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TRIBUNE PHOTO BY JO-ANNE PROCTER

Victor and Charlene Dziedzic receive one of three congratulatory certificates during a night that showered them with applause and standing ovations for their 17 years of dedication and work for the Children's Wish Foundation. Ryan Veldkamp (left), Children's Wish Foundation Central Interlake Sub-Chapter first wish recipient, shared his story and gratitude with guests Saturday night at the final VL Ranch Charity Ride for Wishes.

Final Wish Ride goes out with a bang

By Stefanie Lasuik

It's been 17 years of wish rides at the VL Ranch northeast of Inwood.

For sick children, this has meant nearly one million dollars' worth of worry-free family time, escapes from hospitals, and not letting their illnesses control them. Charlene and Victor Dziedzic's 17th and final Charity Ride for Wishes punctuated these accomplishments with an exclamation mark. Despite snow and rain, 467 ATVs and approximately 150 horse riders from across Canada and the U.S. rode 12 to 35 miles of muddy trails. A record 286 people came for breakfast, and dinner sold out at 1,390.

Over 400 donated auction prizes and a 50/50 of \$3,100 contributed to the cause. Kids wove in and out of the game tent, through the bounceroo, and into awed conversations with princesses and Batman.

The barn dance went until 1:45 a.m. with MCMA female artist of the year

Continued on page 2

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> WISH RIDE, FROM PG. 1



MC Tim Brewer makes wish child Bryce Helstrom crack up ahead of Bryce's note of thanks to all those who supported the foundation.

Kendra Kay. And colourful fireworks took over the night sky, sounding the "bang" the Dziedzics said they'd go out with.

The combined efforts yielded \$51,500 and counting.

The money will go to the Central Interlake Sub-Chapter of the Children's Wish Foundation. The Dziedzics have now granted over 60 wishes. This year, one of them will go to Dziedzics' friends and long-time ride participants, the Helstroms.

Nine-year-old Bryce Helstrom was diagnosed with advanced Stage 4 T-cell lymphoblastic lymphoma in March. Several weeks ago, family friends bought him one of his favourite animals, a husky puppy. His other favourite animal is alligators, which he will see when his wish to go to Disney World and Legoland in Florida comes true.

Bryce makes two to three trips from his home near Winnipeg Beach to the hospital each week and takes many medications from home. Bryce's mother, Heidi, said there is an 85 to 90 per cent success rate.

Heidi said the family is looking forward to the trip, which they hope to make in the winter.

"I'm sure it will be so spectacular, from Legoland to all the things at Disney World. ... They're excited to hold the baby alligators," said Heidi.

It's the kids that have kept the



The wish ride was a muddy affair for ATVers like Bradley Vanhulle, but the mud didn't deter the record number of participants.

Dziedzics motivated to continue the Wish Ride every year.

"Just knowing that we have given a child and their families a week away somewhere, and they can have fun. No needles. No doctors. No hospitals. They can just be themselves," said Charlene.

Maria Toscano of the Children's Wish Foundation said the event has created more than wishes, however.

"We have been part of an extraordinary event that has created lasting memories and lasting friendships," she said, fighting back tears.

It started with 50 family and friends in 1999. On May 14, 2016, about 1,500

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TRIBUNE PHOTOS BY STEFANIE LASUIK

Clayton Kunzelman and his family have been regular participants in the Wish Ride. The family from Inwood took their horses, Lee and Pat, and a wagon down the Wish Ride trail for the final time.



Jan Lambourne from SPR Hair Salon in Teulon (top) shaves 13-year-old Jadyn Hughes head. Hughes raised \$1,687 in pledges before the event and \$2,040.50 on the night of the ride.

people from across Canada and the U.S. packed Dziedzics' ranch.

"Lots of people call this place home," Continued on page 3

Charlene Dziedzic (right) cries into her husband, Victor, while Maria Toscano of the Children's Wish Foundation speaks about the incredible contributions the couple has made to the foundation while fostering lifelong friendships through their event.



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NAVIGATOR

Balmoral teacher earns national teaching award

Brenda Margetts earns Prime Minister's Award for Teaching Excellence

By Jennifer McFee

There's no doubt that Brenda Margetts is passionate about teaching, and now she is making the grade with prestigious national recognition.

Nominated by Sascha Epp, Margetts was selected as a recipient of a 2015 Prime Minister's Award for Teaching Excellence Certificate of Achievement.

The long-time kindergarten teacher remains a familiar face at Balmoral School, where she taught for more than 30 years and also subbed during the years that she stayed home with her own children.

"I've been involved with education since 1972, all in Balmoral School. I love to teach.

I love children and I love inspiring them to learn. I like the excitement that it creates. It should be a positive thing and they should be happy," said Margetts, a Stonewall resident.

"Children are wonderful. The more new things I can do with them, the better."

Although she retired last June, Margetts remains involved as a substitute teacher and volunteer at Balmoral School, while also providing presentations at other schools.

"I'm still fired up about teaching. I love to be with the kids. I still go back at least once a week," Margetts said.

"I have a lot to share and I feel I should share. I love to share with the teachers and I love to do it by working

> WISH RIDE, FROM PG. 2

said Charlene.

Simply hearing of the Dziedzics' efforts was enough to cause volunteers to climb aboard over the years. Getting to know the Dziedzics kept the volunteers aboard.

"You're welcomed, thanked, and a part of the family," said volunteer Darryl Brown, who would sooner classify himself as a family member than a volunteer.

Charlene could not say enough about the 22 committee members, 60 volunteers and 10 military people who worked on the event.

"If we can only take that little bit of time out once a year to do what we've done in the 17 years, what more could you ask for?" said Charlene.

with their kids."

When it comes to her recent Prime Minister's award, Margetts feels honoured to be recognized for her work. "It's sort of surreal to me," she said. "It is a very prestigious honour but it's also humbling because there are so many good teachers out there."

She also feels proud to represent rural communities and small schools, since most award recipients

most award recipients teach in cities. In total, 50 recipients across the country received awards for their work in early childhood education and teaching.

"You're a different kind of teacher when you teach in small schools," she said. "You wear a lot of hats."

According to the awards documents, Margetts' classroom was like "an enchanting museum for young children, with not only aquariums and science stations but also the latest technology to help bring learning to life."

She instilled the importance of Aboriginal teaching, environmental stewardship and Canadian identity.

Margetts helped to develop a new kindergarten report card for the Interlake School Division and also helped to write the provincial curriculum document called *Ready for Kindergarten.*

Her efforts have earned ongoing recognition throughout her career, since she won the Manitoba Elementary Classroom Teacher Award three times

But MP James Bezan acknowledged it's been more than a little bit of time. "You just can't even count the hours

that everybody put in into making this a success," said Bezan.

Lakeside MLA Ralph Eichler called the 17 years of effort"unbelievable."

Both Bezan and Eichler presented the Dziedzics with congratulatory certificates on Saturday. Toscano then named Charlene the provincial Children's Wish Foundation volunteer of the year.

She presented the couple with over 50 roses. The number of roses represented the number of wishes they've funded, while the roses themselves symbolize friendship, joy and hope for good health—a perfect metaphor.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Brenda Margetts earned a national award for teaching excellence. and was recognized by the Manitoba contributions to math education. Association of Math Teachers for her



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St. Laurent council approves balanced budget

By Jeff Ward

During the public hearing for the RM of St. Laurent's 2016 budget, council presented the first balanced budget since 2011 and plans for investing in St. Laurent's future.

Reeve Cheryl Smith said that she is excited to be past the rebuilding of the municipality after the devastating flood of 2011 and flood of 2014.

During the May 11 public meeting, there were six people in attendance who heard new CAO Tess Gutierrez read through the budget for 2016, which showcased a decrease in mill rate and tax adjustment. The mill rate will drop from 18.318 in 2015 to 17.650 in 2016 — a decrease of .667, which is down 1.213 from 2013. Along with that decrease comes a drop in tax adjustment as well. Based on a residential property of



TRIBUNE PHOTO BY JEFF WARD During the public meeting for the RM of St. Laurent's 2016 budget, council presented the first balanced budget since 2011.

\$100,000 in the Prairie Rose School Division, the tax adjustment will be \$1,314.45, down from \$1,454.27 last year — a difference of \$139.82.

"We would have loved to have done more but it's a lot of give and take when preparing a budget," said Smith. "We know that even with the mill rate lowered, at the end of the day your taxes might still go up because most people have been reassessed. Council is very sensitive to the fact that we can balance the budget, invest in the community and still maintain a decent level of taxation."

Smith said that this budget brings with it quite a few joys: eliminating the deficit, presenting a balanced budget and being able to invest in areas like tourism, the assisted living centre and the fire department. Each of those, and the many other items listed in the budget, are small victories that she believes will continue to boost St. Laurent and leave the flood, and the damage it brought in the past.

"I think that when people see the RM investing in the community like we are with this budget, it makes them believe that growth is happening. We'd have loved to invest in more but there's only so much to go around, and when it comes time to crunch the numbers, we have to watch and take notice of what ratepayers can afford," said Smith.

Rosser council financial plan includes a mill rate decrease

By Jennifer McFee

At a meeting on May 10, Rosser council approved its 2016 financial plan with a mill rate of 7.801, down from 8.163 last year. Coun. Angela Emms was absent.

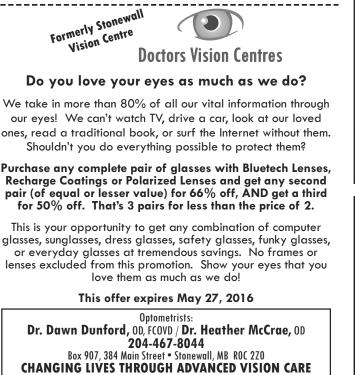
Council also agreed to provide grants and charitable donations to a long list of recipients, including Association for Community Living – Interlake Branch Arris Centre (\$250), Canadian Red Cross (\$200), Manitoba 4-H Foundation (\$250), Manitoba Farm Women's Conference (\$500), Kids Help Phone (\$250), Kidsport (\$100), South West Teens at Risk STAR program (\$2,500), South Interlake Seniors Resource Council Inc. (\$1,000), Stonewall & District Christmas Cheer Board (\$200), Interlake Community Foundation (\$5,000), Manitoba Crime Stoppers (\$135.20), Prairie Oak Regional Arts (\$200), South Interlake 55 Plus (\$2,000), Ron King Fiddle Contest (\$200), MADD (\$279), Rockwood Ag Society (\$3,000) and South West District Palliative Care Inc. (\$2,500).

Council also approved recreation and cultural grant applications for Stonewall Quarry Days (\$500) and Stony Mountain Community Association Canada Day Celebration (\$500). In addition, council will buy flowers for baskets through Rosser School for \$1,200.

In other council news:

• Christine Uhres-Todd and Francois Uhres requested a variation to the site width and area of their property for the proposed construction of an accessory building. Council didn't receive any objections during a public hearing or in writing, and they agreed to vary the minimum site area of 80 acres to 10.01 acres and the minimum site width of 600 feet to 300 feet.

• In another public hearing, owner Brett Oleschak applied to vary the minimum site area of a nonconforming lot at 42 Mayberry St. to build a detached accessory building. Council defeated the motion to vary





the minimum site area from 80 acres to 9.23 acres.

Council also gave second reading to an amendment to the Rosser CentrePort zoning bylaw to rezone a parcel of land. The developer needs to submit a traffic study to the City of Winnipeg to determine upgrades and modifications required to Selkirk Avenue. If the development is approved, the city requires that the RM enter into a servicing agreement with the city for maintenance on this section of Selkirk Avenue. The traffic study, as well as a drainage study, must meet the requirements of the RM of Rosser.
 Council approved a culvert

• Council approved a culvert crossing on Summit Road south of Grassmere, subject to obtaining a water rights licence.

• Council approved a request from Manitoba Hydro for natural gas installation at Abas Corner.

• On behalf of MTS, Evolve Surface Strategies Inc. has completed a notification period for a proposed antenna supporting structure located at 580 Oak Point Highway. They didn't receive any comments or questions from Rosser residents, and Rosser CentrePort zoning doesn't require any notification for communications towers. Council concurred that local public consultation requirements and municipal processes were complete, and the CAO was authorized to sign a letter of concurrence.

• The RM of Rosser authorized payment of \$5,333,333 to the Minister of Finance, Manitoba Water Services Board for the Carter Regional Water Cooperative expansion.

Autism support group welcomes new members

Group meets in Stonewall on the first Thursday of each month

By Jennifer McFee

A new group aims to offer awareness and support to Interlake families dealing with autism.

Adele Petri and Trena Levesque launched the monthly group more than a year ago based on their own experiences after their children received autism diagnoses. They found themselves in need of support and didn't know where to turn for answers.

Now they are hoping to provide a

sense of solace and support to others who might be facing some of the same issues.

Petri said she often encounters autistic children Through her work at Starting Blocks.

"Every child is different and places themselves on different ends of the spectrum. There are many varying degrees. It's

such a broad spectrum. My son is on the higher functioning end of the spectrum, so he has been diagnosed with Asperger's. That lends itself to a whole different variety of things that we're dealing with," she said.

"We found there was no support for parents. Parents are struggling because it's not like any other type of disability or medical condition. You're given a packet of information and parents are left looking at each other, saying 'What's next?' I get a lot of my information and resources from other parents."

For Levesque, her son was diagnosed last year just before his fourth birthday.

"It comes as a big shock and you're feeling lots of different feelings and going through a lot of different emotions. It's a difficult journey in a sense that there are a lot of different options out there that are available to you but you need to figure out what is the best fit for your child and for your family because each child on the spectrum is so different," Levesque said.

"In navigating our way through that world, it was very overwhelming. It was confusing. Every emotion you could imagine, we were feeling it at that time."

Petri and Levesque, former neighbours, recognized the need for fami-

lies to communicate with each other and share their experiences.

"You don't have a lot of guidance because it is so individualized for each child. It's nice to ease some of that confusion and give each other knowledge and power to be able to help our children as we navigate this journey that we're all on," Levesque said.

"We thought maybe there are other people who are going through this right now. We wanted to create a safe and confidential space where we can talk to each other about what's going on in our situation with our child. It's very challenging and confusing, and we understand what each other is experiencing because we've been in those shoes."

Seeing a need to be filled, Levesque and Petri developed the Families for Autism Awareness and Support Group, which meets at 7 p.m. on the first Thursday of each month at Starting Blocks (510 3rd St. West in Stonewall).

The goal of the group is to act as a support for parents and to share information and resources, Petri said.

"From each other, we get lots of ideas in terms of support, help and funding. There's starting to be a little bit more support in the major cities, but a lot of the funding doesn't trickle

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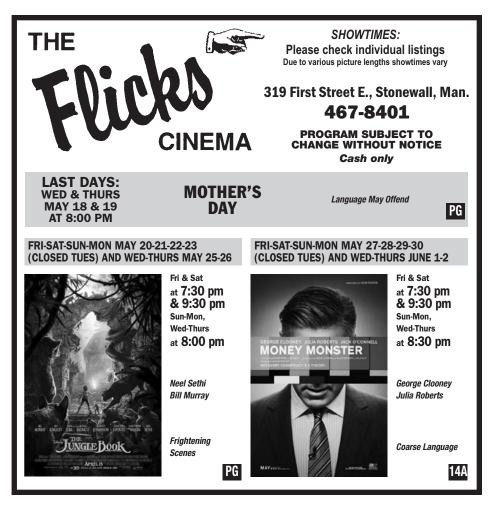


TRIBUNE PHOTO BY JO-ANNE PROCTER Adele Petri and Trena Levesque launched an autism support group.

down to the smaller rural communities. It makes it very difficult for parents because there's hardly anything out there," Petri said.

"It's great for parents to be able to share information and find out from each other what to do next. We're looking to get a lot more awareness out there. Hopefully we can drum up more members and make parents aware that we're here. We hope to make autism something that people are a little bit more aware of in the community because there are so many community members that are touched by it."

The next meeting is scheduled for Thursday, June 2. All are welcome to attend. Anyone who would like more information can contact Levesque at 204-467-7084.



"WE'RE LOOKING TO GET A LOT MORE AWARENESS OUT THERE."





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St. Laurent council removing flood protection this spring

By Jeff Ward

St. Laurent beach property owners and visitors should be able to walk along the beach this summer without having to climb over a wall of Geotubes and super sandbags if all goes as planned.

St. Laurent Reeve Cheryl Smith said that over the next few weeks, plans will be put in place for Sigfusson Northern and many other local contractors to excavate and remove the flood protection put in place during the summer of 2014. She said that council has been discussing the work for the last month. With the spring back in operating range at 812 feet, they decided that it was time to clear the beaches. Sigfusson Northern will be in charge of removing the Geotubes, since they are the company that installed the. An undecided number of local contractors will be in charge of removing the sandbags.

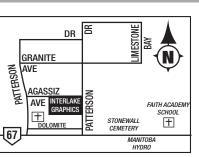
Smith said she hopes to see the work begin after the long weekend and for it to be completed in time for summer at the end of June.

"We wanted it to work this way because it will give our local contractors a piece of the pie and the entire job

runoff being small and the lake level can be done within a few weeks," said Smith. "I know that last year, many residents wanted them taken down but the lake level was still high and we wanted to be protected. This year, the forecast looks good and the lake level is down. Our only danger is if the province decides to use the Portage Diversion, and we have no control over that."

Smith said that she and council are excited to see the beaches back to a normal state, adding that once the sandbags and Geotubes are gone, it should help put the flood firmly in the past.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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PRODUCTION





Debbie Strauss

Stonewall teen raising awareness about women's inequalities

By Natasha Tersigni

Having travelled to different countries with her family, Elise Diplock understands how lucky she is to be a woman living in Canada.

Diplock has seen first-hand how other cultures devalue women. When it came to choosing an issue to address in her community action project for her Global Issues class, the Grade 12 Stonewall Collegiate student knew she wanted to address women's inequality.

"For our final community action project, we had to do something that we felt strongly about and do something in the community incorporating an issue we chose to help improve the community," said Diplock, who has decided to donate to the Willow Place women's shelter in Winnipeg, formerly called Osborne House.

"The fact is that women face inequality around the world, different severity in different countries, and an aspect of inequality in Canada is domestic abuse against women. Some people think that domestic abuse won't happen in a place like Canada because there is a lot of laws in place, but it does."

While in Canada, unlike the countries she visited including South and Central America, parts of the Caribbean and Mexico, there are laws protecting women from domestic abuse, supportive channels still need to be in place to help women and their children re-establish their lives after leaving a violent situation.

"Willow Place is a 45-bed women's shelter that provides women and their children a place to go when they have been abused mentally, emotional or physically. The shelter helps these women get back on their feet and gives them all the necessary items to start up a new home because many of these women who have escaped an abusive situation have left with just the clothes on their backs," added Diplock.

To support the shelter, Diplock has created a school-wide awareness campaign regarding the work Willow Place does and how domestic violence is still a reality in Canada. Diplock has also set up a donation box at SCI to collect items for the shelter.

Items that are being collected include pots, pans, dishes, small household appliances, toiletries, books, toys, and new or gently used women's and children's clothing. The items can be dropped off outside the SCI office during regular school hours until May 27. For more information on the shelter or a more detailed list of donations needed, go to willowplaceshelter.ca/ donation-wish-list.

Teulon council passes property tax increase

By Natasha Tersigni

Town of Teulon taxpayers can expect a slight increase on their property taxes in spite of the town increasing their taxable assessment by \$5 million or 10 per cent over 2015 values.

Council presented the 2016 financial plan during a public hearing before their regularly scheduled council meeting on May 10.

In spite of a decrease in mill rates this year, residents will still see an average increase of .73 per cent on their tax bill.

In order to cover the town's municipal expenditures that increased by .64 per cent, the 2016 mill rate will be set at 13.313 mills, down from the 2014 and 2015 mill rate that was set at 15.443.

Capital projects outlined in the budget include the paving of a portion of 4th Street S.W., 3rd Street S.W. and 3rd Avenue S.E. at an estimated cost of \$55,000 and sidewalk construction on a portion of 1st Street S.E. for \$75,000.

Following the formal presentation, council opened the floor to the public to ask questions. Teulon resident and former mayor of Teulon Ted Hodg-kinson brought forward his concerns that a home in Teulon that was built in 1998 has had its property taxes increase by 47 per cent from 2000 to 2015.

"From 2010 to 2015, it was a 25 per cent increase in those years alone. This is something that is not anybody's fault; it is just something that does not get represented clearly to everybody. And it is not just this home alone," said Hodgkinson.

"The point I am trying to make is that we cannot go on like this because **TRIBUNE PHOTO BY NATASHA TERSIGNI** Grade 12 Stonewall Collegiate student Elise Diplock chose to raise awareness and collect donations for women's shelter Willow Place for her final project for her Global Issues class.





Proposed re-zoning in CentrePort

Share Your Views

concerning the proposed re-zoning of part of the SE and NE Section 28-11-2E in the RM of Rosser CentrePort lands from CentrePort Rural Zone to "12" Industrial General Zone.

An application has been received to re-zone Pt. SE and NE ¼ 28-11-2E in the rural municipality of Rosser from CentrePort Rural Zone to "12" Industrial General Zone.

This would allow the establishment of a general industrial use.

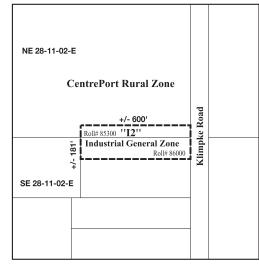
Public Hearing

You are invited to share your views on this planned re-zoning at a public hearing taking place at 6:00 p.m. on Wednesday, June 1, 2016 at the Victoria Inn Hotel and Convention Centre located at 1808 Wellington Avenue, Winnipeg.

For more information

If you would like to attend this public hearing, or you would like more information on the proposed re-zoning, please contact:

Meagan Boles, Senior Planner Inland Port Special Planning Area 610 – 800 Portage Avenue Winnipeg, Manitoba R3G 0N4 Phone: 204-794-3817 Fax: 204-945-5059 Email: inlandportspa@gov.mb.ca





Manitoba Day celebrated at Brant-Argyle School

Argyle museum flag exhibit on display at Manitoba legislature from May 19 to June 6

By Natasha Tersigni

As Manitoba turned 146 years old on May 12, another anniversary was celebrated in conjunction with Manitoba Day — the 50th anniversary of the provincial flag.

It was 50 years ago, on Manitoba Day in 1966, that the flag was officially proclaimed by the provincial government. The Manitoba Legislative Assembly decided to adopt a provincial flag after the federal government made a controversial decision to replace the Canadian Red Ensign with the Maple Leaf flag.

To celebrate the flag's anniversary, Argyle's Settlers, Rails and Trails museum organized a morning ceremonial flag-raising at Brant-Argyle School with staff and students.

"Fifty years ago, 2,000 schools across the province held their own flag-raising ceremonies to commemorate the unveiling of Manitoba's brand new provincial flag. We decided to re-enact the ceremony that took place here at



Following the ceremony, students received their own miniature version of the Manitoba flag.

Brant-Argyle School 50 years ago on this day," said Settlers, Rails and Trails executive director Shayne Campbell. The museum will have its Manitoba

Flag 50th Exhibit on display at the



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Brant-Argyle students celebrated Manitoba Day on May 12 with their own flag-raising ceremony at the school's flagpole to commemorate the 50th anniversary of Manitoba's flag. Grade 7 and 8 students carried Canada's provincial and territorial flags to the event.

Manitoba legislature in the building's rotunda from May 19 to June 6.

"This is our big exhibit for the year and it is our fourth provincial exhibit at the legislature building that the museum has been involved with," added Campbell.

The exhibit is free for the public and available for viewing during the Manitoba legislative regular hours.

Municipal board rejects Woodlands lagoon expansion bylaw

By Natasha Tersigni

After months of deliberation, the Municipal Board of Manitoba has refused the RM of Woodlands lagoon expansion bylaw in its current state, forcing council to come up with a new plan for funding the project.

The three-person board decision came after a municipal hearing on Feb. 18 when ratepayers objecting or supporting the proposed \$1.8 million lagoon expansion project had an opportunity to speak. The municipal



hearing was held after 25 objections were registered with the RM on the lagoon expansion proposal.

The proposed project includes building a new primary cell and turning two existing cells into storage cells. While the Manitoba Water Services Board will be covering half of construction costs, the RM of Woodlands is responsible for the other \$900,000. With very few funds in their reserve, the RM was looking at implementing a 10-year local improvement tax of

1.24 mills on municipal property tax bills, not including farmland and property in or near Warren, to pay for the lagoon expansion.

In the municipal board's decision, they found that the way the bylaw applies the local improvement tax to properties throughout the RM raises questions of fairness and equality for rural homeowners. Rural homeowners already have to pay for septic tanks and septic fields, which can exceed \$20,000, and thus when dumping in the lagoon, they don't have the same waste water usage as Woodlands residents whose sewer system is hooked directly to the lagoon.

The report also goes on to state that a levy imposed on a per-parcel basis would be fairer. They recommend that a special levy be imposed on industrial, commercial or school properties that make greater use of the Woodlands lagoon.

Reeve Trevor King told the *Tribune* he was not expecting the municipal board to overturn the bylaw.

"I was quite disappointed in the decision and shocked that it went that way. I thought it was going to be in our favour being that this project is something that needs to go forward in order for the community of Woodlands to grow," said King, who added in the future council will look at a flat levy to cover projects as opposed to a levy determined by property assessment values.

"When it comes to doing these types of borrowing bylaws in the future, we will look at the municipal board's recommendation of per-parcel levy, but council still believes that the local improvement tax was the fairest way to generate income for the lagoon expansion."

Despite the municipal board's decision, the RM is moving forward with the lagoon expansion and will be making amendments to the 2016 financial plan and using money from the building replacement reserve to pay for the lagoon project. Two separate public hearings will be held for the financial plan presentation and to use money from the building replacement reserve; however, no date for the hearings has been set yet.

Spring Tea entertainment in Woodlands a success



The stage was set for a successful spring tea, complete with decorations made by Woodlands Childcare children who hosted the annual tea last Friday at the community hall. The children delighted their guests with entertaining songs and actions while Woodlands Elementary students shared their singing and musical talents. Volunteers served beverages, sandwiches and dainties to friends and family. Left photo: Childcare children singing "Slippery Fish." Middle photo: Woodlands Grade 1 and 2 choirs sang "What a Wonderful World." Right photo: the Grade 4 and 5 class played the recorder to "The Lion Sleeps Tonight."

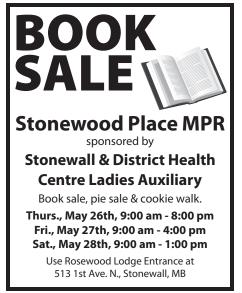
Goodwin Lodge expansion back on the table Teulon council briefs for May 10

By Natasha Tersigni

It has been nearly 20 years since plans have been drawn for a 27bed addition to the Goodwin Lodge Personal Care Home in Teulon, and last week Mayor Bert Campbell reported to council that discussions have occurred regarding making the expansion a reality.

At the Teulon council meeting on May 10, Campbell reported that at the most recent East Interlake Regional Health Care Committee meeting, Lakeside MLA Ralph Eichler was in attendance and the personal care home expansion was discussed.

"We have resurrected the plans for the personal care home addition and we are moving along with that. The plan was for 27 beds, and while we know the plans are almost 20 years old and they are not anywhere near code, at least there is a design there that could get the project going. It is on top of the discussion page



with our MLA," said Campbell. In 1996, when the plans were drawn up, the cost of the expansion was estimated at \$2.8 million, with the Town of Teulon responsible for 10 per cent of the cost.

New Fire Hall

A very preliminary plan was discussed regarding building a new Teulon-Rockwood Fire Hall on the old railway property close to PR 415. In the last few years, council has discussed plans to renovate the current fire hall that is located on Main Street, but it was discovered it would be too costly to add additions to the building.

The town currently owns the railway property, and in the 2016 financial plan, \$750,000 has been

budgeted for 2017 to be used towards the fire hall.

Crescent Creek Meeting Campbell reported that members of council attended a meeting at the Crescent Creek Park Recreation Centre to speak with residents about the town's plans to sell the park.

"I don't think a lot of people are really happy with the fact that we are possibly selling Crescent Creek, but most of the residents understand why. We are not in the devolvement business, and operating Crescent Creek is definitely a development business," said Campbell, who added that council was able to answer clarifying questions for

that council was able to ane swer clarifying questions for 6 residents.





TRIBUNE PHOTO BY NATASHA TERSICNI At the Teulon council meeting on May 10, Doug Pickell, chair of the Stonewall-Rockwood Kurelek Tribute Citizens Committee, presented a plaque to Teulon Mayor Bert Campbell (right) to thank council for their support in the building of the William Kurelek monument located at the corner of highways 7 and 67.



Bright futures for young locals

By Stefanie Lasuik

Two Stonewall residents star in MPI's latest campaign to keep drunk drivers off the road.

Rhianna Saj, an advertising major at Red River College, created MPI's strategy for the "Bright Future" campaign with her classmate, Shannay Smith from Portage la Prairie. As an assignment for their class, the students pitched their ideas to a panel of MPI representatives.

Saj and Smith's idea struck the panel as particularly clever, since it compared bright futures to the bright lights of emergency vehicles and jails. In the TV commercial, a man is led to a jail cell under fluorescent lights while a voice says"I heard about your scholarship."

Saj said her goal with the campaign was to show that everyday people, ones with bright futures, can have their futures taken away from them if they decide to drive after as little as one drink.

"You grow up hearing, 'Oh, that person has a really bright future. They're going to do a lot of great, fantastic

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things.' However, you could have a bright future like the police lights shining on you or the emergency lights shining down on you, a headon collision, the jail cell light," said Saj. Saj and Smith think the concept is especially relevant to the small towns they grew up in.

"It's a different mentality in a small town. You think you're only going a few kilometres in a small town, but in reality, it's not only your own life you're putting in danger — it's so many others and their families," said Saj.

MPI picked Saj and Smith's idea in November. Since then, they've been working with the pair to create a TV commercial, a radio ad, billboards, and bus advertisements. Saj said she has seen her commercial on TV "400" times since it aired, and calls the experience of watching the ad she created "surreal."

"But at the end of the day, if it impacts one person or really makes them think about drinking and driving and how much it affects other people, that's the goal," said Saj.

> starred in the campaign's TV commercial, and he also hopes the commercial will

> > *



TRIBUNE PHOTO SUBMITTED

Rhianna Saj (left) of Stonewall and Shannay Smith (right) rolled out a full campaign in their final year of Creative Communications. Stonewall's Brock Couch (pictured) starred in their ads.

open eyes.

He said acting as the person who goes to jail for drinking and driving made him realize it wouldn't be hard to make that mistake.

Couch didn't know Saj had created the concept when he got the call to audition for the commercial. The two went to Stonewall Collegiate together. Now Saj is beginning her career in advertising after graduating from Red

River College and Couch hopes to continue acting.

Saj believes the experience from the MPI campaign will help her trifold.

"It's a connection in the industry," said Saj, noting the campaign will also bolster her resume and give her confidence, especially in future pitches.

"It's a little bit of a reinforcement that I know what I'm doing in advertising," she said.





Community Living Interlake is now accepting expressions of interest from individuals who can help us by serving a twoyear term as a member of the board of directors. Community Living Interlake offers you an opportunity to have a positive impact in your community and to make a difference in the lives of people living with intellectual disabilities. We are a non-profit organization dedicated to building full inclusion in the community. We create opportunities in housing and employment that allow people to learn, grow and live independent and meaningful lives. As a board member you will be an essential part of the team that provides oversight for this large and growing organization.

If you are interested in helping us as a board member please call or email our Executive Director Tara Smith (TaraS@aclinterlake.ca) or call 204-467-8419. All Expressions of interest must be received prior to May 31, 2016.

Community Living Interlake thanks you for your support. An expression of interest is not a guarantee of board membership. Prospective board members will be contacted for an interview prior to the annual general meeting. Board membership is confirmed at the annual general meeting held in June.

Brock Couch

Interlake historians recognized with provincial awards

By Natasha Tersigni

Two Interlake residents were honoured last week for their efforts in continuing to preserve and celebrate community history during a ceremony at Government House on May 12.

Shayne Campbell of Argyle and Pat Eyolfson of Arborg were presented with the Lieutenant Governor's Historical Preservation and Promotion award from Lt.-Gov. Janice Filmon. The two were recognized for their hard work and countless hours spent volunteering with their respective community museums.

In conjunction with the Manitoba Historical Society, five awards have been presented annually since 2011 to people who have rendered prolonged, meritorious service in the preservation and promotion of Manitoba's history and heritage.

"I am very honoured and am really impressed with my museum board and the community members that nominated me for this award. They had dropped a few hints about needing some information but it was very much a surprise," said Campbell, who is the founder and executive director of the Settlers, Rails and Trails museum in Argyle.

Since Campbell was 14 years old, he has taken a keen interest in Argyle history and began collecting artifacts and documenting stories. In 2010, Campbell founded the museum, made up primarily of his own personal collection including authentic military memorabilia of uniforms, helmets, badges, medals and gas masks,.

Along with the museum that is currently housed in the Argyle Community Hall, Campbell has created several travelling exhibits to further educate Manitobans about Argyle's vast history, including provincial and national flag exhibits held at Manitoba's legislature and a First and Second World War play that documented local veterans.

"Shayne's passion and love of his-

tory make him an excellent ambassador and teacher. He takes any and all opportunities to share his knowledge and expertise with interested communities, actively seeking out venues to display exhibits," said museum board member Tracy Morgan in her award nomination letter to the MHS. Morgan added that Campbell is dedicated to the museum while being a full-time teacher at Teulon Collegiate. He uses the museum to teach students about Argyle's history throughout the Interlake School Division (ISD).

"He believes in interactive programs and works very hard to bring history to life."

Ross Metcalfe, former ISD superintendent and a member of the historical society, was in attendance at the award ceremony and told the *Tribune* he has seen first-hand the work that Campbell has done and the impact the museum has had and will continue to have on educating future generations about local history.

"Shayne has always been passionate about the heritage of Argyle and educating the residents about their community history. His great-grandfather was one of the first students to walk through the doors of the Brant-Argyle School, so Shayne is the fourth generation that has been a student in the school and has a real attachment to the school and the community," said Metcalfe.

"He has really stepped up and put that whole museum together, and it is a great addition to the region."



Argyle resident Shayne Campbell, pictured back row centre, was one of five Manitobans presented on May 12 with the Lieutenant Governor's Historical Preservation and Promotion award.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Shayne Campbell, founder and executive director of the Settlers, Rails and Trails museum in Argyle, was honoured last week with the Lieutenant Governor's Historical Preservation and Promotion award. Pictured, left to right: Lt.-Gov. Janice Filmon, Campbell, Manitoba Historical Society president Gary McEwen.

Wood pallet manufacturingbusiness receives approvalRockwood news in briefAt the same meeting, council gave
approval for a home-based businesswood office at 285 Main St. in Stone-
wall, Monday to Friday from 8:30 a.m.

By Jennifer McFee

At the May 11 meeting, Rockwood council passed a resolution to enter into agreements with Maple Leaf Construction for their operations. The company plans to set up a temporary asphalt plant off Highway 7 on RM property.

As well, they will be doing gravel extraction from near Balmoral at a

site owned by Mulder Construction, which is owned by Maple Leaf Construction. As well, they will also be doing extraction work on the Dziadek property west of Highway 7 near Gunton. By splitting the extraction between two sites, they hope to eliminate some of the traffic on both roads.

The work will likely begin within the next two to four weeks.

At the same meeting, council gave approval for a home-based business to manufacture wood pallets, based on the pending purchase of the property.

Council passed a variation request for a side yard at Norris Lake as well as for a subdivision on the property of Rod and Shelley Campbell. Trailer-related requests were tabled for a future meeting.

Dust control applications are currently available at the RM of Rockwood office at 285 Main St. in Stonewall, Monday to Friday from 8:30 a.m. to 4:30 p.m. Downloads are also available on the RM's website at www. rockwood.ca.

Applicants can obtain dust control for \$300 per 100 metres, with a charge of \$30 per additional metre. The area must be serviced and staked out prior to application.

The deadline is June 3 for all orders, payments and signed applications.

Warren students put global lessons into action

By Natasha Tersigni

Students in Lee Stewart's Grade 12 Global Issues: Citizenship and Sustainability class at Warren Collegiate Institute (WCI) have spent the school year learning about global issues, and now they are putting that knowledge into local actions.

The class focuses on a variety of issues and topics including media, consumerism, environment, poverty, wealth and power, indigenous people, peace and conflict, oppression and genocide, health and biotechnology, gender and identity, social justice and human rights. For their final project, and 25 per cent of their overall mark, students in the class must complete a Take Action project by researching an issue of importance to them and then plan an action that addresses the issue. Students have the option of working individually or in a group, and this year class projects have resulted in a multitude of communityminded projects and initiatives.

"This year, a group of 10 students chose to address food security and worked at Winnipeg Harvest in the garden area. One student chose to promote local food consumption and taught Grade 9 Home Economics classes about the benefits of locally grown food and prepared a recipe using locally grown ingredients. Other projects included a highway cleanup and making the green space in front of our school more appealing by planting a flower bed," said Stewart.

Grade 12 students Martin Knutson, Eric Postlethwaite, Coleton Oleschak and Connor Burtle held a barbecue at the school last week to raise money for the Canadian Red Cross in aid of victims of the Fort McMurray fire.

"For our action project, we chose to raise money for the fire victims and our goal is to raise \$300," said Postlethwaite, who added that this issue hits close to home for him since he is a volunteer firefighter with Woodlands Fire Department.

With the wide section of projects that students decided to embark on this year, Lee is excited about the contributions they made to the community and the lessons they learned.

"The students learned so many skills organizing these projects that will be useful in the workplace. Communicating, planning, learning to overcome obstacles, and becoming connected to their communities will help them be active and productive citizens when they graduate."

Stonewall council news in brief

At the May 11 committee of the whole meeting, Stonewall council voted in favour of the tax levy bylaw to finalize the 2016 budget.

Taxes will increase by about 2.3 per cent with a municipal mill rate set at 7.614 for 2016, which is a reassessment year.

In addition, council received a request from the Age Friendly group to fix the curb near the Oddfellows Hall to make it wheelchair accessible. Council gave their approval.

Ratepayer Joel Edwards also came to council regarding a proposed development that he is considering.



TRIBUNE PHOTO SUBMITTED

After learning about global food security issues, Warren Collegiate students worked at the Winnipeg Harvest garden for their Take Action project.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Grade 12 students, pictured left to right, Martin Knutson, Eric Postlethwaite, Coleton Oleschak and Connor Burtle organized a school-wide barbecue to raise money for the Canadian Red Cross in aid of victims of the Fort Murray fire for their Global Issues: Citizenship and Sustainability class.

Woodlands council scraps third reading of financial plan

By Natasha Tersigni

The RM of Woodlands council voted against passing the 2016 financial plan presented at the public hearing April 27.

The Municipal Board of Manitoba would not allow council to proceed with the Woodlands lagoon expansion bylaw as presented, forcing them to go back to the drawing board. Council will re-do their budget with a new plan to finance the \$900,000 needed for the expansion. With a new financial plan comes a second public hearing.

"The plans are to alter the financial plan to accommodate the lagoon expansion. We are going to use more money from the gas tax reserve and we are going to take approximately \$225,000 from the building replacement reserve. We will have two public hearings — one to draw from the building replacement reserve and one to alter the financial plan," said Reeve Trevor King.

CAO Adam Turner told the *Tribune* that even though council presented a 2016 financial plan at a public hearing on April 27, there is nothing preventing the council from re-doing the financial process and presenting a revised budget.

"June 15 is the provincial deadline,

so we are still expecting to have our municipal budget passed and in by that day and we still have time to meet that deadline," said Turner.

Fuel tank saga continues

Frustration is mounting as council continues to drag their heels on what the minimum distance is between the bulk fuel tanks located in the Warren Business Park and a building.

Despite the Municipal Board of Manitoba deciding additional risk assessments are not required, council now wants to implement a safe distance between buildings and the bulk fuel tanks.

Developer Terry Lindell, who has in

the past expressed interest in building residential houses on a section of land near the Warren Industrial Park, attended the Woodlands council meeting on May 10. Before proceeding with any plans to build, Lindell wants council to advise him on what the minimum distance between the fuel tanks and a building should be.

Lindell has intentions to build residential housing on land near the business park but wants to ensure setbacks will not affect his development. "I can't count the number of people that have left the community to nev-

Frost boils wreak havoc with roads in RM St. Laurent

By Patricia Barrett

It's a veritable no man's land on some gravel roads in the RM St. Laurent because of extensive stretches of frost boils that have welled up.

What can only be called stupendously bad, many roads in the RM have fallen victim to the volcanic-like eruptions that have motorists constantly swerving and driving along verges and into ditches in order to save their vehicles from damage.

Ideal Road, also known as 12W before it turns into the 518, is a minefield of raised sediment, sand and rocks. There are a number of residents living along the road, which is located west of North Shoal Lake.

"It wasn't like that last year," said a man who lives on Ideal Road. "But the moisture we had last fall before it froze settled on the roads. Come this spring, it thawed and [then] we got about three inches of rain."

Frost boils are a common occurrence in rural Manitoba. They are caused by trapped moisture that swells as it freezes, causing ruptures in road surfaces and fields.

The Ideal Road resident, who preferred not to be named, has lived there for 10 years. He said the boils are "inevitable."

"Some years are worse than others,"

he said."It's just something that happens: we live in Manitoba."

Farther up Ideal Road, a woman in a sedan was spotted exiting a driveway. She had to cut across part of the lawn in order to avoid a buildup of material and deep fissures that were almost the size of First World War trenches.

The roads are both difficult and dangerous to navigate at speeds of over 10 kilometres per hour unless you happen to be driving a tractor.

Near the town of St. Laurent, the roads in some places are no better.

Along 97N, just east of Highway 6 between Laurentia and Johnson beaches, boils have taken out long swathes of gravel and left deep impassable fissures.

A staff member at the RM office said an upcoming monthly newsletter for residents will be addressing frost boils. Councillors were not available for comment.

The resident living on Ideal Road said he credits the RM for dealing with frost boils in the past but says it can take a while for the frost to come out of the ground and the roads to dry up before the RM can fix them.

"The RM always sends people out," he said."I don't put the blame on anybody



TRIBUNE PHOTOS BY PATRICIA BARRETT

A sedan pulls onto Ideal Road (12W) in the RM St. Laurent near North Shoal Lake. The driver had to cut across part of the lawn to avoid frost boils in front of the house. Stretches of Ideal Road (12W) are a minefield of sediment and rocks.

Criminal charges pending

Helping in Fort McMurray



TRIBUNE PHOTO SUBMITTED

Three members of the Stonewall-Teulon RCMP Detachment deployed this week to help Alberta members in fire-ravaged Fort McMurray and the Regional Municipality of Wood Buffalo. From left, Const. Sabrina Whall, Const. Tyler Kuzyk and Const. Rehan Bokhari, all members of the "D" Divison Tactical Troop, arrived in Fort McMurray on Monday, May 9 and are expected to return on Friday, May 20.



A 25-year-old man faces charges related to an off-road collision on May

By Jennifer McFee

7.

A Beausejour man is facing charges after his passenger was injured in an off-road vehicle collision during a quad rally in Woodlands.

On Saturday, May 7, police, fire, ambulance and the STARS rescue helicopter rushed to the scene of the collision at a Woodlands gravel pit.

A 38-year-old woman, the passenger on a side-by-side off-road vehicle, was transported to hospital in Winnipeg to be treated for her injuries. The driver, a 25-year-old Beausejour man, was not injured in the collision. He faces criminal charges, including impaired driving causing bodily harm.

Throughout the day and evening of the quad rally, Stonewall RCMP received several complaints related to off-road vehicles, including trespassing, open liquor consumption and assaults. According to RCMP, quad members brandishing open beers circled a responding member at one point.

Stonewall amateur photographer captures moment

Paul Wilt takes home first in photography at art show

By Stefanie Lasuik

It was autumn at Assiniboine Park. The water lilies gave off brilliant colour from the pond, so Paul Wilt slowed down the shutter speed of his camera, added a polarizing filter, and snapped away. The result was a dancing array of orange and greens, highlighted by purple against moving black water. His picture took first place in the photography section of the Interlake Juried Art Show.

"It had immediate visual impact and creative composition," said judge Carmen Matthews, noting the photo held the eye as it told a story.

Wilt, 67, has been working with cameras since his dad, Dr. Jack Wilt, bought him his first Nikon when he was 23. He began with his own black and white darkroom studio where he'd develop his pictures.

As technology advanced, Wilt taught himself to use the point-and-shoot cameras, the single-lens reflex cameras, the digital cameras, and now the mirrorless camera. He said he learns from using the camera, consulting the manual and searching online forums.

"It's been an adventure," said Wilt. Although knowing how to use the camera is important, capturing the moment is more so, said Wilt.

"The trick is not to be too concerned about your camera settings. They are important ... but you should really concentrate on the composition and getting that shot," Wilt said.

Recently, the former schoolteacher has looked for that shot overseas on photography tours to Iceland and Cuba.

"It's great fun going out for photo shoots," said Wilt, who will take his coffee and camera to a location in Manitoba like Winnipeg Beach and spend the day shooting.

When Wilt returns home, he enjoys looking over the day's pictures and touching them up on his computer.

Wilt only exhibits his photos at the Interlake Juried Art Show, but the comments he received there may inspire him to start exhibiting his work more often.

For now, Wilt looks forward to pho-



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TRIBUNE PHOTO BY STEFANIE LASUIK

Paul Wilt's self-taught photography skills helped him capture first place at the Interlake Juried Art Show on May 14 and 15.

tography tours in Iceland and Morocco.

Interlake Juried Art Show winners:

Ninety-four artists from throughout the Interlake exhibited 270 pieces of art at the 42nd Interlake Juried Art Show on May 14 and 15. Judges Anthony Steffes, Julie Harris, Carmen Matthews and Alan Lacovetsky deliberated for three days to decide on the following winners:

Photography: 1st Paul Wilt, 2nd Audrey Boitson, 3rd Brian R Davis, Hon. mention Paul Wilt.

Sculpture/3D: 1st Hugette LaCroix Gauthier, 2nd Peter E.A. Doucette, 3rd Kathy Freeman.

Experimental: 1st Willy Carleton, 2nd Patricia Anderson, 3rd Milli Flaig-Hooper.

Pottery: 1st Teegan Walker, 2nd Ladonna Clarke, 3rd Gayle Halliwell,

Spring 🗮

Hon. mention Rose Marie Hess. Oil painting: 1st Joyce Jackson, 2nd Joan English, 3rd Verna Campbell, Hon. mention Judie Dauk and Lorraine MacVicar.

Drawing: 1st Irene Kuziw "Abandon Hope," 2nd Teegan Walker "Gesture Teapot," 3rd Elizabeth Latta "Bonjour Cherie," Hon. mention Wayne Stinson "Old Farmer."

Youth: 1st Sara Jensen, 2nd Nori Sigvaldason, 3rd Emma Zdebiak, Hon. mentions Emma Zdebiak and Kelsey Benson.

Acrylic: 1st Lorraine Bohn, 2nd Sheldon Dawson, 3rd Werner E Batke, Hon. mentions Bev Galbraith, Hermina Hildebrand, Dawn Mitchell and Ralph Tanchak.

Watercolor: 1st Twylla Caudill, 2nd Kelly Seward, 3rd Gordon Kanne, Hon. mentions Kelly Seward and Suzanne Barrow.

Mixed medium: 1st Melanie Maksymyk, 2nd Willy Carleton, 3rd Jane Middleton, Hon. mention Mabel Tingeuly.Tingeuly.



Fiddle contestants entertain music lovers

Staff

This year's 8th annual Ron King Memorial Fiddle Festival on May 14 saw a number of competitors from around the province showcasing their skills.

Five first-timers had their first taste at the onstage competition during the event at the Meadow Lea Hall along with 24 seasoned veterans in the 12 & under category, 13-18 years, Senior (60 and over), Open and with four sets of Twin fiddlers all vying for the cash prizes.

Competitors were allowed to practise with one of the accompanists — Mathieu Reimer, Dorothy Granger or Jeremy Rousseau — prior to the competition.

Judges Patti Kosturok, Brian Granger and Garnet Knight adjudicated the first three categories choosing a gold silver and bronze medallist. The Metis Prairie Steppers entertained the crowd before the Senior (60 and over) fiddlers, Twin fiddlers and Open competitors took to the stage.

The King family entertained before the delicious roast beef supper was served by Warren and District Lions members. The Mark Morisseau band played during the old-time dance that followed supper.

Once again, Mark Morisseau entertained as Celebrity Fiddler and did a super job of acting as MC for the competition.

First Time Competitors: Gold – Clarissa Spence, Silver – Natalie Allmendinger, Bronze – Matthew McEwing

12 & Under: Gold – Ryan Spence, Silver – Nathaniel Rattai, Bronze – Kamryn Killam

13 – 18 years: Gold – Miguel Sorin, Silver – Tim Veldhuis, Bronze – Erin Okrainec

Senior (60 and over): Gold – Ivan Spence, Silver – Henry Hince, Bronze – Art Franks

Open: Gold – Melissa St. Godard, Silver – Kyle Michaniuk, Bronze – Theo Anderson, fourth – Nadine Simmons

Twin Fiddles: Gold – Theo Anderson and Kyle Michaniuk, Silver – Sonja Allmendinger & Erin Okrainec







several years.





TRIBUNE PHOTOS BY LANA MEIER

Pictured clockwise from top left: Ryan Spence of Winnipeg won the 12 & under category; Warren and District Lion Bill Kotelko presented \$175 to Sorin Miguel of Lorrette, who won the 13-18 years category; the Metis Prairie Steppers provided the intermission entertainment; Ivan Spence won the 60 and over category while his grandaughter Clarissa Spence won the first-time competitors category.

> WOODLANDS COUNCIL, FROM PG. 12

er come. Something has got to be done. I am continue. tired of this," said Lindell. The par

The Woodlands Community Development Corporation (CDC), which developed the Warren Business Park, has sent council a letter stating they need an answer by June 15 on what the distance will be so development can

The park has a total of 15 lots intended for industrial and commercial development, but due to the lack of decision from council regarding distance setbacks from the fuel tanks, development in the park has been delayed for



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Turn heads with an upside-down garden

Growing plants upsidedown in hanging containers is nothing new, but the idea gains in popularity every summer thanks to its many benefits, both for the gardener and the plants themselves. Many enthusiasts swear by this technique, which produces a hearty harvest with minimal effort and space required.

The two most common species grown upside-down are tomatoes and cucumbers, but other vegetables like eggplants, beans and peppers are also suited to this type of gardening. A variety of herbs and flowers also produce great results in a hanging garden.

THE UPSIDE OF UPSIDE-DOWN GAR-DENING



Hanging gardens are much easier to maintain than traditional ones. Since the plants are at eye level, there's no need to bend over for watering or picking fruit. And you can say "goodbye" to tilling and weeding, as neither are required. Plus, plants grown using this space-saving technique tend to be more vigorous and have better, stronger roots. Furthermore, their fruits don't touch the soil, which reduces the risk of rotting and pest attacks.

TRY IT FOR YOURSELF

Are you ready to grow your own upside-down veggies, flowers or herbs? All you need is a large container, a mix of soil and fertilizer and something to hang it all up with. Drill a hole around five cm in diameter in the bottom of the container. Stick the plant's stem through the hole, from the inside of the pot, and cover the roots with soil. Hang it up somewhere that receives enough sunlight, and voila! You're all set for gardening success.





Rrairie Flora Teenhouse







Edible flowers are a feast for the eyes as well as the taste buds. So why not reserve a part of your backyard for growing edible flowers this summer? Just bear in mind that you'll have to take a few precautions.



Borage, nasturtiums, violets, bee balm, phlox, gladioli and even tulips are just some of the flowers that you can eat. There are many others, but be careful: not all flowers are edible. In fact, some are even toxic. So, before you taste a flower, make sure you know exactly what you're about to eat.

The flowers you use to embellish your recipes should not have been treated with pesticides. Pick fresh flowers early in the morning when the dew has evaporated or after sunset. Shake them to remove any insects; remove the stamens and rinse with cool water. Place the flowers on a paper towel, and when they're dry, put them in a plastic container in the fridge. Most flowers will keep for several days.

As well as being a beautiful addition to salads and pastries, edible flowers can be used to make an herbal tea, lemonade, butter, sauce, syrup or jelly. You'll really impress your guests if you

sauté a couple of fresh flowers quickly and serve them with a main dish or starter. You could even cool your drinks with flowers embedded in ice cubes. This summer, there are plenty of new ways to appreciate flowers — you can start by putting some on your plate. Enjoy!

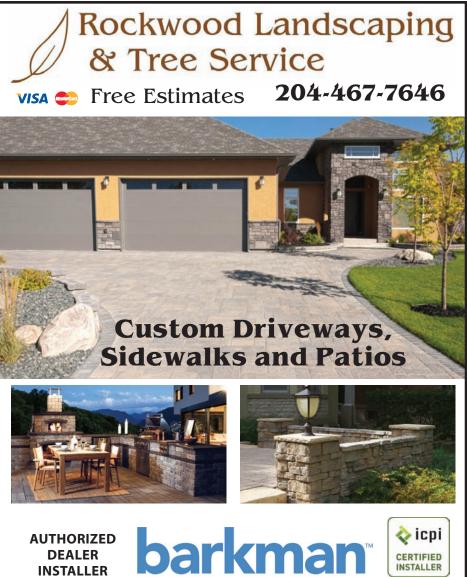


Open May 14th

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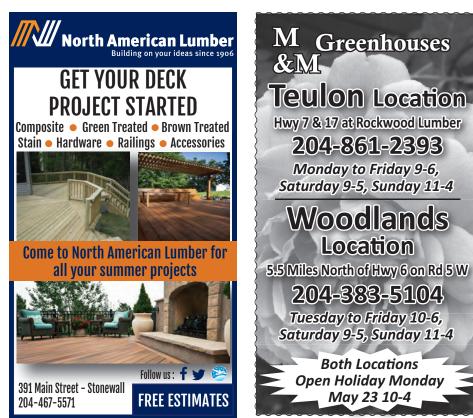


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Edible flowers are a feast for the eyes as well as the taste buds.







Ingredients

2 tbsp (25 mL) olive oil 4 cups (1 L) cauliflower florets (about 2/3 medium head)

3 cups (750 mL) grape tomatoes

2 cloves garlic, minced

- 1/2 tsp (2 mL) dried rosemary or basil
- 1/2 tsp (2 mL) uncertosentary of bas 1/2 tsp (2 mL) pepper
- 1/4 tsp (1 mL) smoked paprika

(optional)

2 tbsp (25 mL) red or white wine vinegar

8 oz (250 g) whole wheat rotini or fusilli pasta

1 cup (250 mL) shredded lower fat

Nicoise Pasta



Ingredients

Serves 2 40 grams whole-wheat pasta rotini 4 ounces green beans, cut into thirds

1 egg 1/3 cup imported black olives

61/2 ounces canned tuna steak in spring water, drained and flaked

1 cup cherry tomatoes, halved

2 small heads Bibb lettuce, leaves separated

Dressing

1 tablespoon freshly squeezed lemon juice



Asiago or Provolone cheese or 3/4 cup (175 mL) shredded regular Asiago or Provolone cheese Directions

Preheat oven to 425°F (220°C). Place oil in a 13- by 9-inch (33 by 23 cm) glass baking dish. Heat in oven for 3 minutes or until oil is heated.

Add cauliflower, tomatoes, garlic, rosemary, pepper, smoked paprika (if using) and vinegar to baking dish and toss to evenly coat. Roast in oven for about 25 minutes or until cauliflower is tender and browned and tomatoes have split, stirring once.

Meanwhile, cook pasta according to package directions, until a dente (tender but firm). Drain well, reserving 1/4 cup (50 mL) of the cooking water. Stir pasta into vegetables in baking dish, mashing tomatoes slightly to release juice. Add reserved cooking water, a little at a time, to moisten pasta as desired. Stir in half of the cheese. Sprinkle remaining cheese on top and bake for about 5 minutes or until cheese is melted.

tablespoon extra virgin olive oil
 small garlic clove, crushed
 heaping tablespoons chopped fresh

basil

Sea salt and freshly ground black pepper

Cook the pasta in a saucepan of lightly salted boiling water for about 12 minutes or until tender. Add the green beans to the pan for the last 3 minutes of cooking time. Drain the pasta and beans, then refresh briefly with cold water.

Meanwhile, add the egg to a small saucepan of cold water. Bring to a boil, then simmer for 6 minutes. Drain and rinse under cold water until cool. Peel the egg and cut in half.

Beat the dressing ingredients together with the seasoning in a mixing bowl. Mix in the pasta and beans, olives, flaked tuna, and cherry tomatoes. Divide the lettuce leaves between two lunch boxes or bowls and top with the Nicoise pasta and the hard-cooked egg halves.



Bad Mood? How Not To Take It Out On Others

"FEELINGS ARE MUCH LIKE WAVES, WE CAN'T STOP THEM FROM COMING BUT WE CAN CHOOSE WHICH ONE TO SURF." ~JONATAN MÅRTENSSON

It is easy, when we are feeling grouchy, to take it out on those around us. Unfortunately, it usually tends to be those to whom we are closest. What makes it confusing for them is that we usually do not tell them why we are reacting negatively to them.

Instead, we criticize or attack them for something they say or do, or neglect to do. Often this comes at them from out of the blue, and they are puzzled, hurt or angry at the way we are talking to them. Rather than owning what it is that is troubling us, we push that into the background, and make another person "the problem."

Perhaps this is in part denial of our own feelings. We may be angry at or disappointed in ourselves, but rather than deal with that we transfer those feelings to another. They may well then respond with hurt or anger, which makes us feel even worse. Soon a downward, negative spiral is occurring, creating even more levels of hurt and anger. The fallout can last for days.

This could all be avoided if we recognize when we are in a "bad mood" and make a conscious effort not to vent it on others. Taking some time alone to figure out just what is bothering us, and applying a little "mental first-aid" before interacting with others can be helpful.

Letting others know that we are grumpy and that it has nothing to do with them gives them a heads-up so they do not take our mood personally and react negatively to it. They may even show compassion and caring which can help to improve the way we are feeling.

Despite our best intentions, we may find ourselves in mid-vent towards another before we realize what we are doing. Even if we do not realize it until we are done, it is important to apologize to the other, letting them know we are sorry and they did not deserve the response we gave them. This will help to minimize damage to them and to the relationship. They will respect us for it, and we will have more respect for ourselves. (Recommended self-help CDs: Mood Therapy and Healing Anger. www.gwen. ca)

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

Do you have a Health or Wellness Business? Call Stephanie at 467-5836 to advertise



Power line threatened Argyle home

By Natasha Tersigni

Thanks to a quick response from local emergency and Manitoba Hydro crews, a potentially dangerous situation was prevented for one Argyle family.

At approximately 10:45 p.m. on May 10, Stonewall-Rockwood firefighters were called to a home located on Highway 323 in the Town of Argyle due to a downed power line located in the front yard. A pole fire had knocked down the live powerline, which was sparking intermittently and had the potential to catch fire.

With firefighters on standby, a Manitoba Hydro crew responded to the incident, cut power to the live line and repaired the power line and pole.

"This particular pole fire was caused by a defective cutout. The cutout is actually a porcelain device, which houses a fuse holder. A cutout is a fuse or like a breaker that fails when there is a short. Some cutouts are prone to premature failure due to the porcelain cracking — wet weather can also play a role — and allows the electricity to follow a path to ground, which causes the pole to burn," said Manitoba Hydro public affairs officer Bruce Owen in an e-mail to the *Tribune*.

"In this instance, as the top of the pole burnt, it caused the conductor (power line) to become slack resting in a spruce tree. Because the amperage of the conductor in the tree was not high enough to blow the fuse, which feeds the line to the transformer, sparks would be created until our staff de-energized the line."

Manitoba Hydro reminds the public to never touch a downed power line or try to move one with any type of object. All downed power lines must be treated as if they are still energized and reported to Manitoba Hydro immediately by calling their emergency line at 1-888-624-9376.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Stonewall-Rockwood firefighters and Manitoba Hydro employees worked quickly to prevent a downed power line from catching on fire at a home in Argyle on May 10.

Special delivery for Starting Blocks



TRIBUNE PHOTO BY JO-ANNE PROCTER Trevor Abuda, along with SCI Metalwork Technology teacher Mike Schoofs and Woodworking Technology teacher Terry Osnach, delivered handmade crayon trucks to children at Starting Blocks Day Care in Stonewall May 12. Abuda's class built the crayon trucks from start to finish.



The Stonewall Jets would like to thank their families, friends and fans for packing the Jet Hangar. Without your support the dream of winning this team's first MMJHL Championship would not have become a reality.



South Interlake Kids of Mud cycling into another season

By Natasha Tersigni

With the recent record-breaking temperatures, there is no doubt that summer is right around the corner.

And while many children and youth will be spending the spring and summer on bicycle rides throughout the neighbourhood, members of the South Interlake Kids of Mud program have opted for a much different kind of ride.

Going into the club's second year, the program teaches children and youth aged six to 14 years the fundamentals and techniques needed for mountain biking. Each session begins with practice on specific techniques, — including breaking, gear changing, tight turns and how to handle obstacles and jumps — before riders head out on the trails where they put what they learned to good use.

"The reason I started this program last year is because we don't have any sort of mountain biking club in the area. It is a really fun idea because the kids learn how to bike and they learn practical skills that can carry through their whole lives," said club founder and coach Amanda Brown.

The program runs every Tuesday evening from 6:30 to 8:30 p.m. and the group meets at different trails around the South Interlake to introduce riders to a variety of terrain. Quarry Park, Stony Mountain, Oak Hammock Marsh, Prime Meridian Trail and Birds Hill Park are just a few venues for practices with hopes that riders can learn new skills and adapt quickly to unfamiliar trails.

The South Interlake Kids of Mud is affiliated with Manitoba Cycling Association (MCA), and currently there are 13 Kids of Mud clubs across the province. The MCA holds a variety of races throughout the province for Kids of Mud clubs, giving the moun-



Mark Stott navigates through the trails at Oak Hammock Marsh at the most recent Kids of Mud practice.

tain bikers an opportunity to test their skills in race situations.

"Our members can race kids from other clubs. Every other week at Birds Hill Park, there are races for them to go to and there are Manitoba Cup races throughout the season in Brandon, Pinawa, Grand Beach and Sandilands. It is really great because they get to see some different areas of Manitoba and try out new trails," added Brown.

With a current membership of 13 riders, the South Interlake Kids of Mud has room for new members to join the program. For more information, contact Amanda Brown at abrown.dvm@ gmail.com.



TRIBUNE PHOTOS BY NATASHA TERSIGNI South Interlake Kids of Mud mountain biking team teaches youth the basic skills needed to hit the trails successfully.



The club's youngest member, five-year-old Leven Broadbent, has no problem leaving his teammates in the dust.

> TEULON COUNCIL, FROM PG. 7

we are going to hit a wall as far as property taxation and it is going to come sooner or later."

Teulon Mayor Bert Campbell pointed out that 47 per cent is only an increase of three per cent a year for that ratepayer.

According to the Consumer Price Index released by Statistics Canada, which is an indicator of changes in consumer prices experienced by Canadians, the Canadian inflation rate from 2000 to 2015 was 32.7 per cent. Hodgkinson also took issue with how the town shares services with the RM of Rockwood including allowing contractors from Rockwood to dump in the town's lagoon and the 50-50 cost sharing of the Teulon-Rockwood Fire Department.

"The fire hall to me has always been a bone of contention because it has got to be the most unfair setup of all the shared services we have in town," said Hodgkinson, who added that the area that the fire department covers is one square mile in Teulon to Rockwood's 255 square miles.

"The rescue vehicle is coming up where is it has to be replaced soon. They have over 500 miles of roadways and Teulon has two miles of highspeed roadways."

Campbell responded by saying that anything that happens in Rockwood is paid for by the RM of Rockwood and anything that happens in Teulon is paid for by the Town of Teulon. He also added that a number of volunteer firefighters with the Teulon-Rockwood Fire Department are from Rockwood and that cost sharing method for the fire hall is similar to the one that the RM of Rockwood uses with the Town of Stonewall.

After the public hearing council had their regular meeting where council passed the third and final reading of the 2016 financial plan.

Campbell told the *Tribune* that he is pleased with this year's budget and the slight increase that residents will have to face.

"I am actually quite happy with the budget. Toeing the line as much as we did and still being able to accomplish as much as we are going to this year is a good thing," said Campbell.

The Shoal Lakes IBA vital to preserving species

By Patricia Barrett

Manitoba's Important Bird Areas (IBA) play a critical role in species preservation, providing breeding habitat and staging grounds (feeding and resting) for migratory birds.

The three Shoal Lakes, which lie between Highways 6 and 17 and which are connected to Lake Manitoba by underground reservoirs, are one of the province's 38 IBAs.

"The birds choose the IBA," said Donna Martin, who has been the caretaker of the Shoals IBA for about two years."If we alter habitats that are necessary to maintain these large concentrations of birds, we can lose them."

IBA caretakers monitor the welfare of birds, record population numbers, take note of changes in their habitat and report their findings, which are used by scientists.

"IBAs are created based on strict criteria, such as huge concentrations of birds in migration," said Martin, who moved to Gimli from Prince Edward Island four years ago.

The Shoals are "globally significant" for their high concentrations of birds, among them the American white pelican. In the 1980s, 2.3 per cent of the global population of those birds were found nesting around the three lakes, according to IBA Canada.

An avid bird lover whose father taught her to appreciate nature, Martin volunteered with Nature Manitoba to become the Shoals' caretaker.

"[Birds] return to the same spot every year to breed," said Martin, who was involved in birding activities for several years on P.E.I.

Some birds also "hopscotch along" to breeding sites farther north, stopping long enough to fatten up.

Martin's caretaking duties entail periodic daylong trips to and around the three lakes, which cover an area of about 211 square kilometres.

You really have to love birds to travel around the Shoals because many of the roads — particularly around North Shoal Lake — beggar belief.

The road to West Shoal Lake from Inwood, however, was a doddle up to a marsh fringing the lake.

At the sound of our approaching motor, between 350 and 400 pelicans (Martin can estimate flock numbers in mere seconds) took to the wing. The clunky-looking birds, with the witch-like wart they develop on their massive orange beaks during breeding, have made the Shoals home for decades. A jaunt up to North Shoal Lake is when things

took an unpleasant turn. As you travel past abandoned farm houses perched on the lip of marshes created after the 2011 flood on Lake Manitoba, the unpaved roads to an-

other major bird site are littered with frost boils. Martin said the roads weren't bad last year, but

this year, many stretches are "horrific." A road named Ideal (12 W), for instance, is grossly misnamed. Massive volcanic-looking eruptions cover extensive stretches of road, and some of the potholes are the size of septic tanks.

Narrow causeways built up between North Shoal and permanently flooded farmland are the only "good" stretches of gravel. But travel along them can endanger some bird species that like to nest close to or on their margins, such as killdeer and piping plover.

Killdeer make little hollows in gravel roads and



Willets, a common shorebird found throughout Manitoba, were feeding on the shore of West Shoal Lake.



TRIBUNE PHOTOS BY PATRICIA BARRETT American white pelicans make the Shoal Lakes IBA home. Between 350 and 400 were spotted a few weeks ago in a marsh bordering West Shoal Lake.

lay eggs, said Martin. Vehicles or ATVs can unwittingly destroy their nests.

Martin has seen them suddenly pop up from the road and perform the "broken-wing" ruse to lure potential predators away from their eggs.

A young snowy owl was lying on the side of one causeway. Martin jumped out of the car to examine the bird, hoping it may have been injured rather than passed on.

Piping plovers have not been sighted in the province for a few years. Flooded habitat around the Shoals may have contributed to their disappearance.

"When you raise water levels, it alters available nesting sites for birds," said Martin.

In addition to American white pelicans, great blue herons, double-crested cormorants, northern shovelers, bald eagles, greater yellowlegs, gadwells, red-necked and pied-billed grebes and green- and blue-winged teals were among some of the species Martin identified during the five-hour drive.

Property owners whose land has been "chosen" by large numbers of bird species have an important role to play as far as helping environmental groups such as Nature Manitoba monitor populations.

"We're trying to do more outreach with landowners," said Tim Poole, IBA co-ordinator of the not-forprofit organization that was founded in 1920."We'll talk to them and get permission to go on their land and monitor the birds."

Poole said the organization's ultimate goal is to work with them to find a balance between their"vision" for their land and species stewardship.

"We want to build up a picture of what's happen-



Cimli resident Donna Martin counts bird species and numbers around North Shoal Lake. The bird advocate is the caretaker of the Shoal Lakes IBA.

ing to the birds over time," said Poole. "Are they fluctuating? Are they going down? What's happening to their habitats?"

The population of American white pelicans, for instance, may have decreased in the Shoals because of fluctuating water levels. Nature Manitoba started recording their numbers a few years ago to compare with baseline counts completed in the '80s. Their nesting colonies "may be vulnerable to sitespecific disturbances such as pesticides," according to IBA Canada.

Not everyone is enthusiastic about protecting birds or letting bird advocates traipse across their property to conduct counts, said Poole.

"That's their prerogative."

But as far as access to the Shoal Lakes IBA, there aren't many impediments as the birds can be monitored from public roads.

Poole said the 2011 flood was both good and bad for certain bird species in the Shoals.

"The water level was so high, it wiped out the breeding habitats of some birds," he said. "The piping plover, a Manitoba species at risk, has not been seen for a few years."

Martin echoed that sentiment.

"When you lose good environments," she said, "you'll lose the birds."

This time of year, though, is still too early for many species that nest in or pass through the Shoals.

"A week makes a huge difference to bird arrivals,"

said Martin.

Other than this year's road conditions, Martin loves volunteering as "watchdog" and educating others about the importance of birds.

"If you can make people love an area and get them to stand up and fight for it," she said, "it's worth it."

For more information on the Shoal Lakes IBA, visit www.ibacanada.ca. Not all of Manitoba's 38 IBAs have caretakers. To volunteer as caretaker, contact Nature Manitoba at 204-943-9029.

Club encourages entire school to get involved in environmental efforts

By Jennifer McFee

Volunteers from a local environmental club is being recognized for their eco-friendly efforts.

The Stony Mountain Earth Club recently received the Premier's Volunteer Service Award at the 33rd Annual Volunteer Awards. Provided by Volunteer Manitoba and Manitoba Liquor and Lotteries, these awards aim to honour deserving Manitobans who

represent excellence in volunteerism and community engagement. The club began at

The club began at Stony Mountain School about 20 years ago, with former teacher Sally LeSage at the helm for the past 14 years. Along with LeSage, former teacher Carmen Dondo and Interlake School Division trustee Sharon Baker were honoured for their volunteer efforts.

"The club has always tried to provide a place for children to go that are interested in learning about the earth and how we care for this world we share," LeSage said.

The weekly club was originally organized by resource teacher Audrey Boch, who applied for grants that resulted in the development of an impressive outdoor classroom, complete with benches, tables, gardens and a shed. "We're ever working towards bettering that and making it a green space, a learning space," LeSage said.

In the beginning, the club had 25 students in grades 1 to 8. Today, the group has blossomed to include 58 young environmentalists who give up one recess per week to participate. Their projects and crafts focus on monthly themes, and the students record their green activities in notebooks.

This month, their theme focuses on things that fly. They are painting monarch butterflies to hang on the school's fences and they're encouraging all interested students to participate in an annual bird count.

"We grew and grew and grew," LeSage said of the club."It's the best job in the world because you're working with people who want to be there."

The club has split into three groups, incluing the Green Team, made up of students in grades 6 and 8 who help to organize things for the whole school.

"They prepare posters and do assemblies to promote whatever we're working on for the whole school that month," LeSage said.

Currently, they are working towards reaching Earth School 7 designation through an Alberta-based organization called SEEDS. To attain this sta-



TRIBUNE PHOTO SUBMITTED

Greg Selinger presented a Premier's Volunteer Service Award to Sally LeSage, Carmen Dondo and Sharon Baker for their work with the Stony Mountain Earth Club.

tus, they need to complete 7,000 environmental projects, which could be as simple as cutting sticky notes in half to make them last longer.

To fund their programs, the club raises money through a vegetable sale in the fall and a recycle sale at the end of November and beginning of December.

Going forward, LeSage hopes to involve the entire school in their environmental efforts.

"I am growing as I work in this. I get so much energy from the children that I work with. They keep me awake nights thinking of what I can do better and how we can make this work for the whole school," she said.

"And the whole school is responding. It's wonderful to see how the school has grown green. Slowly, we started out with just the Earth Club and now it's spreading throughout the whole school. I'm very, very proud of our school and its efforts."

At the same time, she's also pleased with the service award that she shares with her fellow volunteers.

"Definitely, we were honoured. Definitely, we were filled with delight. But definitely, when you are part of a volunteer recognition, it's a very humbling experience because there are so many wonderful people out there who do amazing things. The whole thing is just awesome," LeSage said.

"This volunteer position is a joy for me because of the teachers and the principals and the children in the schools that I work with. All three together make Earth Club what it is. It isn't just a single person — it's a whole bunch of us together that makes this thing work and they're all part of it."

Relay for Life coming to Stonewall

By Jennifer McFee

For the first time ever, the Relay for Life will be running in Stonewall.

The fundraising event takes place in communities across the country in the fight against cancer. It also gives people the opportunity to celebrate cancer survivors and remember loved ones. All proceeds go towards the Canadian Cancer Society and cancer research.

The six-hour Stonewall relay is slated for July 16 from 6 p.m. to midnight on the track at Stonewall Collegiate Institute.

As team development co-chair,

Sheryl Steinthorson-Taylor is encouraging people from throughout the region to get involved.

"We're trying to get the word out to people. Hopefully we can get a few more volunteers for our volunteer leadership committee. We'd also like to encourage people to sign up to enter a team for the relay," said Steinthorson-Taylor, who lives in Balmoral.

"I'd like to encourage people not just from Stonewall but also from all the surrounding towns: Teulon, Balmoral, Stony Mountain, Warren, Woodlands, Rosser, Grosse Isle, Inwood. There are so many people who unfortunately are affected by this disease." In 2015, 196,900 Canadians were diagnosed with cancer. The same year, 331 communities hosted Relay for Life events, raising \$34 million for the cause.

Anyone interested in joining the local leadership committee can attend their next meeting, which is set for Wednesday, May 25 at 8:30 p.m. at the Rockwood Motor Inn.

"They can come on out the meeting and hopefully we'll get them to a volunteer position," Steinthorson-Taylor said. "We still have a few positions open and there's lots to do."

To participate in the event, the registration fee is \$15 per person plus min-



imum \$50 fundraising for kids under 12 and minimum \$150 fundraising for participants aged 12 and up.

For more information, email relayforlifestonewall@gmail.com, visit http://convio.cancer.ca/stonewallrfl2016 or visit the Facebook page entitled "Relay for Life Stonewall."

"IT'S A VERY HUMBLING EXPERIENCE BECAUSE THERE ARE SO MANY WONDERFUL PEOPLE OUT THERE WHO DO AMAZING THINGS."

Resident opposes secondary plan for rural settlement of Rosser

By Jennifer McFee

A Rosser resident is expressing his opposition to the secondary plan for the rural settlement of Rosser.

George Bourgouin is concerned about the area located across the road from Dorsey Station, which is near a livestock operation and CPR tracks. As well, he is concerned with the area between the CPR track, PR 221 and Meridian Road.

Since both of these areas include low-lying land, he is concerned about the potential for flooding in a residential subdivision.

"They're going to build in two low areas where it floods every spring," Bourgouin said. "It makes no sense to me."

In addition, he believes that it could hazardous to be located near the CPR tracks.

"The City of Winnipeg is talking about railroad tracks moving out of town for safety reasons and we're going to put housing beside a railroad track," he said.

Rosser Reeve Frances Smee addressed these concerns about the low-lying area and the location near train tracks.

"Putting homes in areas like this is not a new thing at all. In fact, it's often done. You just raise the elevations and you have lot grade requirements and a drainage plan is done for the area, so that's not a concern for us," she said.

"There are many towns and villages across Canada that are built on the rail line. That's just a reality and it's something that we work with. The railways have very strict requirements and safety measures in place now. We partner with them and make sure that we comply with all of the requirements. We have a contract with CPR, so it's part of the process."

Bourgouin also expressed concerns about the RM taking over a seven-kilometre stretch of Highway 236.

"In my opinion, the only reasons they took it over was so that there would be no objection from the province regarding the approaches on the main highway," he said.

"And if you look at our budget, a lot of it is for transportation, which is gravelling and maintenance of road. That's the highest part of our budget and we just took over seven kilometres to accommodate a few homes on a provincial road."

Smee noted that they received a provincial grant towards caring for the road taken over by the RM.

"We took over part of that because we knew that if we wanted to have development in Rosser, we would need to have access onto that road. But another part of it was also the fact that the province is just not able to give that road as much attention as it needed," Smee said.

"We had a lot of complaints from people using that road about the condition of it. It was a big discussion on council as to what we should do, and the decision was that we would be able to maintain it as a municipality for our residents who use that road. Prior to this, it was not a very safe road in many instances."

When it comes to development, Bourgouin believes that Grosse Isle would be a better option.

"I think if they want to have development, have it in the town of Grosse Isle. It's away from towns, railroads, and the infrastructure is there," he said.

"There's no need to develop houses next to farms. That's been a problem for years and years and years."

Smee said that the RM is indeed looking at developments in Grosse Isle.

"Council does not decide the developments per se. It's landowners that want to develop their land. We've been absolutely open to having secondary plan done for Grosse Isle, but nobody came forward to us. However, we did have land owners in Rosser who came forward," she said.

"So instead of just letting developers decide what your community is going to look like, we decided to get the community involved. We got a planner who is an expert in designing small rural communities. She works with the people of the Village of Rosser, with council, with the landowners, with the developer."

Rosser is partnering with the RM of Rockwood to see if they can jointly develop a similar plan in Grosse Isle, she said.

"That way, when people do come forward and want to develop, we'll have a plan in place that works for the community. We're in the planning process of that," Smee said.

"And the fact that we got to work on the smaller plan in Rosser was to our benefit. We learned a lot from that and it's given us a lot of experience to go forward with a bigger plan for Grosse Isle."

The RM of Rosser has received a lot of feedback from the province on the secondary plan, she added.

"We're in the process of seeing how we can incorporate the ideas and suggestions from the province, and seeing whether or not that's going to significantly change the intent of the secondary plan," Smee said.

"If it does, then we'll have another public hearing to look at how it's been changed. But in the meantime, we're just looking at incorporating the advice that we've got and moving forward from there."



Fearless Faith In Him

Human perspective is very limited when it comes to the subject of spirituality. The 80,000 former residents of Fort McMurray could tell us a lot about getting in touch with human frailty. We often have limited control over the forces that govern our world. There are several challenges that face us if we want to understand the spiritual meaning of life and death.

Our philosophy is the first problem. Western culture has taught us

that the spirit realm is not worth our consideration. The things that can be experienced by our five senses are all that's important. This philosophy places ultimate value on our privileges and ignores our need for love on the deepest level. This is the kind of love that causes us to sacrifice our wants and even our needs for the good of others. Colossians 2:8 gives this warning, "Beware lest anyone cheat you through philosophy and vain deceit..."The "me first" attitude fits with the person who lives by the philosophical idea that all goals and purposes in life will be achieved without spiritual responsibility.

The text continues with a second warning to, "beware ... of the tradition of men." Just living life the way everyone else is living it will not result in peace and lasting happiness.

The final warning in this scripture is to, "... beware lest anyone cheat you ... according to the basic principles of the world." We will lose out on true meaningful life and joy if we agree to live by the rules of the world. Money, power, pleasure and freedom to ignore the condition of the fallen world around me will not result in satisfaction and fulfillment.

The verse of Colossians 2:8 ends with the words, "... and not according to Christ."That's it. Only in Jesus Christ do I have a clear understanding of this world and my place in it. Perhaps the greatest mystery and the greatest miracle of the Christian faith are both described in one verse of scripture. Colossians 1:20 states, "... by Him to reconcile all things to Himself, by Him, whether things on earth or things in heaven, having made peace through the blood of His cross."

Generosity to others, like the people of Fort McMurray, is only the beginning of my faith. Depth of purpose and spiritual meaning is possible in Jesus Christ. I don't have to pretend to be OK. I don't have to run from the spiritual questions and greater problems of life because all my accounts and responsibility in life is reconciled in Jesus Christ. The answer to life and death issues is found in Him.

Pastor Jonathon Dewey Cornerstone Church of Stonewall joncdew@gmail.com

Sportsærecreation INSIDE > OUTSIDE > UPSIDE DOWN

By Brian Bowman

For most people, getting a call into a sporting hall of fame is a once-in-alifetime experience.

But for Marvin Sveistrup, he now finds himself inducted into a pair of hall of fames.

The Stonewall native received his latest call to a hall May 7 when his 2004 Carefree Getaway Flashbacks senior slo-pitch squad was inducted into the Manitoba Softball Hall of Fame in the team category.

Sveistrup really enjoyed the 15th annual induction banquet, which took place at the Canad Inns Regent Casino in Winnipeg,"

"It was pretty awesome," enthused Sveistrup last Friday. "The thing is, I was inducted into the (Manitoba) Baseball Hall of Fame in 2005 (with the Siglunes Seals). So, I was a little bit familiar with the proceedings."

Earlier this month, Sveistrup was on hand to watch his daughter, Allyson Stewart, get deservedly inducted into the Manitoba Curling Hall of Fame.

Stewart and her family were then able to witness her father and his Flashbacks' team inducted into the softball hall. The Flashbacks, who won world titles in both 2004 and 2008, were an outstanding team of talented players.

"I didn't go with them in 2008 because my shoulder just had surgery for a torn rotator cuff," said Sveistrup, 83. "But we were basically an all-star team from across Manitoba. Most of the guys were from Winnipeg and I came from the Interlake and we had a guy from Brandon. Guys were spread around and they were hand-picked."

Sveistrup played a big role in the Flashbacks world title in 2004 in Las Vegas as he was named to the tournament all-star team at second base. He was a hitting machine at those worlds, finishing with an .826 batting average. And there was nothing lucky about

their world championship win. "We hit our jackpot on the field," joked Sveistrup."It was incredible. We had really worked hard for it. Personally, I had been in Arizona all winter and played 100 ball games in three months. I was in shape and we played all summer — we played in every tournament that we could find — and

I ran every day." Sveistrup said he played in five World Series tournaments prior to winning in 2004. He started by playing in Kansas City when he was 56 years old playing in the over-50 category and then he headed to Chicago when he was 60.

He played in three more world championships — including a pair in Winnipeg — before winning gold in LasVegas. To get to the worlds, we had to qualify at regional tournaments," he explained, noting he wanted to thank his manager, Ross McIvor, for recruiting him to be on the Flashbacks.

"There was always a regional tour-



the team category during a banquet in Winnipeg on May 7.

TRIBUNE PHOTOS SUBMITTED Marvin Sveistrup and his 2004 Carefree Getaway Flashback senior slopitch squad was inducted into the Manitoba Softball Hall of Fame in

nament in Winnipeg where we had to qualify to go."

Stonewall, meanwhile, had another resident inducted with a team in the Manitoba Softball Hall of Fame.

Ralph Nespor was an assistant coach with the Manitoba Alliance fastball

team that won silver and gold medals in 1994 and 1995 at the Junior Canadian National Championships.

The gold medal was the first for a Manitoba team since the inception of the 30-year Junior National Championships.

Rams drop pair of Monday exhibition games

By Brian Bowman

Whenever a young athlete can trade in the classroom for the baseball diamond, it should be a good day.

But for the Stonewall Collegiate Rams on Monday, that day wasn't too good.

The Rams lost a pair of exhibition games, dropping a 3-1 decision to the Warren Collegiate Wildcats before losing 9-3 to the Lundar Kodiaks.

Seth McMahon pitched well in the first game of the day for Stonewall while Emerson Klimpke hit the ball hard in both games. "Lundar hit the ball against us, which was good for them," said Rams' head coach Kyle Nixon."And (Warren) started their best (pitcher) against us and they're actually not a bad team. Half of their guys and half of our guys play on the Midget 'AA' team.

"We didn't hit the ball and they scored on a couple of mistakes."

The two losses were a reality check for the Rams as they busily prepare for the Zone 5 championships next week.

"It should motivate them to work hard this week," Nixon said. "And, hopefully, they'll be ready for zones after the long weekend."

To help prepare for the zones, the Rams also participated in a 12team Altona tournament where they reached the quarter-finals before losing 1-0 to the defending high school provincial champion Boissevain Broncos.

"We had a decent weekend in Altona," Nixon said, noting his father and brother coached the Major Pratt Trojans from Russell to the tournament championship."But the weather wasn't ideal, to say the least." Stonewall finished pool play with a 1-1 record. The Rams lost 12-1 to the W.C. Miller Aces from Altona before beating Saskatchewan's Notre Dame Hounds 11-3.

The Rams will return to action this Friday for a three-team exhibition in Portage la Prairie. Stonewall will play the PCI Trojans and Carberry.

Warren meanwhile will be getting ready for the Zone 5 Championships after splitting a pair of games on Monday. Besides beating Stonewall, the Wildcats tied Lundar 5-5.

Rams claim top spot at Winkler fastpitch tourney

By Brian Bowman

The Stonewall Collegiate Rams' fastpitch season is a short one.

And, so far, it has been a highly successful one.

The Rams won all four games at a Winkler tournament last weekend to take top spot in their first action of the season.

"They played well," said Rams' coach Rebecca Brewster. "We only had nine girls both of our days but they all played well."

Playing in less-than-ideal weather conditions, Stonewall started its season last Friday by blasting Winkler's Northlands Parkway Collegiate 25-1.

On Saturday, the Rams rallied to beat Neepawa 8-4 and then benefitted from a walk off home run by Hanna Marshall in the bottom of the fifth inning for a thrilling 2-1 victory over Winkler's Garden Valley.

Later in the day, Stonewall completed the weekend sweep with an exciting 6-5 win over Morden.

The Rams gave up just 11 runs in four games. Brewster expects the Rams to be strong defensively throughout the season. "We had strong pitching and I feel we have strong fielding," said Brewster, noting the Rams have one Grade 9 player and another in Grade 12.

Stonewall also looks to be in good shape offensively. The Rams scored a whopping 41 runs – an average of more than 10 per game – last weekend.

"Our girls like to swing, which is really good to see," Brewster said. "For the most part, we came up and had some really big hits. Depending on the pitcher, we may pop up a few times but they're also aggressive base runners."

Stonewall played their zone game yesterday but no score was available at press time. If the Rams won that game as expected, Stonewall will then play an inter zone game next Thursday at 2 p.m. against an unknown opponent in Portage la Prairie.

"It will be interesting to see how we do against other teams," Brewster said. "We should be competitive this year."

The MHSAA fastpitch provincials are slated for June 3-4 in Morden.



TRIBUNE PHOTO BY DEREK FROST-HUNT

Front row, left to right: Sarah Fines, Kyra Shewchuk, Loren Proven, Amber Schneider, Breanna Rutledge-Mohr; back row: Ms. Bain, Dennis Woods, Ashton Wallack, Rikki Frost-Hunt, Alycia Palmer, Hanna Marshall and Mrs. Brewster. Missing from the photo: Emma Stafford, Brielle Cara and Bobbi-Jo Warkentin.

Phillies strike down Thunder twice in doubleheader

By Brian Bowman

It's not often that lightning will strike twice in the same place.

But the South Interlake Phillies struck down the Thunder twice in U18 Manitoba Ladies Super Softball League action last Sunday at Quarry Park.

South Interlake evened its league record to 2-2 after 10-6 and 13-12 victories. The Phillies and Thunder played another doubleheader this past Tuesday but no scores were available at press time.

"They scored a lot of runs," said Phillies' coach Denis Woods. "And the good thing about Sunday is that we were up, got ourselves into some trouble and went down, but they fought back and took the lead again.

"They didn't pack up the tent and go home."

Offensively, South Interlake hit the ball well in both games as the Phillies combined to score 23 runs.

Defence, however, was a different story and the Phillies are going to have to improve in that area soon.

"Granted, we just got out of the gym the last few weeks," Woods noted. "But we had a few mental errors and a few physical errors. But, all in all, I was very pleased with the way that they played." Woods is also pleased with the Phillies' pitching so far as Tatum Lindley and Shea Carriere from Portage la Prairie will be on the mound this season. Hopefully, those two pitchers can be relied upon to lead a roster of just 11 players.

"We have some pretty decent chuckers this year," Woods said. "But we only have two, so they are going to have to pull their load."

South Interlake started its league play with a doubleheader loss to Smitty's earlier this month. Smitty's cruised to wins of 5-0 (scoring four runs in the first inning) and 13-1.

"Those girls see that red sweater and seem to get a mental block in them," Woods said. "But we know we have a good group of athletes."

The Phillies opened their season with a road trip to Des Moines, Iowa. The Phillies played well south of the border, compiling a 3-1 record.

"For coming out of the gym right to the diamond, the girls did very well down there," Woods said.

That trip south gave the Phillies a great opportunity to get to know each and bond together away from the ball diamond.

"It's great for them to get to know each other because there are a few new (players)," Woods said. "It was



The Phillies' Taylor Allen connects with the ball during South Interlake's doubleheader last Sunday.

also great to see how they handle different situations and so on."

The South Interlake Phillies U16 squad, meanwhile, was also in ac-

tion last Sunday against the Thunder. South Interlake lost by scores of 11-0 and 12-0, according to the league website.

Jets honoured at league awards banquet

By Brian Bowman

Everyone knows that the Stonewall Jets enjoyed a tremendous season on their way to winning their firstever Manitoba Major Junior Hockey League championship.

And that success continued at the annual MMJHL awards banquet last Thursday evening in Winnipeg.

Jets' captain Brett Meilleur was selected as the league's winner of the Kip Kelly Memorial Trophy for the hardest working player.

Stonewall goalie Hunter Ploszay was awarded with the Chris Flintoft Memorial Trophy for the MMJHL playoffs' most valuable player.

Ryan Miskiewicz, Robert Smith, and Stuart Fleury were awarded \$500 scholarships while defenceman Garrett Bruce was selected as a secondteam all star.

As a team, the Jets were also recognized as the winners of the Jack McKenzie Trophy for being the league champions for the 2015-16 season.

Other winners included:

*Art Moug Trophy (Regular-season champions) – Raiders

*Dave Anderson Memorial Trophy (Rookie of the Year) – Riley Beauchemin, St. Vital

*George Cadzow Trophy (outstanding defenceman (Isaac Bellan, Transcona

Steve Claus Memorial Trophy (Regular-season scoring champion) – Tanner Magalas, Raiders

Ken Prodonick Memorial Trophy (Ability and sportsmanship) – Danick Levesque, St. Vital

Myron Prymak Memorial Trophy

The Stonewall Jets were recognized as the winners of the Jack McKenzie Trophy for being the league champions for the 2015-16 season at the annual MMJHL awards banquet last Thursday. Pictured left to right, Matt Figur (coach), Reed Langlois, Ryan Miskiewicz, Derek Walker, Branden Meier, Garrett Bruce, Tanner Faulkner, Brett Meilleur, Stuart Fleury, Hunter Ploszay, Max Smith, Rowan Versavel and Brock Couch (coach).

(League MVP) – Tanner Magalas

Nick Hill Memorial Trophy (Coach of the year) – Blair Mooney, St. James Ron Smith Memorial Trophy (Outstanding goaltender) – Brenden Fie-

belkorn, Raiders Nick Hill Memorial Scholarship (Academic achievement) – Daniel Giles, River East

Anthony McLaughlin Memorial Scholarship – Skyler Eastman, St. Boniface

Additional \$500 – Jens Giesbrecht, St. Boniface; Matthew Zolinski, Raiders; Colin Grenier, Pembina Valley; Cale Timlick, Charleswood Norm Slobodzian Memorial Scholarship (Academic achievement – Matthew Allen, River East

Earl Ormshaw Memorial Scholarship (Academic achievement as an official) – PJ McIvor

Imperial Car Rental Scholarship (Academic achievement) – Reid Pennington, Ft. Garry/Ft. Rouge

Darren Synkiw Memorial Scholarship (Academic achievement – official) – Brett Roeland

League all stars are

Goalie -Ben Thorlakson Charleswood, Brenden Fiebelkorn Raiders Jr. Hockey Club Forward: Tanner Magalas Raiders Jr Hockey Club, Nicholas Mathews Raiders Jr Hockey Club

Forward: Danick Levesque St.Vital Victorias, Jens Giesbrecht St. Boniface Riels

Forward: Mitchell Lockhart St.James Canucks, Justin Tremblay St. Vital Victorias

Defence: Isaac Bellan Transcona Railer Express, Tyson Bannatyne Charleswood Hawks

Defence: Riley Kuryk River East Royal Knights, Garrett Bruce Stonewall Jets

Teulon having a ball with lacrosse

By Brian Bowman

The success of a sports program is not always judged by wins and losses. In fact, there are countless success-

ful high school programs that exist with losing records.

The Teulon Collegiate Saints' lacrosse team is one of them.

Despite posting an 0-4 record to begin their season, Teulon head coach Paul Magnan has been very impressed with his players' skill development – and improvement – since they started the program last season.

"(We've improved) by leaps and bounds," Magnan said Monday evening. "We're working on a zone defence but I think everyone wants to go out and hit like in hockey. It's really about positioning yourself between the offensive player and the goal.

"Tonight was probably our best practice in two years."

The Saints lost 9-1 to Springfield last Saturday but Magnan felt his club played reasonably well. He is continually encouraged by the progress his players have made.

"I think we're playing tougher all of the time," Magnan said. "We were missing six or seven players (against Springfield), so we only had one spare when we went out there."

For Magnan, the Saints should strive

to score a couple goals per game while keeping the opposition to single digits.

Despite the winless record, Magnan said the Saints have stayed positive and continue to have good turnouts for practices. He can often see the kids out shooting at lunch time.

Magnan also likes the competitive edge that they have for the sport.

"For no one to have picked up a lacrosse stick to now in our second year in the league, we're doing not too bad," he stressed. "We're playing against teams that have played lacrosse before, mostly box. Like in hockey, you need stick skills." With good stick skills teams can move the ball effectively and not have it bounce haphazardly on the ground. The Saints have to continually work on their passing, said Magnan, to avoid having to chase loose balls.

"We're another year or two away from being competitive in the 'B' division," he admitted. "Part of it is, we need to have stick skills."

Teulon is back in action tomorrow when it hosts a pair of league games. The Saints will play Miles Mac and Garden City in games that were originally scheduled to be played last Friday. Those games were postponed due to inclement weather.

TRIBUNE PHOTO BY JOHN PLOSZAY



Thunder to be represented at Elite Blue and Gold Games

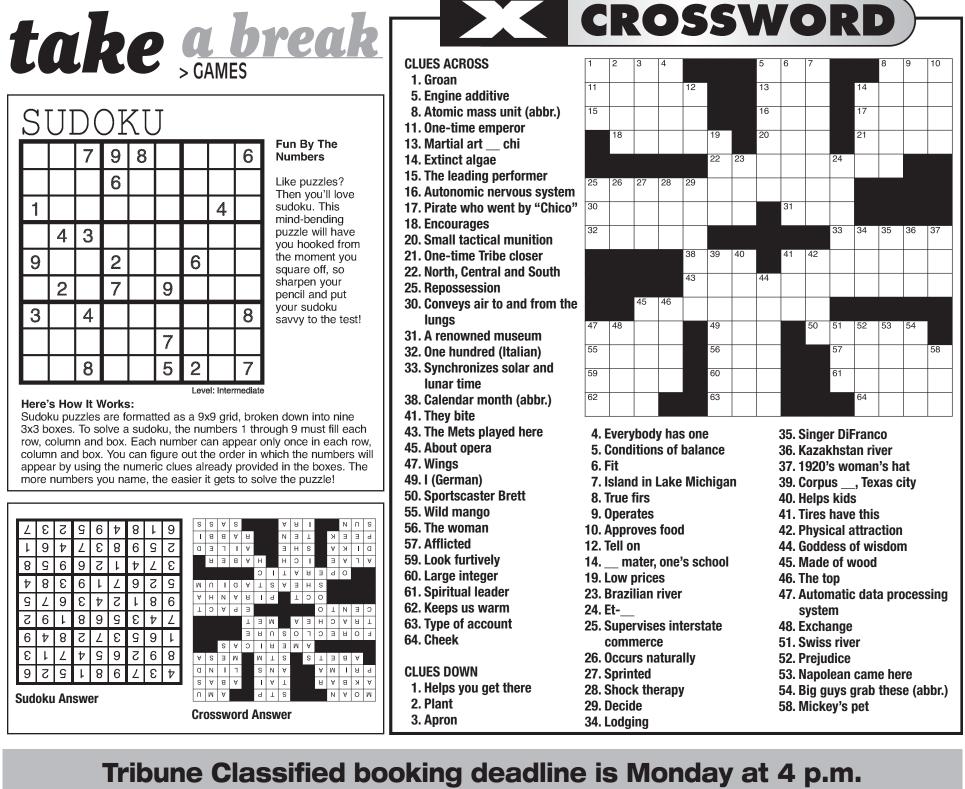
Staff

The Interlake Thunder will have three Midget-aged players participating in the Elite Blue and Gold games on May 28.

Those players are senior linebacker Austin deLaroque (who will be playing for the U18 Manitoba team), freshman linebacker Colton Meisner (U16 Manitoba team) and senior receiver Alex France.

France will be playing for the U18 North/West Ontario team (Team Thunder Bay). The Elite Blue and Gold Games are scheduled to be played at Investors Group Field in Winnipeg.

The event is being hosted by Football Manitoba, in partnership with Elite Performance, and will include local elite talent in the U-16 and U-18 age groups. Teams include U-16 Manitoba, U-16 Thunder Bay, U-18 Manitoba, U-18 Thunder Bay, Men's High School Senior Bowl, Rural Manitoba All Star South, and Rural Manitoba All Star North. Four games will be played throughout the day.



prior to Thursday's publication. Call 467-5836



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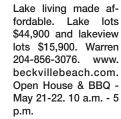
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R.M. OF WOODLANDS PUBLIC HEARING

REGARDING THE 2016

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FINANCIAL PLAN In accordance with Subsection 162(2) of The Municipal Act the Council of the Rural Municipality of Woodlands shall hold a PUBLIC HEARING to present the 2016 amended Financial Plan for the Municipality at 6:30 P.M.

June 7, 2016

Rural Municipality of Woodlands Municipal Office 57 Railway Avenue, Woodlands

- The Rural Municipality of Woodlands 2016 Financial Plan consists of: 1) 2016 Operating Budget
 - 2) 2016 Capital Budget
 - 3) an estimate of the operating revenue and expenditures for
 - the following fiscal year (2017), and
 - 4) a five year Capital Expenditure Program (2017-2021)

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Woodlands 2016 Financial Plan.

Information and documents concerning the 2016 Financial Plan are available for review after May 19, 2016, Monday to Friday between the hours of 8:05 a.m. and 4:30 p.m. at the Municipal Office at the corner of Main Street and Railway Avenue in Woodlands, Manitoba.

Adam Turner, CMMA **Chief Administrative Officer** RURAL MUNICIPALITY OF WOODLANDS

R.M. OF WOODLANDS PUBLIC HEARING **PROPOSED EXPENDITURE** FROM THE BUILDING RESERVE FUND

In accordance with Subsection 168(2) of The Municipal Act the Council of the Rural Municipality of Woodlands shall hold a PUBLIC HEARING in respect of a proposed expenditure from the Municipal Building Reserve Fund at

6:15 P.M.

June 7, 2016 **Rural Municipality of Woodlands Municipal Office** 57 Railway Avenue, Woodlands

The RM is proposing to use up to \$225,000 of the Municipal Building Reserve Fund to pay for part of the Woodlands Lagoon Expansion project. The RM will be replenishing these funds with future gas tax funds as follows:

• 2017 - \$190,000

Adam Turner, CMMA

Chief Administrative Officer

RURAL MUNICIPALITY OF WOODLANDS

• 2018 - \$35,000

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions, or register an objection.

Information concerning the proposed expenditure from the building reserve fund is available for review after May 19, 2016, Monday to Friday between the hours of 8:05 a.m. and 4:30 p.m. at the Municipal Office at the corner of Main Street and Railway Avenue in Woodlands, Manitoba.

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The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position with benefits and salary based on experience. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering some evening and weekend news events.

Submit your detailed resume and samples of writing on or before May 27: Lana Meier: news@expressweeklynews.ca



We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

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ANNOUNCEMENT

CARD OF THANKS

The family of Bill Chrismas would like to thank everyone for the love and support shown to us during the loss of our Dad. We would like to thank all those that sent beautiful flowers, delicious food/baking, words of encouragement and donations to the MS Society. We would like to give a special thank you to all the wonderful nurses, staff and friends at Rosewood Lodge as well as Dr. Graham. Dad will be missed forever but we know he will live in the heart of all those that shared our grief during this difficult time.

-Warm regards, The Chrismas family

ANNOUNCEMENT

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OBITUARY

Alice May Larson (nee Brown) June 30, 1931 - May 11, 2016

It is with deep sadness that the family announces Alice's passing at the Teulon Hunter Memorial Hospital at the age of 84. The family, thanks the Teulon Hospital and staff for their care and compassion for Mom's stay in hospital.

Alice was born in Sperling, Manitoba. She married Ken in 1956 and lived on the Kenson Holsteins Dairy Farm until retiring and moving into Teulon in 1995.

Alice was predeceased by her husband Ken (2006) and is survived by her children Norma (David), Brad (Rachel), Greg, Dale (Coralee) and Neal. Also survived by siblings Glen, Carol, Evie, Marion, Bev and many nieces and nephews.

Alice enjoyed being a mom, crafts, reading, holidays and family gatherings.

In lieu of flowers, donations may be made to the Heart and Stroke Foundation, 200-6 Donald Street, Winnipeg, Manitoba R3L 0K6 or a charity of one's choice. A family celebration of life will be held at a later time.

> MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com



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special wishes

to your friends

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ANNOUNCEMENT

In loving memory of Bob Barker 1935 - 2015 Husband, Father, Papa, Great-Papa Embraced by angels In heaven above.... Eternally missed Forever loved.



-Joyce, Tracy, Doug, Tracy, Rob and Diane, grandchildren and great-grandson Paxdyn

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