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# Stonewall Teulon Tribune

VOLUME 7 EDITION 13

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## Baskets of fun



Students in grades 4 and 5 from Warren, Grosse Isle, Balmoral and Woodlands tested their skills on the court in a tournament held last week at Woodlands School. This is the first time that the younger students had a chance to take part in competitive basketball against other schools and organizers are hoping the tournament will become an annual event. See story pg. 3.

TRIBUNE PHOTO BY NATASHA TERSIGNI

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# Local cadets prepare for 2016 Manitoba Airshow

By Jennifer McFee

The sky's the limit for local cadets who are preparing to help out at the 2016 Manitoba Airshow.

The 301 Alan McLeod V.C. squadron will be volunteering at the main gate, and some of the more senior cadets will likely help with the displays.

Commanding officer Capt. Pam Graves said they hope to take the whole squadron to the event, which is set for June 4 at the Southport Airport in Portage la Prairie. As well, other cadet squadrons from the city and surrounding areas will also be involved.

"Our cadets are going to be involved in the opening parade and closing parade," Graves said. "There are quite a few things going on."

Students have the chance to win a

flight in an airplane at the event by participating in a writing contest.

Liane Wiebe, education director for the air show, encourages youth in grades 4 to 12 to submit an entry.

"We are trying to get more youth in the air show and encourage them to learn about planes," she said.

To enter, students must write a half-page composition describing what they imagine it would be like to ride in an airplane or describing what they will learn from flying in a plane. In total, 100 students will win a free flight.

"We encourage teachers to tell their students about it," Wiebe says. "We emailed school divisions to send out posters and entry forms to all the schools and all the teachers. The kids can hand them into the teacher, who



PHOTO COURTESY OF THE COURIER & PRESS VIA AP/ERIC MCCrackEN

The Canadian Forces Snowbirds demonstration is scheduled to take place at the 2016 Manitoba Airshow at the Southport Airport.

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can pass them on to us."

The deadline to enter the contest is May 27. In addition to submitting entries to teachers, students can also submit their entries by email to mbairshowcontests@gmail.com.

As well, Grade 6 teachers from any school division can contact mbairshowcontests@gmail.com to receive free \$10 tickets for every student in their class.

"We are trying to focus on Grade 6 because there's a whole unit on aviation and planes in the Manitoba curriculum," Wiebe said. "We have 1,000 free tickets right now and it's first come, first served."

Other youth-friendly activities include scavenger hunts, model building, airplane tours, lessons on flight

theory and much more.

As well, spectators can enjoy displays by the Snowbirds, the Canadian Forces CF-18 Demo Team, the Sky Hawks Parachute Team, and Canadian Forces Search and Rescue technicians.

The air show will also include a 180-vehicle car show, musical entertainment, an artisan market and much more.

About 400 volunteers are needed for the day of the event, and Craig Gilson of Narcisse is working hard to recruit helping hands. The U of M student is promoting the opportunity at the university campus and beyond — and interest is soaring as far as Inwood, where Gilson went to school.

"I thought I'd take this opportunity to help spread the word," he said. "I'm

sure there's going to be tons of people from the Interlake coming to the air show."

For more information, to sign up as a volunteer or to buy tickets, visit [www.mhairshow.com](http://www.mhairshow.com).

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# Woodlands School hosts inaugural basketball tournament

By Natasha Tersigni

As a way to further teach the fundamentals of the game and introduce the younger students to competition, four Interlake School Division schools held an inaugural basketball tournament for Grade 4 and 5 students last week.

Students from Balmoral, Warren, Grosse Isle and Woodlands schools had a chance to test their skills in a day-long tournament hosted on March 23 at Woodlands School.

With competitive games usually reserved for higher grades, organizers wanted to give the younger students a chance to play competitive basketball in real games and help to further grow the sport in their respective schools.

With teachers as coaches and Grade 8 Woodlands students as referees and

score-keepers, the younger students had the opportunity to develop their basketball skills in the fun tournament.

"The tournament was an excellent experience for the students and they were able to gain confidence on the court as there was no score-keeping, fair play rules and loads of fun was had," said Grosse Isle teacher Monica Baldwin.

"It was also an excellent opportunity for the students to connect with other students and the students that they will go to high school

**"THE TOURNAMENT WAS AN EXCELLENT EXPERIENCE FOR THE STUDENTS."**

with."

Organizers are hoping that the tournament will become an annual event and that other schools will become involved.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Thomas Boonstra of the Warren Wild spins around to find the basket.

## Food drive set for April 2 in Stonewall

Staff

It's time to show your generosity at the South Interlake Food Bank drive, which will take place in Stonewall on Saturday, April 2.

Volunteers for the annual event will set up information stations at locations throughout town, including at Family Foods, Red Apple and Marketplace. They will meet and greet shoppers with a focus on providing information without any

pressure to donate.

At each of the locations, shoppers will have the opportunity to provide non-perishable food items or monetary donations.

The donation drive will run from about 9 a.m. to 4 p.m., but hours may vary in each location.

All donations will stay within the local community. On last count, an estimated 55 households in the district are using the food bank.

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# Pallister promises flood protection priority if elected

By Jeff Ward

At an announcement on the shores of Johnson Beach, just north of St. Laurent last week, PC leader Brian Pallister told a small crowd that, if elected, the Lake Manitoba outlet project will become a top infrastructure priority.

Approximately two dozen people showed up to the announcement to hear Pallister talk about his commitment in keeping Manitobans and their communities safe. Pallister said that to accomplish his commitment, the construction of the Lake Manitoba outlet — a project that has been started by the current NDP government — should be a top priority. Interlake MLA PC candidate Derek Johnson, who was a flood victim during the destructive flood of 2011, introduced Pallister. Other than safety, one of the biggest reasons Pallister wants to complete the massive half-billion dollar infrastructure project is to reduce any potential future flood claims. He said that spending this money now proactively saves money in the future.

"Today I am announcing that a Progressive Conservative government is committed to completing this project and will provide our share of provin-

cial funding to get it done," Pallister said.

"Manitobans living around Lake Manitoba have waited far too long for relief — a PC government will make it a top priority to stop the delays and get shovels in the ground."

Pallister said that his party would do what it takes to get the outlet built in five years. That is four years longer than what he said he could deliver in August 2014 to a group of people outside the Manitoba Legislature rallying for post-flood support. Pallister said during that rally that he could complete the project in one year.

The federal government committed \$248 million to the project in its budget last Tuesday, and Pallister said that his party could commit more money to the channel if necessary.

For MLA candidate Derek Johnson, the commitment from Pallister carried with it a bit more emotion.

"Personally, I was evacuated for four and a half months through the 2011 flood and that's nothing compared to what I've seen," said Johnson, who was a councillor for the RM of St. Laurent during that time.

"The devastation that we witnessed was unprecedented according to dollar values. It wasn't just people's

**"IT WASN'T JUST  
PEOPLES HOMES  
AND COTTAGES;  
IT WAS THEIR  
DREAMS AS  
WELL."**



TRIBUNE PHOTO BY JEFF WARD

PC leader Brian Pallister announced his commitment to make the Lake Manitoba outlet a top infrastructure priority if elected next month.

homes and cottages; it was their dreams as well. A lot of people had their dreams washed away so this is a great announcement."

When asked if he would continue on

with the plan the current NDP government is working on right now, or if his plan would be different, Pallister said, "the NDP plan is coffee parties; our plan is moving dirt."

## letters

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## Reeve Smee should pay her own legal costs

Council authorized a partial payment of \$24,287.39 to be made to D'Arcy Deacon, with Coun. Angela Emms in opposition. (That got my attention). So I contacted Coun. Emms to find out more. She informed me the was payment for legal costs incurred by the RM for Frances Smee regarding her leave of absence issues. I found this absurd. Why would the ratepayers of Rosser pay Smee's legal bills, and why would the rest of council approve it, so she can keep her job?

I also found this very hypocritical of this council because at a previous meeting that I attended, where Coun. Emms had a \$300 invoice for contacting a parliamentarian for an opinion on this issue, and council would not approve her invoice for payment.

Furthermore, under the pretence of trying to watch how much money council is spending, they decided to get quotes to see what the costs would be to have the parliamentarian and D'Arcy Deacon lawyer discuss this at a public meeting (scheduled for March 31). So who made the decision to contact D'Arcy Deacon in the first place regarding Francis Smee's leave of absence, and where is the resolution that those expenses

be paid by the RM for what ensued?

Coun. Emms commented in a previous article about corruption in this council. That is sounding more accurate all the time.

This kind of reckless spending can only lead to more deficits by this council, something that was probably a first for this RM. I find a deficit under Reeve Smee's leadership kind of ironic because of a conversation I had with her during her first year in office. When I stated that the RM would collect more taxes from a 10-acre parcel if a home was built on it than 10 acres of farmland, and her reply was we (referring to the RM) don't need the money. See how quickly things can change.

In closing, if after March 31, there is still no clear resolution about Frances's leave of absence, then it should be decided by a court of law, not by two or three friends on council, or the opinion of one lawyer paid by the RM. Reeve Smee should pay her own legal costs. Should she win her case, she can apply to the courts for cost like anyone else.

George Bourguoin,  
Resident of Rosser



# Local students nominated for Women of Distinction award

By Natasha Tersigni

Contributions to their school and community, has earned two Stonewall Collegiate Institute (SCI) Grade 12 students a nomination for a YMCA-YWCA Women of Distinction Award in the Prairie Award of Promise category.

Hilary Ransom of Stonewall and Nicole Conan of Stony Mountain have been named as finalists for the provincial award and will find out in May if they have won the award that includes a \$2,000 scholarship towards their post-secondary education.

Conan, who will be attending the Canadian Mennonite University this fall, is an active member of many student groups at SCI including Human Rights, Fair Trade and Teen Talk. Along with spending many of her lunch periods peer tutoring, Conan also makes time to volunteer in the community including at We Day and Siloam Mission.

Ransom has been accepted to the Asper School of Business at the Uni-

versity of Manitoba, where she hopes to major in actuarial mathematics. At SCI, she is involved with Teens Against Drunk Driving, the Human Rights group and the leadership team. For years Ransom has volunteered with the literacy program at the South Interlake Regional Library in Stonewall, has been a volunteer dance teacher at Evolution Dance Company and a page at the Manitoba legislature.

For excelling in her classes, involvement in school activities and community volunteer work, Ransom was also recently one of six recipients of the 2016 University of Manitoba Leader of Tomorrow scholarship. For that award, she will receive \$16,000 over four years towards her tuition.

"It is very exciting to be able to have this scholarship to put towards my education. It is also nice because through the application process and receiving the scholarship, we were able to meet others who applied for the award and students at the U of M in their third and fourth year cur-



Hilary Ransom



Nicole Conan

rently finishing up their degree. There is group of the Leaders of Tomorrow at the university. This is nice as there is support there already in place," said Ransom

Both nominees will be attending the YMCA-YWCA Women of Distinction

Awards Gala on May 4 at the RBC Winnipeg Convention Centre, where they will be honoured for their contributions to the community along with fellow Women of Distinction award nominees.

# Woodlands council moves forward with natural gas expansion

By Natasha Tersigni

With interest from Woodlands residents, Manitoba Hydro is moving forward with their plan to bring natural gas to the hamlet of Woodlands.

Following a public meeting in November hosted by Manitoba Hydro and one by the RM of Woodlands on March 17, officials with Manitoba Hydro have decided to move forward with extending their natural gas pipeline from Warren to Woodlands.

To help with the costs associated with the project, the RM of Woodlands passed a resolution during their March 22 meeting to contribute \$60,284 from their economic development reserve fund for the project.

## Warren Mobile park expansion

After applying to the RM to rezone the land adjacent to the mobile park in Warren, the owner, Calar Holdings Ltd., has withdrawn the application and has decided not to expand the

park.

At a November 2015 public hearing held to discuss the rezoning of the proposed land expansion, a number of residents spoke against the expansion of the Warren Mobile Home Park, saying they don't want the park to expand as it would encroach on their own property and could potentially lower home or property values in the neighbourhood.

The land where the park was going to expand is currently owned by Eleanor Baldwin. Calar Holdings' purchase agreement of the land was contingent on the rezoning bylaw being passed.

## Feed mill conditional use permit granted

Council approved a conditional use permit for Rock Lake Colony to build a new feed mill to replace the current one, as well as to operate an agri-business related to the feed mill following

a public meeting during the regular meeting on March 22.

The mill needed a conditional use permit as the proposed height of the new mill, at 160 feet, exceeds the RM's bylaw of 99 feet.

Colony members Andy Gross and Ben Hofer were both present at the

public hearing but there were no concerns or opposition from the public.

Before the RM enters into the final conditional use agreement, the council wants to determine how noisy the mill will be and will set a decibel level that the colony has to follow in order to operate the mill.

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## Maritimer has fishing in his blood

Hi folks.

Remember that gal Jenny Rowland we met on the Red a while back from Nova Scotia who found angling partners on the Internet?

Well, I met another Nova Scotian — Steve Murphy, originally from around Cumberland County — who, like Jenny, has fishing in his blood. I was driving alongside the Red north of Selkirk some time ago and spied a lone pop-up tent on the still thick ice.

My inquisitive nature took over, and finding a jump-off trail onto the ice, I headed for the shack. Close to it, I left Old Red as the zipper door opened and our newest fishing friend stepped out.

Steve had a quiet yet outgoing nature. As we exchanged stories, he fondly recalled memories of river trout and ocean shore mackerel fishing with his dad. It was easy to see Steve loved fishing as he talked of different angling techniques while showing me some of his catch.

Some weeks ago, I tried to get down the steep winding Yellow Brick Road onto the ice at Belair. The road before me was like a skating rink. Halfway down, with my hands tight on the steering wheel, I debated whether going further was adventurous or stupid.

I chose stupid.

I turned Old Red around and went in search of anglers elsewhere. That doesn't mean I liked it. It bothered me that I hadn't gotten down there, so guess where I was a few days ago?

Happily, the road was decent now and away I went down to anglers on the very passable slightly snow-covered, sun-drenched Lake Winnipeg



**TRIBUNE PHOTO BY ARNIE WEIDL**

Steve Murphy from St. Andrews with some of his catch on the Red north of Selkirk.

ice. The afternoon was warm and folks were scattered all over the ice pack.

Straight ahead of me a half-mile out were two fishermen standing over their ice holes. The truck glided over the smooth snow, and upon reaching them, I rolled to a stop. With the door opened, I asked how the fishing was going. Our newest acquaintances — and, as it turned out, very new Winnipeggers — were Ilan Mazes, a young, tall, thin chap originally from Medellin, Colombia, and his buddy, a bit older with a heavier build, Luies Zalamillo from Buenos Aires, Argentina. As we passed the time, Ilan said they like coming to Belair for the master-sized pickerel.

Later, Luies told how in Argentina he fished in the Platte River for dorado, a fish related to the piranha that has a very serious mouthful of teeth.

The dorado apparently will bite you if they find you in the water but will swim away if you make noise. If I ever find myself in the water there (which isn't likely), I'll remember to bring a big drum.

I guess it was two or three weeks ago when I had an urge to go see what was going on at Shoal Lake again. As I got close, ahead of me on the road was a white truck that had been converted to a camper. We both parked at the ice's edge since everyone was walking out and I struck up a conversation with the driver. After getting to know each other a bit, our new fishing brother, Coni Cristin from Winnipeg, had a story for us.

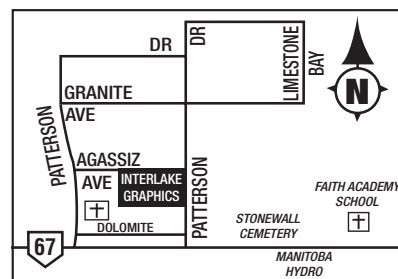
He was winter fishing here using two holes, and a rod in one of the holes took a nosedive into the water. Thinking quickly, Coni jigged the line in the other hole, hoping he would snag it. Believe it or not, he did. But when he pulled it up, not only was a small perch hooked but hanging onto its tail was a medium-sized jackfish.

Coni laid them out on the snow and separated them. He checked the perch, and seeing it was no worse for wear, he sent it back down the ice hole. He then turned his attention to the jack. He didn't want to keep it for an eater and didn't want to put it back in the water right away, thinking he would give the little perch a fighting chance to get away.

So he put the jack in a pail of water, let it "cool its fins" for a while and then sent it back to its watery home. What a sportsman.

Well, I hope you all had a happy Easter. Bye for now.

**Advertising Deadline: Monday 4:00 pm prior to Thursday Publication**



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# Woodlands hires new Economic Development Officer

By Natasha Tersigni

In keeping with their commitment to the Woodlands Community Development Corporation (CDC), the RM of Woodlands council has hired a new economic development officer (EDO).

Renée Simcoe started her position on March 21 as the new full-time EDO and will be responsible for economic growth in the community with part of her time spent working directly with the CDC.

Simcoe, who is from Teulon, is familiar with the RM and is excited to start the new position.

"It is an exciting position and I will be starting off by just getting out into the community and meeting people involved with businesses and different organizations. I really want to see what is already in place and then find out what the community wants and needs in order to grow," said Simcoe.

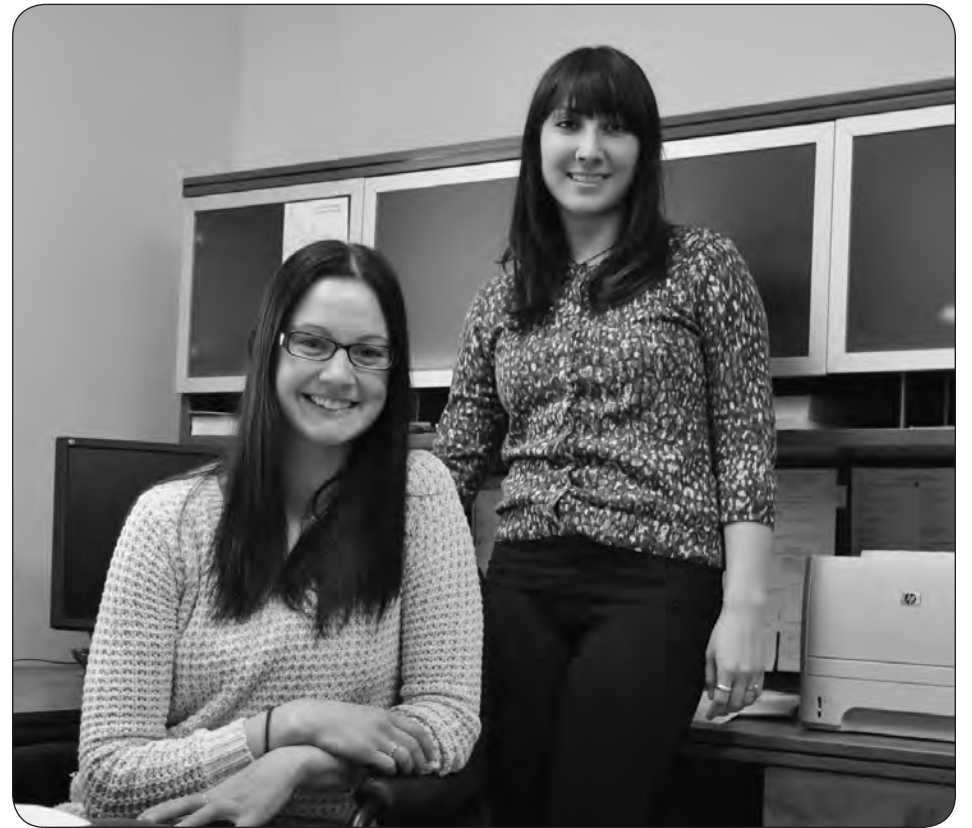
In the past, the EDO has been responsible to report to the CDC, to support economic development and to oversee all the planning requirements in the RM. When the previous EDO, Alain Beaudry, left the position in June 2015, the RM decided to split the position into two separate jobs: an EDO and a planning clerk.

Kaitlyn Fleury was hired as the planning clerk in the summer and the council took their time to decide whether or not an EDO was needed in the RM.

Following a presentation by the CDC at a council meeting last October, council decided to move forward with hiring a full-time EDO. Along with promoting the community and other economic development projects, Simcoe will work with the CDC, a volunteer-run corporation funded by the RM of Woodlands, to help the organization reach their mandate. This includes provide strategic leadership and support for sustainable economic development in order to retain and employ youth, enhance community services, amenities and pride, and to facilitate ongoing growth in population, business and economic activity to the benefit of current and future residents of the municipality.

With the two new positions, both Fleury and Simcoe will work closely to continue to support growth in the community.

"My position is focused on land use and zoning, and along with Renée, we will work closely to ensure development in the RM," added Fleury.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Hired as the new economic development officer for the RM of Woodlands, Renée Simcoe, pictured right, will work closely with planning clerk Kaitlyn Fleury to continue to promote and strengthen economic development in the community.

## Interlake Tourism Assoc. holds AGM, celebrates successes of 2015

By Jeff Ward

Approximately 50 people attended the Interlake Tourism Association (ITA) annual general meeting (AGM) last Thursday at the Royal Canadian Legion Hall in Lundar to discuss successes of 2015 and plans for 2016.

Travel Manitoba CEO Colin Ferguson updated members on the tourism industry and how he plans to stay competitive and market Manitoba to the world. Ferguson said that tourism is a \$1.6 billion industry in Manitoba and that Travel Manitoba is bigger than the wheat industry.

He also explained how the 96/4 plan adopted by the provincial government in last year's throne speech will help create a sustainable funding model to boost tourism and market the province globally. The 96/4 plan lets the province keep 96 per cent of the tax dollars created by tourism — \$250 million — and Travel Manitoba keeps the remaining four per cent to be used for marketing. There were also updates from the Home for the Holidays 2015 tour in Selkirk and the Interlake Barn Quilt Trail.

"There's an impressive amount of passion behind those programs, and Home for the Holidays is a home run, in my opinion," said Ferguson.

"It took them weeks to sell out their tickets last year, but I think it'll only take them hours this year because of how incredible that program is. Programs like that, the Interlake Barn Quilt Trail and Unlocked, showcase the history, culture and passion for rural communities. These are all things that we'll add to our larger campaigns as they grow."

After the updates, ITA manager Gail McDonald went through a short review of 2015. She said that, due to amalgamation, municipal memberships dropped to 18 in 2015, which resulted in a decrease of membership dollars by approximately \$500. Industry memberships also dropped in 2015 due to retiring owners and struggling golf courses.

McDonald also said that while the expectations from members and the public have continued to rise, the funding has not kept up. She said that between 30 and 50 per cent of her time is spent looking for money to continue to run the organization.

"Believe me, I talk with Colin [Ferguson] and people in government often about increasing our funding," said McDonald.

Despite the struggle to keep the ITA running, McDonald is proud to see all



TRIBUNE PHOTO BY JEFF WARD

Travel Manitoba CEO Colin Ferguson spoke to Interlake Tourism Association members about the competitive industry and commended members on their programs that bring new tourists to the Interlake each year.

of the new initiatives and incredible ideas that Interlake residents come up with that entice people to visit. She said that programs like the ones already mentioned create positive buzz and provincewide recognition to the

Interlake.

A short election was also held for a vacant industry board member, and Graham Cox from Lake Winnipeg Adventures of Gimli was nominated and elected to fill that position.



# Carving show and competition celebrates 30th anniversary

## News Release

The Prairie Canada Carvers' Association will celebrate its 30th annual carving show and competition at Canad Inns Polo Park in Winnipeg on April 16 and 17 and host for the first time ever a special duck head decoration challenge.

"The one-time duck head challenge is all about colouring and decorating a flat duck head cast in a creative imaginative way," said association chairperson Lynda Baxter. Winning heads will be selected by people's choice ballots

cast throughout the weekend and cash prizes awarded on the afternoon of Sunday, April 17.

"The 2016 championship is a celebration of the wonder of crafting art from wood, stone, bone and antler," said Baxter.

The 2016 competition is expected to draw 300 handcrafted carvings and turnings from 100-plus entrants from Ontario, the Prairie provinces and adjoining states. The show is open from 9 a.m. to 4 p.m. Saturday and Sunday.

Sunday, April 17 is the best day for



public viewing as the judging is complete and carvings are displayed with award-winning ribbons. Admission for the show is \$5 for adults; children under 16 are admitted free.

The general public will also be able to purchase original handcrafted carvings from a sale table and bid on a variety of original carvings during a live auction on Sunday at 2 p.m. Children are welcome to colour a cut-out fridge magnet of a fish. All visitors are welcome to attend free seminars on Sunday morning and cast a ballot for

the People's Choice Award.

Members of Les Gens de Bois Woodcarving Club, Adanac Carvers Association, the Oak Hammock Marsh Carving Guild and the Woodturners Association of Manitoba will be demonstrating woodworking techniques throughout the show. Volunteers from the Wildlife Haven Rehabilitation Centre will also be available with live hawks and owls on the Sunday.

For more information, contact Lynda Baxter at 204-791-5404 (lyndabaxter0@gmail.com) or visit the website [www.prairiecanadacarvers.com](http://www.prairiecanadacarvers.com).

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## Former ISD assistant superintendent accepts position in Steinbach



Wayne Davies

## Staff

Former Interlake School Division (ISD) Assistant Superintendent Wayne Davies has accepted a position with the Hanover School Division as the vice-principal at the Steinbach Regional Secondary School.

Davies resigned his position Dec. 31, 2015, with ISD after just 16 months working for the division, citing that he wanted to spend more time with his family.

Before working with the ISD, Davies was principal for eight years at École Selkirk Junior High and Robert Smith School with the Lord Selkirk School Division. During his time in Selkirk, Davies was named to Canada's Top 40 Principals for 2014 by the Learning Partnership.

Davies will begin is new position in Steinbach in September 2016.

SERVICE CLUBS - Serving our Communities					
<p><b>Royal Canadian Legion Branch No. 52</b></p> <p>\$33-\$38 member/year depending when dues are paid. The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. Meetings are held on the 2nd Tuesday of the month at Stonewall Legion Club Room.</p>	<p><b>South Interlake Ag Society</b></p> <p>Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year</p> <p>It encompasses the needs of the three municipalities that it serves – Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.</p>	<p><b>Teulon Women's Institute</b> Phone 886-2216</p> <p>Fee: Nominal membership may apply Motto: "Home and Country"</p> <p>The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.</p>	<p><b>Oak Hammock Marsh Interpretive Centre</b></p> <p>1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca</p> <p>The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.</p>	<p><b>Quarry Toastmasters</b></p> <p>Brenda 467-5088</p> <p>Quarry Toastmasters meet every Tuesday 7:15 – 8:45pm at the Stonewall Collegiate in the Library. We work to build up your confidence in public speaking – individually or in a group. We help you plan what to say and to have fun doing it.</p>	<p><b>Kin Clubs of Stonewall</b> Motto "Serving the Communities"</p> <p>Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships.</p> <p>Kinsmen President Chris Luellman 467-8770</p> <p>Kinette President Jean Burchuk 204-467-2925</p>
<p><b>Teulon &amp; District Agricultural Society</b></p> <p>Lana Knor, President 467-0740</p> <p>The Teulon &amp; District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon &amp; District Ag Fair and the Annual Teulon Pumpkinfest.</p>	<p><b>Interlake Community Foundation, Inc.</b> 204-467-5634 <a href="http://www.interlakefoundation.ca">www.interlakefoundation.ca</a></p> <p>The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.</p>	<p><b>Stony Mountain Stonewall Masonic Lodge #12</b></p> <p>Call 204-467-2788 for Information</p> <p>Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-sectarian and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER.</p> <p>Monthly Meetings 2 B 1 ASK 1</p>	<p><b>Stonewall Ladies Auxiliary</b></p> <p>Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.</p>	<p><b>South Interlake Seniors Resource Council Inc.</b> Darcy or Corinna @ 467-2719 <a href="mailto:sisrc@shaw.ca">sisrc@shaw.ca</a></p> <p>SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.</p>	<p><b>The Liliane Baron South Interlake Breast Cancer Support Group</b> Claudette 886-2393 Joyce 467- 2473</p> <p>The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.</p>
<p><b>Knights of Columbus Stonewall</b></p> <p>Dave Couprie 467-9548 \$40/member/year</p> <p>The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.</p>	<p><b>South Interlake 55+ Inc</b></p> <p>Cheryl Cathers 467-2582 <a href="http://www.si55plus.org">www.si55plus.org</a> \$15/member/year</p> <p>This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.</p>	<p><b>Stonewall &amp; District Lions</b></p> <p>Ralph Sinclair 622 Centre Avenue, Stonewall 467-9600 Motto: "We Serve"</p> <p>Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings every 2nd and 4th Wednesday of the month at 7:30pm September thru June.</p>	<p><b>Independent Order of Odd Fellows Stonewall Lodge #49</b> Larry O'Dell 467-8882 Ross Thompson 467-2438 <a href="http://www.ioofmb.ca">www.ioofmb.ca</a></p> <p>Yearly nominal membership fee</p> <p>The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.</p>	<p><b>Stonewall &amp; District Health Centre Ladies Auxiliary</b></p> <p>Marg Bond 467-8732</p> <p>The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.</p>	<p><b>Grosse Isle Women's Institute</b> Phone 204-467-9376</p> <p>Motto: "Home and Country"</p> <p>The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.</p>
<p><b>Warren Horizons District Lions Club</b> President: Irene Tully 204-375-6522</p> <p>Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.</p>		<p><b>Warren &amp; District Lions</b> President Stu Bangle 204-322-5381 "We Serve"</p> <p>Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.</p>			



# Local fundraiser to help fund pets for vets

By Natasha Tersigni

To help raise funds to match trained therapy dogs with military veterans and Canadian first responders suffering from Post Traumatic Stress Disorder (PTSD), a group of dedicated volunteers is once again hosting a fundraiser dinner at the Royal Canadian Legion in Stonewall.

For the second year in a row, the Cvet's Pets Bud, Spud and Steak fundraiser will be held on April 30 from 5 to 8 p.m. at the legion hall. Along with tickets sales, money raised at the silent auction and 50/50 draw will all go towards Cvet's Pets, the non-profit organization started by former Winnipeg Blue Bombers long snapper Chris Cvetkovic.

Cvet's Pets funds the training of service dogs that are rescued from animal shelters, trained by volunteers and then donated to veterans or first responders suffering from PTSD. The dogs are trained in behavioural intervention and can sense when their owner has anxiety or is stressed.

For an individual that is suffering from PTSD, there are many daily tasks that can trigger their symptoms. The

purpose of the specially trained dogs is to intervene and reduce stress and anxiety levels by forcing the individual to focus on the dog instead of the trigger.

"The way that these dogs can interact with someone suffering from PTSD and help them is amazing. It is important to support the people that defend our country and that are there for us in an emergency, and this is just a small way we can give back to them," said event organizer Christie Williams.

"Cvet's Pets is great because they train rescue dogs, so it is two lives being helped at once."

Cvetkovic will be at the dinner on April 30 to further talk about the work his organization does in support of veterans and first responders.

Tickets for the event are \$20 and available at Quarry Pets in Stonewall or by calling Christie Williams at 204-461-2881.



TRIBUNE FILE PHOTO

For the second year in a row, organizers are hosting a Bud, Spud and Steak fundraiser at the Stonewall Legion in support of Cvet's Pets, the non-profit organization that funds the training of therapy dogs given to military veterans and first responders suffering from Post Traumatic Stress Disorder.

## Rosser council accepts Glacial Aggregate gravel quote

By Jennifer McFee

At the March 22 Rosser council meeting, council opted not to accept the price quotations provided by three companies to supply gravel and limestone in 2016.

Council received quotations from Borland Construction, Maple Leaf Construction and Inland Aggregates for the supply of about 15,000 tonnes of ¾" down crushed white limestone and about 5,000 tonnes of ¼" down crushed white limestone.

Borland Construction quoted \$11 per tonne for both types, Maple Leaf Construction quoted \$11.97 for both types, and Inland Aggregates quoted \$11 for ¾" and \$10.34 for ¼".

Instead of accepting those quotes, council accepted a quote from Glacial Aggregates to supply about 20,000 tonnes of ¾" traffic gravel for 2016 at a cost \$9.11 per tonne.

The RM of Rosser also established 2016 rates for hauling and spreading limestone, gravel and dirt. Hauling rates have been set at \$10.75 per tonne in Ward 1, \$8.05 per tonne in Ward 2, \$7.10 per tonne in Ward 3 and \$6.85 per tonne in Ward 4.

Tandem truck rental rates are set at

\$85 per hour, while triple axle truck rates are \$90 per hour.

In other Rosser news:

- The RM received price quotes for the public works department to buy a tractor and trade in a 2007 Kubota M125X. Leo's Sales and Service provided a quote of \$73,500 for a used leaseback Case IH Maxxum 140 tractor. As well, Mazer Group provided a quote of \$114,060 for a new 2014 Holland Bi-Directional tractor with a loader. Council accepted the quote from the Mazer Group, and the funds will come from the Machinery Replacement Reserve.

- The RM accepted an offer from Tim Baryliski of Baryliski Contracting to buy the 2011 Bull Rush Cutter for \$13,000. The money will be deposited in the Machinery Replacement Reserve.

- The RM accepted a price quote from ADM Storage to buy a used 40' HC container for recycling materials for \$7,280 plus tax. The money will come from the Machinery Replacement Reserve.

- The public works department will place a "not an all weather" road sign on Road 68N.

- CentrePort senior planner Meagan Boles provided council with information about an application to have two different property usages on 6 Roy Roche Dr. The second use would be temporary Special Planning Area Public Registry.

- Dave Nichol of Prairie Restoration and Landscape provided council with information about a funding request for seeding road allowances

in the municipality.

- Council passed first reading of a bylaw to spend and borrow money to provide a contribution to the construction of a water treatment plant, water feeder main and reservoir by the Cartier Regional Water Cooperative as a local improvement. Signing officers have been authorized to execute the documents with the Royal Bank of Canada.

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# FASD series to shine spotlight on 'invisible' disability

By Lindsey Enns

Next month, the Interlake-Eastern Regional Health Authority hopes to educate the community on what is often referred to as an "invisible" disability during an eight-week educational series.

Each week, beginning on Thursday, April 7 from 4:30 p.m. to 6:30 p.m., parents, caregivers, family members and professionals who support those with Fetal Alcohol Spectrum Disorder (FASD) will learn about a new topic related to FASD.

The Building Circles of Support sessions are being held out of the Selkirk and District Hospital, Beausejour Primary Health Care Centre, and Pine Falls Primary Health Care Centre.

FASD diagnostic co-ordinators Sherisse Picklyk Dear and Devon Ungurain, who work with families with children or youth exposed to prenatal alcohol, work in partnership with the

**"THE REALITY IS THERE IS NO SAFE TIME TO DRINK ALCOHOL DURING PREGNANCY."**

Manitoba FASD Centre to offer the sessions via telehealth.

This is the sixth year they are being offered across the region.

Sherisse said there are 130 FASD related births a year, and a lot of the children they work with either don't get a diagnosis or don't qualify for one under Canadian standards and guidelines.

"A lot of the families that have our kids struggle with a lot of things," she said. "Our kids' brains process the world differently, so the regular strat-

egies that people might use ... doesn't necessarily work for our kids.

"Some of what we do is to help caregivers understand they have the disability. We do the changing."

FASD refers to the range of effects that can occur in an individual exposed to alcohol prenatally.

The Canadian Diagnostic Guidelines advises that there is no known safe amount or time to drink alcohol during pregnancy, which is a common misconception, Sherisse said.

"The reality is there is no safe time to drink alcohol during pregnancy, so the message we want to get out to folks is that if you are trying to get pregnant, it's best to not drink," she said. "We realize there's lots of reasons women drink ... so it's just bigger and more complicated and convoluted then folks really understand."

Current research shows that about 14 per cent of women in Manitoba

report drinking alcohol before knowing they were pregnant and approximately 50 per cent of pregnancies are unplanned.

"The reality is if you have an unplanned pregnancy ... there's always a risk," she said. "Alcohol is a risk factor."

FASD is often referred to as the "invisible" disability because those mostly affected do not have noticeable physical features.

Those with FASD can have trouble with memory and understanding cause and effect, have sensory struggles and have challenges with learning. Approximately one per cent of all babies born in Canada each year have FASD.

For more information or to register for the upcoming series in Selkirk, call Sherisse Picklyk Dear at 204-785-7789.

To register in Beausejour or Pine Falls, contact Devon Ungurain at 204-753-5245.

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Stonewall Veterinary Clinic	Red River College	The Grande Bazaar
Stonewall Curves	Tim Horton's Stonewall	Quarry Physio
Terraco	Cherish Massage Therapy	The Rockwood Motor Inn
Dr. Decal	Oak Hammock Marsh	

A very special thank you to our wonderful Starting Blocks parents for their support throughout the year, we couldn't have done it without you.

Starting Blocks would like to also thank The Interlake Foundation, Youth for Philanthropy and the Manitoba Community Service Council for the Grants that we have received to purchase new toys and equipment for our Centre.

Starting Blocks is very blessed to be a part of such a supportive community. It does take a village to raise a child.

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## Fundraising event for Stonewall teen



TRIBUNE PHOTO SUBMITTED

CIS band will play at fundraising event to support local teen Dustin Singh.

### Staff

Mark your calendars for a fundraising event to support a local teen.

The Stonewall Odd Fellows Lodge and the Stonewall Kinettes are hosting a fundraiser on Sunday, May 1 for

18-year-old Dustin Singh, a Stonewall Collegiate Institute student.

To make life easier, Dustin's mother needs a bathroom upgrade in their trailer as well as a computer for school for communicating and some specialized equipment for his recently donated wheelchair.

The fundraiser starts at 2 p.m. at the Stonewall Odd Fellows' Hall, located at 374 1st St. West. The local band CSI will provide entertainment, and dessert and coffee will be served.

Admission is \$15. For tickets, contact Larry O'Dell at 204-467-8882 or Pat Moldowan at 204-467-5444.



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# Rockwood council votes against portable asphalt plant

## Rockwood council briefs

By Jennifer McFee

Representatives from Manitoba Infrastructure and Transportation provided Rockwood council with an overview of highway work in the area at the committee of the whole meeting on March 23.

The main project stretches from Highway 236 at Highway 7 in Balmoral up to the Highway 17 intersection in Teulon. The initiative features road resurfacing, intersection improvements and paved shoulders from Highway 236 to Teulon.

The contract has been awarded to Maple Leaf Construction and they're planning to start the work in the spring.

Council also heard a teleconference presentation from a representative of a mass emergency notification system called CodeRED that is used in many municipalities throughout North America. The system could be used to notify specific areas or a total community about emergencies or other important messages.

The service is based on population, and Rockwood's cost for the service would be about \$6,200 USD per

year for unlimited emergency calling through a minute-based plan for about 12,000 minutes. A discount would be available for the first year of service due to the exchange rate.

Council will consider the information.

In other Rockwood news:

- Roberta Van Caeyzeele worked her last day as acting manager of the South Interlake Planning District on March 24. She will start a new position as an administrative assistant for the RM of Rockwood on April 4.

- At the March 9 meeting, council unanimously voted against allowing for the proposed placement and operation of a portable asphalt plant on Wayne and Fran Dziadek's property. The proposed asphalt plant would have been operated by Maple Leaf Construction primarily for use in Manitoba Highways projects.

- Council approved two subdivisions, one for the Braschuk property and the other for the Gregg property.

- Council also agreed to extend the 50-kilometre-per-hour zone on Road 6E to 800 metres north of Road 85N from PR 236.

- The first regular council meeting in April will be held on Thursday, April 7. The council meeting originally



TRIBUNE PHOTOS BY JENNIFER MCFEE

Representatives from Manitoba Infrastructure and Transportation Ryan Kitson (left) and Wes Turk provided an overview of highway projects in the area at the Rockwood Council meeting on March 23.

scheduled for April 13 is cancelled.

- Council agreed to pay a membership fee of \$1,991 to the Red River Basin Commission.

- Council authorized Canada Post to implement a civic addressing system in the RM.

- Council agreed to pay \$75,000 plus GST for the operating grant for the Teulon-Rockwood Rec Commission based on the condition that an operating review will be provided back to the RM by the end of 2016.

## St. Laurent family left homeless, in desperate need of donations

By Natasha Tersigni

The community of St. Laurent is rallying together to help the family that has been left homeless after a fire completely destroyed their home on March 17.

A father and his two children, a fifteen-year-old boy and twelve-year-old girl, are in desperate need of everything from clothes to household items after a fire destroyed their mobile home located next to MTT (Petro Canada) south of St. Laurent.

The family is now separated living with relatives and local residents are rallying around the family to support them during this time.

A collection for clothing and other items has been set-up and items can be dropped off at École Communautaire Aurèle-Lemoine School in St. Laurent.

Along with the collection, efforts are being made to raise funds to help with

the re-build and to purchase other items for the home.

"We are hoping to get items to help replace some that were lost in the fire. There was no content insurance and the insurance for the home itself is failing short of actual replacement so any money that is raised will go towards the rebuild and to purchase items," said Sarah Gossen who is heading up fundraising efforts.

A social will be held on April 23 from 8p.m. to 1a.m. at the Royal Canadian Legion in St. Laurent. Tickets are \$10 and there will be silent auction, bottle draw and 50/50 raffle.

A Go Fund Me page has been started, [www.gofundme.com/becauseilove-mydad](http://www.gofundme.com/becauseilove-mydad), to collect monetary donations.

For more information on fundraising efforts or to purchase social tickets contact Sarah Gossen at 204-383-0290 or [sarahgossen@hotmail.ca](mailto:sarahgossen@hotmail.ca).

## Highway accident



TRIBUNE PHOTO BY LANA MEIER

On Thursday March 24 at approximately 1p.m. Stonewall RCMP and the Rosser Fire Department responded to a three-vehicle collision at the intersection of Highway #7 and Road 60N in the RM of Rosser. No injuries were reported and one driver is being charged with failure to yield to the right-away of traffic.



# Gas tanks help stock shelves at local food bank

By Jo-Anne Procter

Filling up at the local gas station helped stock the shelves at the local food bank in Stonewall earlier this month.

Interlake School Division (ISD) educational assistant Laurie Argan began collecting coupons when she filled up her gas tank at Stonewall's Red River Co-op only to realize that the coupons had to be redeemed in Winnipeg.

Argan then took the initiative to collect as many coupons as she could from family and friends to make a trip to Winnipeg worthwhile to use the coupons. Making it even more worth her while, Argan decided to purchase groceries with the collected coupons to donate to the Interlake Food Bank in Stonewall.

Knowing that the ISD fills many of

their fleet of school buses at the local station, Argan approached the ISD to donate their grocery coupons to her, which added up to \$672.43.

Through the generosity of others, the total amount collected was \$892.43, allowing Argan and her daughters Cameo and Callie and friends Iris and Kalista Nugent and Jo-Ann Clavelle-Tymchyshyn to purchase 50 jars of spaghetti sauce, 50 packages of spaghetti noodles, 60 cans of meat, 40 bags of oatmeal, 20 boxes of cereal, 15 boxes of soup, 25 boxes of scalloped potatoes, 40 boxes of crackers, 60 boxes of Jell-O, 40 boxes of fruit snacks and 20 boxes of cookies with the coupons.

Donations to the Food Bank are always welcome and arrangements can be made by calling 204-467-9118.



TRIBUNE PHOTO BY JO-ANNE PROCTER

A generous grocery donation was delivered to the Interlake Food Bank in Stonewall on March 21 from coupons collected from the Co-op grocery coupon program. Pictured from left: Jo-Ann Clavelle-Tymchyshyn, Edith MacDougall, Iris Nugent, Laurie Argan, Callie Argan, Kalista Nugent and Cameo Argan.

# Annual talent show kicked off spring break



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Ecole Stonewall Centennial students showcased their talents at the annual Cownadian Idol show last Friday afternoon to kick off spring break. The Grade 5 to 8 students sang, danced, juggled, played the guitar and rode unicycles. Pictured from left to right: Grade 6 student Carter Harrison performed tricks while riding his unicycle; Grade 7 student Erik Mattson sang "Hopeful"; the Grade 7N class closed the show singing and dancing to a mash-up of popular songs; Grade 7 student Braden Bell rocked out to a medley of tunes on his guitar; and Grade 7 student Taylor Manning danced to "Mmm Yeah" by Austin Mahone.





**Sunday April 3, 2016**  
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# Paint Night fundraiser in Stony Mountain



## Wild night planned at Stonewall and Teulon libraries

### Submitted

Many of Manitoba's most noteworthy and interesting natural treasures are not well known or well promoted. The secret to exploring our wild landscape is knowing where to go and how to get there.

On Thursday, March 31, Bill Stilwell, author of the award-winning nature book *Manitoba Wild* will be at the Teulon Public Library at 7 p.m. and at the South Interlake Regional Library Stonewall branch on Friday, April 1 at 2 p.m. for a slide show, talk and book signing.

His presentation takes you on a "virtual" scenic drive to places of unmatched natural beauty with spectacular wildlife and nature-viewing opportunities. This colourful slide presentation features some of Manitoba's most unique and interesting natural places.

Stilwell is the author of the recently released national best-selling book, *Manitoba Wild*, as well as two other national bestsellers: *Manitoba Naturally* and *Scenic Secrets of Manitoba*. *Manitoba Wild* has received the national Outdoor Writers of Canada Book Award. It also received the Product Development Award presented by the CAO of Travel Manitoba.

Stilwell's dazzling slide presentation reveals unique places and the wildlife and plants that you might see if you visit them. During his presentation, he will take you on a colourful photographic odyssey throughout Manitoba. It leads you to an assortment of "little-known" places that provide amazing scenery and diversity of wildlife and wildflowers. You simply will not believe the spectacular places that are revealed and described in his book and in this presentation.

Few people know Manitoba the way that Stilwell knows it. His slide show and talk will whet your appetite for exploring this beautiful province. The more we travel, the more we realize that there is still much more to see. Everyone is welcome, so come out and meet Bill Stilwell, enjoy this colourful presentation and see special places that you likely never knew existed. See for yourself what has catapulted one of Manitoba's own local citizens to the top of the best-selling author's lists.

### Staff

Are you wondering what would be the perfect Mother's Day gift for your mom?

Why not enjoy a little mother-daughter time at a Paint Party fundraiser set for Friday, May 13 at the Stony Mountain Community Centre?

The event will raise funds for the Stony Mountain Parent Advisory Council and the Stony Mountain Community Centre.

Tickets cost \$45 and are available at [www.paintnite.com/events/1057544.html](http://www.paintnite.com/events/1057544.html). After you have received your confirmation, email Tanya Swanson at [tanyaswanson@live.ca](mailto:tanyaswanson@live.ca) if you would like her to make up a gift certificate to present to your guest.

Light snacks, wine and coolers are available for purchase at the cash bar.



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# TCl presents Peter Pan

## Staff

Talented students in the Teulon Drama program recently entertained friends and family during the production of *Peter Pan*.

The students presented the everlasting classic tale of J.M. Barrie's *Peter Pan*. The adventurous boy named Peter Pan joined the Darling children as they flew off to Neverland to meet the Lost Boys, who convince Wendy Darling to be their mother. After a run-in with the cruel Captain Hook, the Darling children and the Lost Boys are captured by pirates and need help. Luckily, Peter comes to their rescue only to find out that the Darling children want to return home to their mother with the Lost Boys. Mrs. Darling awakens from her dream to find her children have returned home, along with a few extras, but Peter Pan and Twink have other plans.



TRIBUNE PHOTOS BY LANA MEIER



# NDP name Matt Austman as Lakeside candidate



**TRIBUNE PHOTO SUBMITTED**  
Matt Austman was nominated to run as the NDP candidate for Lakeside.

By Natasha Tersigni

The NDP Lakeside Constituency Association officially nominated Matt Austman as their Lakeside candidate on March 18. Austman was unopposed and with the help of local volunteers, he is out on the campaign trail letting voters know that there is a viable NDP option for Lakeside.

Austman has worked for many years in the community economic development sector.

As a researcher and organizer, he has worked for a variety of non-profit and charitable agencies, including the anti-poverty organization Local Investment Toward Employment (LITE), and successfully coordinated efforts to lobby the City of Winnipeg to re-open the Sherbrook Pool.

He shares the NDP's vision focusing on healthcare, education and the economy.

"The people of Lakeside's concerns are similar to a lot of Manitobans. They want steady progress in healthcare, quality education and the creation of good jobs for our young people. The NDP has a lot to stand on, we have a strong record on all those things and I think we have a clear plan moving forward," said Austman.

"Those three priorities build stronger communities, and when you build

Continued on page 19

## Spring on the Road

### Five ways to fight bad smells in your car

Does the inside of your car smell awful? Here are five simple tips to make it smell good again.

#### 1. VENTILATION

An effective way to get rid of most bad odours in a vehicle is to open the doors for a few minutes or hours, depending on how bad the situation is. Make sure you keep an eye on your car the whole time, in case an animal or thief is tempted to have a look around.

#### 2. WASH

Are the smells in your vehicle caused by food or drink stains? Clean them as soon as possible with a product specifically designed for the type of covering (leather, vinyl or fabric).

#### 3. BAKING SODA

Does your car smell like cigarette smoke or gasoline? Before making an appointment with a professional cleaner, try this tip: generously sprinkle the seats, floor and carpets with baking soda. Wait overnight, and then vacuum it all up the next morning. The smell is still there? It may need a professional cleaning.

#### 4. ASHTRAY

If you smoke in the car, wash your car's ashtray with soap and warm water on a regular basis. Better still, avoid smoking while driving.

#### 5. CAR AIR FRESHENERS

A variety of air fresheners with different scents are available in stores to make your car smell as fresh as a... Daisy? Strawberry? Pine tree? Be sure to follow the manufacturer's instructions when using them because strong perfume smells can be a source of discomfort for some people.



Try targeted cleaning and airing out your car to get rid of bad smells.



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# Storytime at Stony

By Jo-Anne Procter

It was storytime on the ice at the Stony Mountain Rec Centre on March 21. The Stony Mountain Skating Club (SMSC) spring ice show “From Books to Blades” showcased 63 skaters who performed choreographed acts to favourites like Winnie the Pooh, Curious George, The Cat in the Hat, Pippi Longstocking, Harry Potter and the Wizard of Oz.

Skaters received report cards, ribbons and badges of achievement for their accomplishments throughout the season following the formal part of the ice show. Awards were presented to Dana McKee – Volunteer Coach of the Year; Trudy Nernberg – Volunteer of the Year; Emily Lupul - StarSkater of the Year; Eva Jensen – Competitive Skater of the Year; Casey Park – Program Assistant of the Year; Kaitlyn Braid and Derrick Thompson – Spirit of CanSkate Awards and Kiera Schutz – CanSkater of the Year.

All SMSC awards are advanced to Skate Canada Manitoba for nomination at the Provincial level (Skate Canada, Manitoba Section). This year, Nernberg and Schutz are also sectional recipients and will be receiving their awards at the Skate Canada Manitoba Gala Awards evening in April.

SMSC is hosting the annual “Stony On Ice” competition April 1-3 with 275 skaters from across Manitoba, Saskatchewan and Ontario participating.



TRIBUNE PHOTOS BY  
TANYA SWANSON



# get inspired

> MEAL IDEAS



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## Herbed barley bean "risotto"

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2 cups (500 mL) low-sodium vegetable or chicken broth  
2 cups (500 mL) 1% milk, divided  
2 tsp (10 mL) vegetable oil  
1 onion, chopped  
3 stalks celery, sliced  
2 cloves garlic, minced  
1 tsp (5 mL) dried herbs (thyme, rosemary, herbes de Provence or Italian herb blend)  
3/4 tsp (3 mL) pepper, divided  
1 cup (250 mL) pot or pearl barley  
1 tbsp (15 mL) whole wheat flour  
1-1/2 cups (375 mL) cooked or drained and rinsed canned unsalted Romano or red kidney beans  
1-1/2 cups (375 mL) chopped fresh or frozen green beans, thawed  
2 tbsp (25 mL) white or red wine vinegar  
1/4 cup (50 mL) fresh basil or parsley, chopped  
2 tbsp (25 mL) grated Parmesan  
Directions  
In a saucepan or in a large microwave-safe measuring cup, combine broth and half of the milk (1 cup or 250

mL). Heat over medium heat on the stove top, or on medium-high (70%) power in the microwave, for about 5 minutes or until steaming. Cover and keep hot.  
Meanwhile, in a large, deep pot, heat oil over medium heat. Add onion, celery, garlic, dried herbs, and 1/2 tsp (2 mL) pepper and sauté for about 5 minutes or until onions are softened. Add barley and flour; stir to coat well.  
Stir in hot broth mixture. Cover, reduce heat to low and simmer, stirring occasionally, for 25 minutes or until barley is almost tender. Add a little more of the milk if necessary to keep barley moist. Meanwhile, heat remaining milk until steaming.  
Stir Romano beans, green beans and remaining hot milk into barley. Cover and simmer, stirring often, for 10 to 15 minutes or until barley is tender and green beans are tender-crisp. Adjust the heat as necessary to keep the pot at a steady simmer without boiling. Remove from heat and let stand for 5 to 10 minutes to thicken slightly. Drizzle in vinegar, stirring to combine. Stir in half of the basil or parsley. Season to taste with up to 1/4 tsp (1 mL) more pepper. Serve sprinkled with remaining basil or parsley and Parmesan.

## Freedom of Speech

"I DISAPPROVE OF WHAT YOU SAY, BUT I WILL DEFEND TO THE DEATH YOUR RIGHT TO SAY IT." ~VOLTAIRE

Sometimes, in an effort to avoid conflict, people keep quiet, rather than expressing how they really feel about a situation. Women in particular often feel that if they disagree, they are creating a problem. Consequently, they end up feeling resentful, angry, anxious or depressed.

In keeping quiet, they also negate their intelligence and their worth. This results in lowered self esteem and confidence, and surely affects other areas of their lives, including their health.

The cure for this is to become an advocate for oneself, teaching others that you have a right to your opinions, and need to be free to express them, without being criticized, negated or put down. Then you must find the courage to speak up!

If there is someone who discounts your views, will not let you have your say, or becomes angry when you

express your viewpoint, this creates a toxic situation. If it is not a family member, you may do well to avoid such a person.

If it is a family member, you can start with a discussion about the need to respect one another, and to really listen to each other. Together you might set some ground rules for communication that you both will honor. If this does not work, then working with a therapist may help.

If the person has no interest in improving the situation, then it would seem that he or she want to continue to bully you. In that case you may need to consider getting out of the situation because it is not healthy, and is certainly no way to live.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit [www.gwen.ca](http://www.gwen.ca)

## Pasta with Spinach Pesto



Prep time: 10 minutes  
Cook time: 15 minutes  
Serves: 4  
1 can (13.5 ounces) spinach, well drained

1 cup fresh parsley leaves  
1/2 cup grated Parmesan cheese  
1/2 cup walnuts or almonds  
1 large garlic clove  
1 teaspoon dried basil  
1/4 teaspoon salt  
1/8 teaspoon ground black pepper  
1/2 cup extra-virgin olive oil  
1 box (16 ounces) fettuccine noodles

In food processor, combine spinach, parsley, cheese, nuts, garlic, basil, salt and pepper; blend well. In slow, steady stream, add olive oil until mixture is blended and smooth.

Cook fettuccine as package directs. Drain. Toss spinach pesto with fettuccine.

## Southern Style Succotash with Sweet Corn Sauce



Prep time: 15 minutes  
Cook time: 20 minutes  
Serves: 4  
4 ounces olive oil  
1 can (14.5 ounces) sweet corn kernels, drained  
1 can (15.5 ounces) butter beans  
1 can (15 ounces) sweet peas  
1/2 cup sliced canned carrots, drained and diced  
1/4 cup canned diced tomatoes  
8 sprigs fresh thyme

1 fresh bay leaf  
salt and pepper, to taste  
Add olive oil to large skillet and quickly saute all ingredients with salt and pepper until heated through, about 5 minutes. Serve on top of Sweet Corn Sauce.  
Sweet Corn Sauce  
6 ounces canned corn, excess liquid strained off  
3 ounces champagne or dry white wine  
4 tablespoons butter  
salt pepper thyme sprigs  
In blender, puree corn and champagne until very smooth. Strain through fine strainer and place strained corn juice in small saucepan. Heat until simmering and slowly add cold butter, salt, pepper and fresh thyme.

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# Community partnership offers students work experience

By Natasha Tersigni

For an innovative new program that offers work experience to local high school students, the Stonewall Collegiate Institute (SCI) resource department has partnered with Stonewall bakery Beyond Bread for their newly launched lunch program.

The initiative is providing students in SCI's resource program with work experience in the community in the hope that they can find local employment after graduation.

Beyond Bread owner Michelle Tersigni has been involved with the SCI work experience program since opening her business in January 2015. Two to three times a week, students work at the bakery during school hours sweeping, cleaning, filling napkins and sugar containers and doing jobs that they could be expected to do once they graduate from SCI.

"Work experiences allow students to have the employment skills they need in order to work after they graduate from high school. It is important for the business community in Stonewall to see that students of all abilities have something that they can contribute," said SCI resource teacher Brent Leschyson.

To expand the program and allow more students to have work experience, which is often a struggle to find in a small town, Tersigni and Leschyson collaborated to come up with the lunch program.

The students drop off bakery menus, pick up orders and deliver lunch. The experience teaches students a number of employment skills, including socializing within the community and the responsibility of ensuring that orders are picked up and delivered in a timely fashion.

"Being involved with the SCI work experience has been great. It was an opportunity for us to further be involved in the community and offer some students work experience. The lunch program has furthered that involvement and has shown to fellow businesses and organizations the value and employability that these students have," said Tersigni.

"One of the students, Jordon Hooper, has been with us since we first began with SCI's work program. Through the time he has worked in the bakery and now with the lunch program, I have really seen him come out of his shell and be more social. It is a great opportunity to work with the school. I would encourage other businesses to get involved."

The lunch program runs in conjunction with the school year. It will continue until June and then start up again in September. Leschyson is hoping that other businesses see the students' ability and potential and offer work experiences in their business as well.

"My hope is that the business and the student both benefit from work-



TRIBUNE PHOTO BY NATASHA TERSIGNI

A new program launched between Beyond Bread and Stonewall Collegiate Institute's resource department is offering students work experience throughout the community. Pictured, left to right, Beyond Bread owner Michelle Tersigni and Grade 12 SCI student Jordon Hooper.

ing together. There are a lot of businesses that have developed good rela-

tionships with students."

## Steeltown Ford Drive One 4UR School event yields money for social justice trip

Staff

Steeltown Ford brought Ford Motor Company of Canada, Limited's innovative Drive One 4UR School program to Teulon hoping to raise \$6,000 for Teulon Collegiate's social justice trip.

Steeltown Ford and Ford of Canada donated \$20 for each of the 300 test drives taken on March 24 to the group's Volunteer Service Learning Trip to the Dominican Republic that left Monday morning. During this trip, students will work side by side with locals on sustainable development projects that are community-driven. The tour has partnered with Me to We in support of the award-winning charity Free the Children.

The Drive 4UR School program supports extracurricular activities while giving back to the community and allows Ford to showcase their high-quality lineup of vehicles and innovative safety technologies to parents, teenagers and other drivers.



TRIBUNE PHOTO BY STEPHANIE DUNCAN

Teulon Collegiate's social justice group departed for the Dominican Republic Monday morning, where they will help locals on sustainable development projects after a successful Ford Drive One 4UR School event on March 24.



# Shrek production features dazzling details

By Jennifer McFee

The props of a local set designer will take centre stage at an upcoming production by Ecole Stonewall Centennial School.

Stonewall resident Paul Mulvihill is up to his elbows in papier-mache as he designs the sets for *Shrek: The Musical Junior*, which will take the stage in early May.

Mulvihill, a registered nurse who works in the operating room in Selkirk, is finding ways to repurpose items that would otherwise be on their way to the landfill.

"All of the Styrofoam that I'm using is from the packing of instruments and pharmaceuticals at the hospital, so it's all Styrofoam that would go into the dump. I bring it home and buy some Styrofoam glue and I repurpose all that. It's crazy how much I get to take away from that," he said.

"This year, I'm doing something with papier-mache, which is kind of a misnomer because what I'm using is the sheets that they wrap instruments in. They almost look like J-Cloth. It comes up sterile and is opened up before we start a surgery, so it's clean. For a couple weeks, I was bagging all of this stuff and I've got mounds of it."

Instead of using newspapers for the typical papier-mache technique, Mulvihill is using thin layers of cloth.

"I'm thinking it's going to be a much stronger final product when it's done, so I'm hoping it will last a little longer that way," he said.

"Again, it was landfill-bound and I brought it home. I try to repurpose as much as I can."

*Shrek* marks the fourth production that Mulvihill has worked on, and he always looks for inventive ways to recycle items.

"For *Willy Wonka* in particular, we did a lot of dumpster diving over at the waste transfer station. We used an old rear-projection TV and an old TV tray stand. There were all kinds of things that I pulled out of the dump that we got to repurpose," he said.

"For that, too, I brought stuff back from the hospital that was garbage,



TRIBUNE PHOTO BY JO-ANNE PROCTER

Paul Mulvihill (right) and his son Aidan work on the props for the upcoming musical *Shrek* that will take the stage on May 3 and 4 at Ecole Stonewall Centennial School.

like a big fibreglass vat that we used as the chocolate melting vat. There's always some stuff I have to buy, but a lot of it is repurposed."

In addition to finding creative ways to reuse materials, he looks for ways to create multi-purpose props. For *Shrek*, he's creating trees that serve a triple purpose.

"One of the things I like to think about is how the kids who are doing props can do some cool stuff that will get them more involved. So the trees will stand up, and in one direction, they'll be a nice green, lush tree at the top. Then the set kids will flip the tree upside down and it will be more marshy and ugly looking at the top," he said.

"Then when they turn the tree around, the backside is going to be like a brick parapet or a little tower for in the courtyard. So each tree will be three different sets within the one tree. I'm hoping that this will be one of the sets that will survive over a couple of years and we can use them for

any set that we need a tree. The problem is they don't have a lot of storage at the school, and these trees are just shy of eight feet tall."

Mulvihill's creative projects also provide him with an opportunity to work closely with his children, Aidan and Shae. Over the years, they have also been involved in sets for the school plays. And this year, Aidan, a Grade 8 student, will take the stage as Lord Farquaad, donning a costume created by his dad.

In addition to Mulvihill's contributions, many other parent volunteers are also involved in the effort. Recently, about a dozen parents met at the school on a Saturday and spent the day making costumes. Soon, Mulvihill will be seeking volunteers who would like to help paint the trees and other sets.

The visually spectacular production of *Shrek* will take the stage on May 3 and 4, with more than 70 Grade 7 and 8 students involved and more than 47 different costumes.

Director Bambi Rutherford enthusiastically endorses the work of both the parents and the students.

"This is probably the largest one I've ever directed as far as the costuming and details. There's a whole wonderful group of parents that have come together under the capable direction of Darlene Malezdrewich, who has done the costumes every year. Mrs. Wiebe, the home ec teacher, got on board this year as well as a number of moms," Rutherford said.

"And when it comes to designing set pieces, it's incredible the lengths that Paul has gone to. It's ingenious. And I think the passion that all of the students have is just beyond amazing. They all love what they're doing and they put a lot of time in with me in rehearsals. It's great."

As for Mulvihill, you've got to give him props for his dedication to set design.

"It's a very cathartic thing for me," he said. "It's good for me to do this."

## > MATT AUSTMAN, FROM PG. 15

stronger communities you are serving everybody's interests."

Austman also brings to light is building infrastructure in Manitoba to help strengthen communities. He said that the NDP have and will continue to improve on existing infrastructure and that contributes to building stronger communities.

"I think we have a good plan for

building roads, highways and flood protection. We are making really smart investments in schools and hospitals and I think we are protecting and improving on a lot of key services that families count on including the people of Lakeside," said Austman.

Born and raised in Steinbach, Austman is a passionate community advocate with a proven track record of

fighting for social and environmental justice.

Austman received his undergraduate degree from the University of Winnipeg. He then completed a Master's in Political Science from York University, where he studied the issue of Indigenous incarceration in the Canadian justice system. He has received multiple awards for his academic work and also holds a Diploma in Genocide and Human Rights Stud-

ies from the University of Toronto.

He has worked for grassroots organizations including Local Investment Toward Employment, a community organization that helps Manitobans break the cycle of poverty with supportive job training programs and employment opportunities. Recently, Austman successfully coordinated community efforts to lobby the City of Winnipeg to reopen the Sherbrook Pool.




# worship *with us*

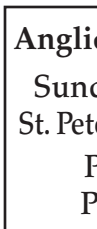
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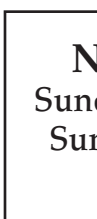
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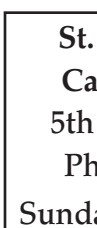
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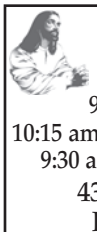
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Sunday Service 10:30 a.m.  
Sunday school 9:30 a.m.  
Teulon 886-3269




**St. Peter Lutheran Church**  
Sunday Service - 10:00 am  
PTH #7, Teulon  
886-2159



**St. John Vianney Catholic Church**  
5th Ave SE Teulon  
Phone 467-9016  
Sunday Mass 11:30 am



**Anglican Church of the Ascension**  
9:00 am - Traditional Service  
10:15 am - Choral Service & Sunday School  
9:30 am - Wednesday Morning Prayer  
435 1st Ave. N., Stonewall  
Phone 467-8466 (office)




**Grosse Isle and Rosser United Church Services**  
Rosser Sunday 9:45 am

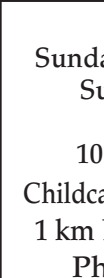
**Lilyfield United Church**  
Rd. 68 & Sturgeon Rd.  
Service 9:30 a.m.  
Phone 344-5426



**Alive! Family Church**  
Sunday Hymn Sing 10:00 a.m.  
Sunday Worship 10:30 a.m. at  
Sunova Auditorium, Quarry Park  
Interpretive Centre, Stonewall  
Phone 467-2870  
www.alivefamilychurch.ca



**Warren & Meadow Lea United Church Services**  
Joint Services  
Alt. Sundays at 10:30 am  
Call 322-5752 for location of service.



**New Life Church**  
Sunday Service 9:00 & 10:45 a.m.  
Sunday Morning Classes  
9:00 a.m. - All Ages  
10:45 am - Nursery - Gr. 4  
Childcare for Nursery School to Gr. 4  
1 km East on Hwy 67, Stonewall  
Phone 467-5529 (office)




**Woodlands Gospel Chapel**  
Service 7 p.m.  
Sundays  
Hwy 6 + Rd 82,  
Woodlands  
Phone 467-5109



**Cornerstone Pentecostal Church**  
Sunday Worship &  
Sunday School 10:30 am  
Youth Nights - Sundays 6 pm  
Thursday Bible Study  
& Kids Club 7 pm  
308 2nd Ave. N., Stonewall  
Phone: 467-9797



**Christ Church Anglican**  
97 School Rd,  
Stony Mountain  
Service 10:15 am  
Phone 489-4847  
or 344-5220



**Christ the King Catholic Church**  
Sunday Mass 10:00 a.m.  
315-2nd St. E., Stonewall  
Phone 467-9016

## The Risen Savior

Celebrating the death, burial and resurrection of Jesus Christ is a traditional holiday observed by millions of people around the world. Each of the four gospels provides great detail of the events surrounding the crucifixion and resurrection of Jesus Christ. None of the gospels; however, end with the resurrection account. The forty days after the resurrection, while Jesus remained on the earth, is also described in great detail.

Jesus continued to reveal Himself and His plan for the birth the Christian church during His last days on earth. First, Jesus allowed those that were closest to Him to see that He had in fact risen from the grave. Some received the news joyfully while others doubted until He proved it was really true. The scripture states that over five hundred people were able to testify of having seen Him in person.

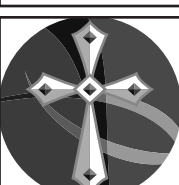
The second focus of these days was for the disciples to understand that their commission to carry out the work of His kingdom. There are at least five partial descriptions of the words Jesus spoke regarding the great commission of the disciples and the new Christian church.

Finally, Jesus revealed the price they would pay to be the leaders and ambassadors of the new church. Jesus said that His Spirit would be with them to help them overcome many trials; but, in the end they would almost all die for the gospel they would preach. So great was their love and trust in the living Savior, that not one of them was turned away by words of Jesus.

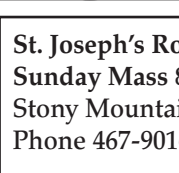
A great testimony to the truth of scripture is that these and millions of others in later centuries share the gospel and love of Jesus Christ; even in the face of certain death. The martyrdom of the apostle James, the son of Zebedee, is worth considering. While on trial at Jerusalem, James had an officer assigned to watch him at all times. The court decided that James' absolute commitment to the gospel of Jesus Christ was worthy of execution by beheading. At the last minute, the officer turned to the judge who was witnessing the execution and boldly declared his faith in the gospel that James had preached. The officer then knelt beside James to also accept execution by beheading. These personal testimonies declare that Jesus truly is the Risen Savior.

Pastor Jonathon Dewey  
Cornerstone Church of Stonewall  
joncdew@gmail.com


**Balmoral United Church**  
Sundays 9:30 am  
Phone 886-2382  
teulonpastoralcharge@mymts.net




**Stony Mountain United Church**  
12 Main St., Stony Mountain  
Phone 344-5426



**St. Joseph's Roman Catholic Church**  
Sunday Mass 8:30 am  
Stony Mountain  
Phone 467-9016



**Immanuel Lutheran Church (LCC)**  
Service 10:30 am  
Childrens Sunday School during Worship  
Inkster & King Edward, Winnipeg  
Rev Richard Beinert 632-6911



**Church of the Annunciation**  
Woodlands  
Service 12:00 noon

To participate in this monthly section please call 467-5836



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Humeniuk a hit at elite Georgia baseball tournament



**TRIBUNE PHOTO SUBMITTED**  
Stonewall's Ryan Humeniuk led the Okotoks Dawgs to a second-place finish in Georgia earlier this month.

By Brian Bowman

Ryan Humeniuk's baseball resume continues to get more impressive with each passing month. Earlier this month, Humeniuk and his Okotoks

Dawgs Midget Black team placed second at the 2016 Perfect Game High School Showdown-Academics in Emerson, Georgia.

"It was different than almost anything I had played (before)," said Humeniuk earlier this month. "It's a different atmosphere. We went in there with the attitude that we we're going to win (the tournament) and nobody was going to stop us."

Okotoks lost 5-4 in the championship game on a walk-off sacrifice fly in the bottom of the seventh inning to Faith Baptist Academy. In that game, the Dawgs faced a pair of pitchers that threw in the low 90s.

It was Faith Baptist Academy's third straight PG High School Showdown- Academics championship. Sixteen teams took part in the elite tournament this year.

Okotoks started action March 15 with an impressive 12-0 win over the Home Plate Citadels in six innings. The Dawgs then improved their record to 2-0 after a 2-0 victory over the Johnson Ferry Christian Academy Saints.

Humeniuk had two of his team's seven hits in the game.

In a semifinal matchup, Okotoks blanked Brunswick School 9-0.

Humeniuk had a good tournament offensively but he was quick to point out that entire Dawgs' lineup is a potent one.

"Hitting is contagious and everyone in our lineup can swing the bat really well," he said. "Once one guy starts hitting, then we all start hitting."

The Perfect Game is considered to be the largest — and most scouted — tournament in the United States with exposure to a bevy of both college and Major League Baseball scouts.

"There was quite a few (scouts) there," Humeniuk observed. "I didn't talk to any scouts down there personally but there were guys watching. I saw a couple of Notre Dame scouts and other (Division 1 scouts) looking at guys."

It was Okotoks' first road trip of the season. The school, which attracts elite high-school athletes looking to play college baseball, does a great job preparing athletes to have successful collegiate careers.

Humeniuk is already preparing for his next step up the baseball ladder this fall. The Stonewall product will be attending school and playing baseball at Indian Hills Junior College in Iowa for the fall semester. It is considered by many as one of the top schools in the NJCAA category.

"It was a really good decision for me and my family," Humeniuk said. "I had a couple of offers on the table and I was weighing them pretty heavily."

Humeniuk plans to go to Indian Hills for the next two years, with the hope of landing a Division 1 scholarship.

"I'll use the two years at the junior college to better my skills and get bigger and stronger," he explained. "I wanted to give myself the best option baseball-wise now and the best opportunity going forward."

## Lyle commits to Bison women's soccer program

By Brian Bowman

Stonewall's Sarah Lyle was one of five new recruits that have committed to the University of Manitoba Bisons' women's soccer program for the 2016 season.

Lyle, a forward, will be joined by fellow forward Haydn Burdeny, midfielder Rebecca Martin, defence-man Shaylyn Dyck and goalkeeper Camille Forbes.

"I am very excited to welcome these talented players to our program," said Bisons' head coach Vanessa Martinez Lagunas in a media release. "They will help us to continue improving the quality of the Bison team and will help us to increase the internal competition for most playing positions on the field."

"I look forward to coach them and mentor them to achieve their highest potential on and off the field."

Lyle, who turns 18 next month, will soon finish high school at Stonewall Collegiate Institute and has won several club championships.

The talented 5-foot-6 player has been part of Canada Soccer Association Club National (FC Northwest was fourth place in 2015), MSA champions (FC Northwest in 2014 and 2015), Club Indoor league champions (FC

Northwest 2014-15), Club Outdoor champions (FC Northwest 2014) and co-captain of the Rams' girls soccer team (2014-15).

She was also an MHSAA provincial all-star (2014), the MHSAA Tri-Star Rural Athlete of the

Week (2013), High School Provincial MVP (2013) and the Rams' "Rookie of the Year" (2012).

As well, Lyle has been a Division Academic Excellence recipient since Grade 5.

## Stovin nominated for Male Rookie of the Year Award

By Brian Bowman

Stony Mountain's Brett Stovin is one of three athletes up for the University of Manitoba Bisons' Male Rookie of the Year award for their outstanding performances during the 2015-16 season.

Stovin, a forward with the Bisons' men's hockey team, was selected to the 2015-16 Canada West All-Rookie Team. He finished the season with 26 points (12 goals, 14 assists), which tied him for 15th in Canada West scoring and tied for third

among rookie scoring.

Stovin played in all 28 conference regular-season games and three playoff games. He tied for the second longest point streak in 2015-16 with 11 games.

Simon Berube (track and field) and Jamel Lyles (football) were also nominated for the male rookie of the year award.

The Bisons will hand out their year-end awards at the annual Brown and Gold Banquet in the Manitoba Room on Saturday.



# Jets flying in MMJHL playoffs

By Brian Bowman

As teams go deeper into the playoffs, they often find that room on the ice — and the margin for error — decreases significantly as each club vies for a league championship.

Games are often decided by a single goal and, in some cases, overtime is needed.

The key is to win those close games. And the Stonewall Jets have been doing exactly that.

"With any calibre of hockey, it comes down to executing your game and pretty much whoever pounces on the other team's mistakes usually comes out on top," said Jets' assistant coach Matt Figur.

Stonewall took a 1-0 lead in their best-of-seven MMJHL semifinal series after a thrilling 2-1 victory over the Raiders Jr. Hockey Club Saturday evening in north Winnipeg.

"We went into the series knowing that we were up against the No.1-ranked team, the No.1-ranked power play, the No. 1-ranked penalty kill, and the No. 1-ranked team with goals for," Figur said. "So, we knew we had to play a really structured game. We didn't get too high, we didn't get too low, and we stuck with what worked for us in the first series."

Chase Faulkner scored the game winner — his fourth of the postseason — at the 7:50 mark of OT. Faulkner pumped home the game winner during a scramble in front of Raiders' goalie Brenden Fiebelkorn.

The game was a tightly-contested affair with Jets' forward Bryce Stovin opening the game's scoring at 9:16 of the second period. Stovin, who has played very well in recent games, now has five goals in the playoffs.

"If it wasn't for Bryce Stovin right now, we definitely wouldn't be in the position that we are in," Figur said. "And we hope he continues his success."

But Stonewall's 1-0 lead would be



Mackenzie Johnson scored the game winner in OT to advance Stonewall to the league semifinals.

short-lived, however, as Zaz Oleskiw tied the score just 21 seconds after Stovin's marker.

Hunter Ploszay was solid in goal, making 36 saves for the win.

Game 2 of the series was played Tuesday in Stonewall but no score was available at press time. Game 3 is set for Friday at the Seven Oaks SportsPlex while Game 4 returns to Stonewall on Sunday.

Both games start at 7:30 p.m.

The Jets advanced to the league semifinals after a wild 5-4 overtime win over the St. Vital Victorias in Game 7 of their quarter-final series last Thursday in Stonewall.

"We had a really good turnout with the crowd and the boys were able to feed off the crowd," Figur said.

Mackenzie Johnson scored the game winner in double OT. The goal was a



TRIBUNE PHOTOS BY LANA MEIER

The Jets' Bryce Stovin (9) leads his team in playoff scoring with five goals in six games.

huge one for the Jets, who led 4-1 late in the second period.

Stovin (two), Eric Swanson and Adam Blight also scored for Stonewall.

Raymond Allard, Mac Playford, Riley Beauchemin and Easton Oliver-Hanna replied for St. Vital.

Ploszay made 36 saves for the win.

The Jets forced a Game 7 after pulling off a dramatic third-period comeback for a 4-3 win over the Vics.

Trailing 2-0 in the third period, Stonewall scored four of the game's final five goals for the wild road win.

Ryan Miskiewicz tied the score at 3-3 at 11:04 of the third and then Stovin scored the game winner with just 50 seconds remaining in regulation time.

The Jets started the third with goals from Blight and Chase Faulkner to tie the score at 2-2.

St. Vital's Shanan McFadden opened the game's scoring early in the first period and then Danick Levesque put St. Vital up two goals in the second period. The Vics' Justin Tremblay then scored midway in the third.

Stonewall outshot St. Vital 29-22 as Ploszay posted the victory.

In the other MMJHL best-of-seven semifinal series, Pembina Valley led Charleswood 1-0 after a 5-4 victory heading into this past Tuesday's Game 2.

In the quarter-finals, the Raiders Jr. Hockey Club swept the Transcona Railer Express 4-0, the Charleswood beat St. Boniface 4-2, and Pembina Valley needed seven games to eliminate St. James.



## PLAY-OFF HOCKEY

**Friday, April 1 Stonewall Jets vs Raiders**  
**7:30 pm @ 7-Oaks Sports Complex**

**Sunday, April 3 Stonewall Jets vs Raiders**  
**7:30 pm @ VMSC**

**Check the website [www.mmjhl.ca](http://www.mmjhl.ca) for details**



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# Flyers fall short in MSHL championship final

By Brian Bowman

The Lac du Bonnet Blues proved that the playoffs are an entirely new season.

Lac du Bonnet upset the Stonewall Flyers in their Manitoba Senior Hockey League championship, winning the best-of-seven series in just five games.

Stonewall, which lost just one of 16 games during the regular season, was defeated four times in an 11-day period by the Blues.

Lac du Bonnet clinched the series win after a 7-4 victory on March 22 in Stonewall.

In Game 5, Lac du Bonnet's Jay Usackis and Stonewall's Dan Stewart traded first-period goals and then the Blues scored the next five goals.

Matt Lahaie, Tim Rollins and Myles Stevens scored in the middle frame and then Stevens and Cody Einarson potted power-play goals early in the third.

Cale McBride and Brett Harvie pulled the Flyers to within 6-3 before Rollins and Stonewall's Connor Appleyard traded goals late in the third.

Julian Guimond made 31 saves for

the win.

The Blues now advance to the 2016 Senior "A" Provincials, which will be played from March 31 to April 10.

The provincials are a league-championship qualifying process where the winner of the province's five senior leagues earns a berth into the provincials along with one league having a second representative as a wild-card team.

The five leagues that will be represented are the Carillon Senior Hockey League, Manitoba Senior Hockey League, North Central Hockey League, South Eastern Manitoba Hockey League and the Tiger Hills Hockey League.

The provincials will have two pools with three teams in each side playing a round-robin format. The top two teams from each pool will advance to the semifinals leading into the championship final set for April 10 at the MTS Iceplex.

This is the fourth year of this six-team championship tournament format.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Flyers' Danny Stewart scored the first goal in Stonewall's 7-4 loss on March 22.

## Wrapping up his junior career in hockey heaven

### MacDonald enjoying life in Portage with the talent-laden Terriers

By Brian Bowman

It is often said that you have to be lucky to be good and good to be lucky.

In Braydon MacDonald's case, he's been both this season.

The Stonewall product hit the lottery earlier this year when he was traded from the SJHL's Melville Millionaires to the MJHL's Portage Terriers.

The defending RBC-champion Terriers are, once again, one of the elite Junior "A" teams in the country. All they have done this season is post an MJHL-best 52-6-2 record — which included a 20-game win streak — to end the regular season.

It's been a fun time for MacDonald playing in the Terrier-mad city of Portage la Prairie.

"It's been great out here," said MacDonald on Easter Sunday. "We go into any restaurant or store and you have someone asking you about the team. They all know what's going on.

"(And the organization) will do anything for the (players). It's nice being in a winning atmosphere every day."

Portage, so far, has kept up its win-

ning ways in the playoffs. The Terriers swept the Selkirk Steelers in their best-of-seven quarter-final series and were leading the Winnipeg Blues, who play a punishing, physical style of hockey, 1-0 in their semifinal series heading into this past Monday's Game 2.

"It's been surreal knowing that when you come to the rink every day that you're going to win games," said MacDonald, who played three seasons with the MJHL's Swan Valley Stampede prior to being traded to Melfort.

"I've never been on a team that has won this many games — or even this many games in a row."

Portage is deep at every position. The Bowles brothers, Brad and Shawn, are real good up front and the Terriers' blueline is arguably the best in the MJHL to go along with solid goaltending from former Steeler Nathan Park.

"We're really well-rounded," MacDonald said. "We have a great defence. They're getting the pucks out and they give us a chance to go out



TRIBUNE PHOTO BY HEATHER JORDAN

Stonewall's Braydon MacDonald is wrapping up his junior career with the Portage Terriers.

and score goals. It's been real nice ... we spend most of the game in the other team's end, so if the puck is 200 feet from our net then it's hard for them to score."

MacDonald, 21, has done his share of scoring this season in his final year of junior hockey. The former Interlake Lightning forward had 15 goals and 47 points in 54 games in Portage to go along with 90 penalty minutes.

He also had a goal in his short stint with Melville.

"For the first half of the year, I couldn't score a goal for my life," MacDonald admitted, noting his parents have been able to watch him play every home game this season.

"But in the back half (of the season), pucks started going in. It was a good year and I have had a lot of fun."



# Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)

Stonewall Teulon  
**Tribune**

## AUTOS

For sale - 2008 Ranger, 4 wheel drive, Jump-seats, service body, slide out bed, safetied. Ph 204-467-5180.

## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## APARTMENT FOR RENT

Bachelor suite available to rent at Oak Park Lodge, Woodlands. Call Lori-Anne 204-383-5478.

## PROPERTY FOR SALE

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## STEEL BUILDINGS

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## HELP WANTED

P/T housekeeping staff. Days, evgs. & weekends. Call Sheri at 204-467-2354.

Labourers experienced in framing, roofing, concrete, general construction. Must have a driver's licence/vehicle, own hand tools, good attitude, and fun to be around. \$16 & up depending on experience. Work commencing now till Christmas, possibly longer. Interlake area. Email resume in confidence to [suddenimpact@highspeedcrow.ca](mailto:suddenimpact@highspeedcrow.ca) Attn: Mike

Weekend cook required at Oak Park Lodge, Woodlands. Call Lori-Anne at 204-383-5478.

All-Fab Pallets in Stony Mountain is hiring full time pallet assemblers. We offer competitive wages & a comprehensive benefit package. No experience necessary. Apply in person at our facility on Road 75 North, just north of Stony Mountain. Ph 204-344-5404.

## HELP WANTED

Dylan Bodnar is looking to hire an energetic, community-minded individual to join his team as a Job Coach. This individual would work Mondays, Tuesdays, and Fridays with the possibility of additional casual shifts when available. Those interested are asked to send their cover letter and resume to Box 898, Teulon, MB. R0C 3B0.

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## UPCOMING EVENTS

Oak Park Lodge, Woodlands AGM on Thursday, April 19th at 7 p.m. Board members wanted. Call Lori-Anne at 204-383-5478 or 204-383-5877 for details.

## UPCOMING EVENTS

Separated - Widowed - Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single-again people deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer 10 week programs 3 times per year. NEXT 10 WEEK PROGRAM STARTS APRIL 13TH, 2016. FOR MORE INFORMATION - please call 204-275-3090 or visit [www.beginning-experiencewinnipeg.ca](http://www.beginning-experiencewinnipeg.ca)

Woodlands Pioneer Museum AGM on Monday, April 4th at 7 p.m. at Oak Park Estates, Woodlands. We welcome new members.

Come join us. 50th Annual Manitoba Highland Gathering AGM, Tues. April 12, 7 p.m. at Smitty's private dining room, 168 Main St. Selkirk. Regular meeting to follow. Everyone welcome. For more information call Joyce 204-794-6587.

Antique & Collectible Sale! Huge spring event! Largest of the season. Over 200 tables! Friday, April 8, 4 p.m. - 9 p.m. and Saturday, April 9, 10 a.m. - 4 p.m., \$5 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Great selection, door prizes and free parking.

## MUSICAL INSTRUMENTS

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Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

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## THE RURAL MUNICIPALITY OF ROCKWOOD

### PROPOSALS REQUESTED FOR 2016 PARK MAINTENANCE

The Rural Municipality of Rockwood is seeking quote for park maintenance and grass cutting at the following Parks located in Stony Mountain:

1. Kelpin Park - 63 Walker Street
2. Gerry Ducharme Memorial Park - 78 Gulay Street
3. Bedrock Park - 29 Bedson Drive
4. Cenotaph - 133 Memorial Boulevard (Corner of Memorial & Prince)

- Contractor to supply own equipment and fuel
- Lowest or any proposal not necessarily accepted
- Contract period would be for the 2016 season
- Proposal closes Thursday, April 15, 2016 @ 4:00 p.m.

- A list of job requirements and a map of park locations are available for pick-up at the RM of Rockwood Administration office at 285 Main Street, Stonewall.

Send written proposals marked "Park Maintenance and Grass Cutter" to the R.M. of Rockwood:

- Box 902, Stonewall MB R0C 2Z0;
- Fax No. 204-467-5329; or
- Email: [info@rockwood.ca](mailto:info@rockwood.ca)



## THE RURAL MUNICIPALITY OF ROCKWOOD

### INVITATION TO QUOTE HOURLY EQUIPMENT RATES

The Rural Municipality of Rockwood is inviting quotes for hourly rental rates for various equipment for the purpose of establishing pay rates for the 2016 construction and maintenance season.

Quotations may be submitted to the Rural Municipality of Rockwood, Box 902, Stonewall, Manitoba.

**Deadline for proposals is Friday, April 15, 2016**

Chris Luellman, CAO  
Rural Municipality of Rockwood  
Box 902, Stonewall, MB R0C 2Z0  
Phone: 204-467-2272 Fax: 204-467-5329  
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## NOTICE TO CREDITORS

**IN THE MATTER OF:**  
The Estate of Julia Mary McConkey, late of the Town of Stonewall, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with Gary Goodbrandson: 18 Manby Avenue, Winnipeg, Manitoba, R2N 2R5 on or before the 9th day of May, 2016.

DATED at Stonewall, Manitoba this 24th day of March, 2016.

GARY GOODBRANDSON  
Executor  
for the estate

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# take a break

> GAMES

## SUDOKU

				8				9
	4		9			5		1
8				5				
					4			
							3	
7		2		6				5
	3	9			7			2
6			1				7	
1	2		6					

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Level: Intermediate

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	5	8	6	3	9	7	2	1
3	7	6	5	2	1	4	8	9
2	1	9	7	4	8	6	3	5
5	6	4	8	9	3	2	1	7
9	3	1	2	6	7	8	5	4
8	2	7	4	1	5	3	9	6
7	4	3	9	5	2	1	6	8
1	8	5	3	7	6	9	4	2
6	9	2	1	8	4	5	7	3

Sudoku Answer

	D	E	V	H	E	E	O	V
	E	N	D	V	T	S	N	C
V	T	U	H	I	N	V	I	N
D	E	E	T	N	E	S	H	E
E	T	E	T	D	S	E	O	V
	H	V	T	U	E	S	I	R
E	O	V	S	V	P	S	U	L
V	T	E	S	S	E	T	V	M
S	E	E	S	S	E	T	D	E
	E	O	B	O	E	K	U	N
N	E	S	I	W	S	T	U	F
E	N	O	T	V	V	K	I	H
S	E	T	I	N	H	I	O	P
	O	V	A	V	H	I	I	O
S	D	D	P	S	T	P	T	S

Crossword Answer



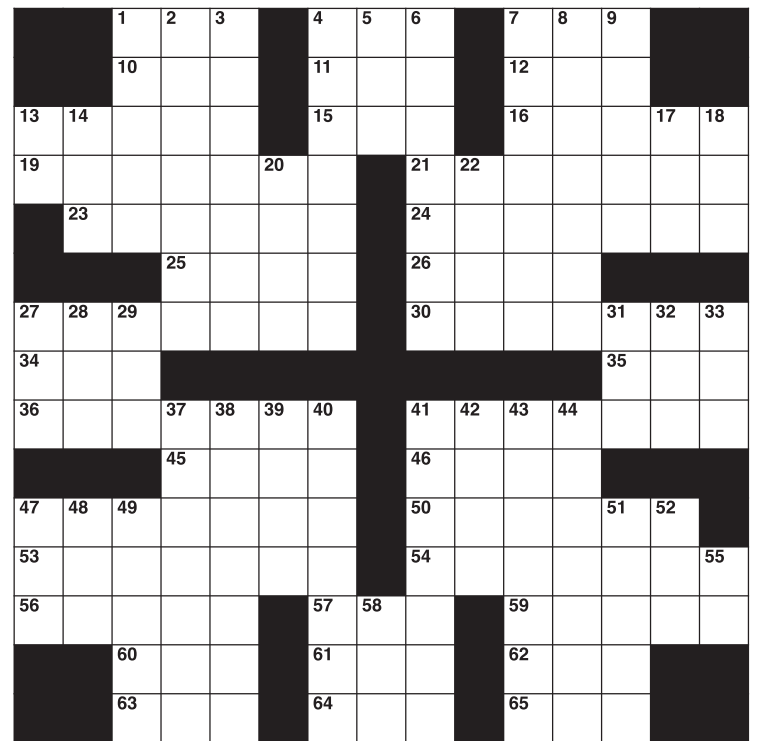
## CROSSWORD

### CLUES ACROSS

- Engine additive
- Recipe measurement (abbr.)
- Tooth caregiver
- Hawaiian dish
- Retirement account
- Basketball player Ming
- Say suddenly
- Carbon isotope ration (abbr.)
- Frasier Crane's brother
- Framework over oil well
- Edible mollusk
- Handy
- Japanese banjo
- Microwave
- Double-reed instrument
- Covered
- Leaseholders
- Master of business
- Herb
- Blood clot
- Route
- Reach a higher position
- American state
- Erases
- Expunge
- Waits around idly
- Came into
- Nikolai \_\_, Bolshevik theorist
- 007's creator
- Dravidian language
- Central nervous system
- Male child
- Born of
- A period of history
- A major division of geological time
- Doctor of Education

### CLUES DOWN

- Prods
- Tempest
- Miserable



- Excited
- Temindung Airport
- Provides shade from the sun
- Generators
- Newspapers
- Unaccompanied flights
- Bahrain dinar
- Romanian currency
- Between northeast and east
- London Southend Airport
- Cucumber
- Lovable pig
- Woman (French)
- Defensive nuclear weapon
- Clutch
- Seventh letter of the Greek alphabet
- Records electrical activity

- Car mechanics group
- Speaking
- A formal permission
- Exploiter
- Affixed
- External genitals
- Deity
- Eat these with soup
- Swerved
- Connects two pipes
- Challenger
- Ranch (Spanish)
- Righted
- Fatty-fleshed fish
- Prosecutes alleged criminals
- Swiss river



# Announcements

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## ANNOUNCEMENT

### CARD OF THANKS

Thank you to everyone for your kindness shown before and since the passing of Mary Laing, our Mom, Grandma, Auntie Mary and "Great". Your cards, flowers, memorial donations and phone calls are appreciated. Special thank you to the home care workers and nurses at the Teulon Hospital for their care and kindness, to MacKenzie's for the arrangements and the Legion Ladies for the lunch.

-Gratefully,  
Norma and Bill Ridgeway and family  
Garnet and Lindsae Laing and family

## ANNOUNCEMENT

### CARD OF THANKS

"Wasn't that a party?" Thanks to all for attending my 80th Birthday Celebration and for your cards, gifts and good wishes! Thanks to all my family and their partners for all their help in organizing the party and for serving the meal. Thanks to all the grandchildren and great-grandchildren for attending. It was special to have Matthew, Carman and Emma come from Alberta and Alycia and Richard and Marci from Sask. Thanks to Country Pride for the music - it was great! I will cherish this special day!

-Love,  
Shirley King

## ANNOUNCEMENT

### BIRTHDAY



Happy 60th Birthday Elaine  
-Love your family and friends

## ANNOUNCEMENT

### IN MEORIAM

**SMITH, John (Jack)**  
In loving memory of our Father who passed away March 26, 1985.  
-Forever remembered by son Richard and his wife Sheelagh, children Sheena and Shawn and daughter Judy, husband Ken Paluk, children Wesley and Trevor.

## OBITUARY

### Forever In Our Hearts Christena Dorothy Driscoll (Clarke / Costello)



Christena Driscoll, aged 84 years, passed to reunite with her late husband Harold on March 23, 2016 at Teulon Hospital.

Born February 12, 1932 on the farm at Auburndale, Alberta, the seventh child of Alexander and Christena Clarke, her mother passing away giving birth. She was a twin and her brother Teddy died at six months old. After her father's passing in 1935 the children were split up, with Christena being adopted by her Aunt Tot (Dad's sister) and changing her name to Costello. Christena's youth was spent in Stonewall where she eventually met Harold Driscoll. They married on August 21, 1954, moving to the farm in Eriksdale, where they raised their eight children. After 33 years they retired and moved to Teulon in 1990. They enjoyed 20 years

of retired life before Harold's passing in 2010. Christena then moved to a trailer in Teulon and retired a second time from her many volunteer organizations. Her constant and unwavering concern for everyone around her is certainly Christena's most endearing quality. Always happy and quick witted, her fun personality never dampened by circumstances.

Left to cherish her memory are her children Ruby (Kelly), Margaret (Art), Sandra (Jim), Sheila (Andy), Alvin (Tracey), Wilbert (Leeann), Junie, Jenny (Ed); 34 grandchildren; 11 great-grandchildren and one great-great-grandchild. Sister Olive; brothers George and Wally (Audrey); sisters-in-law Joyce and Betty and many nieces, nephews and friends.

Viewing was held on Tuesday, March 29, 2016 at 1:00 p.m. followed by the Funeral Service at 2:00 p.m. at the MacKenzie Funeral Chapel, Stonewall.

Interment to follow at a later date.

MACKENZIE FUNERAL HOME STONEWALL  
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## OBITUARY

### Walter Frederick Bodnarus March 31, 1944 - March 25, 2016



It is with mourning hearts, that we announce the peaceful passing of Walter Frederick Bodnarus on Friday, March 25, 2016 at age 71.

Walter was born on March 31, 1944 in Teulon, MB to Peter and Pauline Bodnarus (nee Shyk). He was raised in Komarno, MB where he also pursued a career in beef farming. He farmed from 1963 until 2007, when he was forced into retirement due to health problems.

He is survived by his loving wife of 41 years, Mary Ann; his children Frederick, Carla (Dale) Tschigerl and Lisa (Luke) Pollio; as well as his grandchildren Alexandra, Naomi and Titus Tschigerl. He is also survived by his brother Melvin (Ruth); sisters Mary, Rose, Gladys and Eugenia (Dave); as well as numerous nieces and nephews. He was predeceased by his parents and brother, Adam.

Thank you to the doctors, nurses and staff at St. Boniface Hospital, who provided him with wonderful care during his last days. Thanks to his special cousin Bob for remaining a true friend to the end.

In respect of Walter's wishes, a funeral will not be held.

Flowers are gratefully declined; memorial donations can be made in his memory to a charity of choice.

"The tide recedes but leaves behind  
Bright sea shells on the sand.  
The sun goes down, but gentle warmth  
Still lingers on the land,  
The music stops, and yet it echoes on  
In sweet refrains....  
For every joy that passes, something  
Beautiful remains."

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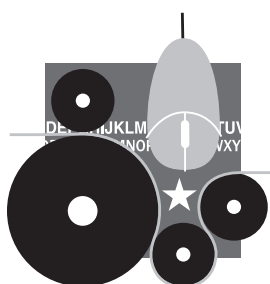
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