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Stonewall Teulon Tribune

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Blast of winter

TRIBUNE PHOTO BY NATASHA TERSIGNI

Following last week's extremely cold winter weather that resulted in several highway closures, power outages and even two days of classes being cancelled at the Interlake School Division, sunny skies and warm temperatures prevail. With the mercury creeping into the plus side this week, many people are heading outdoors for winter activities — including Brady Holm, who helped to clear the hockey rink at École Stonewall Centennial School last Monday.

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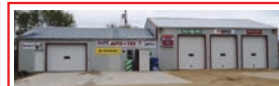
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RM of Woodlands council sells off pasture land to Topigs

Progress continues on swine research facility in the RM

By **Natasha Tersigni**

After months of closed-door negotiations, the RM of Woodlands council has accepted an offer from Topigs Norsvin Canada to purchase 80 acres of land on the northeast side of the Woodlands Community Pasture for Topigs to build their new Delta II Research facility.

At their Jan. 10 meeting, council approved the 80-acre land sale to Topigs for \$500 per acre for a total of \$40,000.

Council members told the *Tribune* that the land was valued by a property appraisal company based on current market values.

Money from the land sale will be put into the RM's economic development reserve fund, with the hopes to use the money in the future to purchase the community pasture land that is currently owned by the federal and provincial governments.

The land sale is subject to Topigs entering into a conditional use agreement with council and having all the provincial requirements met. During the conditional use agreement process, a public hearing must be held and that will be an opportunity for residents to raise any concerns they may have regarding the facility. Before the offer to purchase resolution was called to question at the council meeting on Jan. 10, Topigs project consultant Perter Mah appeared as a delegation and spoke to council.

"We felt for various reasons that the community pasture site was the best site for the community. We looked long and hard at the community pasture as we wanted to find a remote

site, as remote as we could, for biosecurity purposes," said Mah.

Last summer, Topigs was in discussions with a Woodlands resident to purchase land in the RM, but due to a number of public concerns, Topigs cancelled that land purchase and began looking at other options.

"The community pasture land does provide us the five-kilometre buffer zone we were looking for, and the area around it is very sparsely populated.

The shelter belt we will keep around the land and it will provide a significant buffer for any noise or potential smells from the manure storage shed."

During his presentation, Mah spoke in depth about the facility and the economic impact it will have in the community. The facility itself will be home to cutting-edge research where employees will collect

data related to two of Topigs top four boar breeds in order to develop superior genes. The only other facility that the company owns similar to this one is in Norway.

The cost to build the facility is projected at \$10 million, and the building will bring in an estimated \$10,000 annually in municipal and school taxes. The research facility will create 15 jobs in Manitoba, including 10 onsite jobs in the RM.

Reeve Trevor King is excited about the opportunity to work with Topigs and to have the state-of-the-art research facility in the community.

"We have spent a lot of time back and forth in negotiations of this land and we feel we have done our due

"IT CERTAINLY ISN'T A PRACTICE WE WANT TO GET INTO ... BUT THIS IS CERTAINLY A GOOD FIT AND A GREAT OPPORTUNITY FOR THE COMMUNITY."



TRIBUNE PHOTO SUBMITTED

The conceptual building design for Topigs Norsvin Canada Delta II research facility to be built on the northeast side of the Woodlands community pasture.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Topigs project consultant Peter Mah, left, attended the Jan. 10 RM of Woodlands council meeting. Planning consultant Bill Sawka, right, has been contracted by the RM for input on this project. He recommended that the pasture land be sold as it would be a suitable site for Topigs proposed research facility project.

diligence here, and the time has gone into ensuring all concerns have been addressed," said King, who spoke on the issue of setting the precedent of selling community pasture land.

"It certainly isn't a practice we want to get into, selling off our community pasture land. But this is certainly a

good fit and great opportunity for the community."

Council and RM officials will work closely with Topigs to continue progress on the project, including the conditional use agreement that must be entered into by both parties before construction can begin.

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New shop in the works for Woodlands



TRIBUNE PHOTO BY NATASHA TERSIGNI

Construction has begun on the RM of Woodlands public works shop expansion located just off of Highway 6. The project, budgeted at \$1,275,000, was awarded to Nodaco Building Solutions Inc. The new building will be attached to the existing shop and includes four vehicle bays, one wash bay, office space, a lunch room and has room for future growth to meet the RM's needs. The completion date is set for April 2017, but because of December's snowfall and January's extremely cold temperatures, delays are expected.

St. Laurent customers left without power during blizzard

By Jeff Ward

More than 700 Manitoba Hydro customers in St. Laurent were left without power last Thursday when a blizzard blew its way through southern Manitoba, bringing with it strong northwest winds gusting up to 90 km/h and extreme cold.

A fast-moving cold front swept across the province, making travel hazardous as visibility neared zero in some spots. Numerous highways were closed as a result, including Highway 6, parts of the Trans-Canada Highway, Highway 59, and Highway 75 to the U.S. border.

All Interlake schools were closed Thursday and many on Friday due to the high winds and extreme cold that saw temperatures with the wind-chill plunge to below -40 degrees C.

The power outage happened at 7:15 a.m. on Jan. 12, according to Scott Powell, manager of public affairs for Manitoba Hydro. Powell said that by 10 a.m., power had been restored to 551 customers. Only a short while later at 11:40 a.m., power was restored to the remaining 168 customers.

According to Powell, a power imbalance in some of the sub-station equipment caused the outages and no major damage occurred. Powell said that response time was impeded by nearly zero visibility during a wind storm that kicked up snow that ended up causing closures on most Manitoba highways.

"We were actually pleased with the response time considering the conditions," said Powell.

"Before we're able to restore power, we have to diagnose the issue, and in conditions like we saw that day, it's pretty challenging. If we have to inspect lines, it makes the job much slower, but we were able to identify the problem quickly."

Powell said that this incident wasn't connected to a previous incident a few weeks ago that caused an outage for 774 customers in St. Laurent. Almost all of those customers were the same that experienced last week's outage.

The issue that caused the previous outage was a broken line and the location just happened to be a coincidence, according to Powell.



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"WE WERE ACTUALLY PLEASED WITH THE RESPONSE TIME CONSIDERING THE CONDITIONS."



TRIBUNE PHOTO BY SHERI CORRIGAN

Strong northwest winds gusting up to 90 km/h, zero visibility and extreme cold temperatures caused a power outage in St. Laurent last Thursday.

SIPD general manager proposes municipality levy increase

By Natasha Tersigni

To meet increased demands and to ensure that critical IT improvements are made, South Interlake Planning District (SIPD) general manager Eric Shaw appeared as a delegation at the Teulon council meeting on Jan. 10 to discuss the organization's upcoming budget and the need for a levy increase.

The SIPD is the planning and regulatory body of member municipalities that include Teulon, Stonewall, Rosser and Rockwood with two council members from each member municipality. Shaw is responsible for overseeing the daily operations while reporting to the board.

Since Shaw began working on the SIPD 2017 draft budget, he is recommending to increase municipal contributions by \$30,000 for all four member municipalities. Shaw is meeting with each council to discuss the proposed increases before they begin their respective budget process.

The total contribution from all municipalities currently is \$64,550, including \$32,274.64 from the RM of Rockwood (50 per cent of municipal contributions), \$16,138.09 from Stonewall (25 per cent), \$9,682.70 from the RM of Rosser (15 per cent) and \$6,454.58 from Teulon (10 per cent).

The budgeted \$30,000 increase will go towards daily operating costs

along with the hiring of a seasonal co-op student to assist with applications during peak times in the spring and summer months, IT upgrades in both hardware and software, and a website redesign.

"The total contribution has been in place for an excess of 10 years and it hasn't changed a dime in that time. Our services have changed. In that time, the district has grown, there has been an increase of cost, and there has been an increase in demand for our services," said Shaw, who added that contributions are based on municipalities' population share and remain relatively the same as before, with the biggest increase of contribution going to Stonewall from 25 per cent to 30 per cent.

The proposed increase in levy contributions would be an increase of 56 per cent for the RM of Rockwood (\$50,519.50), 78 per cent increase for Stonewall (\$28,774.04), a 10 per cent increase for Teulon (\$7,130) and an 11 per cent decrease for the RM of Rosser (\$8,576.39).

Teulon council members were receptive and supportive of the budget changes Shaw proposed. Before the SIPD board members vote on the 2017 draft budget, Shaw will make his presentation at the Town of Stonewall, RM of Rockwood and RM of Rosser council meetings.



TRIBUNE PHOTO BY NATASHA TERSIGNI

South Interlake Planning District (SIPD) General Manager Eric Shaw spoke at the Teulon council meeting on Jan. 10 on SIPD's 2017 budget. Shaw is recommending that all four SIPD member municipalities increase contributions to cover an additional \$30,000 needed in the budget.

Interim Operating Budget

Council passed the 2017 interim operating budget for the town that will be in place from January until council passes the entire budget in the spring. The breakdown of the interim budget includes: General Govern-

ment Services \$100,000, Protective Services \$100,000, Transportation Services \$100,000, Environmental Health Services \$100,000, Public Health and Welfare \$50,000, Economic Development Services \$50,000, Fiscal Services \$150,000, and Utility Operating and Capital Fund \$100,000.

Gov't task force to 'examine' health-care wait times

Staff

Manitoba's PC government has established a Wait Time Reduction Task Force that will "examine and address" health-care wait times in the province.

In a statement released on Dec. 30, the province said the Wait Times Reduction Task Force will be made up of two committees and will examine wait times for emergency care and also for priority procedures such as surgeries

and diagnostic tests.

"We know there is much work to be done to address wait times in emergency departments, particularly in Winnipeg, as well as wait times for surgeries and diagnostic procedures," Health, Seniors and Active Living Minister Kelvin Goertzen said in a release. "These individuals bring a wealth of front-line expertise to help us look at different ways of working to

make real changes across the system."

Dr. John Ross of

Nova Scotia and Dr. Alecs Chochinov of Winnipeg will co-lead the emergency department wait times committee of the Wait Time Reduction Task Force.

Dr. Jack McPherson of Winnipeg and Dr. Michael Rachlis of Toronto will co-lead the priority procedures wait times committee, which will focus on waits for cataract surgery, hip and knee replacement surgeries, and MRI scans.

"By dividing the two key areas, we're better able to have the right subject matter experts focus on their skill sets

and give us the most effective advice," Goertzen said. "We remain committed to this work and finding the best ways to improve our system in the long term."

The committee members will include urban and rural physicians and nurses and other health professionals.

During the 2016 provincial election, the PC government promised they would examine wait times for health care in the province and would look to make changes to reduce those wait times if elected.

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HEALING HEARTS RETREAT

Tickets on Sale: Feb. 9-11, 2017 New Location

10 am - 5 pm at 336 Main St., Stonewall (Between Sigs & RBC)

After Feb. 11th for more info. call 204-467-8619

Shows: May 4-6, May 7 (2 shows), May 11-13

General Meeting

Reaburn Heights Community Center

GENERAL MEETING

January 31, 2017 to 7:00 pm

Marquette Curling Club

For further information call
204-375-6641

Adrenaline Fitness now open 24-7 in Stonewall

By Natasha Tersigni

Sticking to those 2017 fitness goals just got a bit easier.

After a few delays, Stonewall's newest gym Adrenaline Fitness is now open to the public and ready to meet all your workout needs.

The gym is located in the industrial park at 2 Dolomite Ave., at the former Alive Church and was purchased last year by Bob Nolin. Bob renovated the front of the building into office space and rents the rear to his son Brody, where he operates the gym.

"We are very happy to finally be open. It was quite the process to open the facility, but everyone seems very understanding," said Brody.

The facility boasts an extensive array of free weight machines, cardio equipment and a large free weight exercise area. For increased convenience, clients will have 24-7 access, and there are two large change rooms with showering facilities. The main floor of the gym is co-ed and the second floor is for women only.

"When the Curves in Stonewall closed down, I was able to purchase

all of their equipment and that is upstairs in the female only section," said Brody, adding that the women-only part of the gym is popular already.

"I have had quite a few members sign up already who are here to use the female-only section, so it is getting a great reception."

Brody is already looking into expanding the gym by adding additional cardio and weight machines. As well, if the demand is there, he will look at offering classes.

"That will be dependent on if people start requesting that. If we are hearing that people want classes, then we will look at introducing them," said Brody, who is currently looking at

"IF WE ARE HEARING THAT PEOPLE WANT CLASSES THEN WE WILL LOOK AT INTRODUCING THEM."

partnering with a personal trainer to provide one-on-one training for members. "I am currently in talks with a personal trainer who is originally from Argyle and we are looking at being able to offer his services a few days a week here."

The gym is open for membership sign-ups Tuesday and Thursday 4 to 7 p.m. and Sunday 1 to 4 p.m. For more information regarding Adrenaline Fitness, call 204-202-1783.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Brody Nolin, the owner of Adrenaline Fitness, shows off his new gym facility in Stonewall.



The upstairs is for women only and houses all the former Curves equipment.

Calling all trivia aficionados

By Natasha Tersigni

Where will there be a night of entertainment for a good cause in Teulon on Feb. 4? The answer is at the Teulon Rockwood Recreation Commission's annual Trivia Night.

The night of fun starts at 7 p.m. with trivia beginning at 7:30 p.m. at the Teulon Rockwood Centennial Centre.

As in past years, tickets have sold fast, but with the event just a few weeks away, there are still spots available. All money raised from the event will go towards the recreation commission.

"The hall is turning 50 this year, so

we want to put some money towards renovations and updating the facility. We are hoping to paint the interior and add some feature walls. Another project we are hoping to complete is the front entrance. The steps need to be replaced, so we are going to be redoing the entire front entrance at that time," said Teulon-Rockwood recreation director Beth Hutchinson, who added that tables of eight are selling for \$120.

For more information or to purchase tickets, call the recreation office at 204-861-0341.

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Fishing shirtless in the tropics of Lake Winnipeg

Welcome, fellow outdoors enthusiasts.

I guess it was last Tuesday when I urged Old Red down the steep access lane to Lake Winnipeg's ice at the east end of Sandy Hook's #519. About a quarter of a mile out, I noticed a large grey shack with a truck by the door, so I followed the snow tracks to them and hailed the anglers inside.

The door popped open and a guy of average height, rugged strong physique, dark brown hair and a deep bass voice invited me in. As I stood by the door, he plopped down on a bench at one end of the shack, taking up his rod. Opposite him was a shorter, muscular, round-faced, always smiling chap who raised a hand in welcome.

The deep-voiced fellow, Shawn Cummings of Lac du Bonnet, said he and his buddy, Jeff Watson of Winnipeg, had permission from locals Rick and Nick Turkewich to use their shack. As we struck up a conversation, I couldn't help but admire the gigantic pike mounted on the wall of this well-appointed shack. With the smell

and warmth of a wood fire crackling in the small stove, Shawn gave us a story.

Last summer, he and his girlfriend Shannon Mulvanuy were boat fishing on a hot sunny day at Pointe du Bois. Shannon was lying in the bow of the boat, rod in hand, while Shawn slumbered in the back.

Suddenly, she sat up sharply as her rod end plunged into the water. Shawn, half asleep, grasped the situation with mild interest. Shannon rose to her feet, hauling up hard and then lowering her rod to reel in the line's slack. Soon, the head of a two-foot pickerel broke the surface, its thrashing tail sending sprays of water into the air.

Shawn, leaning over the side of the boat, took on the air of a dispassionate observer. He admired Shannon's rod play for a good 10 minutes as she at last brought the huge fish to the side of the boat. It was only then when his gaze met her glare that he realized he should be helping.

"What are you waiting for, Shawn? Get the net,"



TRIBUNE PHOTO BY ARNIE WEIDL

Our shirtless guys on the Red River where Tyler landed the fish with a flick of his foot, left to right, Travis Noble, Jack Campbell, Tyler Dusanek and Drew Richards all of Winnipeg. What a great bunch of fun-loving guys.

she cried.

Stumbling on tackle boxes, food coolers and his lady's feet, he got their net and landed her prize. Tired, Shannon lay down in the boat to catch her breath, murmuring, "Thanks for getting the net this time, honey."

She was referring to a few weeks earlier when trying to land a three-foot jack, "slow-with-the-net Shawn" had caused her to lose it.

Downstream of Netley Creek on the Red River, all manner of tents and shacks were spread out for

miles on the ice last Saturday and I was in a predicament. I needed a small fishing story to finish this week's column.

All afternoon I visited folks from shack to shack asking, but to no avail. Finally, when talking to a chap from Steinbach who was fishing out in the open, we saw a guy coming out of a big metal shack with his shirt off. We looked at each other laughing, and he said, "Looks like a story there."

I jumped into Old Red

Continued on page 7

Stonewall Teulon
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OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

Natasha Tersigni 204-558-2772
natasha@stonewallteulontribune.ca

Brian Bowman Sports Reporter
sports@stonewallteulontribune.ca

View the Stonewall Teulon Tribune online at
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Eichler joins annual Brandon Ag Days celebrations

Staff

The new year is off to a good start for Manitoba farmers.

This upcoming season, farmers across the province will continue to reap the benefits of comprehensive coverage from AgriInsurance and the Western Livestock Price Insurance Program (WLPPI).

The provincial and federal government are working together to provide producers with protection against farm business risks, including the financial impact of extreme weather and price fluctuations. AgriInsurance and WLPPI are risk-management programs supported through Growing Forward 2, the five-year federal-provincial-territorial policy framework. The Manitoba Agricultural Services Corporation (MASC) administers both programs.

At the 40th annual Ag Days in Brandon on Jan. 17, Federal Agriculture Minister Lawrence MacAulay and Manitoba Agriculture Minister Ralph Eichler noted that this year's coverage is the second highest on record and is expected to exceed \$2.6 billion on 9.6 acres in Manitoba. AgriInsurance coverage is increasing on average by seven per cent, while premium rates are down by an average of four per cent from last year.

"Through AgriInsurance, we continue to offer a comprehensive risk management program for Manitoba's farmers, which is effective whether they are just starting out or have had years of experience," Eichler said. "To ensure the long-term growth of our province's agriculture sector, AgriInsurance is an essential tool, as it provides reliable protection against the unpredictable challenges of weather and other production-related risks."

Under AgriInsurance, premiums for most programs are shared 40 per cent by participating producers, 36 per cent by the federal government and

24 per cent by the provincial government. Administrative expenses are paid 60 per cent by the federal government and 40 per cent by the provincial government.

Providing protection against unexpected price declines, WLPPI expanded to include Manitoba cattle and hog producers in 2014. Due to lower cattle prices in 2016, WLPPI paid out \$1.7 million to producers, with 73 per cent of insured calves qualifying for a payment. The average payment for each calf that qualified for an indemnity was \$94.

Under WLPPI, administrative expenses are paid 60 per cent by the federal government and 40 per cent by the provincial government. Participating producers pay the premiums.

While at Ag Days, Canada's largest farm show and Manitoba's main agriculture event, Eichler and Premier Brian Pallister celebrated the impact of agriculture on Manitoba's economy.

Pallister acknowledged the challenges farmers might have faced in recent years due to flooding and water management. He also announced that Manitoba's soon-to-be-released green plan will include an overall water management strategy.

Meanwhile, Eichler announced the government's commitment to immediately begin consultations as part of a review of the funding structure of Keystone Agricultural Producers (KAP) under the Agricultural Producers Organization Funding Act.

"The current check-off funding structure creates needless administrative costs for farmers, KAP and purchasers of agricultural products," Eichler said. "A review of the system has long been requested. Our government is listening to Manitobans and we are pleased to be taking this step today."

> FISHING SHIRTLESS, FROM PG. 6

and threaded between shacks until I was alongside the monster. Just then, the shirtless guy came out again.

"Hi," I called as I stopped the truck and walked toward him.

"Hi. Come on in," he returned.

Inside sat three other guys, also shirtless. All of them, seeing my hesitant expression, began chuckling. The first guy I met, Travis Noble, introduced me around to Jack Campbell, Tyler Dusanek and Drew Richards, all of Winnipeg. He explained they worked in a factory that was very hot and were so used to it that they liked to keep their shack hot too.

Travis had a little story, saying earlier

they had told Tyler he had a bite on his line as he was on his way to the stew pot on the heater's stove. Tyler flicked his line up with his foot, and the fish you see in this week's picture popped out onto the floor of the shack.

By the way, for of our Canadian and U.S. anglers, most jump-off spots onto the ice of Lake Winnipeg's south basin, east Lake Manitoba and Shoal Lake (north of Stonewall) are OK, but Warner Road at Matlock is blocked, so try Ralph Avenue.

Well, we've got some great weather, friends, so get fishing and enjoy! Bye for now.



TRIBUNE PHOTO BY JEFF MEIER
Manitoba Agriculture Minister and MLA for Lakeside Ralph Eichler attended the 40th annual Ag Days in Brandon on Jan. 17.



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Flooding likely for Lake Manitoba, according to scientist

By Jeff Ward

Chief scientist for the Association of Lake Manitoba Stakeholders (ALMS) Scott Forbes said that flooding is likely for the Interlake this year and that residents will have to "catch a break" to avoid one.

Forbes explained that right now Lake Manitoba sits at 812.5 feet, but more concerning is the level of Lake Winnipegosis, which is just over 834 feet. Lake Winnipegosis eventually drains into Lake Manitoba. Today, the level of Lake Winnipegosis is higher than it was in 2011. Forbes said that it will be very difficult to avoid flooding this spring and summer and he expects to see a flood similar to that of 2011.

The good news in all of this is that this winter the government chose to keep the Fairford outlet open, which is allowing much of the northern wa-

ter to be diverted.

"Really, our biggest concern is Lake Winnipegosis because of how high it is," said Forbes, who lost his property at Twin Lakes Beach in 2011.

"I think if the province hadn't kept the Fairford open, we would absolutely flood. We probably don't need to worry about the Portage Diversion this year either because Saskatchewan is doing a good job of draining their reservoirs. We won't see anything on the Assiniboine like we did in 2011."

In 2011, the level of Lake Manitoba reached over 817 feet at its peak. Forbes said that the majority of the damage happened when the lake was at 815 feet, so even though the lake is unlikely to get that high this year, a level of 814 feet doesn't inspire a lot of confidence. He added that a Colorado low at the wrong time could push the

lake to that dangerous number.

The outflows on the Fairford control structure in 2011 were so powerful — reaching 20,000 cfs — that the water scoured the channel and increased outflow capacity by more than 1,000 cfs.

"That was some unexpected good news and actually kind of incredible. We actually saw a 15 to 20 per cent increase in outflow capacity," said Forbes.

According to Forbes, Lake Manitoba is basically stable at this point with a

strong outflow through the Fairford structure. He points to an extremely wet fall season and an El Nina event that caused 300 per cent above-normal precipitation levels that put the lake in this position.

"According to the hydrologists at the U of M, the 2011 flood may have been the most extreme flood in Canadian history and, adjusted for inflation, was the most expensive in the province's history. We don't need another repeat of that so we're watching the gauges closely," said Forbes.

"ACCORDING TO THE HYDROLOGISTS AT THE U OF M, THE 2011 FLOOD MAY HAVE BEEN THE MOST EXTREME FLOOD IN CANADIAN HISTORY."

Vehicle owner addresses to be removed from registration cards

Submitted

In the interest of protecting the privacy and security of Manitobans, Manitoba Public Insurance will be implementing a system change to remove the printing of registered owner addresses on non-commercial vehicle registration cards, Crown Services Minister Ron Schuler announced on Tuesday.

"This is a positive step in enhancing privacy for Manitobans," said Schuler. "Vehicle registration cards are often left inside the vehicle which makes them susceptible to being taken should the vehicle be broken into. Removal of the registered owner address

will ensure the privacy, confidentiality and security of registered vehicle owners is maintained in these cases."

This change, which is supported by the Manitoba Association of Chiefs of Police, will be introduced starting with renewals and new vehicle registrations effective March 1, 2017 and later.

"Police vehicles across the province now have online computer access to driver and vehicle licensing databases to confirm addresses of registered vehicle owners, making it unnecessary to include this information on the physical vehicle registration card issued," said Ward Keith, vice-president

of Business Development & Communications and chief product officer, Manitoba Public Insurance.

"The new cards will be automatically introduced at no cost as policyholders renew or make vehicle or insurance changes that trigger printing of new vehicle registration documents," said Keith. "Full transition will take up to five years as current vehicle registration cards can be valid for this period of time."

Customers wishing to obtain a new vehicle registration card immediately without physical address can do so at any Autopac agent for a \$15 vehicle registration card replacement fee.

Commercial vehicles registered under the International Registration Plan (IRP) will not be affected by this change because the addresses on commercial vehicle registrations are typically those of commercial transport businesses, so the same risk to personal privacy and security does not exist, explained Keith. In addition, because IRP-registered vehicles are primarily operated outside of Manitoba, the address on the registration card is required by law enforcement officers in other jurisdictions who do not have direct access to Manitoba vehicle registration records.

Letters

Letters to the Editor: letters@stonewallteulontribune.ca

Thank you to a Good Samaritan

Dear Editor,

Adversity often makes us aware of the essential goodness of the people around us, something easy to forget when much of the media presents us with the negative aspects of society. Such it was for my husband and I

last Friday (Friday, the 13th!).

Whilst driving east from Inwood, we were confronted with a vehicle travelling at speed toward us in our lane. As the driver, I avoided a head-on collision by swerving into the ditch. Unfortunately, the oncoming SUV struck my truck and wrecked

it. Fortunately, there were no serious injuries.

What was heartening was the response of passing travellers who stopped to offer assistance. One man, in particular, a retired member of the RCMP, a resident of Fisher River First Nation, interrupted his own journey and had us wait in his

vehicle for the arrival of the rescue services (the weather was bitterly cold). This Good Samaritan helped us negotiate the paperwork, something my husband and I are extremely grateful for.

When I was taken by ambulance to Stonewall Hospital to be checked out, this kind man drove my husband home (10 km). How can mere words express our thanks? The paramedics, the fire department, the RCMP from the Teulon detachment, the Interlake Towing services and the hospital staff all acted in a kind and caring manner.


I would like to think such a response would occur anywhere, but there is no doubt it exists in Friendly Manitoba.

- Genevieve Montcombroux


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Pallister delivers address to Economic Club of Canada

Submitted

At an event hosted last Friday by the Economic Club of Canada in front of an audience of the country's leading innovators from business and the public sector, Premier Brian Pallister spoke of his government's road map to economic growth and prosperity and the province's path toward balanced budgets.

Steps already taken, as well as those planned for the remainder of the government's first term, will restore investor confidence and allow for the attraction of new and expanded economic opportunities, the premier said.

The premier gave an overview of Manitoba's current economic climate and reaffirmed his government's commitment to improvement, growth and change. He encouraged attendees to look at the government's vision for long-term, sustainable economic growth, to investigate the province's bright future and to consider the many ways their businesses could benefit from a province with so much untapped potential.

"Manitoba is once again open for business, offering a competitive and business-friendly environment as well as supportive infrastructure for a wide array of industries and sectors. These attributes have resulted in Manitoba becoming one of Canada's most diverse and dynamic economies, but a lack of vision has hampered our province's growth," said Pallister.

"Our government is working toward the expansion of existing opportunities, the development of entrepreneurial initiatives and the attraction of new investment. We welcome partnerships with organizations, not only from within our province but also from across Canada and around the globe."

Pallister spoke of Manitoba's economic challenges, explaining the threats of the province's large budgetary deficit, credit downgrades and past fiscal management pose to the services Manitobans rely upon. He also spoke of the potential offered by the province's strategic geographic location and excellent transportation infrastructure, which allows for the import of raw materials and the export of goods by Manitoba companies to markets in approximately 50 countries around the globe.

He also highlighted the many as-yet untapped opportunities for economic growth, the advantages of doing business in Manitoba, including the province's clean and low-cost electricity, skilled labour and affordable real estate and the resiliency of Manitobans.

"The story of Manitoba has been centuries in the making, based on a firm foundation of partnership, innovation and hard work," said Pallister.

"Our story is far from complete, and I firmly believe that our next chapter, though sure to be challenging and certain to require difficult but necessary decisions, will be a tale of deter-



TRIBUNE PHOTO COURTESY OF THE WINNIPEG FREE PRESS

Premier Brian Pallister spoke of his government's road map to economic growth and prosperity, and the province's path toward balanced budgets at an event hosted last Friday by the Economic Club of Canada.

mination and of success. It will detail our unparalleled opportunity to re- build this special province. And it is one that we will write together."

CFRY Radio Amateur Talent Show coming to Woodlands

Performers still needed for Feb. 11 show

By Natasha Tersigni

In a joint community fundraiser that will showcase local singers and musicians, boards members of both Meadow Lea Hall and Lake Francis Community Centre have partnered for their upcoming CFRY Amateur Talent Show.

The event will be held Feb. 11 at Meadow Lea Hall, and proceeds from the show will go to both community organizations.

"We are still looking for talent to sign up. We are about halfway there and we are hoping that a few more people will take to the stage to perform so we have close to 20 acts in total," said organizer Kurt Porteous, adding that funds raised will go towards a digital sign for Meadow Lea and improvements for mechanical room and storage in Lake Francis.

Every participant who signs up for the show will receive a pledge sheet and will collect money in support of the community projects. As well, during the show, audience members and those listening on the radio (920 AM or 93.1 FM) will have the opportunity to submit pledges. CFRY will award prizes for the top performers.

"We held this talent show two years ago and it is a great fundraiser. That night, we raised just over \$6,000 and in total with business sponsors we raised over \$10,000, so we are hoping for similar results this year. It is great event that brings the community together and supports two good causes," added Porteous.

To sign up to be a contestant, contact Kurt Porteous at 204-375-6658. The show will begin at 8 p.m. on Feb. 11 at Meadow Lea Hall and admission is \$5.

THANK YOU

The Stonewall & District Christmas Cheer Board would like to thank all those who contributed in any way to the 2016 Christmas season.

Rockwood Festival of the Arts entry deadline fast approaching

By Natasha Tersingi

For those hoping to take to the stage this April at the 62nd annual Rockwood Festival of the Arts (RFOTA) in Teulon, you have until Jan. 31 to do so.

Registration for all components of the festival, including Speech Arts (April 6 and 7), Vocal (April 8 and 9), Choral (April 10 and 11), Band and Instrumental (April 12 and 13), Piano (April 17-21) and Dance (April 22 and 23), are now open and organizers are hoping participants will get their entries in early.

"Often times people will wait until the last minute to register and we're hoping people can get their entries in early. The earlier entries come in the easier it is for organizers," said RFO-TA Vice President Lisa Highmoor who added that the committee is trying to boost registration in all categories this year.

"There is a competitive component to the festival, but we are trying to make it as much as a learning experience for participants as possible. To register you don't have to have a music teacher and we are keeping costs low to welcome everybody. No matter your age or skill level we really want you to come out and perform."

A number of new classes have also

been added to the festival after receiving feedback from participants over the years. In both piano and instrumental and band categories, there are classes where performers can play their own compositions. Often one category that is overlooked during the festival is speech arts.

"Speech arts is something that not everybody is familiar with. It is public speaking through storytelling and it can be done individually or in groups. It is a really interesting category that we hope gains more interest," added Highmoor who added that all festival information is on their new website.

"We have really done a lot of work on our website and it really has all the information people need to know about our festival. There is information on all aspects of the festival, including registration forms, biographies on the adjudicators that are coming, and all the addendums that are new this year in each class and component. If you are looking for a music teacher or an accompanist for the festival the website has information on that as well."

For all festival information, including registration forms, go to the Rockwood Festival of the Arts website at rfota.ca.



TRIBUNE FILE PHOTO BY JO-ANNE PROCTER

Rockwood Festival of the Arts' organizers are reminding performers that the deadline for the annual festival is Jan. 31.

Appeal court rules against Teulon residential school students

By Natasha Tersigni

Three judges from Manitoba's Court of Appeal have ruled to dismiss the appeal case set forward by former Teulon residential school students who have been fighting the federal government to be added to the Indian Residential Schools Settlement Agreement (IRSSA).

The decision comes after judges heard from both parties in court on Nov. 23, where the students were appealing Justice Perry Schulman's 2012 decision not to allow the Teulon Residence to be added to the IRSSA. The students were arguing that from 1958 to 1996 they were sent to live in Teulon Residence under direction from

the federal government while they attended public high school in Teulon.

The federal government, represented by federal justice lawyer Leona Tessier, argued that the Teulon Residence does not fall under the stipulations of IRSSA for a number of reasons, including that the students who lived at the Teulon Residence attended public school in the community and that the government did not own the residence or have anything to do with the operations of the residence.

In their judgment delivered on Jan. 4, the judges stated that "The motion judge did not make any palpable and overriding error in his determination that Teulon is not an Indian Residen-

tial School (IRS) under the Agreement."

In an analysis written in the judgment, the judges touch on the Teulon residential school's main witness Cuthbert Munroe. Munroe stated in an affidavit that he had the choice of attending the Portage La Prairie IRS, which is part of the IRSSA, or the Teulon Residence. He argued that his experience would have been the same regardless of which institution he chose but that he has been denied compensation because he chose Teulon.

"In this case, not only did Cuthbert Munroe not live at an IRS, but he did not live in a residence affiliated with

an IRS. He attended a public school with local, non-Aboriginal students that was run by a local school board unconnected with either Canada or an IRS," wrote the judges in their decision.

Charles Huband, head lawyer for the students, has recommended the students take the case to the Supreme Court of Canada.

"We feel that the Court of Appeal made a poor decision in rejecting the appeal," Huband told the *Tribune*.

"The main issue was that these are questions of fact and the stand of review is such that we would have to prove that a palpable and overriding error was made. They say we did not meet that proof."

The group of students pursuing the case now have 60 days to decide if they will be submitting an application to appeal this decision to the Supreme Court of Canada. Taking a case to the Supreme Court is a lengthy and difficult process since only a few cases are argued a year and the issues have to have a national importance.

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Run to Quit aims to turn smokers into runners

By Lindsey Enns

If your New Year's resolution is to quit smoking, a program that aims to turn smokers into runners may be worth a try.

The Canadian Cancer Society and the Running Room, with funding from the Public Health Agency of Canada, have partnered to launch Run to Quit, a 10-week program that combines running or walking sessions with coaching on how to quit tobacco for good.

Sharon Mulder, the Interlake regional representative for the Canadian Cancer Society's Manitoba division, says the program is for all fitness levels and a step-by-step approach makes it easy to quit smoking by becoming more active.

She added walking and running can help smokers cope with stress and cravings while cutting down and quitting smoking.

Mulder partnered with the Interlake-Eastern Regional Health Authority and the Gimli Recreation Centre to host two lunch-and-learn sessions about the program in Gimli on Wednesday, Jan. 11 at the Gimli Community Health Centre. During the winter months, the Gimli High School will stay open a few evenings a week so that those walking or running can do so indoors, she said.

Mulder said if any individuals, businesses or organizations are seeking



PHOTO COURTESY OF METRO NEWSPAPER SERVICE

The Canadian Cancer Society and the Running Room, with funding from the Public Health Agency of Canada, have partnered to launch Run to Quit, a 10-week program that combines running or walking sessions with coaching on how to quit smoking for good.

more information about the program, they are welcome to contact her directly via email at smulder@mb.cancer.ca or by calling 204-276-2664.

Run to Quit was launched as a pilot program last year and is currently being studied by researchers from the University of British Columbia for its potential as a chronic disease prevention program.

This year, when registered partici-

pants stay smoke-free and complete a five-kilometre walk or run event they will be eligible to win a 2017 Honda Coupe LX or one of 13 cash prizes totalling \$16,000.

There are two ways participants can join Run to Quit. They can join a Run to Quit Training Program, which includes support from the Running Room in Winnipeg and quit smoking experts, or the Do it Yourself - Com-

mit to Quit program, which includes resources and support from a National Quit Smoking Line. The deadline to register for the Run to Quit Training Program is Monday, Jan. 23. Another session will start up again in the spring. You must be over the age of 18 to enroll. For more information and to register, visit runtoquit.com.

Those interested in trying a different approach to quitting smoking can also look to the First Week Challenge Contest, Mulder said.

The challenge encourages adult smokers and tobacco users in Saskatchewan, Manitoba, Ontario, New Brunswick, Prince Edward Island or the Yukon to quit smoking for one week for a chance to win \$500.

Participants must sign up by the last day of the month and stay tobacco-free for the first week of the next month. For more information, visit convio.cancer.ca.

No matter how long you've been smoking, your health will start to improve once you quit, Mulder said. After just 20 minutes, your blood pressure and pulse rate will return to your normal resting levels; within 24 hours, you will breathe easier; within 72 hours, your body will be almost nicotine-free; and in one year, your risk of heart attack will drop by 50 per cent.

St. Laurent looking for new emergency coordinator

By Jeff Ward

The need for a new municipal emergency co-ordinator (MEC) for the RM of St. Laurent has become a high priority with record amounts of snowfall this winter potentially causing spring flooding.

In a special meeting on Thursday, Jan. 12, councillors met to discuss the hiring of a new MEC and the qualities potential candidates should have.

St. Laurent CAO Hilda Zotter said that the job would be an important role, especially this year, for the municipality and potential candidates need to have good multitasking skills and need to work well under pressure.

The position is a part-time one, but in times of emergency, the MEC is basically on call 24/7.

Zotter explained that council increased the part-time hours from 15 hours a week to 24 to make the position more attractive to potential candidates. As well, with potential flood-

ing, there will be a lot of preparing ahead. At 24 hours a week, council is able to offer a benefits package for the position. The office is currently accepting applications and they hope to have a new MEC hired by the end of the month.

"It's a very, very important position, and the perfect candidate is someone with experience in this area," said Zotter.

"However, we're willing to train the right person if they possess good leadership, management and co-ordination skills. It's not a job that everyone can do, and multitasking is essential."

Zotter explained that the MEC will be a part of the preparing, maintaining and testing of the emergency plan and will also be in charge of training and recruiting volunteers. Council is looking to move quickly to find a new MEC because work to prepare for potential flooding on Lake Manitoba needs to begin right away. Having a new MEC in place with a good un-

derstanding of the emergency plan is a key factor in limiting any potential damage or injury.

"I think we'll find someone who will

be a good fit in the position and that they will learn and grow with it," said Zotter.

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Robb Nash brings hope, youth empowerment to students

By Jeff Ward

Singer-songwriter Robb Nash spent an afternoon speaking with students of five area schools about suicide, drugs, alcohol and finding the inner strength to battle through tough times.

Nash spent three hours at the St. Laurent Recreation Centre last Mon-

day singing and relaying his own personal stories to area youth. Grade 7-12 students from St. Laurent School, École Communautaire Aurèle-Lemoinne, Grosse Isle School, Warren Collegiate and Brant-Argyle School attended the free concert.

The subject matter was dark and often shocking, with Nash telling sto-



TRIBUNE PHOTO BY JEFF WARD

Robb Nash spent an afternoon with students from schools in St. Laurent, Warren, Grosse Isle and Argyle talking about depression and suicide.

ries of his ex bass player who's now facing murder charges after a drug deal gone wrong. Other stories were about suicides and people he's known being addicted to drugs and alcohol. The message does nothing to glorify these things, and the frank manner in which Nash speaks about the issues of depression and the dark thoughts associated with it conveyed a respect for the maturity of the more than 200 students in the audience.

"All life is precious and you are worth it," said Nash to the students in the audience who were locked in on his message. "I know some of you out there are like me, and when you have a bad day, it hits you hard. You go home and you just bawl your eyes out, and that's OK. All of us carry around pain, but each of you carry around strength to deal with that pain."

According to Statistics Canada, the second leading cause of death for youth ages 15-24 is suicide. Research shows that speaking openly and honestly with youth about suicide means that fewer of them will make that choice.

Nash uses his voice and his status

to give students the courage to stop self-harming and to stop turning to alcohol or drugs as a coping mechanism. Most importantly, Nash urges students to seek out help.

"Students need to hear the message he has," said Pauline Simundson, who organized the event for the schools.

"We need to be more open and honest about mental health issues, and there are going to be some students listening who really need to hear what he has to say. We have to talk about these issues. How many people would still be here if they had something like this when we were younger?"

Nash shared stories of other youth who've stopped self-harming or turned their lives around after attending one of his presentations. He said that he's even been given suicide letters from people who planned to take their own lives before seeing his show.

"She gave me her letter and said, 'I was going to kill myself after your show, but I don't want to anymore. I don't need this letter anymore.' She had found her purpose, and you all have a purpose inside of you," said Nash.

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New eatery brings taste of India to Interlake

By Lindsey Enns

Two men are hoping to make history in Selkirk after opening the city's first East Indian restaurant.

Harkamaldeep Rania and Ashok Kumar, both originally from different parts of India, opened Zaika The Indian Cuisine located at 420 Main St. on Dec. 22, 2016.

"We want Selkirk people to try Indian food," Rania said while standing inside the restaurant's kitchen last Friday afternoon. "We are hoping to make history here as the first Zaika The Indian Cuisine."

Before moving from Winnipeg to Selkirk in early December, Kumar spent nearly nine years cooking in Dubai dreaming of one day owning his own restaurant.

"From when I first joined this industry, I had my own thought one day I will be able to have my own restaurant," Kumar said. "We came from India to Winnipeg so why not Selkirk."

While Kumar serves as the eatery's masterchef and part owner, Rania studied business administration at Red River College in Winnipeg and is the restaurant's manager and other co-owner.

As for how they came up with the restaurant's name, Rania said it was an

easy decision since the word "Zaika" means taste.

"Taste is the main part of the restaurant so we thought of Zaika," he said with a smile.

Some of the dishes on their menu include samosas, tandoori or butter chicken, lamb curry, a wide range of vegetarian curries and some seafood options. They also offer Canadian breakfast items from 6 a.m. to 12 p.m. seven days a week. Menu options range in price from \$6 to \$24.

"All dishes are popular dishes," Kumar said. "All dishes are original and authentic from India."

Rania said the key to good Indian food is authentic spices.

"All the spices are real here," he said. "Everything is not boxed. Nothing is frozen, everything is fresh."

Kumar said so far they've been warmly welcomed into the community and enjoy living in Selkirk.

"They respect us a lot and we really like it."

They both say business is starting to heat up.

"People are so friendly and so helpful," Rania said. "We're happy and we're getting good reviews."

He added they are slowly starting to cater different events and parties.

He said they are able to offer both Indian or Ukrainian cuisine for special events.

"So if people want to mix it up we can do that too," he said.

Zaika The Indian Cuisine is open Monday to Saturday from 6 a.m. to 8 p.m. and Sundays from 6 a.m. to 6 p.m.

For more information, call 204-785-7919.

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TRIBUNE PHOTO BY LINDSEY ENNS

Zaika The Indian Cuisine masterchef and part-owner Ashok Kumar dishes up some plates for four hungry customers last Friday afternoon. Zaika, which means taste, opened last month in Selkirk and is the city's first East Indian restaurant.



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2016 Year in Review - Rural Municipality of Woodlands



Land Use

Single family dwelling permits issued: 32
Commercial permits issued: 5
Development permits issued: 10
Other permits issued: 36

24 of the 32 Single Family Dwelling Building Permits issued in 2016 were new buildings.

Accessibility Plan

The RM of Woodlands began the preparation of its municipal Accessibility Plan under the provisions of the Accessibility for Manitobans Act (AMA), 2013. All businesses, organizations, and public sector government agencies must develop an Accessibility Plan to address accessibility barriers in policies, practices and procedures. Each sector will have different deadlines by which to have completed their accessibility plan.

Deadline is November 2017 for all other public sector bodies, including smaller municipalities, any board, commission, association, agency or similar body whose management, directors or governing members are appointed by an act of the Legislature or by the Lieutenant Governor in Council.

Deadline is November 2018 for the private sector (businesses, etc.), and non-profit organizations.

Find more at www.accessibilitymb.ca or www.rmwoodlands.info

RM of Woodlands Strategic Plan

Started in fall 2016, and to be completed in spring of 2017, the RM of Woodlands collaborated with the Woodlands Community Development Corporation, the L.U.D of Warren, and the Rosser Woodlands Recreation Commission to create a short term (approximately 5 year) action plan. This plan will focus on housing, recreation, health, tourism, agriculture and education, and how we can capitalize on our current resources to drive sustainable development. This process is being facilitated by HTFC Planning & Design.

Regional Planning Strategy Participation

The RM of Woodlands is participating in a regional planning strategy, a process which includes all five municipalities in the West Interlake region - Woodlands, St. Laurent, Coldwell, West Interlake and Grahamdale. Over a series of four working sessions representatives from the five municipalities met to discuss opportunities to collaborate and draw from resources each area possesses to work towards improvement and regionalization of services.

Townfolio

The RM committed to a 3-year regional subscription to Townfolio, a community profile network used by municipalities and businesses to access hard-to-find public data and local opportunities across the country. This regional subscription is shared between the five West Interlake municipalities and was initiated by Community Futures West Interlake (CFWI), who has also contributed \$1000.00/year to the subscription to help buy things down. The annual cost to each RM will be about \$700.00.



Waste Disposal & Recycling

On October 31st, the Argyle Waste Disposal Grounds was permanently closed. Thank you to Art Goudy for his 13years as manager of the site.

To explore improvements for more effective collection, and monitoring at the Woodlands landfill site, the RM retained the services of a consultant from D. Ediger Consulting to assist with this process. The RM will be arranging an open house to share the information and receive feedback.

The 2015 MMSM annual report indicated the RM of Woodlands recycles 20.1 kgs per person annually. The average for the Interlake region is 57.6 kg per person, with a median of 55.1 kg per person. Note, self-governed towns are not included in the average. Moving forward the RM will work to promote information regarding what each household can do to reduce waste production. Green Manitoba refunds money to municipalities based on kgs recycled per person, money which directly benefits residents.

The RM hosted its first ever Household Hazardous Waste (HHW) Drop-Off Event, and intends to host another in August 2017. Please start putting aside your HHW now including paint, light bulbs, aerosol cans, pesticides, and flammable liquid.

Canada Day 150 Celebration 2017

Planning commenced for the 2017 regional Canada Day celebration to be held in Warren. The event will be called *Canada Day 150 South Interlake West*, and will include a social on June 30th at the Sunova Arena in Warren, a pancake breakfast, live entertainment, vendor village, petting zoo, workshops, art, games, displays, bud spud n' steak, massive fireworks show and more! Financial support for this event came from the RM of Woodlands - \$20,000.00, and the RM of Rosser - \$2,500.00

Anyone wishing to volunteer or take part in this signature event should contact event organizers:

Kelly Kimball, Rosser-Woodlands Rec Director at 204-461-4040 / rosserwoodlandsrec@mymts.net
Renée Simcoe, Economic Development Officer at 204-383-5679 / edo@rmwoodlands.ca

NEW Community Programming

- Spring Break Camp
- Summer Youth Drop In/Camp
- Kids Can Cook
- Home Alone Courses
- Baby Sitting Courses
- Paint Day with TD Fine Arts
- Hula Hoop Workshop
- Prairie Exotic Show
- Swimming Lessons at Rubber Ducky
- Christmas Craft Sale in Warren
- Breakfast with Santa in Warren
- Sr. and Parent and Tot Skates
- In-Service Public Skates
- Coaching Clinics
- Community Meeting for Recreation Master Plan and AGM
- Accessibility Plan Community Meeting and Development



Contact Recreation Director Kelly Kimball for more info: (204) 461-4040 or rosserwoodlandsrec@mymts.net.

Lagoon Expansion Project

The new Woodlands Lagoon is designed for a 20-year life capacity. Project was budgeted for \$1.8 million, 50% cost shared with Province. Completed project estimated to cost \$1,358,975.25. The RM's 50% will be paid by Federal Gas Tax Funding.

NEW Public Works Building

Construction began on the new Public Works Building in fall 2016. Inside there will be expanded office space, and an additional five bays. One of the bays will be a wash bay, another a service bay. The RM is partnering with Manitoba Hydro Power Smart Program, with the aim to make this a Power Smart building.

Natural Gas

The RM contributed \$60,284.00 to Manitoba Hydro Central Gas Division's \$306,668.00 project to install natural gas lines in the community of Woodlands. In a partnership with the RM of Rosser, and the South Interlake Recreation Centre, the RM of Woodlands coordinated the installation of natural gas in the Sunvoa Arena in Warren, at a total cost of \$12,765.90 split 3-ways.

NEW R.M. of Woodlands Community Pastures Inc.

The RM created a new corporation called the RM of Woodlands Community Pastures Inc., and an Advisory Committee made up of five elected pasture patrons, and two appointed councilors. Due to the dissolution of the PFRA, the RM has adopted the same management model with staff consisting of one full-time Pasture Manager, and three seasonal Pasture employees. The Woodlands Community Pastures Inc. is expected to make a profit each year, with up to 75% of net profit to be transferred to the RM for the benefit of ratepayers. 2016 being the first year of operation, a profit is estimated at \$70,000.00 before RM Management fees, and profit transfer to RM. Over and above that, the Pastures pays the RM an amount equal to taxes for the land and buildings. In 2016 (9 months) it was \$36,000.00.

NEW Grant Program

In the spring of 2016, the RM offered continued support to municipal organizations through a new grant program. Of the total money granted, over \$38,000.00 went towards special events, sponsorships, scholarships and capital projects. In fall 2016 the RM introduced a further revised process and policy that separates applications into three categories: Operations & Annual Support, Major Projects, and Community Enhancement.

Business Incentive Program Revision

The 2010 business incentive program, administered by the Woodlands CDC, offered tax incentives for businesses locating in the Warren Business Park who were creating full-time employment opportunities for the community. The revised program provides a tax reimbursement over 3 years, for businesses locating or expanding in the RM of Woodlands. The commercial development must have a minimum increased assessment of \$100,000.00 to qualify for the program.

Community Library at the Woodlands School

In 2013 the RM made a commitment to contribute \$14,000.00/year (a total of \$70,000.00) for five years to the Interlake School Division for the construction of the Woodlands School - particularly the expansion of the library. With 2015/2016 being the first year of operation for the school, and the 4th year of the RM's contribution, three members of council assembled a joint committee with the Woodlands CDC to work with the Interlake School Division on mobilizing a plan. The 2013 agreement was to provide public access to the library for the RM of Woodlands residents.

Twin Lakes Beach Road South

An access road to Lake Manitoba was developed at Twin Beaches for the RM to access the beach for emergency purposes. The RM put in a request to the province, and was granted a one year extension to leave the geo-tubes in place up to October 31, 2017.

South Interlake Emergency Measures Board

Two of the five Municipalities who were members of the SIEMB decided to leave, resulting in the dissolution of the SIEMB. The RM Woodlands retained the services of Napier Emergency Consulting Services to assist in setting up our own Emergency Preparedness Plan, training program for staff, council volunteers, and to organize mock emergency exercises. The RM will be advertising for Municipal Emergency Coordinator in the future.

Federation of Canadian Municipalities (FCM) Conference

2016 marked the first year all of RM Council and CAO attended the FCM conference held at the RBC Convention Centre in early June. Discussions took place around announced changes to infrastructure funding from the federal government, and new partnership opportunities due to these changes.

L.U.D of Warren

A ToolCat with snow blower and Brushcat attachments was purchased at a cost of \$85,880.00 over three years.

The L.U.D office received upgrades including a new meeting table donated by the RM office after the purchase of a new Council Chambers table. Six new L.U.D chairs were purchased at a cost of \$1,457.63.

Recycle bins were placed throughout the Village of Warren at no cost as part of the Recycle Everywhere program. The L.U.D will supply the clear bags to facilitate this program.

Beautification took place through the purchase and placement of flowers around the "Welcome to Warren" sign and at the Fire Hall. Additionally, for the holiday season, new lights, decorations and brackets were purchased and installed. Combined cost of \$2,459.06

The L.U.D public works shop needed some repairs which were completed at a cost of approximately \$2,600.00.

Recognition of Years of Service

- Donny Wiebe for 10 years, Public Works
- Kim McKinnon retired after 20 years, Administration
- Cyril Lillies retired after 20 years, Public Works

get inspired

> MEAL IDEAS

Roasted tomato and cauliflower pasta bake



6 servings / 55 min
 Prep 20 min / Cook 35 min
 Pop the vegetables in the oven to roast while you cook the pasta, then stir it all together with zippy Asiago cheese and you've got a pasta dish that's sure to become a new favourite. Serve a leafy green salad on the side.

- Ingredients**
- 2 tbsp (25 mL) olive oil
 - 4 cups (1 L) cauliflower florets (about 2/3 medium head)
 - 3 cups (750 mL) grape tomatoes
 - 2 cloves garlic, minced
 - 1/2 tsp (2 mL) dried rosemary or basil
 - 1/2 tsp (2 mL) pepper
 - 1/4 tsp (1 mL) smoked paprika (optional)
 - 2 tbsp (25 mL) red or white wine vinegar



Phone 467-5553

8 oz (250 g) whole wheat rotini or fusilli pasta
 1 cup (250 mL) shredded lower fat Asiago or Provolone cheese or 3/4 cup (175 mL) shredded regular Asiago or Provolone cheese

Directions
 Preheat oven to 425°F (220°C). Place oil in a 13- by 9-inch (33 by 23 cm) glass baking dish. Heat in oven for 3 minutes or until oil is heated. Add cauliflower, tomatoes, garlic, rosemary, pepper, smoked paprika (if using) and vinegar to baking dish and toss to evenly coat. Roast in oven for about 25 minutes or until cauliflower is tender and browned and tomatoes have split, stirring once. Meanwhile, cook pasta according to package directions, until a dente (tender but firm). Drain well, reserving 1/4 cup (50 mL) of the cooking water. Stir pasta into vegetables in baking dish, mashing tomatoes slightly to release juice. Add reserved cooking water, a little at a time, to moisten pasta as desired. Stir in half of the cheese. Sprinkle remaining cheese on top and bake for about 5 minutes or until cheese is melted.

Easy Cold-Weather Cooking Carrot-Lentil Vegetable Stew



Prep time: 20 minutes
 Cook time: 25 minutes
 Servings: 4

- 1 cup dry lentils
- 3 cups fat-free, reduced-sodium vegetable broth, divided
- 1 cup water
- 3/4 cup chopped onion
- 3/4 cup sliced celery
- 3/4 cup chopped bell pepper
- 1 can (14 1/2 ounces) no-salt-added diced tomatoes
- 1 jar (15 1/2 ounces) Aunt Nellie's

Glazed Small Sliced Carrots
 1 large clove garlic, minced
 1/2 cup chopped fresh parsley
 shaved Parmesan cheese (optional)
 Rinse lentils and drain. Place in Dutch oven or other large saucepan. Add 2 cups broth and water. Bring to boil, reduce heat and simmer 15 minutes (lentils should be slightly undercooked). Add onion, celery, bell pepper, remaining broth, tomatoes with liquid, carrots with liquid and garlic. Bring to boil, reduce heat and simmer 10-15 minutes, until liquid is reduced as desired and vegetables are just tender. Stir in parsley. Serve topped with Parmesan, if desired.
 Note: If desired, 1/2 pound chicken sausage links, cooked and cut into bite-sized pieces, can be added to stew during last 5 minutes of cooking.

Thoughts that hurt us



"BE VIGILANT; GUARD YOUR MIND AGAINST NEGATIVE THOUGHTS."

BUDDHA

Can the mind heal the body? It is certainly one of the most powerful tools we have when it comes to keeping ourselves healthy. Unfortunately, the mind can also make us sick. Scientists have shown that stress, tension, conflict, anger, jealousy, resentment, and other negative emotions have a direct effect on suppressing the immune system. Of course a suppressed immune system makes us vulnerable to all sorts of illness.

Since the immune system suppression following negative emotions lasts for six to eight hours, if we have ongoing stresses or difficulties in our lives, our immune system will be chronically suppressed.

We would not knowingly expose ourselves to toxic substances, yet

we may continually flood our system with toxic emotions. Part of this has to do with the people or circumstances around us, but part of it has to do with how we handle things, how we respond, and what things we choose to focus on.

If we cannot create improvements in negative relationships or working environments, for the sake of our health and wellbeing we should move on. It could, in the long run, be a matter of life and death.

Some people harm themselves not because of negative circumstances in their lives, but simply because they are always thinking negative thoughts. Constant complaining, criticizing and judging others, feeling sorry for oneself, being pessimistic—all of these have the same effect on the immune system as being in a stressful situation. The only difference is that in this case, we are our own stressful situation.

We do not always constantly evaluate our own thinking processes, but we would do well to become mindful of just what our own thoughts may be doing to our bodies.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca

Ham and Gouda Quesadilla



Cook time: 15 minutes
 Servings: 1
 2 teaspoons olive oil
 1 small onion, thinly sliced
 2 teaspoons Dijon mustard

- 1 flour tortilla (10 inches)
- 2 slices deli ham
- 8 dill pickle rounds
- 1/2 cup (2 ounces) Borden Cheese Gouda Shreds

In small, nonstick skillet, heat olive oil over medium-high heat until hot. Stir in onions. Cook, stirring frequently, until onions become tender and golden brown.

Spread mustard on one half of tortilla. Top with ham, onions, pickles and cheese; fold uncovered part of tortilla over filling to form semi-circle.

Cook quesadilla in dry skillet over medium-high heat until browned on both sides and cheese is melted.

Cut into four pieces and serve.

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Rose Sawatzky
isa.rose1957@gmail.com (c) 1-204-479-8227

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ISD trustees updating school travel policies

By Jo-Anne Procter

The countdown is on for Ecole Stonewall Centennial School Grade 8 students Carter Ives, Graeme Perrie and Adam Stamler, who are planning on travelling to the Kennedy Space Centre in Florida on June 1.

The trio are members of the school's Space Club and will be in Florida, along with science teacher Maria Nickel, to watch their winning experiment blast off into space.

The students won the Student Spaceflight Experiment Program and explained their winning project that re-exposes tomato seeds to space conditions to ISD board members at their regular meeting on Jan. 9.

In other news:

Policy committee chair Sally Cook reported that at the last committee meeting on Dec. 12, Policy C3 - Approved Trips was discussed at length. A document will be sent to stakeholders, including the admin group, ITA, bus drivers, IANTE, all staff and PACs for review as there have been some major changes made to school trips.

Trips were broken into four categories: school and sports trips during school hours; overnight trips within Manitoba, which have to be approved by the superintendent 14 days prior to departure; out of province, within Canada and continental USA trips for high school students; and community initiated trips, which in the past were overseas trips, and will no longer be affiliated with the school division. These trips will now be organized by outside groups.

Guidelines for all trips:

- must be associated with a particular course, a school sport or arts; the supervisory ratio will be 10 to 1;
- students must be registered in the organizing school;
- suspended students will be reviewed by the board to see if they will be allowed to travel;
- teachers that are organizing have to make sure there is good value for the said trip;
- proper checks will be done on supervisors;
- there will be curfews for students and students will remain together as groups;



TRIBUNE FILE PHOTO BY JO-ANNE PROCTER

Ecole Stonewall Centennial school students will head to Florida in June to watch their winning experiment blast off into space. Pictured from left to right: Carter Ives, Maria Nickel, Graeme Perrie and Adam Stamler.

- travellers will have proper insurance, and if there are vehicles in use, there must be proper MPI coverage is on them.

Even after approval has been made, the board has the right to withdraw approval for specific conditions. (health hazards, dangerous weather, government trip advisories, threat of

terrorism or any sort of natural disasters).

The board will review information that comes back from stakeholders and any minor changes can be made without sending out again; however, if there are major changes or feedback, the board will review again and will make any necessary changes.

Stony Mountain teen charged for selling stolen ATV

Submitted

An 18-year-old female from Stony Mountain has been charged with three separate counts as a result of selling a stolen ATV to a unsuspecting person in October 2016.

A joint investigation between the Stonewall RCMP and Portage la Prairie RCMP found that the female arranged a meeting in Stony Mountain and sold a stolen ATV to a male from Portage la Prairie.

The sale of the ATV was advertised using social media at an attractive price. The new owner then went to register the ATV only to find that the ATV was reported stolen from Stony Mountain.

Ciara Paige Piwniuk of Stony Mountain was charged with trafficking in property obtained by crime, possession of property obtained by crime and fraud under \$5,000. She will appear in court early in 2017.

Stonewall RCMP wants to warn persons who look for "deals" through social media like Kijiji, Facebook or Buy and Sell sites to be aware that sometimes purchases can be too good to be true.

Unknowing purchasers can help themselves by utilizing the Canadian Police Information Centre (CPIC) Public

site at www.cpic-cipc.ca/index-eng.htm, which is available to anyone who utilizes the Internet. Before buying something, the public can put in a serial number of a vehicle, property, boats or

firearm to see if it is has been reported stolen. If a positive result is obtained, then please contact your local RCMP or police service in your area.

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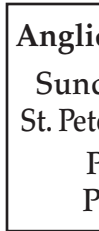
> FAITH



Teulon United Church
11:15 a.m. Teulon
Phone 886-2382
teulonpastoralcharge@mymts.net



Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
Phone 467-5469 (office)
www.stonewallunited.ca




Anglican Parish of St. Cyprian
Sundays at 10:00 am at
St. Peter Lutheran Church
PTH #7, Teulon
Phone 886-3203



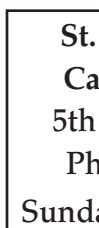
Interlake Full Gospel Assembly
Teulon
Sundays at 11:00 am
Phone 886-2680




New Life Church
Sunday Service 10:30 a.m.
Sunday school for all ages 9:30 a.m.
Teulon 886-3269



St. Peter Lutheran Church
Sunday Service - 10:00 am
PTH #7, Teulon
886-2159



St. John Vianney Catholic Church
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



Anglican Church of the Ascension
Sunday Service 10:15 am
435 1st Ave. N., Stonewall
Phone 467-8466 (office)



Grosse Isle and Rosser United Church Services
Rosser Sunday 9:45 am

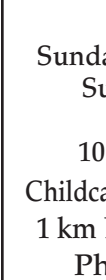
Lilyfield United Church
Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426




Alive! Family Church
Sunday Hymn Sing 10:00 a.m.
Sunday Worship 10:30 a.m. at
Sunova Auditorium, Quarry Park
Interpretive Centre, Stonewall
Phone 467-2870
www.alivefamilychurch.ca



Warren & Meadow Lea United Church Services
Joint Services
Alt. Sundays at 10:30 am
Call 322-5752 for location of service.



New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




Woodlands Gospel Chapel
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 383-5372



Cornerstone Pentecostal Church
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



Christ the King Catholic Church
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

Health gauges




A few years ago my brake light kept coming on and off in the PT Cruiser. For about two weeks I ignored this light thinking it was just a glitch in the gauge. Then one morning I went into the garage and noticed an oily slick underneath the car. Could it be my brakes I thought? Well I checked the brake fluid and here it was almost empty! The glitch wasn't in the gauge; the glitch was in my perception. It is easy to ignore the warning lights that go off in our lives, and often we think it is not that serious. And for a while we are proven right, for we keep going. But then suddenly we have more complicated issues that are not easily resolved, because we ignored the warning signs.

Like the gauges of a vehicle that keep it at top efficiency, I believe there are five gauges in our lives to monitor to maintain optimum health—the physical, emotional, relational, spiritual, and mental health gauges. They are all interconnected so that when one area is affected, change happens in all other areas. The apostle Paul said it this way: “If one part suffers, every part suffers with it” (1 Cor. 12:26, NIV).


For example, physically if you are worn out and exhausted it can affect your emotional state where you can be easily irritated, snap at others, and become frustrated. And when your emotions unravel it can impact the health of your relationships. Yet one positive change in any of these areas can also have profound effects on all other areas.

God has designed your life holistically. Paul prayed: “May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ” (1 Thess. 5:23). My prayer for you in this New Year is that you will find ways to monitor and make changes to your life. Improving your health in these areas will not only affect you, but impact your family, workplace, and community in positive ways.


Rev. John Harrison
Pastor of Spiritual Development
New Life Church, Stonewall
johnharrison@mymts.net




Balmoral United Church
Sundays 9:30 am
Phone 886-2382
teulonpastoralcharge@mymts.net



Stony Mountain United Church
12 Main St., Stony Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



Immanuel Lutheran Church (LCC)
Service 10:30 am
Childrens Sunday School during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



Church of the Annunciation Woodlands
Service 12:00 noon

To participate in this monthly section please call 467-5836

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Rams bash J.H. Bruns Broncos in high school hockey

By Brian Bowman

The Stonewall Collegiate Rams have played some real good hockey in the past week.

And they continued that strong play with a solid 4-1 road win over the J.H. Collegiate Bruns Broncos on Monday in Winnipeg.

"It was a very nice win coming off the Christmas break and getting right back into it and heading down the stretch," said Rams' head coach Andrew Michaluk. "We had a game plan of forechecking and keeping the puck in their zone and we just worked at it."

Stonewall, which held period leads of 1-0 and 3-1, received goals from Colton Gadoury, Seth McMahon, Austen Ewanek and Brett Munroe.

Gavin Love earned the win in goal.

Last weekend, Stonewall played some good hockey at a Winkler tournament. The Rams lost 5-4 in a shootout to the Garden Valley Collegiate Zodiacs before soundly defeating Miles Macdonell 5-1.

Stonewall was then edged 3-2 by Linden Christian in a shootout in the consolation final.

"Every game was pretty close and pretty competitive," Michaluk observed. "Unfortunately, (two of the games) came down to a shootout and we were on the wrong side of it."

"In all three games, I thought we were the better team. But we just



The Rams' Brett Munroe scored the first goal during Stonewall's 3-2 loss in the consolation final at the Winkler tourney last Saturday.

couldn't score goals."

On Jan. 11, the Rams were blanked 6-0 by Garden City in their first game back after the holiday break.

"I think there was still too much turkey in them," Michaluk joked. "We just didn't have a good effort."

The Rams won't play a league game



TRIBUNE PHOTO BY RICK HIEBERT

Stonewall's captain Carson Ouellette wins a face-off against a Linden Christian player in Winkler. Ouellette represented Stonewall at the WSHL all-star game on Sunday.

again until Feb. 1 when they host Lorette. Puck drop is 4 p.m.

Stonewall then has five games scheduled in the first two weeks of February.

"The schedule seems to have a kink in it," Michaluk said. "We're on an all-star break type of thing where we

will have practices over the next two weeks and then we finish pretty hard."

In individual news, forward Carson Ouellette represented the Rams at the WSHL all-star game last weekend. Ouellette has seven goals and 20 points in 16 regular-season games this season.

Race for top spot in KJHL's Central Division an interesting one

By Brian Bowman

The race for first place in the Keystone Junior Hockey League's Central Division is a tight one.

It's also a very interesting one.

The Peguis Juniors and Arborg Ice Dawgs are tied for top spot in the division – each with 17-8 records – after both earned victories last Sunday.

In Arborg's game, the Ice Dawgs snapped a 3-3 third-period tie to score four goals in the final period for a 7-4 win over the Lundar Falcons.

Ryan Pochailo, Karson Collins, Cal Finnon, Derric Gulay, Spencer Kilbrei, Clint Torfason, and Brett Goertzen scored for Arborg.

Eric Miller (two), Landen Gray, and Jason Nikkel replied for Lundar.

Dylan Ossachuk made 31 saves for the win.

Peguis, meanwhile, outscored the North Winnipeg Satellites 8-7.

Theoren Spence (two), Tyler Woodhouse (two), Quinton Flett (two), Ian Sutherland, and Gavin Bochrka scored for Peguis. Luke Penner stopped 41 North Winnipeg shots for the win.

On Friday, Peguis pounded Fisher River 15-4 as Theoren Spence had a big night with four goals and two assists.

Christina Cochrane (two), Quinton Flett (two), Tyrome Spence-Bair (two), Waylon Neault, Devon Garson, Devon Groot, Coulson Nepinak and Sutherland also scored for Peguis.

Johnny Beauliea had a strong game in the losing cause, finishing with two goals and two assists. Macrae Sinclair and Darryl Thaddeus also scored for

the Hawks.

Dray Flett made 41 saves for the win.

Fisher River also played this past Sunday, losing 11-5 to the OCN Storm.

Brennan Cochrane led the short-staffed Hawks with four goals and an assist while Thaddeus had a goal and three assists. Evan Thickfoot also finished the game with three assists.

Fisher River played OCN again on Monday but no score was available by press time.

Arborg iced by Selkirk

Last Friday, the Ice Dawgs lost 5-2 at home to the Selkirk Fishermen.

Auzzie Loewen, Bronson Kelly, Dylan Painchaud-Niemi and Drayton Mendrun scored for Selkirk in the first period and then Mendrun netted his second goal of the game in the third.

Milan Horanski had two assists for the winners.

Kilbrei and Collins replied for Arborg as Riley Bannerman made 29 saves for the win.

Game postponed

Last Thursday, Lundar had its game against St. Malo postponed due to weather and poor driving conditions. It will be rescheduled at a later date.

Two nights earlier, the Falcons doubled the Satellites 4-2.

Lundar, which led 2-0 after 20 minutes, received goals from Gray, Craig Wiess, Taylor Radley, and Dennon Sischewski.

Nico Lisi and Colin Yarchuk replied for North Winnipeg. Travis Rigden made 31 saves for the win.

Rams varsity girls rolling in basketball

By Brian Bowman

The Stonewall Collegiate Rams varsity girls' basketball team has had a very good start in league play this season.

Stonewall was 3-1 heading into this week's play. The Rams lone loss was to Shaftesbury just before Christmas.

"It's a great start," enthused Rams' head coach Christy Steeves Monday morning. "We have a fairly big bench this year with 14 girls on the team. So, when we have everybody there, it's pretty good when we switch up the lines quickly."

Steeves really likes what she has seen so far with this year's edition of the Rams.

"We're running the floor well," Steeves said. "We have a decently athletic group and they definitely get back quick on defence. They move the ball up quickly on offence, but we're still working on scoring and setting up shots. It's coming along."

While Stonewall's offence has struggled a bit, at times, Steeves loves the fact that the Rams are very well-balanced with scoring. Several players on the Rams can produce some nice offensive numbers on a nightly basis.

"Everybody scores, so it's not like we're looking for just one person to do

all of the scoring," Steeves noted. "It's a lot harder to shut us down when we have four or five girls on the floor that can score, and will score, at any time."

Meanwhile, the Rams' junior varsity girls' team participated in a Ste. Anne tournament last weekend. After Stonewall defeated St. John's Ravenscourt, the Rams struggled in the first half before losing 51-30 to Linden Christian in the A-side semifinal.

Stonewall played much better in the second half against Linden Christian, said Steeves.

"They played with a lot more intensity in the second half," Steeves said. "In the second half they came out and woke up and started to play (well)."

That loss dropped Stonewall down to the third-place game where they were defeated 33-9 by the Edward Schreyer Barons from Beausejour.

In league play, Stonewall has posted a 2-1 record after a pair of lopsided wins over Churchill and a loss to Tec Voc. The Rams have a fairly even split between Grade 9 and Grade 10 players this season.

"It's still a developmental process," Steeves said. "We have a fairly large bench and some athletic kids. We have a couple of (taller) girls that we hope will come around nicely."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Evan Loewen led the Rams with a game-high 28 points on Monday.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Alycia Palmer goes up for a basket during the varsity girls' 53-51 win over the Tec Voc Hornets on Jan. 9.

Loewen leads Rams to win over Westwood

Staff

Defence was the name of the game in the Stonewall Collegiate Rams 43-37 road victory over the Westwood Warriors in varsity boys' league action on Monday in Winnipeg.

Evan Loewen had a huge night offensively Stonewall, pouring in a game-high 28 points.

The victory came just two days after

the Rams posted an 0-3 record at a Gimli tournament.

Stonewall lost 55-35 to Selkirk and 65-23 to the Frontier Raiders in pool play to place third in their three-team pool.

The Rams were then defeated 58-49 by the St. Maurice Patriots in the fifth-place game of the six-team tournament.

Jets crush Canucks at MMJHL Showcase

By Brian Bowman

The Manitoba Major Junior Hockey League's Showcase at the MTS Iceplex was a chance for the players — and teams — to show off their skills.

The Stonewall Jets certainly did a lot of showing off on Saturday.

Stonewall ripped the St. James Canucks 8-3, grabbing a 3-0 lead by the 12:43 mark of the first period and increasing that advantage to 7-3 after 40 minutes.

"After our tough game on Friday it was great (to get a lead) right away and get some separation from them," said Jets' co-coach Brock Couch. "To get a lead that early on was huge."

Clay Tait led Stonewall with two goals and an assist while Aiken Chop, who continues his strong play since joining the Jets, added a pair of goals.

Ryan McMahon, Chase Faulkner, Robert Smith and Eric Swanson also scored for Stonewall

Shane Bigourdin, with a pair, and Eric Wankling replied for St. James. Hunter Ploszay stopped 33 shots for the victory.

Stonewall started the weekend with a hard-fought 3-2 loss to the Charleswood Hawks at the MTS Iceplex.

"It was tight," Couch recalled. "All of the goals were power-play goals. There were too many penalties on both teams, too many, in my mind."

Swanson potted a first-period pow-

er-play goal and then Charleswood's Shawn Pachat scored with the man advantage in the second period.

Special teams continued to be huge to begin the third as the Hawks' Mike Lorange and Beau Zelenewich netted power-play goals by the 4:01 mark of the period.

Chop then scored with the man advantage midway in the period.

Charleswood was 3-for-8 with the man advantage while Stonewall was 2-for-7.

Jets knock off Knights

On Jan. 11, the Jets defeated the River East Royal Knights 5-3 in Stonewall.

Tait and McMahon gave the Jets a 2-0 first-period lead before River East's Kyle Byczkowski struck on the power play early in the second period.

Faulkner replied with a pair of goals and then the Royal Knights' AJ Ny-chuk and Tristan Ezako tallied before the middle frame ended.

Jets' forward Adam Blight then closed out the game's scoring at 5:31 of the third.

Curtis Beck made 33 saves for the win.

The Jets hosted the Hawks last night but no score was available. Stonewall and Charleswood had to resume a game played earlier in the season with the Hawks leading 2-1 when the game



TRIBUNE PHOTO BY LANA MEIER

The Jets' Bryce Stovin controls the puck along the boards during Stonewall's 8-3 win over the St. James Canucks last Saturday.

was called due to poor ice conditions.

After the conclusion of that game, the two teams then played their regularly-scheduled game.

Stonewall, now 21-8, will close out this month with a road game Friday against the Raiders Jr. Hockey Club and another key matchup with the

Pembina Valley Twisters in Morris on Jan. 29.

"Those are important (games) because we want to see where we're at with those teams near the end of the year," Couch said. "We need those games — there are some big points coming up."

Doyle dominates in Redskins' win over Flyers

By Brian Bowman

The Stonewall Flyers didn't have an answer for Morden Redskins' forward Nick Doyle.

Doyle scored four times to lead the visiting Redskins to a 7-4 win in South Eastern Manitoba Hockey League action last Saturday in Stonewall.

Doyle potted his fourth goal of the game at 5:14 of the third to give Morden a 4-3 lead. That goal ignited the Redskins as Tyler Peers and Kris Wil-

liams quickly scored to give Morden a 6-3 lead.

All three goals were scored in just 1:19.

Morden's Brandon Lauder then closed out the game's scoring with a goal at 16:34 of the third period.

The Flyers' Dan Stewart did his best to match Doyle's performance by scoring three goals while Brayden MacDonald added a second-period goal.

The Flyers, now 4-10, will play at Portage on Friday and then Carman Tuesday evening. Both games start at 8 p.m.

Meanwhile, the Warren Mercs edged the Altona Maroons 5-4 in overtime last Saturday.

Bryn Lindsay scored the game winner in OT.

Brock Genyk and Scott Corbett scored for Warren in the first period and then Reid McLeod tallied in the

second. The Mercs' Wes Pawluk added a goal in the third.

Tyler Dittmer (two), Brent Toews, and Nolan Martens scored for Altona in the losing cause. Travis Bosch made 33 saves for the victory.

Warren, now 7-5-2-0 and in fourth place with 16 points, will play at Notre Dame this Saturday at 8 p.m.

Meet your Jets...

Andrew Bayduza #6

Defence
Born: 1997
Height: 6'3"
Weight: 170 lbs.
Shoots: right
Hometown: The Pas



Sponsored by QUARRY VIEW ESSO

Stonewall Jets vs Charleswood Hawks
Wednesday, January 18 pm - 7:00 @ VMSC
(Make up period from game which was not completed
Oct 30 - score Hawks 2 - Jets 1)

Stonewall Jets vs Charleswood Hawks
Wednesday, January 18 - 7:45 pm @ VMSC (full game)

Stonewall Jets vs Raiders Jr. Hockey Club
Friday, January 20 - 7:30 pm @ Seven Oaks Sportsplex



www.stonewalljets.net

Eight teams rocked the ice for annual bonspiel



TRIBUNE PHOTOS SUBMITTED BY IRIS OVERBY

The Teulon Curling Club held their annual ladies bonspiel last weekend with eight teams taking part. The first event was won by Patti Dola, Candace Inglis, Vicki Pawluk and Iris Overby. Teresa Moore, Valerie Swanson, Michelle Mott and Shirley Williams won the second event while Kathy Stott, Karen Tyluk, Carmen Kowalchuk and Angele Skinner captured the third event. The first-event runners-up were Candace Pike, Brettlynn Wood, Debra Acton and Debbie Wood.

Manitoba wins bronze at western Canadian badminton championship

Submitted

The Interlake was well represented at the Western Canadian Badminton Team Championships in Saskatoon last weekend.

Badminton Manitoba sent their team of three boys and three girls in U19, U17, and U15 divisions. Manitoba's U17 team defeated Saskatchewan to win the bronze medal.

Dale Kinley coached the U17 group, which included Christopher Wiebe (Stonewall) and

Emalia Sinclair (Warren). Both players are from the Interlake Badminton Club.

The other members on Team Manitoba were Noah Koslowsky, Krista Dorn, Micha Reimer (from Steinbach) and Rene Peche from the Winnipeg Winter Club.

Players had to earn a spot on the provincial team by playing other entrants from across Manitoba in playoff games before they qualified to compete in the WCTC competition.



Interlake verbally accepted into MJBL

Junior Blue Jays to begin play this summer

By Biran Bowman

With winter in full swing here in Manitoba, baseball is the last thing on a lot of people's minds right now.

But some people in the Interlake are definitely thinking baseball.

The Interlake has been verbally approved to rejoin the Manitoba Junior Baseball League for the 2017 season. The decision is expected to become official at a MJBL meeting in March.

The Junior Jays will use Stonewall as their home diamond with coaching from Adam Kirk and others. Kirk is president of the junior organization and, most likely, will be the head coach.

"For myself, I'm extremely excited because five or six years ago, this or-

ganization ran out of players so we couldn't stay in the league," said Kirk Tuesday afternoon. "I'm super excited to be back and I feel that we will be competitive, too."

Kirk estimated that he already has a guarantee from about 10 to 12 local players to play this upcoming season. "It will be great for kids around here to have an option," Kirk stressed. "They have an option to play better ball and we do have some kids that are more serious about baseball and still want to play after finishing high school and stuff."

There is no catchment area for the league, meaning players can play anywhere they want after getting a release from their respective organi-

zations.

Kirk would be open to accepting talented players from other areas of the province after they have received their release. He said the Stonewall facility is a top-notch one that should attract players.

Interlake will also have low fees for players, he noted. Kirk would love to see the ball diamonds crowded with fans for junior and senior games this summer.

"We want to have that hometown atmosphere where people care and they want to see you play," Kirk said. "The crowds have been increasing at the senior level every year for the past five years."

As well as the need for players, the organization also is greatly in need of some dedicated volunteers to help ensure that the program succeeds.

Kirk envisions having a volunteer

board of a president, vice-president, and treasurer.

"We do have board positions available," he stressed. "If anyone is interested in getting involved and being part of the organization, (that would be great)."

The MJBL is designed for players aged 18-21 with games beginning mid-May and continuing through July (each team plays approximately 25-plus games mostly on Wednesdays, Fridays and Sundays) followed by playoffs.

Teams that played in the league last year were from Altona, Brandon, Carillon (Steinbach), Elmwood, Pembina Valley (Morden), St. Boniface, St. James, and Winnipeg South.

Interested players can contact the Blue Jays' Tracy Proctor via email at interlakejrbal@outlook.com.

Lightning strike twice in win column

By Brian Bowman

In a season that has seen the Lightning celebrate very few wins this season, Interlake earned a pair of them last weekend.

Interlake defeated Southwest 5-3 on Friday and then outscored the Norman Northstars 10-6 in Manitoba AAA Midget Hockey League action on Sunday in Teulon.

"Our best game was Friday, for sure," said Lightning head coach Dwayne Swanson. "Southwest is fighting for a playoff spot and they threw everything they could at us and we responded really well.

"It was nice to see our team respond to the physical aspect of the game."

In Friday's win, the Lightning erased a 3-2 deficit with three unanswered goals.

Keenan McPherson tied the score late in the second period and then Jack Einarson and Bryce Krauter tallied in the third.

Codey Behun and McPherson scored in the second period to give Interlake a 2-0 lead but Southwest came right back with goals from Bryce Young, McCullough Park, and Zack Wytinck.

Adam Swan made 32 saves for the victory.

In Sunday's wild win over Norman, the Lightning started very slowly but

eventually took advantage of an under-manned Northstars' club.

"We started very poorly," Swanson stressed. "And then our guys kind of looked at each other and said, 'What are we doing here?' and went out and got 10 goals in two periods."

Einarson led the Lightning with two goals and two assists while Evan Klyne-Geisler and Corbin Mariash also scored twice.

Tyler Broda, Codey Behun, Corey Soorsma, and James Maxwell also scored for the Interlake. Maxwell, Mariash, and Broda each finished the game with three points.

On Jan. 11, the Lightning lost 7-0 to the Winnipeg Wild.

Winnipeg scored twice in the second period and then broke the game wide open with five third-period goals.

"For two periods, we were really good," Swanson stressed. "They are going to have the puck in your zone a lot, they're a really good team, but we played our defensive structure really well. We hung in there with them and were playing really well."

Cedric Chenier led the Wild with three goals while Hunter Cloutier, Griffin Leonard, Riley Cusack, and Mitchell Joss also scored.

The Lightning, now 9-19-0-0-3, visited the Wild last night but no score



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Jack Einarson picks up a loose puck during Interlake's 10-6 win over the Northstars Sunday. In two games for the Lightning, Einarson had eight points and was deservedly named the CCM Player of the Week.

was available at press time. Interlake will continue on the road with a pair of games this weekend.

The Lightning will battle Southwest on Saturday (8 p.m.) and Yellowhead Sunday (2:30 p.m.).

Bantam female action



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Maddie Fines looks for a pass during a Bantam 'AA' game against the Saints last Saturday at VMSC in Stonewall. Interlake lost 6-0 to the No. 2 team. The Lightning will play Central Plains at the BDO arena in Portage this Saturday.

Manitoba Hockey Standings

| MANITOBA JUNIOR HOCKEY LEAGUE | | | | | | | AAA MIDGET HOCKEY LEAGUE | | | | | | | | |
|--------------------------------------|----|----|-----|-----|-----|-----|---------------------------------|----------------------------|----|-----|-----|-----|-----|-----|-----|
| GP | W | L | OTL | PTS | GF | GA | GP | W | L | OTL | PTS | GF | GA | | |
| Steinbach Pistons | 39 | 33 | 5 | 1 | 67 | 166 | 75 | Wild | 32 | 25 | 4 | 0 | 53 | 169 | 60 |
| Selkirk Steelers | 43 | 29 | 11 | 3 | 61 | 152 | 123 | Yellowhead | 32 | 20 | 4 | 2 | 48 | 139 | 91 |
| Winkler Flyers | 40 | 28 | 10 | 2 | 58 | 147 | 97 | Central Plains | 35 | 21 | 12 | 2 | 44 | 140 | 121 |
| OCN Blizzard | 42 | 26 | 13 | 3 | 55 | 130 | 112 | Pembina Valley | 33 | 21 | 11 | 0 | 43 | 128 | 95 |
| Portage Terriers | 40 | 26 | 13 | 1 | 53 | 169 | 129 | Brandon | 31 | 20 | 9 | 1 | 42 | 127 | 91 |
| Winnipeg Blues | 42 | 21 | 16 | 5 | 47 | 151 | 136 | Thrashers | 30 | 19 | 7 | 1 | 42 | 138 | 74 |
| Virden Oil Capitals | 43 | 19 | 18 | 6 | 44 | 114 | 134 | Eastman | 32 | 16 | 13 | 2 | 35 | 110 | 95 |
| Swan Valley Stampede | 40 | 14 | 23 | 3 | 31 | 114 | 157 | Southwest | 31 | 13 | 16 | 1 | 28 | 94 | 126 |
| Neepawa Natives | 38 | 11 | 22 | 5 | 27 | 103 | 149 | Kenora | 33 | 12 | 17 | 0 | 28 | 96 | 141 |
| Dauphin Kings | 41 | 11 | 25 | 5 | 27 | 91 | 147 | Parkland | 31 | 9 | 18 | 1 | 22 | 96 | 155 |
| Waywayseccappo Wolverines | 40 | 6 | 30 | 4 | 16 | 110 | 188 | Interlake | 31 | 9 | 19 | 0 | 21 | 90 | 147 |
| MANITOBA MAJOR JUNIOR HOCKEY LEAGUE | | | | | | | AAA CITY MIDGET HOCKEY LEAGUE | | | | | | | | |
| GP | W | L | OTL | PTS | GF | GA | GP | W | L | OTL | PTS | GF | GA | | |
| Pembina Valley Twisters | 30 | 20 | 6 | 4 | 44 | 127 | 84 | Winnipeg Monarchs | 26 | 23 | 3 | 0 | 46 | 157 | 77 |
| Charleswood Hawks | 29 | 19 | 5 | 5 | 43 | 97 | 72 | Winnipeg Sharks | 25 | 18 | 7 | 0 | 36 | 119 | 78 |
| Stonewall Jets | 29 | 21 | 8 | 0 | 42 | 140 | 90 | Winnipeg Warriors | 23 | 13 | 8 | 1 | 28 | 117 | 96 |
| St. James Canucks | 31 | 19 | 11 | 1 | 39 | 113 | 106 | Winnipeg Hawks | 25 | 9 | 12 | 2 | 22 | 96 | 107 |
| Raiders Jr. Hockey Club | 30 | 17 | 10 | 3 | 37 | 129 | 86 | Eastman Selects | 24 | 5 | 16 | 2 | 13 | 76 | 109 |
| St. Vital Victorias | 32 | 15 | 12 | 5 | 35 | 123 | 126 | Interlake Lightning | 23 | 3 | 20 | 0 | 6 | 56 | 154 |
| Ft. Garry/Ft. Rouge Twins | 32 | 14 | 15 | 3 | 31 | 118 | 133 | AAA BANTAM HOCKEY LEAGUE | | | | | | | |
| Transcona Railer Express | 32 | 14 | 17 | 1 | 29 | 109 | 127 | GP | W | L | OTL | PTS | GF | GA | |
| St. Boniface Riels | 31 | 11 | 15 | 5 | 27 | 101 | 124 | Winnipeg Monarchs | 24 | 20 | 4 | 0 | 40 | 156 | 33 |
| River East Royal Knights | 32 | 4 | 28 | 0 | 8 | 80 | 189 | Winnipeg Hawks | 23 | 16 | 4 | 1 | 35 | 149 | 67 |
| KEYSTONE JUNIOR HOCKEY LEAGUE | | | | | | | Winnipeg Warriors | 25 | 14 | 9 | 1 | 30 | 100 | 76 | |
| Central Division | GP | W | L | OTL | PTS | GF | GA | Eastman Selects | 22 | 12 | 10 | 0 | 24 | 104 | 78 |
| Arborg Ice Dawgs | 25 | 17 | 8 | 0 | 34 | 155 | 93 | Winnipeg Sharks | 24 | 9 | 13 | 1 | 20 | 60 | 87 |
| Peguis Juniors | 25 | 17 | 8 | 0 | 34 | 193 | 134 | Interlake Lightning | 22 | 1 | 20 | 1 | 3 | 59 | 173 |
| Fisher River Hawks | 24 | 8 | 16 | 0 | 16 | 138 | 202 | MANITOBA FEMALE MIDGET AAA | | | | | | | |
| South Division | GP | W | L | OTL | PTS | GF | GA | GP | W | L | T | OTW | OTL | Pts | |
| St. Malo Warriors | 24 | 19 | 4 | 1 | 39 | 182 | 86 | Westman Wildcats | 20 | 15 | 2 | - | 2 | 1 | 35 |
| Selkirk Fishermen | 25 | 18 | 7 | 0 | 36 | 150 | 50 | PV Hawks | 21 | 15 | 3 | - | 1 | 2 | 34 |
| Lundar Falcons | 23 | 8 | 14 | 1 | 17 | 95 | 116 | Winnipeg Avros | 23 | 12 | 7 | - | 4 | - | 32 |
| North Winnipeg Satellites | 24 | 7 | 16 | 1 | 15 | 97 | 132 | Yellowhead Chiefs | 22 | 14 | 7 | - | 1 | - | 30 |
| North Division | GP | W | L | OTL | PTS | GF | GA | Eastman Selects | 21 | 8 | 7 | - | 2 | 4 | 24 |
| OCN Storm | 23 | 16 | 7 | 0 | 32 | 205 | 148 | Norman Wild | 23 | 5 | 15 | - | 2 | 1 | 15 |
| Cross Lake Islanders | 23 | 10 | 12 | 1 | 21 | 126 | 129 | Central Plains | 19 | 3 | 13 | - | - | 3 | 9 |
| Norway House North Stars | 26 | 1 | 25 | 0 | 2 | 66 | 317 | Interlake Lightning | 21 | - | 18 | - | 1 | 2 | 4 |
| SOUTH EASTERN MANITOBA HOCKEY LEAGUE | | | | | | | MANITOBA HIGH SCHOOL HOCKEY | | | | | | | | |
| GP | W | L | OTL | PTS | GF | GA | Winnipeg Free Press #2 Division | GP | W | L | OTL | PTS | GF | GA | |
| Notre Dame | 16 | 12 | 2 | 1 | 26 | 65 | 42 | Springfield | 17 | 12 | 2 | 0 | 41 | 91 | 54 |
| Carman | 15 | 10 | 3 | 0 | 22 | 79 | 44 | Garden City | 16 | 12 | 3 | 1 | 37 | 81 | 35 |
| Portage | 15 | 9 | 3 | 1 | 21 | 68 | 46 | West Kildonan | 17 | 8 | 1 | 2 | 36 | 70 | 53 |
| Warren | 14 | 7 | 5 | 2 | 16 | 65 | 58 | Westwood | 18 | 9 | 5 | 1 | 34 | 89 | 63 |
| Winkler | 16 | 7 | 9 | 0 | 14 | 48 | 61 | College Jeanne Sauve | 17 | 5 | 8 | 1 | 22 | 47 | 62 |
| Morden | 16 | 6 | 10 | 0 | 12 | 52 | 78 | Fort Richmond | 17 | 5 | 7 | 2 | 22 | 62 | 70 |
| Altona | 14 | 5 | 8 | 1 | 11 | 52 | 70 | Stonewall | 19 | 6 | 10 | 2 | 22 | 55 | 73 |
| Stonewall | 14 | 4 | 10 | 0 | 8 | 58 | 88 | Transcona | 17 | 3 | 4 | 7 | 21 | 55 | 61 |
| | | | | | | | Lorette | 16 | 3 | 10 | 1 | 14 | 55 | 74 | |
| | | | | | | | J.H. Bruns | 18 | 1 | 14 | 0 | 9 | 48 | 108 | |
| | | | | | | | STATS AS OF TUESDAY, JANUARY 17 | | | | | | | | |

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COMING EVENTS

Manitoba Riding for the Disabled Association 18th Annual Super Flea Market 2017. February 4th & 5th at Assiniboia Downs-Winnipeg. Vendor spots available - 80 vendors in the show! www.mrda.cc

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|---|---|---|---|---|---|--|---|---|
| 1 | | 6 | 4 | 2 | | | | 5 |
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Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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| 5 | 9 | 2 | 7 | 1 | 6 | 4 | 3 | 8 |
| 4 | 3 | 5 | 8 | 9 | 1 | 2 | 6 | 7 |
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| 8 | 4 | 9 | 6 | 3 | 7 | 2 | 1 | 5 |
| 3 | 7 | 5 | 1 | 9 | 2 | 6 | 8 | 4 |
| 2 | 6 | 1 | 4 | 5 | 8 | 3 | 9 | 7 |
| 6 | 1 | 3 | 9 | 7 | 5 | 8 | 4 | 2 |
| 9 | 2 | 4 | 8 | 6 | 1 | 7 | 3 | 5 |
| 7 | 5 | 8 | 3 | 2 | 4 | 6 | 9 | 1 |

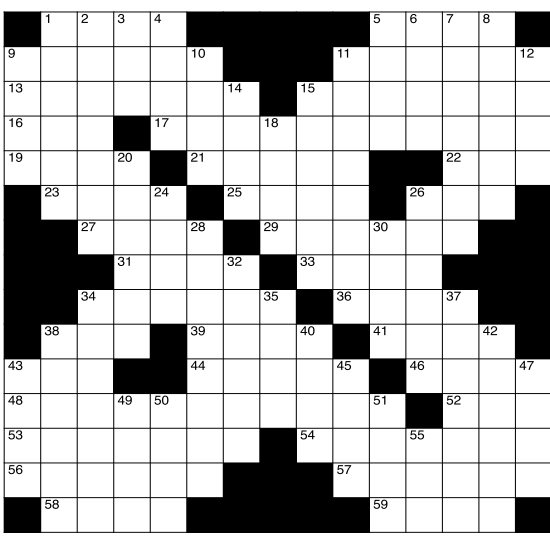
Sudoku Answer

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| J | E | I | T | E | R | S | E | D | O | T | S | | |
| S | E | V | C | S | S | I | E | | | | | | |

Crossword Answer

CROSSWORD

- CLUES ACROSS**
- Newts
 - Taxis
 - Ski down these
 - Solace
 - Thieves of the sea
 - Diacritical mark
 - Frost
 - Enmities
 - Furnace for baking
 - Founder of female institute
 - Eight
 - Earl Grey and chamomile are two
 - Messenger ribonucleic acid
 - Dull, unproductive pattern of behavior
 - A large and hurried swallow
 - Large nests
 - A way to choose
 - Grocery store
 - Drains
 - Hawaiian wreath
 - Where fish live
 - Get rid of
 - Beyond, transcending
 - Uncastrated male sheep
 - Asserts
 - Snoopy and Rin Tin Tin are two
 - Windy City footballer
 - Green veggie
 - Director
 - Conditioning
 - Spoke foolishly
 - Legislative body
 - Square measures
 - Cheek
- CLUES DOWN**
- Call forth
 - Front legs
 - Third-party access
 - Hairlike structure
 - Ghanaian money
 - Settled down
 - Ill-natured
 - Choose
 - Mountain in the Slovenian Alps
 - Samsung laptops
 - Inquire into
 - Not slow
 - Thailand
 - Front of the eye
 - Kentucky town 41549
 - Extreme disgust
 - Not fast
 - Smelled bad
 - Portended
 - Leader
 - Comedian Noah
 - Course
 - Sloven
 - Perfect places
 - A vast desert in N. Africa
 - Monetary unit of Angola
 - Clerks
 - Canadian law enforcers
 - Without (French)
 - Having wisdom that comes with age
 - Delicacy (archaic)
 - Grows older
 - Bitterly regrets
 - It's present in all living cells (abbr.)



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CARDS OF THANKS

We would like to extend a heartfelt thank you to our Grosse Isle family and friends for their generosity and thoughtfulness during this difficult time.
-Sincerely,
Gary, Toni,
Keira, Nyja and Joshua Bond

ANNOUNCEMENT

CARDS OF THANKS

Adrenaline Fitness would like to thank all the local businesses and trades in preparing for our opening: Pure Electric, Maxwell's Professional Painting, Commercial Comfort, Watts Homes/ Kyle Watts Exterior, Ritchie Perron Plumbing, Goertzen Flooring, Noble Glass, Grantham Law Office, Rockwood Landscaping, Brad Bannerman, Takk Industries, Tim Woodman - Image Fire, Maple Leaf Construction, Interlake Insulators, Sean Cameron, Kenny Slagg and Mark Jenson. I would also really like to thank my parents and Tim Woodman because this would not have been possible without them.
-Brody Nolin

ANNOUNCEMENT

IN MEMORIAM

Shawn Nelson
May 15, 1973 - January 21, 1995
In loving memory of our Son, Brother and Uncle

Something will remind us,
We never know just when;
It might be something someone says,
And it all comes back again.
The times we spent together,
The happiness, the fun;
Once again we feel the pain,
Of life without our Son.
It's said that times a healer,
We are not sure this is true;
There's not a day goes by Son,
That we don't cry for you.

-Forever loved and missed by
Mom, Dad, Shannon, Devin, Dustin and Jairus

ANNOUNCEMENT

IN MEMORIAM

Dew
In Loving Memory of
our loved ones:
Wayne Dew who passed away
on January 8, 1990
and
Cecil Dew who passed away
on January 24, 2002
Those whom we love don't go away,
They walk beside us every day;
Unseen, unheard, but very near,
In our memories they are always here.
-Lovingly remembered and very sadly missed,
by Ev Dew and family

ANNOUNCEMENT

IN MEMORIAM

Joyce Morrison
In Loving Memory of our
wife, mother, "Nana"
January 24, 2000
Your presence we miss,
Your memory we treasure;
Loving you always,
Forgetting you never.
-Love Keith,
children and grandchildren

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HELP WANTED
The Gordon Howard Centre has the following opening
Congregate Meal Coordinator:

The overall purpose of this position is to provide nutritious meals and social support to seniors and persons with disabilities in a congregate dining setting, which assists them in maintaining their independence and remaining in their community.

- Qualifications**
- Experience in food preparation for large groups.
 - Ability to provide hot, nutritious noon meals.
 - Ability to plan daily menu following the Canada Food Guide.
 - Ability to establish and maintain good working relationships with seniors, and ability to coordinate volunteers.
 - Willingness to learn about special cooking, dietary needs or food preparation for seniors.
 - Five hours a day Monday, Wednesday, and Friday
 - Must be willing to take a Food Handling Course.
 - Supply own car and have a valid driver's license
- Interested applicants should apply in writing by January 30th at 4:00 pm to the Executive Director, Gordon Howard Centre, 384 Eveline St., Selkirk, Mb R1A 1N3
While we thank all who apply only those chosen for an interview will be contacted.



TREATMENT WORKER REQUIRED

Interlake School Division invites applications for a full-time (6.0 hours per day) treatment worker at Stony Mountain School.

The successful applicants will be at least 18 years of age and must possess the following:

- Para -educator diploma or equivalent
- The ability to work independently and as part of a team.
- Non-violent crisis intervention or Weavas training.

Please direct applications, including complete resume and three references to:

Mr. M. Blahut, Principal
Stony Mountain School
Phone: 204-344-5459
Email: mblahut@isd21.mb.ca

Closing date for applications is January 26, 2017.



SCHOOL BUS DRIVER REQUIRED

INTERLAKE SCHOOL DIVISION
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Route #20 - Rosser West
(Term position until June 30, 2017)

All applicants must:

- possess a valid Class 2 Driver's Licence
- possess a current School Bus Operator's Certificate
- supply a copy of their Driver's Abstract along with their application
- have attended a compulsory 8 Hour School Bus Drivers' Inservice within the last 12 months or have attended an upgrading of equal calibre

Start Date: As soon as possible

Apply by January 26, 2017, 4:00 pm to:
Human Resources
Interlake School Division
192 - 2nd Ave. North
Stonewall, MB R0C 2Z0
Phone: 467-5100 / Fax: 467-8334
Email: hr@isd21.mb.ca

Employment will be subject to satisfactory criminal record and child abuse check.

**THE RURAL MUNICIPALITY OF ST. LAURENT
JOB OPPORTUNITY
MUNICIPAL EMERGENCY COORDINATOR**

The Rural Municipality of St. Laurent is seeking a Municipal Emergency Coordinator to provide emergency management services.

The Emergency Coordinator will be responsible for:

- Preparation, maintenance and testing of the Emergency Plan;
- Coordinating the response to emergencies in the municipality;
- Attracting, managing, training and motivating volunteers.

The job will require a time commitment during normal times of 24 hours per week. During emergencies the Emergency Coordinator must be available for full workdays, including overtime, for as long as may be required. There will be a probationary period of six months after which time the candidate will be offered benefits consistent with the municipal benefit plan.

The successful applicant must have good knowledge of the community's emergency preparedness plan. He or she must have a demonstrated ability to manage volunteers; to provide training to volunteers, staff and members of council; to maintain the Emergency Plan; and to coordinate emergency response within the municipality. Training in emergency response management is an asset. A basic level of ability with Microsoft office is essential. A valid driver's licence and access to a vehicle is essential. Bilingualism would be considered an asset. The successful candidate must reside in the Rural Municipality of St. Laurent.

Resumes, references, and salary expectations addressed to the contact below will be received by mail, fax, e-mail or in person until January 26, 2017, 4:30 p.m.

A job description outline can be obtained by contacting our office.

We thank all applicants for their interest in this position, however, only those selected for an interview will be contacted.

Hilda Zotter
Chief Administrative Officer
Rural Municipality of St. Laurent
16 St. Laurent Veterans' Memorial Road
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Announcements

ANNOUNCEMENT

BIRTHDAY



**Happy 70th birthday
on January 22nd
Mum (Diane Rennie)**
-Love from Tracy, Blair
and Jonathon XOXO

ANNOUNCEMENT

ENGAGEMENT



Travis Taylor and Patricia Baker,
along with their parents, Doug Taylor and
Kathy Hjalmarson and Dale and Lorna Baker,
are happy to announce their engagement.
A wedding social is planned at the
Stonewall Legion April 8, 2017.
A June 2017 wedding is planned.

OBITUARY

Grant Allan Johnson
May 2, 1946 - January 13, 2017



Peacefully, with family by his side, Grant left us after a long and hard fought battle with Alzheimer's. Grant was pre-deceased by his loving wife Iris in 1998, and leaves a lifetime of memories with his daughter Leanne (Geoff), grandsons Chase and Crew; his partner and best friend Brenda Hollier, and her children Dave (Brooke) Meaghan, and Tracy (Andrew), Brad, Tyler and Bella; along with his brothers Roy (Virginia), Wayne (Rose Anne), sister-in-law Fay (Mark), their families and extended families, nieces and nephews.

Grant chose many different career paths, and gave every one his all, from farming, sports store, restaurant, to real estate. He was an extremely community minded individual that was always there to volunteer. A councillor, school trustee, coach for football, hockey and ringette, a member of the Citizens Advisory Committee for

Stony Mountain Penitentiary, and was also one of the founding fathers of the South Interlake Golf and Country Club.

At his request, there will be no formal service, however there will be a Celebration of his life at Warren Memorial Hall on Friday, January 20th, at 2:00 p.m.

In lieu of flowers donations may be made to the CancerCare Manitoba, 675 McDermot, Winnipeg, MB, R3E 0V9; Manitoba Alzheimer's Society, 10-120 Donald Street, Winnipeg, MB, R3C 4G2; or Rosewood Personal Care Home, Activities Program, 513 1st Ave North, Stonewall, MB R0C 2Z0. A private family interment will take place.

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OBITUARY

Helen Skogan
1921 - 2017

Helen, widow of Herb and mother of Karen Willis (Lyle), Bert (Shirley) and the late Billy and Sandra passed away at Goodwin Lodge on January 13, 2017.

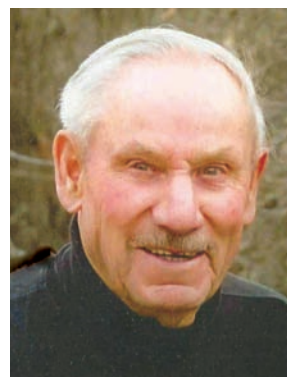
A memorial service and interment will be held in the spring.

Flowers gratefully declined. Instead memorial donations to Goodwin Lodge, Box 89, Teulon, Manitoba, R0C 3B0 would be appreciated.



OBITUARY

(Jack) Alfred John Oatway
March 27, 1923 - January 10, 2017



It is with heavy hearts the family announces the passing of Jack Oatway on January 10, 2017 at Stonewall Hospital, at the age of 93 years.

Jack was a true family man and will be missed by his wife Jean (nee Craig) of 65 years, and their son Kent (Luciel), their children Judith, Lee (Melissa), Wayne, Arnold, Russell (Ginger), Dana (Donna) Mason, Jacinta (Dale) Bear, and their families; daughter Karen (Brian) Kolosky, their children Deirdre (Aurion) Kologie, Derek Kolosky; son Martin, their children Jordan and Martina; son Wayne, daughter in-law Carolyn, their children Jesse (Angela), Corey (Sheena), Jaye, Mackenzie, Karl Shew; great-grandchildren Sophia, Jackson and Payton; as well as his special brother in-law James Craig, and many nieces and nephews. He was predeceased

by his parents Alfred and May, and sister Bonita Diplock.

Jack was born to Alfred and May Oatway and grew up on the family farm in Lilyfield, Manitoba. Jack married Jean Winnifred Craig on November 3, 1951 and remained on the family homestead, where they raised their four children. Jack farmed in the Lilyfield/Rosser area with his father, and later with his sons Kent and Wayne. They started with a mixed farm, eventually transitioning to strictly grain. He was always involved in the farm business, right up until his death. However in the last few years, he slowed down somewhat and focused more on his passion for gardening. He was also a great carpenter, and often surprised Jean with intricate magazine racks and such.

Besides farming, Jack and his family attended Lilyfield United church; Jack was always very active in several community affairs. He served on a number of boards and associations over the years. Lilyfield Community Club, with the Independent Order of Foresters he served as Chief Ranger for Court Ucambria and received the Supreme Chief Rangers Service Award. He was also a member of the Seed Growers Association since 1949.

Jack was one of the original trustees elected after the formation of the Municipal School District of Rosser. He held the position of councillor for the RM of Rosser for 31 years. From his involvement on Council, he served on a number of boards and associations, both as board member and chairperson. When the RM of Rosser became involved with the planning and building of the Rosewood Lodge Care Home in Stonewall, Jack was appointed to represent the municipality on the board which came to be known as the Stonewall and District Health Centre. Jack served on that board for 12 years, acting as chairperson for several terms. He was one of the founding board members for Rosewood Lodge and Stonewood Place. He also sat as chairperson for Fund Raising Committee for the Health Centre. He was the president of the South Interlake 55 Plus, Vice-Chairperson of the South Interlake Seniors Resource Council.

Jack was presented with the Humanitarian Award for the Fred Douglas Society in 2008 received the 2008 Recognition Award for Manitoba Council in Aging and also wrote monthly articles for the Manitoba Society of Seniors.

Jack will be remembered for his sense of humour, his humbleness, his kindness, and always finding time to visit shut ins, whether at their home or hospital. He was always ready to help wherever he could.

A celebration of Jack Oatway's life will be held at MacKenzie Funeral Home, Stonewall on Friday, January 20, 2017 at 1:00 p.m.

The family wishes to extend their thanks to the staff at Stonewall Hospital, Dr Pinniger, Dr Chen, Michelle Loehmer - Home Care Coordinator and the home care staff.

In lieu of flowers donations may be made to Lilyfield United Church, P.O. Box 22-RR#2, Winnipeg, Manitoba, R3C 2E6

ANNOUNCEMENT

IN MEMORIAM



James Welsh Greig
July 11, 1933 - January 13, 1997
We know you never went away,
You walk beside us every day;
Unseen, unheard but always near,
Still loved, still missed and very dear.
Always on our minds, forever in our hearts.
-Love Charlotte and all the family

ANNOUNCEMENT

IN MEMORIAM



Byron Morton
March 17, 1944 - January 20, 2014
May the winds of love blow softly,
And whisper so you can hear;
We'll forever love and miss you,
And wish that you were here.
For all that life has given us,
And all that's left to do;
We'll know no greater treasure,
Than the days we had with you.
Rest In Peace.

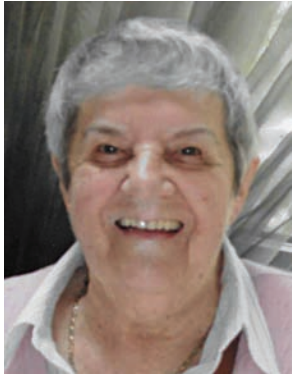
-Lovingly remembered by
Rita and family

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OBITUARY



Nelly Slater

April 13, 1922 - December 31, 2016

Mum was born in Belgium to Albert and Antonia Mets. She was their only child. Mum became a trained seamstress. At the age of 23 she met our dad (her red-headed Canadian soldier). Mum and Dad married in Belgium on November 19, 1945. It wasn't until April of 1946 that Mum was reunited with Dad in Canada. On the boat trip to Canada (13 days across the ocean) she made friends with another war bride, Rosa, who was from England. They remained in contact over the past 70 years by letters and phone calls, despite even when Rosa had returned to England many years ago. It was a struggle at first for Mum in Canada as people at that time were not very accepting of the War Brides. There were many strong Canadian girls waiting for the Canadian soldiers to return home and they were not happy when some of the soldiers returned home

married to young women from Europe. Mum's parents left everything behind in Belgium and came to Canada in 1951. They lived in a little house on the same property where Mum and Dad lived.

Predeceased by husband Lorne (Red), her parents and best friend Marjorie Cieslar. Survived by daughters, Nicole (Ray) Smith and Linda (Merv) McDonald; by grandchildren, Ryan (Carol), Tara (Scott), Carmen, Evan (Brooke), Londa (Joseph), Kody, Kacy (Ariel) and great-grandchildren Devin (Leanne), Taylor, Kayleigh, Kole, Kaydin, Logan and Ondray.

She loved to talk and as a result she made many friends in Stonewall and surrounding areas. She loved her grandchildren and her great-grandchildren. She loved all animals, especially a little Westie called Sophie who visited with her in Stonewall and Teulon hospitals several times in the past year. She really enjoyed her many trips to Brandon to attend the Manitoba War Brides' annual convention. In 2006, Manitoba declared it the year of the War Brides and she took in many of the celebrations. She loved her trips to the USA with her friends Vi and Ann who went to gamble but Mum spent her money on fabrics and craft supplies. She really enjoyed her outings with her group of Stonewall friends who would go out to lunch or supper to celebrate their birthdays and various holidays. Best of all, was her attending family birthday parties and especially Christmas get togethers with family, food and presents.

The family would like to thank the friends that visited Mum while in Stonewall and Teulon hospitals and for the great nursing care she received while in both hospitals.

A celebration of life was held on January 7th, 2017, officiated by Shirley Williams at the MacKenzie Funeral Home, Stonewall.

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OBITUARY



Jean Jackson

Jeanette Alice Jackson, age 79 of Stonewall, MB, passed away on Sunday, January 8, 2017 at the Stonewall Hospital due to complications from liver cancer.

Born to Margaret and Bill Jackson on January 3, 1938 in Flin Flon, MB, Jean grew up in Stonewall.

In 1959, she graduated from the Winnipeg General Hospital School of Nursing and began a long and fulfilling career as a Registered Nurse. She worked at the Dr. Evelyn Memorial Hospital in Stonewall for a short period before marrying Jim Riddell in 1960. They lived in Warren and their daughters Tracey (1961) and Bonnie (1962) were born. In 1963 Jean returned to work, taking on the role of Public Health Nurse for Warren and a large surrounding area. In 1966 she decided to stop working, and in 1969 son Mitchell joined the family. Missing her nursing work, she rejoined the staff at the

hospital in Stonewall in 1974 and continued her career there for more than 20 years. In 1995, Jean moved back to Stonewall and became a Homecare Worker, which was less demanding on her worn out knees. She retired from work life in 2013 at the age of 75, yet never lost the desire to look after those in need and often provided care and assistance to her friends and neighbors in Lions Manor.

Jean loved music and served as pianist or organist for several churches and choirs over her life. She was an original member of the Quarry Choristers, and enjoyed performing with them for many years. When Bill and Margaret retired, and began wintering in Texas, Jean helped them drive south each January and enjoyed many side trips to Mexico in the bargain. She took up golfing when the course opened in Warren and continued well into her 70's. She liked playing cards with her friends and always had a good book on the go.

Jean is survived by Tracey and granddaughter Hillary (Brady), Bonnie and granddaughters Kelsey (Fernando), Ari and Brenlee, Mitch (Vanessa) and grandsons, Matthew (Brittany) and Michael (great-grandson William). She also leaves behind many cherished relatives and friends.

The family wishes to thank everyone who cared for her during her last few weeks or brightened her day with a visit or phone call.

A celebration of her life will be held at 2 p.m. on Saturday, January 21, 2017 at MacKenzie Funeral Home.

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