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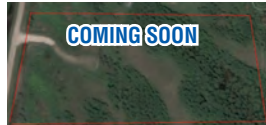
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Weekend of winter fun

TRIBUNE PHOTO BY LANA MEIER

Leah, Ty, Wyatt and Max Mitchell including their dog Sophie enjoyed some outdoor fun at Stonewall's Quarry Park Weekend Winter of fun on Saturday. Families celebrated the Louis Riel long weekend skating, skiing and tobogganing.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Quarry Park provides hours of outdoor fun for all ages



TRIBUNE PHOTOS BY LANA MEIER

Stonewall's Quarry Park provided hours of winter fun for friends and family for the Louis Riel long weekend. Jimm's Hill had perfect sledding conditions while the pond was as smooth as glass for those learning to skate or wanting to take in a late-night scrimmage. Photos from left: the Lockhart family, including Darian, Dylan and Macy, had lots of spills and thrills on the hill; Four-year-old Siena learned to skate over the weekend; and the Meier family had a fun hockey game Saturday night under the lights.

Rockwood council news in brief

By Jennifer McFee

Rockwood council had the chance to learn more about the South Interlake Seniors Resource Council last week.

At the Feb. 13 council meeting, representatives from the organization explained how the organization provides services and resources geared towards helping people to stay independent in their homes and communities as they age.

They need funding to help pay for operational expenses and to cover

costs for program such as the equipment lending service and ERIK kits. SISRC provides these information kits to the public for free — not just for seniors but also for anyone with health concerns or medications — to aid emergency response personnel.

They currently serve 67 seniors in Rockwood. The organization offers a popular transportation program, through which volunteer drivers pick up clients from their homes to take them to appointments both locally



TRIBUNE PHOTO BY JENNIFER MCFEE

Representatives of the South Interlake Resource Council spoke to Rockwood council last week.

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and in the city.

Last year, the RM of Rockwood provided \$2,000 in funding to help with operational costs and program expenses. They are hoping to receive support again this year.

For more information about the South Interlake Seniors Resource and the many services they offer, visit www.sisrc.ca.

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O.T.T. Party in a Box adds ease to special events

By Jennifer McFee

Get ready to celebrate — it's now easier than ever to throw a party, thanks to a new Stony Mountain business.

Since O.T.T. Party in a Box launched in November, owner Shelly Wiebe has been adding flair to festivities.

"Party in a Box is basically just what our name states — we provide a complete party in a box. Each box is uniquely created for the event that you are putting on. Our boxes include the dinner plates, the cake plates, the cutlery, the napkins, the candles, the party favours that you choose and, of course, balloons," said Wiebe, adding that "O.T.T." stands for "over the top."

"Recently, I was certified to become a balloon artist, so I can now do balloon bouquets and arches and all kinds of really neat things. So instead of just throwing the balloons into the boxes, I'm actually going to produce the bouquets for the child. It will be an inspiration from whatever he chooses for his theme."

The boxes start with supplies for eight guests, but no party is too big or too small. The pirate treasure theme and the construction theme are the most popular picks, and there are

many other options including a ballerina box, a Hollywood box, a carousel box and more.

Orders can be made online through the O.T.T. Party in a Box website at www.ottparty.ca. Wiebe also welcomes people to visit her home by appointment to view the party boxes as well as a selection of foil balloons and other fun items.

"Our goal is to eventually open up a storefront in the community because I want to definitely support our community and I would like them to support us. I've been looking very hard for a space but it's been difficult. I want to stay within Stony Mountain but I'm open to come to Stonewall," she said.

"My goal is to have a storefront with all the supplies in the front. Then in the back would be our themed room for the party. If I do get a storefront, I would like the back to be an area where I could set up parties and decorate for the theme.

"Then parents wouldn't even have to worry about having it at their house or finding a location. I would do everything there and deal with Danny's Whole Hog or Pizza Den or whomever you'd like. We could have bouncy



TRIBUNE PHOTO SUBMITTED

The pirate treasure box is one of the most popular picks at O.T.T. Party in a Box, recently launched by Shelly Wiebe in Stony Mountain.

castles or a treasure hunt if you're doing the pirate theme. Then it's a one-stop shop."

In addition to the theme boxes, Wiebe also rents out props, games, table linens, chair covers and other party supplies.

"I'm an accountant by day, but I've

always loved all the planning and details of special events and parties," she said.

"This is my passion."

For more information about O.T.T. Party in a Box, visit www.ottparty.ca or call 204-390-2267.

An advertisement for DrinkSense.ca. On the left, a pregnant woman with dark hair, wearing a green and white striped shirt, stands with her hands on her belly. The background is a blurred indoor setting, possibly a bar or restaurant. To the right of the woman, the text "DrinkSense.ca" is written in a large, stylized font, with "Drink" in purple and "Sense.ca" in dark blue. Below this, the slogan "With Child Without Alcohol" is written in a clean, dark blue font. In the bottom right corner, there is a logo for "MANITOBA LIQUOR & LOTTERIES" featuring a red and yellow circular emblem.

Cannabis store set to open in Stonewall in March

By Ty Dilello

With cannabis becoming legalized in Canada this past October and cannabis retail stores starting to pop up across the province in places like Winnipeg, Brandon and Dauphin, it was only a matter of time before a store would be opening up in Stonewall.

The Ontario-based National Access Cannabis (NAC) operating under the META Cannabis Supply Co. banner was recently approved by Stonewall town council to open up shop. They plan on doing so in late March at 493 4th Street E.

META claims that opening up the first cannabis retail location in Stonewall has significant economic potential in terms of job creation and expanding the scope of service the town can offer the region.

The company says, "At META our philosophy is simple. Creating a customer experience that is unique and tailored to you. We offer customers a safe and responsible journey. We aim to educate and raise awareness about cannabis and the products we stock. Our stores are our homes. We take pride in our appearance and creating a welcoming space for our guests to have access to our knowledge, experience and advice."

The new cannabis store will comply with the Town of Stonewall's zoning bylaw that a cannabis retail store must be a minimum distance of 150 metres from all existing public and private schools and childcare services. The Sterling North Stonewall School, located at 619 4th St. E., is located approximately 419 metres away, while two childcare services, Stone-

wall Children's Centre and Starting Blocks, are both located approximately 518 metres from the new cannabis retail store.

Graham Starmer, president of the Stonewall Chamber of Commerce, says, "The Stonewall Chamber was aware that a legally constituted business selling cannabis would be setting up in Stonewall. Accordingly, it is like any other business in town but with greater restrictions. Not unlike opinion nationally, there have been people for and against the establishment of these types of sales. We, as a chamber, received a letter of concern related to vaping and cannabis from a high school student concerned about access to students. Whether or not it will do anything to the local economy, this is yet to be seen."

The NAC is confident that a store selling cannabis and all of its accessories can be a boost for the local economy since all of their other stores across the province that have opened up over these past few months have all been doing very well.

"We have a strategy to expand our territories and look at communities that fit our target market and are welcoming for recreational cannabis stores," says Matt Ryan, vice-president of marketing for NAC. "We aim to make everyone feel comfortable and uplifted in our stores, which we deliver through our META design, our people and our vibe. NAC is larger by store count than any private or public cannabis retailer in Canada, and with this comes great insight to the market, even in these early stages. We know the market and our customers quite

well in this province already, and we are just getting started."

For interested applicants, Meta Cannabis Supply Co. in Stonewall is holding an Open House Job Fair on Thursday, Feb. 28 and Friday, March 1 from 10 a.m. until 7 p.m. at the Stonewall Quarry Park Heritage Arts Centre.

Facts About Cannabis

Coming in under the META Cannabis heading, the National Access Cannabis (NAC) is coming into Stonewall next month as a unique health-care service provider that specializes in prescribing medical cannabis and provides members with ongoing education and care.

NAC claims, "We work alongside Health Canada and licensed producers to help qualifying patients gain access to their licence, as well as provide resources and support on using medical cannabis in their day-to-day routine. NAC has developed a strong history of effectively delivering secure, safe and responsible access to legal cannabis for thousands of Canadian patients and our business model will be effectively replicated for the recreational cannabis retail space with a new brand, Meta Cannabis Supply Co (META)."

Since the legalization of cannabis has come into effect, Health Canada has announced that they will be spending \$100 million on cannabis education over the next six years to further the public's knowledge of the drug so that they are well-informed before using. Health Canada has also been rolling out a number of various

public education campaigns and they plan on continuing to do so over the next few years.

Here are some basic facts about cannabis that you should know before trying it:

- Cannabis (Marijuana) refers to the dried leaves, stems, flowers and seeds from the hemp plant *Cannabis sativa*.
- Cannabis looks like a shredded, green-brown mix of plant material.
- The most common way to take cannabis is to smoke it. Users will roll it into a cigarette "joint," refill an emptied cigar casing to create a "blunt," or smoke it in a pipe or a water pipe "bong."
- Recreational users typically use the drug because it elevated their mood and relaxes them.
- Users may also experience euphoria, hallucinations and paranoia.
- Some of the common discomforts found when using cannabis include dry mouth, loss of co-ordination, swollen eyelids, bloodshot eyes and an accelerated heart rate.
- Short-term risks of taking the drug include impaired memory, difficulty thinking, poor driving skills, lack of attention and focus, learning difficulties.
- Long-term cannabis smokers may have many of the same respiratory problems that tobacco smokers have, including daily cough and phlegm, symptoms of chronic bronchitis, and more frequent chest colds.



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Rosser council news in brief

By Jennifer McFee

At the Feb. 12 meeting, Rosser council approved a levy of \$16,580 for the Rockwood-Rosser Weed District. The expense will be included in the 2019 financial plan.



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- Big Dollar (Selkirk)
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- Selkirk Record (Selkirk)
- Lockport Grocery
- Wavers (Scantbury)
- Sherwood Groceries (Gull Lake/Steed)

For Info Call: 204-641-6110 or 204-641-2210

Rosser council approved a grant of \$1 per capita for a total of \$1,372 to be allotted to STARS (Shock Trauma Air Rescue Service) Foundation. The expense will be included in the 2019 financial plan.

On behalf of the Southwest Teens at Risk (STAR) program, Danelle Guenther requested continued financial support in 2019.

The RM of Rosser, along with the RMs of Woodlands and St. Francois Xavier, will send a letter to the minister of Manitoba Infrastructure regarding a project to clean out and upgrade Second Creek Drain between Meadows Road and the Assiniboine River. The project is not yet complete, and there is no known completion date. All three municipalities would like Manitoba Infrastructure to complete this project in 2019 since it is needed for water movement during a wet year.

Teulon examines election expenses

By Jennifer McFee

Teulon Mayor Debbie Kozyra has re-submitted her election finance statement at the request of the town's CAO.

CAO Doreen Steg said that Kozyra filed her initial finance statement on Dec. 5, in advance of the May 2019 deadline. On Dec. 18, Steg notified Kozyra that it appeared that the expenses and contributions may be incorrect and that she would need to re-file the document by Jan. 17.

Under the Municipal Act, the re-filing of the document needs to be done within 30 days. Kozyra resubmitted the election finance statement on Feb. 12, and the issue came up for discussion later that evening at the council meeting.

Failure to file on time must be reported to council under the Municipal

Act. According to the town's bylaw, there is a \$1,500 limit to campaign expenses for both mayoral and council candidates. All campaign expenses and contributions must be recorded.

The Municipal Act states that anyone who contravenes or doesn't comply with certain sections of the Act or the municipality's bylaw is guilty of an offence and is liable on summary conviction to a fine of not more than \$5,000.

The information is now with the province for review, Steg said.

For Kozyra, it all comes down to a misinterpretation of the Municipal Act.

"I had my interpretation based on my reading. The CAO has her interpretation. Two different people at Municipal Affairs have got their interpre-

tation. ... Bottom line, there was no intent to deceive in any way, shape or form. It was a mistake, an error made," she said.

"I made an error in reporting and the CAO wanted me to correct it and that's what I did. And I filed my latest return with as much and as accurate information as I could possibly do."

She noted that she was busy with Christmas and then went straight into organizing the Rockwood Festival of the Arts, so she missed the deadline to re-file. She also notes that she is under the \$1,500 expense limit.

"I am human. And if you are human, you make errors. And I admit I made an error. I have no qualms about that. But I will stand by those documents that I have now resubmitted because they are as accurate as possible with



Debbie Kozyra

details that provide backing for all those numbers that are on that document," Kozyra said.

"To the taxpayers of Teulon, I am sorry. It was a mistake. It was an error."

Stonewall council news in brief

By Jennifer McFee

Members of South Interlake 55 Plus spoke to Stonewall council last week about the impact of the organization and requested assistance to continue with their endeavours.

The volunteer-based organization aims to encourage older adults to improve their quality of life by providing educational, recreational, health-related and social opportunities.

Currently, the non-profit charitable organization has 382 paid members, and 70 per cent of them live in Stonewall. In the past year, program participation has increased.

Throughout 2018, 92 volunteers contributed 5,000 volunteer hours, averaging 53.5 hours each.

For the 2019-2020 fiscal year, the group is asking Stonewall council for \$13,000 in funding. They would like the funding for 55 Plus to be established as an ongoing annual support.

They also asked that 55 Plus will continue to be listed in the liability coverage of the municipal group insurance program.

In addition, they are asking to use the Stonewall Curling Club for one

fundraising event each year at no charge.

Council will consider the requests during budget deliberations.

In other council news:

- Council also heard from Age Friendly representatives, who asked Stonewall council to consider providing \$500 in funding from the 2019 budget. Their upcoming plans include an Accessibility Walk-About in the spring, as well as participation in the Research in Aging spring symposium. In addition, they plan to purchase a recycled plastic park bench.

The World Health Organization developed the Age Friendly Cities model, which now includes 541 communities in 37 countries. Stonewall council passed a resolution in 2008 to establish Age Friendly in the local area.

The initiative addresses the needs of a population that is living longer and healthier lives. It encourages all residents to age safely, enjoy good health and to continue actively participating in their community.

- Representatives from Radio Christmas Films Manitoba spoke to council about setting up for one week

in Stonewall. Mayor Clive Hinds said it would involve a street closure near the local banks during the busy tax season.

"At present, we're trying to work it out," he said. "It would be nice to get exposure, but at what cost? Our economic driver is Main Street businesses so I don't want to hurt them in any way. If there was some type of compensation, I would welcome it with open arms."

- Council also discussed their indemnity rates since the CRA recently made changes regarding the indemnity rates of elected officials.

Effective Jan. 1, 2019, council members now need to pay taxes on their entire remuneration. Before that, one-third of their salary was tax exempt.

Hinds said a citizens' group looked at the issue and came up with a suggestion that council get a cost-of-living increase each year.

"Council decided to go along with the request of the group but it needs a little tweaking," he said.

"I would like to go back to the AMM to get some kind of formula going forward. We are losing one-third of where our salary was."

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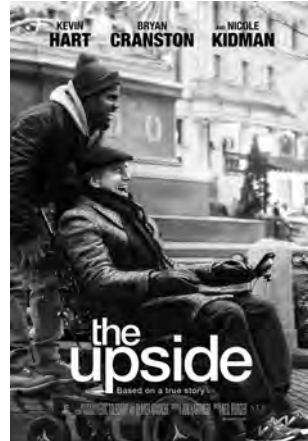
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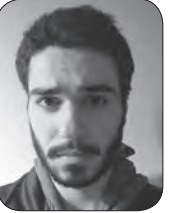
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TRIBUNE PHOTO BY JO-ANNE PROCTER

Red squirrels do not hibernate. They grow a thicker coat of fur and construct well-insulated nests in tree cavities (or in homes or buildings). When a squirrel comes out in winter, it's only to grab a meal from its cache of nuts or seeds, buried close at hand. In nice weather they might come out to bask in the sun a bit and perhaps forage in the tree tops for buds, but they only come out during the warmest part of the day and they keep their activity to a minimum. Through a combination of preparation (food caching, fat storage, and nest construction) and conservation (reducing activity and avoiding bad weather), red squirrels can survive our long, cold winters.

Metis First Time Home Purchase Program announced

Submitted by MMF

The Manitoba Metis Federation (MMF) is pleased to announce the launch of the Metis First Time Home Purchase Program this spring.

This program gives Métis citizens living in Manitoba an opportunity at homeownership. Pride of ownership means that the hardworking Métis citizens who cannot afford to save a down payment can now reclaim their rightful place in this province as land owners.

A head start was included in the Manitoba Act, 1870, which promised

“a portion of such ungranted lands, to the extent of one million four hundred thousand acres.” This promise was broken and left unfulfilled for generations.

“Today many of our hardworking Métis families, who descend from the would-be beneficiaries of the broken promise, can't even afford the down payment on their home,” said MMF president David Chartrand. “Often times they pay more for rent than the cost of a mortgage, but they don't have the ability to save for a down payment. They work hard with little

hope of home ownership.”

The program will officially roll out this spring under the management and administration of the Louis Riel Capital Corporation. The program provides funding for down payments for Métis citizens on their first home purchase to a maximum of or \$15,000 plus closing costs up to \$2,500.

The program will assist approximately 400 Métis families this year.

“This program is only going to grow. This investment represents a small

Continued on page 8

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Stephanie Duncan 204-461-4771
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Letters to the Editor: letters@stonewallteulontribune.ca
Classified: classifieds@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca
Print: igrphic@mymts.net

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

Brian Bowman Sports Reporter
sports@stonewallteulontribune.ca

ADDRESS

74 Patterson Drive,
Stonewall Industrial Park
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Local voices, local choices campaign

It all comes down to what is best for students, families and communities. This is the important focus that mustn't be lost in the coming weeks and months as the recently appointed commissioners prepare to start the long-awaited provincial review on K-12 education in Manitoba. As the only level of government that has been elected with the singular mandate of ensuring that community perspective and the voices of individual Manitobans are reflected in the delivery of public education in our province, locally elected school boards stand ready to work with the government to ensure that this review maintains that focus.

Whether you look at the public schools located in the core of our most densely populated urban centres or those found in our smallest rural and remote communities, there is one constant: schools are at the heart of communities, and are direct reflections of the people they serve. Schools meet community needs not because of centralized decision-making that paints entire populations or regions with the same brush, but because of programs that are tailored to respond to those specific

needs. And school boards are the vehicle that allows this to happen.

Manitoba's public school boards are confident that the provincial review on K-12 education will be successful as long as these important facts are respected.

However, the success of the review on K-12 education depends entirely on the extent to which Manitobans engage in the process and understand the potential impacts of the "everything is on the table" approach endorsed by Minister Goertzen. It is difficult to understand why school board amalgamation is being considered in this environment of fiscal austerity. The Frontier Centre for Public Policy, a conservative think tank based in Western Canada, reported that the last round of forced school board amalgamations in the early 2000s not only failed to save money as promised by the government of the day but actually cost taxpayers money, while at the same time eroding community voice.

Manitoba's school boards are integral to the grassroots, day-to-day delivery of public education in this province. They are advocates working on Manitobans' behalf to re-

spond to the extraordinary challenges faced by students and staff in their own communities. Mental health supports, resources to combat substance abuse, and breakfast programs to ensure children can start their school day ready to learn may not be traditional school responsibilities, but they are critical to student success and well-being. Alternative language studies preserve the culture and traditions of local school communities. Community partnerships in fine arts enrich students' educational experiences, while athletic programs thrive as a result of partnerships between school boards and municipalities in the form of Joint Use and Community Use of Schools agreements. These are just some of the ways school boards work to serve their communities, and they do it all for about a half-cent of every dollar spent on public education in Manitoba.

By building on existing solid relationships with our provincial government, municipal and education partners, the Manitoba School Boards Association looks forward to the dialogue that will undoubtedly take place both at the provincial and local levels throughout the review, about how important the voices of individual Manitobans are in the

delivery of public education in our province.

We have seen countless examples of Manitobans engaging with their local school boards in the context of our Local Voices, Local Choices campaign. The response has been very encouraging as we continue to push forward with our message on protecting the foundations of our democracy, providing fiscally responsible leadership of our \$2.5 billion education system, and ensuring that we as Manitobans never lose sight of the fact that schools belong to communities.

As we approach the school division budget development period in February, many Manitobans will have already received or can expect an invitation from their local school board to engage with them in the annual process of in-depth budget consultation. It is imperative that Manitobans talk to their local school boards on the future of public education in their communities.

Visit www.mbschoolboards.ca to learn more.

Alan M. Campbell, President
Manitoba School Boards
Association

Residents confront Woodlands council, Ombudsman asked to investigate

Members of the Concerned Citizens of Grosse Isle (CCGI) were left feeling frustrated and disappointed after Woodlands council refused to address their concerns about a hog operation at Rock Lake Colony and properly enforce the Planning Act on Feb. 12.

"We are concerned about our drinking water and our air quality, as well as the health of Lake Winnipeg and the nearby Grants Lake Wildlife Management Area," explained CCGI committee chair and local resident Bill Massey.

"With Woodlands council again failing to take action, we have no choice but to ask the provincial ombudsman to open a formal investigation."

The CCGI have been dealing with the number of hogs at Rock Lake for

more than 12 years.

"During this period of time, the Colony has exceeded their limit of 658 animal units (AUs) on at least three occasions with as many 1,437 AUs in the barn," stated Massey.

"And for the past five years, the municipality has refused to do a count of the animal units in that barn, despite a Farm Industry Board report in the fall of 2014 that indicated the Colony operation had 1125 AUs in it," he added.

The nearby RMs of Rosser and Rockwood have made multiple requests for a count of the number of animals in the Colony's barn, but those requests have also been denied by the RM of Woodlands.

The majority of the people affected by this operation live in Rosser and

Rockwood. In addition to the smell, people are concerned about the pollution of the aquifer and surface water. The historic Grant's Lake Wildlife Management Area is located within a mile of the manure storage facility, and the spreading fields drain into the Sturgeon Creek watershed.

"In spite of knowing this meeting was going to happen for more than a month, the reeve and councilors were unable or unwilling to answer the sincere questions and comments that were asked by many of the passionate and upset people who were in attendance," observed CCGI council member Maureen Mitchells, who is a resident of Grosse Isle.

She noted, "Neither the reeve or members of the council could even offer a way forward when asked to do so, even when they were offered several ideas by the citizens who were present."

The citizens at the meeting demanded that the council be more transpar-

ent and include them in plans to resolve this problem.

The CCGI committee believes the municipality did not exercise due diligence before issuing an expanded building permit. According to a submission from Rock Lake Colony to the provincial government, the Manure Management Plan for the operation should not exceed 658 AU. CCGI is concerned Woodlands council is showing a bias in favour of the Colony by failing to enforce this limit, against other members of the municipality and the residents of Rockwood and Rosser.

The CCGI committee indicated they would be back before the council and expect some action to have been taken by that time. A follow-up meeting has been requested for March 19 or 26. The citizens will be inviting the media to attend.

- Bill Massey
Concerned Citizens of Grosse Isle

Woodlands CDC disaster continues

The Woodlands CDC article published in Feb. 7, 2019, stated council of the RM of Woodlands was going to fix whatever is wrong with their bylaws. The bylaws of the CDC were re-done by a committee of the CDC and councillors last winter.

The amended bylaw never made it onto the agenda of the main board to be ratified. Certain members did not want the improvements.

The setback distance from tanks to development was addressed in our development plan 2.3.4 page 10, "The RM must consider the compatibility of surrounding land uses."

The RM council in 2014, Oct. 28, amended the zoning bylaw to remove "Separation distance requirements for establishment of bulk storage facilities." This was done to protect chosen developers and their lots. Objections for the removal were addressed at a public hearing of the municipal board May 26, 2015, the outcome being the RM was to provide setback distances by setting a set number or controlling distance through the conditional use process. This has not properly been done to this day. No one is going around say-

ing the tanks are going to explode, but the possibility exists.

Our bylaws state we must look out for the health, safety and welfare of our residents.

The municipal board order #B15-011 stated "in consideration of the inherent risk to public health and safety associated with the storage of bulk fuel, the board agrees the proposed bylaw would benefit from inclusion of some direction respecting the siting of development in proximity to the established bulk fuel storage facility."

A selected developer was given property for \$10,000 per acre; all other lots in the park are valued at \$30,000 per acre. This information is public record.

The purchase was to be paid over a three-year period interest-free. In the spring of 2017, our audited financial statement showed \$20,000 still owed several years past the three-year period, still interest-free. I, as a board member, asked if there was a resolution covering the interest-free extension and was told yes. I then asked for a copy of the minutes for that meeting. I made the request

February 2018. The treasurer and the vice-chair in two separate meetings refused to produce the old minutes. The third time I asked in writing April 18, 2018. I was told I would not need them because the developer came in and paid the \$20,000. I still wanted the minutes. My instincts said they were lying. The minutes for that entire meeting were accidentally lost. After 10 months of me asking for the minutes, my requests were never recorded in the monthly meetings by the secretary.

I challenged the September minutes to include my request for the old minutes and it still was not recorded. After the election when the secretary position changed, my request was noted as an omission by the new secretary. There never was a resolution covering off the interest-free extension.

Suspicious conduct regarding financial matters and resistance in following the RMs development plan, zoning bylaw and municipal board order were a deliberate attempt to protect selected individuals. These are the primary reasons for the need to restructure. Several people can take credit for what has happened, including former councillors. Blaming myself and another individual

for the problems of the CDC is ridiculous. I went on that board to try and help them through their difficulties but there was no desire by them to change.

Restarting the CDC and giving it back to the same people will end in the same result.

A thorough forensic audit going all the way back to the community works loads program must be done and deal with the consequences.

An engineered study must be done now that council has approved close proximity development. Councillors don't have the qualifications to back up the distance in a court of law.

A lot of what has been done doesn't pass the smell test. The corruption must stop. Decisions must be made to reduce liability and do what is best for everyone not a select few. You have investors spending over \$2 million and council won't spend less than one per cent of that to ensure their investments are protected. My guess is they are afraid they can't live with the answers. Throwing the rulebook out to get what you want is DEAD WRONG.

- Bill Fleury, Marquette

Shout out to Marquette Curling Club

I, as a representative of the board of the Manitoba Stick Curling Association (MSCA), must at this time express my enjoyment and appreciation of the bonspiel this past weekend (Feb. 14-17).

We talk about the growth of two-person stick curling in Manitoba. This is a club that has probably done more for the growth than an other single club. This bonspiel, they had 56 teams participating in a four-day event starting last Thursday (Feb. 14) ending yesterday (Feb. 17). They arranged all draws in such away that the older people and those that had to travel a distance to

play during daylight hours. As an example I, Faye and Bev were involved in our first-ever ladies championship two-person stick curling on Thursday, so Calvin booked our first two games for Friday. Then because of our won lost record, we didn't play again until Sunday, this created a great deal of extra work for the Marquette committee. Just imagine the phone calls that were necessary to organize and guide the teams on times, etc.

I must also comment at this time on the ice prep which was done by basically four people: Ross, Darren, Ray and Calvin. They even came during

the night, after every second draw to ensure that everyone had good ice to play on, what a community effort. Ray organized fundraising with draw to the button, it appeared as if everyone participated.

All our curling clubs in Manitoba would benefit from the example put forth by Marquette. It takes effort and commitment and that is just what this community has to offer.

Participants were for the most part from Petersfield, Stonewall, Warren and Eriksdale. Their goal was to entertain 64 teams participating, I truly believe that they could pull that off.

Thank you, Marquette. We are proud of you all.

- Harold Cook

> METIS FIRST TIME HOME, FROM PG. 6

percentage of the Manitoba Métis community's total contribution to the provincial economy," said Chartrand.

This program means an estimated \$80 million in mortgages and an additional \$9 million added to the local economy through closing costs and maintenance: \$7 million comes from the one-time costs of CMHC insurance, home inspections, land transfer taxes and realtor commissions. An additional \$2 million includes ongoing annual costs such as insurance premiums, annual property taxes and maintenance of the home.

"The Métis were promised land. Instead, our ancestors were dispossessed of their land. We are righting that wrong and giving our citizens an opportunity at home ownership in the province that the Manitoba Métis created. Through the Metis First Time Home Purchase Program, the MMF has revived that head start for our citizens. Home ownership is more than a purchase; it is a promise of security for today and for our future."

SOUTH INTERLAKE
GARDEN CLUB
Tuesday, February 26th 7:00 p.m.
at the South Interlake Regional Library (Stonewall branch)
Starting your Annuals from Seed at Home
with Karen Sabado
of Sabados Greenhouse near Lundar
Refreshments
Everyone Welcome For more information contact
Hope to see you there! Tanya Daher 204-467-2235

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Fishing trips lead to all kinds of mishaps

Good day, my friends. I hope all your fishing exploits lately have been enjoyable. For some of our angling brothers who are about to share their fishing stories with us, perhaps “ouch,” “water logged” and “what else can go wrong” begins to describe their experiences.

It was a cold overcast day early last week when I visited Jason Werechuk and his dad Paul from Winnipeg in their portable ice shack on the Red River ice at Breezy Point. Jason, who was of average build with bushy grey hair and a constant well-meaning half-smile, was more talkative. Soon after introductions imparted a shocking incident when they were setting up to fish not long ago.

Jason was anxious to get on with it and had one short rod wedged between his hip and the arm of his chair with its end high by his face. Turning to get bait for his second rod, his first rod was disturbed and its hook flew up through his nostril, piercing down to the inside of his lip. Purely by instinct, Jason grabbed and twisted the barbless hook from his face. Stalwart fisher that he was, he wiped the blood away, got his baited hooks in the water and preceded to fish.

A few days later off Warner Road by Chalet Beach, I met Greg Agnew of Oak Bank, a stocky guy with a white goatee who punctuated every story he

told with raucous laughter. While his partner Stefan Hammerback checked their sleds, Greg told of a time some summers ago when he and a friend went fishing just east of the Manitoba border in Deception Lake. His buddy had a tiny boat spotted at the lake. To get there, however, they had to walk in a couple of kilometres from the road carrying an old small two-horse motor and all their gear.

When they got to the beached boat, they had to whittle a water plug for the boat from a soft green willow branch. With the bright sun high in the sky on a wonderful afternoon, Greg and his friend loaded the little boat and shoved off for some fishing. Almost instantly, Greg felt a hard pull on his line. He tightened his reel to no drag as the fish began to slowly tow the boat from shore.

The guys kind of lost it and put the tiny motor in reverse to beach the dingy. It worked long enough for them to make shallow water. They jumped overboard just as the underside of the boat hit a huge rock, tipping it and popping their makeshift boat water plug out. The fish tore Greg’s rod from his hands. Water bubbled up into the little craft from the boat drain and cascaded over one side into the boat, hung up and listing sideways on the rock.

Meanwhile, the little motor kept on

idling in reverse, kicking up a lovely spray causing the boat to slide off the rock as their fishing gear floated out of the half-submerged dingy. It took the rest of the day to beach and drain the boat, wade about collecting their gear, dry themselves and make camp for the night. Almost at sunset, they climbed back in the dingy and went searching for Greg’s rod. They found it lodged in a fallen tree in the water with a giant jackfish still hooked on. The guys slipped into the water, getting wet yet again to release it whereupon the fish gave them a good farewell, splashing before it slowly swam away.

Last weekend, I ran into a chap by the name of Warner Dueck from Kleefeld on the ice off Balsam Bay who had an even more trying fishing experience. A few weeks ago Warner and a friend headed out from Balsam Bay to his ice shack a mile or so out. It didn’t take long for the guys to realize the snow was too deep and they were going to get stuck. They turned around and went home for their sleds.

With the sleds loaded, they were about to pull out of Warner’s yard and were upset to see the trailer lights weren’t working. It was mid-morning, so off they went back to Balsam. In Balsam Bay’s ice parking lot, they climbed onto their sleds to unload them only to discover the starter pull



TRIBUNE PHOTO SUBMITTED
Warner Dueck with one of his catches off Balsam Bay.

rope on his friends sled was broken. What to do! They Googled it. Fuelled with new knowledge given, they wrapped a rope around the sleds clutch and started the machine.

They made for Warner’s shack and were dismayed to see three-foot snowdrifts around it when they got there. They pounded for an hour with crowbars to free the shack skids from the ice and another hour to tow it from the snowdrifts. Triumphant, they opened the shack door only to discover that the towing had dislodged the roof from the walls. They spent the rest of the day fixing the shack, never mind getting in any fishing! Oh, the joys of angling!

Till next week. Bye for now.

Plenty of events planned for I Love to Read at Stonewall Library

By Jennifer McFee

At the Stonewall library, there will be plenty of novel activities for I Love to Read month and beyond.

Young readers can look forward to a Harry Potter Trivia Night, which takes place on Thursday, Feb. 21 for students in Grade 5 and 6 followed by another event on Friday, Feb. 22 for students in Grade 7 and up. Both trivia nights run from 6:30 to 8 p.m.

These trivia nights are in keeping with the library’s theme of “Reading is Magical” for I Love to Read month. The library is decorated in Hogwarts fashion, complete with owls and much more. Participants are encouraged to wear costumes.

“We have 50 golden snitches hidden in the books. If someone finds a snitch in their book and they come to the

counter, Beyond Bread has graciously given us 50 cookie coupons so they win a cookie,” said branch librarian Joan Ransom.

“Then we have a scavenger hunt around the library. There are 12 Harry Potter characters hidden. People come in, they find the characters and then they get a ballot to win the Bertie Bott’s beans. We have a container of jellybeans that someone will win at the end of the month.”

For more information or to register for the Harry Potter Trivia Nights, email stonewall@sirlibrary.com.

In addition, the local librarians are visiting 10 different schools and daycares to read as special guests during I Love to Read month.

The Stonewall branch of the South Interlake Regional Library has also

launched a The Perfect Fit puzzle club for Grade 5 and 6 students, which started on Feb. 19 and will run on Tuesday evenings for 10 weeks.

“We’ll make puzzles and they’ll get an opportunity to sign books out,” Ransom said.

“We don’t really have any programs that are just for Grade 5 and 6, so we’re trying to target them a little bit and start something at the library.”

For the adults, the library is pairing up with the South Interlake Garden Club to present a session that focuses on starting your own annuals from seed at home. The seed session takes place on Feb. 26 from 7 to 8 p.m.

The next day, the library is hosting a wellness session focusing on stress management on Wednesday, Feb. 27 from 1:30 to 3 p.m.

Coming up, March is quilt month, so quilts will be on display at the library including the works of local quilter Tara Evans, who will also teach a free two-night quilting class.

On March 14, there will be a free session on maple syrup and growing mushrooms.

Also in March, the youth book club will do a program called Sugar Shock for nutrition month. They will have the chance to learn how much sugar is in certain products.

For more information about events at the Stonewall branch of the South Interlake Regional Library, call 204-487-8415, visit <https://sirlibrary.com> or check out the Facebook page entitled “South Interlake Regional Library – Stonewall Branch.”

Local hockey player gets big league call-up

By Ty Dilello

Seven-year-old Jaxson Keeley received the biggest thrill of his hockey season this past Tuesday when he was randomly selected to serve as the Winnipeg Jets trainer for the home game against the New York Rangers.

Jaxson is a young player himself who plays hockey all winter as a forward for the Stony Mountain Flames Novice Red team. It's his fourth year playing the game and he has a deep passion for the sport, practising twice with his team during the week and then games on the weekend.

Jaxson's dad entered his name in for the "Trainer for a Game" promotion the Winnipeg Jets were putting on at the start of the season. There is one lucky player per home game and Jaxson's name was drawn out of the thousands of entrants. He is the first Interlake player to get the call this season.

Jaxson is a very big Jets fan for his age. He watches every game but just the first period usually as that's when it's bedtime. When he wakes up, the first thing he'll do is ask his dad for the final score from the night before.

Before the game, Jaxson watched the Jets as they

went through their pre-game soccer game in the tunnel. He likes Dustin Byfuglien and Brandon Tanev for the most part, but when Jaxson was on the bench, Tanev sprayed him with some snow so every time Tanev touched the puck during the game, Jaxson would yell, "Oh that Tanev!"

The best part of Jaxson's night he says was, "Getting to sit on the bench and meeting all the players!" The next day, he brought a puck the team gave him to Show and Tell at school and then later showed off his new Jets jersey to his teammates at hockey practice. Jaxson was the talk of the practice.

"They were all really big," Jaxson recalls, "and very nice."

Saying hello to Byfuglien was another big highlight that Jaxson was very happy about in addition to getting a fist-bump from Jets captain Blake Wheeler.

On top of everything else, it was an added bonus when the Jets rallied in the third period, thanks to a pair of goals from star centreman Mark Scheifele to defeat the New York Rangers 4-3. All in all, it was a very special night in young Jaxson Keeley's life and one that he will remember for a very long time.



TRIBUNE PHOTO BY COLLIN FARRELL
Stony Mountain Flames' player Jaxson Keeley won the opportunity to be the Winnipeg Jets trainer for the game on Feb. 12.

Woodlands council news in brief

By Jennifer McFee

- At the Jan. 22 council meeting, Woodlands council hosted a public hearing regarding a conditional use for aggregate quarry development.

- Woodlands council also hosted a public hearing regarding the development of retail sales on the property of 1 Progress Way in Warren. Dongii Lee applied for conditional use to develop retail sales through a grocery store on the property, which would be an accessory to the proposed permitted use of an automobile service station.

Council approved the request with conditions. Coun. Don Walsh voted against the resolution, and Coun. Carl Fleury was absent.

- Council authorized Reeve Lori Schellekens to be a representative for the West Interlake Regional Strategy – House Development Working Group.

- Council accepted a quote from Randall Plumbing and Heating to replace the electric boilers with gas boilers at the firehall/multi-purpose building at a cost of \$15,272.94 plus tax.

- Council authorized a \$146.40 grant to Raeburn Heights Community Centre.

- Council agreed to hire Jarrod Northage as the RM's building inspector, effective Jan. 23.

- The RM of Woodlands steamer was stolen in December, and the municipality would like to upgrade it. Council authorized the RM to buy a Hotsy high-pressure hot water washer for \$10,901.50. The insurance claim of \$5,387.80 will be deducted from the amount, for a total net purchase of \$5,513.70 plus tax.

- The RM of Woodlands, along with the RMs of Rosser and St. Francois Xavier, will send a letter to the minister of Manitoba Infrastructure regarding a project to clean out and upgrade Second Creek Drain between Meadows Road and the Assiniboine River. The project is not yet complete, and there is no known completion date. All three municipalities would like Manitoba Infrastructure to complete this project in 2019 since it is needed for water movement during a wet year.

If Manitoba Infrastructure secures the culverts this spring, the RM of Woodlands will commit to working with the RMs of Rosser and Woodlands to install culverts with labour and materials. The RM of Rosser would pay 46 per cent, while the RMs of Woodlands and St. Francois Xavier would each pay 27 per cent. The current budget for equipment and aggregate is \$31,000, plus the cost of labour.

Teulon council news in brief

By Jennifer McFee

- At the Feb. 12 council meeting, the Town of Teulon signed an equipment rental agreement with the highways department. The town will be responsible for snow clearing on one portion of Main Street, and the highways department will haul the snow away. In addition, council resolved to send a letter to the Department of Highways to thank them for the work they do.

- Council defeated a resolution that stated that the process to reopen the portion of Main Street between PR 415 and the entrance to Crescent Creek Road commence as soon as possible after the completion of the road closing. Mayor Debbie Kozyra and Coun. Barb Mankewich voted in favour of the resolution while the other councillors voted against it.

- At the Jan. 8 council meeting, representatives from Pumpkinfest requested a \$1,000 grant to support the event. Over the years, the budget for Pumpkinfest has increased to \$14,000. Council will also consider promoting Teulon at the annual event.

- R. Krochenski spoke to council on behalf of the Crescent Creek residents and association. He said they feel like they lack

services that other residents receive and he requested that the town consider doing snow removal and sanding for the road that runs through Crescent Creek Park. The request will be forwarded to the public works committee.

- On behalf of the STAR program, Danelle Guenther requested a \$2,500 grant to support the initiative. STAR is a multi-agency collaboration that works with youth aged 11 to 21 in collaboration within the catchment area of the Interlake School Division. Most years, they help between 25 and 32 clients, but this past year they helped 37 clients, including more medium-high to high-risk clients.

- On behalf of the Green Acres Art Centre, Lana Knor requested a \$15,000 grant, which is about one-third of the projected administration payroll. The GAAC board believes that if more support were available for wages, then they could create more affordable programs that promote inclusion and access for all.

- The centennial committee's kick-off event was a success, with attendance by 210 people. The Chamber of Commerce announced that the Doc Walker concert will be held during the centennial weekend.

Stonewall ponders GHG emissions report

By Jennifer McFee

Eco-West provided Stonewall council with a report that focuses on GHG emissions generated within the town at both the corporate and community levels.

At the Feb. 7 council meeting, representatives from Eco-West presented the report, which provides an inventory of GHG emissions in 2011 and 2015.

At the corporate level, the inventory includes all consumption and emissions generated by the municipality, including buildings, streetlights, water and sewage infrastructure and the vehicle fleet.

At the community level, the inventory looks at all consumption and emissions brought about by Stonewall residents. It zeroes in on areas such as heating and powering residential, commercial and industrial sectors, with a further focus on waste and transportation.

"Energy consumption is an important management factor for municipalities. Each unit of energy, whether litres of fuel, kilowatts of electricity or the more abstract gigajoule (GJ) costs something to purchase and use. Knowing how much is being used, and where, gives municipalities a chance to manage energy consumption costs and to look for efficiencies," the report states.

"Energy consumption has side ef-

fects, and one important side effect is greenhouse gas emissions (GHGs). Measuring and reducing GHGs allow municipalities potential access to carbon credits and funding opportunities, as well as the altruistic goal of impacting climate change."

Between 2011 and 2015, Stonewall's population grew by 4.8%, yet energy consumption decreased by 1.4%.

In 2015, the Town of Stonewall emitted 415 tonnes of carbon dioxide equivalent from the consumption of 17,383 GJ of energy. The cost of these energy purchases was \$317,000.

Most of the energy was consumed by the town's buildings (81.2%), followed by water and sewage (9%), the vehicle fleet (7.2%) and streetlights (2.7%).

For the community, the sector that used the most energy was residential (37.5%). Stonewall consumed 61.6 GJ per capita, which is higher than the urban average of 55.7 GJ per capita. In the community, the second highest energy consumer is transportation (33.5%), followed by commercial (20.4%) and industrial (8.5%).

The report also notes that Stonewall has good recycling rates and lower than average waste production.

"As the community produces less waste per capita than average and recycles more per kilogram of waste, it is very likely that the recycling program is operating quite efficiently," the report notes.



TRIBUNE PHOTO BY JENNIFER MCFEE

Chief analyst Dan Powell, left, and executive director Dany Robidoux.

An organics processing system could further reduce waste while also increasing benefits to the community.

To view the trends in Stonewall, Eco-West compared the 2015 findings to data from 2011. They discovered that Stonewall is emitting 1.6% less GHGs than expected. Looking ahead, if no changes are made and if growth remains constant, emissions will likely increase by 16.9% over the next decade.

If the community commits to re-

ducing emissions by 6% per capita, it would save 2,044.7 tonnes of carbon dioxide each year, or the equivalent of removing 432 cars from the road.

On the corporate side, the municipality is emitting 19.5% less GHGs than expected. A 20% reduction in carbon dioxide emissions from the 2015 levels would save about \$127,800 per year in energy costs as well as 167 tonnes of GHGs (the equivalent of 35 cars per year in 2025).

Stonewall RCMP respond to a break and enter in progress

Submitted

On Feb. 8, at approximately 1:35 p.m., Stonewall RCMP responded to a call of a break and enter in progress at a residence in the RM of Rosser.

Information was received that a black pickup truck was involved and had just fled the area.

Multiple police vehicles from Stonewall detachment, Selkirk traffic services and Headingley traffic services flooded the area. One of the officers spotted a black pickup truck travelling east on Highway 321. As the officer turned around to investigate, the vehicle increased speed and slid off the road at the intersection of Highway 236 and Provincial Road 70 North.

Ditching the truck, the three sus-

pects started running. A female suspect was arrested a short distance from the vehicle, while the two male suspects continued to flee. The officer was able to relay the suspects' location to other officers in the area, as the two men ran across snowy open fields.

A short time later, officers located and arrested both male suspects.

Benjamin Abbott, 29; William Meade, 25; and Melanie Rudolf, 29; all of Winnipeg, were arrested and charged with breaking and entering and possession of property obtained by crime x 3.

A significant amount of stolen property was recovered from the truck, which also turned out to be stolen (with stolen licence plates).

RCMP continue to investigate.

Kinew visits Stony Mountain



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stony Mountain School students welcomed guest reader Wab Kinew to join them for I Love to Read last Friday. Kinew, leader of the Manitoba New Democratic Party and author, read his second published book *Go Show the World* to students and staff.

The book, with illustrations by Joe Morse, celebrates and showcases a diverse group of Indigenous people that all have something in common: a belief in themselves and a tie to the land.

Teachers recognized during Teacher Appreciation Week



Lee Stewart

By Ty Dilello

Teacher Appreciation Week in Manitoba was celebrated Feb. 12-18.

It's a time to highlight and celebrate the wonderful influence that Manitoba teachers have on school children's lives. Everyone remembers those certain teachers that played a vital role in their life, helping them choose a career or discover a passion. Those teachers are still in classrooms

doing the same for your children or grandchildren. And Teacher Appreciation Week is just the kind of thing our province needs to celebrate these awesome teachers and staff.

"Next to parents and guardians, teachers have a tremendous influence on children's lives," says Manitoba Teachers' Society president Norm Gould.

"Think about it: the relationship between parents and teachers is what drives the success of public schools in Manitoba. I'd like to thank the parents of public-school children across the province for trusting us to educate their children. And I'm so very proud of our over 15,000 MTS members who teach, guide and inspire those students every day."

Going across the Interlake, looking for teachers that best exemplify what it means to have a wonderful influence, Laura Perrella, principal of Warren Collegiate, says that, "Honestly, you could walk down the hall and choose any one of our staff members. In a small school, so many people go above and beyond. You have to, to make it work. Lee Stewart is a great choice. She started our bike repair course and coaches track, curling and cross-country. She started the ice fish-

ing trip and is a great role model with all of her personal health choices. My first year here, she volunteered many preps to join a gym class to encourage the females to participate. She has some really great conversations with students about how to be the best person they can be."

Stewart loves teaching in Warren and it's been a lifelong passion for her.

She says, "Teaching in a small rural high school has its challenges. You always worry that students will feel limited with fewer programs and choose to leave. One of the great things about the school I work in is how hard the staff works to make sure our students are successful. We have students who have gone on to accomplish some pretty great things."

Stewart goes on to say, "When you work with young people, it's all about creating productive and healthy relationships. Parents need to know that the job of a teacher does not end at 3:30 p.m. every day. It's hours of preparation and marking. It's time away from our own families to coach, to put on drama productions, and to make possible so many co-curricular activities that enhance the school climate. Good teachers know the benefits of connecting with kids outside the

classroom and they volunteer hours of extra time."

At Arborg Collegiate, Krista Borgfjord teaches math, ELA and is a resource teacher. She coaches the school's curling team and recently co-ordinated the boys curling zones. She's also the assistant principal, heads up the social justice group and is one of the school's grad leaders.

"In a small school, we need staff that wear many hats and are giving of their own time to be able to offer the number and quality of curricular and extra-curricular programs that we do. Krista Borgfjord exemplifies a teacher that goes above and beyond to ensure our students have as many opportunities as possible," says Randy Semenek, principal of Arborg Collegiate.

"To celebrate teacher appreciation week, we will be bringing in some treats to show our staff how much we care about them and how much we appreciate everything they do."

Teacher Appreciation Week may be over now, but it doesn't mean that the appreciation has to stop. The next time you're in contact with a school staffer, thank them for their services. It's a great gesture and one that goes a long way.

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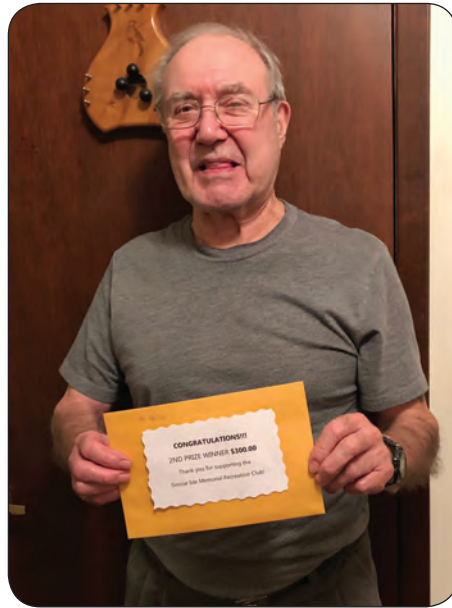
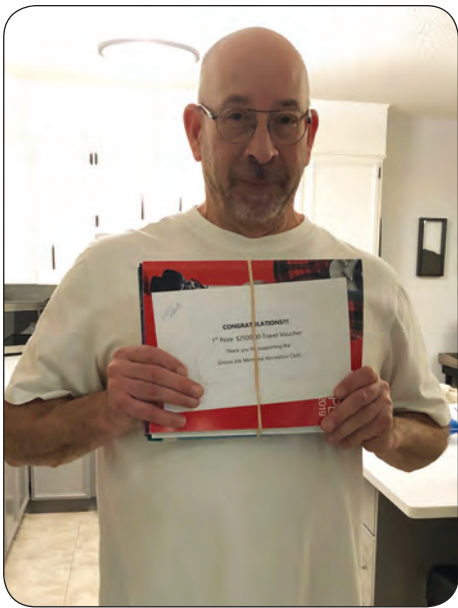
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Fundraiser winners



TRIBUNE PHOTOS BY DIANE LEFLEY

Left photo: Francis McGuirk of Grosse Isle was the lucky winner of the first annual Grosse Isle Memorial Park Recreation Club's \$2,500 travel voucher. Right photo: Al Harris of Grosse Isle took home the second prize of \$300. Proceeds from the fundraiser will be used for ongoing improvements to the facility.

Christmas filming rolling into Stonewall for a second time

Staff

Manitoba film production company Julijette Inc. is excited to be returning to Stonewall to film scenes for *Radio Christmas*, a Lifetime movie of the week to be broadcast during the 2019 holiday season.

Production will take place on several dates between Feb. 27 and March 17. They will be filming south of Main Street and Centre Avenue, inside and outside of the old post office, inside the VMSC as well as on the ice.

There will be several days of vehicular road closures on Main Street south of Centre Avenue, as it is transformed into a Christmas town square, but all businesses will be open as usual during filming, with production crew facilitating access for customers and pedestrians.

The movie is about big-city radio DJ Kara Rodgers, who comes from Philadelphia to small town Pennsylvania to broadcast her show, *Radio Christmas*, for the holiday season. Along the way, she makes new friends, uncovers exciting town secrets, and the entire community comes together in a very special culmination of Christmas magic.

"After our success with last year's *Christmas in Tennessee*, we are so excited to be returning to film in Stonewall," says president of Julijette Inc, producer Juliette Hagopian. "The

residents and businesses in the area have been so welcoming and accommodating. It's a pleasure to be able to support the local economy and to engage members of the community in our filming."

Hagopian said that with the Manitoba Film and Video Production Tax Credit being extended with no sunset clause in sight, filming will only increase in Manitoba, building and developing a strong and sustainable industry.

"The success of the film industry in Manitoba relies heavily upon our relationships with the communities we film in. Stonewall is a beautiful town, with the aspirational quaintness that networks such as Lifetime just love. We are so grateful to have the opportunity to return and to tell another beautiful holiday love story."

The production is looking for paid background performers ages nine years and up to participate the shoot in Stonewall. Shooting will include indoor, outdoor and arena scenes.

If you are interested and available, please email your full name, age, contact number and date(s) of availability to radioxmasbg@gmail.com AND lori@nextcasting.ca. Please attach a current clear photo. If you are submitting a child, please include a parent/guardian name.

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Winter driving overview

Submitted by MPI

Sometimes winter comes faster than we expect and we have a difficult time changing our driving habits to suit the conditions of snow and sleet.

Imagine this: You are driving at 50 kilometres per hour. Suddenly, you see someone in front of you — a small child running across a crosswalk ... and you hit a patch of ice just before the intersection. Could you stop in time?

Inappropriate speed, reduced visibility, following too closely, sudden acceleration or braking, and poor vehicle maintenance can spell disaster. All are reasons why Manitobans report more crashes (67 per cent more) in winter months than in other months. About 45 per cent of annual reportable collisions and 43 per cent of injuries take place in the four months from November to February.

Top Ten Tips for Winter Driving

10. Avoid using cruise control. On wet and slippery roads, a skid while

using cruise control will cause the vehicle to accelerate.

9. Stay sharp — be a defensive driver. Beware of icy spots — bridges, overpasses, just before intersections and shady spots. Watch for other drivers who may be sliding. Slow down near vehicles stopped by the side of the road.

8. Stay well back of snow plows. Never pass on the right.

7. Prepare for severe conditions. Check road and weather conditions. Avoid driving altogether in severe weather. Keep a cold-weather survival kit. Let friends/family know of your travel plans and estimated time of arrival. If stranded, call 911 and remain in the vehicle until help arrives. Turn on four-way flashers.

6. Learn how to recover from different types of skidding. In all cases, look in the direction where you want to go; take your foot off the gas and off the brake.

5. See and be seen. Before leaving, clear snow and ice off your vehicle



and wait for foggy windows to clear up. Turn headlights on during heavy snow or sleet. On sunny days, use the visor and/or polarized sunglasses. Advance cautiously at snow banks.


4. Maintain your vehicle and switch to winter tires. Check the condition of your tires and windshield wipers for excessive wear. Get regular tune-ups and check your fluid levels.

3. Drive smoothly. Accelerate, brake and make turns gradually, gently.

Brake sooner.

2. Keep plenty of following distance between you and the vehicle ahead. In ideal conditions, leave four seconds on city streets and six seconds on highways. In winter, leave considerably more.

1. When there's ice or snow, drive well below the posted speed limit, which is for ideal conditions only. Give yourself extra time for your trip — leave earlier.



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Avoid a vehicle fire inspect your block heater and extension cords



The Interlake School Division (ISD) invites parents/guardians and community members to join us for an information evening regarding our Continuous Improvement Plan.



Information sessions will be held in each of our catchment areas.

Tuesday, March 5th	7:00	Warren Collegiate
Tuesday, March 12th	7:00	Teulon Collegiate
Tuesday, March 19th	7:00	Stonewall Collegiate

ISD staff will be on hand to provide information regarding our focus areas of Numeracy at Kindergarten-Grade 8 and Wellness at Grade 9-Grade 12. For more information regarding our plan for continuous improvement, please visit our website at www.interlakesd.ca

We look forward to seeing community members at these information sessions as we work together to support our students.

Submitted

Manitoba Public Insurance is encouraging vehicle owners to inspect their extension and block heater cords after several recent vehicle fires have been linked to electrical arcing.

A cracked extension cord, or block heater cord with a corroded plug, can result in "electrical arcing," which can quickly spark a fire. The majority of these fires take place in winter.

During bitterly cold winter temperatures, Manitobans will plug in their vehicles to heat various engine fluids (anti-freeze/oil), allowing for easier starting. Extension cords that are cracked or have exposed wires should be replaced. Corrosion can be caused by exposure to moisture, dirt and road salts. With personal safety in mind, people are advised not to plug in their vehicles within a garage or any other enclosed structure.

Safety tips for extension cords/block heater plugs:

- Don't drive over your extension cord. This can cause cracking/breaking during bitterly cold weather.
- Cover your block heater plug-in with its protective cover.
- Unplug your block heater by using the hard rubber end. Pulling on the electrical cord can cause breakage and potential electrical issues.
- Have your block heater cord inspected each fall by a qualified mechanic.

George Robertson, a forgotten hockey star of the 1940s

By Ty Dilello

In the spring of 1946, George Robertson was in Toronto scoring the Memorial Cup winning goal in thrilling fashion for the Winnipeg Monarchs.

Just two years later, he was lining up at the opening faceoff for the Montreal Canadiens on right-wing alongside the great Maurice "Rocket" Richard and Elmer Lach. For such an interesting hockey career, Robertson lives very anonymously today at his house just north of East St. Paul.

Turning 92 in a couple of months, Robertson is currently the 11th oldest living former NHL player and the oldest that is still around from our province. George, along with Tom Rockey and Cam Millar are the only three members of that 1946 Monarchs squad that are still alive today.

George Robertson was born in Winnipeg on May 27, 1927, and grew up in a house on Semple Avenue in West Kildonan. Growing up on the local outdoor rinks that encompassed his neighbourhood, George didn't even start playing organized hockey until he was discovered by the Winnipeg Monarchs in his teens.

While playing for the Monarchs, Robertson won the 1946 Memorial Cup and was quickly being deemed as a top prospect by NHL scouts. His rights at the time belonged to the New York Rangers, but they quickly shipped him to the Montreal Canadiens while his value was high for future Hall of Famer Buddy O'Connor in quite the blockbuster trade of those times.

Robertson made the Montreal Canadiens team out of training camp in 1948-49 on a star-studded team that included future Hockey Hall of Famers such as Maurice Richard, Elmer Lach, Butch Bouchard, Ken Reardon, Bill Durnan and legendary coach Dick Irvin. He was promptly put on the fabled Punch Line with Richard and Lach on opening night and proved his coach right by scoring the opening



Robertson played for the Montreal Canadiens earning 489 points in 578 regular season games.

goal of the season for the Canadiens just three minutes into the game.

"It was great in the beginning," Robertson recalled, "especially when you're with Maurice Richard and Elmer Lach. Our goalie Bill Durnan was fantastic. Toe Blake had just retired, and I was playing on the famous Punch Line with them. Rocket and Lach were both terrific. I really liked them, and they were great guys off the ice too. I even roomed with the Rocket once on the road. He always roomed with Elmer, but Elmer had a broken jaw, so he stayed behind when we travelled to Boston and I roomed with the Rocket and we got along real good. All the other road trips I roomed with my buddy Joe Carveth. People always ask me what it was like to play in the NHL and I always say, 'Well, I'm a has-been, but it's better than being a never-was!'"

Despite scoring a couple of goals and assists for the Canadiens, for one

Continued on page 16

Reading in red



TRIBUNE PHOTO BY JO-ANNE PROCTER

A number of Grade 5 Ecole Stonewall Centennial School students joined vice-principal Jeff Levesque on Valentine's Day to read in red to celebrate I Love to Read Month. Pictured left to right: Jarek Grantham, Ava Eising, Levesque, Alexa Hamilton and Christopher Francisco-Guerrero.

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Tasteful inspiration for homes and gardens

By Jennifer McFee

If you're trying to create a beautiful space in your home or garden, the endeavour doesn't have to be complicated or costly.

This is the sage advice of interior designer Cecilia Turner, who recently launched a website called My Tasteful Space to share ideas and tips for easy-to-achieve home décor.

"I want to create an online community that helps everybody who follows me. I want to help them to find beauty in every corner of their home or garden," said Turner, a Stonewall resident.

"You don't have to break the bank to have a beautiful space around you. It's just whatever makes you happy. You can take the things you have in your home and put them together and repurpose them in a different way, finding a more creative way to display your things."

Turner is writing weekly blog posts, and she is also sharing ideas through daily posts to Facebook, Instagram and other social media sites.

"The blogs are more on the practical side because everywhere you look, there's always that image of a perfect beautiful home. They're everywhere, and they create a feeling of 'Where do I start? Where do I get the money to do that? Where do I get the time?' I'm an interior designer and I can't even fathom having a house like that," she said.

"It's unrealistic and it's eye candy that very few people can achieve or look after. I don't want to give the eye candy. I just want to give a practical approach to your home. That's the



Compositions can be made with items collected during travels.



Cecilia Turner shares easy steps to make a terrarium.

biggest difference with My Tasteful Space — I just really want to keep it very real."

For 13 years, Turner worked as a professional interior designer at two different architectural firms in the city. She quit her job a year and a half ago to focus more on her family. She and her husband have two children, nine-



TRIBUNE PHOTOS SUBMITTED

My Tasteful Space provides tips on how to decorate your environment with things you already have — without breaking the bank.

year-old Nicholas and six-year-old Gaia, as well as a puppy named Rufus.

"I took a year to decompress and then I started thinking about other venues for interior design because it's always stayed with me," she said.

"I just changed what I was doing before in commercial interiors and construction work to take a more residential approach with My Tasteful Space."

Some people have asked Turner if she'd be willing to be a consultant for their projects, but she's not currently interested in going that route.

"Right now, I'm really working on

developing the brand and growing the followers. Then eventually I'd like to collaborate and partner up with existing businesses to support them in their sales and work as an affiliate," she said.

"Basically, I'm hoping to inspire people with new ideas and tips with a practical component of home décor and interior design."

To get a taste of the tips, visit My Tasteful Space at www.mytasteful-space.com or search for My Tasteful Space on Facebook, Twitter, Pinterest and Instagram.

> ROBERTSON, FROM PG. 15

reason or another, things just didn't work out for Robertson with the Montreal Canadiens and he was finished with them after 31 games. Robertson spent the next few years in various minor leagues across North America in cities such as Buffalo, Washington D.C., Cincinnati, Victoria, Springfield, Sydney, Grand Rapids and Sault Ste. Marie. When it was all said and done, Robertson kept his roots in Winnipeg. He has been in his house just north of East St. Paul on Henderson Highway since he built it in the mid 1950s.

"When I got married, I built this house myself. I hired a carpenter and my buddy Ray Manson helped me as well as a lot of my hockey buddies. It's crazy but I've been in this house for 65 years now. The lady across the road sold me the 2.5 acres of proper-

ty for \$2,000. The house next door to me now was my property and I sold it for \$50,000," said Robertson. "Sixty-five years ago, there were no houses out here. When I bought it, the lady had cows out here feeding, it was a real market garden. I could have built from here to Lockport if I wanted to because there was nobody. East St. Paul was all rural."

After his hockey career ended, George worked in public relations with Shea's and later Labatt's Brewery, working with those beer companies for about 30 years. Robertson claims, "I say I've been to every hotel in Manitoba and no one knows our province better than I do!"

At 91, Robertson is still sharp as a tack and remembers details about his hockey career very clearly. George's

wife passed away about 25 years ago. Today he lives alone but says his daughters are very good to him and his grandchildren keep in touch phoning all the time. Robertson moves great around his house, still drives and goes out for lunch with his friends, but he says that it's becoming more and more of a chore lately. With that said, he has been to the hospital countless times from his shoulder dislocating. And he spent the Christmas of 2017 in the hospital with pneumonia, which took quite a while to recoup. Another time when he was in the hospital, the Montreal Canadiens somehow heard about it and reached out.

"About five years ago, I broke my hip tripping over a slipper while talking to a guy on the steps outside my house, so I was at Seven Oaks Hospital for a while for that and would you believe I got a nice card saying get well soon

from the Montreal Canadiens alumni. I have no idea how they even found out about it!"

Looking back on his hockey career which was over 60 years ago, except for that one stretch of games in Montreal, Robertson consistently scored throughout his career everywhere along the line. Tallying up all of his career stats, Robertson appears to have scored 489 points in 578 regular season games. Add that up with 40 points in an additional 60 playoff games and you have a very solid point producer over a 14-year pro career.

"I was a mediocre player. I often think about it. I just never got relaxed enough to play as good as I could with Montreal," Robertson recalls, "but then again hockey was just something I did before I raised a family of girls."

get inspired

> MEAL IDEAS



Blackened Shrimp and Corn Chowder

Makes 8 to 10 servings
 2 tablespoons extra-virgin olive oil
 1 medium Spanish onion, finely chopped
 2 celery stalks, finely chopped
 2 medium banana peppers, finely chopped
 1/2 cup red or amber ale
 Salt and freshly ground black pepper
 1 pound fresh shrimp, peeled and deveined
 2 teaspoons chili powder
 2 teaspoons smoked paprika
 1 1/2 cups fresh or frozen corn
 4 cups fish broth
 1 large sweet potato, baked and mashed
 Fresh dill, finely chopped
 1. Heat 1 tablespoon of the olive oil in a soup pot over medium heat. Add the onion, celery and banana peppers, and cook, stirring occasionally, until the onions are translucent, 5 to 7 minutes. Add the ale

and salt and pepper to taste. Reduce the heat to medium-low and continue cooking and stirring until the beer's foam subsides and the liquid reduces by half, about 5 minutes.
 2. Rinse the shrimp under cold water and pat dry with a paper towel. Toss the shrimp, chili powder and paprika together in a bowl, coating thoroughly. Heat the remaining 1 tablespoon olive oil in a cast iron skillet. Add the shrimp and cook, stirring once, until nicely seared, about 2 minutes.
 3. Immediately transfer the shrimp to the soup pot, and then stir in the corn and broth. Bring the mixture to a light boil over medium-high heat and add the mashed sweet potato. Reduce the heat to low, and cook, stirring occasionally, for 20 minutes longer.
 4. Divide the soup among bowls and top with the fresh dill before serving.



Mozzarella Sandwiches

Serves 4
 8 slices day-old bread, crusts removed
 3 1/2 ounces mozzarella cheese, thickly sliced
 8 canned anchovy fillets, drained and chopped
 16 fresh basil leaves
 1/2 cup pitted black olives, chopped
 4 eggs, beaten
 2/3 cup milk
 Oil for deep-frying
 Salt and pepper
 Cut each slice of bread into two triangles. Top eight of the bread triangles with the mozzarella slices and chopped anchovies. Place the basil leaves and olives on top and season with salt and pepper to taste. Lay the other eight triangles of bread over the top and press down around the edges to seal.
 Mix the eggs and milk and pour into an ovenproof dish. Add the sandwiches and leave to soak for 5 minutes.
 Heat the oil in a large pan until a cube of bread browns in 30 seconds — the oil will then be hot enough for deep-frying. Before cooking the sandwiches, squeeze the edges together again.
 Carefully place the sandwiches in the oil and deep-fry for 2 minutes or until

golden, turning once. Remove the sandwiches with a slotted spoon and drain on absorbent paper towels. Serve immediately while still hot.

Creamy Tomato Soup

Serves 4
 3 tablespoons butter
 1 pound, 9 ounces ripe tomatoes, preferably plum, roughly chopped
 3 3/4 cups hot vegetable stock
 2/3 cup milk or light cream
 1/4 cup ground almonds
 1 teaspoon sugar
 2 tablespoons shredded basil leaves
 Salt and pepper
 Melt the butter in a large saucepan. Add the tomatoes and cook for 5 minutes, until the skins start to wrinkle. Season to taste with salt and pepper. Add the stock to the pan, bring to a boil, cover and simmer for 10 minutes.
 Meanwhile, under a preheated broiler, lightly toast the ground almonds until they are golden brown. This will only take 1-2 minutes, so watch them closely. Remove the soup from the heat and place in a food processor. Blend the mixture to form a smooth consistency. Alternatively, mash the soup with a potato masher. Press the soup through a strainer to remove any tomato skin or seeds. Place the soup in the pan and return to the heat. Stir in the milk or cream, ground almonds and sugar. Warm the soup through, and add the shredded basil just before serving. Transfer the soup to warm bowls and serve hot.



It's All About Who Our Children Want to Be in the Future

Parents are often faced with a dilemma when a child no longer wants to participate in an extra-curricular activity. Typically, registrations are for an entire year, or at least a season. If a child is very young, it might be a question of adjusting to a new situation. Talk to the instructor, and if it would help, remain on the sidelines for the first few lessons until the child is comfortable.

If, after several weeks, the child is not having fun, and becomes upset about the prospect of going to the lesson, it is hard to justify forcing the child to continue. Yes, you may lose your fees. The emotional well-being of your child is more important, and you can try again in a couple of years.

Sports, dancing, and creative activities can all be done without the structure of formal classes; very young children can do these with their parents. If they develop a love for an activity because they have

positive associations with it, as they get older, they will want to participate with others.

If they have unpleasant experiences with forced formal lessons, they may avoid an activity for which they may have a lot of natural talent. If the child is older, and has chosen the activity, there is something to be said for fulfilling a commitment. Often, if they know they must complete the term, they settle in and find it is not so bad after all.

If the child continues to resist an activity, parents must examine their reasons for pushing it in spite of the child's resistance. We are here to support them in becoming what and who they want to be, not who we want them to be.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.



Makes 4 sandwiches

1 pound Boar's Head Sauerkraut
 2 tablespoons thousand island dressing
 8 slices of pumpernickel or dark rye bread
 1 pound Boar's Head Corned Beef, sliced thin
 4 slices Boar's Head Premium Swiss Cheese
 Softened butter

Classic Reuben Sandwich

Drain, but do not rinse, the sauerkraut and combine with thousand island dressing. Top four halves of the bread with the sauerkraut mixture, then 4 ounces of corned beef, followed by 4 ounces of Swiss cheese. Close with a second slice of bread. Spread the top and bottom of the sandwich with soft butter. Grill on both sides until warmed through and the cheese melts. Serve hot.

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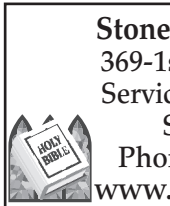
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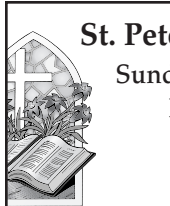
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St. Peter Lutheran Church
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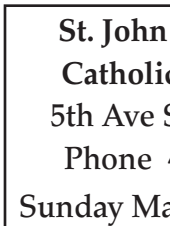
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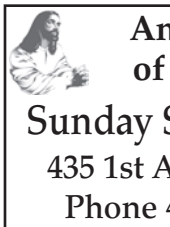
New Life Church
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Sunday school for all ages 9:30 a.m.
Teulon 886-3269



Anglican Parish of St. Cyprian
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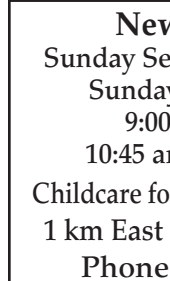
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Alt. Sundays at 10:30 am
Call 322-5752 for location of service.



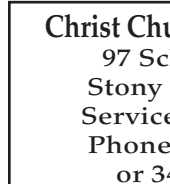
New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




Woodlands Gospel Chapel
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 383-5372



Cornerstone Pentecostal Church
Sunday Worship &
Sunday School 10:00 am
Thursday Bible Study 7 pm
308 2nd Ave. N., Stonewall
Phone: 204-872-2813



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



Christ the King Catholic Church
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

What's your escape?

To date I have been to three escape rooms in which you solve clues to break out of a room in an allotted time before it blows up, you're arrested, killed, and so on (all figuratively of course!). My first room was a time capsule that my family took me to for my birthday. We were so excited when we broke out of our room with 15 minutes to spare, only to realize we had two more rooms to solve—we ran out of time, blew up, and were stuck in another time forever! The second time was a bank heist in which we solved the room with just 90 seconds to spare. My third room was recently with some friends in which we escaped a serial killer's cabin with six minutes to go. These rooms are fun challenges as you work together as a team, figure out clues, receive hints, and make the escape.

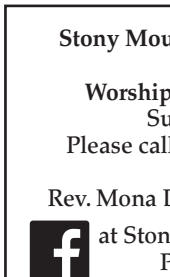


There is another type of escape that God calls you to make. The room is earth, the destination is heaven, and the vices to overcome are sin and things that entangle you from this escape. Failure to escape results in facing the fiery pit of eternal separation from God and everything that is good. Hebrews 2:1, 3 states, "We must pay the most careful attention, therefore, to what we have heard, so that we do not drift away. ... How shall we escape if we ignore so great a salvation?"

Sometimes you can get sidetracked and focus on things that will not help in your escape. Not everything in an escape room is helpful as I found out the other day. Nice decorations, good things, but not the necessary thing. The strategy of escape is in finding the one thing, the one code, the one key that will open up your escape. And so when you think of eternity what's your plan? What's your salvation? What's your escape?

This is your hint: Jesus. And these are your clues: John 1:12-13; John 3:16; John 14:6; Acts 4:12; Romans 6:23; Ephesians 2:8-9; 1 John 5:11-13.


Dr. John Harrison
Pastor at New Life Church
Chair of the Stonewall Ministerial



Stony Mountain & Lilyfield United Churches
Worship and Sunday School ~
Sundays at 10 a.m.
Please call for our shared worship location.
Rev. Mona Denton ~ Ph: 204-334-5426
at Stony Mountain-Lilyfield
Pastoral Charge



Immanuel Lutheran Church (LCC)
Service 10:00 am
Childrens Sunday School
after Worship
Inkster & King Edward, Winnipeg
632-6911



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



Church of the Annunciation Woodlands
Service
12:00 noon

To participate in this monthly section please call 467-5836

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Sunova Arena wins 'Outstanding Recreation Facility' award

By Gabrielle Piché

Each year, Recreation Connections Manitoba (RCM) proudly recognizes the outstanding contributions of individuals, groups and communities who have shown leadership and innovation in advancing the recreation sector.

Warren's Sunova Arena was one of those groups that was recognized at the 2019 President's Luncheon & Awards Ceremony this past Wednesday.

The arena and its volunteers received the Outstanding Recreation Facility Award for providing recreational programming to the RMs of Woodlands, Rosser and Rockwood, and for having sustainable features, like environmentally-friendly lighting and heating systems.

Recreation Connections Manitoba's website said the arena shows a "great facility" can be made by the support of its communities.

Rosser Woodlands rec director Kelly Kimball, said the Sunova Arena is almost entirely volunteer-run.

"The volunteers, the hard work and the planning is being recognized," Kimball said.

The Sunova Arena is run by a board of volunteers.

Volunteers have raised money for the arena through multiple events, like hockey tournaments. Local farmers donate some of their harvest profits to the rink.

"That money has helped to keep the rink open," Kimball said.

Lonnie Sinclair is one of many who volunteer at the arena. He has a key to the rink so staff don't have to be around during his group's Saturday ice time.

Sinclair plans on learning to drive the arena Zamboni. He said he'll clean the ice before his Saturday time slot for free, and he'll clean the ice for those using it after him.

"It's fresh ice for the next people on,"

Sinclair said.

Volunteers also keep the areas around the rink clean. Local residents and farmers take time to clear the large parking lot.

The Sunova Arena has relied on volunteers even before it opened in March 2007. Key features of the arena, like its geothermal system, were planned in advance.

The geothermal system freezes the arena's ice and heats the building in the winter, and it switches to air-conditioning in the summer.

Last year, the rink got LED lights. The lights are more energy-efficient than incandescent bulbs.

Hockey leagues and figure skating groups have skated under the new lights. The arena also hosts curling, graduations and numerous events — including summer dog training.

The Sunova Arena is the only indoor skating arena for the RMs of Woodlands and Rosser. The facility services over 5,000 people, and is part of the South Interlake Rec Centre.

The Rosser Woodlands Rec Commission nominated the arena for the Outstanding Recreation Facility Award.

Other recipients included:

- The Prairie Crocus Award was presented to Jocelyn MacLeod in recognition of her 42-year career in her commitment to community, recreation leadership, volunteers and the positive impact that recreation has on the lives of Manitobans. Jocelyn is a champion of collaboration and community development that builds capacity within our communities and strengthens recreation leadership. Jocelyn currently works for Recreation and Regional Services with the Province of Manitoba.

- Westman Physical Literacy Committee received the President's Award for Outstanding Achievement for their work in increasing the capacity in rural communities in Westman



TRIBUNE PHOTO SUBMITTED

Warren's Sunova Arena and its volunteers were recognized at the Recreation Connections Manitoba 2019 President's Luncheon & Awards Ceremony this past Wednesday.

by creating resources and providing physical literacy-training workshops, impacting over 15 communities within the region and numerous organizations, including childcare, schools, recreation, health and indigenous communities.

- The Genboro 55+ Games Committee received the Award of Merit in recognition their success in planning the 2018 +55 Manitoba Games in the communities of Glenboro, Carberry and Wawanesa. A strong community wide effort enabled the committee to overcome barriers to host the event while also increasing volunteerism, enhancing their tourism profile, upgrading their facilities, creating recreation programs and heightening community spirit.

- The Therapeutic Recreation Award of Excellence was presented to Maem Slater-Enns in recognition of her 33-year career at Seven Oaks Hospital and as a leader in advocating for the advancement of the therapeutic recreation sector. Her innovative programs have assisted in promoting the benefits of recreation therapy to the interdisciplinary team as well as helped her patients to regain inde-

pendence and encourage them to be physically active.

- Janelle Bohunicky received the Student Leadership Award for her commitment to academic excellence and demonstrating leadership as a volunteer and student within the faculty of Recreation Management and Community Development degree program at the University of Manitoba.

- Recreation Opportunities for Children (ROC) Eastman Inc. received the Canadian Parks and Recreation Association Award of Merit for its work helping children and families living in poverty overcome barriers to participation in recreation programs. In nine years, they have served over 245 children and their families living in poverty.

For more information on the award recipients or the 2019 President's Luncheon & Awards Ceremony, please visit www.reconnections.com or call 204-925-5748.

*Recreation Connections Manitoba (RCM) is a provincial not-for-profit organization, dedicated to enhancing the health and wellness of all Manitobans through the development and support of recreation leaders.

Rams place third at JV boys' home basketball tournament

Staff

The Stonewall Collegiate Rams placed third at their junior varsity boys' basketball tournament last Saturday.

Stonewall defeated the St. James

Jimmies 58-45 in the third-place game.

The Rams started the eight-team tournament with a 45-21 win over the Warren Collegiate Wildcats. Stonewall was then defeated 57-47 by the

Edward Schreyer Barons.

The W.C. Miller Aces captured the tournament title with a 56-53 win over Edward Schreyer.

Warren won the seventh-place game with a thrilling 45-43 victory

over the Niverville Panthers.

In the Wildcats' other game, Warren was edged 52-50 by the Kisemat-tawa Antlers.

Warren wins Game 1 over the Saints

By Brian Bowman

It wasn't the prettiest game but that's how playoff basketball can sometimes turn out.

The Warren Collegiate Wildcats defeated the Teulon Collegiate Saints 40-26 in Game 1 of their best-of-three Zone 5 varsity girls' basketball final last Friday.

Warren, the No. 1-seed among "AA" schools in the province, jumped out to an early 10-point lead but struggled as the game wore on.

"We started off very strong but then we didn't play that great the rest of the way," said Wildcats' head coach Kevin Braun. "We went up 12-2 to start the game and then I don't really know what happened the rest of the way."

Teulon received some strong post play from Mackenzie Garand.

"(She) outbattled us," Braun admitted. "She wanted the ball more and was making her shots. She made us pay for not boxing out."

Braun said his club has struggled against Teulon this season, so he wasn't surprised that Game 1 of the series was a low-scoring affair.

"When we play them it's a little more scrappy and a little more physical and, for some reason, we miss a lot of in tight baskets and layups. But you

have to give credit to their defence, they didn't give us anything super, super easy."

Alex Chester was a major force on the offensive end for Warren, scoring a game-high 18 points.

"She saved the day for us," Braun said. "She came down with a couple of rebounds and ran the floor herself and put the ball in the hoop. I kept telling the girls in timeouts that the offence is struggling but if we can get out and run the floor, we're going to get a couple of easy baskets and a couple of easy looks."

Game 2 of the series was played this past Tuesday in Teulon but no score was available at press time.

Braun certainly didn't want the series to go the full three games.

"We definitely don't want to play more than two games," he insisted. "We need to come out a little stronger and a little more like we want the ball. At this time of year, you don't want to have a rough patch lasting more than a game."

"We need to string together some really good minutes and, if we do that, we definitely should come out on top," he added.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Wildcats' Alex Chester was a major force on the offensive end for Warren, scoring a game-high 18 points.

Wildcats oust Lightning from MFMHL playoffs

By Brian Bowman

The Interlake Lightning gave the Westman Wildcats a bit of a scare in their Manitoba Female Midget Hockey League playoff series.

Interlake pushed Westman to four games in their opening-round, best-of-five series before losing 4-0 on Monday in Stonewall.

"They seemed to have more legs than we did (on Monday)," said Lightning head coach Dean Rebeck. "We were down to four 'D', which didn't help. I know we were a little exhausted and didn't have much gas left in the tank"

"It was a combination of things but the girls gave everything that they had."

Interlake forced a Game 4 after a very good effort in a solid 2-1 road win over Westman in Hartney on Sunday.

The Wildcats are a tough team to beat on home ice.

"I think the girls really came together and rallied the past two weeks in terms of coming together as a team," Rebeck said. "Hats off to them for the intensity and discipline and ef-

fort they gave to defeat the first-place team in their own building."

Erin York and Ally Rakowski scored for the Lightning while Jori Hansen-Young replied with a second-period goal for the Wildcats.

Rylyn Loeppky earned the win in goal for the Lightning.

Game 2 of the series saw Westman edge the Interlake 2-1 in Stonewall.

"The second game could have gone either way," Rebeck said. "The second game is probably the turning point (in the series)."

Taylor Kristjanson scored a first-period goal for the Lightning. Gillian Gervin and Ali O'Hara replied with second-period markers for the Wildcats.

Westman started the series with a 6-2 home win over the Interlake on Feb. 12.

The Wildcats, which held period leads of 2-1 and 3-2, received a four-goal effort from Paige Hubbard and singles by Charly Lindberg and O'Hara.

Rakowski and Brenna Barylski scored for the Lightning.



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Sarah Dowsett looks to make a move around a Westman player. Interlake pushed Westman to four games in their opening-round, best-of-five series before losing 4-0 on Monday in Stonewall.

Harrison-Forbes qualifies for prestigious Boston Marathon

By Brian Bowman

Many runners dream of qualifying for the Boston Marathon.

Leanne Harrison-Forbes was no different.

The former Balmoral native and Stonewall Collegiate graduate, now living in Gainesville, Fla., always wanted to qualify for the Boston Marathon.

And she accomplished that impressive feat after an outstanding performance at the Chevron Houston Marathon on Jan. 20. Harrison-Forbes ran the marathon in a time of 3:35.04, which placed her 1,165 out of 6,684 competitors.

"It was a 33-minute personal best," Harrison-Forbes said, estimating that there were about 25,000 runners at the event. "I ran a 4:08 marathon about four years ago. I was pretty excited. I've wanted to qualify for Boston for many years and every five years, the qualifying time goes down, I think, by five minutes, so the time I needed to qualify for this year for my age group was 3:50."

The course was relatively flat and the conditions were real good with temperatures just above the freezing mark when the race started.

"The atmosphere was amazing," Harrison-Forbes recalled. "There were spectators throughout the whole route — it was a perfect race and the conditions were perfect. It wasn't too hot, anyway."

Harrison-Forbes was running as part of the Team Florida Track Club which

sent about 20 runners to Houston. She joined the club this past summer and has been very impressed with the support she has received from her fellow running enthusiasts.

"It's been awesome training with the club," Harrison-Forbes said. "It's been perfect. I have an amazing coach and the whole team is so supportive and you're accountable to each other. I'm thankful for the whole journey, actually."

Harrison-Forbes trains with her club in central Florida which can pose a challenge with the intense heat and humidity that hovers over several months of the year.

"There aren't any races at all from May to October," she noted. "It's just too hot to race. We'll do our training runs at six in the morning and in the summer we do more conditioning, doing hills, and track workouts and that stuff. Then we progress to doing longer runs in the fall."

Harrison-Forbes will definitely see a lot of hills while running the Boston Marathon in 2020. The challenging course draws hundreds of thousands runners, including the top male and female athletes from around the world.

The marathon is held on Patriot's Day and it is a holiday that is cherished by locals.

"To be quite honest, I don't personally know too much about the course," Harrison-Forbes admitted. "It was just something that I always wanted to do and this is one of those things that I



TRIBUNE PHOTO SUBMITTED

Leanne Harrison-Forbes, left, qualified for the Boston Marathon after completing the Chevron Houston Marathon on Jan. 20 in 3:35.04.

want to try to qualify for and try to do. I'm just excited and there are so many people from our team that qualified for Boston and there is a whole bunch of us that will be going down there.

"It'll be fun and I'll try to get another (personal best) if I can. That'll be my

goal and just enjoy (the experience) with family and friends. I can't even imagine what it's going to be like — I'm just going to soak it all in and enjoy it," she added.

Midget Lightning lose pair of weekend games

By Brian Bowman

It was a rough weekend for the Interlake Lightning Midget Provincial hockey team.

Interlake lost both Manitoba AAA Midget Hockey League games while getting outscored 12-1.

The Lightning was blanked 8-0 by the Southwest Cougars on Sunday in Teulon.

Southwest scored four goals in the first period, added another in the second, and then chipped in three more in the third.

Cody Gudnason (two), Callum Fortin (two), Landon Roberts, Cory King, Matthew Ramsey and Tyson Pringle scored for Southwest.

Interlake goaltender Josh Bond was peppered with 64 shots, including a whopping 28 in the first period.

At the other end, Cougars' goalie Randy Cooke made 23 saves for the shutout.

On Saturday evening, Interlake was defeated 4-1 at home by the Parkland Rangers.

Parkland's first three goals of the game were scored on the power play by Jayden Jubenvill, Warren Jubenvill and Frederick Ledoux.

DJ Taylor-Luke made it 4-0 at 17:56 of the third but Interlake's Greg Paseschnikoff answered with a goal just eight seconds later. Cadrick Dueck assisted on Paseschnikoff's goal.

Parkland was 3-for-9 with the man advantage while the Interlake was blanked in seven opportunities.

Interlake will host the first-place Winnipeg Wild this Wednesday at 7:45 p.m. and then will wrap up its season with a pair of road games this weekend against the last-place Norman Northstars in Thompson.

Those games will be played Saturday (7:30 p.m.) and Sunday (1:30 p.m.).

Manitoba off to great start in ringette at Canada Winter Games

Staff

Manitoba, Quebec and Ontario were undefeated after the second day of ringette competition at the 2019 Canada Winter Games in Red Deer.

In the opening game of the day last Sunday, Ontario posted a 6-3 victory over British Columbia. Quebec remained strong in their second game of the event, downing Saskatchewan 10-1.

Manitoba faced Nova Scotia in the third game of the day, skating to a 6-2 win. It was a solid team effort from Manitoba with goals coming from Winnipeg's Nicole Girardin, Alana Lesperance, Alexsi Ka-

vvadas and Celeste McElroy, Isabella Paisley (Steinbach) and Taylor Hildebrand (Oak Bluff).

Grosse Isle's Olivia McCowan had two assists in the game.

The day closed with British Columbia coming back to win their second game of day, beating Prince Edward Island 9-3.

Manitoba started play Saturday with an 8-5 win over New Brunswick.

No scores from Monday's or Tuesday's games were available at press time.

Manitoba had Monday off and then was scheduled to play Alberta on Tuesday.

Bantam Lightning zapped by Caps in OT

Staff

The Interlake Lightning Bantam "AAA" hockey team wrapped up their regular season with a tough 4-3 overtime loss to the Central Plains Capitals last Saturday in Stonewall.

Carson Buyden scored the game winner in OT.

The Capitals' Asher Moorhouse had tied the score at 3-3 at 12:11 of the third period.

Interlake took a well-deserved 2-0 first-period lead with goals from Peyton Bateman and Aiden Miller. The Lightning outshot the Capitals 15-2 in the opening period.

Central Plains came out flying in the second, though, as Buyden and Carson Dubois (on the power play) tied the score at 2-2 just 3:43 into the pe-

riod.

The Lightning regained the lead when Hayden Wheddon tallied at 18:25 of the middle frame.

Interlake hosted an RCMP travelling team this past Monday in Stonewall. The game was in support of the Kinsmen Splash Pad.

The Lightning compiled a 13-18-0-5 regular-season record which was good for fourth place in the five-team league.

In Midget U17 Prep action, Interlake finished its regular season with a road game this past Tuesday against the Winnipeg Hawks at the Maples Multiplex.

The Lightning placed sixth in their seventh-team league.



The Interlake Lightning Bantams with the RCMP travelling team.



TRIBUNE PHOTOS BY LANA MEIER

The Interlake Lightning played a charity game against a RCMP travelling team this past Monday with proceeds donated to the Kinsmen Splashpad. The Lightning trailed 6-0 after the first period but rallied before losing 8-7. The ceremonial puck drop included, left to right, Lightning captain Karson King, Sgt. Kelly Glaspey, Kinsmen member Chris Luelleman, Stonewall Mayor Clive Hinds, Cst. Laurie Teplitski and RCMP player Scott McMurchy.

West St. Paul's Derek Samagalski drops mixed doubles final

By Ty Dilello

A great run to the final of the 2019 CurlManitoba Mixed Doubles Provincials for West St. Paul's Derek Samagalski and Kate Cameron fell just short as they lost in an extra end to the Kyle Kurz/Melissa Gordon pairing of the Assiniboine Memorial 9-6 in an extra-end.

Just a week removed from winning his fourth Viterra Championship, Samagalski paired up with Kate Cam-

eron and had a great week before losing the final. Both teams will advance to the Canadian championship next month in Fredericton, N.B., as Kurz/Gordon will wear the Manitoba jackets while Samagalski/Cameron will get in based on their high CTRS ranking. Before he heads to the Mixed Doubles nationals, Samagalski will be throwing second stones for the Mike McEwen as Team Manitoba at the 2019 Tim Hortons Brier in Brandon this March.

The provincial final at the Deer Lodge Curling Club in Winnipeg saw the Samagalski/Cameron tandem go up against Gordon/Kurz of the Assiniboine Memorial in a back-and-forth affair. Holding the last-rock advantage to start, Samagalski/Cameron opened with a first-end deuce. Kurz/Gordon replied with a deuce of their own, followed by a steal to take 3-2 lead. Samagalski/Cameron answered with a deuce, followed by a steal of their own to take a 5-3 lead. Not to be outdone, Kurz/Gordon scored a deuce in six, followed by a steal in seven to take a 6-5 advantage headed to the last end. In the final end, Samagalski/Cameron could only muster a single point to force an extra end, but Kurz/Gordon would score three in the extra end to win the title.

The Samagalski/Cameron tandem came into the final undefeated, winning five straight games, including a decisive 7-6 extra end win over Morgan Reimer and Brendan Bilawka of East St. Paul. Kyle Kurz and Melissa Gordon of the Assiniboine Memorial reached the final

by defeating siblings Brett and Meghan Walter 6-4 in the semi-final. East St. Paul's Kyle Doering and Ashley Groff were the top seed coming in to the event but fell Monday morning in the quarterfinals to the Walter siblings 7-5, giving up consecutive steals to lose.

"Curling's a game of inches and we just fell a little short in the end," says Doering.

"The ice was a struggle to say the least but you can't win them all. We tried to give up a steal in seven so they couldn't use their powerplay in eight, but it didn't work out in the end. We had a shot to win, but unfortunately knocked them in for the steal."

It was a difficult weekend for the Winnipeg Beach pairing of Josh Maisey and Cassidy Otto as they dropped all three of their games in disappointing fashion. Gimli's Rebecca Lamb and Lyndon Walker were also in tough as they too lost all three games during the event. Stonewall's Kennedy Bird and Lisa McLeod had a solid tournament winning four games and losing three, with their last loss being a C-Qualifier that would have put them in the playoffs.

The 2019 Mixed Doubles Manitoba Provincials saw a record 30 teams entered. The game is quickly taking off in popularity, with mixed doubles leagues operating at most curling clubs now across the province as it is now an Olympic sport. Expect the mixed doubles game to continue to take off in the coming years to come as we carry on towards the next Olympic cycle.

Soccer Registration
Tuesday, February 26, 2019
6-8pm at VMSC Lower Lobby
NEW THIS YEAR!
ONLINE REGISTRATION.
(Online registration will open on February 21, 2019)
Please visit our website for more information.
www.stonewallyouthsoccer.com

Hofer named WHL Goaltender of the Week

Staff

The Western Hockey League announced Monday that St. Louis Blues' prospect Joel Hofer of the Portland Winterhawks has been named the WHL Goaltender of the Week and league nominee for the CHL Goaltender of the Week for the period ending Feb. 17.

In 120 minutes of action, Hofer posted a 2-0 record and 1.00 goals-against-average while stopping 59 of 61 shots for a .967 save percentage.

Hofer, who has ties to the Interlake, produced back-to-back wins for Portland to help them clinch a spot in the 2019 WHL playoffs.

Last Saturday, Hofer stopped all 25 shots in a 2-0 shutout of the Red Deer Rebels. It was the fourth shutout of his WHL career and he was named

the first star of the game and the third star of the night for his performance.

On Sunday, Hofer stopped 34 of 36 shots in a 5-2 win against the Seattle Thunderbirds, allowing the Winterhawks to extend their run of consecutive appearances in the WHL playoffs to a 10th season.

The 6-foot-3, 157-pound Hofer has excelled in 11 games with the Winterhawks. Acquired in early January by the U.S. Division club, Hofer has posted 7-4 record, 2.76 GAA, .920 save percentage, and two shutouts with his new club.

In 41 games this season with the Winterhawks and Swift Current Broncos, the Winnipeg product has a 13-25-2-1 record, 3.67 GAA, and three shutouts.



TRIBUNE PHOTO BY BEN GREEN

Joel Hofer has been named the WHL Goaltender of the Week and league nominee for the CHL Goaltender of the Week for the period ending Feb. 17.

Warren whips Winkler in SEMHL first-round playoff series

By Brian Bowman

The Warren Mercs have had to wait quite a while to find out their next opponent in the South Eastern Manitoba Hockey League playoffs.

Both of the other two first-round series were still ongoing this week.

The Portage Islanders and Notre Dame Hawks' best-of-five series is tied at two wins apiece with Game 5 set for Wednesday in Portage.

In the other series, the Altona Maroons led the Morden Redskins 2-1 heading into this past Tuesday's Game 4 in Altona.

If necessary, Game 5 is set for Thursday in Morden.

While those two series have been a battle, Warren had a relatively easy time in sweeping the Winkler Flyers in three straight games in their first-round series after a dominating 10-2 win on Feb. 12.

Tied at 1-1 late in the first period, Warren scored six goals in a 13:42 span.

Mitch Hansen led Warren with two goals and two assists while Brock Genyk had two goals and an assist.

Kyle Lundale also scored twice while

Darrin Husak, Matt Jacobucci, Aldyn Gray and Travis Bobbee also tallied.

Brenden Luschinski chipped in with three assists while Jacobucci, Kyle Luschinski, Chad Deprez and Cole Murdock each had two helpers.

Brett Harder scored both of Winkler's goals.

Hayden Dola made 22 saves for the victory.

Meanwhile, the league recently announced the SEMHL all stars for the 2018-19 season.

Here are those all-stars:

First Team

Goalie - Steve Christie, Carman; defence - Dane Crowley, Altona; and Travis Bobbee, Warren; forwards - Mike Rey, Morden; Jake Dudar, Carman; and Tyler Grove, Morden.

Second Team

Goalie - Riley Sveistrup, Portage; defence - Mitch O'Brien, Carman; Tyler Harland, Portage; and forwards - Mark Owen, Carman; Derrick Brooks, Portage; and Aaron Lewadniuk, Carman.

Interlake Lightning impressive at Bantam 'AAA' Female Showcase

By Brian Bowman

The Interlake Lightning had a great weekend at Hockey Manitoba's Bantam "AAA" Female Showcase last weekend at the Bell MTS Iceplex.

Interlake finished with a 2-2 record and took home the Sami Jo Small Cup Champions Trophy.

"I'm very pleased with them," said Lightning head coach Charlene Bodnarchuk. "For the Interlake and my team with their record this year, I'm very proud of them."

Interlake wrapped up play Sunday with a solid 3-1 win over the North-east Predators.

"It was a character win," Bodnarchuk said. "It wasn't the team that was firing against Westman but the girls did everything that we asked them to do when they're struggling.

They thought the game through smarter, they beared down, (got the puck) over the blueline and got it down deep."

The Lightning's Kenady Christensen scored a first-period goal and then she made it 2-0 in the second.

"She has definitely led the way and is our captain," Bodnarchuk said. "She puts the puck in the back of the net and she is a great captain. (Sunday), when we were struggling to score, she sort of took the scoring on her back and she did it herself, which was great when we're struggling to get pucks to the net."

Northeast's Glory Plett cut that lead in half early in the third but the Lightning Brooke Wadge replied with a goal just over four minutes later.

Katelyn Dorsch was very good in goal, making 26 saves.

"(She) played a fantastic game in net," Bodnarchuk praised. "She was lights out all weekend."

Interlake started action with a 9-2 loss to the Parkland Rangers. Parkland led 1-0 after the first period and 3-0 in the third before exploding for six goals in the final frame.

Interlake's Brooke Barylski and Christensen scored goals just 2:10 apart early in the third.

The Lightning rebounded nicely from that loss to shut out the Westman South Wildcats 2-0 on Saturday morning.

"That was, by far, the best game our team has played all year," Bodnarchuk said. "The backchecking alone, I've never seen a team work so

hard on a backcheck. Any time Westman thought they had a breakout ... there was at least five Lightning players coming back."

Interlake's Emerson McAuley scored a second-period power-play goal and then Tessa Stuart tallied in the third.

Dorsch made 36 saves for the win. Interlake was then defeated 5-1 by the St. Vital Victorias on Saturday evening.

St. Vital, which held period leads of 1-0 and 2-0, outscored the Interlake 3-1 in the third.

Daryn Bremnar scored the Lightning's lone goal at 17:46 of the third period.

Natasha Lative (two), Norah Collins (two) and Mika Morand replied for St. Vital.

Stovin's journey as U of M Bison hockey captain

By Mike Still, *Bison sports*

Brett Stovin has dedicated his entire life to hockey. It should come as no surprise, then, that the multiple-time captain's first memory as a child was rooted in the sport.

"I remember going with my mom when I was about three-and-a-half to my dad's sponge hockey game, and I thought it was the most fascinating thing ever watching the puck rip around the ice," he says.

"When I got home and walked in the door, I asked my mom and dad if I could play hockey and the next day, we bought equipment and I learned how to skate and stuff. That's not only my first memory of hockey, that's probably my first memory ever. I don't think I remember anything younger than that. It's kind of cool that it's engraved in my mind."

A native of Stony Mountain, Stovin excelled at the community level while playing age-advanced every year. His talents were noticed by the Saskatoon Blades of the WHL, who he impressed at one of their training camps — enough so that he earned the opportunity to suit up with the squad during some pre-season games as a 14-year-old.

By age 17, Stovin was with the Blades for good, where he fit into any and every role asked of him over the next four years, including being the team captain in his final season in 2014-15. Statistics-wise, he accrued 124 points while playing in 262 contests.

"I learned how to play a very difficult fourth-line role blocking shots and having to fight once in a while if I needed to be on a successful team, to a leadership role with a very young team that struggled," he says.

"If you keep looking from that, I went to a difficult scenario where I learned a lot about being a leader and overcoming adversity. It was a career that kind of had every pit stop that you could think of."

One memory that stands out to Stovin was his squad's 2013 Memorial Cup experience. The Blades were the hosts that season and the SaskTel Centre was sold out with 15,000 people blaring their enthusiasm.

In the final game of the round robin tournament, Stovin and his penalty killing unit got stuck on the ice for the entirety of a five-minute major to end the second period against Portland. The Winterhawks special teams' unit also included the likes of Seth Jones and Nic Petan.

"I can remember pretty well the entire sequence of that penalty kill and I can remember in how much pain and how gassed we were too. All four of

us could not move after it. And they just kept peppering us and making incredible play after incredible play.

"We couldn't clear the puck, we couldn't freeze the puck and we couldn't get to the puck after a while. It was just constant blocking shots. The crowd went insane after. It's one of those moments that just sends chills up the spine."

Following his time with the Blades, Stovin decided to come home and earn his degree at the U of M while also playing for the men's hockey team and head coach Mike Sirant, who he continues to have a very strong relationship with.

"My relationship with Mike has always been incredibly transparent. From the first time we met for recruitment to now, we've had a very open dialogue. Whether it's talking about my own personal goals to even about teammates and what we think we could do to help a guy out more."

Despite being a first-year player in 2015-16, Stovin instantly took up a leadership role amongst the younger group of guys.

"With the pressure I had placed on me in my first year, I needed to be one of the leaders within the younger group," he says.

"I know from a team perspective, when you're the captain of a team you're a little older and it's sometimes hard to reach the young guys. So right from my first day here I tried to do everything right and just work hard and get involved in the community right away. That way, I could establish myself as one of the leaders within our rookie class."

Stovin led by example both on and off the ice.

Off the ice, he, fellow first-year Jonah Wasylak and football player Liam Grace cut their luscious locks to make a wig for cancer patients while also donating \$3,755 to the Canadian Cancer Society. On the ice, he tallied 26 points in 28 regular season games as an immediate difference-maker.

Stovin's work didn't go unnoticed by his head coach.

"He really is an outstanding guy. He understands team dynamics and what a successful team should look like," says Sirant.

"He empathizes with his peers and is willing to help them with any situation, whether it's school or experiences. A leader is about serving, and he excels at that."

Stovin earned an 'A' in just his second year with Manitoba, again proving his maturity and leadership skills while contributing 22 points in 23 games.



TRIBUNE PHOTO SUBMITTED

Brett Stovin has enjoyed his time with the University of Manitoba Bison men's hockey team.

"Learning a lot in my first year gave me the opportunity to be ready to take a leadership role in my second year. From then on it was kind of the same thing. Just learn from the older guys but still take a leadership role amongst the younger group so that we could all still relate together."

For the past two years, Stovin has rightfully earned the honour of being Manitoba's captain. He's been through the highs, including being part of a roster that averaged 3.54 goals per game in 2017-18, to the lows of managing a major hip injury that was severely aggravated this year.

He fought through excruciating pain all season, including playing in a number of games where he could hardly stand.

"Being a Bison means a tonne to me and being a leader on a team also means a tonne to me. Being out of the line-up is probably one of the most devastating things that could happen to me," he says passionately.

"In the first half, there was about six games where I dressed and played three shifts. And it was just about me being on the bench, being vocal and taking a little bit of ice from the guys who were playing a tonne, just so that they could get a rest and go out and perform at their best ability."

In Sirant's eyes, this selfless attitude was just the icing on top of the cake for a man who has dedicated his entire hockey career to leading by example.

"He's one of the best leaders that we've ever had in this program. Fighting through a tough injury and still logging minutes shows his faith in this program, his commitment and his unselfishness. These are all qualities that you look for in a leader," the head coach says.

"It was very impressive what he had to do mentally and physically just to prepare for each practice and game. There's not a lot of players who would have had the mental or physical toughness to go through what he has. He was willing to take a lesser role, even if it meant not being on the power play or bumping down a few lines just to be in the line-up and contribute any way he could."

A veteran of over 100 university games, Stovin will be greatly missed not only in Manitoba's line-up but also in the community, where he gave so much of his time. His message to the next generation of Bison greats is simple, yet powerful.

"There's nine of us now from my first season that have been together for four seasons. Some of the greatest memories that I'll have is from this time. And it's not just about your team, it's about the Bison community and getting involved with each other and the community," he says.

"So, my message is kind of straightforward: take advantage of the time that you have here and work hard for everything and the opportunity that you've been given."

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		6	4	1		3		
9		8						7
		2		6				
	4						3	
3						1		8
				7				
	6			9				
				5			9	1
5		3	6				8	

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	8	7	1	2	9	3	6	5
1	9	3	5	8	4	7	2	6
3	5	2	4	9	7	1	6	8
6	4	9	2	7	3	5	8	1
8	7	1	9	5	4	6	2	3
2	3	5	6	8	1	4	7	9
5	1	8	7	9	6	2	3	4
7	9	4	5	3	2	8	1	6
6	2	3	8	1	4	9	5	7

Sudoku Answer

N	H	V	H		L	E	T	V	D		R	I	M	V
V	O	O			E	T	V	R	O		I	R	E	N
V	V	T			N	E	D	V			B	B	V	H
H	B	E			S		L	E	T		L	V	B	V
					C	I	B	E	M		L	T	O	P
N	O	W			T	D		F	O		C	K	S	T
V	N	V	B		C	G	V	S	D		V	E	R	
L	V	O	S		C	E		S			V	E	R	V
C	O				C	O		N	E	H		S	E	S
O					P	R	O		S	V		E	V	N
					E	N	I		E	L		W		
S	E	S	V		C	E		T		V		S	E	F
S	B	V	N		E			N		R			E	D
I					L	E		L		V			P	U
K					D	E		A		R			C	S

Crossword Answer

CROSSWORD

- CLUES ACROSS**
- Civil rights organization
 - Class of comb jellies
 - Musical symbol
 - Hall of Fame ballplayer Rod
 - Pouch
 - Split
 - Having wings
 - Set aside
 - Midway between northeast and east
 - Daughter of Acrisius
 - Periods of time
 - Rapper Ice
 - Any of several candies
 - Units of loudness
 - Central nervous system
 - Resinous secretion of insects
 - 007's creator
 - Separate from
 - Exposes to view
 - Harsh squeaking sound
 - Fishing vessel (Naut.)
 - Western Ukrainian city
 - Detailed drawing
- CLUES DOWN**
20. Outside entertaining area
 14. Botswana currency
 15. Comedic Actor Tim
 16. Barbary sheep
 17. German river
 18. Take
 19. Catches
 20. Eating houses
 22. Consumed
 23. Lawyers try them
 24. Hugh Jackman character
 27. Basics
 30. No (Scottish)
 31. Duct
 32. Athlete who plays for pay
 35. Unit of distance
 37. Female bird
 38. Predatory reptile
 39. Regions
 40. Dishonorable man
 41. Dry white Italian wine
 42. A way to understand
 43. Actors' organization
 44. Beach hut
 45. Disappointment
 46. Police officer
 47. Digital audiotape
 48. Western Thai people
 49. Of a polymer
 52. Secret political clique
 55. Sound unit
 56. Cavalry captain
 61. Eastern Austria spa town
 63. Holds food
 64. Filippo __, Saint
 65. Holds bottles of milk
 66. Intestinal pouches
 67. Arab ruler
 68. Chicago political family
 69. "Transparent" actress Kathryn

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31				32	33	34
35			36				37				38			
39					40				41					
42					43				44					
45				46				47				48		
			49					50			51			
52	53	54				55				56		57	58	59
60						61			62		63			
64						65					66			
67						68					69			

- The sea
- Unhappy
- Old miserable woman
- Corn comes on it
- Guinea pig-like mammal
- Self-immolation by fire rituals
- Fifth note of a major scale
- Automobile
- Military title (abbr.)
- Expunge
- Chadic language Bura-
- Something you win
- Grab
- Town in Galilee
- Polite interruption sound
- Italian Seaport
- La __ Tar Pits
- "To __, his own"
- Tom Clancy hero Jack
- These three follow A
- One of Napoleon's generals

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-Justina Neumann

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