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THURSDAY,
JANUARY 21, 2021

Stonewall Teulon Tribune

VOLUME 12
EDITION 3

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Avid skiers

Left to right: Jacquie Holod, Kaylah James and Kenzie Myers were enjoying the trails at Quarry Park last Friday. With above-seasonal temperatures to kick off 2021, many people are heading outdoors to make the most of milder weather; however, there are still rules to remember before heading outside. The current level red restrictions in Manitoba permit many outdoor winter activities, including cross-country and downhill skiing, skating, tobogganing, snowmobiling and ice fishing. Group sizes must not exceed five people and you must stay at least two metres apart, unless you're from the same household.

TRIBUNE PHOTO BY LANA MEIER

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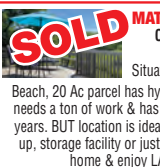


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AMM doing COVID recon

By Evan Matthews

The Association of Manitoba Municipalities is in the midst of its second COVID-19 impact survey, as the organization tries to better understand how municipalities are coping.

The survey focuses on potential fiscal impacts and pressures coming in 2021, according to an AMM spokesperson, who added all 137 Manitoba municipalities received the survey.

“The information gathered through this survey will help inform the AMM’s advocacy efforts, as we continue to advocate to both federal and provincial governments for greater financial and economic assistance to municipalities in 2021 given the ongoing pandemic,” said the spokesperson.

“Responses from this survey will be summarized and shared publicly,” the spokesperson said, adding AMM intends to do so in the near future.

Questions on the survey largely pertain to what areas of operations within municipalities have seen the

most impact and if that impact could be quantified.

Generally speaking, the Federation of Canadian Municipalities (FCM) stated municipalities across Canada are facing a collective operating shortfall of roughly \$10 billion to \$15 billion due to the COVID-19 pandemic.

On its first survey, AMM asked municipalities what is considered highest priority in the coming weeks and months as Manitoba aims to recover.

Municipalities identified the continuation of services, safety of employees, increased information sharing, consistent messaging from government, funding to ease financial pressures, operation of recreation facilities, and adequate supply of PPE as priorities.

A municipal COVID-19 timeline

The AMM has designed a timeline graphic, which outlines the pandemic in chronological order from a Manitoba municipality perspective.

Shortly after the world entered into

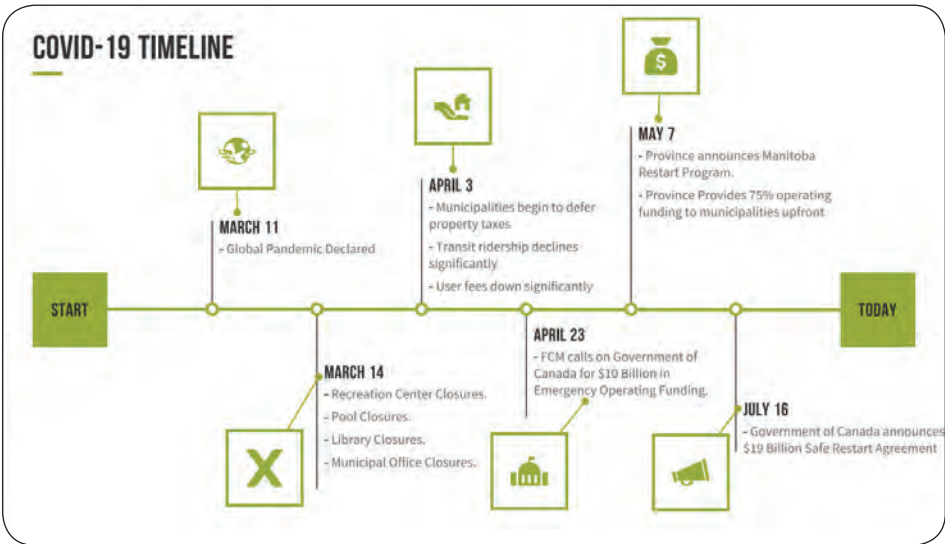


PHOTO SUBMITTED

COVID-19 timeline graph that outlines the pandemic.

a global pandemic on March 14, the provincial government mandated Manitoba municipalities to close recreation centres, pools, libraries and municipal offices.

In April, municipalities began to defer property taxes, transit ridership declined significantly in major centres and user fees began to decline. Simultaneously, the FCM called on

the federal government for \$10 billion in emergency operating funding.

In May, the provincial government announced its Manitoba Restart Program and provided 75 per cent operational funding to municipalities up front.

Finally, in July, the federal government announced its \$19-billion Safe Restart Agreement.

Teepee increases outdoor space at RWBB

By Jennifer McFee

Outdoor learning has never been more fun thanks to a teepee set up on the grounds of a local school.

Ecole RW Bobby Bend School welcomed Jason Whitford and Anthony Lambert-Whitford to put up a teepee in the school playground on Dec. 10.

Claudine Milbrandt, teacher at RWBB, said the goal of the initiative is to integrate Indigenous teachings into the school curriculum at every grade level.

“It can definitely accommodate a class,” she said. “Jason and Anthony have never put up a teepee that large before, but they have put up many teepees throughout the province.”

So far, the teepee has garnered a positive reaction from both students and staff.

“They absolutely love it. Many class-

es have already gone in for sharing circles, phys-ed classes and social studies classes. Students always ask to go into the teepee,” Milbrandt said.

“It is used every day. There are rules, though, to follow. A teacher has to be present, only one person can speak at a time, and you have to enter in a clockwise direction, which is the traditional way to enter a lodge.”

Each pole signifies something different such as love, happiness, faith, family, child rearing, respect, safety and protection, she noted.

“The door faces to the east as the sun rises in the east and to protect it from large winds,” Milbrandt said.

The 28-foot teepee will be kept up all year round, and log seats might be added inside. Plans are also in the works to have an Indigenous artist paint the teepee in the spring.



TRIBUNE PHOTO SUBMITTED

Anthony Lambert-Whitford and Jason Whitford built the teepee.

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Vic's Autobody Alignment and Brakes celebrates 40 years

By Evan Matthews

There are few Teulon businesses that have operated longer than Vic Chartrand's.

Chartrand, 64, is the owner of Vic's Autobody Alignment and Brakes, a true family-owned and operated business. Now in his 40th year of operation, he said it's not only his passion for vehicles that keeps him going but also his passion for community.

"Getting up in the morning, making connections with community members who end up being return customers and friends, it keeps me going," he said.

He added that when he started working on cars professionally, he didn't anticipate being in the business for 40 years.

"At the beginning, I only offered autobody repair and painting, and then started offering alignment and brake service. The mechanical side of things started growing more and more as time went on," he said, emphasizing it surprises even Char-

trand himself, knowing how much he still loves to work on cars.

Chartrand's oldest son works with him in the shop, and his wife works as a bookkeeper. Outside of the family, Chartrand also employs a tow truck driver.

Stopping short of speaking for his son, Chartrand said his hope is to keep the business in the family after he retires, which he said might not be that far off.

"I sure hope so," said Chartrand. "But it's up to him."

Chartrand began working in the auto repair industry for Karl McKinnon, who owned a Ford dealership called McKinnon Mercury.

McKinnon slowly came to the decision to sell his business, starting slowly by having Chartrand rent the space in 1982 as he began to operate independently from McKinnon.

"I'M NOT SURE OF MANY OTHER BUSINESSES THAT HAVE MADE IT CLOSE TO 40 YEARS. I'M PROUD OF WHAT WE'VE DONE HERE."



TRIBUNE PHOTO SUBMITTED

What started as an autobody, alignment and brake shop has since evolved into an all-encompassing mechanical shop, along with tow trucks.

Chartrand eventually began purchasing McKinnon's repair equipment and ultimately purchased the building and the land in 1984. About three years ago, in January 2017, the original building burnt down in a fire. The business has since relocated to Beach Road.

In 1999, Chartrand said his company took over the towing in Teulon and acquired the contract with CAA's roadside assistance. If a person calls CAA

for roadside assistance in the Teulon area, it's Vic's Autobody Alignment and Brakes — and towing — who gets the call.

"I have lots of stories, and lots of crazy things have happened, but I'm not sure I want to talk about them," said Chartrand, laughing.

"I'm not sure of many other businesses that have made it close to 40 years. I'm proud of what we've done here."

Warren identifies deficiencies in Woodlands' projects

By Evan Matthews

The Warren LUD expressed concern over a couple of the RM of Woodlands' projects but is now appeased with how the situation has played out.

Diana Friesen, LUD member, said the LUD had some concerns relating to the sidewalk paving on Poplarwood, as well as the removal of the Hanway Park bridge.

"Originally, we were upset. Instead of repairing the bridge, one day it was removed. But the RM came back with a suggestion to install a culvert and a (gravel) crossing there," said Friesen, referring to Hanway Park.

She added that the LUD liked and appreciated the alternative idea.

"It's now much wider, and over the winter months, it's able to be cleared because it's wider than the previous wood bridge," she said.

The old wooden bridge had deteriorated to the point of becoming a safety concern, according to Friesen, and the RM decided to remove the bridge all together in October.

"The bridge was breaking but, really, it was more of a pallet than it was a bridge. When looking at our accessibility plan, it was a safety concern," said Lori Schellekens, reeve for the RM of Woodlands.

"Putting the dirt and the culvert, you don't have to worry about replacing a structure. There is the benefit of year-

round maintenance and clearing, so we hope it's a better situation."

The only concern LUD members have is whether or not people who operate all-terrain vehicles and dirt bikes will keep off the gravel pathway. Schellekens said the RM supports the LUD and will worry about such an issue if/when the time comes.

With a plan to install barriers and/or a bit of signage in the worst-case scenario, Friesen said the LUD is hoping for the best.

"As of now, everything is good and is actually much better than what we had," said Friesen. "It's more accessible, more than one person can cross at a time, and it can be maintained."

The LUD has also expressed some concern relating to the repaving of Poplarwood Drive. In the December minutes, the LUD documented the sidewalk "goes up and down, and is unlevel." The LUD also noted both ends of the sidewalk are met by a ditch.

However, the RM said it meets all codes for accessibility and wheelchairs.

"The sidewalk has been completed. It contours to the lay of the land," said Schellekens. "This is how it's done in other places, too. There shouldn't be any issues, as we see it, with the sidewalk."

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Stonewall and area RCMP investigate Impaired Driving incident

Submitted by RCMP

On Saturday, June 20, 2020, at about 9 p.m., Stonewall and area RCMP members attended to a report of a motor vehicle collision at the intersection of PR 67 and Highway 7 in the RM of Rockwood.

Upon arriving, they located a damaged white Dodge Journey in the east side ditch just north of the intersection. The lone occupant was in an ambulance receiving medical treatment when police arrived.

Investigation at the scene revealed that the suspect vehicle, a white Dodge Journey, had failed to stop for the traffic signals at the intersection of Highway 7 and PR 67. The suspect vehicle had swerved to miss another vehicle crossing the intersection and proceeded to enter the east side ditch. Investigation revealed that the suspect vehicle was travelling at a high rate of speed and rolled a few times in the ditch before coming back onto it's wheels. Further contact with the driver moved police to start an impaired operation of motor vehicle investigation. The driver was taken

to another hospital for medical treatment, but blood samples were taken from the driver and eventually obtained by a search warrant. Analysis of the driver's blood revealed a blood alcohol limit of 159 mg per cent at the time of the collision. As it takes some time to obtain these judicial warrants, police are now looking for the driver and, as a result of negative inquiries to locate him, they have obtained an arrest warrant.

Police are looking for 27-year-old Ryle Alexander Stevenson of Winnipeg. He is described as Indigenous in appearance with dark hair and brown eyes. He is about 183 cm tall and weighs about 102 kg.

If you have information regarding the whereabouts of this person, please call Stonewall RCMP at 204-467-5015 and make contact with Manitoba Crimestoppers at 1-800-222-8477.



TRIBUNE PHOTO SUBMITTED
Ryle Alexander Stevenson

Rosser council news in brief

By Jennifer McFee

- Rosser council approved the 2021 budget for the South Interlake Regional Library and approved a \$23,612.12 levy from the RM.
- Council approved the borrowing of \$500,000 from Sunova Credit Union to meet current 2021 expenditures until taxes are collected. In 2020, the RM of Rosser collected \$11,697,219.75 in taxes.
- Rosser council agreed to the consolidation of lots 25, 26 and 27 in Phase 2 of the BrookPort Business Park.
- The RM of Rosser will enter into an agreement with Steele Business Park GP Ltd. regarding servicing.
- The RM of Rosser will enter into an agreement with BrookPort Business Park Phase Three Ltd. regarding municipal legal and engineering fees for development agreement.
- Council authorized spending a maximum of \$25,000 plus tax on the RM of Rosser's portion of a CentrePort wastewater system study. Council has also requested assistance from the Manitoba Water Services Board.
- Dorsey Road Gravel will receive an aggregate mining and transportation licence.
- Council approved multiple culvert applications, subject to approval from administration and the municipal engineer.

Stonewall council news in brief

By Jennifer McFee

- Due to pandemic restrictions, the town will use a different process for grant funding requests. Council is asking for written submissions rather than hear from delegations from each group.
- Council selected contractors Alexander and Nadezda Tolmachev as the successful bidders to complete the window and door restoration work at the Stonewall Dominion Post Office heritage building.
- Ventura Developments is planning to proceed with the next phase of development at its apartment buildings in Quarry Ridge. At the Jan. 13 meeting, Stonewall council approved a subdivision application as part of the process.
- Stonewall Minor Hockey has been approved for a conditional grant that requires them to raise 70 per cent for their chosen project, which is to upgrade the score clock at the Veterans Memorial Sports Complex. They asked the town for a financial contribution towards the project. The town has agreed to pay up to a maximum of \$4,807 towards the score-clock upgrade.

Inland Port Special Planning Area Under The Authority of The Planning Act Notice of Public Hearing

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

INLAND PORT SPECIAL PLANNING AREA BY-LAW 3-20
Being an AMENDMENT to the
INLAND PORT SPECIAL PLANNING AREA REGULATION 48/2016
to RE-ZONE
PART of SECTION 4-12-2 EPM and PART of SECTION 33-11-2 EPM
in the RURAL MUNICIPALITY OF ROSSER
from INLAND PORT RURAL ZONE
to "I3" INDUSTRIAL HEAVY ZONE

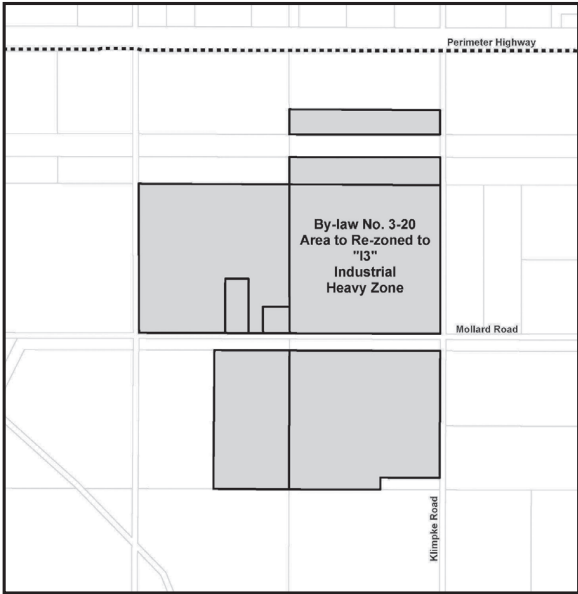
HEARING LOCATION: Virtual Public Hearing
Microsoft Teams

DATE and TIME: Thursday, January 28, 2021
at 6:30 p.m.

GENERAL INTENT and PURPOSE: To rezone part of Section 4-12-2 EPM and part of Section 33-11-2 EPM in the RM of Rosser CentrePort lands from Inland Port Rural Zone to "I3" Industrial Heavy Zone to establish an aggregate extraction operation.

AREA AFFECTED: This by-law shall apply to the area identified on the map appearing on the Public Hearing Notice.

FOR MORE INFORMATION CONTACT: Kari Schulz, Planner
Manitoba Municipal Relations
Inland Port Special Planning Area
604-800 Portage Avenue
Winnipeg, MB R3G 0N4
Phone: 204-945-2146
Fax: 204-948-4042
Email: inlandportspa@gov.mb.ca



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request. A description of the procedure to be followed at the hearing is also available at the location noted above.



Regional approach to restrictions 'on the table'

By Lorne Stelmach

There was some cautious optimism as provincial health officials offered their COVID-19 update Monday.

Officials hinted at more information coming out this week about possible changes to the restrictions under the public health order while also touting progress being made on vaccinations despite a delay in the delivery of the Pfizer vaccine.

"We're definitely not out of the woods. We certainly still have a long way to go before we can return to normal. If we let up now, if we increased the amount of close contacts we have, we're going to see those numbers climb again," cautioned Dr. Brent Roussin, chief provincial public health officer.

"In order to start our reopening process, we need to do it in a continuous fashion, in a cautious fashion. We don't want to yo-yo, we don't want to have openings then require closures again if our numbers get high."

While not hinting at what might be under consideration in terms of easing restrictions, Roussin did allow, if possible, that they would like to again be able to take a regional approach where the numbers are better.

"That's not off the table. I think we want to try to get back to that regional approach. I think it's challenging

when you're in the red and seeing the numbers that we had to take a very regional approach because there's a lot of mobility."

Four additional COVID-19 deaths were reported Monday to bring the total number of deaths in Manitoba to 773.

The start of the work week brought 118 new cases of the virus, bringing the total number of lab-confirmed cases in Manitoba to 27,629.

The Interlake-Eastern total case breakdown by district as of Monday, is as follows: A total of 2,017 cases, up by 65 from Jan. 11; 319 active cases, 1,665 recovered, 16 currently in the hospital with three of those in ICU and 33 deaths.

Arborg/Riverton 55 cases recovered; Beausejour 7 active cases, 120 recovered; Eriksdale/Ashern 66 active cases, 81 recovered and 7 deaths; Fisher/Peguis 54 active cases and 271 recovered, 3 deaths; Gimli 27 recovered; Northern Remote 81 active cases, 189 recovered and 3 deaths; Pinawa/Lac du Bonnet 53 recovered; Powerview/Pine Falls 80 active case and 54 recovered; Selkirk 92 recovered and 2 deaths; Springfield 155 recovered and 11 deaths; St. Clements 10 active cases and 80 recovered and 1 death; St. Laurent 15 recovered; Stonewall/Teulon 4 active cases, 141 recovered and

4 deaths; Unknown District 8 active cases and 176 recovered and 1 death; Whiteshell 25 recovered and Winnipeg Beach/St. Andrews 131 recovered and 1 death.

Meanwhile, the province continues to further roll out its vaccination program with an emphasis right now on immunizing residents of personal care homes.

All eligible residents are expected to be given the first of two doses of the vaccine by the end of January, which is more than a week ahead of initial projections.

Last week, teams visited 10 personal care homes for consenting residents to be immunized with their first dose, and this week, residents at 51 personal care homes are to be immunized throughout the province.

"I am confident that our plan is sound," said medical officer of health Dr. Joss Reimer. She noted Manitoba is not holding back vaccine for second doses but will not book first-dose appointments unless there is either known inventory or a future federal delivery of vaccine that will allow the second-dose appointment to be booked within 21 days.

All new appointments were paused last Friday due to the uncertainty caused by the Pfizer vaccine supply disruption. Manitoba revised its pro-

jections, and eligibility criteria was being expanded to include health-care workers who provide direct care in long-term care facilities, including care homes.

"We wanted to give ourselves some time to look at the impact of those delays before opening the call centre back up," Reimer said. "We have been continuing over the weekend to meet together and to look at the numbers and recalculate and update our strategy in light of the Pfizer disruption."

"We did not over-extend. We did not assume that the future supply would arrive," she added. "Because of that, we're not cancelling any appointments or delaying any of our second doses. "We want our health-care system and our most vulnerable, our top priority groups, to be fully vaccinated and fully covered."

The province's broader immunization plans, however, were adjusted based on delays or reductions in Pfizer vaccine shipments from the federal government, which are expected to continue for at least another month.

To date, 17,751 doses of vaccine had been administered, including 15,607 first doses and 2,144 second doses. The province is expected to announce additional details on the next steps of its immunization campaign sometime this week.

Sustainable communities grants protect and enhance community services

Submitted by Manitoba government

The Building Sustainable Communities Program grant application intake will open on Monday, Jan. 18 to support community development projects, Municipal Relations Minister Derek Johnson announced on Jan. 15.

"Our streamlined grant program is flexible and more responsive to community needs, reduces red tape and enhances the project outcomes," said Johnson. "We are committed to supporting projects from municipalities, non-profit and community-led organizations across the province."

The 2021 program intake has been

expanded to include support for larger-scale capital projects. This includes a maximum grant contribution of 50 per cent of eligible capital project costs, up to \$300,000.

The current maximum grant contribution of 50 per cent of eligible project costs, up to \$75,000, will continue to apply for all other project categories. This will ensure regional distribution of projects across the province.

"The Association of Manitoba Municipalities (AMM) appreciates our ongoing partnership with the provincial government to review applications and make recommendations on the Building Sustainable Communi-

ties Program," said Kam Blight, AMM president. "This funding is maximized at the local level to help grow local communities and our province."

Eligible applicants for the Building Sustainable Communities Program include non-profit organizations, charitable organizations, municipalities, and northern affairs community councils.

"We are pleased to announce that we have fulfilled one of our commitments to continue to improve the Building Sustainable Communities Program to modernize and strengthen the non-profit sector and promote capacity, sustainability and resilience

in communities," added the minister.

Deadline for applications is Feb. 28. For more information about the program, or to submit an application, visit www.manitobago.ca.

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Good ideas don't belong to parties

By Evan Matthews

No matter how big or small a community is, it seems there is always somewhat of a political divide.

Some people find themselves gravitating to the "left," identifying with social causes — which often result in higher taxes but provide things like a perceivably more robust health-care or education system, access to libraries and recreation facilities, more social assistance and so on.

Other people find themselves leaning more to the "right," identifying with fiscally responsible causes — which often result in lower taxes but also result in cuts to health care and education systems, less emphasis on things like libraries or recreation facilities, and more hardened stances on things like social assistance and so on.

These traditional views — or leanings — are no secret, and it usually doesn't take long in speaking with someone to find out which way they lean politically. Often, when people lean in different directions, conversations seemingly become more volatile.

Maybe it can be attributed to social media and a readily available debate

on most every topic. Maybe people are more in tune with what's going on in their communities than they were before the age of the internet.

But regardless of the answer, one thing should be emphasized on a local level: good (and bad) ideas don't belong to parties; they belong to people.

It seems when a community discusses controversial topics, people within the community tend to pick their side, take a stance, and hope their side "wins."

But we are different here in Canada than our neighbours to the south; we are not America.

We can notice and affiliate with party ideals but also still sit down at the dinner table and discuss issues with our family, friends and neighbours, some of whom will have dissenting viewpoints.

We need not be so focused on the right and on the left; rather, focused on good ideas, working together for efficiency and efficacy, and execution of those ideas.

Whether a person is traditionally right or left-wing in their views, they may have a good idea.

Writing people off because of those

views is not helpful to anyone's cause.

We need to assess ideas on individual merit, as opposed assessing based on who put the idea forward.

On the flip side, just because an idea is a "socially beneficial" doesn't mean it's fiscally responsible or warranted. Or just because an idea is "fiscally responsible" doesn't mean there isn't a need for a rise in taxes for a social benefit.

These archaic views of belonging to a party — beating the party drum, or towing the party line — whether Conservative, Liberal or NDP, it's all about power in numbers. It's about doing what's right for the party to obtain power, as opposed to doing what's right for everyone.

We have entered into a time when information and communication are readily accessible. It's time to start assessing ideas as they arise and stop writing them off based on who has put the idea forward.

You can't go out on your front step and wave hello to your local party, but you can go out on your step and wave hello to your local neighbours.

Good ideas don't come from or belong to parties; good ideas come from and belong to people.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

Wording detracts from Cure for Cancer goals

Dear Editor,
I am writing to object to the choice of pictures used to highlight Mr. Broadfoot's journey in the Jan. 14, 2021, edition of the *Tribune*, "Community rallies to support Stony Mountain family."

Surely the words written on the poster board do not reflect the tender, competent care Mr. Broadfoot is receiving.

While your readership wholeheartedly supports palliative care and yearns for cure for cancer, I feel the

choice of wording detracts from these goals and I hope that in the future there are many ways to express these goals positively in print.

- Sincerely, Carrol Brown

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The hoar frost was the perfect backdrop for the St. John's Brant Anglican Church Diocese of Rupert's Land monument. The church served the community to the glory of God from 1905 to 2004. Areas of Rockwood including Teulon, Stonewall and Stony Mountain were covered with hoar frost last week after dense fog developed over parts of southern Manitoba. Readers are encouraged to submit photos of the Interlake's fantastic weather throughout the year. Blizzards, rainbows, lightning storms, beach photos, snow and more — email: weather@stonewallteulontribune.ca

TRIBUNE PHOTO LANA MEIER

Stonewall RCMP responds to medical emergency at Stony Mountain Institution

At approximately 1:15 p.m. on Jan. 11, 2021, Stonewall RCMP received a report of a 23-year-old inmate in medical distress.

Officers attended, along with local

EMS, and were advised that the inmate was found unconscious and was later pronounced deceased. Foul play is not suspected.

Stonewall RCMP, along with Foren-

sic Identification Services and officials from Stony Mountain Institution, continue to investigate.

Clarification

Staff

In the Jan. 14 edition of *The Stonewall Teulon Tribune*, the story titled "Fisher and Teulon Ag offices closing" appeared.

While the article is accurate, two Interlake offices were left off the list.

The province will close agricultural offices in both Ashern and Lundar as well.

Also in the Jan. 14 edition of the *Tri-*

bune, a story titled "Teulon thanks ICF for CE Building" appeared.

In the story, the line, "The town council contributes a small monetary amount for hydro and minor maintenance."

While Teulon Mayor Anna Pazdzierski was speaking to the topic, she was doing so from her position within the Teulon United Church.

To clarify, Pazdzierski stated the Town of Teulon does not provide any funding for the CE Building; rather, it is the Teulon United Church that contributes a small monetary amount for

hydro and minor maintenance. The church also has not asked the town for any funds.

The Interlake Community Foundation — through the Endow Manitoba Build 150 Grants — contributed \$2,600 to the Teulon United Church to help replace the old windows with new, more energy efficient windows, which will help reduce heating and operational costs.

The *Tribune* apologizes for the errors that were published.

worship

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"Everyone who hears these words of mine and does them, will be like a wise man who built his house on the rock. The rain fell, the floods came, and the winds blew and beat against that house, but it did not fall because it had been founded on the rock."

—Matthew 7:24

In a Middle-Eastern desert, a storm can hit fast. There is no time to get yourself ready. Ready is something you already are or are not. And in the place where Jesus spoke these words, being ready meant having a house founded on rock. But to found a house on rock meant an investment of work. An investment of time. It meant digging down through the hard-baked clay until you struck stone. It was back-breaking work.

You could understand if a person didn't feel like doing that. They might say, "You know what, this ground is already pretty firm! It seems as good a foundation as a person could want. Why be a hero and go to the extra work, when this earth right here — thunk thunk thunk, just look how hard it is — will do just as well? I say we skip all the digging and get on with building, get on with living. What could go wrong? Things'll work out."

Then comes the storm Jesus mentioned, which represents life's moments of crisis: a pandemic, the loss of a job, the breakdown of a family — and the person who had built without digging down would helplessly watch as that hard-baked clay melted like ice cream before the torrential rains and his house washed away.

Jesus had a word for that person: Moros in the original greek. Maybe you can guess how that translates. Change the last letter to an N, and that's what you get.

He said, "Everyone who hears these words of mine and does not do them will be like a moron who built his house on the sand. The rain fell, the floods came, and the winds blew and beat against that house, and it collapsed, and great was the fall of it."

If there's one thing you can say for Jesus, he never sugar-coats things. Unlike so many, he tells it like it is. And for us, his words press home a question: On what foundation are you building your life? And is it something that can endure a real storm? As Jesus himself said, only his words can do that. If you want to find out just what those words are, why not start off this new year by reading the Biblical Gospels — Matthew, Mark, Luke and John?

Pastor Daren Redekopp

New Life Church

daren@newlifestonewall.com

CLI receives support in memory of local woman

By Jennifer McFee

The memory of a much-loved local woman lives on through an outpouring of donations towards a cause that was close to her heart.

A ray of sunshine in the community, Rosemarie Yeo died at Stonewall Hospital on Nov. 25 with her husband Dale by her side.

The Yeos had moved to Stonewall about three and a half years ago, but they were already familiar faces in the community since two of their sons live in town.

Prior to that, the Yeos enjoyed more than 50 years together in the community of Roblin.

To mark her memory, donations in her name have poured into Community Living Interlake, specifically earmarked for Something Beautiful. Community Living Interlake supports individuals who live with intellectual disabilities, including through its operation of the social enterprise Something Beautiful, which features a coffee shop, gift shop and music venue.

Similarly, in Roblin, more than \$2,500 in donations in remembrance of Rosemarie are boosting support for the Roblin District Community Foundation.

Dale explained that their granddaughter Jamie, who lives with Down's Syndrome, is very much involved with Community Living Interlake — and with Something Beautiful in particular.

"She's a wonderful girl and she's having a tough time with losing her grandmother. It will mean a lot to her, though, when she hears about the support for Something Beautiful," Dale said.

"These donations make us feel wonderful. I know Rosemarie would be very happy with that too. If it helps the community, that's what she would have wanted."

For Jimm Simon, executive director of Community Living Interlake, it's been heartening to see the outpouring of

support in Rosemarie's memory.

"We've had donations from as far away as Alberta. It's quite a tribute to have people just walking in with cheques," he said.

"One day, I opened nine envelopes in the mail that had cheques all in her memory. Another day, we received 12 more donations in memory of Rosemarie. It's amazing."

These donations will be used towards a project to create an outdoor patio on the north side of the building, he added.

"We've had support, including from the Town of Stonewall, to create an outdoor patio between us and Town Hall on the north side of our building. In nicer weather, we can have food and maybe even some entertainment. We've had this in the planning for a couple years," he said.

"The town has been very supportive of the idea because there are no patios downtown. If you look at the Exchange District, patios are really popular and they enhance your ability to attract people downtown in the evening for more of a social area. Come spring, if we still have restrictions or limited seating for capacity, we think it's a really good idea."

In addition to providing a fun venue in the heart of Stonewall, the patio will also open the door to more local job opportunities through Community Living Interlake.

"When the Yeos were going to make a donation, I suggested that it go to the patio. Jamie, their granddaughter, has several jobs around town and she's worked quite a bit in the café for us. She seems to be good at it and enjoys it. We feel that there's a big opportunity to get her working out on that patio as well," Simon said.

"Our main goal is that it provides some employment for our individuals when they can be out again working. They can get job training and actual paid employment while helping out there."

The South Interlake Planning District has approved the patio plans, and Simon plans to pick up the building permit this week.

"Now all we need is spring weather so we can start. As soon as it's nice out, we'd like to have



TRIBUNE PHOTO SUBMITTED

Rosemarie Yeo's memory will live on through donations made to Community Living Interlake.

people out there. We think it's going to provide us with a lot of opportunities to do some interesting things," Simon said.

"Think of the potential of an outdoor patio during Quarry Days or even during the Santa Claus parade. We really want to utilize the space. One of our goals is to get the community accepting us as part of the community."

And for Dale, the initiative brings a smile to his face during a difficult time.

"Rosemarie was a wonderful community-minded person. This is a good thing that comes out of tragedy," he said.

"If it helps people here in the community, that is wonderful to me — and I know Rosemarie would have given her blessing as well."

Donations in Rosemarie Yeo's memory can be brought into Something Beautiful or mailed to Community Living Interlake at Box 1222 in Stonewall. Alternatively, donations can be made by e-transfer. For more information, donors can call 204-467-9169.

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Applications now available for 2021 urban and hometown green team grants

Submitted by Manitoba government

Urban and Hometown Green Team grant applications are now available for organizations to hire youth between the ages of 15 and 29 for summer jobs in Manitoba, Municipal Relations Minister Derek Johnson announced earlier this month.

"Green Team programs support summer employment for hundreds of young Manitobans and we look forward to the work they can accomplish in 2021," said Johnson. "In addition to supporting community projects, employment through the Green Team also provides valuable work experience for youth, which is very beneficial for future career opportunities."

Green Team grants allow communities to hire youth aged 15 to 29 to work on community projects between May 1 and Aug. 31. Eligible

recipients include non-profit organizations in Winnipeg and rural Manitoba and municipal governments in rural Manitoba.

Priorities for the 2021 summer season are focused on community-based organizations and municipal governments that can offer full-time employment opportunities for youth and on projects that support COVID-19 response and recovery efforts.

The grants cover 100 per cent of wage costs and \$250 per position for support costs in non-profit organizations. Municipal governments receive 50 per cent of wage costs and \$125 per position for support costs, on a cost-shared basis.

The deadline for applications is Feb. 15. For more information on Green Team applications, visit www.manitobago.ca.

Looking for creative people to enter contest

Art Board and Art Centre's contest seeks to raise awareness for endangered species

By Katelyn Boulanger

The Interlake Art Board and Selkirk Community Art Centre have teamed up to host an Endangered Species of Manitoba Colouring Book Contest with the hopes of challenging Manitobans to bring awareness to the animals that we might not even realize need a helping hand.

"We just thought that there's a lot of artists that are at home, and there's a lot of Manitobans that we want to become aware of their ability to be creative," said Joan English with the Interlake Art Board.

The art, which can be any medium but does require that a photo is taken of it, will then be digitally submitted for a chance to win a \$1,000 prize as well as be featured on the front and back pages of a colouring book that the groups will be putting together.

The artwork needs to be submitted by 11:59 p.m. on Feb. 28 when they will be judged by qualified jurors and professional artists including Luther Pokrant, Josh Marantz, Roger Peet (co-ordinator of the U.S. Endangered Species Project), Judith Panson, Patricia Johnson and Kathleen Buckoski.

Follow this link to enter the contest: <https://forms.gle/xpBwU6u7vrC-WJqxK6>

With funding from Manitoba's Safe at Home Initiative, the groups are asking artists to create visual art inspired by the animals considered concerned, threatened and endangered.

A list of species can be found at the

contest website; however, species can be chosen from categories ranging from birds, mammals, plants, fish, amphibians, reptiles, mollusca, moths/butterflies and lichens.

"I was just surprised that some of the stuff that I'm aware of are actually in those categories that we have to be, you know, concerned about," said English.

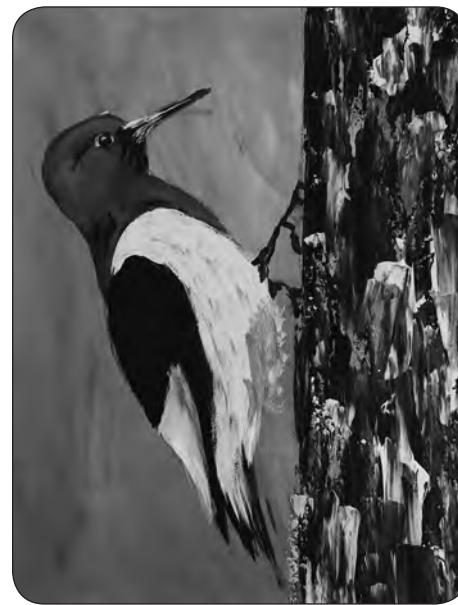
The groups wanted to make sure that artists of any age could enter so they have created four categories split up by age group, which will each have two winners. The age groups will be one- to six-year-olds, seven to 13-year-olds, 14- to 17-year-olds, and 18-plus.

This project will be the first stage of the Art Board and Art Centre's endangered species project this year, which will also include two murals that will visually draw awareness to some of these species that are in decline in our region by incorporating Indigenous and non-Indigenous artists and art forms as well as three-dimensional elements.

She encourages any Manitoban to enter the contest regardless of their skill level.

"If you haven't tried art before, just participate. Become more aware of what's going on not only in our community but also in our natural heritage," said English.

English would also like to extend an extra thank you to Julie Stevenson and the young people who she



TRIBUNE PHOTOS SUBMITTED

Red-headed woodpecker (left) and whooping crane (right) artwork made by local artists Bev Hart for the Endangered Species of Manitoba Colouring Book Contest.

worked with whose time and effort made it possible to get this project off the ground in a very short amount of time.

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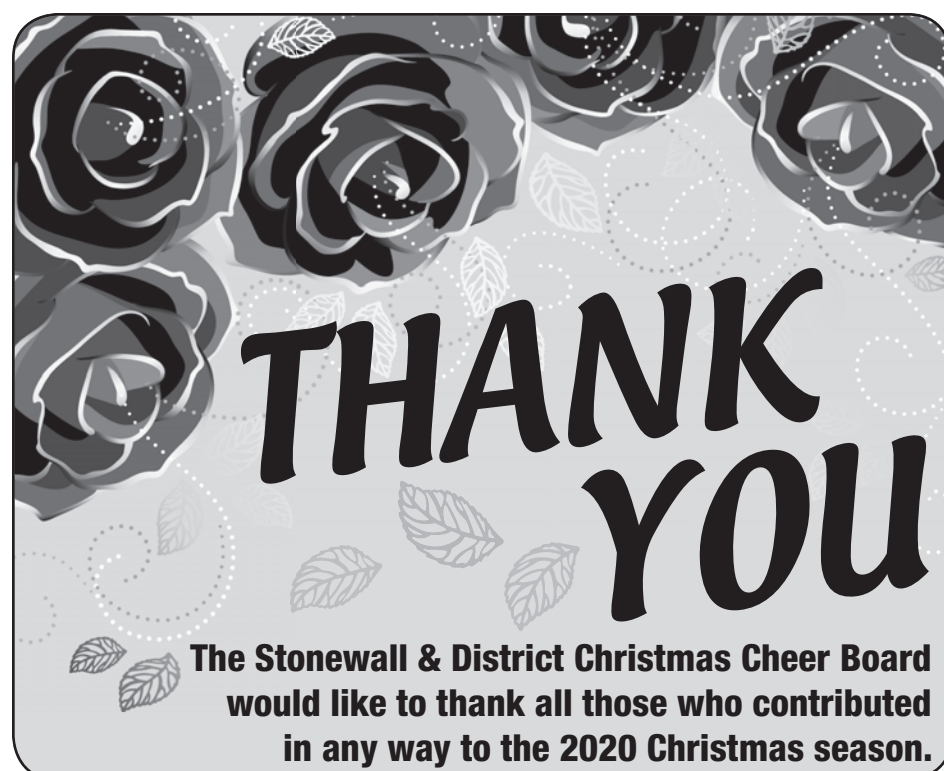
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Diabetes Canada calls on government for national strategy plan

By Sydney Lockhart

Canada is a country that takes pride in its free health care, but millions of diabetic Canadians are paying hundreds or thousands of dollars a month just to stay alive.

"I recently calculated how much it costs for me monthly to live with the disease and that's not even including the juice or the sugar that I need when I go low or other little necessity things like that. I believe it was almost over \$1,000 per month," said Type 1 diabetic Alex Melsted.

Diabetes Canada is urging Canadians to reach out to their local MPs and ask them to push for implementation of a Diabetes 360 plan in the upcoming federal 2021 budget.

"With more word spread and people talking about it and raising awareness, that will definitely help," said Melsted.

This plan looks at all aspects of Type 1 and Type 2 diabetes. It would financially help diabetics and help the prevention of Type 2, making newer technologies more widely available to help manage the disease better.

Continuous glucose monitors are machines that constantly check blood sugar levels and warn users when their sugar is becoming irregular. With

this technology available widespread to diabetics, it would help manage blood sugar levels and prevent trips to the hospital from extreme high or low sugars.

"Canada is one of the few countries that doesn't have a co-ordinated approach to preventing it and managing it if you have it, preventing complications," said president and CEO of Diabetes Canada Laura Syron.

One hundred years ago in 1921, Sir Frederick G. Banting and his team discovered insulin at the University of Toronto, a discovery that has since saved millions of lives.

"We need our campaign to say it's great to celebrate the discovery of insulin. Absolutely we should honour that and be proud Canadians, but that shouldn't turn us away from the fact that we haven't done a good job on diabetes," said Syron.

The discovery itself has helped manage and regulate blood sugars; however, there is no cure for diabetes, but there is research currently being done using stem cells that has been promising in studies using mice.

"People with diabetes, if left untreated or not managed well, is the leading cause of blindness in adults. It leads to kidney failure and you must



TRIBUNE PHOTO SUBMITTED

Alex Melsted with her medical supplies to manage her Type 1 diabetes. She calculated an average cost of \$1,000 per month on health-care expenses.

go on dialysis. It leads to foot ulcers and amputations. It leads to 40 per cent of heart attacks and 30 per cent of strokes," said Syron.

She said Canadians should educate themselves about the effects of diabe-

tes because the chances of knowing someone who is diabetic or developing it yourself is high.

To learn more about the Diabetes 360 campaign, or to donate to Diabetes Canada, go to diabetes.ca.

ISD looks forward to rapid test opportunities

By Jennifer McFee

The provincial government is piloting a new COVID-19 testing centre, which is good news for the local school division.

The Fast Pass program offers appointment-based rapid tests for teachers and school staff members who work directly with students.

On Jan. 18, the first Fast Pass site launched in Winnipeg on Nairn Avenue. This site will initially be open to staff who work at schools in Hanover, Seine River, River East Transcona, Seven Oaks and Winnipeg school divisions.

Next month, staff from other schools and school divi-

sions will be able to access the site as well.

Interlake School Division Supt. Margaret Ward expressed optimism at the announcement.

"It looks hopeful that our staff will be able to access this service in February," she said.

Alan Campbell, chair of the board of trustees, also anticipates the time when local school staff can access the rapid test service.

"Interlake School Division is certainly looking forward to our front-line staff having access to rapid COVID-19 testing. Any enhancements that aid in expediting the contact tracing process are welcome," he said.

"Our leadership team at ISD continues to work in strong partnership with local and provincial public health representatives to ensure that our schools remain safe learning spaces for our students and safe workspaces for our front-line staff."

In addition to teachers, eligible Fast Pass clients can include educational support staff, bus drivers, custodians and child-care staff who work in school-based early learning and child-care facilities.

During the first week, appointments will be limited from about 20 to 40 slots per day, increasing to about 80 slots per day by the second week. The long-term goal is to perform 160 tests per day.

Clients and their household members will still need to self-isolate until they receive a test result, but they should be able to access positive test results online the same day as the test.

After an evaluation period, plans are in the works to



Alan Campbell
ISD board of trustees chair

potentially expand the Fast Pass program to other Manitoba locations such as Winkler and Brandon.

Operated by Dynacare, the Fast Pass sites will use the Songbird Hyris bCUBE rapid test, administered by people who were trained to do the rapid testing through Red River College's micro-credential program.

Another rapid testing project is currently underway for staff at selected personal care home facilities.

Grief & Loss Support Group



This six week program provides support, education, and healing for those who have experienced the death of a loved one.

Facilitated by Stephanie Gillis Bodnar, RSW

Starting: Friday, February 5 through March 12, 2021

Time: 1:30 to 3:00 p.m.

Location: Virtually via Zoom

Registration Deadline: January 29, 2021

For more info or to register contact:

Karen at 204 461 2835

Jennifer at s.w.d.p.c@hotmail.com



Interlake-Eastern RHA's board of directors announce region's new CEO

Submitted by IERHA

Following an extensive national search, Interlake-Eastern Regional Health Authority's (RHA) board of directors has announced the appointment of David Matear as the new chief executive officer (CEO) for the RHA effective Feb. 8, 2021. Matear replaces Ron Van Denakker, who retired in October 2020.

David Matear, BDS, BMSc, DDPH, MSc, PhD, MCMI, MIHM, FRSPH, FACHE, holds extensive educational credentials including a PhD in health-care administration, a BDS in dentistry, certification in health-care management and change management, and he has more than 30 years of Canadian and international experience in health care. He brings to Interlake-Eastern RHA a unique combination of senior leadership experience in policy, project management, change management, clinical, consulting, university, military and community involvement settings in Canada, England, United Arab Emirates and the United States.

In a former position as executive director, hospitals and community integrated services for Interior Health (IH) West in British Columbia, Matear planned and introduced a collaborative leadership team and strategic planning process that involved a broad representation of internal and external stakeholders including Indigenous communities and patient voices. As senior operating director in Fort McMurray, Alta., he was the incident commander for Alberta Health

Services during the fire that swept through that community. It was the largest natural disaster in Alberta's history. Matear successfully led the evacuation of patients and staff and then mobilized a field hospital including an operating room, air and ground medivacs, urgent care centre, primary care medical clinic, mental health services, public health services and home care services. This was followed by the repatriation of these services at the conclusion of the disaster.

Matear is currently leading California's public health technical assistance teams in support of health-care systems and serves on the state health and human services COVID planning team, two major initiatives in the COVID response for the state of California.

According to Interlake-Eastern RHA's chair of the board of directors, Glen West, Matear's integrity and extensive knowledge and experience in health care, coupled with his proven skills in team building, strategic planning, community engagement, and ability to achieve results will be very valuable assets to the region.

"As a board, we feel very fortunate that David will be leading our region as our CEO. The board of directors is looking forward to working with him in his new role," West said. He extended thanks to acting CEO Ron Janzen for his leadership over the last several months in an unprecedented time in health care while the board conducted their CEO search.

Matear is looking forward to becoming

a part of Interlake-Eastern RHA's team.

"My passion is population health management and the accessibility, safety, effectiveness and quality of health-care services delivered to meet community needs. I am committed to building on the foundational work of my predecessor in engaging external and internal stakeholders in the strategic planning and delivery of health-care services. Important components of my approach will be the development of collaboration and partnerships, innovation and empowerment," Matear said.

Interlake-Eastern RHA has 3,200 staff members that focus on the values of collaboration, accessibility, respect, excellence, innovation and quality customer service while serving the approximately 132,000 people in the region's area that represents one-tenth that of Manitoba.



PHOTO SUBMITTED
IERHA CEO David Matear

Rockwood council news in brief

By Jennifer McFee

- At the Jan. 13 meeting, Rockwood council defeated a request from residents of Park Avenue in Stony Mountain to obtain ownership of a back lane behind their home. The provincial government currently owns the back lane. Council defeated a resolution that would have the RM of Rockwood request that the title of lands be transferred from the provincial government to the municipality, and then offer the land for sale to the owners of the adjoining land.
- The regular council meeting scheduled for Wednesday, Feb. 10 has been changed to Thursday, Feb. 11. The meeting will be held at the Heri-

tague Arts Centre at 166 Main St. in Stonewall.

- Council designated Deputy Reeve Curtis McClintock as the Rockwood representative for Stony Mountain Institution's citizen advisory committee.
- Teulon Curling Club is asking the RM of Rockwood for financial assistance for the 2020-21 annual fee since the majority of members live in Rockwood. They will also ask for assistance from the Town of Teulon.
- The RM of Rockwood's 2021 grant application is due on Feb. 1. The application is available to download on the RM's website at www.rockwood.ca.

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"I forgot about it until going to work

"I said 'It's a funny story.' Then I ex-

"I hope you and your family are safe and well and wish you all the best this



TRIBUNE PHOTO SUBMITTED
Susan McCowan found a way to return a lost parcel to its owner in Toronto.

"They were very appreciative that I went to that extra effort," she said. "And so happy that the package made its way home."

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VENTURA DEVELOPMENTS

Arborg ag businesses de-stigmatizing mental health

Bringing literacy training to area farmers

By Patricia Barrett

Farming is said to be one of the world's most challenging occupations because of endless uncertainties around climate, crop yields and prices, which have always put a disproportionate amount of stress on those working in agriculture.

Recognition of mental health issues impacting the sector has slowly been gaining traction over the past few decades. With COVID-19 currently wreaking havoc across the globe and notching up overall stress levels, there's no better time than now to start talking about mental health.

Two Arborg-based agricultural businesses, the Bar Z Ranch and Foster Ag Services, are leading the charge to open up that conversation and to help educate ag producers about how to deal with stress.

They've teamed up with a national organization called the Do More Agriculture Foundation and will be acting as moderators for the foundation's free four-hour mental health webinar called Talk, Ask, Listen.

Theresa Zuk of Bar Z Ranch, a family-run cow-calf operation with its own beef-marketing arm called Bar Z Beef, said she realized that the everyday stressors faced by ranchers like her and other producers — and by people working in related fields such as veterinary services and farm equipment sales — can become a "big deal." And that compelled her to contact the foundation last year to see if they could offer a training session.

Farmers typically don't complain, said Zuk, but that doesn't mean they're immune to stress.

"We all know how to work hard and we all know how to put our noses to the ground. And that should be enough but it isn't anymore," said Zuk last week by phone. "I think so many people involved in agriculture accept they're in one of the most stressful occupations there is. There are so many factors affecting what we do — weather, markets, prices — and we have no control over them."

Those stressors can sometimes cause producers to ignore debilitating symptoms of stress or adopt unhealthy coping strategies such as alcohol and drug misuse when worries begin to really pile up.

"Financially, there's a lot of pressure on producers. There's pressure to grow the operation and get loans," said Zuk. "And you wonder, 'Am I making the right decisions? How will this affect my bottom line?' And stress also spirals down to your busy season

when you're working longer hours and you're getting less sleep. You can get caught in a gruelling rut that you can't step away from and it can become your norm — and not necessarily a healthy norm."

Other stressors include family relationships, as many farms are family-run, succession planning and difficulties communicating with workers in the pasture or with customers as there is either poor or non-existent cellular and Internet services in many rural areas of Manitoba, including near Arborg.

COVID-19 has to "some extent" added to producers' troubles, said Zuk, mainly by affecting markets for their products, but she wouldn't necessarily say it has been the prime mover as "every little thing can affect the market."

The not-for-profit Do More Agriculture Foundation encourages, supports and empowers producers to care for their mental well-being as they're among the "most vulnerable when it comes to mental health issues," according to the foundation's website. It recognizes that farmers shy away from speaking up about mental health and tend not to reach out for help.

Zuk said that reluctance comes down to pride, self-image and stigma surrounding mental health issues.

"With farming it's such a pride thing," said Zuk. "We just get on with it."

She said anyone in the province can register for the free webinar, which will be broadcast via Zoom and taught by a qualified mental health professional. But the program is focusing on the Arborg-Bifrost-Riverton area as there are workshops being offered elsewhere in Manitoba.

The webinar will help participants identify signs of anxiety, stress, depression, substance abuse and other mental health issues, how to have a conversation about them and how to access support.

"Part of the webinar will also talk about self-care. Sometimes you need to step away, but you have no idea how hard that is for farmers and ranchers because this is what we do 24-7," said Zuk. "And we don't leave it at the door at 5 o'clock. We bring it to the supper table and we bring it back out to the field."

Webinar participants who may feel embarrassed don't have to show their faces on Zoom; they can just listen in.

Zuk said she worked closely with Kiah Bobbee of Foster Ag Services to



TRIBUNE PHOTO COURTESY OF BAR Z RANCH AND BAR Z BEEF
Cattle ranchers (from left) Theresa, Jason, Garrett and Sawyer Zuk run the Bar Z Ranch and direct marketing beef business, Bar Z Beef. They've teamed up with Foster Ag Services and the Do More Agriculture Foundation to raise awareness of mental health issues in agriculture.

bring the webinar to their region. Foster Ag is a seed and chemical retailer and provides agronomy services. The company invests in the community by making donations to the Reechka Ukrainian Dance Club, the curling club, local schools and other initiatives.

Bobbee, who is the company's site operations manager, said mental health is an important issue in the agriculture sector and Foster Ag wants to help get it out in the open to normalize it.

"We think it's an important topic that's not discussed enough, and we like to be involved in these types of conversations to show our customers that we're not just selling them a product, but we also care about them as people," said Bobbee by phone. "We want everyone to be in the best health as possible — both physically and mentally."

Bobbee said farmers in the Arborg and Bifrost-Riverton area grapple with weather extremes that cause a great deal of stress.

"The past couple of years we've had drought. But before that, at the other end of the spectrum, we had flooding and too much rainfall," said Bobbee, who grew up on a farm and whose husband's family are farmers. "And lots of time we get a late frost in the spring which can kill off crops, and they have to be re-seeded, which is an added stressor that nobody likes dealing with."

The stressors affecting farmers, along with the impact on their mental health, have been well documented by researchers, who have called for tailored supports for the industry.

Researchers at Brandon University and the University of Calgary examined Manitoba farmers' finan-

cial and health concerns, uncontrollable events, family stress and coping mechanisms in a 2010 study titled "A qualitative analysis of suicide ideation among Manitoba farmers" in the *Canadian Journal of Counselling*.

They found farmers, on the whole, cite pride as a factor in their unwillingness to seek help for emotional troubles. And male farmers, who are "typically socialized to be independent and emotionally removed," expressed suicidal thoughts more often than female farmers.

Another Canadian study, titled "Tailored mental health literacy training improved mental health knowledge and confidence among Canadian farmers" in the *International Journal of Environmental Research and Public Health*, evaluated a training program dedicated to teaching farmers about mental health issues.

The 2020 study found that the training program "improved participants' self-reported mental health knowledge and confidence in recognizing mental health struggles, speaking to others, and helping others who are struggling."

At the federal level, there is recognition that mental health supports in rural areas are lacking. The Standing Committee on Agriculture and Agri-Food released a report in 2019 titled "Mental health: a priority for our farmers," in which it found mental health issues to be "prevalent" in the industry and caused by factors that include environmental challenges, weather, market fluctuations, debt, paperwork and regulations.

Although supports such as telephone crisis lines and professional counselling do exist, they're "not

Warren's Hwy Market 6 plans to sell cannabis with fuel, liquor and food

By Evan Matthews

An existing business in Warren will soon go by a new name — and might have a couple of new products on the shelf, too.

Donggi Lee, the current owner and operator of the Warren Food Mart, will soon move to his new location. The new location will include all services expected at a major grocery retail, and Lee's representation said the hope is to add cannabis sales to those services.

"The new store will include ... dairy products, a deli, a bakery, produce, freshly prepared meals and takeout, fuel service, and alcohol," said Lee through his representative Dave Haines of Sandbox Design and Consulting.

He added that Hwy Market 6 requires conditional use approval to sell cannabis.

"Cannabis would add to that range and complete the services in demand in the region," he said.

He added that cannabis retail is a permitted use in commercial zones in the RM of Woodlands, and the new location happens to border the edge of an industrial zone with a commercial zone just across the street.

The new location is 1 Progress Way, just outside the Warren LUD boundary, and is governed by RM of Woodlands. Both liquor and cannabis would be located in a small portion of the new grocery store, as per regulations.

The RM is set to host a public hearing on Jan. 26 at 6 p.m. at the Warren Hall, in which community members can express support or opposition, according to the RM, and council will make a subsequent decision.

Anyone attending the public hearing must pre-register at least two business days in advance, according to the RM, by calling the RM office.

Lee has owned and operated the Warren Food Mart for several years, but said he saw a need for a more full-service grocery to serve

the region, providing a competitive one-stop shopping experience not yet available in the region.

"The new Hwy Market 6 will raise the standard of service in the region, providing local job opportunities and supporting the community," said Lee.

"The new store is an extension of the

"THE NEW HWY MARKET 6 WILL RAISE THE STANDARD OF SERVICE IN THE REGION, PROVIDING LOCAL JOB OPPORTUNITIES AND SUPPORTING THE COMMUNITY."



TRIBUNE PHOTO BY DAVE HAINES

The new Hwy Market 6 store, set to open mid-February, aims to sell cannabis out of a small portion of the grocery store, pending council approval.

community and intends to share the success of this new venture with the community that has shown its support for the current store."

Lee added he is hoping for the community's support in completing the full range of services to the new store — speaking to cannabis sales — and said he will be required to meet all standards required for licensing approvals.

Hwy Market 6 aims to open in mid-February, and Lee said he looks forward

to inviting the community to its grand opening.

Social media conversation

After Warren LUD member Cleve Olson shared the news of the Jan. 26 public hearing in the Warren Community page on Facebook, dissenting conversation ensued.

Majority of the conversation was positive in support of Lee and his business, though dissenting views were expressed.

> MENTAL HEALTH, FROM PG. 14

enough," according to the committee.

"Access to mental health care is still limited in rural areas, health professionals are still not familiar with the unique nature of agriculture, and current efforts to help farmers are not consistent across the country," states the report.

Recommendations include efforts to "better tailor mental health care and insurance coverage to farmers' specific needs," to invest in educating those who work with farmers to "detect the signs of psychological disorders and distress" and to have the federal government "accelerate the deployment of high-speed Internet infrastructure in Canada's rural and remote regions."

In Manitoba, currently, there is a dedicated confidential counselling line (toll free 1-866-367-3276) for farmers called the Manitoba Farm, Rural & Northern Support Services, which is run by Winnipeg-based charity Klinik Community Health.

Zuk said bringing the Do More Ag-

riculture Foundation's webinar to the Arborg region will hopefully break down the barriers surrounding mental health.

"In society as a whole, there is stigma around mental health," she said. "But as we bring the issues out in the open and learn how to talk about it, we can help our community cope much better."

Talk, Ask, Listen is scheduled for Feb. 18 from 9 a.m. to 1 p.m. and is free. For more information and how to register, email Theresa Zuk at Bar Z Beef: theresazuk@mynetset.ca or Kiah Bobbee at Foster Ag Services: kiah@fosterag.ca



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Contest entry deadline February 5th, 2021
*stories may be edited for length

Share your story with us and you could set your Valentine up for a special surprise.

In a few paragraphs tell us how you met and how you knew it was true love, or just tell us why your Valentine makes your heart skip a beat.



MP James Bezan
Selkirk-Interlake-Eastman

By Jennifer McFee

Now that 2020 is behind us, Selkirk-Interlake-Eastman MP James Bezan shares his reflections for the new year.

He notes that 2020 was a difficult year, particularly for those who lost family members to COVID-19 or businesses as a result of the economic crisis.

Nonetheless, the community has found ways to band together and support each other throughout the pandemic.

"Growing up in rural Manitoba, I think we were all taught the responsibility of taking care of each other. We are the people who check on our elderly neighbours, snow blow each other's driveways, stop when we see a car in the ditch on a gravel road and generally look out for one another. But 2020 has taken that to a whole new level," he said.

"There has been incredible sacrifice by frontline health workers at all levels, by essential service workers who showed up every day to serve

Local MP offers new year reflections

their communities, by business owners forced to close to lower the spread or adapt to strict restrictions, and so many more. It has been a year of sacrifice and difficulty for all, but time and again, I am inspired by how our local communities have found ways to take care of one another and find joy during this difficult year."

During this tumultuous time, Bezan praises the abilities of his staff to keep the community informed.

"My staff has made me proud in how they stepped up to make sure every one of our constituents gets the information they need to get through this global health and economic crisis as quickly as possible," he said. "We talk every day to constituents who are struggling through this crisis and many are falling through the cracks of government programs. The biggest successes are the days when we hear back from the constituents who have received the help they need as a result of our advocating on their behalf."

At the same time, Bezan draws attention to some of the noteworthy happenings of 2020.

"Personally, I joined forces with NDP Niki Ashton, MP for Churchill-Kee-watinook Aski, to fight for Manitoba's freshwater fish harvesters who were being left behind during the pandemic response. Our bipartisan work paid off and it was a really good day when the Fish Harvester Grant and Benefit funding started to get transferred into the hands of fishing families who needed it," he said. "Additionally, for Conservatives, a big success was electing our new leader, the Honourable Erin O'Toole. The leadership race was longer than anticipated due to the pandemic, but being back in the House of Commons this fall with Erin as the leader has been a real success."

In contrast, Bezan also expressed his opinion about some of the year's many challenges.

"At every point during the COVID-19 response effort, Canada has been playing catch-up due to a lack of leadership from Justin Trudeau. It is challenging to keep up to where our allies are when compared to the inconsistent and incoherent policies of the Liberal government," he said.

"Whether that was closing airports, shutting the border, procuring PPE, adopting mask protocols or now approving vaccines and ensuring there is enough for every Canadian who wants it, the Liberal government was slow to respond, resulting in greater risks for Canadians."

In addition, Bezan expressed his opinion that there are major gaps in almost every program included in the COVID-19 economic response plan.

"Despite calling for a Team Canada approach, there were a lot of moments when the Liberal government was rejecting ideas just because they came from an opposition party," he said.

"Through everything, our Conservative team has been focused on helping Canadians and putting forward constructive solutions to improve government programs and policies. This has resulted in changes to the wage subsidy program, the Canada Emergency Business Account (CEBA), the rent subsidy program and more."

Looking ahead, Bezan shared his perspective on big issues for 2021.

"No question, the first big project of 2021 will be vaccine distribution in a timely manner. Canadians remain concerned about the health, safety and economic security of themselves and their loved ones. Getting vaccines in the arms of every Canadian who wants one is a huge step toward

getting our sense of security back," he said.

"I have heard from constituents on both sides of the debate on vaccines. I want to remind everyone that vaccinations are not mandatory under federal law. Thank you to all the Canadian Armed Forces members currently working as part of Operation VECTOR and Operation LASER. I have full confidence in their ability to handle these tasks."

He also shared his hopes for the Selkirk-Interlake-Eastman region for the new year.

"I want our local business community to be able to reopen their doors and serve our communities without the fear of what restriction or lockdown might come next. I want our fairs, festivals and community events to happen again and serve as a celebration of community being able to gather together," he said. "Most of all, I will continue to serve the people of Selkirk-Interlake-Eastman to the best of my ability and be a strong voice for them in the House of Commons."

As the MP for the area, Bezan expressed gratitude to community members, as well as some words of encouragement.

"I want to thank each and every one for doing their part to ensure the continued health and safety of our communities. This has been an unpredictable and unprecedented year, but we are coming through it together. Please continue to be patient, kind and follow the advice of public health officials in order to give our frontline health workers the best opportunity for success," he said.

"I wish everyone the best in 2021. May it bring good health, recovery and the sense of normalcy we all are longing for."

Male drivers identified as 'super speeders' on Manitoba roadways

Submitted by MPI

Male drivers (aged 34 and under) account for more than half the speed-related, serious driving offences recently issued, according to Manitoba Public Insurance and the RCMP.

A total of 522 speed-related serious driving offences were forwarded to MPI from January to the end of December 2020. This is nearly a 60 per cent increase from the same time frame in 2019.

Over 50 per cent of these "super speeders" were caught on the following roadways: Highway 100/101 (Perimeter Highway), Highway 16, Highway 1, Highway 6 and Highway 59, according to RCMP data.

As per the Drivers and Vehicles Act,

speed infractions (50 km/h or more over the limit) are one of several offences that must be reported to the Registrar of Motor Vehicles. After receiving the serious offense notice roadside, drivers are given five business days to contact MPI to schedule a show cause hearing.

"Excessive speeds is potentially fatal for the responsible driver, their passengers and all other innocent motorists," said Satvir Jatana, vice-president of employee and community engagement for Manitoba Public Insurance.

"These super speeds are inexcusable. About one in five road fatalities in Manitoba have speed as a contributing factor. This high-risk driving behaviour is careless and potentially

fatal."

RCMP and other police agencies are on the front lines of protecting innocent motorists.

"When people drive really fast, there is a good chance they could end up in a serious, even fatal, collision," said Insp. Chris Moore, officer in charge of traffic services for the Manitoba RCMP.

"You risk being transported to the morgue as opposed to arriving a few minutes early. It is simply not worth it. Whether it is a timing factor or an adrenaline high, there is absolutely no excuse for these excessive speeds, and the RCMP has zero tolerance for this behaviour. Make smart choices."

Licence Suspension

MPI statistics report that about 90 per cent of these speed-related show cause hearings result in licence suspension. Suspension penalties are based on the speed recorded on the ticket and the person's driving history. Length of licence suspension can range from several months to multiple years.

In addition, the responsible driver is issued a hefty fine and could also face criminal charges such as dangerous driving, depending on conditions and behaviour.

Of the speed-related SDOs forwarded to MPI, the average speed is about 60 km over the posted speed limit.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Dalhousie women's volleyball program excelling under Scott's guidance

By Brian Bowman

Rick Scott has certainly made his mark with the Dalhousie Tigers' women's volleyball program.

He has done a tremendous job, winning eight-straight AUS titles while recording his 200th U SPORTS career win during the 2018-19 season.

Last season, the Tigers had a tremendous team, posting an outstanding 19-1 record. They were just about to begin play against Montreal at the U Sports championship in B.C., where they were one of the favourites and ranked third.

"We were told it was cancelled and we had to go back to the hotel room where we had athletes in two or three different rooms meeting with the coaches, game planning, but we had to call them in to tell them (it was cancelled)," Scott said from Halifax on Monday. "There was a lot of emotion in the room at that time, especially with the fifth-year seniors."

The Tigers' team from a year ago was a very special - and talented - group.

"A lot of them had been to nationals before," Scott noted. "The year before, we lost in the bronze-medal game in five (sets) to Alberta. We had the player of the year in the country, Courtney Baker, as our setter and she was second-team all-Canadian. We had really good depth and a really good mix of experience and youth. We had a lot of good players and a lot of good experience."

This past season was a wash, however, as COVID shut down university volleyball among a plethora of other sports. Still, the Tigers were able to practice amongst themselves with a fun atmosphere.

Dalhousie expects to be very competitive if, or when, there is a season next year.

"We obviously lost a couple of key players last year that were starters and also some key veterans that came off the bench to play key roles," Scott said, noting they have recruited Bella Noble, a member of Volleyball Canada's National Excellence Program, and two other elite athletes. "We had a lot of leadership that set the tone, set the culture, which is really big."

Scott's coaching resume is unbelievably impressive. He is a three-time AUS coach of the year — 2012-13, 2014-15, and 2016-17 — and he earned the U SPORTS coach of the year award

at the end of the 2016-17 season.

Scott is also a four-time Dalhousie University coach of the year (2018-19, 2016-17, 2013-14 and 2012-13).

His contract expires at the end of the 2021-22 season. It is expected that he will be returning to Dalhousie.

"I'm happy here and just bought a house in Dartmouth, Nova Scotia, which is on the other side of the bridge of Halifax," Scott said. "It's a beautiful city, a beautiful province, being on the ocean and there's great people."

In addition to excelling at the university level, Scott also has had a great experience in international play.

He represented Team Canada as an assistant coach of the women's volleyball team at the FISU Games in Naples, Italy in the summer of 2018. He also served as an assistant coach for the Canadian Junior National Team at the NORCECA Championship in Tijuana, Mexico.

"I started my teaching career in Norway House, Manitoba and then to Glenboro and then to Selkirk," Scott recalled. "I never thought at the time that I would be coaching university or having the opportunity to represent Canada at some international competitions as a coach. I was really lucky to have a lot of good coaches growing up in Warren Collegiate and mentors from Norway House, Glenboro and Selkirk. Jim Schreyer and Mike Burchuk were big ones from the Selkirk area. If you work hard and put the time in, good things can happen. Keep learning and surround yourself with good people."

The Warren product and former Selkirk Royals' varsity girls' head coach has been a winner everywhere he has coached.

Scott led Nova Scotia to a bronze medal at the 2017 Volleyball Canada U18 championship. In 2009, he founded the Tigers Girls Volleyball Club. Under Scott's leadership as director, the club has captured 13 provincial championships in 10 years.

He also won four straight Manitoba "AAAA" High School Athletic Association championships, two National Club Open championships, a U17 National Team Challenge Cup championship, U16 Western Canadian championship, a Canada Games silver medal and Western Canada Games silver medal.



TRIBUNE PHOTO BY TIM KROCHAK

Rick Scott is having plenty of success with the Dalhousie women's volleyball program, winning the last eight Atlantic conference volleyball titles.

"Selkirk was a real springboard to my career with the four provincial titles in a row and the club with back-to-back national championships while coaching some amazing players," Scott said. "(The Royals are still doing) awesome and they're one of the best volleyball communities in the country. Period. I've been coast to coast and Selkirk is a hotbed for volleyball. It's amazing."

Prior to going to Dalhousie, Scott received numerous coaching accolades from the Manitoba Volleyball Association, including recognition as the High School Coach of the Year twice (1999, 2004), the Developmental Coach of the Year (2006), Elite Coach of the Year in 2007 and was inducted into the Manitoba Volleyball Association's Honour Society (2011).

tion's Honour Society (2011).

Dalhousie is Scott's home now but he has very fond memories of growing up in Souris and then Warren. He comes home to visit about three times a year.

"It was tough to leave Selkirk and Manitoba because you leave a lot of friends and family and a lot of relationships," he said. "I was going to a beautiful part of the country but I didn't know a lot of people. I knew a couple of guys from teaching at Norway House that were from the east coast and moved back. But it's been a really good move. I'm doing what I love, coaching at a high level, and I get to work with great people and great, young student-athletes."

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Stonewall Teulon
Tribune

Thomson stopping pucks on Stonewall outdoor rink

By Brian Bowman

Julianna Thomson is used to playing hockey indoors at the university level.

But these days, she's been getting her hockey fix solely at an outdoor rink in Stonewall.

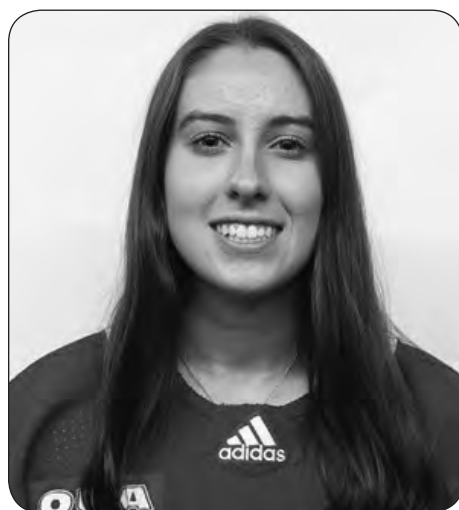
The York University Lions' goaltender's season has been cancelled but she is enjoying her time visiting her nephews in Stonewall and then hitting the ice to face some flying pucks.

"It's pretty good," said the Winnipeg product of the outdoor workout last Friday. "My season was cancelled so I've only been on the ice three or four times since August. I'm just getting back on the ice and having fun with the kids."

Thomson said she got her start in hockey by going to the outdoor rink every day during the winter when she was seven or eight years old. This winter is a nice reminder of her younger days.

York had a tremendous season a year ago, posting a 25-12 record. Their season ended with a 3-1 loss to the Toronto Varsity Blues in the MCCA W Cup Championship, giving the Lions the OUA silver medal.

"It was amazing," she said. "The past few years, we hadn't made the playoffs. We hit the ground running and kept going. It was a pretty special season and then to get to U Sports na-



Julianna Thomson

tionals but it was cancelled and when we couldn't play a game it was tough. But, all in all, it was a great year."

Thomson's rookie season, meanwhile, ended abruptly in early January after she suffered a concussion. She had a real good start to her season, winning three of her four starts while posting an impressive 1.52 goals-against average and .931 save percentage.

"It was a bit of an adjustment not being able to play because it was five weeks before I could start practicing and by then the season had been cancelled," she explained. "But you learn to live with it."



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall Blues' Liam Cox is stopped by York University's Julianna Thomson on an outdoor rink last Saturday in Stonewall.

Thomson was one of four goaltenders on last year's Lions' roster. Two of those goalies will have graduated after this school year, so Thomson, who still has four more years of eligibility, has a really good future at York.

"I'm hoping that with a better helmet that I won't have any more concussions," she joked. "I'll try to do as much training as I can so I can get back into that game shape."

Thomson, who played high school hockey with St. Mary's Academy and with Team Manitoba at the 2019 Canada Winter Games, has enjoyed her time at York University.

"It's really nice and a great group of girls," she said, noting there are several Manitobans on the Lions' roster. "There's great people, in general."

King signs WHL Standard Player Agreement with Swift Current

By Brian Bowman

Karson King turned a dream into reality last week.

The talented forward from Warren signed a WHL Standard Player Agreement with the Swift Current Broncos.

"It's awesome and it was a long process right from the start," said King Friday evening. "My agent helped me make the best decision and Swift Current, on the other end, did a great job helping all of us get through it and put pen to paper. It was great news for my family, me, and everyone around me."

Still, King knows it won't be easy cracking the Broncos' roster.

"It will be a fight to get on the team so it's definitely driving me to be the best of my abilities and to work even harder to be a better player and person," he said.

King was selected with the first pick in the sixth round, 111th overall, in the 2019 WHL Draft. The Broncos selected King after he scored 21 goals and added 20 assists in 35 games with the Interlake Lightning U15 team. Originally a defenceman, King made the switch to forward for the 2018-19 season.

Following the WHL Draft, King moved to the U18 level with the Lightning for last season, scoring 16 goals and adding 15 assists in 44 games. King's 16 goals tied him for sixth amongst 2004-born skaters in the league while his 31 points put him 10th.

He had no idea that Swift Current struggled with a 10-48-2-3 record last season.

"I was just focusing on getting myself better," King said. "I wasn't too sure what their roster looked like, to be honest. This year, we still don't know what their roster looks like because COVID has shut everything down."

Limited to just four games this season before the league was put on hold, King recorded three assists.

It's been unusual for everyone to have their seasons halted due to COVID. King has been training with his brother and skating on a home rink to get ready when the season resumes.

The U18 league recently confirmed that they plan to resume this season at some point.

"It's definitely different," King said



TRIBUNE PHOTO SUBMITTED

The Swift Current Broncos announced last Thursday that they have signed 2004-born forward Karson King of Warren to a Western Hockey League Standard Player Agreement.

of the layoff. "Winter came around and there was no hockey. It was like I had no life. Usually, that's all I do in

the winter. It was definitely a change for me."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Dola disappointed with SEMHL 2020-21 season cancelled

By Brian Bowman

Since he was about five years old, Hayden Dola has always played a league hockey game during the winter.

But the recently turned 24-year-old will see that streak snap this season.

Dola, a standout goaltender with the Warren Mercs, is one of many players disappointed that the South Eastern Manitoba Hockey League made the decision to cancel the 2020-21 season.

Still, it was a decision expected by most people.

"I think just with everything going on in the world it was always a thought that we had in our heads," Dola said last week. "There was a chance that things would not come to fruition and we wouldn't be playing this year. But obviously guys were holding out hope that things would progress in a more positive way and we would get back to playing this year."

The SEMHL made the tough decision to cancel an entire season but it was one that was accepted by all seven teams.

"During a virtual meeting (Jan. 11), league officials and team management met to discuss the potential of a 2020-21 SEMHL season," read a statement on the league website. "With the Province of Manitoba code red extended to at least Jan. 22, after much discussion, it was unanimously agreed by all seven teams to (cancel)

the 2020-21 SEMHL season. This was a difficult decision to be made but all the teams are looking forward to returning to the ice for the 2021-22 season."

The cancelled season is especially tough for the Mercs, who were expected to ice another very good team this year. Warren was two wins away from winning a league title last year when Hockey Canada shut down all leagues in March due to the COVID-19 pandemic.

"Last year, we were up 2-0 in the finals and we had a real shot at winning it," recalled Dola, a former Interlake Lightning and Selkirk Steeler. "It was tough the way it ended last year and we were fortunate to have our core come back this season with a couple more key additions. It would have been nice to get out there and bring a championship back to Warren."

"At the beginning of the year, everyone had that goal in mind and there was a really good chance of that happening. It's definitely frustrating but hopefully things can get back to normal for fall and we can get back on the ice."

Dola was enjoying a terrific season a year ago with Warren before he was injured. He was later named the SEMHL's best goaltender.

"There's definitely a lot of really good goalies in the league ... so it was definitely an honour to be recog-



TRIBUNE FILE PHOTO BY JO-ANNE PROCTER

For the first time since he was five years old, Warren Mercs' goaltender Hayden Dola will not play a hockey game this winter after the South Eastern Manitoba Hockey League elected to cancel the 2020-21 season last week.

nized by the league," Dola said. "But no goalie ever gets an award like that without the team in front of them. We had a really good (defensive) core and an all-around good team which made

my job pretty easy most nights.

"Without the team in front of me, that award definitely doesn't happen. The majority of that credit goes to them."

Sport Manitoba launches 'Play More Be More' campaign

Submitted by Sport Manitoba

Sport Manitoba's 'Play More Be More' campaign launched Jan. 12 and focuses on the benefits young kids experience when they play multiple sports.

Play More Be More is all about helping Manitobans, especially parents of kids aged six to 12, learn about the dangers of specializing in one sport at a young age while also promoting the benefits of multi-sport activities.

"Many people may not be aware of all the benefits that come with playing a variety of sports versus specializing in one sport at a young age," said Jeff Wood, sport performance specialist for Sport Manitoba.

"Of course, there may come a time when an athlete chooses one sport to

focus on, but leading up to that, there are a ton of great things we see when athletes play multiple sports growing up.

"For example, the skills that one sport develops that can carry over to another, or avoiding burnout or over-use injuries from playing only one sport by doing the same movements over and over again."

A multi-sport experience makes sport and physical activity fun.

Throughout the Play More Be More campaign, Sport Manitoba will share multi-sport perspectives, stories, and resources from the local sport community, including decorated athletes like Brigitte Lacquette, that will appear on its blog, website and social media channels.

"Growing up, I played pretty much every sport. I loved getting out there, competing and being active," said Lacquette, an Olympic silver medalist. "I feel like playing those different sports helped me grow as a hockey player because it allowed me to become more athletic overall and has improved my ability to adapt to change."

"For myself, playing softball was great for improving hand-eye coordination and playing sports like volleyball, soccer, basketball, and badminton helped me develop as an athlete, too."

Sport Manitoba's long-range strategic plan — the Manitoba Action Plan for Sports — identifies promoting the values of sport, encouraging multi-sport participation, and promoting

universal skill development in its current list of priorities for the next four years.

The multi-sport theme of this campaign is also in line with Canada's Long-Term Development framework's early developmental stages. The FUNdamentals and Learn To Train stages encourage overall development of young children's capacities, fundamental movement skills, and foundational sport skills in a range of sports, physical activities, positions and environments.

Visit sportmanitoba.ca and follow Sport Manitoba on Instagram, Facebook, and Twitter to learn more about the dangers of early sport specialization and the benefits of playing multiple sports in the development years.

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THE RURAL MUNICIPALITY OF ROCKWOOD

ANNUAL PUBLIC NOTICE

Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Election Act* (MCSBEA), the R.M. of Rockwood Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the R.M. of Rockwood can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail.

Rural Municipality of Rockwood
285 Main Street, Stonewall, MB R0C 2Z0
Telephone number: (204) 467-2272
Fax Number: (204) 467-5329
Email: info@rockwood.ca

The next General Election takes place on October 26, 2022.

Ernie Epp
Senior Election Official

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

SHOP LOCAL

LAND FOR RENT

AGRICULTURAL CROWN LANDS are presently available for rent for hay or grazing or cropping. These lands will be available for rent through an on-line auction. These lands are situated in the Rural Municipalities (RM)s of: ALEXANDER, ALONSA, ARMSTRONG, BIFROST-RIVERTON, COLDWELL, DAUPHIN, DELORAIN-WINCHESTER, ETHELBERT, FISHER, GLENELLALANDSDOWNE, GRAHAMDALE, HANOVER, HARRISON PARK, INDIGENOUS & NORTHERN RELATIONS, KELSEY, LAC DU BONNET, LAKESHORE, MOSSEY RIVER, MOUNTAIN, NORTH NORFOLK, PINEY, PORTAGE LA PRAIRIE, REYNOLDS, ROBLIN, ROCKWOOD, ROSEDALE, ST. CLEMENTS, ST. LAURENT, STE. ANNE, STE. ROSE, SPRINGFIELD, STUARTBURN, SWAN VALLEY WEST, TACHE, VICTORIA, WEST INTERLAKE & WESTLAKEGLADSTONE. A complete listing of Agricultural Crown Lands available for rent can be found online at: https://resd.ca/leases_and_permits/LPproperties.aspx. The online auction will take place from February 8-12, 2021, hosted by Garton's Auction Service: <https://gartonsauction.com>. For additional information, please contact your nearest Manitoba Agriculture and Resource Development (ARD) Agricultural Crown Lands District Office (or via email at agcrownlands@gov.mb.ca) or call Real Estate Services Branch at 1-866-210-9589. A listing of ARD Agricultural Crown Lands District Offices can be found online at: <https://www.gov.mb.ca/agriculture/contact/index.html>

THE RURAL MUNICIPALITY OF ROCKWOOD

INVITATION TO QUOTE 2021 HOURLY EQUIPMENT RATES

The Rural Municipality of Rockwood is inviting quotes for hourly rental rates of various equipment, for the purpose of establishing pay rates for the 2021 construction and maintenance season.

Quotation packages including submission documents are available at the Municipal Office, or from the RM's website, www.rockwood.ca.

Quotations may be submitted to the Rural Municipality of Rockwood, Box 902, Stonewall, Manitoba, R0C 2Z0.

Deadline for Quotation Packages is 4:00 p.m. (CST) Wednesday, February 17, 2021

Ian Tesarski, Director of Operations
Rural Municipality of Rockwood
Box 902, Stonewall, MB R0C 2Z0
Phone: 204-467-2272 Fax: 204-467-5329
Email: ian.tesarski@rockwood.ca

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

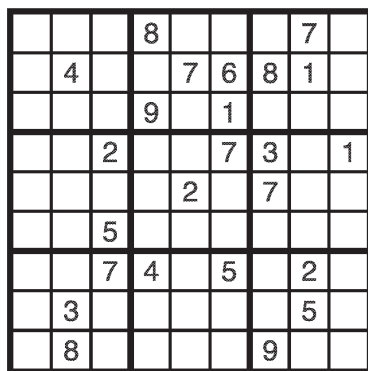
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Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdrm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

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SUDOKU

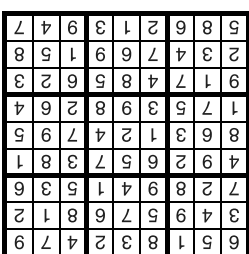


Fun By The Numbers

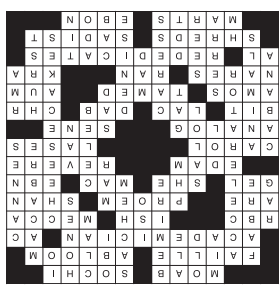
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer

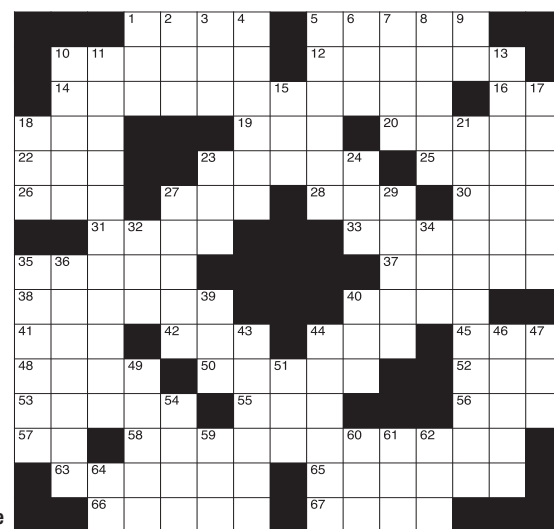


Crossword Answer

CLUES ACROSS

- Ancient Kingdom near Dead Sea
- 2014 Winter Olympics host
- Soft fabric
- Covered in flowers
- Works at a college or university
- Keeps us cool
- Corpuscle count (abbr.)
- Similar
- Birthplace of Muhammad
- They
- Preamble to a book
- Southern China people
- Hair product
- The woman
- Partner to cheese
- One point north of due east
- Round Dutch cheese
- Be in awe of
- Christmas song
- Emits coherent radiation
- Something that is comparable to another
- Monetary unit
- The cutting part of a drill
- Resinlike substance secreted by certain insects
- Touch lightly
- Toyota SUV
- and Andy, TV show
- Made less dangerous
- Assets under management (abbr.)
- Nostrils
- Moved quickly
- Thai isthmus
- TV personality Roker
- Honors anew
- Rags
- One who obtains pleasure from inflicting pain or others
- Marketplaces
- Dark brown or black

CROSSWORD



CLUES DOWN

- Nowhere to be found (abbr.)
- Not new
- Brew
- Stain with mud
- Chief or leader
- Luke Skywalker's mentor
- Wan
- Type of sauce
- Sharpens
- Priestess loved by Zeus
- Jean Henri, French entomologist
- Regulates supply of fuel
- Disturbing and horrifying
- Equal (prefix)
- Hosts film festival
- Tattered piece of clothing
- Rich desserts
- Unique motor (abbr.)
- Disfigure
- Chemical substance
- Slang for famous person
- Department of Labor
- The A-team rode around in one
- Beach cabin
- Living things
- Gun (slang)
- Disconsolate
- Stroke gently
- Actress Richards
- "Cletus Hogg" actor
- Returned material authorization (abbr.)
- Brazilian mountain range
- Upset
- One with supernatural insight
- Insecticide
- Taxi
- "Much about nothing"
- Cannister
- Popular clothing retailer

LAND FOR SALE

Beef Farm

- 1188 acres
- Near Horod
- Dolf Feddes 204.745.0451

Grain Farm

- 4670 grain acres
- Near Arborg
- Stacey Hiebert 204.371.5930

Dairy Farm

- 250 acres
- Near Ridgeville
- Sheldon Froese 204.371.5131

Grain Land

- 636 grain acres
- Near St. Alphonse
- Junior Thevenot 204.825.8378

Grain Farm

- 2037 acres
- Near Wawanesa
- Henry Carels 204.573.5396

Grain Farm

- 3163 acres
- Near Shoal Lake
- Catharina Carels 204.720.4779

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MISCELLANEOUS

Having a virtual event in Manitoba? Need registrants? Advertise it in the 37 MB Weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call 204-467-5836 to book or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

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Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com

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HEALTH

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204-346-3231



Rural Municipality of Armstrong

PUBLIC NOTICE / LONG TERM FORAGE LEASES

THE RM OF ARMSTRONG IS NOW ACCEPTING APPLICATIONS FOR LONG TERM FORAGE LEASES. APPLICATIONS WILL BE ACCEPTED UNTIL FEBRUARY 19, 2021 BY 4:30 PM TO BE REVIEWED AT THE MARCH REGULAR COUNCIL MEETING.

LEASE TERMS ARE TO THE AGE OF 65, WITH 5 YEAR RENEWAL OPTIONS AFTER AGE 65.

APPLICATION FORMS CAN BE OBTAINED FROM THE MUNICIPAL OFFICE 204-278-3377 OR EMAIL CAO@RMOFARMSTRONG.COM. FORMS ARE ALSO AVAILABLE ON OUR WEBSITE WWW.RMOFARMSTRONG.COM.

THE RM OF ARMSTRONG IS NOT OBLIGATED TO PROVIDE ACCESS TO THE LEASED LANDS.

APPLICANTS ARE RESPONSIBLE TO VIEW THE LANDS PRIOR TO SUBMITTING AN APPLICATION.

LEASE RATE WILL BE A PERCENTAGE OF THE CURRENT YEARS ASSESSMENT AND SUBJECT TO CHANGE PENDING BUDGET REQUIREMENTS.

| Land Location | Roll | Assessment | Acres |
|-------------------|--------|------------|--------|
| NW 26-18-1E | 11800 | 9,800 | 160.00 |
| NE 29-18-3E | 44600 | 62,800 | 156.96 |
| NW 29-18-3E | 44700 | 53,900 | 160.00 |
| SE 13-20-1E | 99300 | 23,200 | 157.46 |
| SW 5-20-2E | 110900 | 41,600 | 160.00 |
| NW 8-20-2E | 111900 | 36,800 | 160.00 |
| SE 8-20-2E | 112000 | 36,800 | 160.00 |
| SW 9-20-2E | 112500 | 36,800 | 160.00 |
| SW 17-20-2E | 117000 | 41,600 | 160.00 |
| SE 30-20-2E | 123100 | 34,300 | 152.06 |
| SW 30-20-2E | 123200 | 22,900 | 155.80 |
| SE 5-20-3E | 127000 | 51,200 | 128.00 |
| NE 31-20-3E E 1/2 | 134200 | 32,000 | 80.00 |
| SE 30-21-1E | 148000 | 56,300 | 159.00 |
| SW 30-21-1E | 148100 | 56,000 | 159.00 |
| SE 32-21-2E | 165600 | 41,600 | 160.00 |
| NE 5-21-3E | 169500 | 64,400 | 161.00 |
| SW 17-21-3E | 172300 | 60,700 | 160.26 |
| NW 19-17-1W | 184300 | 26,300 | 159.00 |
| SE 1-19-2W | 254000 | 36,200 | 156.00 |
| SE 9-19-2W | 258000 | 41,300 | 149.00 |
| SE 30-19-2W | 266500 | 39,800 | 160.00 |
| NE 13-21-2W | 326800 | 39,700 | 152.78 |
| SW 25-21-2W | 331900 | 41,600 | 160.00 |
| NE 26-21-2W | 332000 | 32,500 | 159.00 |
| NW 26-21-2W | 332100 | 30,300 | 159.00 |
| SE 26-21-2W | 332200 | 32,800 | 160.00 |
| NE 16-21-3W | 342500 | 14,500 | 160.00 |

Corlie Larsen, CMMA, Chief Administrative Officer
RM of Armstrong

Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 204-467-5836

THE RURAL MUNICIPALITY OF ROCKWOOD



2021 PROPOSAL FOR THE DELIVERY OF LIMESTONE PRODUCTS IN THE RM OF ROCKWOOD

The Rural Municipality of Rockwood is accepting applications for the delivery of approximately 50,000 tonnes of limestone aggregates, to be deposited on Municipal roads throughout the RM of Rockwood as directed by the Municipality.

The successful applicant agrees to sign a two (2) year agreement with an additional two (2) year optional extension (based on both parties accepting).

Proposal Close: 1:00 pm local time, on Friday, February 5, 2021

Detailed proposal packages complete with specifications are available to interested applicants on the RM of Rockwood website. Any questions or concerns can be directed to:

Ian Tesarski, C.E.T., CMMA
Director of Operations
285 Main Street, Box 902, Stonewall, MB, R0C 2Z0
www.rockwood.ca
Phone: 1-204-467-2272
Email: ian.tesarski@rockwood.ca



THE RURAL MUNICIPALITY OF ST. LAURENT CAREER OPPORTUNITY

BY-LAW ENFORCEMENT OFFICER

The Rural Municipality of St. Laurent is seeking a By-Law Enforcement Officer, an individual who is highly motivated, confident and organized, to be responsible for enforcing municipal by-laws and providing the public with information to ensure the protection of residents, property and employees.

This is a full-time position (40 hours a week) with flexibility of time management and access to municipal employee benefits and company vehicle. The By-Law Enforcement Officer will be expected to work weekends, especially in the summer, and be available for calls in the evening or night from time to time. The Officer will keep meticulous documentation and be prepared to attend Provincial Court as required and will also be responsible for animal control in the municipality.

You will need to provide a current Criminal Record check including Child and Elder Abuse Registry checks and possess a valid Manitoba Driver's Licence. Other requirements will include completion of Grade 12 or equivalent, excellent written and verbal communication skills and proficiency of computer skills including use of Microsoft Outlook, Excel and Word. The successful applicant must also live within a 50 km radius of the St. Laurent Municipal Office.

Assets considered would be fluency in French language, and prior experience in law or by-law enforcement or security. By-law enforcement training will be provided along with other training such as First Aid and CPR, however in the current provincial restrictions this training may be virtual or delayed.

Applications are to include your resume and cover letter (which would include a narrative as to how your experience and qualifications would be ideal for this position) and must be received by Wednesday, February 10, 2021 at 4:30 p.m. A full job description can be provided on request. Only those considered for interview will be contacted. This position will remain open until a suitable candidate is found.

Rural Municipality of St. Laurent
RE: By-Law Enforcement Officer
Box 220, 16 St. Laurent Veterans Memorial Road
St. Laurent, MB R0C 2S0
Phone: 204-646-2259 Fax: 204-646-2705
Email: rmstlaur@mymts.net

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Brightside Dental Care Stonewall currently has a career opportunity for a full time:

PRACTICE MANAGER

The Practice Manager is responsible for the effective operation of the Practice, including resource management, leadership of staff, and assisting with the development and implementation of operational plans.

Responsibilities:

- Provide leadership to the clinical and business teams; including staffing decisions, coaching, and performance management;
- Manage the day-to-day operations of the office, ensuring compliance with standards, policies and procedures;
- Foster a strong team environment that will attract, retain and develop existing and potential staff.
- Ensure understanding of Brightside Dental Care's mission, vision and core values; partner effectively with the management team and others to execute on operational plans.
- Promote and clearly communicate change initiatives within the Practice.

Education and Qualifications:

- 1-3 years of post-secondary education in a business management or people management field, and 2-3 years of job-related experience; an equivalent combination of education and experience may be considered.
- Demonstrated leadership and staff management skills are required.
- Must have the ability to build trust and maintain positive team relationships.
- Must have effective communication skills with individuals at all levels of an organization.
- Strong decision making, prioritization, and judgement is required.
- Experience in a dental office necessary.

For more information about Brightside Dental Care, check us out on Facebook, Instagram or visit our website at brightsidedentalcare.com

To apply, send applications to pm.portage@bdcmail.com Attention: Sandra Reddaway

Founded in 1981 as a single dentist practice in Portage la Prairie, Brightside Dental Care believes in a "People First" approach to everything we do. With a mission to provide better care for dental patients and a better life for dental employees, Brightside has created a warm, friendly, comfortable atmosphere that focuses on our patients' best interests. Currently serving the communities of Portage, Brandon, Gladstone, Stonewall and surrounding areas, Brightside Dental Care is poised for expansion in the near future.

Leo's Sales & Service Ltd. - Ag Service Technician

Leo's Sales & Service Ltd. is seeking an Ag Service Technician for our Winnipeg Sturgeon Road location. As an independently owned Case IH dealer, we have proudly served Manitoba's farming and agriculture community since 1940.

We offer our team:

- Full-time employment
- Competitive wages/Overtime Opportunity
- Opportunities for career growth and advancement
- Fulfilling career in a stable industry
- Full benefit package

As an Ag Service Technician you will have a passion for diagnosing and repairing engines and equipment. Our customer-oriented technicians thrive in a fast-paced environment, and strive to provide the best service whether they are working on customer and/or dealer-owned agricultural equipment.

Qualified candidates will possess the following skills/qualities:

- Ability to perform on-site repairs and required maintenance using special tools and equipment following Technical manual procedures.
- Proficiency reading and interpreting mechanical, hydraulic and electric schematics
- Ability to perform basic computer functions and diagnostics.
- Proficient oral and written communication skills.
- Ability to lift at least 75 lbs repeatedly.
- Valid driver's license with reasonable abstract is required.
- Ability to work under minimal supervision.
- Ability to work with a team of other technicians and customer service and sales representatives.
- Ability to work remotely as and when required.
- Available to work on call weekends and evenings in rotation
- Experience working with CaseIH equipment is an asset.

We thank all applicants; however only those selected for further consideration will be contacted.

jenagrandmont@leoscseih.com



JENA STEWART
204-461-0316 Cell
204-694-4978 Office



THE RURAL MUNICIPALITY OF ROCKWOOD

PUBLIC NOTICE

The Rural Municipality of Rockwood hereby gives notice that the date of the following Regular Meeting of Council has been changed:

From: Wednesday, February 10, 2021 starting at 9:00 a.m.

To: **Thursday, February 11, 2021 starting at 9:00 a.m.**
At the Heritage Arts Centre, 166 Main Street, Stonewall, MB

Council,
Rural Municipality of Rockwood

The South Interlake Regional Library

Is seeking a dynamic leader to assume the role of

LIBRARY DIRECTOR

The Library Director is responsible for the planning, organizing and implementation of all library operations and services.

Qualifications:

A post-secondary degree in Business, Library Science, or equivalent experience would be an asset.

5 years of senior management experience.

A solid understanding of accounting including payroll and budgeting.

Excellent interpersonal, written and oral communication skills.

For complete information and application instructions please see <http://bit.ly/SIRLdirector>



TOWN OF STONEWALL

EMPLOYMENT OPPORTUNITY FULL TIME PARKS & ARENA EMPLOYEE

The Town of Stonewall invites qualified individuals to apply for the full time position of Parks & Arena Employee. This position is covered by the Collective Agreement between the Town of Stonewall and the International Union of Operating Engineers Local Union 987.

Under the supervision and direction of the Parks & Arena Supervisor, the Parks & Arena Employee will perform varied duties requiring diverse skills and abilities in the area of arena and parks maintenance and operation.

Wage will be commensurate with qualifications and experience based on IUOE Local 987. This is a unionized position that includes an employee benefits package.

The preferred applicant will have experience in the operation of equipment (mowers, ice resurfacer) and experience/background with education and certification in ice refrigeration systems and facility/grounds maintenance.

Procedure for Applying:

Qualified Applicants are invited to submit a cover letter summarizing relevant experience, a resume, plus three (3) references to:

Town of Stonewall
Attention: Brett Chatfield
Email: parks-arena@stonewall.ca
293 Main Street, Box 250
Stonewall, MB R0H 0V0

Deadline for applications: 12:00 PM on January 29, 2021

Start date: as soon as possible

The Town of Stonewall thanks all applicants, however only candidates interviewed will be contacted.

FARMLAND WANTED

Young farmer looking for farmland to rent in the RM's of Rosser, Rockwood or Woodlands area. Call or text Nolan at 204-461-1784.

Small farm looking to buy farmland in the RM's of Rosser, Woodlands or Rockwood. Flexible on purchase terms. Ph 204-771-2169.

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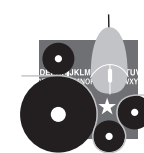
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HEADING



Laverne Roy
October 25, 1945 to January 26, 2019
in Loving Memory of our
mother, wife and grandmother

It broke our hearts to lose you,
But you did not go alone;
A part of us went with you,
The day God took you home.
If tears could build a stairway,
And heartaches make a lane;
We'd walk our way to heaven,
And bring you back again.
In life we loved you dearly,
in death we love you still;
In our hearts you hold a place,
No one could ever fill.

-Lovingly missed,
Maurice and family

HEADING

Shawn Nelson
May 15, 1973 - January 21, 1995
In loving memory of our
Son, Brother and Uncle

Twenty-six years comes this day
How can we ever forget that devastating day
in January.
Gone too fast, died too soon,
Just as your life was beginning to bloom.
You remain in our hearts
Your memory always in our minds
We feel your presence in our everyday lives.
Ever so gentle and kind.
Gone but never forgotten.

-Loved and missed by
Mom, Dad, Shannon and family

HEADING



Byron Morton
March 17, 1944 - January 20, 2014

May the winds of love blow softly,
And whisper so you can hear;
We'll forever love and miss you,
And wish that you were here.
For all that life has given us,
And all that's left to do;
We'll know no great treasure,
Than the days we had with you.

-Lovingly remembered by
Rita and family

OBITUARY

John Cameron Wallace
May 17, 1953 - January 8, 2021

It is with heavy hearts that the family of John Wallace announces his passing on January 8, 2021 of cardiac arrest in Vernon Jubilee Hospital in B.C.

Left to mourn John's passing are his mother, Doreen; sister Lori (Ed Boldt); sons MacGyver and Christopher; daughter Carrie Baldwin (Jordan); and grandchildren Paige Wallace (Anthony Ngo), Cameron Clapham, Devon Clapham, Livia Wallace, and Jackson Baldwin. John was predeceased by his father, Gerald Wallace, in 2007.

John will also be remembered with love by our family in BC, Saskatchewan, and Alberta. He will also be missed and affectionately remembered by many friends, the closest of whom include Mark Ireland and Harry Stephan, as well as his former



partners in life, Wendy Bowman and Donna Salkeld.

Our family wishes to extend our sincere gratitude to Donna Young, Aurlie Young-Gagnon and Paul Gagnon in Vernon for their love and care for John and MacGyver.

John graduated from Red River College and the University of Manitoba, and enjoyed teaching high school at Sisler and in Oakbank. He was mad about cars all his life, and in the 1980s decided to leave teaching to build a busy auto repair and body shop in Stonewall, MB. He was a talented auto mechanic, and took much pleasure in teaching others his skills. In 2016, he moved to Vernon with his younger son, MacGyver.

John inherited his father's genius to build or fix anything, especially electronic or mechanical. His first "real" job was at age 16 at Coughlan Ltd., but long before that he had sewn up the neighborhood business in grass-cutting, snow clearing and paper routes. John owned a car long before he could legally drive it, and pattered on it in the backyard with his dad.

John was a kind-hearted, generous, and hard-working man. He helped anyone he could, whether it was building garages, towing vehicles out of snowbanks or fixing anything broken. He would agree that he was not a perfect man, who could be stubborn as a first-class mule. However, he lived life simply and on his own terms.

Cremation has taken place, and a service will be held at a later date when COVID-19 restrictions no longer apply, and family and friends can gather to honour John and celebrate his life.

OBITUARY

Betty Carol Pennell
August 22, 1947 - Portage la Prairie, Manitoba
January 10, 2021 - Stonewall, Manitoba

It is with profound sadness that we announce the passing of Betty Carol Pennell at the age of 73.

Betty was second born to Walter and Irene Bieganski while living in Marquette, MB and was given a police escort en route to Portage Hospital for her birth. She gave that special attention back to family, friends, and anyone she met throughout her life. Betty, along with her older sister and younger brother moved with their parents to the farm at Rossendale, MB. Betty attended Rossendale School and after completion she worked at the Manitoba Developmental Centre until her marriage to Doug Pennell on October 9, 1965. They resided in MacGregor where Betty worked at the MacGregor Hospital. She began her most favourite career "motherhood" with the births of Nyle and then Dawn. Motherhood and homemaking was natural for her. Their homes (wherever they lived or vacationed) were always the hub of family and social gatherings (food was plentiful!!). She attended the MacGregor United Church and was a dedicated community member, as well, was involved with the care of her very special sister, Debbie, and with the Pine Creek Residence in Austin where Debbie resides.

Betty and Doug enjoyed family vacations while the children were young; many trips to Calgary; camping and visiting throughout Manitoba, her coolers of food were legendary!

Betty's love of a good time and her fun-loving and entertaining antics were shared equally with the "Birthday Girls". She could be counted on to dress for any occasion whether it was a solo cup bra or a Mini Pearl hat, whatever was called for!

Betty and Doug spent many winters in Texas where they gained many lifelong friends. They thoroughly enjoyed their trips to Las Vegas, Hawaii and Mexican Riviera Cruise.

Betty and Doug moved to Stonewall, MB in 2018 where once again they attracted new friends.

Betty will be sorely missed by her soul-mate and husband of 55 years, Doug, her loving son Nyle and Jeannine (Boulet), her adored daughter Dawn (Bourque), and her treasured grandchildren Reece (Pennell), Mitchell and Renee (Bourque).

Betty is survived by her siblings Mary Anne Gates, Wally (Rosalie) Bieganski, Sister-in-Law Penny Parynuik; Judy (Jack Wiebe) Bieganski, Debbie Bieganski, Dean (Shirley Prukess) Bieganski, Cyndi (Lennie) Wallace, many Bieganski and Pennell cousins, and 2 generations of nieces and nephews. Betty was predeceased by her dad, Walter Bieganski (1986), mom, Irene Bieganski (2009), son-in-law Gilles Bourque (2019), brother Albert (Bud) Bieganski (2019).

A small, immediate family service was held on January 14, 2021.
A Celebration of Life will be held at a later date when family and friends can all gather safely.
Special thank you to the staff at Stonewall Hospital for the recent care of Betty. Thank you to the Cardiac Care staff at St. Boniface Hospital for caring for her over the years.

Donations may be made to the Heart & Stroke Foundation of Manitoba.

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