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# Stonewall Teulon Tribune

VOLUME 9 EDITION 21

THURSDAY,  
MAY 24, 2018

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TRIBUNE PHOTO BY JENNIFER MCFEE

Former Ecole Stonewall Centennial School students Carter Ives, left, Adam Stamler, middle, and Graeme Perrie returned for the sake of science.

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# Family holds memorial team roping fundraiser

## Rope for the Cure fundraiser taking place June 2

By Caitlyn Gowriluk

A Woodlands family is continuing the vision of their husband and father by hosting a fundraiser for the CancerCare Manitoba Foundation in his memory.

"My husband was an avid team roper," said Lori Tully, one of the organizers of the Rope for the Cure fundraiser in memory of her husband, Barrie Tully.

After her husband was diagnosed with colon cancer four years ago, Tully said he had the idea to put on a roping — a team event that features a steer and two mounted riders — to benefit the CancerCare Manitoba Foundation.

"Their medical staff is unbelievable," said Tully. "They were just unbelievably supportive to us."

Tully said they had been thinking about putting on the event for several years but only started planning it recently.

"We started really getting ready for it last year, but he passed away this



Barrie Tully

year in March," said Tully. "So with his family, neighbours and good buddies supporting us, Megan, our daughter, and I decided we'd go ahead and have the roping."

The event will feature 100 teams of ropers from across Western Canada competing against each other. It will also include a silent auction, a 50/50 draw and a pulled pork dinner. All proceeds raised will go to the CancerCare Manitoba Foundation.

Tully said they have already received an outpouring of support for the



TRIBUNE PHOTOS SUBMITTED

The CancerCare Manitoba Rope for the Cure team roping fundraiser will be held on June 2 in honour of Barrie Tully.

event and have already been able to donate over \$4,800 to the CancerCare Manitoba Foundation.

"It's unbelievable. Everybody we know, and people we don't know, have donated money," she said.

"He was really humble, he was really quiet, and he genuinely appreciated any support in any manner," said Tully. "[He was] dedicated to family and valued the friendships he made roping. That's pretty much Barrie."

The Rope for the Cure fundraiser

event will be held at Tully's arena, their family century farm in the RM of Woodlands on June 2. The farm is six miles west of Meadow Lee Hall on Road 227, then north on Road 18 West. From the west, turn at the junction of roads 430 and 227, then travel six miles east and turn north on Road 18 West.

The roping starts at 10 a.m. and the supper is at 5:30 p.m.

For more information, contact Lori Tully at [lbttully@mymts.net](mailto:lbttully@mymts.net).

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# Teen travel group Australia, Hawaii-bound in 2020

By Melissa McIvor

For nearly two decades, two Stonewall teachers have been chaperoning high school students around the world and plans are already well underway for two future trips abroad.

Stonewall Collegiate Institute (SCI) teachers Monica Conger-Morrison and Randy Gabel recently returned from their latest spring break trip to Europe, where they accompanied the Stonewall Community Teen Travel Group on a whirlwind exploration of Italy and Greece.

The 13-day tour began in Italy where the group travelled to Rome, Pompeii, Sorrento, Capri and Naples before moving on to Greece. There, they visited Athens, Delphi and were passengers on a cruise that took them to the Greek Islands of Crete, Mykonos, Patmos, Samos and Santorini. The group returned to Canada on April 3.

Conger-Morrison, who teaches French and Grade 10 geography, said Pompeii was a highlight for many students.

"You can actually see the ruts in the streets from the chariots. That's pretty cool," she said.

"Another neat thing about Pompeii is that it's not like some of the other

places where you go there and you see the Colosseum and it's the same as the last time you saw the Colosseum," said Gabel, who teaches Grade 9 math and Grade 10 pre-calculus.

"In Pompeii, they're always putting money into excavating so every time we've gone back there, it looks different. There's always a new thing to look at."

Some of the students' favourite memories were swimming in the Aegean Sea, a tour of an ancient aqueduct, eating gelato, a Capri cable car ride to stunning seaside vistas and friendships made with fellow travellers from Chicago and Rome, Georgia.

"They really liked everything they were doing," said Gabel, who particularly enjoyed visiting Samos, the birthplace of Pythagoras, the Greek philosopher and mathematician.

Conger-Morrison and Gabel have been supervising a travel group for Stonewall teens for 19 years but this is the first year that they have run the project as a community-based international travel group following the school division's decision to endorse educational travel only within Canada and continental United States.

"We're moving forward and con-



TRIBUNE PHOTO SUBMITTED

Members of the Stonewall Community Teen Travel Group visited Italy and Greece this spring break. An information session on the 2020 trip to Australia is being held at SCI on May 31.

tinuing to do it because we know what a wonderful experience it is for young people to leave their communities, see international places in the world and get a broader perspective of cultures and then come back and share that

with friends and family members," said Conger-Morrison.

"The support of the community has been unwavering," she added. "It's such a tradition that I think they ex-

Continued on page 10

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# Out-of-this-world experiment

By Jennifer McFee

A group of student researchers is reaching new heights with the results of their science experiment that returned from the International Space Station in September.

On Friday, May 18, Grade 9 students Graeme Perrie, Carter Ives and Adam Stamler returned to Ecole Stonewall Centennial School to take measurements and record data for their project.

During their time as students at the school, they participated in the extra-curricular Space Club organized by science teacher Maria Nickel. The trio participated in the classroom-based Tomatosphere program operated in Canada by Let's Talk Science, which allows students to expose one set of tomato seeds to space-like conditions while keeping another set of seeds as a control on Earth.

The young Stonewall scientists took their experiment one step further when they earned an opportunity to send a project to space through the Student Spaceflight Experiment Program. They decided to expose the Tomatosphere seeds to space conditions for a second time aboard Mission 11, which launched on Aug. 14, 2017, from the Kennedy Space Center in Florida. The flight went to the International Space Station and returned to Earth on Sept. 17, 2017.

Their experiment made history, since it was the first time ever that the Canadian Space Agency, University of Guelph and the Tomatosphere Program has sent the same batch of seeds to space two times.

After those seeds returned to Earth, the teens planted them alongside a control set of seeds that has remained on Earth. Each set contained 15 seeds that they planted and tended.

Even at a glance, there is a clear difference in the growth. To start, nine out of 15 of the space seeds grew into tomato plants, while only six out of 15 ground seeds grew.



Carter Ives measures a stem.



Graeme Perrie uses a microscope to look at the composition of the leaves.

Of those plants, the ones that stem from space seeds are taller, the leaves are wider and the stems have a larger diameter. They seem to be flourishing more than the plants from the ground seeds.

Using a microscope, the students also looked at the composition of



TRIBUNE PHOTOS BY JENNIFER MCFEE

Carter Ives, Adam Stamler and Graeme Perrie, along with teacher Maria Nickel, prepare the plants to be moved and tended during the summer.



On the left, tomato plants grow from seeds that went into space two times. On the right, tomato plants grow from seeds that have never left the Earth.

leaves from each set of plants. In the leaves from the space plants, the cells seem more densely packed than the leaves from the ground plants.

The group discussed how the lack of gravity might somehow be impacting the space seeds.

For Adam Stamler, he went into the experiment with an open mind.

"I kind of walked into this not really having any expectations because I didn't want to be disappointed," he said. "I'm happy with the results, no doubt."

The group then prepared to transplant the seeds for the summer. Along with Nickel, they will plant them at home to care for over the summer months and to keep a close eye on the differences between the two groups.

Nickel said that perhaps the project could inspire an additional level for the Tomatosphere program, allowing older students to send tomato seeds up to space twice and compare the results.

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# School board votes to reduce trustees from nine to seven

**Staff**

Centennial Space Club members shared updates of their most recent activities with school board trustees at the Interlake School Division regular meeting on May 14.

This year's group is building one of the instruments for a satellite that will be going into space. The purpose is to study meteorites that have hit the Earth. These meteorites will be sent back into space to see if there are any differences in weathering or colour and to see if there are implications for how the universe was formed and how things change over time. The Centennial students will be building a component of a sundial called a gnomon.

At the same meeting, Janine Ducharme approached the board as a delegation to request school bus pickup for her nine-year-old son, who lives out of the catchment area. Ducharme's property is located on both the RM of Woodlands and RM of St. Laurent land with her driveway located 0.75 kilometres on the St. Laurent side.

Ducharme currently drives her son three kilometres to catch the bus. The board will discuss the matter.

**First reading of Bylaw 2-2018**

The Interlake School Division considered its options to meet the provincial government's mandated reduction of expenses related to school division administration.

They opted to vote on Option 2, which would reduce the number of trustees to seven by reducing Ward 3 (Teulon) to one trustee and eliminating the Ward 4 (Argyle/Balmoral) po-

sition. Ward 4 will be added to Ward 6 (Stonewall).

The school board passed first reading of the bylaw for Option 2 at last week's school board meeting, with trustees Dave Harcus and Sally Cook attending the meeting via speaker-phone.

Trustees in favour of motion were Allan Campbell, Darci Loehmer, John Hueging, Cindy Brad and Dave Harcus. Trustees opposed were Fran Frederickson, Sandra Wiebe, Sally Cook and Sharon Baker.

Second and third readings will be voted on at the next two meetings.

**Travel request**

Teulon Collegiate requested approval in principle to take a group of students on an educational language and culture trip to Quebec City from May 18 to 22, 2019.

Of the seven trustees that voted, Fran Frederickson was the only one opposed. The trustees in favour were Campbell, Loehmer, Hueging, Brad, Wiebe and Baker.

**New principal appointed**

The board of trustees appointed Balmoral's principal Dawn Fenske to be Stony Mountain School's principal effective Sept. 4, 2018.

**Upcoming projects**

Balmoral School — paint the outside of the school and install a new security camera system for the front door, along with a new closed circuit camera for the playground area.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ecole Centennial School Space Club members (left to right) Eve Lawrence, Emma Watts and Reid Border attended the regular ISD board of trustees meeting on May 14.

Brant-Argyle School — add a new washrooms in the basement of the school.

Grosse Isle School — purchase a new storage shed and moved it onto the school grounds.

Rosser School — upgrade the outdoor classroom, install new flooring in the washroom and replace some blinds in the school.

Ecole Stonewall Centennial School — install new lockers, undertake some repairs to the playground structure and replace the fire alarm panel.

Stonewall Collegiate — consider replacing the dust collector and a few windows in the courtyard/square area.

Stony Mountain School — install a full camera system, upgrade storage and install new carpeting in the kindergarten room.

Teulon Elementary — repair the boiler and foundation repairs, install new blinds in some areas of the school.

Warren Elementary School — upgrade the new garden area along with construction of a new playground structure being installed by the parent advisory council.

Warren Collegiate — revitalize the running track along with storage to accommodate the bike program in the school.

## Fundraising underway for Cheadle family

**Staff**

A fundraising walk will be held for the Cheadle family on Thursday, May 24 and pledge forms will be available at the front office of Teulon Collegiate Institute.

The suggested minimum donation is \$5 per family. A hotdog sale will be

held at lunch after the walk.

Teulon Collegiate Institute is also collecting perishable and non-perishable food items for the Cheadle family. Money and gift cards would also be gratefully accepted. Donations can be dropped off at the front office.

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# get heard

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall-Rockwood fire department was busy fighting a fire at the waste transfer site south of Stonewall on May 15. Strong south winds and extremely dry conditions helped the fires spread quickly.

## letter to the editor

Letters to the Editor:

[letters@expressweeklynews.ca](mailto:letters@expressweeklynews.ca)

### Government makes amendments to Bill 19

I would like to take this opportunity to thank each of you for your presentation during the Committee hearing for Bill 19, The Planning Amendment Act. Many individuals put forward presentations to share their viewpoints on the legislation. I would like to extend my thanks to everyone who presented at Committee, both with oral presentations and written submissions, for participating in an important legislative process. Our government believes strongly that the feedback of citizens is a valuable and important part of the democratic

process.

In light of the concerns that were raised at Committee, I want to inform you that our government has put forward, and passed, an amendment to Bill 19 to ensure the current process for publishing local notices remains unchanged. While our government remains committed to "Fair Say" for municipalities, we value the important feedback provided to the Committee regarding Bill 19. I believe the amendment strikes an appropriate balance between our commitment to "Fair Say" and the concerns raised by

presenters.

I look forward to working with both the Manitoba Community Newspaper Association and the Association of Manitoba Municipalities to explore innovative strategies to enhance communication with Manitobans while continuing to respect the right of municipalities to determine how best to connect with their residents.

I would like to thank you again for your contributions to the legislative process.

Jeff Wharton

Minister of Municipal Relations

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# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

## 74th anniversary of the Deportation of the Crimean Tatars

By James Bezan

James Bezan, Member of Parliament for Selkirk-Interlake-Eastman and Shadow Minister of National Defence, released

the following statement regarding the 74th anniversary of the deportation of the Crimean Tatars:

"May 18 is a tragic day for all Crimean Tatar families. Seventy-four years ago today, over 200,000 innocent people — the entire Crimean Tatar nation — were forcibly deported from their homes in Crimea to Central Asia and Siberia. Orchestrated by Joseph Stalin, this horrific act of genocide deprived the Crimean Tatars of their homeland, and sent them into exile for decades.

"Intentionally left without food, water or shelter by the Soviets, thousands perished due to severe malnutrition, disease and lack of medical assistance. The brutal Soviet regime banned survivors from speaking their language and passing their culture to their children. Despite this brutal oppression, the Crimean Tatars persevered in exile and resisted the Soviet regime long enough to see

a return to Crimea, welcomed back by newly independent Ukraine.

"But once again, the Crimean Tatars face peril in their homeland. Today, the indigenous people of Crimea, together with Ukrainians and other ethnic groups face persecution and repression at the hands of Crimea's illegal Russian occupiers. The Putin regime's illegal annexation of the Crimean peninsula in 2014 again presents a dire threat to the survival of the Crimean Tatars, who are once again denied their human rights and are targeted for their culture, religion and language.

"Canada's Conservatives have always supported the Crimean Tatar people, as part of our principled stand in support of Ukraine. In 2016, Conservative M.P. Kerry Diotte introduced Bill C-306, which would have recognized the Crimean Tatar deportations as genocide. Sadly, the Trudeau Liberal government op-



MP Selkirk-Interlake-Eastman James Bezan

posed recognizing the facts of this brutal chapter of history and voted against the bill.

"On behalf of the Official Opposition and Canada's Conservatives, we stand united with Crimean Tatars against Russia's persecution and illegal occupation. We remember alongside Crimean Tatars the survivors and descendants of those who were deported in 1944. We will never forget the victims of this horrible act of genocide. May their memory be eternal."

## Summer intern



PHOTO SUBMITTED

Caitlyn Gowriluk is a Creative Communications student at Red River College, where she studies and has experience in journalism and photography. She will graduate with a Creative Communications diploma with a focus in journalism in 2019. She has also taken courses in politics, ethics and culture at the University of Winnipeg, and will receive her degree in communications in 2019. Her work has appeared in The Projector and The Uniter. Caitlyn is a dedicated, conscientious reporter with experience telling human-focused stories that matter to readers. She lives in Winnipeg.

## Love Stonewall event set for June 2

By Jennifer McFee

The fifth annual Love Stonewall event is coming soon and it's an ideal way to show your appreciation for your town and your neighbours.

Andrew Dyck, associate pastor at New Life Church, is looking forward to this year's event, which is scheduled for Saturday, June 2.

"It's kind of hard to believe that it's already been five years since we started this event. Lots of stuff is going to be similar to years gone by," he said.

"Our volunteers come from all the different churches here in Stonewall. We're going to be doing some different cleanup projects, such as cleaning along the highway."

The volunteers will also tackle various painting projects for the Town of Stonewall.

"Weather permitting, we'll be able to paint a few public places around town or stain picnic tables or benches or steps by the arena," Dyck said.

"Then we'll also be transplanting some trees to a few different places. We're excited to pitch in to help the

town out on that morning."

Everyone can also take advantage of three free giveaways designed to bolster community spirit.

"We are going to have a free carwash, which we've had in years gone by. That will be much the same. The free carwash will be in the parking lot of Southside Service at the south end of Main Street. So people can swing by and we'll soap up and wash off the cars that come there," Dyck said.

New for this year, community members can also pick up a free tree to take home.

"We were trying to think of things that we could continue to add to the event, so we had this idea of 'Love Stonewall, plant a tree,'" Dyck said.

"We've got about 100 little saplings that we're going to be giving out. We're hoping to give them all away. We're going to set up a table to hand those out in front of the old post office building at Centre and Main."

The free carwash and the free tree giveaway will both take place from 9:30 a.m. to noon.

And this year, people can also come out and enjoy a free pulled pork lunch from 11 a.m. to 1 p.m. in front of Co-operators Insurance at the corner of Centre Avenue and Main Street.

"In the previous four years, we have done a hotdog giveaway. This year, we're switching it up a little bit and we're going to have a free pulled pork lunch," Dyck said. "We've made arrangements to get some pulled pork from Danny's Whole Hog."

For anyone who would like to volunteer for Love Stonewall, all they have to do is show up at the event headquarters at YFC Drop-In Centre (311 1st St. East) at 9 a.m. to sign up for a project.

"We encourage anyone who wants to help out can just show up at the YFC at 9 a.m. or even after. We've got a registration there where volunteers can sign up for any one of these projects that has room available that they want to help out with," Dyck said.

"Then we send them out in the com-



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Gotta love the catfish fight

Hi gang.

Things were bright and chipper in the early morning sun last Thursday as I idled slowly through the winding gravel lanes of Victoria Beach toward the harbour.

I passed folks spring cleaning their cottages while other owners aided by what looked like friends and relatives were hastily building decks onto their summer homes. It got cooler once on the pier. The wind swept against me as I pressed forward to two fellows just as the angler's line snapped down. I stopped and watched as a peculiar thing took place.

The bay was full of drifting "mini icebergs" and the angler's tight line, now moving haphazardly about because of the caught fish, got tangled on one of the "bergs." Thinking quickly, our fisher walked down the pier causing the line to turn the little iceberg freeing his line. He reeled in and was rewarded with a nice eating-sized pickerel.

As the kindly fellow knelt, unhooking his fish, his younger companion walked up saying, "That's my dad, Fuliang Jhou from China, here for a visit, I'm Frank."

While shaking hands, I asked him what his dad thought of Canada, to which Fuliang interjected in broken English, "Cold."

It was such a pleasure getting back to Norris Lake for the first day of the

May long weekend. The place was filled with all manner of camping rigs. The smoky tantalizing hint of barbecuing, the laughter of kids running around and the sounds of music through my downturned driver window lifted my spirits. Camped by the sun-bathed, deep blue-emerald water, a large group of young people hung by a park table filled with food and drinks.

I parked on the grass and called out, "Did any of you guys catch a fish?"

"I did," a young gal shouted back. "I caught a jack and two others right off the pier," she offered.

"Who are you?" I asked, leaving my car and turning on my recorder.

"I'm Abby Heathcote from Gimli," she said.

Off to my left, a young, energetic, tall, slim guy with short curly brown hair called out introducing himself as Cole Rempel. He went on describing a time when boat fishing by Lac du Bonnet he caught a three-foot sturgeon. The minute it struck, it erupted from the water. Cole was instantly excited. He braced his legs against the side of the boat and prepared himself for a hard prolonged fight as the fish started to run. He tightened his drag but the feisty fish pulled so hard the drag kept slipping.

So it began. The fish would run and then go for the bottom and lay like

a log. It was a hazy, windy day with choppy waves and a fast current. It took an hour but finally Cole hauled the sturgeon to the side of the boat but just as he was about to land it for pictures, the reel on his rod broke free of his rod. The fish seemed momentarily dormant so he quickly put a pair of Kevlar gloves on, grabbed the line and pulled the fish close enough to the boat to gill lift it up. That was a good catch, my friend!

Last Saturday was sunny, warm and windy on the Lockport pier. Walking to the end, I could see a very tall, wirey chap gripping a 14-foot-long rod with its handle anchored in his midriff and the stretched line disappearing into the Red River's depths.

I sat down on the concrete abutment with a group who had formed a kind of spectators' gallery. I casually turned to a girl beside me and asked if she knew who the labouring angler was.

"That's my boyfriend," she said, "I'm Nicole Marques and that's Phillip Selgheiras from Winnipeg."

"Don't give up," I yelled over to him. "My arms are killing me," he called back. "It's a big cat."

Anyone of us could have gotten up and helped Phil but because it was such a beautiful morning, not to mention that we spectators were a bunch of lazy sots, we just sat there for a least an hour until poor Phil's line snapped.



TRIBUNE PHOTO BY ARNIE WEIDL  
Nicole Marques with her catch from the Red River at Lockport

"Aw," everybody echoed. Just then, Nicole's rod, jammed into the guard-rail, got a strike. "Get on up there," all of us shouted. Nicole started hauling and reeling in as Phil took her seat. This cat seemed smaller and in time she had it close to the harbour side.

An angler who had been fishing close to them, Cameron Skroopka, took his net, jumped over the guard-rail and, lying on his bell, scooped up Nicole's fish. I took a picture of her with her prize, and when she looked to Phil to help, put it back in the water he exclaimed, "Honey, ask somebody else. I'm beat."

See you next week. Bye.

## > LOVE STONEWALL, FROM PG. 7

munity to do the project they sign up for. The churches are mainly involved, but we really do want any volunteers to come and help out if they would like to. So if other people would like to pitch in and help out around the town or help hand out free stuff, the more

the merrier."

Last year was a high point for volunteers with 125 people lending a hand.

"The more people we have, the more we're able to accomplish and help the town out. We also have a lot of young families at our church and we want to

make sure there's enough projects here so they can totally serve together as a family. It'll be good for kids to be involved here too," Dyck said.

"I would encourage people to dress in work clothes that they can do the work in. Other than that, we're just in-

viting people to come."

Extending the focus, Dyck hopes to see community-appreciation initiatives taking place beyond the town of Stonewall.

"We know for sure there are going to be a few projects in Teulon because they're doing a Love Teulon event the same day," he said.

"We are also hopeful that we'll be doing one or two projects in Stony Mountain as well. Part of the desire is that we use Stonewall as our launching point but there are a lot of other people that we're connected with as a church whose communities are elsewhere. So we'd like to see the projects go into these other towns too."



Take care of details so they don't have to. *Just ask Ken.*

*kl*

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Every last Saturday of the month. See you May 26!  
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# Hydro to penalize those setting fires and damaging hydro poles

By Patricia Barrett

Manitoba Hydro says it will penalize anyone who sets a grass fire and causes damage to hydro poles.

Drought-like conditions across the province have led to numerous grass fires that have damaged and destroyed personal property and hydro poles and caused the deaths of animals and two people. Burn bans have been implemented across southern Manitoba, including the Interlake.

A grass fire along a stretch of Highway 68 between Poplarfield and Eriksdale licked its way up several hydro poles, leaving them scorched but still standing. It's unclear whether the fire was deliberately set or caused by a spark from an all-terrain vehicle or by a cigarette butt flung from a passing vehicle.

"If we know who set the fire, they are liable. We're becoming a lot more aggressive in finding out who has caused

damage to our equipment," said media relations officer Bruce Owen. "At this time of year particularly, with it being as dry as it is, we've had a number of incidents where deliberately set grass fires have gotten out of control and burned down our poles and caused unnecessary outages."

Grass fires in the Interlake have burnt down two residences, a barn in Eriksdale and threatened a farm residence bordering the Gimli Industrial Park earlier this month.

The RM of Gimli advised residents and visitors that a burn ban is still in effect despite May long weekend celebrations. It includes a ban on fires in enclosed pits and fireworks. The RM advised people to call 911 if they saw someone having a fire or shooting off fireworks.

A grass fire that got out of control south of Portage la Prairie burnt hydro poles right through and they collapsed, said Owen. And a fire at Delta Marsh last week damaged six poles and knocked out power to hun-

dreds of customers. Fire can also put human lives at risk.

"Not only is this a cause of damage to our infrastructure but a huge human safety risk," he said, referring to the deaths of two Winnipeg men caught in a grass fire.

Residents can help Hydro identify fire-damaged poles that are still standing — and which don't pose an obvious risk to personal safety — as the utility may not become aware of them straight away if no outages have occurred.

"If you look at the pole closely, it's got an identifying badge on it and a barcode," said Owen. "If you take a picture of the burnt pole with that identifying number, we know exactly where that pole is."

Hydro's website says people can call 911 about damaged poles and warns them about risks to personal safety. People can also report a damaged pole to Manitoba Hydro by calling 204-480-5900 in Winnipeg or 1-888-624-9376 outside Winnipeg.



TRIBUNE PHOTO BY PATRICIA BARRETT

The outcome of a grass fire, seen along Highway 68 between Poplarfield and Eriksdale in April, scorched a number of hydro poles.



TRIBUNE PHOTO COURTESY OF MANITOBA HYDRO FACEBOOK

A grass fire at Delta Marsh along the southern shore of Lake Manitoba damaged six hydro poles last week and disrupted service to 217 customers.

## Stonewall council news

By Jennifer McFee

At a special meeting on May 16, Stonewall council passed first reading of a fire prevention and burning bylaw.

The town doesn't currently have a burning bylaw, so this will allow for enforcement during periods of burn-

ing bans.

In preparation for the future, council also discussed the town's strategic plan.

At an upcoming meeting, Stonewall council will give second reading to the cannabis zoning bylaw with a minor amendment.



Manitoba Electoral Divisions  
BOUNDARIES COMMISSION

### See the new electoral map proposed for Manitoba

Every 10 years, Manitoba's provincial electoral boundaries are reviewed. This ensures effective representation for all Manitobans.

The Electoral Divisions Boundaries Commission has released its interim report on the proposed electoral division boundaries and names.

Visit the Commission website to read the report and see the maps.

The Commission welcomes public submissions on the proposed electoral division boundaries and names.



• Register online to present at a public hearing in September 2018.



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• Submissions on proposed boundaries will be accepted until October 1, 2018.

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The Manitoba Electoral Divisions Commission is non-partisan and independent in its actions. Membership of the Commission and the process for review are set out in *The Electoral Divisions Act*.



# Free farm safety and health seminar offered in Stonewall

By Melissa McIvor

During the month of June, the Manitoba Farm Safety Program (FSP) is holding free seminars on Intro to Workplace Safety and Health Legislation for Farmers in eight locations across rural Manitoba.

The full-day seminar in Stonewall on June 7 seeks to educate farmers on how Workplace Safety and Health (WSH) legislation applies to farms of all types and all sizes. Attendees will learn about required safety documentation and record keeping, worker rights and responsibilities, FSP resources for farmers, as well as the role of WSH officers and the consequences of not meeting the legislation guidelines.

Renée Simcoe, Farm Safety outreach co-ordinator for the Manitoba FSP, explained that the seminar is a free FSP service offered by farmers, for farmers.

"All of our materials, resources and our strategic plan is directed by a council made up of farmers," said Simcoe. "Everything we do gets passed and approved by them."

FSP was established in 2016 and is administered by Keystone Agricultural Producers.

"Our mandate is to provide safety resource support to Manitoba farms of all sizes," Simcoe explained. "We want to be able to educate farmers on their responsibilities in terms of safe-

ty and how WSH legislation applies to their business. The message is that the legislation applies to every farm, just in varying degrees based on size and number of employees, etc."

Simcoe stressed that confidentiality is another key component to the services offered by the FSP.

"We are providing this service for free but we are not reporting any statistics or numbers to anybody."

The seminar will be delivered by Farm Safety consultant Morag Marjerison, a former WSH officer who now offers on-farm consultations.

"She works as a consultant for us and it's so important that farmers realize that she knows exactly what WSH officers are looking for because she used to be one," said Simcoe.

"Morag is also a farmer herself and has been farming for well over 20 years," she added. "She's specific to agriculture. She has an expertise that goes beyond knowing safety. She knows farming."

Simcoe believes that attendees will benefit from Marjerison's wealth of knowledge around WSH legislation, including the consequences of non-compliance.

"At any time, a WSH officer does have the legal ability to come on your property. If you have any workers, you have to have certain things in place for them. You have to have trained them. Even if it's as simple as somebody

who works for you part-time or in the summer for a few weeks; if they're going to be driving the tractor or using any of your equipment at all, there's got to be documentation that that worker was trained, understood the working conditions and understood the machine and how it worked," she said.

"If there isn't, there will a consequence to that. Sometimes it's going to be as simple as sitting down and training them for 20 minutes and having that person sign off and say they understood it and the day the training took place.

"Stop-work orders are probably the scariest in terms of farming, especially during the peak times during harvest. The message is that having your safety documentation and procedures in place, and having safe practices can save you money and time lost if you have to stop working."

These introductory FSP seminars in June will likely be the first of many others.

"We're going to do as many of these as we feel are necessary to educate as many farmers as possible. Once we feel that there's been a good enough understanding of the content, we will be offering the next level, hopefully in the fall or next spring," Simcoe said.

"We just want to get the information out there and we want farmers to know that it is accessible and ap-



The Manitoba Farm Safety Program is offering a free seminar on Intro to Workplace Safety and Health Legislation for Farmers in Stonewall on June 7.

plicable to every farmer. Whether you have one employee, no employees or 20 employees, this information is valuable and to a certain degree it applies to every farm."

The deadline to register for the Stonewall seminar is May 31. The seminar will be held at the Stonewall Agricultural Grounds (Red Barn) and lunch is provided.

For the full seminar agenda, visit [www.manitobafarmsafety.ca/training-events](http://www.manitobafarmsafety.ca/training-events). To register, visit [www.manitobafarmsafety.ca](http://www.manitobafarmsafety.ca) or call 204-697-1140.

## > TRAVEL GROUP, FROM PG. 3

pect it."

The travel group's new community-based arrangement also creates new opportunities for potential travellers.

"We're opening the group to the youth of the community. Now we have more flexibility in deciding that it's not only open to students from

Grade 9 to 12; it could be youth from 14 to 19 years old," said Conger-Morrison.

"The community really supports it and wants it for their children, and as a parent in the community, I support

it and want my own children to participate in that.

"Kids gain confidence to travel in a chaperoned group and learn the different logistics of passports and manoeuvring through subways, airports, hotels, excursions and cities.

"We've had many students come back and say 'I've gone here and here and I was a nanny or an au pair,' and 'My friends and I booked our trip to go here all together.' It's really rewarding to hear that they're still travelling."


Conger-Morrison and Gabel plan each international trip well in advance. Twenty-two students from Stonewall are already registered for the 2019 trip to Scandinavia. The 12-day tour will bring teens to Denmark, Norway, Sweden, Finland and Estonia. The destination for 2020 is Australia, New Zealand and Hawaii.

"Back by popular demand!" Gabel said with a laugh.

The first parent-traveller information session for the 2020 trip will be May 31 at 7 p.m. in the SCI Music Room.

Attendees can expect to learn more about the tour destinations, as well as the cost and registration process.

South West District Palliative Care  
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# Physiotherapist gives free seminar on pelvic floor health

## Focusing on medications and vaccinations seminar on June 5

By Caitlyn Gowriluk

One of the most important things a woman can do to maintain a healthy pelvic floor is regular kegel exercises, said physiotherapist Leslie Roer.

Approximately 25 women gathered inside Warren Memorial Hall on May 15 for a monthly wellness seminar sponsored by the RM of Woodlands Community Development Committee's health subcommittee.

"Think of trying to pull a ping-pong ball into your vagina," said Roer to ensuring laughter from the crowd.

Roer, who specializes in pelvic floor health, said that while kegels — an internal exercise that consists of repeatedly contracting and relaxing the pelvic floor muscles — have become more popular in recent years, most of her patients who think they're doing them often enough are actually doing them incorrectly. Roer said she isn't shy about using metaphors to get the point across.

"Often, it gets them to do that visualization, and it works," said Roer, who practises out of inMotion Network Physiotherapy Clinics in Stonewall, Creekside and Sage Creek.

"Are we all ping-pong balling right now?" she asked the crowd.

While Roer uses humour to address a potentially uncomfortable topic, she said conversations about pelvic floor health issues — like prolapse, incontinence, pelvic pain, endometriosis and pain with intercourse — are important for women of all ages.

"There are so many women out there who have these issues," said

Roer. "A lot of women will either think it's normal or just don't want to bring it up or talk to the doctors or anything about it."

It can be especially important for new mothers and menopausal women to pay attention to their pelvic floor health because existing pelvic issues often get worse after birth and menopause, said Roer.

While Roer said being proactive about pelvic health — she suggests doing 10 sets of 10 kegels every day — is the best way to avoid pelvic problems, she also said pelvic floor physiotherapy can work for anyone.

"It doesn't matter at what stage you come in to get treated," said Roer. "It can still make a difference. It can still help."

The seminar was part of an ongoing series of free monthly talks that began last June. The committee started the seminars to address what they saw as a lack of information about healthcare among people living in the RM of Woodlands.

"It's just [about] promoting community health," said Nirdosh Ganske, one of the health subcommittee's seven members. "We try and develop a culture of sharing: sharing information, sharing experiences."

"We hope that we can change somebody's lifestyle a little bit," said Fran Lindell, another member of the subcommittee.

The next seminar, focusing on medications and vaccinations, will be at Warren Memorial Hall at 7 p.m. on June 5.



TRIBUNE PHOTO BY CAITLYN GOWRILUK

Fran Lindell (left), Lori Anne Lobb (centre) and Nirdosh Ganske of the RM of Woodlands Community Development Corporation's health subcommittee at the pelvic floor health seminar at Warren Memorial Hall on May 15.



Leslie Roer, a physiotherapist specializing in pelvic floor health, gave the presentation.

# New programs and services offered for veterans

Submitted by Veterans Affairs Canada

Looking for a new career? Interested in career guidance? Need help getting on the right path for your post-military life? Check out our new and enhanced benefits and services for veterans. From education and training to well-being and financial support, Veterans Affairs Canada has you covered.

Do your career goals mean more education? The Education and Training Benefit can provide the funding you need to achieve your education and career goals. If you released since

April 1, 2006, and served at least six years, you may be eligible for this benefit. Whether you are furthering your education journey or beginning a new one, this is the place to start!

A meaningful career is an important part of your well-being. The Career Transition Services program has been redesigned to support you the whole way: from career counselling and coaching, job search and resume building, all the way to interview preparation and job placement assistance.

Are you a veteran of the Canadian

Armed Forces who has medically-released within the last 120 days? Or do you have a health problem resulting from your military service that is making it difficult for you to adjust? You may qualify for rehabilitation services. Our purpose is to ensure that you improve your health to the fullest extent possible and adjust to life at home, in your community or at work.

And access to the Veteran Family Program is now available across all Military Family Resource Centres.

We have also introduced the Caregiver Recognition Benefit, which pro-

vides a caregiver \$1,000 a month tax-free.

Applying for these benefits is easy. You can do it in just a few steps. Do you have a My VAC account? If not, you can register for one anytime.

You served your country with honour and are ready for what's next. Our mission, at Veterans Affairs Canada, is to support you and your family through the next phase of your life.

To learn more about these programs and how they may help you or your family, please visit veterans.gc.ca.



# RCMP remind motorists to drive with caution

## Submitted

On Feb. 14 just before 5:30 p.m., Const. Adam Reid of the Minnedosa RCMP was driving southbound on Highway 10 when he noticed that road conditions were starting to deteriorate and roads were becoming icy.

"As we rounded the second bend south of town, I observed snow kick up from the shoulder of the northbound lane," said Reid. "Then, all of a sudden, a vehicle was in my lane. I was on the brakes immediately and was able to slow down significantly. The northbound vehicle struck the car right in front of me and started to roll. It came right toward the police car and it hit us. Both my partner and I watched it unfold in slow motion."

Reid and his partner exited the police car and rushed to offer assistance to the occupants of the five other vehicles involved in the collision. Help was on the way — more police officers, Emergency Medical Services and the fire department.

"Three people died that night," said Reid. "When I got out of the car, the first person I checked on was deceased. It all happened so quickly. As

a police officer, I've responded to serious collisions and I'm trained for that. I'm prepared for that, but this time, I was a part of it. That bend in the road changed my life."

For Reid, the experience of this collision really brought home the idea of always being mindful of the other vehicles on the road and your own reaction time.

"I was able to react and hit the brakes," he said. "My story would be a lot different if I hadn't reacted when I did."

Reid is sharing his story today because it is important that drivers realize the messages the police put out and the statistics the public is bombarded with regarding collisions apply to them. It takes one second for everything to change, for lives to be lost. Be mindful. Slow down. Buckle up. Drive sober for everyone's sake.

This year, 31 people have died in collisions in RCMP jurisdiction. Last year at this time, there were 12 fatalities and the five-year average (2013-2017) is 16 deaths. During May long weekend of 2017, two people died and seven others were hospitalized due to

serious injuries. All nine of those people were killed or injured by an impaired driver. Three out of those nine people were not wearing a seatbelt.

These numbers and Reid's story are not being shared to scare anyone. They are being shared to make everyone aware. There will be enhanced enforcement over the May long weekend in an attempt to catch high-risk drivers before we lose another life.

## Statistics

- In the past five years, 438 people have died in traffic collisions in rural Manitoba.

- The leading contributing factors to traffic-related deaths in rural Manitoba include: failing to use seatbelts, speed and impaired driving.

- On average, 35 people are killed each year in rural Manitoba as a result of impaired driving.

- In 2017, Manitoba RCMP charged more than 1,400 people with Impaired Driving under the Criminal Code.

- Speed contributes to 50 per cent of all road fatalities in rural Manitoba

- 1 in 5 road fatalities occurs at an intersection.



TRIBUNE PHOTO SUBMITTED

Const. Adam Reid shared his story with the media on Friday, May 18, in hopes that it would help save lives in the future.

- 73 per cent of vehicle occupants killed in traffic collisions in rural Manitoba were unbelted.

- Driver distraction in all forms contributes to approximately 15 per cent or road fatalities in Manitoba.

## Supporting students



TRIBUNE PHOTO BY JO-ANNE PROCTER

Pizza Den owner Robert Magnifico teamed up with Ecole Bobby Bend School's Parent Advisory Council with a gift certificate fundraiser for the second year in a row. Students sold 467 gift certificates that can be redeemed at the local restaurant. Magnifico presented a cheque for \$1,872 to PAC member Heather Petrychyn and her son Wyatt on May 17. Funds raised will be used towards the next phase of the school's playground.

## Teulon meal delivery program faces uncertain future

By Caitlyn Gowriluk

A volunteer-run program that has been delivering meals to senior citizens in Teulon for over 20 years may soon find itself unable to continue operations.

While the Meals on Wheels program has been running with the help of community groups providing volunteers since it began in 1995, recent changes have left the program understaffed, said Teulon and District Seniors Resource co-ordinator Barb Mankewich, who has been involved with the program since 2004.

"What we're finding now is groups are disbanding, or groups don't have the volunteers to provide drivers," said Mankewich. "It's an awesome program and we don't want to lose it. But we don't have the volunteers to deliver."

Program volunteers deliver fresh, nutritious meals to seniors living in Teulon every Monday, Wednesday and Friday. Volunteering is a time commitment, Mankewich said, but the rewards make it worthwhile.

"You get to meet new people, you get to see the seniors," said Mankewich. "That's the only visit some seniors get

within that week."

Mankewich said that over the past few years, she has seen the need for the Meals on Wheels program increase.

"Our population is aging, and so are our volunteers. We're finding it difficult to fill the need," she said. "A lot of people that used to deliver Meals on Wheels are now getting Meals on Wheels, but we're not getting the new volunteers."

Mankewich said the program averages about 45 meal deliveries a week, although that number has been as high as 75 during busy periods.

The program is looking for volunteers with their own vehicles who can dedicate three hours a week to deliver meals to seniors in Teulon.

Mankewich said even a few new volunteers would make a huge difference to the program.

"If we got five or six new volunteers, that would be awesome," she said.

For more information about how to get involved with the Teulon Meals on Wheels program, call the Teulon and District Seniors Resource Council at 204-886-2570 or visit them in person at 54 Main St. in Teulon.



# Horse power: Cavalia's *Odysseo* a mystical extravaganza

By Patricia Barrett

It's only fitting that a spellbinding theatrical homage to the horse should open with the equine dynamos having slipped the traces and frisking about in an arcane wonderland.

Greeted by oohs and aahs, *Odysseo's* tranquil opening number picked up speed as horses and humans set off an odyssey through bone-dry deserts, Polynesian islands, African savannahs and enchanted forests, all digitally projected on a massive cyclorama and enhanced by rainbow-coloured lighting.

Created by Montreal-based entertainment company Cavalia, *Odysseo* rolled into Winnipeg a few weeks ago, captivating 2,035 spectators at its May 15 show, which takes place under the aptly named White Big Top, the largest touring tent in the world.

Other than an overarching theme of human-horse bond, *Odysseo* is plotless. But who needs a story when stunning white Arabian horses with manes that outshine anything Beyoncé's stylists can concoct are let loose in a hippodrome-like amphitheatre filled with tons of earth and sand and fitted with a raked backstage.

*Odysseo* features 50 acrobats, aerialists, dancers and singers along with 70 male horses (54 geldings and 16 stallions) from breeds such as the Lusitano, Appaloosa, Holsteiner, Paint and Canadian. The horses are highly trained, but they occasionally wander off-script and just, well, horse around. One nipped the backsides of his older mates and another couldn't resist engaging in a bit of equine gossip, oblivious to subtle hand and voice

commands of the human herders.

"You know what? I don't feel like listening to you tonight," said Cavalia's public relations director Eric Pacquette, who knows the ways of the equine mindset having seen the show 1,000 times. "They're just being horses. And that's the beauty of this show. With 70 different personalities, we have the space to let them express themselves and have fun. That brings something very unique to the show. And I think when it's not according to plan, they're the best moments. Nobody gets flustered."

The humans offered up plenty of positive reinforcement by stroking, whispering to and kissing their charges as they sprinted, turned in unison and jumped on cue in perfect timing with a live band that included 17-year-old Winnipeg singer Maria Avalon, who rose to fame when she sang with Lady Gaga in Toronto.

If there's any doubt as to whether a horse can elevate its rider to celestial heights, *Odysseo* dispels it. Female aerialists soared from the backs of four white stallions and orbited the heavens with wing-like ribbons of white material and long locks flowing behind them like a horse's mane.

Roman riding, in which a human stands astride a pair of cantering horses, requires horses to undergo two years of training, and liberty (sans tack) and dressage (gymnastic and prescribed manoeuvres) requires four and six years of training respectively.

Between horse acts, a troupe of acrobats and musicians from Guinea performed jaw-dropping backflips and cannonballs and sang O



TRIBUNE PHOTOS BY LANA MEIER

walu guere moufan (No more war on earth) in the Susu language. Aerialists performed sublime balletic routines on hoops suspended high above the ring, and acrobats nimbly climbed a full-scale carousel that ascended to the ceiling via a bridge lift that kind of resembles the interior of Dr. Who's Tardis.

The grand finale featured a wild, wet frolic through 40,000 gallons of recycled water that flooded the ring's forestage. Front-row spectators got a

bit of a soaking as the liberty horses descended en masse from the hills and galloped through the lake. From the wings, Quarter and Paint horses dashed out, carrying trick riders hanging at their flanks or flying above their backs.

And no equine spectacle would be complete without a miniature horse decked out in Jets' regalia, splashing its way through the ring while the audience screamed, "Go Jets Go."

*Odysseo* runs until June 17.





FROM THIS DAY  
*forward*

# Local craft maker brings new kinds of pottery to markets

By Caitlyn Gowriluk

Britta Spiring sits in front of her pottery wheel, eyes fixed in concentration on the lump of brown clay between her hands. The clay spins in the centre of the wheel, and as Spiring carefully presses her fingers into the base, the

lump of clay begins to rise into the shape of a small vase.

"You get the feel of the clay, and you can make it do things," said Spiring. "It just feels good."

Just before retiring from her job as a banker 10 years ago, Spiring bought a

small pottery wheel and kiln for her basement. Since then, she's been using them to shape clay into all kinds of household goods. Over the past few years, Spiring — who lives in Winnipeg — has also started selling her pottery at craft markets across Manitoba.

"I took a pottery class and it grabbed me," she said. "It's hard to describe."



A small vase begins to rise from a lump of clay.

At first, Spiring focused on making some basic household pottery items: bowls, mugs, pots, vases. More recently, she has begun to experiment with more unusual types of pottery, like beer mugs, wine chillers and small saucers to hold pepper mills, which she said have been one of her most popular items.

"I get a lot of comments, like, 'Oh, what a good idea,'" said Spiring. "So that makes you feel good, because that was an original of mine."

Spiring said some other less common items, like French butter keepers, have also been increasingly popular at craft markets.

Continued on page 15

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TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Artist Britta Spiring shows off an assortment of her finished pieces.



Spiring shows her craft of making a vase from pottery.

## > POTTERY, FROM PG. 14

"I just made a whole bunch of those," said Spiring. "And in Teulon I sold five out of six of them."

While the smaller pottery items have been more popular, Spiring said her favourite item to make is an old classic: the teapot.

"They're like a construction project," she said. "You have to throw all the little parts and then put them together."

For a single teapot, like the blue and white one sitting in front of her on the kitchen table, Spiring said she throws up to seven separate pieces of clay on the pottery wheel before assembling them together into one piece.

For this particular teapot, she has also added a little extra flair: a double handle, which adds an extra clay piece to the mix, and a thin, straight red band painted around the top of the pot, which Spiring said she created by placing the completed teapot back on the pottery wheel and slowly spinning the pot as she held her brush steady. In total, Spiring said this process took close to three hours to complete.

"It can be frustrating," said Spiring. "It can be as complicated or as simple as you want to make it."

Since she first began making pottery 14 years ago, Spiring said her ap-

proach to the art has evolved.

"When I first started throwing, or hand building, it just happened. You wouldn't always get what you want," said Spiring. "But the more experience you have, the more you throw, the more intentional it becomes."

While Spiring's work now has a consistent style, she said this outcome has taken years to perfect.

"All my mugs have a similar shape to them, whereas when I was first starting you'd have one that was straight, and one that was really rolled out," said Spiring. "And it just happens, because the clay on the wheel just wants to move. You learn how to control it to make the shape you want."

Spiring said she hopes to continue experimenting with different styles and shapes of pottery to find the perfect items to bring with her to sell at craft markets.

"When you have a success, it just feels right," she said.

Spiring offers a wide variety of pottery styles and can customize orders for colours, initials and other personal touches for the perfect wedding or shower gift. For more information, follow Britta Pottery on Instagram @britta.spiring, or visit her website [britta.coffeecup.com](http://britta.coffeecup.com).

## Fire departments busy during dry spring

By Jennifer McFee

In spite of the recent rain, we all need to continue to be extra vigilant with our focus on fire prevention.

On Tuesday, May 15 around 6 p.m., Woodlands Fire Department was busy dealing with a fire north of the intersection of roads 5W and 87 N.

"There was a lightening storm that went through and there was a bit of rain as well, but this was lightening-caused," said Fire Chief Dean Campbell.

"The closest home was about a mile away, but with the dry conditions and the wind, it was definitely a concern. There was an area where the smoke was pretty thick, and until we had an idea of what was going on, we warned one lady with young children that she might have to leave if the conditions changed.

"At that point, we weren't exactly sure how fast things were moving and

she would've been about two and a half miles away from it, so we thought give her ample warning just in case."

Campbell extends his gratitude for help from neighbours who shared their knowledge of the area and didn't hesitate to lend a hand.

"It was really nice to see everyone pitching in. We had lots of help and lots of people. Everybody pitched in and it was nice to see equipment and people available. Some of the older people in the neighbourhood knew the land really well and that was a huge help," Campbell said.

"I don't know the area and none of my people know the area, so for people who know the area well and understand the land, it's absolutely valuable. So if something like that happens and someone steps forward and says, 'Hey, I know where all the

Continued on page 19



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# Home & Yard

## Veggie varieties for Midwest gardens



The American Midwest is renowned for its fertile farmland and abundance of produce crops. Want to enjoy your own little harvest this summer? Here are five tasty, easy-to-grow veggies that are perfectly suited for Midwest gardens.

1. **Corn.** No Midwest garden is quite complete without corn! Plant your crops close together for best results. Water your corn regularly, and make sure that it gets enough nitrogen by mixing compost or herbivore manure in with the soil.
2. **Potatoes.** These hearty root vegetables are another staple of the Midwest. Plant them in early spring, when the weather is cool and damp. Some varieties, such as red potatoes, can be harvested in early summer; others, like russet potatoes, produce a fall crop.

3. **Cabbage.** Cabbage and its cruciferous cousins broccoli, cauliflower and kohlrabi all grow exceptionally well in the region. Plant them in early spring or late summer.

4. **Tomatoes.** The Midwest's long, hot growing season is ideal for tomatoes, and the low incidence of disease in the area is advantageous for trying out heirloom varieties.

5. **Peppers.** Bell peppers, Hungarian peppers, chili peppers — they all fare well in the region's warm summer weather. Plant them in full sun in late spring, and pick them once they reach full maturity (30 to 60 days after planting).

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# Home & Yard



## Low-maintenance perennials for the Pacific Northwest

Want to surround your home with an enchanting landscape, but don't have much time for garden maintenance? The following easy-growing perennials look fantastic, require little effort on your part, and are well suited for the temperate, damp conditions of the Pacific Northwest.

### Create texture

The rich, deep green foliage of the sword fern stays beautiful all year long. This low-maintenance perennial thrives in rich, well-drained soil and full shade. Another option for adding texture to your landscape is wild ginger, a fragrant shade plant that features gorgeous, glossy evergreen leaves.

### Add colour

Dahlias come in countless colours and textures, and they're all ideal for a low-maintenance Northwest garden. Plant them in full sun and well-



drained soil. Lupines are also available in a wide range of colours, from pink to orange to purple. These tall, upright flowers prefer slightly acidic soil and grow best in full sun or partial shade.

### Attract pollinators

The crisp, white flowers of the Shasta daisy will have butterflies flocking to your garden all summer long. Plant

daisies in well-drained soil, either in full sun or partial shade. Hummingbirds love the eye-catching cardinal flower, which grows to be around three feet tall and blooms bright red in the late summer. It tolerates both

sun and shade. Keep soil moist, but don't over water.

To find out more about gardening with perennials in the Pacific Northwest, visit your local gardening centre or plant nursery.

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# Teulon students take pride in their community

**Staff**

Teulon Collegiate and Teulon Elementary School students teamed up and cleaned up around the town of Teulon last Thursday.

The Sustainability Club at the Collegiate joined the Take Pride Manitoba Campaign, which is a project of Take Pride Winnipeg. Take Pride Winnipeg recently expanded some of their programs out into rural areas with "Team Up to Clean Up" being one of them.

Their mission is to beautify Canada

through supporting litter cleanup and other events across the country. Bags, gloves, prizes and T-shirts were provided to both schools free, from Take Pride Winnipeg.

The students collected a total of 200 bags of garbage filling two half-ton trucks.

Esso in Teulon, the Town of Teulon and Bigway Foods made generous donations towards the cleanup to reward the students with a hotdog lunch and prizes.



TRIBUNE PHOTO BY STEPHANIE DUNCAN

Teulon Collegiate students took part in a town cleanup on May 17. Pictured from left: Brendan Chandler, Kaleigh MacDonald, Grace Riley, Mrs. Melnychuk and Ms. Kosteckyj.

**Upcoming Events at the Ag Grounds & Red Barn!**

Friday, June 1  
**Spirit, Spud & Steak Night**  
6:30-9 pm \$20/person



Saturday & Sunday June 2 & 3  
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English/Western Horse Show	9 am	Saturday
South Interlake 4 - H Beef club	10 am	Saturday
WinNtrak Model Railway Group	10 am	Saturday
Wild Dogs Performance	1 pm	Saturday
Batmobile (weather permitting)		Saturday
Rocklands Antique Club		Saturday
Under Dogs paint ball	10 am	Saturday
Gymkhama Horse events	9 am	Sunday

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# Stonewall Children's Centre Touch-A-Truck coming soon

By Jennifer McFee

Calling all superheroes!

It's time to get revved up for a much-anticipated family event that draws thousands of people each year.

Touch-A-Truck, presented by the Stonewall Children's Centre, is scheduled for Saturday, June 9 from 10 a.m. to 3 p.m. at the South Interlake Ag Society's Red Barn at the corner of Highway 236 and Road 75N.

Pam Kozokowsky, assistant director at the daycare, outlines some of the excitement to look forward to at the event. "We're doing a superheroes theme, so the kids can wear their favourite superhero costume. Batman's going to be there to get pictures taken with," she said.

"We also have a grader this year, which we haven't had before, and a Zamboni. Mick E. Moose is going to be there too."

Of course, the usual favourites will be back once again, including fire trucks, an ambulance, police vehicles, the Bookmobile, Thomas the Train and much more. Kids (and kids-at-heart) will have the chance to touch, climb, explore and discover these vehicles and equipment.

"We'll have the bouncy castles and the fishing pond and the face painting," Kozokowsky said.

"We'll also have an art van, which is an old van that's coming and kids can paint it."

The event will also feature food and drinks available for purchase as well as plenty of free parking.

"We're also raffling off a 12-volt ride-on Ford F150 truck for kids. It's really cool and it even has a tailgate that works," Kozokowsky said.

Tickets will be on sale at the daycare and at the event. The draw will be held on the Monday following the event.

Raffle tickets cost \$5 each or five for \$20.

The annual Touch-A-Truck is a fundraiser for the Stonewall Children's Centre, which will use the funds towards its ongoing backyard improvements. Last year, more than 3,500 people flocked to the fun fundraiser.

"There are so many Touch-A-Trucks popping up now," Kozokowsky added, "but we were the first original one in Manitoba."

Admission is \$5 per person, with free entry for wee ones under the age of two. Tickets are available in advance at the Stonewall Children's Centre and they will also be available at the event. Attendees should make note that the event is cash only, and debit and credit cards will not be accepted.

Batman will be available for photos from 10 a.m. to noon and then again from 12:30 to 2:30 p.m.

If anyone has a vehicle or machinery that they would like to showcase at the event, they can get in touch with Kozokowsky at 204-467-2214 to participate.

For more information, including a list of vehicles that will be on display, visit the Facebook page called "Touch a Truck Stonewall 2018."



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# Making art out of antlers

By Caitlyn Gowriluk

The first piece of jewelry Jessica Stanley created was a ring she made for herself from a piece of deer antler. Soon, friends started requesting custom pieces, and word started to spread.

From there, she expanded her products to include other kinds of jewelry, like necklaces and earrings, the latter of which became the top seller for Love Sheds, the business she started in 2015.

"As a little girl, I spent a lot of time exploring the outdoors," said Stanley, who moved to Stonewall from Balmoral last summer. "My dad was my first hunting buddy. He inspired me to be outside, and we like to hunt and we fish and we go hiking. Ever since I've been little, I've been really curious, and I just really like to explore."

Stanley said her father has been collecting sheds — the antlers that deer naturally lose every year — for over 30 years. In that time, Stanley said, he amassed a collection of over 60 sheds piled up in their garage.

Deer shed their antlers every year when their testosterone levels drop after breeding season, which can be as early as December or as late as April, said Stanley. Every year around this time, she and her family — her parents, two sons and husband — go out looking to collect as many sheds as they can.

Stanley said she also has help collecting sheds from family friends who are farmers.

"They have been picking up sheds in their fields because they don't want to run over them with their tractors," she said. "Now that I started this business, they have been supplying me with sheds."

From there, Stanley said she has a very simple process, although she's careful not to reveal too many of her trade secrets.

"I start by cutting slices, segments, the tips of antlers. I get a lot of questions [about] how I cut my antlers," she said with a laugh. "That's a little bit of a secret. I kind of just say that I use my power tools."

Stanley has sold her jewelry at craft markets across Manitoba — including in Winnipeg, Oakbank, Stony Mountain and Teulon — and on her website. She has also recently added a new component to her business: for every order placed, \$1 will be donated to Cystic Fibrosis Canada.

For more information, visit [lovesheds.ca](http://lovesheds.ca).



The antler can be used for earrings, necklaces, bracelets and rings.



TRIBUNE PHOTOS BY LANA MEIER  
Jessica Stanley uses deer antlers to create unique pieces of jewelry.

## > DRY SPRING, FROM PG. 15

trails are, that's perfect. That's what I'm looking for."

For safety's sake, Campbell reminds people to keep a clear path for emergency vehicles during this type of situation.

"People are concerned and everybody gathers, but sometimes when people gather they block the road," he said.

"If you want to have a look, that's fine, but keep the road clear and just be aware that there are going to be vehicles moving around so that we can do our job."

He also warns that conditions remain dry, even after the recent rain.

"The burning ban is still in effect, and it will be in effect until we get significant rain," Campbell said, noting that information is posted on the website for the Province of Manitoba as well as for many local municipalities.

"So be really careful with any type of burning at all. If something jumps, it's going to catch. And with the winds that we've been getting

lately, something can get picked up and carried so quickly."

Chris Dawson, fire chief of the Teulon-Rockwood fire department, offers similar advice.

His department was also busy on May 15 battling a couple fires, with the main one located at roads 86N and 2E.

"It was a wildland field fire in the brush. It was quite a large smoke plume, and Stonewall and Teulon (fire departments) were both dispatched to the same call by area residents that were concerned about where it was," Dawson said.

"Between the two departments, we were able to get pumps out pretty quickly and put it out. There was no loss of any buildings. We have no idea what caused it, but lightening would be high on the suspicion list."

Like Campbell, Dawson urges everyone to be cautious during this dry season.

"Just be responsible," he said. "When you don't think it's going to get away from you, that's usually when it happens."

## RECYCLE Awareness



Brought to you by the Town of Stonewall

### GENERAL RECYCLING TIPS FOR THE CURBSIDE PROGRAM:

- Place recycling in open blue bins (no lids) (blue plastic bags are NOT recyclable)
- Write your civic address in permanent marker on your blue bin
- If the forecast is calling for wind on your garbage day, keep recycling inside until the following week
- Unlimited recycling is allowed each week

- Box board & cardboard must be clean and dry (no food/product residue)
- Fold used paper rather than scrunching it up and flatten used boxes to give you more room in your recycling bin
- Squashing food tins and pop cans will give you more room in your recycling bin
- Remove rubber bands, plastic wrap or stickers from newspaper and magazines before recycling.

### OTHER RECYCLING PROGRAMS:

Winfield Road Waste Transfer Station (operated by the RM of Rockwood)  
Located at 6091E Road 76 N | PH: 204-467-9490  
Open Wednesday to Saturday from 10AM-5PM  
Stonewall Residents are able to take the following recyclable items to the Winfield Road Waste Transfer Station for FREE!  
• Batteries • Electronics • Fluorescent Lights • Tires • Used oil & anti-freeze\*  
• Paint Cans (including paint) • Household hazardous waste (HHW)  
\*Can only be dropped off on Thursday and Saturdays

**Plastic Bags** - REACT Inc. has implemented a Bag Roundup Program to keep plastic bags out of our landfills. They can be dropped off at: Stonewall Family Foods, 3-330rd Ave S | PH: 204-467-5553

**Clothing & Toys** - Don't throw away old toys or clothes! Please keep used clothing and toys out of the landfill and donate them to a charity of your choice.

**Recycle Everywhere Bins** - The Town has placed Recycle Everywhere bins along major routes, in parks, public spaces, and at Town Recreation Facilities. It's easier than ever to recycle your beverage containers when you are out in public. Please DO NOT place disposable coffee cups, garbage, pet excrement, or plastic bags in the Recycle Everywhere bins.



# get inspired

> MEAL IDEAS

THE *Marketplace*  
AT STONEWALL 467-8469



## Chipotle Chicken and Bean Quinoa Salad Cups with Cilantro Lime Vinaigrette

Prep time: 25 minutes  
Servings: 4  
1 can (15 ounces) READ 3 or 4 Bean Salad  
Dressing:  
2 tablespoons freshly squeezed lime juice  
1 tablespoon adobo sauce  
1 teaspoon Dijon mustard  
1/4 teaspoon kosher salt  
1/8 teaspoon black pepper  
3 tablespoons olive oil  
1/4 cup finely chopped fresh cilantro  
1 1/2 cups cooked quinoa  
1 cup diced chicken, cooked

1/4 cup finely sliced green onions  
1 chipotle pepper, minced  
4 leaves Bibb lettuce  
Drain bean salad; reserve 2 tablespoons liquid.  
To make dressing: In small bowl, whisk reserved liquid, lime juice, adobo sauce, mustard, salt and pepper. Whisk in oil until completely combined. Stir in cilantro; set aside.  
In medium bowl, combine bean salad, quinoa, chicken, onions and chipotle pepper. Add dressing; toss gently.  
Divide bean salad mixture equally among lettuce cups.



## Orange Galette with Beet Gorgonzola Salad

Recipe courtesy of Momma Cuisine  
Prep time: 30 minutes  
Cook time: 15-20 minutes  
Servings: 12  
1 jar (16 ounces) Aunt Nellie's Sliced Pickled Beets  
nonstick cooking spray  
1 sheet frozen puff pastry, approximately 16-by-11 inches  
1 tablespoon olive oil, divided  
4 navel oranges, segmented  
4 ounces crumbled Gorgonzola or other blue cheese, divided  
1/4 teaspoon kosher salt (optional)  
1/4 teaspoon dried basil  
2 cups mixed baby salad greens  
1/4 cup chopped pecans, toasted if desired

Heat oven to 400 F.  
Drain beets well; set aside on paper towels to absorb remaining liquid. Discard liquid or save for another use.  
Spray large sheet pan with nonstick cooking spray. Gently place puff pastry sheet on pan. With pastry brush, gently spread 1/2 tablespoon olive oil on pastry sheet. Place about half the orange segments in two rows on top of pastry sheet, leaving 1-inch margins on all sides.  
Fold edges of pastry sheet to create border. Sprinkle 2 ounces crumbled Gorgonzola over oranges. Sprinkle with salt, if desired, and basil.  
Bake until golden brown, about 15-20 minutes. Remove from oven; cool on wire rack.  
Coarsely chop beets. In large bowl, toss together remaining orange segments, salad greens and chopped beets. Drizzle with remaining olive oil; toss gently to combine.  
Cut cooked galette into 12 pieces. Top with beet salad. Sprinkle with remaining cheese and pecans.



## We Can Alter Our Subconscious Programming

Here is some food for thought. Biological science has long taught that our genetic makeup was determined at conception and was fixed for life. Some characteristics were unalterable, like eye color, and others might be influenced by environment, like intelligence. Many of our beliefs about ourselves are determined in the first five or six years of life. So, between 'nature' and 'nurture', we might justifiably look in the mirror and say, "Oh well, what you see is what you get."  
New information from the field of quantum biophysics is changing all that. Scientists are finding that our genes adjust throughout life in response to our environment, or the energy field in which we find ourselves. The fetus in utero, has a sensory system that is aware, and responds to the experience of the Mother, and her perceptions of the environment. The child programs itself to fit into the culture, and establishes an identity

based parental responses. When surrounded by positive influences, the biophysical system is in a 'growth' state. If the environment is negative, the system is in a 'protection' mode. A child who feels safe and secure actually develops differently neurologically, and for example, grows into an adult who is better able to deal with stress and conflict.

Quantum biophysicists are suggesting that signals from the environment have more influence on who we are than either our genes, or our DNA! And what happens if we have been negatively programmed? Here is the good news. We can consciously alter our subconscious programming. We can change our beliefs about ourselves and the world, and we can change the way we perceive our inner and outer worlds. Sounds like a tall order, but we have the power to do it.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.*



## Baked Onion, Goat Cheese and Sun-Dried Tomato Dip

Prep time: 20 minutes  
Cook time: 20 minutes  
Servings: 6  
1 jar (16 ounces) Aunt Nellie's Holland-Style Onions  
nonstick cooking spray  
2 tablespoons chopped oil-packed, sun-dried tomatoes, divided  
1 large clove garlic, minced  
4 tablespoons sliced fresh basil, divided  
coarse ground black pepper, to taste  
1 tablespoon oil from sun-dried tomatoes or olive oil, divided  
1 log (8 ounces) goat cheese  
1/2 teaspoon Mediterranean herb seasoning (optional)  
crackers (optional)

flatbread (optional)  
pita chips (optional)  
Heat oven to 350 F.  
Drain onions well; pat dry.  
Spray shallow, oven-proof dish (3-4-cup size) with nonstick cooking spray. Place onions in dish. Press with spatula to flatten and crush.  
Sprinkle with 1 tablespoon tomatoes, garlic, 2 tablespoons basil and black pepper, to taste. Drizzle with 1/2 tablespoon oil.  
Cut goat cheese into 6-8 rounds. Arrange over onion mixture. Sprinkle with remaining tomatoes; drizzle with remaining oil. Sprinkle with herb seasoning, if desired.  
Bake uncovered 20-30 minutes, or until cheese is soft and mixture is bubbly. Sprinkle with remaining basil. Serve warm with crackers, flatbread or pita chips, if desired.

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# Interlake Community Foundation grants nearly \$30,000

By Caitlyn Gowriluk

The Interlake Community Foundation distributed nearly \$30,000 through grants and scholarships at its awards reception on May 14.

About 40 people filed into the Stonewall United Church for the annual event, which opened with entertainment from Stonewall music duo Two Crows for Comfort. The event also saw the presentation of \$20,398 in community and endowment fund grants to charities across the Interlake region, and the acknowledgement of \$8,923 in scholarships and leadership awards to high schools in the community.

Each of the 15 organizations receiving a grant was allowed to send a representative to the event to talk about the work the money would allow them to do.

"We're one community, but we're kind of separated, because Teulon does their thing, and Stonewall kind of does their thing," said Tracy Holod, executive director of the Interlake Community Foundation. "This is kind of an opportunity for the larger community to come together and find out what's happening in everybody else's community."

Kelley Rutkair, director of life skills for the Interlake branch of the Association for Community Living — a nonprofit organization that provides housing, job training, employment assistance and recreation activities for people living with intellectual and physical disabilities in Stonewall and surrounding areas — said the \$1,183 grant the organization received will allow them to introduce a greenhouse program as part of their day programming.

"We thought it would be something different and a little bit outdoorsy," said Rutkair, who has worked with the organization for 11 years.

The new greenhouse will be wheelchair accessible, and will provide all 50 residents of the organization's housing with an opportunity to start vegetables and flowers from seeds and monitor their growth, said Rutkair.

"We always try to encourage the houses to put plants out, so we thought if we did it as a program,



TRIBUNE PHOTO BY CAITLYN GOWRILUK

Kelley Rutkair, director of life skills at the Association for Community Living (Interlake Branch), receives a grant of \$1,183 to purchase and set up greenhouses for the organization's members on May 14. Rutkair said the Association for Community Living has 50 people with disabilities living in their community housing and participating in their day programs.

then the guys can bring their plants home and say, "These are ready to plant in the ground. We grew these, I tended to them, I watered them," said Rutkair. "It's just a really good learning experience."

Every year, there are more organizations applying for grants from the foundation, said Holod. While many of the organizations have received grants in the past, there has also been a steady increase in new organizations applying for grants from the foundation.

"We really, really think that's cool when new organizations that we haven't reached before all of a sudden come forward," said Holod. "It's a way of investing for the future."

The foundation also has several scholarships, which Holod said often go unnoticed.

"I think most people don't realize that we have so many scholarship funds," said Holod. "And anybody can do that. So, I think that's the really cool thing, that anybody can make a legacy and keep it going forever."

For more information about how to get involved with the Interlake Community Foundation, visit their website at [interlakefoundation.ca](http://interlakefoundation.ca).

## 2018 Grant Allocations

South Interlake Seniors Resource Council, purchase computer to expand programs; South Interlake Regional Library Stonewall, fund for the replacement of the rooftop heating/cooling; Grosse Isle Memorial Park Recreation Club, replace large cooler fridge; ISD-Bobby Bend PAC, purchase nine sets of snowshoes or skis; Stony Mountain Child Care Centre Co-op, new washer and dryer; ACL-Interlake, purchase and set up greenhouse to teach skills; Rosser Central Community Club, rebuild and upgrade electrical room to bring up to fire code; Teulon & District Museum & Historical Society, install a new exterior door in Ukrainian house; Rockwood Balmoral Recreation Centre, purchase material to replace worn carpet around curling ice; Rockwood-Argyle Memorial Community Centre, purchase tables and carpet and refinish hardwood floors; Vintage Locomotive Society, Grosse Isle Heritage Site, asphalt underneath existing picnic shelter; Teulon Day Care, purchase child-sized furniture for library area; South Interlake 55-Plus, technology upgrade for programs; South Interlake Regional Library Teulon, material to hang sign in Teulon; Town of Teulon, Green Acres Art Centre, purchase musical instruments; Teulon Hunter Memorial District Health Foundation, to be determined; Leadership awards for Stonewall, Teulon and Warren, \$300 each school; Graduation scholarships \$8,023.

# Narrows West Lodge has new owners, undergoing big renovations

By Jeff Ward

A massive renovation project is taking place at the Narrows West Lodge as new owners, Irv and Sandy Koch make a big push to reopen for May long weekend.

The Kochs purchased the lodge back in March and since then have been going through a laundry list of upgrades to make a new and exciting experience for visitors. Irv said that the bar has new carpet and a new refrigeration system. The bar will also have new TVs for sports fans and Irv said he wants to create a sports bar like atmosphere there. Other renovations include new paint as well as a large cleaning effort while things are all moved around.

"We had wished we could open sooner," said Sandy.

"But the renovations became a little more than we could handle, and we've never been in this business. Just applying for applications and liquor licenses was all new to us."

Irv, who was previously in metal manufacturing,

said that the learning curve to this new business is ongoing. There are a lot of things to learn, like the aforementioned licences, and the act of learning while doing the renovations has been a challenge. That challenge though hasn't been unwelcoming and Koch seems very positive about being the new owner and he is excited about turning the lodge into a place to be.

Koch owns property behind the lodge and said he has spent the better part of 50 years coming out to fish the lake and spend time in the lodge. When the place came up for sale he decided to purchase it and help revitalize the space.

Sandy said that she hopes people are excited to see the renovated lodge but wants the public to know that when it does reopen, it is still a work in progress.

"Not everything is going to be done when we open. We still hope to redo some of the motel units. We want to open the basics to everyone as soon as possible. We are going to take it step by step and save

some of the renovations to do next winter when it's slower," said Sandy.

Irv added that some of those future projects will be looking at reopening the gas pumps at the lodge and taking a look at the motel rooms to give them an updated feel. Those renovations, though, are still in the beginning planning stages, and for the time being, the Kochs and their team remained focused on having the essentials open for May long weekend before tackling other projects.

The Kochs are also working hard to hire local contractors to take on the renovations jobs. Sandy said it is important to them to keep their money within the community, if possible.

"I think it's important to hire locally when you can," she said. The Kochs are hoping for a good summer and are looking forward to the community reaction when the lodge does open up in a few weeks. For now, they remain focused on making the space the best it can be. For two former patrons who are now owners, the success of the lodge means a lot.



# Stony Mountain students fast to raise money for foodbank

By Caitlyn Gowrluk

A group of Grade 7 and 8 students at Stony Mountain School will participate in a 30-hour famine on May 31 to raise money for the Interlake Food Bank.

"We want them to experience how much more difficult it is to focus and to learn and to deal with everyday life when you are hungry," said Brooke Darragh, a guidance counsellor who helped organize the initiative.

The 30-hour famine is organized at Stony Mountain every other year for students in the school's MyVoice club, an extracurricular group focusing on social justice initiatives. This year, Grade 7 and 8 students who are not part of the group will also have the chance to participate. Each participating student must bring a minimum \$15 donation for the food bank, said Darragh.

Students will begin to fast at 8 a.m. on Thursday, May 31, and will be expected to attend classes for both days they are fasting, said Darragh, who has been involved in planning the initiative at the school since 2014.

"The feedback from the kids has

always been positive," said Darragh. "They have recognized that it is hard, especially the next day when you now are going longer without food."

While there will be some fun elements of the 30-hour famine — students will have a pancake breakfast on Thursday morning before the fast begins, then go out for a planned activity before sleeping over at the school that night — Darragh said the focus remains on the big idea.

"This is a meaningful experience for the kids," said Darragh. "We try to explain that it's a real-world experience for kids who don't have enough food in their homes."

The decision for the money raised to go to a local food bank was deliberate, said Darragh. While the MyVoice group's focus is supposed to encompass both local and global social justice elements, it often focuses too much on the latter, she said.

"We need the kids to recognize that there are families that live right beside us in our communities that are struggling to have enough food," said Darragh. "If you've always had food in the cupboard, it's really hard to



TRIBUNE PHOTO SUBMITTED

Thirteen Stony Mountain students have signed up for the 30-hour famine. Pictured back row, left to right: Ryann, Casey, Ethan, Chaya, Jasmine; middle row: Katie, Emily, Desyre, Taylor, Nyah, Leanne; front row: Carmen, Brianna.

understand that some families don't have that kind of access to food. This event is trying to raise that awareness."

So far, 13 students have signed up to participate in the initiative, said Darragh.

## Stonewall Manitoba Youth Job Centre open for business

By Neil Davis

The Stonewall Manitoba Youth Job Centre (MYJC) is open once again for the summer.

Centres across Manitoba are in their 43rd year of successfully supporting youth employment in Manitoba. The Stonewall MYJC is sponsored by Manitoba Education and Training in partnership with the Stonewall Chamber of Commerce and serves the communities of Argyle, Rosser, Stony Mountain, Warren and Woodlands.

Neil Davis is the Stonewall and area MYJC youth engagement leader for the summer of 2018. Davis has just completed his 3rd year of study at the University of Manitoba and is very excited to be back in the community for a second summer.

The MYJC is designed to meet the employment needs of students and youth, as well as the needs of employers who have vacant positions to

fill, by offering a free referral service to those who wish to hire an eager, hard-working young person. Employers of all types — businesses and households — can take advantage of the free services the centre provides. Only the most qualified candidates are referred, and the employer always has the final hiring decision.

Students and youth over the age of 12 are encouraged to register with the office. If anyone is seeking full-time, part-time or casual employment, needs help with their resume or wants to expand their job search or interview skills, drop by the MYJC office and Davis will be happy to work with you.

Davis is looking forward to a great summer in our communities. If you have any questions or employment needs, please feel free to call 204-461-1364 or stop by the MYJC office at 293 Main St. from 8:30 a.m. to 4:30 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Neil Davis has been hired for a second summer as the Stonewall and area MYJC youth engagement leader.



# Increased health-care access at Warren Collegiate

By Caitlyn Gowriluk

Students at Warren Collegiate will soon have access to a nurse practitioner for a half-day once a month.

The development is part of a “dream school” plan two years in the making, said WCI principal Laura Perrella.

“Our students have a lack of walking access to health care,” said Perrella. “In Teulon and in Stonewall, students are able to walk to health care, and they’re not able to do that in Warren.”

Students have also identified improved access to health-care supports as priorities in OurSCHOOL surveys, an anonymous evaluation tool used to inform school improvements.

“I would say improving mental health services would be a big thing, and kids generally complaining about being tired or not having a lot of energy,” said Perrella. “[We’re] trying to get someone involved who would take a look at the whole picture.”

While students already have access to a public health nurse at the school about twice monthly, the nurse practitioner will provide students with primary health care, including complete

physicals, diagnosis and treatment of illnesses and injuries, diagnostic tests, prescription refills, pap tests and reproductive health education.

The nurse practitioner, Tammy Haggard-Wiebe, will start out by coming a half-day every month. School staff will then decide whether they need to make changes, including determining what days and times work best for students, and how often the service is needed, said Perrella.

The initiative at Warren Collegiate is part of a larger initiative by the Interlake Eastern Regional Health Authority to make health care more accessible to people across the Interlake region, said Paul Barnard, Interlake-Eastern RHA regional director of primary health-care operations and physician services.

Right now, youth are one of the largest underserved populations in primary health care, said Barnard.

“The key ingredient to youth health services is trust,” said Barnard. “So the youth seeing a person in their building, or knowing a person, or talking to

a person and building that trust is a real key ingredient along with knowing that whatever they share is confidential.”

While no specific concerns have been raised to the Interlake-Eastern RHA regarding youth health services, the effort to bring health care directly into schools is part of a proactive approach to youth health care.

“So many health ailments, if left untreated or undiagnosed, they grow, and then we end up seeing them in the emergency room,” said Barnard. “If we can see them early on and treat them early on, that’s when we’re getting the most impact.”

Barnard said the Interlake-Eastern RHA has also met with the principals of Stonewall Collegiate and Teulon Collegiate to gauge their interest in a similar situation to the nurse practitioner at Warren Collegiate.

While the official start date for the nurse practitioner at the school is May 23, this may be pushed back to early June due to improvements that need to be made — like the installation



TRIBUNE FILE PHOTO  
Interlake-Eastern RHA nurse practitioner Tammy Haggard-Wiebe will be working out of Warren Collegiate one half day every month beginning May 23.

of a new gender-neutral washroom nearby — before the designated area of the school will be ready for the new service, said Perrella.

# Lions respond to call for help at Green Acres Art Centre

Staff

The Teulon Lions are a roaring success in their efforts to support the community.

The Lions stepped up to help Green Acres Art Centre after the organization asked for help to buy two plywood backdrops, paper backdrops, four choral microphones and stands for the theatre groups’ final performances. The Lions agreed to pay half the cost of the items, with Lion and local lawyer Steven Shinnie also pitching in personally to help the GAAC with the project.

“The plywood backdrops were built to enhance the theatre experience for students. The students were able to use their creative skills by drawing and painting a total of four scenes for their final performance. The younger group used the paper backdrops for their show. The students were very

proud of their work, and the GAAC and Lions were even more proud of them,” said Lana Knor in an email.

“The choral microphones were purchased so the audience could hear the actors better. The GAAC is committed to working with other groups for the betterment of the community and its members so these items will be made available to the schools or organizations for any events they host such as Christmas concert.”

Each year, the Lions work hard in the canteen to raise funds for individuals or organizations through events such as the Tractor Pull and Teulon Pumpkinfest with the goal of making the community a better place to live. Anytime you purchase an item from a Lion’s canteen, you should feel good knowing that you are also supporting your community.



TRIBUNE PHOTO SUBMITTED  
Green Acres Art Centre theatre students and Lions Ron Findlay and Steven Shinnie following the performance on April 28. Missing from the photo is Shayla Chartrand.

## worship *with us* > FAITH

When the Jets crushed the Minnesota Wild, whose victory was it? The players? The fans? The accountant? The janitor? Blake Wheeler? Actually, it was everyone. Everyone contributed. Everyone wins. Nobody can do everything but everyone can

do something. Teamwork makes the dream work.

Last year a student wrote a suicide note. What she heard at the Stonewall Drop In made her change her mind. She’s alive today. Who’s victory is that? Ours? Hers? Her parents?

## Teamwork makes the dream work

Our community? Our supporters? Our partner restaurants? This newspaper? Our cleaners from Arris Centre? Our schools? Our council/RM? It’s everyone. So many contributed. So many students have been helped. Everyone wins. Teamwork makes the

dream work.

Read Exodus 35:21-23. God’s people were in the desert. God had them build a \$57-million tent that had everything — gold, silver, wood, fabric,

Continued on page 24



# Topigs Norsvin welcomes public for grand opening in June

By Jennifer McFee

Next month, the community will go hog wild for a glimpse into the 50,000-square-foot facility being developed in Woodlands by a Dutch swine genetics company.

On June 27, Topigs Norsvin will open its doors to the public for a grand opening event. Throughout the afternoon, visitors will be able to participate in tours of the facility and ask questions of the experts.

For biosecurity reasons, the facility will not allow public access after June 27. Access will be restricted to people involved in the facility to avoid pathogens or disease from entering the farm in order to maintain a high health status.

Topigs Norsvin is a global leader in pig breeding and artificial insemination and is headquartered in Vught, Holland.

Ton van de Goor, head of marketing and communications for Topigs Norsvin, took the time to provide some insight on the company from his home base in The Netherlands.

"Topigs Norsvin is, among others, owned by two farmer-owned co-operatives in Holland and Norway. Topigs Norsvin is doing business in over 54 countries around the world and has offices in many of them, including Winnipeg, which is the head office for Topigs Norsvin Canada Inc.," van de Goor said by email.

"Topigs Norsvin is renowned for its innovative approach to implementing new technologies and a continuous focus on cost-efficient pig production and animal welfare. Research, innovation and dissemination of genetic improvement are the cornerstones of the company. Continuous and strong product improvement will enable our clients to achieve significant added value in their production."

Delta Canada (which is the official name of the new Woodlands Genetic Centre) is located eight miles west of Woodlands on Road 82N.

"This location was chosen for several reasons but the two key reasons are good bio-security and proximity

to the Winnipeg International Airport. When we refer to bio-security, we want a minimum distance of five miles from any other swine farm," van de Goor explained.

"We will be exporting live animals and boar semen to other countries for genetic improvement and we have easy, quick access to the airport from here. The location we are building on gives us these and many other key benefits."

Delta Canada will house approximately 2,600 boars that will be individually identified by a radio-frequency identification (RFID) electronic ear tag.

"These boars will enter the facility at approximately 14 weeks old. They will be housed in groups of 12 boars per pen, where they can roam freely with full access to water and feed 24/7," van de Goor said.

"During the growing period, they will enter the free access feeding stations that will measure how much feed is consumed and what the boar weighs each time it enters the feed station. This is done through the RFID ear tag with readers in each station."

When the boars are about 22 weeks old, they will weigh 120 to 130 kilograms.

"At this time, the boars will be CT scanned with equipment that is identical to what hospitals use," van de Goor said.

"This CT scan will help us identify the very best boars that will go on to produce the next generations of genetics that are better and more efficient and productive."

Although this facility is new for Woodlands, it is not entirely new for the company, which already operates a similar facility in Norway. The technology helps the company to better understand the pig and to accelerate the genetic progress for its clients.

In addition to the impact on the company and its clients, the facility will create a ripple effect of benefits for the community and beyond.

"The community will benefit by our contribution to the municipality



TRIBUNE PHOTO SUBMITTED

The public is welcome to drop by the Woodlands facility for tours on June 27.

through both municipal and school taxes, employment opportunities as well as local farmers benefiting from the organic manure that will be cultivated into their soil to improve soil quality and crop production. Organic manure is proven to have a higher value in crop production than commercially produced fertilizers," van de Goor said.

"The pork sector will benefit from our research and development by being able to purchase more efficient breeding pigs to reduce their cost of production, use less feed grains (wheat, barley, corn) in pork production reducing the pork production environmental footprint for the world and overall increase meat quality levels in the chain."

However, not everyone has always embraced the idea of the operation opening in the area.

"When the Delta Canada project was initially announced, there was considerable opposition from the community. As a responsible company, we organized an open house on Sept. 8, 2016, at the Meadow Lea community hall," van de Goor said, adding that the *Tribune* published a summary of this open house in the Sept. 15, 2016, edition.

"After the valued public input we received from people at the open house,

we took the advice from the community and began the search and approval to build this facility at the location it is now."

Looking ahead, Delta Canada will employ 10 to 12 people, and local residents are welcome to apply for various positions. Advertisements have been running in the *Tribune* and interviews are underway.

The company stands out since Topigs Norsvin Canada is the industry leader across the country.

"We have the largest market share in the Canadian swine genetics business. We continue to grow due to our products and people we have. We are proud that projects like Delta Canada result in better quality pork in the grocery store for consumers," van de Goor said.

"We are proud to be the front-runners in the pork sector when it comes to being environmentally and socially responsible in the meat/food production for the world."

Information about the company's policies and participation in these programs can be found online at <https://topignorsvin.com/innovations/health-and-environment/> and <http://www.effab.info/about-effab.html>. Career opportunities listed at <https://topignorsvin.ca/contact/jobs/>

## > WORSHIP, FROM PG. 23

art, craft and strangely porpoise skins. Everyone contributed. Every skill was needed. God's people were a team. Teamwork made the dream work.

Today God has a team. A family in Christ. Living stones. The Bible calls us many things but my favourite is the BODY of Christ. Every-

one connected. Everyone needing everyone. Amazing things happen when we function as one. It's all in 1 Corinthians 12. Verse 14 says: "For the body is not one member, but many."

Have you joined this team? Have you put your faith in Jesus Christ. Well, we invite you today. It's an

epic team with an critical mission with miracles happening every day. In fact, the team at the Stonewall Drop In invites you to join our mission to serve 2,300+ students in our RM.

What can you do to help? We have a motto. MOST CAN HELP. It defines the team we need to win. We need Mentors, Organizers, SUPPORTERS, Teachers, Connectors,

Advocates, Nurturers, Hosts, Evangelists, Leaders and Prayer people. Team has always been God's example (Father, Son, Holy Spirit). Team has always been God's desire. The most Biblical thing we can do is invite you to our team. Teamwork makes the dream work.

Paul Emmer  
YFC Stonewall



# 'Nature is a great teacher'

## Adventure filmmaker travelling Canada's Great Trail stops in Selkirk

By Lindsey Enns

When award-winning adventure filmmaker Dianne Whelan embarked on her 24,000 kilometre trek across Canada, she was at a pivotal point in her life.

Her dog of 18 years had died, her marriage had recently ended and she was looking to nature to help her heal as well as seeking some inspiration for her next big film project.

"Nature is a great teacher," Whelan said during an earlier interview with the *Record*. "I like to say every story has many beginnings. Part of it is I'm a storyteller. I make films."

Whelan is an award-winning Canadian filmmaker, photographer, author and multimedia artist who currently resides in Garden Bay, B.C. In April 2010, Whelan travelled to Nepal and Mount Everest Base Camp to direct and shoot her award-winning documentary film, *40 Days at Base Camp*.

Whelan's latest adventure, which began on July 1, 2015 from mile zero in St. John's Newfoundland, is taking her across Canada's Great Trail, also known as the Trans Canada Trail, from the Atlantic to the Pacific to the Arctic oceans, linking 1,000 Canadian communities along the way. Her journey also included stops in St. Clements and Selkirk.

"I see a very caring community that shows respect of its past and it's not afraid to change and embrace the future," Whelan said, referring to her

time in Selkirk.

Whelan stayed at Fidler House Bed and Breakfast, run by Bev and Fraser Stewart, for nearly one week in early April. During her stop in St. Clements last month, Whelan said she was about half way through her journey across the Great Trail.

In order to reach the end of the trail, she has been forced to paddle, bike and hike, which she says has only strengthened her connection with the land.

"The old way is not the way you travel, it's what you carry in your heart," Whelan says, referring to a lesson an elder she met along her journey told her. "With each step saying 'the earth is sacred.' With each paddle saying 'the water is sacred.' Making that connection, well that's profound. If I learn nothing else on this journey, that has changed my life."

Whelan says she decided to embark on this journey as a form of personal reconciliation with both the land and with Canada's Indigenous Peoples.

Whelan hopes once the film, entitled "500 Days in the Wild," is completed, she hopes it will help serve as part of Canada's path towards reconciliation.

"It touches on themes that are really important to me," she said. "I love this country ... I love this land but it's still just one chapter in a very long story book. So I thought it was a really good time to pay my respects to the ancestors of this land."



TRIBUNE PHOTOS BY LINDSEY ENNS AND SUBMITTED

ABOVE AND BELOW: Adventure filmmaker Dianne Whelan, pictured above and below, peers out the window during her stay at Fidler House Bed and Breakfast in St. Clements in early April. Whelan is currently travelling Canada's Great Trail as a form of personal reconciliation with both the land and with Canada's Indigenous Peoples.



Whelan is co-creating her indie film with her close friend Ann Verrall, who has worked closely with First Nations communities in the past.

"That's what brought us together," Whelan said. "The whole idea is to build an inclusive story and just to make sure that narrative is a part of that story we are telling. The film will be an adventure film but it's also a story of this land."

"What we share is this land. This is our home and connecting to it on that level."

Verrall, a Halifax-based, award-winning media artist, has also been meeting up with Whelan on the trail

to bring her supplies, film, direct and back up any footage Whelan has collected along the way. She is also keeping track of her progress. No release date for the film or book Whelan is writing along her journey has been set just yet. She added once the film is complete, they hope to tour back around to all the communities they visited, including Selkirk, to share it.

"The idea is to make the film and go back around the circle again and share the film in various communities," Whelan said.

To follow along on Whelan's journey or to learn more information, visit [500daysinthewild.com](http://500daysinthewild.com).

## Seminar for those supervising children this summer

Submitted

June is a highly anticipated month for many youth. School is coming to a close, which marks the beginning of many summer activities and programs for children. Summer programming is meant to be fun and enriching for the participants as well as their youth leaders, but it is easy to underestimate the work and preparation it takes to implement successful summer programming.

The Interlake Recreation Practitio-

ners Association (IRPA), a non-profit organization providing resources and networking opportunities for Recreation Practitioners throughout the region, along with help from Municipal Relations, Recreation and Regional Services – Interlake Region, is pleased to be offering a full day workshop called Summer Supervisor Training on June 5 at the Sunova Centre in West St. Paul. Targeted towards individuals who will be supervising recreation leaders involved with children

during the summer months, Summer Supervisor Training is designed to provide program leaders with quality resources, skills, and information to help them become successful supervisors and leaders, and to prepare them for the numerous conflicts and unique situations that may arise during their summer work!

The workshop offers a series of presentations including topics such as the essentials of supervision and program planning, managing difficult

behaviour, how to recognize and report child maltreatment, and how to incorporate games and activities into programs!

Come for a great day of learning, interaction, and games. Participants will be supplied with valuable take-home resources to utilize all summer.

The cost is \$35. Snacks and lunch will be provided. For more information about how to register, contact Stephanie Johnson at [Stephanie.Johnson@gov.mb.ca](mailto:Stephanie.Johnson@gov.mb.ca) or call 204-642-6006.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Gascoigne to raise money in the Great Cycle Challenge

By Brian Bowman

Darcy Gascoigne will be doing a lot of bike pedaling next month.

And he'll be doing it for a great cause.

Gascoigne will be riding in the Great Cycle Challenge to help fight kids' cancer. His goal is to ride 300 kilo throughout June and he plans to bike to work with the hope of raising \$500.

"I thought this was a nice way to stay motivated and keep myself going," said Gascoigne, who lives in St. Andrews. "I have family members that have had cancer and a few that have passed from it.

"Anything that you can do to help and do something good — it's a good idea."

All funds raised will support the SickKids Foundation to provide care,

develop treatments, and find a cure for childhood cancers.

The Great Cycle Challenge has been a great fundraiser for the SickKids Foundation.

"I thought I would give it a try," Gascoigne said. "They make it very easy to help you try to get donations and there is a good support staff that emails you and they offer any kind of support that you need to get yourself started. It seems like a win-win."

Anyone who wants to make a donation can visit [www.greatcyclechallenge.ca/Riders/DARCYGASCOIGNE](http://www.greatcyclechallenge.ca/Riders/DARCYGASCOIGNE)

Gascoigne's sister, Glenda, has already donated \$20 to get the fund started. People can also download an app to their phone which tracks his km total in June.



TRIBUNE PHOTO SUBMITTED

Darcy Gascoigne, left, is hoping to raise \$500 through the Great Cycle Challenge for the SickKids Foundation.

## Good honoured at judo nationals



TRIBUNE PHOTO SUBMITTED

The Balmoral Judo Club's Milton Good attended the 2018 Judo Nationals last weekend in Calgary. He presented before the National Grading Board for a high dan grading and was promoted to Rokudan (sixth degree black belt). This is the level where judokas can wear the red and white belt. Good was also honoured with an award for the most outstanding referee contribution to Judo Canada for 2017.

## Mother Nature cools off Junior Blue Jays

By Brian Bowman

Mother Nature proved to be tough to beat for the Interlake Blue Jays last week.

The Blue Jays had both of their Manitoba Junior Baseball League games postponed last week due to poor weather. Those games will be made up at a later date this season.

"We had some guys that got hurt when the weather went below 10 degrees (two weeks ago), so we opted to play at a later date," said Blue Jays' manager Adam Kirk. "That way, we can have a better team and be more competitive and they made an agreement with that."

Interlake will visit the Elmwood Giants Wednesday and the St. James A's on Friday. Both games start at 7 p.m.

On Sunday, the Blue Jays will be in Altona for a doubleheader against the Bisons. Games will begin at 1 p.m. and 4 p.m.

Those four contests are the first of six straight road games for the Blue Jays. Interlake (1-2) is hoping for a successful road trip as they can't af-

ford to have the losses pile up early in the season.

"We still have some kinks to work out but I think we have a good, competitive ball team. We lost 17-0 in our first game but then we came back and pounded out 13 runs in our next game," Kirk said. "The boys aren't going to get deterred too much and we're going to keep working at our own pace here and, hopefully, we play our best ball come playoff time."

Meanwhile, the Stonewall Blue Jays are set to begin their Winnipeg Senior Baseball League season Wednesday when they host the St. James A's at 7:30 p.m.

The WSBL is down to just six teams this season. Four of those — Stonewall, St. James, Elmwood and St. Boniface — will compete in the "A" Division.

Springfield and the St. Boniface Saints will make up the "B" Division.

The Blue Jays expect to have most



# Local athletes excel at Royal Rumble on the Rubber

By Brian Bowman

Local athletes had several outstanding performances at last week's Royal Rumble on the Rubber track and field meet in Selkirk.

Athletes were impressive in each of the junior varsity and varsity events. The 15th-annual meet attracted a multitude of schools from Winnipeg and across the province.

It is the biggest high school track and field meet in Manitoba leading up to next month's provincials at the University of Manitoba.

Stonewall athletes had some extremely good performances in the junior varsity women's events.

Taryn Jackson finished second overall in the javelin after an impressive throw of 26.09 metres. Jackson was also 10th in the 100m with a time of 13.94 seconds.

Tess Doerkson had a great race in the 800m race, finishing fourth with a time of 2:46.53.

Doerkson also placed ninth in the 400m (1:10.53) while Megan Van Heist was fifth in the 1500m (5:49.49).

On the varsity women's side, Amber Schneider placed first overall in the 400m race after a great time of 1:02.86.

Lauren Proven placed third in the shot put (9.11m).

Sarah Fines finished fourth in the 100m hurdles (17.42) while Hunter Lupyrypa was 10th (20.25) in the same race.

Junior varsity boys' action saw Braden Bell place third in the triple jump after landing in the sand at 11.32m.

Bell was also seventh in the high jump (1.55m) while Andrew Perrie was ninth in the triple jump (9.77m).

The varsity boys' were highlighted by the Rams' Scott Yeo finishing fifth in the 1500m (4:50.78). He also placed sixth in the 800m race with a time of 2:17.35.

Brandon Abrahams was sixth in the

discus after a toss of 29.30m.

Stonewall's 4X100m relay team placed 10th.

## Warren Collegiate

The Warren Collegiate Wildcats also did very well in Selkirk.

In the varsity women's events, Warren's Jessica Buhler was terrific in the discus with the best toss of 28.23m.

Buhler also placed eighth in the javelin (21.50m).

Grace Goodman, meanwhile, was tops in the javelin with a throw of 31.68m and fifth in the shot put (8.24m).

Alex Chester placed second in the long jump after a strong leap of 4.76m. She was also third in the 100m dash with a very good time of 13.17 seconds and third in javelin (27.88m).

The Wildcats' 4X100m relay team finished fourth.

Laura Brad was seventh in the tri-

ple jump (8.71m) and eighth in the 100m hurdles (19.14) while Madeline Boonstra was ninth in the long jump (4.55m).

Hannah France finished 10th in the triple jump (7.92m).

The junior varsity women's events saw Naomi Voht tie for eighth in the high jump (1.25m).

Varsity boys' action featured Asa France finishing fifth in the triple jump (11.51m) and sixth in the long jump (5.63m).

In the junior varsity boys' events, Ashton Fisher placed 10th in the javelin (29.21m).

The Zone 5 track and field championships will take place next Monday (evening) and Wednesday (all day) in Stonewall.

The MHSAA track and field provincials are slated for June 7-9 in Winnipeg.

# Thunder zapped by Nomads in high-scoring game

By Brian Bowman

The Interlake Thunder senior girls' football team scored 44 points against the North Winnipeg Nomads last Thursday but still lost the game.

Despite lighting up the scoreboard, Interlake found itself on the losing end of a wild 54-44 decision in Manitoba Girls Football Association action in Winnipeg.

If you like high-scoring football, then this one was a doozy.

"I'm still getting used to the six aside football," laughed Thunder head coach Mitch Obach. "There's a lot of open field there. You get some big plays, that's for sure."

Interlake got off to a slow start, falling behind 24-0 after the first quarter. The Thunder narrowed that deficit, though, down to 34-24 by halftime.

"It was a really good effort from our team," Obach said. "We had a couple of bad breaks early...and couldn't quite get that score to tie it up or take the lead."

The Thunder showed a lot of character after the lopsided first quarter.

"That was the most exciting part for us," Obach insisted. "We're a bit younger team than the Nomads, less experienced, and less polished. We kind of got on our heels early but to rebound the way that we did was pretty exciting, from my standpoint."

Still, the Thunder will have to play better defensively if they want to win football games this season. Fifty-four points is way too many to allow.

"That has to be a major focus, for sure," Obach agreed. "They essentially had one player that burned us all day long. (She) was someone faster than we had seen before and we have a couple of rookies on defence."

While Interlake is young at some positions, they are extremely quick learners, said Obach. There are some smart girls on the Thunder that are picking up the game quickly.

"The progress that I'm seeing from players, whether they are rookies or veterans, (is) on a day-to-day, never mind week-to-week (basis)," Obach said. "I think our upside is high and there is a lot of desire to get better."

Interlake started its season with a dominating 42-12 home win over the East Side Eagles.

"We played solid football from start to finish," Obach said, noting the Thunder has 16 players on their roster. "We're not a big-play offence like most teams are. We kind of grind it out and turn out yards with four different running backs and a very mo-

bile QB."

The Thunder is now 1-1 and tied for third place in the seven-team league along with East Side.

Interlake will be looking to get back into the win column when they play the St. Vital Mustangs Black (1-2) on Thursday in Winnipeg.

Kickoff is set for 7:15 p.m.

## > BLUE JAYS, FROM PG. 26

of their players back from last year's championship team. Stonewall, though, will lose a key player in Nick Drews this season as he has taken a job in Alberta.

Kirk said they would have a better

idea as to who will be on the team after this past Monday's practice.

The schedule for the WSBL season was finalized just last week but was not posted on the league website at press time.

## Barnard named player of the week



TRIBUNE PHOTO SUBMITTED

Teulon Collegiate's Makoto Barnard was recently named the Manitoba High School Field Lacrosse League player of the week for his outstanding play. The other two players of the week were Selkirk's Draven Clemons and Portage Collegiate's Logan Calder.







# Classifieds

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Stonewall Teulon  
**Tribune**

## HELP WANTED

Winnipeg Livestock Sales req's yard staff. Part time with potential of full time. Cattle handling an asset but not necessary. Drop off resume at Winnipeg Livestock Sales corner of Hwy. 6 & 236 or call 204-299-7509.

Lunch cook req'd in restaurant in Warren, as well as some paperwork duties. Call 204-322-5556.

Dream job! Live in caregiver/housekeeper. Summers in Winnipeg and winters in the tropics. Call 204-997-4629.

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## UPCOMING EVENTS

Telus Manitoba Motorcycle Ride for Dad. Fighting Prostate Cancer Saturday, May 26, 10 a.m. Official start Polo Park Shopping Centre. Register online: [ridfordad.ca/manitoba](http://ridfordad.ca/manitoba)

## EF MOON CONSTRUCTION LTD.

EF MOON is a second generation Heavy Construction Company founded in 1962 and located in Portage La Prairie Manitoba.

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If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, MB to fill out an application, apply online at [www.efmoon.ca](http://www.efmoon.ca), or email a resume to [todd@efmoon.ca](mailto:todd@efmoon.ca)

## WATER TREATMENT

New Waterite water softeners, 30,000 grain/\$580. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems, \$730. Discounts on all water filters. All Seasons Furnishings 204-661-8581.

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## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## FARM PRODUCE

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Contact Jay at 204-791-3216.



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Northern Goose Processors is a traditional processing plant. We are advocates of good agricultural practices that ensure high standards of food safety and quality from farm to table. We adhere to morally sound policies and best practices that apply to all aspects of how we conduct business; beginning with where its product is sourced, and how all the product is farmed and processed, to the professional and fair treatment of suppliers and customers.

Each employee will perform duties in accordance with industry specific regulations such as: The British Retail Consortium (BRC), Hazard Analysis Critical Control Points (HACCP), Workplace Hazardous Materials Information System (WHMIS), Good Manufacturing Practices (GMPs), Standard Operating Procedures (SOPs), conforming to quality standards, performance expectations and documentation, workplace health and safety policies and procedures.

We are currently looking to hire **Production Workers** for our facility located in **Teulon, Manitoba**. This is a seasonal opportunity, with varying shift requirements.

### Qualification Requirements:

- Grade 12 education an asset.
- Knowledge of food safety, GMPs, HACCP and other polices an asset.
- Experience working on a production line an asset.
- Strong work ethic.
- Exhibit a positive attitude and a willingness to learn.
- Ability to work alone and in a team.
- Focus to detail and accuracy.
- Good communication skills, able to speak and read English an asset.
- Physical ability to stand for long periods of time.
- Able to adapt to a range of temperatures from -28 to 30 degrees Celsius.

If you feel you would be the right candidate for this position please submit your resume by email to [careers@foodbeverage.mb.ca](mailto:careers@foodbeverage.mb.ca) by June 15, 2018.

*We thank all applicants, however, only those under consideration will be contacted.*

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## Do you have a NEWS TIP??

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

**Call 204-467-5836**

## PUBLIC NOTICE

### Quarry Ridge Park Developments Ltd.

The land south of the current phases is under construction and an active development site. We ask that all members of the public stay off all property within the subdivision except for public roads and public park spaces. There is no trespassing allowed on any of the forested land along the east of the Quarry Ridge Park property. We have a concern related to forest fires being accidentally started due to negligence during this dry period we are experiencing. Please keep all recreational vehicles off our property. We are concerned for people's safety and do not want somebody to get hurt on our property.

If you are unsure, please stay off the property and adhere to the no trespassing rule.

If you have any questions, or concerns, please contact us at:

Office: 204.942.7744

Email: [info@venturadevelopments.ca](mailto:info@venturadevelopments.ca)

Thank you,

Quarry Ridge Park Developments Ltd.  
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## NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATE FOR GENERAL MUNICIPAL ELECTION Town of Teulon

Please be advised that a general municipal election will be held on October 24, 2018.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that I will be receiving candidate registrations:

For the office of head of council: Between May 1 and September 18, 2018.

For the office of councillor: Between June 30 and September 18, 2018

at the Town of Teulon office, 44 4th Ave S.E., Teulon, Manitoba during the regular hours of business.

To obtain a registration form contact the SEO at the telephone number listed below.

Robert Potter  
Senior Election Official (S.E.O.)  
Phone: (204) 461-1664 or (204) 886-2314  
Fax: (204) 886-3918

Dated at Teulon, MB on April 19, 2018



# Announcements

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**ANNOUNCEMENT**

**ANNIVERSARY**



Happy 25th on May 29th  
Aileen and Corey  
With all our love and best wishes  
for continued happiness!  
-Damian, Sydney, Bryce and Ashton  
Mum and Dad  
Corinne, Dave, Arik and Tatum  
Darren, Crystal, Trinity and Madison

**ANNOUNCEMENT**

**IN MEMORIAM**



**Fern Hradowy-Werth**  
September 5, 1940 – May 22, 2011  
Two extra stars are in the skies,  
I know they are my mother's eyes;  
Looking down upon her fold,  
Remembering memories wrapped in gold.  
We love and miss you Mom,  
We wish you were here today;  
Just to say these words to you,  
We love you in every way.  
-Love and miss you,

**ANNOUNCEMENT**

**IN MEMORIAM**



**In Memory of  
Walter Minaker**  
Who passed away May 26, 1994  
Those we love don't go away,  
They walk beside us every day;  
Unseen, unheard, but always there,  
Still loved, still missed and very dear.  
-Forever loved and missed  
by your family

**ANNOUNCEMENT**

**IN MEMORIAM**



**Nick Neumann**  
June 10, 1933 – May 23, 2014  
May the winds of heaven blow softly,  
And whisper in your ear;  
How much we love and miss you,  
And wish that you were here.  
-Always missed and forever in our hearts,  
Justina,  
Cheryl, Tray and Cass,  
Deb, Stu, Mason and Hayden

**ANNOUNCEMENT**

**BIRTHDAY**



**Henry Main**  
80th Birthday  
May 16, 2018

**Vince Kaskiw**  
59th Birthday  
May 22, 2018

Enjoy your 139th Birthday Dinner  
May 26, 2018

-Love and best wishes,  
Doug



**ANNOUNCEMENT**

**BIRTHDAY**



Happy 80th Birthday  
**Beatrice McMahon**  
Hope you have a wonderful day  
on the 27th of May!  
-Much love from your husband Bill,  
all of your children, grandchildren,  
sisters and brothers!

**OBITUARY**



**Rodger Holmes**  
October 27, 1933 – May 11, 2018

Rodger passed away peacefully at HSC in Winnipeg with family by his side.

He leaves to mourn after 61 years of marriage his loving wife Caroline (Care) and cherished blended family; son Gary (Brigitte), Justin, Alicia (Jordan), Ayden and Olivia, Brigitte's family Janessa (Chris), Harper, Cassie, Mason; son Gord (Sandi), Michael, Samantha; sister-in-law, Alice, Betty (Ken); mother-in-law Dorothy Lewer and many cousins, nieces, and nephews.

He is predeceased by his parents Ken and Helen; brothers Ed (Lena), Ray (Gladys), Earl (Myra), Kenny, Glenn and his sister Gladys (Mart).

Rodger was born in Sioux Lookout, ON and lived in Alcona for 15 years.

He worked for the CPR in Schreiber ON and at River Oaks Service Station in WPG. He retired with Winnipeg City Transit after 33 years of dedicated service.

Family friends and neighbors were important to him. He was very proud of his sons and grandchildren and spent many hours enjoying activities with them. His hobbies and interests included watching and playing golf, curling, gardening, walking, tinkering, animals, Sudoku, Jeopardy, music and traveling, most recently to Arizona.

He was proud to be United and spent many hours helping in local churches, Presbytery and Conference. His beautiful tenor voice was heard in choir, cantata, weddings and funerals. He enjoyed his music ministry at Lions and Rosewood P.C.H. in Stonewall with Care.

A special thank you to Phoenix Abrazo Centre and HSC.

Cremation has taken place with interment at a later date. A celebration of life was held at MacKenzie Funeral Chapel in Stonewall, 433 Main St. on Wednesday, May 23, at 11:00 a.m.

Flowers are gratefully declined. If desired send donations to Stonewall Pastoral Charge or the Children's Wish Foundation MB.



MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)

**ANNOUNCEMENT**

**CARDS OF THANKS**

We would like to say a huge thank you to the Stonewall-Rockwood Fire Dept. for their prompt response to the fire at our property on Tuesday, May 15. We were amazed at how quickly you all were able to get the bush fire under control and stop it from spreading. We sincerely appreciate having such a wonderful fire dept. in our community. Thank you!

-Sheldon and Debby  
Bernhard

**Don't forget to send  
your special wishes  
to your friends and  
family.**

Stonewall Teulon  
**Tribune**

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*There is a link death cannot sever,  
Love and remembrance last forever.*



# Announcements

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## OBITUARY

**Ronald Daniel Church**  
January 16, 1938 – May 19, 2018

It is with great sadness that the family of Ronald Daniel Church announces his passing on May 19, 2018, in his 81st year, at the Stonewall Hospital.

He is predeceased by his wife Brenda and his parents, Stanley and Wanda Church. Family left to mourn are his sisters: Shirley Hazelwood, Beverley Johnson, Valerie Larkin; his nieces: Kimberley, Donna, Cindy, Tracy, Reinell, and his nephew Cory as well as several great nephews and nieces.

Ron began his life as a farmer and always remained a farmer at heart.

Thanks to staff at Stonewall Hospital, Ted Monkman, and all of the coffee guys. Morning coffee at the Rock with his buddies was an important start to Ron's day.

Rest in peace, brother and uncle; you will forever remain in our hearts.

A private service will be held.



MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)

Your memory will live forever  
engraved within our hearts

## OBITUARY

**Gordon Watson**  
September 12, 1929 – March 15, 2018

Peacefully, after a lengthy illness, Dad passed away March 15, 2018 at the Teulon Hunter Memorial Hospital.

Left to cherish his memory are his wife of 61 years Ruth (Kennedy), sons Ken (Brenda) and Bob (Kim) and grandchildren Kent, Brandon and Kaleigh. Dad was preceded by grandson Jonathan, sisters Zelma, Jean and brothers Ed, Harvey, Mervin, George and Mel.

Dad was born in Portage la Prairie, MB. He and Ruth were married in August, 1956 and settled in Stonewall. There he worked for North American Lumber and Texaco Bulk Fuels for several years. In 1968 he began a 23 year career as a corrections officer at Stony Mountain Institution. Dad enjoyed telling stories of growing up and of the many people he had worked with and met over his 88 years.

In 1969 the family moved to Teulon to live on the Kennedy farm. He enjoyed having a small farm where he had a variety of livestock. In later years he was particularly proud of his large garden and beautifully manicured yard. Dad and Mom enjoyed many trips to BC and California to visit family and friends.

Dad loved his family and was especially proud of his grandchildren. It was important for him to know what they were doing and what projects they had on the go at any given time.

The family would like to thank Dr. Loudon and the wonderful staff at the Teulon Hunter Memorial Hospital for their care and compassion towards Dad.

A celebration of Gordon's life will be held on Sunday, May 27, 2018 at 2:00 pm in the Gunton - Greenwood Community Hall, Gunton, MB.

In lieu of flowers donations may be made to the Goodwin Lodge Foundation or the Teulon Hunter Memorial Health District Foundation Inc.



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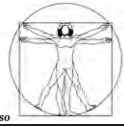
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