller. Men typically prefer to opt for discretion and comfort; jewelry without gemstones is less fragile and thus more popular with them. And even though rings are available in an endless range of possibilities, most women still choose diamonds, which are, of course, forever.

Wedding superstition holds that you shouldn’t try on your wedding bands before the big day, and that the groom-to-be



Gold, platinum, silver, or diamonds: what will you choose for your dream wedding ring?

should keep the rings until the wedding. But the only really important rule is that this day be filled with happiness.

“We Do”

INVITATIONS

- Invitations
- Announcements
- Save The Date Cards
- Personal Stationary
- Thank You Cards



Interlake Graphics

74 Patterson Drive,
Stonewall
204-467-5836
igraphic@mts.net

The most beautiful bride from head to toe

The excitement, joy, and anticipation you’ll feel on the big day will make you radiant with beauty. After all, there’s nothing like a good dose of happiness to put a blush on the cheeks, a sparkle in the eyes, and a beautiful smile on every bride’s face. But to truly glow from head to toe,

perhaps you should think about consulting some beauty professionals.

1. THE HAIR STYLIST

A stunning bride needs a fabulous hairstyle. Whichever style appeals to you, you’ll want to entrust your hair to the expert hands of a real hair

salon professional. Remember to make two appointments: one to try different hairstyles and another for the big day.

2. THE ESTHETICIAN

Manicure, pedicure, hair removal, facial, eyelash extensions

Continued on page 17

UNIQUE
Corral WINNIPEG

Wedding Elegance

Enjoy the elegant Limousine horse drawn carriage that carries the whole wedding party. We go anywhere... we can pick you up or you can come to us.

(Capacity - 12 Adults)

Make your day special with “Unique”

1270 Sturgeon Road, Winnipeg (N.W. Corner of Sturgeon & Saskatchewan)
204-889-2748 www.uniquecentre.ca



Your Wedding



Continued from page 16

and massage: a wedding is the perfect excuse to pamper your body. Not to mention that stray body hairs, dry skin and damaged nails are not on the guest list! Don't forget to make two separate appointments for your make-up as well.

3. THE DENTIST

Because laughter is the right of every newly married couple, treat yourself to a teeth whitening treatment for a sparkling smile.

A BEAUTIFUL AND ORGANIZED BRIDE

- Make your appointments as soon as possible.
- Carry a photo of your dress and accessories to all your appointments, along with inspiring images from magazines.
- Find out the best time to pamper yourself with the various treatments. This way you won't have any regrets, such as hair colouring done too early (hello, roots!) or a microdermabrasion done too close to your big day.



Future brides should make their appointments early; the best beauty professionals are always in demand.



Teulon Rockwood Centennial Centre

Available for all your **EVENTS NEEDS!**

500+ Capacity for Socials, Weddings & Special Events.

Ph. 204-886-2858

A Great Place to Start

Meeting Today

• Weddings • Socials • Showers • Meetings
220 person Capacity • Kitchen Available

Odd Fellows Hall

CONTACT DEL AT 204-791-0564
OR HALL 204-467-5556
374 1st St West, Stonewall

Make your Wedding extra special have it at the

QUARRY PARK
HERITAGE ARTS CENTRE

166 Main St, Stonewall, MB
Phone: 204 467-7980
Email: stoneqp@stonewall.ca
www.stonewallquarrypark.ca

chantelle dione
PHOTOGRAPHY

Photography for pure, unscripted, love.

www.chantelledionephoto.com

Looking for a Delicious Casual Dinner? Cater your wedding with a BBQ from Danny's Whole Hog!



DANNYSWHOLEHOG.COM
204.344.5675

For wedding catering that is high quality but casual, choose Danny's Whole Hog BBQ!

We'll feed your guests in your backyard, a hall, or anywhere else you can think of. We've got it all. Pick it up and do it yourself, or we'll do it for you. The menu for your wedding can be customized to suit your specific needs.

Enter to WIN your very own BBQ dinner for up to 20 people!

Visit www.dannyswholehog.com and enter
OR Like us on Facebook and you'll automatically be entered.





Grosse Isle soldier paid the ultimate price on D-Day

By Natasha Tersigni

The landing on Normandy Beaches, now known around the world as D-Day, was at the time dubbed Operation Overload. Media had called the mission a "Crusade for Liberation" as it was a last chance stand against the Nazi German forces led by Adolf Hitler. The operation was the catalyst for the Allied forces' invasion of German-occupied Western Europe and contributed to their ultimate victory in the Second World War.

Canada's responsibility in the mission was landing on Juno Beach, while the American and British allied forces stormed Utah, Omaha and Gold beaches. Once on the beach, Canadian soldiers had to fight through German forces that had built up a strong, continuous fortress along the beachhead, which were protected by guns, pillboxes, wire, mines and dangerous beach obstacles.

Canada sent 14,000 young men to complete their mission, with 3,000 soldiers taking the first wave and landing on the Juno Beach shores on June 6, 1944. For riflemen from The Royal Winnipeg Rifles, a light infantry reserve unit made up of men from across Manitoba, Juno Beach started for them that morning when their assault craft touched the shores and they waded through chest-height water to make it to shore.

Royal Winnipeg Rifleman Walter



SUBMITTED PHOTO

Grosse Isle resident Walter Daniels, pictured right, with fellow Royal Winnipeg Rifle soldiers Peter Danyluk (left) and Charles Hall. Daniels was one of the 3,000 soldiers that first landed on the Juno Beach during D-Day. Daniels died on June 8, 1944, at the age of 27, two days after D-Day began.

Daniels from Grosse Isle was one of the 3,000 men that were first on Juno Beach. Daniels was a member of C Company and was led into battle by Major Jim Jones. After landing on

Juno Beach, Daniels and his section made their way to the Putot en Bes-sin area.

In the early morning of June 8, Daniels' C Company, along with the rest of the Royal Winnipeg Rifle battalion, were taking heavy machine gun fire from German forces who were hoping to draw out the Canadians and pinpoint the riflemen's exact positions. As the morning came to a close, the machine fire stopped and was replaced by heavy artillery and mortar rounds, making it difficult for the men to move. By noon, German forces had completely surrounded A, B and Daniels' C company. With little ammunition left, most riflemen, including 27-year-old Daniels, were killed.

Unfortunately, no living relatives of Daniels could be located. Thanks to Dave Wawryk, an archivist with The Royal Winnipeg Rifles museum, a War Diary (also known as an Intelligence Summary) was provided on how Daniels spent his last day in battle.

D company was the only unit able to withdraw intact, and after the battle, survivors returned from their positions with stretcher barriers to collect the bodies of their fallen comrades.

Lt. John Mitchell of D Company spoke with the *Tribune* about his D-Day experience. While the now-95-year-old does not remember serving with Daniels, he does know how lucky he was to have made it home to his

family, and he has never forgotten his fellow comrades who didn't.

"I don't remember much about the landing. We just got on with it," said Mitchell from his residence in the Deer Lodge Centre in Winnipeg. A month after landing on Juno Beach, Mitchell was shot in the shoulder and returned to England.

To remember the sacrifice that Daniels made for his country and the part he played in the largest seaborne invasion in history, in 1974 the Manitoba Government officially named an island in Northern Manitoba's Seal River, approximately 112 kilometres west of Churchill, Daniels Island.

Daniels is buried along with 2,047 fellow Canadian soldiers in the Beny-sur-Mer Canadian War Cemetery east of Reviere, France. The cemetery is on the coast just to the north of where the 3rd Canadian Division, including The Royal Winnipeg Rifles, landed on June 6th, 1944. The cemetery is compiled of the many graves of men who gave their lives in the landings of Normandy and in the earlier stages of the subsequent campaign.

While many Interlake residents would never have heard of Daniels Island and they may not have known who it is named after, the simple act of remembering the ultimate sacrifices that young Canadian men and women made on D-Day should never be forgotten.

*A time to honour our heroes,
to remember their achievements,
their courage and their dedication,
and to say thank you for
their sacrifices.*

Ralph R. Eichler
MLA for Lakeside

Constituency Office

319 Main St. Box 1845, Stonewall, Manitoba R0C 2Z0

HOURS: Tues & Thurs 10 am - 2 pm

Tel: (204) 467-9482 www.ralpheichler.ca

TOLL FREE: 1-800-282-8069 ext 0541

*To those who fought for us
71 years ago and to those
who fight for us today.
Thanks You.*



RM of Rockwood

Reeve and
Councillors

*Time to reflect
on sacrifices made
by so many.*



RM of Rosser

Reeve and Councillors

Memorial Service marks 70th anniversary of VE-Day

By Stefanie Lasuik

The sounds of bagpipes filled the Town of Stonewall Sunday afternoon as the 303 Army Navy Air Force Pipes and Drums led a parade of military representatives, community service groups and government officials down Main Street to Memorial Park. In the park, friends and comrades gathered to honour Decoration Day, as well as the 70th anniversary of Victory in Europe Day, and to remember Canadian military and RCMP actions then and now.

"No one has greater love than this: to lay down one's life for one's friend. Our service personnel lay down their lives for those they don't even know," said Rev. Leonard Oracheski, who drew on John 15:13 to explain the significance of military participation during the service.

After three hymns, the dedication of floral tributes and the placing of flowers and wreaths, the crowd at Memorial Park stood for the Last Post and a moment of silence.

Past Stony Mountain Legion president Alwyn Ammeter saw both her father and grandfather fight in the world wars. More recently, Ammeter's daughter served in the Gulf War.

"I have a hard time with this day. To me, it's a very important day, as in November 11th. I still think we have to pay tribute to them and all the troops that are still out fighting and putting their lives on the line every day. I know what the families felt like as loved ones went off to war. I wouldn't wish that on anybody," Ammeter said emotionally.

War veteran Shirley Esaruk, who lost her grandfather and cousin in the line of duty, choked back tears.

"I think it's very important for everyone to remember it and turn out for it if they can. These individuals who are at war sacrifice themselves for us. We have a free country, and it's because of these people."



TRIBUNE PHOTOS BY STEFANIE LASUIK AND NATASHA TERSIGNI

A parade led by the 303 Army Navy Air Force Pipes and Drums included Legion representatives, the 301 Air Cadet Squadron, Knights of Columbus, and government and public service individuals.



Legion President Tim Williams gave the crowd the final address after a moment of silence.



Lakeside MLA Ralph Eichler was escorted by MCpl. Gordon Allan to the cenotaph to lay a wreath in remembrance of those who have served in the past and to those who continue to serve.

*Let us
never forget
their sacrifices.*



*RM of St. Laurent
Reeve and Councillors*

*We remember those who
fought for us then and now.*

Thank You.



Reeve and Councillors

*We offer prayers of gratitude
for the nobility and sacrifice
of our veterans in times
past. We will never forget.*

**Stonewall Teulon
Tribune**



*Thank you for your
commitment
to our freedom.*



*Thank you to all that
served years ago and
those who serve today.*

Thank you for our freedom.



Mayor,
Councillors,
& Staff

Repose in current-day Normandy

By Stefanie Lasuik

When I stepped off our tour bus and saw the turquoise water of the English Channel, I inhaled deeply. The air was fresh, the sand was warm, the ocean was cool. White lines ran through the waves meeting the shore and sailboats could be seen near the horizon. It appeared the quintessential long-weekend beach. But Juno was different.

Nobody here was gleeful. There was no shouting or laughing or goofing around. Nor were they depressed. Rather, faces belied a tranquil reflectivity. It was a serene place, a relaxing one, but everyone seemed to feel its history like mustard gas in the air.

There were no visible markers of war, except for a feeling, rooted from shared knowledge about the place's history. We knew about the blood, shed right there under our feet. We knew about the struggle faced by the liberators and by those oppressed. We knew about the eventual success of our troops. The sadness and pride and tranquility of the beach mixed together to produce an emotion I had never before

experienced.

It was a type of peace. It was the type of repose that only washes over after a tremendous storm. D-Day's storm had been the biggest, and the ataraxia that marked the place even greater so. I hadn't weathered the storm, but I reaped the rewards, and there was no place I felt greater thankfulness than on the very grains where 340 Canadians sacrificed their lives for peace.

The thing is that it wasn't just my peace they died for. It wasn't mainly for Canadians. It was for all those persecuted under Hitler's rule. Such heroic and benevolent actions speak to a greater humanity amongst people and create an atmosphere of unity that renews one's hope and uplifts one's soul. As I stood on the beach and examined fellow visitors' expressions, I knew that this was the new mustard gas.

The words I wrote in my napkin-journal that night were as follows: "At Juno Beach, you could see a gorgeous, sandy beach with your eyes and a bloody, body-filled, gunfired warzone with

your mind." My mind's pictures may have been what triggered such reflectiveness, but I realize now that whatever pictures I had could never compare to living through the real thing.

It doesn't matter that I learned the facts and memorized the videos. It doesn't matter that I've heard about it over and over. It doesn't matter that I witnessed the emotion on veterans' and Auschwitz survivors' faces as they detailed the horrors. I still wasn't there. I can't experience D-Day, or the suffering, or the repression like prisoners and soldiers did. I can't relive it because our soldiers never wanted me, or anyone else, to. And I'm forever thankful for that.

The Repose was written by Tribune reporter Stefanie Lasuik of her experience at Juno Beach in the spring of 2012. Lasuik visited the beach as a part of her school trip's tour through the country of France. Of all the tour bus's scheduled stops, Juno Beach was the least anticipated but ended up providing the most powerful experience. Lasuik left with a deepened respect and understanding, which remains with her today.

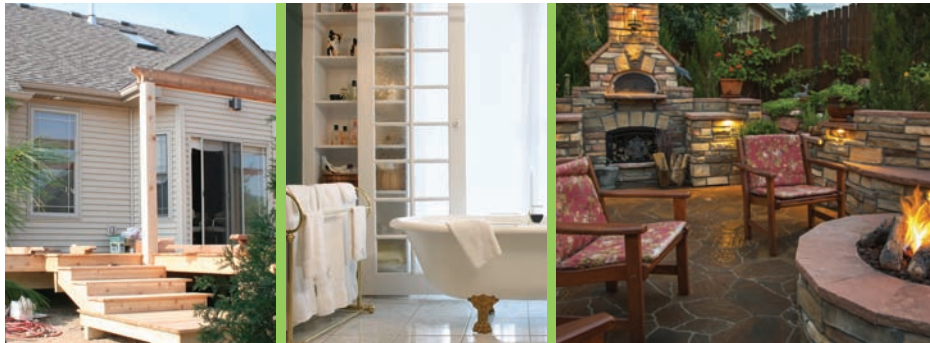
*In Commemoration of the
71st Anniversary of D-Day and the Battle of Normandy
Thank you to our Veterans.
Lest We Forget*

Selkirk-Interlake
1 888 247 9606
www.jamesbezan.com



TRIBUNE PHOTOS BY STEFANIE LASUIK

Most of those buried in Bény-sur-Mer Canadian War Cemetery in Normandy were men of the 3rd Canadian Division who died either on June 6 or during the early days of the advance towards Caen. To this day, the cemetery is up-kept with exceptional care.



Home, Yard & Real Estate



Make way for a summer kitchen

If you're a cooking enthusiast, you might agree that there's nothing more enjoyable than combining your favourite activity with the beautiful summer weather. This year, all that running back and forth between the house and the barbecue could be a thing of the

past if you follow the trend and treat yourself to a summer kitchen.

START SMALL

An outdoor kitchen can easily evolve into an investment of several thousand dollars, but it doesn't necessarily

have to be that way. With a few essential items, you can create the summer kitchen you've always dreamed of without your wallet suffering.

Start with a good barbecue and a worktop. You can then add other items gradually, depending on your priorities, such as a sink, storage cabinets, refrigerator and pizza oven — the possibilities are endless. Just plan to leave enough space to allow your outdoor kitchen to grow over the next few summers.



This year, turn your dream into reality by building a summer kitchen.

SOME GOLDEN RULES

- Leave yourself enough room to move around and to eat. If you're working with a limited amount of space, it's best to decrease the dimensions of the kitchen rather than restricting sitting and dining areas. A linear kitchen rather than an L-shaped one is the best way to maximize on space.

- Keep in mind that your outdoor kitchen will be exposed to the elements. Prioritize long-lasting materials, which are resistant to sunlight and water, and which are easy to clean. Stone and stainless steel are great options for withstanding the forces of nature.

- Before starting your project, make sure you have easy access to water and electricity, even if you don't plan on using them for the time being.

And once you've planned and built your kitchen, you'll be chomping at the bit to gather family and friends together for a cozy home-made outdoor feast!

Talk to the Paint Expert at **Stonewall Home hardware** 204-467-5589

BEAUTI-TIPS EXPERT ADVICE ON DECOR & COLOUR

THE ULTIMATE DESIGNER

Colour is powerful, paint is affordable. Together they are invincible, the dynamic duo of decorating. Transform your paint brush into a magic wand with these simple tips!

TIP 1
Contrasting colours emphasize. Use them to highlight and take advantage of wonderful moldings, art, or other beautiful architectural features in your room. To the contrary, unsightly architectural features and basic moldings will disappear if 'painted out' by using the same colour as the background.

TIP 2
Want instant design that's WOW? Paint inside closets, cabinets, and drawers a gorgeous colour. It's pure eye candy.

TIP 3
Put paint to work! A boring room will come alive with colour-blocking to create a beautiful feature wall. So quick and so easy you'll feel like a genius.

TIP 4
Who says ceilings have to be white. Tint paint for ceiling and trim work for a more harmonious colour scheme.

TIP 5
Colour can create an optical illusion and make a long narrow room or hallway appear wider. Simply paint the shorter walls a darker colour. Presto change!

TIP 6
Quarters got you cramped? Select a cool light colour and your space will feel bigger. Hello elbow room.

If cozy and intimate is your desired effect, let warm dark colours create the atmosphere.

TIP 7
Walls vertically challenged? Make them seem taller by keeping the ceiling lighter than the walls in places like basements. Or try this optical illusion, paint the ceiling colour down 1 ft on the wall and finish with a narrow molding. Volia, your low ceiling will feel 10' high. Got the opposite issue? Bring down ceiling height by painting it darker than the walls.

TIP 8
Avoid disappointment when selecting that perfect colour. Try these ideas to help you select the perfect colour everytime!

When choosing a colour, isolate it on white from other colours for a truer perception.

Your colour will look more intense on the wall than on the paint chip. If you are feeling unsure, simply go one shade lighter.

Don't overwhelm yourself, three is the maximum colours you should consider. Any more is too confusing to the eye.

Select your colour in the room at the time of day the room is used most. View colour on the angle it will be used. i.e. wall colour vertical, ceiling horizontal above your head, floor horizontal looking down.



Beauti-Tone
CANADA'S PAINT EXPERTS

M Greenhouses & M

Come see us for all your bedding plants, vegetable plants, basket stuffers, hanging baskets and potted plants

Teulon location:
Hwy 7 & 17 at Rockwood Lumber

Monday to Friday 9-6,
Saturday 9-5, Sunday 11-4

204-861-2393

Woodlands location:

5.5 miles north of Hwy 6
on Road 5 West

Tuesday to Saturday 9-6,
Sunday 12-4, closed Monday

204-383-5104



Tracey Malone - Financial Advisor
Inview Insurance, 344 Main Street, Stonewall
tracey_malone@cooperators.ca
Phone (204) 467-8927

autopac
A Manitoba Public Insurance product



Life & Disability Commercial Home Farm

Home Owners helping homeowners

Mother Nature dampens fair

By Stefanie Lasuik

Riders battled the elements over the weekend at the Annual South Interlake Rockwood Agricultural Society Fair. But thanks to their never-dampened spirits and a refurbished riding ring, the show went on.

The rain that forced cancellation of mini train rides, the Kids' Fun Zone, the and Ruff House dog show was unable to thwart the Argyle 4-H Club Beef Show & Sale and 59 classes of horse riding events. Throughout the two days, riders put on an exhibit of jumping, trotting, and showmanship events. Tractor displays could also be viewed, courtesy of Leo's and Lawson's.

The fair's newest attraction, a spirit, spud, and steer dinner, was a smashing success Friday night. A sell-out of 130 people from around the Interlake flocked the Red Barn and Grill for the evening, with 11 attendees traveling by horse in true farm-life fashion.

"It was a beautiful night. We were quite satisfied for our first time taking a whack at it," one fair organizer, Diane Blue said.

In its 60th year of existence, the Argyle 4-H Beef Club celebrated the end of their season at the fair with a show and sale on Saturday. The six members participated in judging, grooming, and showmanship events before displaying their steers and heifers in show and auctioning them off to the public. Jon Porteous was the big winner of the day when both his steer and heifer were named grand champions. The club is looking to grow next year with the addition of several more families. Michelle Martens, whose kids joined the club a few months ago, said her boys are already "loving it."

The fair organizers are already looking forward to next year, when they hope to host a second annual spirit, spud and steer night and, fingers crossed, to see a weekend of sun-filled sky.



Judges did their very best to keep their results dry.



After grooming their animals, members of the Argyle 4-H club presented them to judges and potential buyers at the sale.



TRIBUNE PHOTOS BY STEFANIE LASIUK, JO-ANNE PROCTER AND BRYAN FOSSAY
Annika Reesink (left) and Isabelle Laing took part in their first 4-H Beef Show and Sale. Below; Nine-year-old Belle Syrett took May Girl on an impressive run in the Low Hunter Two Foot Open Class.



Balmoral's Ginny Francis clears a cross rail during Saturday's jumping events.



Jonathan Porteous of the Argyle 4-H Beef Club won grand champion for both his steer and heifer.



Alyssa Procter won first place with her horse BNE-Miss in Halter, Showmanship and Smooth Cash in the Junior Showmanship and third in Western Pleasure.



Vilena Helstrom and her miniature horse Pal rode in Halter, Showmanship and Western Pleasure classes.

get inspired

> MEAL IDEAS

THE **Marketplace**
AT STONEWALL 467-8469



Buffalo Chicken Tacos

Ingredients

- 1 1-ounce package, taco or hot taco seasoning
- 2 tablespoons cooking oil
- 3/4 cup water
- 1 pound boneless, skinless chicken breasts
- 1 avocado
- 1/2 cup ranch dressing, prepared
- 6 flour tortillas warmed
- Hot sauce, to taste
- 2 ounces blue cheese crumbled
- 3/4 cup carrots, shredded
- 1/4 cup cilantro, chopped

Preparation

Combine taco seasoning, oil and 1/4 cup water to make marinade. Reserve 1/2 cup. Place chicken in re-sealable plastic bag and add marinade. Marinate in refrigerator for 30 minutes or longer.

Mash avocado (in mixing bowl) into small chunks and mix with ranch dressing until smooth.

Remove chicken from marinade and discard used marinade.

Grill chicken over medium-high heat, about 8 minutes per side or until thoroughly cooked. Remove chicken from grill and place on cutting board.

Slice chicken into thin strips and serve hot alongside warm tortillas. Serve with build your own sides/garnishes of hot sauce, blue cheese, carrots, cilantro and the avocado ranch dressing.

Preparation Time: 30 minutes

Cook Time: 16 minutes

Wushu Chicken Tacos

Ingredients

- 1/2 cup diced rotisserie chicken
- 1/4 cup asparagus pieces, about 1 inch long
- 1/4 cup yellow squash pieces
- 2 fajita-size flour tortillas (6-inch)
- 2 lime wedges, optional

Sauce

- Fresh ginger slice, 1/8 inch thick, peeled and cut in half
- 2 cloves garlic, peeled
- 2 tablespoons creamy peanut butter
- 1 tablespoon soy sauce
- 3/8 teaspoon chili paste with garlic
- 2 1/2 teaspoons sugar
- 2 1/2 teaspoons Worcestershire sauce
- 2 1/4 teaspoons sesame oil
- 3 1/2 teaspoons water

Preparation

Chop ginger and garlic in food processor as finely as possible. Add next seven ingredients and process until sauce is completely smooth. If sauce is too thick, add more water. If sauce is too thin, add more peanut butter.

Toss about half the sauce with chicken and put aside in a covered bowl.



Boil about 1 inch of water in a large skillet and add asparagus. Cover skillet and turn off heat. In 1 to 3 minutes, lift off cover and remove asparagus using tongs.

Cut off ends of squash and cut into half-moon pieces. Put 1/4 cup squash pieces into microwave-safe bowl and add a little water. Cover with plastic wrap and microwave about 2 to 3 minutes. Let cool slightly and carefully drain off water.

Place tortillas in microwave and cook about 15 seconds, or until warm and bend easily.

Put chicken in tortillas, top with asparagus and squash and drizzle with additional peanut butter sauce. Serve with optional lime wedges.

Serves 1

Effective Strategies for Exam Preparation

by Gwen Randall-Young

For junior and senior high students, a lot of exam time misery can be averted with the right approach. Of course, if you have been keeping up with your studies, preparation for exams will be a lot easier than if you have let things slide.

Here are some general guidelines that can make a big difference. The first thing to do, starting right now, is to make a study schedule. Make yourself a timetable for the period of time from after school until bedtime, and for the weekends, from now until exam time. Start by scheduling in the times that you want to keep free for relaxation, so that you don't end up feeling over-scheduled and stressed out. Block out times that are already committed to extra-curricular activities, lessons, work, or responsibilities that you must maintain around the house. Then look at the time that is left. If you can see right away that you will not have enough time to prepare adequately, you will need to consider if you could cut back on other activities.

Schedule in regular study times, and stick to them. Studying is like putting money in the bank: if you do it regularly, in the end you will have something to show for it. If study time is not scheduled, then you have no guarantee that enough time will be available, and the night before the exam is too late.

If you are worried about a particular subject, sit down with your teacher and ask for some direction in preparing for your exam. The teacher may be able to point out the important areas upon which to focus, or to help you with a

concept that you do not understand. It is very important to ask for help if there are things that are not clear to you. If you don't know something, it is not going to magically pop into your head when you write the exam. Hoping that it won't be on the exam is not a great strategy either. A little bit of help could be enough to get you part marks on a question where you might otherwise get zero.

When you sit down to study, eliminate distractions. Schedule your study time in blocks of 40 minutes with a 10 or 15-minute break. Do not take phone calls or get up for snacks during your concentrated study time. This will interfere with your concentration and your ability to retain what you are studying.

If you stick to your schedule and organize your material carefully (this is where good note-taking pays off), and you ask for help with the parts you don't understand, you are doing a lot to ensure success.

Let your parents know that you have made a schedule, and ask for their input and support. Tension often builds around exam time, so be careful not to get into major hassles that will be disruptive to you. If you sense that you are irritable because of the pressure, let your parents know, so that they can be more understanding. Be good to yourself, and do not neglect proper diet, rest, exercise and fun. You can do it! Go for it.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

Turkey and Bean Tacos

Ingredients

- 1 lb (454 g) lean ground turkey
- 1 cup (250 mL) white kidney beans, drained and rinsed
- 1 cup (250 mL) tomatoes, chopped
- 1 cup (250 mL) sweet onion, finely diced
- 1 cup (250 mL) frozen or canned corn
- 1 cup (250 mL) carrot, finely grated
- 1 tsp (5 mL) onion powder
- 1 tsp (5 mL) garlic powder
- 2 tsp (10 mL) chili powder
- 1/4 cup (50 mL) Ketchup
- 8 small baked tacos (package of 12, 6 oz/156 g), or 100% whole-wheat wraps or buns
- 1/2 cup (125 mL) grated lower-fat cheddar cheese



Directions

In a large fry pan cook the turkey until no longer pink.

In a large bowl mash kidney beans with the back of a fork. Add tomatoes, onion, corn, carrot, spices and ketchup. Mix to combine.

Add bean mixture to the turkey and cook on medium until heated. About 15 minutes.

Add mixture to taco shell (wrap/bun) and sprinkle with 1 tbsp (15 mL) of cheese.

Makes 8

www.heartandstroke.mb.ca

Juice PLUS+
WHOLE FOOD NUTRITION
17 fruits, vegetables, grains
and 9 berries in capsule form

Brenda Stafford
bstaffordjuiceplus@mts.net

Sandy Lefley
sleflay@highspeedcrow.ca

Shelley Schaeffer
curveappeal@shaw.ca

Jocelyn Derksen
jjderksen@me.com

www.canada.juiceplus.com

Live life to its fullest with

USANA
INDEPENDENT ASSOCIATES

Nutritional Supplements Energy & Weight Loss Skin Care Nutrition for Skin

Al Sanche - 461-1223
Madge Meakin - 467-9806
Bill & Shelley Kelly - 467-5372
Bruce & Bambi Rutherford - 467-2102

ISAGENIX
Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky
isaallana@hotmail.com

Janice Karaim
jkaraim@mymts.net

Rose Sawatzky
isa.rose1957@gmail.com

www.isaproduct.com

Do you have a Health or Wellness Business?

Call Stephanie at 467-5836 to advertise

High school rodeo finals a family affair

By Lindsey Enns

Tucked under a sun hat with a smile from ear to ear, Lillian Salmon was happy to be spending the day in Selkirk Park supporting her grandson at the Manitoba High School Rodeo Association finals.

"I love animals ... I can sit here all day," the 93-year-old from Stonewall said. "I think it's all good."

"I admire the kids."

Salmon was in town last Friday for day one of the MHSRA finals to watch her grandson Tyson Salmon, also of Stonewall, compete in calf roping, team roping and bull riding.

"She's his number one fan," Tyson's mother Sandra said. "She tries to come to as many rodeos as she can ... but it's not always so close to home."

Hosted by the St. Andrews and St. Clements Agricultural Society, the three-day event included timed roping, racing and roughstock competitions for junior and high school students.

The finals brought together more than 100 competitors from across Manitoba, Saskatchewan and Ontario along with hundreds of their family members and friends. Competitors and their families also came together for a cowboy prom evening on Saturday and a final banquet and awards on Sunday.

The dust and dirt were flying as competition kicked off last Friday under sunny skies.

Tyson, who has been competing for seven years now, said he has no plans to put his gear down anytime soon.

"I wouldn't do it if I didn't love it," the Grade 11 student said. "I love animals so it's fun. I like being on the road."

But the best part about the MHSRA finals is being able to compete alongside his friends for a shot at making it to the nationals or taking home various cash awards, Tyson said.

Although he's been riding a horse on his own since he was three years old, bull riding is one of his favourite competitions.

Tyson said when gets on a bull and gets ready to ride, his mind clears and he just focuses in on the task at hand.

"When I first started it was all nerves, now it's just adrenaline," he said. "You kind of just go off of what you know, everything else you just black out and just try and stay on."

Sandra said at first it was a little scary watching her son ride a bull, but over the years it's gotten a lot easier.

"If he wasn't so athletic I think I would be more concerned, and we did make sure he went to bull schools before," she said. "You don't just jump on a bull and go."

A full listing of final scores and event winners are being posted online on the MHSRA website at mhsra.ca.



Shane MacLennan received a Junior High Points Cowboy buckle.

TRIBUNE PHOTOS BY RICK HIEBERT AND LINDSEY ENNS
Clockwise from top right: Tyson Salmon lassoes the calf in Tie Down Roping to get him a fourth place; Heather Gillespie (left) of Argyle and Lillian Salmon (right) of Stonewall take shelter from the sun while watching their grandsons during opening day of the Manitoba High School Rodeo Association finals in last Friday. Bottom right: Aubrie Park of Teulon in junior High Pole Bending. Bryce and Keenan McMahon competed in Team Roping. Clay Allan of Balmoral finished third in Tie Down Roping

Playground fundraiser undertakes drive-by collecting

By Patricia Barrett

Perhaps the only things standing in the way of a playground for the new Woodlands School scheduled to open this autumn are about 300 garbage bags filled with clothes.

And Alana Fehr of Woodlands is willing to travel the Interlake's back roads and high roads to pick up people's second-hand items if that's what it takes to get them.

"I'm so nervous on pounds," said Fehr, who works in the Interlake School Division and has three school-age children.

She's leading a campaign to raise funds for new playground equipment. The school division, which conducts safety checks, has determined that 85 per cent of the existing structure doesn't meet current safety standards. There are no funds for a new playground.

Because the new school has left the old playground behind, geographically speaking, Fehr and the other parents who sit on the school's advisory council are a bit more concerned about Manitoba winters than usual.

"Our plan is to move the playground closer to the new school," said Fehr, "so the little ones don't have to hike across a field to play."

By the time they get dressed and navigate the boot-topping snowdrifts to the old playground, recess could be over.

There's a bit of urgency in Fehr's voice as she speaks about her June 24 deadline date. The reason for that has to do with a requirement to meet a target weight of 5,000 pounds. A single apartment with, say, a sofa, dining room table, television, bed, highboy, dishes and gewgaws might tip the scales at around 2,000 pounds. Fehr's going to need a sky-high pile of garments, smothered by shiny, black garbage bags, to reach her goal.

Luckily, the rules allow her to collect more than just clothes (which includes footwear, purses and belts). Household items such as glassware, dishes, empty photo albums, craft kits, and school and office supplies are acceptable donations.

Fehr is fundraising with the help of a company called Bank & Vogue, which provides a service called Used Clothing Drive. The company links fundraisers with charities, such as the Salvation Army. Volunteer clothing-seekers obtain second-hand clothes

and housewares that charities can sell in thrift stores.

Bank & Vogue also provides fundraisers, who earn 10 cents a pound, the promotional materials needed to advertise clothing drives and a truck for pick-up.

"We've had a great response from the local community," said Fehr, who has past experience with fundraising through the writing of government grants.

But she's still concerned about weight. She's blanketed the area with posters and is using social media to send out appeals for items. She even got permission from Woodlands School to use its automated messaging system. "It will call every parent and leave a pre-recorded message."

Communities down the road have also pitched in — or pitched out, rather — to help raise money for Woodlands' new playground.

Fehr's becoming a veteran of drive-by collecting, having hit 14 homes in Warren over the course of two days. "A guy donated sketching paper," she said. "The weight of that!"

She's even resorting to bribery. Using children, if you can imagine.

"I got the OK from the principal, and I arranged an end-of-the-year competition. Whatever class brings in the most pounds by June 23, I'll buy them ice cream," said Fehr.

Woodlands' principal Val Ross said the parent advisory council, on

which she sits, came up with the design of the new playground, which will be completed in four phases. The council took into consideration the different needs of the school's kindergarten to Grade 8 students.

"There are spots for musical instruments, creative writing and sports," said Ross. "Some kids like to be active while others like contemplative activities."

She herself has cleared the closets of her home to help Fehr reach target weight.

"I had bags in my garage filled with my own stuff," Ross said. "And my husband's colleagues gave us some items."

Fehr said she's not sure whether the condition of donated clothing matters. If she gets old tat, the Salvation Army may recycle it rather than sell it in its thrift stores.

Part of Used Clothing Drive's mandate is to get people — and charities — to divert textile waste from land-



TRIBUNE PHOTO BY JO-ANNE PROCTER

Allana Fehr of Woodlands is leading a campaign to raise funds for new playground equipment and is hoping to collect 5,000 pounds of people's second-hand items to make this happen.

fills. Cloth can find new life in items such as carpet padding, industrial cleaning cloths and wearable clothes, according to its website.

Fehr's June 24 loading day will require organization, scores of hands and a sense of rhythm. As soon as the Salvation Army semi-trailer rumbles to a stop in front of the Woodlands Recreation Centre — which has donated its space for storage — volunteers will be on the clock.

"If we go over two hours' loading time, we might have to pay a penalty," said Fehr. That could entail a small deduction from the potential \$500 payout.

But Fehr sounds better prepared for her big day than the Duke of Wellington was for his at Waterloo.

She plans to marshal the troops (Grades 7 and 8 students) out to the Recreation Centre, where she'll station them shoulder-to-shoulder, and have them pass bags and boxes into the truck when she gives the signal.

"Playing is an important part of

a kid's day," said Fehr. "And this is a great way to raise money and not have to ask parents. Parents get tapped out."

That said, she's considering a future clothing drive to help fund the subsequent phases of the playground. "I don't want people to run out of clothing and walk around naked," she laughed.

If you're inclined to root through closets, attics, cellars and garages for clothing and housewares you no longer need, Alana Fehr would appreciate hearing from you. Her email is afehr@isd21.mb.ca

She said she's in Winnipeg frequently and is willing to pick up items there.

You can also drop off items at the Woodlands Recreation Centre, 33 Solvason Ave., on Saturday, June 20 between 11 a.m. and 4 p.m.

Visit Used Clothing Drive at www.usedclothingdrive.com for a full list of acceptable items.

"PLAYING IS AN IMPORTANT PART OF A KID'S DAY."

Gate to plate, a growing trend in the Interlake

By Marney Blunt

Raising your own chickens is becoming a growing trend in the Interlake.

The final pickup day for freshly hatched chicks at Kaljent Ag Services in Teulon was June 2, and suppliers say there was a significant amount of people who were getting chicks for the very first time.

"I really believe that it's a growing trend," said Jim Hardy of Kaljent Ag Services. Hatcheries will bring new chicks to Kaljent Ag as one of the pickup spots for producers. Hardy says that usually people pick up flocks of 50 to 100 at a time, with the exception of a few larger producers.

"There's more people that have moved out from the city and bought an acreage, and maybe at one time their grandparents did raise chickens and they want to try their own hand at it. Or it's just the idea of having some of your own food source, whether it's for the eggs or the meat," said Hardy.

Hardy also says that the first few weeks is a critical time in a chick's life, and there are certain things producers or owners should watch for.

"The most important thing when people first get their chicks is temperature," said Hardy, who explained that the chicks should be kept at 95 degrees at floor level, dropping five degrees each week.

"Until they have feathers, they can't basically hold their own heat. It's pretty crucial. Drafts and cool breezes can really affect them."

Hardy said keeping an eye on the behaviour of the chicks would also help you to identify what they need.

"If it's too cold, they'll crowd up and kind of pile on top of each other and actually suffocate each other. They're trying to get warm," explained Hardy.

"If they're staying away to the outside of the brooding area, then you've probably got it too hot. They're trying to get away from the heat. The biggest thing is for the first 14 days, they take a lot of care. You've got to be watching them fairly closely for the first few weeks."

Good quality feed is also an important part of raising chicks and watching for any signs of illness or infection, Hardy noted.

"Most people put in a vitamin mixed with water just to get them off to a good start," said Hardy. "But the biggest thing is probably making sure that what you using to house them is actually warm enough. Especially now, nights are really cool. Even though it's a 25-degree day, it's dropping down pretty cool at nights, so you've got to watch that."

For more information on Kaljent Ag Services, visit kaljentag.ca.



TRIBUNE PHOTOS SUBMITTED

An assortment of chicken breeds in their new home.



The Chicken Dome is a bottomless pen designed to be moved around the yard to allow birds a safe way to free range.

Rosser students learn the rules of the road



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND MANDY OLIVER

Grade 1 to 4 students from Rosser School buckled up their helmets last Friday and learned bike safety, which included helmet and bike checks, simple road rules and hand signals. The event was put on by members of the Manitoba Public Insurance Safety on Wheels program as part of the Active and Safe Routes To School Project. Each student rode their bike through an outdoor obstacle course practising rules of the road. Grade 3 and 4 students also made their annual bike ride from Grosse Isle School to Rosser School. Pictured from left Grade 3 and 4 students Rhianna Cassils, Mia Lange, Maryn and Mia Jones. Middle photo: Grade 1 student Camryn Oliver practises her stops. Right photo: students enroute to Rosser from Grosse Isle.

RBC donates \$6,000 to local organizations

Staff

RBC Blue Water Project is a 10-year global commitment of \$50 million to help protect fresh water. To date, RBC has pledged over \$41 million to more than 700 charitable organizations worldwide that protect watersheds and promoted access to clean drinking water with an additional \$8.8 million pledged to universities for water programs.

The RBC Day of Service Grant (\$1,000) supports and recognizes teams of employees who respond to a one-time or a short-term community need such as helping a local charity with a painting or renovation project or park cleanup effort.

This year the Stonewall branch staff completed six volunteer sessions for Day of Service and presented six checks to local organizations: Ducks Unlimited (\$2,000), Project Linus (\$1,000) and Stonewall Scouting Association (1,000). Missing from the photo is Stonewall Children's Centre (\$1,000) and RW Bobby Bend Canadian Parents for French (\$1,000).



Niam and Avin Wedel were excited to go home to plant their trees as part of the Blue Water Project.



RBC's Cheryl Kirschman (left) was serving up blue lemonade to Kathy Simard (middle) while Rae Jones was entering a Royal Bank draw.

TRIBUNE PHOTOS BY LANA MEIER

Province unveils 'support our troops' specialty licence plate

Distinctive plate honours serving military members, helps fund scholarships for their families

By Stefanie Lasuik

On Canadian Armed Forces Day, Healthy Living and Seniors Minister Deanne Crothers, special envoy for military affairs, and Attorney General Gord Mackintosh, minister responsible for Manitoba Public Insurance unveiled Support Our Troops licence plates.

The new licence plate comes in a year that celebrates the 70th anniversary of VE-Day and was revealed the day after D-Day's 71st anniversary.

Manitobans can now show their pride and support for men and women currently serving in the Canadian Armed Forces by purchasing a special licence plate.

"This licence plate is exceptional because it allows motorists to show their support for Canadians who serve this country as members of the Canadian Armed Forces," said Crothers. "By purchasing this plate, Manitobans will know a portion of each sale will go directly to educational scholarships for qualifying military members, their spouses, partners or children who wish to study here in Manitoba."

Manitoba has a strong tradition of

supporting the Canadian military and many Manitobans have served with honour in two world wars, Korea, Afghanistan and in numerous peace-keeping and peace-time missions around the world, Crothers noted.

"We introduced a special licence plate to honour veterans and it is fitting that we offer a plate to honour serving members of the army, navy and air force," said Mackintosh. "We know that Manitobans are proud of the dedication and sacrifices made by members of the military, and we expect this new specialty plate will be well received."

"I'm proud to say that once I introduced the bill into the House, the bill passed unanimously in the Legislature by all parties," Ralph Eichler, MLA for Lakeside said.

"The 'Support our Troops Licence Plate' gives the public an opportunity to participate in supporting our troops in Manitoba."

The eye-catching plate displays the yellow Support our Troops ribbon, accompanied by a camouflage background.

The plate will be available for sale



TRIBUNE PHOTO SUBMITTED

This past Sunday, the province unveiled a new licence plate to show pride and support for men and women currently serving in the Canadian Armed Forces.

Monday, June 8 and will cost \$70, with \$30 of that to be used to fund scholarships to qualified applicants.

"The Canadian Armed Forces, in particular the military members of Manitoba, are grateful to the province and Manitobans for their generosity. We are proud to be serving you," said

Col. Joël Roy, commander, 17 Wing Winnipeg.

Manitobans interested in the Support our Troops licence plates will be able to purchase them at any of more than 300 Autopac agents.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Warren wins 'AA' banner at track provincials

By Brian Bowman

It was a banner day once again for the Warren Collegiate Wildcats at the MHSAA Track and Field Provincial Championships at the University of Manitoba last weekend.

Warren won the "AA" aggregate banner with 42 points. The banner win by the Wildcats was kind of a surprising one.

"We knew that there were a lot of schools that are 'AA' that have been improving a lot," said Wildcats' track coach Rene Comeault. "I thought it might be their year to overtake us but we had enough good results that we were able to sneak by."

"We didn't win by a bunch but we were able to hang on."

The Wildcats' depth of talent played a big part in their banner win. Warren had several elite athletes perform well at the provincials to score points for their school.

"It shows that we have a program that is consistent from year to year and we've always had a handful (of athletes) that has been able to emerge at the next level," Comeault said.

Josh Granberg had a terrific provin-



SUBMITTED PHOTO

Josh Granberg has a terrific future in track and field.

cial championship, winning the silver in the varsity boys' triple jump after a leap of 13.05 metres. The Grade 11 student-athlete also placed third in the long jump. His long jump distance was 6.32m.

"He has tremendous potential," Comeault said. "We're encouraging him to pursue his athletic career outside of



TRIBUNE PHOTO BY LISA MICHALESKI

Warren Collegiate won the 'AA' MHSAA Track and Field Provincial banner with 42 points.

school to try to get on a bigger stage. He can be good if he sticks with it. He has tremendous upside."

Warren's varsity girls were also very good, scoring points for their school in all three relay races.

"With our older kids, I think the experience helped," Comeault suggested. "They were the ones that were able

to push us through."

Comeault expects Warren to be even better next year as many of their athletes will be in their Grade 12 year.

"We're hoping that we can build on the success that we had this year," Comeault said. "I think we can do a lot better next year."

Interlake winning in Midget 'AA' ball league

By Brian Bowman

The team may be new, but the Interlake Blue Jays Midget "AA" baseball team has looked everything but a first-year squad.

Interlake has posted an impressive 8-2 record in their league, organized by the Winnipeg South Minor Baseball Association.

At press time, the Blue Jays were tied for first place with the MacDonald Yankees (9-3) in the nine-team league standings.

Games started in early May and the Blue Jays were very busy last month as the league takes a bit of a break for exams in June.

"We've been playing some good ball, especially since not having much practice time," said Adam Kirk, who coaches the team along with Josh Stolar and Kent Klimpke. "We've been pretty much playing three times a week."

Pitching has been a key to the success of the Interlake squad. This team is also eager to learn, said Kirk, and

have lived up to the coach's expectations.

"They've been making the routine plays, throwing strikes, and hitting the ball and putting it in play," Kirk said. "The first game of the year we got beat (12-5) but we could have won that game. We just had one bad inning where they scored eight runs on us."

"We've laid it out on the line with these kids and they've really taken it to heart and gone with it."

After that season-opening loss to the Fort Garry Giants, Interlake reeled off six consecutive victories. The Blue Jays are currently on a two-game winning streak after posting wins over the Tuxedo Lightning (10-4) and Springfield Braves (13-8).

The Blue Jays are making improvements in every aspect of the game, said Kirk, and are looking forward to closing out June with some more wins.

"We've been doing the little things right," Kirk said. "And the boys have been playing well and finding themselves on the winning side. It's been



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Interlake Blue Jays 'AA' midget team currently sits in first place with an 8-2 record. Blue Jays' shortstop Martin Knutson catches the ball to make a tag at second base during a game against the Bonivital White Sox recently.

good and we'll get some practice time in here in June and hopefully get better."

Interlake hosted Fort Garry Monday evening but no score was available at

press time.

The Blue Jays will have a pair of road games next week before they host the St. James A's in Grosse Isle on June 21. Game time is 6:30 p.m.

Schneider wins silver at MHSAA track provincials

By Brian Bowman

Amber Schneider didn't let a little rain get in her way at the MHSAA Track and Field Provincial Championships last Saturday at the University of Manitoba.

The Grade 9 student-athlete at Stonewall Collegiate was outstanding in the junior varsity girls' 400-metre race, finishing second with a time of 1:02.78.

"It was very intense (running in the rain)," said Schneider, who was also part of the Rams' 4x100 team. "It kind of gave it a movie feeling."

Schneider enjoyed the atmosphere of competing at her first provincial high school championship.

"It was really exciting," she said. "You could feel the whole team atmosphere from every school and all of the spirit that they bring."

Rams' track coach Christy Steeves said Schneider did very well despite the rainy and wet conditions.

"She did really well considering the conditions," Steeves said. "It was definitely raining very hard at the time of her race. I think if there were better conditions, she probably could have beaten her 1:01 (time set the previous day)."

Steeves called Schneider an aggressive runner who has a lot of talent.



TRIBUNE PHOTO SUBMITTED
Grade 9 student Amber Schneider finished second in the junior varsity girls' 400-metre.

She has a very good shot of winning a gold medal in the junior varsity race next year.

"When she gets out there, it's really nice to see her run because she just goes after it."

The Rams had approximately 20 athletes make the trip to the U of M for the provincials. Some of their high-



TRIBUNE PHOTO BY JO-ANNE PROCTER
Quin Arsenault (right) placed sixth in the junior varsity boys' hurdles at the MHSAA Track and Field Provincial Championships last Saturday at the University of Manitoba.

lights included performances from their relay teams while Quin Arsenault was sixth in the junior varsity boys' hurdles.

"I thought that the kids that competed did well," Steeves said. "Most of them were able to achieve personal

bests, with the exceptions of the ones that had to compete Saturday."

Teulon Collegiate's Kaila Ledochowski, meanwhile, also had a great performance in the girls Special Olympics shot put. She placed third with a throw of 3.76m.

Blue Jays chirping to WSBL victories

By Brian Bowman

The Stonewall Blue Jays could not have asked for a better start to their Winnipeg Senior Baseball League season.

Stonewall improved its record to 4-0 after a pair of convincing wins last week. The Blue Jays hammered the Springfield Sr. Braves 17-1 and then defeated the St. James A's 11-4 in comeback fashion.

"We've just been tearing the cover off the ball since the season started," said Blue Jays' player coach Adam Kirk.

Rory Tycoles, formerly of Reston and now teaching in Lundar, has been a

real nice addition to the Stonewall lineup. The former U.S. college player has hit well in the four spot for the Blue Jays this season.

"He's a guy that has been around the ball diamond a lot in his life and done fairly well," Kirk said. "He's a very solid player and has really helped the lineup."

In the win over St. James on June 3, Stonewall trailed 3-0 after just the first inning but roared back to score seven runs in the sixth.

"They scored three right off the hop but we battled and battled," said Kirk, who earned the win on the mound against the A's. "The guys that we've

added to the lineup have really good baseball IQ and it's really nice to have those smarter and experienced minds in the lineup."

Kirk settled down after giving up three runs in the first to shut down St. James for the next five innings.

Offensively, Tyler Paul led Stonewall by going 2-for-2 and scoring four runs while Orrin Hogue had four RBI. Nick Drews also had a pair of hits and scored twice.


Against Springfield, Stonewall led 3-1 after three innings but then the bats came alive in a huge way as the Blue Jays scored 14 runs over the next four innings. Paul and Tycoles led

Stonewall with three hits apiece while several other players had two hits in the lopsided win.

Eric Swanson scored three times for Stonewall as the Blue Jays outit the Braves 17-5. Stonewall's Scott Harris went seven complete innings, surrendering just five hits while striking out eight, to post the win.

Stonewall played at Springfield Tuesday but no score was available at press time. The Blue Jays will host St. James tonight (7:30 p.m.) and then the Elmwood Giants come to town Sunday (7 p.m.).

Both games will be played at Fines Field.



**Come out and support your
Stonewall Blue Jays**

<p>Thursday, June 11 Stonewall Blue Jays vs. St. James As 7:30pm @ Fines Field</p>	<p>Sunday, June 14 Stonewall Blue Jays vs. Emwood Giants 7:00pm @ Fines Field</p>	<p>Wednesday, June 17 Stonewall Blue Jays vs. St. Boniface Legionaires 7:30pm @ Fines Field</p>
---	--	--

Blue Jays inducted into Manitoba Baseball Hall of Fame

Staff

The Stonewall Blue Jays baseball teams from 2003-08 were inducted into the Manitoba Baseball Hall of Fame in the Major Team category at an induction ceremony last Saturday in Morden.

Individuals inducted at the 19th-annual ceremony included Kevin Booker, Ken Pringle, Ross Lynd, Russ Reid, John Melnick, Winston Smith, Art Penning, and Tom Yandea.

The other teams going into the hall were Baldur Regals (2006-2011) - Small Community, Steinbach Millers (1964-1969) - Small Community and Rosedales Organization (1945-1950) - Special Category.

Baseball Manitoba sent out a write up regarding the Blue Jays.

The Stonewall Blue Jays excelled in League, Manitoba, and Western Canada Senior championships. The Blue Jays were Winnipeg Senior League champions in 2003, 2008, 2009, and Manitoba Senior AA champions in



Pictured back row, left to right: Darren Lehman, Bryce Spittal, Dan Cassils, Donnie Smith, Dave Craig, Ryan Fines, Josh Drews, Matt Turner, Jason Hoas, Tyler Paul, Patrick Findley, Adam Kirk; front row: Curtis Fines, Curtis Grieve, Bryce Baldwin, Dave Blatz, Jason Cassils, Mike Maartense, Chris Arbez, Trevor Procter, Ken Wiebe and Matt Fines.

TRIBUNE PHOTO SUBMITTED BY CHRIS ARBEZ

2002, 2005, 2006. The Blue Jays represented Manitoba in Western Canada tournaments in Winnipeg 2002, Burnaby 2003, Saskatoon 2006, Nanaimo 2007, Stonewall 2008. They were sil-

ver medalists in 2006 at Saskatoon and 2008 on their beautiful home field complex, Fines Field, and the team also produced Western Canada tournament batting champions Ryan

Fines in 2003 and Matt Turner in 2006. Many of their former players are still active in coaching as a way to give back to the game of baseball.

PeeWee Blue Jays flying



TRIBUNE PHOTO BY GARTH MATTSO

Stonewall Blue Jays No. 1 won gold at the annual Stonewall baseball PeeWee 'A' tournament this past Sunday. Stonewall defeated Winkler 9-6 in a hard fought victory in the final game.

Pictured front row: Cale Woods, Adrian Klimpke, Rhett Woods, Owen Forbes, Jonathan Shipley, Jake Unger; second row: Erik Mattson, Liam Proven, Colton Unger, Hunter Olson, Samantha Holyk, Max Reid; back row: coaches Bill Olson, Ian Proven, and Kent Klimpke.



Warren Mighty Mites

TRIBUNE PHOTO SUBMITTED

The Warren Wildcats Mites won four games to claim gold at the Balmoral ball tournament. Pictured back row, left to right: Lindsay McRae, Tessa Stewart, Candace Procter, Alyssa-Lynn Procter, Madison McRae, Declan Mac Donald (bat boy), Melanie Mac Donald; front row: Kjerstin Green, Bryn-Lee Procter, Sarah Gilmore, Aliyah Allary and Lily Campbell.

Cockerill ties for 47th at PGA Tour Canada event

Staff

Aaron Cockerill finished in a four-way tie for 47th place at the Bayview Place Island Savings

Open at the Outlands Golf Club in Victoria, B.C. last weekend.

The Gunton native finished with a four-round total 280 at the

PGA Tour Canada event. He fired rounds of 68, 71, 68, and 73.

Albin Choi of Surrey, B.C. won this year's event after finishing

at 15-under 265. That was three strokes better than Eugene Wong from North Vancouver.

worship *with us*

> FAITH



Are We Christians With A Big But?

When we apologize or are given a compliment we often do not leave it with just a sorry or thanks we add a "but." For example we may apologize with "I'm sorry but I had no choice" or give a thanks by way of "Thanks but I would have rather..."

We carry this behaviour over to our faith. We mean well and may not even recognize we are negating the compliment or apology with our "buts." We make proclamations such as Love your neighbour as yourself

and then we add the big "but" – but only if they are the same as I am.

You have freedom of religion – but only if you believe exactly what I believe

We welcome everyone - but only under these conditions...

We will share our money - but only if it is spent as we dictate

We will help you out - but only if you do it as we want it done

We will, you fill in the blank – but... Jesus didn't put conditions on his

love and compassion in fact he gave us a bigger challenge. John 13:34-35 "I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

He just said do it. He did not say "but" instead he said "and." And I will love you -unconditionally. And I will help you without question. And I will welcome you regardless. Je-

sus calls us to live a life that is non-judgemental and forgiving. Jesus demonstrated through his actions unrestricted compassion towards others. He welcomed everyone into a relationship with him. Let's follow his example and get rid of our big but.

Leonard Oracheski
unitedc@mymts.net
www.stonewallunited.ca

take a break

> GAMES

SUDOKU

		1			8			
9		7		1				2
	5	2						
3				6				
	1					8		6
							4	
				5	3			
		9	4			7	8	
						2	1	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	1	2	6	8	9	3	4	7
3	8	7	1	2	4	6	9	5
4	6	9	3	5	7	8	2	1
7	4	7	5	2	3	1	9	6
9	3	8	7	4	6	5	1	2
1	2	9	6	5	8	7	4	3
8	7	1	9	6	3	2	5	4
6	8	3	4	1	5	7	8	2
9	6	4	5	8	7	2	1	3

Sudoku Answer

E	T	E	L	N	R	D		
N	O	S	C	K	J	A	P	
E	G	O	R	C	S	H	K	O
B	M	B	E	S	I	A	N	O
R	E	A	V	R	E	A	V	R
A	B	C	D	E	F	G	H	I
S								
S								
E								
I	M	E	T	A	H	T		
V	W	V	A	D	D	V		
D	A	G	E					
S	O	N	E	S	B	H	V	N
S								
I	L	O	I	N	O	O	N	B
C	L	I	A	T	I	S	P	S

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. Cleopatra's vipers
5. Slanted printing style
11. DWTS' Italian judge
14. Slender tower with balconies
15. ___ Aires
18. Practice fight
19. Forged using a metal bending block
21. Male parent
23. National Asset Mgmt. Agency
24. Not this
27. Middle East chieftain
28. 7th tone
29. A role of insulation
32. Midway between S and SE
33. The longest division of geological time
35. Oolong, green or Earl Grey
36. Disorderly crowd
39. Children's author Blyton
41. A radio band
42. Assist in some wrongdoing
44. Measures speed of rotation (abbr.)
46. Bring up children
47. Mitt's spouse
49. Light, narrow paddle boats
52. Unstressed-stressed
55. Oriental water pipe
57. Miser
60. "The Hobbit" director
62. Traditional German frock
63. This (Spanish)

CLUES DOWN

1. Defensive nuclear weapon
2. ___ Lanka, country
3. Play on words jokes
4. Finger click
5. Repeating

1	2	3	4		5	6	7	8	9	10		
11				12						13		
14							15				16	17
	18							19				20
			21	22					23			
				24		25	26			27		
				28		29		30	31		32	
				33		34		35				
36	37	38		39		40		41				
42			43			44		45				
46								47		48		
49					50	51			52		53	54
	55					56		57				58
												59
			60			61						
											63	

6. Toddler
7. Article
8. Women's ___ movement
9. Promises to pay
10. A ball of yarn or thread
12. Towards the mouth or oral region
13. Fatuous
16. Old Irish alphabets
17. Slang for trucks with trailers
20. Defy
22. Dear husband (abbr.)
25. A blood group
26. Make lacework
28. Golf ball support
30. Having a particular scientific skill
31. Chit
34. Head louse egg

36. Pomace
37. West Indian sorcery cult
38. A. Hutton drew this Br. comic
40. Popular 1950's hairstyle
43. A unit of girl or boy scouts
45. 3.6% of the earth's crust
48. Drug agent (slang)
50. Supplemented with difficulty
51. Self-immolation by fire ritual
53. Br. slang for donkey
54. Supervisor
56. Of she
57. Research doctorate in law
58. Took possession
59. Point midway between NE and E
61. Care giver degree

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

AUTOS

'99 International 4700, 356 K, with 24 ft. box, air, cruise, air ride seat, power tailgate, heated mirrors, stereo. Well maintained and fresh safety & service Nov. 2015. \$5995 obo. Ph 204-227-9094.

Is your Company looking to recruit Aboriginal job seekers?

Our Canadian wide Aboriginal recruitment website www.firstnationsjobsonline.com is now affiliated with 130 newspapers. By advertising on our website we can get your job posting and location to 950,000 circulated newspapers throughout Saskatchewan and Manitoba.

Email: danbsully@sasktel.net for more information

First Nations JobsOnline

AUTOS

Guaranteed approval drive away today! We lend money to everyone. Fast approvals, best interest rates. Over 500 vehicles sale priced for immediate delivery OAC. 1-877-796-0514. www.yourapprovalonline.com

HOUSE FOR RENT

Home for rent in Balmoral - 8 mins north of Stonewall on paved hwy. Beautiful 1665 sq ft. bungalow on fully landscaped .5 acre lot. Complete w/finished basement and wet bar; five bdrms, 3 full baths and 7 appliances with an oversized dbl. attached garage w/concrete driveway. No smokers please. Must have references. Call Paul 204-461-4511.

Smoke free 2 bedroom house in Stonewall. House is partially furnished. Available Sept. 1st or sooner. \$1500 plus utilities. Contact 204-771-6094 or 204-513-0699.

HOUSE FOR RENT

Stonewall - for rent 3 bdrm., 1.5 bath, 1100 sq. ft., 1 1/2 storey, main flr. laundry, central air, deck, porch. \$1200/mo. No pets, no smoking. Susan at Remax 204-941-0221.

APARTMENT FOR RENT

Small 1 bdrm. apt. for rent in town of Teulon. Avail. immed. \$610/mo. utilities included. Call or text Kirt at 204-886-7717.

PROPERTY FOR SALE

Gunton - vacant residential building lots, various sizes, mobile homes permitted. Why rent when you can own your own property? Town sewer & water avail. \$69,900. Ph 204-467-8537.

Teulon - S.W. of town, 140 acres hay/bush/pasture. Great location & sheltered area to build your hobby farm. \$119,900. Ph 204-467-8537.

PROPERTY FOR SALE

Teulon - great family location next to park & daycare. Residential building lots with 80 ft. frontage. Survey avail. \$39,900. Ph 204-467-8537.

Lots of lots - \$9000 each. En Bloc serviced, Arborg. Call 204-376-5244.

HOUSES FOR SALE

3 bedroom raised bungalow in Teulon. 4 additional bedrooms in finished basement, 2.5 baths, double detached oversized garage, lots of upgrades. Asking \$259,900. To view call 204-886-7716 or email bdhornick@mts.net

CONDO FOR SALE

New to market - 2 bedroom condo #108 5th Ave Estates, many upgrades. Private sale. To view, call 204-489-4856.

MOBILE HOMES

6 new 16 x 80, 3 bed, 2 bath. starting at \$83,000; 1 new 16 x 68, 2 bed, 1 bath, starting at \$72,000. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

HELP WANTED

Help Wanted - Personal care attendant required for a young adult female for care in our home in Grosse Isle. HCA certificate/Rehab Aide experience an asset, must have valid driver's license. Call 204-461-2150, after 5 p.m. for information.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

HELP WANTED

Stonewall Veterinary Clinic requires a mature, responsible individual to join our veterinary team. Position available full time, week days and weekends are required. Duties involve reception, Veterinary Technician assistance and clinic maintenance. Previous veterinary experience is an asset. Interested applicants only, submit resumes to: Email: mgmt.stonevet@mymts.net attention: Stacey Klippenstein. Mail: Stacey Klippenstein, Office Manager, Stonewall Veterinary Clinic, Box 1010, Stonewall, Mb R0C 2Z0. Applications accepted from June 11 until June 17th. Candidates will be contacted for an interview.

Dynamic Fluid Power is seeking Parts Sales and Hydraulic Techs. Experience an asset. Great benefit ts package. Visit www.dynamicmachinecorp.com and send resume to HR@DMCORP.CA or fax (204)982-4933

HELP WANTED

Permanent, F/T warehouse person required. Must be energetic, organized, understand basic mathematics & enjoy helping customers. Physical requirements include heavy lifting, climbing ladder, driving fork lift; while being mindful of work place safety. Please do not apply if you are planning to return to school in the fall. Drop off, fax or email brief letter of introduction and resume to Ritz Interiors, 286 Main St., Stonewall, fax 204-467-8982, email ritzint@mymts.net. Selected candidates will be contacted for an interview. Thank you for your interest.

CAREER TRAINING

Medical Transcriptionists are in huge demand! Train with Canada's top Medical Transcription school. Learn from home and work from home. Call today! 1-800-466-1535 www.canscribe.com. info@canscribe.com.

CHILDCARE

Licensed daycare in Stony Mountain has spaces avail. Non-smoking, lunch & 2 snacks provided. Please contact Shannon 204-344-5322.

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Province-wide classifieds. Reach over 400,000 readers weekly. Call us at 1-204-467-5836 or email classifieds@mcna.com for details.

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE info & DVD: www.NorwoodSawmills.com/4000T 1-800-566-6899 Ext: 4000T.

Restless Leg Syndrome & Leg Cramps? Fast relief in one hour. Sleep at night. Proven for over 32 years. www.allcalm.com Mon-Fri 8-4 EST 1-800-765-8660.

MUSICAL INSTRUMENTS

Wanted - used musical stringed instruments. Also: amps, etc. Phone 204-376-5244, Arborg.

WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Water-ite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Paterson iron removers/\$490. Greensand iron odour removal systems, \$690. All Seasons Furnishings 204-661-8581.

Hip or Knee Replacement?
Problems with Mobility?
The Disability Tax Credit
\$2,000 Yearly Tax Credit
\$20,000 Lump Sum Refund
For Assistance Call: 204-453-5372

Book Your Classified Ad Today
Call 204-467-5836

RCMP D.S.A. POSITION
TOWN OF STONEWALL

The Town of Stonewall is seeking applications from qualified individuals for a permanent full-time position of RCMP detachment service assistant. Under the supervision and direction of the Stonewall RCMP Detachment Commander, the RCMP DSA performs varied administrative duties in the preparation of files, correspondence and reports, data entry and provides assistance to the public over the telephone and in person.

The preferred applicant will have education and experience in office administration and data entry, computer word processing, public relations and good interpersonal skills. A job description for the position may be obtained by contacting the undersigned.

Qualified applicants are invited to submit a detailed resume, **marked RCMP DSA**, to the undersigned no later than **4:00 p.m. Tuesday, June 23rd, 2015.**

Applicants who are selected for an interview shall be subject to a security clearance check

Anne Burns
CAO
Town of Stonewall
Box 250
293 Main Street
Stonewall, MB R0C 2Z0
Phone (204) 467-7979
Fax (204) 467-7999
Email to info@stonewall.ca

We thank all those individuals who apply, however, only those selected for an interview will be acknowledged.



INTERLAKE SCHOOL DIVISION
THREE YEAR GARBAGE
Request for Proposal(RFP)
(2015/2016 & 2016/2017 & 2017/2018 School Years)

- Garbage to be picked up at the three schools, the Division Office and Bus Garage in STONEWALL on Tuesdays and Fridays of each week in the afternoon and taken to the garbage dump.
- Garbage to be picked up at the school(s) in the following areas on Tuesdays and Fridays of each week in the afternoon and taken to the garbage dump.

STONY MOUNTAIN, BOTH WARREN SCHOOLS, WOODLANDS, ROSSER, GROSSE ISLE, BALMORAL, ARGYLE.

Applicants must supply own vehicle. Individual area request for proposal to be priced per day. Request for proposal amount must include all tipping fees in the request for proposal prices. Request for proposal to be priced with G.S.T. shown separately. Lowest or any tender not necessarily accepted.

RFP TO CLOSE June 19th, 2015 @ 9:00 a.m.

Send sealed envelope marked:

- "Garbage Tender - Stonewall Area"
- "Garbage Tender - Stony Mountain School"
- "Garbage Tender - Warren Schools"
- "Garbage Tender - Woodlands School"
- "Garbage Tender - Grosse Isle"
- "Garbage Tender - Rosser"
- "Garbage Tender - Balmoral"
- "Garbage Tender - Argyle"

TO: Al Leiman, Secretary Treasurer
Interlake School Division
192-2nd Ave. N.
Stonewall, Manitoba
R0C 2Z0

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoelk@hotmail.com



POTATOES FOR SALE

Red, Yellow & Russett potatoes for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.

LIVESTOCK

Charolais yearling bulls for sale. Red factor or white. Good prices. Good birth weights. Call John at 204-383-0308.

FARM MACHINERY

John Deere tractor 4010, comes with 2 loaders, new tires and tubes. 2 new batteries and new starter, also 45 International cultivator. Best offer. Call 204-783-4207.

ANNOUNCEMENTS

BIRTHDAY



Happy 60th Birthday
Bruce

-Love your family

ANNOUNCEMENTS

BIRTHDAY



Elliott Andrew Davidson
Happy 3rd Birthday
June 10, 2015

What a little man you are becoming!

-Love from,

Dad, Mom and Courtney
Grandma and Grandpa Davidson
Aunt Lindsay and cousin Megan



ANNOUNCEMENTS

CARD OF THANKS

Many thank you's to our family, friends and neighbors for spending time with us on our 50th Anniversary. To the great band who kept us so entertained and to Jean and Glenn Main and Brenda Dykstra for the delicious meal - fantastic! Thanks to all of our guests for all your hugs and best wishes - wow, what a day! To our family for all the hard work and planning and getting everything done - great job.

-God Bless you all,
Love and Kisses
Jack and Eileen Bouskill

ANNOUNCEMENTS

CARD OF THANKS

Thank you so very much to friends and family who came to my community shower held in Woodlands on May 24th. The support was overwhelming and so very kind. For those unable to attend and who have sent gifts, thank you also. Special mention to the wonderful ladies who took time to plan, decorate, provide food and arrange for special tea cups at the head table. It was all so special. I am so proud to come from such an amazing community!

-Love,
Jacquie Proctor



We are urgently looking for...
OWNER OPERATORS



...Our people make it happen.

We offer consistent miles and an excellent Owner Operator package.

CROSS BORDER COMPANY HIGHWAY DRIVERS
\$.514 cents per mile or on average \$1100/week take home

Apply to:

Email us at: recruiting@rosedale.ca
Or call toll-free: 1-855-721-3962 for more details.

JOIN THE FAMILY. DRIVE THE BUSINESS.
www.rosedale.ca/drivers



Best Herbicide
Prices Guaranteed

Featured Products:

- Clever - one pass cleaver control
- Smoke - loaded glyphosate
- Foax - green foxtail and wild oats
- Diquash - desiccant

Dealers in most areas
(new dealers welcome)

306 477-4007
info@gng.ag
www.gng.ag

ANNOUNCEMENTS

COMMUNITY SHOWER



"A New Journey....A New Adventure..."

Elwyn and Susan Smerchanski of Malonton are pleased to announce the engagement of their daughter Marcie to Curtis Schultz, son of Dennis and Barb of Emerson. A Community Shower will be held Sunday, June 14 at 2 p.m. at the "Farmer's Hall" on Hwy. #231, 1 mile west of Gimli. They are registered at Bed, Bath and Beyond and Sears. Monetary donations greatly appreciated. A fall wedding is planned. Love Always and Forever

ANNOUNCEMENTS

ANNIVERSARY



Allan and Dale Willis
50th Anniversary
1965 - June 5 - 2015

Good Family, Good Friends, Good Memories
Thanks to all so very much!



McSherry Auction Service Ltd
MOVING & ESTATE
Wed June 17 @ 4:00 pm
Stonewall, MB #12
Patterson Drive
Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items!
Stuart McSherry
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd
MOVING & ESTATE
Tues June 30 @ 4:00 pm
Stonewall, MB #12
Patterson Drive
Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items!
Stuart McSherry
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd
MOVING & ESTATE
Wed July 8 @ 4:00 pm
Stonewall, MB #12
Patterson Drive
Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items!
Stuart McSherry
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd
AUCTION SALE BETTY MCGRATH (LATE BOB)
Tuesday June 16 @ 4:00 pm
Elie, MB
Elie East 5 miles on Trans Hwy #1 then South 3 Miles on Hwy 332 at Dakota then 1 1/4 Miles West on RD 57
Contact: (204) 735-2488
69 Ford 250 Camper Special Solid Original, 93,700 miles * 41 JD H * 53 JD AR * 49 McCormick W4 * Some Equip * 94 Sokal BH 20' Flat Deck Trailer * 86 Prairie BH 16' Stock Trailer * Farm Misc * Tools * Antiques * Guns *
Stuart McSherry
Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd
AUCTION SALE ESTATE OF HARRY BEJZYK
Saturday June 13 10:00 am
Komarno, MB
Jct 229 & Hwy #7
South on 7, 1 1/4 Miles
Contact: (204) 886-3936
Ford NH S 110 MFWA Cab FEL 8249 Hrs * Deutz Dx110 Cab 540/1000 5872 hrs * Int 384 w FEL 1298 hrs * Farmall * Hesston 1265 hyd Swing Mower Cond* Hesston 565 T RD Baler * Highline 1400 Auto Bale Wagon * More Haying & Livestock Equip * 02 Dodge 2500 dsl 4x4 * 00 Dodge 3500 Leisure Travel Van, 197,000 km * Along with Yard * Quad * Farm Misc * Tools * Antiques *
Stuart McSherry Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

Do you have a suggestion for our news team?
Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.
Tribune Call 204-467-5836

McSherry Auction Service Ltd
ANTIQUE TRACTOR PLUS AUCTION SALE LAWRENCE GUDMUNDSON
Saturday June 20 @ 11:00 am
Arborg, MB
North 1 1/2 Miles on #326
BE on Time! No Small Items
Contact: (204) 376-2795
Plane & Truck 1946 Taylor Craft Model BC 12 D, Low Hours, Log Book * 75 GMC Camper Special 100,000 miles Sft * Over 20 Tractors JD 5020 * JD 2130 3PH w JD 146 FEL * 2) JD A 3PH * 2) JD 80 * 2) JD LA * 2) JD M * JD G * JD 4020 3000 Original Hours * JD 3020 * JD 316 R Mower * Ford N H 7740 MFWA FEL 5619 Hrs. * MF 90 FEL * Int B 275 3PH * Ford 8N * Ford 9N * 1930 Olive Hartpar * AC D17 2 PH *
Stuart McSherry Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune

ANNOUNCEMENTS

ANNIVERSARY



Bill and Pat Kotelko
Congratulations on your
60th Wedding Anniversary
on June 11th
-Love your family

ANNOUNCEMENTS

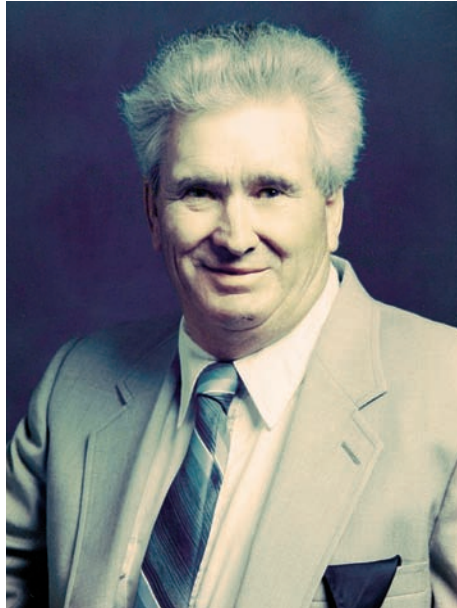
ANNIVERSARY



Happy 50th Wedding Anniversary
Allen and Betty Anne Semler
-Lots of love,
Laun and Ruth,
Bethany and Katie,
David and Wendy,
Nicholas and Robin

ANNOUNCEMENTS

IN MEMORIAM



In loving memory of
Leslie Wedge
Marcy 23, 1923 - June 9, 2005
We thought of you with love today,
But that is nothing new;
We thought about you yesterday,
And days before that too.
We think of you in silence,
We often speak your name;
All we have now are memories,
And your picture in a frame.
Your memory is our keepsake,
With which we'll never part;
God has you in His keeping,
We have you in our hearts.
A thousand times we cried,
If love alone could have saved you,
You never would have died.
In life we loved you dearly,
In death we love you still;
In our hearts you hold a place,
No one can ever fill.
It broke our hearts to lose you,
But you did not go alone;
For part of us went with you,
The day God called you home.
Author Unknown

-Forever in our hearts,
Iris, Les Jr., Linda, Darlene and Terry

ANNOUNCEMENTS

IN MEMORIAM



In loving memory of
Lorne Nichol
June 5, 2011
It's been four years
Those we love don't go away,
They walk beside us every day;
Unseen, unheard but always there,
Still loved, still missed and very dear.
-Love Roseann
and family

ANNOUNCEMENTS

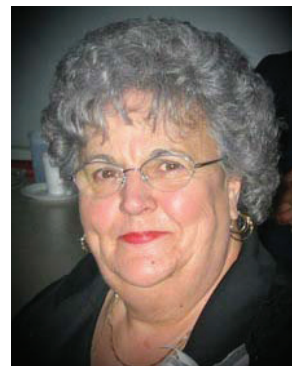
IN MEMORIAM



Leanne Linklater
July 29, 1954 - June 13, 2012
In loving memory of Lea, daughter, wife, moth-
er, grandmother, who left us on June 13, 2012.
Sadly missed by a huge family, so many friends
and colleagues at Rockwood Institute. This is
a smiling face none of us can forget.
Love you for always,
Love you forever.

OBITUARY

Geraldine Elizabeth Craig (nee Spicer)
April 23, 1939 - June 5, 2015



It is with deep sadness that we announce the peaceful passing of Gerry, surrounded by family, at Rosewood Lodge in Stonewall, Manitoba.

She will be greatly missed by her children Dean (Claudette), Cindy (Michael) and Joel (Kim); grandchildren Karli (Dave), Cash and Reilly; sister Marilynn (Herb) and many dear friends in the numerous communities she lived in throughout her 76 years.

Gerry was born and raised in Calgary and spent the last 35 years in Stonewall where she worked at Hallmark for 17 years before retiring in 2008. Gerry was known for her friendly demeanor and ability to make those she met feel welcome and at ease. She was a talented artist who expressed her creativity through painting, card making, and scrapbooking. Gerry enjoyed meet-

ing friends for coffee and accompanying her fellow Red Hatters on outings and was happiest when spending time with friends and family.

The family would like to extend our sincere appreciation to the staff at Rosewood Lodge for the comfort, care and compassion shown to Mom during her stay.

In lieu for flowers, donations may be made to Rosewood Lodge.

Memorial service will be held Friday, June 12, 11:00 a.m. at MacKenzie Funeral Home in Stonewall.
"When someone you love becomes a memory, the memory becomes a treasure."

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 •mack_home@mts.net



Everything you need to promote your business

- | | | |
|-----------|----------------------|-----------------|
| FLYERS | BUSINESS CARDS | LETTERHEAD |
| BROCHURES | STICKERS | ENVELOPES |
| | POST CARDS | INVOICES |
| | PRESENTATION FOLDERS | ESTIMATE SHEETS |
| | SIGNS | POSTERS |
| | SOCIAL TICKETS | MEMO PADS |
| | DOOR HANGERS | And MORE... |

467-5836



OPEN HOUSE

NEW SHOW HOME

Sat & Sun, June 13 & 14, 2 - 5PM
14 Prairie Gate South, Balmoral
Living Space: 2,644 sq ft (Main - 1,508; Bsmnt - 1,136)
4 Bedroom (2 up; 2 down)
Full Details: www.houseforsalebalmoral.com

small faces home construction Prairie Breeze ESTATES

Contact: Henry Vroom 204.295.2866 info@smallfaces.ca

urbanmine
Metal Recycling Redefined

ARE YOU AN URBANMINER?

Get The Top Tips
To maximize the value
of your scrap metal

GO TO:
www.AreYouAnUrbanminer.ca

Tip #6 can earn you 10%
more on your scrap!
Tip #9 helps you get more
value!

72 Rothwell Road
Winnipeg, MB

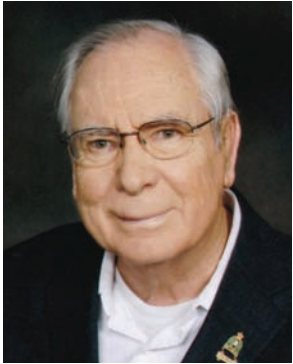
The trusted name in
metal recycling

Announcements

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

OBITUARY



Robert Fenwick Knickle
December 7th, 1931 – May 25th, 2015

With saddened hearts we announce the death of our loving grandpa, husband, and father, Robert Knickle. He retired to his heavenly home on May 25th, 2015, after fighting a courageous battle with multiple and complex illnesses at St. Boniface Hospital in Winnipeg.

In 2010 Robert and Elizabeth Knickle migrated from Hebb's Cross, Nova Scotia to Stonewall, Manitoba to be closer to family in their later years.

They were married for 57 years, and had the joy of raising five amazing children. These children multiplied and produced eight grandchildren and five great-grandchildren.

Dad was a humble, compassionate and gentle soul, devoted to his family and his God. His example of integrity was the trademark of his life.

Having grown up in Nova Scotia, Dad deeply loved the sea, and although he resettled several times out West, his heart was always anchored in the beaches and ocean of the East Coast.

Dad began his career with the R.C.M.P. in 1953, and retired in 1977 as Staff Sergeant in Selkirk, Manitoba. Although he excelled at his vocation, his occupation did not define him. Dad was much more than that.

One of the gifts that he left to his children was his love of music, all genres. He had a beautiful singing voice and often sung with groups, choirs, and did solos.

He also had an artistic bent, and could draw and paint. His daughter Chris, and several of the grandchildren have been blessed with his gift.

After his retirement in 1977 he had various jobs, as a guard with the Royal Canadian Mint, the Coast Guard, and also owner/operator of several driving schools. You could never have had a more patient or qualified instructor.

Even while working at a demanding job Dad made it a priority to volunteer his time for the church. He was a natural for a boy's Brigade leader, soloist, Board chair, and adult Sunday School teacher. His good character is his legacy.

He is survived by his beloved wife Elizabeth; his son Bob (Jacquie); daughters Christine (Mel), Julie (Rick), Cathy (Lou), and Marianne (Sakura). His grandchildren include Rebecca, Paige, Melissa, Nicola, Shaelah, Adrian, Cassie and Amanda.

Dad was predeceased by his brothers, Keith and Donnie; sister Joan and parents Fenwick Alonzo Knickle and Ethel Hope (nee Manthorne). His younger sister Margie, the remaining survivor of the Knickle family still resides in Bridgewater, Nova Scotia and will miss her big brother "Bobby."

Funeral services took place at New Life Church in Stonewall, MB on Saturday the 30th of May 2015, at 2:00 p.m.

In lieu of flowers, donations can be made to The Kidney Foundation of Manitoba.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mack_home@mts.net



OBITUARY



Faye Campbell

It is with great sadness that family announces the passing of their beloved mother and grandmother, Faye Elizabeth Campbell (nee Hill) on May 29th, 2015 at Stonewall Hospital at the age of 85.

Faye leaves to cherish her memory her sons Joel (Kelly) and Dean (Susan); grandchildren Erin, Brett and Penny (Mark); and sister-in-law Lorraine (Leigh) Archibald. She will also be missed by her many dear friends who meant the world to her.

In accordance with her wishes there will be no funeral, only a private family service.

We wish to express our thanks to her family doctor, Dr. Gill, and to Dr. J.D. Lezack who followed and treated her cancer for the past 25 years. Also sincere thanks to the paramedics for their kindness and care. We would like to thank the absolutely amazing nurses and support staff at the Stonewall Hospital who went

out of their way to make Faye's last days as comfortable as possible, especially Nicole, Stephanie, Kim and Melinda. Thank you to Dr. Venter for your knowledgeable and compassionate care. A heartfelt thanks to Teulon Home Care for the many professional and friendly faces that always brightened her days. And lastly a special thank you to Jean Campbell for always stopping by and brightening up Faye's day and to Norma Falyk for popping in to check on Faye several times a day and sharing many meals and cheerful conversations.

Donations gratefully accepted in lieu of flowers to Cancer Care Manitoba, The Salvation Army or The Children's Hospital.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mack_home@mts.net



Remember Your Loved Ones
with an Announcement in the
Tribune Stonewall Teulon

- BIRTHDAYS
- OBITUARIES
- ENGAGEMENTS
- NOTICES
- IN MEMORIAMS
- ANNIVERSARIES
- BIRTHS
- THANK YOUS
- MARRIAGES

Call 467-5836 or email igraphic@mts.net

Biz Cards

Call 467-5836 or
ads@stonewallteulontribune.ca

ROCKWOOD
MOTORSPORTS

PARTS & ACCESSORIES FOR:
• ATVs • SNOWMOBILES • DIRT BIKES

www.rockwoodmoto.com
467-9222
4 Granite Ave. Stonewall

Murray's
Painting & Decorating

Mark Murray

Bus. 204-467-5242

Proudly Serving Stonewall, Warren & Surrounding Areas

COUNTRY TOWING

CAA MPI

countrytowing@mymts.net 204-990-4718

GROSSE ISLE
AUTO, TRUCK & TRAILER SALES

- Custom orders of cars & trucks
- Dealer for Canadian made Oasis Trailers
- Flat Deck Trailers – Utility up to 45,000 lb capacity

Call Bernie 513-0055 • Jim 513-0555

Odd Fellows Hall

- Weddings • Socials • Showers • Meetings
- Capacity 220 persons • Kitchen available

374 1st St. West Stonewall
Del Phillips 204-791-0564
Hall 204-467-5556

CVT WELDING

CUSTOM WELDING MOBILE WELDING
METAL FABRICATION
STEEL / ALUMINIUM / STAINLESS

(204) 886-7312 Teulon, Manitoba
(204) 228-2139 cvtwelding@gmail.com

MAXWELL'S
PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL

Cell: (204) 792-0675 or (204) 467-5008
Email: maxpro@mts.net
Box 275, Stonewall, MB R0C 2Z0

Electro Wright
CONTRACTING INC.

Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net

24 HR Emergency Services
Electrical Contractors

stonewall chiropractic centre

Also: Acupuncture • Custom Orthotics • Massage Therapy

Billing to Autopac, Blue Cross, WCB

204-467-5523

Ralph Tanchak..Artist -murals

- commission paintings
- art instruction
- caricature parties

phone: 204-461-0160
Colour-Splash Artist Ralph Tanchak

FABRIC COVERED BUILDINGS

DURA DOME
INC

— Industrial • Ag • Residential —
204-292-8175 www.duradome.ca

GRANTHAM LAW OFFICES

Lawyer & Notary Public

STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

JTconcrete Services

Jim: 204-451-4998
jj.tyler@icloud.com

Your Stonewall Concrete Contractor

Specializing in: Garage Pads • Floors • Driveways • Exposed Sidewalks • Patios

Bobcat Services & Hourly
Rate available upon request
Over 30 Years Experience
All work done by qualified red seal journeyman cement finisher

J & L ELECTRONICS
jl-electronics.ca

- Control4 Home Automation • Lighting Control/LED Lighting
- Pre-Wire (New Home Construction) • Satellite
- Multi-room Audio • Outdoor A/V • Surveillance
- Custom Seating Solutions • Motorized Window Coverings

Lyle Holod / Joel Bouvier, Owners
Email: info@jl-electronics.ca

Call: 204-471-6666
Office: 204-467-8663
Toll Free: 1-877-767-6004

A King's Comfort
Infloor Heating
A DIVISION OF MELAINE SERVICES INC.

All infloor heating built and maintained for:
Residential, Industrial, Workshops

Darryl Harrison
Mobile: (204) 461-4216
Email: darryl@akingscomfort.com
website: www.akingscomfort.com

FREE Quotes

Big Cards *Get The Job Done!*
Call 204-467-5836

EDDIE'S GRAVEL SUPPLY LTD.
 Chem Free Topsoil
 Sand-Gravel-Stone
 Holding Tanks/Field Installs
Specializing in Asphalt Paving & Lakeshore Rehabilitation
 (204) 389-2023 Winnipeg Beach

Stonewall Glass
 Res. & Comm. Windows · Doors & Garage Doors
 Siding · Soffits · Fascia · Eavestroughs & Roofing
 Sealed Units · Mirror · Shelving & Glass
 2 Patterson Dr. 467-8929

PLUMBING
 Commercial & Residential
 New Installation & Service
 Plumbing & In-Floor Heating
 Water Softener Installations
 Water Filtration/
 Reverse Osmosis
RILEY PATTERSON
 Journeyman Plumber
Cell 204-461-0035

INSIDE-OUT HOME INSPECTION
 Rick Barten
 625 Boyd Ave
 Winnipeg, MB R2W 1R2
 204-981-9520
 insideouthome2015@gmail.com

FULLHOUSE MOVERS
 ALEX FOTTY
 HOME: 204-467-2419
 CELL: 204-461-2352
 NOTHING BEATS A
FULLHOUSE MOVE

BOONSTRA FARMS
 RV Sales
 204-941-0228
 204-467-8480 • www.boonstrafarms.com

Balmoral Hall
 Catering Available / Capacity 200
 Anniversaries • Family Birthdays
 Special Occasions
 Contact Brenda 467-2730

Vic's Autobody & Towing
CAA 24 Hr. Towing
204.886.2972

PRESSURE PRO WATER WELL SYSTEM SPECIALIST
 Pump & Well Repair
 Water Softener Installation
 Well Shocking
 Ph. 461-1162
 www.pressurepro.webs.com

ISAGENIX
 Weightloss • Energy & Performance • Healthy Aging
 Allana Sawatzky
 Independant Associate
 isaallana@hotmail.com • www.isaproduct.com

KEN'S CARPENTRY
 Smaller Buildings Cottages Decks
 Reasonable Prices 204-886-7467

WOODLANDS HVAC
 Heating Ventilation
 Air conditioning
 Commercial/Residential
 CURTIS OLIVER
 1.204.461.1678 • woodlandshvac@gmail.com

SHERLOCK TREE REMOVAL
 Pruning • Stump Grinding
 Fully Insured - Claim Free
 25 years Experience
 Vince 861-0487
 Darren 861-0028

Bill Klassen Auctions Ltd.
 www.billklassen.com
BUY & SELL THE AUCTION WAY!
CONTACT US TO BOOK YOUR AUCTION!
 Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

H.D. REPAIR & WELDING
 Heavy Duty Repairs
 Truck/Trailer Safeties
 CWB Welding
 Metal Fabrication
 Hydraulic Hoses
 Equipment Rentals
 Serving the Interlake since 2002
 369 Walker Ave (at Hwy 4) 482-3209

McLeod Mechanical Services
 Residential & Commercial
 • Plumbing
 • Heating
 • Gas Fitting
 • Air Conditioning
 • Backflow Testing & Installations
 Grosse Isle, MB 204-513-1154
 mcloedmechanicalservices@highspeedcrow.ca

Prairie Earthworks Ltd.
 Excavator & Dozer Services
 Screened Topsoil For Sale
 204 461-0815

Rockwood Landscaping & Tree Service
 *Complete Landscaping *Tree Planting
 *Barkman Concrete Products *24HR Storm Service
 *Concrete Breaking *Snow Removal
 *Aerial Tree Pruning & Removal *Skid-Steer
 *Chipping *Excavator
 *Stump Grinding *Compact Track Loader
 *Bucket Truck
 Manitoba Certified Arborist
 467-7646
 Free Estimates

WALSH ELECTRICAL SERVICES
 Residential & Commercial
 Service Upgrades
FREE ESTIMATES
 204-461-4217
 walshservices@gmail.com

Quick Stream
 WIRELESS INTERNET
 Hi-Speed Internet
 Broadband Residential
 and Commercial Connections
 www.quickstream.ca
 1-866-981-9769

Ritchie & Perron PLUMBING HEATING LTD.
 ritchie_perron@live.ca Red Seal Certified
 Stonewall, MB Certified gas fitter
 Residential/Commercial
 Ryan 230-4674 Trevor 232-6263

Sudden Impact Construction
 SINCE 1997
 • Concrete Pads • Framing • Roofing
 • Siding • Ag Buildings • Windows/Doors
 • Skid Steer Services • Post Hole Drilling
 • Custom Building - Homes, Decks, Garages
 ~ FREE ESTIMATES ~ FULLY INSURED
 TEULON, MB PH: 204-886-7743
 suddenimpact@highspeedcrow.ca
 www.suddenimpactconstruction.com

Heating & Cooling • Refrigeration
 REFRIGERATION • HEATING & COOLING
COMMERCIAL COMFORT INC.
 Residential & Commercial
 Owner: Jeff Meier
 461-HEAT (4328) commercialcomfort16@gmail.com

ALICE ROOFING LTD
 Complete Roofing Services
 • Residential • Agricultural
 Licensed and Insured
204-757-9092
 www.aliceroofing.ca

WAVEY CREEK EXCAVATING AND LANDSCAPING
 • General Excavating
 • General Landscaping
 • Waterfront/Restoration
 • Driveways
 • Deliveries/Haul Aways
 • Sod
SEPTIC HOLDING TANKS
 John 481-1039
 Free Estimates www.waveycreekexcavating.com

PERIMETER DRILLING LTD.
 *Water Wells *Pressure Systems
 *Repairs *Septic Systems
 Phone: 204.632.6426
 Email: pdl1@mymts.net
FREE CONSULTATIONS
 Servicing the Community for Five Generations

M. JONES CARPENTRY & CONSTRUCTION
 Roofing - shingling & metal roofing • Renovations & additions
 Custom - homes, garages, decks, barns & pole sheds
 Siding, soffit, fascia, cladding • 5" continuous eavestrough • Insurance repairs
 Garage floors, basement floors, shop floors, grade beams
BOBCAT & MINI EXCAVATOR SERVICES
 MYLES JONES 1-204-461-2538 Fax: 1-204-322-5717
 mjones_carpentryconstruction@hotmail.com

INTERLAKE EAVESTROUGHING & SIDING INC.
 Siding, Eavestroughing, Soffit,
 Fascia, Capping Windows
 Free Estimates • 781-0533
 www.interlakeinc.ca

You'll Be Glad You Called Sure-Clad
 for your
 siding • soffit • fascia • metal roof & wall sheets
 windows & capping • continuous eavestroughing
 roof top snow removal • spring gutter cleaning
 Call 204-467-5109 • 204-467-5749 • Cell 204-461-0860
 surecladconst@gmail.com

INTERLAKE TOWING
24 Hour Service
 CAA & MPIC Approved
204-278-3444