



COMING SOON
Stony Mountain - \$239,900 Brandt



COMING SOON
Stony Mountain - \$479,900 Brandt



COMING SOON
SMALL ACREAGE - Stonewall
\$599,900 Brandt

Our office is closed due to the Covid 19 situation.
We continue to provide real estate service with appropriate safety protocols and are available via phone or email.



Your Home Town Experts
(204) 467-8000 mckillop.ca

Stonewall, MB



Quarry Ridge Park

Building Lots for Sale

Stonewall Teulon Tribune

THURSDAY,
MARCH 26, 2020
VOLUME 11 EDITION 12

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



Connect to coverage built on co-operative values

As part of a co-op, we always put our clients first. Talk to your local Co-operators Advisor for expert advice on all your insurance and investment needs.

Please see our ad on page 11.

You can contact us by:
Phone: 204/467-8927 Fax: 204/467-5326
Email: inview_insurance@cooperators.ca



Home Life Investments
Group Business Farm Travel

Not all products available in all provinces. Life and Health insurance products are offered by Co-operators Life Insurance Company. The Co-operators® is a registered trademark of The Co-operators Group Limited. Trademark used with permission. All investment products are administered by Co-operators Life Insurance Company.



Meals to go

TRIBUNE PHOTO BY JO-ANNE PROCTER

Loaf and Honey chefs Dustin Peltier and Rachel Issak have been cooking around the clock preparing fresh or frozen meals for take out and delivery on Tuesdays and Fridays. All deliveries are being left at the door keeping self distancing in mind. See story on page 4.

> everything you need to know in your locally owned and operated community newspaper

IT'S A GREAT TIME TO BUY A HOUSE!

Experts say the Mortgage rates are **"Historically Low"** - if you are considering purchasing a home in 2020, call me - During these unsettling times I am available, virtually, to help get you in that dream home. At **LJ Baron Realty** we have an extensive list of resources to guide you through the process. I am also just a call or email away to answer any questions, or concerns, you may have.

*Selling the Interlake & Beyond...
One Yard at a Time.*



L.J. BARON
EST. 1953
Realty

A Real Estate Boutique Practice with Concierge Service

The
Claudette
GRIFFIN
Group

Past Director - Winnipeg Realtors®
Past Chair - Professional Standards

204-886-2393

Toll Free 888-629-6700

baron@mts.net www.ljbaron.com

VENDOR-MOTIVATED



TEULON - COUNTRY FARMHOUSE - \$210,000
Lovely 1506 sqft, 4 BR, 1.5 bath home w/plenty of upgrades, on 6 AC just min from town. OUTBUILDINGS incl Garages; Property is treed & sheltered w/trails through the woods.



Teulon - \$269,900
Carefully crafted 1716 sqft 3BR, 1 1/2 Bath, 1 1/2 Story home on 100x259' Lot w/24x32 Det Garage. Price incl's add'l lot.



NORRIS LAKE ROAD - TEULON \$34,900
THE LOON CALLS & your canoe glides over the tranquil lake - 150' LAKEFRONT lot - available to build your own Nature Retreat!



WHO'S THE MOST AWESOME CLIENT I SEE IN MY FUTURE?

Stonewall couple offers helping hand for those in need

By Jennifer McFee

A Stonewall family is offering a helping hand to those who are self-isolating during the COVID-19 outbreak.

Derek and Jodi-Lee Kaemingk are willing to pick up groceries, urgent supplies or mail for those who need it. They're also on hand for a friendly phone call for anyone who would like to connect.

Jodi-Lee got the idea after seeing a Twitter post about a news story from the U.K. that featured a young girl putting notices on people's doors to let them know that she could help out during self-isolation.

She mentioned to her husband that they should do something similar. So the couple made about 15 cards with their contact information and posted them on doors around their block in order to maintain social distancing without the need to knock.

"We've received two phone calls from elderly people just saying thank you. They don't need help right now but they said they will call if they need. They were really appreciative of that," Jodi-Lee said.

"We have plans to do the rest within a two-block radius. We're going to do

a few houses each night. We have two kids and we take them with us and stick the notes on doors."

The family is open to having anyone contact them to request assistance.

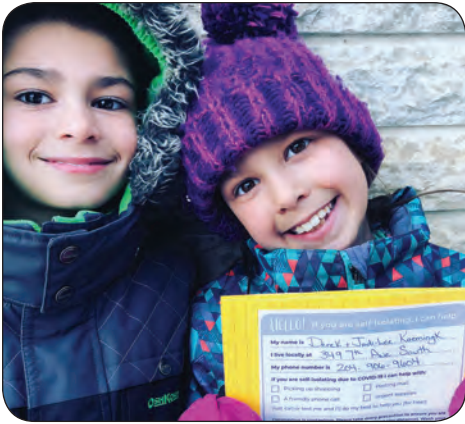
"We just wanted to help out," Jodi-Lee said. "We know a lot of times people get scared. My husband and I get nervous too, and I found that doing this exercise made me less nervous. I'm less scared because I feel like I've got a community."

Originally from Stonewall, Jodi-Lee moved back to town with her family in August and they bought a home on 7th Avenue South in November. Her husband had been working as a pastor in southern Ontario, northern Ontario, Yellowknife and Gillam.

"We're enjoying being back in Stonewall. We love Stonewall," said Jodi-Lee, adding that her family is now part of the New Life Church community.

"We're brand new to the block. We don't know people on our street, so I thought it's a good way to get to know our neighbours and help out."

The family plans to continue to offer their services for free in their neighbourhood and see what transpires. She also set up an account on



TRIBUNE PHOTO SUBMITTED

Jodi-Lee and Derek Kaemingk and their children Dominic and Dafne.

a neighbourhood app as another way for neighbours to connect.

"We've never gone through this before but I think that people are stepping up. If people are afraid, then they need people who aren't afraid," she said.

"If we aren't afraid, then we can serve our neighbours and get through it. It's uncertain times, and helping out also helps with the fear and anxiety for me too."

To contact Derek and Jodi-Lee Kaemingk, call or text 204-906-9604.

Stonewall council briefs

By Jennifer McFee

Stonewall council has decided to close several town facilities until further notice in keeping with recommendations from medical professionals for social distancing.

The town office, Heritage Arts Centre and Veterans Memorial Sports Complex (including the Ice Palace and Curling Club) shut down to the public on Tuesday, March 17.

Although the town office is closed to the public, it continues to operate and residents are welcome to connect with town staff by phone. The town will continue to accept and process bill payments online, by mail or through the payment slot in the front door of

the town office; however, council asks residents to avoid using cash to pay accounts at this time.

Council will continue to meet, and the meetings will still be open to the public but all delegations and public hearings are postponed until further notice.

"We want people to respect and adhere to the suggestions from Health Canada and Manitoba Health to practise social distancing and self isolation if needed," said CAO Wally Melnyk in an email.

Links to Manitoba Health and Health Canada are posted on the town's website at www.stonewall.ca.

Continued on page 4

your health
and safety is
important to us.

As we monitor COVID-19, we are doing our best to follow social distancing strategies suggested by the Manitoba Government. As an alternative to coming to a branch, Sunova offers the following options for members to access their accounts:

- Sunova GO Web (online banking)
- Help HQ call centre
- Sunova ATMs

Contact



PHONE: 1.833.378.6682
EMAIL: info@sunovacu.ca
CHAT: www.sunovacu.ca
TEXT: 1.204.813.5786

MONDAY - FRIDAY - 8:00 AM - 8:00 PM
SATURDAY - 9:00 AM - 4:00 PM

where relationships matter most.



sunova
CREDIT UNION

Home Buying, Building & Renovation • Garage Doors • Landscaping
• Auto Services • Fitness • Health & Wellness • Entertaining • Food Services
Insurance & Financial Services • Giftware • Home Furnishings

South Interlake
business
EXPO

Over 40
POSTPONED
WILL KEEP YOU POSTED ON A FUTURE DATE
& services participating!

Friday, April 24 & Saturday, April 25
4 p.m. to 8 p.m. 9 a.m. to 4 p.m.

For more information, contact
Stephanie at 204-467-5836 or at
ads@stonewallteulontribune.ca

Stonewall Teulon
Tribune

Myskiw shares his South East Asia journey with readers

By Bryan Myskiw

Warren's Bryan Myskiw ventured out on a backpacking journey to South East Asia on March 8. He will be sharing his photos and weekly adventures with Tribune readers.

On March 8, I embarked on a journey to cover countries of South East Asia on a backpacking trip to focus on reflection and meditation. The now all-too-talked-about coronavirus/COVID-19 had been making its way through China, Iran and Italy with lower numbers in most parts of the world. My flights changed had reflected the precautions being taken by other countries and the airlines themselves.

Upon boarding my flight from Vancouver to Tokyo, it became clear that this was going to be a trip with unusual experiences. The flight boarded at under 40 per cent capacity and we were greeted by attendants in face-masks.

I had prepared myself to take precautions while on this trip and prepared myself with masks, sanitizer and disinfectant wipes to clear over the high contact services on my seat — which would end up being my row, as no one else sat in the full row. An empty flight on a 12-hour flight has its advantages.

Upon my arrival to Hanoi, Vietnam, visitors were temperature checked and questioned on our past destinations. Rope lines outlined the what would normally have been hour-long waits now reduced to five minutes.

Within the first three days in Hanoi, I watched as tourists and related employment dwindled, dropping from 30 to nearly two per cent of normal tourist numbers. Temples and other tourist areas had begun to see greatly reduced numbers with religious sights, finding a return to their original mystic.

Numbers have dwindled to such low numbers that many sites have begun to close. I have been fortunate enough to be greeted here with "You are very lucky. This is the last day we are open. Tomorrow we close," a greeting that has followed me from Ha Long Bay to the ancient temples of My Son and Marble Mountain.

Typical days in Vietnam have included temperature checks before entering banks, hotels and many other public spaces as well as road-side check spots with police and medical attendants.

You will not find any rushes to toiletries here or hoarding of supplies. Many of the locals though are fearful of those not wearing masks. Here, it is viewed as a preventative to wear



The ancient temples of My Son and Marble Mountain.

a mask, unlike the Canadian recommendation of only wearing one if ill. The Vietnamese have taken strong measures at securing their country. At the time of writing this, Hanoi, with its local population of over 8 million has only had 48 COVID-19 cases.

Tourists here have been met with this uncertainty of the best course of action, with varying global conditions changing in only hours. Some travelers have aborted their plans and returned home or have been called to return from their country, while others plan to see this through.

Some have cancelled month-long trips and returned home to places in panic and plagued of virus scares that bring to life the "pandemic" of the world.

Others have been attempting to extend their trip for as long as they are able.

Today I spoke with an elderly Australian couple who plan to continue to travel until the countries won't let them in anymore. They had accepted that they would be placed in quarantine upon their return and figured they may as well make the most of the situation, while taking the necessary precautions. I would like to say that there is something to be said about good hygiene and hand cleaning in these situations. I have found myself washing and disinfecting my phone and camera frequently.

I must confess though that this has become the most opportune time to capture the beauty of Vietnam as I travel southward. Popular spots where tourists would typically crowd such as Honai's Train Street or Hoi An's Lantern market have become silent. Spaces have been cleared and some say that over the last few weeks the over tourism issues that face much of Asia have seen a resolution. Half of Southeast Asia's tourism comes from China and another 25 per cent comes from European countries.

What I am seeing here, currently in



Hoi An's Lantern market.. TRIBUNE PHOTOS BY BRYAN MYSKIW

Hoi An is that the biggest crisis Vietnam will face is the collapse of a huge economic system that will certainly be echoed around the world.

For many families here, their work is primarily linked to some form of tourist linked employment, which will not return in the com-

ing months. Bars and restaurants have either closed or provide to a limited number of customers and locals have kept at bay. Hotel staff have cut down to skeletal employees and many cities and towns have become ghost towns.

From HoiAn, I will arrive to Ho Chi Minh City (Saigon) on Wednesday.



Honai's Train Street in Vietnam.



Talbot & Associates is proud to be part of your community

We are happy to help you with:

**Corporate & Personal Tax Returns
including farm and business,
Bookkeeping, Payroll
U.S. Income Tax Services and more!**

Talbot & Associates

278 Main Street – Unit 2

P.O. Box 1220

Stonewall, MB R0C 2Z0

(204) 467-5566 • talbotcpa.ca

Google 5.0 ★★★★★



TALBOT
ASSOCIÉS • ASSOCIATES

CHARTERED PROFESSIONAL ACCOUNTANTS
COMPTABLES PROFESSIONNELS AGRÉÉS

**Helping Manitobans
for over 25 years**

Loaf and Honey offers pre-made meals

By Jennifer McFee

A culinary business with local ties is now offering healthy meals that families can simply reheat and eat.

Loaf and Honey is adapting to the current world situation by offering take-home meals prepared in the Watersong Farms kitchen.

"We're rolling on the fly as best as we can. We're doing frozen meal prep that people can pick up for the week and we've also been dropping meals off," said Dustin Peltier, who runs the business along with his partner Rachel Isaak. "There have been adult children buying for their parents who are self-isolating. They drop the food off on the doorsteps and their parents take it from there."

While Loaf and Honey always tries to work with local companies, it's now even more important than ever to support businesses close to home.

"We're trying to spread the money around to some other small businesses. Everybody in food service has been hit or is out of work or is wondering if we're going to have companies at the

end of this," Peltier said.

"There's a lot of food waste that is happening right now so some restaurants that weren't switching over have given us some food. The community has really stepped up. Rather than food going into a dumpster, we're all trying to find ways to get it into people's fridges."

Since they've received some of their ingredients, the culinary couple is trying to keep their prices affordable.

"We understand that everybody is going to be getting tight on money as the weeks go so we're trying to make it so you can stock your freezer up," Peltier said. "Rachel and I are the only ones touching the food, so we're really able to control and mitigate any touching. That's what we all need to do right now — we need to isolate but we also need to eat."

They plan to continually tweak the menu for variety and to make use of available ingredients. For now, they're offering options for breakfast, soups, salads, hot lunches, suppers and baking, and they also have some cheese

that's available for purchase. There's something for everyone, including vegetarians, vegans and those who prefer gluten-free meals.

"Right now we're working 18 hours a day. It's just the two of us and we're trying to get food out to everybody without any staff so that there's fewer people touching products," Peltier said, adding that Watersong Farms has social distancing protocols in place. "None of our stuff comes from a package so we're still making everything from scratch. This isn't the food that we normally do, so we're developing new systems for how to track orders and how to figure out deliveries. We're doing 15 or 16 hours in the kitchen and then we're going home and working on spreadsheets for a few hours."

All their catering jobs for the next 60 days have been cancelled, including charity events, birthdays, corporate outings and a large contract for the Manitoba Museum over spring break.

Nonetheless, they haven't missed a beat while shifting gears to deal with

the impact of COVID-19 on the food industry.

"Everything has come to a halt and we don't know how long this is going to last," Peltier said.

"But if we all follow the protocols, hopefully we'll slow it down and it only lasts a couple months. Everything is changing by the hour."

Currently, Loaf and Honey is delivering meals on Tuesdays and Fridays, and the cut-off for orders are Sundays and Wednesdays to qualify. In addition, people can come to pick up their orders on Wednesdays, Thursdays or Fridays from 3 to 6 p.m. at Watersong Farms, which also has trout and chicken available for purchase. The menu is posted on Loaf and Honey's website at www.loafandhoney.com and on the company's Facebook and Instagram pages.

To place an order, email loafandhoneycatering@gmail.com.

For information about Watersong Farms, located 11 kilometres east of Stonewall on Highway 67, email info@watersongfarms.com.

IERHA cancels wellness events

By Jennifer McFee

In an effort to protect staff and patients from exposure to COVID-19, the Interlake-Eastern Regional Health Authority has decided to cancel all upcoming wellness classes and events.

One of these cancelled events is the much-anticipated Ready ... Set ... Grow! wellness expo. Geared for Interlake kids aged three to five, this event had been set to take place at Ecole RW Bobby Bend School on April 22.

A joint venture between the Interlake School Division, South Interlake Regional Library and the Interlake-Eastern Regional Health Authority

(IERHA), the event would have featured activities and displays. Areas of interest would have included nutrition, speech and language, fine motor skills, gross motor skills, dental health and much more.

According to Shared Health, social distancing is intentionally used to reduce close contact between people to try to stop the progression of community transmission of any virus.

Important actions include minimizing prolonged (more than 10 minutes) close (less than two metres) contact with other individuals in public; avoiding greetings that involve touching; frequently disinfecting regularly used surfaces, electronics and personal items; and avoiding travel, crowded places and large events; and washing hands often.

Even if you are not displaying any symptoms, everyone is encouraged to follow public health advice — includ-

ing self-monitoring and self-isolation if you have travelled or been exposed to someone who is ill with the virus.

"Based on recommendations by public health officials, social distancing is being implemented at health-care facilities across Manitoba," states a Shared Health document.

"It is everyone's personal and professional responsibility to keep ourselves healthy. As we ramp up preparedness and response, it is essential

that we take care of ourselves and each other so that we can continue to provide excellent care to the Manitobans who rely upon us."

For more information about COVID-19, visit the Interlake-Eastern Regional Health Authority website at www.ierha.ca.

If you would like to add your name to a waitlist for when wellness classes resume, you can email wellness@ierha.ca.

> COUNCIL, FROM PG. 2

In other council news:

- The town will purchase an electric ice resurfacer from Fer-Marc Equipment Ltd. for \$148,410 plus taxes.
- The CAO will execute a letter of understanding with Lloyd Jensen for the 2020 yard waste diversion and composting program.

- At the March 11 council meeting, Scott Corbett from John Q Inc. provided council with an update on the capital region fibre internet project. Progress has been delayed by a lack of funding from the provincial and federal governments. Currently, John Q. is pursuing venture capital funding to move forward with the project.

NOTICE

All services at the Anglican Church of the Ascension are SUSPENDED until further notice.

Gauthier
Cadillac BUICK GMC
2400 McPHILLIPS ST.
Call

JERRY VANDE
Sales Manager
Ph: 204-633-8833
SHOP ONLINE AT
WWW.JIMGAUTHIERGMC.COM



From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**

kl
KEN LOEHMER
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Local farmer named president of Manitoba Beef Producers

By Evan Matthews

The Manitoba Beef Producers (MBP) has named a Lake Francis farmer president.

Dianne Riding, who runs a commercial cow-calf operation, became the organization's president at its 41st annual general meeting in Brandon.

"I have been on the MBP executive for some time and I am one of the more experienced directors on the board, so this is a natural progression," said Riding, who joined the board in 2014.

"I have always been interested in advancing opportunities for the beef industry and working to overcome challenges affecting our sector. I'm excited to be working with the board on behalf of Manitoba's 6,500 beef producers."

She has held leadership roles, including vice-president and chair of different committees.

Riding takes over from former president Tom Teichroeb, who had reached the maximum allowable term for MBP directors as per the organization's bylaws after his year and a half as president.

Teichroeb made it known to Riding that she may contact him at any time if need be.

Riding's goals as president include continued discussions with the province over changes to the Agricultural Crown Lands Leasing Program, launching the Livestock Predation Prevention Project, and advocating for effective water management strategy with both the provincial and federal governments.

"Concerns continue related to the Agricultural Crown Lands Leasing

Program's increase in the rental rate, valuing of improvements, and the future of unit transfers," said Riding.

"MBP has asked for the first right of renewal on legacy leases and when the provincial government opens the consultations on that particular piece, we strongly encourage lease holders to provide their feedback."

Predation-related challenges pose a significant concern for Manitoba's livestock producers, according to Riding. The Predation Prevention Project will help improve the understanding of the risks and work toward developing effective prevention and mitigation methods to reduce future losses.

The project includes stakeholders such as Manitoba Agriculture and Resource Development, Manitoba Agricultural Services Corporation, Manitoba Sheep Association, Manitoba Trappers Association and Agriculture and Agri-Food Canada, she said.

Effective water management strategies, according to Riding, could include the completion of the Lake Manitoba and Lake St. Martin outlet channels project.

"These topics and others are part of MBP's ongoing advocacy and outreach efforts," said Riding.

"We will work with governments and other stakeholders to advance work in each of these respective areas."

Forage Insurance Review

Riding encourages MBP members to take the Provincial Forage Insurance Review survey.

Forage production is subject to a variety of risks, including droughts and floods, Riding said, and it's important



TRIBUNE PHOTO SUBMITTED
Lake Francis farmer Dianne Riding will lead the 6,500 members who make up the Manitoba Beef Producers association.

cies, Riding noted.

Right now, producers are being provided with an "opportunity" by the provincial government to provide feedback on what is or isn't working, as well as what would be valuable in terms of program changes, she said.

Producers can access the online survey on <https://engagemb.ca/>, and the deadline for the survey has been extended until March 31.

MBP and coronavirus

Riding said MBP is in the early stages of trying to understand COVID-19's impacts, and how long they may last, as is everyone else.

MBP will have to be flexible, she said, and adjust advocacy efforts as the year progresses.

"As a member of the MBP board, I cannot say often enough how appreciative we are of the support from our members," said Riding.

"There will be challenging issues affecting our sector from time to time, but our cattle producers are deeply committed to the industry, and we thank them for their constant insights and suggestions. It makes our organization stronger."

Farmers in the region have said, though, the virus has put another drop in what they receive for cattle (sales).

Some farmers have reported prices down between 50 and 60 cents per pound from last year in what can already be described as a difficult marketplace based on the 2019 season.

that business risk management tools can react to a variety of challenging production conditions.

"By taking part in this review, we can help shape the suite of forage insurance offerings in Manitoba in a way to make them more responsive for beef and forage producers," said Riding.

"All input is valuable, so we are encouraging producers to take part in the process whether or not they are currently using the products."

Producers have often raised concerns about gaps or challenges with the current forage insurance offerings that limit their responsiveness and discourage them from taking out poli-

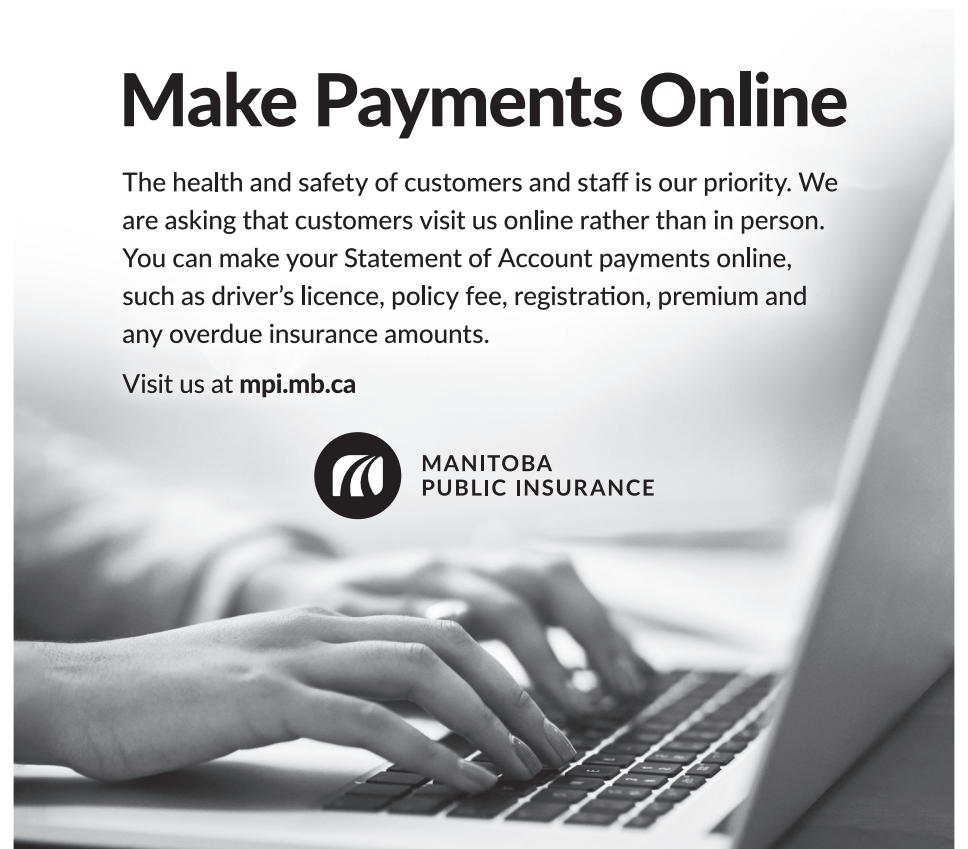
Make Payments Online

The health and safety of customers and staff is our priority. We are asking that customers visit us online rather than in person. You can make your Statement of Account payments online, such as driver's licence, policy fee, registration, premium and any overdue insurance amounts.

Visit us at mpi.mb.ca



MANITOBA
PUBLIC INSURANCE



THE

Flicks

CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

**PROGRAM SUBJECT TO
CHANGE WITHOUT NOTICE**
Cash only

CLOSED UNTIL FURTHER NOTICE

**Please call for
daily updates on
hours and services.**

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

Stonewall Teulon
Tribune



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Jennifer McFee



SALES
Stephanie Oland Duncan



REPORTER
Ligia Braidotti



DISTRIBUTION
Christy Brown



SPORTS EDITOR
Brian Bowman



ADMINISTRATION
Jo-Anne Procter



REPORTER/PHOTOGRAPHER
Evan Matthews



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Corrie Sargent



PRODUCTION
Debbie Strauss



PRODUCTION
Nicole Kapusta



PRINT
Dan Anderson

OUR SISTER PUBLICATIONS

THE EXPRESS
WEEKLY NEWS

The Selkirk Record

The Winkler Morden
Voice

getheard

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

> Got news?

Call Evan Matthews at 204-990-9871
evan@expressweeklynews.ca



Importance of social distancing

By Evan Matthews

Manitoba is now up to 21 confirmed cases of COVID-19, 14 more than last week.

That number is only going to rise for the time being.

Last week's editorial discussed the importance to remain calm amidst the panic but also to do our part in stopping the spread by using common sense: avoiding unnecessary trips out of the house, washing your hands more often than normal, avoiding face touching, covering your mouth when you cough, and of course, social distancing.

What we didn't discuss is why remaining at home as much as possible — social distancing — is so important.

Let's use a hypothetical situation, one that has been shared many times on social media, originally written by a woman named Kate Roper.

Look forward two weeks from today's date. You open your eyes in the morning and realize you have a deep cough, a fever and full body aches.

It's bad, so you venture to the doctor's office and are diagnosed with COVID-19.

Over the last two weeks, you were oblivious to the fact you were infected. You carried on with life as normal — the bar, the gym, your favourite restaurant — refusing to consider social distancing because you didn't feel sick.

After a few days on the couch feeling terrible, you recover and you're well again because you're young, healthy, and have a strong immune system.

But then you hear your elderly grandfather — who you've visited about a week ago and who lives with a chronic health condition (like COPD or a heart condition) — wasn't so lucky.

He passed away.

This hypothetical situation showcases the importance of social distancing, which is that it's not about you.

Moreover, the statistical and probable reality is there are likely far more active cases than society has mea-

sured to date, based on the incubation period of the virus and its exponential spread.

The less we interact with others, the better chance we give the numbers of those infected to hold firm, thus stopping the spread.

While many — most — of us don't have to worry, we should still consider others in this time of uncertainty.

It's not a matter for fear or panic but rather of logic.

Put more eloquently in a tweet from David Futrelle, "Most people staying home aren't doing so out of fear; they're trying to avoid becoming coronavirus vectors that could sicken and kill others who are vulnerable."

Going out to bars and restaurants isn't 'brave'; it's selfish and is the moral equivalent of deliberately coughing in someone's face."

Don't be afraid, but don't deliberately cough in someone's face. Do your part.

Woodlands unveils new communication system

By Evan Matthews

If there is one thing politicians are taking away from COVID-19, it is that the RM was not adequately prepared from a technological standpoint.

But Reeve Lori Schellekens said the RM is changing the way it operates to accommodate during these uncertain times.

Changes to council operations

Two RM of Woodlands' council members consider themselves to be part of vulnerable populations — whether due to aging or lowered immune systems — and will not be attending meetings.

tending meetings.

The RM is working to get those councillors online with video capability, so to carry on with council meetings and committee of the whole meetings.

Preparations have started to hold future council meetings (and public hearings) at the Warren Multipurpose Building, according to Schellekens, in order to ensure council can accommodate social distancing recommendations. Any member of the public wanting to attend a council meeting must pre-register with the RM office a minimum of two business days in

advance by contacting the municipal office.

Building permits are still being accepted, she said.

The RM has also restricted public access to all municipal buildings, including the municipal office. The RM is encouraging all residents to use online banking for tax and utility payments or the drop box outside the office is available for drop offs.

The RM has taken "internal proactive measures" to ensure public works

Continued on page 7

ADVERTISING OR PRINT CONTACT INFORMATION

Stephanie Duncan 204-461-4771
ads@stonewallteulontribune.ca

PHONE 204-467-5836

FAX 204-467-2679

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

> EMAIL US

Letters to the Editor: letters@stonewallteulontribune.ca

Classified: classifieds@stonewallteulontribune.ca

News: news@stonewallteulontribune.ca

Print: igrphic@mymts.net

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

Brian Bowman Sports Reporter
sports@stonewallteulontribune.ca

Evan Matthews - Reporter/photographer
204-990-9871 Email: evan@expressweeklynews.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Stonewall Teulon Tribune is published Thursdays and distributed through Canada Post to 7,800 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.



This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. — Keep your dollars working at home and shop local. Our commitment to you, the reader — we connect people through stories to build stronger communities.

Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication

View the Stonewall Teulon Tribune online at
www.stonewallteulontribune.ca



get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY JO-ANNE PROCTER

One way to get fresh air and exercise while social distancing is to saddle up your trusty steed and go for a ride. Last Sunday the weather was perfect and traffic was light just east of Stonewall. Pictured left to right: Debbie Peterson-Bagan riding Jinx, Camille Sochaski riding Abby and Lorrie Kratzer riding Friskco.

Rosser council news in brief

By Jennifer McFee

At the March 10 meeting, Rosser council hosted a public hearing for a conditional use application to allow for a junk removal business called Chuck It Junk Removal on PTH 7.

In other news:

- Council requested quotes for aggregate supply and received bids from Borland Construction Inc., In-

land Aggregates and Glacial Aggregates Inc. The lowest bid was recommended, so council accepted the price quotation for a two-year contract by Inland Aggregates at a cost of \$11.55 per tonne for 2020 and \$11.85 per tonne for 2021.

- Council approved a request from Manitoba Hydro to install electric service on Bergen Cutoff.

- Council accepted a \$29,500 proposal from MORR Transportation Consulting for a feasibility study for implementing a mass transportation option for current and future workers at CentrePort businesses. The expense will be covered by the capital levy reserve.

> NEW COMMUNICATION, FROM PG. 6

services continue with as little disruption as possible and will continue to do so. For any questions, concerns or service requests, the RM advises residents to call the administration office at 204-383-5679.

The RM's emergency services such as 911 — fire, RCMP and paramedics — are considered essential services will continue regardless of the COVID-19's severity.

New communication system

Unrelated to the COVID-19 global pandemic, Reeve Schellekens said the RM is unveiling a new communication system that has been in the works for some time.

The new system links to the Canadian Emergency Alert System, according to Schellekens, so extreme

weather events like tornadoes or flash floods come through the system to notify residents.

The RM is asking residents to go online to the RM website to register.

As residents go through the registration, they will be asked for their name, phone number and email address. Then they will have the option to customize their preferred method of communication: emails, voice calls on landlines, voice calls on cell phones or text messages.

But the service isn't just for emergencies, since residents will also be able to join custom groups to their liking such as community events and notices, municipal government, public works, recreation and Warren Utility, Woodlands Utility.

"If a person has interest in local softball, organizers may end up using the recreation group for sending out notices," said Schellekens. "Residents will be able to customize everything."

On the flip side, Schellekens said the RM will be able to customize who receives messages. As an example, if a water main break affects a specific part of town, the RM can notify those specifically affected rather than everyone in town.

Schellekens said for residents who opt for mobile or landline calls, the number to show up will be 1-844-707-9314 and reminded residents to not hang up when they see the number.

Residents can register at <https://www.rmwoodlands.info/>.

worship

with us > FAITH

Paradigms and Paralysis

Paradigms describe patterns. Paradigms are the ways we look at life and think about life. A paradigm shift is a shift in the way we look at and think about life. These last few weeks you may have had a paradigm shift when it comes to viruses and pandemics. I know I have.

Paradigm paralysis is the inability to view life from a new way when events show us that our old paradigm does not work. People and institutions can suffer from paradigm paralysis. Are we willing to see and react in new ways to what we are experiencing in the world?

Our system of economy gives power to those who make profits. Industry is driven to make profits for their investors. Workers and investors gain purchasing power that when spent can produce industries that are devoted to meeting their desires.

We are seeing how a virus can be spread throughout the world on the tails of travellers who travel, sometimes for no better reason than just because they desire to do so.

We have seen greenhouse gases spike in the atmosphere for reasons directly attributable to human activities. Yet many industries use highly polluting sources of energy to maximize their profits. In Europe there are reports of jets flying empty just so the transportation companies can keep their landing privileges at airports.

Are we willing to step out of our own blindness and become the stewards of creation that God has called us to be? Global warming and pandemics; are we stuck in a paradigm paralysis that resists change, or are we prepared to make a paradigm shift in the way we use the power we have as governments, industries, associations and individuals? Let us during this Lenten season give up our old paradigm of power through profit and be the stewards God has created us to be.

Submitted by
the Reverend
James Bardsley
Anglican Church
of the Ascension,
Stonewall
Member of Stonewall
and Area Ministerial



letter to the editor

Letters to the Editor: letters@stonewallteulontribune.ca

There is a lot of recognition for the services of the medical field, and justifiably so. We should also be recognizing and thanking work-

ers in grocery stores, gas stations, pharmacies, newspapers, banks and many more who put themselves out there every day to serve

us. Show your appreciation with a simple thank you the next time one of these workers help you.

- Doug & Lenore Oakford

Budget 2020 delivers significant tax reductions

Last two years of tax cuts combined largest in Manitoba history

Submitted by Manitoba government

Budget 2020 continues moving Manitoba forward and building a brighter future for all Manitobans, Finance Minister Scott Fielding announced today as he presented the provincial budget in the Manitoba legislature.

"In just four years, Manitoba has made tremendous progress on the road to recovery," said Fielding. "Budget 2020 continues the hard work by focusing on the issues that matter most to Manitobans — by providing better services, protecting our environment, making our communities stronger and safer, making life more affordable, and building a better, brighter and more prosperous future for all Manitobans and their families."

The province is introducing a made-in-Manitoba Green Levy effective July 1 at a flat \$25 per tonne that will not increase each year, unlike the federal government's carbon tax. The minister noted it will cost Manitoba families and businesses less than the federal carbon tax plan and will be more effective in reducing greenhouse-gas emissions. In order to offset the impact of the Green Levy, the government will lower the PST rate to six per cent as of July 1.

"Budget 2020 delivers significant tax reductions, which, combined with the 2019 tax cuts, are the largest in Manitoba history. Manitoba will be

the only province that has cut its sales tax in recent years and we've done it twice," said Fielding. "This PST rate reduction will ensure that all who pay the Green Levy will benefit through a lower sales tax rate."

Combined with last year's PST rate reduction to seven per cent, Fielding estimated this additional reduction and implementation of the Green Levy will grow the provincial nominal GDP by \$108 million, which is good for the environment and good for the economy. It will increase labour income by an estimated \$50 million annually and generate an estimated 1,042 person-years of employment growth.

The PST reduction is expected to create an average annual savings of approximately \$345 per household, with approximately 510,000 households in Manitoba. Combined with an additional \$131 in savings estimated to be passed along by Manitoba businesses, it results in total average savings of \$476 per year to Manitoba households.

The province will replenish the rainy day fund and will contribute an additional \$300 million to the fund by the end of 2020-21. This will result in a balance of \$872 million, at which point the rainy day fund will be fully funded.

"Our province will be in a far stron-

ger position to respond to unforeseen emergencies and we have never been as prepared to deal with those situations," said Fielding. "While the previous government left Manitoba without the resources to respond to natural disasters, our government is replenishing the rainy day fund."

Additionally, the emergency expenditures contingency is increased to \$100 million, which is effectively \$86 million higher than it was in 2016, and an incremental \$45 million available for infrastructure projects aimed at improving environmental resiliency. The government is determined to complete the Lake Manitoba and Lake St. Martin Outlet Channels Project as soon as possible and Budget 2020 allocates a total of \$101 million for the important flood mitigation initiative.

The expected provincial deficit for Budget 2020 has been reduced to \$220 million, an improvement of \$140 million over the previous year. Fielding also reconfirmed the government is on track to balance the budget within its current term. Importantly, the province is also forecasting that its debt-to-GDP ratios will be declining over the next four years, which is a significant signal of improving fiscal health, the minister noted.

"Supported by strong revenue growth and responsible expenditure controls, we are now one step closer to delivering a balanced budget during the current term of government," said Fielding. "We have modestly exceeded our plans each year and we

are predicting, for the fourth year in a row, an improvement to our earlier forecasts. We have reduced the deficit each year, while making record investments in health, in education and for families. We have made life more affordable for Manitobans by cutting the retail sales tax rate, by ending income tax bracket creep and by eliminating many other fees."

Budget 2020 provides record investments in health care at \$6.8 billion and education with \$1.3 billion in operating grants to public school divisions. The Manitoba Health, Seniors and Active Living budget includes funding for a range of capital projects, such as the Health Sciences Centre master campus plan and St. Boniface Hospital redevelopment, with a total strategic infrastructure budget of \$1.8 billion. A \$160-million investment on capital projects in the kindergarten to Grade 12 education system will result in 4,425 new classroom spaces either open or under construction by the end of the 2020-21 fiscal year as the government builds seven new schools and several major additions and renovation projects.

The budget commits to keeping Manitobans safe in their homes and communities, and strengthens provincial plans to work with communities and law enforcement to prevent crime.

To view the Budget 2020 documents, visit www.manitoba.ca/budget2020.

Teulon drop-in centre taking shape for this summer

By Evan Matthews

For many in Teulon, hearing the names Wayne and Jan Pringle might bring back some memories of their childhood, hanging out at Pringles', playing games and eating food.

Recreating some of that ambiance is a goal for Lana Knor, president of Teulon's Green Acres Art Centre (GAAC), as the potential for a new drop-in centre is growing; specifics taking form.

"They treated all the kids like gold, and you didn't dare disrespect them," said Knor, adding Wayne Pringle passed away about a year ago.

"They were amazing people. I really miss Mr. Pringle, and if I can help provide a space half of what they provided us as kids, we'll be doing a really great thing."

Part of the drop-in centre's mission, according to Knor, is to have intergenerational activities.

The drop-in centre is expected to have Wi-Fi available, a projector with Xbox, Disney+ and Netflix; air hockey, foosball, a basketball arcade, sports like hockey, basketball, floor curling and a canteen that will have snacks available.

"If grandma and grandpa want to come out

and try floor curling with their grandkids, that's amazing," said Knor.

"I have a feeling it's going to be largely young people, but we want to have this open to everyone."

The drop-in centre is tentatively going to run for eight weeks, hopefully from mid-June to mid-August if all goes according to plan. The Teulon-Rockwood Arena will play host to the potential drop-in centre, as Knor said the Rec Commission offered a "very reasonable" rate.

Knor said she expects the total operation budget for the potential drop-in centre to be roughly \$15,000, which includes insurance, equipment, facility rentals, SOCAN licensing, paying staff, advertising, utilities and so on.

At the Town of Teulon Feb. 11 council meeting, Knor put in a request to the town for \$5,000 outside of the GAAC budget in order to get the drop-in centre off the ground.

The more funds raised — whether coming from the town, the RM or private business — the less the drop-in centre will have to charge for access, Knor said.

GAAC had planned fundraisers such as a "Turkey Bingo" night but, due to coronavirus concerns, have postponed plans.

"There is just no way it'll be feasible without some kind of (user) fee," said Knor, who said GAAC is doing all it can to fundraise and get creative. Knor said GAAC has even applied to the Canada Summer Jobs program in order to staff the drop-in centre as well.

"We're doing our best to minimize that fee to our potential users because we want our kids to have access. I'm determined to make this happen," she said.



Watersong Farms
on farm store
OPEN: WED THURS FRI 3-6
SATURDAYS by appointment
Fresh Steelhead Trout and farm gate products
Loaf and Honey will also be on hand
with Fresh baked goods, breads and
take home prepared items
info@watersongfarms.com 204-322-5558
#117 PTH 67, 11kms west of Stonewall
So close you can taste it!!

Tips for parents and caregivers to encourage learning at home

By Jennifer McFee

The Interlake School Division has compiled a list of resources to help support students and their caregivers while learning from home.

Student services administrator Michelle Procter was involved in the process, along with the school division's social workers, behaviour specialist and occupational therapist.

"It truly takes a village to raise a child, especially in times of crisis," Procter said. "It is amazing to see how educators, caregivers, parents and community are coming together to support the children of the Interlake School Division."

To keep kids healthy, active and learning while at home for a prolonged period, it's important to get outside. That could mean going for a walk or run or playing in the backyard or at nearby outdoor area. Outdoor play stimulates the senses and central nervous system while building coordination and gross motor skills. It also allows kids to get their heart rate up, soak in some Vitamin D and build skills through play and exploration.

Another suggestion is for caregivers to engage in interactive play with their child such as board games, hide and seek or playing catch. This type of interaction builds a sense of attachment, connection and belonging that can improve mental health and well-

being.

Kids can also learn some life skills such as washing dishes, making meals together or helping with a home project. As a result, they'll learn about teamwork and collaboration while also improving self-esteem and helping others.

It's also important to stay connected with others in times of self-isolation, whether that's through Skype, FaceTime, WhatsApp, Zoom or a good old fashioned telephone call.

Let's not forget self-care, which could mean trying a new activity, engaging in a mindful practice, taking time to read, or indulging in a nice long bath. To be well for others, we must make sure that we stay well ourselves. It's easy to get overwhelmed during this stressful time, so try to enjoy the simple things in everyday life that can bring us peace in the absence of our busy routines.

When it comes to talking to kids about COVID-19, caregivers should remain calm and reassuring. Kids might have a variety of emotions about the current situation, so it's important to acknowledge and accept these feelings.

Caregivers should make themselves available to listen and talk with kids, letting them know that they can come forward with any questions they might have. At the same time, they



TRIBUNE PHOTO SUBMITTED

To keep kids healthy, active and learning while at home for a prolonged period, it's important to get outside.

should make sure to avoid language that might blame others or lead to stigma.

In addition, caregivers might consider reducing screen time that focuses on COVID-19 since too much focus on one topic can add to anxiety. They should provide information that is fact-based and age appropriate. Keep communication open and let kids know that you'll update them as you learn new information.

To reassure kids, focus on everyday

safety precautions such as proper handwashing and coughing or sneezing into their elbow. Kids should understand the concept of social distancing and why it's important right now.

Routines can also alleviate anxiety, with scheduled times for meals, academic work, free play and bedtime.

Procter also encourages parents to visit the Interlake School Division website at www.interlakesd.ca as well as individual school websites.

Unicorn cookies for Amaya

By Jennifer McFee

A Balmoral family is working on a sweet idea to help another local family in their time of need.

Cindy Shipley has been busy delivering unicorn sugar cookies baked by her 14-year-old daughter Evalyna. All of the proceeds support seven-year-old Amaya Dawson, who remains in hospital after a serious vehicle collision on Feb. 23. Among other injuries, Amaya broke her neck and has a severe spinal cord injury. She is improving day by day, but she remains paralyzed from the mid-chest down.

"We made 130 cookies and they all sold within an hour for a minimum donation of \$2 apiece. Some people gave a little more, and all the funds are going to the family," Shipley said.

"My daughter is doing 90 per cent of the work, and I'm only delivering. Now that she's home and has a little more time, it's her plan to make some more this week."

For Evalyna, who is in Grade 9 at Ecole Stonewall Collegiate School, she wanted to find a way to offer sup-

port.

"I knew that they're going to have to do lot of renovations to their house," she said, "so I thought it would be nice to help."

Anyone who would like to order a cookie can find Cindy Merpaw Shipley on Facebook and send her a message.

TRIBUNE PHOTO
BY CINDY SHIPLEY

Evalyna Shipley and Grace Hume decorate unicorn cookies for Amaya.



Oracheski
FINANCIAL

204-467-8490

Linda Oracheski
Independent Insurance Broker

Life and Mortgage Insurance
Critical Illness and Long Term Care
Income Replacement Plans
Business Insurance Solutions
Health & Dental & Travel

lofinancial@shaw.ca www.oracheski.com

We believe in cherishing the small moments in life because they make the lasting memories

MacKenzie
FUNERAL HOME

204-467-2525 • info@mackenziefh.com

Jasperson encourages everyone to get gardening

By Jennifer McFee

Spring has sprung and there's no time like the present to start thinking about growing your own garden — and even begin planting indoors.

That way, you can have fresh fruit and veggies on hand to maintain a healthy diet and avoid trips to the store during this period of social distancing.

"I would absolutely encourage it," said Bruce Jasperson of Jasperson's Greenhouse.

"Right now, you could start your tomatoes. You could also start your peppers, although it's a little bit late. You could even start peas and beans inside to transplant out."

Just about anything could be used as an indoor planter, as long as it holds the soil and can allow water to drain out, he added.

"Drainage is one of the biggest things because you don't want to get waterlogged. Just poke some holes in your planter and put it in a pan so the water can get out of it because waterlogged soil is not your friend," Jasperson said.

"Once we hit mid-May and the soil is thawed and the temperature is up, you can start planting your garden as normal. We've actually started a few things inside in pots, like snap peas and cucumbers, so we'll have a few early pots to have ready for people."

Right now, Jasperson's Greenhouse isn't open to the general public but they're available on a private basis.

"We're in production getting everything ready. We had plans to open the beginning of April, but as of right now we're going to remain on a call basis if someone needs some seeds or soil," he said.

"We're just going to respect all of the social distancing and limit the number of people we can have in the store at one time because it does get congested if we open the



TRIBUNE PHOTO BY JO-ANNE PROCTER

Bruce Jasperson has been busy in the greenhouse getting ready for spring planting.

doors. But if anyone needs seeds or soil, we can absolutely arrange that."

If you have your own fresh garden veggies, it's easier to be self-sufficient right at home.

"That's the key — eating good food and staying healthy will help you have the ability to fight this thing," Jasperson said.

"Anything you can do for yourself right now is golden. And don't forget to shop local because all the businesses are going to need some help when this is all done. Support your local economy."

To keep up to date with Jasperson's Greenhouse, visit the Facebook page or call 204-467-2081.

Quarry Choristers cancel shows

By Jennifer McFee

The Quarry Choristers have cancelled all eight of their shows due to the COVID-19 pandemic.

The community had been looking forward to this year's dinner theatre performance of *The Home* at the Quarry Park Heritage Arts Centre from April 30 to May 9.

Chairperson Julie Leduchowski expressed disappointment at the need to cancel the show.

"It's a pretty sad time," she said. "I think the worst part for us is just missing that camaraderie and all the rehearsals that were to come."

After expenses are covered, the Quarry Choristers had been committed to donating funds back to the community. Yet this year, they won't have the chance to make these community contributions.

"We were earning the money to give out in donations, so that won't happen either," Leduchowski said. "It's sad all around, but we aren't alone in this."

Every customer who bought a ticket will receive a full refund. For those who ordered online through Yapsody, event organizers are working to have refunds issued to the original method of payment.

For customers who bought tickets in person, organizers are contacting each customer through the email address provided at the time of purchase. For those who didn't provide an email address, organizers will try to contact them by phone. Refunds will be provided by e-transfers or cheques.


"We have had several people offering to donate their ticket price as we've been doing refunds," Leduchowski said. "I thought that was really kind, since we have costs incurred even though we're not putting the show on."

The group of volunteer performers is looking ahead with optimism to when they'll have the chance to stage their production.

"On the bright side, just think how good we'll be next year because we're just going to use this show next year. We were just starting to get to choreography and staging, so we haven't even fully worked that out yet," Leduchowski said.

"We'll have a wait-and-see attitude for the fall."

For more information, visit the Quarry Choristers website at www.quarrychoristers.com, find the group on Facebook or Instagram, or email quarrychoristers@gmail.com.



Ralph R. Eichler,
MLA for Lakeside
Constituency Office
319 Main St. Box 1845
Stonewall, Manitoba R0C 2Z0
HOURS: Tues & Thurs 10 am - 2 pm
Tel: (204) 467-9482
Website: www.ralpheichler.com

Stonewall 2020 65th Annual **April 14-29**



ROCKWOOD
FESTIVAL OF THE ARTS

VOCAL
Stonewall New Life Church
Apr 25

SPEECH ARTS
Stonewall Collegiate
April 18 & 19

JR & SR HIGH
Stonewall Collegiate
April 17 (tentative)

BAND/
INSTRUMENTAL
Stonewall Collegiate April 17

CANCELLED

FEES, DONATIONS & PATRONAGES WILL BE REFUNDED

Fishing Licences



Hunting Licences



Park Vehicle Permits



Track them down online.

This spring, purchase your Manitoba hunting and fishing licences and park vehicle permits online.

manitoba.licensing.ca 

SPECIAL Hours & Closures

*In order to keep our community safe
during the COVID-19 Pandemic*

Use the 3P's to defeat COVID-19:

PROTECT YOURSELF

- **Wash** your hands frequently
- **Don't touch** your face, nose, eyes or mouth with unwashed hands
- **Distance** yourself (2 meters) from others in public
- **Avoid touching** for greetings such as handshakes or hugs
- **Cancel or postpone** ALL non-essential travel

PROTECT LOVED ONES

- **Cover** your cough or sneeze
- **Disinfect** frequently used surfaces
- **Avoid crowds and stay home**

- **Don't visit:** for the protection of patients, residents and staff, visitor restrictions are in effect at health care facilities across Manitoba until further notice. *Exceptions for compassionate reasons will continue on a case-by-case basis*

PROTECT OUR COMMUNITY

- **Self-isolate** for 14 days if you have travelled **anywhere outside of Manitoba** or have been exposed to someone ill with the virus

COVID-19 is here, Manitoba. Like other respiratory viruses, COVID-19 is spread mainly by coughing, sneezing - or by direct contact with someone sick with COVID-19 or by contact with surfaces that a sick person has recently touched.

That's why we ALL need do our part now to help stop the spread.

Learn the 3P's to defeat COVID-19 and share with your friends and loved ones.
WE'RE IN THIS TOGETHER, MANITOBA.

- Sore throat, dry cough, runny nose or fever? **If you think you may be sick, stay at home**
 - **Wondering** if you need to be tested? Use the Manitoba COVID-19 web-based self-assessment tool at sharedhealthmb.ca
 - **Only share factual information.** The single and most up-to-date source of truth on everything related to COVID-19 in Manitoba and beyond at gov.mb.ca
- Spread the facts, not the virus.**
Let's do this to keep our community, city, province and country safe.
files from <https://www.covid19manitoba.ca>

Korner Kutz

DAY SPA & salon

Due to the COVID-19 Pandemic and in order to keep our community safe, we will be closed from March 23 until April 7th and will reassess on April 5. Please check facebook for updates and you can call and leave a message we will be checking messages.

Thank you for your understanding & stay healthy.

204-467-5222

TO ALL OUR VALUED CUSTOMERS

Pizza Den will remain
**OPEN FOR PICK-UP
AND EVENING
DELIVERY**

SUNDAY/MONDAY 4PM- 8PM
TUES-SATURDAY NOON-8PM

Gift Certificates available.

THANK-YOU FOR YOUR SUPPORT
BE WELL,
ROBERT and STAFF

PIZZA DEN
Restaurant & Lounge
More than just great pizza!

Hwy. 67 , Stonewall
204-467-2236

QUARRY Stonewall Dental Centre

Our team and our community are important to us which is why we continue to comply with MDA's recommendations of providing emergency treatment only until we are informed otherwise.

**At this time we are open
from 10:00am until 4:00pm
Monday to Friday.**

*Please contact our clinic by phone
@ 204-467-2177 to set up
an appointment.*

**Thank you kindly
and please
stay well!**



**345 Main Street, Stonewall
204-467-2177**



We are OPEN for Business but remain closed to the Public.

In order to keep our staff and our clients as safe as possible and do our part to control spread, we will be doing ALL transactions and appointments virtually, over the phone or by email. We miss your faces. And we can't WAIT to see you again. But for now, we must ask that you help us contribute to this situation in a positive way and contact us by means other than in person.

TEMPORARILY AMENDED HOURS:

Monday - Friday 9:00 am - 4:30 pm
UNTIL FURTHER NOTICE

You can contact us by:

Phone: 204/467-8927 Fax: 204/467-5326
Email: inview_insurance@cooperators.ca

the co-operators®



'We know what's coming': IERHA preparing for COVID-19 increase

By Patricia Barrett

If you're looking for a teaching moment regarding COVID-19, look no further than Italy where in about the space of a month, 64,000 people became infected with the highly contagious virus and over 6,000 have died, according to data from Johns Hopkins University as of March 23.

The rapid spread of the virus has resulted in a country of 60 million people now living under mandatory lockdown, where no one can leave their home except for groceries and vital work, and where hundreds have been arrested for violating the quarantine order.

Overwhelmed Italian hospitals have had to triage patients, forcing doctors to decide who will receive ventilative support and who will be left to die. The government called in the military last week to move hundreds of bodies piling up in regions where crematoria can't keep up.

The governor of Veneto, a region in northeast Italy, said the alternative to failing to obey the stay-at-home order is "intensive care, hospitalization and contagion." On one day alone on March 21, 793 people died.

Manitoba hasn't reached this point, and the provincial government and health authorities want to keep it that way. That's why they're seeking buy-in from Manitobans, asking everyone to practise "social distancing," which entails staying at home if possible, avoiding get-togethers and staying two metres (about six feet) away from other people in public.

The province announced Manitoba's first presumptive COVID-19 case March 12. Thirteen days later, case counts are at 21, with the majority of infected people in Winnipeg and two in the Interlake. The risk of infection increases as more travel-related cases emerge.

The Interlake-Eastern Regional Health Authority (IERHA) is in the midst of preparing for what's certain to come: an increase in COVID-19 infections.

It has set up an incident command centre and holds dai-

ly meeting with partners across its region, including the federally run Percy E. Moore Hospital in Hodgson, tribal councils representing First Nations and the Milner Ridge Correctional Centre.

"Because of the [events] going on worldwide, we have actually been meeting as an incident command for over a month now, and over the past week and a half have ramped up our activities quite a bit and do have quite a comprehensive plan," said IERHA chief executive officer Ron Van Denakker during a conference call with media March 20. "Part of the plan speaks to surge capacity."

That plan is not yet "100 per cent approved" and Van Denakker was unable to say whether the old Selkirk Hospital could be used as a treatment and isolation facility should the virus spiral out of control in the Interlake.

"We are working very hard on trying to establish how we would accommodate quite a significant influx and [demand] for beds," said Van Denakker. "The Health Sciences Centre is in fact moving its medical beds to the old Women's [Hospital] to increase ICU [intensive care unit] capacity, and the province is bringing in a significant number of ventilators in anticipation that there might be some very sick people."

Waking up every morning to news of more COVID-19 infections and deaths in Canada and around the world could be causing heightened anxiety and fear, but at the same time the dire news is a testament to how robust the virus is and how it's incumbent upon us to modify our behaviour.

And it's not only older people with underlying health conditions that are being picked off, but also younger people.

Johns Hopkins University COVID-19 data, which is hours ahead of World Health Organization reports, show 372,563 infected and 16,381 deaths in 168 countries as of Monday.

World leaders are saying that now is not the time for complacency. Yet despite the surge in infections, especially in Europe and America, along with daily death reports, people insist on congregating, flocking to seaside towns, holding coronavirus parties and lining up cheek by jowl for toilet roll and booze. Hospitals weren't built with this virus in mind. People flouting social distancing rules can become infected and put others' lives at risk.

In European cities and U.S. states such as California and New York, governments have been forced to steadily curtail civil liberties and are even actively policing the infected. In Canada, Quebec police arrested a COVID-19 patient last week for stepping out for a spot of shopping during her quarantine.

A total lockdown in Manitoba is not beyond the realm of possibility should the virus breach preventative measures we've thus far put in place. If we have to stay cooped up in our homes for months on end, and doctors and nurses, as is the case in Italy and the U.K., struggle with unmanageable numbers of sick and dying people, we may experience some mental health issues.

To that end, the IERHA has put mental-health supports in place.

"We have a particular set of tools we have created online for not only the public, but also for our staff to do a lot of self-management," said Van Denakker, "[and] there's an entire module developed by our mental-health team that is very specific to the staff."

For those who are already taking social distancing seriously or who are housebound, communication devices such as telephones, FaceTime, Skype — and perhaps even old-fashioned pen, paper and post — are means by which they can keep in touch with friends and family.

The Interlake-Eastern RHA region has two COVID-19 cases as of Monday. When asked why the RHA can't identify the communities in which those cases reside, if only to encourage people to become more aware of their own behaviour, Van Denakker said that's the way our centralized public health system "typically functions and we're following provincial direction."

The myth that the virus cannot survive in hot, humid climates and in cold climates is just that — a myth. It's our body temperature that counts, not the weather.

"The normal human body temperature remains around 36.5C to 37C, regardless of the external temperature or weather," says the World Health Organization on its COVID-19 "advice for the public — myth busters" webpage.

The WHO's daily Situation Reports, listing confirmed infection numbers by country/territory, attest to that. "Hot" countries: Saudi Arabia (511); Mexico (251); South Africa (274); Australia (1,396). "Cold" countries: Iceland (568); Greenland (2). Data as of March 23.

What makes COVID-19 different from influenza — although the symptoms may be similar — is our immunity to it, or lack thereof. Because this is a new virus we've not experienced before, we're highly susceptible to infection.

The U.K. government infuriated health experts and doctors for its seeming pursuit of a "herd immunity" strategy as people fell ill. Rather than "test, test, test" as WHO director-general Tedros Adhanom Ghebreyesus has been exhorting all countries to do, the U.K.'s dithering has seen many of its hospitals run out of capacity and equipment to support COVID-infected patients, as well as the continuing spread of the virus throughout its countries.

Herd immunity is an immunological concept referring to the vaccina-

Continued on page 13



Town of Teulon Civic Centre
Hours of Operation
COVID-19

The Town of Teulon, Civic Centre will be open to the public Monday to Thursday 10:00 a.m. to 4:00p.m. and closed on Fridays. All Recreation Facilities will remain closed until further notice. The Waste Disposal Site hours of operation will remain the same and will change to summer hours on April 1. Summer hours are everyday from 10:00 a.m. to 6:00 p.m. CLOSED on Tuesday.

Teulon Council has made the decision to limit access to the Civic Centre to **THREE MEMBERS OF THE PUBLIC** (this does not include staff). We would request that individuals practice **Social Distancing Principles** when present in the Civic Centre.

PLEASE NOTE: Given the rapidly evolving situation regarding COVID-19 these times and services may change on short notice.

Individuals can still make telephone and email enquiries. With respect to payment of town bills, staff will continue to accept and process payments by mail or by debit. The Town would ask that people attempt, when possible, to avoid using cash to pay accounts at this time.

Visit us at www.teulon.ca
Thank you for your cooperation and consideration



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261 Lic #418

CLOSED
UNTIL FURTHER
NOTICE

Don't get caught by COVID-19 scams

By Katelyn Boulanger

The Manitoba government is warning residents not to fall for phishing scams related to COVID-19.

These particular scams involve asking for credit card information following a positive test results saying they will provide medication. The province's bulletin said this is not a call that Manitobans would receive from public health officials and that Manitobans are advised to not provide any financial data, and to hang up on the call.

The Better Business Bureau has also issued a report warning Americans and Canadians to be on the lookout for fake cures, prevention measures and other COVID-19 frauds that could be targeting residents as prevention measures ramp up to stop the spread of the virus.

"Fraudsters are really good at jumping on current events so while we haven't seen major health and pandemics tied to frauds certainly major events such as the Australian wildfires or major floods such as New Orleans led to charity scams. It wouldn't surprise me if we see a charity scam pop up with COVID-19 as well. They are just good at preying on media," said Jeff Thomson, senior RCMP intelligence analyst, who is currently managing the Fraud Prevention and Intake Unit at the Canadian Fraud Centre.

The first potential fraud that the centre received

information about was an ad on Kijiji where hand sanitizer was being sold for very high prices and it was suspected that the product was not being delivered.

"It's something that we're seen with miracle cancer cures, weight loss pills, face creams. You might see herbal preventative medicines being offered," said Thomson.

The Canadian Fraud Centre has issued a bulletin warning Canadians to be on the lookout for private companies offering fraudulent "fast" COVID-19 tests for sale; fraudsters creating fraudulent and deceptive online ads offering cleaning products, hand sanitizers and other items in high demand; fraudsters sending phishing and other malicious emails in hopes of obtaining personal information; fraudsters going door-to-door offering fake decontamination services; fraudsters posing as police and imposing fines to consumers wearing masks claiming that wearing a mask in public goes against a full-face veil law, which is untrue; and fraudsters urging investment in hot new stocks related to the disease.

So far no cures or vaccines have been specifically created for COVID-19 and medical professionals are doing all tests for the virus.

"You really have to do your due diligence. Review the seller and their account is there any feedback about that seller. How long had the ad

been up for? How many ads has that seller been tied to? Offers with extremely low prices or similarly extremely high prices in this given market [should raise red flags]," said Thompson.

He explained that to avoid email scams you should set your email settings as high as they will go in order to avoid receiving the fraudulent email to begin with but if one does get through, it will typically imply that there is a sense of urgency to opening an attachment or link. Following those directions could, depending on the nature of the fraud, cause malicious software to be downloaded to your computer.

"Typically these are unsolicited requests from people that you don't know. Whether they say that it's a government department or a bank. They are playing on that authority. [They may say things like] 'This is the anti-fraud centre that is our phone number on your call display.' That's where the fraudsters get tricky but then ask yourself if it is a government agency or a bank they should have all of my information right? So there are other indicators there. I say don't do business on the phone or through email typically," said Thompson.

For reliable sources of information about COVID-19, visit Manitoba's COVID-19 website at gov.mb.ca/covid19/ or Canada's COVID-19 website at canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html. To report a fraud or scam, call Canadian Anti-Fraud Centre at 1-888-495-8501 and your local RCMP branch.

> INCREASE, FROM PG. 12

tion of populations, not to real-time experiments with a virus to which we have no immunity. Had the U.K. — before quickly reversing gears mid-March — decided to let the virus go unchecked, experts said 400,000 people would die before 60 per cent of the population developed immunity.

And at this point, medical researchers don't even know whether a person who survives a COVID-19 infection has developed immunity to it and whether they can become re-infected.

For the moment, our only defences are our immune system and identifying and immediately isolating infected people. Scientists say a COVID-19 vaccine is roughly two years away.

Underscoring the importance of people adhering to social distancing rules is the sobering fact that scientists don't know whether infected people who show no symptoms can spread the virus to others.

"We cannot exclude the possibility of unknown infected persons (e.g., asymptomatic carriers) spreading the virus," said Chinese and American researchers who published a letter in an early online release of the journal *Emerging Infectious Diseases* (Vol. 26, No. 6).

Because the incubation period of the virus can vary, looking at the numbers of cases — whether high or low — does not tell the whole story of who's infected.

Manitoba's chief provincial public health officer Dr. Brent Roussin implied as much last week when he remarked on our relatively low number of confirmed cases.

Researchers at Johns Hopkins University Bloomberg School of Public Health, who published March 10 in the journal *Annals of Internal Medicine*, found the average incubation period is five days and suggested 97 per cent of people

who develop symptoms will do so within about 11 days of exposure.

They estimated that for every 10,000 individuals quarantined for 14 days, about 101 people would develop symptoms after being released.

If some people think Canada's response to the virus is somewhat overblown — the federal government has asked industry to re-tool to make ventilators and personal protective equipment, restricted our airspace, closed the border with the U.S. to all but vital supports and is exhorting people to stay home — it's being done in recognition of the power of the virus to mass kill and swamp health-care facilities.

The IERHA is also taking no chances.

"What we're trying to do — and it's working — is we're testing and we're isolating. Presumably, in some areas where it got out of control, testing couldn't happen because it was early days and people didn't know what was coming," said Van Denakker. "We know what's coming. So that's why we're testing. It's too early to tell right now in terms of exactly what the magnitude is."

If people, including IERHA staff, are sick, they need to stay home and self-isolate, he said.

People who do venture out in public should physically stay two metres away from other people and minimize contact to no more than 10 minutes. They should also engage in frequent and thorough hand-washing. One of the best defences is to not touch your face as the eyes, nose and mouth are entry points for the virus.

People showing symptoms of COVID-19, which include a sore throat, runny nose, fever, cough and difficulty breathing, are asked not to show up at health facilities or dedicated COVID-19 test sites but to first call Health Links at 204-788-8200, or toll free at 1-888-315-9257, and get further instructions.



COVID-19 Letter to Residents

Dear Stonewall Residents,

On behalf of the Council and employees of the Town of Stonewall, I would like to extend the following message to the community of Stonewall.

We are living in unprecedented times. With the continued spread of COVID-19 and the need to physically separate ourselves from our friends and neighbours, current days can be very challenging and difficult for many of us. The anxiety combined with a lack of social interaction can be especially difficult.

It is in times like these that we need to be mindful of others as we manage our way through the pandemic. Some practical ways you can be considerate of others include:

ONE:

Follow the suggestions from Manitoba Health and Health Canada to use proper hand washing techniques, maintain social distancing (6 feet/2 meters), avoid large gatherings, and self-isolate if you are returning from an international destination (including the USA) or are feeling unwell. These requirements are meant to protect everyone; the old, the young, and the medically susceptible. But this virus doesn't play favorites. We have seen that even people in their prime can be impacted. Please take precautions, and be safe — the life you save by doing so may be your own.

TWO:

Support our local businesses. Recent days have been and will continue to be a challenge for the business community. As the Town we would ask that people always patronize the Stonewall businesses, but particularly now, we would ask that you think about and support our local commercial establishments as often as you are able. A number of businesses have established delivery services that can be useful for those residents that are self-isolating.

THREE:

Reach out to someone who is self-isolated or unable to do things for themselves during this trying time. Call, text, facetime, and make sure those most vulnerable in our community are OK. A small gesture and a minimal amount of time can truly make a difference to someone in the days ahead.

The Town also wants to assure residents that we have been working hard to guarantee continuity of service during this time. Council and staff have been meeting regularly to ensure we continue to meet the needs of our residents under these challenging circumstances.

Stonewall is a resilient community and we will get through this difficult new normal. Working together, thinking about each other, and doing what is right for the "we" rather than the "me" will ensure we triumph over this crisis.

Stay healthy, stay safe, and God bless.
Mayor Clive Hinds

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Athletics Canada postpones 2020 Olympic and Paralympic Track and Field Trials

Submitted by Athletics Manitoba

Athletics Canada has made the difficult decision to postpone the 2020 Olympic and Paralympic Track and Field Trials presented by Bell, which were scheduled to occur June 25-28 in Montreal.

This postponement includes the Canadian U20 Championships which were part of the event. Full refunds will be issued shortly for all guests who had already purchased passes and tickets.

Athletics Canada has also cancelled the 2020 Panamerican and Canadian Combined Events Championships

which were slated for May 22-23 in Ottawa. The 10,000-metre Championships, to be held May 31 in Burnaby, B.C., have also been postponed.

"I'm in full support of the joint COC and CPC decision," said Simon Nathan, High Performance Director of Athletics Canada.

"In the short term, it is an incredibly difficult decision for so many people – our athletes, their coaches and medical and sport science support teams, our team managers and administrators. All of these people have dedicated themselves for years towards success in 2020. However, I'm sure

that they will also agree that this is the right decision for their safety and the safety of their families, friends and communities. We will do everything in our power to help our athletes safely prepare for when national and international competition resume."

With the cancellations, Athletics Canada expects to take a huge financial hit.

"The COVID-19 pandemic is much bigger than sports. These difficult decisions also come with an impact on the operations of Athletics Canada. These postponements and cancellations will dramatically reduce our

revenue, from sponsorship to ticket sales, to merchandising, to streaming audiences. These anticipated reductions in revenue will have impacts on Athletics Canada's operations going forward," said David Bedford, CEO of Athletics Canada. "Like the general public is experiencing, Athletics Canada will not be immune from the devastating health and financial impacts from the COVID-19 pandemic."

"The health and safety of our athletes, coaches and staff is our first priority."

Curling gurus



TRIBUNE PHOTO BY DIANNE SHERRIN
Long-time Marquette curlers 91-year-old Jim Sorenson, left, and 88-year-old Alvin MacMillan, right, were recognized at the annual Marquette Stick Curling bonspiel, March 6-9. The duo were acknowledged for their part in the longevity of the local club. Both joined the club when Marquette opened the two-sheet curling rink in 1969. Prior to that, both curled at the Meadow Lea one sheet rink from the fall of 1952 until it closed in 1969.

SEMHL announces co-champions

Staff

The South Eastern Manitoba Hockey League has announced that the Warren Merces and Portage Islanders have been crowned co-champions for the 2019-20 season.

Warren was leading Portage 2-0 in their best-of-seven final series when Hockey Canada cancelled all sanctioned games and programs for the remainder of the season in

response to the COVID-19 (coronavirus) pandemic.

The Rocky Mountain Equipment Trophy will be awarded to both league finalists.

The 2019-20 playoff MVP trophy will not be awarded to one individual. Instead, the league will take this opportunity to dedicate the trophy to the many volunteers that make such a difference to the game.

Marquette Curling Club hosts annual stick spiel



TRIBUNE PHOTOS BY DIANNE SHERRIN

Marquette Curling Club prides itself on the loyal and dedicated volunteers who come together to host the annual Marquette stick curling bonspiel. On March 6-9, the club's two sheets of ice were busy with 40 teams competing. Left photo, left to right: Winners of the A-side final Tyler Williams and Calvin Janke. Second from left: B-side champions Blaine Becker and Jenn Brown. Second from right: C-side champions Ray Sherrin and Don Adamko. Far right: D-side champions Bill and Judy Kitching.

Haywood giving powerlifting a huge lift

By Brian Bowman

There are certain athletes that have the ability to truly inspire others in their sport.

Susan Haywood is one of those rare athletes.

The 70-year-old from Erinview is continuing to set records in powerlifting. She is also continuing to attract many admirers of all ages.

"When I competed in December for the nationals there was a 59-year-old lady and first-time competitor and she saw me on TV when somebody did a story on me in the summer and she said, 'If (Susan) can do it at 70, I can do it,'" said Haywood from her home last week.

"So, she had her first meet at 59. That really inspired me to keep doing this because I know I inspire people. I have so many people come up to me at every meet and say 'You inspire me' and that's another reason why I do it. I know I inspire young and older people."

Haywood said powerlifting is a sport for everyone — regardless of size or athleticism.

"People that are different sizes and shapes and perhaps aren't as nimble on their feet, powerlifting is pretty good because it's a static movement and anybody can do it," she stressed. "Short, tall, small, fat whatever, you can do it as old as me or young — they start at 14 years old. It's not a sport that you're judged by your appearance and I think that's very important to young women of today. Let's say a young girl who is 15 and weighs 200 pounds and she envies her friends that are ballerinas and figure skaters and she thinks, 'Oh gosh, I wish I could be like that' and yet she goes into a gym and deadlifts 300 pounds. Hey, she's a hero. I think the attraction of the sport for me, I wouldn't say it's for the oddball, but for people that don't fit into the categories that young women are supposed to fit into."

Haywood continues to lift the same



TRIBUNE PHOTO SUBMITTED

Susan Haywood competed at the 2020 nationals in Winnipeg earlier this month.

weight as she did almost 20 years ago.

"I think to myself, 'I'm not getting any stronger but, at the same time, I actually am because medically they say every year you lose bone mass and muscle mass, etc,'" she said. "Maybe I'm not getting better but I'm maintaining. A lot of these records I break are mine ... and that means I did more than in December or September."

Haywood really loves the sport. There are many motivating factors that compel her to compete in the gruelling sport of powerlifting.

"I think because it gives me joy and that's a reason to do things," Haywood said. "It keeps me motivated to go work out because I'm not a self-motivated person. I need a goal so if I have a goal of breaking a record or an upcoming meet that I could potentially win, that's my fuel, my goal or my drive. That's what keeps me interested."

"If I give it up, then I'm just going to be a couch potato and I might become like a lot of people my age like using

a walker, an oxygen (tank) and the whole nine yards.

"What keeps me interested is the fun, the joy, the sense of accomplishment and, a little bit in the back of my mind, fear if I stop then I'll fall apart and turn into a bag of mush."

Powerlifting is obviously a physical sport. But the mental game plays a huge role among athletes.

"I always say the strongest part of your body is your mind," Haywood said. "You have to tell yourself that you're going to move that weight. You can't get under that weight and say, 'Oh my God, that's heavy I can't do this.' I use visualization a lot and I visualize myself succeeding."

Earlier this month, Haywood broke three national records at the Canadian Powerlifting Union's 2020 national championships held at the Victoria Inn and Conference Centre.

There were 435 athletes from across Canada — including a record 39 Manitobans — that converged on Winnipeg throughout the week and tested

their strength in two categories of competition.

Lifters could do a bench press only, or a combination of bench press/squat/deadlift, while competing in age- and weight-related categories.

Haywood had another good showing at nationals despite battling a nagging injury.

"I had hurt my knee a couple of weeks prior so I was supposed to open with 90 (kilograms), which would have been a record but I opened lighter because of my knee and I ended up getting 73, which was a record anyway," Haywood explained, noting she qualified for nationals back in December.

"But I wanted to blow it out of the water with 90. I got 73 squat, 67 bench and 90 k deadlift, so I was pretty happy with that. I had three Canadian records and, of course a gold medal, because I was the only one (in the 70-plus age division)."

Hosting the nationals in Winnipeg was a rare treat for Haywood and her fellow Manitoba powerlifters.

"It was wonderful because a lot of times I have to travel but it was amazing being on my home turf," Haywood said.

The powerlifting community is a very supportive one. Athletes from across the country have bonded and made lasting friendships over the years.

"You don't see each other very often, but when you do it's like old friends," Haywood said. "That's a wonderful part of our social life. Meeting these people from across the country and we all have the same goals. It's nice to talk to people with the same goals and interests and they don't think, 'Are you ever weird doing this' and like my family, 'Why are you doing this and how long are you going to do this.'"

"It's the same questions over and over," she laughed. "And I always think to myself, 'Why am I doing this?' And it's because I can."

Western Hockey League cancels regular season

Staff

Western Hockey League commissioner Ron Robison announced on March 18 the conclusion of the 2019-20 regular season.

Following a meeting with the WHL Board of Governors and consultation with medical professionals, it was determined that the remaining 54 games on the 2019-20 WHL schedule would

be cancelled. The goal remains to conduct the 2020 WHL playoffs at a later date.

"The WHL takes the safety of our players, officials, staff, fans, and everyone associated with the WHL very seriously," Robison said on the WHL website.

"Given the ongoing public health developments regarding COVID-19,

we deemed it necessary to cancel the remaining games on the 2019-20 WHL regular-season schedule.

"We will continue to monitor ongoing public health developments regarding COVID-19. We will make every effort possible to conduct the 2020 WHL playoffs at a later date. We thank WHL fans and partners for your patience and understanding during

these challenging times," he added.

The final standings for the 2019-20 WHL were determined by using win percentages for all clubs.

The Winnipeg Ice finished ninth out of 22 teams with a 38-24-1-0 record and 77 points. The Brandon Wheat Kings were 10th, one point back of the Ice with a 35-22-4-2 mark.

MMJHL officially cancels remainder of the season

By Brian Bowman

The Manitoba Major Junior Hockey League announced last Thursday that it was officially cancelling the remainder of the 2019-20 season.

The decision was made as part of Hockey Canada's mandate for that action to be taken because of the coronavirus pandemic.

"It's almost surreal," said Jets' general manager Dale McClintock. "My first thought, it was so heartbreaking for our fourth-year players or graduating players because they don't get that shot (at the playoffs). We were looking forward to another deep playoff run and obviously that's not going to happen. I feel for those guys and what they gave to the team for all of these years and to go out like this is very unfortunate."

The MMJHL also confirmed the postponement of its 50th anniversary gala and awards dinner, which had been scheduled for May 13 at Canad Inns Polo Park.

It would have been a fun celebration of the league.

"There's a lot to be proud of being a part of this league," McClintock said. "It would have been a great celebration and it's tentatively rescheduled for September but with all of the uncertainty floating around here, who knows?"

Stonewall was scheduled to face the St. James Canucks in a best-of-seven quarter-final series, which was to begin March 13. The Jets finished the regular season just a single point back of the rival Canucks.

"We definitely left some points on the table this year with some teams



Ryan McMahon



Brendon Burnett



Brandon Storey



Curtis Beck

on the bottom end (of the standings) but, by no means, was any team overly weak this year," McClintock said. "There was a lot of parity this year and some of those teams in the eighth, ninth spot, I think we gave up six points and that would have been the difference. One more win in the season and we would have clinched home ice against St. James in the first round. Finishing fifth, I don't think by any means, that was any reflection of our club. We could have done a lot better."

Instead of a playoff run, the Jets must now look forward to next season. Stonewall looks to be in very good shape with just four players - captain Ryan McMahon, forward Brendon Burnett, defenceman Brandon Storey, and goaltender Curtis Beck - aging out of junior hockey.

McClintock had high praise for those graduating players.

"Curtis Beck is a guy we have had for four years and we have Adam Swan and we're excited to see what he can

do as our No. 1 and we have Tre Strachan from (the) Arborg (Ice Dawgs) that will hopefully play the backup role or compete for a No. 1 job," McClintock said.

"Our captain Ryan McMahon has been a heart-and-soul guy for our club for four years now. That kid is a warrior, he's battled through injuries and kept bringing it every single night. Brandon Storey, a defenceman we picked up last season from Transcona, has been a big part of our club as well and a great guy in the room. He has a bright future ahead of him, he's a solid, young man.

"Last, but certainly not least, Brendon Burnett wore a letter for us and was an assistant captain. He's another heart-and-soul guy, was a role guy, and was voted one of the players/player kind of thing this year in the room."

Next year's Jets' roster will be a tough one to crack with few spots available.

"Those (graduating) guys are tough to lose from your roster but we're

setup for next year with a lot of depth coming in from our AAA program with the Interlake Lightning and Central Plains, there's a few guys from the high school, and you never know what's going to come up from Junior A," McClintock noted.

McClintock wanted to thank the many people who contributed to the success of the organization this past season.

"The fans and our executive, being a first-year executive, what we were able to accomplish as an organization (was great)," he said. "We did a lot of stuff in the community this year. We involved a lot of the community with the Jets Town Takeover, blood drives, reading at the schools, and involving a lot of the kids from minor hockey. The parents, the fans, just the organization as a whole, I think we made some significant strides this year as a club. We're looking to continue that momentum into next year."

Denis, Brenda Woods honoured by Sport Manitoba

Staff

As the Sport Manitoba Coaching Awards were cancelled to reduce the public health risks associated with COVID-19, Sport Manitoba recognized and celebrated the deserving finalists and award winners on its website and social media channels (Facebook, Twitter and Instagram).

Among those recognized were Stonewall's Denis and Brenda Woods. The husband and wife were honoured with years of service recognition in softball.

Stonewall's Amy Martin was a nominee for Official of the Year while West St. Paul's Tanya Pilat (figure skating) won the Konica Minolta Dr. Jack Hunt Memorial Award - Learn to Train.

The other award winners were:

Vince Leah Memorial Award -

Fundamentals

Krystle McDougall - Boxing - Winnipeg

Janet Arnott Memorial Award - Train to Train

Garth Goodbrandson - Golf - Winnipeg

Peter Williamson Memorial Award - Train to Compete/Train to Win

Cole Grant - Water Skiing - Winnipeg

Global News Active for Life Award Tracy Sterdan and Tanya Manaster-sky - Rhythmic Gymnastics - Winnipeg

Peter Dick Award - School System Kathleen Muirhead - Rugby - Minnedosa

Sport Manitoba also honoured coaches from across the province who have coached at international events

in the previous year as well as individuals who have been coaching a minimum of 25 years in Manitoba.

They also recognized the winners of the 2020 Manitoba Aboriginal Coaching Awards - Manitoba Aboriginal Female Coach of the Year, Danielle Daniels, and Manitoba Aboriginal Male Coach of the Year, Curtis Nepinak.

"Coaches have a significant impact on building a strong foundation for our sport community, whether it's through developing the next generation of champions and leaders, or helping to grow and advance amateur sport programs across the province," said Jeff Hnatiuk, president and CEO of Sport Manitoba, in a media release.

"It's our honour to recognize and celebrate Manitoba's deserving coaches for their incredible contribu-

tions throughout their careers."

The Manitoba Aboriginal Sports and Recreation Council also recognized their athletes and volunteers of the year:

Manitoba Aboriginal Female Athlete of the Year

Heaven Moneyas - Multi-Sport - Lake St. Martin First Nation

Manitoba Aboriginal Male Athlete of the Year

Conner Roulette - Hockey - Misi-pawistik Cree Nation

Manitoba Aboriginal Male Volunteer of the Year

Mike Sutherland - Peguis First Nation

Manitoba Aboriginal Female Volunteer of the Year

Emma Bear - Peguis First Nation

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

AUCTIONS

Ward's & Bud Haynes
Spring Firearms
Auction Saturday
Apr. 18th at 10 a.m.
11802-145 Street
NW, Edmonton, AB.
Hundreds of lots, on-
line bidding, antique
& modern firearms,
www.WardsAuctions.com. To con-
sign call Brad Ward
780-940-8378,
Linda Baggaley
403-597-1095.

METAL RECYCLING

Autos, farm scrap,
brass, copper & bat-
teries wanted. 47
Patterson Dr. Stone-
wall Industrial Park.
Interlake Salvage
& Recycling Inc.
204-467-9344.

SCRAP METAL

Buying scrap metal,
cars, tractors, com-
bines, farm scrap,
any metal mater-
ial, any farm ma-
chinery. Ph Lonnie at
204-886-3407 lve.
message or cell at
204-861-2031.

Buyer for all farmyard
scrap, any autos, ap-
pliances. NO ITEM
TOO LARGE! Best
prices paid, cash in
hand. Phone Alf at
204-461-1649.

PRAIRIE SPIRIT
SCHOOL DIVISION

School Psychologist

1.0 FTE Term for 2020-21

Master's Degree in School Psychology

Resume with
(3) references to
pspd@prspirit.org

Deadline:

Noon, April 3rd, 2020

Details website:

www.prairiespirit.mb.ca

McSherry Auction Service

Our Spring Gun Sale is
TEMPORARILY POSTPONED
to a suggested date of
Saturday May 2nd @ 9:30 AM.
Please check back 2 weeks prior
to ensure date is a Go!

We will comply with all public
health safety recommendations!

We will still be accepting
consignments daily!

We are still booking auctions.

If you are needing items moved
out, we offer buy outs and
storage! Please check our website
for up to date info on sales!

(204) 467-1858 or
(204) 886-7027
12 Patterson Dr., Stonewall, MB
www.mcsherryauction.com

APARTMENT FOR RENT

Age 55+ Apartments
-INWOOD SENIORS
LODGE bachelor
& 1bdm suites.
RGI & capped rent.
Meal program & ac-
tivities on site. Call
Tina for more info
204-278-3534 email:
inwoodm@highspeedcrow.ca

FIREWOOD

Firewood for sale
- cut & split, 14" -
16" in length. White
poplar. Taking orders
for now & fall deliv-
eries. Ph Lonnie at
204-886-3407 or cell.
204-861-2031.

HELP WANTED

Like working with
wood and working
close to home? 204
Pallet & Packag-
ing in Stony Moun-
tain is looking for
full time production
workers. Please call
204-344-5404 for de-
tails.

Help wanted - Fork-
lift/shop/driver. Call
204-467-8797.

Please support
our advertisers
- Shop Local -



Power Builder Advertising WORKS!

- GET SEEN by over 400,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 48 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper
NOW or MCNA at
204.947.1691 or email
classified@mcna.com

www.mcna.com

HELP WANTED

Rockwood Pork Inc.
is looking for two
full time hog farm
workers. Job duties
include daily chores,
facility maintenance,
minor record keeping
. Teulon, MB (NE 30-
16-3E) and Arborg,
MB (SW 14-23-1E)
area. Weekend work
required. Experience
an asset but not re-
quired. Starting wage
\$11.65 - \$18 per hour,
plus benefits. Please
forward all resumes
to stanem@mts.net
or mail to Box 1181
Arborg, MB R0C 0A0.

BOOKKEEPING

Prairie Bookkeep-
ing offers book-
keeping solutions
to small business
204-998-4789.

SHOP LOCAL

INCOME TAX

Prairie Bookkeep-
ing offers personal
& small business
income tax prepa-
ration. Certified
to efile with CRA.
204-998-4789.

MISCELLANEOUS

Batteries for every-
thing. Automotive,
farm, construction,
ATV, marine, mo-
torcycle, golf carts,
phones, tools, ra-
dios, computers
etc. Reconditioned,
obsolete and hard-
to-find batteries. So-
lar equipment. The
Battery Man. Winni-
peg. 1-877-775-8271
www.batteryman.ca

CLEANING OUT
YOUR ATTIC OR
BASEMENT?
ADVERTISE YOUR
"GOOD STUFF" IN
THE TRIBUNE AND
GET RESULTS

MISCELLANEOUS

Covid-19. Do you
need to tell the pub-
lic something right
now? Guarantee that
your information is
seen. The blanket
classifieds reach
over 400,000 Mani-
toba readers weekly.
For as little as \$189 +
GST, get your impor-
tant messaging out!
Business changes,
the need for staff,
cancellations. As
people are increas-
ingly staying home,
they will rely on this
information even
more to stay informed
in your area and
across the province.
Keep people in the
loop. The 48 weekly
community news-
papers can help.
Call 204-467-5836
or email classified@mcna.com
for details. MCNA
(204) 947-1691. www.mcna.com

EXPRESS YOUR THANKS WITH A MESSAGE IN THE TRIBUNE

Get up to \$50,000

from the Government
of Canada.

All ages & medical
conditions qualify.
Have a child under 18
instantly receive more
money.

Call Manitoba Benefits
1-(800)-211-3550
or send a text message
with your name and
mailing address to
204-808-0035 for your
free benefits package.

Rural Municipality of Woodlands TENDER



Tenders will be received by the R.M. of
Woodlands for garbage and recycling pickup
in the Twin Lakes Beach area of the RM of
Woodlands. There are approximately 70
households requiring pickup weekly, May
to October. This tender will be in effect for
three years commencing May 1, 2020 until
October 31, 2022.

Proof of Workers Compensation coverage
and 2,000,000 liability coverage are required.

Tenders shall be in writing and may be sent
to the attention of the Finance Manager, R.M.
of Woodlands, Box 10, Woodlands, Mb. R0C
3H0 or finance@rmwoodlands.ca. Tenders
will close 4:00 p.m. March 31, 2020.

Rural Municipality of Woodlands EMPLOYMENT OPPORTUNITIES



The R.M. of Woodlands invites applications for the following
position:

Green Team Summer Student (3 Positions Available)

Job Description and Qualifications:

- Cut grass using both riding mower and push mower
- Maintain green spaces on larger properties
- Control spread of weeds using weed trimmer
- Paint exterior of public facility or outdoor public areas
- Watering plants
- Maintenance of public facility or equipment and tools.
- Inventorying culverts and signs within the RM
- Maintain a valid Class 5 Drivers license
- Drive to remote locations within the RM.
- Rain day activities could include interior painting, facility maintenance
- Keep current on safety procedures and practices and the use of safety equipment

Persons applying should submit their resumes, on or
before 4:00 p.m. local time Friday April 03, 2020.

Rural Municipality of Woodlands EMPLOYMENT OPPORTUNITY



The R.M. of Woodlands invites applications for the following
position:

Public Works Equipment Operator One (Seasonal)

Qualifications:

- Valid Class 5 Manitoba Drivers' license
- Knowledge in the operation and maintenance of tractor and Schulte mower
- Ability to perform a variety of labour tasks in constructing, maintaining and repairing municipal infrastructure
- Knowledge of safety procedures and of the use of safety equipment
- Ability to work under minimal supervision
- Experience in surveying an asset
- Good communication and interpersonal skills
- Experience working in Municipal Environment would be an asset
- Available from June to October / November

Persons applying should submit their resumes, on or
before 4:00 p.m. local time Friday April 03, 2020.

Rural Municipality of Woodlands PUBLIC NOTICE



Public Notice is hereby given that the Rural Municipality of Woodlands
inclusive of the L.U.D. of Warren intends to conduct the following
Pesticide Control Programs during 2020:

1. To control noxious weeds and brush on public right-of-ways and
on publicly owned property within the Municipality. The projected
dates of application will be from May 1, 2020 to December 31,
2020. The herbicides to be used include:
-2,4-D Amine 600 - 2,4-D Choline - Dicamba - Glyphosate
- Picloram - Triclopy - Aminopyralid - Aminocyclopyrachlor
- Metsulfuron Methyl - Chlorsulfuron - Mecoprop P
- Acetic Acid - Diflufenopyr - Iron HEDTA (FeHEDTA)
- Paraffinic Oil Alkoxylated alcohol non-ionic surfactant
- Methyl and ethyl ester - Flumioxazin - Detail
2. To control rodents at the waste disposal grounds, waste water
lagoons and any municipal owned property at various times during
the year using the rodenticide:
-Bromadiolone
-Difethialone
-Brodifacoum
3. To control the following insects pests including grasshoppers,
mosquitoes, cankerworms, forest tent caterpillars etc., if and
when necessary. The proposed dates of application will be from
May 1, 2020 to December 31, 2020. The insecticides to be used
include:
-Deltamethrin
-Bacillus thuringiensis israelensis
-Bacillus thuringiensis . kurstaki

The public may send written submissions or objections within 15
days of the publication of the notice to the department below. Persons
who have objections to the issuance of this permit must register
their objections annually.

Manitoba Sustainable Development
Environmental Approvals Branch
1007 Century Street
Winnipeg, MB. R3H 0W4

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

Everything you need to promote your business

FLYERS
BROCHURES
BUSINESS CARDS
STICKERS
POST CARDS

PRESENTATION
FOLDERS
SIGNS
SOCIAL TICKETS
DOOR HANGERS
LETTERHEAD

ENVELOPES
INVOICES
ESTIMATE SHEETS
POSTERS
MEMO PADS
And MORE...



204-467-5836

Rural Municipality of Woodlands EMPLOYMENT OPPORTUNITY



FULL TIME, 1 POSITION PUBLIC WORKS HEAVY EQUIPMENT OPERATOR

The Rural Municipality of Woodlands invites applications for the position of Public Works Heavy Equipment Operator (HE Operator). The HE Operator reports to the Public Works Foreman.

Summary of Position:

The HE Operator is responsible for operating a variety of light equipment and vehicles in performing a variety of labour tasks in constructing, maintaining and repairing the municipal infrastructure.

Specific Duties and Responsibilities:

- Complete repairs and maintenance of all municipal equipment and vehicles
- Welds as required
- Assists with surveying
- Be trained and capable of operating the following:
 - Grader, snow plow, excavator, crawler, loader, tractor, mower, tandem truck, semi, water truck
- Basic repairs & maintenance of heavy equipment
- Performs other related duties as assigned

Working Conditions:

- Must be able to handle moderate physical tasks as some heavy lifting may be required
- Use of safety goggles, gloves, and safety shoes and clothing may be required to operate specific equipment

Education, Skills, Abilities, Knowledge and Experience Required:

- Graduation from a Senior 4 (Grade 12) High School Program or an equivalent combination of training and experience
- Training in operating various heavy equipment
- Training in basic mechanics and servicing of heavy equipment
- Training in road construction, repair and maintenance
- Training in and knowledge of safety and the use of safety equipment
- Certificate in welding or an equivalent combination and experience
- At least one year's experience in operating various heavy equipment and in heavy construction
- Class 1 driver's license and air brake endorsement
- Ability to work under minimum supervision
- Ability to deal with the public in a tactful and diplomatic manner
- Ability to work as an effective team member
- Emergency Care & Safety Institute Training

Salary as per the agreement between The International Union of Operating Engineers Local 987 and the Rural Municipality of Woodlands.

Persons applying should submit letter of application, including a current driver's abstract, on or before 4:00 p.m. local time Friday April 03, 2020.

R.M. of Woodlands, Personnel Committee
Box 10, Woodlands, MB R0C 3H0
Fax: (204) 383-5169 Phone: (204) 383-5679
Email: finance@rmwoodlands.ca

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

DO IT NOW!

Email us your measurements and a sketch of your kitchen. We will re-design a new one for you at no cost and without you leaving your home.



office@fhehrcabinets.com
204-746-2223

Trailers, Truckbeds & Tires

- Full Repair and Safeties
- Vehicle Parts, Tires & Wheels
- Vehicle & Trailer Parts & Batteries
- Sales, Financing & Leasing
- Best Products - Best Prices!

KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB

1-888-685-3127

www.kaldecktrailers.com

The 52nd Annual Lunder Bull Sale has been CANCELLED due to the Covid-19 Pandemic

The catalogue's have been mailed out and the Bulls and Heifers in it are still for sale. Please contact one of the consignor's if you want to make a deal privately. With the mandatory guidelines that have been put in place there was no other option. *Good luck Bull buying and see you at next years Sale.*

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!



POSITION DESCRIPTION

Position: Aggregate Scale Operator
Reports to: Sales and Operations Manager
Hours: Full Time Monday to Friday, Some Saturdays
Department: Winnipeg Aggregates
Location: Stonewall Quarry

Responsibilities:

Ticketing

- Scale trucks when required prior to loading for tare purposes
- Scale trucks when loaded, ensuring proper information is entered
 - o Truck information
 - o Customer/quote information
 - o Product
 - o Weights

- Entering manual tickets as required
- Ensure all Cash Sales transactions are processed correctly and in a timely manner
- Track COD's as required

Office Duties

- Sort and file tickets
- Continually remind haulers of safety requirements
- Assist in maintaining cleanliness and upkeep of scale house
- Other tasks as required
- Works with Stonewall Operations and Sales/Dispatch Group

Education:

- Grade 12 or equivalent

Knowledge & Skills:

- Strong problem solving.
- Excellent communication and leadership skills.
- Works well in a team environment.
- Able to handle difficult issues in a positive way.
- Driven to achieve or exceed set targets.
- Strives for continuous improvement.
- Organized self-starter.

Reply with resume to trevor.wiebe@lafargeholcim.com

RELIGION

Let us be thankful for the institution of the Christian Sabbath. It is a thing wherein God has shown His mercy to us and His care for our souls. He shows that He, by His infinite wisdom, is contriving for our good as Christ teaches us that the Sabbath was made for man. It was made for the profit and comfort of our souls. Jonathan Edwards. Feel free to check out our website or contact us for further information. www.clda.ca

PETS

Five male Purebred Border Collie pups. Ready February 5th. Call 204-448-2317.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

FARM PRODUCE

Fresh local unprocessed honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

HAY / FEED

Feed corn & barley for sale. Delivery available. Ph 204-461-0706, Nick Matheson.

HAVE A NEWS TIPS OR INTERESTING STORY? CALL 204-467-5836

THINGS TO SELL?
ADVERTISE THEM IN THE TRIBUNE

HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$2,500 yearly tax credit and \$20,000 Lump sum refund.**

Take advantage of this offer.

Apply NOW; quickest refund Nationwide!

Expert Help:
204-453-5372

Integrity Post Frame Buildings

SINCE 2008

Built with Concrete Posts
Barns, Shops, Riding Arenas, Machine Sheds and More

Craig.c@
Integritybuilt.com
1-204-596-8620

www.integritybuilt.com



NOW HIRING!

Teulon Golf & Country Club is looking for responsible, highly motivated, team oriented individuals for the upcoming golf season. We are currently accepting resumes for all positions.

**Proshop
Driving Range
Grounds / Maintenance
Clubhouse Restaurant
Beverage Cart
Snack Shack**

Please email your resume and cover letter:
Janis Dola
General Manager
teulonacc@mymts.net

We thank all that apply, however only those candidates selected for an interview will be contacted.

Announcements

Book Your Classified Ad Today -
Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune

OBITUARY



Joan Mary Prout

We are saddened to announce that after a very long health battle Joan Mary Prout (nee: Browning), has passed away. Joan passed peacefully surrounded by the love of her son at the Lakeridge Health Hospital in Oshawa on March 21, 2020 at the age of 75.

Loving and devoted mother to Jaya. Dear sister and sister-in-law to Lynn and Charlie Puddifant, and sister-in-law to Bryant Isbister. Predeceased by her sister Ellen Isbister, her sister and brother-in-law, Audrey and Paddy Fagan, and her brother, Albert Browning. Loving aunt to Erin Fagan (Dave Graham), Tracey (Claude) Robillard, Andrea (Patrick) Dunning, Shannon (Chris) Marginet, Cory (Deb), Jeff and Buddy Isbister, and Paul Browning. Loving great-aunt to Kian and Declan Chisholm, Chloe and Brielle Robillard, Nora Dunning, Cade Graham, and Brooklyn and Halle Marginet. Joan was deeply loved and cherished and will be missed

dearly by all of her extended family and friends.

Joan was an active member in her community as a member of St. Paul's United Church, the Bowmanville Nurses Association, and various clubs such as a book club, bridge club and paper toll group, among others. Joan loved to read, travel and engage in all activities that kept her mind sharp.

At this time the family is postponing any services for Joan. Services details will be posted at a later date.

The family would like to extend their most sincere gratitude to Dr. Fung for providing excellent medical attention to Joan over the years, as well as Dr. Robert Wu, Registered Nurse Angela Szopa and all of the staff of Lakeridge Health Hospital in Oshawa and Bowmanville.

In lieu of flowers, donations can be made to Crohn's and Colitis Canada at 1-877-956-6366.

OBITUARY

Ronald Herbert Nast

It is with great sadness that we announce the death of Ronald Nast on March 18, 2020 at the age of 76. Ron passed away peacefully with his family by his side.

Ron was born May 1, 1943 in Flin Flon, MB. His family moved to Oak Point where he met his wife Shirley of 56 years. He and Shirley spent a few years moving around working and then settled back in Oak Point, MB in 1972. Ron was able to retire young. He loved to fish and spent many summers at Fairford fishing. Together they spent 32 winters in Mesa, Arizona. Their door was always open to many friends and family.

Ron is survived by his wife Shirley; sons Richard and Barry (Karla); grandchildren Tyler, Rachelle and Nichole; two great-grandchildren Bailey and Weston; along with his twin brother Alfred and brothers Edward and Norman. Ron will be greatly missed by all his family and friends.

A private graveside service will be held on Saturday, March 28, 2020 in the Lundar Municipal Cemetery with James McGillan officiating.

Our family wishes to thank the Home Care and Palliative staff for the wonderful care of Ron.

In lieu of flowers, please make a donation in Ronald's memory to CancerCare Manitoba Foundation Inc., 675 McDermot Ave., Room ON 1160, Winnipeg, MB R3E 0V9.

Arrangements by:

ARNASON FUNERAL HOME

Ashern - Lundar

1.204.768.2072 ~ 1.866.323.3593

ANNOUNCEMENT

CARDS OF THANKS

We would like to thank everyone for their kindness and concern shown during Ragna Bezo's illness and recent passing. Thank you to Dr. K Graham, the nurses, aides, housekeeping and kitchen staff at the Stonewall hospital for the excellent care given to our mother. Mom was grateful for the special connection and moments of laughter that she shared with several of the staff and she appreciated the many wonderful home cooked meals. We knew she was well taken care of when we were not able to be with her. Also, many thanks to the home care staff that cared for Mom at Lions Manor. And, a special thank you to Pastor R. Beinert for his many hospital visits with Mom.

-Family of Ragna Bezo

ANNOUNCEMENT

CARDS OF THANKS

The family of Doris Tully would like to thank all of those who supported us during this difficult time with messages, cards and charitable donations. We would like to thank Myles MacMillan for the lovely service, Kelly Benzing for her rendition of Doris' favourite hymns and Chapel Lawn Funeral Home for their compassion and guidance.

-Tully family

Express your thanks with a
message in the Tribune

Stonewall Teulon
Tribune

Call 467-5836 or
email igraphic@mts.net

OBITUARY

Ragna Bezo



Ragna Bezo of Stonewall, Manitoba, passed away peacefully at Stonewall Hospital on March 10, 2020 at 89 years of age.

Ragna was born September 5, 1930 in Harperville, Manitoba. She was the youngest of 11 children born to Otto and Ragna Overby.

Ragna met the love of her life, Lawrence Bezo in Winnipeg in September 1949 and they were married July 15, 1950. They were blessed with a family of four daughters. They lived in Winnipeg until October 1956, when they moved to Inglis, Manitoba to work the Bezo family farm.

Mom was blessed with a wonderful sense of humour. She loved to share a good laugh and lived life to the fullest. She enjoyed gardening (made the best dill pickles ever!), had beautiful summer flowers, enjoyed traveling, reading, playing cards, music, many jam sessions and dancing. Everyone enjoyed watching Mom and

Dad as they glided around the dance floor. Mom worked tirelessly to care and provide for us, and the many family and friends who always felt so welcome in her home. Ragna worked at the Russell Hospital for 22 years until her retirement at age 65. In October 1997 Lawrence and Ragna purchased a winter home in Yuma, Arizona where they enjoyed 16 warm winters together. Mom was able to spend another four winters there after Dad passed. Mom touched many lives in her lifetime, leaving everyone with good memories of a true friend.

After Lawrence's passing in 2013, Ragna moved to Stonewall to be closer to family. She made many wonderful friends, especially after moving to Lion's Manor in 2016. She enjoyed the many hours of visiting with neighbors, playing cards and meals out. She was thankful for the opportunity to attend St. James Lutheran Church to continue to grow in her faith and make more new friends, especially Pastor R. Beinert.

Ragna will be lovingly remembered by her daughters, Laureli Ellis, Debby Bernhard (Sheldon), Valdean Fremont (Darwin), Kelly Turner (Rob Skocylas); grandsons Kevin Ellis (Lori Ann), Trevor Ellis (Cathy), Aron Bernhard; great-grandchildren Marisa, Katrina, Rebbecca, and Trevor Jr. Also, brother-in-law Eric Bezo (Olly), sister-in-law Helen Overby and many nieces and nephews.

Ragna was predeceased by her husband Lawrence; her parents; parents-in-law; six brothers and four sisters; two sons-in-law, Garth Ellis and Doug Turner; and several brothers and sisters in-law.

The funeral for Ragna Bezo took place on March 16, 2020 at the Holy Trinity Lutheran Church in Inglis, Manitoba.

Donations in Ragna's memory may be made to Holy Trinity Lutheran Church Cemetery Fund, Inglis, Manitoba R0J 0X0.

OBITUARY

William Douglas Good

November 27, 1942 – March 18, 2020

With his family by his side, we announce that our beloved brother and uncle Bill passed away peacefully March 18, 2020.

Bill was predeceased by his parents Ed and Mary Good and his brothers Alvin and Jim.

Left to cherish his memory are sisters Beverly (Bill) Watkinson, Joan (Dennis) Schaeffer, Marilyn (Clifford) Lillies and sisters-in-law Vivian Good and Roseann Nichol. As well as nephews, nieces, great nephews and great nieces, Douglas (Kimberly) Watkinson, Evan and Sadie; Tracy (Ryan) Fidler, Maddy and Reese; Brad (Paula) Schaeffer, Carleen; Stuart (Shelley) Schaeffer, Sidney, Spencer and Seth; Daryl (Catherine) Schaeffer, Gabrielle, Gordan and Edward; Kim (Clayton) Stamler, Quinton, Sydney; Brent Good, Logan and Avery; Sean Good, Amber and Shaylee; Jamie (Roxey)

Good, Braeden and Cory; Crystle Good.

Bill grew up on the family farm, loved farming and worked at Bristol Aerospace Ltd. For many years. He moved off the family farm and into Lions Manor in the fall of 2016.

Bill lived his life to the fullest and had many friends. He enjoyed his sports; curling, golf, baseball, slo-pitch, hockey and enjoyed many good times. Later in life he enjoyed watching his nieces and nephews playing sports.

Bill will always be remembered for his infectious smile, quick witted sense of humour and caring heart.

The family would like to thank Dr. Kerr Graham, Home Care Workers and Stonewall Hospital. Special thank you to the staff at Tyndall Building, Selkirk for their excellent care and compassion.

In lieu of flowers, donations in Bill's memory can be made to a charity of one's choice.

Cremation has taken place and a private family interment will be held at a later date.

kl
KEN LOEHMER
FUNERAL SERVICES
204-886-0404

"THE HEART REMEMBERS WHAT THE MIND FORGETS"

Biz Cards
Get The Job Done!
Call 204-467-5836

PIPE DREAMERS
PLUMBING & HVAC / R

- Renovations • Repairs/Service • New Installs • Heating
- Air Conditioning • Water Treatment • Drain Cleaning
- Gas Fitting • Contracting • Refrigeration

CHASE BORGSTROM
204-990-1299
PIPEDREAMERSHVAC@GMAIL.COM
PIPEDREAMERSPLUMBING2019@GMAIL.COM

KYLE SCRIVENS
204-482-3939
Call 467-5836 or email igraphic@mts.net

pampered chef
INDEPENDENT CONSULTANT

- Cooking Shows • Meal Prep Solutions
- Fundraisers • Individual Orders

204-485-4272 call or text
stoneware444@gmail.com
www.pamperedchef.biz/michellebalharry

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca



Biz Cards
Call 204-467-5836
ads@stonewallteulontribune.ca



stonewall
chiropractic
centre
Also: Acupuncture • Custom Orthotics • Massage Therapy
Billing to Autopac, Blue Cross, WCB 204-467-5523

Odd Fellows Hall
• Weddings • Socials • Showers • Meetings
• Capacity 220 persons • Kitchen available
374 1st St. West, Stonewall
Hall 204-467-5556
stonewalldoddfellows@gmail.com



G&A Rentals Husqvarna
Lawn & Garden
Small Engine Service
7 Patterson Dr., Stonewall, Industrial Park
204-467-RENT (7368)

Doctor DECAL
204-467-9405
drdecal@mymts.net
ALL WORK DONE LOCALLY ON SITE
330 Main St. Stonewall, MB
www.doctordecal.ca

- Signs • Banners • Posters
- Billboards • Awnings
- Sign Holders
- Vehicle Graphics
- Wraps • Magnetics
- Laser Engraving**
- Awards • Medals • Plaques
- Glassware • Rubber Stamps
- Name Plates • Lamacoids
- Promo Items
- Personalized Gifts**
- Grad • Anniversary • Birthday
- Weddings • Showers • Mother's
- & Father's Day Etc.



BOONSTRA FARMS
RV Sales
204-941-0228
204-467-8480 • www.boonstrafarms.com

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding • Chipper
Licensed Arborists
Fully Insured - Claim Free
30 years Experience
Vince 861-0487
Darren 861-0028

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A FULLHOUSE MOVE

Electro Wright
CONTRACTING INC.
24 HR Emergency Services
Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net
Electrical Contractors

MAXWELL'S PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL
Cell: (204) 792-0675 or (204) 467-5008
Email: maxpro@mts.net
Box 275, Stonewall, MB R0C 2Z0

Advertising that Works! To place your BIZ CARD call 467-5836

INTERLAKE INSULATORS
BALMORAL, MANITOBA
• Spray Foam
• Blow In
FREE ESTIMATES
Brent Meyers
204-461-4669
interlake_insulators@hotmail.com
SPRAY FOAM SPECIALISTS

GRANTHAM LAW OFFICES
Lawyer & Notary Public
STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

Rockwood Landscaping & Tree Service
• Complete Landscaping
• Barkman Concrete Products
• Concrete Breaking
• Aerial Tree Pruning & Removal
• Chipping
• Stump Grinding
• Tree Planting
• 24HR Storm Service
• Snow Removal
• Skid-Steer
• Compact Track Loader
• Excavator
• Bucket Truck
Manitoba Certified Arborist
VISA 467-7646
Free Estimates

Home pride renovation
We take pride in your renovation
Homepridereno@gmail.com
(204) 513-0041
Residential & Commercial
Renovations • Repairs • Maintenance • Landscaping

NAPA AUTOPRO
Brake Family Auto Sales & Service Ltd.
Auto Service • Maintenance & Repair
Used Vehicle Sales
napaautopro.com
214-2nd Ave North, Highway 67
Stonewall 204-467-9156

COUNTRY TOWING
Proudly Serving Stonewall, Warren & Surrounding Areas
CAA MPI
countrytowing@mymts.net 204-990-4718

Ritchie & Perron PLUMBING HEATING LTD.
ritchie_perron@live.ca
Stonewall, MB
Red Seal Certified
Certified gas fitter
Residential/Commercial
Ryan 230-4674 Trevor 232-6263

PLUMBING
Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/
Reverse Osmosis
RILEY PATTERSON
Journeyman Plumber
Cell 204-461-0035

ALICE ROOFING LTD
Complete Roofing Services
• Residential • Agricultural
Licensed and Insured
204-757-9092
www.aliceroofing.ca

Roof Express Ltd.
Complete Roofing Services
Licensed & Insured • Argyle, MB
Residential • Agricultural
204-774-2030
www.roofexpress.ca

Taylor Made Bookkeeping Services
MARC VAN HUSSEN
mvanhussen@tmbookkeeping.ca
CARENA OZIRNEY
carena@tmbookkeeping.ca
PH: 204.414.1546 tmbookkeeping.ca

INTERLAKE EAVESTROUGHING & SIDING INC.
Siding, Eavestroughing, Soffit,
Fascia, Capping, Windows
Free Estimates • 781-0533
www.interlakeinc.ca

Advance Exteriors ROOFING
• Eavestroughing
• Soffit • Fascia
• Siding
RESIDENTIAL, COMMERCIAL, AGRICULTURAL
204.461.0019 Grosse Isle, Mb
www.AdvanceExteriors.com

Heating & Cooling • Refrigeration
REFRIGERATION • HEATING & COOLING
COMMERCIAL COMFORT INC.
Residential & Commercial
Owner: Jeff Meier
461-HEAT (4328)
commercialcomfort16@gmail.com

M. JONES
CARPENTRY & CONSTRUCTION
• Roofing - Shingling & Metal Roofing
• Custom - Homes, Garages, Decks • Renovations & Additions
• Concrete - Basements, Grade Beams, Slabs • Windows & Doors
• Siding, Soffit, Fascia, Cladding
• 5" Continuous Eavestrough • Insurance Repairs
MYLES JONES 1-204-461-2538
mjones_carpentryconstruction@hotmail.com

VIC'S AUTOBODY ALIGNMENT & BRAKES LTD.
VIC CHARTRAND
Licensed Auto Body - 204.886.2972 - Teulon, MB
• Glass Replacement
• Full Mechanical Repairs
• Tire Sales & Installation
• Used Auto Sales
• Wheel Alignments
• New & Used Auto Parts
• Flat Deck Tow Truck
24 HOUR TOWING
Manitoba Public Insurance CAA

PARKER CLARK
Chartered Professional Accountants Inc.
STEPHEN CLARK CPA, CA
sclark@parkerclark.ca
MARC VAN HUSSEN CPA
mvanhussen@parkerclark.ca
PH: 204.783.3118 parkerclark.ca