

THINKING OF SELLING? WHY NOW IS A GREAT TIME!



SOLD - Winnipeg



SOLD - Stonewall



SOLD - RM of Rockwood

INVENTORY LOW! INTEREST RATES STABLE!



THE MCKILLOP TEAM

35 Years Strong!

RE/MAX TOWN & COUNTRY

Call 204-467-8000 or remaxtc.ca



# Tribune Stonewall Teulon

VOLUME 10 EDITION 3

THURSDAY,  
JANUARY 17, 2019

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO

**"New Year, New Real Estate!"**

Contact one of our experienced agents to find out what your homes updated value is.

**Looking to buy?**

Let's discuss your options and we'll guide you through the process"



2600 Sq ft 4 bedroom Home in Balmoral. Dbl Garage with heated workshop on 1.9 Acres. \$469,900



Brand new Gino's Home in Headingley 1848sqft/triple garage/showhome \$572,900



Audrey Schumann, Steve Breton, Nancy Dilts, Liam Wheddon

**ROYAL LEPAGE**

**Dynamic Real Estate**  
INDEPENDENTLY OWNED AND OPERATED  
**INTERLAKE**

360 Main Street, Stonewall, MB  
204-467-2455



## Not just another fish tale

TRIBUNE PHOTO BY ARNIE WEIDL

Stonewall area buddies, from left, Dave Kernort, Rick Miller, Larry Brown and Jerry McLean share a laugh with some of their catch in the ice fishing shack on the Red River. See pg. 7 for the full fish tale.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

### Selling the Interlake one Yard at a time



**L.J. BARON**  
EST. 1953  
*Realty*

A Real Estate Boutique Practice with Concierge Service

The *Claudette*  
GRIFFIN  
Group

Past Director - Winnipeg Realtors®  
Past Chair - Professional Standards

204-886-2393

Toll Free 888-629-6700



baron@mts.net www.ljbaron.com

### I'm grateful for you!!

Since my father, Leo J. Baron first opened the doors of LJ Baron Realty in 1953, it was his mission to cultivate prime customer and client service! Now, 65 years later, I'm honoured, and humbled, to have been a part of so many cherished family moments, whether it's been buying, or selling. This year also saw me bring on Matt McSherry as a Realtor to my already top notch team! Matt's youth and energy are sure to take us on a new and exciting journey. Roger, as always, is my pillar of strength and knowledge! Peter Martin joined LJB as our very own Concierge of Customer Service. His marketing and organization skills are indispensable.

Judi McQueen came on board at the end of 2017 as our office administrator, and has become a very valuable asset. 2018 was indeed very busy, and it's looking like 2019 will be another stellar year for LJ Baron Realty.

For that, and each incredibly successful moment, I thank every one of you from the bottom of my heart!!

*Claudette Griffin*

# Province reappoints Gillespie of the Manitoba Police Commission

The Manitoba government has appointed eight new and returning members to the Manitoba Police Commission (MPC), Justice Minister Cliff Cullen announced today.

"The Manitoba Police Commission provides well-considered and insightful advice on important matters related to law enforcement and civilian governance of policing on behalf of all Manitobans," said Cullen. "I am pleased to welcome David Asper as the commission's new chairperson, who will be joined by a strong team of new and returning members with a broad range of expertise and experience."

New appointments to the MPC include:

- David Asper, Winnipeg;
- Jeannette Acheson, Winnipeg;
- R.B. (Rick) Kenderdine, Virden;
- Ashling Sweeny, Thompson; and

• George Wright, Winnipeg. Members of the MPC who have been reappointed include:

- Ernie Blais, Winnipeg;
- Desirée Gillespie, Stonewall; and
- Mamadou Ka, Winnipeg.

Gillespie is a Service Specialist with the Métis Child and Family Services Authority. She is well versed and has an extensive understanding of Aboriginal and Provincial Governance Structures. In addition to her professional experience with policy development within the Aboriginal Justice Inquiry-Child Welfare Initiative and her community relations work within the Manitoba Métis Federation, Gillespie has been a local leader within the Manitoba Métis Community for 15 years. Desirée has worked as a youth at risk officer and as a director of the Metis Family and Community Institute. She is a registered social

worker and graduated from the University of Manitoba with a bachelor of social work degree. Desirée is also a published children's author and is a volunteer board member for the Interlake Métis Community Advisory Committee Restorative Justice Program.

The commission provides civilian input on police services and the conduct of police officers, which can include providing advice to the minister, consulting with the public, providing support to municipal police boards and overseeing the civilian monitor program which observes independent investigations of police officers. For more information about the role of the MPC, visit [www.mbpolicy.com.ca](http://www.mbpolicy.com.ca).

In the 2018 throne speech, the Manitoba government committed to conducting a review of The Police Services



Desirée Gillespie – Commissioner

Act. The Manitoba Police Commission's advice and consultations with stakeholders will inform that review, the minister noted.

The minister thanked outgoing members of the commission for their service.

Attention Businesses in the areas of Argyle, Balmoral, Grosse Isle, Lake Francis, Marquette, Rosser, St. Laurent, Stonewall, Stony Mountain, Warren, and Woodlands.

Contact us to advertise in the 2019/2020 Community Directory Book

# Your Community

2019-2020

## A Guide to Where You Live

Connecting you to your communities; containing information on business and services, community contact info for sports groups, support groups, organizations, health numbers, schools, churches & more.

This book is a great tool for the residents to keep handy to use as their directory to everything they need within our market areas.

**DEADLINE for ad booking:**  
**Friday, March 8, 2019**

To book your space contact  
**Stephanie Duncan**  
ads@stonewallteulontribune.ca  
p: 204-467-5836 f: 204-467-2679

Stonewall Teulon  
**Tribune**

# DrinkSense.ca

Mix it up with a mocktail.



MANITOBA  
LIQUOR  
& LOTTERIES



**What are you saving for?**  
Discover your path to financial security. Let's talk.

Versatile Portfolios  
**NAVIGATOR**

 **the co-operators®**  
A Better Place For You®



Inview Insurance Services  
344 Main St | Stonewall  
204-467-8927

[www.cooperators.ca/Inview-Insurance-Services](http://www.cooperators.ca/Inview-Insurance-Services)

Home Life Investments Group Business Farm Travel

# Community grieves the loss of three-year-old girl

By Jennifer McFee

The community is banding together to support a family that is grieving the loss of their three-year-old girl.

Abby Lee Anne Margetts of Stonewall died on Jan. 3 after being struck by a vehicle in her family's driveway.

A GoFundMe page entitled "In memory of Abby" raised nearly \$20,000 within three days and donations continue to pour in.

"Her sudden loss will leave an unimaginable void in her loving family that can never be reconciled. She will be dearly missed by her family, and all that were blessed to have met her and afforded the opportunity to be touched by her lively spirit and radiant beauty," states the fundraising page.

"Abby may have been taken from this Earth long before her time here should have ended, but she has left lasting and undeniable fingerprints on the souls of her dear family, and all others that had the privilege to be touched by her vibrant life. In time, the darkest clouds of despair that any parent should ever have to endure

will begin to give way to rays of light as the memory of Abby's beautiful life shine through to our hearts and minds, to be with us forever."

Abby had just celebrated her third birthday on Dec. 2.

"Many have asked for an outlet to share their deepest condolences and to help preserve the memory of Abby's beautiful life. While the family will have to take the necessary time to make decisions on how they will choose to best honour her memory and keep her close in our thoughts, I hope this provides an opportunity for anyone wishing to reach out to them to show their love and to share in their loss," states the GoFundMe page.

"May the collective love of family, friends, community, and others who have lost, that is shared with them today, one day emerge as something beautiful to sustain Abby's memory and to keep her close forever more."

Donations can be made through the GoFundMe page at <https://ca.gofundme.com/7pjyn-in-memory-of-abby>.



TRIBUNE PHOTO SUBMITTED

Abby Lee Anne Margetts died in a tragic accident on Jan. 3.

## Former Grosse Isle resident named to the Order of Canada



Dr. Marie Delorme

By Ty Dilello

From the days Dr. Marie Delorme was raised in the small hamlet of Grosse Isle, she never thought in her wildest dreams that she would one day be named to the Order of Canada, perhaps the most prestigious honour that can be bestowed on a Canadian.

Grosse Isle provided the building blocks for Delorme's career in entrepreneurship and philanthropy that

would take her across Canada, working with at-risk youth and Indigenous women's leadership.

It's been just over a year now since Dr. Marie Delorme was named to the Order of Canada and to Delorme the honour is still quite overwhelming.

Dr. Marie Delorme, now based in Calgary, is the CEO of The Imagination Group. A title she has held now for the last 19 years. The Imagination Group is a Canadian-based company that verifies Indigenous artists' copyrights through an online database. They also sell various promotional products as well as ceremonial tobacco.

"Nineteen years ago, I left a career in telecommunication to launch an entrepreneurial venture," Delorme explains. "The Imagination Group of Companies are four national organizations. I travel extensively for the business and do not see that abating anytime in the near future. The boards on which I serve and speaking engagements, nationally and internationally, make for a full schedule."

Delorme was born and raised in Grosse Isle and later attended River East Collegiate in North Kildonan, Winnipeg, graduating in 1973. Delorme later completed her bach-

elor of science degree and master of business administration (MBA) at Queen's University in Kingston, and both a PhD and an honorary doctor of laws from the University of Calgary. "I came to Calgary in 1985," relays Delorme. "Love and career opportunities drew me to the city."

Besides being CEO of The Imagination Group, Delorme spends a lot of her time serving on various boards such as the Chiniki Trico Board, the RCMP Foundation Board and the River Cree Enterprises Board. She also serves as an advisor to two Canadian universities.

In January 2018, Delorme was named to the Order of Canada, an award that recognizes outstanding achievement, dedication to the community and service to the nation. To Dr. Marie Delorme, the Order of Canada is the high-point of her career.

"The Order of Canada is the highest civilian honour in our country," said Delorme. "It is humbling to be recognized along side of the scientists, musicians, actors, athletes, business people and philanthropists who have contributed to our country."

The Order of Canada is just the most recent honour for Delorme as in the past she has received the Inspire

Award in Business and Commerce; and was named one of Canada's 100 Most Powerful Women. Other major awards include: The University of Calgary Dr. Douglas Cardinal Award; Alberta Chamber of Commerce Business Award of Distinction; Calgary Chamber of Commerce Salute to Excellence Award, and Metis Nation Entrepreneurial Leadership Award.

Delorme has always been very committed to diversity and inclusion in her line of work. While working in the telecommunications industry, she led early initiatives to support the advancement of women and Indigenous employees. Now, CEO of the Imagination Group, Delorme remains committed to cross-cultural economic development and the participation of Indigenous people in Canada's economy. It's a passion of hers that she has practiced her whole life.

Despite being situated in Alberta these days, Delorme still finds some time every year to visit her home province.

"I am back in Manitoba several times a year for business. I also spend a week each summer at a friend's cottage on Lake Winnipeg north of Gimli, with two friends I have known since our teen years."

# Students changing the world through dialogue

By Patricia Barrett

Stonewall Collegiate students placed fourth out of 16 teams at an ethics bowl competition held at the University of Manitoba last month and will be going on to compete at the nationals in April.

This is the second time Stonewall students have taken part in the competition, which was held Dec. 12. They went up against Interlake students from Warren Collegiate and Lord Selkirk Comprehensive as well as city students during the 5th Annual Manitoba High School Ethics Bowl.

An ethics bowl consists of teams of high school students who analyze and speak about a variety of ethical dilemmas. Teams are judged on how well they organize a case, engage in respectful dialogue, identify a central moral dilemma, introduce various points of view, present research to back up their opinions and respond to questions from judges. The overall mission is to demonstrate how dialogue can change the world.

Grade 12 student Abby Georgison was instrumental in introducing Stonewall Collegiate students to the ethics bowl. After learning of the debating competition from a camp she attended a few years ago called Rotary Adventures in Human Rights, Georgison approached her social studies teacher Colleen Voth and asked her to teach the course.

"I feel it's harder than regular debate because you have to look at both sides of an ethical issue," said Georgison.

Besides having to be well spoken and well informed, one of the most challenging things about the competition is ensuring the team of five students is on the same page as far as its overall stance on an issue and that team members don't contradict each other.

"Definitely putting all of our ideas into one stance was challenging," said Georgison, "because there's quite a few people on the team this year and we had to have all of our ideas coincide and fit together in a structured way, especially when we were presenting the case."

To make speaking appear natural, the team devised subtle hand signals that indicated who wanted to speak next if they happened to be particularly well versed on a particular point or who could build on an argument introduced by another team member.

The team received 10 cases two months in advance. They had to research each one, essentially trying to find out everything they possibly could about it in order to form well-rounded opinions for and against the ethical issue involved.

Some of the cases involved scientists engaged in crowd-funding to support their research endeav-



TRIBUNE PHOTO COURTESY OF COLLEEN VOTH

Stonewall Collegiate students earned fourth place in Manitoba's annual high school ethics bowl competition and will be competing at the nationals in April.

ours, doctors attempting medical interventions to revive brain-dead patients, Indigenous communities protesting against industrial developments on traditional lands and cities denying homeless people the right to set up tent cities on public land.

Although the students knew what cases would form part of the competition, they didn't know ahead of time what specific questions the moderator would be asking. That's where knowing their research and thinking on their feet came into play. Students aren't allowed to bring notes or mobile devices into the competition.

One of the specific questions that students were asked, for example, was how far the Canadian government should go in prosecuting Indigenous people trying to protect their lands and protesting against laws they think are unjust.

The team received two minutes to confer before presenting. They had to quickly decide on an overall stance and assign specific talking points to each member.

"This person knows about the stakeholders so this person will introduce the case," said Georgison, explaining how the team prepared on the spot. "This person knows about a specific event we can apply to it and someone else knows an alternative viewpoint. Someone else knows what laws that apply and the legal issues."

Although Georgison said they were a little nervous, they knew what to expect having competed

last year. They also took part in a mock ethics bowl last October.

Colleen Voth teaches the extra-curricular debating course two to three times a week during lunch hour with assistance from teachers Colleen Knight and Jaelyn Risk. Voth organizes the cases online so that the 12 or so students who take part in the sessions can easily access them and contribute ideas.

The cases are not "black and white" because there are many stakeholders, different perspectives and lots of the arguments for and against.

"The students basically want to know all of the ins and outs of the case because they will be up against another team, and that team will have a stance as well," said Voth. "It's not that they have to argue different things, but they have to show that they're better researched."

"In the end you want to be the team that's more informed and has a better grasp of all the facts. If they cite studies and examples and are very specific about them, that shows they've done their research."

The Stonewall team performed so well on the morning of the competition that they headed to the semi-finals in the afternoon, where they earned fourth place. They're currently practising for the national competition.

It's a labour of love for Georgison, who said she's addicted to the news, podcasts and current events and plans to attend university after she graduates this summer.

"This just helps my brain work in a more constructive way and a more concise way that helps me do better in life because I know what I'm talking about," said Georgison. "If I don't know, I would be OK to admit I don't know this but maybe that person does. And they can teach me about it."

Stonewall Collegiate students will compete at the National Ethics Bowl competition at the Canadian Museum for Human Rights April 24-25.

**Gauthier**  
Cadillac BUICK GMC  
2400 McPHILLIPS ST.  
Call  
**JERRY VANDE**  
Sales Manager  
Ph: 204-633-8833  
SHOP ONLINE AT  
WWW.JIMGAUTHIERGMC.COM



Take care of details so they don't have to. *Just ask Ken.*

**KEN LOEHMER**  
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

# Solar sign-ups on the wane after Hydro's incentive ended

By Patricia Barrett

Since Manitoba Hydro's solar energy pilot program ended last April, Interlake companies that were installing solar systems have seen a dearth of new customers and some say they're likely going out of business.

The rebate saw an upswing in local and out-of-province companies installing systems across the Interlake for residential and business customers, as well as for farm operators. Customers who submitted an application prior to May 1, 2018, have one year to install a system in order to receive a rebate from Hydro.

The end of the program has sounded the death knell for Warren-based Chris Walsh who launched his Sunrise Solar Inc. business with a partner. The biggest job they completed was a 45.85-kilowatt system for the South Interlake Rockwood Agricultural Society.

"As far as our company goes — and I think every other one — because there's no solar rebate, there's no solar market, so there's no work," said Walsh. "We haven't signed a contract since April, since the program was taken away, so we're basically shutting down as soon as we're done the jobs we're doing."

The program was so successful in getting consumers to adopt clean energy that it led to local business start-ups and job creation. But a number of out-of-province solar companies set up satellite offices in Manitoba when the program was launched. Those companies, said Walsh, typically swing from province-to-province wherever a solar program is being offered, and it was local companies and the local economy that took the hit when the program ended.

"We could have hired if we were still going and there was still this program. Our goal was to have eight or nine employees and we would have hired accountants to do our financing," said Walsh. "We would have been hiring kids out of high school to get into the renewables. It would have created a new industry based on clean energy."

Walsh said he thinks Hydro axed the program because it became over-

whelmed by the number of applicants and concerned about how the rebate would affect its bottom line. Hydro suddenly changed its net metering policy in January 2018, offering a lower incentive.

"We lost a few big jobs because of Manitoba Hydro. On the fly, they changed their net metering policy and because of that clients were backing out," said Walsh. "It seemed like, from our standpoint, they were trying to influence people from even signing up and doing solar. I don't think they realized they'd have so much interest in it."

Walsh is an electrical contractor and has another company — Walsh Electrical Services that he runs out of the Warren-Woodlands-Stonewall area — which he relies on for business, but he's still disappointed to see his solar venture fold.

"It's discouraging because it just started and it's being ended too soon. Even if Hydro brings it back, what's their net metering policy going to look like? That's the biggest thing, that's the biggest seller," said Walsh.

Frank Dawson of Stonewall-based New Energy Alternatives Inc. is not quite ready to call it a day, hoping Hydro will re-launch the program. Like Sunrise Solar, New Energy is still installing systems that qualified for the rebate. It also has people interested in adopting solar even without an incentive.

"We have people interested, but once they get the price I think it's going to be a problem," said Dawson, who also operates Balmoral HVAC. "We have one new customer, but I'm not sure if they're going to carry through at this point."

Hydro started making the paybacks per kilowatt lower, he said. "The first initial ones were a little high for their liking so they started dropping it down. But most of the ones we're doing are still on the higher end. We did quite a few systems out here."

Those include a large system installed on Highway 7 just south of Stony Mountain Penitentiary.

Dawson said he and his partner are looking at other energy alternatives,



TRIBUNE PHOTO BY LANA MEIER

As of a few weeks ago, 625 solar system installations were completed under the two-year pilot Solar Energy Program (SEP).

including geothermal systems (which Dawson specializes in), and are thinking of speaking to local politicians to try to stimulate new business opportunities.

"We're looking at the federal government because they're always looking for energy alternatives, and I'm thinking they should be able to help us out on something like the geothermal program," said Dawson. "There was a rebate through Hydro that's gone now and there was one through the federal government, but now that's gone. They're giving you less and less all the time. Geothermal is a good secondary energy."

Dawson said he has other companies with engineers on staff that know how to design and install geothermal

and even wind-generated energy systems, and he can diversify if the solar program isn't offered again.

Hydro offers a number of rebate programs, including those for water efficiency, home insulation and refrigerator retirement. Media relations officer Bruce Owen said the Solar Energy Program (SEP) was intended as only a two-year pilot program, not an ongoing incentive. Hydro wanted to "gauge consumer interest" in solar energy — with a financial incentive in place — and determine how solar photovoltaics (PV) would impact the grid.

"The monitoring of systems is ongoing," he said. "The SEP also provided

Continued on page 13

## THE Flicks CINEMA

**SHOWTIMES:**  
Please check individual listings  
Due to various picture lengths showtimes vary

**319 First Street E., Stonewall, Man.**  
**467-8401**

**PROGRAM SUBJECT TO  
CHANGE WITHOUT NOTICE**  
*Cash only*

**LAST DAYS:  
WED & THURS  
JAN 16 & 17  
AT 8:00 PM**

**HOLMES & WATSON**

*Coarse Language;  
Violence*

**PG**

**FRI-SAT-SUN-MON JAN 18-19-20-21  
(CLOSED TUES) AND WED-THURS JAN 23-24**

**FRI-SAT-SUN-MON JAN 25-26-27-28  
(CLOSED TUES) AND WED-THURS JAN 30-31**



**AT 8:00 pm  
EACH NIGHT**

*Clint Eastwood*

*Coarse Language*

**14A**



**AT 8:00 pm  
EACH NIGHT**

*Emily Blunt  
Lin-Manuel Miranda  
Dick Van Dyke  
Angela Lansbury*

**G**

**Change  
of Restaurant  
OPENING HOURS**  
\*As of Jan 14/19  
**Mon-Sat 7 am  
Sunday 8 am**

## Daily Lunch & Supper Specials

**ROCKWOOD Motor Inn** 390 Main St. Stonewall **467-2354**

Stonewall Teulon  
**Tribune**



**PUBLISHER**  
Lana Meier



**SALES**  
Brett Mitchell



**REPORTER/PHOTOGRAPHER**  
Jennifer McFee



**SALES**  
Stephanie Oland Duncan



**SPORTS EDITOR**  
Brian Bowman



**DISTRIBUTION**  
Christy Brown



**PRODUCTION**  
Nicole Kapusta



**ADMINISTRATION**  
Jo-Anne Procter



**ADMINISTRATION**  
Corrie Sargent



**ADMINISTRATION**  
Allana Sawatzky



**ADMINISTRATION**  
Janet Tewnton



**PRODUCTION**  
Debbie Strauss



**PRINT**  
Dan Anderson

OUR SISTER PUBLICATIONS

THE **EXPRESS**  
WEEKLY NEWS

*Selkirk Record*

*Winkler-Morden*  
**Voice**

# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY MICHELLE WESTMAIL

Above-average temperatures over the weekend were welcomed by Interlakers who took advantage of the warm weather to toboggan, skate outdoors, walk and even take a ride on horseback. This couple were travelling cross country through the quarry up toward Pikes Peak in Stony Mountain this past Saturday.

## Not all cannabis candies are created equal

By Sylvain Charlebois  
Senior Fellow Atlantic Institute for Market Studies

You think October 2018 was complicated, wait until edible cannabis products are legalized by October 2019.

It's just a matter of time before the edible market represents the majority of the cannabis market in Canada. A study released last year suggested that 93 per cent of consumers supporting Ottawa's legalization plans would

try a cannabis-infused food product. Curiosity will drive many Canadians to try edibles.

If the United States is a valid example, sales will likely explode over the next decade. A recent report says cannabis edibles sales in the U.S. reached \$1.4 billion over the last 12 months. That suggests sales could exceed \$4.1 billion by 2022, and cannabis is not even legalized federally in the United States, just in some states.

Canada must be ready, and so far Health Canada appears to be on the ball when it comes to edibles. Yet a lot of work lies ahead.

Given how ill-prepared Health Canada was for the initial legalization of cannabis, the federal agency deserves credit for getting prepared so quickly on edibles. The plan was released just days before the holidays. Canadians

Continued on page 7

### ADVERTISING OR PRINT CONTACT INFORMATION

**Stephanie Duncan** 204-461-4771  
ads@stonewallteulontribune.ca

PHONE 204-467-5836  
FAX 204-467-2679

### > EMAIL US

Letters to the Editor: letters@stonewallteulontribune.ca  
Classified: classifieds@stonewallteulontribune.ca  
News: news@stonewallteulontribune.ca  
Print: igrphic@mymts.net

### OUR EDITORIAL STAFF

**Jennifer McFee** 204-461-5352  
jen@stonewallteulontribune.ca

**Brian Bowman** Sports Reporter  
sports@stonewallteulontribune.ca

### ADDRESS

74 Patterson Drive,  
Stonewall Industrial Park  
Box 39, Stonewall, MB R0C 2Z0

### PAPER DELIVERY OR FLYER CONCERNS

**Christy Brown**, Distribution Mgr.: 204-467-5836

The Stonewall Teulon Tribune is published Thursdays and distributed through Canada Post to 7,800 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.*



Advertising Deadline: Monday 4:00 pm  
prior to Thursday Publication

View the Stonewall Teulon Tribune online at  
[www.stonewallteulontribune.ca](http://www.stonewallteulontribune.ca)



# get informed

NEWS &gt; VIEWS &gt; STONEWALL &gt; TEULON &gt; WARREN &gt; SURROUNDING AREAS

## Province announces grant to help advance women in trades

\$25,000 to a new initiative to advance women in the trades

### Submitted by Manitoba Government

The Manitoba government has launched Women's Equality Week 2019 with a boost to women in the trades, Sustainable Development Minister Rochelle Squires, minister responsible for the status of women, announced this past Monday.

"Women in Manitoba continue to be under-represented in many areas of training including the trades," Squires said during today's announcement at Manitoba Institute of Trades and Technology (MITT). "We know that when people are empowered with skills and training, all kinds of doors open to good jobs, financial stability and better opportunities. This project will help teach prospective students about non-traditional career options and create support networks to enable careers in the trades."

Squires announced a \$25,000 grant to MITT for a new initiative to advance women in the trades that will increase the number of women enrolled in the school's programs. The Empower Project will engage part-time student recruiters to share information with other women across the

province about the value of training in the trades and the rewarding career opportunities are available to graduates.

"In my 26 years at MITT, I have seen the numbers of women entering skilled trades — specifically heavy or applied trades — increase," said Grace Leduc, dean of MITT. "However, I believe we have only just scratched the surface, and there is still a prevailing tradition, built on a myth, that professions somehow fall into gender-based categories. I look forward to seeing the trend of women in trades become the norm and with the support of the Province of Manitoba, MITT will help make this happen."

The provincial funding will also enable MITT to develop promotional materials to build excitement and interest in the trades and other careers in which women are under-represented.

"Choosing a career in trades was not about proving a point for me; it was about pursuing my dream," said student Holly Shimaro, who is a few weeks away from completing the CAD Technician program at MITT. "I want



TRIBUNE PHOTO SUBMITTED

The Manitoba government has launched Women's Equality Week 2019 with a boost to women in the trades announcing a \$25,000 grant to MITT for a new initiative to advance women in the trades.

more young women in Manitoba to feel the freedom and support they need to pursue their dreams and today's announcement is an important step in that direction. I'm grateful to the province for its support of MITT's effort to recruit more women into trades training. The more women we see in the field and in the classroom as students or teachers, the sooner the notion that trades are 'non-traditional' careers for women will be elimi-

nated."

MITT specializes in providing innovative post-secondary and apprenticeship training programs in partnership with industry and communities. In 2017, men made up 94.54 per cent of the student population in the heavy trades.

In 2017, Manitoba proclaimed Women's Equality Week as the third week of January to promote gender equality.

## > CANNABIS CANDIES, FROM PG. 6

now have 60 days to comment on Health Canada's 195-page regulatory framework on marketing edibles, extracts and topical applications.

Despite the intricacies of the project, Ottawa still aims to make them legal no later than October 2019.

The framework offers no major surprises, although Health Canada clearly used the U.S. as a case study. Nightmarish scenarios of cannabis-infused gummy bears and other candy-like products being sold are already on our national regulator's radar. Health Canada's vigilance is quite apparent.

Health Canada recommends plain, child-resistant packaging and restricting the ingredients that can be used. It also wants to limit edibles to 10 milligrams of THC per package — that's considered the typical single dose. These basic requirements protect children and ensure the industry is less prone to making undesirable products.

Canada's cannabis market is still very immature. This conservative and comprehensive approach, then, is intended to protect vulnerable populations.

But there are some gaps. For example, it's not clear where the line is between child-like products and candies for adults. Regulations need to be crystal clear. Proposed amendments suggest edibles shouldn't appeal to children but adults do eat chocolate and candy. Distinctions can easily be made between gummy bears and sophisticated candies that you find in specialty shops. However, there's a massive grey zone between the two.

Health Canada's plan also addresses traceability of products. California retailers must take training on track-and-trace. The system was created to certify how cannabis waste is identified, weighed and tracked while on licensed premises, and how it's disposed of.

However, waste management is hardly mentioned in the Health Canada document, even though many reports of pets and children accidentally ingesting cannabis have already been filed. Health Canada doesn't appear to address this issue at all in relation to edible products, although it obviously should.

The Health Canada framework's other major gap is on training — the document offers little insight. In Oregon, on the other hand, state training for cannabis industry workers is mandatory. They're trained to handle cannabis items, produce and propagate cannabis, and on how to use cannabis as a food ingredient.

Several questions also remain for the food service industry. Regulatory oversight will come when the Canadian Food Inspection Agency (CFIA) gets involved. Americans are still struggling with this, looking for regulatory bodies to oversee the cannabis industry. We have CFIA in Canada, but it will be interesting to see how

our food agency handles this given its limited resources.

Some Canadians still feel uneasy about cannabis and sound risk mitigation practices are crucial. The human body is not designed to inhale drugs and Health Canada knows it.

The plan presented by Health Canada will likely be well received by the industry. The beverage sector, for example, is pursuing creative products, both alcoholic and non-alcoholic. And we should expect research and development on snacking and other types of food products in the spring.

However, provinces and cities have their own agendas, which creates challenges for planning and strategizing. Nonetheless, we're in for an interesting year of cannabis-related developments leading to October.

*Sylvain Charlebois is scientific director of the Canadian Agrifood Foresight Institute, a professor in food distribution and policy at Dalhousie University, and a senior fellow with the Atlantic Institute for Market Studies.*

# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Camaraderie and fishing tales

Welcome, ice fishers.

A few weeks ago I shared a few brief fishing stories given to us by families as I visited them in their ice shacks. This week I would like to thank my editor Lana Meier for putting me onto four of the greatest fun-loving ice fishing buddies who revealed how guys act when fishing. I found these Stonewall area boys — Dave Kernort, Rick Miller, Larry Brown and Jerry McLean — fishing in Larry's (ingeniously collapsible) shack on the Red River.

Leaving my truck, I trudged through the snow to the door of the shack and before I could say anything a chorus of "come on in" was raised from men inside. I stepped in and stood facing fishing holes running along the centre in the floor while the guys sat on an assortment of chairs against white foam-panelled walls. Next to my leg was a big pail half full of eating-sized pickerel.

"Looks like you guys are doing all right today," I remarked looking around.

"Here's another one," the chap called Larry shouted as he hauled up on his short, quivering rod. "Darn," he exclaimed as the pickerel slipped his hook and disappeared splashing back down the hole. I took a seat just as the door opened and an extremely tall fellow, his head nearly scraping the roof, came in.

"Now you're going to hear some wild fishing stories," Larry called out laughing.

"How was your career as a basketball player?" I teased the newcomer, Jerry.

"You know, Larry, you could have added a few more inches to your walls so I wouldn't be banging my head all the time," Jerry shot back, smiling.

"Oh, here's another one," Rick shouted as his rod took a dive for the water then straightened loose.

Within seconds, Larry's rod started shaking. He pulled up a pickerel as everybody cried out, "That was just on Rick's hook!"

"OK," Larry came back. "Rick, I'm not getting my hands slimy with your fish. You unhook it!"

"What about that catfish you caught here two weeks ago Lana was telling me about?" I asked Rick.

"Here's the video," Rick showed me on his phone. I watched, seeing him on his knees looking at a cat's huge head stuck in the ice hole. From the soundtrack, I heard someone say, "Stick your hand in its mouth and pull it up!"

"I'm not sticking my hand in there," Rick exclaimed.

"What are you afraid of. It's got no teeth," Larry said.

Larry, looking exasperated, plunged his hand into the fish's mouth and hauled it onto the floor.

"It feels like a bloody toothbrush in there," Larry blurted out as the shack walls shook with laughter.

"Would you guys mind grabbing a fish from the pail and stand together for a picture?" I asked.

We got the picture, but as Rick bent over the pail to drop the fish back in, Jerry reached forward with a devilish grin and wiped the slime from his hand from a fish he was holding all over Rick's back. Roars of laughter filled the shack as Rick christened Jerry with a name I cannot repeat. I got up, raised my hand in farewell and left. Outside, I could still hear them joking and teasing each other through my open truck window as I pointed Old Red toward the river bank.

Last weekend I found myself bouncing along the ice far off the Balsam Bay shoreline. Because of the warm, overcast afternoon, many anglers were tail-gate fishing. I stopped by a truck with three people



TRIBUNE PHOTO SUBMITTED  
Rick Miller shows off his catfish that he caught on the Red River on Jan. 4.

tending short rods over ice holes. Our new friends turned out to be Bryan Doiron, his young daughter Suzette and teenage son Ed, who was tall and thin. Like his father, he was alert and well spoken.

When I asked for a story, Bryan recalled years ago when he was fishing with a friend in the Molson River north of Norway House. His friend caught what appeared to be a huge pickerel. The water was murky, and as he tried to land it on shore, it could be seen rolling over and over. Suddenly its tail sprang from the water and Bryan shouted, "You've caught a beaver!"

Fortunately, as it gained traction in the mud of the shore, it pulled away, slipping the hook that was stuck in the fur of its shoulder.

As I leave you this week my friends, I would like to compliment the RMs and towns in Bifrost, Gimli, St. Andrews, St. Clements, to name a few who have put up directing ice fishing road signs in their area, provided porta potties, garbage barrels and snow-plowed roads on the ice for our foreign and domestic winter anglers. You guys are just the best!

Bye for now.

# Manitoba Hydro sees spike in scams in 2018

## Scammers more aggressive; imposters threaten businesses with disconnection

Submitted by Manitoba Hydro

Manitoba Hydro is warning customers to be wary of high-pressure scam-

mers threatening to shut off their electric service unless immediate payment is made by a prepaid card.

"These people are crooks and you should hang up on them," said Chris McColm, Manitoba Hydro's security and investigations supervisor. "We will never phone you and demand immediate payment by a prepaid card or a money order."

McColm said the utility saw nearly

a 300 per cent jump in the number of fraud-related complaints this year from the year before — 862 phone, text and e-mail scams as of Oct. 31 from 221 in 2017. Driving the increase were scammers threatening disconnection of service to small business owners.

"Our customers are becoming more educated about fraud, but these scammers can be very convincing — anyone can be victimized," McColm said. "Phone scammers falsify their caller ID information to make it appear they're calling from Manitoba Hydro. Their goal is to manipulate you into sending money before you figure out it's a scam."

We specialize in celebrating life

MacKenzie  
FUNERAL HOME

info@mackenziefh.com  
204-467-2525

ROYAL CANADIAN LEGION  
STONEWALL BRANCH - 467-2261 Lic #418

JOIN US FOR  
CHASE THE QUEEN  
WEDNESDAY NIGHTS

POT IS \$16,641.00 AS OF JANUARY 9/19

ALL ARE WELCOME

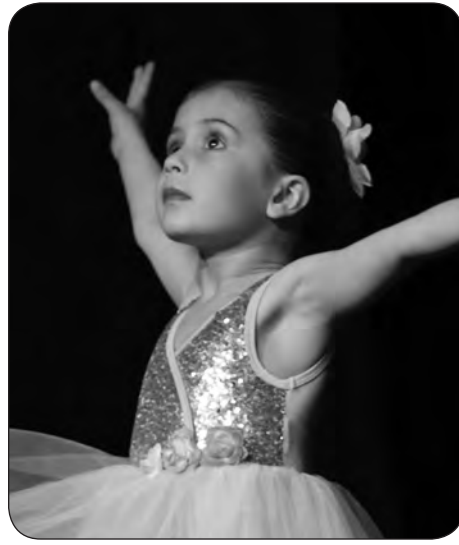
Continued on page 16



# Rockwood Festival of the Arts free concert Jan. 20



Marissa Varnes, singing



Zuri Cook

**Staff**

The new year has just begun and already there are plenty of community events to mark on your calendar.

On Sunday, Jan. 20, all are welcome to attend a free gala concert for the Rockwood Festival of the Arts.

The event, which begins at 2 p.m. at Teulon Collegiate will showcase local talent including Marissa Varnes, Zuri Cook, Daniel Dix, Cristina Pimentel and Thomas Georgison who will be playing the piano or singing.

Debbie Kozyra, president and dance convenor, is helping to organize the event and she encourages everyone to attend.

"It's an opportunity for local artists to perform and to showcase the talent that we have coming out to perform in this year's Rockwood Festival of the Arts."

We have a large donation of music books that will be available on a silver collection table. The books include piano, violin and guitar music.

For Kozyra, the free concert serves as a way to let people know about the longstanding festival that will celebrate its 64th year in 2019 as well as providing a meet-and-greet so people can talk with the RFOTA convenors and board members.

"It's a fun afternoon. We welcome everyone to come out and become involved in the festival whether you're four or 84. Everyone is welcome, whether it's to perform or enjoy and you do not have to live in the community," said Kozyra. "It's really about trying to make people more aware about what the festival."

This year, the Rockwood Festival of the Arts starts on April 6 and wraps up April 18 with a focus on piano, band, vocal/choral, instrumental, French and English speech arts and dance. Entry deadline for the festival is Jan. 31.

For more information about the Rockwood Festival of the Arts, visit [www.rfota.ca](http://www.rfota.ca).

BETTER HEALTH CARE SOONER

## IN LINE FOR CATARACT SURGERY?

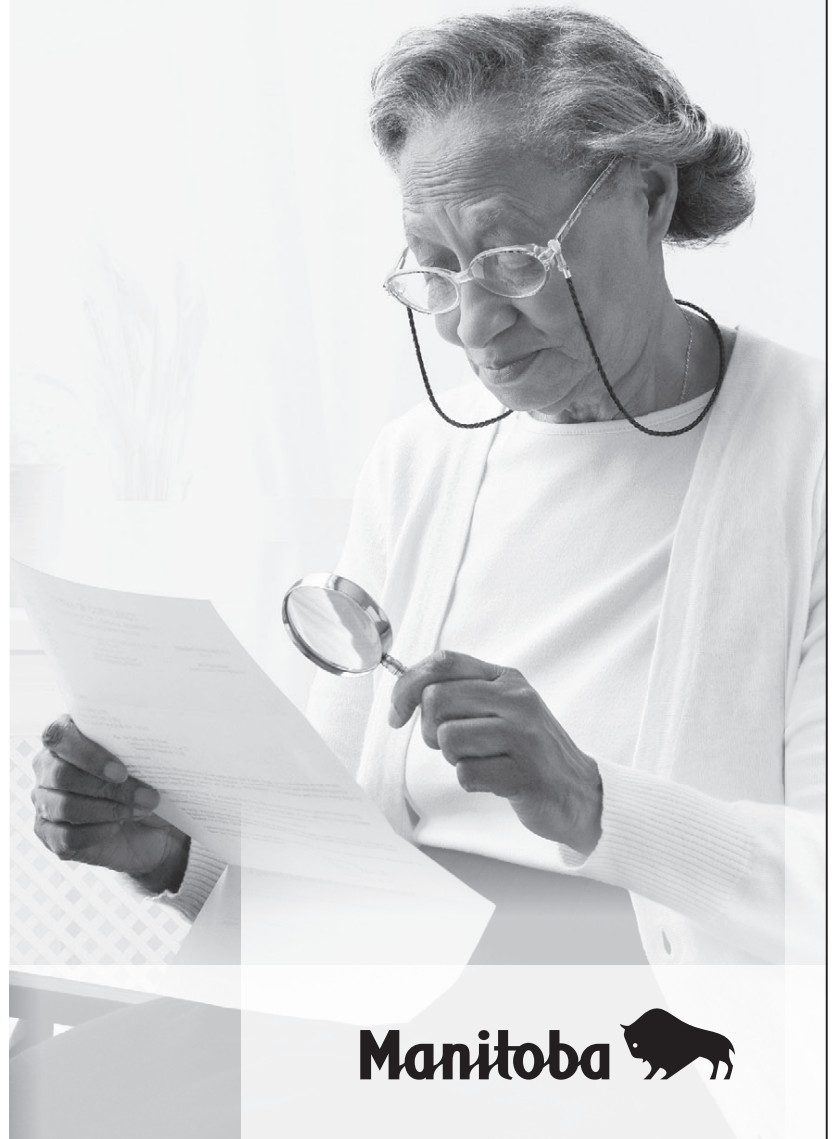
*You deserve shorter wait times*

If you're scheduled for cataract surgery, faster services are on the way.

Innovative changes and new funding will allow for at least 2,000 additional procedures in 2019.

That's a 16 per cent increase over the previous year – all while ensuring safe and quality care.

**Find out more at**  
**[BetterHealthCareSooner.ca](http://BetterHealthCareSooner.ca)**



**Manitoba** 

**BINGO**  
at Argyle Memorial Community Centre  
**Sat., January 26**  
Doors Open 6:30 pm  
Event at 7:00 pm  
Cost \$5.00  
~ Everyone Welcome ~



# Stonewall council approves parking ban for Keith Cosens Drive

By Natasha Tersigni

If you have been on the Town of Stonewall website lately, clicked on the menu and selected "More Town Hall," scrolled again down to "By-Laws" and happened to click on Traffic Control By-Law 08-04 with amendments, you would be informed on the town's newest parking bylaw.

However, if you don't check the town's website on a regular basis, here's what you missed and need to know.

At the Stonewall council meeting on Jan. 9, 2019, council passed the second and third and final reading of By-law 10/8m which repeals Section 30 of By-Law 8/04 and replaces it with this statement: "No person shall stop, stand or park or cause to stop, stand or park any vehicle on the following streets in Town: Keith Cosens Drive between 5th Street West and Lions Way."

The first reading of the bylaw was passed on Dec. 19, 2018, at a council meeting to address safety concerns on the road.

"We had looked at other alternatives, including a two-hour limit but came to the conclusion that with the

large bend in the road along with the confusion of the use of the driveways created a very hazardous situation," said Stonewall Mayor Clive Hinds in an email to the *Tribune*.

"We plan to use the bylaw officer ticketing and towing to get the message across."

The issue of parking on Keith Cosens Drive was brought to council in February 2016 when two residents wrote letters to council expressing their concerns over traffic flow on the road. At that time, council had approved the third expansion of Stonewall Lions Manor. With the increase in units, the concern was that there would be an increase in parking on Keith Cosens Drive as the road is adjacent to the manor.

Hinds, who was a councillor at the time, did not comment on whether or not adequate parking with the number of suites being added to the building was considered by council during the planning and approval stages.

Town of Stonewall employees will have signs put up later this month. Anyone that is ticketed or towed by the Town's by-law officer will be responsible for covering the fine of \$200.



TRIBUNE PHOTO BY BRANDEN MEIER

A parking ban along Keith Cosens Drive in Stonewall was passed at the Stonewall council meeting on Jan. 9 and will be implemented before the end of the month.

## Salary Increases

During the meeting, council passed a resolution that accepted and approved the salary recommendations made by Heritage Arts Manager Catherine Precourt. Stonewall chief administrative officer (CAO) Wally Melnyk said council could not disclose the details of the wage increases,

including a percentage of increase, as it is a personnel matter.

## Other council news:

- Council approved a \$300 donation to the Rockwood Festival of the Arts
- Council approved to spend \$46,000 on IT infrastructure updates for town software

# Rona welcomes a new dealer store in Teulon

## Submitted

Marc and Lori Palsson, who also own the RONA dealer store in Gimli, acquired Rockwood Lumber this past December. The new owners will completely remerchandise and reconfigure the store to provide local customers with an expanded offering under RONA, a Lowe's Canada banner.

"We wanted to bring the Canadian how-to expertise we developed in our Gimli location to more customers in the Interlake region," explained Marc Palsson.

"The Teulon location was ideal, already providing stellar customer service with a complementary offering, and optimally located to facilitate transfers of equipment and resources between the stores."

"Marc is a visionary entrepreneur, driven by the ambition to meet all his customers' needs. With this new store, he and his wife Lori are strengthening their leadership in the region, and we are thrilled to be partners in their success. We are immensely proud to see what they have accomplished since they joined our affiliated dealer network in 2009, and to welcome the entire RONA Rockwood team to our RONA family," said Philippe Element,



Marc and Lori Palsson

vice-president, RONA & Ace, sales and dealer support.

Servicing communities in and around Teulon since 1992, the 10,000-square-foot store features a 130,000-square-foot adjacent lumber yard. The conversion of the store to the RONA banner will bring new product categories such as seasonal and home decor, as well as a wider product assortment in current categories such as power tools, including the introduc-



TRIBUNE PHOTO BY LANA MEIER

The Palssons recently acquired Rockwood Lumber and will be remerchandising and reconfiguring the store under the RONA banner.

tion of a selection of CRAFTSMAN® products.

"The transition will be as seamless as possible for our customers thanks to the support of the dedicated RONA support team, the current staff and previous owners. In the next few weeks, DIYers and contractors can expect to find a progressively enhanced product offering tailored to meet their home improvement needs, the full

range of services they are accustomed to and the very same professional and trusted team to help them with their projects," concluded the Palssons.

The Teulon store is located along Highway 7 and will remain open during the transition to RONA Rockwood. Customers can expect a grand opening ceremony later this spring.

# STAR program saw jump in clients served for 2018

By Natasha Tersigni

With municipalities preparing to finalize their 2019 budgets within the next few months, Southwest Teens at Risk (STAR) co-ordinator Danelle Guenther is making her annual presentations to local councils in hopes of securing program funding for the upcoming year.

Guenther appeared, with Teulon RCMP Corporal Lacey Clarkson, at the Jan. 9 Town of Stonewall council meeting to provide details about issues specific to Stonewall that STAR has encountered over the last year.

STAR is a non-profit program that has been operating since 2009 in Stonewall, Teulon and the RMs of Rockwood, Woodlands and Rosser. The purpose of the program is to assist at-risk youth aged 12 to 21 in creating client-specific action plans in partnership with three or more agencies that include Interlake School Division (ISD), Addictions Foundation of Manitoba, RCMP, Family Services, Interlake Eastern Regional Health Authority, and Manitoba Justice. The program is funded by participating municipalities, the ISD and fundraising initiatives.

During her presentation, Guenther spoke on the increase of clients served in the community and the new programs that have been implemented. Typically, the STAR program has 25 to 32 clients a year, but that number jumped to 37 in 2018.

"It is hard to know for sure why the jump occurred. Maybe more people are aware of our program including families and agencies or escalating behavior could be on the rise. While it is hard to pinpoint why it happened, we certainly saw a sharp increase in clients last year," said Guenther, who added the program was able to successfully close five client files.

Along with working directly with clients, their families and outside agencies, STAR offers four programs a year including an annual parenting workshop, a one-on-one program for parents, a social health restoration service that offers counselling sessions to families, and the Community Reinforcement and Family Training (CRAFT) program that helps parents who are dealing with children that have substance abuse issues.

"We are also currently looking a program for junior high students called Managing Your Mood that we would implement in schools. That is something we are looking at because we don't have access to these types of services in the Interlake," added Guenther.

Cpl. Clarkson spoke on the important partnership the RCMP has with the STAR program and how both agencies work together to provide support to at-risk youth in the South Interlake.

"I have been able to see firsthand how STAR works and I have experi-



TRIBUNE PHOTO BY NATASHA TERSIGNI

Southwest Teens at Risk (STAR) co-ordinator Danelle Guenther, right, and Teulon RCMP Cpl. Lacey Clarkson appeared as a delegation at the Jan. 9 Town of Stonewall council meeting to discuss the non-profit program.

ence in a setting where we don't have STAR. Generally, when we are policing and there is a youth involved or a family in crisis, we call Child and Family Services and leave it in their court. What STAR allows us to do is funnel information through Danelle, which allows for one point of contact and then that information can get to the agencies and people who need it to help the client," said Clarkson.

"We feel this is an invaluable program and everyone at the detachment is on board with it. It is the way policing and the RCMP is moving: multi-

agency collaboration. It is an integral part of what we do, especially with our youth clients."

Following the presentation, Stonewall Mayor Clive Hinds commended both Guenther and Clarkson for the work they do within the program. While a specific amount was not promised, Hinds did add that the Town of Stonewall will once again be providing support to the program, and an exact number will be known when the budget is presented to the public.

## Border Chemical makes second donation to STARS

Submitted

A Manitoba company has reaffirmed its commitment to the well-being of their fellow residents with a donation to STARS air ambulance.

Border Chemical recently presented STARS with a donation of \$15,000, marking the second straight year the fertilizer and chemical supplier has supported the organization. The company made a \$10,000 donation in 2017.

"We recognize the continuing importance of safety and rescue efforts for our rural customers and other Manitobans who find themselves in dire need of emergency medical care while in areas remote from necessary lifesaving services," said Border Chemical president Trish Smerchanski. "We are fortunate in having access to an outstanding program with such highly talented and capable staff who are saving lives daily."

Operating out of their base in Winnipeg, STARS provides care to critically ill and injured Manitobans.

STARS has two pilots, a nurse experienced in emergency/ICU care and an advanced care paramedic with critical care training on standby 24 hours a day to provide care and rapid transport from rural health centres or directly from the scene of emergencies. An emergency transport physician also provides oversight for every call and flies on roughly 10 per cent of STARS missions. Responses to the scene of an emergency typically involve landing on highways, remote areas, rural residences and industry work sites.

Since arriving in Manitoba in 2011, STARS has carried out thousands of missions to over 175 communities. In their 2017-18 fiscal year (April 1 to March 31), STARS flew 720 missions in the province, making it the busiest of the non-profit organization's six bases.

"With over 700 missions in their last fiscal year, it's clear that the services STARS provides remain as needed as

ever," said Smerchanski, whose company serves clients throughout Manitoba. "We are proud to continue our

support of this vital organization."

Along with the base in Winnipeg, STARS also operates out of Regina.

## Interest growing for COPP program in Teulon

Staff

Would you be interested in helping to form a Citizens on Patrol program in Teulon?

The topic came up at a recent awareness event hosted by the town in early December to focus on how to prevent and detect substance abuse in the community. The event featured information about the Citizens on Patrol program, which aims to reduce crime by pro-

viding additional eyes and ears for the police and community.

The main goal is to keep an eye out for any suspicious or criminal activity, to record it, and to report it to the police when appropriate.

So far, about six people have expressed interest to the Town of Teulon about the initiative.

Anyone who would like to get involved can email [info@teulon.ca](mailto:info@teulon.ca).

# Biltong adds some spice to the Interlake; South African snack a hit

By Patricia Barrett

A South African snack food called biltong is spicing up the Interlake, recently landing on the shelves of the Red River Co-op food store in Stonewall.

Stuart Webb owns and operates Taste of Africa and supplies biltong and dried beef sticks to Red River stores in Winnipeg, eastern Manitoba and the Interlake.

The word biltong is Dutch in origin. “Bil” means the hindquarter of an animal and “tong” means tongue, as in a slice of meat. Biltong is an ancient form of preserving meat by drying it in the wind, said Webb. Unlike jerky, biltong is dried, not smoked, and it’s preserved with spices.

“It is dried in a strip before being sliced up into bite-sized pieces,” he said. “It takes about a week to dry, unlike jerky, which is sliced up into thin slices and smoked and dried.”

When European settlers first arrived on the southern tip of Africa, Indigenous peoples taught them how to preserve meat by drying it in the wind and using salt as a preservative, said Webb. And Afrikaners (Dutch descendants) perfected it in the days before refrigeration. Europeans established a refreshment station for ships plying the spice trade in the East, where spices were plentiful, and started adding spices to biltong to make it more flavourful.

The wine industry also started to develop around that time, which meant there was a plentiful supply of vinegar and it became one of the main ingredients in biltong. Initially it was made with meat from wild game, but today it’s made with beef.

It’s a sought-after delicacy in southern and eastern African countries, including South Africa, Botswana, Zambia, Zimbabwe, Namibia, Mozambique, Tanzania and Kenya.

Webb dries the beef — sourced from To-Le-Do Foodservice in Winnipeg and from Alberta beef producers — in a standard dehydrator. The meat needs only a small amount of heat but lots of air movement to dry it. It’s a high protein, low-fat snack.



Biltong is a form of dried, cured meat that originated in Southern African countries



Biltong has become a popular snack food in many African countries.

“There are various different recipes from hot to mild,” said Webb. “The recipe I use just happens to be my favorite. It has a savoury taste with not too much sodium. There is no particular secret ingredient, but I do like to use a lot of coriander, which I roast first.”

The beef sticks are made in the same manner. Trim from the biltong is ground up into sticks called “droewors.” Not many Canadians can pronounce the word so Webb changed the name to “beef sticks.”

Webb brought the biltong recipe to Manitoba in 2001 after he and his family emigrated from South Africa where he grew up and where biltong is the primary snack food, available at gas stations, supermarkets, meat shops and farmers’ markets.

“It did not take long for my family to beg me to make it for them,” said Webb. “Very soon their friends were also asking me



TRIBUNE PHOTOS COURTESY OF STUART WEBB

Stuart Webb, who grew up in South Africa and immigrated to Manitoba, makes biltong, which is now available in six Red River Co-op food stores, including Selkirk and Stonewall.

to make it for them, followed by the many South African ex-pats in Manitoba who are in the medical field.”

The demand for biltong became so great that Webb decided to investigate the Canadian market, rented a kitchen and started his business. Webb currently makes the delicacies in the Riverview Community Kitchen, a health certified establishment, and supplies stores and loyal customers on a pre-order basis.

“We contacted the Food Development Center in Portage La Prairie [Manitoba Agriculture], which conducted shelf-life studies and did a nutritional analysis for us,” he said. “We tested the market last summer at farmers’ markets and were overwhelmed by the demand and battled to keep up. As the farmers’ market season slowed down, we approached Red River Co-op, which jumped at the offer.”

Red River Co-op grocery stores in Winnipeg (St. Vital, Grant Park and Southdale), Selkirk, Lorette and Stonewall carry biltong and beef sticks.

The snack struck a chord with Anna

Badenhorst, who wrote to Webb on his Facebook page: “Thanks Stuart and Amy for the finely grated biltong we used to make biltong sandwiches for our Sunday afternoon tea. It tasted great — just like home.”

Webb is currently in the process of introducing a hot and spicy version called “chilibites.” He offers — on special order only — an African version of farmers’ sausage called “boerewors,” which is a combination of beef and pork.

“I am in the process of expanding my market and have, as mentioned, recently expanded into Red River Co-op stores,” said Webb. “We also intend to expand our product range to include grass-fed and organic meat in the future, as well as doing food analyses on my farmers’ sausage.”

Visit Webb’s Facebook page, Taste of Africa: South African meat delicacies, for more information about the products and to place orders. Orders can also be placed with Webb every Saturday at the St. Norbert Farmers Market (3514 Pembina Hwy.).



**Laura Woodman**  
B.A., CIM, FCSI

*Let me help you with strategies for income, growth, retirement and estate planning.*

**4A-408 Main St., Stonewall**  
laura.woodman@iagto.ca  
**204-806-8388**



# Fire engulfs Rockwood Landscaping



TRIBUNE PHOTO SUBMITTED

Fire destroyed a building and the contents north of Stonewall on Rd. 4E in the RM of Rockwood on Jan. 9.

By Jennifer McFee

A fire engulfed Rockwood Landscaping last week, resulting in a total loss of the building and contents.

Stonewall-Rockwood Fire Department received the emergency call on Jan. 9 at 3 a.m. to report the fire on Road 4E between Stonewall and Bal-moral.

"When we got there, the building was totally well involved," said Fire Chief Curtis McClintock.

Fire fighters surrounded the building and sprayed it from the outside.

Nobody was able to go inside because it was structurally unsafe.

Teulon-Rockwood Fire Department assisted in shuttling truckloads of water to the fire scene. Stonewall-Teulon RCMP and Stonewall EMS also attended the scene.

The owner has insurance and he estimates that the damage is between \$400,000 and \$600,000. An employee's truck also burned.

No injuries were reported and the cause of the fire is still undetermined at this time.

## > SOLAR, FROM PG. 5

an opportunity to review procedures and systems which might be required to support future solar energy adoption."

Interest in the solar program "exceeded" Hydro's expectations, he said. The utility had projected between 150 and 200 installs, but over 1,500 systems have been pre-approved. And as of a few weeks ago, 625 installations (42 per cent) have been completed. Of those pre-approved applications, 75 per cent are located in rural Manitoba, including many farms.

Hydro made changes to its net metering policy in order to "more closely reflect the true value of intermittent excess electricity put back onto the grid by solar PV systems," said Owen.

Prior to that, payouts for excess energy matched residential rates, which recoup the cost of electric generation, transmission, distribution, maintenance, billing, customer service and emergency response.

The big question everyone wants answered is whether Hydro will be offering the solar rebate program again. The province created a new Crown agency called Efficiency Manitoba and it will be responsible for future solar incentive programs.

"Efficiency Manitoba announced its new CEO in December," said Owen, "so any discussion on any future program at this point would be too speculative."



FREE ADMISSION

# GALA CONCERT

Come out and support the arts in our community and enjoy an afternoon of music featuring local students/adults.

**Sunday, January 20, 2019 2:00 p.m.**  
**Teulon Collegiate 59-1st St. NE - Teulon**

**RECEPTION to follow - Meet & Greet the RFOTA Convenors**

**\*Bring your questions about entering the Rockwood Festival of the Arts\***

**\*Large Selection of Music Books will be on display for sale\* (Silver Collection/Donations on Music Books)**

**Teulon/Area Residents Need a Ride to the Concert?**

Contact Teulon & District Handivan

Lisa Taylor 204-886-3566

by January 18, 2019 to book your ride

Compliments of the Rockwood Festival of the Arts



**64th ANNUAL FESTIVAL**  
**APRIL 6 - 18, 2019**  
**TEULON, MB**

**APRIL 6 & 7 VOCAL**  
**APRIL 8 & 9 CHORAL**  
**APRIL 10 & 11 BAND (Day)**  
**APRIL 10 INSTRUMENTAL (Evening)**  
**APRIL 12 SPEECH ARTS**  
**APRIL 13 & 14 DANCE**  
**APRIL 15-16-17 & 18 PIANO**  
**APRIL 28 AWARDS CONCERT**

**Teulon Collegiate**  
**Teulon Collegiate**  
**Teulon Collegiate**  
**Teulon Collegiate**  
**Teulon New Life Church**  
**Teulon Collegiate**  
**Teulon United Church**  
**Teulon Collegiate**

*Dates subject to change - based upon number of entries.*

The Rockwood Festival of the Arts gives students and participants of all ages, the opportunity to participate in Piano, Vocal, Speech, Choral, Dance, Band & Instrumental Classes; and to perform & receive adjudication by renowned provincial adjudicators. **"All Welcome to Participate"**

**ENTRY DEADLINE JANUARY 31, 2019**

The Rockwood Festival of the Arts provides funds for various awards & scholarships for the performers. Over \$4000 is given out annually in awards. The RFOTA relies & operates on the support & donations from organizations, individuals, businesses, corporations, municipal government & entry fees, to cover expenses incurred to host this event. RFOTA is very pleased that we have been able to operate for the last 10 years independent from Government Grants. We have been able to accomplish this with the tremendous support of local donations. We hope to continue with this independence but it can only be achieved with continued support from our communities.

**Please support the arts in our community by either purchasing a Patronage for \$25.00, making a donation or both.**

**DONATIONS and PATRONAGE can be submitted and purchased online at [www.rfota.ca](http://www.rfota.ca)**

Patronage & Donation (paper copy) Forms available at the Stonewall & Teulon Libraries

**SEE OUR WEBSITE FOR MORE INFO**

**[www.rfota.ca](http://www.rfota.ca)**

**- SIGN UP FOR OUR ONLINE NEWSLETTER -**

# Chase the Queen pot grows to over \$16K



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Right photo: Although they didn't win the big prize last Wednesday night at Stonewall Legion Branch #52's Weekly Chase the Queen, Jennifer Silvari and Kelley Rutkair were happy with the \$359.80 they won when Silvari picked the three of diamonds. Last week the Queen of Clubs was worth \$16,641 with the joker being worth 20 per cent and any other card drawn worth 10 per cent of the main pot. Left photo: Craig Ross won the 50/50 pot of \$1,107.50.

On Wednesday, Jan. 16, there were four cards remaining to be chosen for Chase the Queen. Ticket sales began at 7:30 p.m. at the legion with one lucky ticket drawn at 8:30. Tickets cost \$1 each and can be purchased up to a maximum of 100 tickets per person. Fifty per cent of the ticket sales are added to the pot each week and will continue to increase until the Queen of Clubs is picked. Watch next week's *Tribune* to see if the pot continues to grow or if there was a lucky winner.

## Vet offers affordable mobile spay clinics for 'dumped' cats

By Teresa Carey

If you have time on a Sunday, \$50 is all it will cost for you to have a female cat spayed.

This is thanks to a big-hearted veterinarian, Dr. Berte Klug, who works out of Selkirk Veterinary Services. The clinic already works with three rescue groups and does a lot of rescue spays for them. However, Klug was moved to offer low-cost mobile spay clinics

to the public after learning from a Facebook page about all of the rural people dealing with cats that had been dumped on their property. She thought it was unfair that they should be saddled with the expense of dealing with a problem not of their making.

"They do have a big problem, and to spay them can be cost prohibitive," Klug said.



TRIBUNE PHOTO SUBMITTED

Vet offers spaying for cats at a reduced cost that have been "dumped."

According to the Winnipeg Humane Society, females may become pregnant as young as four to five months of age and may have two to three litters a year. Klug wants to prevent more kittens from being born, only to become discarded, or live a life of suffering.

"I decided to do something — not just talk about it," she said. "I said (to myself), there's something I can do locally."

Klug's solution was to put a call out to anyone who could organize a warm

facility, with running water and power and good light anywhere within a 1.5-hour drive from Selkirk and take her clinic on the road.

Her first mobile spay clinic took place in December in Steinbach, where her team spayed almost 30 cats. Klug has two more mobile clinics planned for Jan. 13 in Altona and Jan. 20 in Teulon.

Klug is looking for an additional location for Jan. 27 and beyond.

This low-cost spay is limited to fe-

Continued on page 15

## Windows/Doors/Patio-Doors Winter Sale

**Order now & install when it's warmer!**  
**BUY MORE & SAVE MORE**

Order 1-3 Units	Order 4-7 Units	Order 8+ Units
<b>8% off</b>	<b>12% off</b>	<b>15% off</b>

**Stonewall Glass**

Sale runs Dec. 1 - Feb 28/19  
2 Patterson Dr.  
204-467-8929

\*Discount on windows, doors & patio doors only. Installation not included.

**Don't miss out on these great deals!**

# Gayle's Styling now Hometown Hair, under new ownership

By Kal Franchuk

Kyra Kisolowsky is the new owner of Hometown Hair, formally Gayle's Styling, in Teulon. Kisolowsky officially took over Aug. 1, 2018, as owner and stylist and is hoping to bring some new techniques and ideas to town.

The previous owner, Gayle Martin, continues to work in the salon until her retirement at the end of April 2019.

Kisolowsky has been a stylist for the past two years and was working at a salon in Winnipeg prior to purchasing the shop in Teulon. Seeing Gayle's business advertised for sale prompted Kisolowsky to take the leap.

"I decided it was so good opportunity and I always wanted to run my own business," Kisolowsky said.

After purchasing the salon Kisolowsky changed the name to Hometown Hair, which resonated with her on a personal level. Kisolowsky grew up and attended school in Teulon, so for her, this business venture was also a return to her hometown.

"I wanted something straightforward and it fit because I grew up here," Kisolowsky explained.

Formally Kyra Wiebe, Kisolowsky was married this past October. Now she and her husband live in Teulon where Kisolowsky's parents and other

family members also reside.

Kisolowsky is young and enthusiastic and plans on bringing that energy to the town through her salon. As a recent student, she's up to date on the latest techniques and products.

The salon will also be adding more modern services such as balayage. Kisolowsky has already introduced a new colour line and will be carrying more beauty products available for purchase.

Kisolowsky says she wants to see how much the salon can expand to better serve the area. She also hopes to add additional stylists as well as sugaring services and a nail technician in the coming months.

Some work needs to be done for Kisolowsky to make things her own. Renovations will begin in a couple weeks and she hopes to finish by this summer. They will open up and modernize the space, plus create room for additional services.

Still new to the area, Kisolowsky has been working to build up her clientele and getting used to working in a small town. She said it's "much better than working in the city" and appreciates the opportunity to build relationships with her clients.

Her love of people is why Kisolowsky became a stylist. She loves doing



TRIBUNE PHOTO BY KAL FRANCHUK

Teulon's Kyra Kisolowsky is welcoming new clientele to Hometown Hair. Kisolowsky recently purchased the hair salon from Gayle Martin.

hair and interacting with clients. "It doesn't feel like work. I make them feel good about themselves," she said.

It's also been important for Kisolowsky to establish a social media presence. Her work is showcased on her Instagram page @hometown\_hair

and she also can be found on Facebook.

Kisolowsky is taking new clients and her salon also offers both appointments and walk-ins. Hometown Hair is located at 38 First Ave. SE in Teulon.

## Lions making a splash



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall & District Lions Club donated \$5,000 towards the Kinsmen Splash Pad on Jan. 9. The funds were raised through the Lions' pancake breakfasts, annual golf tournament and travel voucher raffle. The Stonewall Kinsmen Club hopes to break ground May 2019. They are currently selling bricks for \$100 each and graciously accept all donations. For information, contact Chris Luellman at 204-461-0550 or by email cluellman@hotmail.com.

Pictured left to right: Len Kolenich, Martin Mailman, Woody Sewell, Kerry Hendry, Chris Luellman, Mel Harrison and Wally Finnbogason.

## > 'DUMPED' CATS, FROM PG. 14

male cats that have been "dumped." It is not intended for the family pet, who must go through the regular channels. Klug is depending on people to be honest as she is doing this at cost and volunteering her time — a 12- to 14-hour day.

Cats are to be dropped off between 8 and 9 a.m. and picked up a few hours later. The cat must weigh a minimum of one kilogram. Pregnant cats may be spayed for the same price. The spays also include ear mite treatment.

There is obviously a high need for these mobile clinics, as bookings come in very quickly.

"Usually within a few days of putting the word out, we are at least three-quarters full," Klug said. "Once we have a date and facility, we will take appointments."

Klug is looking for other locations to hold the mobile spay clinics. Anyone who can offer a suitable site can contact her on Facebook (Berte Klug) or leave a message at the Selkirk Veterinary Services office at 204-482-5720.

"Maybe one day we'll get control (of this problem). It's a dream. It's a people-caused problem, absolutely," she said.

# Teulon's New Life pastor retires after 20 years

By Ligia Braidotti

Bernie Unrau preached for a 50 people congregation for more than 20 years and is now moving from his pastorship onto new things.

Unrau became a pastor for New Life Baptist Church in Teulon in 1996 after he and his wife Shirley came home from a two-year mission in Bogota, Colombia. He was attending the church in Stonewall and was asked to help out with the reopening of the church in Teulon.

Since then, Unrau has preached to his congregation every Sunday, held Bible studies, sang, did visitations and helped out in the community.

"We enjoyed (the congregation) very much. I'm feeling very mixed emotions. I found that as we were pastoring, it's all about relationship with people. Not that we cut those relationships off, it's just that we are not there Sunday morning now," he said.

As a missionary, Unrau and his wife worked in a neighbourhood of Bogota conducting a survey to assess how many people lived there, how many churches were there, and what were the needs for the pastors at the time and began ministering to those needs.

Being a pastor was very different from the mission he served. He explained that on the mission field there were more casual relationships, he would only see people once a month,

while as a pastor, he saw people every week, sometimes more than once a week.

"It was God's calling on my life for that period," he said of becoming a pastor.

Unrau will continue to help others advising them with their finances, investments, budgets working part-time at Primerica Financial Services.

Since Jan. 1, pastor Henry Ozirney has been acting as the interim pastor for the church in Teulon until they hire a new pastor, which he said can take anywhere from two months to two years. Ozirney has been a pastor for 49 years and said he knew he was destined to preach to the people since his childhood.

Ozirney saw the church grow to a congregation of approximately 700 people and retired in 2014. Now, as a part-time retired pastor, Ozirney will be preaching to a tenth of what he was used to.

"When you have several people in your congregation, and there are needs to be responded to, for example, sickness, as a pastor you go to the hospital, or if there a death in the family you go there or if there's someone who wants to get married, you do that," he explained. "When there are more people there's obviously more work, with fewer people, there's less work."



TRIBUNE PHOTO SUBMITTED

Teulon's New Life Baptist Church Pastor Bernie Unrau has retired and passed the torch to interim Pastor Henry Ozirney who took over the congregation on Jan. 1, 2019.

Ozirney, 70, was the pastor at New Life Baptist Church in Stonewall and knows Unrau since the 1980s.

"He was part of our church in Stonewall, he ended up marrying the girl who was our church secretary, and ended up becoming a pastor himself," Ozirney said. "He did a great job. He's reached retirement age, and I encour-

aged him to retire. He's accomplished a good process, and I think it's good for him."

New Life Baptist Church in Teulon has a search committee and are looking for a new candidate to be the pastor.

## > HYDRO SCAMS, FROM PG. 8

Many other fraud-related complaints to Manitoba Hydro this past year concerned unsolicited text mes-

sages to customers that say they were overbilled and eligible for a refund. This scam is aimed at getting a cus-

tomers' personal banking information.

"Never give out personal account information, including debit or credit card information, over the phone or in a text or email," McColm said.

McColm also said seniors living alone continue to be targeted by aggressive door-to-door sales, adding Hydro employees always display Manitoba Hydro photo ID and will never demand to come into a home.

Manitoba Hydro recently joined Utilities United Against Scams (UUAS), an alliance of more than 100 U.S. and Canadian electric, water and natural gas companies, and their respective trade associations. UUAS works across the industry with regulators, law enforcement and telecommunications partners to raise awareness about scams targeting utility customers.

Be aware — don't be a victim of fraud

- A common scam is to call a customer's home or business and say the customer owes money and must pay immediately by prepaid card or face a shutoff of electric service.
- Our employees will never demand

immediate payment with a credit card or money order by phone. We will never threaten to disconnect power or suspend service if you don't pay right us right away. We work with customers to make payments to avoid disconnection.

- Another scam involves emailing a fake energy statement that shows you have an outstanding bill or are due a refund because of a billing issue.

- These texts or emails are not from Manitoba Hydro. Your accounts and privacy have not been compromised in any way.

- Do not click on any links provided in the email or text.

- Do not reply to the email or text.

- Never provide any personal or banking information via email or text.

- We do send text and email messages to customers to remind them of bill payments — only if they signed up to receive them. We do not include any personal or account information in those texts.

- If you're unsure whether the phone call, text or email is real or a scam, contact us at 1-888-624-9376.



# RAFFLE

**Draw to be held  
Saturday, April 6<sup>th</sup>, 2019  
12:00 noon at the Petersfield Hotel**

**1<sup>ST</sup> PRIZE**

Rapala Pro Select Nitro  
43cc 8" Auger

**2<sup>ND</sup> PRIZE**

Eskimo Fat Fish 767  
Pop-up Shelter

**Tickets: \$2.00 each**

Lic. #28/18    2000 Tickets Printed

**Tickets Available at:**

• Jad's (Arnes)	• Domo (Winnipeg Beach)	• Big Dollar (Selkirk)
• Zan's (Arborg)	• Ford's Store (Wpg Beach)	• Westside Honda (Selkirk)
• Shop Easy (Riverton)	• #9 Roadhouse (Wpg Beach)	• Selkirk Record (Selkirk)
• J & J Fraserwood Store	• Matlock Store	• Lockport Grocery
• Fry Days (Teulon)	• Petersfield Hotel	• Wavers (Scanterbury)
• Gimli Snowmobile Centre	• Petersfield Store	• Sherwood Groceries
• Home Hardware (Gimli)	• Clandeboye Store	(Gull Lake/Stead)
• Gimli Small Engines	• Smoke n' Fish (Selkirk)	

**For Info Call: 204-641-6110 or 204-641-2210**



# Stonewall council approves conditional use for cannabis retail store

By Jennifer McFee

Stonewall is one step closer to getting its first cannabis retail store.

National Access Cannabis Corp requested conditional use approval to open and operate a cannabis retail store at 493 4th St. East near the Subway store.

During a public hearing on Dec. 19, there were no objectors to the proposal. Representatives from Meta

Cannabis Supply Co. explained how their current stores are run, as well as how the proposed Stonewall location would be run. They also discussed security measures, inventory control and staff training.

To start, oils and flower buds would be sold. However, no edible products would be sold until they are legalized, which could potentially take place later this year. This location would only

be licensed to sell recreation products. No medical products would be available.

There are no regulations that would limit the amount of stock allowed at a retail location; however, individuals are only allowed to buy 30 grams per transaction. Council approved the conditional use as long as the applicant gets the required licenses and approvals from Liquor, Gaming and

Cannabis Authority of Manitoba as well as permits from the South Interlake Planning District.

Stonewall Mayor Clive Hinds also noted that the applicant will need to enter into a development agreement with the town.

"We will control the design, the appearance, the signage, the hours of operation, and things like that," he said.

# Stonewall, Rockwood residents weigh in on proposed rezoning

By Jennifer McFee

A crowd gathered at the Heritage Arts Centre last week for a public hearing regarding a proposed zoning bylaw amendment to accommodate further quarry development.

The proposed amendment would rezone portions of Inland Aggregates'

property from MEH (industrial extractive holding area zone) to ME (industrial extractive zone) to expand the existing limestone quarry operations.

At the public hearing on Thursday, Jan. 10, Rockwood council heard the concerns and comments from both Stonewall residents and Rockwood

residents, since the property runs along Provincial Road 236 near town limits.

If the amendment is approved, the next step would be for the RM to enter into a development agreement with the proponent.

"Through the development agree-

ment, that is when we, as a municipality, can put in conditions or guidelines that they would need to follow," said Rockwood Reeve Wes Taplin.

Council will consider all the input when the matter returns at an upcoming council meeting.

## take a break > GAMES

### SUDOKU

					9			
2		5			7	3		6
		9		5				1
		6	1		8	7		5
		7		4				
							8	
7				9			1	
6	5		2					
1		2	6	7				

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	3	5	4	7	9	2	6	1
8	7	4	3	1	8	5	9	6
9	7	4	3	1	8	5	9	6
2	9	6	1	8	3	4	7	5
4	8	2	9	6	7	1	3	5
3	9	6	1	8	5	4	7	2
5	9	6	7	8	3	1	4	2
1	2	8	6	5	4	9	7	3
6	1	5	8	7	3	4	9	2
7	5	9	1	2	3	4	6	8

Sudoku Answer

S	E	A	B	P	E	T	S	T
L	E	N	V	S	E	S	T	S
N	A	H	T	K	S	E	S	I
I	B	S	I	N	E	K	I	N
T	I	N	S	M	R	E	O	R
S	O	V	T	D	I	C	V	I
H	T	E	S	D	E	L	E	V
L	E	S	E	L	B	R	V	S
O	E	S	I	D	S	A	V	D
D	O	D	H	R	P	A	R	N
T	V	N	S	A	R	N	S	G
N	O	T	I	T	S	O	P	E
E	L	B	A	X	M	I	S	L
T	L	L	E	M	A	L	L	M
S	A	R	T	S	A	S	H	A

Crossword Answer

## CROSSWORD

### CLUES ACROSS

- One-time Levi's CEO
- Emperor of Russia
- Islamic theology scholar
- Hammer with a large, wooden head
- Food
- Can be combined
- Midway between east and southeast
- Governs a noun or pronoun
- Gorilla
- Type of trap
- "Unforgettable" singer
- Atomic #10
- Practice fight
- US gov't branch
- Female deer
- Remarks meant for the audience
- Undergarments
- Prevent from seeing
- Masked
- "A Suitable Boy" novelist
- Invisible gaseous substance
- Sour
- County in New Mexico
- No seats available
- Pulitzer-winning composer
- Fit or irritation
- The ability to move objects through thought
- Skywalker mentor \_\_\_-Wan Kenobi
- Herbal medicine seed
- "Zero Dark Thirty" director Bigelow
- Preferences
- Soundly
- One precedes another
- Au revoirs

### CLUES DOWN

	1	2	3	4		5	6	7	8	
9				10		11				12
13				14		15				
16				17		18				
19		20		21				22		
23			24		25			26		
	27			28		29		30		
		31			32		33			
	34				35		36		37	
38				39		40		41		42
43				44			45		46	47
48		49	50				51		52	
53						54		55		
56							57			
58								59		

- Famed explorer
- Transferred property to
- Clerical vestment
- Free-swimming marine invertebrate
- Cab
- Thin piece of wood
- Persons without pigment in their skin
- Fill again
- Submissive
- His and \_\_\_
- Sources of stress
- Shelter
- French commune
- Boggy ground
- Old man
- Peanut
- Michael Corleone's personal enforcer
- Geological formations
- Wages
- Insect repellent
- Unit of time
- Musician
- Not good
- Esteemed one
- Structures
- Where workers sit
- Women who foretell the future
- Quantitative fact
- Missing soldiers
- Diminutive
- This (Spanish)
- Hold on to
- Thrust a knife into
- Hengyang Bajialing Airport

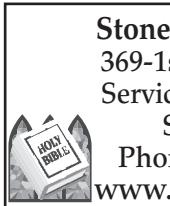
# worship *with us*

> FAITH



**Teulon United Church**  
11:15 a.m. Teulon  
Phone 886-2382  
teulonpastoralcharge@mymts.net

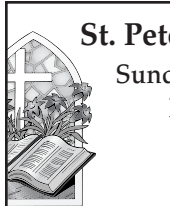
**Balmoral United Church**  
Sundays 9:30 am  
Phone 467-9070  
teulonpastoralcharge@mymts.net




**Stonewall United Church**  
369-1st Ave. N., Stonewall  
Service and Sunday School  
Sundays 10 a.m.  
Phone 467-5469 (office)  
www.stonewallunited.ca



**Alive! Family Church**  
Sunday Hymn Sing 10:00 a.m.  
Sunday Worship 10:30 a.m. at  
Sunova Auditorium, Quarry Park  
Interpretive Centre, Stonewall  
Phone 467-2870  
www.alivefamilychurch.ca



**St. Peter Lutheran Church**  
Sunday Service - 9:30 am  
PTH #7, Teulon  
886-2159




**Warren & Meadow Lea  
United Church Services**  
Joint Services  
Alt. Sundays at 10:30 am  
Call 322-5752 for location of service.



**Interlake Full  
Gospel Assembly**  
Teulon  
Sundays at 11:00 am  
Phone 886-2680

**New Life Church**  
Sunday Service 9:00 & 10:45 a.m.  
Sunday Morning Classes  
9:00 a.m. - All Ages  
10:45 am - Nursery - Gr. 4  
Childcare for Nursery School to Gr. 4  
1 km East on Hwy 67, Stonewall  
Phone 467-5529 (office)

**New Life Church**  
Sunday Service 10:00 a.m.  
Sunday school for all ages 9:30 a.m.  
Teulon 886-3269

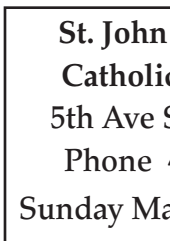


**Woodlands  
Gospel Chapel**  
Service 7 p.m.  
Sundays  
Hwy 6 + Rd 82,  
Woodlands  
Phone 383-5372

**Anglican Parish of St. Cyprian**  
Sundays at 9:30 am  
at St. Peter's Lutheran Church  
PTH #7, Teulon  
Phone 886-3203

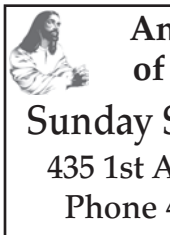


**Cornerstone Pentecostal  
Church**  
Sunday Worship &  
Sunday School 10:30 am  
Thursday Bible Study 7 pm  
308 2nd Ave. N., Stonewall  
Phone: 204-872-2813




**St. John Vianney  
Catholic Church**  
5th Ave SE Teulon  
Phone 467-9016  
Sunday Mass 11:30 am

**Christ Church Anglican**  
97 School Rd,  
Stony Mountain  
Service 10:15 am  
Phone 489-4847  
or 344-5220



**Anglican Church  
of the Ascension**  
Sunday Service 10:15 am  
435 1st Ave. N., Stonewall  
Phone 467-8466 (office)



**Christ the King  
Catholic Church**  
Sunday Mass 10:00 a.m.  
315-2nd St. E., Stonewall  
Phone 467-9016

**Grosse Isle and Rosser United  
Church Services**  
Rosser Sunday 9:45 am

## Justice and only justice you shall pursue

*(Deuteronomy 16:20a)*

I write this on the first day of the Week of Prayer for Christian Unity. The week begins with the "Confession of Saint Peter the Apostle" on January 18th and concludes with the "Conversion of Saint Paul" on January 25th. These two feasts provide a suitable beginning and end for this octave (eight days) which churches observe at this time of year.

In the Gospel according to Saint Matthew, Jesus asks Peter "Who do you say that I am?" His response "You are the Christ, the Son of the living God" is the confession which unites Christians around the world. Paul's conversion reminds Christians that we are united in a call to proclaim our confession of Jesus among the nations.

The Week of Prayer for Christian Unity is an annual ecumenical celebration. Christians around the world are invited to pray for the unity of all Christians, to reflect on scripture together, to participate in jointly-organized ecumenical services, and to share fellowship.

The quotation from Deuteronomy is the text that the Pontifical Council for Promoting Christian Unity and the Commission on Faith and Order of the World Council of Churches used in jointly preparing resources for the 2019 observance. The theme was chosen for its powerful message promoting truth, equity, and unity. Together with resources for prayer, scriptural, and ecumenical worship this theme is to provide a framework for this eight day observance, and for future relations.

May our prayers for unity join with Jesus' prayer for the church. 'I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. John 17:20-21

\Submitted by Rev. James Bardsley  
Anglican Church of the Ascension, Stonewall  
Member of Stonewall Ministerial Association 17

**Stony Mountain & Lilyfield United  
Churches**  
Worship and Sunday School ~  
Sundays at 10 a.m.  
Please call for our shared worship  
location.  
Rev. Mona Denton ~ Ph: 204-334-5426  
at Stony Mountain-Lilyfield  
Pastoral Charge



**Immanuel Lutheran  
Church (LCC)**  
Service 10:00 am  
Childrens Sunday School  
after Worship  
Inkster & King Edward, Winnipeg  
632-6911

**St. Joseph's Roman Catholic Church**  
Sunday Mass 8:30 am  
Stony Mountain  
Phone 467-9016



**Church of the  
Annunciation**  
Woodlands  
Service  
12:00 noon

To participate in this monthly section please call 467-5836

# get inspired

> MEAL IDEAS

  
**FamilyFoods**  
 Phone 467-5553



## Curried Pumpkin Soup

Prep time: 5 minutes  
 Cook time: 25 minutes  
 Serves: 4

- 2 tablespoons butter
- 1 medium onion, chopped
- 1 large carrot, peeled and chopped
- 2 cloves garlic, minced
- 2 teaspoons fresh ginger, minced
- 1 1/2 teaspoons curry powder
- 1 can (14 ounces) chicken or vegetable broth
- 2 cans (15 ounces) 100% pumpkin
- 1 can (14 ounces) coconut milk

1 teaspoon salt  
 pumpkin seeds  
 In large saucepan, melt butter over medium heat. Add onion, carrot, garlic, ginger and curry powder. Cook until carrots are almost soft, 5-8 minutes, stirring occasionally.  
 Add broth and bring to boil over high heat. Reduce heat to medium-low; cover and simmer until carrots are very soft, 10 minutes.  
 Transfer to blender or food processor and puree until very smooth. Return to pan and stir in pumpkin, coconut milk and salt. Cook over medium-low heat until heated through, 2-3 minutes.



## Creamy Tomato and Roasted Pepper Soup with Cheddar Cracker Melts

Prep time: 15 minutes  
 Cook time: 25 minutes  
 Servings: 6

### Creamy Tomato and Roasted Pepper Soup:

- 2 tablespoons olive oil
- 1 onion, chopped
- 1 carrot, chopped
- 3 cloves garlic, chopped
- 1 teaspoon salt, divided
- 1/2 teaspoon pepper
- 1/2 teaspoon paprika
- 1 pinch chili flakes
- 4 cups organic no-salt-added vegetable broth
- 1 can (28 ounces) no-salt-added diced tomatoes
- 1 cup chopped prepared roasted red peppers
- 2 bay leaves
- 1/3 cup 35 percent heavy cream
- 2 tablespoons finely chopped fresh chives, divided
- 1 teaspoon cider vinegar

**Cheddar Cracker Melts:**  
 24 Crunchmaster Tuscan Peasant Fire Roasted Tomato Basil Crackers

3/4 cup shredded cheddar cheese  
 In Dutch oven or large saucepan over medium heat, heat oil. Cook onion, carrot, garlic, 1/2 teaspoon salt, pepper, paprika and chili flakes about 5 minutes, or until vegetables are slightly softened. Stir in broth, tomatoes, roasted red peppers and bay leaves; bring to boil. Reduce heat to medium-low. Simmer 15-20 minutes, or until vegetables are tender. Discard bay leaves. Let cool slightly. Transfer to blender; puree in batches until smooth. Stir in cream, remaining salt, 1 tablespoon chives and vinegar.  
 To make Cheddar Cracker Melts: Heat broiler to high and position rack in center of oven. Arrange crackers on parchment paper-lined baking sheet. Sprinkle with cheese. Broil 1-2 minutes, or until cheese is melted.  
 Divide soup among six bowls. Sprinkle with remaining chives and serve with Cheddar Cracker Melts.  
 Tip: Use mild, medium or aged cheddar cheese. Smoked mozzarella can be substituted, if desired.



## Taking a Breather Can Certainly Be a Wise Move

them, simply because they are in the wrong program. Students who are pressured to do post-secondary before they are ready, often fail or drop out.

Is it a good idea for students to take a year off after high school, or should they be encouraged to go straight into post secondary programs? This is often a dilemma for both students, and their parents.

Students often feel that they would like a break before embarking on another four years of schooling. Parents sometimes fear the student will never return to school once he or she stops.

There are many considerations, and some very good arguments for a year off. If a student is not really sure what they want to take at a post-secondary institution, it is better to take some time, than to just jump into something for the sake of attending.

There is less motivation to learn if you are not truly interested in what you are studying. Students may decide that university is just not for

Taking a year to work allows young people to get a feel for the responsibilities of adulthood, and to see just how limited job opportunities are for those with only a high school education. This makes them more determined to accomplish something with their lives.

Taking a year to travel can also be enlightening and mind expanding. Students can travel cheaply, and may never be as free to do so. The responsibilities of adulthood last a very long time.

Taking a breather to get to know oneself, and to assess all options before jumping in, can be a very wise move.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.*



## Tortilla Soup

Serves 4  
 4 corn tortillas, freshly made or a few days old  
 1 tablespoon vegetable oil, plus extra for frying  
 1 small onion, finely chopped  
 2 garlic cloves, crushed  
 114-ounce can plum tomatoes, drained  
 4 cups chicken stock  
 Small bunch cilantro  
 Salt and ground black pepper  
 Using a sharp knife, cut each tortilla into 4 or 5 strips, each measuring about 3/4 inches wide.  
 Pour vegetable oil to a depth of 3/4 inch into a heavy frying pan. Heat until a small piece of tortilla, added to the oil, floats on the top and bubbles at the edges.  
 Add a few tortilla strips to the hot oil and fry for a few minutes, until crisp and golden brown all over, turning

them occasionally. Remove with a slotted spoon and drain on a double layer of paper towels. Cook the remaining tortilla strips in the same way.  
 Heat the 1 tablespoon vegetable oil in a large, heavy pan. Add the chopped onion and garlic and cook over medium heat for 2 to 3 minutes, stirring constantly with a wooden spatula, until the onion is soft and translucent. Do not let the garlic turn brown or it will give the soup a bitter taste.  
 Chop the tomatoes using a large, sharp knife and add them to the onion mixture in the pan. Pour in the chicken stock and stir well. Bring to a boil, then lower the heat and let simmer for about 10 minutes, until the liquid has reduced slightly.  
 Chop the cilantro. Add to the soup, reserving a little to use as a garnish. Season to taste.  
 Place a few of the crisp tortilla pieces in the bottom of four warmed soup bowls. Ladle the soup on top. Sprinkle each portion with the reserved chopped cilantro and serve.

**Learn how to create a safe haven.**

*We help you radically reduce chemicals in your home*

**Norwex**

Ask me how

**Stephanie 204-896-3980**

Independent Sales Consultant  
[cleanwithwater15@gmail.com](mailto:cleanwithwater15@gmail.com)

  
**ISAGENIX**

Weightloss • Energy & Performance • Healthy Aging

**Allana Sawatzky**  
[allana333@hotmail.com](mailto:allana333@hotmail.com)

**Janice Gulay**  
[jkaraim@mymts.net](mailto:jkaraim@mymts.net) (c) 1-204-648-3836

**Rose Sawatzky**  
[isa.rose1957@gmail.com](mailto:isa.rose1957@gmail.com) (c) 1-204-479-8227

[www.isaproduct.com](http://www.isaproduct.com)

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Jets split pair of MMJHL games last week

### Staff

The Stonewall Jets gave up four second-period goals in a 6-2 loss to the Raiders Jr. Hockey Club last Friday in Winnipeg.

Stonewall's Aiken Chop scored his team-leading 22nd goal of the season just 3:55 into the game but the Raiders quickly responded with a goal from Jayce Kennedy.

The Jets regained the lead at the 8:38 mark of the opening period when Brendan Labossiere tallied.

But it was all Raiders in the second. Elisha Bambridge, Milan Horanski, Auzzie Loewen-Palmer, and Dale Mounk (on the power play) scored to put the home side up 5-2 after two periods.

Gord Longbottom added a goal late in the third.

On Jan. 9, the Jets soundly defeated the last-place River East Royal Knights 8-1 in Stonewall.

Stonewall, which held period leads

of 4-0 and 6-1, received two goals from Chance Dickenson and singles by Keeven Daniels-Webb, Sam Mandryk, Lucas Neufeld, Ryan McMahon, Carson Ouellette and Bryce Stovin.

Jett Sielkie-Bullard replied for River East.

Curtis Beck made 19 saves for the win.

With the split last week, the Jets are now 13-13-3 and have 29 points to sit tied for seventh place in the 10-team league with the Charleswood Hawks.

The Hawks upset the second-place Raiders Jr. Hockey Club 2-1 on Sunday afternoon.

Stonewall will host Charleswood in a key game on Wednesday at 7:30 p.m. in Stonewall.

The same two teams will hook up Friday (7:15 p.m.) as part of the MMJHL Showcase at the Bell MTS Iceplex.

Stonewall will then take on the St. James Canucks on Saturday at 6:30 p.m. at the Bell MTS Iceplex.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Jets' Chance Dickenson scored twice against the River East Royal Knights in Stonewall's 8-1 win on Jan. 9.

## Interlake Lightning win two of three games

### By Brian Bowman

The Yellowhead Chiefs have a very good hockey team this season.

The Interlake Lightning were reminded of that Sunday in Shoal Lake.

Yellowhead cruised to a 6-1 home win in Manitoba AAA Midget Hockey League action.

The Chiefs' Reece Richmond opened the game's scoring with a power-play goal at 11:13 of the first period and then Brandt Young made it 2-0 about seven minutes later.

Yellowhead's Colby Joseph scored the lone goal of the second period and then Interlake's Matthew Vandel potted a power-play goal in the third.

But that would be as close as the Lightning would get as Briley Wood, with a pair, and Kaelen Quane scored in the third.

On Saturday, Interlake skated past the Parkland Rangers 3-1 in Dauphin.

Vandel scored a first-period goal and then Kai Studler tallied in the second.

Emmitt Farebrother made it 3-0 with a power-play goal at 14:10 of the third. Parkland's Colby Cherneski ruined the shutout bid of Lightning goaltender Josh Bond with 1:44 left in the

game.

Bond made 34 saves for the victory.

On Jan. 9, the Lightning had another great effort in defeating the Winnipeg Bruins 5-2 in Teulon.

Interlake took a 3-0 first-period lead despite being outshout 18-10.

Austin Adair gave the home side a 1-0 lead just 1:30 into the game.

Studler made it 2-0 with a power-play goal at the 13-minute mark and then Chase Barkley tallied a short-handed marker at 19:03.

The Bruins' Nathanael Hinds cut into that lead at 8:02 of the second period but Studler tallied his second goal of the game just 13 seconds into the third.

Winnipeg's Luc Masse and Interlake's Greg Paseschnikoff then traded goals late in the game.

Chris Fines made 30 saves for the win.

Interlake, now 8-24-0-2-0, will host a pair of games this weekend, beginning with the Norman Northstars in Teulon on Friday for an 8 p.m. contest.

The Pembina Valley Hawks will then pay a visit to the Teulon-Rockwood Arena on Sunday. Puck drop is 2 p.m.



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Kai Studler scored in the second period against the Parkland Rangers last Saturday. Interlake won the game 3-1.

# Local players dealt prior to Jan. 10 trade deadline

**Staff**

To raise their status as a contender in the Western Hockey League's Western Conference, the Portland Winterhawks acquired St. Louis Blues' goaltending prospect Joel Hofer.

Hofer, who has connections in the Interlake, became the newest member of the U.S. Division club while the Winterhawks sent six selections over the next three WHL Bantam drafts to the Broncos as the defending league champions look to continue their rebuild towards the future.

"We'd like to thank Joel for his contributions on and off the ice over his time in Swift Current," said Broncos' head coach and director of hockey operations Dean Brockman on the WHL website.

"He leaves us as a WHL champion and as an established goaltender."

But Hofer certainly didn't come cheap.

In the 2019 WHL Bantam draft, the Broncos acquired selections in the first and third round. In the 2020 WHL Bantam draft, Swift Current gets a second-round selection, a fourth-round pick, and a fifth-round selection.

In the 2021 WHL Bantam draft, the Broncos also receive a first-round selection from the Winterhawks.

"We are excited to add Joel to our group for the next two seasons," said Portland head coach/vice president/general manager Mike Johnston. "He has proven to be an elite goaltender in the Eastern Conference."

Hofer, 18, joined the Broncos on a full-time basis at the start of the 2017-18 WHL regular season, posting an 8-3-1-1 record, 2.61 goals-against average, a .914 save percentage, and one shutout in 19 games. The Winnipeg



Brayden Pawluk



James Maxwell

product then appeared in two 2018 WHL playoff games as the Broncos captured their first WHL championship since 1993.

At the 2018 NHL draft, Hofer was selected in the fourth round, 107th overall, by St. Louis. Hofer was the top WHL goaltender selected at the draft.

This season, Hofer has a 6-21-2-1 record, 4.02 GAA, .904 save percentage, and one shutout.

Overall, Hofer has appeared in 49 WHL regular-season games, posting



TRIBUNE PHOTOS SUBMITTED

St. Louis Blues' goaltending prospect Joel Hofer was recently acquired by the Portland Winterhawks.

a 14-24-3-2 record, 3.55 GAA, .907 save percentage, and two shutouts.

Meanwhile, OCN Blizzard forward James Maxwell was traded before the Jan. 10 deadline to the Winnipeg Blues for future considerations.

Maxwell, a Stonewall product, has put up good numbers this season, scoring 16 goals while adding 15 assists in 34 games.

He has also played in the MJHL with the Waywayseecappo Wolverines and Swan Valley Stampede.

Maxwell was also previously traded by Swan Valley to the SJHL's La Ronge Ice Wolves.

In other trade news, the Virden Oil Capitals sent Teulon defenceman

Brayden Pawluk and the MJHL list rights of Slade Stanick to the Dauphin Kings in exchange for defenceman Jacob Evans.

Pawluk had four goals and an assist in 34 games this season. He has played 85 games over parts of three seasons in Virden.

In a last-minute deal, the Steinbach Pistons acquired Stony Mountain forward Riley Vautour from the Waywayseecappo Wolverines in exchange for forward Trent Halfdanson and futures.

Vautour was the leading scorer for the Wolverines this season with nine goals and 14 assists in 35 games.

# Vautour selected to compete at MJHL/SJHL Showcase

**Staff**

Stony Mountain's Riley Vautour was among the Manitoba Junior Hockey League players selected to compete on one of three teams at the 2019 SJHL/MJHL Showcase this past Monday and Tuesday in Regina.

The Wayseecappo Wolverines' forward had nine goals and 23 points through 35 games this season. He also has racked up 109 penalty minutes.

Vautour started his MJHL career with the Neepawa Natives after playing for the Interlake Lightning in the Manitoba AAA Midget Hockey League.

The Showcase was made up of the top 60 players in both the MJHL and

**SJHL.**

Other area players included Gimli forwards Jack Einarson (Virden Oil Capitals) and Noah Basarab (Selkirk Steelers), along with Arborg defenceman Griffin Chwaliboga (Winnipeg Blues).

As of Jan. 9, Basarab was tied for 14th in MJHL scoring with 17 goals and 36 points in 39 games. He started the season with the Swan Valley Stampede before being acquired by Selkirk in a trade.

Einarson had 11 goals and 24 points in 41 games played this season while Chwaliboga has put up good numbers with Winnipeg, scoring seven goals and producing 18 points in 32 games.

Chwaliboga previously played four seasons with the Neepawa Natives.

Meanwhile, the Steelers had six other players — Zach Bennett, Colby Jaquet, Nate Halvorsen, St. Andrews' Connor Barley, Ryan Sokoloski and Brett Namaka — selected for the Showcase.

The three teams representing each league consisted of players aged 16 to 20 and were selected by coaches from their respective leagues.

One team was comprised of players aged 18 and under and two others were 20 and under.

All of the teams played two games.



Riley Vautour

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Cvar to represent Manitoba in hockey at Canada Winter Games

By Brian Bowman

Hockey Manitoba announced their roster for the U18 Female Team Manitoba that will compete at the 2019 Canada Winter Games in Red Deer, Alta., Feb. 24 to March 2.

Team Manitoba features a wealth of talent from across the province. The roster is highlighted by seven returning players, including Winnipeg's Sarah Dennehy and Stonewall's Olivia Cvar (formerly of Gimli).

Cvar, 17, played minor hockey in Gimli and then with Interlake Bantam AAA before starting her prep hockey career.

Currently the captain of the Balmoral Hall prep team, Cvar has represented Team Manitoba at the Canadian U18 National Women's hockey championships the past two years and is looking forward to representing Manitoba at the 2019 Canada Winter Games in Red Deer next month.

"Really excited and it will be great to experience the Canada Games atmosphere and check out all the differ-

ent sports there, too," said Cvar in an email.

"This is my third and last year to represent Team Manitoba and it would be nice to help them reach for a gold medal."

Cvar received attended Team Canada's women's U18 team summer showcase in August in Calgary.

"It was really good to see and experience the highest level of hockey in Canada for my age group," Cvar said.

In November, she helped Balmoral Hall compile a 4-0 record at the Manitoba Female Midget AAA challenge at the Bell MTS Iceplex. She led the tournament in scoring with six goals and seven assists.

That same month, she also signed her "commitment letter" for a scholarship to played hockey and attend NCAA Division 1 St. Cloud State University in Minnesota.

She had verbally committed to the school in Grade 10 and will start classes at St. Cloud State in September.

Cvar is looking at obtaining a Bach-



Olivia Cvar

Canada U18 National Team Camp in August.

Kirk recently led Team Canada to the gold at the 2019 U18 Women's World Championship in Osaka, Japan.

The roster for Team Manitoba sees a split of six athletes from Winnipeg and 14 from the rural regions within the province. Representation on the roster is spread between prep school programs and the MFMHL.

The U18 Team Manitoba will be led by head coach Reid Sloan (Morden), who will be attending his second Canada Winter Games as a coach. Filling out the coaching staff is Jordan Sobkowicz (Winnipeg), who will be attending his first Canada Games, and Sarah Zacharias (Winnipeg).

Zacharias returns after serving as an assistant coach with Team Manitoba in 2015 and 2016. Support staff for 2019 are goaltending coach Gord Woodhall (Winnipeg), equipment manager Riley Kosmolak (Steinbach) and athletic therapist Brenna Cyr (Selkirk).

elor of Education degree.

Also included on Team Manitoba's roster are goaltenders Raygan Kirk (Ste. Anne) and Julianna Thomson (Winnipeg) who attended the Hockey

## SEMHL standings are close after pair of upsets

Staff

The South Eastern Manitoba Hockey League standings could not be any tighter.

Just four points separate the top four teams in the seven-team league heading into this week's action.

The standings became a lot close after the Carman Beavers doubled the Portage Islanders 6-3 and the Morden Redskins edged the Warren Mercs 6-5 on Sunday.

Mitch Hansen led Warren with a goal and two assists in the loss while Brendan Luschinski and Reid McLeod added a goal and an assist.

Hansen leads Warren in goals scored (12) and points (27) this season.

Matt Jacobucci and Aldyn Gray also scored for the Mercs.

Mike Rey paced Morden with four goals and an assist while Tyler Grove had a goal and three helpers.

Rey is the league leader with 24 goals and 41 points in just 12 games.

Tyler Peers also had a strong game fro Morden, finishing with a goal and two assists.

Warren outshot Carman 39-22 as Hayden Dola was on the losing end. Dola is now 9-3 with a 3.48 goals-against average and a .896 save percentage.

With the loss, the Mercs are now 10-3 and have 20 points to sit in third place. Warren is three points behind Portage (11-4-0-1) and two back of Carman (11-4).

Heading into this week's games, Warren had played three less games than Portage and two fewer than Carman.

The Mercs visited the Beavers this past Tuesday but no score was available at press time.

Warren will then host the Notre Dame Hawks this Saturday. Game time is 8 p.m.

## Red-hot tourney champs



TRIBUNE PHOTO BY TANYA SWANSON

The Stony Mountain Flames Peewee Red hockey team went undefeated at their home tournament last weekend. The Flames defeated the St. Vital Falcons (4-2), Elm Creek Lightning (7-1), Niverville (5-0), and Elm Creek (6-0). Pictured: head coach Scott MacDuff, assistant coaches Derek Deprez, Clint Swanson and Kenton Byle, and players Carson Littlepage, Evan Roy, Cole Swanson, Wade Byle, Logan MacDuff, Travis McKay, Evan Deprez, Jamie Gaudry, Tyson VanDeSype and Jackson Vandersteen.

# Bantam Lightning knock off Eastman Selects

**Staff**

The Interlake Lightning defeated the Eastman Selects 3-2 in Bantam AAA hockey action Friday at the Sagkeeng Arena.

Kaydyn McMahon scored the eventual game-winning goal on the power play at 17:13 of the second period.

Interlake's Ty Woods had tied the score at 2-2 at 4:47 of the middle frame.

The Lightning's Brayden Stevenson opened the game's scoring at 5:40 of the first period.

But Eastman responded with first-period goals by Carter Courchene and Denton Mateychuk.

Dawson Cowan made 34 saves for the victory.

With the win, Interlake is now 11-12 with three overtime losses to occupy fourth-place in the five-team league with 25 points.

The Lightning played the Sharks on Tuesday and then will host the Warriors on Thursday in Arborg. Puck drop is 7:30 p.m.

In Midget U17 Prep action, Interlake was blanked 6-0 by the Monarchs of Sunday.

The Lightning hosted the Eastman Selects on Monday but no score was available.



Karson King was named the MVP Defenceman winner at the 'AAA' Bantam 1 All Star Game on Jan. 12.

Interlake won't resume league play until Jan. 24 when it hosts Eastman in Arborg.

Meanwhile, both Interlake teams were well represented at their respec-



TRIBUNE PHOTOS BY KIM KING

Interlake Lightning Bantam players, left to right, Karson King, Alex Kaczorowski and Brayden Stevenson competed in the Hockey Winnipeg All-Star Day.

tive all-star games last Saturday.

The Lightning Bantam players featured Karson King, Stevenson, and Alexander Kaczorowski while the

Midget players included Mark Hamrlik, Logan Resch, and Cole Emberly.

Interlake head coach Mike Demiduk served as an assistant coach.

# Rams place third at Lady Mac Attack tournament

**By Brian Bowman**

The Stonewall Collegiate Rams had a great weekend, finishing third at the Lady Mac Attack varsity girls' basketball tournament.

But Monday didn't go very well for the local squad. Dealing with a pair of "major injuries" according to Rams' head coach Christy Steeves, Stonewall was defeated 50-30 at home by the St. John's Tigers.

"We're sitting in a very bad spot," admitted Steeves after Monday's game. "But it wasn't as ugly as it could have been. I thought it was going to be a lot worse because I had girls playing positions that they normally don't play."

Stonewall played right with St. John's throughout a low-scoring first half. The second half was a different story, however.

As for the tournament, the Rams got off to a great start with a solid 53-50 win over the Lorette Scorpions.

Stonewall was then defeated 49-35 by a very good St. James Jimmies squad.

St. James went on to win the tournament by defeating the University of Winnipeg Collegiate in the final.

The Rams then beat the host Nelson McIntyre Wolverines 55-48 in the third-place game.

Rikki Frost-Hunt was chosen as a tournament all-

star.

As for league play, Stonewall is now 1-3 after Monday's loss. In all three losses, Stonewall has struggled offensively.

"I'm very worried about that, actually," Steeves admitted. "Our biggest problem right now is that the girls haven't figure out how to capitalize and score. They know our offence, they know where to go to, and they know who to pass the ball to and all of that stuff. But they don't know to challenge yet so practices are going to have to focus on reading a defence and actually driving to the hoop and shooting the ball."

"Those kinds of things and not just running to a spot and kind of hoping that something is going to happen."

The Rams have a young team this season with just four Grade 12 players.

There will be a lot of teaching - and a lot of learning - going on this season.

"The bonus is that I have a lot of good athletes on the team," Steeves said. "It's now a matter of transferring the knowledge that they have to this game."

The Rams will visit the Elmwood Giants on Wednesday (6:15 p.m.) and then will host the Gordon Bell Panthers next Monday. Tip-off is 4:30 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rikki Frost-Hunt was selected as an all star at the Lady Mac Attack tournament last weekend.

# Wildcats win two varsity girls' basketball tournaments this season

By Brian Bowman

The Warren Wildcats varsity girls' basketball team has entered two tournaments this season.

And they have won both of them.

Warren captured the Souris Sabres Shootout last Saturday after soundly defeating Steinbach Christian 61-45 in the final.

Warren started tournament play last Friday with a dominating 93-33 victory over the Gilbert Plains Trojans.

The Wildcats then easily defeated the Glenboro/Baldur Panthers 61-37 in a semifinal matchup.

Warren began their season before the holiday break with a tournament championship in Steinbach.

The Wildcats doused the Steinbach Christian School Flames 52-32 in the championship game.

Warren had a much more difficult time in a semifinal matchup, though, with the Calvin Christian Eagles.

"It was a pretty up-and-down, back-and-forth type game," remembered Wildcats' head coach Kevin Braun. "But we really stepped it up in the second half."

The Wildcats trailed by seven points with about seven minutes remaining before mounting a comeback to win

43-36.

"I like the tighter games because it gets (the players) knowing that we need to battle to get the next bucket," Braun said.

Warren started the tournament with a convincing 64-16 over a different Steinbach Christian team.

As the scores would indicate, Warren has played very well defensively so far this season.

"I like the defensive aggression and them being able to anticipate the passes so we can get out on the fast break," Braun said. "The fast break is our No. 1 go-to — we don't have a whole lot of size."

With the two tournament titles, Warren is currently ranked No. 1 by the MHSAA for varsity girls' "AA" schools.

The Wildcats are looking to defend their provincial title from a year ago. Warren has seven returning players from last year's team but one is out for the season with an injury.

"With the Grade 12s, we have some really solid leadership," Braun said. "They are making it easier for the Grade 11s to kind of work into our system and we actually also pulled up a couple of Grade 10s to play because we have had a couple of injuries al-



TRIBUNE PHOTO BY MARGARET ANN BRAD

The Warren Collegiate Wildcats varsity girls' basketball team has won both tournaments that they have competed in this season. Warren is currently the top-ranked 'AA' team in the province.

ready this season."

Warren was in Teulon for an exhibition game this past Tuesday and then will look to continue its winning ways when they host a six-team tournament this Friday and Saturday.

The Wildcats are looking forward

to showing off their skills in front of family, friends, and fellow students.

"I think the girls (are really looking forward to it)," Braun said. "We typically don't have a lot of home games so when we do it's nice to play in front of friends and family."

## Rams varsity boys' team improving on the court

By Brian Bowman

Despite an 0-3 record in league play heading into this week, the Stonewall Collegiate Rams' have shown varsity boys' head coach John Loochuk a lot of good things this season.

Stonewall has played well in both of its tournaments this season, reaching the consolation final in Sanford and then winning the consolation title in Carman by beating the Westpark Royals 63-48.

Both of those tournaments took place in December before the holiday break.

Stonewall is getting better and better each week despite not having a win to show for their effort.

"One of the things that our guys are doing well with is defending," Loochuk said. "Sometimes, the score doesn't show it but when we're playing a half-court defence, we're defending really, really well."

"We're getting teams late in the shot clock and turning them over."

The Rams aren't exactly a team blessed with a lot of height, but they do run their motion well, said Loochuk.

"When we share the ball and play as a five-man group, we're pretty effective and do well getting the ball to the basket," he said. "Speed is one of our assets as well. We have a pretty quick team."

In league play, Stonewall has been defeated by the Shaftesbury Titans (90-52), Churchill Bulldogs (60-43) and the Grant Park Pirates (93-44).

There are some pretty good teams in their league this season.

"We're in the West Winnipeg Athletic Conference, Tier 2, so it's a mix of 'AAA' and 'AAAA' teams that we play," Loochuk explained. "We have some very

good teams in there."

The Rams hosted the St. John's Tigers on Monday but no score was available at press time.

Stonewall will be busy with a four-game stretch in 10 days beginning this week.

"We're hoping to steal a few league games so when we do make the playoffs, we're not playing one of the top-seeded teams," Loochuk said, noting everyone makes the postseason.

The Rams will also be competing at a Morden tournament this Friday and Saturday. Stonewall is also scheduled to play in a Gimli tournament on Feb. 8-9.

Tournaments are a great way for the Rams to get a few games in during a short period of time.

"(They're getting better each week) and that's one of the reasons why we tried before Christmas to get as many games in as we could," Loochuk said. "The tournaments, especially, have been a big help because you play a lot of games in a condensed period."

What has also helped this young Rams' team, which has only four Grade 12 players on its roster (and only two with high school basketball experience), is the fact that this a real good group to coach, said Loochuk.

"The one thing that I like best about our team is how hard they work," said the head coach. "They really do take it to heart that they don't play to the scoreboard. They just go out there and work hard whether they are down by 40 or up by 40, it doesn't matter. You can't tell the score by their body language of their effort."

"They're a really great group of guys."



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall Collegiate Rams' Chris Wiebe goes up for a layup during a game against the Churchill Bulldogs on Jan. 7. Wiebe scored a team-high 11 points as Stonewall lost 60-43.



# Classifieds

Stonewall Teulon  
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)

## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

## AUTO

2008 Chev Duramax 2500 3/4 ton This truck is in great shape everything works has a fresh safety, 257,000 kms, never abused, Allison transmission, four-door, just upgraded to a new truck. Boonstra farms, Stonewall, Manitoba 204-467-8480 or 204-941-0228, \$18900.00 plus both taxes

## APARTMENT FOR RENT

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: [inwoodm@highspeedcrow.ca](mailto:inwoodm@highspeedcrow.ca)

Bachelor Suite at Oak Park Lodge in Woodlands. Available Feb 1. Contact Lori at 204-383-0720

## SHOP LOCAL

### SHOWHOME BLOWOUT ONLY \$159,000

1584 sq ft, 9 ft ceilings, 3 bedroom, 2.5 baths. Kitchen island & walk-in pantry. Covered veranda. Tripane windows & fir plywood construction and James Hardie siding.

**Don't miss out.**  
[wgiesbrechthomes.ca](http://wgiesbrechthomes.ca)  
or  
204-346-3231

## HOUSE FOR RENT

For rent in Stonewall - 780 sq. ft. bung., 2 bdrm., 1 bath. Fridge, stove, dishwasher, washer, dryer included. Main floor laundry, lge. fenced backyard. Off street parking. Close to all amenities. No pets, no smoking. Avail. Feb. 1, 2019. \$1250/mo. plus utilities. Call Jason at 204-451-1301.

## HELP WANTED

We are currently seeking a licensed automotive technician or apprentice for full time position. We are a full service automotive repair shop. Duties include all aspects of vehicle repairs. Must be able to work with min supervision. Must be honest, reliable and hard working. Wage negotiable. Apply: Stonewall Tire & Auto Repair, 377 1st Street East, Stonewall. Email resume: [stonewalltire@mts.net](mailto:stonewalltire@mts.net)

## Book Your Classified Ad Today

Call 467-5836  
or Email  
[igraphic@mts.net](mailto:igraphic@mts.net)

## Please support our advertisers SHOP LOCAL



### Heavy Duty Mechanic / Foreman Needed

- Full time, wages, benefits & pension package
- Service & Repair equipment, etc.
- Semi-truck and liquid bulk tankers / trailers
- Read, Write & Complete work orders
- Must Comply with Safety Policies
- Strong skill set required
- Multitasking & working well with team a must

P: 204-571-3230  
F: 204-571-3232  
E: [paulap@loyaltytransport.ca](mailto:paulap@loyaltytransport.ca)

2001-49th Street E.  
Brandon, MB

## HELP WANTED

Waitress Wanted - Permanent part time waitress required for McLeod House Tea-room and Gift Shop. Looking for a mature, responsible, outgoing and experienced waitress to join our team. Hours vary, need to be available Tuesday - Saturday. Some evening or special event hours may be available. Serve it Safe required. Starts April/May until December. Send resume to [pam4003@mymts.net](mailto:pam4003@mymts.net)

**BLAST-OFF** Fireworks is seeking full-time Sales Associates to join our expanding company. We're looking for a handful of talented individuals who have something to prove, and who are ready to hit the ground running with a proven sales system. Not everyone will make the cut... self-starting individuals with sales experience, drive, focus, and ambition will receive preference. How we're awesome: Selkirk-based company, rapid growth, competitive wage, commission, and benefits. Show us why you're our #1 candidate by applying at [hr@blastoff-fireworks.ca](http://hr@blastoff-fireworks.ca) today or visiting us at 609 Greenwood Avenue, Selkirk! Jan 17,24,31, Feb 7



### Agro Sales Manager Parkway Co-op, Roblin MB

- Position requires a strong background in Agronomy, Ag Equip. and Petroleum Sales & Customer Service.
- Develop and implement a customer communication plan, providing relevant, timely, accurate information on agronomy, petroleum products, and services available
- Strong skills in any of the following areas are an asset: Crop Inputs, Petroleum, Livestock equip. and Grain storage & Handling.
- We offer a highly competitive compensation program, a comprehensive benefits package.

Contact:  
Parkway Co-op, Box 729  
Roblin MB R0L 1P0  
Attn: Lawrie Lungal, HR Mgr  
E: [l.lungal@parkwaycoop.com](mailto:l.lungal@parkwaycoop.com)  
Ph: 204-937-6414

## HAY AND STRAW

Small square wheat straw for sale. Leave message 204-482-5101.

## BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

## INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

## MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

## Remember your loved ones in the Tribune

### McSherry Auction

12 Patterson Dr. Stonewall, MB

**Estate & Moving - FEATURING COINS**  
Sat Jan 19, 2019 10:00 AM

**Estate & Moving - FEATURING TOYS**  
Sat Jan 26, 2019 10:00 AM

Yard \* Recreation \* Tools \* Antiques \* Furniture \* Misc \* Household \*  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)



Freightliner Manitoba is pleased to announce that Blair Purvis has accepted the position as Account Manager for our Brandon, MB location. Blair's territory will consist of all areas of Manitoba, West of Portage La Prairie. Blair looks forward to reacquainting himself with many of his former customers and friends from his 25+ years in the Ag Sector.

Blair's Ph:  
1-204-726-0000  
Cell: 1-204-761-2999

## MISCELLANEOUS

Classified advertising works! Reach over 400,000 Manitoba readers weekly. Book your Announcements, Sales, Employment Opportunities, Auctions, Wanted Ads, For Rent, Volunteer Opportunities, etc. People rely on these classifieds to find what they need. Be seen in 2019! Call 204-467-5836 or email [classified@mcna.com](mailto:classified@mcna.com) for details. MCNA 204-947-1691. [www.mcna.com](http://www.mcna.com)

For sale - 18 foreign deer allocations for area 18, 18A, 18B & 18C. Fully booked for 2019. Promotional package included - value \$10,000. Tags can be divided. Phone 1-204-546-2751. Tom Ainsworth c/o Grandview Outfitters.

## HAVE A NEWS TIP OR AN INTERESTING STORY? CALL 204-467-5836

### Trouble Walking?

### Hip or Knee Replacement?

Restrictions in daily activities?

**\$2,500 Tax Credit**

**\$40,000 refund cheque/ rebates**

Disability Tax Credit.

204-453-5372



### Manitoba made! Top quality kitchen cabinets

- Custom, Stock & Surplus
- Free 3D design
- Prompt service
- Professional installation available

Serving Manitoba province-wide for 25 years!

office@fehrcabinets.com  
1-800-758-6924

## MISCELLANEOUS

Sales - Financing - Leasing of trucks, truckbeds, trailers, full repair, safeties & Autopac trailer repair. Kaldeck Truck & Trailer Inc., Hwy #1 MacGregor, MB. 1-888-685-3127 [www.kaldecktrailers.com](http://www.kaldecktrailers.com)

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## HEALTH

Medical condition? Receive up to \$50,000 from the Canadian Government? For your free no obligation information package call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.

## FARM PRODUCE

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

## SUPPORT LOCAL BUSINESS

**ADVERTISE YOUR UPCOMING EVENTS IN THE TRIBUNE! LET PEOPLE KNOW ABOUT YOUR EVENTS!**

## Book Your Classified Ad Today

Call: 204- 467-5836

or Email: [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

## ADVERTISEMENT MORTGAGE SALE

The building and land known as 65 Fourth Street NE, in Teulon, Manitoba as described in Certificate of Title No. 2201262/1 will be sold at auction on Tuesday, the 12th day of February, 2019, at 11:00 a.m., at 14 Main Street, in Teulon, Manitoba.

The Vendor is informed that there is situated on the property a 1,216 square foot mobile home with wood skirt. There is a 260 square foot deck, 180 square foot verandah, and a double detached garage. The property is owner occupied and as such, a more complete description cannot be provided at this time.

TERMS: TWENTY (20%) of the Reserve Bid by certified cheque, bank/ credit union draft or solicitor's trust cheque on the date, place and time of auction and the balance in accordance with the conditions to be announced at sale.

The Property is sold subject to a RESERVE BID OF \$128,136.83 plus such other additional and incidental costs which may be incurred by the Lender from the 5th day of January, 2019, to the date of auction and which costs will be announced prior to the commencement of the Sale.

Property Taxes are paid to December 31, 2017. Property Taxes are outstanding for 2018 in the amount of \$1,470.29 plus accruing penalty interest.

Property is subject to nil.

**Further information and copies of Conditions of Sale may be obtained from:**

### LEVENE TADMAN GOLUB LAW CORPORATION

Barristers & Solicitors  
700 - 330 St. Mary Avenue, Winnipeg, MB, R3C 3Z5  
Attention: Mara Koven-Lapointe/Sonia  
File No. 108750 Phone No. 957-6437

# Announcements

Book Your Classified Ad Today -  
Call 204-467-5836  
or Email  
classifieds@stonewallteulontribune.ca



**ANNOUNCEMENT**

**RETIREMENT**

Retirement Party  
in honour of  
Donna Tait's Nursing Career  
at the Warren Hall  
on Sunday, January 20th, 2019  
from 1:30 - 4:30 p.m.  
Please come and join us!  
For info. phone 204-461-2240 or  
204-375-6565

*Don't forget to send your special wishes to your friends and family.*

Stonewall Teulon  
**Tribune**  
Call 467-5836 or  
email igrphic@mts.net

## REPORTER/ PHOTOGRAPHER

The *Stonewall Teulon Tribune* and *Express Weekly News* are looking for an outgoing individual to join our news team as a reporter/photographer covering Stonewall, Teulon, St. Laurent, Rockwood, Rosser, Warren, Woodlands, Armstrong and the communities along Highway 6, including Lundar, Eriksdale, Ashern, Grahamdale, Steep Rock, Moosehorn and across to Fisher Branch.

The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering evening and weekend news events.

Submit your detailed resume and samples of writing on or before Jan. 31, 2019 to Lana Meier at [news@expressweeklynews.ca](mailto:news@expressweeklynews.ca)



We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

**ANNOUNCEMENT**

**BIRTHDAY**



Winnie Johnson  
Congratulations on your 90th Birthday  
Mom you are an inspiration to all of us  
Love your family



**ANNOUNCEMENT**

**ANNIVERSARY**



Happy 20th Anniversary  
January 23  
Love from your family

**ANNOUNCEMENT**

**CARDS OF THANKS**

Stonewall Odd Fellows Lodge # 49, 2018 Grey Cup Pool winners: 1st Quarter - S. Raznowsky \$150, Rev. - L. Stevens \$50; 2nd Quarter - G. Hosking \$150, Rev. - S. Frost-Hunt \$50; 3rd Quarter - L. Yanicky \$150, Rev. - H. Brennan \$50; Final - R. Thurston \$200, Rev. - M. Atchison \$50.  
Thank you to all who support our projects through the purchase of tickets.

**ANNOUNCEMENT**

**CARDS OF THANKS**

The families of Jonina Broadfoot would like to thank you, for all the prayers, cards and support given to each of us. In reading the cards and receiving the outpouring of love...we can never express our appreciation in words. As we stood at the Woodlands Community Hall surrounded by so many people who honoured Nina and supported us, we felt so blessed to be a part of this community. Thank you for all the heartfelt messages, baking, food, flowers, and donations in her name to the various chosen charities.

-Sincerely,  
Jonina Broadfoot's family



## Make a Difference

Explore a career where you can change lives, through Red River College's Health Care Aide certificate program. In just five months, you'll gain the skills and knowledge to assist hospital patients, home care clients and personal care home residents, through a mix of classroom and lab time, and industry job placements.

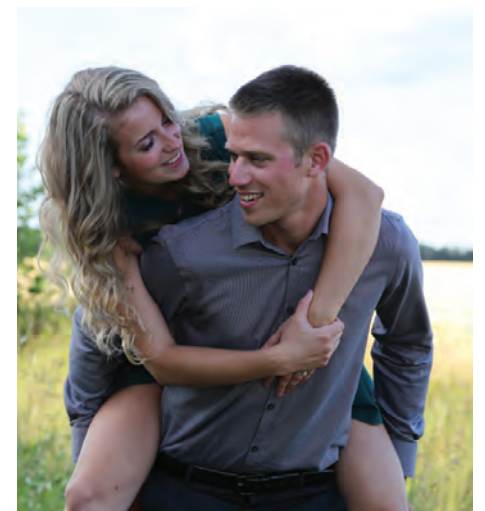
START DATES: Arborg: Feb. 4, 2019 | Stonewall: Feb. 5, 2019 | Selkirk: March 4, 2019

RED RIVER COLLEGE | INTERLAKE AND PEGUIS - FISHER RIVER CAMPUS

To learn more, call 1.866.946.3241 or visit [rrc.ca/interlake](http://rrc.ca/interlake)

**ANNOUNCEMENT**

**ENGAGEMENT**



The T-A and Smith Family's are uniting!!  
We the parents of  
Tyler Thievin-Andres and Megan Smith are thrilled to announce their engagement. An outdoor wedding is planned for July 13th, and a Social Evening will be held in their honor March 30th.  
Love and Happiness to you both. xo

## BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS • OBITUARIES •
- IN MEMORIAMs • NOTICES • BIRTHS •
- ANNIVERSARIES • MARRIAGES •
- ENGAGEMENTS • THANK YOUs •

Stonewall Teulon  
**Tribune**  
Call 204-467-5836

# Announcements

Book Your Announcement Today - Call 204-467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

Stonewall Teulon  
**Tribune**

## OBITUARY



### Ellen Louise Hancock (nee McNamara)

It is with heavy hearts and deepest sorrow that we announce the passing of Ellen Hancock of Rosewood Lodge – beloved wife, mother, grandmother, great-grandmother, sister, aunt and friend. She is finally reunited with the love of her life, Roy.

Ellen is survived by daughter Elizabeth (Wallace Drysdale), grandsons Clayton, Ernie, Marcus and Derek; son Ronald (Melinda), grandsons Garrett and Hunter; son Bill (Lori), grandchildren Bill Jr, Seth, Malia and Mitch; as well as great-grandchildren Jackson, Juliet, Ethan and Jacob. She will also be missed by her family on the east coast - siblings Gerald, Harold, James, Stella, Hilda, Joan, and their families, as well as godchildren Cathy and Jerry.

She was predeceased by her husband Roy Hancock, parents Billy James and Clara, and siblings Lorraine, Michael, Maurice, Billy, John and Norbert.

Ellen Louise McNamara was born March 10, 1933 in Evanston, Nova Scotia. After growing up on Cape Breton, she worked in Halifax for years before becoming a party organizer during the Korean War, where she met her future husband. She married Roy Walter Hancock on August 31, 1957, and together they raised their family from Halifax, Vancouver, Whitehorse, Calgary and Winnipeg before settling in Stony Mountain for 34 years. Ellen and Roy made Stonewall home for the past 14 years. Aside from being a devoted wife and mother, Ellen also worked for Carrington's Dental, offered a home daycare, and was a member of St. Joseph's Catholic Parish, the Catholic Women's League, the Royal Canadian Legion and the Wildlife Association.

While dedicated to her family, and known for her delicious cooking and baking, Ellen also enriched her life with a love of music, traveling, gardening, camping and fishing, visiting with her neighbours and friends, and volunteering with special needs children. But ultimately, she was most proud of, and best loved, her family.

We the family extend special thanks to Dr. Eggartson, Dr. Pinniger, Tara Lee Procter, the staff of Teulon Hospital for all their care over the years. A special thanks to the staff of Rosewood Lodge for all their care and compassion.

Cremation has taken place with interment to take place at a later date. A celebration of life will be held 11 a.m. on Saturday, January 19th at Mackenzie Funeral Chapel, 433 Main Street, Stonewall.

## OBITUARY



### John (Jack) William Elder

Peacefully surrounded by family, John (Jack) William Elder passed away at 87 years on January 6, 2019. He is survived by his wife Margaret (Peggy) Elder nee Stewart, his children, Kathie (Richard), Kim (Mike), Ward (Caroline), Darcy (Patti), his nine grandchildren and five great-grandchildren, sister Margaret (Howard), sister-in-law Phyllis and many nieces and nephews.

He is predeceased by his mother Isabel, father Harry, brothers Ernie and Robert, nephew Brent and grandson Adam.

Jack was born in Hartney, Manitoba and raised at the family farm. Here he developed his independence and ambitious goals, honed his strong work ethic and met Peggy his wife of 67 years. He studied and worked at various jobs, moved to Winnipeg with Peggy and started a family. Jack eventually settled down working at IBM. At age 40 they moved to Grosse Isle, but Jack, craving more change, left IBM to start Adlak Fertilizer (farm supply).

After spending many years working with the farmers in the area, Jack sold the business and retired, but he far from stopped. He and Peggy travelled across Canada and much of the U.S for many years. An ambitious goal was realized when Jack and Peggy picked up again and moved to Creston, B.C., where they built an exquisite log dream home overlooking Kootenay Lake.

Jack was truly a "Jack Of All Trades". He was a rock hound, spending hours searching, climbing and digging for the perfect specimens. With these finds he taught himself how to facet and made many beautiful jewelry pieces. Jack also loved woodworking. He created beautiful tables, inlaid floors, counters and bowls. If there was a tool, he owned it; if it could be made of wood he would figure out how to do it. He also enjoyed camping, fishing and hunting which he did almost yearly with friends and family near Lauder Sand Hills, Manitoba.

A celebration of Jack's life will be held this summer. Details will be shared at a later date.

Many thanks to the staff at Betel Personal Care Home for the excellent care they gave Jack, as well as the love and support they gave Peggy and family. A special thank you to Dr. Prematilaka for his care of Jack.

Donations, in lieu of flowers, can be made to the Alzheimer Society of Canada ([www.alzheimer.ca](http://www.alzheimer.ca)).

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## ANNOUNCEMENT

### IN MEMORIAM

#### Shawn Nelson

May 15, 1973 – January 21, 1995

When someone you love dies,  
You never quite get over it...  
You just learn to slowly go on without them...  
But always keeping them tucked safely  
Within your heart.

- Lovingly remembered and never forgotten  
Mom, Dad, Shannon and family

## ANNOUNCEMENT

### IN MEMORIAM

#### In Loving Memory of

Leslie Sigvaldason

December 1, 1957 – January 18, 2010

Every day in some small way,  
Memories of you come our way.  
Though absent, you are always near,  
Still missed, loved and always dear.

-Love, Lorne, Clayton, Krystle and Austin

There is a link death cannot sever,  
Love and remembrance last forever.

## BOOK YOUR ANNOUNCEMENT TODAY



- Birthdays • Notices • Births • Obituaries
- In Memoriams • Thank You
- Engagements • Anniversaries • Marriages

204-467-5836 **Tribune** Stonewall Teulon

Call 204-467-5836 or [ads@stonewallteulontribune.ca](mailto:ads@stonewallteulontribune.ca)

**Biz Cards**

**KROLL**  
PAINTING & RENOVATIONS  
Residential & Commercial  
Complete renovations from framing to finishing  
• SPECIAL ON REC ROOMS  
204-791-0553 [krollpainting@mymts.net](mailto:krollpainting@mymts.net)

**KEN'S CARPENTRY**  
Smaller Buildings Cottages Decks Fences  
Reasonable Prices 204-886-7467



WIRELESS INTERNET  
**Quick Stream**  
Hi-Speed Internet  
Broadband Residential  
and Commercial Connections  
[www.quickstream.ca](http://www.quickstream.ca)  
1-866-981-9769

Kyle Scrivens  
Sales/Service  
**AirWise Home**  
Your Heating, Cooling and Ventilation Specialists  
Cell (204) 979-9307  
Fax (204) 694-5456  
[kyle-airwise@mymts.net](mailto:kyle-airwise@mymts.net) 204-467-9578

**NO FROST VENTING**  
AN AFFORDABLE SOLUTION  
for  
FROZEN PLUMBING STACKS  
NO TOOLS OR ELECTRICITY REQUIRED.  
100% Guarantee  
1-204-792-6604  
[www.nofrostventing.com](http://www.nofrostventing.com)



**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
[stoneware444@gmail.com](mailto:stoneware444@gmail.com)  
[www.pamperedchef.biz/michellebalharry](http://www.pamperedchef.biz/michellebalharry)



**GRANTHAM LAW OFFICES**  
Lawyer & Notary Public  
STONEWALL OFFICE:  
#1-278 Main St., Stonewall 467-5527

**Biz Cards** *Get The Job Done!*

Call 467-5836 ads@stonewallteulontribune.ca

**Tigchelaar Construction**  
ALL CONSTRUCTION NEEDS

- Bathroom • Kitchens
- Basements • Decks, etc

Call Ken at 204-782-1315

**CANADIAN FIREARMS SAFETY COURSES**

Restricted & Non-Restricted  
Dennis ddmc2@mymts.net  
Call/text 204-223-9842

**RENT IT FROM G&A Rentals** Husqvarna  
**Lawn & Garden Small Engine Service**  
7 Patterson Dr., Stonewall, Industrial Park  
204-467-RENT (7368)

**stonewall chiropractic centre**  
Also Acupuncture • Custom Orthotics • Massage Therapy  
Billing to Autopac, Blue Cross, WCB  
204-467-5523

**BOONSTRA FARMS**  
RV Sales  
204-941-0228  
204-467-8480 • www.boonstrafarms.com

**Quarry PETS** Supplies & More  
Supplying All Your Pet's Needs  
**On-Site GROOMER**  
Call us for details  
317 Main St., Stonewall (204) 467-5924

**FULLHOUSE MOVERS**  
ALEX FOTTY  
HOME: 204-467-2419  
CELL: 204-461-2352  
NOTHING BEATS A FULLHOUSE MOVE

**Stroke of Colour PAINTING**  
Every home deserves a stroke of colour  
**JEFF BAKER**  
Stony Mountain, MB | 204.223.8441  
strokeofcolour@gmail.com

**Odd Fellows Hall**  
• Weddings • Socials • Showers • Meetings  
• Capacity 220 persons • Kitchen available  
374 1<sup>st</sup> St. West Stonewall  
Del Phillips 204-791-0564  
Text if possible  
Hall 204-467-5556  
stonewalldoddfellows@gmail.com

**MAXWELL'S PROFESSIONAL PAINTING**  
COMMERCIAL/RESIDENTIAL  
Cell: (204) 792-0675 or (204) 467-5008  
Email: maxpro@mtns.net  
Box 275, Stonewall, MB R0C 2Z0

**WOODLANDS HVAC**  
Heating Ventilation Air conditioning Commercial/Residential  
**CURTIS OLIVER**  
1.204.461.1678 • woodlandshvac@gmail.com

**Electro Wright CONTRACTING INC.**  
**Derek Fotty**  
Ph. (204) 467-RITE(7483)  
Fax. (204) 467-2000  
Email. electrowright@mtns.net  
Electrical Contractors

**INTERLAKE INSULATORS**  
BALMORAL, MANITOBA  
• Spray Foam  
• Blow In  
**Brent Meyers**  
204-461-4669  
interlake\_insulators@hotmail.com  
**SPRAY FOAM SPECIALISTS**

**H6 CONSTRUCTION**  
EXPERIENCED - LIENCED - INSURED  
• New Construction • Renovations  
• Additions • Septic Systems  
• Holding Tanks  
• Basement Waterproofing  
**Scott Hughes 204-461-3265**  
Email: h6construction@mail.com

**Rockwood Landscaping & Tree Service**  
• Complete Landscaping  
• Barkman Concrete Products  
• Concrete Breaking  
• Aerial Tree Pruning & Removal  
• Chipping  
• Stump Grinding  
• Tree Planting  
• 24HR Storm Service  
• Snow Removal  
• Skid-Steer  
• Compact Track Loader  
• Excavator  
• Bucket Truck  
**467-7646**  
Free Estimates

**Home pride renovation**  
We take pride in your renovation  
Homepridereno@gmail.com  
**(204) 513-0041**  
Residential & Commercial  
Renovations • Repairs • Maintenance • Landscaping

**NAPA AUTOPRO**  
**Brake Family Auto Sales & Service Ltd.**  
Auto Service • Maintenance & Repair  
Used Vehicle Sales  
napaautopro.com  
214-2nd Ave North, Highway 67  
Stonewall 204-467-9156

**LIGHT - HEAVY DUTY TOWING**  
Proudly Serving Stonewall, Warren & Surrounding Areas  
**COUNTRY TOWING**  
countrytowing@mymts.net 204-990-4718

**Ritchie & Perron PLUMBING HEATING LTD.**  
ritchie\_perron@live.ca  
Stonewall, MB  
Red Seal Certified Certified gas fitter  
Residential/Commercial  
**Ryan 230-4674 Trevor 232-6263**

**PLUMBING**  
Commercial & Residential  
New Installation & Service  
Plumbing & In-Floor Heating  
Water Softener Installations  
Water Filtration/Reverse Osmosis  
**RILEY PATTERSON**  
Journeyman Plumber  
Cell 204-461-0035

**You'll Be Glad You Called Sure-Clad**  
for your  
siding • soffit • fascia • metal roof & wall sheets  
windows & capping • continuous eavestroughing  
roof top snow removal • spring gutter cleaning  
**204-467-5749 • Cell 204-461-0860**  
surecladconst@gmail.com

**PERIMETER DRILLING LTD.**  
\*Water Wells \*Pressure Systems  
\*Repairs \*Septic Systems  
Phone: 204.632.6426  
Email: pdl1@mymts.net  
**FREE CONSULTATIONS**  
Servicing the Community for Five Generations

Heating & Cooling • Refrigeration  
**COMMERCIAL COMFORT INC.**  
Residential & Commercial  
Owner: Jeff Meier  
**461-HEAT (4328)**  
commercialcomfort16@gmail.com

**INTERLAKE EAVESTROUGHING & SIDING INC.**  
Siding, Eavestroughing, Soffit, Fascia, Capping, Windows  
Free Estimates • 781-0533  
www.interlakeinc.ca

**Residential, Commercial, Agricultural**  
Advance Exteriors  
Roofing • Eavestroughing • Soffit • Fascia • Siding  
**204.461.0019 Grosse Isle, Mb**  
www.AdvanceExteriors.com

**SUDDEN IMPACT CONSTRUCTION**  
GENERAL CONTRACTOR  
WWW.SUDDENIMPACTCONSTRUCTION.COM  
SERVING THE INTERLAKE SINCE 1997

**ALICE ROOFING LTD**  
Complete Roofing Services  
• Residential • Agricultural  
Licensed and Insured  
**204-757-9092**  
www.aliceroofing.ca

**VIC'S AUTOBODY ALIGNMENT & BRAKES LTD.**  
VIC CHARTRAND  
Licensed Auto Body - 204.886.2972 - Teulon, MB  
• Glass Replacement • Wheel Alignments  
• Full Mechanical Repairs • New & Used Auto Parts  
• Tire Sales & Installation • Flat Deck Tow Truck  
• Used Auto Sales  
24 HOUR TOWING  
Manitoba Public Insurance CAA

**Doctor DECAL**  
**204-467-9405**  
drdecals@mymts.net  
ALL WORK DONE LOCALLY ON SITE  
330 Main St. Stonewall, MB  
www.doctordecals.ca

- Signs • Banners • Posters
- Billboards • Awnings
- Sign Holders
- Vehicle Graphics
- Wraps • Magnetics
- Laser Engraving
- Awards • Medals • Plaques
- Glassware • Rubber Stamps
- Name Plates • Lamacoids
- Promo Items • Personalized Gifts
- A Wide Variety of Retro Trophies (FREE)
- Only Pay for Engraving Clothing
- Hats • T-Shirts • Uniforms