



Got a sec? Great. All alone? Perfect! It's time to lean in real close cause I'm back with **Secret #2** in my 5 Secrets of a Successful Sale. **Secret #1: It's your kitchen that'll sell your home. Secret #2: Declutter, depersonalize, and stage your home.**

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- Declutter: Picture your home as a vacation rental. If you wouldn't see it out in a rental, you shouldn't see it out during a showing.
- Depersonalize: A few modest photos here and there is fine, but pack away the excess, take down oversized monograms, and remove wall letters from the kids' rooms.
- Stage: If you're using the dining room as a craft area or home office, reset it as a space to dine. Also, get rid of unnecessary furniture to make your living room feel airy and spacious. Staging doesn't have to be costly or complicated — it simply helps buyers make sense of your home and see its potential.

When it comes to getting your home ready for the market, less is ALWAYS more. Need advice on how to get your home prepped? I'd love to help.

Stop back by next Wednesday for Secret #3! Follow us on Facebook & Instagram

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THURSDAY,
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VOLUME 12
EDITION 12

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Historic trek

TRIBUNE PHOTO BY LANA MEIER

Terry Doerksen and his wife Patty are preparing for a four-part historic journey next year when they will travel by ox cart from Winnipeg to St. Paul to retrace the Red River trail travelled by Métis carters. See full story on pg. 3 and 4.

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RW Bobby Bend students celebrate St. Patrick's Day



TRIBUNE PHOTOS SUBMITTED
École RW Bobby Bend School students and staff celebrated St. Patrick's Day with Wear Green for a Dream on March 17. Students were encouraged to wear green and bring a loonie or toonie to donate to The Dream Factory to help make a dream come true for a Manitoba child living with a life-threatening illness. The school raised \$417.60. Pictured left to right: Mme. Millar's Grade 2 class definitely had the luck of the Irish; educational assistant Deb Adamik and her son Jett dressed in green from head to toe. Students also completed four-leaf clover wishes for children struggling with illness, which were hung on the kindness tree for display.

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Dayna Pull

Stonewall Chiropractic Centre is happy to announce our newest team member Dayna Pull. Dayna is currently completing her education as a massage therapist and will be starting with us April 1st. From April until her graduation in June, Dayna will be permitted to perform relaxation-based techniques only, for a reduced rate. She will be fully licensed and able to bill insurance after her graduation. If you would like to see Dayna please call the office for an appointment, as she is available evenings and weekends.

Dayna is a striving current student at Wellington college, with graduation in the near future as of June 2021. Dayna's caring personality and her love for health and wellness has brought her to where she is today. Her practice will be focused on osteopathic-based treatments/assessments as well as rehabilitation. Dayna also excels in therapeutic spa massage, cranial-sacral assessment with treatment and deep tissue techniques.

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The route to rediscover history

By Jennifer McFee

An adventurous couple is preparing to hit the old dusty trail for an epic journey that could spring right out of the pages of a history book.

Terry Doerksen and his wife Patty plan to embark on a four-part adventure in May 2022 to relive a slice of history.

For the first stretch of the journey, the couple aims to travel by ox cart from Winnipeg to St. Paul, Minn.

"It's retracing the Red River trails, which were the main trade link that was responsible for the build-up of both those cities," Doerksen said.

"That trade route was travelled usually by Métis carters who would haul furs going that way and then they would bring up other supplies to the Red River community. So we're retracing that route as closely as we can."

To prepare for their journey, their shorthorn ox is currently in training near Stonewall on a farm owned by Dennis Scott.

"Our ox is named Zik. That's short for Bizhiki, which is Anishinaabe for ox or buffalo," Doerksen said.

"I'm not training Zik. I'm just doing what Dennis tells me. There is no way I could do this trip without him, and he is the expert on all things to do with training draught animals."

For the second leg of their journey, they plan to take a paddleboat down the Mississippi River.

"The Mississippi is navigable up to St. Paul, and that's why St. Paul was built where it was as well," Doerksen explained.

"We're taking a paddlewheeler down to St. Louis, which was the most accessible big city to Winnipeg. There were also people travelling up and down by steamboat with bigger purchases."

After that, they plan to travel by canoe from St. Louis into the heart of Kansas.

"That's retracing some voyages of French Canadian explorers," Doerksen said.

The last jaunt of the trip will recreate some family history through a road trip back to Winnipeg in an antique automobile.

"My dad was born in Kansas and he immigrated to Manitoba as an eight-year-old boy. The car that he came in was a 1929 Plymouth — and that car is actually still in existence and is still in working condition," Doerksen said.

"We were hoping to drive that car back to Manitoba, so it will be a big loop."

With much to plan, the couple is still working out some of the logistics for their adventure. For starters, they're hoping to find someone who will pick up Zik in St. Paul and bring the ox back to the farm near Stonewall.

In addition, details still need to be sorted out for the final road trip in the 1929 Plymouth.

The final voyage would also depend on agreement to the excursion by the current owner of the car — and on his mechanic's judgment on whether the car could survive the drive.

"It is the actual car my dad came in, and it's currently stored near Steinbach on the farm where Dad's family immigrated to," Doerksen said. "We



TRIBUNE PHOTO BY LANA MEIER

Terry Doerksen and his wife Patty with Zik, shortened from Bizhiki, which is Anishinaabe for ox or buffalo.

would have someone trailer it down for us and meet us in Kansas."

Although Doerksen and his wife Patty have never attempted to recreate history to this extent, they're certainly no strangers to travelling off the beaten path.

"We have driven most of the Dawson Road by car and taken a boat to where it starts on Lake of the Woods. We may actually do part of that road by ox cart this summer as a dress rehearsal," he said.

"I've done a lot of plain old travelling in my life. I've hitchhiked over 20,000 miles around North and South America. Our family lived in Mongolia for 12

Continued on page 4



The West Interlake watershed District, in partnership with local stakeholders, developed the Southwest Interlake Integrated Watershed Management Plan. A Project Management Team established three watershed goals, based on review of technical information and public input received.

WATERSHED GOALS

- 1. SURFACE WATER MANAGEMENT** - Enhance surface water management while ensuring that practices and activities respect current land use, the environment, and potential for downstream impacts
- 2. WATER QUALITY PROTECTION** - Protect and improve ground water and surface water quality
- 3. FISH AND WILDLIFE HABITAT CONSERVATION** - Protect, restore and enhance fish and wildlife habitat

You can access full IWMP on our website.

West Interlake Watershed District

FUNDING AVAILABLE

Through the Following Programs



Well Water Protection Program: to assist landowners with the protection of ground water supply. Includes Abandoned Well Sealing, Flowing Well, and Well Head Protection up to **\$1,000.00**

Well Chlorination Program: to assist residents with disinfecting well and plumbing systems. Up to **\$250.00** (partial chlorination) and up to **\$500.00** (full chlorination)

Water Testing Days: to assist landowners in the payment and transportation of their water samples, cost and transportation of sample covered by WIWD (sample taken by owner) Days for water samples **May 10 and May 25, 2021.**

Community Tree Nursery Program: to assist residents with the purchase of seedlings. Part of the cost will be covered by the WIWD. Applications can be submitted from **September 1 to October 31.**

Fuel Storage Tank Rebate Program: to reduce the risk of soil contamination from damaged tanks. **\$500.00** rebate provided by WIWD with the purchase of a new Double Wall Stationary Fuel Tank

Growing Outcomes in Watersheds (GROW): to encourage incorporation of beneficial management practices on private land.

Public Education: to educate youth about the environment and conservation. Schools within the WIWD can receive up to **\$500.00** per year

Composters and Rain Barrel: turntable composter and rain barrel sold at **\$50.00** and standing composter sold at **\$30.00** (no tax)

Properties must be in the WIWD boundary to be eligible

For more information on these programs please visit our website wiwd.ca or contact us

Contact: **T.204.762.5850** admin.wiwd@mts.net



The GROW program developed by the West Interlake Watershed District (WIWD) is delivered in the context of the Southwest Interlake Watershed Management Plan.

Growing Outcomes in Watersheds (GROW)

GROW is designed to assist landowners in developing projects that maintain or improve local watershed health. GROW encourages the delivery of ecological goods & services (EG&S), promoting conservation of natural areas and changes to land uses that provide EG&S.

Eligible Project Activities

GROW Activity	Projects	Goals	Contract Length
Wetland Conservation, Restoration or Enhancement	<ul style="list-style-type: none"> Conserving class 1 & 2 wetlands on annual crop land (not draining or filling). Re-establishment of perennial upland buffers (inter-pothole seeding) around wetlands to minimize mechanical disturbance. Fencing & off-site watering systems for grazing management. 	To improve water quality and aquifers, enhance recharge and water storage areas moderating the timing and volume of runoff, reduce negative impacts down stream, and increase wild life habitat.	10 Year Contract With WIWD
Riparian Area Conservation	<ul style="list-style-type: none"> Conservation of existing healthy riparian areas. Exclusion fencing that optimizes grazing impacts. Alternative watering system to keep cattle out of riparian area. Establishment or improvement of stream crossing. Constructed works to stabilize banks & prevent erosion. Re-establishment of riparian vegetation. 	Projects to improve water quality, improve storage capacity to reduce downstream flooding during high water events, stabilize shorelines and prevent erosion and, increase wild life habitat.	5-10 Year Contract With WIWD
Buffer Establishment	<ul style="list-style-type: none"> Establishment of a new buffer or shelterbelt. Expansion of existing buffer or shelterbelt (adding new rows, inter-planting differing species to add diversity). Re-establishment of buffer vegetation. Pruning or removal of deceased trees. 	To improve water quality and water conservation efforts, increase crop yield and carbon sequestration, add thermal protection for livestock, reduce surface runoff and soil erosion, and to improve wild life and pollinator habitats.	10 Year Contracts With WIWD
Upland Area Conservation, Restoration or Enhancement	<ul style="list-style-type: none"> Conserving native prairie or highly erodible upland areas. Enhancing natural and managed upland areas. Re-establishment of perennial native/tame cover on sensitive lands. Re-forestation of previous wooded areas. Permanent or alternative fencing and watering system to improve grazing strategies that support pasture health. Establishment of Soil Health crops (cover-crops, polycrops, green-manure). 	To improve the ecological function of natural and maintained upland areas, increase soil health and carbon sequestration, reduce soil erosion, and to promote healthy wildlife and pollinator habitat and biodiversity.	3-10 Year Contracts With WIWD

Stonewall on the Red River Trail

Submitted by Terry Doerksen

Have you ever assumed, like I did, that the town of Stonewall was named after the limestone walls of its quarry? I mean, it couldn't have been named after Stonewall Jackson, the U.S. Confederate leader.

Actually it was — indirectly. The founder of the town, Samuel Jackson, got the nickname of Stonewall because he shared a last name with the famous guy. In 1873, our "Stonewall" left Benson, near present Minneapolis and walked for 645 kilometres to the Red River Settlement. He bought up the land and planned out a town northwest of the settlement and humbly named it after himself.

I'm guessing that Stonewall, on his epic hike, followed the same trail Patty, Zik and I will be re-tracing soon.

Zik, our shorthorn ox was born just

outside the Town of Stonewall on the farm of Dennis Scott, the ox-whisperer. One day, after Zik and I had finished a session of Ox Carting 101, I was chatting with Dennis in the porch and noticed a set of painted cowbells on the shelf.

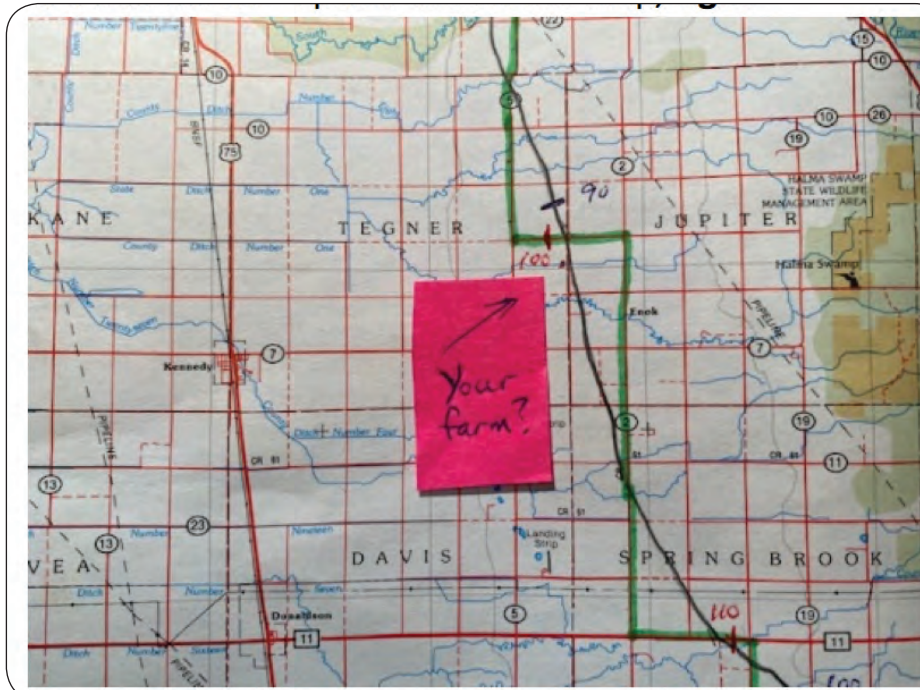
Scott replied, "Oh, those came from a craft sale at the Baptist church in Stonewall."

"No kidding," I said. "My nephew, Rusty, is the pastor at that church!"

Which reminded me that I needed to talk to Erica, Rusty's wife, about exactly where she grew up. I knew she came from Minnesota and I was curious if her parents' farm was anywhere near the Red River Trail. Erica got me in touch with her mom, Janelle, who gave me directions to their farm over the phone as I followed in my road atlas.

"Six miles straight east of Kennedy on the 7, and then go north on a small road for two and a half miles."

I put a dot on the map, right beside



SUBMITTED PHOTO

The green line shows the proposed route for the Doerksens' trip.

the trail!! I sent Janelle the following picture of my map, just to confirm that I got the location right. I explained that the pencil line was my best attempt at the route of the original trail, with numbers indicating miles from Winnipeg. The green line was our proposed route.

Janelle called back and said, "That's the farm, alright." Janelle's great-grandfather had homesteaded in a

dugout cabin here in the winter of 1882. Janelle remembered how her grandma had taken her on a walk as a small girl and had showed her where the "Indians used to cross" — right where I had drawn the trail with my pencil! Right where Stonewall Jackson would have passed by on his way to found the town in which a daughter of that farm would eventually make her own home.

> HISTORICAL TREK, FROM PG. 3

years, which involved a lot of bouncing over dirt roads by any means possible."

As for the motivation for their upcoming journey in 2022, the impetus stems from a lifelong interest in history.

"Whenever I read history, my first reaction is always that I'd love to be able to travel where they travelled or eat what they ate or see what they saw," Doerksen said.

"I love reliving history."



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ISD reflections on education overhaul

By Jennifer McFee

Last week, the provincial government announced its strategy to put students first based on an intensive review of the education system.

The sweeping changes include the creation of an overarching provincial education authority with an appointed board. Within this authority, 15 geographic regions would focus on local needs and there would also be a separate francophone division, instead of the existing 37 school divisions. Parents would provide input through new school community councils, with volunteer executives from each region on a provincial advisory council. There would be no more school boards with elected trustees.

If these changes are implemented, the provincial government expects that \$40 million could be shifted to classrooms.

However, these proposed changes don't sit well with Alan Campbell, chair of the Interlake School Division's board of trustees and president of the Manitoba School Boards Association.

"On Monday, March 15, Education Minister Cullen announced the government's plan to strip democratic accountability out of public education, with the elimination of locally elected school boards and the dissolution of local school divisions," he said.

"Sadly, in the wake of an announcement that has proven drastic and wholly disruptive for the system in the midst of the COVID-19 pandemic, there has not been any evidence provided by government to justify their plans. The government's claims that student outcomes will improve, that parents will have 'more say' and tax dollars will be saved have not been supported by any examples or evidence in the government literature or announcements to date."

Campbell said one of the most important realizations to come out of last Monday's announcement was that the government has decided not to follow many of the recommendations of the K-12 Education Review Commission.

"I would strongly encourage all Manitobans to read the commission's report and recommendations because the drastic steps which government are planning to undertake in Bill 64 do not align," he said.

"Contrary to government's plans, Manitobans will find that the K-12 review commissioners did not recommend the elimination of school boards and school divisions. They did not recommend that new directors of education be appointed by government to replace local school division administration. They did not recommend the complete centralization of authority over public education under a new provincial education authority, to be led by a politically appointed board."

These changes are all part of government's plans, he added.

"In actual fact, the K-12 review commissioners recommended the preservation of local school boards with trustees to be appointed and elected from their communities so that local democratic accountability could be protected. Commissioners further recommended that local boards retain responsibility for superintendent hiring, parent and

community engagement, and the promotion of community education to enhance advocacy for children and the communities," Campbell said.

"Manitobans should insist that government explain why they are not following the recommendations of the K-12 review commission and instead moving to centralize decision-making

with an appointed provincial authority."

So what does this all mean for Interlake School Division (ISD)?

"Perhaps one of the most frustrating aspects of the announcement is that the extent of the impact locally remains difficult to forecast because of a lack of details from government," Campbell said.

"Based on the information which has been

Continued on page 8

Inland Port Special Planning Area Under The Authority of The Planning Act

Notice of Public Hearing

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

INLAND PORT SPECIAL PLANNING AREA BY-LAW 1-21
Being an AMENDMENT to the
INLAND PORT SPECIAL PLANNING AREA REGULATION 48/2016
to RE-ZONE
PART of SECTION 30-11-2 EPM; PART of NE ¼ 19-11-2 EPM;
PART of S ½ 29-11-2 EPM; and
PARCELS C, D, H and J PLAN 50401 WLTO
in the RURAL MUNICIPALITY OF ROSSER
from INLAND PORT RURAL ZONE
to "I3" INDUSTRIAL HEAVY ZONE

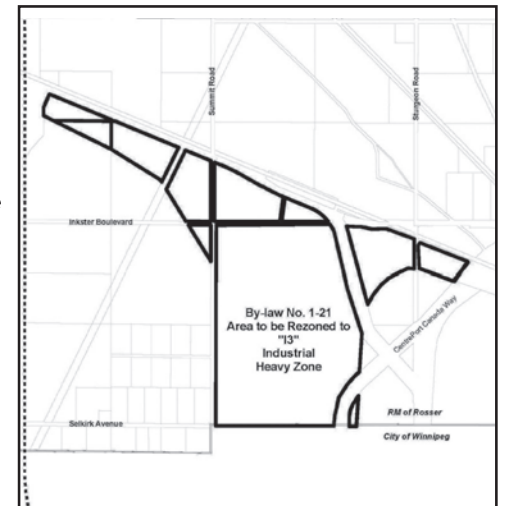
HEARING LOCATION: Virtual Public Hearing
Microsoft Teams

DATE and TIME: Thursday, April 15, 2021 at 6:30 p.m.

GENERAL INTENT and PURPOSE: To rezone part of Section 30-11-2 EPM; part of NE ¼ 19-11-2 EPM; part of S ½ 29-11-2 EPM; and Parcels C, D, H and J Plan 50401 WLTO in the RM of Rosser CentrePort lands from Inland Port Rural Zone to "I3" Industrial Heavy Zone to permit rail-oriented industrial development.

AREA AFFECTED: This by-law shall apply to the area identified on the map appearing on the Public Hearing Notice.

FOR MORE INFORMATION CONTACT: Kari Schulz, Planner
Manitoba Municipal Relations
Inland Port Special Planning Area
604-800 Portage Avenue
Winnipeg, MB R3G 0N4
Phone: 204-945-2146
Email: inlandportspa@gov.mb.ca



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request. A description of the procedure to be followed at the hearing is also available at the location noted above.



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Government funding should support inequality

By Sydney Lockhart

On International Women's Day, women deserved more than an insult from their government.

The provincial government announced \$50,000 toward an initiative to "encourage women pursuing non-traditional career options."

In a March 8 press release from The Sport, Culture and Heritage ministry, it defines non-traditional career options as "heavy construction industry and information and communications technology industries."

This initiative is a prime example of the provincial conservative government demonstrating how little it understands about inequality for women in the workplace.

It's hard to see how this money — which is paltry — is going to move the needle on equality for women in these sectors.

Saying construction is "non-traditional" is an old-school view out of touch with current sexist workplaces women in construction deal with.

Many women who work in these fields are eventually forced out by the harassment they encounter on the job, leaving only 3.4 per cent of women in the construction workforce, according to The Manitoba Construction Sector

Council.

On page 120 of The State of Women in Construction in Canada by the Construction Sector Council, a woman recalls her experience in the field: "Sometimes you actually have to quit. You do. There's just nothing to do. You can try to deal with it. ... This is a huge reality that women end up quitting, not continuing with trades because it really just is inhospitable."

The \$50,000 was announced by Sport, Culture and Heritage Minister Cathy Cox, who is also responsible for the status of women.

But that responsibility isn't an official ministerial portfolio — rather a side responsibility tacked onto the lap of one of the Tories' six female cabinet ministers, five of which are white.

From this alone, it's easy to see how gender equality is not a priority to the sitting government.

It's puzzling because about half of voters are women.

The 2020 budget for Sport, Culture and Heritage was approximately \$73 million, making the insignificant amount of \$50,000 equal to 0.06 per cent of the yearly budget.

In other words, the equivalent to a single 10 per cent down payment on the average Canadian house.

Government funding should go towards addressing the inequality in the workplace first, before encouraging women into the field in order for women to be able to succeed in their careers.

Women already know they can do the job if they pursue it, but they also know they would be placing themselves into what is likely to be a sexist workplace, hence the low number of women in the field.

In the press release, the province said they want to encourage women into these fields using the money to set up training programs, networking opportunities and other initiatives.

In 2018 Statistics Canada found that 19 per cent of women experienced harassment in the workplace; however, the percentage of women specifically in construction that experience harassment is way higher at a staggering 92 per cent according to Canadian Association of Women in Construction.

With the vast majority of women in construction facing these issues, the provincial government needs to invest a lot more than \$50,000 into creating safe work environments for women rather than "encouraging" them to start a career that does not support them.

Stonewall council news in brief

By Jennifer McFee

- On March 17, Stonewall council hosted a public hearing about its special service plan for waste and recyclable curbside collection, removal and disposal service. One individual attended the hearing and objected to the proposed plan. The bylaw has now been sent to the Municipal Board for their review and approval.

- Council hosted a public hearing regarding variances involving the

residential apartments being considered at the Quarry Ridge development. The South Interlake Planning District expressed no significant concerns with the proposed variances.

- Council denied an application by Foursight Real Estate for a four-unit multi-family townhouse development on 2nd Street East.

- Council approved new rates for 2021 camping fees.

- Council agreed to move forward

with the borrowing process for the town office upgrade project.

- On March 25 at 7 p.m., the Town of Stonewall and RM of Rockwood will host an online community question and answer session regarding the proposed annexation for lands that border the west and south boundaries of the town. The public event will take place on Zoom and the link is posted on the town's website at www.stonewall.ca.

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NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTOS BY MATTHIEU MEIER

Many families took advantage of the 15 degrees C. temperatures last Friday to walk, bike and run on the dry streets and sidewalks of Stonewall. The average temperature at this time of the year is 2 degrees C. Photos left to right: Curtis Petrychyn was out helping his son Gavin ride his bike in the Stone Ridge Meadows development; Mike and Sharon Lefley enjoyed a walk, while Tamara and Cole Gross with their dog Kye walked home from school. Help us record the weather of the week and send in your photos of friends and/or families enjoying the outdoors. Email your photo to weather@stonewallteulontribune.ca.

ISD board of trustees pass 2021-2022 budget

Staff

The proposed Interlake School Division 2021-2022 budget was approved virtually at the regular meeting last Monday with a number of changes.

Trustees were faced with the difficult task of reducing \$700,000 in program and service expenditures from the \$39 million budget due to a shortfall of provincial funding.

The finalized budget was passed with a \$45,000 shortfall, which will come out of the 2021-2022 division surplus budget.

The Continuing Education program (\$38,000) and the Junior Kindergarten program (\$162,000) were both cancelled. The original reduction of administrative assistant allocations of \$76,000 was reduced to \$68,300 and the reduction of library staffing of \$82,000 was reduced to \$65,000.

The AFM staff (\$40,000) and the TIP leased space (\$55,000) will remain.

The budget passed with a 4-3 vote. Alan Campbell, John Hueging, Sally Cook and Bridget Yablonski voted in favour of the budget, while Cindy Brad, Victoria Schindle and Fran Frederickson voted against.

It's not going to be like this forever: Roussin

By Lorne Stelmach

The province preached continued caution this week even as it moved to further ease public health restrictions.

There is still a long way to go with vaccinations, and case numbers — including variant cases — have climbed in recent days, noted chief public health officer Dr. Brent Roussin at his Monday update.

He offered some notes of optimism but continued to advise against non-essential travel and discouraged spring break and Easter celebrations plans.

"We want to continue to open in a cautious manner, but we do need to do what we can to delay the transmission of this virus, delay a third wave, as we are rolling out vaccine," he said.

"We need to be cautious. We can think back to the issues that we had following Thanksgiving. This isn't how we wanted to spend our spring break or holiday weekend. We do continue to need to be cautious with our case numbers slowly trending up and the variants of concern becoming more and more an issue," said Roussin.

"It's not going to be like this forever. We do have optimism that we see the vaccines beginning to roll out, but we're still many, many weeks to months away from having enough of the population protected for us to really significantly reduce our public health measures," he said.

"We have to keep our interactions down outside of our households or we are going to see a third wave, and that is going to compromise our ability to rapidly vaccinate Manitobans."

On Monday, the province reported one additional COVID-19 death in the Winnipeg health region, which brought the total deaths to 928.

The five-day COVID-19 test positivity rate was 5.2 per cent provincially and 3.7 per cent in Winnipeg. There were 65 new cases of the virus confirmed Monday to bring the total since the pandemic began to 33,418.

The number of active cases was at 1,205 at the start of the work week. A total of 138 people were in hospital due the virus, 25 in ICU.

Active cases in the Interlake-Eastern region include five in Fisher River/Peguis, 15 in Northern Remote, eight in Powerview/Pine Falls and five in the Unknown region.

Manitoba as a whole has thus far had 63 confirmed cases of the B.1.1.7 variant and 14 of the B.1.351 variant.

Meanwhile, vaccination eligibility on Monday was broadened to include people aged 65 or older and First Nation people aged 45 or older.

Eligible individuals can book their appointment at a supersite online at protectmb.ca with an email address and their health card number. Appointments can also be made by calling 1-844-626-8222.

You can also sign up at the website to receive vaccination updates via email.

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manitoba.ca/vaccine



> EDUCATION OVERHAUL, FROM PG. 5

provided thus far, it seems reasonable to assume that, if the plans of government proceed and The Education Modernization Act (Bill 64) passes in the legislature without amendment, by July of 2022, there may no longer be an Interlake School Division administration office in Stonewall, at least not in its current form and function, the locally elected school board will be dissolved, and the schools and communities which currently make up the ISD will be part of a much larger geographical region, which stretches as far north and east as Victoria Beach, Brokenhead Municipality and Bird's Hill Park."

In addition, Campbell noted that this new region would be under the leadership of a government-appointed director of education, who would not necessarily need to have a background in education.

"I would be remiss if I did not echo here some of the concerns that are coming out of other rural school divisions as to the impact that these changes could have on our smaller rural school communities. Local school boards have an acute understanding

of the importance of small schools to the rural communities they serve," Campbell said.

"A combination of centralized decision-making in Winnipeg by an appointed authority and the ongoing funding reductions experienced over the last six years could make for some very challenging times ahead for rural Manitoba school communities."

At the school community level, the government plans to create school community councils, made up of members who are parents or guardians of students in the school.

"Each school community council will elect an executive who will engage directly with the school's principal on matters such as teacher/staff evaluation, capital expenditures, assessment of program effectiveness, annual school budgets and monthly school expenditures," Campbell said.

"School principals will be removed from the Manitoba Teachers' Society and will be jointly accountable to the school community councils and the provincial education authority."

Campbell encourages community members to reach out with their con-

cerns and provide feedback.

"I really want to stress for all community members that their local school board and senior administration team remain completely dedicated to the governance and leadership responsibilities, which we take very seriously," he said.

"The timelines on the changes are largely dependent on the legislative agenda and whether or not the official Opposition will hold up Bill 64 until the fall. While we continue to ensure that local community voice and priorities are reflected in our public schools in the coming days, weeks and months, everyone is very strongly encouraged to learn more about the anticipated damage which Bill 64 will cause to our public education system."

Campbell invites anyone who would like to discuss the matter further to contact him at acampbell@isd21.mb.ca.

He also noted that the best way to provide feedback to government on their plan is to reach out directly to local MLA Ralph Eichler or to sign up to present concerns to the legislative committee on Bill 64.

More information is available at www.localvoices.ca.

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From weariness to rest

I suspect I'm not the only one who is feeling the weight and weariness of the news stories these days. Sometimes I wonder if our instant access to information is helpful. It certainly brings news stories to the forefront which we may or may not have had access to in previous decades. However, while I realize having instant information can be super helpful, sometimes the headlines and the actions of individuals just make my head and heart hurt.



There are those around us who are feeling burdened by the effects of the ongoing pandemic while others are feeling tired and weary as they struggle with the weight of the heavy load they carry. Matthew 11:28-29 says, "Then Jesus said, 'Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.'"

If you haven't already, consider turning to Jesus and giving Him the heavy loads you're carrying. Lay your burdens at His feet and give your life to Him. In the Bible Romans 10:9 says, "If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved."

Jesus is gentle and kind, and you will find rest for your soul when you begin a relationship with Him. If your heart is unsettled and you're looking for peace, bring your burdens to Jesus and He will give you rest and peace.

The Apostle Paul said in Phil 4:6-7, "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

Pastor (interim)
Jo-Ann Porterfield
Alive Family Church
Stonewall

Hydro negotiations still underway with union

By Nicole Buffie

A contract dispute between Manitoba Hydro and the union that represents its workers is still underway as the two entities have been negotiating amid rotating strikes and an averted general strike on Mar. 17.

The International Brotherhood of Electrical Workers (IBEW) Local Union 2034 declared a general strike last week after a final offer was not presented by the Crown corporation. IBEW workers have been without a contract for 28 months amid unsuccessful negotiations resulting in rotating strikes at facilities across the province.

The updated deal tabled by Hydro offered IBEW members a three-year contract with a 0.75 per cent wage increase in the third year retroactive to Jan. 1, 2021.

In a press release from Manitoba Hydro, President and CEO Jay Grewal said Hydro's final offer on Mar. 17 offer was 'fair' amid allegations from IBEW that Manitoba

Hydro ignored negotiating an Essential Services Agreement with IBEW.

"This is categorically untrue," Grewal said. "The union would only agree to negotiate an Essential Services Agreement if, after 10 days of strike action, the corporation would agree to binding arbitration."

"We believe in the collective bargaining process and hope our offer to the union resolves this strike as quickly as possible," she said.

IBEW 2034 could not be reached for comment.

The last strike by IBEW workers at the Crown corporation was in 2009 which lasted several days after a deal for higher salaries and a shorter contract could not be reached. The contract settled on pay and benefit increases of 9.6 per cent over four years for union members.

Last Wednesday IBEW announced they did not receive an updated offer before the 5 p.m. deadline therefore declaring a general strike. However, early on Thursday morning IBEW 2034 confirmed Hydro presented an updated offer which the bargaining committee will review and vote on in the coming days before further strike action is taken. As of press time on Monday no vote on the proposed contract had been announced.

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Musician goes from local church band member to TV and film songwriter

By Sydney Lockhart

At four years old, Susie (Bird) Schwartz was practising her piano lessons at home on their family organ, the closest thing she had available for her to use. Now, at the age of 46, she is pitching her music for use in television and film productions.

"I have two goals. One is to write songs that find a home in TV and film and also write songs for and with other artists," said Schwartz.

Schwartz used to live in Stonewall where she played piano in a band at the New Life Church for 15 years. She and her husband Don have since moved to the U.K., where she is taking an online class that helps musicians get in contact with music supervisors that pick the songs that go into TV and film.

"I just have always loved music and recognise the power music has while watching moving pictures," she said. "I would notice how a song would elevate a scene. I noticed what type of music was being used in different places."

On March 26 Schwartz is releasing her first single titled "You Don't Know Who I Really Am" under her musician's name Suschwa Music on streaming platforms.

"There's been times in life where I've heard of other people's and my own feelings feeling fraudulent," said Schwartz as she describes the meaning behind her new song. "I get along with people and I do good things for other people, but they aren't necessarily seeing the dark side or what we internally go through. Its wrestling with identity."

Since finishing her song and sharing it with music supervisors, she said she received positive feedback and it is already being considered for a TV show being shot in the U.K.

"The most successful music for TV and film is the most heartfelt and honest. I think that's where I have something going for me because I wear my heart on my sleeve," she said.

This is the first time Schwartz is monetizing her music, but she says she isn't doing it for the money and that it would be nice to have the production costs covered.

"I'm writing this music. I am not a recording artist. I am not a vocalist, I'm a pianist and a songwriter. My music felt a little aimless. This felt like a good place to have them land," she said.

The song features local musician Erin Corbin on vocals. Schwartz first heard Corbin sing when she was a teenager.

Someone at their church mentioned to her that Corbin could sing and she decided to ask her if they could play music together so that she could hear her. This was about a decade ago.

"She invited me to try out recording a song for her. That experience gave me more courage to be singing in public. Ever since then, she's always been writing music, and here and there, she will reach out," said 26-year-old Corbin.

Schwartz sends Corbin the instrumental music and lyrics, and then she creates and records the melody for the song.

"I would never have thought of that for myself. It would be a dream to all of a sudden hear yourself when you're watching TV," said Corbin.

Folk music is usually the genre Corbin sings in her band Two Crows for Comfort, but she said it was nice to sing something outside her normal.

The new single can be found on music streaming platforms under Suschwa. Schwartz can be contacted at suschwamusic.com and @suschwamusic on Instagram and Facebook.



TRIBUNE PHOTO SUBMITTED

Susie Schwartz writes music for other musicians and is now creating music for TV and film production. Her first single is being released on streaming platforms March 26.



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Local fire departments receive provincial grants

By Jennifer McFee

Local fire departments will be able to buy some hot ticket items thanks to an influx of provincial grant money.

The provincial government recently announced \$9 million in fire protection grants, including multiple approved projects within the local community.

The South Interlake Mutual Aid District will receive \$122,000 for a firefighter decontamination trailer.

Dean Campbell, fire chief for the RM of Woodlands fire department, explained the purpose of this trailer, which will benefit the entire region.

"It's a trailer that comes out to a fire scene and firefighters get overheated or cold, we can get them to get them warmed or cooled depending on the weather in winter or summer," he said.

"We can refill air bottles. If someone gets covered with a contaminant, we can get them cleaned up. It's very important now with all the concerns of cancer from the various chemicals and smoke that we're exposed to."

In additions, the RM of Woodlands fire department received \$8,000 for a washing machine, \$11,000 for truck emergency lighting and pneumatic air chisel, and \$4,700 for a thermal-imaging camera.

"The best practice now is every time



TRIBUNE PHOTO SUBMITTED

The Stonewall-Rockwood fire department received \$9,000 for a rapid deployment watercraft that can be used for water and ice rescues.

your coveralls get exposed to any kind of smoke, you wash them — and it's not just taking them home and wash them," he said. "They're a high-end commercial type washing machine that pulls the contaminants out. It's not just washing them but it's doing a very thorough cleaning job."

Campbell expressed gratitude for the provincial grants.

"It's very much appreciated," he said. "I think it will be a big benefit to the fire services."

The Stonewall-Rockwood fire department will also receive \$35,000 for some new equipment.

"We put money toward a training door prop for forcible entry used in gaining access into buildings' locked doors," said Fire Chief Curtis McClintock.

"We also got allotted money for a smoke machine that generates theatrical smoke so you're not using the live-burn smoke with more carcinogens. Smoke fills up and it simulates a fire inside of a smoke-filled building and it blacks everything out. It's safer because we're not exposing anyone to more carcinogens than we have to."

The smoke machine can also be used for training in search and rescue tech-

niques, he added.

McClintock noted that a training site is being developed for Stony Mountain, Stonewall and Teulon fire departments, so some funds will also be put towards that project.

In addition, the Stonewall-Rockwood fire department used part of the funds for a rapid deployment watercraft, which can be used for water and ice rescues.

"If something should happen at one of the retention ponds here in town or in the RM of Rockwood, it gives the safety of firefighters to go out on that ice," McClintock said.

"It's a flotation craft and we inflate it with an air bottle. It goes out onto the ice and it's the safety net for firefighters as they go to the victim that's fallen through ice. It can be used for a water surface rescue too."

The Teulon-Rockwood fire department received \$11,000 for new tires for two tankers as well as \$1,000 for rapid intervention team packs.

Fire chief Ryan Trombo said they've been considering getting the rapid intervention team equipment for a few years.

"When you have a structure fire, you send guys inside the building to find

Continued on page 12

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COMMUNITY NEWS

Local fire department makes hasty work of house fire

By Tyler Searle

The Stonewall Rockwood Fire Department responded to a 911 structure fire at 425 2nd St. E. in Stonewall at 6:33 p.m. on March 16.

Gabe Perrie and Ella Wahoski were the first ones on the scene and made the 911 call.

“It was actually my girlfriend’s dad’s house and we were driving by and saw that it was on fire and called the fire department. It was a crazy chance of luck that we were driving by and saw the fire when it started,” said Perrie.

The homeowner had been doing ongoing renovations and was at work at the time of the fire.

Twenty volunteer firefighters confronted the blaze with an offensive attack and cleared the scene in approximately two hours.

Damage to the home is estimated at approximately \$125,000 with the majority caused by water and smoke. Fire Chief Curtis McClintock does not expect the home to be a complete loss.

“The Stonewall Rockwood Fire Department did an excellent job in containing and extinguishing the fire,” said McClintock.

The fire was investigated by the department and the insurance company and the cause of the fire has been determined to be accidental electrical.



Firefighter Peter Bullivant enlists the help of Gabe Perrie to help him carry SCBA tanks.



TRIBUNE PHOTOS BY TYLER SEARLE

A Stonewall Rockwood firefighter climbs a ladder during a house fire at 425 2nd St. E. on the evening of March 16.



Pork – a powerhouse of nutrition

March is Nutrition Month in Canada, and the Dieticians of Canada are encouraging us to consider what healthy eating looks like in our daily lives, be it through our cultural practices and food traditions, or our own circumstances and nutritional needs.

With Manitobans cooking more meals at home, choosing healthy ingredients that work best for you and your family is key. Pork has many qualities that make it easy to incorporate into a well-balanced meal plan. Not only is pork a complete, high quality protein and a good source of 10 essential vitamins and minerals, it also offers versatility. From decadent and flavourful to lean and nutrient-rich cuts that are easy to prepare, pork suits all cooking styles and is affordable to most consumers.

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SPONSORED CONTENT

Hwy 6 Market opens; cannabis to come later

Staff

Warren's newest store is set to open this week. Hwy Market 6 is hosting a "soft open" on Friday, March 26 at 10 a.m., according to Dave Haines of Sandbox Design & Consulting, the company representing the store's owner, Donggi Lee.

"After many years of planning, (Lee) is very proud to welcome customers to the new store, which features full-service grocery, fuel, takeout and liquor, stocked to meet all his customers' needs at competitive pricing," said Haines.

He noted that on March 26, the store and fuel bar will be available to the public, but takeout service and cannabis sales will come later.

"(Lee) greatly appreciates all the support of the community, including local council, which has shown exceptional support over the course of developing the site. (Lee) looks forward to celebrating the store's opening with the entire community," said Haines.

A "grand opening celebration" will be announced soon and held at a later date, Haines said.

Lee had previously stated his intention is to employ 20 people at the store, 16 more jobs than what he had available at the old store in Warren.

In regards to cannabis sales, Haines said Lee is still working through the necessary licensing processes with the Province of Manitoba. There is no confirmed date for cannabis sales at this time, he said.

The new location is just outside the Warren LUD

boundary and is governed by RM of Woodlands. Both liquor and cannabis would be located in the new grocery store, as per regulations.

The new location will include all services expected at a major grocery retail.

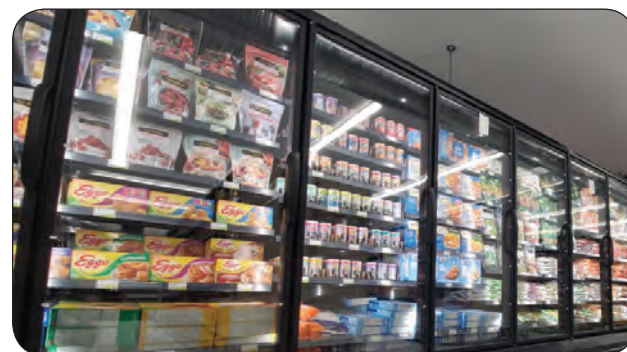
Lee has owned and operated the Warren Food Mart for several years but said he saw a need for a more full-service grocery to serve the region, providing a competitive one-stop shopping experience not yet available in the region.



Store shelves are stocked and ready to meet customers' needs at competitive pricing.



TRIBUNE PHOTOS BY DAVE HAINES
Mr. Donggi Lee (far right) and his team get set to open Hwy Market 6 on March 26 in Warren.



> FIRE PREVENTION, FROM PG. 10

the fire and put it out or to find people," he explained.

"The rapid intervention team is a backup set of guys who have equipment, so if something goes south inside the building with the two original guys, those guys go in right away to get them out as soon as possible."

In Rosser, the fire department received \$61,000 in provincial grants.

"We are going to purchase an enclosed trailer for hauling heavy extraction equipment. Also, we're going to house some grain rescue equipment so if someone's ever trapped in a

grain bin, we can respond to that," said Fire Chief Mike Palmer.

"And with all the big development going on inside Rosser CentrePort, we're buying about \$15,000 of high-angle rescue equipment that will be housed as well."

In St. Francois Xavier, the fire department will receive \$63,000 for self-contained breathing apparatus, \$14,000 for turnout gear and \$25,000 for non-public safety communications service radios.

In Cartier, the fire department will receive \$79,000 for an advanced ve-

hicle training prop and \$10,000 for an industrial washing machine.

The fire protection grant was open to municipalities and Northern Affairs communities through the department of Municipal Relations to support projects or activities that would improve fire protection and emergency response.

Originally, the fund was originally set to administer \$5 million in grants. However, due to a high number of applications, funding nearly doubled to \$9 million in order to help more communities and projects.

"Our PC government recognizes the value of effective fire prevention services in keeping our communities safe," said Lakeside MLA Eichler.

"These projects in our community will strengthen fire protection and emergency response services and protect residents and businesses for generations to come."

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SCI French Immersion student journalists contribute to the *Tribune*

Des couches aux diplômes: la fin de la commence du programme l'immersion française à Stonewall

Par Kylee Leathwood, Kaitlyn Luke, Connor Crosby et Jordan Glaspey

L'année 2021 devrait apporter de nouvelles expériences, car la vie quotidienne de chacun a changé à cause du COVID-19. Cependant, un événement qui ne doit pas être éclipsé est que 2021 marque 13 ans depuis le début de l'incroyable programme de français de la Division scolaire Interlake. Cette année sera la première année de l'histoire de Stonewall que les élèves obtiendront un diplôme d'immersion française.

Premiers pas

2008 a été une année inoubliable pour un petit groupe de la communauté de Stonewall. Les parents ont fait un acte de foi et ont plaidé pour le rétablissement d'un programme d'immersion française à Stonewall.

Monica Conger-Morrison, enseignante de français et de géographie au secondaire, a été une pionnière du programme de français en raison de son amour pour la langue et du fait qu'elle a une fille qu'elle voulait éduquer en français. « Il faudrait conduire notre enfant de 5 ans à 40 minutes de notre division scolaire pour l'inscrire au programme de langue de notre choix! Je voulais voir si d'autres parents avaient également l'impression que nous avions besoin d'une autre option ici, dans notre division scolaire », a expliqué Mme Conger-Morrison avec dédain. Elle a décidé qu'un enseignement en français devrait être disponible à Stonewall. Malgré son inquiétude que la même passion ne soit pas partagée par d'autres parents; elle était ravie qu'un groupe appelé Canadian Parents for French et de nombreux parents partageant les mêmes idées soutiennent le désir d'un programme de français à Stonewall.

Au fil des ans, les parents d'élèves bilingues ont continué d'être les plus grands soutiens à mesure que le programme progressait.

À l'intérieur du programme

Au fil des ans, il a été inculqué aux élèves d'immersion française que leur éducation leur offrira des opportunités et des expériences uniques. Certaines de ces occasions se sont déjà présentées.

Il y a d'abord eu le Festival du Voyageur. La visite scolaire presque annuelle a permis à de nombreux élèves de découvrir la riche culture franco-manitobaine. Le Festival du Voyageur a révélé aux élèves que la culture française les entoure et leur est accessible quand ils le souhaitent.

Une fois arrivés au secondaire, les élèves ont eu l'occasion de quitter la province et de s'immerger dans de nombreuses cultures canadiennes-françaises. Premièrement, il y a eu un voyage de classe au Québec en neuvième année, auquel ont participé la plupart des élèves finissants. Ce voyage a créé un amour pour le Québec et la culture française que de nombreux élèves n'avaient pas avant le voyage.

Quatre des élèves diplômés ont participé à des programmes d'échange. Ces programmes d'échange d'élèves permettaient aux élèves de vivre au Québec ou en Nouvelle-Écosse. Les élèves qui ont participé à ces programmes ont décrit avoir trouvé une nouvelle appréciation de la langue qu'ils avaient étudiée pendant des années.

Ce n'est que le début des opportunités qui se présenteront aux élèves d'immersion française au fil de leur vie. Certains peuvent inclure des bourses, des opportunités d'emploi et des expériences de voyage.



TRIBUNE PHOTO KRISTA EDKINS

Les diplômés de 2021 et leur enseignante de 5e année, Mme Johnson, lors de la sortie annuelle au Festival du Voyageur.

Stonewall Collegiate Institute's French Immersion graduating class of 2021 with their teacher, Mme Johnson, during their annual fieldtrip to Festival du Voyageur (2014).

Croissance du programme

Cassandra Tesluck, ancienne enseignante de maternelle de la promotion, a déclaré qu'elle ressentait tellement le soutien des parents et du conseil d'administration que cela lui a donné confiance que le programme serait un succès.

En 2021, de la maternelle à la 8e année, les programmes anglais et français comptent à peu près le même nombre d'élèves inscrits et la 9e à la 12e année sera bientôt répartie à ce niveau. Interrogé sur le succès et la croissance du programme, il y a un consensus sur le fait que personne n'est surpris, mais tout le monde est fier de la croissance continue et du succès du programme jusqu'à présent. Mme Tesluck a exprimé son espoir que « avec temps, la division pourra combler encore plus de postes avec des personnes bilingues qualifiées afin que nos élèves puissent être pleinement immergés dans un environnement français et se voir offrir encore plus d'opportunités ».

Défis

Lorsqu'on demandé quelle était la plus grande difficulté à développer un programme d'immersion française, Margaret Ward, le surintendant de la division scolaire d'Interlake, et Mme Tesluck ont défini les difficultés rencontrées comme un défi.

« Quand je repense, je me souviens avoir pensé que le défi pourrait être

d'attirer suffisamment d'élèves pour rendre le programme viable.

Il n'a pas fallu longtemps avant qu'il soit évident que de nombreuses

familles choisiraient le programme d'immersion française »

- Margaret Ward, surintendant de la division scolaire d'Interlake

Le plus grand défi a été le manque d'enseignants de français à temps plein et d'enseignants suppléants au Manitoba. Cependant, Stonewall a eu la chance de pouvoir compter sur des enseignantes de français qualifiés et assidus.

Messages pour les diplômés

Bien qu'il n'y ait qu'un petit nombre d'élèves qui ob-

tiennent leur diplôme d'immersion française cette année, Mme Ward tient à leur faire savoir que « la petite taille de la classe d'immersion française de 2021 témoigne de la persévérance du petit groupe qui a commencé La maternelle il y a si longtemps que la première cohorte d'élèves d'immersion française ». Mme Conger-Morrison a utilisé son amour du français pour quitter la classe de cette année avec un message sincère en français. « Félicitations! C'était vraiment difficile! Mais vous avez persévéré dans vos études en français et c'est quelque chose dont vous devriez être fiers et fiers! Je suis tellement fière de vous tous! »

Diapers to diplomas: the end of Stonewall's debut French Immersion class

By Kylee Leathwood, Kaitlyn Luke, Connor Crosby and Jordan Glaspey

2021 should bring many new experiences, since daily life for everyone has been changed due to COVID-19. However, one event that will not be crossed out is that 2021 marks 13 years since the beginning of the incredible French Immersion program in the Interlake School Division. This is the first year in the history of Stonewall that students will receive a French Immersion diploma.

First steps

2008 was an unforgettable year for a small group of community members in Stonewall. Parents took a leap of faith and urged for the reinstatement of a French Immersion program in town.

Monica Conger-Morrison, a French and Geography teacher at SCI, was a pioneer of this program, inspired by her love for the language and the possibility of having her daughter immersed in French. "We would have to drive our 5-year-old 40 minutes out of our school division to enroll her in the language program of our choice! I wanted to see if other parents also felt like we needed another option here in our school division," she explained. She believed that a French Immersion teacher should be available in Stonewall. Despite her worry that her passion would not be shared with other parents, she was thrilled that a group called Canadian Parents for French and a number of parents were in fact on board to establish an Immersion program in Stonewall.

Over the years, parents of bilingual students have continued to be the program's biggest supporters as it has developed.

A look inside the program

Over the years, students were continually reminded that their education would offer them unique opportunities and experiences. Some have already manifested themselves.

Firstly, there is Festival du Voyageur. The nearly annual fieldtrip has allowed many students to discover the rich Franco-Manitoban culture. Festival showed students that francophone culture was all around them and accessible to them whenever they wanted it to be.

Once the learners got to high school, there were opportunities to leave the province and to immerse

SCI French Immersion student journalists contribute to the *Tribune*

Comment la COVID-19 et la demande d'un ami à quatre pattes ont affecté une entreprise locale

Par Kalin McGuirk, Chloé Morrison, Gaige O'Neill et Brianna Waldner

Le virus COVID-19 a eu un impact majeur sur notre monde au cours de la dernière année. Certains des plus touchés sont les propriétaires de petites entreprises locales. Notre groupe d'étudiants en immersion française de 11e et 12e année a choisi d'interviewer Nicole Nagy, la propriétaire de Quarry Pets ici à Stonewall pour découvrir comment le COVID-19 a affecté son entreprise.

Assurer la sécurité des citoyens de Stonewall

En mars 2020, quand la pandémie avait commencé, Quarry Pets avait initialement fermer leurs ports aux clients. Ramassage en bordure de magasin était introduit comme la seule façon pour magasiner. Nicole Nagy avait besoin de prendre la décision difficile de licencier quelques personnes. Sa priorité est la sécurité et la bien-être du personnel et des clients. À ce moment, tout le personnel est retourné au travail.

« Avec le recul, c'était probablement plutôt une réaction de panic mais, avait gardé la tranquillité d'esprit du personnel et clients et avait augmenté la confiance de leur sécurité. » -Nicole Nagy, propriétaire de Quarry Pets

En mai, l'animalerie avait réouvert leurs portes aux clientes avec plusieurs nouvelles mesures de sécurité pour aider à batailler la COVID-19. Ils ont mis une barrière de plexiglas au comptoir en avant et changer leurs machines de paiement pour accepter la paie sans contact. La personnel et les clientes avait besoin de porter les masques faciaux et utiliser le désinfectant pour les mains quand ils entrent le magasin. Ils ont limité le nombre de cliente qui pourrait magasiner en Quarry Pets a un temps. La personnel avait aussi désinfecter la comptoir et machine de paiement régulièrement. Ce sont tous les mesures encore en place au moment qu'elle voir comme la nouvelle normale a son magasin.

L'isolement augmente les adoptions d'animaux de

compagnie

Avec les gens qui travaillent de la maison, et les confinements qui causent une grande quantité de solitude, la demande pour un animal de compagnie a augmenté énormément. Même si Quarry Pets ne vend pas des chats ou des chiens, tous les articles du magasin ont augmenté en vente durant la pandémie. Les clients sont encouragés à demander l'aide du personnel lors de la visite du magasin. Les employés connaissent bien les soins aux animaux, et ont de l'expérience avec les chats, les chiens, les reptiles, les poissons, et les petites bestioles également.

« C'est un endroit idéal pour être, » reconnaît Nicole Nagy, « Je suis fier de la richesse des connaissances que nous avons à offrir pour vivre une expérience mémorable chez nos clients. »

Un message aux les résidentes de Stonewall

Nicole Nagy tient à assurer aux citoyens de Stonewall que son personnel et ses clients sont sa priorité. Elle fera tout ce qui est en son pouvoir pour que les clients se sentent en sécurité lors de leurs achats. Si vous avez les questions, soucis ou suggestions vous êtes encourager des contacter Quarry Pets et ils feraient ce qu'il besoin pour vous aider sentir sauf. Elle vous encourage également à amener votre animal de compagnie dans le magasin quand vous le souhaitez!

How COVID-19 and the demand for furry friends affected a local business

By Kalin McGuirk, Chloé Morrison, Gaige O'Neill and Brianna Waldner

The COVID-19 virus has had a major impact on our



TRIBUNE PHOTO KALIN MCGUIRK

Quarry Pets est situé au 317 Main St. à Stonewall et est là pour tous vos besoins en produits pour animaux.

Quarry Pets is located at 317 Main St. in Stonewall and is there for all of your animal needs.

world in the last year. Some of the most affected are small business owners. Our group of French Immersion students from grades 11 & 12 chose to interview Nicole Nagy, owner of Quarry Pets here in Stonewall to see how COVID-19 affected her business.

Ensuring the safety of Stonewall's residents

In March 2020, when the pandemic started, Quarry Pets initially shut its doors to customers. Curbside pickup was introduced as the only way to shop. Nicole Nagy had to make the difficult choice to let some employees go. Her priority was the safety and wellbeing of staff and customers. At the time of writing, all her staff are back at work.

"In hindsight, it may have been more of a panic re

Continued on page 16

> DIPLÔMES, DIPLOMAS, FROM PG. 13

themselves in many of Canada's francophone communities. A large part of the class of 2021 travelled to Québec in Grade 9 for a class trip. This trip inspired a love for Québec and francophone culture that many students did not yet have.

Four graduating students participated in an exchange program, through which they were able to live in Québec or in Nova Scotia. These students all attest having gained an enhanced appreciation for the language they had been studying for years.

And this is just the beginning of the opportunities that will present themselves to these students throughout their lives. Some will access scholarships, employment opportunities and experiences abroad.

The program's growth

Cassandra Tesluck, the graduating class's former kindergarten teacher, confirmed that she felt the enormous support from parents and school board, which she knew would lead to the program's ultimate success.

In 2021, from K-8, English-stream and French Immersion classes are about the same size, while the 9-12

class sizes will soon follow in the same vein. When asked about the success and growth of the program, the consensus was that nobody was surprised by this result, and everyone is proud of it. Mme Tesluck shared her hope that "over time, the division [be] able to fill even more positions with qualified bilingual individuals, so that our students can be fully immersed in a French environment and be offered even more opportunities."

Challenges

When asked about the biggest challenge in creating a French Immersion program, Margaret Ward, superintendent of the ISD, reflected: "I remember thinking that the challenge might be to attract enough students to make the program viable. It wasn't long before it was obvious that many families would choose the French Immersion Program." The biggest challenge, in fact, turned out to be the shortage of full-time francophone teachers and substitutes in Manitoba. Thankfully, Stonewall was fortunate to be able to count on qualified and hardworking French teachers.

Message to the graduates

Even though there is only a small group of students receiving the French Immersion diploma this year,

Ward states that "The small size of the French Immersion Class of 2021 is a testament to the perseverance of the small group who started Kindergarten so long ago as the first cohort of French Immersion students."

Mme. Conger-Morrison leaves the class of 2021 with a message layered with a love of the language: "Félicitations! C'était vraiment difficile! Mais vous avez persévéré dans vos études en français et c'est quelque chose dont vous devriez être fières et fiers! Je suis tellement fière de vous tous!"

Having the students understand why they cannot cross cohorts is also another tricky part of the rules. It confuses the students as to why they cannot cross cohorts to see their cousin or sibling in another grade. "We all understand why it's important and how the cohort model helps," he continued, "but sometimes it doesn't make sense to the students."

At the end of the survey, the seniors asked if the grade seven students felt safe from the virus at school. They explained that with the constant handwashing and physical distancing that they do feel safe from it. We can tell from the survey that the staff at École Stonewall Centennial School are doing a good job educating their students during this tough time.

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Coincé dans un coin: la vie des vieilles pendant une pandémie

Par Bobbi Bullivant, Brooklyn Cherniak, Kira Hatcher et Chloe Hunter

Cette année a été difficile pour tout le monde, mais combien d'entre vous avez réfléchi sur la façon dont le COVID-19 a affecté nos concitoyens seniors?

À cause de protocoles Covid mis en place pour protéger les habitants des provinces, nous nous sommes retrouvés coincés à l'intérieur, en nous laissant nous divertir. Les personnes âgées sont plus sévèrement touchées par le coronavirus, physiquement et mentalement. Malgré les disparités dont le troisième âge face, ils ont montré un type de persévérance positif.

Les vieilles sont les plus susceptibles aux risques du virus COVID-19. Selon les données de l'Organisation mondiale de la santé d'avril 2020, plus de 95% des décès sont dû au COVID-19 concernaient des personnes de plus de 60 ans. Compte tenu de ces facteurs à haut risque et de statistiques effrayantes, il devient impératif de protéger notre population au troisième âge, ce qui entraîne un grand isolement physique. La majorité de nos grands-parents ont décrit que la plus grande difficulté c'est de ne pas voir la famille. La solitude, amplifiée par les confinements, est un facteur connu pour son effet négative sur la santé mentale et le bien-être d'une personne. Certaines personnes âgées couraient déjà un risque plus élevé d'en faire l'expérience.

Malgré tout ce que la COVID-19 a fait au monde que nous connaissions, il y a eu quelques points positifs dans tous ce chaos. Plusieurs ont constaté qu'ils ont été rapprochés avec leurs familles. Même s'ils sont éloignés, l'apprentissage et l'utilisation des technologies modernes d'aujourd'hui a permis le monde de rester en contact. Ross et Lynne Thompson ont rappelé que lorsque le fait de ne pas avoir la famille à proximité est nul, ça devient apparent à quel point la famille est vraiment appréciée.

Même si la pandémie a fait des ravages sur la fonctionnement normale de société, c'est une occasion excellente d'essayer de nouvelles choses. Beaucoup de gens ont patienté dans la cuisine à trouver de nouvelles recettes et la création de nouveaux plats. Certains ont trouvé un moyen d'être plus actifs, en allant sur des marches, courir et faire des entraînements, profitant du temps qu'ils avaient.

À travers ces moments effrayants, nos grands-parents ont semblé persévérer et tirer le meilleur parti du temps passé. Terys McCowan nous montre que pour une personne à troisième âge, c'est encore possible de passer une bonne journée même dans l'adversité : elle commence la journée en lisant le journal du matin et en faisant les mots croisés. Elle prépare ses repas, fait la lessive, fait la cuisine, joue au solitaire et les beaux jours, elle peut se promener dehors.

Les Thompsons font également l'effort de garder une perspective positive sur la pandémie. « Je pense que le monde a beaucoup appris de la pandémie et comment se ressaisir. Peut-être nous sommes plus prévenants et moins concentrés sur l'agitation. » propose M. Thompson qui croit qu'il y a des leçons importantes à tirer de cette événement mondial.

Le monde attend avec impatience l'arrivée du vaccin. Les impacts du virus COVID-19 sont indéniables



TRIBUNE PHOTOS KIRA HATCHER

Plusieurs aînés de Stonewall appellent Lions Manor leur chez-soi. Kira Hatcher et sa grand-mère Terys McCowan se sont réunis après le confinement.

Many seniors in Stonewall call Lions Manor home. Kira Hatcher and her grandmother, Terys McCowan, reunite after the lockdown.

: cette pandémie amène un exploit des adversités. Les aînées ont exemplifié les qualités que nous aspirons. Ils ont montré qu'il y a encore du plaisir d'avoir pendant les moments sombres, et que profiter des petites habitudes quotidiennes peut faire une différence. Ils présentent un effort d'adapter a notre culture électronique. Il faut se rappeler d'appeler nos grands-parents et de leur donner un gros câlin lorsque nous le pouvons.

Caught in a corner: the everyday of the elderly during a pandemic

By Bobbi Bullivant, Brooklyn Cherniak, Kira Hatcher et Chloe Hunter

This past year has been hard on everyone, but how many of us have reflected on the ways in which COVID-19 has affected our senior citizens?

Because of COVID protocols put in place to protect residents of the province, we've found ourselves stuck inside, trying to entertain ourselves. The elderly are the hardest hit by the coronavirus, both physically and mentally. Despite these challenges, they've shown positivity and perseverance.

Senior citizens are most vulnerable to the COVID-19 virus. According to data published in April 2020 by the World Health Organization (WHO), more than 95% of COVID-related deaths were for people over 60. Given these high-risk factors and scary statistics, it became necessary to protect our senior citizens, which comes with increased isolation for these folks. Most of our grandparents described how hard it was not to see their families. Loneliness, amplified by the lockdowns, is known to have a negative effect on a person's mental health and wellness. Some elderly folks were already running a higher risk of experiencing these negative effects.

Despite everything that COVID-19 has done to the world we know, there have been some positive takeaways amid the chaos. Many have become closer with their families. Even when distant, learning and using modern technology has permitted people to stay in contact. Ross and Lynne Thompson remind us that when we cannot have our family within reach, it be-

comes clear how important family really is.

Even if the pandemic has taken its toll on the normal flow of society, it's a great opportunity to try new things. Many folks have turned toward the kitchen, finding new recipes and making new dishes. Some have found ways to stay more active, by going on walks, running and doing workouts, taking advantage of the extra time on their hands.

Through these scary times, our grandparents seem to have persevered and made the best of the situation. Terys McCowan shows us that it's possible for a senior citizen to have a good day, even in the face of adversity: she starts the day by reading the morning paper and doing the crosswords. She prepares her meals, does the laundry, cooks, plays solitaire and on nice days, she can walk outside.

The Thompsons also make an effort to stay positive about the pandemic. "I think that people have learnt a lot from the pandemic and how to seize the day. Maybe we're more considerate and less focused on the hustle and bustle," suggested Mr. Thompson, who believes that there are important lessons to take from this world event.

People are impatiently waiting for the arrival of the vaccine. The impacts of the COVID-19 virus are undeniable: this pandemic has brought an onslaught of adversity. Our senior citizens have demonstrated the qualities to which we aspire. They've shown us that you can still find enjoyment in tough times and that making the most of small daily activities can make a difference. They've made an effort to adapt to our digital culture. We must remember to call our grandparents and to give them a big hug when we can.

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Comment nos petites entreprises ont progressé et piloté les problèmes d'une pandémie

Par Chanelle Maguet, Dayna Van Steelant, Teagan Sheppard and Stella McAuley

Depuis que le COVID-19 est arrivé au Canada en Mars 2020, des millions d'entreprises locales ont été victimes des ordonnances restrictives en matière de santé publique, soit des limites de capacité ou de fermetures totales. Tami Couch et Abbey McLeod sont des propriétaires femmes des entreprises locales. Elles ont adapté à la Covid-19 par faire le ramassage au bordure du magazine et la nourriture à emporter. Elles ont expliqué comment elles ont adapté et navigué la pandémie.

Comment le COVID-19 a affecté les Entreprises Locales

Cette année Tami Couch a célébré 30 ans de posséder son entreprise, Stonewall Florist, donc COVID-19 n'est pas le premier obstacle qu'elle a dû surmonter au cours des 30 dernières années. Abbey McLeod vient juste de fêter le premier anniversaire de la création de Prairie Fusion, alors la majorité des obstacles étaient liés au COVID-19 et les restrictions de santé. Beaucoup d'entreprises locales travaillent fort pour gagner un salaire sain et garder leurs portes ouvertes. Les employés ont été licenciés ou ont travaillé à des heures réduites pour aider les entreprises à économiser de l'argent, alors que les limites de capacité sont tombées à zéro. Ces entreprises qui ont dû réduire leur employés étaient considérées chanceuses. Beaucoup des entreprises ont dû fermer leurs ports en permanence à cause de la faillite, causée par la réduction de la clientèle et les ordres de santé publique qui limitent les services qui peuvent être fournis.

Pourquoi supporter locale?

« Nous nous sommes efforcés d'offrir un excellent service client et nous avons réussi à travers la Covid-19 sans problème » déclare Tami Couch propriétaire du Stonewall Florist. La Covid-19 avait un impact extrême sur certaines entreprises locales mais chaque équipe doit s'adapter et persister. Une chose fondamentale qui est plus grosse aujourd'hui qu'avant cette pandémie est de supporter des compagnies locales.

« Je me nourris du diction local, frais, fait maison » - Abbey McLeod, propriétaire de Prairie Fusion

Quelques services de livraison comme Doordash, Skip the Dishes et UberEats prennent un pourcentage des profits, souvent jusqu'à 30% du prix de

l'achat donc supporter les services de livraison des entreprises locales aide les profits plus que des services tiers. Pendant les premiers mois de la pandémie, les établissements locaux avaient besoin de fermer parce qu'ils n'avaient pas assez d'argent pour rester ouverts. Donc, les entreprises ont besoin de nos supports.

Les buts pour l'avenir

Pour l'avenir, McLeod et Couch ont tous deux des buts. McLeod aimerait continuer avec la nourriture à emporter au style pop-up et se constituer une clientèle. Elle espère aussi de revenir à organiser plus de mariages et dîners privés. Tami Couch aimerait fabriquer des paniers de fleurs pour dehors, une plus grosse variété de plantes et les plantes dans les pots. Elle veut acheter plusieurs fleurs exotiques, et plus de décorations pour l'intérieur pour son entreprise.

How our small businesses have progressed and navigated the challenges of a pandemic

By Chanelle Maguet, Dayna Van Steelant, Teagan Sheppard and Stella McAuley

Since COVID-19 came to Canada in March 2020, millions of small businesses have been victim to stringent public health restrictions, either limiting capacity or bringing complete closures. Tami Couch and Abbey McLeod are female owners of local businesses. They have adapted to COVID-19 by offering curbside pickup and take-out food. They explain how they adapted and navigated the pandemic.

How COVID-19 Affected Small Businesses

This year, Tami Couch celebrated 30 years of owning her own business, Stonewall Florist, so COVID-19 isn't the first obstacle she's had to face over the last 30 years. Abbey McLeod just celebrated the first anniversary of Prairie Fusion, so most of her obstacles were related to COVID-19 and health restrictions. Many small businesses work hard to earn a healthy income and keep their doors open. Employees have been let go or have had their hours reduced to help businesses save money, while maximum occupancy allowances have fallen to zero. The businesses that have had to reduce their staff were considered lucky. Some had to close their doors permanently due to bankruptcy, caused by the reduction of customers and public health orders that limited the services that a business could provide.

Why Support Local?

"We tried hard offering great customer service and we made it through Covid no problem," stated Tami



TRIBUNE PHOTO ABBEY MCLEOD

Chef Abbey McLeod prépare la nourriture pour un dîner pop up (gauche). Une salade de croustilles de betteraves et choux de bruxelles.

Chef Abbey McLeod prepares food for a pop-up meal (left). A beet chip and brussel sprout salad.

Couch, owner of Stonewall Florist. COVID-19 has had an extreme impact on certain local businesses, but each team must adapt and persist. A fundamental thing that is bigger now than before the pandemic is supporting local businesses.

"I thrive off 'local, fresh, homemade.'" - Abbey McLeod, owner of Prairie Fusion

Some delivery services like Doordash, Skip the Dishes and UberEats take a percentage of the profits, often up to 30% of a purchase, so supporting delivery services offered by local businesses help them keep this revenue instead of a third party. In the first months of the pandemic, local businesses had to close because they didn't have enough money to stay open. So, these businesses need our support.

Goals for the Future

In the future, McLeod and Couch both have goals. McLeod would like to continue with her pop-up style takeout service and build up a customer base. She also hopes to return to organising more weddings and private meals. Tami Couch would like to make outdoor flower baskets, offer a large variety of plants, including potted plants. She wants to offer many exotic plants and more interior decorations at her store.

> COVID-19, FROM PG.14

action but it did keep everyone's peace of mind and confidence in their safety in shopping at the pet store." - Nicole Nagy, owner of Quarry Pets

In May, the pet store reopened its doors to customers with many new protocols in place to help fight the spread of COVID-19. They put up plexiglass shields at the front counter and changed their POS to accept contactless payments. Staff and customers had to wear face masks and use hand sanitizer when entering the store. They limited the number of customers who could be in the store at one time. Staff also disin-

fected the counter and POS regularly. All these measures are still in place right now as they are seen as the new normal of the store.

Isolation increases pet adoptions

With people working from home and lockdowns causing a lot of solitude, the demand for pets has increased enormously. Even if Quarry Pets does not sell cats or dogs, all the store's products' sales increased during the pandemic. Customers are encouraged to ask the staff for help when they stop in. The employees know lots about animal care and have experience with cats, dogs, reptiles, fish and rodents too.

"It's a great place to be," Nicole Nagy concludes, "I am proud of the wealth of knowledge we have to offer for a memorable customer experience."

A message to Stonewall residents

Nicole Nagy reminds all citizens of Stonewall that her staff and customers are her priority. She will do everything in her power so that her customers feel safe when making purchases. If you have any questions, concerns or suggestions, you are encouraged to contact Quarry Pets and they will do all it takes to make you feel safe. She also encourages you to bring your pet in the store whenever you would like!

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Les effets du pandémie dans la salle de classe

Par Skylar Kopec, Gage Lambert, Reid Baryliuk, Kadin Giebelhaus et Paris Grosselle

Avec le virus Covid-19, l'année scolaire a changée pour les élèves aux École Stonewall Centennial School. En février, les élèves d'immersion française de 12e année ont envoyé un sondage pour comparer leurs habitudes scolaires à celles des élèves de 7e année.

Cette année a été une année vraiment différente pour beaucoup des élèves autour de la Monde. La Pandémie a changé les vies pour beaucoup des jeunes élèves, leur vie a changé à l'école et à la maison. Les restrictions ont un impact énorme sur les élèves et ils veulent une année normale.

L'enquête a posé de nombreuses questions aux élèves de 12 et 13 ans sur des questions de leurs jours d'école habituels. La plupart ont parlé de la durée de la journée est passée à se laver les mains. D'autres parties de leur journée comprenaient les cours réguliers pour lesquels ils restent dans leur seule salle de classe pour assurer une distance sociale et moins d'exposition. Les élèves aussi utilise les ordinateurs beaucoup pour zoomer chez eux. La technologie est une autre courbe d'apprentissage que les élèves ont confronté. Lequel, les élèves n'ont eu aucun problème à surmonté.

Les élèves seniors ont été surpris de voir que la plupart des élèves du 7e préféreraient participer à des cours en ligne plutôt qu'en personne. Un élève a déclaré: « Je préférerais zoomer parce que je peux éteindre la caméra et rester dans mon pyjama. » Une bonne majorité aime l'idée de rester en pyjama ou enveloppée dans une couverture sur son lit. D'autres élèves ne sont pas d'accord. Ils préfèrent voir leurs amis en personne et ont du mal à se concentrer en ligne.

Le professeur des élèves, Zach Ward, a mentionnée qu'ils s'étaient (à tous étonnamment) bien adaptés aux nouvelles méthodes d'apprentissage et d'enseignement. Par rapport aux autres années, l'enseignant dit que les élèves n'ont pas eu beaucoup de changement dans leurs niveaux d'énergie. « Il y a certainement des signes de fatigue au COVID-19 alors que les restrictions se poursuivent, » a expliqué M. Ward, « mais encore une fois, ils se sont vraiment bien adaptés et semblent tirer le meilleur parti de la situation. »

N'étant qu'en septième année, les élèves manquent encore ce qu'ils avaient les années précédentes. Ils manquent d'avoir la permission de passer du temps avec leurs amis à l'école. Selon travailler ensemble sur des projets, déjeuner ensemble dans la salle à manger commune et faire des excursions.

Les enseignants travail fort pour enforcer les règles. Les restrictions de santé publique ont non seulement affecté l'apprentissage des élèves, mais ont changé la façon donc les enseignants enseignent. M. Ward a exprimé son amour pour sa classe de travailler ensemble pour résoudre les problèmes et compléter les devoirs. Cependant, cela n'a pas été facile avec les nouvelles règles. « Si j'ai des élèves qui ont des difficultés avec un concept, il m'est courant de les réunir en petit groupe et de travailler avec eux tous ensemble, mais cette année a dû être plus en tête-à-tête ce qui a limité le temps que je peux passer avec des élèves qui ont la difficulté. »

Un autre problème auquel les enseignants ont été confrontés avec est l'application des restrictions en cas de pandémie. M. Ward a indiqué que la partie la



TRIBUNE PHOTO BY JESSE HOURIE

Stonewall Collegiate's French students

plus difficile a été la distanciation sociale.

« Il est vraiment difficile de séparer les jeunes de 12 ans ! Ils se regroupent naturellement et (les garçons en particulier) ne peuvent pas garder la main à l'eux ! Mais la plupart du temps, ils font de leur mieux. »

- M. Zach Ward, enseignant à l'École Stonewall Centennial School

Faire comprendre aux élèves pourquoi ils ne peuvent pas croiser les cohortes est également une autre partie des règles. Cela dérouté les élèves aux raisons pour lesquelles ils ne peuvent pas croiser les cohortes pour voir leur cousin ou leur frère dans une autre année. « Nous comprenons tous pourquoi c'est important et comment le modèle de cohorte aide », explique-t-il, « mais parfois cela n'a pas de sens pour les élèves. »

À la fin de l'enquête, les élèves de 12e ont demandé si les élèves de septième année se sentaient à l'abri du virus à l'école. Ils ont expliqué qu'avec le lavage constant des mains, portent les masques et la distanciation sociale, ils se sentent en sécurité. Nous pouvons dire d'après l'enquête que le personnel de l'École Stonewall Centennial School fait du bon travail pour éduquer ses élèves pendant cette période difficile.

The pandemic's effects on the classroom

By Skylar Kopec, Gage Lambert, Reid Baryliuk, Kadin Giebelhaus and Paris Grosselle

During this pandemic, the classroom has changed for students at École Stonewall Centennial School. In February, grade 12 French Immersion students sent out a survey to compare their school ways to the ones of grade 7 students at ÉSCS.

This year has been a very different one for many learners around the world. The pandemic has changed the lives of many young students; their lives have changed at school and at home. The pandemic restrictions have had an enormous impact on students and they want a normal year.

The survey asked the 12- and 13-year-old students many questions, such as their typical school days. Most talked about how much of the day was spent washing their hands. Other parts of their day included regular classes, during which they stay in their one classroom to ensure physical distancing and reduce contacts. Students also frequently use computers to zoom each other at home. Another learning curve the students have faced is technology, which the students have had no problem overcoming.

The senior students were surprised to see that most of the middle school students preferred to participate in online classes instead of in-person. One student

said, "I would rather zoom because I can turn off the camera and stay in my pj's". A good majority love the idea of staying in their pajamas or wrapped up in a blanket on their bed. Other students disagreed. They would rather see their friends in-person and find it hard to concentrate online.

The students' teacher, Zach Ward, said that they've all adapted surprisingly well to the new ways of learning and teaching. Compared to other years, the teacher said that there has not been much of a change in their energy levels. "There are definitely some signs of COVID-19 fatigue as the restrictions have continued," Mr. Ward explained, "but again, they've really adapted well and seem to be making the best of the situation."

Being only in seventh grade, the students still miss what they had in previous years. They miss being able to hangout with their friends at school. As in, work together on projects, eating lunch together in the common eating area and going on fieldtrips.

Teachers working hard to enforce the rules. Public health restrictions have not only affected the learning of the students, but have also changed the way the teachers teach. Mr. Ward expressed his love for having his class work together to solve problems and work on assignments. However, it has not been easy with the new rules. "If I have students that are struggling with a concept, it is common for me to get them in a small group and work with them all together, but this year has had to be more one-on-one which has limited the time I can spend with students who are struggling," said Mr. Ward.

Another problem teachers have faced is enforcing said pandemic restrictions. Mr. Ward noted that the most difficult part has been the physical distancing.

"It is really hard to keep 12-year-olds apart! They just naturally bunch together and (the boys especially) cannot keep their hands to themselves! But most days they do the best they can."

- Zach Ward, teacher at École Stonewall Centennial School

Having the students understand why they cannot cross cohorts is also another tricky part of the rules. It confuses the students as to why they cannot cross cohorts to see their cousin or sibling in another grade. "We all understand why it's important and how the cohort model helps," he continued, "but sometimes it doesn't make sense to the students."

At the end of the survey, the seniors asked if the grade seven students felt safe from the virus at school. They explained that with the constant handwashing and physical distancing that they do feel safe from it. We can tell from the survey that the staff at École Stonewall Centennial School are doing a good job educating their students during this tough time.

2nd Time Around Market puts community before cash

By Iris Dyck

Elaine Good is downsizing. It's a slow process, she says, one she's been working at for nearly 10 years. She sifts through her home, picking out things she no longer needs.

"If somebody else can use it, great," she said. "You don't want to take it to the local nuisance grounds."

Instead, she takes her used items to 2nd Time Around Market in Teulon. The thrift store carries everything from Christmas lights to cookbooks, with donations coming in from all over the Interlake area.

Owner Debbie Kozyra bought the building at 92 Main St. in Teulon in May 2009 for her business, Kozy's Productions. That summer, her daughters Danielle and Krystyna ran a garage sale out of the building on weekends. When a friend of Kozyra sold his house, he offered to bring the girls everything he wasn't taking with him, saying if they didn't, it would go to the dump. He showed up with two trailers and a truck full of furniture, clothing and housewares.

"Next thing we know, we've got a second-hand store started," Kozyra said.

Once word of the store got out, donations began pouring in. From 2009 to 2018, 2nd Time Around Market partnered with local churches to run the store. Volunteers from four congregations worked sorting and pricing donations, earning money for their fundraising efforts in return. Teulon saw nearly \$27,000 returned to the community through this exchange.

Good, who volunteered through St. Cyprian's Anglican Church, looks back on her time at the store fondly.

"I felt like I was doing something

useful," she said.

"We needed the help to run it," said Kozyra, "and it just blossomed because the need was there. I feel proud that we can help out a lot of people."

As church attendance numbers dwindled, so did volunteers, and in 2018 Kozyra began running the store privately. She takes pride in what she puts on the shelves, keeping "a little bit of everything" in the 2,500-square-foot space. Gardening supplies, furniture, auto parts — nothing is off limits as long as it's in good condition. Donations come in from individuals and estates, and over the years 2nd Time Around Market has donated truckloads of items to shelters and The Salvation Army.

Kozyra has a mix of new and used items in her store. She recently purchased new winter clothing from a friend whose business closed, selling it at a deep discount. She aims to keep prices reasonable: \$3 for a pair of rubber boots, \$5 for pants, and children's items priced even lower. But she knows even those prices are out of reach for some. She recalls hearing of a family living out of their car. She brought them into the store and supplied them with clothing, blankets and food, all free of charge. 2nd Time Around Market has also helped domestic abuse survivors and families who have lost their homes to fire.

"That's what this was all about," Kozyra said. "Making a difference and helping those in need. We don't hesitate if we come across someone in that type of situation."

The store has been busier than ever since the onset of the COVID-19 pandemic. At a time when many are struggling financially, 2nd Time Around



TRIBUNE PHOTOS SUBMITTED

Debbie Kozyra, left, and her daughter Danielle Fleury had no idea their 2009 garage sale would grow into the community service it is today.



Quality clothes, shoes and footwear are kept out of the landfill and given a second life at 2nd Time Around Market.

Market has become a lifeline for those looking to cut costs on essentials.

"This is a service that's not just about making the almighty dollar," Kozyra

said. "It's become a staple of the community, and I plan to be here for a little while yet."

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Lime-Ginger Shrimp Fried Rice

Prep time: 15 minutes
Cook time: 15 minutes
Servings: 4
2 bags Success Jasmine Rice
2 tablespoons canola oil
1 pound large shrimp, peeled and devined, tails removed
8 baby bok choy, trimmed and quartered
1/2 cup diced fresh mango
1 tablespoon minced fresh ginger root
1/4 teaspoon salt

3 tablespoons soy sauce
2 tablespoons lime juice
Prepare rice according to package directions. Let cool completely.
In wok or large skillet over medium-high heat, heat oil. Cook shrimp, bok choy, mango, ginger and salt, stirring, 3-5 minutes, or until shrimp start to curl and bok choy starts to wilt.
Stir in rice. Cook 2-3 minutes, or until well coated. Stir in soy sauce and lime juice. Cook 2-3 minutes, or until rice is heated through.



Cuban Shrimp and Rice Tacos

Prep time: 10 minutes
Cook time: 10 minutes
Servings: 4
1 bag Success Jasmine Rice
2 tablespoons olive oil
1 pound large shrimp, peeled and devined, tails removed
2 cloves garlic, minced
1 teaspoon chili powder
1 teaspoon ground cumin
1/2 teaspoon dried oregano
1/2 teaspoon salt

1/4 teaspoon black pepper
1 can (15 ounces) black beans, drained and rinsed
1/2 cup orange juice
3 tablespoons lime juice
8 corn tortillas, warmed
1 ripe avocado, halved, pitted, peeled and sliced
1/4 cup chopped fresh cilantro leaves
Prepare rice according to package directions.
In large skillet over medium heat, heat oil. Add shrimp, garlic, chili powder, cumin, oregano, salt and pepper; saute 2-3 minutes, or until shrimp start to curl.
Stir in rice, black beans, orange juice and lime juice. Cook 5-8 minutes, or until shrimp are cooked through and liquid is mostly absorbed.
Serve shrimp and rice in warm tortillas garnished with avocado and cilantro.

Expert patient here to help!

By Susie Schwartz

Want to know where to get solid intel on armpit disease?

Ditch your pride!

You may think I am talking about not being embarrassed when asked to put on an ill-fitting gown only to have it opened wide to have an abdomen exam. Well, that too, but today is a different topic.

I'm sure you've noticed pamphlets lining the halls and walls of the doctor's office covering all sorts of topics. But have you ever seen anyone actually looking at them? There's a high chance you haven't. I bet this is due to people being shy about their problems, and feeling like others might watch and judge.

First, let me tell you some benefits of getting past this. I know we have the internet, but can we say, 'overwhelm?!' And, 'uncurated?!' Let's throw in an, 'alarmist' for good measure. I won't lie. I use the internet to gather information sometimes, but a great starting point is the pamphlets on those walls, which always include reputable online resources and often support groups too. A doctor might get annoyed if you say, 'So I saw online that armpits can be anemic', but will probably thank you for doing your research if you quote a pamphlet from their office. (Please write in and tell me if you ever see armpit anemia in a pamphlet, yes?!)

And if the hunt for that ailment isn't enough to make you pick a few up, here's a few tricks to get past your shyness: Remember that you'll probably never see these people again; realize they may be struggling with something equally 'private' and



Susie Schwartz

will only see you as a brave hero for reading about it; recognize that they are too busy playing 'stripes vs plaid' (see my Feb. 18 column) or have their noses buried in their phones and really aren't that interested in your armpit ailment; refuse to give in to fear even if you know someone in the waiting room. (Or you could always pop back and grab a few after your weekly coffee date is long gone.)

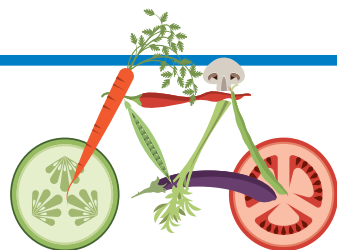
So be brave and take those free and trustworthy resources. (And then wash/sanitise those hands of yours!) They might just lead you to the answers you need.

Less health stress, yes?

A published author and motivational speaker, Susie currently lives in the UK. She welcomes feedback and questions. Find her on FB @ medicalmissstress, Instagram @ medicalmiss_stress and her website lesshealthstress.com

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2. Add espresso to 14-16-ounce mug then top with frothed shake, turmeric, cinna-



mon and black pepper; whisk to combine.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Local rinks rockin' at mixed curling nationals

By Brian Bowman

Gimli Curling Club's Kerri Einarson and St. John's Curling Club's Brad Gushue were 4-1 — and in second place in Pool B — heading into Draw 24 Monday evening at the 2020-21 Home Hardware Canadian Mixed Doubles Championship.

The pair was slated to play Quebec's Felix Asselin and Laurie St-Georges on Monday evening but no score was available at press time.

After opening action with a convincing 9-1 win over the Yukon's Bayly and Wade Scoffin, Einarson/Gushue were dumped 10-4 by the duo of Jennifer Jones and Brent Laing.

But Einarson and Gushue rebounded nicely to reel off victories over Kimberly and Wayne Tuck (8-2), Ontario's Shane Konings/Lauren Wasylkiw (7-5) and Robert and Emilie Desjardins (7-3).

The victory over Ontario was a huge one for Einarson/Gushue.

"That game could have gone the other way, where we found a way to lose, so getting a win, when I don't think either one of us was as sharp as we would have liked to have been, was good," said Gushue on the Curl Canada website. "They're obviously a good team, they got through Ontario, which is a tough province, so they can play. They made some shots, and a couple ends Kerri had to make some really nice last rocks when I didn't really leave her much."

Einarson is getting adjusted to sweeping during a game.

"I think I'm doing an OK job," she said with a laugh. "Maybe overswept one or two. Sometimes I get sweeper-happy, just head down and go, but I think I'm doing all right."

In the win over Ontario, Einarson/Gushue trailed 3-2 after three ends but roared back with three in the fourth. Tied at 5-5 after five ends, the pair scored one in the sixth and then added a steal of another in the seven for the hard-fought win.

"When we gave up the steal of two, I just looked at Brad and I was like, 'Ah, shoot. Let's stay patient and wait for our opportunities,'" said Einarson. "And we did and came back with a three. It's definitely a game of patience and getting our rocks in some really good spots."



Kerri Einarson and Brad Gushue were 4-1 heading into Monday evening's Draw 24.



The West St. Paul Curling Club's team of Krysten Karwacki and Derek Samagalski were 3-2 after their first five games.

Meanwhile, the Winnipeg Beach Curling Club's duo of Colton Lott and Kadriana Sahaidak were also 4-1 — and tied for first place in Pool A — heading into Tuesday afternoon's draw against New Brunswick's Alex Robichaud and Melissa Adams.

Lott/Sahaidak started play 2-0 before losing 7-3 to St. Vital Curling Club's Brett Gallant and Jocelyn Peterman. The local pair then picked up a 1-0 forfeit win over Darren Moulding and Joanne Courtney.

That rink had to pull out of the nationals due to Moulding suffering back spasms.

Lott/Sahaidak then defeated Nunavut's Peter Van Strien and Angela Dale 11-1.



TRIBUNE PHOTOS CURLING CANADA/MICHAELBURNS
Brad Gushue watches his shot as teammate Kerri Einarson starts sweeping during last Saturday's win.



The Petersfield Curling Club's Briane Meilleur and the St. John's Curling Club's Mark Nichols combined for a 2-3 record after five games.

As of Monday evening, other rinks with Manitoba connections and their records included Team Manitoba's Derek Samalgaski/Krysten Karwacki (3-2), Jones/Laing (5-0), Briane Meilleur/Mark Nichols (2-3), Shannon Birchard/Catlin Schneider (3-2), Kaitlyn Lawes/Connor Lawes (1-4), and



Kadriana Sahaidak and Colton Lott were 4-1 and tied for first place in Pool A heading into Tuesday afternoon's draw.

Selena Njegovan/Reid Carruthers (3-2).

Action wraps up this Thursday with the gold-medal game.

Dowhy grateful for extra season at Bemidji State

By Brian Bowman

It isn't very often that a senior gets an extra year of university eligibility.

But that's the case for Kerigan Dowhy.

Dowhy recently completed her fourth season with the Bemidji State University Beavers women's hockey team.

But the NCAA is allowing seniors another year due to the COVID-19 pandemic. Dowhy is one of four out of nine seniors that has decided to come back to Bemidji State for another year.

She is really excited for next season.

"We have five incoming freshmen and they all seem pretty great," said Dowhy, whose family lives in Stonewall. "They come from really good programs and I've heard a lot of great things from them. It's always nice the first week back on campus and you get to see the freshmen play for the first time. I'm hoping for great things. We have a couple of forwards coming in that are good goal scorers so that's exciting.

"I'm super excited for my fifth year and I'm really lucky to get the opportunity to play again due to COVID."

Dowhy had a great 2020-21 season with a 2.91 goals-against average and .904 save percentage in 19 games.

She posted one shutout this past year with a career-best 46-save performance in a 1-0 win against Minnesota-Duluth in January. Dowhy was later very deservedly named the WCHA goaltender of the week.

"I had a pretty good start and I thought my middle was great, too," said Dowhy, who will graduate this year with a Bachelor of Nursing degree. "I had a tough ending but besides the wins and losses, I thought



Kerigan Dowhy

it was a pretty decent year for our 'D' core."

Bemidji State struggled with a 2-16-2 record and finished the season with nine straight losses. But, remarkably, nine of those games were decided in either overtime or a shootout.

"It was ridiculous," Dowhy laughed. "We had five games in a row that went into overtime. It just came down to one shot, one goal. In those games, it would have been nice to have more pucks at their net. We were really close and the season definitely would have gone the other way if we would have finished those overtimes."

Goal scoring was a huge problem for the Beavers, who tallied just 24 goals.

"I think we had a hard time putting the puck into the net," Dowhy said. "We definitely dominated some games and had good offensive opportunities. In the end, we couldn't put the puck into the net as much as we wanted to."



TRIBUNE PHOTOS SUBMITTED

Stonewall's Kerigan Dowhy posted a 2.91 goals-against average and .904 save percentage as the Bemidji State Beavers' No. 1 goaltender this past season.

Bemidji State had an extremely tough WCHA schedule playing against the likes of Minnesota, Wisconsin, and Minnesota-Duluth.

"I believe we play in the best league in the NCAA in women's hockey," Dowhy said confidently. "I think with our team and the season we had, every team is a good team. We just happened to play in one of the best leagues every game."

Dowhy really enjoys playing college hockey and attending school at Bemidji State. She appreciated the fact that the Beavers were able to have a season despite the pandemic.

"It's a great hockey town and it's in northern Minnesota," she noted. "It's a beautiful town, we're right on the lake. We have a pretty decent fan base

and our men's (hockey) team is really good, too. We usually get lots of support in the community. It's a great place to play."

Dowhy committed to Bemidji State while she was playing for the Interlake Lightning and attending school at Shaftesbury High School.

She saw plenty of shots while with the Lightning.

"We definitely struggled in our year but, honestly, it was really great," Dowhy said. "With the amount of shots I got I think that helped get the attention of Bemidji. Interlake had a lot to do with me allowing me to commit to Bemidji. I'm really grateful that I got the opportunity."

Selkirk Curling Club to host next year's Viterra Championship

By Brian Bowman

Next year's Viterra Men's Championship will be hosted by the Selkirk Curling Club.

CurlManitoba unveiled its choices to host Manitoba's top events in each of the next two seasons last week.

Next year's Viterra is slated for Jan. 25-30, 2022, followed by the Tim Hortons Brier scheduled for Lethbridge in early March.

"We are excited by the opportunity to host the Viterra Championship for the second time," said Garry Dola, Chair of the Selkirk host committee in a media release. "We helped launch the Viterra era in Manitoba curling when we hosted the first Viterra championship in 2016. We look forward to

working with CurlManitoba and Viterra in staging a showcase event as a part of a season which re-launches Manitoba curling after this past year of pandemic cancellations."

Selkirk will be hosting the men's championship for the sixth time. The list of teams which have won in Selkirk over the past three decades is very impressive — Vic Peters (1993 Labatt Tankard), Kerry Burtnyk (2002 Safeway Select), Randy Dutiaume (2005 Safeway Select), Jeff Stoughton (2009 Safeway Championship) and Mike McEwen (2016 Viterra Championship).

Meanwhile, the Scotties Tournament of Hearts will be hosted by the Carberry Curling Club from Dec. 14 to 19,

2021. The winner advances to the national Scotties in Thunder Bay, Ont., in January 2022.

"Carberry was one of the original seven clubs which formed the Manitoba Curling Association over 130 years ago," noted CurlManitoba past president Rob Van Kommer, who will chair the 2021-22 Scotties organizing committee.

"Our committee said an emphatic 'Yes' when we were given this opportunity. It will be one of the highlights in the history of our curling club and in the sports history of our community."

In 2022, the East St. Paul Curling Club will host the Scotties while the Neepawa Curling Club was selected

to be the home of the Viterra Championship.

The most recent provincials, wiped out due to the COVID pandemic, were originally scheduled to be hosted by East St. Paul (Scotties) and Selkirk (Viterra).

"Although they understood and were supportive, we know that the Selkirk and East St. Paul committees were disappointed by the need to cancel this year's championships," said CurlManitoba executive director Craig Baker. "It was appropriate for us to consult with them both on their wishes going forward." The schedule of events for qualifying into the Carberry Scotties and the Selkirk Viterra Championship will be announced in the near future.

Stonewall Jets searching for new GM

By Brian Bowman

The Stonewall Jets are in need of a general manager.

Current GM Dale McClintock and assistant general manager Matt Figur have decided to step down from those roles and focus on their positions on the Jets' executive.

McClintock's is the team's president while Figur is vice-president.

The Jets made the announcement of

their need for a new general manager last Thursday on the Manitoba Major Junior Hockey League's website.

"Right now I'm wearing two hats with the organization, Matt Figur and I both," said McClintock last week. "We would like to focus more on the board and the executive side of things. It's not that we want to step away from the hockey decisions by any means but it's a time thing for both of us."

McClintock said the Jets will be looking outside of the organization for the new hire.

"It's time to let somebody else in who knows these kids and has a finger on their pulse to come in and continue our winning ways," McClintock said. "The last five, six years, we've shown that we can contend in this league and we have a good foundation built. We're just looking for someone to

carry on and build off what we have done here."

Meanwhile, the Jets also announced that Portage la Prairie's Tyler Van Deynze will join the team next season. Van Deynze played 95 regular-season games in the Manitoba Junior Hockey League with his hometown Portage Terriers.

The 20 year old scored 13 goals and had 45 points in the MJHL.

St. Adolphe vying for the Kraft Hockeyville 2021 title

Submitted by Kraft Heinz Canada

Kraft Heinz Canada, in partnership with the National Hockey League (NHL) and the National Hockey League Players' Association (NHLPA), announced the Top 4 Canadian communities that are competing for the coveted title of Kraft Hockeyville 2021 last week. This year's shortlisted communities are (West to East):

- Lumsden, Saskatchewan (Lumsden Community Sports Centre)
- Saint Adolphe, Manitoba (St. Adolphe Community Club & Arena)
- Bobcaygeon, Ontario (Bobcaygeon-Verulam Community Centre)
- Elsipogtog First Nation, New Brunswick (Chief Young Eagle Recreation Centre)

Over the past 15 years, Kraft Hockeyville has established a legacy of breaking down barriers and encouraging participation in Canada's beloved sport by upgrading local hockey arenas in need of repair and refurbishing. Even in a year impacted by the pandemic, the program received thousands of nominations from com-

munities across the country who rallied together in support of their arena, all while adhering to COVID-19 health and safety protocols.

The Top 4 community finalists are now one step closer to the grand prize after being selected based on their unique nomination story and their ability to score additional rally points by engaging their community.

"An outpouring of nominations and participation in this year's program make it clear the pandemic has not extinguished the passion and enthusiasm of hockey communities across the country" said Matt Bruce, senior brand manager, Kraft Heinz. "With so many deserving communities, selecting finalists is never easy, but we are thrilled to announce our Top 4 finalists and look forward to watching Canadians virtually support their big push towards the Kraft Hockeyville 2021 title."

The Kraft Hockeyville 2021 grand prize winner will have an opportunity to host an NHL® Preseason Game and receive \$250,000 for arena

upgrades. The remaining community finalists will also be awarded \$25,000 each for arena upgrades and the winner and each of the three runner-up communities will receive \$10,000 to purchase brand new hockey equipment for their minor hockey programs, courtesy of the NHLPA Goals & Dreams fund.

The Top 4 communities are now tasked with safely rallying their community and Canadians from across the country! Kraft Heinz Canada encourages all participants to adhere to COVID-19 health and safety protocols that may be required or recommended by federal, provincial, or local authorities in your respective jurisdiction. This may include social distancing, limitations on large gatherings, and mask wearing. We encourage you to also consider virtual alternatives to replace any human interaction that may put you or others at risk.

To determine the winner of Kraft Hockeyville 2021, Canadian residents can vote for one of the remaining com-

munities online at krafthockeyville.ca. Voting opens at 9 a.m. ET on April 9 and closes at 5 p.m. ET on April 10. Votes can only be cast on the website during the voting phase and voting per person is unlimited. The final announcement will take place later that evening on Hockey Night in Canada on Sportsnet and CBC during the first intermission of the 7 p.m. ET NHL® games.

For complete contest rules and programs details, and to learn more about the Top 4 finalists, including their stories, photos and videos, please visit krafthockeyville.ca.

About Kraft Hockeyville Canada

Kraft Hockeyville is a partnership with Kraft Heinz, the National Hockey League (NHL) and the National Hockey League Players' Association (NHLPA) to support local community arenas across Canada. Since its inception in 2006, Kraft Hockeyville has awarded \$3.5 million dollars to support 81 communities.

Financial relief offered to outfitters and hotels for tourism losses

By Patricia Barrett

The provincial government announced last week it will provide \$8 million in financial relief to the accommodation and tourism sectors to support them with business expenses.

The government is creating a Hospitality Relief Sector Program, which will provide funding to hotels and full-time licensed resource tourism operators after public health restrictions around COVID-19 curtailed operations and hurt revenue.

The new program will be administered by the Manitoba Hotel Association and by the Manitoba Lodges & Outfitters Association.

"Manitoba's tourism sector — a key

contributor to the province's economy — has been significantly impacted by a reduction in domestic and international travel and other restrictions that were necessary to protect Manitobans and all Canadians from the spread of COVID-19," said Premier Brian Pallister in a March 16 news release. "We recognize that these businesses have made significant sacrifices in order to protect their community. We are committed to helping them through this challenging and unpredictable time and to help position them for recovery."

Among the business expenses to be reimbursed under the program are property taxes, property insurance,

mortgage interest, service fees, land leases and maintenance of camps.

The Manitoba Lodges & Outfitters Association (MLOA), which promotes activities such as angling, bear hunting and deer hunting, is staring down the barrel of another uncertain season, according to its statement thanking the province for the grant money.

MLOA president DJ Seales said the funding represents a "lifeline."

"With the nature of this industry, many are facing a second year of no business due to the border being closed," said Seales on the association's website and in the province's news release. "MLOA would like to thank the province for partnering

with and supporting these businesses and this industry during these uncertain times."

The *Express* reached out to the MLOA with a request for information about what percentage of revenue the sector has lost since March 2020 when COVID arrived and whether local and Canadian tourism is insufficient to support the industry.

Details of the provincial grant program, such who will be eligible, how much a business could be compensated and when businesses can apply, will be released at a later date, according to the province.

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

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HELP WANTED

Stonewall area building contractor has a full time position available for a laborer/apprentice. Ph 204-467-9361 or text 204-461-1020.

HELP WANTED

Stable in St. Andrews needs barn hand five mornings a week. Wage negotiable. Please call 204-891-4372.

BUSINESS OPPORTUNITY

Laser Jungle in Stonewall for sale. Turnkey business. \$60,000 obo. Phone Bernice at 204-298-8013.

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- 4250 sq ft • 4 overhead doors
- Mezzanine

7 Limestone Bay

Stonewall Industrial Park

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Contact by email

Kelvin_McPherson@outlook.com
or phone 204-461-4443

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SUDOKU

					9		4	
7				2				
			4		8			
6				1	2	9		
9			8		3	1	5	7
			9					3
1	2				7			
					5		7	9
	9						1	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	1	3	9	8	2	7	6	4
6	7	2	5	4	1	9	8	3
8	9	4	7	6	3	5	2	1
3	2	9	4	5	6	1	7	8
7	5	1	3	9	8	2	4	6
4	8	6	2	1	7	3	5	9
1	3	5	8	7	4	6	9	2
9	6	8	1	2	5	4	3	7
2	4	7	9	3	6	8	1	5

Sudoku Answer

K	C	N	V	E	D	M	S	D	V	R			
S	I	B	I	B	U	L	F	L	E	B	V		
I	R	V	B	S	E	F	V	C	V	E	T	P	
A	B	E	R	S	C	D	E	D	E	H	V	A	
S	E	D	D	V	N	E	E	S					
N	V	S	V	N	R	V	M	R	V	T			
V	I	B	V	C	I	F	D	E	C	V			
I	N	I	T	B	S	D	V	S	V	B	V		
S	V	B	V	H	S	V	H	E	D	V	B	V	
M	V	V	R	V	E	V	R	T	C				
M	V	H	N	E	T	T	O	T					
S	K	S	V	C	H	I	C	S	E	I	B	V	
H	O	V	E	R	V	R	V	S	V	I	M		
V	A	B	E	R	S	E	L	X	V	E	T	B	V
V	B	V	V	S	N	O	E	V	R	V	A	V	

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Volcanic crater
- Long times
- Swedish rock group
- Having the means to do something
- Rods or spindles
- La __ Tar Pits, Hollywood
- Missing soldiers
- Measuring instrument
- All of the components considered individually
- Play " __ Irish Rose"
- Gene
- Barrels
- London-based soccer team
- Feline
- Breed of sheep
- Body part
- Doctors' group
- One who follows the rules
- Cigarette residue
- Ancient Greek sophist
- Polish yeast cakes
- Promotional materials
- Pancakes made from buckwheat flour
- Completed perfectly
- Photo
- A peninsula in SW Asia
- The common gibbon
- Disfigure
- Ribonucleic acid
- Japanese honorific
- Pieces of music
- Expressed pleasure
- Having ten
- Type of sword
- Humble request for help
- Eating houses
- Italian Seaport
- Cain and __
- Measure the depth
- U. of Miami's mascot
- Political outsiders
- Greek sorceress
- Body part

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31				32	33	34
35			36				37				38			
39						40				41				
42						43				44				
45					46				47				48	
			49					50				51		
52	53	54				55				56		57	58	59
60						61				62		63		
64						65						66		
67						68						69		

- Mother
- Jewish calendar month
- Jai __, sport
- Establish again
- Swiss river
- Racetrack wager
- __ but goodie
- Closeness
- Soviet Socialist Republic
- At right angles to a ship's length
- Women's undergarments
- Mountain stream
- Expresses pleasure
- Painful places on the body
- Automobile
- Scandinavian god of battle
- Expresses surprise
- Secret political clique
- Yields manila hemp
- River in central Italy
- Brain injury science acronym
- Mental illness
- A person from Asia
- Father
- General's assistant (abbr.)
- Cooked or prepared in a specified style
- Large terrier
- Hillsides
- Golf score
- Not or
- Type of student
- Flower cluster
- Closes tightly
- Saudi Arabian desert
- Famed vaccine developer
- Multi-function radar (abbr.)
- Actress Jessica
- Pay attention to
- Beloved big screen pig
- __ Clapton, musician
- Take a chance
- Cost per mille
- Helps little firms

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**Classified booking deadline is Monday at 4 p.m.
prior to Thursday's publication.
Call 467-5836**

Rural Municipality of Woodlands REQUEST PROPOSALS



The RM of Woodlands Is Requesting Proposals From Professional Auditing Organizations To Perform The Annual Audit Of The Financial Statements Of The RM of Woodlands, The RM of Woodlands CDC and The RM of Woodlands Community Pastures Inc. Commencing With The Year Ending December 31, 2021. The Term Of The Engagement Of Service Will Be For Three (3) Years With Independent Audits Performed For Each Fiscal Year Ending December 31, 2021 to 2023 inclusively.
Closing Date: May 19, 2021 04:00 PM CST



NOTICE OF PUBLIC HEARING

REGARDING SPECIAL SERVICE PROPOSAL BY-LAW NO. 3/21

FOR THE WASTE AND RECYCLABLE CURBSIDE
COLLECTION, REMOVAL AND DISPOSAL SERVICE
WITHIN THE TOWN OF TEULON

The Council of the Town of Teulon has scheduled a public hearing in the Teulon Rockwood Centennial Centre in Teulon on the 15th day of April, 2021 at 7:00 PM to present the special service proposal which can be viewed on the Town of Teulon website at www.teulon.ca.

*The special service proposal will provide for financing of waste and recyclable curbside collection, removal and disposal within the Town of Teulon for residential and institutional property for the years 2021 and 2022. The estimated net costs of the service for 2021 is \$82,536.80 and for 2022 \$94,436.80. The special services tax will be based on an amount per residential and institutional parcel (based on number of dwellings).
The rate will be as follows:*

Residential & Institutional Special Service	2021	2022
Net Costs	\$82,536.80	\$94,436.80
Number of Dwellings Paying Equal Rate	642	642
Cost per Dwelling	\$128.56	\$147.10

A written objection may be filed with the Chief Administrative Officer, at the Town Office Box 69, Teulon, MB, R0C 3B0 or via email to info@teulon.ca or drop in the slot in the door on the west side of Town Office, prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions or register an objection to the special service proposal.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address and property description of the person filing the objection and the grounds of their objection.

The special service proposal is available to view on the Town municipal website at: www.teulon.ca.

Dated at the Town of Teulon this 12th day of March A.D. 2021, and issued pursuant to Section 318 of The Municipal Act.

Andrew Glassco
Chief Administrative Officer
Town of Teulon
204-886-2314 | cao@teulon.ca

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THE RURAL MUNICIPALITY OF ST. LAURENT CAREER OPPORTUNITY

BY-LAW ENFORCEMENT OFFICER

The Rural Municipality of St. Laurent is seeking a By-Law Enforcement Officer, an individual who is highly motivated, confident and organized, to be responsible for enforcing municipal by-laws and providing the public with information to ensure the protection of residents, property and employees.

This is a full-time position (40 hours a week) with flexibility of time management and access to municipal employee benefits and company vehicle. The By-Law Enforcement Officer will be expected to work weekends, especially in the summer, and be available for calls in the evening or night from time to time. The Officer will keep meticulous documentation and be prepared to attend Provincial Court as required and will also be responsible for animal control in the municipality.

You will need to provide a current Criminal Record check including Child and Elder Abuse Registry checks and possess a valid Manitoba Driver's Licence. Other requirements will include completion of Grade 12 or equivalent, excellent written and verbal communication skills and proficiency of computer skills including use of Microsoft Outlook, Excel and Word. The successful applicant must also live within a 50 km radius of the St. Laurent Municipal Office.

Assets considered would be fluency in French language, and prior experience in law or by-law enforcement or security. By-law enforcement training will be provided along with other training such as First Aid and CPR, however in the current provincial restrictions this training may be virtual or delayed.

Applications are to include your resume and cover letter (which would include a narrative as to how your experience and qualifications would be ideal for this position) and must be received by Wednesday, April 14, 2021 at 4:30 p.m. A full job description can be provided on request. Only those considered for interview will be contacted. This position will remain open until a suitable candidate is found.

Rural Municipality of St. Laurent
RE: By-Law Enforcement Officer
Box 220, 16 St. Laurent Veterans Memorial Road
St. Laurent, MB R0C 2S0
Phone: 204-646-2259 Fax: 204-646-2705
Email: rmstlaur@mymts.net

MISCELLANEOUS

For sale - septic tanks; 2004 Tahiti 29 ft. 5th wheel RV, \$14,500 and 2008 Starwood 27 ft. 5th wheel RV, \$17,500, both RV's have 1 large slide, air conditioner, microwave, stove, fridge, sleeps 6; storage containers or C Cans for sale or rent. Call 1-204-739-3031.

WANTED

Wanted: buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! Contact twojunkies@outlook.com, Text/Phone: 204-918-1607. Junkies Estate, Salvage, Antiques & Oddities.

NOTICES

Having a spring on-line conference or virtual event? Advertise it in the 37 MB weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

Urgent Press Releases - Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

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Forklift experience required
Responsibilities include picking lumber and construction materials, cutting EWP, and material handling for shipping and receiving, etc.
Ideal applicant will have safety knowledge and the ability to manually lift up to 50lbs on a regular basis
Benefit package available

**Please email resumes to
careers@prairietruss.com or
phone 204 467 9597 for more details**

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THE RURAL MUNICIPALITY OF ROCKWOOD

IMPORTANT NOTICE

WASTE DISPOSAL SITE HOLIDAY HOURS

The Winfield Waste Transfer Station and the Teulon-Rockwood Waste Disposal Grounds will be closed on Good Friday, April 2, 2021 and Easter Sunday, April 4, 2021.



PUBLIC NOTICE
is hereby given that the
Prairie Dog Central Railway
intends to conduct the following

Herbicide Control Programs during 2021.

To control noxious weeds along the Prairie Dog Central Railway right-of-way on the Oak Point Subdivision between milepost 7.8 to milepost 28.3. The projected date of application will be from May 15, 2021 to October 15, 2021. The herbicides to be used include:

- 24D600
- Roundup WeatherMax
- Arsenal

The public may send written submissions within 15 days of the publication of this notice to the department listed below regarding the control program next to their property.

**Manitoba Sustainable Development
Environmental Approvals Branch
Manitoba Conservation and Climate
1007 Century Street Winnipeg, Manitoba R3H 0W4**



**TOWN OF STONEWALL
2021 FINANCIAL PLAN
VIRTUAL PUBLIC HEARING**

In accordance with Section 162(2) of The Municipal Act the Town of Stonewall shall hold a PUBLIC HEARING to present the 2021 Financial Plan for the Town on:

Wednesday, April 14, 2021 at 6:30 PM

**A VIRTUAL MEETING LINK IS AVAILABLE
ON THE TOWN WEBSITE:
www.stonewall.ca**

The Town of Stonewall 2021 Financial Plan consists of:

1. The 2021 Operating Budget
2. The 2021 Capital Budget
3. An estimate of the Operating Revenue and Expenditures for the following fiscal year (2022), and
4. A five (5) year Capital Expenditure Program (2022-2026)

The purpose of the PUBLIC HEARING is to allow any interested person to make representation ask questions or register an objection in respect of the Town of Stonewall 2021 Financial Plan.

Copies of the financial plan will be available for review and may be examined by any person on the Town of Stonewall website at www.stonewall.ca on **March 25, 2021**.

Dated this 22nd day of March, 2021

Wally R. Melnyk, CMMA, CPA, CGA
Chief Administrative Officer
Town of Stonewall

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

**The Aurora
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RTM**

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. James Hardie Siding Huron Tripane Windows.

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WPG
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www.batteryman.ca

**FARMLAND
WANTED**

Young farmer looking for farmland to rent in the RM's of Rosser, Rockwood or Woodlands area. Call or text Nolan at 204-461-1784.

SHOP LOCAL

McSherry Auctions

12 Patterson Dr., Stonewall, MB

**Online Timed Auctions
@ iCollector.com**

Estate & Moving

Closes Wed Mar 31 @ 7:00 pm

Estate & Moving

Closes Wed Apr 7 @ 7:00 pm

Consignments Welcome!

Booking 2021 Auctions/
Online Auctions at Your
Facility or Ours!

**(204) 467-1858 or
(204) 886-7027**

www.mcsberryauction.com

**FARMLAND
WANTED**

Small farm looking to buy farmland in the RM's of Rosser, Woodlands or Rockwood. Flexible on purchase terms. Ph 204-771-2169.

**FARM
PRODUCE**

Local unpasturized honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

**FARM
PRODUCE**

Red, yellow & russet potatoes, cabbage, carrots, onions, beets, parsnips, rutabaga, honey, song bird seed, sunflower seed, rolled oats, wheat and corn, deer feed. Open Tues. - Friday, 8 a.m. - 5 p.m.; Saturday, 9 a.m. - 3 p.m.; closed Sunday & Monday. 1 mile east of #7 on Rd. 95. Interlake Potato Farms, Teulon.

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help feed us...
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www.kaldecktrailers.com

Is hereby given that The Players Course intends to conduct the following pesticide control program in 2021. This will include The Players Course property (P.T.S.W. ¼ 27-11-2E) The projected dates of the following pesticides are from May 15 2021- Nov.15 2021 To control weeds, turf diseases, insects, rodents, localized dry spots in turf, goose repellent, and plant growth regulator.

Weed Control	2,4-D, Mecoprop-P, Dicamba, Glyphosate, Surtactant Blend, Iron, acetic acid, bispyribac, diquat ion, carfentrazone-ethyl, dichlobenil
Insect Control	Chlorpyrifos, Propoxur, Imidacioprid, Chloranthraniliprole, Chlothianidin, Deltamethrin, Lambda-cyhalothrin, Malathion, vectobac 200G, Deltamethrin, Carbaryl, Tetraniiprole
Disease Control	Trifloxystrobin, Boscalid, Chlorothalonil, Myclobutanil, Azoxystrobin, Propiconazole, Etridiazole, Fludioxonil, Triticonazole, Pyraclostrobin, Civitas, Metalaxyl-M, Tebuconazole, Propamocarb hydrochloride, Fluopyram, Penthiopyrad, Benzovindiflupyr, Pydiflumetofen, polyoxin D zinc salt, fluoxastrobin, isofetamid, thiophanate-methyl, Bacillus subtilis, fluazinam, cyazofamid, fosetyl AL, metconazole, mandestrobin, Revysol Mefentrifluconazole
Rodent Control	Diphacinone
Soil Surfactant	Primer 604, Revolution, Dispatch
Miscellaneous	Methyl anthranilate, Trinexapac-ethyl methylacetic acid, octyl phenoxy polyethoxy ethanol

All pesticides will be applied according to the product label instructions and the conditions of the pesticide use permit. Any resident having a concern should direct within (15) days of this publication to:

Environmental Approvals Branch
Manitoba Conservation and Climate
1007 Century Street
Winnipeg, Manitoba, R3H 0W4



**Curbside Waste
Collection Change**

**No Good Friday Service
Regular collection on
Thursday, April 1**
Regular Schedule will resume Friday, April 9.

FUNDRAISING HOSTS WANTED



The Teulon Rockwood Recreation Commission is looking for any community clubs that are interested in taking over the following fundraisers: Trivia Night, Golf Ball Drop or the Easter Egg Hunt. If your organization would like to host one of these fundraisers please contact Yvonne at 1-204-886-0505 or email to teulonrockwoodrec@gmail.com.

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NEWS TIPS?
CALL 204-467-5836

Experienced Parts Counter Person Required

Apply to

TTM Teulon Tractor & Motor
AG & AUTO PARTS
Teulon 204-886-2084
TTMAGAUTO.CA

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? The Stonewall Teulon Tribune and Express Weekly News is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Interlake and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca
Deadline to apply is Friday, March 19.

THE EXPRESS
WEEKLY NEWS
Tribune
Stonewall Teulon

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!

LIVESTOCK

Black Angus bulls, 2 year olds, registered, not overfed, semen tested, reasonably priced. Phone Ross Jerney 1-204-768-3900, Ashern.

ADVERTISE YOUR AGRICULTURAL WANTS AND FOR SALES IN THE TRIBUNE

LIVESTOCK

Livestock for sale - Spruce Ridge Stock Farms will be taking three registered, black Angus bull suitable for heifer bulls. Two 2-year-olds and one-yearling to the Lundar Bull Sale on Saturday, April 3. Phone Ross Jerney 204-739-3900.

SHOP LOCAL

LIVESTOCK

Purebred Charolais yearling bulls & purebred black Angus yearling bulls. Ph 1-204-280-0122.

HAY FOR SALE

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NOTICE TO CREDITORS

IN THE MATTER OF:
The Estate of Donald John Gulewich, late of the Postal District of Stonewall, in Manitoba, deceased.
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 21st day of April, 2021.
DATED at Stonewall, Manitoba this 17th day of March, 2021.
GRANTHAM LAW OFFICES
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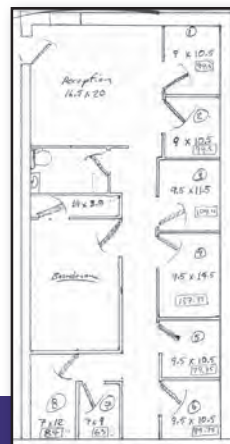
Call Jake @ 204-513-0529

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE

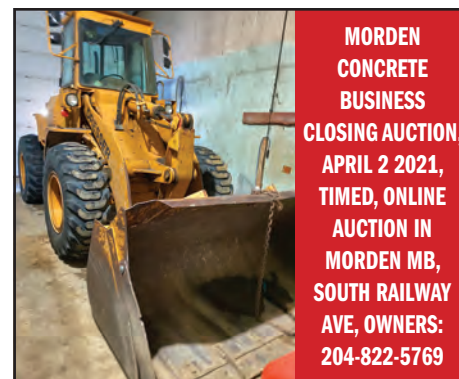


Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:
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CARD OF THANKS

We would like to extend a sincere thank you to the Rosser and Woodlands Fire Departments and Rock Lake Colony for battling the fire and saving our boiler room building on February 12th, the coldest night of the year. It was very much appreciated.

-The Keystone Community

CARD OF THANKS

The family of Ralph Campbell would like to sincerely thank everyone for their expressions of sympathy and acts of kindness following the loss of our dear husband, father, grandfather and great-grandfather. The cards, food, flowers, phone calls, e-mails, text messages and online messages will always be remembered. The donations to Parkinson Canada and the Teulon Healthcare Foundation are also greatly appreciated.

Thank you to Ken Loehmer for your guidance and support.

-Eileen
Sharon, Sandy and family
Doug, Karen and family
Rod, Shelley and family
Murray, Christine and family

CARD OF THANKS

We would like to express our sincere appreciation for the many acts of kindness during the recent loss of our husband, father, brother, brother-in-law, son-in-law and uncle, Vern Appleyard. Please accept our heartfelt thanks for the visits, condolence messages, cards, baking, meals, flowers and the many helpful acts of staff, family and friends over the past several weeks. Donations to CancerCare Manitoba, South West District Palliative Care, and other charities are greatly appreciated. Special thanks to Dr. Graham and Palliative Care nurses for their exceptional compassionate care, to CancerCare, to MacKenzie Funeral Home, Stonewall for your professional and efficient handling of the arrangements and to Rev. James Bardsley for the service. The many kindnesses shown to all of us is appreciated beyond words and continue to be a source of comfort to us.

-With sincere thanks,
Darlene Appleyard,
Curtis,
Tyler and Maria,
Wayne and Cyndi and family
Larry and Lindy and family
Ali and family
Shirley Bollman
Wendy and Don Smith and family
Lillian Bollman and family
Beverly and Doug Kreller and family

BIRTHDAY



Happy 98th Birthday
Grandma Mom Boyer

-Love from
your family

BIRTHDAY



Pete Bullivant
Here's to 50 Cheers for 50 Years!
Happy Birthday

to an amazing Husband and Father
You are the man of our lives,
The man we have always looked up to.
May your day be nothing but wonderful
-With love always from
Tracy, Bobbi and Luke. XXX

IN MEMORIAM



Ralph Trombo
December 16, 1934 – March 26, 2020

You left without any warning,
No farewell words were spoken;
No time to say precious goodbyes,
Our hearts were forever broken.
You heard the Angels singing,
On this journey you were not alone;
Through Heaven's open gates you travelled,
And a loving voice said, "Welcome Home".
A year has already passed by,
Your smiling way we will always remember;
The "Firsts" without you by our side,
The kind words you spoke we will treasure.
Your presence will forever be missed,
In our hearts are the memories we hold;
Your concern for all will be cherished,
Moments with you, more precious than gold.
Your wings were ready,
But our Hearts were not.
Always on our minds, forever in our hearts.
-Joan Trombo and family

IN MEMORIAM

SMITH, John (Jack)
In loving memory of our Father
who passed away March 26, 1985.
-Forever remembered by son Richard and his
wife Sheelagh, children Sheena and Shawn
and daughter Judy, husband Ken Paluk,
children Wesley and Trevor

OBITUARY

Finn Thomas Hansen
February 19, 1940 – March 16, 2021
Peacefully at his home,
Finn Hansen passed away.
No service will be held.

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