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Reading buddies

TRIBUNE PHOTO BY LANA MEIER

Three year old Emma, right, and two year old Kayden were reading books at the South Interlake Regional Library Baby Chipmunks storytime in Teulon last Thursday. The library offers a free drop in program open to children from infant to school-age and their caregivers every Friday from 10:30 to 11 a.m.

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Charity not just for bleeding hearts

The Kinettes Adopt a Clinic for the Canadian Blood Services on April 23

By Evan Matthews

If it wasn't for the Canadian Blood Services and a stockpile of O+ blood, Vicki Kendel might not be here.

After open-heart surgery twice saved her life, Kendel, 48, fully understands the importance of donating blood.

"Donations are about the continuation of life... To save someone's life, whether you know the person or not. You're helping to protect and save individuals," says Kendel, a 10-year resident of Stonewall.

The same notion, protecting individuals and serving her country, was Kendel's rationale for serving in the military for 23 years.

A new type of fight

After returning from a tour overseas in 2009, Kendel began experiencing a heart issue.

Kendel says she was born with a heart defect. She had lived the majority of her life with a heart murmur, and never knew anything about it. Medical professionals opted for an aortic valve replacement, which is done through open-heart surgery.

Kendel first had open-heart surgery in 2009.

Though the original mechanical valve was supposed to last for 25 years, Kendel says the valve wore out prematurely and had to be changed. Kendel was working at an embassy overseas in 2017 when her issues started up again.

"I felt like I was drunk. I'd go to get up, and if I did it to quick, it felt like if I had one too many... I was feeling light-headed and experiencing chest pain," says Kendel.

After going in to get checked, medical professionals opted for another valve replacement.

During her recovery, Kendel experienced complications and had to use a ventilator for a prolonged period and needed a blood transfusion, which required blood.

The Stonewall Kinettes

Kendel has been on blood thinners since 2009, meaning she was released by the military (because she was "no longer deployable") and she could no longer donate blood.

Having always believed in helping people, Kendel says she felt lost when she could no longer serve her country. While searching for a new career, and ways to serve her community, she heard about the Stonewall Kinettes.

The Kinettes are Canada's largest service group and are made up of active community volunteers, according to the organization.

Kendel met Donna Kuby, 58, through the non-profit.

With the Kinettes being a Partner for Life with the Canadian Blood Services organization since 2001, and witnessing Kendel's situation unfold, Kuby felt a passion begin to burn.

Kuby, too, says she has always donated blood. But with a friend in need, Kuby felt there was more she could do. She began co-organizing a Canadian Blood Services' Adopt a Clinic event on behalf of the Kinettes.

"I've always gone to the clinics ... Some of the donors have reached 100 donations. I thought I could start to do the same," says Kuby.

"After watching a Ontario Kinettes' group host an ... event, they got a lot of donors."

Kuby says the Stonewall group decided to take the next step by putting on its own event and extending a challenge to local businesses.

The Kinettes' are asking Stonewall businesses to compete with one another for local bragging rights.

The goal is to have 10 donors pledge.

"Stonewall is a very giving town ... but everyone has so many different charities and things they're working on," says Kuby. "By bringing in the businesses, we're saying 'let's challenge one another.' It's going to be fun."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Kinettes Donna Kuby, left, and Vicki Kendel are encouraging others to come out to donate for the Canadian Blood Services in Stonewall on April 23, from 2 to 7 p.m. at the local Royal Canadian Legion.

Other community groups are invited to attend, too, whether the schools or minor hockey teams, etc., according to Kuby. Individuals must be 17 years old to donate.

Cultivating community

Watching Kuby's efforts, Kendel says she is very touched by her friend.

Though she doesn't know exactly how much blood was used, Kendel says she knows her recovery wouldn't have been possible without the generosity of others.

"It means the world that people choose to donate (and organize)," says Kendel.

"A couple of the Kinettes said my story was part of the reason they wanted to put on the blood drive. It's one thing to give blood to help others, but it's another thing when you know someone who actually needs it," she says.

With so many charities looking for donations, both women say donating blood is a form of charity and advocacy without just throwing money at an organization. It's also a way to become active in one's own community, Kuby says.

The Kinettes are hoping other community members will be inspired, too, and are extending an invitation

to community of Stonewall and surrounding towns.

It's in you to give

The Kinettes will host an Adopt a Clinic for the Canadian Blood Services in Stonewall on Tuesday, April 23, from 2 to 7 p.m. at local Royal Canadian Legion.

To book appointments in advance, call Pat 204-467-5444 or Donna 204-461-2423 before April 9, 2019.

Infographic Facts

Pulled from the Canadian Blood Services official website:

- Canadian Blood Services collect about 450 ml (a pint) of blood during a single blood donation.
- The plasma portion of your donation is replaced within hours and the platelet portion within days. Red blood cells can take months to replenish.
- Avoid strenuous activity for six to eight hours after giving blood.
- People with O- (O-negative) blood are considered universal donors because anyone can receive O-blood. All blood types are needed to meet the needs of patients for blood and blood products.



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Community Futures Just Watch ME! Video Contest 2018-2019 winners announced

Submitted

Manitoba and Saskatchewan – Six rural business owners from Manitoba and Saskatchewan are being recognized for their entrepreneurial spirit. The Community Futures Just Watch ME! video contest celebrates the success of entrepreneurs with health conditions or disabilities. These entrepreneurs each entered a video into the contest sharing their business success stories to compete for cash and prizes.

Community Futures Just Watch ME! video contest is pleased to announce the 2018-2019 winners:

Seasoned Entrepreneur Category

1st Place: Jeff Stoneham is the owner of Jeff Stoneham's Creative Planters in Beausejour.

2nd Place: Michelle Janzen is the owner of Michelle Janzen Signature Cakes & Cookies in Waldheim, Sask.

3rd Place: Christina Hooper is the owner of Backcountry Fitness and Conditioning in Warren.

4th Place: Julie Paseschnikoff is the owner of Bee Boyzz Honey in Oak Bluff.

Start Up Entrepreneur Category

Manitoba Start Up Winner: Jody Hunter is the owner of Studio 23 in Ste. Anne.

Saskatchewan Start Up Winner: Vanessa Savage is the owner of Tisdale Florist Ltd. in Tisdale.

During the contest, over 5,000 votes from across Canada and around the world were cast by the public to determine the winner of the Seasoned Entrepreneur category. The winners of the Start Up Entrepreneur category were chosen by a panel of judges. All the winners will be awarded their cash



TRIBUNE PHOTOS SUBMITTED

Clockwise from top left, Jeff Stoneham, Michelle Janzen, Christina Hooper, Vanessa Savage, Jody Hunter and Julie Paseschnikoff.

and business prizes in their local communities this week.

To watch the winning videos please visit www.justwatchmecontest.ca.

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Stonewall's heritage committee hopes to restore the kilns



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Municipal Heritage Advisory Committee is hoping to raise \$1.5 million for the restoration of the Quarry Park kilns.

By Jennifer McFee

The Stonewall Municipal Heritage Advisory Committee is not seeking any funds from council this year; instead, it's seeking a nod of approval for a large-scale project.

At the Feb. 6 council meeting, members of the heritage committee spoke to council about its plans to save the aging kilns at Quarry Park. They are hoping to raise \$1.5 million for the restoration work. They are also hoping to have the kilns designated as municipal heritage buildings.

They plan to break the project down into phases and organizing a fundraising campaign that would also identify potential donors and grants.

They are looking for council's blessing to continue investigating the project and to embark on their fundraising campaign.

In the long run, they would also be looking for financial investment from the town.

"In my opinion, the kilns are the DNA of Stonewall," Mayor Clive Hinds said.

The heritage committee will also continue its work on



TRIBUNE PHOTO BY JENNIFER MCFEE

Representatives of the Stonewall Municipal Heritage Advisory Committee provided an overview of ongoing projects and asked Stonewall council to approve of their efforts to restore the kilns.

other initiatives, such as its Main Street Merchants project to collect and preserve local stories, photos and objects from Stonewall's main drag. They will also continue with their cemetery mapping project to provide a searchable permanent record of all the gravesites in the Stonewall cemetery.

The organization plans to continue with Stonewall Remembers, a project that commemorates contributions and sacrifices of local residents during Canadian military service. This year, the theme will focus on the participation of

local residents in the D-Day invasion to mark the 75th anniversary of the Battle of Normandy.

Community engagement will continue to be another focus, with the goal of making heritage information more readily available to the public. In addition, the group will continue to maintain an inventory of potential heritage designation sites.

Crop production meeting

Submitted by Manitoba Pulse

Manitoba Pulse & Soybean Growers (MPSG) is pleased to announce that it will now be hosting its annual, farmer-exclusive, Getting it Right Crop Production Meeting in four areas across Manitoba. And they're all happening soon.

"It's a priority of MPSG's to make sure all of its farmer-members have access to the best and most up-to-date research," says MPSG Extension Coordinator Laura Schmidt. "This year, we're excited to be offering this popular meeting in four distinct regions."

Getting it Right is a series of half-day, farmer-focused events, equipping Manitoba's soybean and pulse growers

with the tools required to face production challenges and market access issues. Running from nine until noon, these events offer an opportunity for farmers to see where their MPSG research investments are going, while networking and receiving production support.

Four workshops are available for farmers to attend:

Feb. 26 – Credit Union Place, Dauphin; Feb. 28 – South Interlake Rockwood Ag Society, Stonewall (Highway 236 and Road 75 North); March 5 – Days Inn, Winkler; March 7 – Sawmill Tea & Coffee Co., Boissevain

At every location, hear from MPSG production and on-farm specialists about the On-Farm Network research results and the science behind them. Take a closer look into soybean and pulse pests of concern and how they compliment these on-farm results. Brush up on the latest developments in pea agronomy research and learn more about pea opportunities in Man-

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~ Everyone Welcome ~



Continued on page 5

Plastic bags collected by students transformed into benches

Submitted by Karen Kelpin

Hundreds of thousands of plastic bags collected by students in Manitoba have been transformed into benches as part of Bag It Up Challenge 2018, a school program promoting recycling.

The benches were created as part of a program run by Take Pride Winnipeg! and Multi-Material Stewardship Manitoba and transformed into benches, by Winnipeg-based company ReGen Composites.

This past year, 154 schools across Manitoba took part, collecting over 866,000 plastic bags for recycling.

One of the benches was unveiled to students at Balmoral Elementary on Jan. 23. Balmoral was one of 14 schools that participated and received a bench.

Take Pride Winnipeg executive director Tom Ethans, and Multi-Material



Take Pride Winnipeg's executive director Tom Ethans, right, and Multi-Materials Stewardship Manitoba executive director Karen Melnychuk said the program shows kids how recycling can make a difference in a tangible way.

Stewardship Manitoba executive director Karen Melnychuk, made the formal presentation of the bench to the students on Jan. 23. Mr. Ethans also read *Timmy the Tumble Bag* (a book

he wrote), and donated the book to the school library.

Ethans said the program shows students how they can make a difference in a tangible way and hopes that stu-



TRIBUNE PHOTOS SUBMITTED
Caleb and Jackson sitting on a bench that was transformed by plastic bags into a bench by ReGen Composites.

dents will take their recycling enthusiasm home and encourage their parents to be environmentally conscious as well.

Travel voucher winner



TRIBUNE PHOTO BY LANA MEIER

Stonewall & District Lions Club members presented a \$2,500 travel voucher to Ashlee Watts last Thursday. Watts was the lucky winner of the Lions fundraising raffle and will be travelling to Hawaii next Christmas with her family. Pictured, back row, left to right: Len Kolenich, Wally Finnbogason, Pam Palcat, Mel Harrison, Dennis Hawkins; front row: Mary Boyd, Lyla Watts, Ashlee Watts and Ralph Sinclair.

> CROP PRODUCTION, FROM PG. 4

itoba from Bruce Brolley of Roquette.

In Dauphin and Stonewall, hear from Kristen P. MacMillan on her latest research focusing on soybean seeding decisions. In Winkler, learn more about the soybean cyst nematode, a new pest on the horizon from Dr. Mario Tenuta. In Boissevain, hear from Dr. Greg Endres from NDSU on the latest developments in dry bean research.

Following the workshops, farmers

will have the opportunity to chat with other growers, presenters and MPSG staff/directors over lunch.

Getting it Right regional production meetings are free events for MPSG members. Pre-registration is required. For more information and registration, please visit manitobapulse.ca/events/getting-it-right or email Laura at laura@manitobapulse.ca.

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TRIBUNE PHOTO BY MICHELLE WESTMAN

The South Interlake SnoRider volunteers have been busy grooming the trails this past month. The trails are open and in good condition according to the Snoman website at <https://snoman.evtrails.com/#>

Help your kids translate their skills into a career path

Submitted by News Canada

Work is changing. We hear about technological advancements like automation every day. So how do we know what skills we need for jobs now?

A recent study indicates that employers look most for strong foundational skills. These include:

Critical thinking. Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

Coordination. Adjusting actions in

relation to other people's actions to achieve a goal.

Social perceptiveness. Being aware of other people's reactions and understanding why they react the way they do.

Active listening. Giving full attention to what others are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.

Complex problem solving. Identifying complex problems and reviewing related information to develop and

evaluate options and implement solutions.

These are the current must-have skills that can be developed through part-time employment, volunteer work, extracurricular activities and even team sports. Understanding the skills developed through all of life's activities that may apply to the workplace is important, especially for young job seekers.

For example, by working as a barista, students are not just serving coffee

Continued on page 7

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letter to the editor

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A view from a Lions Manor resident regarding the parking ban

After reading Robyn Griffith's letter to the editor that was published in the Feb. 7 *Stonewall Teulon Tribune* regarding the parking ban on Keith Cosens Drive, I would like to make my position known.

I wish to make it clear that while I have spoken to many residents of Lions Manor who have the same concerns that I do, particularly those who drive vehicles, I am not writing this in any official capacity and I'm not speaking on behalf of all residents. I simply want people to understand the concerns that have been expressed, and why this matter is being discussed.

I also wish to make it clear that I recognize that the people across the street are our neighbours, and if necessary, we would like to work with them, with council and with Lions to

find a solution that will satisfy everyone, if at all possible. It is not our intent to engage in a feud of any kind.

We do wish to thank our mayor and council for acting on a promise that was made during the forum at the Odd Fellows Hall prior to the election. It is refreshing to have politicians in our town, who keep their word. We are aware that this situation had been taken to the former council; however, the people involved never received a response.

As for Mr. Griffith's letter, we do understand his concerns. Certainly, at a time like his daughter's wedding, it could be an inconvenience. He however appears to feel that there is no safety issue on Keith Cosens Drive. That is hard for us to understand. The fact is, this has created a very dangerous situation for many of the seniors

in Lions Manor in the past, and as a result of the addition of the fourth phase, that danger is increasing. This has been discussed for years, yet until now, it appears that no attempt has ever been made to find a solution.

With close to 200 apartments in Lions Manor, it is not hard to picture the number of vehicles that drive in and out of the driveways. While there are two driveways on the south side of the Manor, the one just off 5th Street is now an "entrance only," leaving one to exit to Keith Cosens. While there is a driveway at the southwest corner onto Lions Way, most of the vehicles from both the east and south side of the Manor choose to use the one onto Keith Cosens. Until the winter snow ban came into force, there is almost always a solid line of cars parked on the north side of Keith Cosens from 5th Street, west to this one centre exit, with cars or trucks parked right tight to both sides of that one busy driveway. I have not measured the width of the street, but I do know that when vehicles are parked at the curb, most drivers will try to pull over and stop, rather than drive by the car that they are meeting.

Now, here is the point I am attempting to make, for those who have never driven out of Lions Manor, south onto Keith Cosens. Try to picture inching your way onto the street, not being able to see either way until the nose of your car is already out before you have any idea that you are safe to continue. We have had at least two collisions and many close shaves. Fortunately, to date, no one has been injured, or worse. No, I am not over-

stating the situation. This is the way it is. Further, remember that the person pulling or backing out of a driveway will usually be the one that is charged with the accident.

When I sit on my balcony in the summer and look to the southwest down Keith Cosens Drive, it is one of the prettiest streets in our town. Unfortunately, you often see cars coming around the curve as if it were a speedway. And, by the way, the driveway that residents use most is at the very end of that curve. Do I need to say more?

Various solutions have been suggested; however, this writer believes that the final decision should be left to the good judgement of the Lions board and council. We do trust that whatever is decided will work for everyone. The one thing we ask is that the danger to our residents be eliminated.

Respectfully submitted,
J. A. Hickey

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The *Tribune* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are unlikely to be published), on-topic and respectful.

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Is the parking ban the right answer

Tenants and families are concerned about the no parking signs on Keith Cosens Drive, especially in front of Phase 3 and 4. There isn't enough parking in the lot. Many older family members visit their friends and family. Door two is quite a walk for the elderly. Home care is very important to some tenants at Lions Manor. I don't think it's right to push them to the back of the building.

-Mary Ann Pull

> CAREER PATH, FROM PG. 6

— they're practising critical thinking to determine the most efficient sequence of actions that will keep patrons happy. They're also actively listening when orders are given to ensure customers are getting what they've asked for.

What about playing a team sport? It's not just playing hockey, it's also practicing co-ordination as actions are adjusted on the ice based on teammates' actions.

Although it can seem tricky to identify skills learned through past experiences, there are tools that can help. RBC Upskill, a new online tool designed for young people, helps identify skills and then provides career possibilities that would fit with those skills. Try the tool at rbcupskill.ca.

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Some guys have all the luck

Hi folks.

With the coming of mid to late winter, Manitoba's towns that hug our waterways along with charitable organizations are filling our weekends with ice fishing derbies.

Jim Hemminger, a thin chap with straight dark hair and his long-time buddy Reid Price, a stout man with a magnificent grey curly beard, preferred to stay in their pop-up ice shack and continue fishing long after the Kitchen Craft Derby had ended on the Red downstream of Selkirk. They hadn't caught anything during the derby or, for that matter, up until the time I happened upon them last weekend.

Apparently, they really didn't care that the fish were ignoring their baited hooks, hanging together was their kind of fun. Jim seemed a friendly sort, and as I stood outside their shack, he gave us a summer fishing story through an open window.

A few summers ago, his grandchildren from Texas came for a visit and Jim, who lives beside the Winnipeg River by Lac du Bonnet, took the kids boat fishing. It was a sunny, calm day as he baited his hook and cast out. Then he busied himself baiting the children's hooks. Behind him at the bow of the boat, he heard the screaming of his line paying out. He turned and grabbed his rod. His escaping line suddenly stopped. He gave the

rod a little haul up. Whatever was on the end of the line responded by coming toward the boat. Jim reeled in as fast as he could. Then by the bow, water swelled and then fell away from the back of a giant sturgeon. It jackknifed, its tossing head visible above the side of the boat.

"Grampa, that thing is really big," his grandson cried out. Not wanting to frighten the children, Jim bent over the gunwhale and timing a moment when the fish was still, he wrestled the hook from the fish's mouth.

It slipped into the depths and was gone. Earlier in the week, I went visiting anglers on the ice downside of the Lockport Dam. There I met Dempster Turton of Winnipeg who was having a fair bit of luck as can be seen by his catch in this week's picture. Even though it was 20 below, there was no wind and we stood outside talking quite comfortably. I happened to be leaning against the wall of his shack as we chatted.

Casting a glance at his shack, he laughed, saying, "Last month, my son called alerting me that somebody had burned my shack I had spotted here. I came and cleaned up the mess and then went home and built the shack you're leaning against in three weeks."

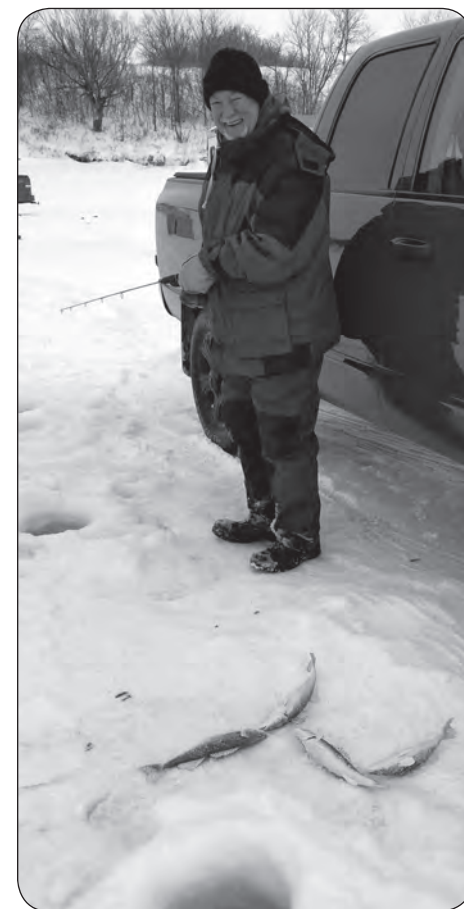
Later, before I left Dempster, I thanked him for cleaning up what was left of his burned shack. I told him we workers with the Manitoba Ice Fish-

ing Association feel so great when we see folks practising good housekeeping on the ice.

A while back, I met a young guy ice fishing by Gimli. I pulled up to his pop-up shack, got out and shouted, "Have you caught supper yet?"

"No," came back a rather depressed response. The chap inside unzipped the tent door. Crouching, he invited me in. He had a relaxed air about him, which seemed to fit with his lanky frame. His face was thin, defined, and he moved his head from side to side as he talked. He said his name was Brent Sys of Winnipeg as we introduced ourselves. We talked and in time he, too, had a summer fishing story for us.

We sat as he recalled boat fishing on the lake off Point du Bois a few years ago. It was a grey overcast day. He had placed his rod with the handle resting on the bottom of the boat and its end with a spinner on the end of the line dangling overboard just above the water. As he reached for a drink in his cooler, he saw out of the corner of his eye small jackfish coming out of the nearby reeds disturbing the water below the spinner. His knowing smile faded as the water suddenly became calm. He knew when big jackfish are around, the smaller fish take off. He scanned the water beside the boat. Suddenly, the "log" of a jackfish surfaced and, with a whip of its tail, arced upward, swallowing the spin-



TRIBUNE PHOTO SUBMITTED
Dempster Turton of Winnipeg with his catch on the Red River at Lockport.

ner. Brent instinctively slammed his foot onto the handle of his rod. Then, grasping the handle, he let the fish run. It went for the reeds. Using his leg on the idling motor, he manoeuvred the boat after the monster. The fish sealed its own fate. It tangled itself up in Brent's line and the reeds so badly, he had no problem gaffing it. Well, I found it funny that Jim and Brent both had summer fishing stories for us, but we do appreciate them.

See you next week, my friends. Bye now.

How to live well later in life

Submitted by News Canada

Getting older is a bonus for a life well-lived. Being active socially, mentally and physically in your golden years is the return on ongoing investments you make all life long. It benefits you, your family and your com-

munity.

Here are a few tips for maintaining a healthy and energetic lifestyle in your later years:

Extend your social network. Form a brunch club that meets one Sunday a month to try a new restaurant.

Or a book and movie club that meets for new movies once a month in the fall and a new book once a month in the spring.

Practise saying yes. Try this even if you're not sure you'll like what's being offered. Saying yes introduces you to new experiences and challenges, and keeps your curiosity flowing.

Take up new activities. Always wanted to try cross-country skiing or Tai Chi? Now is the time. Maybe yoga ap-

peals to you, or you've always wanted to learn Spanish. It's never too late to try something new. These kinds of activities keep the mind and body humming, as well as introduce you to people with similar interests.

Make a difference. Consider becoming a refugee sponsor along with friends, neighbours and those in your community. A committed team of five people is all it takes to provide emotional, practical and financial support for the refugee family during their first year in Canada. A larger group can help raise funds to support the family's first year of settlement and provide ongoing friendship. Along the way, you'll make friends for life and learn about a new culture and part of the world.

The Refugee Sponsorship Training Program can match your group with a refugee or refugee family overseas. Find more information at rstp.ca.

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For the love of reading

By Jennifer McFee

I Love to Read month is a great way to get kids excited about reading. At the same time, it's also important to note that literacy should be encouraged all year round.

At Ecole Stonewall Centennial School, literacy is a key focus for all 10 months of the school year.

"Literacy is something that's ongoing all the time," principal Ed Harvie said.

Each classroom has its own library with levelled books of different genres.

"It's important to make sure that you have enough genres for all the kids and their interests. In some of the classes when the teachers developed these libraries with their kids, they asked the kids themselves what are their interests or what books did they recommend to purchase for their classroom libraries," Harvie said.

"Then when they go to the library, they get a whole new variety of different types of books."

The school also has mini-libraries within the main library. Kids have the chance to get together in literary circles where a small group of students are reading the same book. After each reading, they can share their experiences and knowledge with each other.

"They can share their experiences and knowledge after each reading," Harvie said.

In the classrooms, teachers assess the students to determine their reading level. Books are colour-coded by level so that students can easily see which choices are suitable for them.

"For ourselves, the levelling of the books is probably the most important aspect in making sure that we find or get the appropriate books for their interests at the students' reading level,"

Harvie said.

"It moves kids along quite well. It also helps them to build their confidence and it allows them to be able to cross-reference with respect to what they're reading, especially if they have a lit circle with a number of kids that they want to share their ideas with about what they read."

Similar initiatives are underway for numeracy using guided math within math centres. The teacher works with students in small groups based on their levels in mathematics. They also use a computerized program called NetMath to help build their skills.

"Again, their level is predetermined based on their abilities. They can move up and down on a scale of their ability based on the topic that's involved. It's intended for Grade 3 up to Grade 9, so those kids who need a little bit of refresher to go back down a level to re-learn and build themselves up. Those kids who are ahead just work ahead on different levels for problem-solving and everything else," Harvie said.

"It's all based on finding out where your students are at and putting them at the right level so that they're not shutting down or getting frustrated or anxious if they're not knowing."

To further promote literacy in February during I Love to Read month, Ecole Stonewall Centennial School hosted a Scholastic Book Fair.

As well, the morning announcements include a special book-related quote, and there is also a weekly book-related trivia question on the morning announcements for a weekly draw on Friday.

In addition, the Drop Everything and Read initiative has students listening for the bell and then breaking

Continued on page 10

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> I LOVE TO READ, FROM PG. 9

out their books to read for 15 minutes. For students interested in playing Book Bingo, they can pick up a Bingo sheet from the library and fill it out for a chance to win a prize at the end of the month.

Students can also have a "blind date with a book" by choosing a plain-wrapped book in the library to check out.

For the Read Around the World initiative, students can colour in one country on a reading map in front of

the office when they finish a book.

Teachers can also hand out post-cards to recommend a book to someone else.

Other special events include Books with Buddies when two classes are paired together to read, dressing like a book character day, dressing in red and reading for Valentine's Day, and wearing pyjamas for Read a Book in Bed Day. Guest readers will also be coming to the school to share a book with each class.

RATEPAYERS OPEN HOUSE

The Board of Trustees of the Interlake School Division invites members of the community to attend a "come and go" Open House to view the PROPOSED 2019-2020 fiscal year budget. Trustees and senior administration will be available to answer questions.

We look forward to seeing you on:

Thursday, February 21st, 2019

École Stonewall Centennial School

573 2nd Ave. North

Stonewall, MB

5:30-7:30 p.m.



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CLI plans to build an outdoor patio at café

By Jennifer McFee

Plans are in the works for a patio space outside the Community Living Interlake café, and the non-profit organization is asking Stonewall council to contribute towards the cause.

The Association for Community Living Interlake (CLI) provides food, housing, job coaching and basic care to more than 100 intellectually challenged adults in Stonewall and the Interlake. In particular, the agency provides housing for 25 individuals in its six houses and eight supported apartments in Stonewall.

As well, the day programs provide daily programming for about 50 people from Stonewall and other nearby communities.

Three years ago, CLI opened a social enterprise gift store and on Oct. 31, the organization opened a social enterprise café at 307 Main St. Both of these social enterprises operate under the business name Something Beautiful, which was suggested by a client. The mandate is to provide hands-on job training and skills development, as well as opportunities to interact with others in the community.

At the Feb. 6 Stonewall council meeting, executive director Jimm Simon asked council to consider supporting CLI by investing \$15,000 from the upcoming budget. The funds from the town will be combined with grants and other sources of money to build a patio next to the building.

Last year, Stonewall council provided CLI with \$10,000, which was used to complete the renovations and open the café.

"We see many benefits of creating this outdoor venue. First, this patio space allows CLI to continue to expand its social enterprise businesses. Again, our goal is to provide more opportunities for our individuals to work and interact with customers. In addition, this venue will increase our ability to generate revenue and become more self-sufficient," he said.

"We envision people spending a summer evening sharing a slice of pizza and a glass of wine with friends or on a warm fall morning sipping a hot cup of coffee after dropping the children off at school."

The outdoor venue could also enhance the streetscape and, by extension, the foot traffic and economic activity on Main Street.

"This kind of outdoor space has contributed greatly to the enhancement and use of many neighbourhoods in Winnipeg, like the Corydon and Exchange



TRIBUNE PHOTO BY JENNIFER MCFEE

Jimm Simon showed a historical photo of Stonewall during last week's council meeting.

areas. Patios are familiar outside of cafés and restaurants throughout the world," he said.

"In combination with other nearby businesses such as McLeod House and the Stonewall Bazaar, we are starting to create a destination in downtown Stonewall where locals and visitors gather. We feel strongly that by providing venues that attract people downtown that we can greatly enhance the community."

An investment in CLI contributes to the economic growth, inclusivity and the sense that Stonewall is a welcoming community, he added.

"We believe that the benefits of this investment will generate far more in return to the community than it will cost," Simon said.

CLI has an annual operating budget of about \$4 million and the organization employs about 100 people. Most of the funding comes from the Mani-

toba Department of Families as individually assessed per-diems for clients.

"In 2018, our funding has undergone several reviews and reductions as the government undertakes a program of applying new standards and funding guidelines. We are already feeling the impact of these cutbacks. In 2019-20 fiscal year, we will be facing shortages and cutbacks that could well result in a reduction of the services we are able to offer," Simon said.

"It appears that several of our housing units will not receive enough funding to cover the basic requirements for staffing and certainly not enough to cover upkeep and repairs. We are looking at the unsustainable situation wherein we will be operating our houses at a deficit."

Over the past four years, CLI has invested about \$1 million in real estate and renovations, including local contractors and suppliers. The organization also invests about \$4 million per year in annual operating funding into Stonewall's economy.

"We are not here asking for a handout. We are asking the town to invest in the continued growth of CLI so that we can contribute even more to the streetscape and the economic activity of downtown Stonewall, and so that we can continue to provide opportunities for people to learn new skills, find meaning in their lives and to become contributing members of this community," Simon said.

"At CLI, we believe strongly that the council and the town have received a very high rate of return, in both tangible and intangible results from the money they have invested in our operations. We want to continue to provide the town with this high rate of return on future investments."

Stonewall council will consider the request during budget deliberations.

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ISD ratepayers open house set for Feb. 21

By Jennifer McFee

The public has an opportunity to get informed at the upcoming Interlake School Division ratepayers open house.

The come-and-go event is slated for Thursday, Feb. 21 from 5:30 to 7:30 p.m. at Ecole Stonewall Centennial School (573 2nd Ave. North). Attendees will have the chance to view information about the proposed 2019-2020 budget, and trustees and senior administration will be on hand to answer any questions.

"I think that it's important to come out and see what the proposed budget is going to look like. It's a shortfall of funding for us again this year," said board chairperson Fran Frederickson.

"This year with the education review, it's also important that people come out and voice their opinions and provide input on what happens at the

local level."

The provincial government recently announced funding for public education, and the Interlake School Division will see a -0.1 per cent change for the 2019-2020 school year. The provincial government also recently announced a pending review on kindergarten to Grade 12 education.

"Over and above what the provincial government provides us for funding, we're also going to be providing information about what their tax dollars directly fund. So that's another reason why they should come out and see their tax dollars in action," Frederickson said.

"The plan is to provide our ratepayers with information about what their dollars have contributed to within the Interlake School Division as well. We encourage everybody to come out."



The Interlake School Division board of trustees are hosting a ratepayers open house on Feb. 21.

Legion welcomes new members and guests

By Jennifer McFee

All are welcome to drop by or become members of the local legion, although perhaps not everyone knows how open the legion can be.

"The stigma is still that you need to have an affiliation with the military to be a member of the legion, and that is not it," said Teresa Taplin, president of the Stonewall Royal Canadian Legion Branch #52.

"They just have to go in and sign up and be over the age of 18. It's \$45

a year to be a member. The more we get in there, hopefully the more volunteers we can also get since a lot of our members are getting older."

Members get voting rights and they're invited to attend a meeting every second Tuesday of the month.

"As a member, they can come in and vote yay or nay on anything that we decide to do to give back to the community. Last year, we donated over \$25,000 back to the community," Taplin said.

"I love what they do, and it's all due to the volunteers. We're able to do things like the bonspiel that's coming up. Any extra money that we get, we're able to donate back to the community. We've bought three beds for the hospital and we've given to palliative care. There are also scholarships for kids. I think it's a worthwhile organization, especially when it gives back to the community that gives to them."

For anyone who would just like to relax at the legion without becoming a member, again, all adults are welcome.

"You do not have to sign in and

you do not have to be a member. You used to have to sign in if you weren't a member," said Taplin, adding that there is still a rule that no hats are allowed.

"A lot of people are saying they'd much rather go to the legion where it's quieter and they can sit in a lounge atmosphere. Everybody's welcome to come to the legion."

For more information about the local legion, drop by in person at 459 Main St. You can also check out the Facebook page entitled "Stonewall Royal Canadian Legion Branch #52" or visit the website at www.rclbranch52.com.

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The winning team



TRIBUNE PHOTO BY KARI WILLEY

The Balmoral United Church and Curl Balmoral held a Quiz Night this past Saturday with quizmasters Robin and Maria Allan hosting. Approximately \$3,000 was raised by the 21 teams participating. The funds will be used for general maintenance and ongoing costs for both groups. The winning team was 'Don't forget to tip the bartender', including John and Jennifer Greigson, Steve and Corrie Rear, Jennifer Bilsky, Chris Fearn and Lisa and Grant Meyers.

Christian Love is more than an emotion...

Some of our modern preachers would have us believe that Jesus' message is plain and simple; it is about love over hate. There is no doubt that this summarizes the commandments and is required by every disciple. The fact is, however, that if love were Jesus' only message he would not have made so many enemies, especially among those who valued great wealth or those who were in positions of great power.

If we look at the Beatitudes (Luke 6:17-26), for instance, we see there the promise of blessings for those who are marginalized, the poor, hungry, the weeping and despaired. It is to those who have learned to trust in God and rely on his goodness that Christ promises to raise up, give life and to lead to ever lasting joy. On the other hand, Jesus offers warnings for those who are filled now and have everything they want, for they will be hungry, that is those who have mistakenly thought that happiness comes from affluence and freedom from pain or suffering. For these true joy will be illusive as their priorities leads them away from depending on God and his Grace.

Finding the joy, we all long for comes when we learn not only to love but to love as Christ loved. We must align ourselves with those whom Jesus favoured. This is not always easy. It is a matter of being humble, showing mercy, opening our hearts to those in need. Love is central to Christ's message but it means that we stand with the hungry and grieving and notice their pain. This is anything but easy.

Rev. Barry Schoonbaert

Pastor of the Catholic Communities of South Interlake

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Pan-Roasted Pork Tenderloin with Roasted Vegetables and Apples

Recipe courtesy of Chris Scott on behalf of Anolon Cookware

Yield: 4 servings

Anolon Accolade Saute Pan

1 tablespoon olive oil

1 pork tenderloin (8 ounces), cleaned salt, to taste

pepper, to taste

3 carrots, peeled and cut into pieces

2 apples, cut into wedges

4 baby bliss potatoes, halved

1 leek, cleaned and halved

3 cups apple cider

1/4 cup apple cider vinegar

1/4 cup brown sugar

Heat oven to 400 F. Heat saute pan over medium-high heat; add olive oil. Season pork tenderloin with salt and pepper, to taste, and sear on all sides until brown.

In same pan, add carrots, apples, potatoes and leek. Reduce heat to medium and cook 3 minutes until vegetables have some color.

Deglaze pan with apple cider, apple cider vinegar and brown sugar.

Put pan in oven and cook 15 minutes. Remove pan from oven.

Remove pork from pan and let rest on cutting board. Put saute pan with vegetables and liquid back in oven 3 minutes until liquid is reduced and syrupy. Vegetables should be well glazed when finished.

Slice pork and plate. To serve, place glazed vegetables and pan drippings over meat.



Cinnamon Rolls with Dried Cranberries and Pecans

combine milk, water, butter, cornmeal and salt; bring to boil, stirring frequently. Set aside to cool to 120-130 F.

In separate bowl, combine 2 cups flour and yeast. Add cooled cornmeal mixture and, using mixer, beat on low until smooth. Add eggs and 1 cup flour; mix 1 minute. Stir in remaining flour, as necessary, to form soft dough.

Turn dough onto floured surface; knead until smooth and elastic. Place in greased bowl, cover and let rise until doubled in size, about 1 hour.

To make Topping: In saucepan, combine brown sugar, butter and milk; bring to boil, stirring occasionally. Pour into greased baking pan. Sprinkle with pecans; set aside.

Heat oven to 375 F.

To make Filling: Punch dough down, divide in half. Roll each half into rectangle; spread with softened butter. Combine cinnamon and sugar; sprinkle heavily over butter. Sprinkle cranberries and pecans over top. Roll up dough from one side. Pinch seams and turn ends under. Cut each roll into 12 slices. Place slices cut-side down in baking pan. Cover and let rise until nearly doubled in size, about 30 minutes.

Bake 25 minutes, or until golden brown. Remove from oven and let cool about 1 minute. Invert onto serving platter.

Recipe courtesy of Chris Scott on behalf of Anolon Cookware

Yield: 24 cinnamon rolls

Cinnamon Rolls:

Anolon Accolade Saucepan

2 cups milk

1/2 cup water

1/2 cup butter

1/3 cup cornmeal

2 teaspoons salt

7 cups all-purpose flour, divided

2 packages (4 1/2 teaspoons) active dry yeast

2 eggs

Topping:

2 cups packed brown sugar

1/2 cup butter

1/2 cup milk

1 cup chopped pecans

Filling:

1/4 cup butter, softened

2 tablespoons ground cinnamon

1/2 cup sugar

1 cup dried cranberries

1 cup chopped pecans

To make Cinnamon Rolls: In saucepan,



This is not just a Black and White World

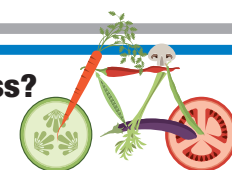
good person, who would never hurt a soul, who had some tough breaks in life. Meanwhile, the upstanding citizen of the community, respected by all, may spend his evenings drinking until he passes out, while viewing child pornography on the internet.

We may consider the stripper who works to feed her children to be immoral, while we simply shrug when a friend says she despises her husband, but stays because he keeps her in designer clothes and diamonds. It is just not a black-and-white world. What we see on the surface often belies the deeper truth. Sometimes the 'bad guys' are good, and the 'good guys' are bad. Think twice before you judge.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

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Recipe courtesy of Chris Scott on behalf of Anolon Cookware

Yield: 8 servings

Large Anolon Accolade Skillet

1 large head cauliflower

1/4 cup butter

1/2 cup black eyed peas, drained and rinsed

1 tablespoon Cajun seasoning

2 tablespoons parsley, chopped

1/3 cup dried cranberries

1 cup roasted butternut squash, diced

1 tablespoon fresh chopped sage

Cauliflower Rice and Beans

Wash and thoroughly dry cauliflower; remove all greens.

Use box grater and grate into "rice." Using skillet, heat butter until melted and beginning to become toasty. Add cauliflower rice and cook until soft, constantly stirring. Add black eyed peas, Cajun seasoning and parsley; stir and cover with lid. Reduce heat to low and cook 5 minutes. Add dried cranberries, roasted butternut squash and sage.

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INSIDE > OUTSIDE > UPSIDE DOWN

Merces crowning Royals in SEMHL playoff series

By Brian Bowman

It's not often that a team has an easy time winning a game on the road during the playoffs.

But that's what happened to the Warren Merces on Sunday as they blitzed the Winkler Royals 7-1 in South Eastern Manitoba Hockey League action.

"Right from the opening face-off, I think the guys were keyed into what we needed to do and now we have a chance to wrap it up at home," said Merces' head coach Gerry Minaker.

Warren snagged a 4-0 lead by the 17:02 mark of the opening period and then increased that advantage to 6-0 after 40 minutes and 7-0 by the 12:19 mark of the third.

"(The big, early lead) was huge because the guys just gained confidence with every shift," Minaker said. "We knew if we kept pressing, you could kind of see the heads starting to sag a little bit on the other bench because we're a pretty tough team to come back against if we get that kind of lead."

Trent Genyk led Warren with three goals while Braydon MacDonald had a goal and two assists.

Trent has not always been available to the Merces this season with his coaching responsibilities with the Interlake Lightning Provincial Midget team.

"(Trent) was very good," Minaker said. "Trent hasn't been with us for quite a few games this year but he got the minimum requirement, which is seven games, so he could play in the playoffs."

"His experience and touch around the net has always been good but (Sunday) night, I don't think I have seen it any better. He was finding the spots and they were going in for him. I was very happy for him."

Matt Jacobucci and Brendon Luschinski chipped in with a goal and an assist apiece. Kyle Luschinski scored the Merces' other goal.

Mitch Hansen and Wes Pawluk each had two assists in the game.

Marcus Neufeld snapped Hayden Dola's shutout bid at 19:43 of the third.

Dola was very good in goal, making 43 saves for the win.

"Hayden has been rock-solid in these two (playoff) games," Minaker noted. "He's playing the puck and seeing the puck. He's stopping it behind the net and the communication with the defence has been very, very good. He's on top of his game at the right time of the year."

The Merces started the series with a 5-1 home win over Winkler on Friday.

Warren's Travis Bobbee opened the game's scoring with a power-play goal at 14:58 of the first period. Bobbee also had two assists in the game along with Pawluk.

But Winkler's Brett Suderman answered with a goal just 41 seconds later to tie the score.

The Merces took over the game in the second period, though, with goals from Trent Genyk and MacDonald. MacDonald's marker came on the power play at 16:27 of the middle frame.

Hansen and Brock Genyk (via the



TRIBUNE PHOTO BY JO-ANNE PROCTER

Merces' goalie Hayden Dola has been very good for Warren in their SEMHL best-of-five series. Warren led the series 2-0 heading into this past Tuesday's Game 3.

power play) scored in the third.

Warren was very good with the man advantage, scoring three goals in four opportunities.

"I sure hope it continues," Minaker said. "We didn't get a lot of chances in Game 2 on the power play but in Game 1, it was working really well. It's something that we've talked about a lot and the guys are starting to move the puck and we're including the defencemen in it - I'm really happy with it."

The Merces outshot the Royals 48-24 as Dola earned the victory.

Game 3 of the series was played this past Tuesday in Warren but no score was available at press time.

If necessary, Game 4 will be played Sunday at 7:30 p.m. in Winkler. A Game 5 would return to Warren next Tuesday with an 8 p.m. start time.

In the other SEMHL playoff series, the Portage Islanders dumped the Notre Dame Hawks 5-3 in Game 1 last Friday. Game 2 was to be played this past Tuesday.

Game 1 of the Morden versus Altona series was slated to start the same night.

Jets blanked by Hawks, fall to eighth place in MMJHL standings

Staff

The Stonewall Jets had a taste of what playoff hockey will like on Sunday evening against the Charleswood Hawks in Winnipeg.

With seventh place up for grabs — at least, for the time being — Charleswood shut out the Jets 4-0 in Manitoba Major Junior Hockey League action.

Sean Robinson gave Charleswood a 1-0 lead midway in the first period and then Ben Wicha made it 2-0 at 19:23 of the middle frame.

Joben Smith and Taylor Opperman then scored 1:55 apart late in the third.

The Hawks outshot the Jets 38-31 as

Adam Swan took the loss.

Stonewall was 0-for-3 on the power play while Charleswood was blanked in four opportunities.

On Jan. 5, the Jets were defeated 7-3 by the St. James Canucks in Winnipeg.

Stonewall took a 2-0 lead on goals by Chance Dickenson and Aiken Chop just 11:31 into the game. Chop's team-leading 25th goal of the season came via the power play.

But St. James battled back just 17 seconds later as Dylan Burton scored and then the Canucks' Kieran Ussel and John McCammon tallied in the second.

St. James increased its lead to 5-2 as Burton and Tristan Ezako scored before Stonewall's Braden Groot replied at 16:45.

The Canucks then added a pair of late goals by McCammon (in an empty net with Jets' goalie Curtis Beck pulled for an extra attacker) and Cam Danylchuk.

St. James outshot Stonewall 40-24 as Nathan Cvar earned the win in goal.

The Canucks were 3-for-6 on the power play while the Jets finished 1-for-4.

With the two losses last week, Stonewall is now 16-17-4 and has 36 points,

just two behind Charleswood heading into this week's action. The Jets have played one fewer game than the Hawks, however.

Stonewall will host the St. Boniface Riels Wednesday and then will visit the St. Vital Victorias on Valentine's Day. Both games start at 7:30 p.m.

The Jets will play their final home game Feb. 22 when they host the Raiders Jr. Hockey Club.

Stonewall will then wrap up its regular season two days later when they face the last-place River East Royal Knights.

Getting the callup



TRIBUNE PHOTO SUBMITTED

Interlake Lightning players Matt Vandel, left, and Josh Bond suited up for the Manitoba Junior Hockey League's OCN Blizzard, now led by head coach Jamie Corbett, right, against the Wawayseecappo Wolverines last Friday. Vandel scored his first MJHL goal while Bond made 50 saves in a 4-3 loss.

Varsity basketball action



TRIBUNE PHOTO BY JO-ANNE PROCTER

Warren's Asa France drives to the basket during the Wildcats' varsity boys' home tournament last weekend. The Wildcats defeated the MacGregor Mustangs 74-69 to claim third place. Liam Bangle netted a team-high 16 points and hauled in 16 rebounds against MacGregor. Bangle also had double digits in points and rebounds in the Wildcats' other two games last weekend. Hunter Sholdice scored a game-high 14 points in Warren's opening game against Riverton while France and Johnny Holtmann contributed with double-digit assists in all three games.

Warren wins Teulon varsity girls' basketball tournament

Staff

A pair of local teams battled it out in the championship game of the Teulon varsity girls' basketball tournament last weekend.

The Warren Collegiate Wildcats won their fifth-straight tournament title this season with a 52-35 victory over the Teulon Collegiate Saints in the final last Saturday.

Warren started the tournament with

a dominating 72-29 victory over the St. Maurice Patriots and then the Wildcats beat the Calvin Christian Eagles 48-42 in a tightly-contested, semifinal matchup.

Teulon, meanwhile, reached the championship game after downing the Peguis Wolves 66-2 and the Steinbach Christian School Flames 57-51.

Steinbach is ranked No. 4 in the "AA" provincial rankings.

Calvin Christian defeated Steinbach Christian 53-38 in the third-place game.

The tournament all stars included Warren's Jordan Schott and Alex Chester and Teulon's Mackenzie Garand and Jacey Ledochowski.

Calvin Christian's Serena Algera and Steinbach Christian's Eryn Friesen also were selected to the all-star team.

The tournament's most valuable player was the Wildcats' Grace Goodman.

In exhibition play last Thursday, Teulon knocked off the Boissevain Broncos, the MHSAA No. 1 "A" provincially ranked team 36-35.

Teulon was No. 7 among "AA" schools last week and expected to move up when the rankings were released this week.

U17 Prep, Bantam Lightning teams wrapping up regular seasons

Staff

The regular seasons are wrapping up for the Midget U17 Prep and Bantam "AAA" Interlake Lightning teams.

The Lightning U17 Prep team will play its final regular-season game next Tuesday at 7:15 p.m. against the Hawks at the Maples Multiplex.

On Sunday, Interlake was dumped 8-2 by the Eastman Selects.

The Lightning's Ashton Fisher scored a first period goal, assisted by Logan Resch, and then Adrian Klimpke netted an unassisted goal in

the third.

Eastman, which built period leads of 2-1 and 5-1, received goals from Ty McNaughton, Micah Funk, Eric Matenchuk, Riale Lawless, Evan Leeson, Steve Desisle, Cole Rickey and Caleb Thiessen.

Eastman outshot Interlake 36-18 as Tyrese Bear took the loss in goal.

Last Thursday, the Lightning was defeated 5-1 by the Winnipeg Sharks in Stonewall.

Winnipeg's Charlie Kosman scored a first-period goal and then Aidan

Linklater and Anthony Jacob made it 3-0 after two periods.

The Sharks went up five goals as Alex Harney and Malcolm Aundrushko tallied before Resch scored at 15:26 of the third, assisted by Fisher.

Jackson Kummert made 30 saves in the losing cause.

In Bantam action, Interlake lost a pair of games last weekend.

The Lightning were defeated 4-1 by the Selects in Landmark last Friday and then blanked 3-0 by the Yellowhead Chiefs on Sunday in Shoal Lake.

Brayden Stevenson scored Interlake's lone goal in the first period against Eastman. Brayden Bear and Karson King assisted on the goal.

Dawson Cowan and Zach Meadows each had a start in the Lightning goal last weekend.

Interlake hosted the Warriors this past Monday in Stonewall but no score was available at press time. The Lightning will then play the Central Plains Capitals on Saturday in Stonewall. Puck drop is 6 p.m.

Interlake Lightning suffer trio of Midget 'AAA' losses

By Brian Bowman

The Interlake Lightning rebounded nicely from a very lopsided loss last weekend

Interlake hosted the first-place Winnipeg Wild Saturday evening in Arborg and the visitors whipped the home side 9-0.

The next afternoon, the Lightning suffered a 4-3 overtime defeat to the Eastman Selects in Teulon.

Eastman's Matthew Egan scored the game-winner in OT.

Interlake's Matthew Vandel forced the overtime when he tallied at 19:44 of the third period.

Matthew Boonstra scored at 8:18 of the final frame to stake the Selects to a 3-2 lead.

Vandel scored a first-period goal to give Interlake a 1-0 advantage. Eastman's Kade Runke tied the score with a power-play marker before Interlake's Kai Studler and Eastman's Michael Svenson traded goals late in the middle frame.

Interlake was 1-for-6 with the man advantage while Eastman was 1-for-9.

Lightning goaltender Josh Bond stopped 42 Selects' shots.

Bond was very, very busy in goal

against the Wild in the nine-goal loss as Winnipeg outshot the Lightning 70-10.

Winnipeg, which held period leads of 2-0 and 6-0, received goals from Dean Gorchynski (three), Reese Belton (two), Tyson Smith, Aeden Loschavo, Ethan Robson and Kaden Bryant.

On Feb. 6, the Lightning lost 6-2 to the Bruins in Winnipeg.

Interlake's Emmitt Farebrother opened the game's scoring with an unassisted goal just 48 seconds into the first period but Winnipeg battled back with goals from Mathieu Cate-lier, Graeme Patrick, Bryden Kiesman (via the power play) and Trent Thornton to take a 4-1 lead after 40 minutes.

The Lightning's Derrick Lange scored at 11:20 of the third period, assisted by Nicholas Prystupa, but the Bruins' Will Highet responded with a goal just 23 seconds later.

Catelier then made it 6-2 late in the third, putting the puck past Bond.

Interlake, now 10-30-0-3-0 and with 23 points to occupy 11th place in the 13-team league, will continue its five-game homestand against the Parkland Rangers (7:30 p.m.) on Saturday.

The Lightning will take on the South-



EXPRESS PHOTO BY LANA MEIER

Interlake Lightning forward Cadrick Dueck of Arborg chases after the puck against the Eastman Selects during Manitoba "AAA" Midget Hockey League action Sunday in Teulon. Eastman won the game 4-3 in overtime.

west Cougars Sunday (2:30 p.m.) and the Wild next Wednesday (7:45 p.m.).

All three of those games will be played in Teulon.

The Lightning will wrap up its season Feb. 23-24 when they travel north to battle the last-place Norman Northstars in Thompson.

Elite Interlake athletes offered specialized training

By Brian Bowman

Elite athletes in the East Region of the province have an opportunity to receive some specialized training.

The 2019 Multi-Sport In-Season Training is currently being offered. It is suited for athletes aged 13-21 who are pursuing high-level competitive success and/or have the possibility of attending the 2019 Canada Winter Games or 2019 Western Canada Summer Games.

"The program is designed for rural athletes that can't come into (Winnipeg) for strength and conditioning work," said Jordan Koroll, the Coach/Athlete Development Coordinator for the East Region. "This is for athletes that want to play at a higher level and we do it to (help avoid) injuries, prevent burnout, and to improve overall performance in whatever sport they are doing."

This program, which is looking to attract more athletes in the coming weeks, is designed for athletes with a background in competitive sport who may benefit from doing mobility, strength and core exercises to aid in recovery from practice and competition while maintaining or improving

performance during the season.

"Strength is something that is critical to athlete development," Koroll said. "If you want to be better in jumping or running...in a speed/power sport is going to benefit from doing some strength conditioning if they want to play at the next level."

Some speed and agility work may be incorporated depending on space, athletes' schedules, and the sport they compete in.

A session has already taken place at the Lord Selkirk Regional School weight room/lower track and will go Monday's from 4-5 p.m. and Wednesday's 3:45-4:30 p.m. (with no session this coming Monday) until March 15.

The Balmoral Elementary School has already hosted two sessions with another slated for next Tuesday from 6-7 p.m.

Sessions will also be hosted in Beausejour every Thursday from 7-8 p.m. until March 14.

The cost is \$15 per session drop in (cheque only accepted).

For more information, please contact Jordan Koroll at 1-204-481-0974 or via email at Jordan.Koroll@sportmanitoba.ca.



TRIBUNE PHOTO BY LANA MEIER

Emalia Sinclair uses gymnastic rings for a core and shoulder workout in preparation for the Canada Winter Games.

McEwen headed to hometown Brier in Brandon

By Ty Dilello

Brandon native Mike McEwen and his team of Reid Carruthers, Derek Samagalski and Colin Hodgson from the West St. Paul Curling Club punched their ticket to the 2019 Tim Hortons Brier in Brandon on Sunday afternoon when they defeated Granite's William Lyburn 5-3 in the finals of the Viterra Championship at the Tundra Gas & Oil Place in Virden.

In a tight affair, McEwen had jumped out to a 3-0 lead in the final after six ends, but Lyburn rallied with a big three-ender in seven to tie the game up. After a deuce in the eighth end for McEwen, Lyburn blanked the ninth so that he could hold the decisive final rock in the last end. Unfortunately, they couldn't muster up anything and McEwen converted a wide-open hit to win his third provincial championship.

The McEwen/Carruthers combo had gotten off to slow start to their season, having little success, and frequently changing up the team's lineup to try and find a winning formula. This past week in Virden it all came to fruition as they overcame an early hurdle to rally and win seven straight games to take home the title.

Now to play in a hometown Brier is something that McEwen has been relishing for a while now.

"I wasn't sure I was going to get the opportunity to play in a home province Brier and to have it be Brandon, it's extra special to be part of that," said McEwen. "To have a community like that wait a long time to get that kind of big championship, I didn't want to be sitting on the sidelines. I'm not gonna lie, that would have hurt."

East St. Paul's Kyle Doering, second for Team Lyburn was very excited with his team's performance throughout the week. He was the only member of his team that had previously played in a provincial men's final and he used his prior experience to very solid all week, winning the All-Star second award in the process.

"I thought things went better than expected. We really bared down this week and put in some solid games," Doering said. "In the final, we ran into a very good team in Mike McEwen and they showed why they are the very successful curlers that they are. It was a great run for our team and I'm just so proud of the guys."

McEwen got to the finals by defeating Granite's Jason Gunnlaugson 9-2 in the 1v1 game while William Lyburn reached the final by first narrowly overcoming Winnipeg Beach's Tanner Lott 8-7 in the 2v2 game and then followed that up with a 6-2 win over Gunnlaugson in the semi-final.

For Gimli's Denni Neufeld and his Gunnlaugson foursome, it was a difficult end to a very strong week. The number two seed coming in, Gunnlaugson won their first three games to advance to the championship round, before winning two more games to reach the 1-1 game, including a big 8-4 victory over third seed Braden Calvert. The page playoff did not go well for Gunnlaugson as they struggled to make simple shots in losses to McEwen and Lyburn.

Winnipeg Beach's Tanner Lott led the next-generation of star curlers in Manitoba with a run that ended in the 2-2 game to William Lyburn. The Lott brothers (Tanner and Colton), along



PHOTO SUBMITTED

Wade Ford, left, and Kennedy Bird, right, sweep skip Tanner Lott's rock at the Viterra Championship.

with Kennedy Bird and Wade Ford proved they belonged out there with the very best as their shot-making abilities are world-class. If they continue to play at a high-level going forward, they definitely have the potential to win a buffalo or two.

One of the biggest surprises of the championships was the run that Gimli's Steen Sigurdson went on. After dropping their opening game in a blowout to Pembina's Daniel Birchard, the 21st seeded Sigurdson rallied to win four-straight games on the B-Side to punch their ticket to the Final 8, defeating the likes of Grant Shewfelt, former men's provincial finalist Sean Grassie, Birchard, and a thrilling game with fifth seed Dennis Bohn where they stole the final end

after Bohn wrecked on a guard trying to remove a Sigurdson counter in the four-foot. Sigurdson advanced to the championship round of the Viterra Championship for the third time so far in his curling career, but unfortunately that's where his Cinderella run would end. Once in the Final 8, Sigurdson quickly bowed out of the tournament losing to Lorette's Corey Chambers and Winnipeg Beach's Tanner Lott.

David Bohn, had a solid run through the tournament as the seventh seed, advancing to the Final 8 from the B-Side before dropping a pair of games to Braden Calvert and William Lyburn to send them packing. And finally,

Continued on page 19



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Interlake Orioles announce tryout dates

Staff

Most people are thinking hockey right now as league playoffs are right around the corner.

But the Interlake Orioles have something else on their minds right now — baseball.

The Orioles have announced their tryout dates for their 13U, 15U and 18U teams for the upcoming season.

Interlake will be bringing out the bats and gloves for the first time March 4 from 7:30 to 9:30 p.m. at the South Soccer Complex by Investors Group Field.

The Orioles will then hold another tryout session on March 9 from 6:30 to 9:30 p.m. at the Winnipeg Soccer Federation Complex on Leila Avenue.

Cost for the tryouts is \$25. Players can attend both session for that fee.

Players interested in playing "AAA" baseball for the Orioles must attend at least one of the camps.

If interested, please register with Dave Meyers at smeyers@highspeedcrow.ca.

Record numbers compete at Marquette's Big Stick bonspiel



TRIBUNE PHOTOS BY CALVIN JANKE

It took 54 hours and approximately 50 volunteers full of community spirit to ensure the success of the 10th-annual Marquette Big Stick bonspiel from Feb. 7-10. The two sheets of ice were busy for 39 straight hours from Friday 10 a.m. to Sunday at 1 a.m. to make sure all 108 games in the 56-team draw were completed by Sunday evening. Organizers called the bonspiel epic and one to remember with an exciting A-side final with, far left photo, Larry Weatherburn and Rick Willetts defeating Darren MacMillan and Rusty Myskiw in an extra end to win the championship. Second from the left, B-side champions, Merv Hird and Don Baldock. Second from the right, C-side champions Ron Weatherburn and Doug McMahon. Far right photo, D-side champions, Shirley Mcleod and Wes MacGillvary.

Local ladies win first, second and third event



TRIBUNE PHOTOS BY COLIN CROCKATT

The 12-team Argyle Ladies Spiel was held last weekend and it was highly successful and entertaining. The theme was "Ladies of the Night" with a lot of different, creative ideas. The first event winner, left to right, was Pam Crockatt, Natalia Pedersen, Lindsey Jack and Jennifer Michaluk. Winning the second event was, from left to right, Nadine Coolidge, Judy McGuirk, Melissa Duncan and Tamara Duch. The third event winner, from left to right, features Shirley Irwin, Audrey Klimpke, Alice Meier and Lori Sinclair.

Warren hosts annual stick curling bonspiel



TRIBUNE PHOTOS BY VERN MANKEWICH

Warren Curling Club hosted 24 teams at their annual stick curling bonspiel Feb. 1-3. Left photo: the first event winner, left to right, Larry Weatherburn and Rick Willetts. Winning the second event was Darren Lust and Greg Didyk. Right photo: the third event winner, Bev Schick and Alvin MacMillan.

> BRIER, FROM PG. 18

Fort Rouge's Tyler Drews (originally from Lundar) had a rough-go at the provincials to say the least, losing both of his games. On the opening night, Drews fell to club-mate Ty Dilello 10-5 in eight ends. The following afternoon they were bounced from the tournament by Gladstone's Jeff Stewart in similar fashion.

Before the page playoff's began on Saturday night, the media covering the event announced the All-Star awards for the event. Jason Gunnlaugson was named All-Star Skip, Colton Lott (third), Kyle Doring (second), and Colin Hodgson (lead) rounded out the awards.

Next year's Viterra Championship will be held in Winnipeg for just the second time in 25 years as it is coming to the Eric Coy Arena in Charleswood.

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> GAMES

SUDOKU

				2		3	1	
	6						7	5
4					1			
				8			6	
		1			9		5	
3			6	5				2
					6			
7		9						1
			2	8				

**Fun By The
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puzzle will have
you hooked from
the moment you
square off, so
sharpen your
pencil and put
your sudoku
savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	8	6	8	1	2	9	4	5
1	2	9	5	4	8	6	8	7
8	4	5	9	7	6	8	1	2
2	6	1	4	5	9	8	7	8
4	5	8	6	8	7	1	2	9
8	9	7	2	8	1	4	5	6
6	8	2	1	9	5	7	8	4
5	7	4	8	6	8	2	9	1
9	1	8	7	2	4	5	6	8

Sudoku Answer

	A	R	T	V	R	E	S	S
	M	E	R		V	C	E	M
C	S	M	T	O	B	V	N	T
E	S	N	O	P	S	E	I	R
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A	R	V	M	E	R	S	E	I
V	V	V	M	V	B	E	M	I
R	E	B	M	O	R	P	O	L
	E	R	O	V	A	V	M	V
D	V	D	C	A	P	M	E	H

Crossword Answer



CROSSWORD

CLUES ACROSS

- Chop or cut
- Political action committee
- Male parent
- Doctors' group
- Ottoman military commander
- A metal-bearing natural material
- Lively ballroom dance
- Male Gypsy
- Once-popular card game
- Occurred just once
- Streisand, singer
- Shiny yellow minerals
- Get hitched again
- See (Latin)
- Lies between the Caspian and Persian Gulf
- Scourges
- Sentence
- Supervises flying
- Bar bill
- Alfalfa
- Type of dishwasher soap
- Witnesses
- Ancient Italian-Greek colony
- Newspapers need them
- Discuss again
- Small group with shared interests
- Support
- Wool
- Take hold of
- Likely the first Meso-American civilization
- Woman (French)
- Automobile
- Popular Georgia rockers
- Soviet Socialist Republic
- A major division of geological time
- Make an effort

CLUES DOWN

		1	2	3		4	5	6		7	8	9	
							11				12		
13	14					15				16		17	18
19					20			21	22				
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47	48	49						50				51	52
54								55					
56						57	58			59			
			60			61				62			
			63			64				65			

- Czech monetary unit
- Able to arouse feeling
- Elk
- Muscular weaknesses
- Earlier
- Lightweight fabric
- One who greets
- Soldiers sometimes wear one
- Officially prohibit
- US political party
- Used of a number or amount not specified
- Make a mistake
- Biopic starring Jamie Foxx
- Ancient Media inhabitant
- About aviation
- Popular American sports league
- Cologne
- Partner to cheese
- When you'll get there
- Not pleased
- One point east (clockwise) of due north
- Respects
- Shake up
- Ethiopian river
- Intrinsic nature of something
- Principal parts of the brain
- Brews
- Where ships dock
- One who wassails
- Shock treatment
- Popular average
- Things
- A type of "bear"
- Utilize
- European Economic Community
- Swiss river

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ANNOUNCEMENT

IN MEMORIAM

Rybachuk
In Loving Memory
of our brother
Donnie
Who passed away
February 14, 2016

There is a link death cannot sever,
Love and remembrance last forever.

-Love,
Darleen and Colin Cameron

ANNOUNCEMENT

CARDS OF THANKS

We would like to take this opportunity to thank our friends, neighbours and relatives for the outpouring of sympathy and support in the passing of our dear brother, brother-in-law and uncle, Robert Dodd. We are grateful for your prayers, phone calls, cards, flowers and food. Your thoughtfulness is a gift we will always treasure.

-Edwin and Linda,
Blair and Dale,
Gary and Ember,
Leanne, Noah and Lauryn,
Kyle, Janessa and family

ANNOUNCEMENT

IN MEMORIAM

Bryan Good

Years have passed,
Memories live on,
Your presence I miss,
You live on forever in my heart.
Loving you always,
Forgetting you never.

-Love,
Yvonne

ANNOUNCEMENT

IN MEMORIAM

Gordon Kenneth Reed

September 17, 1942 - February 16, 2015

Sad are the hearts that love you,
Silent are the tears that fall;
Living our lives without you,
Is the hardest part of all.

-Lovingly remembered by
Lena and family

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The Town of Stonewall would like to invite candidates to submit a sealed proposal for the supply and planting of the flowers/planters located on Main Street, 2nd Ave. N., 3rd Ave. S., Town Hall, the Cemetery, Rockwell Estates sign, Stone Ridge Meadows sign, Archie Grey Park, Memory Garden, Memorial Park and the east and south entrance signs for the 2019 season.

For more information on the specifications of the tender please visit the Town of Stonewall website @ www.stonewall.ca or contact the Parks-Arena Supervisor below.

Please submit your sealed proposal outlining how your services, methods, and products can meet the needs of the Town of Stonewall to the Town Office on or before 4:00 P.M., Friday, March 1, 2019.

Town of Stonewall Attention: Brett Chatfield
parcs-arena@stonewall.ca
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ANNOUNCEMENT

IN MEMORIAM

Bernice (Judy) Gulay
In Loving Memory
of my beloved wife, Judy
who passed away peacefully
February 23, 1999

I did not know that morning,
What sorrow the day would bring;
The bitter grief, the shock severe,
To part with one I loved so dear.
You bid no one a last farewell,
No chance to say good bye;
You were gone before I knew it,
And only God knows why.
It broke my heart to lose you,
But you did not go alone;
For part of me went with you,
The day God called you home.
Our family chain is broken,
And nothing seems the same;
But as God calls us one by one,
Our chain will link again.
You'll always live in my heart and memories.
Until we meet again some day.
-Lovingly remembered and sadly missed
today and always,
by your loving husband, Arnie

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ANNOUNCEMENT

IN MEMORIAM




In Loving Memory
Pat Bond

It broke our hearts to lose you
You left us peaceful memories.
Your love is still our guide,
And though we cannot see you
You are always at our side.
Our family chain is broken
and nothing seems the same,
but as God calls us one by one
the chain will link again.


-Love always,
Glen and kids

OBITUARY




Donald Robert Bloodworth
July 15, 1937 – January 27, 2019

Peacefully on Sunday, January 27th Don passed away in Goodwin Lodge, Teulon.
He leaves to mourn his loving wife, Fran of 62 years, his children, grandchildren and great grandchildren.
Don loves his music, his hunting, fishing, camping and his vacations in P.V.
Per Don's wishes, cremation has taken place and a family celebration will be held at a later date.
Special thanks to nurses and staff at Teulon Hospital and Goodwin Lodge.



OBITUARY



Wilma Dorothy "Dot" Sund (Puddifant)

With great sadness the family wishes to inform you that Dorothy passed away peacefully February 3, 2019.


Dorothy was predeceased by her husband Vernon, and siblings Kay, Harry and John. She is survived by her sister Jean Forrester (Bill); son Gordon, grandchildren Andrew (Pasheabel Davies), Carmen (Michel Dubé), and great-granddaughter Parker; son Allan, grandson Trevor (Lisa), great-grandchildren Annika, Espen, and Ivy, granddaughter Allana (Adam) Sawatzky, and great-grandchildren Jase, and Aubrey; as well as numerous nieces and nephews.

Dorothy was born in Headingley on July 3rd, 1926 to James and Marguerite Puddifant; the third of five children. In 1936 the family moved west of Warren. At the age of 17 she became a permit teacher teaching at the Stodgell School, continuing on to Normal School to obtain her teaching certificate. Upon completion she began teaching at Woodlands School in 1946 where she met Vernon Sund. Dorothy married Vernon in Brampton, Ontario in 1949, later returning to Woodlands purchasing a farm in 1953 where they raised their family. She worked along side Vernon on the farm until she gained a substitute teaching position which led to a full-time position, eventually retiring in 1986. During her teaching career she was fortunate enough to teach three generations of some families, a rare feat. Retirement let her enjoy occasional trips to B.C. to visit Gordon and family, gardening, sewing, baking, and many visits with family, friends and neighbours. She treasured time spent with her grandchildren, and later on great-grandchildren.

In keeping with her wishes, cremation has taken place and a private family interment will be done at a later date.



OBITUARY



Charlotte Anne Greig
(nee Philp, formerly Lidstone)


Charlotte Anne Greig (nee Philp, formerly Lidstone) passed away peacefully Saturday, February 9, 2019 at the age of 76 years.

Mom will be lovingly remembered and dearly missed by her son Jim (Linda); daughters Lara (Paul) and Pamela; step-daughters Mar-nie and Jackie and step-son Rob; grandchildren Nathan, Kelsey, Ju-lian and Michael; and great-grandson Dreydon. Mom also leaves to mourn her brother Jim (Val); brother-in-law Richard (Gwen, Scott); Sprucewood Place friends; numerous special friends, neighbors, nieces, nephews, and cousins, as well as her fur babies Max and Lancelot. Mom was predeceased by her parents Stewart and Jane Philp; sister Joan; husbands James Greig and Robert Lidstone; sis-ter-in-law Morag Sutherland and many other dear friends and family members.

Mom was born September 7, 1942 in Hamilton, ON. She grew up as a middle child in Dundas, ON. As a little girl, Mom dreamed of becoming a nurse and successfully attained an R.N. degree from McMaster University. Mom was a nurse at Pinawa Hospital; she continued to do some nursing in Teulon and completed her career in homecare where she made many special friends. Mom raised Jim, Lara and Pamela with her soul mate, "Big Jim" on a farm just outside of Balmoral, where her medical knowledge was put to good use with cattle and other farm animals. Mom had a keen inter-est in alternative medicine; she practiced reflexology and massage for several years. She strongly believed in "life after life" and enjoyed attending church. Mom most loved visiting with her friends and family. She enjoyed shopping, singing, dancing, swimming, camping and listening to music. Her favourite way to celebrate birthdays was bonfire parties. Mom always had a smile on her face and kind or wise word to share. She had a great sense of humour, an infectious laugh and a spark for life that was contagious. We would like to thank family members, friends and neighbors too numer-ous to name who have given us love and support during and after Mom's illness. Much gratitude is felt for the compassionate care provided by Dr. Christiansen and the rest of the amazing staff at St. Boniface Hospital.

A Service of Remembrance will be held at the Balmorall Memorial Hall, Balmoral, MB. led by Reverends Glen and Heather Laliberty on Saturday, March 2, 2019 at 11:00 a.m. followed by a luncheon.

If friends so desire, memorial donations may be made to a charity of your choice.



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Stonewall Teulon
Tribune

OBITUARY



Allan Kenneth Gardner
October 24, 1937 - February 9, 2019

It is with deep sadness that we announce the passing of our dad, Ken Gardner at the age of 81. He passed peacefully with family by his side. Amidst the sadness we are happy he is with his soulmate Bev, binoculars in one hand and hers in the other.

Ken will be missed by his three daughters Sandy (Chuck) Lefley, Debbie Richman, JoAnne (Mark) Przybilla; grandchildren Sarah (Chris) Proctor, Raeanne (Kenny) Sacramento, Carly, Jordan, Mitchell, Logan and great-grandchild Kit Proctor.

Predeceased by his mother Matilda (Nanny); brothers Jack, Ed, Irvine and Bruce Gardner and sister Ruth Flower. Survived by his sisters Muriel Boyer, Florence Hartle, Jeanette (brother-in-law Ron) Fraser, and sister-in-law Enid Gardner. Plus numerous nieces and nephews.

Ken was born and raised in Stonewall, MB where his passion for birds started and continued throughout his life. Bev and Ken got married in 1958 and lived in Stonewall where they raised their three daughters. Ken worked at United Grain Growers until his retirement at age 57 which allowed him the freedom to enjoy nature, birding, and to explore many parts of the world with his wife Bev and family. He also wrote a weekly column "Wild Wings" for the Winnipeg Tribune and published a book called "Birds of Oak Hammock Marsh".

A special thank you to the staff at Rosewood Lodge for your care and kindness during his stay with you. Thank you to the many relatives and friends for your prayers and support.

In lieu of flowers donations may be made in memory of Ken to Rosewood Lodge, Courtyard Project, 513-1st Avenue North, Stonewall, MB R0C 2Z0 or Ducks Unlimited Canada, Box 1160, Stonewall, MB R0C 2Z0 or visit their website www.ducks.ca

A celebration of Ken's life will take place Saturday, February 16th at 1:00 p.m. at the Grosse Isle Hall. Lunch to follow.

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OBITUARY



Archibald Donald Cameron

After a lengthy illness, Archie passed away on February 8, 2019 in Stonewall, Manitoba at the age of 82. He was predeceased by his son Darren Scott Cameron, his son-in-law Daniel Bisgaard and his two sisters Erma and Adelaide. He is survived by his wife Joan, son Brad (Carrie), daughter Daphne, grandchildren Keenan, Chloe and Brendyn as well as his sister Reta.

Archie was born in 1936 in Roblin Manitoba and started his teaching career in the area at the age of 17. Archie attended Teachers College (Normal School) and worked in the Interlake School Division where he taught in Rosser and Stonewall. He retired as a vice principal after 37 years of teaching.

Archie was an avid traveller who loved to travel with family and friends. He curled as a young man and continued to enjoy watching the sport for years. Archie was a talented writer, penning many poems over his lifetime. Archie loved the summers spent at the cottage in Matlock Manitoba. Archie was a lover of antiques and many summers were spent attending garage sales and looking for "finds". Archie also loved his winters in Victoria with the usual flock of snowbirds.

A celebration of life will be held at a later date.

In lieu of flowers, donations can be made to your favorite charity.

The family wishes to thank Rosewood Lodge for the exceptional care of years.



OBITUARY



Margaret (Eileen) Lavallee
(nee Richaud)
1948 - 2019

Suddenly on February 4, 2019, Eileen Lavallee passed away at her residence in Stonewall.

She is survived by her three sons Blair, Ryan and Graeme (Jodi) as well as her two grandchildren Kaitlyn and Alex. Also left to mourn her passing are her sisters-in-law Lorna Richaud, Lilian Yanciw, Evelyn, Lorna, Alice, Charlotte and Carol Lavallee; brother-in-law Ron Lavallee; as well as numerous nieces and nephews. She was predeceased by her husband Gordon; her parents August and Myrtle Richaud; brother Raymond Richaud and brothers-in-law: Louis, Art, Albert, Roy and Ken Lavallee.

Mom was born in Eriksdale on April 4, 1948. She grew up on the family farm in Deerhorn, MB. She attended Catholic girl's school at the convent in St. Norbert as a young girl, and completed her high school in Eriksdale, graduating in 1967. Upon graduation, she moved to Winnipeg to work for the Toronto Dominion Bank. In the summer of 1968, she met dad at the Stonewall Fair and they were married in May of 1969. Together they settled in Stonewall where they raised their three sons. After her youngest son Graeme started school in 1979. Mom returned to work for the Royal Bank in Stonewall and later transferred to Winnipeg to further her career. After dad's passing in the spring of 2003, mom sold the family acreage in Stonewall and moved into Winnipeg to be closer to work. In the spring of 2011, she retired and returned to Stonewall to be closer to her family.

Family was most important to mom, she was a wonderful mother and wife. Her oldest son Blair was born with special needs and she was truly meant to be his mother. She continued to have week-end visits with Blair in her home up until her passing. Since her retirement she also devoted much of her time to her two grandchildren, to whom she was affectionately known as Nan. She will be sadly missed by her family and her many friends. Her sons have taken solace in the fact that mom is now reunited with dad, whom she loved dearly and missed desperately since his passing.

Service of Remembrance was held on Saturday, February 9, 2019 at 11:00 AM.

at Christ the King Roman Catholic Church, 315 - 2nd St. East, Stonewall, Father Barry Schoonbaert officiated.

If friends so desire, memorial donations may be made to Manitoba Heart and Stroke Foundation.

Verse 8 From the Book of Proverbs:

"Listen, my son, to your Father's instruction and do not forsake your mother's teaching"



OBITUARY



Marion Florence Senkiw
December 21, 1926 - December 29, 2018

Marion beloved by her only son Dale, predeceased by her husband John was born in Bowsman, Manitoba. Spent most of her life in Stonewall as John and Dale were her life. She valued being a member of the community in Stonewall and was very proud of it. She enjoyed her curling, bowling and spending time with friends from both. She also loved her house and working in the yard and enjoyed trips to Teulon to go golfing. She was a proud member of the Stonewall United Church.

Funeral service was held on Wednesday, January 9, 2019 at 2:00 p.m. at the Stonewall United Church. Donations can be made to Stonewall United Church, Wpg Humane Society, or Before the Bridge Senior Dog Rescue.

Rest in Peace Mom

The setting sun will always set me to rights - or if a sparrow come before my window, I take part in its existence and pick about the gravel.

Keats to Bailey

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