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**Open season**

TRIBUNE PHOTO BY ASHLEY MCCLINTOCK

The boat was packed and ready for the McClintock family long before the official opening of the 2020 fishing season last Saturday. It was a cold morning, but that didn't stop the Stonewall family from tossing their lines into the Red River to reel in this 25-pound catfish. Pictured left to right: Declan, Dale and Carter McClintock.

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# Celebrating love despite the COVID-19 pandemic

By Sydney Lockhart

When Sarah Crellin said “yes” to her fiancé’s proposal last October, she had no idea their wedding would be taking place during a global pandemic.

After getting engaged, Crellin started to plan her wedding for May 30, 2020.

The wedding was going to be held in Utah where both she and her fiancé Clark Brown attend university.

Crellin began her studies at Brigham Young University in 2016 after graduating from Stonewall Collegiate Institute.

When the COVID-19 pandemic made its way to North America, Crellin soon realized that her wedding would either have to be rescheduled or go forward without her family members in attendance because it became unsafe to travel and the Canada-U.S. border closed.

“I was sad but not because of the change in wedding plans, only because my family wasn’t going to be there,” said Crellin.

After what Clark Brown described as



Sarah’s flower girl Jayden Lockhart throwing flowers at the laptop while Sarah and Clark walk down the aisle.

a very frustrating and confusing decision, they moved up their wedding date to May 2, 2020, despite the limited gathering rules put in place.

“When we realized we weren’t waiting for a day when everyone would be there, we decided to get married



TRIBUNE PHOTOS BY SYDNEY LOCKHART AND SUBMITTED

A family photo taken with newlyweds Sarah and Clark Brown on the TV screen with Sarah’s family, left to right, Josh Crellin, Brooke Crellin, Jessica Crellin, Christine Crellin and Colin Crellin.

sooner because we just wanted to be together,” said 21-year-old Crellin.

A small handful of Brown’s family was in attendance for their ceremony,

which was held in the living room of his childhood home. The original

Continued on page 3

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## > COVID WEDDING, FROM PG. 2

guest attendance was estimated to be over 100 but just 10 people were able to attend.

Brown said that they asked the family members that were able to attend to be extra careful in the weeks leading up to the wedding because his grandparents are in their 80s and at a higher risk.

Throughout her wedding day and while getting ready, Crellin was video chatting with her family so that they could celebrate together.

Crellin and Brown's close family and friends who were unable to attend joined the wedding on Zoom, a group video chatting computer application.

"It was sad, but it was OK because my family was still there in a different way and able to experience it. I could talk to them, just not hug them," she said.

With Crellin's family back home just outside of Stonewall, it meant that she didn't have her father there to walk her down the aisle.

Crellin and Brown decided to walk

down their homemade aisle together instead.

Eucalyptus and candles decorated the mantle of their fireplace along with a small blue dinosaur statue that was an inside joke from Crellin's sister to be her "something blue."

Brown's grandfather, Wallace "Wally" Brown, officiated the ceremony.

A TV was set up in the living room so that Crellin could see her immediate family while getting married.

"I was glad to see her so happy but, of course, it was an emotional day. It would have been at any time, no matter the circumstances," said Crellin's mom Christine Crellin.

Following the ceremony, the couple asked everyone to dance with them to "Let's Stay Together" by Al Green for their first dance.

"Throughout the day, being able to look over at Sarah and know that we were getting married and starting our lives together was the best part of the day," said Brown with a big smile on his face, "Not worrying about all the other stuff like the difficult planning and the diseases, just being able to hold her hand and know that it was

"I WAS SAD...  
ONLY BECAUSE  
MY FAMILY  
WASN'T GOING  
TO BE THERE."



Sarah Crellin and Clark Brown were married in the groom's childhood home in Utah with the groom's family in attendance.

all going to work out for the rest of our lives."

Later that afternoon, a second Zoom call was set up in Brown's parents dining room so that the families could join in the spaghetti dinner, the bride's favourite, together.

They then cut the cake that Brown's sister Madeleine Brown made for them while Crellin's sister Jessica Crellin cut the cake she had made for her family.

The newlyweds plan to have a celebration in Utah and their sealing cer-

emony in The Church of Jesus Christ of Latter-day Saints temple as soon as her family is able to travel again.

"We're going to do everything again and experience it all and so much more when everyone can gather again," said Jessica, "It's nice for them to start their lives together now, but you should be able to share your wedding day with everyone you love."

Later this year, they are also planning to have another ring ceremony and celebration in Manitoba for the bride's family and friends to attend.



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# Amaya is defying odds over two months after being paralyzed

By Becca Myskiw

Alycia Dawson steals an hour out of her Wednesday to sit at a table in her hotel room on the phone.

Her six-month-old son, Lochlan, watches *Bubble Guppies* and her six-year-old daughter, Ayva, plays with her Barbie dolls in the background. Ayva asks her mom when she'll be off the phone.

"A few more minutes," Dawson said, leaving the seriousness of her current phone call out of her voice.

She turns back to her conversation on the phone — where she talks about her near eight-year-old daughter, Amaya.

Amaya's been "living" at Health Sciences Centre since Feb. 23.

Ayva and Amaya were in the back of their grandma's vehicle on the way to their first figure skating lesson. Both girls were so excited, they refused to take their helmets off on the car ride down Highway 236 to the Stonewall arena.

A mile-and-a-half from the girls' home, an oncoming vehicle lost control in an open part of the road covered in an inch of ice, slush and blowing snow. He hit their car, sending them into the ditch and to the hospital, where Amaya still stays.

Dawson is living in the Canad Inns attached to the hospital with her two younger children, her boyfriend and her mom.

Ayva suffered a broken clavicle on her left side, which Dawson said is healing nicely. She also had a now-healed bruised lung and hip pain from where her seatbelt sat.

Amaya's story is not the same.

The seven-year-old had a near-shattered pelvis, a brain injury from her head hitting the window in the accident, a spinal injury, and she lost some vision in her right eye.

Her pelvis and brain are healing well. She used to be able to read up and down with her right eye and see certain colours, but today, Amaya can't see out of her right eye at all.

Dawson said the doctors told her there's no surgery to get Amaya's vision back in her right eye — but the

little girl isn't worried.

"I don't think it bothers her," said Dawson. "She doesn't really talk about it."

Amaya does, however, talk about being paralyzed. Her spinal injury has left her with no feeling from her lower ribs down. Her chest is numb, said Dawson, and she can feel above that.

Dawson related the numbness in Amaya's chest to falling asleep on your hand — the tingling feeling is similar.

Amaya can move her arms but doesn't have feeling on the underside in line with her pinky. Right now, she's re-learning how to do everything.

"She's an amazing artist," said Dawson. "She still is. She loves to draw and colour — she's re-learning how to do that."

It takes Amaya about 30 seconds to go from a closed fist to an open hand, so in her physiotherapy sessions, she's working on strength — something she'll need to move her manual wheelchair.

Amaya likes her automatic wheelchair more than the manual one, though.

"I don't have to push it," she said. The automatic wheelchair is also her favourite part of physiotherapy because she gets to stay in it the whole time.

Dawson and her mom have their days planned out to a tee. Due to coronavirus, Amaya can only have two visitors — those are Dawson and Dawson's mom.

At 8 a.m., Dawson's mom spends time with Amaya until 10 a.m. Then, Amaya goes to physiotherapy for an hour and comes back to her room for music therapy at 11 a.m., when Dawson sits with her.

Amaya usually comes to the family's hotel rooms for lunch, but if she doesn't, grandma eats with her. Amaya said her favourite food is whatever grandma brings — she's not a fan of the hospital food.

Amaya and Dawson go for another round of physiotherapy at 2 p.m., and then Amaya unwinds in the playroom for an hour. Grandma does supper



TRIBUNE PHOTO SUBMITTED

Ayva, left, and her older sister Amaya enjoy the little time they can spend together.

with her at 4 p.m., and Dawson stays with Amaya from 5:30 p.m. until her daughter falls asleep.

A couple weeks ago, Amaya made her mom cry while getting ready for bed. In a post on Amaya's GoFundMe page, Dawson wrote:

Amaya- mom... I am so proud of Ayva.

Me- oh? Why are you proud of your sister?

Amaya- Because I'm so happy that after the accident she can still walk, and she's not hurt and she can do whatever she wants to do

Me- (insert tears) oh Amaya

Amaya- yeah I don't care that I can't walk mom (with the biggest smile on her face) as long as Ayva can, I'm happy mommy. I'm excited for what I can do that's new, as long as your with me mommy I can do anything!

A few of those new things are swim-

ming, a new play structure and a revamped home. Dawson said Amaya has her moments, but once she realizes how to do an old activity in a new way, she's not upset anymore.

The doctors told Dawson Amaya would have no feeling after the accident — but she does. She's a month ahead of where she should be in physiotherapy and she's gone from being on close to 15 medications to only two.

Not once has Amaya been bitter. Dawson said they've talked about trial surgeries so her daughter may walk again but no firm plans are being made today.

The GoFundMe page has reached its goal of \$20,000 — money Dawson said is being put away for a possible trial.

Amaya knows there are no promises of her walking again even with a trial. She is OK with both probabilities.

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# get informed

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TRIBUNE PHOTO BY DARRIN DESMEDI

A great horned owl sits perched near its nest protecting two owlets in Stony Mountain last week. Great horned owls are one of the most common owls in North America and typically nest in trees such as cottonwood, juniper, beech, pine and others. They usually adopt a nest that was built by another species. Great horned owls may line the nest with shreds of bark, leaves, downy feathers plucked from their own breast, fur or feathers from prey or trampled pellets. They are nocturnal and can be seen at dusk sitting on fence posts or tree limbs at the edges of open areas or flying across roads or fields. Great horned owls are covered in extremely soft feathers that insulate them against the cold winter weather and help them fly very quietly in pursuit of prey. Their short, wide wings allow them to manoeuvre among the trees of the forest.

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### By What Title

But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvellous light.

1 Peter 2:9

Here Peter expresses his understanding of Christians.

A chosen race recalls the offspring of Abraham chosen, not because of anything they did, but by the grace of God. Similarly the church is chosen not because we are such upstanding citizens that we merit being chosen, but out of God's love.

But chosen for what? Peter says it is that Christians belong to a royal priesthood. But what is that priestly role? It is to have a personal relationship with God, personal relationships in community, and to bring two sides together.

To accomplish this we use the message of the gospel of Jesus Christ, of God's love for us, forgiveness of sins and of reconciliation.

Peter goes on to say that Chris-

tians are part of a holy nation. This nation transcends national boundaries. Its citizenry is unified by a common allegiance to one Lord. Holiness implies living life in a manner that is distinct from culture, rather living as God tells us we ought.

Finally, Peter calls the church God's own people. Our worth comes not from our own merit but from the fact that we belong to God.

Chosen race, royal priesthood, holy nation, God's own people. Which title do you like? As members of the church, all of them belong to all of us. They are not titles of privilege but reminders that all of us are called to serve.

Submitted by the  
Reverend James Bardsley  
Anglican Church of the  
Ascension, Stonewall  
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## Province expands access to summer school programming for Grade 9 to 12 students

By the Manitoba government

The province is expanding its partnership with InformNet to increase access to summer school programming for Grade 9 to 12 students in Manitoba, Education Minister Kelvin Goertzen announced this past Monday.

"The expansion of InformNet summer school will provide additional supports for students across Manitoba during the COVID-19 pandemic," said Goertzen. "This will help students to be as prepared as possible for the next school year."

InformNet is an online high school learning management system operated by the Pembina Trails and St. James-Assiniboia school divisions.

Student fees for summer school courses will be waived for 2020 and there will be no cap on enrolment. InformNet summer school is available for Grade 9 to 12 students who have not successfully completed a course(s) during the regular academic year or wish to improve their grade(s). Summer courses follow the provincial guideline of 45 hours of curriculum content. A certified teacher with ex-

perience and expertise in the subject area facilitates all online courses. In addition, French language and print-based strategies are under development.

InformNet summer school runs from July 3 to 29. Registration begins today. Students can register for summer school courses at [www.informnet.mb.ca/](http://www.informnet.mb.ca/).

"The COVID-19 pandemic has changed the way we do many things in Manitoba, including suspension of classroom-based education, but learning must continue," said Goert-

zen.

"Earlier this month we announced the web portal, My Learning at Home/Mon Apprentissage Chez Moi, a comprehensive online resource to supplement learning and help teachers, families and caregivers support students. Expanding access to InformNet summer school is one more way we are helping our students succeed."

A comprehensive list of Manitoba government COVID-19 measures can be found at <https://manitoba.ca/bg/2020/04/covid19.html>.

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## Federal government out of touch with farming

By Evan Matthews

Last week, the federal government made an “initial announcement” to try and save farmers.

The announcement is an aid package to help agriculture and livestock producers, as well as food processors, in the form of \$252 million.

To think about the fact that such a large sum of money likely won’t help many in the industry is astounding; it speaks to the struggle so many farmers and food processors face every day, and how out of touch with that struggle our government really is.

It was reported that the Canadian Federation of Agriculture requested an emergency fund of \$2.6 billion from the federal government.

In response, the feds announced they’d help by giving 10 per cent of the ask to start.

Bill Campbell, president of Manitoba’s Keystone Agricultural Producers, told the CBC that the 10 per cent aid package simply won’t save everyone in the industry.

Though the feds added \$125 million to the AgriRecovery fund, the federal-provincial program designed to help farmers during disasters, we know from last year’s feed shortage (and resulting beef production crisis), it seems to take a lot for our provincial government to begin advocating on behalf of farmers.

Right now, beef and pork produc-

ers are facing challenges relating to a backlog of animals due to processing plants shutting down in the wake of COVID-19. Those same producers continue to reel from the previous year’s feed shortage; floods and droughts, and mad cow disease before that.

Even in the best-case scenarios, currently, when beef producers sell parts of their herd, they receive close to the same cost per head as they did in 2002 — prior to the mad cow disease outbreak. However, the cost of raising livestock has increased to more than double (sometimes triple) over the same time span.

But the cost of beef remains relatively steady for consumers and retailers continue to profit. Processors continue to receive aid yet, for some reason, our cattle producers receive negative returns on investment. It’s just one example of dire times in the farming industry.

Heading into the 2020 season, crop producers are having to alter what they plant. As an example, the ethanol production industry in North America is at a standstill due to COVID, meaning there is no market for corn.

With aid packages continuing to focus on the inclusion of food processors — lacking the emphasis needed on food producers — farmers across the province have started to brace themselves for the worst: death of in-

dustry.

While many don’t know what comes next for them, it seems a foregone conclusion that our government at both the federal and provincial levels has given up on the farming industry, both in terms of livestock and crop production.

Financial institutions are no longer willing to lend more funding to an industry unlikely to rebound, which leaves producers with nowhere to turn, without relief and ready to give up hope.

The situation is in no way the fault of producers. In fact, our society owes them a debt of gratitude for their perseverance and resiliency; their efforts to put food on our tables, while their cries for help continue to fall on deaf ears.

A future in farming is a bleak one, at best. Aside from the individual failing financials of so many farmers, our nation is running the risk of losing the local food production industry.

The ripple effects will be felt throughout our rural communities since, in so many, the food production industry has been the main economic driver.

This isn’t undocumented, but it is unaddressed and is indicative of one thing: our federal and provincial governments are completely out of touch with farming — or they simply don’t care.

## Province investing \$45 million for Manitoba seniors to lessen COVID financial burden

Submitted by Manitoba government

The province is extending \$45 million in direct financial support to Manitoba seniors during the COVID-19 pandemic through the new Seniors Economic Recovery Credit that

will deliver a \$200 tax credit to each recipient, Premier Brian Pallister announced last week.

“Senior citizens across the province are facing increased financial hardships because they now have to pay

extra for grocery deliveries or purchasing and learning to use technology at home so they can communicate with their family members and the

Continued on page 7

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# Province lifts one-month limit on filling of prescriptions

Submitted by Manitoba government

The Manitoba government is lifting the one-month supply limit on prescription drugs, Health, Seniors and Active Living Minister Cameron Friesen announced last week.

Effective May 11, Manitobans who have prescriptions for long-term medications will be able to fill them as per their prescriber's directions up to a three-month supply, if the drug is not affected by shortages.

In March, the government moved to restrict prescription fills to one month in response to global drug shortages. This move was consistent with all provinces and territories and was in response to advice received from the Canadian Pharmacists Association and Canadian Association for Pharmaceutical Distributors and Management.

In Manitoba, these limits were imposed on March 19. This was done to minimize potential distribution shortages and prevent people from stockpiling medication due in part to messaging from the federal government to Canadians. Another contributing factor is the typically high volume of dispensing that occurs at the end of Manitoba's Pharmacare Program year, which is in late March.

"While this decision to restrict prescription fills to one month was neces-

sary, we have been monitoring carefully the consequences and recognize the impact this has had on many Manitobans," said Friesen. "As a result, our government is pleased to be removing the one-month limit now that the global and domestic drug supply is showing to be more stable."

Friesen noted today's announcement builds on other measures the government has taken to minimize the financial pressure caused as a result of the policy.

"Our government acted early and announced shortly after placing the limit on prescription fills, pharmacare rates would be frozen at last year's level, and users would see no increase to their pharmacare deductible," said Friesen.

The minister also announced the immediate establishment of a time-limited COVID-19 drug shortage working group, which will be comprised

of provincial officials, as well as representatives from Pharmacists Manitoba and the College of Pharmacists of Manitoba.

This working group will be responsible for ongoing surveillance and monitoring of drug availability in the province. This work will allow the group to make evidence-based decisions as to what drugs should continue to only be dispensed in one-month allotments. The work of the group will

**"THIS DECISION TO RESTRICT PRESCRIPTION FILLS TO ONE MONTH WAS NECESSARY."**

## > COVID, FROM PG. 6

loved ones they miss," said Pallister. "Manitobans are working together to navigate this challenging time and seniors throughout our province deserve our help and support."

Created through an expansion of the Manitoba Protection Plan for the public health crisis, the Seniors Economic Recovery Credit will provide every Manitoban aged 65 and older with a one-time, refundable tax credit of \$200. To ensure best use of the credit, the Department of Finance will proactively mail a payment cheque as a credit advance to each senior who filed a 2018 income tax return prior to April 1, 2020.

Seniors who have changed mailing addresses since the time of their 2018 tax filings will have an opportunity to update the Department of Finance on their address changes through a government web portal at [www.manitoba.ca/seniorseconomicrecoverycred](http://www.manitoba.ca/seniorseconomicrecoverycred)

it. Those who do not receive a cheque, have not updated their addresses or are new residents of Manitoba will be able to receive the \$200 credit when they file their 2020 income tax return.

Almost every senior across the province will receive the payment in May. The \$200 credit will not be counted taxable as income and will not be used to claw back income-tested benefits to seniors, the premier noted.

"As we slowly and carefully begin the process of reopening of our province's economy, this credit is putting \$45 million directly into the hands of Manitobans as we move forward from COVID-19," said Pallister. "Manitoba seniors deserve assistance during this pandemic. We can't relieve all of their stress during these difficult times, but we can make it more affordable for them."

A comprehensive list of Manitoba government COVID-19 measures can be found at <https://manitoba.ca/bg/2020/04/covid19.html>.

be guided by Health Canada's list of drugs in short supply that can be found at [www.drugshortagescanada.ca](http://www.drugshortagescanada.ca). The working group will also solicit for proposals from industry, stakeholder groups and health-related associations to make evidence-based decisions in a collaborative format.

To ensure Manitobans can benefit from this financial relief, while also allowing the working group to begin their work, only drugs currently listed in short supply on the federal government's drug shortages website will be subject to the one-month fill limit. Pharmacists will be able to advise their clients about which specific drugs are in short supply and might be subject to dispensing limits.

Further to the announcement, the minister noted Manitobans who have experienced a significant change in their income can have their Manitoba Pharmacare Program deductible reviewed. Individuals can estimate their income for the current year, which in

turn will set a new deductible for that same year. Following the filing of the individual's income taxes for the current year, the projected income is then compared to the actual income and the difference is reconciled. To have a Manitoba pharmacare deductible reviewed, call 204-786-7141 or (toll-free) at 1-800-297-8099, or by emailing [pharmacare@gov.mb.ca](mailto:pharmacare@gov.mb.ca).

Pharmacists Manitoba is asking their clients to appropriately refill their medications, such as not refilling more than 10 days before their next scheduled refill, and not requesting quantities in excess of 100 days' supply, to help maintain the drug supply going forward.

To help ease the financial burden on seniors, the Manitoba government also announced May 5, the Seniors Economic Recovery Credit which will provide every Manitoban aged 65 and older with a one-time, refundable tax credit of \$200.

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# Moon, Light & Waves a soulful tribute to Abby Margetts

By Emily Distefano

Abby Margetts was a bright little girl who loved music and singing songs in front of the family and friends who cherished her.

Now, Carman singer-songwriter Nathan Strange, known by his stage name The Rainy Day Apparel, has written a song in honour of Abby's life.

The three-year old died in a tragic accident in Stonewall in January 2019. A few months later Abby's parents, Ryan and Amanda Margetts, asked Strange to create a musical tribute in memory of their daughter. The resulting single, Moon, Light and Waves, was released on May 8.

Strange said Abby shone a light on everyone around her.

"She was very much into music and art and performing," he said. "She lit up a room."

A father of three and a teacher at Miami School, Strange has also been producing music for years. This song, however, was different.

"It was something that I really wanted to get right," he said.

It wasn't until a family vacation in



**TRIBUNE PHOTO SUBMITTED**  
Abby Margetts died in a tragic car accident January 2019.

Mexico earlier this year that inspiration truly struck. He and his wife noticed that the more time they spent in the ocean during the day, the more they felt the pull of the waves at night.

He realized that the feeling of the waves was a metaphor for the way we feel about loved ones we lose, and the way they continue to work in our lives even after they are gone.

Strange combined the wave motif with lyrics about the moon and Ab-

by's bright light.

"One thing that Abby used to say to her mom and dad is 'I love you to the moon and back' and that lyric shows up in the song," he said.

The night before the song was released, there was a full moon in the night sky.

"It was kind of like a sign," said Strange.

Ryan and Amanda were touched when they heard the finished product.

"We were speechless and cried the whole time," said Amanda. "It was amazing. ... It's fitting, too, because she loved music and water. The wave theme is perfect."

Amanda said asking Strange to write a song for Abby made sense because music was such a huge part of the little girl's life.

"Knowing Nathan for many years and knowing his special talents, I couldn't think of anyone else to write this song in memory of her," she said. "When you lose a child, all you want to do is honour them. You want the whole world to know about them and keep their memory alive."

Abby was passionate about life and

knew and understood what it meant to be a good person, Amanda said, which made everyone who knew her proud to be in her life.

"Abby did everything big," said Amanda. "When she laughed it was from her belly, when she cried it was from her toes, and when she loved it was from the heart. She was expressive and did not hide any emotion, even if it was a more subdued emotion like empathy. She died doing what she loved, which was living."

All proceeds from the song will go to Danica and Abby's Village, which is currently raising money to buy buddy benches to be placed in communities around Manitoba.

Strange said turning the song into a fundraiser for Abby's charity was just one more way to honour her memory and her family.

"There's not a lot you can say or do when someone is going through something like this," he said. "I thought about everything as just a gift to them."

You can find Moon, Light & Waves on music streaming and downloading platforms.

## MPI gives client rebate

By Evan Matthews

Interlakers can soon expect a cheque in the mail from Manitoba Public Insurance.

On May 6, MPI announced it would be "proactively" providing relief to Manitobans by issuing rebates as an "alternative to future reduced premiums," according to a press release.

"We continue to ensure we keep our customers' needs and best interests at the forefront of everything we do — whether in managing our business with financial prudence, providing service options throughout the pandemic or transferring the use of some

MPI facilities to assist others in dealing with COVID," said MPI's CEO and president Ben Graham.

"I'm very pleased our special rebate application was expeditiously dealt with by the Public Utilities Board, and MPI continue to work with the board in full collaboration and transparency; the end result being a positive outcome for Autopac premium payers."

Rebates will be based on what each policyholder paid last year, and are expected to be roughly 11 per cent, or roughly \$140 to \$160 per average policy holder. Cheques can be expected by the end of May or in early June.

Graham explained that the rebate was made possible by the combination of fewer claims since the COVID pandemic hit, coupled with the strong year-end financial results and MPI's reserves, which will not be adversely affected by the rebate.

The rebate itself should be no surprise, according to Tracey Malone, financial advisor at Stonewall's Inview Insurance Services.

"It was almost to be expected, I think, with the massive effect the iso-



Tracey Malone

lation we've been asked to practise has on the frequency and severity of auto claims across the province," said Malone.

"The decision to return the money to Manitobans in a lump sum, quickly, helps Manitobans who might be struggling today rather than waiting to return those dollars through lower rates overall, which wouldn't happen until March 2021 at the earliest.

"I think this speaks to the social responsibility that MPI is taking to do its part for Manitobans," she said.

Under existing legislation, MPI was able to immediately return roughly \$50 million to its ratepayers, but required the approval of the Public Utilities Board for the additional \$60 million, according to the press release.

In addition to the rebate, MPI reported that as of mid-April, collision claims were down 48 per cent compared to the same month a year ago, which as local brokers have suggested, can be attributed to the public health orders and isolation.

MPI estimates the dollar amount to be roughly \$29 million in fewer basic claims being incurred between March 15 and April 15.

## Residents of Stonewall's Lions Manor unite in song



Every Sunday at noon, dozens of residents of Lions Manor in Stonewall go onto their balconies or stand physically distanced in the parking lot to sing *O Canada*. The new weekly tradition of singing the national anthem is happening across the country as people sing together to honour those frontline and essential services workers and encourage unity against COVID-19.

**TRIBUNE PHOTOS BY JO-ANNE PROCTER**



# Staying safe on two wheels is MPI's message for May

By Becca Myskiw

May is Motorcycle Safety Awareness Month, and local riders are reminding everyone to be mindful.

In a news release, Manitoba Public Insurance (MPI) said motorcycle fatalities doubled last year. Eight motorcyclists were killed on the road in 2019, compared to the average four.

"Mutual respect on our roadways is paramount if we're going to see a reduction in fatality numbers," said Satvir Jatana MPI's vice-president of employee and community engagement.

Dave Boisvert from Stonewall agrees. He said he's hyper-aware on his motorcycle, always watching the other vehicle's movements.

He said it's common for vehicles to cut him off, turn right in front of him, and to text and drive. Being the smaller vehicle on the roadway, Boisvert said people don't always see him, so he has to be defensive.

"That doesn't mean speeding," he said. "But not following other people. I want a clear road ahead of me."

MPI has a few ways drivers can be safer around motorcyclists on the highway: look twice when changing lanes, check blind spots, watch the motorcyclist's body language in case you miss their signal, and maintain a following distance of at least four seconds.

onds.

Other vehicles aren't the only thing motorcyclists have to watch out for.

Alvin Johnson from Arborg hit a deer on his motorcycle in 2006. He was on his way home from having coffee in town. The grass along the highway was tall, and as he was doing 100 kilometres per hour, a deer jumped out from the thick grass and he T-boned it.

Johnson let go of his bike as he made contact — he said that's what saved him. He got out of the accident with a broken wrist, bad road rash and a fear.

"I'm lucky to be alive," he said. "I think my guardian angel was watching over me."

The helmet that he now has as a keepsake also saved Johnson that day. He has a helmet exemption but is still adamant on wearing it.

"It's deadly otherwise," said the 62-year-old.

Johnson and Boisvert both wear gear on their motorcycles, something MPI recommends. Now, Johnson also said he tends to drive slower at night or in the morning and he's always panning his surroundings.

A motorcycle, he said, is about one-third the size of a car, making the motorcyclists vulnerable on the road. Though he's had a run-in with wildlife, Johnson said texting and driving



TRIBUNE PHOTO BY JENNA BOISVERT

Stonewall's Dave Boisvert is always hyper-aware when he is riding on his motorcycle.

is just as big an issue.

"You can be as careful as you can be and be the most experienced in the world, but if someone pulls out in front of you or cuts you off," said Johnson, trailing off nervously.

For Motorcycle Safety Awareness Month, MPI reminds drivers to think of motorcyclists as pedestrians or cyclists — they all have a right to the road.

## letter to the editor

Letters to the Editor:  
letters@stonewallteulontribune.ca

### Safety or tragedy? There is a choice...

I sit here struggling with writing this letter without it being about "horse people," as it's not just about the safety of people leading, riding or driving their horses on roads or roadsides.

It's about safety for dogs escaping from their yards, deer bolting across roads, people walking, riding bikes and, most importantly, children playing. It's about safety for the person driving their vehicle and the passengers within. It's about being an attentive, careful, courteous, defensive and kind driver.

It's about preventing an accident that could easily have been avoided, an injury that won't heal, a needless death and grieving hearts. It's not about me or you; it's about everyone. It's about slowing down when driving, whether operating a car, truck, van, semi-truck, ATV, snowmobile, farm equipment, road maintenance equipment. Just please slow down.

Slow down and pass wide when approaching children playing, people walking or riding bikes, dogs

escaping, deer crossing the road, horseback riders. Vehicles passing on paved or gravel roads at higher speeds often toss large stones and gravel, which can seriously injure pedestrians, horse and rider. Please, it takes only a few moments of your time to slow down and pass safely to prevent serious injury or, worse, death.

For a moment, let's discuss horseback riders. I realize that most people think the road belongs to the motorized vehicle, but that's not accurate. As per MPI Driver's Handbook, "When driving near horses, pass slow and wide. A horse rider or carriage driver has the right to travel on the roadway. Be mindful that when approaching horses, sudden moves or noises could frighten them and endanger everyone on the road. Don't sound your horn and be ready to stop if the rider indicates for you to do so. When you're ready to pass, slow down and leave plenty of distance between you and the horse. Only resume speed once you are

well past the rider."

As well, a person on a horse is legally considered to be driving a "vehicle" and has the same rights and responsibilities as a person driving a motorized vehicle.

Do we want to be on the road? Absolutely not but, unfortunately, there are circumstances that prevent us from riding in the ditch.

A couple of reasons we can't always ride in the ditches:

- There is no ditch to ride in, so we try our best to stay on the outer right-hand side of the road.

- In winter the snow is usually too deep to ride in the ditch.

- In late winter and early spring, the ditches are full of snow and water. A horse is capable of walking through these conditions, but the problem here is people throwing garbage and particularly glass pop and liquor bottles into ditches. A horse stepping on a glass bottle can seriously be injured and, in a panic, throw the rider. Depending on the seriousness of the injury, sadly, the horse may have to be euthanized and the rider may end up in hospital with serious

life-threatening injuries. So, what we riders do in winter and spring, from the road, we look for and pick up glass. Once we feel confident that we've cleaned up to safely ride in the ditch, this is where we will ride. Please note, even if we are riding in the ditch, you should slow down while passing us. A horse can spook at something and bolt onto the road while you are driving by. If you are passing slowly, hopefully an accident will be prevented, and, if not, it won't be as serious.

In conclusion, myself and the others that I ride, walk and bike with would like to throw out a big, big thank you to those that do slow down, wave and smile, to those that don't litter, to the emergency vehicles that have turned off their sirens while passing when we are on horseback and then turned them on again when they are a safe distance away. To you, we are forever grateful for sharing the road with all of us.

- Lorrie Kratzer, Debbie Bagan, Erin Bay, Maureen Budgell, Carly Dreger, Karen Eising and Lorrie Manick



# Ready. Set. SWING.

## Swinging into golf season



For golf lovers, spring is synonymous with swing. As soon as the snow has melted, they're reaching for their clubs. However, before teeing off, golfers need to get back their groove. Prior to heading onto the links this season, make sure you properly stretch, check your equipment and get some practice in.

### Pre-season stretching and exercise

Most people become less active during winter. Any return to athletic activity after a lull needs to be done gradually and should involve stretching. Even if you were active last winter, stretching remains imperative: given that your muscles haven't executed the specific motions involved in the golf swing for months, they can injure easily if not properly stretched.

The most important areas to stretch are the wrists, forearms, triceps, shoulders, neck, lower back, glutes

and hamstrings.

As for pre-season exercise, *Golf Digest* stresses the importance of strengthening your glutes. These large muscles not only stabilize your golf posture but also protect the lumbar spine from the stress involved in swinging a golf club repetitively. Some exercises that help train your glutes are squats, glute bridges and deadlifts.

### Getting your gear ready

Golf might well involve more equipment than any other sport. Before starting your season, you'll want to make sure your gear is up to snuff. Inspect your clubs, grips, shoes and the individual cleats on your shoes to make sure everything is course-ready.

Additionally, ensure you have what you need in the way of golf apparel. If you're looking to hit the links

straightaway, make sure you have clothing designed for nippy spring weather.

Finally, make certain your golf bag is well stocked. That means balls, tees, markers, an emergency kit and the rest.

### Getting your swing back

Don't expect to be at the top of your game right from the get-go. Before heading out on the course, you're going to want to visit the driving range. It may be tempting to unsheathe that driver and start letting them fly; however, the best method is always to start with the wedges and work your way up to the big guns.

Having done all this, you should be back in the swing of things and ready to venture out onto the tee box.

Be sure to follow the modifications at the courses due to the Covid 19 pandemic, to ensure everyone's safety.

## Spreading joy



TRIBUNE PHOTO SUBMITTED

Catherine Desmarais and her daughters eight-year-old Malory and 13-year-old Isabelle have found some creative ways to spread joy in the community. They created colourful chalk drawings in the driveway of their Stonewall home in an effort to share some cheer. They've also been painting rocks and hiding them around town, including some Star Wars-themed rocks for May 4.

## Dry spring heightens fire risk in the Interlake

By Evan Matthews

After an April 29 grass fire, the Warren-Woodlands Fire Department is offering a public service announcement to area residents.

Warren-Woodlands Fire Department chief Dean Campbell said while no burn bans are in place currently, if residents remain vigilant, it can help to reduce the risk of fire.

"People are doing lots of yard work and doing spring cleanups, and it's been pretty dry, so it's just important to be aware of the current conditions and working to avoid a small fire getting away from you," said Campbell.

"Make sure if you're going to pile some yard waste to burn, keep it away from long grass, keep away from the bush, keep your eyes on your burn pile."

Campbell encouraged residents who intend to burn to call the RM office prior to burning, as the RM issues a burn permit, which is really a burn

Continued on page 12



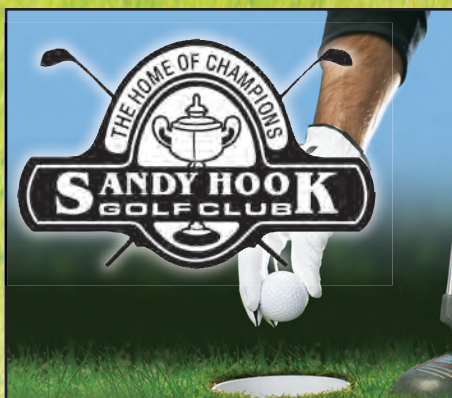
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# Home & yard

## How to update wood panels

Does your home have wood paneling that needs to be updated? If so, here are some great ways to modernize it.

- **Paint it.** This is the quickest and easiest way to update your wood panelling. White or bright colours will look fresh and clean, while darker ones will feel moody and sombre. Or, consider whitewashing the wood using watered-down paint. This will lighten the panels while preserving the grain.

- **Camouflage it.** Use drywall compound to fill in the grooves between panels. Follow this with a coat of primer and your choice of paint. No one will be able to tell that the walls are panelled.

- **Refinish it.** Solid wood panels can be sanded and stained like any other wood surface. Choose a lighter tone



for a Scandinavian feel or opt for a stain that mimics mahogany for a more luxurious look.

If you love wood panelling and want it in your home, be sure to choose wide panels over thin ones and stay

away from orangey tones, as these tend to look dated. Also, consider mounting your panels horizontally or diagonally instead of vertically for a more modern design.

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# Home & yard

## Fountains and water features: what to consider before installing one

If you want to install a fountain or similar type of water feature in your yard, there are three factors to consider: style, location and upkeep. Here's what you should know.

**Style**  
Some fountains are freestanding, which means they can be placed in the middle of your yard. Others are wall-mounted and typically incorporated into another water feature.

You should also think about the fountain's size and shape as well as the durability of its material. Don't forget to consider the amount of noise the fountain will make.

**Location**



The right spot to install your fountain is one that's near a watertight electrical outlet. The location should also be protected from the wind and moderately shaded.

**Upkeep**

Fountains and other water features need to be maintained. You should check the water level periodically and replenish it as required. You'll also

need to remove debris from the pump and clean the filter on a regular basis. Additionally, you may need to use special products to help control moss, algae and plant growth.

At the end of the summer you'll also need to empty the fountain, clean and store the equipment and cover the outdoor structure with canvas.

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# Home & yard

## > DRY SPRING, FROM PG. 10

notice.

The fire department receives a notification that a resident will be burning yard waste at a specific time, which allows them to be prepared in the situation of a worst-case scenario.

"Lots of time people see smoke and call it in, then we go rushing out there, which can tax our municipal resources. Turns out to be someone cleaning their yard," said Campbell.

This year will have a lot of residents burning due to the heavy winter storm in which many trees were damaged and resulted in large piles of debris.

"If we know generally where and when people are burning, then we have some idea of the calls coming in," he said.

The message is, according to Campbell, if people are going to burn, ensure those burn piles are away from long grass and bush, given that so many have a large amount of yard waste this spring.

Burn permits help to keep the department organized and on top of things, he said, as well as available.

"If we're at a call where we really aren't needed, we can't be somewhere else," said Campbell. "There is always the chance two calls come in

at the same time."

### Other tips for responsible burns

Weather conditions are the most influential factor when considering a burn, Campbell said.

If it's a windy day, for example, Campbell said it's likely not the best day to burn.

"Just check the weather. ... Environment Canada lists temperature and humidity," said Campbell. "Try to find days with humidity above 20 per cent."

Fire has a much higher likelihood of getting out of control when humidity falls below 20 per cent, Campbell said, when conditions are dry and have less moisture in the air.

Other tips to reduce risk include keeping burn piles small (since larger burn piles burn hotter); actively monitor burn piles; don't burn in less than optimal conditions (including high wind and low humidity); always have a garden hose close by in case a fire does start to get away from you; and, most importantly, don't hesitate to call the department.

"There is no charge to anyone for calling the department," said Campbell. "Always call us in a time of need. We don't want to see unnecessary loss of life and/or property."

## Five things to consider when buying a garage door

Need to purchase a new garage door? To make an informed decision, consider the following five elements:

1. **Colour.** Match your garage door to your door and window frames, taking into account the colour of your home's exterior cladding (and mortar, if applicable).

2. **Style.** Your garage door, from the shape of the panels and windows to the style of the handles and hinges, should harmonize with the overall architecture of your house. For example, choose a simple, structured model if your home has a modern design.

3. **Insulation.** Having a properly insulated door means that your garage will get less cold in the winter and less hot during the summer. Check its R-value (a measure of thermal resistance; the higher the R-value, the better the insulation) and U-value (a measure of heat loss; the lower the U-value, the better).

4. **Hardware.** For a door that's



silent, durable and easy to open, choose a model equipped with high-quality tracks, springs and bearings, and make sure that they're adequately calibrated according to the weight of the door.

5. **Material.** Various materials are available — be sure to research the characteristics of each one. For example, steel is more resistant to impact than aluminum but also subject to rust; wood is durable but high-maintenance.

Finally, to ensure your garage door's durability, safety and performance, always leave the installation to the pros.



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**Keep Us In Mind This Spring and Summer!**

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that Building and Development Permits are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include, but are not limited to: **Swimming Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations, Basement Developments, etc.**

Permits help ensure that Buildings and Structures meet Manitoba Building Code, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: [www.sipd.ca](http://www.sipd.ca)



# Local woman creates care packages for nurses

By Jennifer McFee

Thanks to an influx of support, a local woman created dozens of “Adopt A Nurse” care packages to show appreciation for emergency room nurses.

Toni deLaroque came up with the idea after a local representative from the company Thirty-One donated 30 lunch kits to her for a project. She also received a donation of 34 mini backpacks, so she decided to put them all to good use and create a total of 64 care packages for ER nurses at the Health Sciences Centre.

“That’s where I got my starting point. I had these bags and I wanted make something to give to these emergency nurses,” said deLaroque, a Grosse Isle resident.

“They have completely different protocols that they’re following right now to protect themselves and their families, which are adding extra time onto their day. They’re putting themselves at risk.”

She bounced the idea off her friend Erin Peters, who lives in Balmoral. Peters encouraged her and was eager to help.

Next, deLaroque reached out to the community to see if anyone would



Toni deLaroque spearheaded a project to provide care packages for emergency room nurses.

like to “adopt” a nurse for \$30 to help cover the costs to fill the care packages.

The initiative gained momentum with donations of Tupperware soup bowls, Norwex body cloths, Epicure meal packs and mini photo sessions.

“It just started growing,” she said. “As I was collecting money, local reps from all these companies started reaching out to me to add a little bit more and a little bit more.”



TRIBUNE PHOTOS BY JO-ANNE PROCTER

HSC emergency nurses were all smiles when they received their gifts last Friday.

Friends volunteered to help with the project while respecting the need for social distancing — including Peters, who helped to fill individual bottles with hand sanitizer in her own home.

On Friday evening, deLaroque delivered the care packages to the nurses during their shift change at the hospital. The gesture came right in time for

National Nursing Week, which runs from May 11 to 17.

“They go to work every day with fear that there is going to be an epidemic outbreak in Manitoba,” she said.

“This is a little something to keep them going. We hope they realize that Manitobans care and appreciate all of their efforts.”

# Argyle Museum sets for virtual Manitoba Day celebration

By Evan Matthews

With the return date of large public gatherings still up in the air, the province is getting set to celebrate Manitoba Day virtually.

Interlake museums, including (Argyle) Settlers, Rails and Trails Museum, have been finding innovative ways to participate in the May 12 celebration.

“It’s so important to remember our heritage, especially as we are living through a historic moment during this time,” said Shayne Campbell, president and executive director of Settlers, Rails and Trails Museum.

Over the last few months while cooped up during COVID, Campbell has been photographing and cataloguing all of the museum’s artifacts — over 3,000 pieces and 1,500 flags — and uploading them to the museum’s Facebook page.

“The ways in which everyday things are changing for all of us is worthy to document and remember. It is the shift in our daily lives that makes history, and the study of mankind, so interesting and valuable,” he said.

The museum is currently flying the COVID flag — or the “heart flag” —

seen around the country to thank health-care and frontline workers for their bravery and efforts, according to Campbell.

Leading up to and on Manitoba Day, Campbell said he will be sharing other flags such as the Manitoba corporate, regional, sport and special event flags via the Facebook page.

He will also be sharing the museum’s second exclusive exhibit, the Manitoba Brick and Block Collection.

“These bricks and blocks came from manufacturers across the province, as there were many (Manitoba) companies over the past 150 years creating bricks for the building industry. We also collect and feature bricks from important structures across Manitoba,” said Campbell.

“Most people take bricks for granted, but they offered a more permanent solution to our homes, buildings and structures. For the first time, they were fire resistant and allowed us to build higher and stronger buildings. Architecture styles began to change too.”

Campbell said local stories include the Balmoral Brick Company (operating from 1905-1915), which supplied



A brick created by the Balmoral Brick Company (1905-1915). The company created the bricks used in the Brant-Argyle School construction in 1914.

bricks to many homes in the area, including the provincial historic site of Brant-Argyle School, built in 1914.

Other virtual opportunities to celebrate the May 12 Manitoba Day included a colouring page posted on the provincial website and digitized films in the Archives of Manitoba.

May 12, 2020, marks the 150-year anniversary of The Manitoba Act that created the province and led to the province’s entry into Confederation on July 15, 1870.

On the topic of flags, on May 12, 1966, Manitoba’s official flag was dedicated and unfurled for the first time. In 1986, May 12 was designated as Manitoba Day in perpetuity.



TRIBUNE PHOTO SUBMITTED

The Settlers, Rails and Trails Argyle Museum has been proudly flying a COVID flag — or a “heart flag” — which can be found across the country, thanking health-care and frontline workers for their efforts.



# Dear Premier Pallister,

We are writing today in recognition of front line heroes and to alert you to the very real risks to vulnerable Manitobans.

Front-line staff who are providing essential, intimate, personal, challenging care to our most vulnerable population earn just over minimum wage. **Each day, these staff leave the safety of their homes, risking their own personal safety out of sheer dedication and commitment.** At their wage, employees could easily opt for the Federal CERB program without much, if any loss to their income. Recently Ontario increased Direct Support wages by \$4 an hour and Manitoba Direct Support staff are asking why they are not also being recognized as **essential**.

**We are very concerned about the stability of the workforce currently supporting roughly 7000 of our most vulnerable citizens.** We have been advocating for years – actually decades, for staff who care for people with disabilities to be treated as the professional and skilled staff we expect them to be. This global pandemic clearly points to the groups of staff within our province who are essential and who cannot easily be replaced. **Now is the time to step up and show support for the immense responsibility they shoulder 24 hours a day, seven days a week.**

Earning less than people at a grocery store down the street and certainly less than other essential workers is embarrassing, it's disrespectful and puts a fine point on how little our community and our government values people with disabilities.

Every day that you are not addressing this issue is putting people with disabilities at risk. **Please implement hero pay of \$5/hour to address this need to ensure that people with disabilities have consistent and trained staff working through this pandemic to ensure the health, well-being and quality of life of thousands of Manitobans.**

Sincerely,

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# Grosse Isle teachers socially distance with students

By Jo-Anne Procter

Grosse Isle School staff took themselves on a road trip of sorts on May 6 and 7, one that they will forever cherish as a career highlight.

At the end of March, schools across Manitoba officially closed their doors, suspending classroom learning indefinitely amid the COVID-19 pandemic. Staff and students from schools across the province were thrown a curveball they were not expecting.

Principal Christie Crow expressed to the *Tribune* via email that most people that work in education with children do so for their love of children.

"We love spending time with them, seeing them learn and experience new things," she said. "I can tell you from my own experience, and that of my colleagues and friends, that being away from our students has been incredibly hard on each of us."

Grosse Isle is a small school of 52 students and eight staff, giving it a real family feel. Colleagues become friends and relationships are formed with students and their families.

"Being away from each other has been challenging, to say the least," Crow said.

In one of their virtual staff meetings, Crow and her colleagues brainstormed and came up with the idea to make a socially distanced visit with each student. As the plan unfolded students and their families had a week to prepare.

School staff created care packages for each student, containing packaged treats, homemade cinnamon buns and cookies, some mental health information and a hand-written card signed by each of them specific to each student.

Monica Baldwin, a Grade 7/8 home room teacher and Grosse Isle community member, designed a map for staff to travel to 35 of 38 families over the two-day period. (Plans are currently in the works to connect with the other three families.)

To maintain social distancing, a convoy of staff vehicles covered approximately 200 kilometres, visiting students in Marquette, Meadows, Rosser, Grosse Isle, Lilyfield, Stony Mountain and Stonewall.

Students and their families shared many creative projects that they have been able to work on in their yards, from flower boxes for Mother's Day to



TRIBUNE PHOTO BY RIANNA CASSILS AND MONICA BALDWIN

Grosse Isle staff members paid a socially distance visit to students. Pictured left to right: Justin Anderson, Tricia Baldwin, Christie Crow, Deanna Hayward, Monica Baldwin and Amanda Clemis.

new bike tricks or trails that they had built or adventured on.

"We were greeted with baked treats, introduced to new puppies and kittens, saw countless chickens and horses, and met many family dogs and cats," Crow said.

"It really helped cheer us up and brighten our week," Baldwin said. "We all miss seeing them, and although we've been connecting virtually, it's not the same."

It was an opportunity that the staff in a small building do not take for granted, Crow said.

"It was honestly sheer joy to see our students and their families. We are incredibly grateful to have been supported by our school community to allow us into their spaces," she said.

"There have been many unforgettable moments over the past several weeks, some challenging, and some memories that will be forever cherished.

"I can say without a doubt that our whole team feels this way. Our hearts are full, and we are forever thankful for our Grosse Isle school family."

## Major infrastructure package unveiled to help restart Manitoba recovery amid COVID-19 pandemic

Submitted by Manitoba government

The province is increasing infrastructure investments by an additional \$500 million as part of an economic stimulus package to help restart Manitoba's economy in the wake

of the COVID-19 pandemic, Premier Brian Pallister announced last week.

"As Manitoba continues to flatten the COVID curve, we are now in a position to slowly and carefully begin to restart our economy," said Pallister. "Our government is committed to working with industry, municipalities and all levels of government to help stimulate our economy as we move forward through this global health and financial pandemic."

The \$500-million investment through the Manitoba Restart Program announced last week will expand on the significant already-planned infrastructure investments of \$3 billion over the next two years, the premier noted.

The Manitoba Restart Program will include new:

- water and sewage projects through the Municipal Water Services Board,
- road and highway resurfacing and repairs,
- bridge repairs,
- municipal infrastructure priorities, and
- potential new cost-sharing construction projects with other levels of government if agreements can be reached.

"Today's announcement builds on our commitment to

ensure critical funding to Manitoba municipalities as promised in Budget 2020 remains intact, despite unprecedented financial pressures on the provincial government and record borrowing levels," said Pallister. "Manitoba's construction industry is ready to ramp up their work and we have many important shovel-worthy projects throughout the province to start that will improve the quality of life of all Manitobans."

The premier noted specific projects would start to be determined in the coming weeks.

This additional investment is one of many measures undertaken by the province through the Manitoba Protection Program, which includes approximately \$250 million in supports for small and medium-sized businesses and various measures to help the health and well-being of Manitobans.

More information on Restoring Safe Services can be found at [https://manitoba.ca/asset\\_library/en/proactive/2020\\_2021/restoring-safe-services.pdf](https://manitoba.ca/asset_library/en/proactive/2020_2021/restoring-safe-services.pdf).

A comprehensive list of Manitoba government COVID-19 measures can be found at <https://manitoba.ca/bg/2020/04/covid19.html>.



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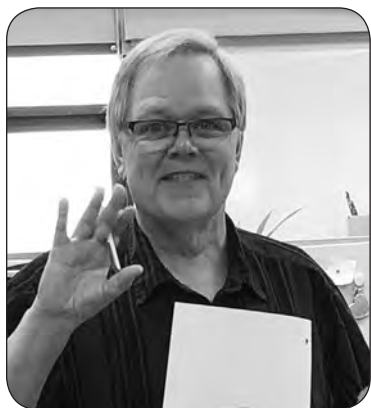
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# Town of Stonewall Hometown Heroes during COVID pandemic



SCI's Link Leader Christy Steeves.



Pharmacist and business owner Vern Appleyard.



SCI leadership team member Kalannah Tonner.



RCMP member Jeff Sonnenberg.



All mothers of Stonewall.

By Jennifer McFee

The Town of Stonewall is celebrating its hometown heroes who are making a difference during the pandemic period.

The intent of the project is to highlight positivity and connect people during this time of social distancing.

Community members were invited to submit photos and write-ups about people they would like recognize for their community contributions. Each weekday, the Town of Stonewall posts a new hero photo and story on its social media sites.

On May 4, Christy Steeves earned recognition for her contributions as a coach and role model at Stonewall Collegiate Institute, where she dedicates countless hours to coaching basketball and track. Steeves (a.k.a. Steamroller) is also the leader of the SCI Link Leader team, which helps ease the transition for incoming Grade 9 students. In addition, she's always first to help out with school and community events, and she's a member of the Manitoba High School Athletics Association board of directors.

"In Ms. Steeves' spare time, she is passionate about personal fitness and is a tremendous role model for the students in the community. After the high school was closed due to the COVID-19 pandemic, Ms. Steeves has continued to go above and beyond for her students," states the Town of

Stonewall Facebook post.

"She has been using Microsoft Teams conferencing to connect with students about their personal wellness and has been producing YouTube fitness videos to share with them to keep them motivated. Thank you for your continued commitment, care and support."

On May 5, Vern Appleyard was the hero of the day for his role local pharmacist and business owner.

"As a pharmacist at the Stonewall I.D.A. Pharmacy, Vern Appleyard is committed to meeting the needs of his customers and neighbours. With the arrival of COVID-19 in the province, this became even more evident as he strove to implement the necessary changes at the pharmacy," states the post.

"As a business owner, Vern is committed to ensuring a safe work environment for his staff and a safe shopping environment for his customers. This often entails days spent working in the pharmacy and countless hours in his office working into the night to keep the business side of things running. Thank you for all the care you've shown to our community while providing essential services throughout the pandemic."

On May 6, Grade 12 student Kalannah Tonner was recognized for helping out during this period of isolation. As a member of the Stonewall Colle-

giate Institute leadership team, Tonner has taken her leadership skills to the next level. In addition to studying online during the current school closure, Tonner has found time to volunteer to help others in the community.

"Kalannah has volunteered to pick up mail and run errands for some of the more vulnerable people in the community. When days permit, she also takes time to drop inspirational messages of kindness and encouragement in random people's mailboxes," states the post.

"Kalannah, as described by her teachers, is a student who exemplifies maturity, hard work and a positive outlook. She is determined to help others in any way she can during this pandemic. SCI and the community are thankful for your exemplary leadership and ongoing commitment to making Stonewall an amazing place to live."

On May 7, Jeff Sonnenberg was named a Hometown Hero for embracing the role of a community protector. Raised in Stonewall and a 2005 graduate from SCI, Sonnenberg applied for the RCMP because he wanted to make a difference and give back to his community.

"He attended Depot to become an RCMP member, and in 2016 upon his graduation from Depot, he was posted in Cross Lake. Jeff was very excited to be transferred back to his hometown at

the end of 2019 and have the opportunity to serve the community he grew up in," states the post.

"Thank you, Jeff, for making a difference as an essential front-line worker facing an invisible foe throughout the COVID-19 pandemic."

Last but not least, all the moms of Stonewall were honoured as heroes on May 8 in advance of Mother's Day.

"We want to thank all those mothers who are working so hard to keep their families safe. Some of these moms are juggling working from home while making sure that school assignments are getting done. Thank you to those moms who try hard to soothe their older children's worries and reinforce restrictions that many younger children just don't understand," states the post.

"This year we also miss hugging our moms who are self-isolating due to vulnerabilities or our moms who reside in long-term care or hospital. Every year we celebrate our mothers, but this year seems to be extra special. We couldn't get through any of this without you. Thank you to each and every Mother. We appreciate all that you do for us!"

To submit a photo and write-up about a hometown hero, email [info@stonewall.ca](mailto:info@stonewall.ca). To view the Hometown Hero posts, visit the Town of Stonewall's Facebook page.

## Search for missing person comes to Woodlands

By Evan Matthews

The search for a missing person has brought both the Winnipeg Police Service and the RCMP to the Town of Stonewall and the RM of Woodlands.

Yasir Rahama, 24, was last seen on Thursday May 7 in Winnipeg's Westwood area. Police told media they believe Rahama then travelled to the Interlake area.

"The RCMP Search and Rescue team attended the RM of Woodlands yesterday to conduct a ground search

around where (Rahama's) vehicle was discovered," said RCMP Cpl. Julie Courchaine, who added the search remains a Winnipeg Police Service file.

A person close to the situation said more specifically that the vehicle was found in Warren.

"With the use of numerous ATVs and drones, (RCMP) covered a large area; however, the search did not yield any results," she said, adding there were no searches on Monday May 11.

The Winnipeg Police Service did not

respond by press time, but its Facebook page said it is requesting public assistance in locating Rahama.

Police are describing Rahama as a black male, 5'6", average build, with dark brown hair. He was last seen wearing white "Croc-style" shoes, dark grey sweatpants and a beige T-shirt. WPS is concerned about his well-being and is asking anyone with information regarding his whereabouts to contact the WPS Missing Persons Unit at 204-986-6250.



Yasir Rahama was last seen in Winnipeg on May 7.



# The sky's the limit: Venus dives into twilight in May

Submitted by **Ted Bronson**

As the sky darkens after the sun goes down, it is hard not to notice that brilliant white object hanging above the western horizon.

This is the planet Venus. By the beginning of May, it will have attained its brightest blazing at a magnitude of greatest brilliancy (-4.7). This is the brightest natural object in the night sky other than the moon. Many times people have seen Venus and thought it was the landing light of an airplane approaching the airport. Reports of aircraft altering their flight path because the brilliance of Venus was mistaken for the lights of another airplane have been made. Under the right conditions, Venus can cast a shadow as well.

At the beginning of May, Venus is about 27 degrees above the western horizon a half-hour after sundown. Venus will lose about one degree of altitude with each passing night and become more difficult to spot in the bright twilight. By the end of May, Venus will have disappeared into the

twilight after sunset. This dramatic change is due to the fact that the orbit of Venus is closer to the sun thus moves faster than the Earth. Venus will overtake and pass the Earth in June. Venus follows this same path through the sky every eight years due to its orbital geometry. I have watched Venus do the same in 2012, in 2004 and again in 1996 — you get the idea.

A telescope will reveal a dramatic change in the appearance of Venus throughout the month of May. The apparent size of the planet increases while the illuminated portion of the disk decreases. At the beginning of May, the planet appears as a 39 seconds of arc diameter disk that is 24 per cent illuminated. Just two weeks later, the planetary disk swells to 50 seconds of arc and 11 per cent lit. I find that Venus sparkles like a diamond in the darkening sky after sunset when it is at this phase. This is likely due to its thin crescent phase and the extra amount of Earth's atmosphere the light must pass through to get to us. Towards the end of May,

Venus' razor thin crescent is near 57 seconds tall and only a few per cent illuminated. On May 21, look low in the west (about 10 degrees above the horizon) about 30 minutes after sunset for the planet Mercury. It will be located about one degree to the lower left of Venus. Mercury will be 3.5 magnitudes fainter (about 30 times) than brilliant Venus.

For early risers the planets Jupiter, Saturn and Mars can be seen to the south-southeast an hour before the sun rises. Jupiter is the brightest glowing yellowish at magnitude -2.4 by mid-May. Saturn, to the left (east) of Jupiter, is also yellowish in colour and is fainter at magnitude 0.5 (about 40 times fainter than Jupiter). Mars can be found to the east of Saturn and Jupiter. Its rusty red colour makes it fairly easy to identify. Mars is similar in brightness as Saturn throughout May, however, it will brighten dramatically over the next few months as it approaches opposition in mid-October.

The waxing gibbous moon will be

located just above the star Regulus in Leo on May 1 after the sun has gone down. The waning gibbous moon passes below Jupiter as seen before sunrise on May 12. The last quarter moon can be seen to the right of Mars by May 14 before the sun rises.

Last month I mentioned an update on Comet C/2019 Y4 (ATLAS). As stated comets are notorious for being very finicky, likely to flare up or fizzle out due to their highly dynamic behaviour. Unfortunately, the most recent reports show that comet ATLAS has experienced a breakup event. The inner core of the comet has fractured into four fragments. This means that the comet will not make it to its predicted brightness. We must wait a little longer for another chance for a bright comet to visit us the inner solar system.

Clear Skies

*Ted Bronson is an avid local astronomer who has been observing the sky since 1964. This column "Guide to the Galaxy" appears monthly in the Tribune.*

# Local golf courses open with restrictions last week

By **Brian Bowman**

Golf enthusiasts finally had a chance to hit the links last week as Manitoba golf courses were allowed to open on May 4.

The Whispering Winds of Warren opened that day while the Teulon Golf & Country Club elected to wait until last Friday.

"We just needed a little bit more time to set up and the course, with spring not being as good as we were hoping, it delayed us a little bit to get the golf course set up for the season," said Shawn Coe, Teulon's director of golf operations, last week. "We open Friday at 8:30 a.m. and we already

have a booked up tee sheet for most of the weekend."

Club membership is on par with past years, said Coe, but with COVID-19, many of Teulon's leagues, tournaments, and its junior program are currently postponed.

"For May and June, for sure, we won't have anything," Coe said. "But we will reassess come July. Some of our leagues, we might have to move to a 10-week (setup) and some of our tournaments that are later in the season, we'll have to see if different restrictions have been lifted."

When golfers did hit the links last week, there were many restrictions. One change, for example, saw the tee times at Teulon moved to 15 minutes

apart to enforce social distancing. Previously, they would be seven or eight minutes apart, Coe noted.

"Before you could get eight groups in and now you can only get four in an hour," he said. "That's a big difference."

Another difference is Teulon's rates for this season. The cost for an adult to play 18 holes while walking is \$35 and an additional \$20 for a single rider cart.

"That's our price every day, all day long," Coe noted. "In years before, we've had different pricing throughout the day or on weekends. With all of the stuff going on, we just want to make it really easy, \$35 walking, \$55 riding, and away you go."

Meanwhile, over in Warren, owner Brian Campbell said their opener went well. The Warren course is in really good shape and wintered well, he said.

Every course in Manitoba will take a financial hit this season, Campbell admitted. Warren is currently down about 50 club members.

"But as time goes on we'll get them back," Campbell said confidently.

Certain events have already been cancelled in Warren.

"Tournaments we had, we obviously had to cancel and we ran a couple of junior programs last year," Campbell said. "But we won't be doing that this year."



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# Rockwood council to host public financial plan hearing

By **Jennifer McFee**

- At the May 6 meeting, council discussed a potential refuse policy that would regulate the use of the waste transfer stations and waste disposal ground to ensure that residents and non-residents are being charged accordingly. To ensure that they pay the right rate, Rockwood and Teulon residents would be assigned a refuse permit to show to the attendant. Any-

one without a refuse permit would have to pay a non-resident charge.

- At the April 22 meeting, council agreed to extend the gravel hauling contract to approved haulers for the 2020 season with a five per cent increase in rates.

- The RM of Rockwood will not penalize utility customers who can't make payments at this time. Interest will not be charged on the outstand-

ing balance. The first quarter billing is due on May 15, and council approved that late fees will be waived on any outstanding utility bills until further notice.

- The RM of Rockwood will host a public hearing for the 2020 financial plan at 6:30 p.m. on Thursday, May 21 at the Heritage Arts Centre.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## MJBL eager to start their season

By Brian Bowman

In a normal year, the Manitoba Junior Baseball League would be in full swing right now.

But, unfortunately, 2020 has been anything but normal.

Like all other sporting leagues across Canada, the MJBL is on pause to start its season.

The league is eagerly waiting to hear when they can throw out the first pitch to start the season.

"We do operate somewhat independently but we share and are insured by Baseball Manitoba so we follow the same guidelines," said league president Jamie Bettens last week. "We wouldn't want to do anything to be different from anybody else. We follow the guidelines and we have had league executive meetings over the past couple of months talking about contingency plans and different schedules, (like) how many games will we play?"

With Baseball Canada eliminating western and national championships

in 2020, the MJBL has the flexibility of extending its season.

The MJBL usually begins its season in May and the playoffs wrap up in late July or early August.

Last season, clubs in the seven-team league played 24 regular-season games. That will most likely change, however, this season with Winnipeg South rejoining the league.

Eight teams playing each other three times for a 21-game schedule, said Bettens, is the most likely scenario.

"Our players are still at the age where they have to work and make money for university or college or just to make a living," Bettens said. "So, for us to play on back-to-back multiple days, it's hard for the players to do that, both physically and kind of mentally."

Adding Winnipeg South back to the fold is great news. Bettens, like many people, would love to see that number increase in the future.

"I think there's an opportunity for the league to expand throughout the

province and have some sort of divisional alignment where you play closer to your geographical area a little more often," he said. "And then you travel outside of the division to play somebody a little bit further on a select few times. Similar to what other major leagues do."

One of the newer teams in the league is the Interlake Blue Jays. They have been a very nice addition to the league.

"Interlake is one of the storied franchises in the league," Bettens said. "They have always put a competitive team on the field. Adam Kirk and his executive group have always done a good job in finding volunteers and keeping that field in one of the best (conditions) in the province year after year. Interlake is one of our shining franchises in the league and we don't think that will change anytime soon."

The parity amongst teams in the league has been good in recent years. The level of play is also very strong.

"It seems to be improving over the

past few years," Bettens noted. "Some of the guys here are going to U.S. colleges and coming back and staying in the league as opposed to travelling out west to play for the summer. We still lose some of the top-end talent but we have more and more kids going away to college and there's more and more opportunities for those kids coming back. When each team is blessed with two, three, four college players, the level of play picks up."

Another thing the MJBL should be very proud of is the fact that their league is open to female players. Interlake, for example, welcomed Garson's Brittney Langlais to its team last season.

"We're hopeful to see Britt and many other female players that are ready for the next step in their (baseball) careers to come to our junior league," Bettens said. "We were the first league in the country to open it up to female players so they can hone their craft in an attempt to make the national program. That's something I'm very proud of — that we are offering that opportunity to females."

## Stonewall to host Women's Invitational tournament in 2021

By Brian Bowman

In this crazy world, a lot of bad news has swirled around the sporting community the past two months.

But Stonewall received some very good news last Thursday.

Stonewall was accepted by Baseball Canada to be the host of the 2021 Women's Invitational tournament.

"We communicated that we would like to host for 2021," said Roger Langlais, the tournament co-chair, on Monday afternoon. "We ran that by our committee and we're excited to continue to host for 2021."

The Women's Invitational was to be held in Stonewall this summer

along with the 14U Western Canadian Championship at the same time.

At press time, it had not been announced that the 14U championships will also be held in Stonewall in 2021.

"We're hopeful that they can be held on the same dates for 2021," Langlais said. "We'll reach out to Western Canada Baseball and inform them that we're prepared to host but it's just a matter of will it be part of the same weekend championship or not."

At this time, it was still unknown if the Women's Invitational will be held in either July or August.

There was plenty of disappointment

locally that those two major tournaments — along with all 2020 national championships — were cancelled this year by Baseball Canada due to the coronavirus.

"We're all disappointed that it's not going to take place in 2020," Langlais said. "But we have to respect the health and safety of our communities, first and foremost. We're all in this together to get through COVID-19 and hopefully there will be a day when we can get back to normal life or maybe a different normal life with baseball competition and growing the girls' game."

Leagues across the province are hopeful that there will be some form of baseball this summer.

"When that will be will be determined by the direction from the province and Baseball Manitoba," Langlais said. "The baseball community, I think, we all want some form of ball played this year and get kids back on the field. For a lot of us, the important thing is that we need kids playing the game of baseball."

The host sites for national championships currently not listed on Baseball Canada's website will be announced at a future date.

## Stonewall's dirt bike track looking for community support

By Jennifer McFee

The conversation continues about the potential for a new dirt bike track in the Stonewall area.

In January, community members gathered at the Heritage Arts Centre for a conversation about the possibility of developing a recreational vehicle space. The idea stems from a report created by 15-year-old Bryce Wadge,

who has been riding since 2011. He presented his findings to Stonewall council in December. He said that it could be possible to build a really great track in Stonewall, as long as people are willing to take care of it.

A volunteer committee formed to work together to develop a space. Since January, the group has met three times to discuss the initiative

and explore options.

"It's moving along. We're in the midst of trying to nail down a couple locations," said committee member Sheldon Churchill.

"What we're really looking for is find out what kind of options parents and kids would want. The main goal is trying to figure something out."

The group is seeking support and in-

put from landowners, business owners and individuals.

"Anybody could lend a hand or share some ideas," Churchill said. "I'm open to any ideas that people might have for getting it done."

He encourages residents to share their thoughts or get involved by calling him at 204-451-5749 or emailing shelc300@gmail.com.



# Classifieds

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## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. **NO ITEM TOO LARGE!** Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## PROPERTY FOR SALE

Prairie Lake Lodge, 5 lots, immediate possession. 100' frontage x 125'. Ready for RV/cottage. Six waterfront lots available soon. Hydro included. David, 204-773-6819, Gerald, 204-773-0380.

## FARMLAND

For sale - 225 acres of farmland for sale in Woodlands. For more info. call C. Procter at 204-383-5682.

## BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

## INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

## APARTMENT FOR RENT

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

## APARTMENT FOR RENT

Newly renovated 1 bdrm. apartment, everything included, \$750/month; also, spacious bathroom suite, everything included, \$560/mo. Both located in Stony Mountain. Call Jeff 204-999-4241.

## HOUSE FOR RENT

2 bdrm. plus office, recently renovated home in Stonewall. Appliances included. Small storage shed on property. Open concept kitchen/dining and living room. \$1600/mo. plus utilities. Available immed. Phone or text 647-680-9779.

## HELP WANTED

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

## MISCELLANEOUS

Is your business opening up again? Getting ready to re-open? Let people know! It pays to advertise. Use this window of opportunity to get your message out quickly to the public. The blanket classifieds reach over 340,000 Manitoba readers weekly. For as little as \$189 + GST, get your important messaging out! Business changes, the need for staff, items for sale in a hurry, cancellations. People are relying on this information even more to stay informed in your area and across the province during COVID-19. Keep the people of Manitoba in the loop. The 41 weekly community newspapers can help. Call us at 204-467-5836 to book or email classified@mcna.com for details. MCNA 204-947-1691. [www.mcna.com](http://www.mcna.com)

## MISCELLANEOUS

Junkies Estate, Salvage, Antiques & Oddities. Buying full or partial estates, contents of homes, farms, cottages, barns, sheds, garages etc. Wanted/buying most anything old and interesting! Please contact at [twojunkies@outlook.com](mailto:twojunkies@outlook.com), or by text or phone at 204-918-1607.

Trailers, truckbeds & tires. Full repair & safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, Financing & Leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, MB. 1-888-685-3127. [www.kaldecktrailers.com](http://www.kaldecktrailers.com)

## FARM PRODUCE

Local unpasturized honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

## LIVESTOCK

Black and red Angus purebred yearling bulls for sale. Will deliver. Semen tested. Phone 204-383-5802 or 204-383-0100.

Rainbow Trout Fingerlings for private pond stocking. Available now. For more information call 204-322-5558 or email: [info@watersongfarms.com](mailto:info@watersongfarms.com)

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## FEED & SEED

Forage seed for sale: organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Star City, SK. Birch Rose Acres Ltd. 306-921-9942.

## NOTICES

Urgent Press Release & Media Advisories. The news never stops, and neither do we! We are assisting organizations, businesses, and the public in getting their messaging out about important news, changing operations, cancellations, etc. Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email [classified@mcna.com](mailto:classified@mcna.com) for details. [www.mcna.com](http://www.mcna.com). We are here to help you.

## THE RURAL MUNICIPALITY OF ROCKWOOD

### 2020 FINANCIAL PLAN - PUBLIC HEARING

In accordance with Section 162(2) of The Municipal Act, the Rural Municipality of Rockwood shall hold a **PUBLIC HEARING** to present the 2020 Financial Plan for the Municipality at:

**6:30 p.m.**  
**Thursday, May 21, 2020**  
**Heritage Arts Centre**  
**Stonewall Quarry Park - 166 Main Street**  
**Stonewall, Manitoba**

The Rural Municipality of Rockwood 2020 Financial Plan consists of:

1. The 2020 Operating Budget
2. The 2020 Capital Budget;
3. An Estimate of the Operating Revenue and Expenditures for the following fiscal year, and
4. A five (5) year Capital Expenditure Program.

The purpose of the **PUBLIC HEARING** is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Rockwood 2020 Financial Plan.

Any person who wishes to make a Presentation, Ask a Question, or Send a Letter to Council must provide a copy of the presentation and/or documentation no later than 4:00 p.m. on May 19, 2020.

Copies of the 2020 Financial Plan are available for review at the Municipal Office, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Chris Luellman, CMMA  
Chief Administrative Officer  
The Rural Municipality of Rockwood

### 2020 Financial Plan & COVID-19

We hope that all residents of the Rural Municipality of Rockwood are staying indoors and following proper protocols as set out by the Province of Manitoba.

We understand that during these trying times it is difficult to be present at the meeting, however we will be proceeding with the hearing while practicing social and physical distancing as we feel there is adequate space at the Heritage Arts Centre. Public Hearings must, of course, be open to the public and residents are allowed to interact, ask questions and have the opportunity to speak for or against the proposed By-Law.

## Employment Opportunity

In cooperation with the Interlake-Eastern Regional Health Authority and the Manitoba Métis Federation, the following summer student position is available:

Activity Assistant:

IERHA MMF 665/20 (Location to be determined)

- Must be Metis, Non-Status or Inuit.
- Must be students between the ages of 16-29

Please refer to complete job posting in Careers at [www.ierha.ca](http://www.ierha.ca)  
Please apply on-line at [www.ierha.ca](http://www.ierha.ca) or fax (204) 785-4736, stating competition number on resume.

Deadline for submissions is Thursday, May 21, 2020 at 4:00 pm.



Interlake-Eastern  
Regional Health Authority



Rural Municipality of Armstrong

### REQUEST FOR TENDER

#### 2020 ROADSIDE GRASS-CUTTING SERVICES

The Rural Municipality of Armstrong invites tenders for 2020 Roadside Grass Cutting along municipal roads.

Please contact the office at the address or phone number below, or visit the municipal website [www.rmofarmstrong.com](http://www.rmofarmstrong.com) to obtain the mandatory tender document.

Roads to be cut are all throughout the municipality Wards 1 to 5 approximately 588 miles (1,176 lane miles).

All tenders are to be submitted by sealed envelope to the RM of Armstrong marked "Roadside Grass Cutting" by Friday, May 29, 2020 before 4:00 PM.

Contractor to supply own equipment and fuel.

Lowest or any quote not necessarily accepted.

Corlie Larsen, CAO  
RM of Armstrong, Lot 55 Highway 17, Box 69, Inwood, MB ROC 1P0  
Phone: 204-278-3377

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## Rural Municipality of Armstrong



### NOTICE OF TENDER

The RM of Armstrong is calling tenders for the **Meleb Waste Disposal Ground Upgrade** project. The project works must be completed by August 31, 2020. Sealed tenders will be received up to 11:00 am on May 29, 2020 at the office of **JR Cousin Consultants Ltd. (JRCC), 91A Scurfield Blvd. Winnipeg, Manitoba.** Tender package will be available for download from MERX.

A partial listing of the works is as follows:

1. Approximately 6,500 m3 of earthwork for construction of a new active cell
2. Supply and install of leachate collection piping, a leachate pump station and forcemain pipe to the existing leachate pond
3. Supply of overhead electrical wiring from a new Manitoba Hydro service entrance to the new pump station and an existing pump station
4. Truck turnaround construction including 475 tonnes of C-base.

A non-mandatory pre-tender meeting and test holes will be completed at the Meleb waste disposal ground site at 10:00 am on **Thursday May 21, 2020.** Due to COVID-19 restrictions please RSVP for the meeting to Brett McCormac, P.Eng. [bmccormac@jrcc.ca](mailto:bmccormac@jrcc.ca), 204-770-9261. If more than 10 people are confirmed attending a second site meeting will be held at 12:00 pm. One representative per Contractor please.

Lowest or any bid may not necessarily be accepted.



## TOWN OF STONEWALL MUNICIPAL NOTICE OF INTENT

The Heritage Resources Act (Section 26) – Form 12

TAKE NOTICE that on June 19, 2019 the council of the Town of Stonewall gave first reading to **By-Law 06-19** to designate as a municipal heritage site under The Heritage Resources Act, the lands and premises commonly known as **The Quarry Park Interpretive Area and Kilns** in the Town of Stonewall.

The land is a portion of the land described in Certificate of Title Nos. 3053044/1, 3053041/1, and 3053035/1 and is outlined in the map attached to By-Law 06-19 as Schedule "A".

A copy of the proposed By-Law can be inspected on the Town of Stonewall website at: [www.stonewall.ca](http://www.stonewall.ca).

### A public hearing will be held at 166 Main St, Stonewall Quarry Park Heritage Arts Centre, Sunova Room 6:35 PM, Wednesday, June 17, 2020 SOCIAL DISTANCING MEASURES WILL BE ENFORCED

A written objection may be filed with the Chief Administrative Officer via email or mail prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions, or register an objection to the proposal.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address, and property description of the person filing the objection and the grounds of their objection.

If there is no objection, Council may resolve to adopt the proposed By-Law, or not to proceed with it.

Dated at the Town of Stonewall this 7th day of May A.D. 2020 and issued pursuant to Section 26 of *The Heritage Resources Act*.

Wally R. Melnyk, Chief Administrative Officer  
Town of Stonewall, Box 250, Stonewall, MB R0C 2Z0  
204-467-7979 | [wmelnyk@stonewall.ca](mailto:wmelnyk@stonewall.ca)

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[www.mcna.com](http://www.mcna.com)

## TENDERS FOR 2020 GRASS CUTTING

Erinview Cemetery Committee is accepting Tenders for 2020 grass cutting.

Would include all cutting, trimming and general maintenance Cemetery located at corner of Rd #94N and 5W

**Tenders accepted until May 28, 2020**

Please email inquires and tenders to [erinviewcemetery@xplornet.ca](mailto:erinviewcemetery@xplornet.ca)

Or tenders can be mailed to

"TENDERS"

Box 454, Teulon, MB, R0C 3B0

Lowest or any tender not necessarily accepted.

## take a break > GAMES

### SUDOKU

		9		5				4	
			7			5	1	6	
		3				1	7		
1								3	2
	4	8							
2					5	8			
	8			2	1	6			
3	9								

Fun By The Numbers  
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	2	3	4	5	6	7	8	9
6	9	9	1	2	6	4	8	7
7	6	8	9	4	8	1	9	2
9	9	6	2	8	1	8	7	4
2	8	7	4	6	8	9	9	1
8	2	1	7	9	9	2	6	8
9	1	9	6	7	4	2	8	6
6	8	2	8	1	9	4	7	9
4	7	8	8	9	2	6	1	9

Sudoku Answer

S	E	S	I	N	V	S	A	V	T	E	G	
N	O	I	J	Y	N	S	E	A	B	O		
N	O	S	V	E	N	P	O	S	L	E		
N	O	T	V	E	N	I	L	I	V	E		
N	V	T	H	E	A	N	S	H	O	V		
G	I	V	E	A	D	V	S	O	V	E		
G	N	O	H	A	N	I	V	E	S			
Z	E	H	S	I	S	N	V	A	S	I		
S	E	V	E	S	E	L	L	S	N	E	H	
S	I	N	O	V	S	O	V	O	I	O	H	
N	O	S	E	A	T	I	E	D	V	I	N	
S	I	N	V	T	H	E	A	N	S	H	O	V
S	E	T	H	E	A	N	S	H	O	V		

Crossword Answer

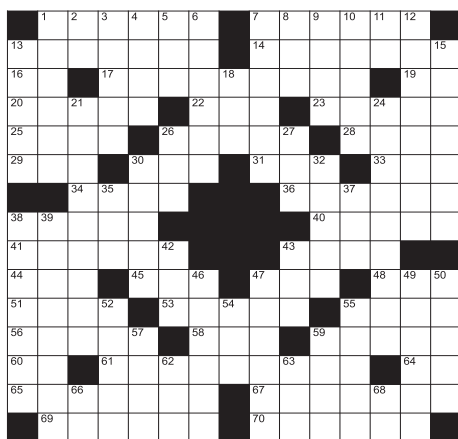
## CROSSWORD

### CLUES ACROSS

1. Seed part
7. Productive
13. Popular cocktail
14. Sausages
16. Western state
17. Natural desires
19. Defunct British automaker
20. Early media tycoon
22. Move from one place to another
23. Letter of Semitic abjads
25. Female birds
26. Umbrella brand
28. Delinquent
29. Tax collector
30. Cooking tool
31. Female sibling
33. Flat-topped hat
34. Angolan currency
36. Boardwalk candy
38. European nation
40. Leaflike part of palm
41. Removed with solvent
43. Uttered words
44. Unfashionable person
45. Disappointed
47. Controversial device in soccer
48. 007's creator
51. Pain
53. UCLA mascot
55. Razorbill
56. Turkic people
58. Mimic
59. Crime involving fire
60. And, Latin
61. A saponaceous quality
64. Dorm employee
65. Estate lands
67. States
69. They slow you down
70. Gets up

### CLUES DOWN

1. One or the other



2. Doc
3. Songs have them
4. Record of payment (abbr.)
5. Speak endlessly
6. American state
7. Digressions
8. Tell on
9. Brews
10. Belongs to the bottom layer
11. American cigarette brand
12. Legal voting age in US
13. Dish
15. Expelled air from the nose
18. Body art
21. Fierce, destructive act
24. Bear bright yellow flowers
26. Japanese delicacy
27. Get off your feet
30. Male organs in some invertebrates
32. \_\_, so good

35. Cleverness
37. Protest yacht
38. Anesthetized
39. Mollified
42. Touch lightly
43. Diego, Francisco, Anselmo
46. Some windows have them
47. National capital
49. Squirrels like them
50. Grandmothers
52. Painter's tool
54. News organization
55. \_\_ and thesis: musical term
57. Famed activist Parks
59. \_\_ Spumante (Italian wine)
62. A number or amount not specified
63. Body part
66. Of I
68. Old English



## Rural Municipality of Armstrong

### EMPLOYMENT OPPORTUNITY

#### Seasonal Public Works Employee

The Council of the Rural Municipality of Armstrong invites applications for the position of temporary/seasonal **Public Works Person** with the possibility of a permanent position.

#### Specific Duties and Responsibilities:

- Operates tractor and mower;
- Cuts grass on roadsides, parks and cemeteries;
- Installs and repairs culverts; • Hauling and loading of culverts;
- Installs and repairs signs; • Gravel checking;
- Use of various power tools and equipment;
- Minor property/building maintenance;
- Snow clearing of sidewalks and parking lots;
- Marking/measuring dust control sites and flagging roads;
- Assistance at the Waste Transfer Stations and Waste Disposal Grounds as required;
- Other duties as assigned.

#### Working conditions:

- Seasonal, working hours set as per weather conditions and work availability;
- Must be able to handle moderate physical tasks as some heavy lifting may be required.
- Safety procedures and use of safety equipment are required.

#### Skills and experience:

- Graduation from (Grade 12) High School Program or an equivalent combination of training and experience;
- Experience in road construction and maintenance;
- Ability to work with minimal supervision; • Supervisory skills;
- Good communication and interpersonal skills; • Valid driver's licence;

Salary, depending on experience. Persons applying should submit letter of application, including a current drivers licence, on or before 4:30 p.m. Thursday, May 21, 2020 to:

RM of Armstrong Office  
Box 69, Inwood, MB R0C 1P0  
Fax: 204-278-3437  
Email: [cao@rmofarmstrong.com](mailto:cao@rmofarmstrong.com)

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

**Classified booking deadline is Monday at 4 p.m.  
prior to Thursday's publication.  
Please Call 204-467-5836**



# Announcements

Stonewall Teulon  
**Tribune**

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

## CARD OF THANKS

I would like to thank everyone who participated in my surprise drive-by 65th birthday parade! It was nice to see all my family and friends during this time of social distancing.

-With much love,  
Rose Farmer

## ANNIVERSARY



Happy Anniversary  
to our parents and grandparents,  
Elmore and Eileen Loehmer  
who celebrated their  
60th wedding anniversary  
on May 7, 2020

Wishing you many more years of health and  
happiness.

-Love your family

## IN MEMORIAM

Irene Trann  
May 12, 2018

Mother, you left us beautiful memories.  
Your love is still our guide,  
Although we cannot see you,  
You're always at our side.

-Your loving family

## BIRTHDAY



Happy 16th Birthday  
Alexandra Descoteaux  
May 18, 2004  
Love to our precious  
Granddaughter who is now  
A young lady.

-Grandma and Grandpa  
Ed and Adeline Helwer

## IN MEMORIAM



Dominik Krupnik  
October 5, 1923 - May 12, 2016

Dad was the cornerstone of his family. Never  
would he ever not allow any family member  
not to enter the family farm. Nor place money  
or material things as an idol. Always treated  
his family equal and good to everyone.

-Greatly missed,  
Wanda Gossilin and  
son Ed Krupnik

## IN MEMORIAM



Bert Clarke

June 22, 1948 - May 12, 2019

Dear Bert,  
It's been one year since you suddenly left us,  
The year had more downs than ups,  
But the Bombers did win the Grey Cup!!  
Oh, how you are missed!!  
Loving you always,  
Forgetting you never.

-Love Dianne,  
Brent and Jared

## OBITUARY

Glenwood Keith Carter

Glen left the world in the same way he lived: gentle and quiet.  
After a long battle with kidney disease and multiple myeloma, he  
passed on April 18, 2020, at Trillium Lodge, Parksville, BC, with the  
love of his life, Nancy, at his side.

He was a true gentleman, adored by his family and respected  
by friends. Glen loved his family, nature, farming and dogs - not  
necessarily in that order.

Glen was born to Charlie and Ethel Carter (Goodall) on December  
17, 1929, in Teulon, MB. He spent his youth on the family farm  
down the road from Hartley School with his sister Betty and across  
the road from cousins Ernie, Bernice and Francis Carter. He lived  
with his parents and farmed with his father, Charlie, for many years.

He married Nancy Paul of Gunton, MB, and local teacher of  
Hartley School, on November 4, 1961. Glen and Nancy moved to  
the yard next door to Charlie and Ethel. During this time, Nancy and Glen had three children,  
Janice, Keith and Kim and several dogs.



Spring was Glen's favourite season. Every spring, he turned into a kid at Christmas; it was time  
to farm. Winter was the time to plan, and summer was the time to work. A favourite family activity  
was crop touring. Dad turned into a botanist, checking on his crops daily, smiling from ear to ear.  
He shared his love of farming with his son, Keith; they farmed together until they sold the farm  
in 2003. Glen was an advocate of the Canadian Wheat Board and a recipient of a 50 years Long  
Service Certificate from The Canadian Seed Growers' Association.

When Glen was not farming, he spent his time at the Petersfield Curling Club. Glen had the  
opportunity to compete in the Provincial Masters Curling Bonspiels for several years. Nancy  
and Glen were also frequent attendees of the Silver Broom, now known as the World Curling  
Championships.

After retirement, Glen and Nancy moved to French Creek on Vancouver Island, where he joined  
PGOSA's walking group and spent time walking nature trails with his family and new friends.

Glen is survived by wife Nancy; sister Betty; children Janice (Myles), Keith (Donna) and Kim  
(Stephen); grandchildren Brittni (John), Amanda (Stephen), Kendall, Mason, Sarah, Laura, Emma  
and Iacon; six great-granddaughters Paige, Kara, Hailey, Brooke, Sydney, and Quinn; sisters-in-  
law Elaine (Len), Linda (Gerd), Barb and extended family.

A celebration of life is to be announced for a later date.

In lieu of flowers, please donate to your local food bank.

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> MEAL IDEAS



Recipe courtesy of "Browned Butter Blondie" on behalf of C&H  
Prep time: 15 minutes  
Cook time: 50 minutes  
Nonstick cooking spray  
2 cups all-purpose flour, spooned and leveled  
1 teaspoon baking powder  
1/2 teaspoon baking soda  
1 teaspoon kosher salt  
10 tablespoons unsalted butter, at room temperature  
1 3/4 cups packed C&H Golden Brown Sugar  
1/4 cup C&H Granulated Sugar  
2 large eggs, at room temperature  
1 1/2 teaspoons vanilla  
1 cup full-fat Greek yogurt  
C&H Confectioners' Sugar, for dusting  
Heat oven to 350 F.  
Grease 10-cup bundt pan with nonstick cooking spray. Set aside.

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## Brown Sugar Bundt Cake

In medium bowl, whisk flour, baking powder, baking soda and salt. In bowl of stand mixer fitted with paddle attachment, beat butter, brown sugar and granulated sugar until light and fluffy. Add eggs, one at a time, mixing well after each addition. Add vanilla and mix on low speed.  
With mixer on low, add flour mixture in three additions, alternating with yogurt. Begin and end with flour mixture. Mix until just combined.  
Pour batter into prepared bundt pan and use offset spatula to level batter.  
Bake 50-55 minutes, or until cake is golden brown and toothpick inserted in center of cake comes out clean. If cake browns too quickly while baking, cover with foil after 35 minutes.  
Remove from oven and cool on baking rack 20 minutes. Invert pan onto baking rack and gently tap bottom of pan to release cake.  
Cool completely before dusting with confectioners' sugar.



## Breakfast Casserole

4 eggs  
1 1/2 cups skim milk  
1 tablespoon mustard  
Heat oven to 350 F.  
In large saucepan, cover potato pieces with enough water to just submerge. Bring to boil. Reduce heat; simmer, covered, 5 minutes. Add onion. Return to simmer, covered, about 5 minutes, or until potatoes are just tender. Drain well. Cool slightly.  
Coat 8-by-8-by-2-inch baking dish with nonstick cooking spray. Place potato-onion mixture in baking dish. Sprinkle with 1/4 teaspoon salt and pepper. Gently stir to combine. Sprinkle ham and cheese on top.  
In medium bowl, lightly beat eggs. Whisk in milk, mustard and remaining salt. Pour over layers in baking dish. Bake, uncovered, 40-45 minutes, or until knife inserted near center comes out clean. Let stand 5 minutes before serving.

Recipe courtesy of Marcia Stanley, MS, RDN, on behalf of Milk Means More  
Prep time: 25 minutes  
Cook time: 45 minutes  
Servings: 6  
1 pound red or white potatoes, scrubbed and cut into 1/2-inch pieces  
1/2 small onion, coarsely chopped (about 1/2 cup)  
nonstick cooking spray  
1/2 teaspoon salt, divided  
1/4 teaspoon pepper  
1 cup reduced-fat and reduced-sodium, chopped, cooked ham (about 4 ounces)  
1 cup (4 ounces) shredded Swiss or cheddar cheese

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