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Look-alikes

TRIBUNE PHOTO BY BOBBY BEND GRADE 4 STUDENT COLE
Ecole R.W. Bobby Bend School Grade 3 doppelgängers, left to right, Lianne, Selayna and Audrey sported jean jackets to match their teacher Mrs. Tesluck for "Dress like a staff member day" last Friday.

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Stonewall council considers recreation bylaw

By Jennifer McFee

Some Stonewall residents were ready to drop their gloves over a proposed bylaw that would change rules for playing hockey on recreational lands.

The Town of Stonewall's proposed bylaw aimed to regulate and prohibit certain activities on public reserve lands, open space and recreational lands within the town.

The proposed bylaw stated that several activities — including golf, archery, hockey or shinney, canoeing, kayaking, paddle boarding and wind surfing — would not be permitted in these areas unless the town granted prior permission.

The bylaw was introduced at the Feb. 17 council meeting; however, it didn't pass first reading. There was a tie vote, with Mayor Clive Hinds and Deputy Mayor Peter Bullivant in favour of the proposed bylaw and Coun. Walter Badger and Coun. Jackie Luellman opposed to it. As a result, the bylaw will not move forward at this point.

CAO Wally Melnyk explained that the intent of Bylaw 02-21 was to address some issues that have arisen over the past year about the use of

public green space in Stonewall.

"It was never the intention of the town council to ban hockey as was identified in some of the social media postings but rather to require users of public space to ask for permission to use that space. The current circumstances have resulted in some emotional confrontations that council felt had to be addressed," he said.

"The thought was that by using a method of annual requests, it would provide benefits to both users and property owners. Users of the space would have surety regarding access once they received approval, and adjacent property owners could feel their rights were respected as well."

Council felt that the current version of Bylaw 02-21 was a starting point for discussion on addressing these issues, Melnyk added.

"In addition, council had indicated an extended consultation period after the bylaw was introduced to provide time for community input," he said.

"However, the resolution introducing the bylaw was lost to a tie vote and the bylaw didn't proceed."

Stonewall resident Paul Turner had

"IT WAS NEVER THE INTENTION OF THE TOWN COUNCIL TO BAN HOCKEY."



TRIBUNE FILE PHOTO BY JO-ANNE PROCTER

Stonewall council didn't pass first reading of a proposed bylaw that was aimed to regulate and prohibit certain activities, including pond hockey, on public reserve lands, open space and recreational lands within the town after a tie vote on Feb. 17.

launched an online petition that garnered more than 1,000 signatures after he heard about the proposed bylaw.

"They were proposing to have the public request permission in order use public reserve for hockey. That

didn't seem right to me to list hockey as an offence in Canada," he said.

"The bylaw has been cancelled so the community is happy, but maybe there still is an issue there that the town is trying to address."

Rosser council requesting speed reduction along CentrePort Canada Way



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By Jennifer McFee

At the Feb. 9 council meeting, the RM of Rosser accepted the South Interlake Planning District 2021 levy of \$9,283.10. The expense will be budgeted in the 2021 financial plan.

Council is requesting that Manitoba Infrastructure reduce the speed limit to 70 kilometres per hour along a portion of Provincial Highway 190 CentrePort Canada Way. They would like to extend the westbound end of the 70-kilometre zone, located east of Bergen Cutoff Road, and continuing it west until the intersection at CentrePort Canada Way and Rosser Road (PR 221).

Council would like to develop a vision for the municipal property along Farmer Road

north of Little Mountain Park. Administration will procure a service to identify municipal property boundaries through preliminary survey work. The goal is to identify the water and land areas of the current municipal land.

Representatives of South Interlake 55 Plus attended the meeting via Microsoft Teams to request continued funding for 2021 and 2022.

A tile drainage bylaw was given first and second reading.

Council approved a culvert application from Concord Projects onto Oak Point Highway, subject to administration and municipal engineer approval. The applicant will need to cover the cost of supplies and installation.

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Arts and culture exhibition to celebrate rural life

By Evan Matthews

The Argyle Museum is getting set to host a year-long exhibit, celebrating rural life, past and present.

Shayne Campbell, executive director of the Argyle Settlers, Rails and Trails Museum, said the organization just began accepting submissions for the art exhibition online. The aim, he said, is for a grand opening on April 2, aligning with COVID restrictions of the day.

"We want people to submit their artwork to the exhibit. It's a broad spectrum of media — photography, painting, pencil illustrations, wood carvings, sculptures, welding, model building, crocheting, etc.," said Campbell.

"Whatever it is creatively that a person does, we're looking to have them submit our ideas to us," he said.

Campbell said the museum has a form online that people can fill out to provide the museum with necessary information relating to the individual's submission.

From there, the museum has a selection committee scheduled to meet in March, and the committee will decide which pieces of art will be curated as part of the exhibition.

"Every four months (spanning a year), we'll change the pieces, and



Tracy Dunstan placing stall signs in snowbanks for curbside pickup.

there will be a totally new look for people to come and enjoy the exhibition," said Campbell.

"People can see it more than once and take in new pieces of art," he said.

Part of the exhibition's objective, according to Campbell, is to showcase that the museum is not solely about history but also about celebrating the culture and heritage of the area.

Another endeavour

Separate from the exhibition, Camp-



TRIBUNE PHOTOS SUBMITTED

Left to right: Charlie Amy, Bert Jamault, Margaret Guenther and Tracy Dunstan assembling art kits.

bell said the museum has been running a COVID artistic relief program.

Campbell said the project was funded via the Safe at Home Manitoba grant.

The museum distributed 76 art kits to people who had registered for them online.

"We're encouraging these people, too, to share images of their work online and in the upcoming arts and culture exhibition," said Campbell.

"Along with the art kits, we were able to have a children's historic colouring book published," he said.

The colouring book is scheduled to be published mid-March, according to Campbell, as the digital artist is finalizing the book, currently.

Once published, Campbell said the museum will use the colouring book in its fundraising efforts, in addition to educating youth across Manitoba about "small town Manitoba" history.

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Raising funds for CancerCare Manitoba

By Jo-Anne Procter

Five-year-old Rosser resident Blake Beachell is sporting a new hairdo after shaving his head to support his grandma Faye White and good family friend Carl Klassen, who both recently finished cancer treatments. He has also made a donation of \$100 to the CancerCare Manitoba Foundation.

Cancer is no stranger to the Beachell family. Blake has already lost three great-grandmas and two great-grandpas, a great-aunt and a great-uncle to the disease. As well, Blake's mother Jessica Beachell works as a nurse for Cancer Care. She has been involved in some fundraisers and her family has seen first-hand the good that the foundation does for patients and their families in Manitoba. Since Blake was already raising money by selling eggs to friends and family, it was an easy

decision for him to raise money for CancerCare.

In the spring, the Beachell family started their first COVID project. They built a chicken coop and got some laying chicks. Blake and his siblings have been feeding the chickens and collecting eggs and learning valuable life lessons.

Thanks to generous donations like Blake's, CancerCare Manitoba Foundation can fund clinical trials. All money raised stays in Manitoba.

Blake's family is very proud of him and his desire at such a young age to help make a difference and they hope he may inspire others to donate as well.

Blake told the *Tribune* that his donation has made him happy and he does love his new haircut as he's just like dad now.



TRIBUNE PHOTOS SUBMITTED

Five-year-old Blake Beachell sold eggs and shaved his head to raise money for the CancerCare Manitoba Foundation in honour of his grandma Faye White and friend Carl Klassen, who both recently finished cancer treatments.

Few details about COVID-19 vaccination super site in Selkirk

By Patricia Barrett

The province released few details last week about a super site it will establish for COVID-19 vaccinations in the Interlake-Eastern Regional Health Authority (IERHA) other than that it will be in Selkirk and launch in March depending on vaccine supply.

The Selkirk site, along with a site in the "Morden-Winkler area," is scheduled for "launch" on March 5, according to a Feb. 17 vaccine bulletin.

"These sites will deliver vaccine to eligible Manitobans and also serve as a distribution hub for Focused Immunization Teams (FITs) and pop-up clinics. Further details will be released in the coming days," states the bulletin.

The province released no details about where in Selkirk the site will be located, who will be administering the vaccine, what COVID vaccine will be used and how and when people can start booking an appointment.

An IERHA spokesperson didn't say where the site will be located when asked, only that it's "scheduled to open on March 5 and the site will be

vaccinating anyone who is eligible for vaccination based on provincial eligibility criteria. These criteria don't yet include members of the general public."

The province is still working on inoculating healthcare staff. It expanded its eligibility criteria to include people who work in congregate living facilities, including licensed personal care homes, and who were born on or before Dec. 31, 1955. It also clarified that family physicians and nurse practitioners in primary care clinics born on or before Dec. 31, 1960, are also eligible for immunization.

Criteria for super sites include their ability to serve as a "distribution hub" for a health region, population density, ability to hold fridges/freezers to store vaccines, separate exits and entrances and parking or public transit, according to a provincial vaccine update document titled COVID-19 Vaccination in Manitoba, Technical Briefing, which is current as of Feb. 17.

Focused immunization teams (FITs) were scheduled to visit 49 personal care homes last week to administer

about 3,600 second doses to residents, according to the briefing. Second doses are to be delivered to all PCHs before the end of February.

The next step will see FITs starting on "high priority congregate living settings which includes hospitals, supportive housing and assisted living sites," states the briefing.

The province is offering projections as to when the general population could be inoculated.

In the low range inoculation scenario, which is based on Health Canada's two approved COVID vaccines (Pfizer-BioNTech and Moderna), the general population could be inoculated by December.

The high range inoculation scenario is based on Pfizer, Moderna and "other vaccines that have not yet been approved" by Health Canada. It shows the general population could be vaccinated by September.

There is no vaccine for those aged 17 and under.

The province also launched a Vaccine Queue Calculator on its COVID-19 website. It doesn't provide a date as

to when people (based on their age) could receive their jab, only an estimate of how many people are waiting in line ahead of them.

An 85-year-old person, for instance, who is not a personal care home resident, a congregate living resident, members of a First Nations or a health-care worker, has 70,511 people ahead of him/her in line if 70 per cent get vaccinated.

A 35-year-old person, who falls into none of the above categories, has 501,597 people ahead of him/her if 70 per cent get vaccinated.

The province has experienced delays in vaccine shipments from manufacturers. It has had to procure more than vaccines: specialized equipment such as shipping containers to transport different vaccines, specialized freezers (the Pfizer-BioNTech vaccine requires temperatures around -80) and syringes are also part of the vaccine rollout program.

To help with the vaccination effort, the province is planning to ship vaccine "to as many as 1,200 physician and pharmacist sites once a suitable vaccine is approved for this mode," states the briefing.

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letter to the editor

Letters to the Editor:
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What we should know about vaccines

Dear editor,

I had been planning on writing your newspaper a couple thousand word essay about the important issues surrounding the COVID vaccine but I decided to break my essay up. Of course, as the editor, it is your right to reject a letter for any reason whatsoever, or even no reason. But as this issue is not only extremely relevant but also of the utmost importance to our community. I'm hoping that my letter won't be censored.

I have a degree in engineering science from University of Toronto. Although my specialty was aerospace, my course program had a wide curriculum and touched on multiple fields including biomaterials and biomechanical engineering. These two last named courses were, without doubt, my favourites. Had my finances been different, I might have gone on to become a brain surgeon.

Since graduation, I have consistently read about 30 to 40 books each year, of which about 10 are textbooks. I have read multiple chemistry, biology and medical books. About a decade ago, I essentially audited a three-year course in surgical medical nursing. And for the past year, I have been researching COVID issues by reading published papers in science journals, reports by medical doctors and articles by universities professors.

I am certainly not a medical doctor. Rather, I consider myself a generalist — the very type of people desperately needed in this COVID crisis — someone that can understand the experts in multiple fields, think outside the box of each discipline, and then combine the relevant information to come to sound conclusions. Not everyone, of course, will agree with my conclusions. But that is part of science: people discussing ideas, comparing notes and debating conclusions. Sadly, the entire COVID story has been predominantly one of impulsive decisions with no room for discussion. Worse yet, Facebook, Twitter and YouTube have been censoring medical doctors and researchers if their work contradicted what the mainstream media is saying.

As for the vaccine issue, I have never been an "anti-vaxxer." However, the COVID vaccine is a serious game changer, and that for several key reasons, such as:

1. The vaccines have been approved on an experimental basis only.
2. They have not been properly tested. No animal tests were done. And there is no study on the potential for long-term consequences of the vaccine.
3. The mRNA vaccines use a technology that is new and has never before been tested on humans.
4. The Pfizer and Moderna vaccine trials both found

that between five and 10 per cent of the volunteers developed Class 3 severe side effects. This makes the vaccine between 50 and 100 times worse than COVID for the vast majority of the population.

5. The vaccines appear to work as a pharmaceutical drug more than a vaccine: they reduce symptoms but do not claim to prevent transmission of COVID.

6. There is talk of the vaccine being effective for only a few months (as drugs normally are), meaning that people will need to get vaccinated once or twice per year for the rest of their life (do I sense a financial benefit to the vaccine industry?).

7. All the evidence is pointing to the fact that COVID is about to finish its course and die off.

To vaccinate the entire world population with an untested and experimental vaccine that does not stop transmission for a disease that 99.8 per cent of people recover from and after that disease has almost finished its course is irrational in the extreme. Multiple doctors and researchers are calling it immoral. I fully concur.

My suspicion is that most Canadians are going to succumb to the pressure to get vaccinated solely to escape the lockdown. But there is plenty of evidence that lockdown will not go away even after everyone is vaccinated. For instance, President Biden recently spoke of mask use being necessary for all of 2021. Likewise, Prime Minister Boris Johnson has said lockdowns will continue until case numbers in the U.K. drop below 1,000 per day — something that is technically impossible even if no one in the U.K. has COVID any more (PCR tests have a false positive rate of 0.6 per cent. Since they plan to test two million school children per day, they will always have at least 12,000 false positives per day).

Further, since COVID is not the problem (it is a relatively minor disease that rarely bothers anyone beside the very old and sick), the vaccine will not be the solution.

I leave you with two articles, the first is written by a professor at the John Hopkins school of Medicine. The second is written by two dentists and simply confirms much of what I have written.

<https://www.wsj.com/articles/well-have-herd-immunity-by-april-11613669731>

<https://lockdownsceptics.org/complaint-to-gmc-about-mandatory-vaccines/>

- Thomas Verduyn
Roland

We can get dollars back in time, but lost lives are forever

In response to the letter in last week's edition regarding Wayne Hiebert's comments about the government's lockdowns to control COVID-19, I think he's interpreting the numbers incorrectly. He states that the COVID lockdowns were government over-reactions and lacked common sense. He's provided statistical numbers to show that the mortality rate from COVID-19 is hardly any different than that of the flu. And thus, he alludes is proof that the government has over reacted in its prevention tactics. What he doesn't recognize or give credit to is that those low COVID mortality numbers are a result of the massive preventive efforts by Canadians, including the government-imposed lockdowns. What would our COVID numbers be like had there not been such stringent measures taken? Obvi-

Continued on page 6

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Tech giants to pay media outlets?

By Evan Matthews

Should tech and social media giants of the world be forced to pay smaller media outlets when articles are shared?

Should Facebook pay the *Winnipeg Free Press* when one of their articles circulate?

It's a conversation with growing momentum.

With stock prices being what they are — Facebook is evaluated as having a net worth of \$527 billion — the simple answer should be, yes, share the media wealth.

The debate starts in Australia, where as of Feb. 18, Facebook outlawed viewing or posting of news stories on the platform in the country. Facebook is also preventing Australian media outlets to post content via Facebook to users outside the country.

Why?

It's the corporate response to the Australian government's proposal of a new law.

The new legislation demands social media and tech giants to fork over cash to publishers for articles seen on their platform.

> LETTER, FROM PG. 7

ously much higher. Wherever COVID cases have surged, lockdowns and other measures have proven to be effective in turning things around. They have kept the spread and mortality rate down to not much more than the annual flu rate. That's a good thing, not bad. Yes, there's been a huge financial cost. One can't argue that.

The government rationale is that these same social media and tech giants have sucked the advertising revenues out of news outlets, which in turn limits job availability and resources within a newsgroup.

In other words, social media and tech giants are killing unbiased journalism.

Maybe most interestingly in all of this, as of last week, Canada had committed to become the next country to do the exact same thing: make Facebook (and other tech giants) pay for news.

At this point, it is likely safe to assume Facebook would impose the same technological sanctions on users in Canada as it did in Australia.

But regardless, the debate remains.

Bob Cox, publisher of the *Winnipeg Free Press* and chair of News Media Canada, told CBC last week that social media and tech giants control most advertising and have made it "difficult for other media to make a living."

He's right. While revenue and net worth for social media and tech companies soar, newspapers continue to cease printing more so with each

passing day.

The Canadian federal government doubled down, saying Facebook's handling of the situation won't stop the government from taking its stand.

Regardless of what that stand looks like, it's important to take any stand and push back against these companies.

The reality is, whether it be financially or even simply through human behaviour, it's become increasingly clear that we — the population — are at the mercy of these tech and social media giants.

While it's likely only to ensure they get their piece of the pie, in a roundabout way, it's encouraging to see our government and other governments around the world trying to advocate for independent media and citizens.

No website or platform should have as much power or value associated with it, as any of the big platforms — Facebook, Twitter, Instagram, TikTok, Snapchat — do.

The time to take a stand against these companies is now.

But it's lives we are talking about, not dollars. We can get the dollars back in time, but lost lives are forever. With all due respect, Mr. Hiebert, I'd say the numbers you quote prove the strong measures taken by our governments are a success, not a failure. Without them, the COVID death rate would surely have been many times worse

than the 20,000 lost lives we've seen over the last 12 months.

We don't need any numbers to prove that. Just look south to our neighbours in the U.S.A.

- Respectfully, Garry Mitchell
Stonewall

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TRIBUNE PHOTO BY BETH HUTCHINSON

The Teulon Rockwood Rec Commission flooded the Rockwood Centennial Hall parking lot for public skating. Now that the polar vortex has ended, everyone can get outside to enjoy the warmer temperatures. Last Friday, the mercury rose to -12 degrees C. Help us record the weather of the week and send in your photos of you enjoying the outdoors, including blizzards, lightning storms, beach photos and more — email: weather@stonewallteulontribune.ca.

Province tightens contact, self-isolation guidelines

By Ashleigh Viveiros

Manitoba's confirmed cases of the B117 COVID-19 variant remained at four on Monday as public health officials announced 97 new cases of the virus.

Chief provincial public health officer Dr. Brent Roussin said variants are to be expected. Some of these may be more contagious or cause more severe illness.

"Our goal is to slow the introduction of the variants of concern into Manitoba," he said, explaining that as the province rolls back some public health restrictions it needs to amp up its contact tracing and management efforts to try and stay ahead of the spread of the virus.

To that end, they're introducing new guidelines for determining who is a close contact of known COVID-19 cases, including lowering the threshold of prolonged contact from 15 minutes to 10 minutes.

"This is a guide. If there is high-risk contacts where we feel somebody was absolutely exposed to droplets, then that could be as low as just a few seconds or minutes," Roussin noted.

"By that way we'll have more people identified as close contacts, so more people being required to self-isolate," he said, adding that if someone in a household tests positive for COVID-19 all members of that household will be considered close contacts and must self-isolate.

As well, if a close contact of a confirmed case lives in a different household, all members of their household must self-isolate as well until the contact has received a negative test result.

"Close contacts will be required to self-isolate for a minimum of 14 days, and that's regardless of testing results," Roussin said. "That's because the incubation period of this virus is 14 days."

The 97 new cases of the virus an-

nounced on Monday brought Manitoba's tally to 31,483.

At press time there were 1,219 active cases and 29,378 recoveries, 886 deaths, and 206 people hospitalized with COVID-19 (78 still infectious), 32 in ICU (14 infectious).

Interlake-Eastern had a total of 163 active cases as of Monday, 10 total hospitalization (five still considered contagious), five patients in ICU (two contagious) and 35 deaths.

In the Interlake-Eastern region, there were 10 active cases in Fisher river/Peguis, 122 in Northern Remote, nine in Pinawa/Lac du Bonnet, nine in Powerview/Pine Falls and five in Springfield.

The other districts — Arborg/Riverton, Beausejour, Eriksdale/Ashern, Gimli, Selkirk, St. Clements, St. Laurent, Stonewall/Teulon, Unknown, Whiteshell and Winnipeg Beach/St. Andrews — were all at zero active cases at the start of the week.

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Have you found it yet?

Are you looking for the ultimate expression of love? Social media is full of examples this month...

"He brought me breakfast in bed..."

"He filled the kitchen with rose petals..."

"He didn't fart when the kids pulled his finger..."

No matter how you define romance, it turns into a bit of a contest around Valentine's Day. Check this one out:

"His steadfast love endures forever..."

Wait. Hold up? Who's got "steadfast" love? That's a pretty strong word. It literally means a love that is fixed in place, unmovable, unchanging, faithful, firmly loyal and constant. That's impressive.

"His steadfast love endures forever?"

OK. Steadfast I can buy — for a season. But endures forever? That means that no amount of time, fighting, misunderstanding or anything could change it. Ever.

"His steadfast love endures forever..."

OK. So who is this guy? This kind of love sounds impossible. And, yes, with people, it is impossible, but with God, all things are possible.

This sentence refers to the Lord. God. Jesus. And it describes the kind of love God has for YOU. Steadfast. Enduring. Eternal.

"His steadfast love endures forever..."

Do you really think Jesus loves you this much?

Look at the cross. It's Jesus seeing every way you suck — seeing every sinful and selfish thing you've ever done. And still pursuing you with His whole heart.

"His steadfast love endures forever..."

The cross. It's Him seeing your debt. And paying it. It's Him seeing your death sentence. And taking your place. It's Him seeing eternity — and dying to spend every moment of forever with YOU.

"His steadfast love endures forever..."

Looking for the ultimate expression of love? You don't need to look any further than Jesus and the cross. It's the gift of true love that you can enjoy forever. You just need to believe it to receive it...

What's stopping you from doing that today?

Paul Emmer

ThatPaulGuy@iCloud.com

Manitoba 150 recognizes Honour 150 awardees

Staff

Honour 150, presented by Canada Life, recognizes 150 people from across the province who stand out for their role in making Manitoba such an amazing province.

Nominated by people in their own communities in 2020, these 150 individuals range from teenagers to centenarians and represent the diversity of our province. With volunteer engagements ranging from the arts to environment, from health to education, these 150 Manitobans make our province exceptional.

Honourees receive a commemorative medal designed and created by Manitoba artist Takashi Iwasaki.

In addition, Canada Life will make a \$500 donation to the charity of each honouree's organization of choice.

Students from Red River College's creative communications program conducted interviews in early 2020 and wrote short biographies of each recipient, with a little help from volunteer mentors.

We invite you to "meet" our incredible 150 honourees:



Monica Baldwin
Grosse Isle

Monica Baldwin is a community leader in Grosse Isle. The word selfless comes to mind for many when thinking of Baldwin, who is a vital member and teacher of the Grosse Isle community. On top of being a teacher, Baldwin somehow finds the time to organize carnivals and beach volleyball tournaments, as well as helping with the outdoor rink.

"I knew from an early age that I wanted to be a teacher and give back to my commu-

nity, just like so many of my own teachers had," says Baldwin. Sports are also a passion to Baldwin, who coaches every sport offered in her school.

"I had a passion for playing sports, and a lot of my teachers volunteered to coach our teams and spent many extra hours with us, outside of the classroom," says Baldwin. "I have always loved working with children and coaching."

While being a prominent leader in the sports community, she is also a member of the Grosse Isle Community Hall as chair and executive member.

One project that has been close to Baldwin's heart is renovating the Grosse Isle Community Hall and upgrading the baseball diamond. Diane Lefley, Baldwin's nominator, says that Baldwin spends hours organizing, making phone calls and filling out forms to help improve the hall.

"Volunteering and being involved with many community events and organizations is great for my mental health, and I get a lot of gratification in helping people and students achieve their goals," says Baldwin.



Danny Kleinsasser
Stony Mountain

Danny Kleinsasser is the owner and founder of Manitoba-renowned Danny's Whole Hog Barbecue and Smokehouse, which he established in 2001.

"What I want to teach to my kids and my family is to never look down on anybody," says Kleinsasser. "Be a helping hand, reach out to people, be it a drink of water or an encouraging word, always be

there for people and you will be blessed back one-hundred-fold."

Kleinsasser embodies generosity and leadership in his community, working closely with many local charities and non-profits.

"He once told me his favourite part of volunteering is being able to give each plate to each individual, to look them in the eye and smile," says Andrea Katz, co-founder of FIT Communications and FIT-Girls, who nominated Kleinsasser. "To say Danny is a pillar in our community with his humble philanthropy work is an understatement."

Kleinsasser has worked with Siloam Mission for years, donating and serving hot meals to the less fortunate. He caters their volunteer appreciation event annually, serving food alongside Danny's Whole Hog staff to nearly 1,000 people.

"As the former director of development at Siloam Mission, Danny's partnership was invaluable," says Judy Richichi, Youth for Christ Winnipeg's partner development co-ordinator in her testimonial letter for Kleinsasser's nomination.

"He truly is a Manitoban who loves his community. He is a leader for philanthropy and volunteerism and is well deserving of this award."

Donation made to Manitoba Underdogs Rescue



Jim Lindsay
Grosse Isle

Grosse Isle is a better place thanks to Jim Lindsay's community contributions.

Lindsay, 63, grew up on a farm where his parents instilled in him the importance of community involvement.

"My parents were both in-

involved in volunteering in the community, and so it just naturally seemed to be the thing to do," said Lindsay.

He began volunteering as a coach for his three sons' baseball and hockey teams. Once his boys grew up, he retired from coaching and now helps with fundraising for the South Interlake Recreation Centre (SIRC) and operation of the Grosse Isle Recreation Centre.

"You get satisfaction out of seeing some of the young kids you coached now growing up to be efficient adults," said Lindsay. "Seeing the look on a kid's face when they figure out something you've told them actually works makes it all worthwhile."

Aside from sports, Lindsay spearheaded the annual Grow A Crop fundraiser in support of the SIRC in the 1990s.

"Farmers would volunteer their time and equipment to seed, spray, and harvest the crop," said Lindsay. "Local ag businesses would donate seed, fertilizer, chemical, soil tests — whatever was needed. We would sell the crop to one of the local elevators, and the rec centre would get the profits."

An integral fundraiser for the centre, Lindsay has helped to raise over \$600,000 for the building fund, which impacts everyone in the South Interlake sports community.

Donation made to the Grosse Isle Recreation Club.



Paige Procter
Grosse Isle

Paige Procter is an Interlake philanthropist who fights for cancer by combining community and music.

Throughout Paige Procter's childhood, she watched can-

cer take over the lives of her loved ones.

"I was raking leaves in my backyard crying when I found out," she says. "And I thought, 'Why am I crying about this when I could do something about it?'"

Procter has pioneered volunteerism and fundraising in Manitoba's Interlake community since she was young. However, it was her friends Gordie and "Grandpa" Jim Harris' diagnoses that ignited a powerful spark inside the 16-year-old to get serious about helping eradicate the disease.

Held annually in Grosse Isle, Procter's event Coffeehouse to End Cancer has raised over \$133,197 for CancerCare Manitoba by bringing together local musicians and community members. Locals enjoy the event so much — a young woman rescheduled her chemotherapy appointment so that she could volunteer at the event.

"Paige has provided the vision, leadership and passion for raising an incredible amount of money to support leading-edge research, clinical trials and patient and family support programs," says Sherelle Kwan, community events manager for CancerCare Manitoba. "She is a leader in the community for the next generation of Manitoban philanthropists."

Procter has been nominated for various humanitarian awards, like the Emerging Leader in Philanthropy Award sponsored by The Winnipeg Foundation in 2019 and the Professional Nursing Emerging Leader Award through the Association of Regulated Nurses of Manitoba in 2018. However, she rarely takes credit for these achievements.

"While it's my name on the awards, it goes to show how strong, compassionate and determined the Interlake community is to make a difference in society," says Procter. "Without them, none of this would be possible. Good things do happen when people come together."

Donation made to Coffeehouse to End Cancer.

Continued from page 8



**Dave Van Heyst
Stony Mountain**

Dave Van Heyst carved out an outdoor space to get active in Stony Mountain.

Van Heyst saw a need in his community for a safe and alternative way for people to walk, bike or run from one end of town to another.

"In a small community like Stony Mountain, things like minor sports and playgrounds often don't happen without volunteers stepping up and taking the lead to get things done," Van Heyst says.

Now, residents of all ages and furry friends have scenic trails through hills, wooded areas and quarries to travel on.

As a member of the Stony Mountain Community Association, Van Heyst is often the one to take a lead on improving the community's soccer fields, baseball diamonds, outdoor rinks and BMX track.

"Working on projects that provide opportunities for my community to be outside and active has been very rewarding," Van Heyst says.

In 2016, Van Heyst and other community members started the Abas Auto Stony Mountain Run to raise money toward the trail project. This past fall, Stony Mountain held its fifth annual run and raised \$25,000.

"We can't thank the community enough for supporting our event and the impact it has allowed us to make," Van Heyst says. "I really enjoy the energy and sense of community these events generate."

In the past five years, they built trails from 100 metres to five kilometres long, providing the distance needed to host the 2019 Provincial Cross Country Running Championships, which brought close to 1,000 athletes to compete in Stony Mountain.

Donation made to Stony Mountain Community Association.



**Ron Watson
Argyle**

Ron Watson is an ambassador for the small farming hamlet of Argyle.

Argyle is a small community, fifteen minutes northwest of Stonewall and home to about

100 people. For years Argyle has hosted large events, often thanks to Watson.

From the local community centre to the cemetery, skating rink or legion, Watson has had a helping hand in one way or another.

"It was really just second nature to me. Many of these projects had small budgets, so anyway I could help, I did," states Watson.

Drawing inspiration from his parents at an early age, Watson helped his father who was coaching youth provincial softball, winning two provincial titles. "It was a pretty big deal in town, our little community winning against larger ones across the province; it was special."

A handyman his entire life, Watson has offered countless hours to help the community, rebuilding areas of the community hall, asking for nothing in return.

Watson's fondest moment, Homecoming 2000, saw Argyle grow to a population of 5,000 people for the weekend festival, as a multitude of individuals returned home from across Canada.

"You name it, we did it — fireworks, beer gardens, softball tournament, parade, horse carriage rides, live entertainment, the list goes on and on," states Watson proudly.

Events and community gatherings have dwindled slightly in recent years, but Watson still sits on the cemetery board, remains active with the local legion, and lends a helping hand whenever a neighbour needs it.

Bezan rejects liberal new firearms bill



**Selkirk-Interlake-Eastman
MP James Bezan**

Submitted by James Bezan

James Bezan, Shadow Minister for National Defence and Member of Parliament for Selkirk-Interlake-Eastman issued the following statement regarding the Liberal's firearms buy back program:

"As a licensed, responsible firearms owners, I am extremely disappointed by Justin Trudeau's misguided approach to gun control. Conservatives have, and will always, support common-sense firearms policies that keep guns out of the hands of dangerous criminals.

"Recently, the Trudeau Liberals' along with NDP and Green MPs, voted against a Conservative firearms bill and defeated it! Bill C-238 would have imposed tougher sentences for criminals smuggling or who are found in possession of illegal firearms. The Liberals' rejection of this bill shows they are not serious about stopping dangerous criminals from getting their hands on illegal guns.

"The fact is the vast majority of gun crimes are committed with illegally obtained firearms. A future Conservative government would invest in the Canada Border Services Agency, and increase support to police anti-gang and gun units, to provide law enforcement and CBSA with the resources needed to stop illegal smuggling operations and get dangerous criminals and gangs off the streets.

"Instead, Justin Trudeau is following the tradition of lazy Liberal anti-firearms policy that's easy for government, but completely ineffective. Conservatives will continue to stand up for law-abiding firearms owners and legislation based on evidence, not on ideology."

Red River Co-op's annual equity cheques are in the mail

Submitted by Red River Co-op

Red River Co-op is pleased to announce an \$18.6 million return to its members for the 2020 fiscal year.

The Red River Co-op's Board of Directors approved an allocation to its membership of:

- 4 cents per litre on fuel purchased,
- 2 per cent on food purchased, and
- 4 per cent on the full price of pharmacy prescriptions.

The downturn in the economy and lockdowns due to the pandemic impacted the energy industry, and Red River Co-op was not immune. As significant declines in litre sales occurred, Red River Co-op's management team came together and implemented strategies within their control

to protect Red River Co-op's financial performance. Both the food stores and gas bars provided positive contribution to overall results, but they were not able to offset the decline in patronage from the wholesale's refining operations, which resulted in reduced allocations this year.

"We have faced tremendous challenges as a community this past year, and your Red River Co-op is proud to have been there for you with the essential services of fuel, food and pharmacy," said Doug Wiebe, CEO of Red River Co-op. "We thank each of you for your support in 2020 and we hope to earn your support in 2021."

The local co-operative has over 312,000 members and will be sending

out cheques totaling \$18.6 million in cash to its membership in Winnipeg and surrounding communities. The remainder of equity earned stays in members' equity accounts with Red River Co-op.

In 2020, Red River Co-op completed the modernization of their food store in St. Vital, constructed a new food store in St. Norbert, rebuilt their gas bar in Niverville and constructed a new oil warehouse. The co-op also introduced an online grocery shopping option at their four food stores in Winnipeg, and a car wash mobile app to conveniently purchase washes.

In 2021, Red River Co-op is upgrading and expanding their Selkirk gas bar and car wash, constructing a new

gas bar on Lagimodiere Boulevard, building a new food store at Seasons near the Outlet Collection and modernizing their food stores in Lorette and Gimli.

Giving back to communities is one of the pillars that makes Red River Co-op a different kind of business. Major donations such as \$50,678 to the Bear Clan Patrol with proceeds from Fuel Good Day were given in 2020, as well as \$70,000 for upgrades to the Selkirk Curling Club from the Co-op Community Spaces grant program. This past year, \$185,911 was given to non-profits and charities doing great work in the communities Red River Co-op operates through their Community Investment program.

AMM tours the Interlake identifying common issues

By Evan Matthews

The Association of Manitoba Municipalities (AMM) visited the Interlake District last week, identifying a few common issues among Interlake municipalities.

AMM president Kam Blight said visiting 10 different Interlake municipalities is critical in the organization's advocacy efforts. So whether in-person or virtual due to COVID-19, ensuring the meetings go ahead is of high importance.

"All municipalities in Manitoba are experiencing significant financial pressures in 2021 due to COVID-19 and code red restrictions," said Blight, adding the Interlake District is no exception.

Blight cited recreation centres as one of the best examples in which RMs are taking financial hits. Hockey arenas, curling rinks, community halls, etc., the cost associated with operations comparatively with revenue simply isn't working out.

He said the AMM will continue to advocate for municipalities in need of

financial relief.

"Our members have also said they want to see better broadband connectivity across all of Manitoba, especially due to the push for e-services as it relates to the pandemic. The Interlake is also greatly affected by this. Manitoba has the second slowest Internet speeds in Canada.

"We need to call on the provincial government to expedite the provincial broadband strategy," he said. Lack of approval from the provincial and federal governments on infrastructure projects was another common theme, according to Blight.

Municipalities are in the best position to determine local infrastructure priorities, Blight said, and the municipalities should be empowered to take control of those priorities and ensure economic growth takes place.

"Given the COVID-19 pandemic, it's absolutely vital municipalities are able to take advantage of our short construction season without further

delays," said Blight.

"We've already missed one construction season; it's imperative we don't miss another."

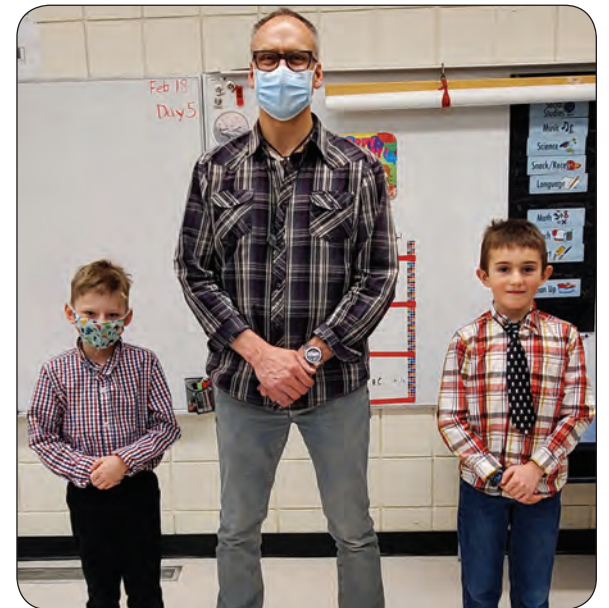
The AMM delegation met with the RMs of Woodlands, Gimli, Grahamdale, Rockwood, St. Andrews, West St. Paul, West Interlake, and the Towns of Arborg, Stonewall and Teulon.

Members of the AMM's delegation included Blight, vice-presidents Brad Saluk and Chris Ewen, Interlake District directors Cheryl Smith and Kelly Cook, and executive director Denys Volkov.

The AMM represents all 137 municipalities.

"ALL MUNICIPALITIES IN MANITOBA ARE EXPERIENCING SIGNIFICANT FINANCIAL PRESSURES."

Seeing double at Bobby Bend



TRIBUNE PHOTOS SUBMITTED

Seeing double, or even doubles of doubles, was the scene at Ecole R.W. Bobby Bend School last week when students dressed up as their teachers during Teacher and Staff Appreciation Week. Staff also received bouquets, a fridge full of snacks and lunch on Friday. Left photo, Ms. Palmer and Emersyn wore matching Jets jerseys, while Jack and Elliot and Mr. Enns were all decked out in plaid.

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In this webinar, **PKF Lawyers and BDO Canada** will focus on planning strategies for Manitoba's agriculture industry.

March 9, 2021 | 10 a.m. CST



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Package #6
Traverse the shores of Lake Winnipeg and take in the sites along the way, including stays at lakefront resorts.

Package #7
Put a check on your bucket list as you kayak with belugas, take in the northern lights and spy polar bears with a flight credit that will get you to Churchill.



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CONTEST CLOSSES FEBRUARY 28, 2021. Full contest rules and prize details are available online at manito.ba/sweepstakes. Please remember to practise safe travel and physical distancing throughout the province.

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Safe at Home grant helping to keep Teulon seniors happy

By Evan Matthews

Teulon and District Seniors Resource is living up to its name, ensuring seniors in the community are happy, healthy and safe at home throughout the pandemic.

Since mid-January, Carmen McDonald, a co-ordinator with Teulon and District Senior Resource, said the organization is delivering a gift — which was purchased locally — once a week to every senior in the community who lives in a congregate-living environment.

“The aim for us is to keep seniors safe at home, entertained and engaged, and to have them understand they are not alone through this,” said McDonald, adding the purchasing of the gifts was made possible through a Safe at Home Manitoba grant. It was a grant requirement that the seniors to receive gifts be living in a congregate-living environment, which in the Teulon area means either Fifth Avenue Estates, Gateway Manor, Cedar Lodge, Prairie Estates or Inwood Manor.

“It seems to give them something to look forward to. We’re having fun with it, too. It’s going good,” she said.

Gifts have included coupons from Teulon Chicken Chef, gift certificates from Finders Keepers, cinnamon buns from Blue Skies Pastry Shop, cookies From Farmhouse To Yours Cafe and Bakery, tea towels and tea,



Teulon Elementary students made and delivered Valentine's Day cards for seniors living in congregate housing.

and chocolates on Valentine's Day, McDonald said.

McDonald said Teulon and District Senior Resource is delivering between 140 and 150 gifts and is scheduled to stop by the end of March.

“Most seniors have been home since March of last year. Even when we got some easing of restrictions, many just refused to go out given the risk,” said McDonald.

“We have to do everything we can do keep everyone safe, but we want to give them a bit of a (morale) lift, too. People are getting very down about



TRIBUNE PHOTOS BY CARMAN MCDONALD
Teulon senior Bill Neely, middle, was excited to have Grace-Lynne, left, and Olivia stop in with a delivery last week.

things, there is no doubt,” she said, adding the gifts are hung on each seniors’ door knob.

The most recent surprise for seniors, McDonald said, was that students from Teulon Elementary made Valentine's Day cards and delivered them as part of the weekly gift.

Beth McLean, who is in her mid-60s and lives at Fifth Avenue Estates, said the concept has made a huge difference in morale in her community.

“This is a really great thing. I’m one of the younger seniors living in congregate living. What I really like about it is seeing the people around me;

they’re just really excited about it and happy about receiving something,” said McLean.

“The older people, for them, they don’t get out so much. I’m still able to walk, drive, get out and do the things I want to do.

“I miss my family, but there are some people that can’t even get out,” she said.

For that reason, McLean said the children getting involved with seniors meant a lot, and she added thanks not only to the kids but to the Teulon and District Senior Resource staff for coordinating and delivering.

Years of denture frustrations are being fixed

By Elisha Vandor

Over the past 5 years of working alongside Brock, whether at reception, in the lab, or hiding in the back writing these articles; I must tell you, I have seen countless people come in with all kinds of denture problems, or even just denture questions, and leave just so happy they came. Sometimes their dentures were old, lots of times they were loose, other times they didn't even have dentures yet. But no matter what, we hear stories like these every day and are so encouraged to keep working hard doing what we do best, making people smile! I wanted to share just a couple of those stories today, hopefully to encourage you as well, that denture help is out there. Actually, right in your neighbourhood!

The first one is from Irma. She says, “I received my first

dentures in 2016 and basically since then I have not been able to eat properly due to ill-fitting dentures. I can relate to anyone who is dealing with the discomfort and the pain due to ill-fitting dentures. What I would recommend to anyone dealing with the same issues, is to go see Brock. He is friendly, professional and most importantly, he knows what he is doing. I had four appointments while he was making the new denture, but it was well worth it. All adjustments are done with you in the room, which I had not experienced before. He explains to you what he is doing while he is making his adjustments. I can't thank him enough for his patience and expertise. The staff are unbelievable! The professionalism and friendliness of Vandor staff is the best. I will recommend Brock and his staff to anyone I know! Thank you

for everything!” - Irma

The next one had us in tears. Here is Joannie's story, “I had a full denture that I never really liked before. I stopped smiling, but my dental insurance wouldn't cover for me to get a new one. Brock did major changes to my denture, which basically made it brand new. I can't say enough about what a difference it is. Thank you Brock! Finally I can eat properly. My smiling confidence and self-esteem is way up there. Seriously look this fantastic team up. They're very caring, professional staff. They changed my life with teeth.” - Joannie

If you've lost hope, become fed-up, or wondering about your teeth replacement options, just book a consultation with us. It's absolutely free. Who knows, you could be so happy that we all take a picture in the end like Brock and Doris did!



SENIOR'S PRICING
Happy patient Doris waved her lower denture frustrations good-bye when she decided on a dental implant solution.

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Council awards flower contract to Jasperson's Greenhouse

By Jennifer McFee

At the Feb. 17 council meeting, a proposed bylaw regarding public reserve and recreational land use was introduced for first reading. The motion didn't pass so the bylaw will not be moving forward at this point.

Council gave first reading to a special service waste and recycling bylaw, which would set the levy rates for residential solid waste and recycling pickup. Council approved GFL as the successful proponent to accept the town's recycling.

"The rates are set based on a straight calculation of revenues and grants less costs," CAO Wally Melnyk explained. "The net cost is then allocated across residential properties that benefit from the service."

A public hearing on the bylaw is scheduled for March 17.

Council recognized Kinsmen with a declaration of Kin Week from Feb. 14 to 20 and Kin Canada Day on Feb. 20.

The Town of Stonewall put out a request for proposals to supply flowers for the town this summer. Jasperson's Greenhouse Landscapes was the successful proponent.

The town put out a request for proposals for three new trucks to

replace older ones in their fleet. River City Ford was the successful bidder.

The Town of Stonewall will host an online open house and presentation on Feb. 25 from 6:30 to 7 p.m. about proposed renovations to town hall. For more information, visit the town's website at www.stonewall.ca.

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Roasted Chicken Thighs and Veggies with Mushroom Orzo Risotto

Recipe courtesy of Emily Weeks of "Zen and Spice"

Cook time: 50 minutes
Total time: 1 hour, 10 minutes
Servings: 4

Chicken:
8 boneless, skinless chicken thighs
salt, to taste
pepper, to taste
6 tablespoons unsalted butter
16 ounces crimini mushrooms, quartered

3 zucchini, sliced in half moons
3 large carrots, thinly sliced
4 sprigs fresh rosemary, leaves removed and roughly chopped
4 cloves garlic, minced

Orzo:
4 cups chicken or vegetable broth
1 tablespoon unsalted butter
1 tablespoon extra-virgin olive oil
1 small yellow onion, diced
2 garlic cloves, minced
16 ounces crimini mushrooms, finely chopped

1 cup uncooked orzo pasta
1/8 teaspoon black pepper
1/3 cup white wine
1/3 cup shredded Parmesan cheese
To make chicken: Preheat oven to 450 F.

Pat chicken dry. Season with salt and

pepper, to taste. In large skillet over medium-high heat, melt butter. Sear chicken until browned, 4-5 minutes on each side.

In large bowl, toss mushrooms, zucchini, carrots, garlic and rosemary. On large baking sheet, spread vegetables. Nestle chicken into vegetables. Drizzle with butter and juices from pan.

Bake 20 minutes until chicken is cooked through and vegetables are tender.

To make orzo: In small pot over medium-low heat, warm broth.

Using skillet from chicken, add butter and olive oil over medium heat. Add onion, garlic and mushrooms. Cook, stirring occasionally, until onions soften, 3-4 minutes.

Add orzo and black pepper. Stir and cook 2 minutes. Add white wine and cook until evaporated, about 1 minute.

Add warm broth to orzo 2/3 cup at a time, stirring until liquid is absorbed. Repeat with remaining broth, waiting until last batch is absorbed before adding more. Remove from heat and stir in Parmesan.

Serve in individual bowls with chicken and roasted vegetables atop mushroom orzo risotto.

Tuning into ourselves



By Gwen Randall

The process of tuning into ourselves and getting to know who we really are can sometimes create crises in our external world. We may discover that we do not like our job or our career, or that we no longer have much in common with our friends. We might even question our primary relationship, wondering if this is still the person with whom we want to spend the rest of our lives.

This may seem very unsettling, if not frightening. Sometimes we are tempted to retreat from our path of growth, thinking it safer just to go back to the way we were. Perhaps we are scared of change or feel that we do not want to upset others. It is common to feel like the 'bad guy', who is creating trouble or making things difficult. However, what is really happening is that we are being agents of change.

No living system is ever static, and change is essential to survival and growth. When we become restless or dissatisfied, it means that there is something not working in the system or relationship, not that there is something wrong with us. Our unhappiness is a symptom of the problem, not the problem itself. If we try to suppress the symptom (unhap-

piness or frustration) it does not solve the problem, and very likely a new symptom will emerge (physical illness, accidents).

The first step to healthy resolution of the situation is to be clear and honest with yourself about how you really feel. This is often the goal of the first phase of the therapy process, because often it is hard to differentiate our own feelings from the feelings and expectations of others.

The second step is to consider your options. Quitting the job or ending the relationship need only be a final resort, as there are often many other options that can be tried first. Other options may either improve the situation or make it even more evident that the situation is not going to work.

Sometimes we resist change because we do not want to hurt anyone. But staying in a job or relationship that does not allow for growth and happiness for the sake of someone else is dishonoring self. We cannot assume that if we do ultimately decide to move on, that we are creating permanent damage in the lives of others.

The little bird no doubt at first resents being pushed out of the nest, and is likely terrified, but ultimately it learns to fly. There is a purpose to all things, and knowing that may make it easier to begin to acknowledge the truth of how we feel.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

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Local photographer focuses on adapting her business

By Jennifer McFee

Business is far from picture perfect for those in the photography industry.

Stonewall-based wedding and lifestyle photographer Georgia Fox started her own business in 2018 and began second shooting for a few photographers in Winnipeg.

"I fell in love with weddings and wanted to photograph my own — 2019 was my first summer doing my own weddings," she said.

"It was a dream come true, and 2020 was meant to be even more successful than 2019 but COVID had other plans."

When the pandemic started, Fox remained hopeful that it would be over soon without impacting her wedding clients for summer and fall of 2020.

"I was so very wrong. I was still able to shoot about 70 per cent of my weddings, but most of them had to be downsized and changed up. The rest of my weddings were straight up cancelled or moved to 2021 or 2022," she said.

"When a wedding downsizes, it affects the photographer because usually that means they end up working less hours, which involves a pay cut."

As for lifestyle photo shoots, her 2020 summer and fall photo shoots weren't impacted as much.

"I got to shoot lots of couples and families. However, when the end of fall and winter came around and photographers weren't allowed to work at all, my normal busy winter turned into doing zero photo shoots," she said.

"During this time, I turned to making my own art and selling prints online."

Currently, Fox is selling her artwork online at www.oliviarhain.com.

"Olivia owns her own furniture business and is a

dear friend of mine. We collaborated and decided to start selling my art. We have tons of plans for future art collaborations between the two of us," she said.

"So I guess not being allowed to do photo shoots wasn't the worst thing. I had to adapt and work to make money other ways."

Earlier this month, the provincial government loosened pandemic restrictions to allow photographers and videographers to offer services to individual clients or those who live in the same household. They can also provide services at weddings, with the exception of visiting clients' homes.

"As for right now, photographers just got the clear to work with people who live in the same household. However, this is usually the time for in-home sessions because of the cold end of winter weather and that is not allowed yet," Fox said.

"I am hoping that spring brings lightened restrictions for photographers. I'm honestly not sure what I will do if we still have these heavy shooting restrictions in place."

Despite not shooting much new content, Fox has remained active on Instagram (@georgiafoxphotography). She is also accepting bookings through her website at www.georgiaannfox.com.

"Throughout this whole pandemic, I have really learned to adjust and try new things. I have a new love for creating art and prints and also doing product and branding photography," she said.

"It has been something I have wanted to do for a while and this was the perfect time to start. As I continue as a photographer, I want to grow in the direction of shooting more products and brands, while also continuing to shoot weddings, couples and families."



PHOTO SUBMITTED

Local photographer Georgia Fox has continued to adapt her business throughout the pandemic.

Ice jam mitigation program underway on Red River

By Nicole Buffie

Twenty-eight kilometres of icy tundra will soon turn into a flowing river of jagged chunks in the coming weeks as the province prepares to unleash the Amphibex machines for their annual ice jam mitigation program.

For the last 15 years in February and March, North Red Waterway Maintenance Corporation has hauled the fleet of lime green machines down the Red River to assist in flood prevention by breaking up the frozen water as to not cause jams during the spring melt.

The corporation was formed by the RMs of St. Andrews and St. Clements as well as the City of Selkirk in an effort to address increasing concerns of spring flooding along the river, where Darrell Kupchik and his team "wrote the book" on the ice-breaking program.

"We've all seen what happens when you do have an ice jam like we had in 1996. There was a major ice jam along the Red River and it caused millions of dollars of damage along the Red

River, and lots of beautiful homes were flooded. It was really a disaster," Kupchik said. "And that's really what kind of got this program started was looking for a way to make sure this never happens again."

In September 2019, Infrastructure Minister Ron Schuler issued a request for information as the province sought to lease out or outright sell the Amphibex machines, citing the government's desire to seek a better deal in the open market than the \$1M annual contract carried out by North Red to operate the machines.

"As the ice jam mitigation program is only active for a portion of the year and the equipment may be used for other purposes, such as dredging, there is an opportunity for an entity to pursue other activities — when the ice-jam mitigation program is inactive — under a revenue-sharing agreement between the entity and Manitoba," said the document.

The original intended use for the machines was to prevent flooding by

dredging waterways in springtime to prevent build up of soil and plant material. The province realized the Amphibexes could be used for the same thing at the end of winter to prevent spring flooding and retrofitted them to break up ice along the Red River.

In December, Schuler announced a five-year contract of operations for the contraptions was awarded to Winnipeg Environmental Remediations Incorporated, a Manitoba-based company that provides comprehensive environmental services, general contracting and civil earthworks to a variety of industries in both the private and public sectors throughout Canada and the United States' according to a Dec. 30 press release.

With the new company overtaking responsibility of the program, Kupchik said the company hired 15 of his staff to continue operations.

"We want to make sure that the program itself does not suffer in any way. We've put a lot of effort into building this corporation and developing these

techniques and researching the correct equipment and finding staff and training them," he said. "You can't just walk away from something like this. You have to ensure that you've done everything you can to make sure it's successful."

To carry out the program in a timely manner and ensure the least amount of damage is done to properties on the Red River by spring flooding, Kupchik said the Amphibex began their tour de Red at the mouth of Netley Creek working towards Netley Lake on Feb. 22 and will turn back and run down the river towards Selkirk.

As for North Red Waterway Maintenance, they will be dissolving as a corporation in the nearer future.

"We're just pleased that the ice jam mitigation program is continuing, and the residents along the Red River, the municipalities, you know, greatly appreciate this program," Kupchik said.

Historic vote on universal pharmacare Bill C-213; drug coverage for all with a \$4-billion saving

By Patricia Barrett

Canada is the only developed country in the world that lacks a true universal healthcare system, one which publicly funds dental care and the cost of prescription medication.

That's why a British Columbia member of parliament has sponsored a bill to put prescription drug coverage on par with the country's publicly funded health-care system.

Peter Julian, NDP MP for New Westminster-Burnaby, introduced Bill C-213 (Act to enact the Canada Pharmacare Act) to establish a publicly funded, inclusive pharmacare system that will ensure all Canadians have access to the medications they need.

If enacted the bill would provide a number of important economic spinoffs as well, including reducing the financial burden small businesses incur through drug coverage plans for employees and saving the federal government over \$4 billion a year.

Julian's bill passed first reading last year, and Canada's MPs will be undertaking a crucial vote on Feb. 24 (second reading) that will either move the bill forward or defeat it.

"This is an historic vote because it's the first time in our history that Canada's Parliament, the House of Commons, will vote on public universal pharmacare," said Julian by phone. "There have been a lot of promises and election campaigns that have gone on for decades, and symbolic motions supporting the concept of public universal pharmacare, but this is the first bill that actually brings it into being."

Part of the reason Canada has remained an "outlier" on universal pharmacare is that pharmaceutical companies with "so much power" have pushed back against legislation, said Julian. MPs have to think about their constituents' needs.

"It doesn't matter how much money you earn or if you're very poor, you should have access to medication. We have close to 10 million people without access to medication right now. And over one million are really struggling to pay for their medication," said Julian, who has served as MP since 2004.

"On any given month, we know we've got people having to skimp on heating in the wintertime in Manitoba. We know how hard the choice can be between heating their home or paying for medication that can often be \$1,000 a month. People have to skimp on food because they have to choose between eating or getting medication that will keep them alive. This is a choice Canadians shouldn't have to make, that people in Manitoba and the Interlake shouldn't have

to make."

Gimli resident Bill Buckels is among the millions of Canadians struggling each year to pay for medication he says he can't do without.

He thoroughly investigated a number of private health benefit plans and found them unaffordable, he said. Most plans won't cover pre-existing conditions and if they do, they'll provide only a few hundred dollars a year of coverage when a few thousand is needed.

"To get a benefit plan that even gives partial drug coverage would cost \$4,000 a year. I can't afford that," said Buckels, who's self-employed. "You can't buy 'just a prescription drug plan'; you have to buy a plan that includes add-ons even if you don't need them. It's a racket."

Buckels, a Lake Winnipeg commercial fisher and retired computer engineer/analyst, said he supports the pharmacare bill as it aims to "put a single standard in place" and provide an equitable medication system for all.

He shared with the *Express* receipts showing a year's worth of his medication costs, which include pharmacy dispensing fees. In 2020 he paid \$2,475.76 in out-of-pocket expenses that "do not get reimbursed."

He pays over \$110 each month for just one of his medications, which is provided on a one-month prescription and includes pharmacy dispensing fees.

If he could get the same medication at double the strength and on a three-month prescription, he could cut the pills in half to make them last for six months, he said. That would reduce his annual bill by about \$500. That's what many people try to do to reduce expenses.

"I'm not alone. Many average Canadians cannot afford to pay prescription medication costs. People with chronic or serious conditions are really impacted by the cost of drugs and they have to make hard choices between food or meds," said Buckels.

"Their conditions typically worsen over time because they can't earn enough money to cover the cost of the drugs they need. And then there are people who choose to die rather than live in poverty and squalor because they can't afford medication."

Drug costs are inflated by pharmacy dispensing fees, manufacturing fees, patents that keep cheaper versions in abeyance and pharmacies without enough clout to get the "best price" for drugs when negotiating with big pharmaceutical companies that rake in billions a year, he said. But a national government and the bargaining power it would bring to the table

could eliminate middlemen, commissions and other costs.

"There's just no excuse for the high cost of medication. This is a corrupt system weighted in favour of big business," said Buckels. "A public health system should include coverage for vision and dental care and for other every other medical condition under the sun. It shouldn't be an elitist plan that's only available to some citizens and not to others."

After forming government in 2015, the Liberals voiced support for universal pharmacare and set up an advisory council to produce a report on how to implement it. Chaired by Dr. Eric Hoskins, the council's 2019 report titled *A Prescription for Canada: Achieving Pharmacare for All* acknowledges millions of Canadians having either no coverage or gaps in coverage.

A national drug plan should be available to "all Canadians and that coverage should be the same for everyone, regardless of their employment status, age, ability to pay or where they live," the council wrote after hearing from political leaders, Indigenous communities, healthcare providers, industry stakeholders and patients.

Despite evidence of overwhelming support for national pharmacare, the Liberals failed to introduce a bill. Canadians have been waiting a half-century since former Saskatchewan Premier Tommy Douglas, who initiated universal healthcare, recommended medication costs be covered, said Julian. The Liberals had also promised it 30 years ago, but took no action.

"I think Canadians are tired of waiting," said Julian, explaining why he went ahead and introduced the bill.

In addition to setting up a national formulary (a list of medications) and an oversight mechanism to ensure provinces and territories adhere to the program, C-213 has five fundamental conditions for universal pharmacare — all of which were set out in Dr. Hoskin's report, said Julian.

The first condition is a publicly administered not-for-profit system, he said. A formulary would be "negotiated nationally" and the federal government would commit to providing money to the provinces and territories. Second, it must be universal, meaning it will cover everyone. Third, it must be accessible, meaning there'll be no financial barriers thrown in anyone's way to access the plan.

Fourth, it must be comprehensive, covering all the medications fundamental to people's health and well-being. And fifth, it must be portable so if someone from the Interlake, for instance, moves to British Columbia, they'd still have access to the system.

"One in four people in the Interlake

region have no coverage for medication," said Julian, "which means some of them will be struggling to pay and others are just a sickness away from having to struggle even if they're not taking enormous amounts of medication right now."

In addition to individuals and families no longer having to worry about medication costs destroying them financially, there would be favourable economic spinoffs to adopting a universal drug program, he said. Publicly administered programs are "cheaper, more effective and cover everybody." Number crunching at the national level has demonstrated substantial cost savings.

"We would as a country, according to the Parliamentary Budgetary Office, save \$4 billion a year by moving to universal pharmacare," said Julian.

Cost savings would also trickle down to small businesses across the country, including in the Interlake.

"The PBO also said all the small businesses that have a drug plan for their employees are paying on average about \$600 a year," said Julian. "With universal pharmacare, they'll no longer have to provide that support ... and businesses can invest in other things or job creation. There'd be more economic development in places like the Interlake."

A groundswell of organizations such as CARP, Canada's largest advocacy group for older adults, the Heart & Stroke Foundation and the College of Family Physicians of Canada have issued statements in support of universal pharmacare and are encouraging Parliament to enact the bill.

The United Food and Commercial Workers union wrote last November that prior to the arrival of COVID-19, over 7.5 million Canadians lacked adequate drug coverage or had none at all. With millions of jobs lost to pandemic, "even more Canadians lack drug coverage."

Julian said there has been some "pushback" to his bill from pharmaceutical companies that feel their profits will be diminished. But there has also been "enormous support" from across the country.

In the last few weeks alone, he said they've had "100,000 Canadians contact their MPs to tell them to vote yes on Bill C-213," as well as hundreds of municipalities, cities, towns and villages formally endorsing the bill. Two out of the Interlake's 20 municipalities — Rockwood and West Interlake — with their "very progressive councils" have come out in favour of universal pharmacare.

Rockwood Reeve Wes Taplin,

Continued on page 18

SWDPC keeping patients connected to family

Staff

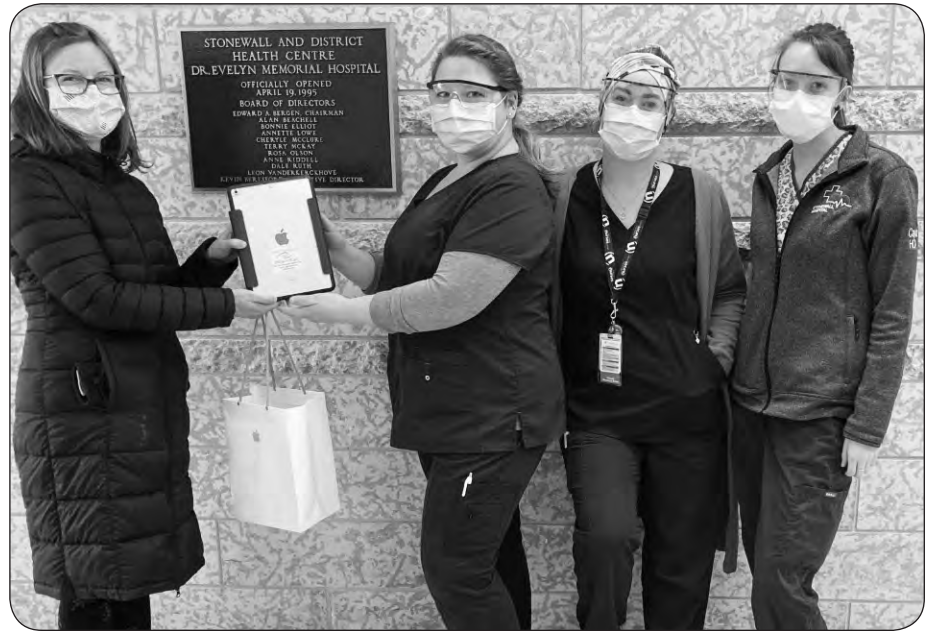
South West District Palliative Care (SWDPC) recently donated an iPad tablet to the Stonewall & District Health Center and Teulon Hunter Memorial Hospital.

Patients can now stay connected to loved ones during COVID-19 public health restrictions that prevent visitors from coming to the hospital. South West District Palliative Care, in conjunction with the Emergency Community Support Fund through Interlake Community Foundation, provided the funding for the iPads.

The SWDPC iPad lending program also consists of a tablet to lend to palliative care patients who are able to remain at home. Please contact s.w.d.p.c@hotmail.com or 204-513-1728 for more information.



SWDPC board member Lois Borkowsky, right, with Candace Blahey, IERHA Teulon Hunter Memorial Hospital clinical team manager.



SWDPC administration Jennifer Beirnes with Stonewall Hospital staff. **TRIBUNE PHOTOS SUBMITTED**

Returning to restaurants with COVID restrictions

By Jennifer McFee

Diners can enjoy a small taste of normalcy at some local restaurants now that in-person service has resumed with restrictions.

New provincial orders came into effect on Feb. 12, allowing eateries to welcome dine-in customers at 25 per cent of their usual seating capacity. Only members from the same household are allowed to dine together at the same table.

Locally, The Rock is now open for both dine-in and take-out, with hours on Monday to Saturday from 7 a.m. to 8 p.m. and Sunday from 8 a.m. to 1 p.m.

"It's nice to be able to see people and have stuff to do versus just answering the phone. The frustrating part even still is there's so much grey area. I read it one way, but another person might interpret it differently. Then I end up second-guessing what I thought," said co-owner Monica Rodrigue, adding that the bar side is also open from 11 a.m. to 10 p.m.

"We have to get in the hang of things of being able to serve people again. I

think a lot of the other restaurants aren't bothering to open at 25 per cent."

She hopes that word of mouth will let community members know that they're welcome to enjoy their meals in the restaurant again.

"For opening, we decided that we're going to have our full menu," she said. "We're bringing in all the food that we didn't have for takeout."

It's a bit of a juggling act to determine what will be needed to meet the demand.

"You're wanting to not have too much waste, but you want to have everything on hand to offer to people," she said.

"You bring in all the regular kitchen staff to be ready for when people come, but if they don't come then you have their entire wages and all this food that goes to waste."

Similarly, McLeod House Tearoom & Restaurant is open for dine-in as well as take-out orders from Wednesday to Saturday from 11 a.m. to 9 p.m.

"A lot of people don't realize we're open, and some people don't under-



Dining with friends looks a little different these days as Yvonne Good, left, and Odette Bernatchez, right, have to sit at separate tables while dining together at The Rock at lunchtime last Friday. **TRIBUNE PHOTO BY JO-ANNE PROCTER**

stand that you have to be from the same household," said Joy Billings, who owns the eatery with her husband Jon.

"We haven't been open for months, so it's going to take some time for people to know. Reservations are key at this point because our capacity is so limited to begin with."

Beyond Bread is also open for dine-in from Tuesday to Saturday. Waitresses Hannah Whiteside, Teganne

Durand and Erica Drohomereski are ready to welcome back customers.

"We're able to have 25 per cent of our capacity. It has to be the same household and we're also keeping a record of who comes with a phone number and a name," said Whiteside.

"We're very thankful to be open. We're still offering all our desserts. I enjoy seeing the regulars come back. It's awesome."

> BILL C-213, FROM PG. 17

reached late last Friday, said he and council threw their support behind the bill because "what's good for one person should be good for everyone."

Council provided a letter last December in support of the bill.

"It should be equal across the country; that's the way I look at it," said

Reeve Taplin. "This is all about how we can work together for the same goal."

Julian said should the pharmacare bill pass second reading — which requires between 165 and 170 MPs casting votes in favour — it will be referred to the Common's health com-

mittee before third and final reading. Should it pass the House, the bill will go to the Senate for three readings.

"This is the big test of our parliamentary democracy," said Julian, referring to the Feb. 24 vote. "If there was a referendum on [universal pharmacare], it would win by 90 per cent. So the question is, are MPs listening to their constituents?"

A petition in favour of universal

pharmacare is available on Julian's website, and he has been encouraging the public to send messages to their MPs and the prime minister. He's also organizing an "e-rally watch party," which he said people can join by sending an RSVP to his office. The public can also watch the vote on TV on the parliamentary channel, CPAC.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba teams soaring at 2021 Scotties Tournament of Hearts

By Ty Di Lello

Curling is back! After COVID-19 shut down the majority of the 2020-21 season, the Scotties Tournament of Hearts is underway at the Canada Olympic Park in Calgary, Alberta.

The event is being played inside of a “bubble” similar to what the NHL had done for the playoffs in the summer. There are no fans in the building, but all of the games are being broadcast on TSN throughout the week for viewers across the country to watch.

This year’s edition of the Scotties boasts a record five teams from Manitoba.

Leading off the Manitoba rinks is defending champ Kerri Einarson of Gimli and her team of Val Sweeting, Shannon Birchard and Briane Meilleur. They have shown no signs of rust so far and lead their pool with an undefeated 4-0 record.

Einarson works on the front lines at a personal care home in Gimli and knows all about the pandemic’s challenges.

“It’s been very challenging. We had a scare back in April. But I’m so grateful to be working where I am,” said Einarson. “To all those health-care workers, front-line workers — it’s tough. I see it in our residents’ faces every day, when they can’t see their families. It’s extremely hard. I try to be there for them as much as possible and give them the hugs that they can’t get from their families.”

“I actually had a resident ask me before I left if she could have my phone number. She phoned me the first day here, and she was excited to see curling back on TV. I am so grateful for all their support. My coworkers — if it wasn’t for them, I wouldn’t be here today. I really appreciate everything they do.”

Team Wild Card #3 features Katherine Doerksen of Morden that is throwing second stones for the Beth Peterson rink out of the Assiniboine Memorial Curling Club in Winnipeg.

After starting the week 1-3, Peterson defeated one of the top seeds in Laura Walker (Team Alberta) on Monday night to keep themselves in contention.

“We’re the ones with very little pressure on us right now,” said Doerksen. “We can go into the next few games, and although we have three losses, we have nothing to lose at this point. So we can give it our all and try to get some wins and see where it gets us.”

East St. Paul’s Tracy Fleury that is being skipped at the Scotties by Chelsea Carey currently has a 3-1 record, with their only blemish coming on Monday afternoon to a feisty Quebec team.

This edition of Team Fleury/Carey features Stonewall’s Kristin MacCuish throwing the lead rocks.

“Everything has been going really well so far,” said MacCuish. “Chelsea has come onto our team in Tracy’s absence and has filled in great. I’m re-



TRIBUNE PHOTO SUBMITTED

Manitoba teams, including Stonewall’s Kristin MacCuish of Team Wild Card #1, are off to a strong start at the 2021 Scotties Tournament of Hearts at Canada Olympic Park in Calgary, Alberta.

ally excited to see how far this team can go this week.”

St. Vital’s Jennifer Jones and Altona’s Mackenzie Zacharias round out the five Manitoba teams competing. Jones currently has a 2-2 record, while Zacharias is at 1-3.

The 2021 edition of the Scotties Tournament of Hearts features 18 teams that have been split into two pools of nine. After a single round robin, the top four teams from each pool

advance to the championship pool, where they in turn play against the teams from the other pool that also advanced.

After the final eight teams in the championship pool play against the other teams that advanced, the top three overall records will advance to the playoffs. The event will conclude with the championship final on Sunday night.

MMJHL Stonewall Jets 2020-21 season cancelled

By Brian Bowman

The Manitoba Major Junior Hockey League has pulled the plug on the 2020-21 season.

The news was leaked last Thursday evening and officially announced on the league website two days later.

“The MMJHL has made the decision to cancel the remainder of the 2020-2021 season,” said MMJHL president Kerry Lines in a statement. “This was a very difficult decision for our membership and league management.”

Teams voted seven to three to end the season, with the Stonewall Jets voting in favour of a season.

“The MMJHL would like to thank the communities that we represent, the rinks for their support, our fans

and our sponsors,” Lines said. “We understand the economic impact that COVID has had to our province and know that our member teams, sponsors and fans have been impacted as well.

“These are unprecedented times and the events around COVID have impacted so many lives and families. Our priority as a league is to be compliant with the health orders and respect and support the decisions that are made to keep our communities safe and reduce the risk.”

Many people are directly affected by the season cancellation.

“I would like to extend a special thank you to our players, support staff, team ownership and manage-

ment,” Lines said. “Thank you for your dedication to the MMJHL and the communities that you serve. To our graduating players, thanks for being part of our great league and your place in our MMJHL history.

“We look to next season with great optimism and are hopeful we will return to the ice for training camps in September. “Please check our MMJHL web page for updates in the upcoming weeks for league and team updates.”

For Jets’ general manager Dale McCintock, it was very tough for him to see the season end. Stonewall was loaded with talented players in their final season of junior hockey.

“It’s difficult and, at the end of the

day, it’s two years of no playoff hockey for these graduating players,” said McClintock Sunday afternoon. “We had nine on our roster and we were ready to make a go out of it but we were out voted. It is what it is.”

The Jets are going to have a lot of new faces on their roster next season.

“We’re trying to sign as many 20 year old guys coming out of junior (A) because they’re in the same boat, they’ve lost a season and a half of hockey,” McClintock said, adding he wanted to thank the team’s sponsors, fans, and graduating players. “We’ll still be in good shape. Stonewall Jets hockey, we don’t rebuild; we reload for the future. We’ll be just fine.”

Einarson's MJHL career comes to an end

By Brian Bowman

When the Manitoba Junior Hockey League announced the cancellation of the remainder of the 2020-21 season earlier this month, a lot of players were obviously disappointed.

But the 20 year old players in their final year of Junior "A" hockey were the most disappointed.

Gimli's Jack Einarson falls into that category.

"It was tough news for everyone, especially the 20-year-olds in their last year," said Einarson last Sunday afternoon. "But, in the bigger picture, it was the right thing to do for the safety of everyone."

Einarson was off to a terrific start with four goals and 11 points in nine games.

"I was feeling good about my game," he said.

Team-wise, Virden burst out of the gate with an impressive 8-0-1-0 record. The Oil Capitals' lone loss was a 2-1 overtime decision to the Portage Terriers

"We were rolling from the start," Einarson said. "We were looking good. It's just unfortunate for it to end like that. We had a lot of vets, our top six, we had five 20-year-olds so we had a lot of scoring from there and we had good defencemen and one of the best goalies in the league (Kyle Kozma).

"We had a pretty deep team, overall."

Last season was a breakout year for Einarson as he sniped 20 goals and had 52 points.

"I got some confidence over the last year," said the former Interlake Lightning.

Einarson really enjoyed his time in the two-plus years he spent in Virden.

"It was awesome, they have one of the best fan bases in the league," he said. "My billets were awesome to me and when you see people in the community, they are always nice to you."

Einarson plans to go to school at the University of Manitoba in the fall and try out for the Bisons. If he doesn't make the Bisons, he has the option of playing for the Manitoba Major Junior Hockey League's Stonewall Jets or senior hockey.

Wherever he ends up next year, that team will be getting a great hockey player.

Oil Capitals' head coach Tyson Ramsey had high praise for Einarson, who was one of Virden's two co-captains this season.

"Over the last couple of years, Jack has developed into one of the best players in the league," Ramsey said. "Over the last two years, he really gained some confidence and matured, both off the ice and in his game."

Einarson was an easy choice to wear



TRIBUNE PHOTO SUBMITTED

Virden Oil Capitals' forward Jack Einarson had four goals and 11 points in nine games this season.

the "C" on his sweater this season.

"I can't say enough good things about Jack as a player and a person," Ramsey said. "Jack's a quiet guy, he's

pretty reserved, but his leadership was what he did on the ice. We're certainly going to miss him."

MJHL announces changes to annual draft

From the MJHL website

The Manitoba Junior Hockey League announced last week that the annual MJHL Draft will move from a U16 Draft (formerly Bantam Draft) to a U17 Draft highlighting players who are going into their 16-year-old season.

As a result, there will be no 2021 MJHL Draft with the current 2006-born draft eligible age-group carrying forward into the inaugural U17 MJHL Draft to be held in the spring of 2022.

Players who will be eligible for the MJHL Draft are Manitoba players who are registered to play hockey in Manitoba according to Hockey Manitoba regulations and are in their 16th year.

"Moving the draft eligible age group to a year older will give MJHL organizations the ability to watch players develop for an additional season to allow for a better understanding of that players continued

development and potential to play elite junior hockey," said MJHL commissioner, Kevin Saurette.

The MJHL has conducted virtual MJHL Prospect Presentations over the past several months with the 2006 age-group. These presentations have provided players and families with important information on what it takes to get to junior hockey and the significance of the MJHL being a strong pathway to the WHL, NCAA, U Sports and eventually professional hockey at the highest levels.

The MJHL is also currently in the planning process of including additional development and exposure events for the draft eligible age-group each season. These events will complement local league play in showcasing and educating players prior to each annual MJHL Draft.

Please stay tuned for further announcements in the coming weeks.

Worm farm signs Cockerill

Staff

Worm farm announced Monday that Aaron Cockerill, PGA Professional - European Tour, University of Idaho alumnus has signed with the worm farm for the 2021 season.

Cockerill, who is ranked 374th on OWGR, had six top-20 finishes, with his highest finish being a tie for fourth at the Joburg Open last November during the abbreviated 2020 European tour season.

"We feel that Aaron is on the verge of breaking through and felt it was imperative that we support him on his journey," said a statement on the worm farm website. "We are excited and very proud to support Aaron as the first player in the worm farm." "His wherewithal to battle and grind is a true testament for all other worms as we continue to expand the farm. We look forward to Aaron wearing the worm for the upcoming season and wish him the best of luck."

Cockerill is looking forward to being a member of worm farm.

"To be a part of the worm farm as a pro is very exciting," he said. "It's fun to feel part of a team in such an individual sport. I look forward to representing the worm logo this season on the European Tour."

Worm farm is an all-inclusive group focused on raising capital and supporting Canadian golfers attain their full potential. For more information, visit www.wormtracker.com.



Aaron Cockerill

Classifieds

Stonewall Teulon Tribune

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 live message or cell at 204-861-2031.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

APARTMENT FOR RENT

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

PROPERTY FOR SALE

Property for sale - Gimli, RM (near Silver Harbour, dry dock, Snowman trails) - 2 bdms. 1 bath home on 1/3 acre, septic, well, det. garage. Sold as is. \$105,000 obo. Thompson - double-wide lot for sale on town sewer and water, \$30,000 obo. Phone or text 204-307-7625.

HELP WANTED

The Window Factory located in Selkirk requires a full-time labourer for production/manufacturing position. Please bring resume into the office located at 605 Mercy St, Selkirk.

SHOP LOCAL and help your local economy



TOWN OF STONEWALL NOTICE OF PUBLIC HEARING REGARDING SPECIAL SERVICE PROPOSAL - BY-LAW NO. 03-21

FOR THE WASTE AND RECYCLABLE CURBSIDE COLLECTION, REMOVAL AND DISPOSAL SERVICE WITHIN THE TOWN OF STONEWALL

The council of the Town of Stonewall has scheduled a public hearing in the Sunova Room at the Quarry Park Heritage Arts Centre in Stonewall on the 17th day of March, 2021 at 6:35 PM to present the **special service proposal** which can be viewed on the Town of Stonewall website at www.stonewall.ca

A written objection may be filed with the Chief Administrative Officer, at the Town Office via email to info@stonewall.ca prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions or register an objection to the special service proposal.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address and property description of the person filing the objection and the grounds of their objection.

The special service proposal is available to view on the Town municipal website at: www.stonewall.ca.

Dated at the Town of Stonewall this 17th day of February A.D. 2021, and issued pursuant to Section 318 of The Municipal Act.

Wally R. Melnyk
Chief Administrative Officer
Town of Stonewall
204-467-7979 | wmelnyk@stonewall.ca

LABORER

Summary of the Role

Austin Powder Company is seeking a Laborer for our Stonewall, MB location. Austin Powder Company is a world leader in explosives manufacturing and in the commercial explosives blasting industry servicing the; quarry, coal mine, construction and seismic exploration industries.

Duties/Responsibilities

- Responsible for loading/unloading product for delivery, which results in frequent lifting of 40-50 pound product bags or boxes.
- Assist with site preparation and equipment set up.
- Operate company vehicles to transport products to and from specified job sites.
- Assist the Blaster in charge with safety preparation.
- Performs labor support at job sites and locations (e.g., inspect product bins, inventory or product, completion of required paperwork) under the direction of the Blaster in charge or Location Manager.
- Maintains safe working conditions.

Qualifications/Requirements

- Class 5 licence
- Requires a fit person who can handle lifting as necessary
- Involves daily physical labor as well as periodic shop days and duties that are expected from all employees.
- Must provide clean driver abstract
- Able to pass security screening (Criminal record check)
- Able to pass post offer pre-employment functional abilities evaluation
- Able to pass post offer pre-employment and random drug screenings

Benefits

- Extended Health
- RPP
- Weekly Income (STD)
- Group Life Insurance
- Dental
- Accidental Death & Dismemberment
- Long Term Disability
- Dependent Life Insurance

Email Resumes to: stonewallmb@austinpowder.com
Contact Terry @ 204-791-2885 for more information

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FARMERS & RANCHERS

Plan to attend the Complete Herd Dispersal for T.S. Johnson & Sons LTD.

Wednesday, March 10, 2021 Following the Feeder sale

Sale consists of
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50% Black, 40% Red & 10% Mixed (Approximate age of cows - 5 to 10 yrs)
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Full herd health program

For more info contact:

Halmar Johnson - (204) 642-2572

Buddy Bergner - (204) 768-0018

Kirk Kiesman - (204) 768-0019

Ashern Auction Mart - (204) 768-2360 (License #1128)

take a break > GAMES

SUDOKU

1	3	8				9		
4								
6			9		3	7	4	
			8					
5	2			6	3			
				8		3	4	
3	1			2			6	
8		5						9

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	7	1	4	5	9	8	2	
9	5	8	2	6	7	4	3	
4	2	3	1	9	7	7	1	6
1	8	3	9	7	4	2	6	5
2	9	5	6	8	3	1	4	7
7	6	4	1	5	2	3	9	8
8	4	7	3	1	6	5	2	9
3	1	6	5	2	8	6	7	4
5	2	9	6	4	7	9	8	3

Sudoku Answer

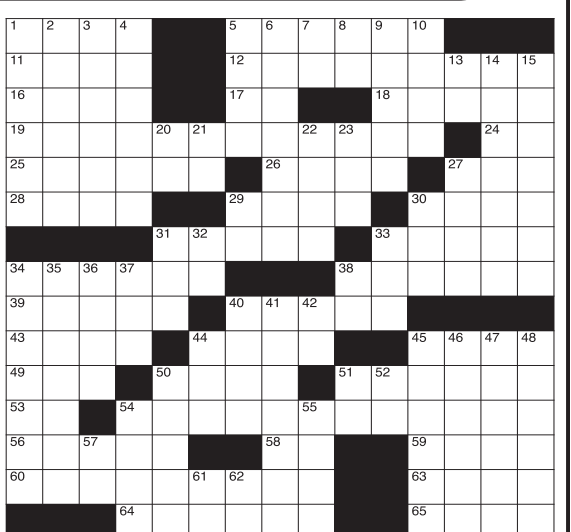
E	T	V	S	D	E	H	O	T	E
M	V	E	R	E	G	R	B	E	X
N	N	N	N	N	N	S	O	B	B
N	O	I	C	E	B	H	N	S	E
E	J	L	V	S	E	B	V	E	I
N	O	V	I	A	E	D	N	E	W
C	E	S	H	V	C	E	V	O	N
T	I	V	O	C	O	V	O	H	F
V	E	F	E	O	E	S	S	E	T
R	S	A	H	F	N	T	E	I	N
R	E	I	R	O	D	V	R	E	N
E	L	V	O	C	O	E	E	L	N
S	B	O	B	B	V	V	S	N	S

Crossword Answer

X CROSSWORD

- CLUES ACROSS
- Ancient Persian city
 - Spindles
 - Stake
 - Retrain
 - Close by
 - Commercial
 - One who publicly announces
 - American ballplayer
 - Junior's father
 - Go up or climb
 - Concern
 - When you hope to get there
 - Iacocca and Oswald are two
 - Plant of the lily family
 - Male college organization
 - National capital
 - Raccoonlike animal
 - Symbols of fertility
 - Astronomy unit
 - Series of ridges in anatomy
 - Hebrew leader
 - A portent of good or evil
 - Supreme goddess
 - Gelatinous substance
 - Engage in a contest
 - Famed ballplayer Ruth
 - Pledge
 - ___, denotes past
 - Revival
 - Spanish surname
 - Gold
 - Elsa's sister
 - Workplace
 - Large quantity of something
 - Engraved
 - Discount

- CLUES DOWN
- Shoe
 - Disquiet
 - Posture
 - Large nests
 - Soviet "Second Symphony" composer
 - Joins two pipes of different diameter
 - Exist
 - Overdose
 - Pleat of fabric
 - Predict the future
 - Burgeoning technology
 - Having made a valid will
 - Having no fixed course
 - ___ route
 - Lethal dose
 - Indian musical pattern of notes
 - Athlete
 - Geological times
 - Atomic #21
 - In support of
 - Brew
 - Certificate of insurance
 - Taxi
 - Type of saying



- For cigars
- Phil ___, former CIA
- Local area network
- Gym class
- Philippine Island
- Not great or bad
- Eastern part of NY state
- Gov't lawyers
- Constructions
- Former British gold coin
- Unkeyed
- Rechristen
- Threaten persistently
- Southeast
- Cools your home
- Removes the leaves
- Regretted
- Thus
- Relief organization (abbr.)
- Exclamation of surprise

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Estate & Moving
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Spring Gun Auction
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www.mcna.com

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Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

Evening chore help wanted. Duties include milking cows, cleaning barn & feeding calves. Teulon area. Call 204-886-2408 or email kenson@xplornet.com

HAVE AN INTERESTING STORY?? CALL 204-467-5836

NOTICE TO CREDITORS

In the matter of the Estate of **Anne Mankewich**, late of the town of Teulon, Manitoba, Deceased.

All claims against the above estate supported by Statutory Declaration must be sent to the attention of: Barry Mankewich, Box 252, Dominion City, Manitoba, R0A 0H0, on or before the 9th day of April 2021.

Dated at Dominion City, Manitoba this 22nd day of February 2021.

Barry Mankewich
Box 252,
Dominion City, MB
R0A 0H0
Executor

MISCELLANEOUS

Need to make the most of the partial re-opening? Advertise it in the 37 MB weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

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204-573-5396

Catharina Carels
204-720-4779

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NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

FARMLAND WANTED

Young farmer looking for farmland to rent in the RM's of Rosser, Rockwood or Woodlands area. Call or text Nolan at 204-461-1784.

Small farm looking to buy farmland in the RM's of Rosser, Woodlands or Rockwood. Flexible on purchase terms. Ph 204-771-2169.

FARM PRODUCE

Local unpasteurized honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

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Two year old Angus bulls reds and blacks, good heifer bulls as well as some bigger framed bulls. Low maintenance fed for longevity guaranteed breeders, will be semen tested and delivered when you need them. Ph. 204-278-3372 Inwood.

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication. Call 204-467-5836

The Aurora 1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. James Hardie Siding Huron Tripane Windows.

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HELP WANTED

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204 Pallet & Packaging in Stony Mountain is looking for full time production workers.

Please call 204-344-5404 for details.



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF WOODLANDS

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **24th day of March, 2021**, at the hour of **6:00 PM**, at Rural Municipality of Woodlands, 57 Railway Ave, Woodlands, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
84730	LOT 7 BLOCK 1 PLAN 19934 WLTO IN NORTH 1/2 22-14-2 WPM - 304 PARKER STREET	L -\$29,300 B -\$134,700	\$9,149.93
218200	PARCEL 1: THE SE 1/4 OF SECTION 12-14-1 WPM EXC WATER CONTROL WORKS, PLAN 14431 WLTO - 79066 MERIDIAN ROAD	L -\$553,500 B -\$158,100	\$21,281.96
218300	PARCEL 2: THE SW 1/4 OF SECTION 12-14-1 WPM EXC OUT OF PARCEL 2, ALL THAT PORTION CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT A POINT IN THE WESTERN LIMIT OF SW 1/4 DISTANT NLY THEREON 680 FEET FROM THE SOUTHERN LIMIT OF SAID SW 1/4 THENCE ELY, PARALLEL WITH SAID SOUTHERN LIMIT, 335 FEET THENCE NLY, PARALLEL WITH SAID WESTERN LIMIT, 500 FEET THENCE WLY, PARALLEL WITH SAID SOUTHERN LIMIT, TO SAID WESTERN LIMIT THENCE SLY, ALONG SAID WESTERN LIMIT, TO THE POINT OF COMMENCEMENT	L -\$475,700	\$12,205.87
227425	LOT 1 PLAN 28864 WLTO EXC ALL MINES AND MINERALS AND OTHER MATTERS, TOGETHER WITH THE RIGHT TO ENTER AND REMOVE THE SAME AS MORE FULLY SET FORTH IN TRANSFER NO. B8632 WLTO IN SE 1/4 31-14-1 WPM - 83048 ROAD SW	L -\$18,600 B -\$248,500	\$10,602.17
234800	THE SE 1/4 OF SECTION 12-15-1 WPM SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN	L -\$56,100	\$2,892.77
234900	SW 1/4 12-15-1 WPM EXC RAILWAY PLAN 2171 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN	L -\$39,400	\$2,507.09

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Woodlands as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 25th day of February, 2021.

Managed by:

Adam Turner
Chief Administrative Officer
Rural Municipality of Woodlands
Phone: (204) 383-5679
Fax: (204) 383-5169



Rural Municipality of Armstrong

INVITATION TO QUOTE 2021 HOURLY EQUIPMENT RATES

The Rural Municipality of Armstrong is inviting quotes for hourly rental rates of various equipment, for the purpose of establishing pay rates for the 2021 construction and maintenance season.

Quotation packages including submission documents are available at the Municipal Office or the municipal website www.rmofarmstrong.com.

Quotations may be submitted to the Rural Municipality of Armstrong, Box 69, Inwood, Manitoba ROC 1P0.

Deadline for Quotation Packages is 4:00 p.m. Friday, March 5, 2021. Late and incomplete submissions will not be accepted.

Corlie Larsen, CAO
RM of Armstrong
Lot 55 Highway 17
Box 69, Inwood, MB ROC 1P0
Phone: 204-278-3377 Fax: 204-278-3437
Email: cao@rmofarmstrong.com

Announcements



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BIRTHDAY



Champagne Birthday
Paige Procter
- 27 on February 27th

Your family celebrates who you are and the everlasting impact you make by being you!
Happiest of birthday wishes Paiger! We are so very proud!

100th BIRTHDAY



Happy 100th Birthday
Drew Lambert
March 1, 2021

Wishing you the happiest of birthdays to the most amazing Mom, Grandma Drew, Gran Drew, Great Gran Drew, Aunt and friend
May the day be filled with sunshine and smiles.
You are our inspiration.
-Love from your family

OBITUARY



John Wiebe

On February 18th, suddenly, our dad John Wiebe breathed his last breath and went to be with Jesus Christ his Saviour. He was recently diagnosed with ALS and with his passing, he has been relieved of his increasing daily struggles. Dad would have turned 80 on April 14th.

He was predeceased by his loving wife Helena. He is survived by his two children Alex (and Darlene Wiebe) and Wendy (and Mark Green) and six grandchildren, Matthew (Wiebe), Emily (Green), Madelaine (Green), Brianna (Wiebe), Timothy (Green) and Samuel (Green). He is also survived by six younger brothers (Cornie, Peter, Abe, Bernie, Menno, Alvin) their families, numerous in-laws and their families.

Dad was involved in many lives through his passion for helping and fixing. Through volunteering with Crestview Fellowship Church, Teulon New Life Church, Union Gospel Mission, St. John Ambulance, and other local community organizations, his generosity and willing servant heart will be remembered.

The family was humbled and blessed by the support from the ALS Society of Manitoba who rallied to provide him with as much care as possible in his last days.

In lieu of flowers, donations may be made to Union Gospel Mission or the ALS Society of Manitoba.

Funeral arrangements are in care of Friends Funeral Service in Winnipeg, MB.

BIRTHDAY



Aidan Dean Shymko
Happy 17th birthday!

We can remember when you were the little boy who showed us how to get the most fun out of life. May you have a fun-filled birthday. The older you get, the more we see of the man you are becoming, and the world will be better for it. Enjoy your 17th birthday. Keep catching lots of fish!

-Love your family and friends

IN MEMORIAM



Colleen Oughton
June 18, 1953 – February 28, 2019
You will always be close – guiding us
Unseen, unheard - yet always in our hearts and minds
Never to be forgotten
And loved forever.
-Your family and friends

OBITUARY



James (Jim) Richard Gray

Peacefully, on February 11, 2021, Jim passed away at the age of 80 with his family around him. Jim made the decision to have a grueling surgery to try and come out the other side with a refurbished heart that would give him more time with his beloved family. He fought a heroic battle but sadly it was not the outcome we all hoped for.

Jim was born in a two-room log cabin near Camper, MB in 1940 to Lillian and Tom Gray. He was the eldest of six children. He grew up on the farm, no running water or electricity, helping his parents and getting into mischief. As a toddler he played around the farmyard with his pet pig who wore a bell so his mom could locate them both. His first trip to the "big city" of Winnipeg allowed him to see streetlights for the first time to which he excitedly exclaimed "Look at all the moons, Dad! Look at all the moons!" His parents and siblings moved to Winnipeg when he was 12. He later joined the Royal Canadian Navy and set out to see the world. He met the love of his life; Ann Marie in Nova Scotia and they were married in 1960. They celebrated their 60th anniversary last year in March. Jim and Ann adopted their daughter, Wanda, in 1974. She could not have asked for more supportive and loving parents. Jim was always looking to become better and learn new skills. He was amazingly curious about everything from nature to astronomy. He trained to get his fixed-wing plane licence and then his helicopter pilot's licence. He made a far-ranging career including flying in Canada's Arctic tagging polar bears, owning his own helicopter company outside of Calgary and later training a new generation of helicopter students in Manitoba. He was always the most positive and cheerful person in the room. He never missed a chance to support his family and make their day special. Whether that was taking them up for a helicopter ride or cheering at sports game or remembering to send a birthday card. He was always thinking of others. When his grandchildren were born, he took that to a whole new level. There may have never been a prouder Grandfather in the history of Grandfathers! He loved his grandkids more than anything.

Jim was very active with the local Stonewall Royal Canadian Legion Branch #52, serving most recently as the Vice-President and in the Colour Party. He was also a member of the Masons for many years. He had many dear friends in both organizations.

Jim will be sadly missed and lovingly remembered by his wife Ann Marie, daughter Wanda (Chris) and grandchildren Josh and Skylar. He is survived by his sisters Roberta (Dave), Joan (Gerry) and Judi. He is also survived by his brother Glen (Kim) and many nieces and nephews who Uncle Jim was always happy to see with a big smile and a lung-squeezing hug. He was predeceased by his parents Lillian and Tom and his youngest brother Rik.

The family would like to thank all the caring staff at the St. Boniface Hospital Cardiology Unit for their kind and compassionate care of Dad especially during these trying times of COVID-19.

Jim was a kind man with an infectious smile and will be missed by all who knew him. He was easily the cutest little chopper pilot there has ever been.

Dad, there would never have been enough time or enough hugs. We will miss you so much.

In lieu of flowers, a donation may be to the made Heart and Stroke Foundation or to a charity of your choice.

A celebration of his life will be held at a future date due to the current COVID restrictions.

CARD OF THANKS

I would like to thank everyone for your kindness in the loss of McKenna. Your cards, phone calls and flowers have been very much appreciated.

-Donna Riley



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