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Doggone snow

TRIBUNE PHOTO BY LANA MEIER

Mother Nature flexed her muscles over the long weekend, blanketing parts of Manitoba including the Interlake with High winds, heavy rains and blizzard-like conditions causing power outages in some communities. Manitoba Hydro workers were kept busy Sunday and Monday restoring power to most by Monday night. Matthieu Meier took advantage of the nice weather and the fresh snow to finish off the long weekend making a snowman.

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Stonewall military medal welcomed home

By Natasha Tersigni

It was a chance find but thanks to one Stonewall resident a piece of the town's military history is back to remind future generations of the commitment and sacrifice local soldiers made during the First World War.

While searching military websites to find collectibles to add to his own personal collection Simon Thomas, who is a member of the town's heritage committee, came across a medal that was given by the Town of Stonewall to resident Captain William Dyson Riley to welcome him home and thank him for his service during the war.

After a quick phone call to Quarry Park Heritage Arts Centre (QPHAC) manager Catherine Precourt, the

medal was purchased, for approximately \$200, and was sent back home to Stonewall.

"It is very unique. I don't know how many of them were made but I certainly haven't seen too many of them. It is just so special to have it 100 years later come home," said Precourt.

"In my mind it was well worth it to have it back in Stonewall; it was a very worthwhile purchase. Museums typically don't purchase a lot of artifacts, most of them are donated, but in this case we will make sure it stays in Stonewall now. If we hadn't purchased it anyone could have and it could have ended up anywhere. It was important for us that it comes home."

Precourt has only seen one other Stonewall 'Welcome Home' medal before.

"The one I saw was at the Canadian War Museum in Ottawa. They have the one that was presented to Alan McLeod on display at the national museum," said Precourt.

Research is still continuing to find the details of Riley's service during the war and what he did when he returned home from overseas. But what is known is that he was the son of prominent Stonewall businessman and politician Isaac Riley.

Isaac was born in Ontario and later moved to Manitoba. Business as a lumber merchant led him to Winnipeg and then to Stonewall where he was a lumber



TRIBUNE PHOTOS BY NATASHA TERSIGNI

A military medal presented to Captain William Dyson Riley to welcome him home and thank him for his service during the First World War has returned to Stonewall after 100 years.

merchant and owned the local Canadian Pacific hotel in town. Isaac entered provincial politics in 1899 and served as the Rockwood MLA from 1899 to 1915. He resigned from politics in 1915 due to his Conservative party, under the leadership of Rodmond Roblin being forced to resign in face of a corruption scandal. Isaac remained in Stonewall until his death in 1926.

As for his son, William, Precourt has been able to find some initial information.

"Captain William Dyson Riley also sort of followed his dad into the lumber business. I have traced him so far going down to the United States and working in the lumber business for a little while and they kind of lost track of him after that. It is a work in progress," she said.

In the next coming months Precourt is hoping to complete her research including William's service during the war. The QPHAC normally does not collect military memorabilia but made an exception for the medal.

"Our collection here at the centre focuses first on the stone quarries because we are a quarry interpretive centre and then we look at things that have prominence with the town itself," said Precourt.

For the last few years QPHAC has been hosting a Stonewall Remembers military display in November in honour of Remembrance Day and local area soldiers who served. The plan this year, along with their Second World War display, is to have the medal on display with the completed research of Captain William Dyson Riley's life and service to Canada.

"Because this had a connection to Stonewall Remembers (exhibit) and because it has the connection to Stonewall we had to have it. We just had to have it there was no way around it," said Precourt.

"It is too good to hide away. This year's remembrance project is focused on WWII but we will have a section to display the medal for the public to see because it is pretty special."

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Woodlands student writes her way to the top

Jennifer Fossay wins provincial poetry contest, moves on to nationals

By Stefanie Lasuik

Woodlands Grade 7 student Jennifer Fossay is awaiting news from Ottawa. Fossay won the province's top award in the Royal Canadian Legion annual intermediate poetry contest and her work has been sent off for judging at the national level. On May 13, she and Alaura MacDonald were honoured at the Woodlands Legion Branch #248.

MacDonald entered a poster in this year's senior colour category and while she was a winner at the district level, her poster did not move past provincials. However, the provincial command was so fond of MacDonald's poppy poster that they offered

her a \$50 cheque to part with it. It is now framed and displayed prominently at the Legion's provincial office.

The girls' work was part of the Royal Canadian Legion's annual poster and literature contest, which aims to foster to tradition of remembrance amongst Canadians. Students from kindergarten to grade 12 can submit their remembrance artwork into the poster contest, which has two divisions: colour and black and white. The Literary contest opens up to those in grade 4 and older and is categorized by poem and essay.



TRIBUNE PHOTO BY NADINE THIESSEN

Alaura MacDonald (left) and Jennifer Fossay (right) stand with Remembrance Chairman Dave Thompson.

RM of St. Laurent will see slight increase in taxes

By Jeff Ward

RM of St. Laurent taxpayers will be seeing a slight increase in their property and school taxes in 2015 following the public meeting on May 7 when council passed their 2015 financial plan.

A crowd of about eight strong scrutinized the financial plan, which includes an overall tax increase for RM residents of approximately \$23.13 based on a \$100,000 assessed home.

"Most were just looking for clarification on certain items in the budget," said St. Laurent Reeve Cheryl Smith.

"For the most part their questions were very sincere and we definitely strive as council to make sure everyone has an opportunity to ask the questions they have," said Reeve Smith.

One of the new expenses the council has included is their new Emergency Measures Coordinator (EMC), which is in the budget for \$31,000. Smith explains that the EMC likely won't cost that much and it will be around \$25,000 to retain those services. Council plans to use what's not spent, as a surplus for any emergency management needs.

A waste transfer site is also new to the budget this year at a cost of \$21,000, which goes along with another new item on the budget of \$54,000 for household waste bins. RM coun-

cil voted on a new by-law earlier this year to handle all waste management with municipal staff. Rubber Ducky, a company from Woodlands, was previously handling it.

A cost of \$8,500 to monitor ground wells has been included in the budget this year, which Smith explains is government mandated and is important as the ground wells is in the vicinity of the waste transfer site. Regular checks to verify quality of drinking water is what this cost covers.

A big decrease in snow removal spending this year as the cost dropped from \$45,000 to just \$3,000. Smith explains that because of when this budget is being put together they knew exactly how much they spent on snow removal so far, and that the only months they're really concerned about are Oct. to Dec.

"If in December we get a ton of snow then we'll go back into the budget and see where we're running a surplus to cover the cost," explained Smith.

There's also a \$500,000 line in the budget for flood expenses, and while the council doesn't anticipate that there will be a flood event, they're planning just in case there is. Smith explained that after facing both 2011 and 2014 floods that being prepared is the only responsible thing.

Immediately following the meeting the budget was passed through council and will be approved.



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Newspaper industry not a dying field after all

By Natasha Tersigni

While it may not offer the excitement of high speed car chases or running into burning buildings or the flash cash that being a lawyer or doctor does, a career in the newspaper industry, whether it is a reporter, graphic designer or sales rep, still has some appeal to the younger generation.

The *Tribune* was asked to take part in the Interlake School Division's first ever Career Exploration Day for Grade 8 students. It was held on May 14 at New Life Church in Stonewall. Our local community newspaper joined other career possibilities in the gallery walk. While students explored career possibilities such as the excitement of the Rosser Fire Department, the Winnipeg Police Service with the average salary of \$90,000 a year for an officer or the stability of Manitoba Hydro, there were few reasons why students came and spoke with a journalist.

Many students who stopped by the *Tribune* booth had illusions of being a doctor. But keeping in mind that these students have never taken a biology or chemistry class and may not realize the acceptance rate into medical schools across Canada is one-third, I turned on the charm and tried to steer them towards the newspaper industry.

There were a few, albeit the artistic ones, that already had a knack for graphic design and enjoyed taking pictures, those are the ones that I pulled out the major sales pitch for; press passes to see Taylor Swift in concert, rubbing shoulders with U.S. for-

mer secretary of state Hillary Clinton and covering Prime Minister visits.

But to be fair I also threw in some not so glamorous truths.

Getting into any journalism program, whether it's the Creative Communication program at Red River College or the route I took going to journalism school at the University of Regina, it is competitive. Once you graduate, it is tough to find a job in a market that is consistently reducing positions. You may end up comprising your goal of working at a high powered daily paper to work for a community newspaper in a town you never really knew was on the map, even though it was just 20 minutes away from the city you were raised in.

There are times that you will have to sit through council meetings or public hearings. You may have to cover school talent shows which make you question why you ever went to journalism school in the first place and many weekends will be spent driving around the Interlake covering craft sales and community concerts.

From all of that though I was able to tell students that I found a community that cares, co-workers that became friends and a home where I never thought I would end up. I found a town where my mother could start her dream business and where children run up to me on the street and ask if I will be covering their next school science fair. I know that while council meetings can be boring the residents and taxpayers truly appreciate the coverage keeping abreast of the local goings-on in their, and now



TRIBUNE PHOTO BY NATASHA TERSIGNI

Volunteer firefighter Kevin Braun gave ISD Grade 8 students a close up look at what it is like to be a member of the Rosser Fire Department during the Career Exploration Day.

my, community.

So with a smile I told students that a career in journalism truly has endless possibilities and you really don't

know where you will end up but they, like me, would certainly enjoy the ride.

St. Laurent age-friendly initiative begins

By Jeff Ward

St. Laurent is laying the groundwork for their community to become more age-friendly joining more than 80 communities in Manitoba.

The age-friendly initiative is part of a larger provincial initiative that aims to keep seniors more active and healthy in their communities by establishing or improving areas that tend to deter seniors from becoming involved. On May 13, a public meeting was held to discuss priorities and brainstorm ideas for senior residents.

"We're focusing on eight different areas right now," said Brigitte McDaniels, the organizer of the initiative for St. Laurent.

"We're being backed by the RM and this meeting is really just to start the process," said McDaniels.

The eight areas talked about include: outdoor spaces, transportation, housing, social inclusion, social participation, communication and information, civic participation and employment and lastly community support and health services.

Each of these areas represents significant challenges for seniors if not addressed. The issues might be heavy doors that need to be automatic or how dangerous crossing the highway can be, as well as the challenge of making sure each senior resident is aware of the upcoming events or pub-

lic notices.

"A lot of seniors don't have, or want the Internet in their home. And having a poster on a billboard doesn't really help much if they don't get out. So we have to figure out a system so that we can get pertinent information to each resident," said McDaniels.

St. Laurent is one of the last communities in Manitoba to join the initiative but McDaniels is hoping to hit the ground running. She recognizes that the need for improvement in these areas is growing and wants to make things better for her community. The design of the town is another sticking point for McDaniels. She points out the difference between St. Laurent

and a town like Lundar, which is built around one main street.

Designs like that make it easier for seniors to travel around and get errands done, or enjoy a meal at a local restaurant. For St. Laurent it's more difficult, being split by Hwy. 6 creates a dangerous scenario for anyone needing to cross, and although the speed limit is reduced to 60km/h, it's not always obeyed.

McDaniels is excited about the future for her community and feels that once the ball gets rolling there will be some significant improvements for seniors in St. Laurent. Around 40 people attended the afternoon meeting in the St. Laurent Rec Centre.

Teulon Museum exhibits town's rich history as part of Manitoba Day

By Stefanie Lasuik

On May 12, Manitoba celebrated its 145th birthday. It was on that day in 1870 that the Manitoba Act received Royal Assent, making Manitoba the fifth province of Canadian Confederation. Teulon and District Museum commemorated the day by opening its doors to the public.

A cold day outside made for an even colder day inside the museum, causing a dismal turnout. But Amy Del-lebuur, the museum's chairman, is hopeful for better attendance when the buildings open for regular hours during July and August.

The museum contains a collection of artifacts from the pioneer days, a Ukrainian log house, a shoe repair

shop complete with high lace boots, a railway caboose, and a doll exhibit with over 350 dolls. The district is also home to the preserved St. Mary's Ukrainian Catholic Church, a building constructed in the 1920s.

Dr. Hunter's restored 1905 home is another attraction, which honours the man who established Teulon's first hospital, a lodging for nurses, and educational homes.

Tuesday's tour in Teulon was a part of an initiative started by the Association of Manitoba Museums to promote greater understanding and appreciation of our province's history by encouraging Manitobans to visit local museums on Manitoba day.



TRIBUNE PHOTO BY STEFANIE LASUIK

The Teulon and District Museum commemorated Canada's 145th birthday by opening its doors last Tuesday.

Interlake student chosen for provincial honour band

By Natasha Tersigni

For the second year in a row Teulon Collegiate Institute (TCI) musician Carlin Trudzik was chosen to take part in the Manitoba Junior Honour Band. The Grade 8 tuba player had to beat out fellow musicians across the province in order to be chosen for the elite band.

In April the band had several rehearsals and ended with a public performance on May 2 in Winnipeg.

"It was fun and it was a higher level of music than we play in band at school," said Trudzik who added playing with other tuba players was a unique opportunity as he is the only tuba player in his band at TCI.

To participate in the honour band a musician must first audition and then a selection committee decides which students will participate. Music for the audition and the band concert is well above the level musicians are playing back in their band classes at school.

"The provincial honour band of Manitoba is so top-notched to get into and they only take so many players," said TCI band director Brandy Bilenki.

"It is such a huge deal to make it to this band. Carlin had to beat out everyone in Manitoba who auditioned and he made it for a second year in a row."

Trudzik is already practicing his



TRIBUNE FILE PHOTO

This year Teulon Collegiate Institute (TCI) musician Carlin Trudzik was the only Interlake School Division student chosen to participate in the junior provincial honor band.

music to audition next year. Since the junior band is only open to students up to Grade 8, Trudzik will be competing for a spot in the intermediate honour band for students in Grade 9 and 10.

"Right now I am practicing different music and learning a lot of scales," said Trudzik.

"It will be even harder next year because I will be trying for the intermediate honour band."

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Phone scammers targeting Manitoba Hydro customers

News Release

Manitoba Hydro residential and business customers continue to be targeted by a phone scam.

Several customers have received phone calls that appear to come from the utility demanding immediate payment.

A typical scam phone call: Originates from a toll-free number. In some cases, Manitoba Hydro's phone number also appears in the Caller ID; The caller asks a few questions, then states that the customer's account is in arrears and must be paid im-

mediately; The customer is provided with payment options, which include making a payment through a local retailer (often Safeway/Sobeys), paying through a PayPal account, wiring a cash payment via Western Union, or providing a credit card number.

The fraudulent callers are quite believable and they often give the customer a short time limit in which to make a payment before the power will be cut off.

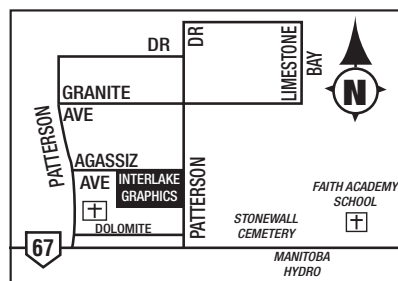
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Mill rate increases for 2015 in the RM of Woodlands

Capital projects planned for the RM

By Natasha Tersigni

Taxpayers in the RM of Woodlands will see a slight increase in their mill rate on this year's tax bill. As presented on May 11 at a public hearing and passed the next day at their regular council meeting, the 2015 budget will have the LUD of Warren mill rate at 12.74, an increase of 13.6 per cent from 2014, and the Woodlands mill rate at 19.12, an increase of 2.6 per cent.

"I feel that we have done our best to keep the budget within means and without raising taxes too high. Council felt that we have to raise taxes a little bit so we are not taking a huge jump in future years," said Reeve Trevor King.

"The moderate slight increase that

we have will keep us from having to do a major increase in future years."

A major portion of the 2015 budget, 39 per cent, is being allocated to the fiscal service, which includes payments for capital projects and debenture payments. Of the \$2.3 budgeted, which is a \$1.3 million increase over last year, \$900,000 is going to the lagoon expansion project in Woodlands. From that fund the RM has already allocated approximately \$1.1 million towards the public workshop that is estimated to cost \$1.3 million. No date has been set for when the project will start, however when the RM wants the money ready available so a loan does not have to be taken out for the project when they decide

to move forward.

"Council is still debating on how we are going to proceed on that issue," said Councillor Gavin Jones.

"That was a program started by previous council and since the election there is a new council and the new council wishes to review the whole project and make its own and put its own stamp on it so to speak. It is going to take a little bit of time to do that."

The lagoon expansion for Woodlands, which is needed as the current one is at maximum capacity, is scheduled to begin next year with the work to be tendered out this summer. The total cost of the project is being budgeted at \$1.8 million.

One thing that the council and administrators will be looking at for future budgets is the difference in mill rates for those who live in Warren and

those who live in the rest of the RM. Currently those living in the LUD of Warren pay 33 per cent less taxes than those living in the rest of the municipality.

RM of Woodlands CAO Adam Turner cited the biggest reason why rural residents pay more is due to the high cost of road maintenance associated with those living in the rural area, including snow clearing and gravel crushing.

"The biggest contributor to the rural mill rate is the transportation," said Turner who added that there would be future discussions on making the two mill rates closer together.

"The thing that will come up for discussion with the LUD of Warren is that we have some rates there that we need to look at updating. They have been sitting at status quo for a while."

Teulon council votes for tax rate to remain the same

By Natasha Tersigni

Ratepayers in the town of Teulon will be relieved when they get this year's tax bill. As council outlined during their 2015 budget public hearing, and subsequently passed during the regular budget council following the hearing, it was voted that the 2014 mill rate of 15.443 will be carried on into 2015.

"I think the public should be fairly good with that," said Mayor Bert Campbell with the decision to keep the mill rate the same as last years.

"We are not putting much money

into our reserves this year but we are not taking much out of our reserves. Hopefully we can get back onto a good even keel here for next year," said Mayor Bert Campbell.

For the reserve funds this year \$58,000 is allocated to be contributed to the utility reserve and \$61,000 is being contributed to the gas tax reserve. From the gas tax reserve \$75,000 is being withdrawn.

Major projects outlined in the 2015 budget include sidewalk construction as part of the active transportation

project for \$25,000; paving a portion of 4th Ave S.W. for \$50,000 and purchasing a skid steer attachment for \$6,000. This year council passed \$66,650 for fire services, a \$18,650 increase from last year. The additional funding is to purchase and test equipment.

As well, the town is increasing funding to the Teulon-Rockwood Recreation Commission by \$17,000 to help with their capital improvement projects. "We are helping them pay for part of a new Zamboni for the arena. That is one time thing it won't neces-

sarily be there next year unless they come along and need something else, but that is what we are doing this year," said Campbell.

One of the reasons that the mill rate has not increased is due to the increasing assessment in the town. This year the town's total assessment has increased 1.8 per cent to \$44.5 million from \$43.77 million in 2014. Since 2005 to 2015 the town's taxable assessment has increased 126.3 per cent from \$19.7 million in 2005 to \$44.5 million in 2015.

Christ the King Catholic Church ladies prepare for annual fashion show

By Stefanie Lasuik

The ladies group at Christ the King Catholic Church are ready to strut their stuff. Their sixth annual Spring Fashion Show is scheduled for May 28 at 7 p.m., with doors opening at 6:30.

Approximately 20 members of the Catholic Church parish ranging in age from 11 to 83 will model stylish new clothing from Johnson's in Gimli.

Without the models, Ladies' Group President Bev Ballantyne said, the show could not be a success.

Johnson's fits each lady with three outfits to debut at the show, all of which are available for purchase at a 20% discount at the end of the night.

The evening will also include snacks of fruit, crackers, and dainties and coffee and tea for refreshments. Wine will be available to buy.

The show is a good fundraiser for the church that typically brings in \$2000 and sees 150-175 guests.

Tickets for the event are \$10 and can be bought by contacting Bev at 467-8932.

The money raised will enable church renovations and support community charities. In the past, the group has donated to Palliative Care, local cancer patients, and community care homes.

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Public survey finds more rental units needed in Teulon

By **Natasha Tersigni**

Results from the town's April housing survey have been received and community resource officer Colleen Engel is reviewing them to compile a report that will be released at the end of May. By the survey's deadline of April 30, 117 surveys were received along with a number of late submissions.

"Upon initial review it should be noted that surveys were completed from all age groups with a majority of respondents owning their home, however, 26 per cent of responders did state they were renters. Sixty-four per cent of responders said there were not enough rental units in Teulon and 45 per cent said there were not affordable homes for sale," said Councillor Michael Ledarney.

"People with disabilities, those 75 years-old and older and single parents with children were the groups identified as having a very difficult time finding quality housing in town."

The survey was initiated as a way for the town to assess resident's needs and to see what direction future housing projects need to take.

Healthcare Committee Expansion

It was announced that the working committee that was established by the town a year ago to work with the Interlake-Eastern Regional Health Authority (RHA) to make healthcare in Teulon more sustainable and accessible for residents will be requesting that representatives from the RM of St. Laurent, Town of Stonewall and RM St. Andrews join the working group.

The committee meets once a month and currently there are approximately 16 people in the group including Teulon physician Mike Loudon and his wife Shaleen; Teulon Mayor Bert Campbell and councillors Cherise Griffin and Michael Ledarney; RM of Rockwood councillor Lyle Willis; Hunter Memorial Hospital Foundation members Barry Jeske, David Oakley, Ian Palsson, and Nancy Dumas and Interlake-Eastern RHA and RM Woodlands representatives.

"The main goal of this committee is to make healthcare more sustainable in Teulon and try and bring Teulon back to the hub it once was a number of years ago. We realize a lot of things

have changed in medicine over the years and accessibility to doctors and other issues is not as simple a project as it used to be," said Campbell.

"The surrounding municipalities are totally in favour both monetarily and with just morale support. This committee is going to be an ongoing committee and we will have close relationships with the health authority and they will be attending all of our meetings."

Goals of the committee include finding ways to recruit more doctors and implementing new medical care in the town such as hiring nurse practitioners to provide primary care.

"I think the regional authority knows we are very sincere in trying to revive this hospital and bring it back to the hub once again but I don't think it will ever be the same way as it was before but it will be a very sustainable health unit with fantastic care," added Campbell.

Fire Agreement Signed

After months of negotiations between Teulon and the RM of Woodlands the two councils finally signed the fire agreement that would allow

the Teulon-Rockwood Fire Department to respond to non-response calls in the RM of Woodlands.

Fruit Tree Grant

Tree Canada has granted Teulon Collegiate Institute (TCI) in partnership with the town a \$4,000 grant to be used towards planting fruit trees and making improvements to the school's orchard including fencing to keep animals away from the trees. From the grant trees will be given to the Teulon Daycare and four will be planted in front of the town office to replace trees that have died. Planting will begin on May 29 at 2 p.m. at TCI.

Teulon Centennial Celebration

A committee is beginning to be formed to oversee planning for the town's 100th birthday in 2019. Once the group has been established it will be discussed what events will be held and what other projects will be explored in conjunction with the anniversary such as a history book. For more information on joining the committee contact the town office at 204-886-2314.

Health involvement groups to represent community voices in health care

Submitted

Interlake-Eastern RHA hosted its first Local Health Involvement Group (LHIG) meeting on April 29. The meeting brought together the region's 27 LHIG representatives for a one day familiarization and planning session with Ron Van Denakker, CEO,

and Oral Johnston, chair of the RHA's board of directors.

"We have been waiting for this day for a long time," Johnston said. "We heard very clearly in the consultation process that our residents want to see accountability in health care

and we strive for that. Now the board has formalized partnerships in place through our LHIGs that give us expanded reach into our region."

When the Province merged Manitoba's regional health authorities from eleven to five in 2012, it mandated the creation of LHIGs to preserve community voices in the regions.

To determine the structure and function of LHIGs, regional health authorities hosted public consultations across Manitoba in 2012 and early 2013. In Interlake-Eastern RHA, public consultations in Ashern, Selkirk, Beausejour, Lac du Bonnet and Gimli attracted more than 100 people who shared their opinions. People also had the opportunity to provide comment online. A provincial working group reviewed feedback and created recommendations for LHIGs that were approved by the Minister of Health.

Each region was responsible for submitting its own LHIG plan to the Minister of Health for approval.

Interlake-Eastern's approved LHIG plan consists of three geographic based LHIGs, east, west and central, and one regional patient advisory committee. The RHA called for LHIG applicants through local media press releases, direct communication with stakeholders, information in RM and town council offices, displays in health facilities and application information on the Interlake-Eastern RHA website. Thirty-five individuals applied to sit on the LHIGs. Applicants were reviewed by a sub-group of the RHA's board.

LHIGs will next meet in June. They will be given a question, defined by the Interlake-Eastern RHA's board, for public consultation, discussion and response to the board. Later in

the year, each LHIG will have the opportunity to suggest to the board a question they would like to focus on.

Representatives from each LHIG will present their findings to the RHA's board. The board will respond by identifying to LHIGs how their contribution informed the board's strategic planning process.

Once the board has defined the question for LHIG consideration, the RHA will provide opportunities for members of the public and other community/regional health care groups to provide feedback for LHIG consideration. Background information on the LHIGs is available at www.ierha.ca, "About us", "Community Involvement", "Local Health Involvement Groups".

2015-2016 Interlake-Eastern RHA Local Health Involvement Groups West Local Health Involvement Group Board liaison: Ruth Ann Furgala Board liaison alternate: Debbie Thorsteinson; and LHIG members: Allan Cadger - Petersfield; Tammy Dziadek - Meleb; Elizabeth (Bette) Farguson - Balmoral; Deanna Fridfinnson - Arborg; Samantha Frost - Stony Mountain; Gail B. Holmes - Eriksdale, MB; Shirley Michaluk - Gimli; Olva Odum - Fraserwood; Dianna Shymko - Komarno; Henry Sikora - Warren; and Bev Trachuk - Fisher Branch.


Spring Fashion Show
Hosted by Christ the King Catholic Ladies group
May 28, 2015
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Stony Mountain bike shop now accepting customers

By Natasha Terisgni

With the winter melt over and spring in full bloom many bike enthusiasts are itching to hit the trails. Before you head out on that bicycle that has been sitting in storage all winter long, you may want a tune-up and the Grade 7 and 8 students at Stony Mountain School are waiting to work on your bike.

Last week the Bike Works program, which is part of the junior high industrial arts classes at Stony Mountain, opened their doors to the public to offer spring tune-ups. For just \$10 per bike students, under the watchful eye of their teacher John Loochuk, will be putting a customer's bike through a series of inspections including rims, tire and tube, brakes, cables, drive train and chain. Students will finish the spring bicycle tune-up by cleaning the bike and lubricating the chain.

The project is a first for the school and Loochuk said it is a great opportunity to give back to the community while offering students hands-on experience working with bikes.

"We want to make it more real for the students to be able to do some tune-ups. We thought we would have this project so it is not just tearing apart the same bikes we work on every day and that we would offer a service to the community," said Loochuk, who added that any work the students are unable to complete, such as repairs to bent rims, will be noted for customers so they can take their bike to a professional shop.

Along with working during their regular bike mechanics class once every six days, students will work during breaks and lunch hours to complete the work. The class was something Loochuk introduced to the school after taking a course at the community Winnipeg bike repair shop The Wrench.

"It has been a really good program and the kids have really enjoyed it. We try and keep it hands on; we don't do any paper and pencil stuff. It is all about demonstrating and then letting the students try," said Loochuk.

Grade 8 student Hunter Lupyrypa is enjoying the class and learning the mechanics of bikes.

"I now know the simple stuff like changing a tire, fixing your brakes and making sure everything is working. If something isn't working properly and



TRIBUNE PHOTO BY NATASHA TERSIGNI

Budding mechanics of the Stony Mountain School Bike Works program Hunter Lupyrypa and Kendal Slaney work on their first two bikes of the newly launched spring tune-up project. Pictured left to right, Hunter Lupyrypa, Bike Works teacher John Loochuk, first customer ISD school trustee Sharon Baker and Kendal Slaney.

you can't fix it you know what needs to be changed and you can take it to someone who can fix it."

Anyone who needs a spring tune-up can drop his or her bikes off at Stony Mountain School between 9a.m. to 3:30p.m, Mon. to Fri. The cost of \$10 per bike

is for consumables such as grease and other items to help keep the program going at the school for next year. For more information on the program or to make an appointment to drop of your bike call the school at 204-344-5459.

Enhancements to loan guarantee program to address higher livestock prices

By Lindsey Enns

Farmers combating higher cattle prices across the province are warmly welcoming changes to the Manitoba Livestock Associations Loan Guarantee program.

"We've been waiting for this for probably two years hoping that it would come," said Ken Vaags, supervisor of A-1 Cattle Co-op in Oakbank and user of the program. "This has been a very important announcement for us."

Borrowing limits under the Manitoba Livestock Associations Loan Guarantee program have now increased to up to \$8 million from \$5 million for associations and up to \$500,000 from \$300,000 for individual association members. Changes to borrowing limits were needed to reflect higher cattle prices and increasing livestock operations across Manitoba, Agriculture, Food and Rural Development Minister Ron Kostyshyn announced on May 13.

"Based on recommendations from livestock associations and livestock producers, the expansion will help ensure producers can access the financing they need to manage their farms effectively," Kostyshyn said in a news release.

The loan program provides producers who are members of livestock associations more favourable financing terms than they would be able to access individually, as well as reduced handling costs due to higher volumes of cattle sold through the associations.

Producers can use the funds to purchase feeder or breeder cattle with repayment terms of up to one year and up to seven years, respectively.

"The increase in borrowing limits will go a long way in making the program a viable option to finance the purchase of cattle required for expanding operations with the new reality of dramatically higher prices," Association of Manitoba Feeder Co-

operatives executive director Rob Smith said in a news release.

A representative from the Interlake Cattlemen's Co-op Association declined to comment until they've had more time to review these changes.

As a cattle farmer for most of his life, Vaags said the cost of feeder cattle is "at least double" what it used to be so these increases are much appreciated.

The Manitoba Livestock Associations Loan Guarantee program, which is administered through the Manitoba Agricultural Services Corporation (MASC), provides a 25 per cent guarantee of the loans made by private-sector lenders to livestock associations.

In 2014, MASC approved a total loan amount of \$21.6 million for eight livestock associations with more than 200 association members, Kostyshyn noted.

Do you know who's really calling your business?

News Release

The Better Business Bureau (BBB) is warning of scammers posing as the BBB and other organizations in an attempt to obtain information from businesses.

Local businesses have reported receiving calls from an unknown number asking if their businesses are moving. According to one Winnipeg business owner, the number that contacted them was 1-882-014-1112; for others it was displayed as blocked, unknown or private. Similar calls have been reported by other BBB's including the BBB serving Alberta and East Kootenay (Calgary).

BBB wants to assure those within our service area of Manitoba and Northwest Ontario that these phones calls are not coming for our office, or from any other companies that have been named or impersonated, including local Chambers of Commerce and Trade Associations.

"We are actively engaged with the business community on a regular basis to promote marketplace trust and because of our brand reputation are sometimes impersonated within the community by unscrupulous individuals" say Len Andrusiak, President and CEO of BBB Manitoba and NW On-

tario.

"The BBB reminds businesses and consumers that calls like these are designed to get your business or personal information", Andrusiak says. He adds "the more information these people know about you and your company, the easier it is for scammers to compromise your information".

The scammers are asking for basic contact information such as the business address, phone number and mailing address. They ask the business if they are planning on moving, and if they've found a new space. They then request the new contact information to update their records.

The companies contacted appear to be quite random and are not following any trend or pattern in targeting specific types of businesses. This is quite common with most telemarketing scams.

Proactively tracking company movements is not something BBB does. If a business or customer calls to advise BBB a business has moved, the BBB would look into this and may call to confirm.

The BBB serving Manitoba and Northwest Ontario has received calls and emails from approximately 7 businesses complaining of this scam over the past 10 days. Accordingly to the businesses that have

contacted BBB directly, the scammers are insisting to be from the Manitoba Better Business Bureau, and when pushed to confirm where they are located, they hang up on the business. One business also reported asking them to remove the business from their call list, but continued to receive calls. It has been reported by another business that this type of call is being received by their office 4-5 times per week. Even when the business hangs up, they continue to call back.

If you get a suspicious call, BBB says:

- Don't provide personal information to anyone you don't know
- Research the caller/emailed on bbb.org and ask for references
- Ask for the person's name and call the official organization to confirm you're speaking with an official representative
- Trust your instincts
- Report any concerns to your BBB for confirmation and follow-up.

For more tips, visit BBB.org.

For more information on businesses in our area, visit www.bbb.org/manitoba/ or contact BBB at 204-989-9010.

Winnipeg sign company a hero

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Parade leaves the Legion Parking lot at 1:30 pm and the service starts at the Memorial Park at 2 pm. All all are welcome to participate in our Service.

InterGraphics donates sign to churches in Teulon

By Stefanie Lasuik

Thanks to InterGraphics in Winnipeg, churchgoers in Teulon can now navigate their way to the community's churches.

Six years ago, Teulon Pastoral Charge commissioned a company to construct a sign that would help new community members or visitors find local churches. Unfortunately, the unnamed company was unable to complete the project, leaving the churches with a frame but no sign.

When Christine Tronrud mentioned the problem to her cousin Yvonne Desender, Desender and her husband Conrad came to the rescue. As the owners of InterGraphics in Winnipeg, the couple quickly built the frame's missing 8x4 sign and donated it to the Teulon churches.

Tronrud says that the sign will welcome churchgoers to the town by showing what denominational churches the town has and directing them toward the one of their choice.



TRIBUNE PHOTO BY CHRISTINE TRONRUD
Yvonne and Conrad Desender owners of Intergraphics in Winnipeg.

Council votes to keep geotubes as part of the landscape

By Jeff Ward

The St. Laurent council decided to err on the side of caution and chose not to remove super sandbags and geotubes from their beaches.

The decision, which was formally authorized during the May 6 regular council meeting, took into consideration the desire of many members of the community to have them removed, but ultimately decided against their wishes.

"Council decided that based on the advice from the EMO (emergency measures organization) department that the super sandbags and geotubes will remain in place for the time being," said Billy Jean Oliver, CAO for St. Laurent.

"As much as we would all love to see our beaches being enjoyed by everyone, the lake level is still high and it isn't anticipated to fall until much later this year."

Currently the water levels are higher (813.3 feet) than they were in 2011

during the flood, and although many properties have been raised since then, high wind events could do significant damage to lakefront property and municipal infrastructure.

The RM council is responsible for keeping its residents safe and the decision to keep the super sandbags and geotubes are all a part of that responsibility. The removal of those systems could place any personal property or infrastructure at risk of damage.

"We really want residents to be aware that we don't want them here either. We want to see those beaches used, and while the water levels might not be a problem, prolonged periods of big wind could be devastating," explained Oliver.

Council can vote in favour of removing their flood protection if the EMO department advises that the danger risk is minimal, but then residents will have to get used to the sight of the sandbags.



TRIBUNE FILE PHOTO

St. Laurent council voted to keep geotubes on the beaches of Lake Manitoba.

Eastman/Interlake Honour Band a first for the region

By Natasha Tersigni

With the recent of success of the Eastman/Interlake Regional Honour Band that was held on April 24 and 25 plans are already under way for next year. The honour band was a first for the region and a way to give budding musicians from smaller schools experience playing in a large ensemble.

The inaugural honour band saw 148 students from 24 schools from 11 school divisions including, Evergreen, Lakeshore, Lord Selkirk and Interlake participate. Seven students from TCI, Carlin Trudzik, Danielle Fleury, Brea McMahon, Christine Kilpatrick, Emily Green, Amber Dyrda, Mikhaela Murray, and three students from Stonewall Collegiate, Mike Scott, Hannah Coburn, and Katie Shier, were chosen to participate in the program.

"It was definitely successful and we were very pleased with how it went off," said Teulon Collegiate Institute (TCI) band director Brandy Bilenki who explained in order for students to participate in the band they had to audition or be chosen by their band director.

"This benefits students because it is like getting on a provincial team or getting on advance placement class in school. They get to play with other students who are excelling like them. They are getting to make friendships with students from other schools and it is great for the band directors because we get to communicate and talk

with each other as well."

Band directors from across the region decided to host the honour band at Springfield Collegiate Institute, under the leadership of Springfield band director Doug Breckman, as a way to introduce rural students to larger bands.

"It allows the students to layer higher level music then they possibly could in their band class," said Bilenki.

"When you are a little school with 14 kids in your band class and your school only has 120 students and then you are competing with a Winnipeg school where they have band every day it makes it really difficult to get into. This gives them experience without having to beat out everybody in the province to get a spot."

Once students were chosen for the band they had a very short amount of time to read the music. On the Friday students met at Springfield Collegiate and were broken up into their respec-

tive sections, wind, brass and percussion, and worked on the pieces they were to perform the next day. On Saturday the bands practiced as a whole and then in the afternoon they performed for parents and guests.

The bands were spilt up by grades with the junior high band, Grades 6 to 8, learning four songs and the high school band, Grades 9 to 12, learning five songs.

The fast pace schedule forces students to perform pieces with little rehearsal, something they will need to learn to do in order to participate with bands at higher levels.

"It is a lot to learn. I will spend three to four

months with my band learning a set of five songs to perform a concert in the school and they did it in two days, so that is super amazing," said Bilenki.

From the regional honour band students have a chance to audition and participate in provincial honour bands, which are held every year.

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Province puts a damper on cottage development plans

By Natasha Tersigni

At the end of a productive public hearing on May 14, where residents of the RM of Woodlands first heard more details about the proposed lake ranch development and then had an opportunity to tell council their opinions, a major wrench was thrown into the plans.

At the end of the two and half hour meeting a lengthy list of concerns from various government departments was read out. The concerns left many residents and the developer questioning the point of the meeting in the first place and what is next for the cottage development that many residents in attendance at the meeting supported.

The public hearing was for council to receive input before they voted on the second reading of the bylaw amendment, which would allow Lake Ranch Development to build a 413 lot cottage sub-division in the RM of Woodlands.

As per proper procedure, the proposal was submitted by the RM to the provincial community and regional development branch and contacted 11 provincial departments to receive input on the proposed development. At the end of the hearing RM of Woodlands Community Economic Development Officer Alain Beaudry spoke on the input received from the departments.

Departments including Aboriginal and Northern Affairs, Manitoba Telecommunication Systems, Infrastructure and Transportation and Mines stated they did not have any concerns or objections. Conservation and Water Stewardship Environmental Compliance and Historic resources did not provide a response or comments regarding the proposal.

Manitoba Agriculture, Food and Rural Development (MAFRD) objected to the proposal stating 'MAFRD continues to recommend reducing the size of the proposed rural residential area to exclude those lands identified east of PR 322'.

The Community and Regional Planning Branch stated they object to the amendment as proposed as it does 'not comply with the recent adopted plan or provincial planning recommendation'.

Drainage and Water Control Licensing said they would not issue the development drainage license as 'it is against our policy to allow development on organic soils or CLI Class 6 and 7 lands meaning we would not authorize water control works; drains, culverts, dikes, etc, on these types of lands'.

Conservation and Water Stewardship advised against re-designation the land from agriculture to rural residential, as 'the re-designation will jeopardize wildlife values in the area'.

The biggest objection came from Infrastructure and Transportation Water Planning and Standards who recommended against the inclusion of 2011



TRIBUNE PHOTO BY NATASAH TERSIGNI

Lake Ranch Development representative Angela Enright was not optimistic of the cottage sub-division's future after a long list of reasons why various provincial departments would not support the development during the public hearing held last Thursday.

front flood prone lands in the bylaw amendment.

"The lands proposed for re-designation of this bylaw are situated near east Shoal Lake, which experienced extreme high water conditions through the spring and summer of 2011. The 2011 maximum flood extent occurred in September," read Beaudry.

"Water management planning and standards recommends against the inclusion of 2011 flood prone lands in this bylaw."

Beaudry who explained he waited until the end of the meeting to read out provincial input in order not to tarnish public perception and so council could receive public opinion first without residents knowing what the province thought.

The overall recommendation provided by the community and regional development branch was that council does not proceed with passing the bylaw amendment to allow the development to be built.

"Amendments to the development plan must be in compliance with the planning act and the provincial planning regulation. Given the provincial land use policy under the provincial planning regulation and in light of objections and concerns raised by various provincial government departments our

office must recommend against second reading of this bylaw," read Beaudry from the provincial recommendation.

"Sustainable rural development policy ensures that rural residential and cottage developments are well planned and do not lead to a pattern of development that creates unreasonable cost for the public."

While the RM of Woodlands council can choose to pass second reading of the bylaw amendment, in order for them to pass third reading they need formal approval from the province. After hearing positive feedback from residents on the proposed development council stated they will be making a formal decision in the next few weeks and will decide at a future council meeting on how to proceed.

After hearing all the provincial government feedback Lake Ranch Development representative Angela Enright was not optimistic about the future of the cottage development.

"A lot of this is new information that I just haven't received, it is a shame I didn't, but it looks like this is going nowhere as a result of all those comments."

Correction

In the "Horse and ATV ride continues fundraising tradition" article that ran in last week's *Stonewall Teulon Tribune*, it stated that Charlene Dziedzic thanked the members of the South Interlake Wish Team when it should have read members of the Central Interlake Sub Chapter Wish Team. The staff at the *Tribune* apologizes for the error.

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Local entrepreneur gives back to Siloam Mission

Inspired by selfless volunteers, Danny's Whole Hog gives back

By Marney Blunt

When you walk through Siloam Mission and see caring and selfless volunteers working together to make someone else's day better, you really get a true sense of kindness, generosity and giving.

It was that spirit of generosity that made an impact on Danny Kleinsasser, the entrepreneur behind Danny's Whole Hog, when he toured the non-profit organization for the first time.

And it inspired him to give back.

For the fifth year in a row, Kleinsasser has supported Siloam Mission by donating the dinner and catering services for their annual volunteer appreciation dinner, recently held at the RBC Convention Centre on May 1 this year.

"First time I toured their facility I had water in my eyes," said Kleinsasser. "Think about that person off the street, they have everything in one bag. What they carry is in the one bag, that's their life."

Kleinsasser also says that seeing the energy each volunteer put into every different aspect of the organization is what really inspired him to give back. Kleinsasser has donated all the catering services for the

volunteer dinner, which includes a full-course meal for nearly 800 volunteers.

"Why do you think they volunteer there? Because it's deep from their heart. They want to give back to the community, they want to help somebody, they want to be a helping hand," said Kleinsasser.

Siloam Mission sees approximately 8,000 volunteers each year, and each one of those volunteers are what keep the organization going.

"We can't do what we do without volunteers. So being able to give back to them and thank them in any small way is important but financially it's always tough," said Judy Richichi, the director of major gifts and corporate relations at Siloam Mission.

"They are very, very appreciative that Danny sponsors it because one thing that people don't want is for us to spend money on them, and they want the money to go to the programs. So the fact that Danny sponsors it allows them to come out

and have a really good time and feel that it's not costing the Mission."

Richichi noted that supporting the volunteers is just one of many things Kleinsasser has done to support the

"FIRST TIME I TOURED THEIR FACILITY I HAD WATER IN MY EYES"



TRIBUNE PHOTO BY MARNEY BLUNT

(Left to right) Danny Kleinsasser, owner-operator of Danny's Whole Hog; Janet Mcleod, capital campaign director at Siloam Mission; Judy Richichi, director of major gifts and corporate relations at Siloam Mission; and Kenny Wollman, Danny's Whole Hog Staff at the 2015 Siloam Mission Volunteer Appreciation Dinner.

mission. Danny's Whole Hog also donates leftover food to the guests at Siloam Mission and also caters meals for the guests when the kitchen was shut down for renovations.

"It was pretty incredible. He's a very sincere and humble person who just wants to make a difference and give back," said Richichi. "It's so obvious in his passion and it's so obvious in who he is as a person. It's just who he is to the core."

The volunteer appreciation dinner for Siloam Mission is not only a unique way to recognize the volunteers, but it is also an opportunity for

them to see just how much they contribute to the organization.

"It's pretty incredible when you get 800 people that are all serving at the mission," said Richichi.

"When you see how many people are involved it just makes you feel that much more passionate about what you do. It makes you feel part of a bigger cause and a bigger effort and a bigger division. That's exciting and that's encouraging and it makes you want to come back and do more."

If you're interested in volunteering at Siloam Mission, visit siloammision.ca/volunteer.

Twin Lakes Beach resident honoured with provincial award

Jack King honoured with innovation, vision and leadership award

By Jeff Ward

Jack King was honoured last week with an award for his tireless efforts to get the St. Laurent Assisted Living Centre expansion off the ground,

Given to him by the Long Term and Continuing Care Association of Manitoba, King was given an award for his innovation, vision and leadership.

"It's always the individual who gets the award, but it's really a team of people behind it," said King, who's been instrumental in planning the hopeful 2016 launch of the assisted living centres expansion.

"It was nice to be honoured for that

work, but it's not just me. Bernice Johnson, who was the admin at the centre, worked very hard with me on this project and although she's now left the RM, she still continues to work as an advisory role."

The pair has been working on the project for two years now and King says that the expansion will hopefully be opened in May of 2016. The expansion will increase the living capacity from five to 17. There will be a few two-bedroom suites and four one-bedroom suites as well as a handful of studio style apartment suites.

Kings sense of community goes all

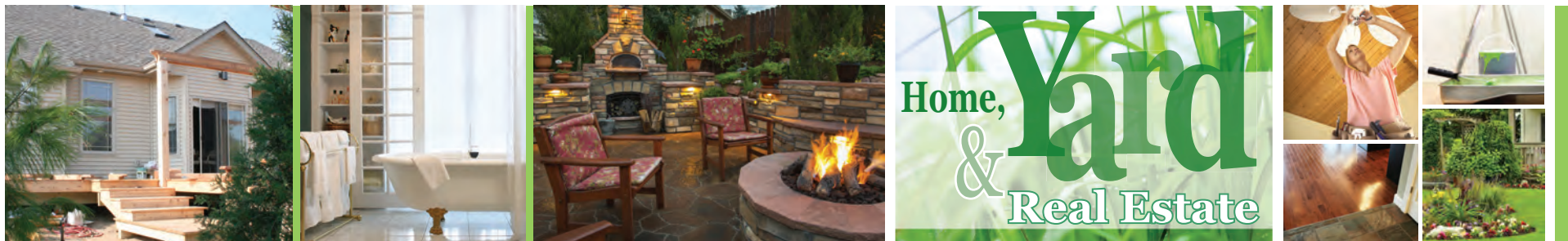
the way back to the flood of 2011 when his property was in serious danger of being swept away. At the time he and his wife Janet had only been full time residents for a short while. And when other residents came to fill and stack sandbags for him, it created a desire to give back.

"I felt like there was a debt owing there and you want to be able to contribute to the community you live in. When I then heard of the assisted living centre and how there were so many waiting to get in, it really tugged at the heart strings and I knew I had to contribute here."

The award that King received recognizes his innovation, vision and leadership for the project and his positive affect on the staff and/or the residents of the centre.

The expansion for the assisted living centre has completed plans from their architect and will be holding a public consult in the coming months. The award was given out during a luncheon on Tuesday, May 12.

"IT'S ALWAYS THE INDIVIDUAL WHO GETS THE AWARD, BUT IT'S REALLY A TEAM OF PEOPLE BEHIND IT."



With some well-planned lighting you can enjoy your yard at night as well as during the day.

Let there be light!

Your patio and yard sparkle in the summer sun, but what about when it's dark? Well-planned lighting is essential for the enjoyment and appreciation of any outdoor space.

For safety

Outdoor lighting is still important, even after everyone has gone to bed. One of the best ways to protect your property against intruders is to have a clear view of your yard at all times. A motion-detector spotlight is a great option and only uses electricity when required. That way, you can sleep with peace of mind without wasting energy.

For practicality

When it comes time to plan the lighting for outdoor areas, think about how you use these places once the sun goes down. This will enable you to choose the best location for the one or two

main lights that will illuminate your evening activities. The key is to ensure good visibility for your activities without spoiling the magic of the evening with too much bright light.

For the look

Adding extra lights can bring new life to your outdoor decor. Be creative: garlands of lanterns add sparkle to deck railings, and a bundle of little Christmas-type lights in an empty Mason jar or wine bottle create a striking table centerpiece. It's easy to create a magical atmosphere for your evenings under the stars with a little imagination and some objects you already have on hand.

One last tip: Make sure you always buy lighting products specifically designed for outdoor use in order to avoid damage or electrocution.

Enjoy your yard in privacy

A bit of privacy is essential to enjoying the pleasures of summer in your backyard. Even when you're only a few feet from your neighbours, it's still possible to tan, share a meal with friends, relax in the spa or stay out on the deck all evening without being subjected to prying eyes.

Coniferous trees and shrubs are simple solutions to the privacy question, but you have to have enough space to plant them. If your yard is small or your outdoor seating area is limited to a balcony, you can design an oasis of peace just by installing a trellis. Practical and stylish, trellises provide privacy without looking like a barricade. Hang planters on them, add some fairy lights and decorate them by setting a few colourful pots filled with herbs along the base. You'll be able to enjoy your outdoor space without feeling that everyone is watching you.

Do you feel as though a high fence would tower over you and darken the backyard? You're afraid of offending the neighbours if you build a structure to demarcate your property line? Instead of completely surrounding your yard with a fence or hedge, you could just position some wood screens or trellises in strategic places for a lighter touch. You can also play around with the height and spacing of these screens for a more aesthetic look. This trompe-l'oeil effect is perfect for creating a stylish landscape.

Go ahead and talk to landscaping specialists to get more ideas. They're sure to give you some great advice about how to set up your private little summer haven.



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Home, Yard & Real Estate



Tips for choosing exterior siding



The exterior siding you choose makes for a home that reflects your personality.

Exterior siding is one of the most crucial choices you'll ever make regarding the appearance of your home. Indeed, whether it's for a new construction or to renovate, siding allows you to express your personal style and totally change the look of your home. Here's an overview of the different materials worth considering.

Vinyl. Very popular because of its ease of installation and low cost, vinyl is lightweight and has the advantage of regaining its shape after an impact. However, dark colours tend to fade in the sun.

Aluminum. This metal is less impact-resistant than vinyl — bumps and

scratches remain visible on its surface — but it's much less sensitive to temperature variations and high winds.

Brick. Although it's expensive, brick makes a great wall covering that can last for centuries with little or no maintenance. Timeless and elegant, it adds instant style to your home. In addition, brick has excellent soundproofing properties.

Engineered wood. Made primarily from recycled materials, this material mimics wood grain while requiring very little maintenance. It doesn't contract or

expand with the weather and is available in a wide variety of colours.

Natural wood. This material makes a great siding, although it requires a lot of maintenance work; you'll have to be particularly careful about mildew and pests. But the effort is worth it; wood is shock-resistant, insulating, soundproofing and best of all, it looks fantastic.

Regardless of the type of siding you choose, be sure to find out how to maintain it properly so your investment lasts as long as possible.

A few tips for choosing a shade tree

Just sitting in the shade of a tree for a few moments is enough to cool off and relax. A well-placed shade tree is perfect for protecting you from the hot summer sun that beams into your yard every day. However, you need to know how to choose the right one for your terrain and tastes. Here are some tips to help you.



Just sitting in the shade of a tree for a moment is enough to cool off and relax.

Before going to a garden centre, decide where you want to plant your shade tree. How many hours of sunshine will it get every day? What is the soil type? Are there power lines close by? A building? A pool? The answers to these questions will help you choose the perfect tree, which is one that will be able to reach its full potential in your yard's environment.

Now imagine your tree at maturity. How tall will it be? Be careful; you could regret your choice if you plant a tree that shades your entire yard when it's fully grown. On the other hand, planting a shrub may not provide enough shade.

Take the time to browse through some gardening magazines to find shade trees that you like. Feel free to talk to garden centre experts to get the best advice. Bring pictures of your yard and tell them what

you want and expect. Above all, avoid buying on the spur of the moment. A shade tree should be chosen carefully if you want to take advantage of its full potential.

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BEAUTI-TIPS EXPERT ADVICE ON EXTERIOR COLOUR SCHEME

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When you drive up to your home do your eyes see eww or ahh? Come home to a place that looks just the way you always dreamed. Create property-value boosting eye appeal by using the perfect colour combinations from Beauti-Tone paint to capture your home's greatest exterior architectural assets.

When painting exterior features, the fixed assets of your home, the roof, brick, awnings etc., will be your guide. Take inspiration from the Exterior Colour Combinations from Beauti-Tone, to help you discover what works best for your home.

Consider the colour schemes of your neighborhood. Too much originality can make your home a landmark, and not in a good way.

Only perfect diamonds are flawless. Use colour to direct the eye to your home's best features. Emphasize attractive architectural features with a contrasting colour. Diminish flaws by painting them the same colour as the background.

When choosing colours, take it outside! Colours will appear much lighter outdoors so that is where you should be making your final choices.

Want to make your home your castle? Light colours will make a house look larger.

More minimalist? Your home will appear smaller and blend into the landscape if you choose dark colours.

Want an instant WOW with just a litre of paint? That's all it takes to transform your front door with a gorgeous colour that commands attention.

Colour is powerful, paint is protective and affordable. Together they bring out your home's best exterior features. Transform your paint brush into a magic wand with these simple tips!

Your aluminum storm door should stop weather, not traffic. Instead of making it the centre of attention, make a strong colour statement by using Beauti-Tone latex Rust Coat to paint storm doors to match entry doors.

Speaking of attention seeking, don't let your garage door take top billing over your front door. If painted the same colour, your eye is drawn to the larger block of colour, the garage! Instead, try painting the garage doors in a similar colour as the surrounding exterior wall for a more cohesive look.



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Fun flower pots to make yourself

Potted plants and flowers make it easy to enhance an outdoor area at very little cost. Before buying traditional flower pots, why not think about reusing objects you already own? Here are some ideas for making some fun, ecological garden decorations.

Got an old pair of rain boots that are collecting dust in a closet? Give them new life by planting colourful flowers in them. You love the vintage look? Worn out construction boots will give a nostalgic touch to your arrangement. Or recycle baby shoes by planting them with tiny flowers or herbs. So cute!

The kitchen is a great source of potential pots. For example, a rusty old strainer could become the perfect hanging planter, with the help of some paint and a small chain. Tin cans also have great potential, and your kids will love decorating them in their own unique ways. Even yogurt containers can be used as impro-

vised planters.

Look around the garage or shed. Has your metal watering can just about given up the ghost? Give it a flowery retirement at the end of its useful life. You can do the same thing with a wheelbarrow or a toolbox — the possibilities are endless. Just let your imagination run wild.

You're sure to find all sorts of potential flower pots just by wandering around your home. Recycling has never been such fun!



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Balmoral 4-H leader recognized at Achievement Night

By Adriana Mingo

After 28 years, Bev Wait has retired from her leadership roles with the Balmoral Club's 4-H program.

Wait's 4-H club tenure began when she was younger and participated in the program. Her mother even had a founding role in the club.

She later returned to the club in many different leadership roles. Among the positions she's held are leader, head leader, president and member of both the district and area council.

In the last 28 years, Wait said she's been involved in every level within 4-H.

"That's a long time to volunteer. It doesn't seem long when you meet great people," said Wait, who adds the people she's met through 4-H are passionate and committed to make a difference.

Both of Wait's sons were involved in 4-H when they were younger—her older son was even a leader. Her grandchildren are also currently involved.

According to their website, 4-H is an organization that develops innovative community leadership in youth between the ages of 6 and 25.

The Balmoral Club is based out of the Balmoral Community Hall and most of the members live in the surrounding area.

"[4-H] has a lot of different benefits for young people. A lot choose to fo-

cus on the project part of it," said Wait.

Wait said they do a variety of projects including crafts, cooking, sewing and computers.

As the members get older, they can design their own projects in areas of their choosing.

At the end of the project, members do a self-evaluation of their project.

Wait said the leadership and communication are the most important skills members learn.

She said most clubs have a communication part to them where their members learn public speaking. She adds there are lots of opportunities for the members to play leadership roles. There's an executive made up of members. They learn to run meetings and handle the communications aspects of it.

Wait cites some health issues within her family as the reason she is retiring. She said she doesn't feel she could commit enough time any longer.

She'll absolutely miss 4-H, but she feels you can never fully walk away from it because there are many opportunities to stay involved and come back as a judge for projects.

"I'm still willing to help out, just not as head leader," said Wait.

Wait was presented with flowers at this year's Achievement Night from the club's oldest member Veronica Kessler and the club's youngest, her grandson Kale.



TRIBUNE PHOTO BY KELLY FARMER

Bev Wait was presented with flowers at this year's Balmoral 4-H Achievement Night to honour her contributions to the club over the past 28 years.

Strong. Proud. Free.: Get ready to celebrate Canada 150!

News Release

The Government of Canada has invited residents of Selkirk-Interlake to get involved in the celebration of the country's 150th anniversary of Confederation – a pivotal milestone in our nationhood.

"Canada's 150th anniversary of Confederation in 2017 is set to be an exceptional year for Canadians and their country", said James Bezan, Member of Parliament. "It will be a rare opportunity to reflect and deepen our sense of what it means to be Canadian and inspire a new era of optimism and pride across the country, for a Canada that is Strong, Proud and Free".

In lead up to and during 2017, Canadians are being encouraged to give

back to their community and their country in ways that will have a lasting effect on Canadian life for generations to come.

"In a country as vast and diverse as Canada, each of us can contribute something unique and meaningful to this celebration," said MP Bezan.

For more information about the Government of Canada's plans and vision for the 150th anniversary of Confederation and how residents of Selkirk-Interlake can play a central role in shaping these celebrations, Canadians are invited to visit Canada.ca/150. The site also includes information about the Canada 150 winning logo and how to apply for funding to celebrate this important anniversary.

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William Kurelek Tribute Monument breaks ground



TRIBUNE PHOTOS BY MERLE TOMYK

Construction for the William Kurelek Tribute Monument is officially underway as of last week. William Kurelek is a well-known Canadian artist and writer who originally hails from the Interlake. Kurelek's commemorative monument will be located at the corner of Hwy. 7 and 67 at the Wayside Park and Ride. Five volunteers came out of their retirement last week to begin laying the base for the monument. The William Kurelek tribute committee, which is spearheading the project, would like to lend thanks to Harry Kowalchuk, Ron Church, Bonnar Scott, Doug Pickell, Barry Tomyk and Merle Balsillie from Rockwood Redi-Mix for getting construction underway. The public is invited to a dedication ceremony which will be held on Sunday, August 23, 2015.

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- Functional activity and tolerance testing and training
- Work and occupational re-training and return to work planning
- Hydrotherapy-use of water to address your health concerns
- Environmental change, focusing on removing barriers to function

Payment and referral
For many Canadians, health insurance providers cover all cost or a portion of the cost of physio care. Some extended health insurance plans may require a physician's referral in order to reimburse you for physio service, but it's not always necessary. Call your health insurance provider to confirm your level of coverage and to determine whether or not you require a physician referral for reimbursement.

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Stuffed Spinning Tomato Tops

Ingredients
5 Italian tomatoes (plum)
1/2 English cucumber
1/2 mango
5 fresh sweet basil leaves
60 mL (1/4 cup) 1% plain yogurt
Pinch of pepper

Directions
Cut tomatoes in two lengthwise, scoop out halves (using a spoon, remove centre part where seeds are).
Slice cucumber into rounds

approximately 1/2 cm (1/4 in) thick.
Peel mango, then cut in two. Take one of the mango halves and cut in strips.
Cut cucumber and mango slices into small cubes. Put these in a bowl.
Using scissors or fingers, cut or tear sweet basil into small pieces. Add this to mixture.
Pour yogurt into bowl and add a pinch of pepper. Mix all ingredients.
Stuff tomato halves with mixture and serve.
Prep time: 20min | Servings: 5
www.heartandstroke.mb.ca

Easy Scallop Appetizer Cups

Ingredients
1/3 cup finely chopped pitted ripe olives, drained on paper towels
3 tablespoons garlic and herbs spreadable cheese
15 prebaked phyllo shells (1 9-ounce package)
1 tablespoon olive oil
1 clove garlic, slivered
3 to 4 ounces bay scallops, thawed and patted dry
1/4 teaspoon dried tarragon leaves, optional

Preparation
Combine olives and spreadable cheese in small bowl; mix well. Spoon evenly into shells (filling 2/3 to 3/4 full); set aside.

Heat olive oil in medium skillet over medium-high heat until very hot but not smoking. Add garlic slivers; cook and stir 10 to 15 seconds until fragrant. Remove and discard garlic.
Reduce heat to medium; add scallops. Cook and stir 2 to 4 minutes or until scallops are thoroughly cooked. Remove scallops with slotted spoon.
Place 2 to 3 scallops in each shell, pressing lightly. Serve immediately.
Preparation Time: 15 minutes
Makes 15 appetizers



Café Annie Agua de Melon

Ingredients
1 cantaloupe, cubed
1 cup granulated sugar
3 cups water
Juice of 1 lime
Raspberries to garnish
Mint sprigs to garnish

Preparation
Combine cantaloupe, sugar, water and lime juice in blender. Blend until smooth, passing liquid through sieve to remove any unblended pieces. Chill. Garnish with raspberries and mint sprigs.
Yield: 6 servings

Parmigiano Reggiano-Spinach Puffs

Ingredients
4 cups baby spinach (6 ounces), cooked, cooled
3/4 cup flour
1/2 teaspoon salt
1/8 teaspoon cayenne pepper
3/4 cup milk
5 tablespoons butter
3 large eggs, at room temperature
1 1/2 cups (6 ounces) coarsely grated Parmigiano Reggiano

Preparation
Preheat oven to 400°F.
Line 2 baking sheets with parchment paper.
Wrap spinach in a towel, squeeze until dry; chop fine.
In small bowl, mix flour, salt and cayenne.
In medium saucepan, bring milk and butter to a boil. Remove from heat and add

flour mixture; with wooden spoon, beat until it thickens and pulls away from sides, about 1 minute.

Add eggs 1 at a time, beating well until incorporated. Stir in spinach and cheese.
Drop rounded spoonfuls onto prepared baking sheets, spacing 1 inch apart. Bake until golden, 20 to 25 minutes.
Serve warm. (Puffs can be held at room temperature up to 1 day or frozen; reheat in 400°F oven, 3 to 5 minutes.)

Yield about 3 dozen



LIVE LIFE TO THE PLUS
with Dr. David Phillips, M.D.



Dr. Phillips graduated from Harvard University in 1984 where he earned academic honors and was an All-American swimmer. He received his medical degree from Wright State University School of Medicine where he was elected to the prestigious national academic Alpha Omega Alpha Medical Honor Society. After practicing as a Board Certified Emergency Physician, he has now shifted his focus to the field of Preventative Medicine. In addition to writing articles on sports injuries and nutrition, Dr. Phillips is a frequent lecturer to athletes and coaches on the benefits of nutrition and athletic performance. Having competed in triathlons on a national and world level including the Ford Ironman World Championships (which consists of a 2.4 mile swim followed by a 112 mile bike ride and finishing up with a 26.2 mile marathon) and as a member of Team USA representing the United States at the ITU World Championships, Dr. Phillips has first hand knowledge of the important role of nutrition in the athletic arena. Dr. Phillips continues to work with athletes and compete in triathlons with his wife Heidi. He also has three very athletic sons currently attending college.

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INSPIRING HEALTHY LIVING

Organizers are looking for the next Miss Interlake

Last year's Jerrica Forsyth shares some of her highlights as Miss Interlake

By Jeff Ward

Since 1968 the Miss Interlake Pageant has been one of the most popular summer events in the region. However, in recent years that popularity has waned.

This year, with the help of some new initiatives, organizers are staging a comeback.

It's a small committee of just two people, Tara Law and Judy Fortin, who have been keeping the Miss Interlake Pageant alive and this year they're hoping to breathe new life into it.

"The last three years we've had a tough time getting interest," said Tara Law, who's been on the committee for five years.

"But this year we're doing more work trying to get girls to understand what the Miss Interlake Pageant is all about. We have a

few people going to the schools and explaining what the pageant is and what it can mean for you. So far we're already seeing more interest."

Law explains that the last three years have been tough to find contestants and that they've had to scramble at the last minute. The pageant can have as many as 10 contestants.

Contestants are tested throughout the day with a talent competition, per-

sonal interviews where candidates are asked questions about world events, values and knowledge of living in the Interlake. During the afternoon the girls will model sports wear and a formal gown before finally giving a one to two minute impromptu speech on a previously chosen topic during lunch.

And the final stage, which takes place at the grand stand during the Lundar Ag Fair, is when the winners for best talent, miss congeniality and first and second runners up are chosen. The crowning of Miss Interlake 2015 is the finale. Miss Interlake will receive a \$1,000 scholarship, which was a new addition last year.

"We used to just give prizes, but we felt that with where the girls are in their life that the scholarship would be much more valuable to them and their future," explained Law.

The day is supposed to be fun, and it is for every contestant. But there's also a serious nature to being crowned Miss Interlake, because after you've won, you're now the ambassador to the Interlake, and the responsibilities involved are taken seriously by previous winners.

"It was unfortunate that I wasn't called out for more events," said Jerrica Forsyth, Miss Interlake 2014 and also winner of Best Talent with her

"IT'S MUCH MORE FUN IF YOU JUST LIVE IT, INSTEAD OF TRYING TO WIN, IT'S A GREAT BONDING EXPERIENCE."



TRIBUNE PHOTO SUPPLIED BY TARA LAW

Through targeted awareness the Miss Interlake Committee is hoping to have a renewed popularity this year. Pictured from left to right; Rockwood's Jenna Valiquette second runner up, Miss Interlake, Jerrica Forsyth and Stonewall's Rhianna-Lynn Holter-Ferguson first runner up.

horse riding routine.

"As Miss Interlake you have to be available to volunteer at other events around the Interlake. I was called out to three events and was able to attend two of them. But that comes with the awareness which I hope grows this year."

Forsyth explains that many girls she knows are nervous about signing up to be a contestant because they don't have a talent, but said that the pageant was one of the most fulfilling experiences in her entire life and that every girl should have the chance to "feel like a princess for a day".

Forsyth explained that contestants

shouldn't go in trying to win, and that the real reward is the experience itself.

"Honestly I never expected to win and it was a surprise. It's much more fun if you just live it, instead of trying to win, it's a great bonding experience. When I was up there I was proud of myself and the other girls. We're all Facebook buddies now."

The 2015 Miss Interlake Pageant takes place on Saturday, June 13 during the 63rd Lundar Agricultural Fair.

If you're interested in participating you can call Tara Law at 204-762-5908 or email her at missinterlake@outlook.com.

Selkirk's new MRI faces funding woes

By Austin Grabish

The Interlake-Eastern Regional Health Authority is facing a \$133,000 funding shortfall for an MRI scanning machine slated to go in Selkirk's new hospital, and the province is refusing to pay the balance leaving the community to pay the difference before the hospital opens in 2017.

The RHA has no formal fundraising plans in the works, but did raise some funds earlier this month by having construction workers, who are building the new hospital, pay for a barbeque lunch during a work break.

"I imagine there will be a more robust campaign on kind of what remains to be raised here," said Blair

Stevenson, the RHA's regional director of acute care.

A RHA spokeswoman said of the community's \$340,000 required contribution, just over \$207,000 has been raised.

Selkirk mayor Larry Johannson said he was surprised to know the MRI hasn't been paid for yet.

"Nobody's ever said that to me," Johannson said. Johannson along with several others community groups were pushing for the new hospital to have the scanner several years ago, and Premier Greg Selinger promised \$4 million in funding for the MRI if the NDP was re-elected during the 2011 provincial election.

But that promise came with a catch -- the community had to pay 10 per cent of the machine's total cost, and even though the scanner is now estimated to cost \$3.4 and not \$4 million, the province is refusing to fund the remaining \$133,000 balance.

After Selinger's campaign promise, Johannson and others began fundraising for the MRI.

"We did turn over some funds to the province to go towards the MRI," Johannson said.

When the *Record* asked Selinger's office if the province should be covering the \$3.4 million cost given it is lower than the \$4 million originally promised, a spokeswoman deflected the

question saying the plan was always to have the community split the cost.

"The commitment to build an MRI in Selkirk has always had a community contribution associated with it," said Naline Rampersad in an email.

Rampersad went on to say the community funding requirement applies to all capital health projects in the province, and contributions can range from 10 - 20 per cent.

Stevenson said he is confident the RHA will find the money needed to pay for the MRI in time for the hospital's spring 2017 opening date.

"We've got a very generous community in Selkirk and the Interlake," Stevenson said.

Providing new hope to local veterans

By Natasha Tersigni

Whether on the front lines in heavy combat or on the base providing logistical support, studies and reports are finding that an increasing number of deployed Canadian Armed Forces (CAF) members are reporting symptoms of post-traumatic stress disorder (PTSD).

A 2013 Statistics Canada report, Canadian Forces Mental Health Survey, found that eight per cent of regular full-time members reported having a depression episode or symptoms related to PTSD in the 12 months prior to being interviewed.

PTSD is the body's stress response to a traumatic event or situation. Symptoms of PTSD can include reliving the event through flashbacks or nightmares; avoiding situations that remind you of the event such as crowds; having negative changes in beliefs and feelings and experiencing times of hyper arousal that can cause someone to have a hard time sleeping or concentrating.

The increasing number of soldiers returning home with symptoms of PTSD is something Master Corporal (MCpl) Victoria Stone knows all too well. The Teulon Collegiate grad who is now an aviation systems technician with the Royal Canadian Air Force (RCAF), recently returned from a three month deployment in Kuwait, where she worked repairing Canadian air crafts as part of Operation Impact; Canada's contribution of the multinational coalition that is working to halt the terrorist organization ISIS operating in Iraq and Syria.

While she came back to Canada to a supportive family and was able to return to a stable routine, she knows many soldiers who don't have the same supports in place and have difficulty returning home.

Stone, who is currently posted in Cold Lake, Alberta, is a member of the local group, Project New Hope Canada. The non-profit organization



TRIBUNE PHOTO BY NATASHA TERSIGNI
Project New Hope Canada, including members MCpl Victoria Stone, held an open house on May 10 to educate local military families and veterans on the resources that non-profit organization can provide.

works to provide veterans and their families the education, training and skills necessary to manage their lives after operational service. On May 10 the local chapter held an open house to better educate community members on PTSD and the resources they offer to local military families.

Having just returned from deployment, her first in her eight year career with the RCAF, Stone knows the difficulties of just being away from home and working in stressful conditions can have on someone, even if they themselves are not on the front lines.

"The time being away from your family, knowing the aircraft and the weapons you are loading are currently killing people- some people do find it difficult to deal with. We work closely with the pilots who are actually dropping the bombs," said Stone, who added during her three months the work load was often intense.

"We work 12 hours on and 12 hours off in the 40 degree weather to make



TRIBUNE PHOTO SUBMITTED
Aviation systems technician Victoria Stone, pictured right, knows the stress that is associated with being deployed on a foreign military operation. Stone works with organization to provide support and resources to veterans and their families dealing with Post-Traumatic Stress Disorder.

sure the missions can get completed. It can put a lot a stress on you. There is limited contact back home with the time change. I tried to call (home) once a week if I had time, but with the hours worked and the time change, I was lucky to call once a month. It puts a lot more of a strain on you to try and find those extra hours to call home."

With her recent experience and current role in the military, Stone is continuing to work with organizations, both in Manitoba and Alberta, to try and help returning veterans seek the support and resources they may require.

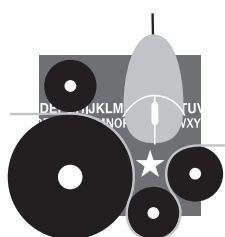
"It has got me doing a lot more re-

search into PTSD because my best friend does suffer from it and I do deal with a number of people with it. I have a better understanding working with guys who are having issues," said Stone, who added because she is in the military she often is the first person within Project New Hope that will talk with soldiers and provide them with resources.

Stone encourages any veteran or family member who knows someone or is dealing with PTSD themselves to reach out to Project New Hope. For more information or on the programs currently available go to www.projectnewhopecanada.com

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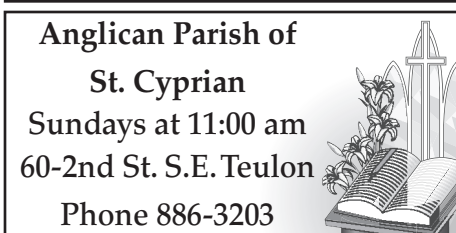
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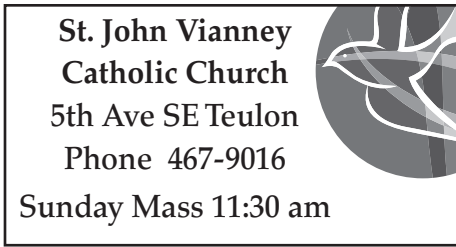
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Hwy 6 + Rd 82,
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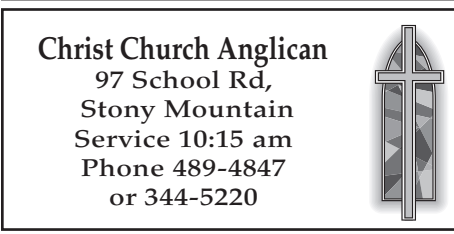
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The Visions of Ezekiel

In reading the book of Ezekiel we find some of the most unique and even bizarre activities ever assigned to a prophet. The messages that Ezekiel shared with his exiled countrymen were powerful reminders of God's plan for their nation. God's plan was at odds with the ideas of Babylon their captors.


The first message Ezekiel received was the revelation that his God was not confined to the hills and valleys of Judea. God made it plain to Ezekiel that He sat upon a mobile throne; He had no intention of being left behind. The awesome power of this first vision was so incredible that, after the experience, Ezekiel sat without speaking for seven days.

Ezekiel delivered several messages that required him to act out the events in some very difficult dramatic circumstances. One object lesson required him to lie on the ground beside a clay model of the city of Jerusalem. The large metal pan that he placed between him and the model signified the barrier between God and the people of Jerusalem. The difficulty was that he was required to lay there for 390 days! Then he had to move to the other side and lay there for another 40 days! He was given time off to cook his meals; but, that's a whole different story. Another time Ezekiel was to shave off all his hair and his beard, take the shavings to the weigh scales and find its exact weight.

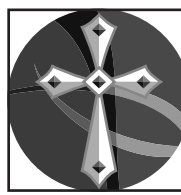
We may look at these examples of Ezekiel's prophetic ministry and shake our heads in confusion or dismay. It's always important to know the story behind the story. The people that Ezekiel was ministering to were already in captivity. They were completely confused as to what God was going to do with them next; and they doubted God even cared about their lives. Sounds like a lot of people today don't you think? God was not only determined to get their attention; He was very creative in the way He spoke. God used elaborate examples and messages about his intentions of helping anyone who would take an interest in the message He had for their lives.

It really isn't so different today. Even the person most dedicated to ignoring God and His message will come to some situations in life that are so outrageous; they just demand an explanation. Usually we just shrug off the interruption and continue to do things our own way. Yet, there are some troublesome events in our lives which cannot be ignored. If you are one of the people facing impossible difficulty; let me offer you a suggestion. Try faith. Jesus didn't say that He was "a way, a truth and a life" Jesus said "I am the way, the truth and the life" and "no man comes unto the Father except through Me." You have probably tried everything else so go ahead and try faith in Jesus Christ; you won't be disappointed.

Pastor Jonathon Dewey
Cornerstone Church of Stonewall
Ph. 204-461-2969



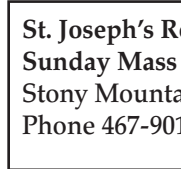
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stewart and Team Fowler honoured in Stonewall

By Stefanie Lasuik

Allyson Stewart's tears of joy won't stop rolling. On May 13, the Senior Women's World Champion shared laughs and tears with friends and admirers at the Sunova Curling Club in Stonewall in celebration of her golden accomplishment.

The evening featured guest speakers Ralph Eichler, Arnold Asham, Howard Restall, Cindy Maddock from Curling Canada and Resby Coutts representing Curl Manitoba, who honoured Stewart and her national teammates, Lois Fowler and Cathy Gauthier, and coach Brian Fowler. Maureen Bonar could not be in attendance. Each speaker brought humour to the stage, which left the close-knit curling family in stitches, but each person's underlying message was clear: Stewart and her teammates have brought great pride and honour to Stonewall, to Manitoba, and to the Great White North.

"The magnitude of our pride is beyond words," Stewart's Monday night curling partner, Brenda Fulsher said.

Ralph Eichler spoke on behalf of Lakeside.

"Any time you have a champion from our area, it's an honour to be bestowed upon the whole community, it's just a representation that carries on from one community to another, so we're very, very proud to have her be from here."

Stewart's Stonewall squad put together a video chronicling the team's journey to Nationals and onto Worlds, which fittingly began with the tune "I Believe in You" and ended with "We are the Champions."

When Brian Fowler was brought up to speak, he commended Stewart's gameplay throughout the World Championship and especially in the finals. He explained that the team's plan was to control the Italians, which was made possible through Stewart's "perfect" opening shots in each end.

Apart from execution, Stewart's character was commended.

"You represented the sport of curling, the entire country of Canada, your home province, and especially yourselves with poise and dignity," Maddock said of the entire team.

Fulsher referenced the story of meeting Stewart at the airport after her Nationals win. She said that Stewart



Piper Hilda Towerzey leads Team Fowler into the Sunova Curling Club.



Allyson Stewart with her collection of awards, accolades, and memorabilia from her national and world championship wins. **TRIBUNE PHOTOS BY STEFANIE LASUIK**



Pictured left to right, coach Brian Fowler, skip Lois Fowler, second Cathy Gauthier, and lead Allyson Stewart were honoured by the Stonewall Curling Club for their World Championship victory on May 13.

Stewart seemed more proud of her Monday night ladies team for winning the local league than the fact that she had just won a National gold medal. Stewart's humility and hometown pride is unmistakable.

"I'm so proud to be from Stonewall. I'm so proud to be from this club," Stewart said.

She later remarked on her feelings in the moment in Sochi when she realized they had won a World Championship.

"I never dreamt that I could accomplish something like that, and when it happened, I had chills running down my spine. I just thought 'Wow, I can't believe that I got here and I can't believe that we won.'"

Stewart's life is different now that she has a world title next to her name. She encounters people on the street who come up to her and hug her, people Stewart says she has never seen before.

Stewart was touched by the evening



Stewart has a laugh while reminiscing about her time in Sochi, Russia with her teammates.

itself, saying that it literally meant the world to her to celebrate with people she cares so much about and that it makes her very proud to be from Stonewall.

"I'M SO PROUD TO BE FROM STONEWALL. I'M SO PROUD TO BE FROM THIS CLUB."



TRIBUNE PHOTO SUBMITTED

Stonewall's Kinley Graves was named to Canada's junior national ringette team roster and will compete at the 2016 world ringette championship in Helsinki, Finland from Dec. 28 to Jan. 4.

Graves named to Canada's junior national ringette team roster

By Brian Bowman

Following a successful selection camp last weekend in Toronto, Ringette Canada announced Tuesday that Stonewall's Kinley Graves has made its junior national team.

Canada's junior national team will compete at the 2016 world ringette championship in Helsinki, Finland from Dec. 28 to Jan. 4.

Graves was one of five Manitobans selected to the national team. She will be joined by Ryann Bannerman, (Bonivital), Talia Gallant, (North Winnipeg), Samantha Renooy, (Oakbank) and Keyona Tomiuk (Oakbank).

"The Manitoba Ringette Association is proud and excited that five of the seven athletes who attended the

camp this past weekend were chosen to be a part of this team," said Melanie Reimer, Manitoba Ringette Association program coordinator, in a media release.

"This is an excellent success story for these athletes as well as the ringette program as a whole within Manitoba."

Graves, Tomiuk, Renooy, and Gallant each have been playing together in excess of six years.

The senior national team roster, meanwhile, will be announced in October. Manitobans Amy Clarkson (St. Andrews), a goalie, and Lyndsay Burns (Winnipeg Beach), a defenceman, were vying for a spot on Ringette Canada's senior national team.

Kaegi wins bronze at nationals

By Brian Bowman

Four members of the Balmoral Judo Club - Emily and Britni Trombo and Alisha and Lorena Kaegi - competed for Judo Manitoba at the nationals in Saint Jean sur Richelieu, Que. last weekend.

All four athletes fought very well, said Milton Good of the Balmoral Judo Club.

Lorena and Britni met in the bronze-medal final in the senior women -48

kg division with Lorena winning the match to bring home the bronze.

With that loss, Britni placed fifth.

Emily, meanwhile placed seventh after losing to Britni in the semifinal.

Alisha also fought well in her division, said Good, but was unable to make it to the finals.

"Overall, (it was) another successful showing for the girls and the club," Good said.

National Champions

TRIBUNE PHOTO BY CHRIS BENNETT

The Stix won the North American Championship, women's second division in Regina over the weekend defeating the Sharks 3-0 in the final and Interlake Power 3-0 in the semi-finals. The ladies, who play in the Adult Safe Hockey League out of Winnipeg, defeated Saskatoon 2-1, Regina Chargers 4-1, Interlake Power 2-1 and lost to the Sharks 3-1 in the round robin. Pictured back row, from left: Brooke Darragh, Kim German, Kristy Boonstra, Kyla Corbett, Dawn Hudon, Penny Swanson, Jo-Anne Procter, front row; Angela Jorowski, Stephanie Beauchamp, Marni Bennett, Nancy Lambert, Crystal Michaelson and Letisha Harris.



Lawrence honoured at Dickinson State

By Brian Bowman

Dickinson State University softball player Regan Lawrence was recently named the Loraine C. Schumacher Female Senior Athlete for 2015 by the Dickinson State University athletic department.

The talented right-hander from Stonewall has been outstanding on the diamond at Dickinson State. Lawrence has a 64-22 record on the mound with a 2.51 earned run average. She has racked up 461 strikeouts and a career fielding percentage of .970.

Offensively, Lawrence has also been real good at the plate with a .312 career batting average.

"The last four years have flown by (and) it feels like last week that I arrived at my first Blue Hawk softball practice," said Lawrence on the school's website. "And, in the blink of an eye, my senior season is coming to a close."

Lawrence, a biology major with a 3.25 GPA, has been named All-Conference four times, is a two-time Conference Pitcher of the Year, and is a three-time National Softball Tournament Qualifier.

She was honoured to win this prestigious award.

"I am so humbled to be given the honour of the Loraine C. Schumacher award, especially being up against many other deserving senior athletes," Lawrence said. "Thank you to coach Fleury for always believing in me when I didn't believe in myself,

and all my teammates throughout my four years for making my time as a student-athlete unforgettable."

Dickinson State coach Kristen Fleury had high praise for Lawrence.

"Regan is not only an outstanding athlete but an even better person," Fleury said. "Her work ethic is amongst the best and her hard work and dedication to her sport and academics is going to take her far in life."

"Regan is a class act on and off the field and represents not only Blue Hawk Softball but Dickinson State University and the community of Dickinson to the fullest. She has set the bar high for the future of DSU softball."

The Blue Hawks, meanwhile, won the opening round NAIA National Softball Tournament in Irvine, CA with a thrilling 7-3 win over Madonna (MI) on May 13.

The Blue Hawks trailed 3-0 going in the bottom of the seventh and final inning but put together one of the greatest comebacks in Dickinson State University athletics history by scoring seven runs.

Lawrence pitched her third complete game of the tournament for the win, allowing three runs on four hits with four walks and five strikeouts. It was her third victory of the tournament.

The Blue Hawks will now advance to the NAIA National Softball Championship in Sioux City, Iowa from May 22-28.



TRIBUNE PHOTO SUBMITTED
Stonewall's Regan Lawrence was named the Loraine C. Schumacher Female Senior Athlete for 2015 by the Dickinson State University athletic department.

Riley ready to play university hockey this fall

By Brian Bowman

Brooke-Lyn Riley will be going from one successful hockey program to another.

After leading her Kelvin Clippers to a 16-4 regular-season record in the Winnipeg Women's High School Hockey League this past season, Riley will be lacing up her skates this fall for the University of Manitoba Bisons.

The Bisons finished second in the Canada West last season before getting swept by the University of Alberta Pandas in Edmonton.

The Argyle native chose the University of Manitoba to stay close to home. She also wanted to go to a successful hockey program.

"I was interested in the program at the U of M," said the talented 5-foot-8 defenceman last Thursday afternoon.

"They are going to lose quite a few (defencemen) but they have a lot of good players coming up."

One of those good players is Riley. She had a great senior season with the Kelvin Clippers, scoring eight goals to go along with 14 assists in 18 regular-season games. She has a wicked shot and has the ability to create offence with give-and-go passes.

That combination of talent was certainly noticed as Riley was very deservedly named the CTV Division's top defenceman for this past season.

"That was really exciting," said the 18 year old. "I honestly did not expect it because there was another girl who had a few more points than me. It was nice that they also looked beyond the points."

Before playing at Kelvin, Riley played

for the Balmoral Hall junior varsity team and the Shaftesbury Titans prep squad. She also played "AAA" hockey for the Central Plains Capitals in her Grade 10 year while she attended Kelvin High School.

"It was hard meeting all of the new girls but it ended up being a really good experience," she said of playing with several teams the past few seasons.

Riley's high school career was an impressive one. This past season, the Clippers finished a point out of first place during the regular season and then were eliminated from the playoffs in an upset by College Jeanne Sauve. Riley said she is really looking forward to playing elite hockey at the university level.

"When I played with Shaftesbury,

we played against pretty good competition and some university teams in exhibition games," said Riley, a former Stonewall Blues' player in boys' hockey. "That was good competition so I'm familiar with that level a little bit."

"It will be a change from this past year but I think I can do it."

Clippers' head coach Sam Tougas feels Riley will be a good player at the university level.

"She's got a lot of talent and plays with her head up all of the time," Tougas said. "She reads the play very well and makes a pass that would make most boys look weak. Her first pass is on the tape and it's solid."

"I think her game suits (the university game) but she's going to have to make sure that she stays in shape and keeps up her speed," he added.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Rams perform well at Royal Rumble



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Amber Schneider (left) finished first in the junior varsity 400-metre race and ninth in the 100-metre race in Selkirk on May 13.

By Brian Bowman

The Stonewall Collegiate Rams had a chance to see how they match up against the top high school track and field athletes in the province at the Royal Rumble in Selkirk on May 13.

That meet brings all of the top athletes from across the province to Selkirk for the one-day event. It is usually thought of as a trial run for the MHSAA provincials, which will take place at the University of Manitoba from June 4-6.

Stonewall's Amber Schneider did very well in Selkirk, winning the 400-metre race. The talented Grade 9 athlete also finished ninth overall in the junior varsity 100-metre race. She clocked an impressive time of 14.09.

"She's in awesome shape and when she gets out on the track, she just goes," said Rams' track coach Christy Steeves. "And she's also a real competitor - it's crazy how quick she goes."

Steeves said Schneider has a great future in the sport.

"I see a lot of great things coming

from her," Steeves predicted.

Veronica Kessler also did pretty well in Selkirk. The varsity athlete placed eighth in the 1500m and 11th in the 800m.

On the boys' side, Ryan Humeniuk, Quin Arsenault and Taylor Sheppard had good showings for the Rams.

Arsenault finished second in the 100m junior varsity hurdles with a time of 16.01.

Humeniuk was seventh in the varsity boys' 100m hurdles while Sheppard was eighth in the varsity boys' 1500m.

"Those boys have been working pretty hard," Steeves said. "It's nice to see some results there."

Stonewall will host a meet today and then will compete in zones before provincials.

"From here, we'll do a little more prep and a few more races so they're ready for zones," Steeves explained. "And then, hopefully, they'll be able to do really well as far as provincials ago."

Wildcats, Saints compete in Selkirk

By Brian Bowman

Both the Warren Collegiate Wildcats and Teulon Collegiate Saints had several outstanding performances at the Royal Rumble on the Rubber track and field meet May 13 in Selkirk.

In fact, both schools had top-10 performances against elite high school track and field athletes from across Manitoba.

Warren's top-10 finishes in junior varsity girls' events featured Rachel Slagerman (tied for ninth in high jump), Ryenn Lobb (10th in triple jump), Kaitlyn Holod (first in javelin and fourth in discus), and Faith Witt (fourth in javelin).

The Wildcats' varsity girls' top-10 placings included Mekaela Fisher (10th in the 100-metre), Kyra Hoffman (sixth in the 400m), Sydney Hildebrandt (sixth in 80m hurdles), Warren Wildcats (third in 4X100m relay),

Sarah Holtmann (10th in triple jump), Chantal Boonstra (fourth in javelin), Kelsey Manchulenko (sixth in javelin), and Kristen Olson (seventh in javelin).

Finishing in the top 10 in junior varsity boys' shot put was Warren's Wyatt Hagen, who placed eighth, while the Wildcats' top varsity athletes were Josh Hofer (first in triple jump), Josh Granberg (fourth in triple jump and ninth in both the 100m and long jump), Warren Collegiate (4X100 relay team finished eighth), and Brett Goertzen (sixth in javelin).

Teulon's top-10 finishers, meanwhile, included Derek Harasymko (sixth in junior boys' shot put), Jade Ledochowski (seventh in varsity girls' shot put), Michael Tillett (ninth in varsity boys' shot put), and Everett Morin (eighth in javelin and 10th in varsity boys' shot put).



The Wildcats' Brett Goertzen threw 41.26m to finish sixth in the boys' varsity javelin at the Royal Rumble in Selkirk on May 13.

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Gunton - vacant residential building lots, various sizes, mobile homes permitted. Why rent when you can own your own property? Town sewer & water avail. \$69,900. Ph 204-467-8537.

Teulon - S.W. of town, 140 acres hay/bush/pasture. Great location & sheltered area to build your hobby farm. \$119,900. Ph 204-467-8537.

Teulon - great family location next to park & daycare. Residential building lots with 80 ft. frontage. Survey avail. \$39,900. Ph 204-467-8537.

HOUSES FOR SALE

3 bedroom raised bungalow in Teulon. 4 additional bedrooms in finished basement, 2.5 baths, double detached oversized garage, lots of upgrades. Asking \$259,900. To view call 204-886-7716 or email bdhornick@mts.net

HOUSES FOR SALE

23 Poplar Bay, Stonewall. 1386 sq. ft. 3 bdrm. 2 bath. bungalow with double attached heated & insulated garage. Main floor laundry, partially finished basement, newer energy efficient furnace, sun-room, C/A, C/V, alarm system, in ground sprinkler. Recently re-shingled. Asking \$349,900. Call 204-467-9923 or 204-791-0072.

CONDO FOR SALE

Newly renovated, approx. 1,025 sq. ft. 2 bdrm., 1 bath, on 2nd floor. In-suite laundry. All appliances included. New hot water tank. Condo fees \$170/month. Asking \$199,900. Contact 204-461-2800 for inquiries.

STEEL BUILDINGS

Steel buildings... "Spring sales with hot savings!" All steel building models and sizes are now on sale. Get your building deal while it's hot. Pioneer Steel 1-800-668-5422 www.pioneersteel.ca

APARTMENT FOR RENT

1 bedroom apartment for rent, newly decorated, parking, A/C, central location Selkirk. Avail. immed. No pets/smoking. \$750/mo. and electric. Phone 204-785-0105.

Small 1 bdrm. apt. for rent in the town of Teulon. Newly renovated. Avail. June 1st. Call or text Kirt at 204-886-7717.

McSherry Auction Service Ltd

AUCTION SALE ESTATE OF JOE LAPKA

Sunday May 31 at 11:00 am

Inwood, MB

North 11 Miles on Hwy #17
Contact: (204) 981-7232

Tractors JD 350 PShift Crawler w. FEL * JD 2010 gas PS 3PH Dual hyd w/ JD FEL * Deitz D13006 Cab Dual hyd 1000 PTO w/ Leon 307 FEL 5524 hrs * MH 44 gas * Equipment 2) NH 850 RD Baler * NH 456 9' Trailer Sickle Mower * Vicon 6 Wheel Hay Rake * JD #5, 7 ' Sickle Mowers * 6 Wheel 24' Steel Frame Deck Hay Trailer * Cord Wood Trailer * Livestock Equipment Maternity Pen * 2) RD Bale Feeders * 7) Metal Coral Panels * Tools: Stihl 236 Chainsaw * Table Saw * Lincoln 180 Welder * Air Comp * Power Tools * Tap & Die Set * Various Shop Supply * Honda EP 2500 Watt Generator * 2000 lb Pressure Washer * Plus More Tools, Farm Misc, Some Household and Antiques!

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www.mcsherryauction.com

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Wed May 27 @ 4:00 pm

Stonewall, MB #12 Patterson Drive

Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items!

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McSherry Auction Service Ltd

VINTAGE VEHICLE PLUS AL THOMPSON

Saturday May 30 @ 11:00 am

Winnipeg, MB

Perimeter 100 & Jct Trans #1 Hwy East
5 Minutes Continue East 3/4 Mile Past Jct 207
Then Northeast 1 1/4 Mile o Settler Rd #25089
Contact: (204) 781-6970

Vintage Vehicles: 80 MGB 2D Convertible * 60 Pontiac Perisienne * 51 Chev 4 D Sedan * 2) 51 Chev Deluxe * 2) 49 Fargo 3/4 Ton w 9 Vintage Farm Equip: 43 McCormick Deering WO Hyd * HART / Avery Threshing Machine * Int Hse Sickle Mower Yard & Recreation: 85 Olypia Hockey Arena Ice Scraper * Kubota B600 Dsl 3PH w Kubota 42" Roto Vator * Starcraft Al 15' Boat 50 HP & Trailer * 48" Wick Sprayer * Some Tools * To Be Moved House: Approx 600 Sq Ft Older House on Needs Roof Repair *

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McSherry Auction Service Ltd

STORE FIXTURE PLUS AUCTION SALE

Thursday May 28 10:00 am

349 Dupuy St., Winnipeg, MB

Auction Note: Kloos Demo Contracted Removal of Fixtures from 3 Winnipeg Target Stores.
Contact: (204) 955-1188

Trucks: 08 Ford F750 Cummins Dsl. w 16' Frt Box w Power Tailgate 78,000 Km Sft
Equipment: Quick Kart Battery Cart Pusher * Tennant U WD 16B Floor Polisher * Power Floor Scrapers * Nester Flex 376 Expandable 30' Conveyor * Store Fixtures: 9) Display Cabinets 6' L * Port Warehouse Carts * Folding Warehouse Bins * Metal Cabinets * Shelving Racks * 40) Shopping Carts * 40) Restaurant Chairs * Tools: Honda 2500 Watt Generator * 4000 Watt Generator * Air Comp * Pressure Washer * Drywall Lift * Chainsaws * Power Tools * Misc: Com. Ext. Doors * Scaffolding * Ladders * 50) Plywood * 500) Sheets Pegboard * Light Fixtures * Various Hardware * Yard: Snowblower * Mowers * Wheel Barrel *

Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication.
Call 467-5836

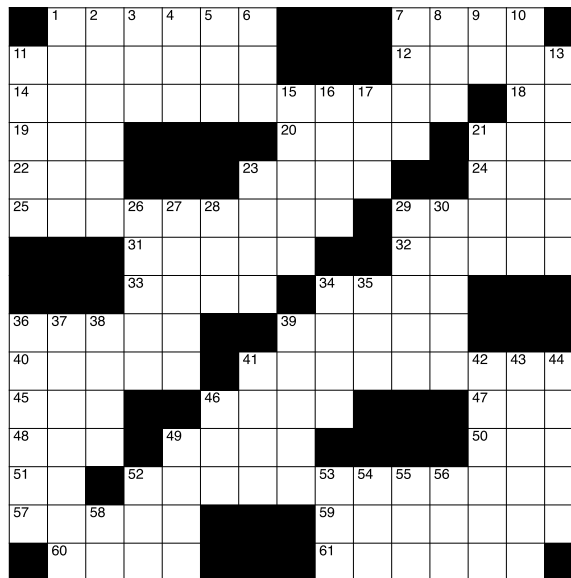
CROSSWORD

CLUES ACROSS

1. On time
7. Swiss river
11. Maine river herring
12. In a way, waits
14. "Titanic" director
18. The Ocean State
19. Black tropical Am. cuckoo
20. Macaws
21. A transgression of God's will
22. Belonging to a thing
23. Mures River city
24. Electroencephalography
25. Puts together
29. Sound practical judgment
31. Pops
32. In a way, assists
33. One and only
34. Prong
36. More wise
39. One who propagates
40. Got up
41. Writers of news stories
45. Pianist Cliburn
46. Hindu mother goddess
47. Insures residential mortgages
48. Non-human primate
49. Of sound mind
50. Ficus fruit
51. Sodium
52. BOGO
57. Pulsating ache
59. Short open jackets
60. Genus Quercus trees
61. N.O. football team

CLUES DOWN

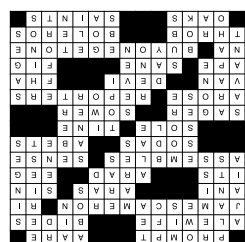
1. Sows a crop
2. Derelict
3. Be indebted
4. Prefix meaning wrong



5. Beginning military rank
6. Afternoon meal
7. American Board of Orthopaedic Surgery
8. Own (Scottish)
9. Rural delivery
10. Most supernatural
11. Roseate spoonbill genus
13. Lightly burns
15. Adult female horses
16. Geological times
17. Radioactivity unit
21. 1/100 of a tala
23. Wingly parts
26. S S S
27. "Ghost" actress Demi
28. Package or bale (abbr.)
29. More mentally healthy
30. Siskel and __, critics
34. Pith helmet
35. __ Jima, WW II battlefield
36. Learned person or scholar
37. East Colorado Native Americans
38. No longer here
39. 1995 Brad Pitt movie
41. Gambling town
42. An earnest attempt
43. Odd-toed ungulates
44. Profoundly wise persons
46. Sunrise to sunset
49. Poor boys
52. Chinese cabbage, __ choy
53. Point that is one point S of due E
54. Tibetan gazelle
55. __ Lilly, drug company
56. Hamilton appears on it
58. Egyptian sun god

take
a break

> GAMES



Crossword Answer

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

HELP WANTED

St. Laurent Legion is looking for a book-keeper. Must be able to keep good books, do deposits and payroll. If interested please forward a resume/application to skeam@explornet.ca or drop off at the legion. Or for more info. you may call Sherry at 204-383-5297. Qualified applicants will be called in for interview.

HELP WANTED

Eddie's Gravel Supply Ltd of Winnipeg Beach is accepting applications for Asphalt Laborers. The applicants must have a valid drivers licence, work well with others and be in good physical shape. Local work 204-389-2023.

Part-time House-keeping Staff required. Call Sheri at Rockwood Motor Inn at 204-467-2354.

Looking for honest, mature, reliable and experienced individual to help with exterior renovations including windows, doors and siding. Must be able to work well with others. Starting immediately. Call Stonewall Glass 204-467-8929.

HELP WANTED

Rubber Ducky Resort is now accepting applications for the 2015 season. Various positions available - registration/concession/housekeeping; activities; pool area attendant. Full details and application form at RubberDuckyResort.com. Or call 204-322-5286 for info.

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HELP WANTED

TOPIGS Canada Inc. - Swine Supervisor. TOPIGS Canada Inc. has an employment opportunity for a senior farrowing technician within our genetic nucleus barn, based between Gimli and Teulon, Manitoba. The successful applicant will be involved in all areas of the daily production including: responsible for complete care of the hogs in your area; organizing daily routines in your area plus coordinating with the rest of the farm's schedule; monitoring feed and water and herd health including treatments and vaccinations; Farrowing and piglet care; following biosecurity protocols; daily record keeping. Qualifications: pork production technician certificate/University degree in Animal Sciences and/or a minimum of 2 years hog experience, good communication and decision making skills. Salary: based on experience. If you want to be part of a progressive, world leader in swine genetics please forward your resume to: Topigs Norsvin Canada Inc. Attention of Mike Shaw; Fax: 1-204-489-3152 or email to mike.shaw@topignorsvin.ca Application deadline is May 29th, 2015.

BUSINESS OPPORTUNITY

Get free vending machines. High cash producers. \$1.00 vend = .70 profit. Can earn \$100,000 + per year. Be first in your area. No competition. Protected territories. For full details call now 1-866-668-6629 WWW.TCVEND.COM

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MISCELLANEOUS

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MISCELLANEOUS

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WANTED

Buying older firearms. Single pieces or collections. Also western relics or dug-ups. Contact Stan 204-426-5272 Cell 204-326-7038 Email: sbarta4440@gmail.com.

UPCOMING EVENTS

Yard Sale - May 22, 8:30 - 4 p.m. Metal Depot, 1-214 DeBaets St. Wpg. Do you have unfinished projects? Need to build a shed? We are clearing out misc. trims, select metal sheeting and alum. products. Cash and Carry Up to 70% off.

UPCOMING EVENTS

Join the fight against Prostate Cancer. The 7th annual Manitoba Motorcycle Ride for Dad happens Saturday, May 30, 10 a.m., Earl's Polo Park Shopping Centre. You can register or make a pledge by visiting www.ridefordad.ca/manitoba Proceeds stay in Manitoba for Prostate Cancer research and education.

WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Water-ite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Paterson iron removers/\$490. Greensand iron odour removal systems, \$690. All Seasons Furnishings 204-661-8581.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

FARM MACHINERY

7700 Ford tractor, 86 h.p., 3 pth, \$12,000; New Holland 851 baler, \$1200; Vicon baler, \$1500; 21 ft. deep tiller cultivator; 10 ft. John Deere hay rake. Ph 204-322-5614.

POTATOES FOR SALE

Red, Yellow & Russett potatoes for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.

LIVESTOCK

Salers bulls from the top performance Canadian Salers herd, black or red. Semen tested & guaranteed. Can deliver. Ken Sweetland 204-762-5512 or 204-739-3958.

Charolais yearling bulls for sale. Red factor or white. Good prices. Good birth weights. Call John at 204-383-0308.



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Agricultural Service Technicians Rosetown, Sask.

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Email resume's to: careers@westernsales.ca

or fax 1 306 882 3389

Attn: Rome Molsberry

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Thunder Hill Estates - Stonewall
From \$109,900 Plus GST

Financing Available
Choose Your Builder...
Option To Custom Build For You

For Further information:
Call: Neil @ 204-793-6600
Email: ndueck@quadee.com

EMPLOYMENT OPPORTUNITIES

in Teulon

SUPPORT MENTORS required for our residence in Teulon

Great Wages and Benefits with Full Time, Part Time and Casual positions available.

Please email cover letter & resume
y.friesen@fasdlji.ca or fax to 204-334-2018



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URGENTLY LOOKING FOR...

OWNER OPERATORS

REQUIREMENTS:

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- Clean driver's abstract/CVOR/FAST Card
- We will inspect older equip.
- Min. 2 years cross border exp.

ALSO LOOKING FOR COMPANY HIGHWAY DRIVERS
\$.514 cents per mile or on average \$1100 per week take home.

APPLY TO: recruiting@rosedale.ca
OR CALL TOLL-FREE: 1-855-721-3962 For More Details

Nominations are now being accepted for board members for Community Living - Interlake Branch Inc. Community Living - Interlake is a non-profit community based organization dedicated to the building of full inclusion in the community for people living with intellectual disabilities. Community Living - Interlake requires committed energetic volunteers who are interested enhancing the lives of people living with disabilities. The board of directors is an 8 member volunteer body that sets policy and oversees the governance of the organization. If selected, board members willingly dedicate approximately 10 hours per month. This gift of time includes board meeting, representation of the board at both public and private functions, fundraising opportunities and committee meetings. If you are interested in working on the development of new projects or expanding the current services we provide please email/call Tara Smith, Executive Director (email: TaraS@aclinterlake.ca or call 204-467-8419). Completed applications must be returned no later than May 31, 2015. Community Living - Interlake thank you for your interest; however, only selected applications will be contacted for an interview. ACL-Interlake 307 Main Street Stonewall, MB R0C 2Z0 www.communitylivinginterlake.ca

Lucky Star Wash & Service is looking for an experienced mechanic in the Heavy Truck/Transport field to take on a leadership role within our well established shop. **All applicants must have:**

- Full set of tools
- 4 years of employment experience in this field
- Strong communication skills
- Extensive mechanical knowledge
- Positive attitude
- Desire and ability to succeed

Interested applicants can apply via: Email - service@luckystarservice.ca Fax - include "Mechanic" on cover sheet to 204.726.4910 Drop off - Lucky Star Wash & Service Ltd, 2 miles south of Brandon on the east side of the #10 hwy



NEWS TIPS

Call 467-5836

Bridal Shower

in honour of

Alyssa Kleemola
(bride-elect of Ryan Tully)

May 31st at 1:00 p.m.
at Meadow Lea Hall
Junction of Hwy 248 & 227

Alyssa & Ryan are registered with Sears, Canadian Tire & Home Outfitters
Everyone Welcome

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

ANNOUNCEMENTS

CARD OF THANKS

Thanks to all who supported us April 25th by attending, donating prizes and participating in our Halloween themed social! We were thrilled to see the absolutely great costumes and Halloween spirit, in late April no less! We had an amazing night thanks to all of you! It meant so very much to both of us. Thanks!

-Love, Jacquie Proctor and Jesse Gardiner

ANNOUNCEMENTS

CARD OF THANKS

Thank you to all those who came to the bridal shower for Alyssa Priestley on that very stormy Sunday and for making the shower such a success. Special thanks to those who brought baking and to my special helpers Elissa, Kathy, Joyce, Ruth, Elsie, Chris and Gladys.

-From Grandma Lorna

ANNOUNCEMENTS

ENGAGEMENT



Howard and Lorelee Proctor, along with Carol Gardiner and Sean Brooks, happily announce that Jacquie and Jesse are getting married in August 2015. Much love to you both in your future life together.

ANNOUNCEMENTS

BIRTH ANNOUNCEMENT



Heaven in a Bassinette

In a home full of love we are honoured to welcome one more small heart. Robert Nathaniel Gooding the 10th (Nathan) is adored by his parents; Robert Gooding and Lacey Drohomereski. Nathan will never lack affection from his dotting grandparents; Robert and Doreen Gooding and Perry and Debbie Drohomereski. He will be forever treasured by his great-grandparents; Amy Gooding, Bernice Drohomereski, Elizabeth Flaman as well as many Aunts and Uncles. Our baby boy joined our family on Wednesday, May 6, 2015 at 3:18 a.m. weighing in at 6 pounds 15.4 ounces and standing... well not exactly standing... 20.5 inches tall. We send a special thank you to Dr. Speer for helping bring him to this world.

ANNOUNCEMENTS

ANNIVERSARY



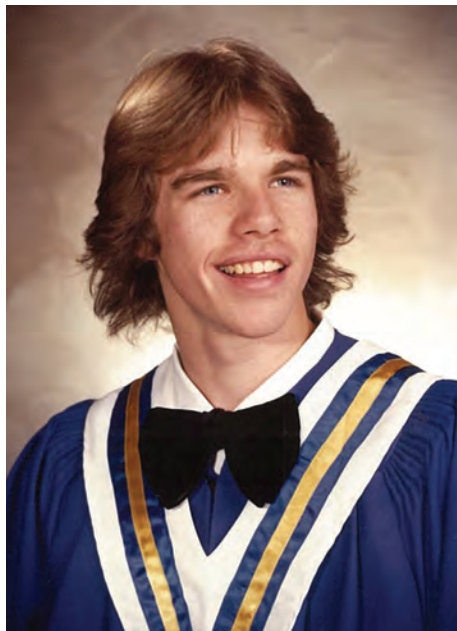
**60th Wedding Anniversary
Fred and Bea Mallon
May 25, 1955**

Very few couples reach the Diamond date,
So in honor of your 60th year,
It's time to celebrate!
So raise a glass to each other,
A toast to love and to life,
For a wonderful thing happened
Sixty years ago,
When you became husband and wife!
Congratulations!

-All our love from your family

ANNOUNCEMENTS

BIRTHDAY



**Happy 50th Birthday
Joe!**

-Love Mom, Dad
and the rest of your family

ANNOUNCEMENTS

IN MEMORIAM



**Fern Hradowy-Werth
September 5, 1940 - May 22, 2011**

If Roses Grow in Heaven
If roses grow in Heaven
Lord please pick a bunch for us,
Place them in my Mother's arms
And tell her they're from us.
Tell her we love her and miss her,
And when she turns to smile;
Place a kiss upon her cheek,
And hold her for awhile.
Because remembering her is easy,
I do it every day;
But there's an ache within my heart,
That will never go away.

-Love Stacey, Ron and Maryna

ANNOUNCEMENTS

IN MEMORIAM



**Nicholas P. Neumann
June 10, 1933 - May 23, 2014**

We thought of you with love today,
But that is nothing new;
We thought about you yesterday,
And days before that too.
We think of you in silence,
We often speak your name;
All we have now are memories,
And your picture in a frame.
Your memory is our keepsake,
With which we'll never part;
God has you in His keeping,
We have you in our hearts.
A thousand times we cried.
If love alone could have saved you
You never would have died.
In life we loved you dearly,
In death we love you still;
In our hearts you hold a place,
No one can ever fill.
It broke our hearts to lose you,
But you didn't go alone;
For part of us went with you,
The day God took you home.
-Author unknown

-Forever in our hearts,
Justina, Cheryl (Scott), Deb (Stu),
Trayton, Cassidy, Mason and Hayden

ANNOUNCEMENTS

IN MEMORIAM



**In memory of Walter Minaker
who passed away May 26, 1994**

Those we love don't go away,
They walk beside us every day;
Unseen, unheard, but always there,
Still loved, still missed and very dear.
-Forever loved and missed by your family

Don't forget to send your special wishes to your friends and family.

Tribune Stonewall Teulon

Call 467-5836 or email igrphic@mts.net

OBITUARY



Joseph Laurent (aka Lawrence) Antoine Grandmont

Lawrence passed away peacefully the evening of May 10th, 2015 at his residence in Betel Home Selkirk, MB at the age of 87 years. Born on July 12th, 1927, he was the sixth child of eight children born to Georges and Rosalie (Lange) Grandmont. Left to cherish Lawrence's memory is his wife Irene, the love of his life for 62 years, his sons John (Joan), Ronald (Dawn), a daughter Judy, two grandsons, Cory and Derek (Holly) and three great-grandchildren; his sister Florence (Walt) Mikkelsen, sisters-in-law Ethel (Raymond) Grandmont, Darlene (Frank) Grandmont. His special friends were Irene's siblings, Glen (Mary Ann) Rothwell, Ed (Judy) Rothwell and Edith (Rothwell) Jeffery as well as numerous nephews and nieces.

Lawrence was predeceased by his father Georges in 1945 and mother Rosalie in 1984, siblings Yvonne (Marcel Raffard), Leo

(Mary Siska), Raymond, Emil (Lydia Krychuk), Frank, and Cecile (Dave Oliver).

Lawrence was born in St. Norbert, MB where he spent his early childhood on the family farm. A growing family was an incentive for Georges and Rosalie to relocate from their river lot in St. Norbert to a larger farm where there was room for the family to prosper. The booming years of the roaring 20's ended in 1929 with the Depression and the drought of the 1930's. This was not a good time for the family to move. Their first move was to Dufrost in March 1931 and then to Meadows in June 1933. With little rain, rust in the grain and grasshoppers, very little crop was harvested at either location. The final move was to Argyle in 1940. This was a new start and must have seemed like heaven. Lawrence and his family found that through hard work and determination, any mountain could be moved.

Lawrence and his brother Frank started a land clearing and breaking business in 1948 called Grandmont Brothers. They were both very interested in farming but with limited land and tight money they needed a different angle. They purchased two D2 caterpillars and a heavy disk. They cleared hundreds of acres of bush and broke the land so the owners could grow crops. This business continued until the 1960's. In 1953 Lawrence married Irene Rothwell, a young lady from the neighboring village of Woodlands. They lived their entire life in the Argyle district where they raised their family. In 1975 Lawrence partnered with his son John to expand their grain farm and establish a herd of purebred Charolais cattle carrying the name Charmont Farms. This breeding herd still operates today.

Lawrence was truly a community oriented person volunteering for any position that was needed. Many years were spent on the Argyle Hall Board and the Argyle Curling Club, where he held the position of Secretary when the new rink was built in 1977. A position that he was very proud of holding was that of being a councillor for Ward 6 in the Rural Municipality of Woodlands for 27 years. Many new roads were built, land was drained and new infrastructure was put in place. This was a job where he felt he really made a difference.

His greatest happiness was to be able to work and live near his family. He shared our accomplishments and was there to console us in difficult times.

We would like to acknowledge the excellent care he received in Stonewall Hospital from Dr. Pinniger and the staff. Selkirk Betel Home was a place where he became a part of a new family. The nursing staff there was always kind and caring and truly enjoyed his company. The level of compassion that they showed in his last days was much appreciated.

A Celebration of Lawrence's life will be held Saturday, May 23rd at 1:30 p.m. in Mackenzie's Funeral Chapel in Stonewall, MB. A time of fellowship will follow in the Stonewall Legion.

In lieu of flowers, donations can be made to the "Tea Fund", Selkirk-Betel Home Foundation, Selkirk, MB. R1A 0B6.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mackhome@mts.net



OBITUARY

Clifford Bobby (Bob) Barker

Peacefully and with dignity and courage, Bob passed away on May 11, 2015, at the Stonewall Hospital, with his family at his side.

Bob was born on December 22, 1935 in Oakville, Manitoba to Kay and Eldon Barker. He worked on the family farm and attended school in Oakville.

Bob met the love of his life, Joyce, in 1954. They married in July, 1960 and raised their three beautiful children in Winnipeg before moving to Teulon in 1975.

Bob worked at CN Telegraphs, drove truck with his brother-in-law, John Searcy, and later worked as a guard at the Stony Mountain Penitentiary for 29 years until his retirement in 1995. Bob was one of the best competition pistol shooters in Canada for a number of years. He has over 300 trophies to prove it.

After his retirement, Bob and Joyce began the second stage of their life together. They travelled, Bob enjoyed hunting, fishing, golfing and continued to play and watch hockey. They also enjoyed watching their children grow into the wonderful people they are today.

Bob is survived by his loving wife of 55 years, Joyce; brother Frank; children Tracy, Rob (Diane), Doug (Tracy) and his grandchildren whom he love and adored, Travis, Wesley, Kobie, Brittany (Matthew) and Tyler. There are many nieces, nephews, special friends and other family members, too numerous to name whom he adored.

Bob was predeceased by his parents, Kay and Eldon; his sisters-in-law Audrey, Doreen, Jean, Sylvia and Isabelle. He was also predeceased by his brothers-in-law, Ted and Don, and numerous other family members and friends.

Bob was known for his many sayings and jokes, which are still being told to this day and will live on forever. He had an amazing ability to cook a gourmet meal, and compete in bread making competitions within the family. His desire for cooking will be passed on through the upcoming generations, as Bob called it, THE BARKER SCHOOL OF COOKING.

As per Bob's wishes, cremation has taken place and there will be no formal funeral service. There will be a private family interment at a later date.

A come and go time of reminiscing and stores will be held on Sunday, May 31st, 2015 at the home of Doug and Tracy Barker. All of Bob's friends and family are welcome to attend anytime after 1:00 p.m.

MACKENZIE FUNERAL HOME STONEWALL
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We are proud to have Kenny & Stefan join us at our Family Owned Funeral Chapels, bringing with them a combined 35 years of experience. We are confident that they will maintain our tradition of providing old fashioned and personalized Funeral Service working with us at Wojcik's Funeral Chapels and Crematorium Inc.

Wojcik's has two Winnipeg Funeral Chapels located at 2157 Portage Avenue @ Sharp Boulevard and 1020 Main Street @ Manitoba Avenue, as well as our newly constructed Privately Owned Crematorium located at 51 Nicola Drive, Headingley, Manitoba across from the Manitoba Justice Women's Correctional Centre.

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If you have any further questions or require our services please feel free calling Kenny or Stefan at 204 - 897 - 4664 or Toll Free 1 - 866 - 424 - 6271.

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